

THE GUIDANCE OF VOCAL MUSIC ART PSYCHOLOGY TO VOCAL MUSIC TEACHING

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Background: Vocal music art psychology mainly studies the general psychology in vocal music art activities, the personality psychological characteristics of singers, the social psychology of vocal music, as well as the psychological problems in vocal music teaching, vocal music singing and vocal music competition. Vocal music teaching is to achieve the best effect of singing function through the coordinated activities of various psychological factors. Vocal music teaching is an activity that takes the human body as the musical instrument and regulates the physiological function of singing through psychological factors such as perception, imagination, memory and emotion. It is not only an internal dynamic, but also an extremely complex cognitive activity. The reason why good singing can coordinate all kinds of vocal organs completely depends on psychological adjustment and control.

Subjects and methods: Vocal music art psychology is a science that studies vocal music teaching and singer's psychological phenomenon. Psychological activities are the reflection of objective things in the human brain. All human activities are completed under the control of psychology. The art of singing runs through complex psychological activities from beginning to end. In ancient China, there was research on vocal music psychology. For example, it was recorded in Yue Ji that "every sound comes from the people's heart. When the people move, things make it natural." The "heart" here is "feeling", and this feeling is affected by external things. When you are teaching music, do you realize that some psychological laws have quietly played a role in your teaching process, and directly or indirectly affect whether your teaching effect is success or failure.

Results: Based on all the above contents, this paper believes that the role of vocal music art psychology in vocal music practice and teaching is a complex process of psychological activity regulation. Vocal music singing psychology directly affects singing training and art practice. Therefore, vocal music psychology has a direct and significant impact on Teachers' teaching results. The effect of vocal singing psychology on vocal music teaching and practice is mainly reflected in three aspects: emotion, character and consciousness. The singer's stable mood directly affects the vocal performance and singing effect, and the singer's self-confidence strongly dominates the singing behavior.

Conclusions: Using the psychological regulation of vocal psychology and the psychological teaching method of singing art in vocal music teaching in Colleges and universities can inspire and induce students in many aspects, and actively feel and understand the internal and external artistic laws of singing. It is an effective way to improve the efficiency of College Students' vocal music learning to deal with the physiological process of singing psychologically, simply, emotionally and automatically. Then, in the process of vocal music teaching, using the theory of vocal music art psychology to seek countermeasures to overcome the psychological obstacles of singing is the guarantee for the success of singing. To study the theory of vocal music art psychology and apply the theory of vocal music art psychology to vocal music teaching is an effective way to improve vocal music art teaching. At the same time, it will also achieve twice the result with half the effort.

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THE COMBINATION OF TWO COURSES EDUCATION AND MORAL EDUCATION IN COLLEGES AND UNIVERSITIES BASED ON SYNERGY THEORY

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Background: There is a close relationship between two courses education and mental health education in Colleges and universities. Based on the synergy theory, colleges and universities combine the two organically, which can effectively give play to the functions of each system and realize the coordinated development in the aspects of educational concept, teaching content, educational resources and teaching carrier. Scientifically promoting the complementary advantages, coordination and scientific development between two courses education and mental health education in Colleges and universities has become an important content of strengthening two courses education and mental health education in Colleges and universities in the new era.

Subjects and methods: The combination of College Two courses education and mental health education based on synergy theory is an inevitable requirement to give full play to the function of College collaborative education, improve the path of Ideological and political and mental health education, and promote the development of College Students' physical and mental health. By objectively analyzing the relationship, necessity and reality of the combination of two courses education and mental health education in Colleges and Universities Based on synergy theory, this paper puts forward an effective path of the combination of two courses education and mental health education in Colleges and Universities Based on synergy theory.

Results: There is a strong correlation between two courses education and mental health education in Colleges and universities. Mental health education not only provides a stable internal psychological environment for the smooth development of two courses education, but also provides new teaching methods and effective educational measures for the creation of the basic teaching objectives of two courses education and the extension and expansion of educational content. This paper proposes to innovate the concept of collaborative management and optimize the management mode of two courses education and mental health education. Enrich the connotation of synergy theory and promote the combination of two courses education and mental health education. Make scientific use of educational resources to promote the collaborative innovation of two courses education and mental health education. Strengthen the construction of campus culture and realize the coordinated development of two courses education and mental health education.

Conclusions: The fundamental task of higher education is to realize the growth of college students. Facing the new changes of the times and the new hot spots of theory, and facing the new situation and new problems encountered by college students, the collaborative innovation of Two courses education and mental health education in Colleges and universities has far-reaching theoretical and practical significance. It not only helps to enrich the synergetic theory, but also helps to improve the effectiveness of two courses education in Colleges and universities and promote the healthy growth of college students. Therefore, in the process of collaborative innovation of two courses education and mental health education in Colleges and universities, educators should pay attention to the collaborative innovation of two courses education and mental health education in Colleges and universities from four aspects: optimizing the educational environment, constructing the educational system, perfecting the educational platform and innovating the educational carrier. Implement the collaborative innovation work to realize the healthy and all-round development of college students.

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THE RELATIONSHIP BETWEEN EMOTIONAL EXPRESSION AND FUNCTIONAL EXPRESSION AND POSITIVE PSYCHOLOGY IN VOCAL MUSIC TEACHING

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Background: Vocal music art is a sound science in the field of human body science. It is obtained by using various acoustic skills through people's thoughts and feelings. In vocal music teaching, teaching and learning are the whole of the teaching process. In this whole, every link should pay close attention to students' psychological activities and physiological state. Because the singing process is formed by the coordination of psychology, will and physiology. The brain is the organ of psychological activity, and psychological activity is the functional expression of the brain. The whole process of singing is to conduct a series of psychological activities through the brain and the higher nervous system, stimulate the correct physiological activities of singing, and form a perfect singing.

Subjects and methods: In vocal music teaching, the application of singing psychological factors is an important means to obtain vocal music technology. This technology should produce correct physiological activities under the guidance of positive psychological factors. There are healthy singing physiological organs, but without correct singing psychological guidance, it will not form a beautiful song. However, with correct and positive singing psychology, without healthy physiological structure, it is impossible to train good singers.

Results: This paper holds that the correct singing psychological state should play a leading role in singing training and artistic practice. To a certain extent, singing psychological factors are important, dominant and run through the whole process of vocal music art. As far as singing psychology is concerned, although it plays an important role in singing, it can not solve all singing problems.