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2016

## UA61/16 Class of 2016

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# *Class of 2016*



**WESTERN KENTUCKY UNIVERSITY  
DOCTOR OF PHYSICAL THERAPY**

I hope your dreams take you to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities, and to the most special places your heart has ever known.



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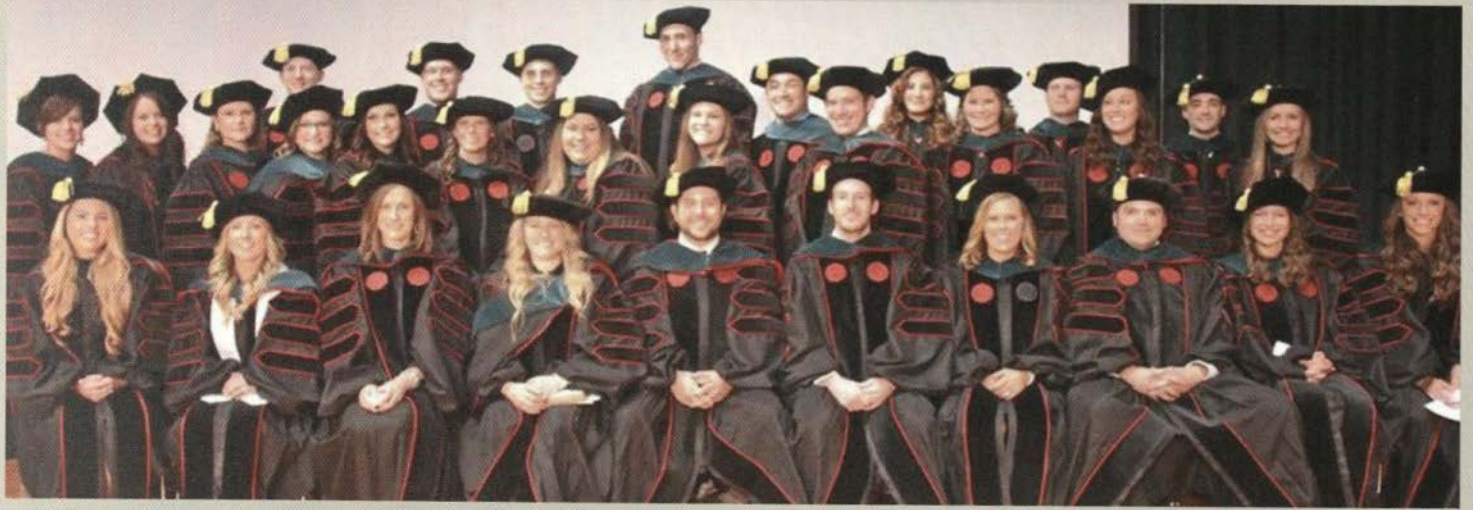
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GRAD DAY



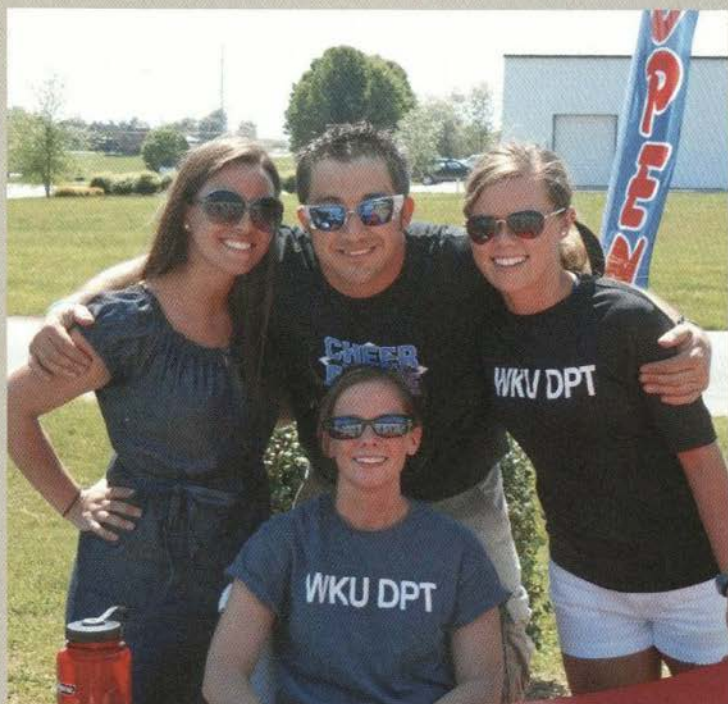
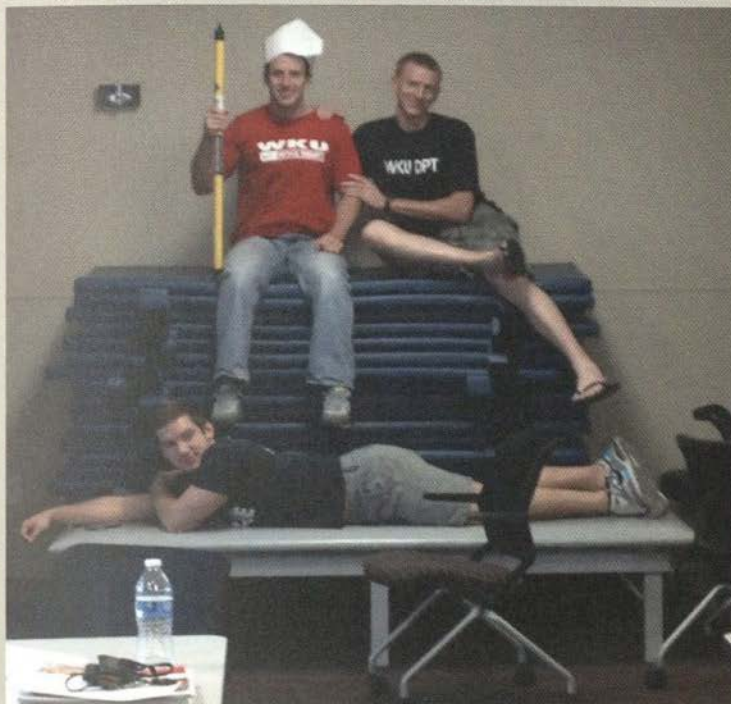
2016



"At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us."  
*Albert Schweitzer*

# *Friendships* THAT WILL LAST *a Lifetime*







"The friend within  
the man is that part  
of him which  
belongs to you and  
opens to you a door  
which never,  
perhaps, is opened  
to another. Such a  
friend is true, and  
all he says is true;  
and he loves you  
even if he hates you  
in other mansions  
of his heart."  
*Antoine de Saint-  
Exupéry*







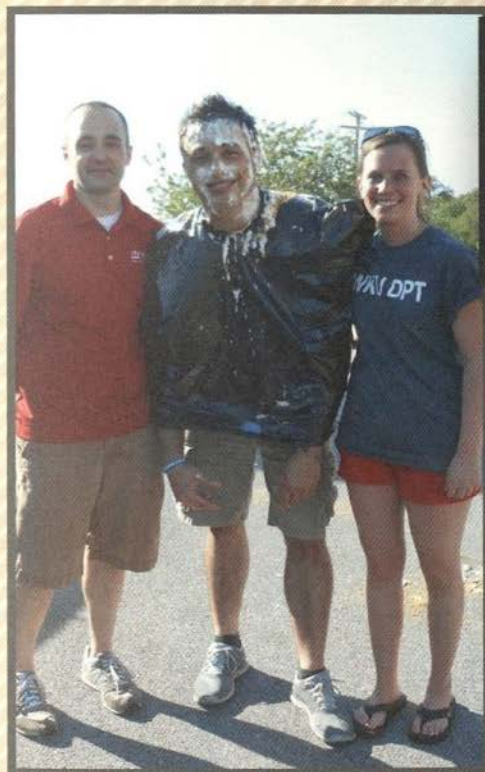
BFFS



# SPORTS

"Do not follow where the path may lead. Go,  
instead, where there is no path and leave a trail."

*Ralph Waldo Emerson*



# Activities





"What lies  
behind us and  
what lies  
before us are  
tiny matters  
compared to  
what lies  
within us."  
*Henry Stanley  
Haskins*



# Celebrate GOOD TIMES

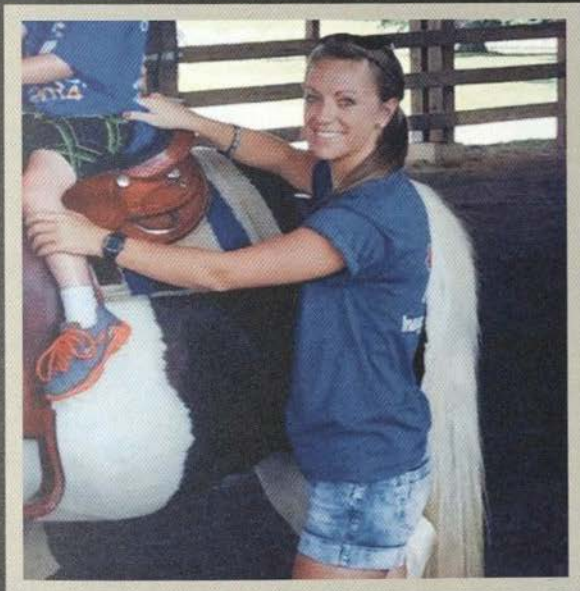


# Looking BACK



# WHITNEY

"Favorite memory: Tom Jones' cookout. There is nothing that can top the fun we all had together that day."



# ALEXIS

"PT school at WKU has given me so many things: the confidence to practice as a grown-up PT, the opportunity to present research at the World PT Congress in Singapore, the ability to take time-outs and figure things out on my own, many irreplaceable friends, and a partner for life. Even though I haven't learned to dress as nice as Don Hoover or transfer a dead-weight Kurt, I am truly grateful for everything this program has taught me. I wouldn't trade it for anything."

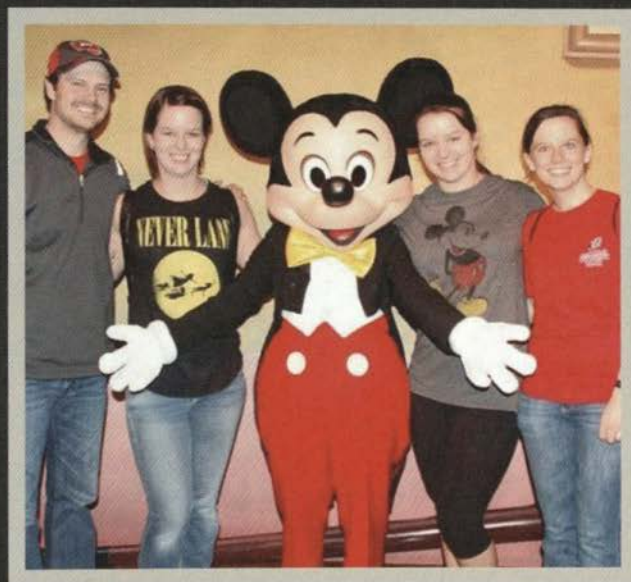


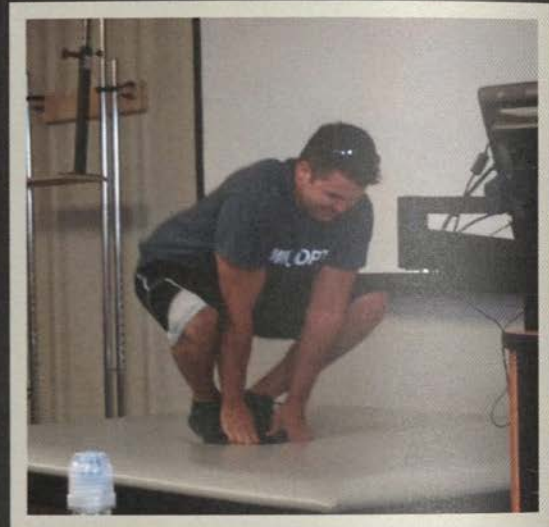
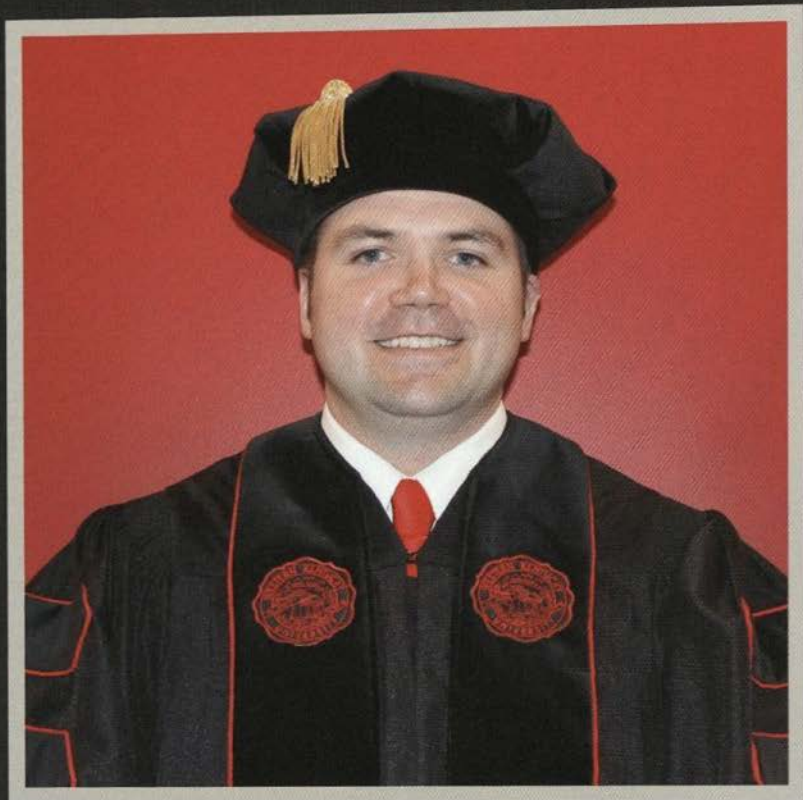




# ALLISON

"Walking to class on the first day, I was nervous and overwhelmed. As I approached the door, a strange girl looked at me and said, "I am going to have to get used to this heat." The temperature was in the 70's with overcast skies and a cool breeze. Being a Kentuckian, I knew this was not heat. I could not help but think to myself, "This poor girl doesn't know what she is in for." This Canadian was my first DPT friend and 28 more quickly followed."





# DEVIN

"I'll always remember being the official class demonstrator of superior hamstring flexibility and insane hula hoop skills. I'll always laugh when I think about the late night study session while learning the Katie DiTommaso mobilization technique."

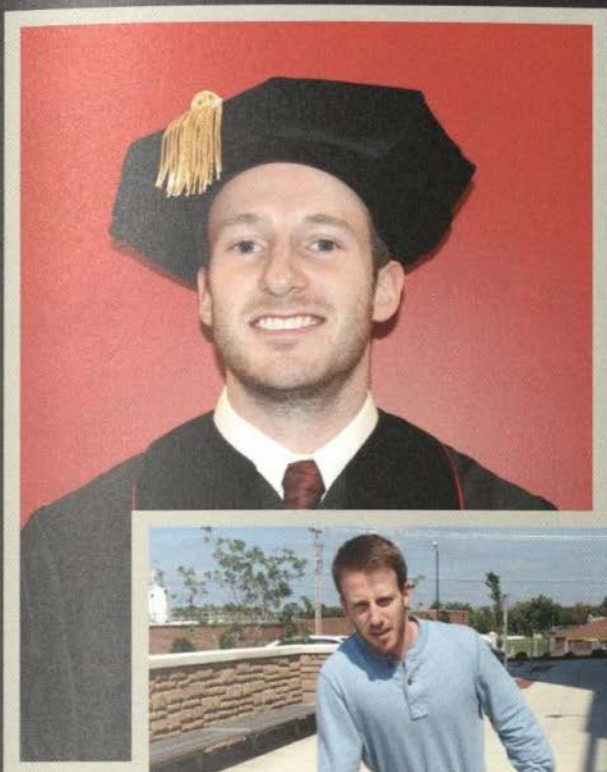
# RETT

"Loose lips sink ships, and snitches get stitches. You eyeballin' me, Kurt?!" - Terry Muse during his motivational book presentation.

I remember the very first day of class, when we introduced ourselves to the rest of the class. My initial thoughts of the students in our class since then have changed quite drastically. I remember thinking Devin was some crazy biker guy that would be scary and mean. I remember seeing Dyer in the back of the class and thinking he was the janitor and may or may not have been lost. I remember Katie introducing herself in her typical way, looking at Terry, and saying "She is going to drive me nuts in about 2 weeks." I couldn't have been more wrong! I also remember seeing Jacob in his surfer t-shirt when everyone else was dressed up and thinking that he was a lazy weirdo.

Wasn't really wrong on that one...

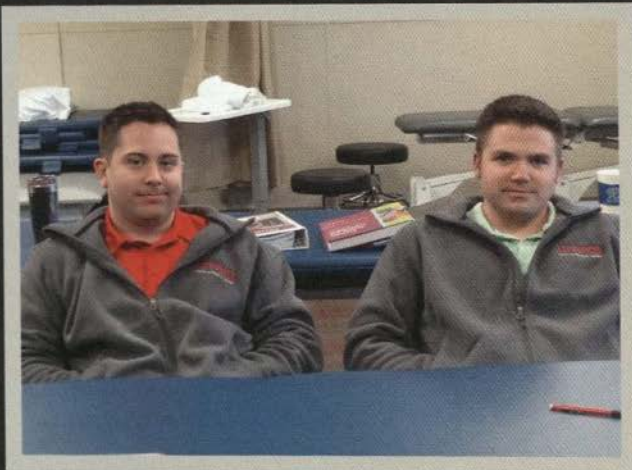
I couldn't have asked for a greater PT school experience, and I thank each and every one of you for helping me along the way. I wish you all the best of luck wherever you go. Don't ever forget where we all started together, and make sure that you don't get so caught up in making a life for yourself that you forget to live! (I made that one up myself)."



# DAVID

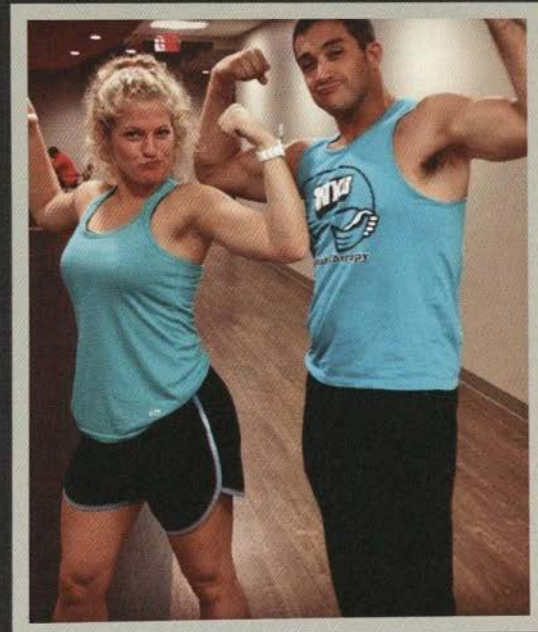


"The DiTommaso, Mobilization: My favorite memory was year one when Katie, Dominique, Lorelei, Devin, and myself were studying late one night for a practical. Katie was working on a lateral hip belt mob with Dominique as her partner while the rest of us were watching. As nature and Japanese food may have it, Katie mobilized with a little extra force that evening turning a grade 3 into a grade 4. Lorelei fell on the floor losing her shoe, Devin covered his mouth and ran out of the room, I busted out laughing alongside Katie, and poor Dominique was trying to get away but was tied down by that darn belt. Later in the evening we were once again blessed by gastric distress when Katie ran out of the room and provided a step by step booty beat. Good times"



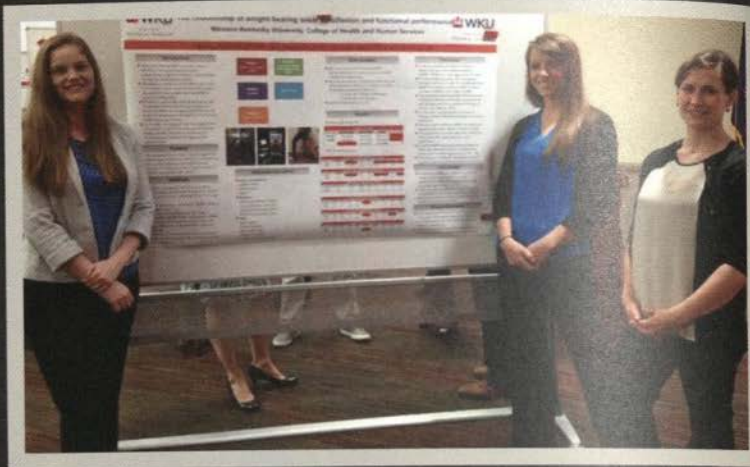
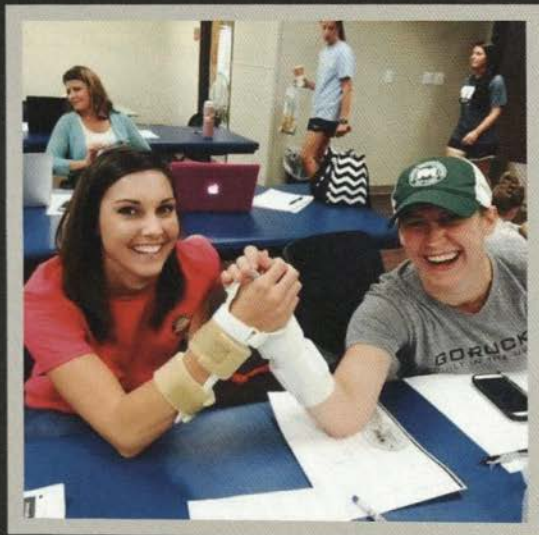
"Favorite memories: Trail guide guy with instructions for palpation in the upper groin area, deadweight transfers with Kurt, Hoover's responses to our questions, sitting by my buddy Vegas, and having the opportunity to get to know 29 beautiful people. "I have enjoyed getting to know each and every one of you throughout our three years here. Thank you for all your hard work, perseverance, and dedication to this program. God has a special plan for each and every single one of you, and I can't wait to see what greatness lies ahead in the next chapter of your life. You all have supported your classmates in times of difficulty and sadness, and I am extremely grateful for your support in my time of need. Thank you for allowing me to be your Class President of the Inaugural WKU DPT Class. Be great and joyful in all areas of life and remember where you came from!"

# KATIE





# APRIL



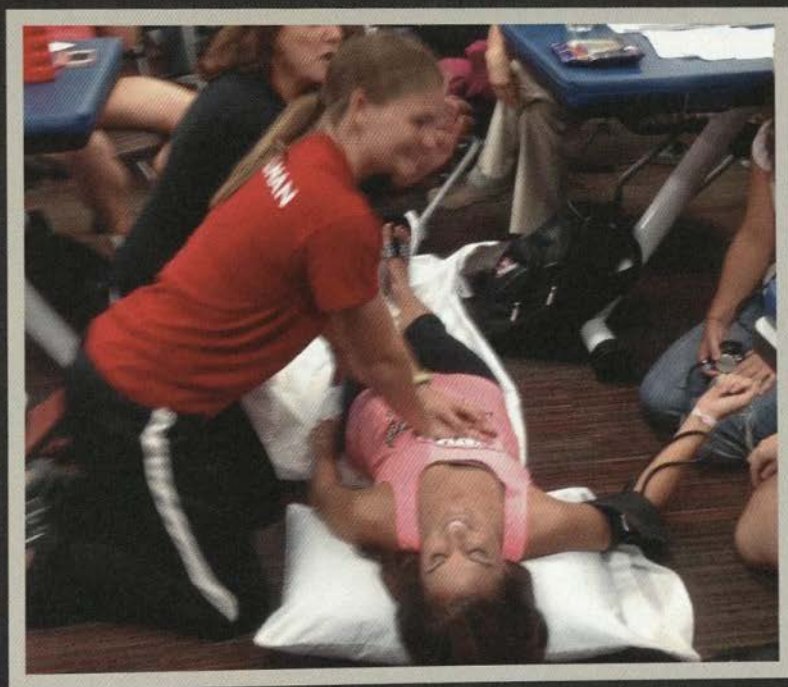
"The many 'Hooverisms'  
-the cane pole of learning  
-Toughen up buttercup'  
-PT fun-o-meter

My personal experience of the Rice Krispies incident where he put his head up against mine and said he could hear the crack, snap and pop of rice krispies

The day in Gross Anatomy that I accidentally sent gelatinized Michelle juices into Megan's mouth.  
The fact that we were crammed into the Morgue.  
The first day of orientation when Brianne sat beside me and from then on we were table mates.  
The feud between the left and right side of the room  
Kurt Neely's extreme hyperextension of his elbows.  
The day in physical modalities that we held hands to see how long each group could stand to turn up the E stim until someone broke the circuit.  
Funniest day ever.  
That is all I got. Despite the ups and downs it has been great being a part of this class."

# BRIANNE

"My greatest adventure of PT school is traveling to Singapore for the WCPT congress. It was a once in a lifetime trip and a great experience as a PT student. I'm thankful for a research advisor that encouraged and motivated our research team to meet deadlines and produce data that allowed us to present at WCPT. It is a memory that will never be forgotten."



# MEGAN



"My most memorable time in PT school was the very first day when Dr. Hoover walked in and asked us to "rotate our craniums about the vertical axis in the transverse plane" and we all looked around to see if we were the only ones who didn't feel like we belonged. The entire first summer spent in Tate Page Hall and the Medical Center Morgue was a time and feeling of overwhelmed like I have never known and I will always remember it."



# DOMINIQUE



"My fondest memory of the DPT program was having the opportunity to travel to Singapore and present my research at the World Confederation for Physical Therapy Congress in 2015. I am grateful to have experienced various parts of the country while completing my clinical affiliations in Washington State, Long Island NY, and Maine. Lastly, I am incredibly grateful to the WKU DPT program for accepting me into this program and making my dream of becoming a Physical Therapist come true."



# LORELEI

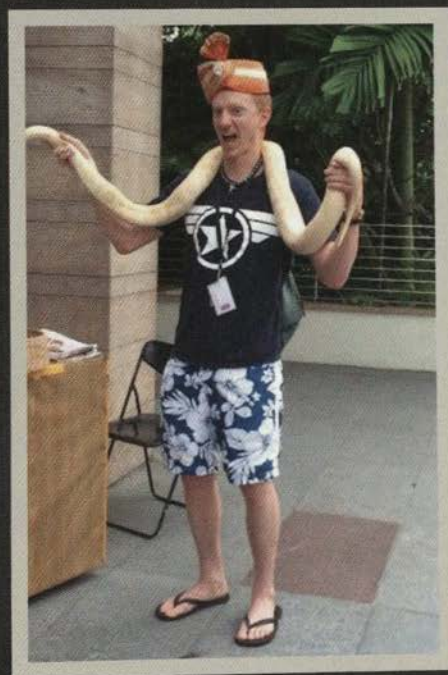
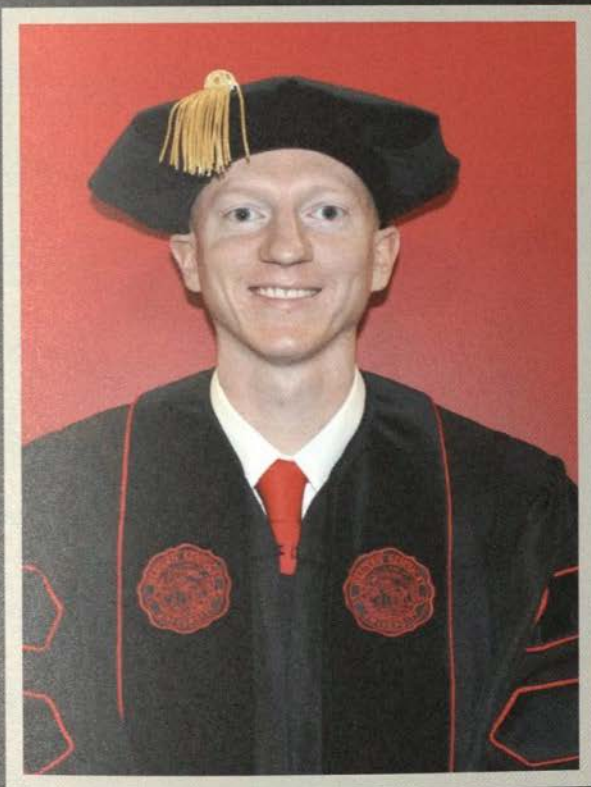
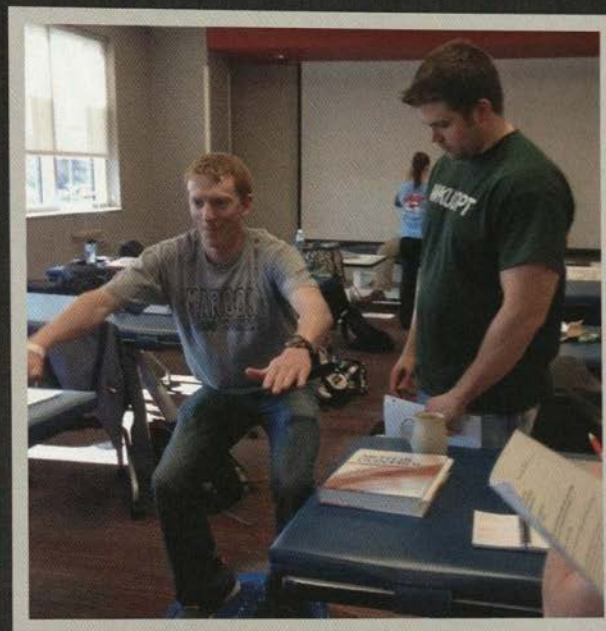
"One of my favorite memories is when we dressed up as Dr. Hoover for Halloween. Such fashionistas!"

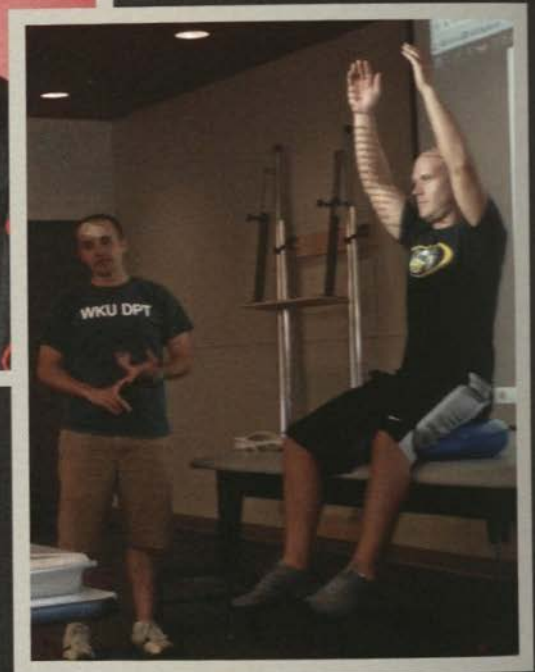
# TIM

"My life is a gift to me from my Creator, what I do with my life is my gift back to the Creator.

I will be forever thankful to the program for allowing me to live my life to the fullest and for the friendships that will last a lifetime. Never again will it be acceptable to take my shirt off in front of 30 people.

Wildcard out..."





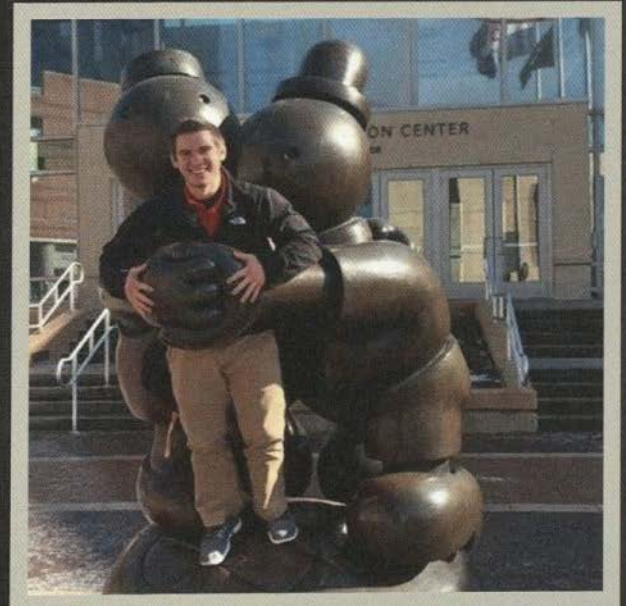
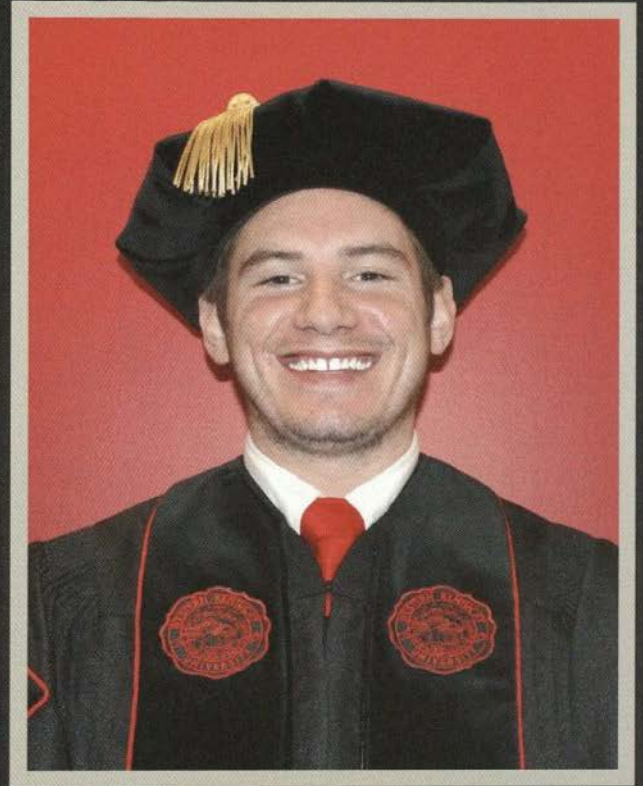
# JAMES

"Reflecting back, there are many things about the previous 3 years that I will always remember, however I will miss setting on the back row cutting up with my table mate as everyone tries to avoid eye contact with the professor. Or one of Hoover's silent standoffs, just waiting for someone to answer his question. Mostly I'm honored to have been a part of the inaugural class of the WKU DPT program. And I look forward to see what the future holds for us all as we go forth to make our mark on the PT world. So thank you everyone for the memories and for the impact that each and every person had on my experience. Here's to us all, three years and many beers later, we did it Congratulations Class of 2016!"

# JACOB

"One of my favorite memories is when 4 of us were in Owensboro for the summer for our second rotations and got to hang out the entire time together.

Also one of my favorite memories is how positive Katie was throughout the entire program, even when she was kicking cancer's ass, getting treatments, and still managed to graduate on time."





# EMILY H

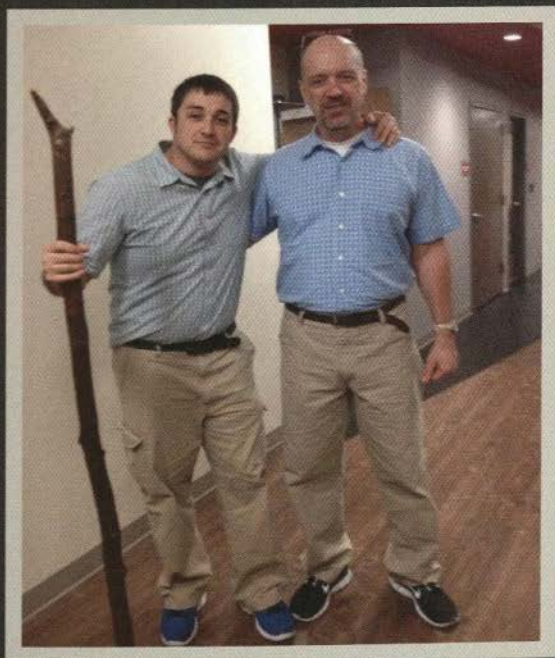
"The one day I happened to be awake in class...Hoover threw a weighted ball and it smacked me in the face. Ouch!!"





# TOM

"My memories: Team baclofen.  
30 second timeout's in Hoover's  
class. Melissa and I's pet orange  
scrub wars. Making 29 good  
friends."



# VEGAS



"Katie switching to her rightful seat next to me  
start of Fall semester 2013.

Hubbuck getting hit in the face with a ball.  
Timmy painfully trudging his way through his  
presentation in Beth's class while we all cringed.

Katie's epic white coat ceremony speech.

Hoover's oddities.

Candid conversations with Van Wye.

Katie's inability to effectively whisper.

Beth letting the whole class know I took the wrong

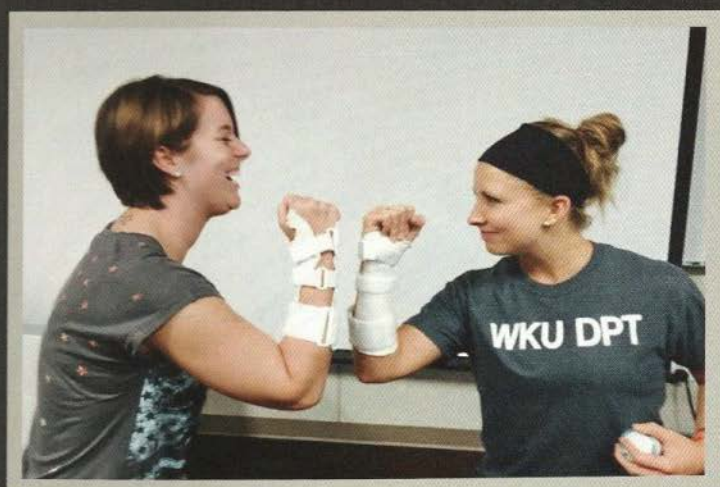
PEAT exam seven times.

The extra time and effort each professor took  
talking to and guiding me through difficult  
times.

Thank you for the memories!"







# KELLI

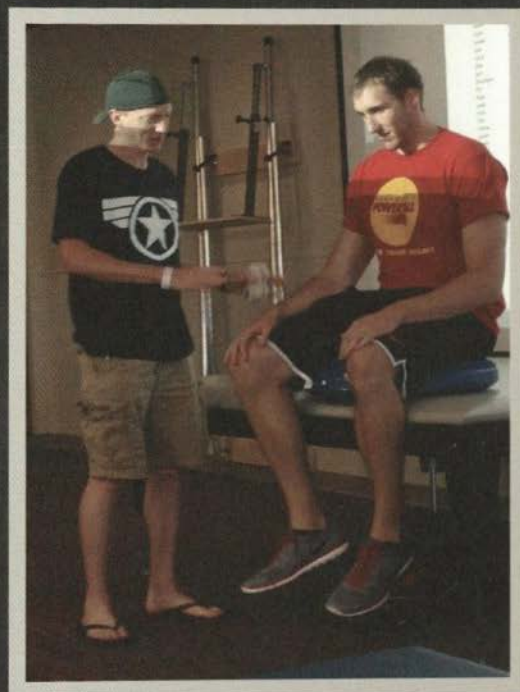
"So many wonderful memories have been made and friendships that will last a lifetime. Going to Disneyland for CSM was definitely the highlight of my research and one of my favorite memories."

# LAUREN

"The wonderful friendships I made  
and my wonderful practical  
experiences in physical assessment."



# TERRY



"Favorite memory, watching Devin complete his novel skill and hula hoop in front of the class, demonstrating his expert skill level hip gyrations."





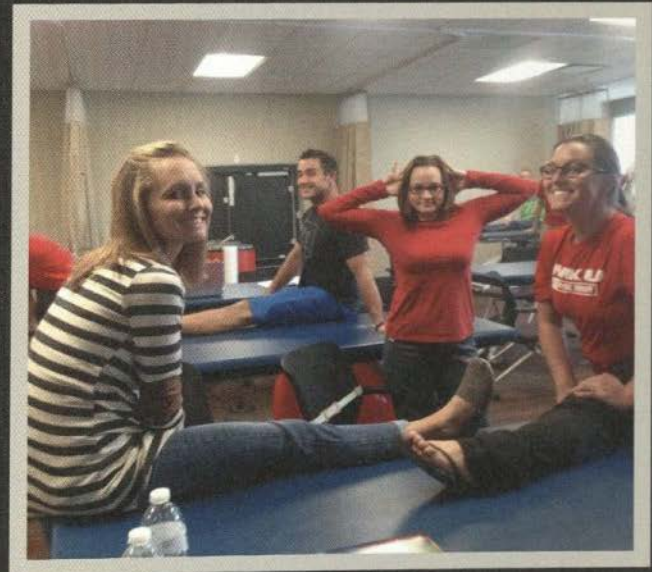
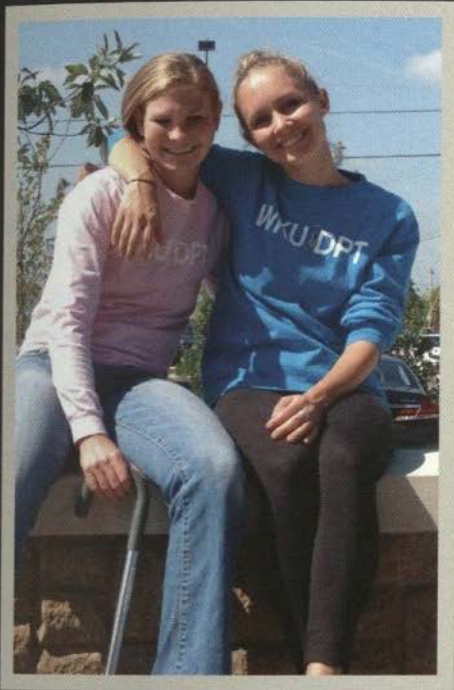
# MELISSA

"Wearing rain boots for gross anatomy, getting "caught" by Justin getting palpated by Jacob in the axillary region in just a sports bra, endless study sessions until the wee hours of the morning, Tom and I's pet orange being taken for ransom, learning to dub-step, the list goes on and on."



# SHANNON

"My favorite PT school memory was:  
"Contributing twice to the record-  
setting 7 PT babies born in our class!"



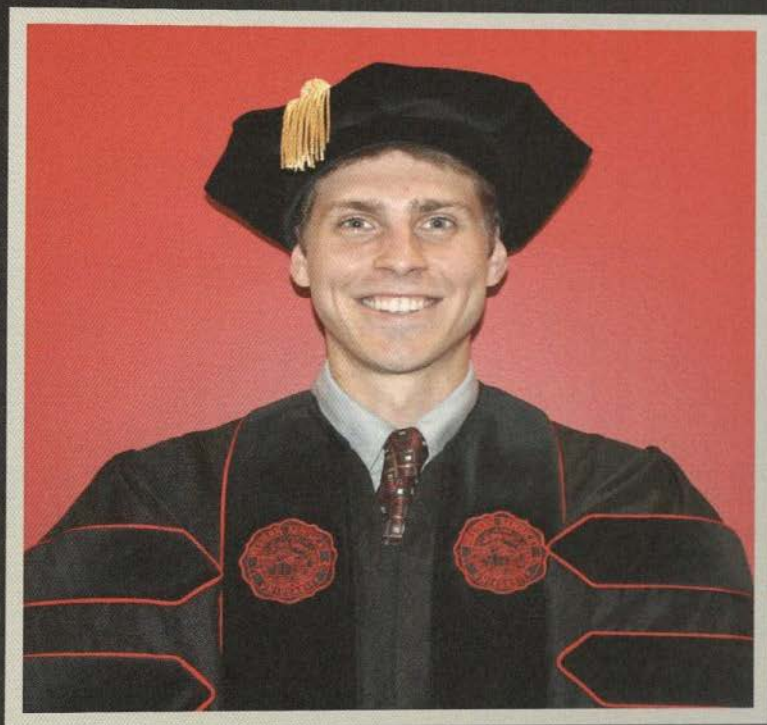


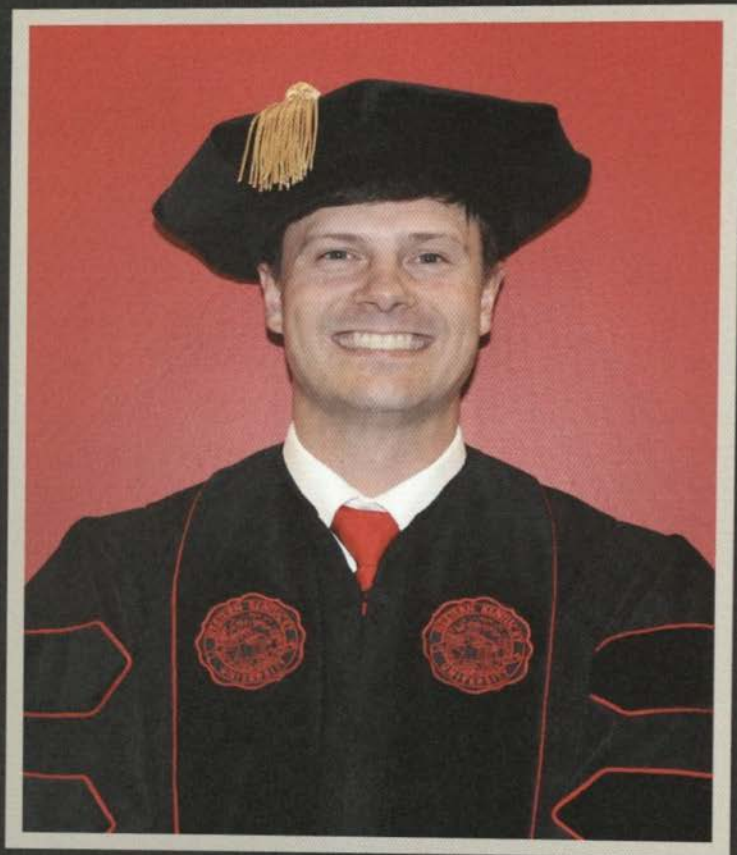
# LAURA

"I have enjoyed the past 3 years of PT school in so many ways I never thought possible!!! One of my favorite memories was the ring of torture that I participated in during Physical modalities class! What a hand throbbing experience it was!!!!"

# WES

"Although hard to pick one favorite memory from PT school, a few that come to mind are: Devin's hula-hoop video, conversations on the patio of Tate-Page Hall during our first summer, and holding down the back row with the rest of the guys in class. Favorite quote: You go on home now Billy Ruben - Dr. Harvey Wallmann."





# PATRICK

"Playing cards and video games at Devin's to blow off steam with the guys"

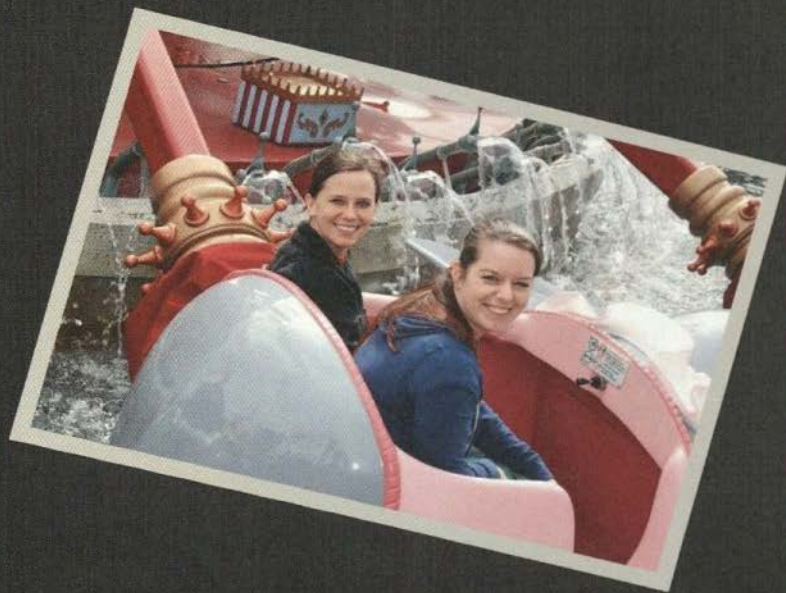




# KIRSTI



"My favorite memory was having the opportunity to go to CSM in Anaheim, California and taking advantage of the conference location to go to Disney! Spending the entire day with some great classmates acting like big kids meeting Mickey Mouse, riding Space Mountain, and watching the parade provided me with unforgettable memories."



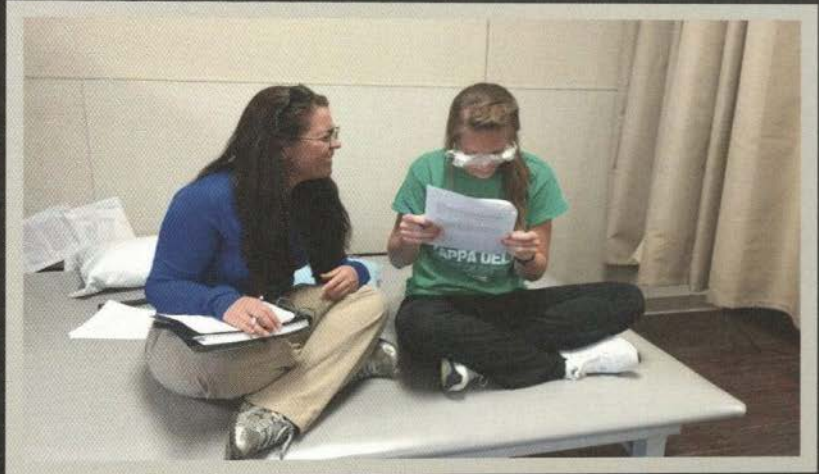


# KIM

"Favorite memory is the bond of lasting friendships that I have been blessed enough to experience as a unique part of this PT journey!"

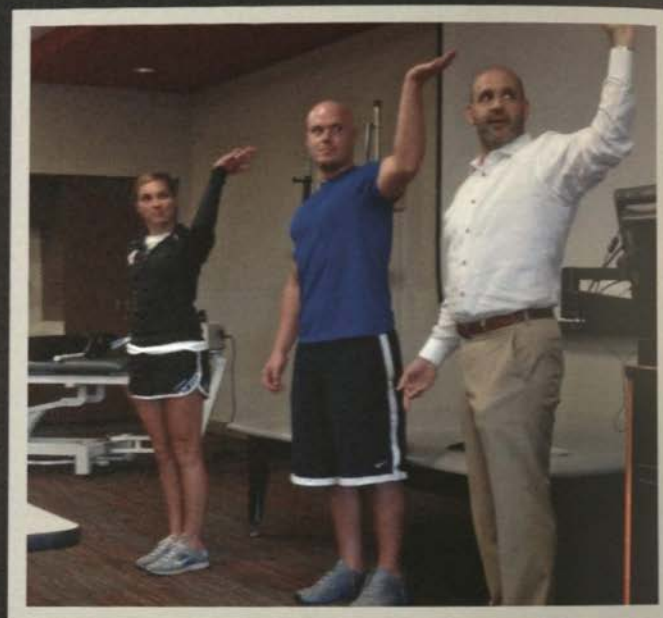
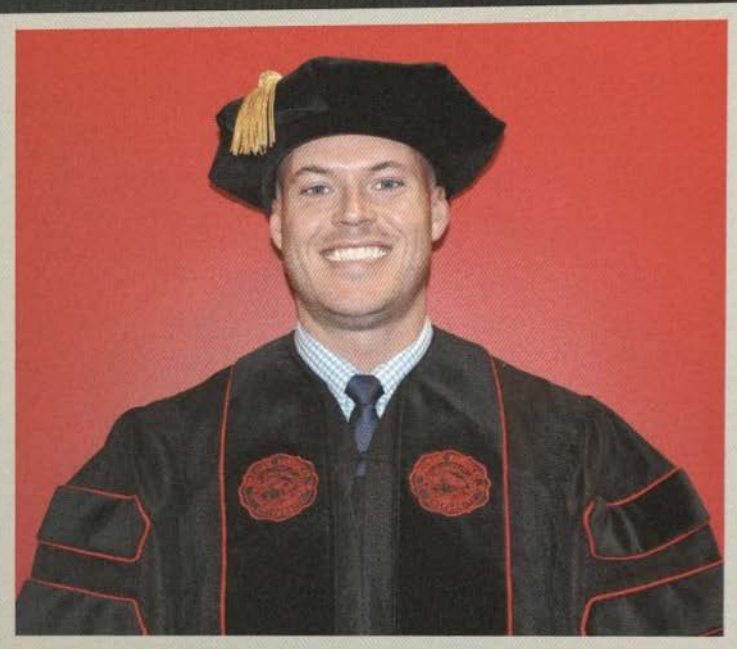


# EMILY W



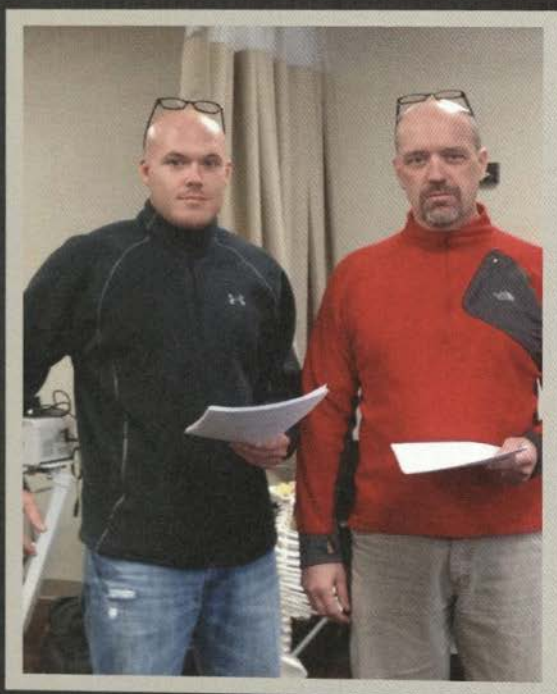
"Most memorable moment: The day we got to watch a patient with a spinal cord injury walk across our classroom with no help. At that moment, physical therapy and the impact we will make on people's lives became a reality and I will forever be grateful for the opportunity to help people."





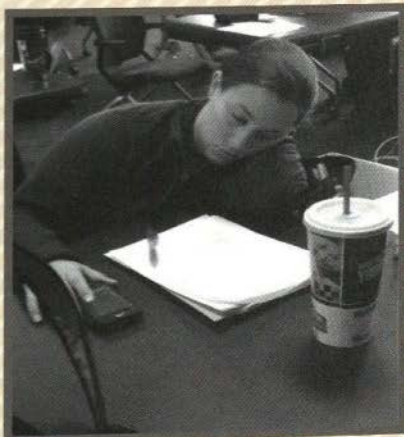
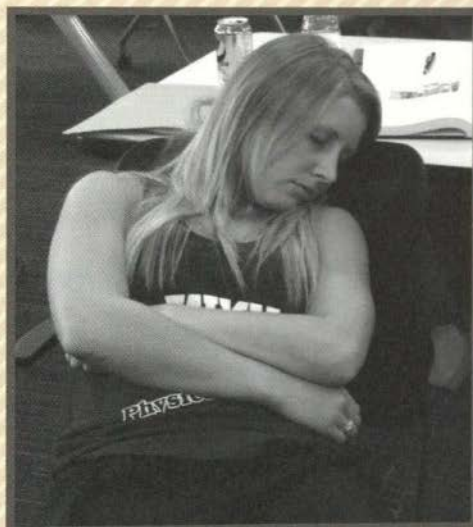
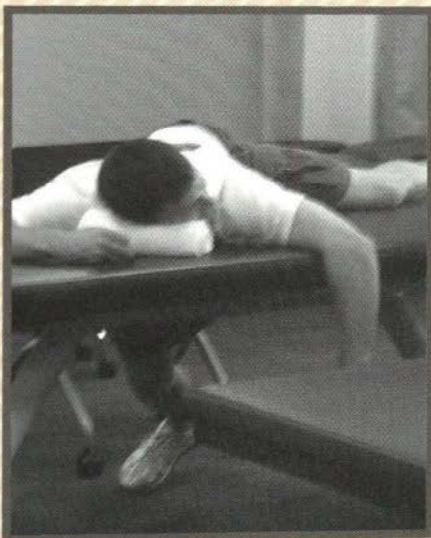
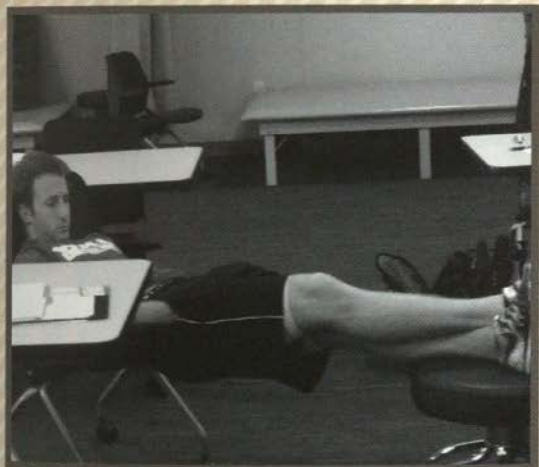
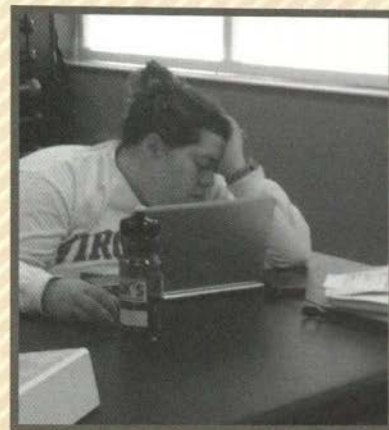
# JASON

"I'd have to say my favorite moment was the novel skill assignment. Mainly watching Devin hula hoop to music. I cried."

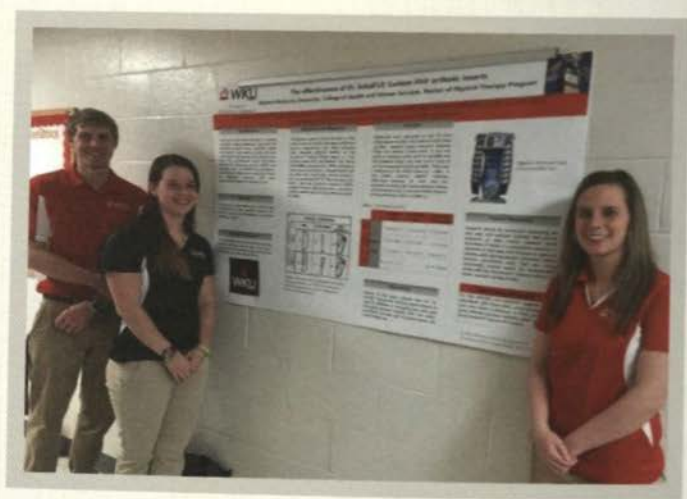
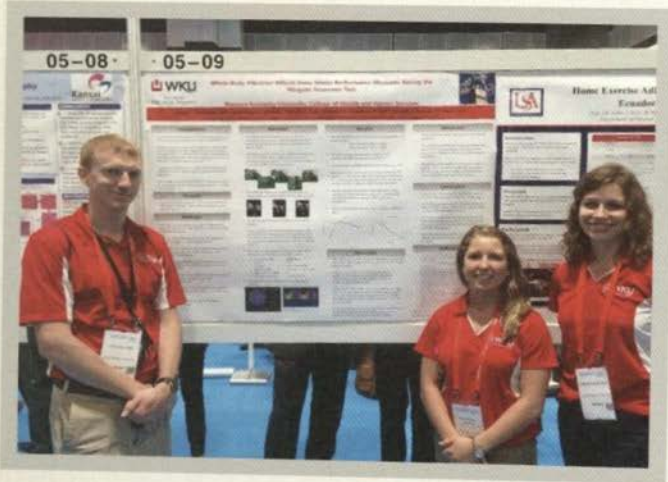




# Caught catching some Zzzz's between classes...



# RESEARCH GROUPS



## Oath of A Physical Therapist

In the presence of my peers, friends, family and professors, and in view of the honored profession I am entering into, I solemnly and willingly state that I dedicate myself to the following:

I will practice physical therapy with compassion for each of my patients and will work to preserve their dignity and promote their health and welfare.

I will value the lives of my patients as I value my own life, through my concern for their significance and with respect for them and the confidential nature of our relationship.

I will practice with humility and maintain the highest level of reverence for the responsibility of the position that I hold.

I recognize my limitations and will continue to consult with my colleagues and the best available evidence based practices for knowledge with which I can better treat my patients and for the inspiration to expand and augment my education.

I will share my knowledge with my colleagues and patients freely, with compassion and patience.

I will work toward the improvement of the quality of life for all of my patients.

I will honor the choices that my patients make with respect to their wishes and needs.

I will do no harm to another human.

I will work to improve the practice of physical therapy so that all who seek it will receive treatment which is proper, ethical, and just.

I will not allow my judgment regarding the practice of my profession to be influenced by race, creed, religion, greed, or unethical behavior.

I will expect the same behavior from my fellow physical therapist.

Thus, with this oath, I freely accept the obligations and rewards which will accompany my practice of physical therapy.



# Words of Wisdom & Memories...

**"You are a product of who you were; who you are; and the who you aspire to become - ever changing - ever improving!**

**Remember your roots - faith, family, and friends - for they shall sustain you ALWAYS!**

**Cherish the good, while pardoning and forgiving those who ever seek, or sought, to pull you down. Shake that dust from your sandals and quickly move forward being thankful for having weathered the test of character.**

**Rise up, again and again, to take on each new challenge with spirit and pride!**

**Be resilient in adversity and triumphant in all you seek!**

**Love, cherish, and pay tribute to those placed in your path to raise you up!**

**Quickly pardon and part company with those individuals and/or distractions that hold you back from reaching your noble purpose in life; for, these individuals/actions have been placed in your life to test you.**

**Be charitable with your time and gifted talents and in so doing you will forever breath new life into yourself and others!"**

**-Virginia**



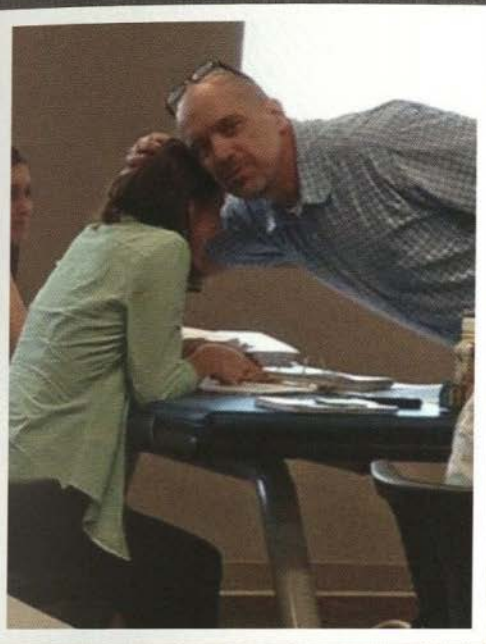
**Service to others will bring meaning and purpose to your life and better those around you!**

**-Tom P**



**"Live long and prosper." - Star Trek  
-Dr. Wallmann**



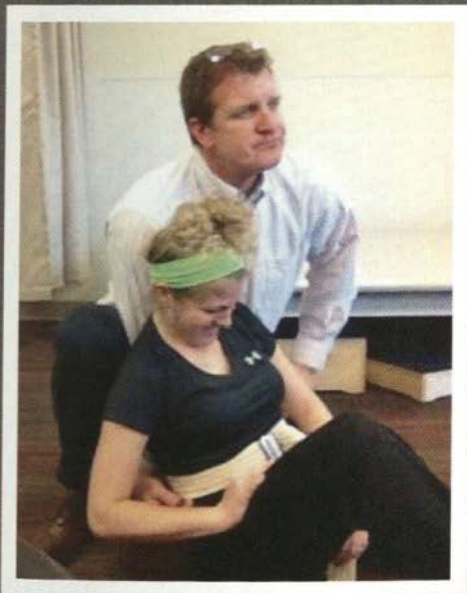


**“For everyone to whom much is given, from him much will be required; and to whom much has been committed, of him they will ask the more.”**

**Luke 12:48**

**Those who make it into a DPT Program have been given much in life. Each of you is bright, hard-working, and fortunate to have had family, friends, teachers, and coaches who invested much time and energy in bringing out the best in you. With graduation from the DPT Program now upon you, it's time for each of you go forth and strive each day to bring out the best in every person you will serve. Each of you are worthy of this role, I am very proud of the inaugural WKU DPT Class, and I love you all.”**

**-Hoover**



**“Being interrupted during the middle of class in Tate Page Hall while a large BUG crawls across the center of the room!”**

**Gross Anatomy Lab in the Medical Center Morgue  
First Year Question: Do we need to wear our Scrubs today??”**

**-Kurt**



**Do all the good you can. By all the means you can. In all the ways you can. In all the places you can. At all the times you can. To all the people you can. As long as you ever can. -**

**John Wesley**

**“Don't settle for status quo - commit to lifelong learning: learn by doing, learn by teaching. Learn something new everyday, teach something to someone else everyday.”**

**-Beth**



**“My favorite memory of the Class of 2016 is walking into class the first day and seeing their smiling faces. They have sacrificed and worked hard to make it through the program. It has been a joy to watch them change from students to physical therapists. My advice is to work hard, be kind to all, and go be awesome! Congratulations Class of 2016.”**  
-Sonia



**Parting wisdom from Eleanor Roosevelt: "To handle yourself, use your head; to handle others, use your heart." My advice: if you succeed in this, you will be a great PT. Best Wishes!**  
-Karen



**“My best memory is the time Katie talked non-stop for an hour and when she could tell I stopped listening she just started talking to herself.”**  
-VanWye

*Congratulations*



CLASS OF 2016

