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## Resources for Osteopathic Medicine

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Edward Via College of  
Osteopathic Medicine

VIRGINIA CAMPUS

# Resources for Osteopathic Medicine

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## Introduction

Osteopathic medicine was founded in the late 1800s in Kirksville, Missouri by Andrew Taylor Still, a medical doctor. Dr. Still developed a system of medical care that promoted the body's innate ability to heal itself and that used manual manipulation as a treatment option. DO students have the same curriculum as medical students matriculating at an allopathic (MD) school but with the addition of Osteopathic Manual Manipulation (OMM) or Osteopathic Manual Therapy (OMT). This poster highlights osteopathic resources.



Figure 1: A.T. Still, founder of Osteopathic Medicine

## Methodology

Osteopathic book titles were gleaned from medical school online catalogs and guides, publisher listings, and solicited faculty lists. A survey was created from these book sources and sent to OMM faculty, fellows and residents at all four VCOM campuses. From this comprehensive list of osteopathic titles, participants were asked to select books essential to the teaching and study of osteopathic medicine. Not surveyed but also included in this poster are other osteopathic resources such as journals and professional organizations.

## Conclusions

The 64 titles from the Osteopathic Books Survey provide collection development guidelines for Colleges of Osteopathic Medicine libraries as well as for other types of medical facilities. The Top 12 picks from the survey can be used as a core collection list.

## Top Books identified as essential to the teaching and study of Osteopathic Medicine

**Titles are arranged in descending order by selection frequency:**

[Atlas of Osteopathic Techniques](#) by Alexander S. Nicholas; Evan A. Nicholas

[Foundations of Osteopathic Medicine - 4th Edition](#) by Michael Seffinger

[Outline of Osteopathic Manipulative Procedures: The Kimberly Manual Millennium Edition](#) by Paul Kimberly

[Strain-Counterstrain](#) by Lawrence H. Jones et al.

[Anatomy Trains: Myofascial Meridians for Manual and Movement Therapists](#) by Thomas W. Myers

[A. T. Still: From the Dry Bone to the Living Man](#) by John Robert Lewis

[Foundations of Osteopathic Medicine - 3rd Edition](#) by Anthony Chila

[Greenman's Principles of Manual Medicine \(2020\)](#) by Lisa DeStefano

[Osteopathic Approach to Children](#) by Jane Elizabeth Carreiro

[Osteopathic Considerations in Systemic Dysfunction](#) by William Kuchera; Michael Kuchera

[Osteopathic Principles in Practice](#) by William Kuchera and Michael Kuchera

[Principles of Manual Medicine](#) by Philip E. Greenman

■ Selected by 100% of respondents    
 ■ Selected by 60% of respondents  
■ Selected by 80% of respondents    
 ■ Selected by 40% of respondents

## Osteopathic Journals

Journal of the American Osteopathic Association (JAOA) now

Journal of Osteopathic Medicine (JOM - online only)

American Academy of Osteopathy Journal (AAOJ)

Osteopathic Family Physician (OFP)

International Journal of Osteopathic Medicine (IJOM)

## Osteopathic Organizations

American Academy of Osteopathy (AAO)

American Association of Colleges of Osteopathic Medicine (AACOM)

American College of Osteopathic Family Physicians (ACOFFP)

American College of Osteopathic Pediatricians (ACOP)

American Osteopathic Association (AOA)

Association of Military Osteopathic Physicians & Surgeons (AMOPS)

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Osteopathic State Associations in each state; for example, Virginia

Osteopathic Medical Association (VOMA)

## Online Database

**OSTMED.DR**® is a comprehensive and useful tool for literature reviews and research in the field of osteopathic medicine. The database contains the latest full-text articles from AAOJ and JAOA/JOM as well as some historical resources charting the genesis and evolution of the discipline.

## Other Osteopathic Titles Surveyed

[The 5-Minute Osteopathic Manipulative Medicine Consult](#) by Millicent King Channell; David Mason

[Advanced Osteopathic & Chiropractic Techniques for Manual Therapists](#) by Michael Gyer

[Are We On the Path? The collected works of Robert C. Fulford](#) by T. A. Cisler and R. C. Fulford

[Autobiography of A. T. Still](#) by A. T. Still

[Clinical Application of Counterstrain](#) by Harmon I. Myers et al.

[Clinical Reasoning in Musculoskeletal Practice](#) by Rivett, Jones

[Complex Level 2-PE](#) by Mark Kauffman

[Cranial Osteopathy](#) by Torsten Liem

[The DOs](#) by Norman Gevitz

[Dr. Fulford's Touch of Life: The Healing Power of the Natural Life Force](#) by Robert C. Fulford; Gene Stone

[Early Osteopathy in the WORDS of A. T. Still](#) by R. V. Schnucker

[Evidence-Based Manual Medicine](#) by Michael Seffinger; Raymond J. Hruby; William A. Kuchera

[Fascial and Membrane Technique](#) by Peter Schwind

[First Aid for the COMLEX](#) by Zachary Nye

[The Five Osteopathic Models: Rationale, Application, Integration - From an Evidence-Based to a Person-Centered Osteopathy](#) by C. Lunghi et al.

[Frontier Doctor, Medical Pioneer](#) by Charles E. Still

[Functional Atlas of the Human Fascial System](#) by Carla Stecco; Warren I. Hammer

[Greenman's Principles of Manual Medicine \(2016\)](#) by Lisa A. DeStefano

[Healing Pain and Injury](#) by Adrienne E. Larkin; Maud Nerman

[In an Unspoken Voice: How the Body Releases Trauma and Restores Goodness](#) by Peter A. Levine

[Life in Motion: the osteopathic vision of Rollin E. Becker](#) by R. E. Brooks; R. E. Becker

[Ligamentous Articular Strain](#) by Conrad A. Speece; William Thomas Crow; Steven L. Simmons

[Manipulative Therapy: Musculoskeletal Medicine](#) by Karl Lewit

[Manipulative Therapy in Rehabilitation of the Locomotor System](#) by Karl Lewit

[Neurobiologic Mechanisms in Manipulative Therapy](#) ed. by Irvin Korr

[Manual Physical Therapy of the Spine](#) by Kenneth A. Olson

[Orthopaedic Manual Therapy Diagnosis](#) by Aad van der El

[An Osteopathic Approach to Diagnosis and Treatment](#) by Eileen L. DiGiovanna; Stanley Schiowitz; Dennis J. Dowling

[Osteopathic Manual Physical Therapy](#) by Christopher H. Wise

[Osteopathic Considerations in HEENT Disorders](#) by William A. Kuchera and Michael L. Kuchera

[Osteopathic Techniques](#) by Sharon Gustowski; Maria Budner-Gentry; Ryan Seals

[Osteopathy](#) by Marcer; Parsons; Williams

[Osteopathy: Models for Diagnosis, Treatment and Practice](#) by Nicholas Marcer; Jon Parsons

[Osteopathy Research and Practice](#) by Andrew T. Still

[Osteopathy in the Cranial Field](#) by Harold I. Magoun

[The Philosophy and Mechanical Principles of Osteopathy](#) by Andrew T. Still

[Philosophy of Osteopathy](#) by Andrew T. Still

[Pediatric Manual Medicine](#) by Jane Elizabeth Carreiro

[The Pocket Manual of OMT](#) by Essig-Beatty; Comeaux; Garlitz; Li; Steele; Beatty; Kribs; Lemley

[A Pocket Reference Guide: Osteopathic Management of the Female Patient](#) by J.P. Maganito; Anita Showalter; Melicien Tettambel

[The Polyvagal Theory: neurophysiological foundations of emotions, attachment, communication and self-regulation](#) by Stephen W. Porges

[Principles of Manual Medicine](#) by Lisa A. DeStefano

[Principles of Manual Sports Medicine](#) by Steven J. Karageanes

[The Science and Practice of Manual Therapy](#) by Eyal Lederman

[Somatic Dysfunction in Osteopathic Family Medicine](#) by ACOFFP; Nelson; Glonek

[The Stillness of Life: the osteopathic philosophy of Rollin E. Becker](#) by R. E. Becker; R. E. Brooks

[Textbook of Osteopathic Medicine](#) eds. Mayer and Standen

[Textbook of Pediatric Osteopathy](#) by Eva Moeckel and Noori Mitha

[Trigger Points and Muscle Chains in Osteopathy](#) by Richter; Hebgen

[Visceral Manipulation](#) by Jean-Pierre Barral; Pierre Mercier

[Visceral Manipulation in Osteopathy](#) by Hebgen

[With Thinking Fingers](#) by Adah Sutherland