

DEPICTION AND PERFORMANCE ANALYSIS OF MELANCHOLY PSYCHOLOGY OF OIL PAINTING CHARACTERS

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The emotional expression of oil painting characters is an important field in oil painting creation. The depiction and expression of melancholy psychology in high-quality figure oil painting is a high unity of emotion and art. Artists who have the courage to explore and innovate will strive to find new forms of expression in order to properly express their inner feelings in oil painting. At present, the art field has gradually entered a new aesthetic environment characterized by aesthetic daily life and artistic life. Under the new social background, the emotional expression of figure oil painting also began to develop in a diversified way. In the new aesthetic environment, the study of melancholy psychological depiction and emotional factors in figure oil painting will help to deepen the understanding of contemporary humanistic spirit and create more full and complex figure paintings.

Key words: oil painting characters - humanistic spirit - melancholy expression

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APPLICATION ANALYSIS OF THE EXPRESSION OF PANIC PSYCHOLOGY IN PAINTING TEACHING

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With the needs of social development, psychology has been gradually applied to other fields, forming the expression of emotional psychology involving different fields and disciplines. Art psychology is one of them. Art psychology uses the content of psychology to study art appreciation, art creation, art learning and art education. Emotional expression plays an important supporting role in the field of art education. An in-depth and detailed study of the supporting role of psychology in the field of art education from the theoretical level will help us better use psychological theories and methods to carry out art education. Painting teaching has its own characteristics, laws and theoretical system. This paper expresses the content of the painting according to the panic psychology of the characters. Health is one of the disciplines most closely related to art (including natural painting). The theories and methods of psychology have always been the content of art education. The application of the theory of expression perception of panic psychology in painting teaching should attract the attention of art educators. Cultivating students' psychological perception ability in painting teaching is closely related to improving students' professional ability and level and improving the overall teaching quality of painting specialty.

Key words: panic psychological expression - painting teaching - perception theory

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ANALYSIS OF SLEEP ANXIETY IN THE ELDERLY FROM THE PERSPECTIVE OF MENTAL HEALTH

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With the development of the times, patients with sleep disorders are gradually increasing. According to the study, 57% of the elderly suffer from sleep disorders and anxiety. China is a country about to enter an aging society. The process of urban development has led to the emergence of more and more urban empty nesters. People gradually pay attention to the physical and mental health of the elderly, and the sleep anxiety of the elderly has become one of the more important problems. Based on the concept of health, the research content of sleep quality detection of the elderly provides a practical and effective scientific

basis for discovering and treating the physical and mental health of the elderly. So as to help medical staff find the inducing factors of related diseases in time, which is of great significance to the protection of anxiety and mental health of the elderly. Firstly, this paper analyzes the insomnia disorder population, and locates the target population of this study as the elderly population. Then it analyzes the physiological and psychological conditions of the elderly, understands a series of inconvenient factors caused by physical decline, and analyzes the design principles of elderly products according to the physiological and psychological conditions of the elderly.

Key words: sleep anxiety - insomnia disorder - health concept

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ANALYSIS ON THE EXPRESSION OF OPTIMISTIC EMOTIONAL FACTORS IN LIGHT COLOR CLOTHING DESIGN

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In recent years, the production and marketing scale of China's garment industry has shown an overall expansion trend. According to authoritative statistics, in the existing clothing consumption, the demand for light color clothing accounts for the vast majority of the whole consumption scale. It is expected that in the future, with the development of the national economy, the number of middle class in consumer groups will increase. This paper studies the proportion of light color clothing consumption, the level of positive and optimistic psychological factors in the population, and the overall clothing consumption trend is promising. Human needs are the main motivation of design. At the same time, people are also the object and subject of design. Therefore, whether it is designed for people or the relationship between the design object and the subject will be expressed in a specific optimistic mood, and this positive emotional design is based on the theory of design psychology. This paper studies the relationship between them. Provide reference for fashion design in the industry.

Key words: garment industry - light color design - emotional application

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AN ANALYSIS OF "CONFIGURATION" AND "COLORING" OF CHILDREN'S SHYNESS - A NEW DIMENSION BASED ON ARNHEIM'S VISUAL PERCEPTION THEORY

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Arnheim is a psychologist and aesthetician. His book art and visual perception applies psychology to the research in the field of art to analyze people's visual perception efficiency. After reading Arnheim's art and visual perception, I found that many of the ideas in the book are similar to the concept of sculpture. Therefore, this study takes the visual perception theory of "configuration" and "coloring" of children's shyness psychology as the research object to explore the relationship between visual perception and realistic portrait sculpture. Taking the theory of "form" and "force" as the main research object, this paper analyzes the application of visual perception theory in personal sculpture practice. This paper studies the application of Arnheim's visual perception theory in children's shyness, and puts forward the function and significance of Arnheim's visual perception theory in logo design.

Key words: children's shyness - arnheim's visual perception theory - art and visual perception

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