

STUDENT WELLBEING THROUGH COMMUNITY SCIENCE



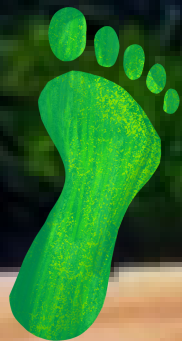
Institute for Sport Sciences
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ASSESSING IMPACT ON:

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- 1 STUDENT WELLBEING
 - 2 STUDENT AGENCY & HEALTH LITERACY
 - 3 CITIZEN SCIENCE INSIGHTS & EXPERTISE

RUNNING PILOTS



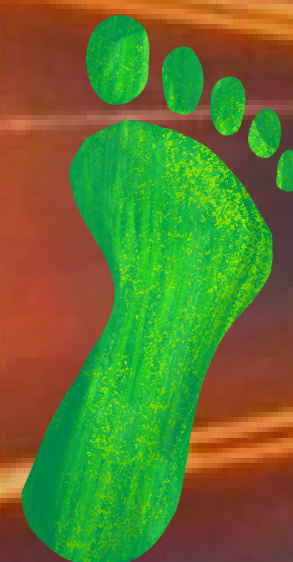
SELECTING PILOT
PROTOTYPES



BRINGING PROFESSIONAL
& EXPERIENTIAL EXPERTISE
TOGETHER



CROWDSOURCING URGENCY
& BUILDING ECOSYSTEM:
SOCIAL, PSYCHOLOGICAL &
PHYSICAL WELLBEING



51% of Dutch students reports anxiety and depressive symptoms; 34% runs an increased risk of burnout. Longterm consequences are a potentially massive loss in overall wellbeing as well as social capital.