



Article

Foliar Spraying of *Solanum tuberosum* L. with CaCl₂ and Ca(NO₃)₂: Interactions with Nutrients Accumulation in Tubers

Ana Rita F. Coelho ^{1,2,*}, José Cochicho Ramalho ^{2,3}, Fernando Cebola Lidon ^{1,2}, Ana Coelho Marques ^{1,2}, Diana Daccak ^{1,2}, Cláudia Campos Pessoa ^{1,2}, Inês Carmo Luís ^{1,2}, Mauro Guerra ⁴, Roberta G. Leitão ⁴, José Manuel N. Semedo ^{2,5}, Maria Manuela Silva ^{2,6}, Isabel P. Pais ^{2,5}, Nuno Leal ^{1,2}, Carlos Galhano ^{1,2}, Ana Paula Rodrigues ³, Paulo Legoinha ^{1,2}, Maria José Silva ^{2,3}, Maria Simões ^{1,2}, Paula Scotti Campos ^{2,5}, Maria Fernanda Pessoa ^{1,2} and Fernando Henrique Reboredo ^{1,2}

- Departamento Ciências da Terra, Faculdade de Ciências e Tecnologia, Universidade NOVA de Lisboa, Campus da Caparica, 2829-516 Caparica, Portugal; fjl@fct.unl.pt (F.C.L.); amc.marques@campus.fct.unl.pt (A.C.M.); d.daccak@campus.fct.unl.pt (D.D.); c.pessoa@campus.fct.unl.pt (C.C.P.); idc.rodrigues@campus.fct.unl.pt (I.C.L.); n.leal@fct.unl.pt (N.L.); acag@fct.unl.pt (C.G.); pal@fct.unl.pt (P.L.); mmsr@fct.unl.pt (M.S.); mfgp@fct.unl.pt (M.F.P.); fhr@fct.unl.pt (F.H.R.)
- Unidade de Geobiociências, Geoengenharias e Geotecnologias (GeoBioTec), Faculdade de Ciências e Tecnologia, Universidade NOVA de Lisboa, Campus da Caparica, 2829-516 Caparica, Portugal; cochichor@mail.telepac.pt (J.C.R.); jose.semedo@iniav.pt (J.M.N.S.); abreusilva.manuela@gmail.com (M.M.S.); isabel.pais@iniav.pt (I.P.P.); mjsilva@isa.ulisboa.pt (M.J.S.); paula.scotti@iniav.pt (P.S.C.)
- PlantStress & Biodiversity Lab, Centro de Estudos Florestais (CEF), Instituto Superior Agronomia (ISA), Universidade de Lisboa (ULisboa), Quinta do Marquês, Av. República, 2784-505 Lisboa, Portugal; anadr@isa.ulisboa.pt
- LIBPhys-UNL, Departamento de Física, Faculdade de Ciências e Tecnologia, Universidade NOVA de Lisboa, 2829-516 Caparica, Portugal; mguerra@fct.unl.pt (M.G.); rg.leitao@fct.unl.pt (R.G.L.)
- 5 INIAV—Instituto Nacional de Investigação Agrária e Veterinária, Quinta do Marquês, 2784-505 Oeiras, Portugal
- ESEAG-COFAC, Avenida do Campo Grande 376, 1749-024 Lisboa, Portugal
- * Correspondence: arf.coelho@campus.fct.unl.pt

Abstract: Calcium is essential for plants, yet as its mobility is limited, the understanding of the rate of Ca²⁺ accumulation and deposition in tissues of tubers, as well as the interactions with other critical nutrients prompted this study. To assess the interactions and differential accumulation of micro and macronutrients in the tissues of tubers, Solanum tuberosum L. varieties Agria and Rossi were cultivated and, after the beginning of tuberization, four foliar sprayings (at 8-10 day intervals) with $CaCl_2$ (3 and 6 kg ha^{-1}) or $Ca(NO_3)_2$ (2 and 4 kg ha^{-1}) solutions were performed. It was found that both fertilizers increased Ca accumulation in tubers (mostly in the parenchyma tissues located in the center of the equatorial region). The functioning of the photosynthetic apparatus was not affected until the 3rd application but was somewhat affected when approaching the end of the crop cycle (after the 4th application), although the lower dose of CaCl2 seemed to improve the photochemical use of energy, particularly when compared with the greater dose of Ca(NO₃)₂. Still, none of these impacts modified tuber height and diameter. Following the increased accumulation of Ca, in the tubers of both varieties, the mean contents of P, K, Na, Fe, and Zn revealed different accumulation patterns. Moreover, accumulation of K, Fe, Mn, and Zn prevailed in the epidermis, displaying a contrasting pattern relative to Ca. Therefore, Ca accumulation revealed a heterogeneous trend in the different regions analyzed, and Ca enrichment of tubers altered the accumulation of other nutrients.

Keywords: accumulation of nutrients; calcium; photosynthesis; potato biofortification; *Solanum tuberosum* L.



Citation: Coelho, A.R.F.; Ramalho, J.C.; Lidon, F.C.; Marques, A.C.; Daccak, D.; Pessoa, C.C.; Luís, I.C.; Guerra, M.; Leitão, R.G.; Semedo, J.M.N.; et al. Foliar Spraying of Solanum tuberosum L. with CaCl₂ and Ca(NO₃)₂: Interactions with Nutrients Accumulation in Tubers. Plants 2022, 11, 1725. https://doi.org/10.3390/plants11131725

Academic Editor: Dimitris L. Bouranis

Received: 24 May 2022 Accepted: 27 June 2022 Published: 29 June 2022

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations



Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/licenses/by/4.0/).

Plants 2022, 11, 1725 2 of 18

1. Introduction

Calcium is an essential macronutrient for plant growth and development, providing stability and integrity to the cell wall [1], performing a central role in stress responses [2], and acting as a cofactor of several enzymes involved in the catabolism of ATP and phospholipids [3].

Calcium fluxes from the soil solution, in the form of Ca²⁺, largely occur from the root apex and/or regions of lateral root initiation to the shoot, through the apoplasm (which is relatively non-selective between divalent ions) in regions where Casparian bands are absent, or via the cytoplasm of unsuberized endodermal cells where Casparian bands are present [4,5]. In the apoplasm, cell water space Ca²⁺ binds to negatively charged residues, being taken up by cells down the electrochemical gradient for Ca²⁺, or passing through the water-free space of the cell wall to the xylem [6]. In the xylem, the translocation of Ca²⁺ (or complexed with the organic acid transport pathway) occurs via water mass flow with the transpiration stream [7,8], which determines that Ca transport is inhibited by stomatal closure and that it cannot be readily remobilized in points downstream of the transpirational flow [9]. Indeed, some controversy prevails about Ca redistribution through the phloem, since several authors reported that it is immobile [5,10–12], while others pointed out a low kinetics rate [13–16], namely in potato tubers [17].

To achieve maximum yields, Ca fertilization is required if the soil cannot provide enough nutrients to feed the plant. Nevertheless, Ca fertilization must be adjusted to the final destination because, above the upper threshold, toxic symptoms can develop (namely leaf necrosis, which limits the mobilization of photoassimilates). Besides, unbalanced nutrient interactions that implicate Ca can originate complexes. These complexes can be at the root surface, within the plant organs, and can compete for the sites of uptake, absorption, transport, and function in those tissues (on plant root surfaces or within all plant tissues). In fact, unbalanced nutrients can promote contrasting or similar patterns of interactions with Ca due to the similarities in size, geometry of coordination, and electronic configuration [16,18–25].

As Ca^{2+} is remobilized at a low rate from mature to active growing plant tissues [9], which can ultimately result in local tissue deficits [9], to surpass the imbalance of minerals, foliar spraying can overtake the use of soil as an intermediary for plant nutrition [26]. Moreover, the addition of Ca to the soil can alter tuberization and during this period can also reduce the number of tubers (suppressing tuberization) [27], but the supplemental foliar application of $CaCl_2$ and $Ca(NO_3)_2$ at a Ca rate of 0.5–1 kg ha⁻¹ (two to four applications, two weeks apart to avoid deficiencies, with the first application occurring at full bloom) is beneficial [28]. Indeed, under this workflow, El-Hadidi et al. (2017) [29] found that, through foliar pulverization, the Ca levels significantly increased in potato leaves and tubers. El-Zohiri and Asfour (2009) [30], through pulverization with $Ca(NO_3)_2$, also found an increased content of Ca in potato tubers, and Seifu and Deneke (2017) [31], spraying with $CaCl_2$ and $Ca(NO_3)_2$, obtained a similar trend.

C assimilation is of crucial importance for crop productivity. In fact, photosynthesis is among the first processes affected by environmental constraints, leading to a decline in the growth and productivity of crops, usually to a greater extent when superimposed stresses do occur [32–34]. Calcium is implicated in a wide number of physiological processes, including growth and development, as well as tolerance to environmental stresses. Additionally, Ca²⁺ is involved in the regulation of photosynthetic performance, with a wide number of impacts, namely at the levels of stomatal closure, photosystem efficiency, non-photochemical quenching regulation and the xanthophyll cycle [35–37]. Fluorescence analysis is a fast, non-destructive, and accurate method to evaluate the functioning of the photosynthetic pathway, including the photochemical use of energy and the photoprotective dissipation processes, and has been extensively used to assess the performance of the photosynthetic apparatus under stressful environmental conditions [34,38–40].

Considering previous research [17,41,42], as well as the low kinetic mobility of Ca in the phloem and the limited redistribution in plants, Agria and Rossi varieties were used as

Plants 2022, 11, 1725 3 of 18

a test system to assess the interactions of foliar fertilization with increasing concentrations of $CaCl_2$ and $Ca(NO_3)_2$ and the accumulation of mineral elements (Ca, P, K, Na, Fe, Zn, C, H, O, Mn and Cu) in the different tissues of tubers.

2. Results

2.1. Photosynthetic Apparatus Performance

Within the scope of the functioning of the photosynthetic apparatus, it was found that after the 3rd Ca application, no significant differences were observed in all parameters, regardless of treatment, as compared to the control (Figures 1 and 2). However, after the 4th application, the PSII photochemical efficiency $(F_v/F_m, F_v'/F_m')$ was usually reduced only in the Ca(NO₃)₂ treatments. At this time, the use of energy through photochemistry $(q_L, Y_{(II)})$ was not affected as compared with the control. Additionally, the photoprotective dissipation processes $(Y_{(NPQ)}, q_N)$ followed the opposite trend (Figures 1 and 2).

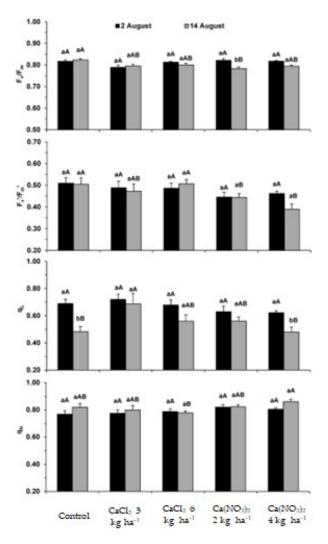


Figure 1. Leaf chlorophyll a fluorescence parameters in *S. tuberosum* L. cv. Agria after the 3rd (2 August) and 4th (14 August) calcium applications. Parameters include the maximum (F_v/F_m) and actual (F_v'/F_m') PSII photochemical efficiency, photochemical quenching coefficient (q_L), and non-photochemical quenching (q_N). For each parameter, the different letters after the mean values \pm S.E. (n = 5) express significant differences between Ca treatments within each date (A, B), or between dates for each Ca treatment (a, b).

Plants 2022, 11, 1725 4 of 18

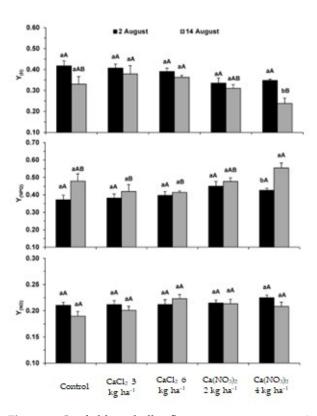


Figure 2. Leaf chlorophyll a fluorescence parameters in *S. tuberosum* L. cv. Agria after the 3rd (2 August) and 4th (14 August) calcium applications. Parameters include: the estimate of quantum yields of non-cyclic electron transport $(Y_{(II)})$ of regulated energy dissipation in PSII $(Y_{(NPQ)})$ and of non-regulated energy dissipation in PSII $(Y_{(NO)})$. For each parameter, the different letters after the mean values \pm S.E. (n = 5) express significant differences between Ca treatments within each date (A, B), or between dates for each Ca treatment (a, b).

As regards the comparison between the two dates of analysis, a global decline in the use of energy through photochemistry was observed (q_L, Y_(II)), likely to be associated with plants approaching the end of their life cycle. However, at this latter developmental stage, some relevant differences were observed regarding the applied Ca products and doses. In fact, the 3 and 6 kg ha⁻¹ CaCl₂ doses promoted the maintenance of F_v/F_m and F_v'/F_m' , and somewhat enhanced photosynthetic performance (q_L, Y_(II)), denoting as well a marginally lower need of dissipation mechanisms (q_N, Y_(NPQ)), always as compared with control plants. In contrast, although q_L was not negatively affected by Ca application, and the highest Ca(NO₃)₂ treatment (4 kg ha⁻¹) reduced the actual PSII photochemical efficiency (F_v'/F_m') and photochemical use of energy (Y_(II)), the latter, was accompanied by an increase in the photoprotective thermal dissipation of energy (Y_(NPQ)), although Y_(NO) remained largely unchanged regardless of date and applied Ca products/doses, thus reflecting an absence of aggravated non-regulated dissipation processes, that is, showing an absence of photoinhibition.

2.2. Mineral Content in Tubers

Compared to the control, in tubers of Agria, the average value of Ca increased significantly, with values ranging between 5–40% (Figure 3). Relative to the control, in tubers of Rossi, Ca content also showed 1.35 and 1.40 fold increases (maximum levels with $CaCl_2$ —6 kg ha⁻¹ and $Ca(NO_3)_2$ —4 kg ha⁻¹) (Figure 3).

Plants **2022**, 11, 1725 5 of 18

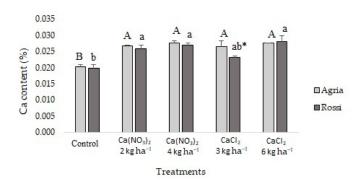


Figure 3. Calcium concentration in *S. tuberosum* L. cv. Agria and Rossi at harvest, submitted to four foliar spraying applications (at 8–10 day intervals) of $CaCl_2$ (3 and 6 kg ha^{-1}) or $Ca(NO_3)_2$ (2 and 4 kg ha^{-1}). Different letters after the mean values \pm S.E. (three replicates of three independent series) express significant differences between Ca treatments in Agria variety (A, B), or between Ca treatments in Rossi variety (a, b). There was only a significant difference in Ca content between Agria and Rossi varieties in $CaCl_2$ (3 kg ha^{-1}), with Rossi content being significantly lower (*).

In tubers of Agria and Rossi, the levels of P among the different treatments did not vary significantly, yet values varied between 0.588-1.080% and 0.433-0.820% (with the control mostly showing the lowest values) (Table 1). In the controls of Agria and Rossi, for both Ca foliar fertilizers, the content of K in the tubers showed the lowest values; however, whereas Agria had significantly higher values for all the remaining treatments, Rossi only displayed significantly higher levels through application of CaCl₂ (Table 1). In the tubers of Agria, Na content revealed the maximum values in the control and minimum values through fertilization with CaCl₂—6 kg ha⁻¹, while increasing concentrations of Ca(NO₃)₂ promoted significant and progressive decreases (Table 1). Concerning tubers of Rossi, the amount of Na followed a similar trend after application of increasing concentrations of Ca(NO₃)₂, but CaCl₂ revealed the minimum value through application of CaCl₂—6 kg ha⁻¹ (Table 1). The content of Fe in Agria and Rossi tubers did not vary significantly among treatments (except in CaCl₂—6 kg ha⁻¹), but Zn showed the highest concentration in the Agria control, whereas in the remaining treatments, significant variations were not found (Table 1). Moreover, in tubers of Rossi, the content of Zn did not vary significantly among treatments (Table 1).

Table 1. Mineral element concentrations in *S. tuberosum* L. cv. Agria and Rossi at harvest, submitted to four foliar sprayings (at 8–10 day intervals) with $CaCl_2$ (3 and 6 kg ha^{-1}) or $Ca(NO_3)_2$ (2 and 4 kg ha^{-1}). Mean values \pm S.E. (three replicates of three independent series).

		P	K	Na	Fe	Zn
Treatments		%	% ppm		ppm	ppm
				Agria		
Control		0.588 ± 0.209 a	$0.272 \pm 0.006c$	$87.5 \pm 1.81a$	114 ± 2.97 a	$53.6 \pm 9.29a$
Ca(NO ₃) ₂	$2~{ m kg~ha^{-1}}$ $4~{ m kg~ha^{-1}}$	0.845 ± 0.053 a 0.448 ± 0.196 a	0.312 ± 0.003 b 0.337 ± 0.010 ab	$76.6 \pm 0.81b$ $69.1 \pm 2.79b$	135 ± 3.22 a 134 ± 6.32 a	31.8 ± 1.55 b 29.9 ± 1.83 b
CaCl ₂	$3~{ m kg~ha^{-1}}$ $6~{ m kg~ha^{-1}}$	0.903 ± 0.114 a 1.08 ± 0.26 a	0.370 ± 0.009 a 0.368 ± 0.004 a	$58.2 \pm 1.38c$ $63.9 \pm 0.84b$	$123 \pm 6.52a$ $131 \pm 5.35a$	33.9 ± 0.81 ab 31.4 ± 3.51 b
				Rossi		
Control		0.433 ± 0.096 a	0.270 ± 0.006 b	$86.0 \pm 2.47a$	71 ± 15.8 b	$26.5 \pm 0.39a$
Ca(NO ₃) ₂	$2~{ m kg~ha^{-1}}$ $4~{ m kg~ha^{-1}}$	0.820 ± 0.052 a 0.451 ± 0.064 a	0.279 ± 0.006 b 0.286 ± 0.007 b	80.9 ± 1.76 ab 71.5 ± 1.57 b	$106 \pm 6.13b$ $107 \pm 4.48b$	27.2 ± 1.39 a 27.6 ± 0.43 a
CaCl ₂	3 kg ha ⁻¹ 6 kg ha ⁻¹	0.811 ± 0.140 a 0.705 ± 0.284 a	0.340 ± 0.009 a 0.362 ± 0.016 a	72.6 ± 1.58 b 39.5 ± 3.25 c	$108 \pm 3.31b$ $183 \pm 27.7a$	$26.8 \pm 0.72a$ $31.0 \pm 1.59a$

Letters a–c represent significant differences between treatments for each variety (statistical analysis using the single factor ANOVA test, $p \le 0.05$).

Plants 2022, 11, 1725 6 of 18

2.3. Tissue Localization of Mineral Elements in Tubers

Considering that Mg content remained similar among treatments (data not shown), the ratio of Ca/Mg from tubers of Agria and Rossi revealed that Ca prevailed in the center of the equatorial region of the parenchyma tissue (Figure 4).

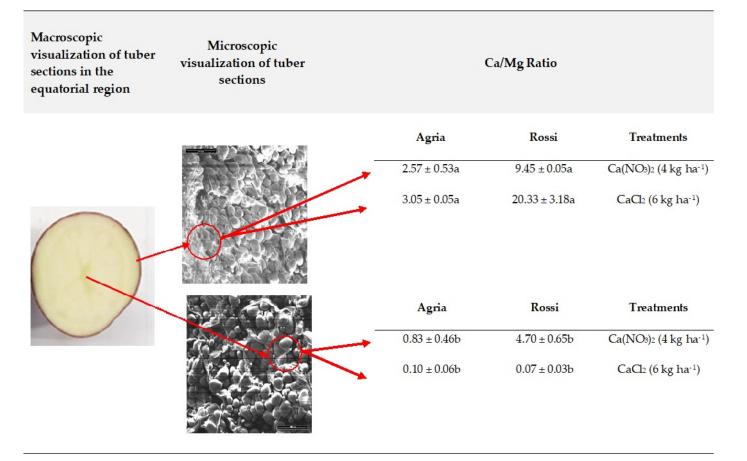


Figure 4. Ca/Mg ratio in the epidermis and center, in the equatorial region of tubers of *S. tuberosum* L. cv. Agria and Rossi at harvest, after four foliar sprayings with Ca(NO₃)₂ (4 kg ha⁻¹) and CaCl₂ (6 kg ha⁻¹). The mean values (\pm S.E.) of Mg in Agria after spraying with Ca(NO₃)₂ (4 kg ha⁻¹) and CaCl₂ (6 kg ha⁻¹) were 192 \pm 8 and 192 \pm 2 ppm, respectively, and in Rossi were 194 \pm 4 and 194 \pm 6 ppm, respectively. For each variety and treatment, corresponds to the mean of 3 replicates from 3 independent series \pm S.E. Letters a, b represent significant differences between the epidermis and center of tubers of each variety and treatment (statistical analysis using the single factor ANOVA test, $p \leq$ 0.05).

Although in each treatment significant differences could not be found for C, H and, O contents among tissues from the epidermis to the center of Agria and Rossi tubers (Table 2), in general, the application of $CaCl_2$ promoted the lowest values (except in Rossi, treatments of 3 kg ha⁻¹ for C and O, and of 6 kg ha⁻¹ for C). Additionally, among treatments of both varieties, each region of the tubers displayed similar contents of C, H and O (except in the middle region under treatment with 4 kg ha⁻¹ of $Ca(NO_3)_2$).

Plants **2022**, 11, 1725 7 of 18

Table 2. Chemical element content in different parts of the equatorial region, ranging from the epidermis (1) to the center (3) in tubers of *S. tuberosum* L. cv. Agria and Rossi at harvest, submitted to four foliar sprayings (at 8–10 day intervals) with CaCl₂ (3 and 6 kg ha⁻¹) or Ca(NO₃)₂ (2 and 4 kg ha⁻¹). Mean values \pm S.E. (three replicates of three independent series).

			С	Н	0	K	Fe	Mn	Zn	Cu	
Treatments		s Regions			g kg ⁻¹				mg kg ^{−1}		
			Agria								
		1	419 ± 21 Aa	58.6 ± 2.9 Aa	465 ± 23 Aa	$40.1\pm2.0\text{Bb}$	1.12 ± 0.10 Aa	35.7 ± 1.8 Ab	17.5 ± 0.9 Bc	5.74 ± 0.29 Cc	
Control		2	392 ± 20 Aa	54.8 ± 2.7 Aa	$435 \pm 22 Aa$	$74.2 \pm 3.7 Ab$	$0.15\pm0.00 Ba$	$6.10\pm0.31\mathrm{Cb}$	$22.6\pm1.1\text{Bb}$	7.03 ± 0.35 Bbc	
		3	386 ± 19 Aa	$54.0 \pm 2.7 \text{ Aa}$	$429 \pm 21 \text{Aa}$	$72.4 \pm 3.6 \text{Ab}$	$0.10\pm0.00\mathrm{Ca}$	8.43 ± 0.42 Bc	$27.9 \pm 1.4 \text{Ab}$	9.90 ± 0.49 Aal	
		1	$428 \pm 21 \text{Aa}$	59.9 ± 3.0 Aa	$475\pm24 \text{Aa}$	$27.9 \pm 1.4 Bc$	$0.40\pm0.00 Ac$	$37.23 \pm 0.36 \text{Ab}$	$12.9 \pm 0.7 Bc$	4.17 ± 0.21 Be	
	$2 \mathrm{kg} \mathrm{ha}^{-1}$	2	$418 \pm 21 Aa$	58.4 ± 2.9 Aa	$464 \pm 23 \text{Aa}$	50.2 ± 2.5 Ac	$0.10\pm0.00\text{Bb}$	3.27 ± 0.16 Cc	$23.4 \pm 1.2 \text{Ab}$	8.01 ± 0.40 A	
Ca(NO ₃) ₂		3	$404 \pm 20 \text{Aa}$	56.4 ± 2.8 Aa	$448 \pm 22 \text{Aa}$	56.9 ± 2.9 Ac	0.10 ± 0.00 Ba	10.1 ± 0.5 Bbc	$30.9 \pm 1.5 Ab$	10.1 ± 0.50 Aa	
Cu(1 V O3)2		1	$400 \pm 20 \text{Aa}$	$56.0 \pm 2.8 \text{Aa}$	$445 \pm 22 \text{Aa}$	$76.2 \pm 3.8 \text{Aa}$	$1.42 \pm 0.10 \text{Aa}$	$52.1 \pm 2.6 \text{Aa}$	$37.4 \pm 1.9 \mathrm{Aa}$	9.67 ± 0.48 A	
	$4~{ m kg~ha^{-1}}$	2	328 ± 16 Bb	$45.9 \pm 2.3 Aa$	365 ± 18 Aa	$85.5 \pm 4.3 Ab$	$0.10\pm0.00\text{Bb}$	$4.41\pm0.22\mathrm{Cc}$	25.1 ± 1.3 Bb	5.33 ± 0.27 B	
		3	369 ± 19 Bab	$51.6\pm2.6~\mathrm{Aa}$	$410\pm21 \text{Aa}$	72.1 ± 3.6 Ab	$0.10\pm0.00 \mathrm{Ba}$	6.71 ± 0.34 Bc	$18.2 \pm 0.9 \mathrm{Cc}$	7.83 ± 0.39 Be	
		1	375 ± 19 Aa	$52.5 \pm 2.6 \text{Aa}$	$416 \pm 21 \text{ABa}$	$50.0 \pm 2.5 Bb$	$0.50\pm0.00 Ab$	$22.1 \pm 1.1 \text{Ac}$	$25.3 \pm 1.3 \text{ABb}$	7.45 ± 0.37 B	
	$3~{ m kg~ha^{-1}}$	2	$416 \pm 21 \text{Aa}$	58.3 ± 2.9 Aa	$462\pm23 \text{Aa}$	$55.1 \pm 2.8 Bc$	$0.10\pm0.00\text{Bb}$	10.7 ± 0.5 Ba	$19.7\pm1.0\mathrm{Bb}$	8.67 ± 0.43 B	
CaCl ₂		3	363 ± 18 Aa	$50.7 \pm 2.5 \text{ Aa}$	$402\pm20 Ba$	$76.0 \pm 3.8 Ab$	$0.10\pm0.00 \mathrm{Ba}$	$12.1\pm0.6\text{Bb}$	$29.8 \pm 1.5 \text{Ab}$	13.1 ± 0.70 A	
CaCı ₂		1	383 ± 19 Aa	$53.6 \pm 2.7 \text{Aa}$	$426\pm21\text{Aa}$	$78.2 \pm 3.9 \text{Ba}$	$0.80 \pm 0.00 \text{Ab}$	$38.0 \pm 1.9 \text{Ab}$	$40.1 \pm 2.0 \text{Aa}$	$25.0 \pm 1.30 A$	
	$6~{ m kg~ha^{-1}}$	2	363 ± 18 Aab	50.8 ± 2.5 Aa	403 ± 20 Aa	99.2 ± 5.0 AABa	$0.12\pm0.01\text{Bb}$	9.37 ± 0.5 Ca	37.6 ± 1.9 Aa	26.7 ± 1.30 A	
		3	344 ± 17Aa	49.1 ± 2.4 Aa	382 ± 19Aa	110 ± 50BAa	0.12 ± 0.01 Ba	18.3 ± 0.9Ba	37.9 ± 1.9Aa	10.7 ± 0.50 Ba	
						Ro	ssi				
		1	425 ± 21 Aa	$59.5 \pm 3.0 \text{Aa}$	$472\pm24\text{Aa}$	$30.4 \pm 1.5 \text{Cc}$	$0.70\pm0.03\text{Ab}$	$13.8 \pm 0.7 \text{Ad}$	$8.77 \pm 0.4 \mathrm{Cd}$	n.d.	
Co	ontrol	2	394 ± 20 Aa	$55.1 \pm 2.8 \text{Aa}$	438 ± 22 Aa	65.4 ± 3.3 Bb	$0.07 \pm 0.01 Bb$	$11.5 \pm 0.6 Ac$	23.7 ± 1.2 Bb	$0.14 \pm 0.01c$	
		3	379 ± 19Aa	$53.1 \pm 2.7 \text{ Aa}$	421 ± 21 Aa	103 ± 5.0 Aa	$0.06 \pm 0.01 \; \mathrm{Ba}$	13.2 ± 0.7 Ab	35.5 ± 1.8 Aa	n.d.	
Ca(NO ₃) ₂		1	$426\pm21\text{Aa}$	$59.5 \pm 3.0 Aa$	$472\pm24\text{Aa}$	$36.5\pm1.8 Bc$	$0.63 \pm 0.03 \text{Ab}$	$28.9 \pm 1.4 \text{Ac}$	$18.3\pm0.9 \text{ABc}$	$6.42 \pm 0.32B$	
	$2 \mathrm{kg} \mathrm{ha}^{-1}$	2	$420 \pm 21 Aa$	58.8 ± 3.0 Aa	467 ± 23 Aa	$48.5 \pm 2.4 Bc$	$0.04\pm0.01\text{Bb}$	5.7 ± 0.28 Cd	$15.6 \pm 0.8 Bc$	$6.20 \pm 0.31B$	
		3	371 ± 19a	51.8 ± 2.6 Aa	411 ± 21Aa	60.0 ± 3.0 Ab	0.08 ± 0.01 Ba	21.8 ± 1.1Ba	25.6 ± 1.3Aa	9.25 ± 0.46 A	
		1	350 ± 18 Aa	$49.0 \pm 2.5 Aa$	389 ± 19 Aa	$88.0 \pm 4.4 \mathrm{Aa}$	$1.34 \pm 0.07 \text{Ab}$	$71.1 \pm 3.6 \mathrm{Aa}$	$68.7 \pm 3.4 \text{Aa}$	$23.00 \pm 1.2 A$	
	$4~{ m kg~ha^{-1}}$	2	370 ± 19 Aa	51.7 ± 2.6 Aa	410 ± 21 Aa	$29.4 \pm 1.5 Bd$	$0.08\pm0.01\text{Bb}$	$19.7\pm1.0\text{Bb}$	$16.3 \pm 0.8 Bc$	$5.83 \pm 0.29B$	
		3	371 ± 19Aa	51.9 ± 2.6 Aa	412 ± 21Aa	28.1 ± 1.4Bd	0.09 ± 0.01 Ba	25.9 ± 1.3Ba	14.3 ± 0.7 Bb	$7.67 \pm 0.38B$	
CaCl ₂		1	$362\pm18 \text{Aa}$	$50.6 \pm 2.5 \text{Aa}$	$401 \pm 20 \text{Aa}$	$80.1 \pm 4.0 \text{Ba}$	$2.26\pm0.11 \text{Aa}$	$53.2 \pm 2.7 \text{Ab}$	$61.1 \pm 3.1 Aa$	$32.60 \pm 1.6 A$	
	$3~{ m kg~ha^{-1}}$	2	363 ± 18 Aa	50.7 ± 2.5 Aa	403 ± 20 Aa	117.0 ± 6.0 Aa	0.15 ± 0.01 Ba	$57.0 \pm 2.9 Aa$	53.1 ± 2.7 Aa	$21.10 \pm 1.1E$	
		3	390 ± 20Aa	$54.6 \pm 2.7 \text{ Aa}$	433 ± 22Aa	38.5 ± 1.9Ca	0.06 ± 0.01 Ca	8.98 ± 0.45 Bc	18.5 ± 0.9 Bb	9.07 ± 0.500	
		1	$413 \pm 21 \text{Aa}$	$57.8 \pm 2.9 \text{Aa}$	$458 \pm 23 \text{Aa}$	$51.3 \pm 2.6 \text{Ab}$	$0.11\pm0.01\text{Ac}$	$13.0 \pm 0.7 \text{Ad}$	$25.3 \pm 0.0 \text{Ab}$	9.83 ± 0.46 A	
	$6~{ m kg~ha^{-1}}$	2	363 ± 18 Aa	50.8 ± 2.5 Aa	403 ± 20 Aa	$30.6 \pm 1.5 Bd$	$0.09 \pm 0.01 \text{Aab}$	$4.9 \pm 0.25 Cd$	$13.3 \pm 4.4 Bc$	8.61 ± 0.43 A	
		3	382 ± 19 Aa	53.4 ± 2.7 Aa	423 ± 21 Aa	36.1 ± 1.8 Bc	0.10 ± 0.01 Aa	8.9 ± 0.44 Bc	14.2 ± 0.7 Bb	9.22 ± 0.46 A	

Different letters express significant differences (p < 0.05) among different tissues of each treatment (A, B, C), or within each tissue from different treatments of the same genotype (a–d). "n.d." means not detected.

Plants 2022, 11, 1725 8 of 18

In each treatment, the control tubers of both varieties revealed the lowest values of K in the epidermis. After Ca spraying with both fertilizers, in each treatment of Agria, a slight increase in K was found (in most cases non-significant) from the epidermis to the center of the tubers. In tubers of Rossi, significant differences were found, but a clear tendency was not observed (Table 2). In the different treatments of both varieties, the lowest content of K occurred in the epidermis (except in the treatment with 4 kg ha $^{-1}$ Ca(NO₃)₂); however, for the other regions, a clear trend could not be found (Table 2). Nevertheless, in the center of the tubers, the values of K increased in Agria with CaCl₂ treatments but decreased in Rossi. Moreover, in the middle and center regions of Rossi, decreases were found with 4 kg ha $^{-1}$ Ca(NO₃)₂ treatment, and an increase in the center with 2 kg ha $^{-1}$ of Ca(NO₃)₂ treatment (Table 2).

In each treatment of Agria and Rossi, the concentrations of Fe in the tubers remained significantly higher in the epidermis (except for Rossi with 6 kg ha^{-1} CaCl₂). Among treatments of Agria, the middle region of tubers showed the highest value in the control, whereas the center displayed similar values (Table 2). Concerning the treatments of Rossi, the content of Fe did not vary in the center of tuber, but significantly higher values were found with the 3 kg ha^{-1} CaCl₂ treatment (Table 2).

In each treatment of Agria, the levels of Mn in the tubers also showed the highest values in the epidermis, but in Rossi a clear trend could not be found (Table 2). Nevertheless, among treatments, a clear trend for Mn accumulation could not be found in the epidermis of Agria, but in Rossi treated with $Ca(NO_3)_2$, an increase was observed (Table 2). In the middle region of tubers from Agria, a decrease in Mn was found with $Ca(NO_3)_2$, but an increase was detected in the center of the parenchyma tissues with $CaCl_2$ treatments (Table 2). In the center of the parenchyma tissue of Rossi, relative to the control, Mn content further increased with $Ca(NO_3)_2$ treatments but decreased through the application of $CaCl_2$ (Table 2).

In each treatment of Agria, relative to the epidermis, the amount of Zn showed higher values in the center of the tubers (except with the 4 kg ha $^{-1}$ Ca(NO₃)₂ and 6 kg ha $^{-1}$ CaCl₂ treatments), but in Rossi, although in the control a similar tendency occurred, in the remaining treatments, the opposite trend was found (except with 2 kg ha $^{-1}$ Ca(NO₃)₂) (Table 2). Among treatments of both varieties, relative to the control, the levels of Zn increased in the epidermis with the Ca(NO₃)₂ or CaCl₂ treatments (Table 2). Among treatments, in the middle region of the tubers from Agria, relative to the control, the content of Zn did not vary significantly with Ca(NO₃)₂, but in Rossi, a decrease was found (Table 2). Moreover, in the center of the parenchyma of Agria, a significant increase in Zn was found with CaCl₂ treatments, but a significant decrease was detected in Rossi treated with either of these fertilizers (Table 2).

In each treatment, the content of Cu did not reveal a clear trend between the epidermis and the center of the tubers (Table 2). Among treatments of Agria, relative to the control, the amount of Cu in the epidermis increased significantly, whereas in the middle region of the tubers, it showed the minimum and higher values with 4 kg ha $^{-1}$ Ca(NO₃)₂ and 6 kg ha $^{-1}$ CaCl₂, respectively (Table 2). In the center of the Agria tubers, minimum values were also found with the 4 kg ha $^{-1}$ Ca(NO₃)₂ treatment (Table 2). Among treatments, the Rossi control showed minimum values of Cu in all tuber regions, and among the remaining treatments the Cu content in the center of the parenchyma did not vary significantly (Table 2). Moreover, in the epidermis, treatments with the highest concentrations of Ca(NO₃)₂ and the lowest of CaCl₂ had the highest concentrations of Cu (Table 2). Among all treatments with both fertilizers, the middle region of the parenchyma tubers displayed the highest Cu content with 3 kg ha $^{-1}$ CaCl₂ (Table 2).

2.4. Size and Colorimetric Characteristics

The height and diameter of tubers from both varieties did not vary significantly among treatments (mean values ranged between 9.30–11.80 cm and 4.50–6.24 cm, respectively—Table 3). Regarding the color, parameters L, a* and b* values of tubers of Agria did

Plants **2022**, 11, 1725 9 of 18

not vary significantly among treatments. Moreover, in Rossi, parameter a* (red—green transitions) showed significantly higher values through the application of $CaCl_2$ relative to the $Ca(NO_3)_2$ treatments and control.

Table 3. Height, diameter, and colorimeter parameters of the fresh pulp from tubers of *S. tuberosum* L. cv. Agria and Rossi at harvest, submitted to four foliar sprayings (at 8–10 day intervals) with CaCl₂ (3 and 6 kg ha⁻¹) or Ca(NO₃)₂ (2 and 4 kg ha⁻¹). Mean values \pm S.E. (10 randomized tubers per treatment (10 samples of each treatment) and from three independent plant series).

Treatments		Height Diameter		Color Parameters			
		(cm)	(cm)	L	a*	b*	
			Agria				
Cor	Control		$5.60 \pm 0.09a$	54.4 ± 1.31 a	-2.89 ± 0.17 a	20.5 ± 0.22 a	
Ca(NO ₃) ₂	$2 ext{ kg ha}^{-1}$ $4 ext{ kg ha}^{-1}$	11.80 ± 0.31 a 11.40 ± 0.91 a	5.47 ± 0.13 a 4.77 ± 0.15 a	$56.8 \pm 0.86a$ $59.5 \pm 0.36a$	-2.90 ± 0.13 a -3.31 ± 0.07 a	$21.3 \pm 0.49a \\ 22.3 \pm 0.33a$	
CaCl ₂	$\begin{array}{cc} \text{CaCl}_2 & 3 \text{ kg ha}^{-1} \\ & 6 \text{ kg ha}^{-1} \end{array}$		$5.70 \pm 0.12a$ $4.73 \pm 0.28a$	58.8 ± 0.50 a 55.8 ± 1.29 a	-2.95 ± 0.21 a -2.85 ± 0.08 a	$22.0 \pm 0.29a$ $21.7 \pm 1.39a$	
			Rossi				
Control		$9.60 \pm 0.32a$	$6.24\pm0.15a$	$65.9 \pm 1.19a$	$-2.52\pm0.14c$	16.3 ± 0.30 a	
Ca(NO ₃) ₂	$2 ext{ kg ha}^{-1}$ $4 ext{ kg ha}^{-1}$	7.03 ± 0.53 a 9.32 ± 1.58 a	$4.50 \pm 0.22a$ $5.50 \pm 0.26a$	63.3 ± 0.73 a 63.3 ± 1.12 a	$-2.64 \pm 0.12c$ $-2.75 \pm 0.07c$	14.2 ± 0.27 a 15.7 ± 0.24 a	
CaCl ₂	3 kg ha ⁻¹ 6 kg ha ⁻¹	9.30 ± 0.32 a 8.91 ± 1.17 a	$5.65 \pm 0.21a$ $5.61 \pm 0.49a$	59.9 ± 2.55 a 61.4 ± 1.88 a	-2.15 ± 0.09 a -2.34 ± 0.05 b	$15.1 \pm 0.77a$ $15.1 \pm 0.65a$	

Letters a–c represent significant differences between treatments for each variety (statistical analysis using the single-factor ANOVA test, $p \le 0.05$).

3. Discussion

3.1. Impact on the Performance of the Photosynthetic Apparatus

Plant species are frequently subjected to an imbalance of nutrients, which adversely affects several metabolic processes, namely those associated with the synthesis of photoassimilates and, therefore, productivity [36,37]. The increase in external Ca concentrations through foliar spraying can modify the photosynthetic performance by reducing stomatal aperture associated with the Ca²⁺-sensing receptor (CAS) protein [43]. This is in line with the significant g_s decline previously observed in S. tuberosum var. Agria under the same Ca biofortification treatments, although that usually promoted only a (consistent) tendency to reduce the net C assimilation rate after the 3rd application [17]. Calcium is also involved in the cyclic electron flow and non-photochemical quenching [36,37]. In this context, our findings showed (Figures 1 and 2) that after the 3rd application, no impacts were observed regarding the photochemical performance of the photosynthetic machinery or the photoprotective dissipation processes, despite the already mentioned tendency to lower photosynthetic rates [17]. This means that until this stage, the potential functioning of the photosynthetic apparatus was preserved, irrespective of the applied Ca form and doses (Figures 1 and 2), but a marginal impact was observed in C assimilation. The latter was associated with a large decline in g_s that restricted the CO₂ supply (as reflected in the lowered C_i) to the carboxylation sites [17]. However, after the 4th application of CaCl₂, the photosynthetic performance was maintained or marginally improved, in contrast with the impact of the $Ca(NO_3)_2$ doses, mainly the highest one. Both $Ca(NO_3)_2$ doses reduced to some extent the PSII photochemical efficiency $(F_v/F_m, F_v'/F_m')$, but the highest one additionally reduced the photochemical use of energy $(Y_{(II)})$, with a concomitant increase in the thermal dissipation processes $(Y_{(NPO)})$. These results suggested a negative impact on the photosynthetic apparatus performance, although without increases in deregulated energy dissipation usually associated with photoinhibition $(Y_{(NO)})$ [40]. Nevertheless, the application of Ca solutions had a neutral effect, considering the absence of significant

Plants 2022, 11, 1725 10 of 18

negative changes in the size of tubers (Table 3) and in the tuber yield of both varieties (data not shown), which indicates that the threshold of toxicity was not reached.

3.2. Calcium Accumulation and Interaction with Other Nutrients

After tuberization, Ca accumulation in tubers occurred through foliar spraying with both foliar fertilizers (Figure 3). Agria and Rossi varieties showed, relative to the control, similar upper build-up indexes in the higher treatments (Figure 2). Nonetheless, independently of the accumulation extent of Ca in the potato tubers of both varieties, our data also reinforced that Ca²⁺ mass flow translocated from roots, in the xylem, through the transpiration stream [6,8,10,17,44,45] was accompanied by phloem redistribution of Ca [13–15] provided by foliar spraying.

Moreover, the accumulation of Ca determined relevant changes in the accumulation of nutrients and distribution among tissues of tubers. Although in several plant species Ca might stimulate the absorption of P under defined concentration ranges of ions [20,46], at harvest, Ca accumulation promoted by both fertilizers in the tubers of both varieties did not significantly affect the content of P (Table 1). These data indicate the absence of competitive interactions through the development of a linkage bridge between root respiration, ion affinities, and precipitation of calcium phosphates. In fact, during root respiration, hydrogen carbonate ions might keep Ca ions away from the root growing points, whereas uptake and translocation of phosphate from the soil to these growing points secure the uptake and supply of Ca. Thereafter, accumulation of Ca ions at root surfaces may precipitate phosphates and thereby hinder uptake of not only phosphate but also of Ca at harvest [47]. Moreover, Ca accumulation in tubers of both varieties increased K content (although not significantly in Rossi with Ca(NO₃)₂), providing evidence of a similar accumulation pattern (Table 1). Thus, our data strongly point out that, as Ca and K have somewhat similar chemical properties (size, charge, geometry of coordination and electronic configuration [48]), competition prevails for the same sites of transport within the tissues of tubers [46]. This trend in potato tubers might link intracellular Ca levels, determining that Ca channels located within the root epidermis and root hair zone can be activated by hyperpolarization of plasma membrane controlling K content through Ca sensing, namely calmodulin, calmodulin-like protein, calcium-dependent protein kinase, and calcineurin B-like protein [25]. In addition, as external Ca²⁺ alters the selectivity of nonselective cation channels, favoring the uptake of K⁺, which is one of the main competitors of Na⁺ entrance into the roots [49], our data suggested the development of a contrasting interaction for Na+ accumulation in both varieties (Table 1). Indeed, although salinity reduces Ca²⁺ uptake and translocation, the increasing supply of Ca to both potato varieties ameliorated the deleterious effects of Na⁺ [50,51], favoring plant growth [52,53]. Micronutrients such as Fe and Zn play very important roles in the physiological processes of plant species [54–56]. Nevertheless, although in some plant species a contrasting interaction prevails between Ca or K and Fe accumulations [24,57,58], it was interesting to notice that the increasing contents of Ca and K in the potato tubers did not determine significant changes in Fe in all treatments of each variety (except with 6 kg ha⁻¹ $Ca(NO_3)_2$) (Table 1). Thus, according to our data, potato tubers pointed to the absence of relations of a competitive nature between Ca and Fe, eventually driven by isolated or combined interactions with these macronutrients. Additionally, Zn content also did not vary significantly through the application of both fertilizers in Rossi tubers (Table 1); however, as previously found in soybean and wheat [24], relative to the control, in Agria tubers, the significantly lower levels of Zn mediated by both fertilizers suggested the potential occurrence of a contrasting pattern of interaction with Ca (Table 1). However, following a multi-level nutritional interaction approach, it is known that Zn deficiency induces the expression of several P assimilation-related genes [59], while P deficiency activates the expression of the genes involved in Zn and Fe homeostasis [60,61]. Thus, in Ca-treated tubers of both varieties P, Fe, and Zn in general did not vary significantly; it can be further assumed that the mechanisms involved in

Plants 2022, 11, 1725 11 of 18

coordinating these interactions of nutrients and nutrient-stress signaling were not activated by Ca.

3.3. Accumulation in Tuber Tissue

The higher accumulation of Ca in the center of tubers of both varieties was related to the low translocation rate of Ca to the tubers after the application of both fertilizers (Figure 3). Indeed, a high translocation rate of Ca²⁺ (or complexed with the organic acid transport pathway) was driven in the xylem by water mass flow via the transpiration stream [7,8], to the areal part of the plants. Moreover, once uploaded from the xylem, and in particular to points downstream of transpirational flow, Ca transport cannot be readily remobilized [9] to the tubers and diffused to the peripheral regions.

The differential accumulation of Ca in tubers of both varieties, through foliar pulverization with $CaCl_2$ and $Ca(NO)_3)_2$, did not determine significant variations in C, H, and O among tissues (Table 2). Moreover, in terms of the similar heights and diameters of tubers (Table 3), our data pointed to the absence of inhibitory interactions between Ca and these chemical elements, despite the impact observed in some photosynthesis-related parameters after the 4th $Ca(NO_3)_2$ treatment (Figures 1 and 2). Indeed, C, H, and O are building blocks for proteins, lipids, starch, and other carbohydrates, lignins, and celluloses, mediated by the synthesis and mobilization of photoassimilates, determining the rate of plant growth.

The lower values of K accumulation in the epidermis of tubers (Table 3) suggest a predominant participation of this nutrient in the inner parts of the tubers, where it determines the metabolic accumulation of phytonutrients or bioactive compounds [62,63]. Indeed, unlike other nutrients, K is not incorporated into structures of organic compounds, remaining in an ionic form (K^+) , in a solution of cells, and has many functions in plant nutrition and growth that influence both yield and quality. These include the facilitation of cell division and growth through participation in the mobilization of starches and proteins between plant parts.

The contrasting pattern between Ca and Fe accumulation among tissues of tubers in all treatments (epidermis and the central region of the tubers, respectively—Table 2; Figure 4) followed a pattern previously found in other plant species [64] for both Fe uptake and transport between plant organs. Indeed, Fe uptake prevails in the root tips and is metabolically controlled, its translocation being largely mediated by Ca citrate chelates [4,64,65].

Uptake and translocation of Mn, like Ca, is also metabolically controlled [65–68], yet the differential concentrations in the tissues of tubers from both varieties (i.e., higher levels of Mn and Ca in the epidermis and the parenchyma tissues in the center, respectively—Table 2; Figure 4) also suggest a contrasting pattern of accumulation between these chemical elements. Indeed, it was interesting to notice a similar pattern, at organ levels, among these nutrients in other plant species [69,70]. Moreover, the absence of a clear trend of Mn accumulation within each treatment additionally suggests the parallel occurrence of a passive transport within tissues. Indeed, generally, Mn is known to be rapidly transported within plant tissues without being bound to insoluble organic ligands [65].

Root uptake of Zn is mostly metabolically controlled (although a non-metabolic process might also occur), having high translocation rates in the form of both hydrated Zn and Zn^{2+} , eventually also bound to light organic compounds [65,71]. In this context, the increasing accumulation of Zn in the epidermis of Ca-treated tubers in most treatments (4 kg ha $^{-1}$ Ca(NO₃)₂ and 6 kg ha $^{-1}$ CaCl₂ for both varieties and in the 3 kg ha $^{-1}$ CaCl₂ treatment for Rossi), in parallel with the lowest levels of Ca (Table 1; Figure 3), suggests an increasing rate of passive Zn absorption. Moreover, the decreasing accumulation of Zn from the epidermis to the center of tubers in each Ca treatment (except for the control and the 2 kg ha $^{-1}$ Ca(NO₃)₂ treatment in both varieties and the 3 kg ha $^{-1}$ CaCl₂ treatment in Agria), seems to indicate a contrasting pattern of accumulation, prevailing in the center of tubers (Figure 3). In fact, this interaction was previously found in the organs of several plant species [46].

Plants **2022**, 11, 1725

Depending on plant species, active or passive Cu uptake mechanisms can prevail, conditioning the metabolic pathways [65,72,73]. In this context, the interactions between Cu and Ca are highly complex and apparently are cross-linked with the accumulation kinetics of other nutrients in the different regions of the tubers. Nevertheless, the well-known affinity of carbonates to precipitate Cu and its relatively low mobility within root cells [65,73,74] seem to determine a higher accumulation of Cu in the epidermis, whereas Ca prevails in the center of tubers among treatments and in both varieties (Table 1; Figure 3).

It has long been known that differential mineral concentrations might be causing variations in color intensity or different coloring in potato tubers, namely black by ferrous compounds, discoloration by K or Mg deficiency, and reddish-brown color mediated by Cu treatments [75,76]. Nevertheless, it was interesting to notice that Ca, directly or through interactions with other nutrient accumulations, or via differential deposition in the tissues of potato tubers, did not promote color changes in either variety treated with either fertilizer (except in the a* parameter for the Rossi variety).

4. Materials and Methods

4.1. Experimental Fields

Solanum tuberosum L. varieties Agria and Rossi were cultivated in a potato production region of the west of Portugal (GPS coordinates 39°16'38.77" N; 9°15'8.294" W for Agria variety; 38°16′31.76″ N; 9°13′46.77″ W for Rossi variety). Both fields were situated 133 m above sea level, having soils with pH of 7.4, a clay loam texture and an electrical conductivity of 205 and 349 μS cm⁻¹ and 0% and 4% of carbonates (for Agria and Rossi, respectively). The contents of nutrients in the soils for Agria and Rossi cultivation were: 0.39% and 0.71% of Ca, 2.20% and 2.64% of K, 0.15% and 0.24% of Mg, 0.23% and 0.19%of P, 1.19% and 0.50% of Fe, 55.9 and 66.6 ppm of S, 19.6 and 41.7 ppm of Zn, and 318 and 270 ppm of Mn, respectively. Additionally, organic matter content was 1.18% and 4.13% for the Agria and Rossi fields, respectively. Under adequate irrigation conditions (provided by sprinkler systems according to weather conditions), the production of tubers took place from 4 May to 24 September 2018. Maximum and minimum average air temperatures were 23 °C and 15 °C (with maximum and minimum values of 41 °C and 6 °C, respectively), respectively. The average rainfall was 0.41 mm, with a daily maximum of 18.03 mm and an accumulation of 60.4 mm. There were no periods of rain after any of the foliar applications in both fields.

After the beginning of tuberization (in the beginning of July for Agria and end of July for Rossi), four foliar sprayings with $CaCl_2$ (3 and 6 kg ha^{-1}) or $Ca(NO_3)_2$ (2 and 4 kg ha^{-1}) solutions were performed (Table 4).

Varieties	Planting -		Foliar Applications				Treatments
	Tranting	1 °	2 °	3 °	4 °		
Agria	4 May 2018	6 July 2018	16 July 2018	26 July 2018	3 August 2018	4 September 2018	CaCl ₂ (3 and 6 kg ha ⁻¹) or,
Rossi	11 May 2018	25 July 2018	3 August 2018	14 August 2018	24 September 2018	24 September 2018	$Ca(NO_3)_2$ (2 and 4 kg ha ⁻¹)

Table 4. Planting, foliar application, and harvest dates in Agria and Rossi varieties.

Control plants were sprayed with water. The experimental plots for Agria and Rossi (Figure 5) contained all treatments (control included), having been carried out in quadruplicate (compass, 60–80 cm).

Plants 2022, 11, 1725 13 of 18



Figure 5. Orthophoto maps of the fields in which the varieties were implemented and the biofortification treatments were carried out (Agria—(A); Rossi—(B)). The images were obtained by UAV on 18 May 2018 and 12 May 2018, respectively, for fields A and B.

4.2. Chlorophyll a Fluorescence Parameters

Agria plants were used as a test system to monitor leaf chlorophyll (Chl) a fluorescence parameters evaluated after the 3rd (7 days after the foliar application) and 4th (11 days after the foliar application) leaf applications. The analysis was carried out using a PAM-2000 system (H. Walz, Germany) as previously described [40], following the formulae discussed elsewhere for calculations [38,77,78]. Measurements were carried out in 5 independent leaves of 5 different plants per treatment. Measurements of minimal fluorescence (F₀), maximal fluorescence (F_m), and maximal photochemical efficiency of photosystem (PS) PSII (F_v/F_m), were performed on overnight dark-adapted leaves. F₀ was assessed using a weak light (<0.5 μ mol m⁻² s⁻¹) beam, while F_m was obtained using a saturation flash of ca. 7500 μ mol m⁻² s⁻¹ of actinic light for 0.8 s.

Another group of parameters were determined under photosynthetic steady-state conditions (with at least 3 to 4 h of light exposure), under natural irradiance (ca. 1200–1400 µmol m $^{-2}$ s $^{-1}$) and superimposed saturating flashes: $F_v{}'/F_m{}',\,q_L,\,q_N,\,Y_{(II)},\,Y_{(NPQ)},\,Y_{(NO)}$ [38,66,67]. $F_0{}',$ which was required for the quenching calculations, was measured in the dark, immediately after the actinic light was switched off and before the first fast phase of the fluorescence relaxation kinetics. $F_v{}'/F_m{}'$ expresses the PSII photochemical efficiency of energy conversion under light exposure. q_L is the photochemical quenching based on the concept of interconnected PSII antennae, and represents the proportion of energy captured by open PSII centers and driven to photochemical events. Estimates of photosynthetic quantum yields of non-cyclic electron transfer $(Y_{(II)})$, photoprotective regulated energy dissipation of PSII $(Y_{(NPQ)})$, and non-regulated energy dissipation (heat and fluorescence) of PSII $(Y_{(NO)})$ were also calculated, where $Y_{(II)}+Y_{(NPQ)}+Y_{(NO)}=1$.

4.3. Analysis of Total Nutrients by Atomic Absorption Spectrophotometry

After harvest in the experimental potato-producing fields, eight randomized samples of tubers (of similar size) from each treatment were washed, dried at 60 $^{\circ}$ C until constant weight, and ground in an agate mortar. The homogenates were further divided into four samples (n = 4), and an acid digestion procedure was performed with a mixture of HNO₃-HClO₄ (4:1) according to [79,80]. After filtration, total Ca, P, K, Na, Fe and Zn contents were measured in triplicate by atomic absorption spectrophotometry, using a model Perkin Elmer AAnalyst 200 (Waltham, MA, USA), and the absorbance in mg/L was determined with coupled AA WinLab software (version 32) program.

Plants 2022, 11, 1725 14 of 18

4.4. Analysis of Ca/Mg by Scanning Electron Microscope Coupled to X-ray Dispersive Energy Spectroscopy

At harvest, the tubers from all treatments, after washing with deionized water, were cut transversely at the equatorial region, and the slices dehydrated and dried in CO_2 , using a Balzers Union CPD 020 system. Samples thereafter were adhered to 13 mm aluminum stubs with conductive carbon adhesive pads and sputter-coated with gold to an approximate thickness of 10--15 nm, using a Polaron equipment coating unit. The Ca/Mg ratio was then determined using a scanning electron microscope (SEM) JEOL JSM-T330A model, coupled to an X-ray dispersive energy spectroscopy (EDS) device (acceleration voltage of 25 kV, beam current of 4–6 mÅ, 200 s pre-set time for spectrum acquisition, 2048 channels, 10 eV/channel, 1

4.5. Analysis of Nutrients in Tissues through Fluorescence Detection

Slices with a width of 4 mm (three replicates from three independent series) from harvested tubers from all treatments were washed with deionized water, cut transversely at the equatorial region, and dried at 60 °C. Quantification of C, H, O, K, P, Fe, Mn, Zn and Cu was further carried out (four measurements per treatment in three regions of the tubers, between the peel and the core) following [81]. A μ -EDXRF system (M4 TornadoTM, Bruker, Germany) was used. The X-ray generator was operated at 50 kV and 100 μ A without the use of filters, to enhance the ionization of low-Z elements. All of the measurements with filters were performed with 600 μ A voltage. Detection of fluorescence radiation was performed by an energy-dispersive silicon drift detector, XFlashTM, with 30 mm² sensitive area and energy resolution of 142 eV for Mn K α . Measurements were carried out under 20 mbar vacuum conditions. These point spectra were acquired during 200 s. The measurements were performed in three replicates of three independent series.

4.6. Height, Diameter, and Colorimetric Parameters

Height and diameter were measured considering 10 randomized tubers per treatment (10 samples from each treatment) and from three independent plant series ($10 \times 10 \times 3$ measurements). The measurement of colorimetric parameters, using fixed wavelength, was carried out according to [82]. Brightness (L) and chromaticity parameters (a* and b* coordinates) were obtained with a Minolta CR 300 colorimeter (Minolta Corp., Ramsey, NJ, USA) coupled to a sample vessel (CR-A504). The system of the Commission Internationale de I'Éclaire (CIE) was applied using the illuminant D65. Parameter L represents the brightness of the sample, indicating the variation in the tonality between dark and light (range between 0—black and 100—white). Parameters a* and b* indicate color variations between red (+60) and green (-60), and between yellow (+60) and blue (-60), respectively. The null value approximation of these coordinates indicates neutral colors such as white, gray, and black. Measurements were carried out at harvest, in triplicates from three independent series.

4.7. Statistical Analysis

Data were statistically analyzed using one-way or two-way ANOVA ($p \le 0.05$) through IBM SPSS software, to assess differences between treatments and experimental periods and, based on the results, a Tukey's test for mean comparison was performed, considering a 95% confidence level.

5. Conclusions

During tuberization, foliar spraying with $CaCl_2$ or $Ca(NO_3)_2$ at maximum concentrations of 6 kg ha^{-1} and 4 kg ha^{-1} , respectively, increased Ca accumulation in tubers

Plants 2022, 11, 1725 15 of 18

(mostly in the parenchyma tissues located in the center of the equatorial region) of Agria and Rossi varieties. The Ca applications promoted minor impacts in the C assimilation pathway until the 3rd application, likely associated with a CO_2 restriction to the carboxylation sites due to a clear g_s decline (in all Ca treatments). In tubers of both varieties, Ca accumulation promoted a similar pattern of accumulation with K, as well as the absence of competitive interactions with P and Fe and a contrasting pattern relative to Na. Moreover, the interaction between Ca and Zn seemed to depend on the potato variety, since through application of both fertilizers, Zn content did not vary significantly in Agria, but a potential contrasting pattern occurred in Rossi. Regarding the tissues of tubers, the accumulation of K, Fe, Mn, and Zn prevailed in the epidermis, displaying a contrasting pattern relative to Ca. Moreover, the interaction between Ca and Cu accumulation was apparently cross-linked with the accumulation kinetics of other nutrients in the different regions of the tubers. Additionally, $CaCl_2$ or $Ca(NO_3)_2$ applications did not alter colorimetric parameters in either variety.

Author Contributions: Conceptualization, A.R.F.C., J.C.R. and F.C.L.; methodology, J.C.R., F.C.L., J.M.N.S., M.S., N.L., C.G., P.L., M.F.P. and F.H.R.; software, A.R.F.C. and M.J.S.; formal analysis, A.R.F.C., M.G., R.G.L., N.L. and C.G.; investigation, A.R.F.C., A.C.M., D.D., C.C.P. and I.C.L.; resources, M.M.S., I.P.P., A.P.R. and P.S.C.; writing—original draft preparation, A.R.F.C. and F.C.L.; writing—review and editing, A.R.F.C. and F.C.L.; supervision, F.C.L.; project administration, F.C.L.; funding acquisition, F.C.L. All authors have read and agreed to the published version of the manuscript.

Funding: This work received funding from PDR2020-101-030719 and Fundação para a Ciência e a Tecnologia, I.P. (FCT), Portugal, through the research units UIDP/04035/2020 (GeoBioTec), UIDB/00239/2020 (CEF) and UID/FIS/04559/2013 (LIBPhys). This work was further supported by the grant of Fundação para a Ciência e Tecnologia (FCT) UI/BD/150806/2020.

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Not applicable.

Acknowledgments: The authors are grateful to Louricoop—Cooperativa de Apoio e Serviços do Concelho da Lourinhã—CRL—Portugal for technical assistance in the production fields.

Conflicts of Interest: The authors declare no conflict of interest.

References

- 1. Wei, S.; Qin, G.; Zhang, H.; Tao, S.; Wu, J.; Wang, S.; Zhang, S. Calcium treatments promote the aroma volatiles emission of pear (*Pyrus ussuriensis* "Nanguoli") fruit during post-harvest ripening process. *Sci. Hortic.* **2017**, *215*, 102–111. [CrossRef]
- 2. Hocking, B.; Tyerman, S.D.; Burton, R.A.; Gilliham, M. Fruit calcium: Transport and physiology. *Front. Plant Sci.* **2016**, *7*, 569. [CrossRef] [PubMed]
- 3. Taiz, L.; Zeiger, E. Plant Physiology, 3rd ed.; Sinauer Associates, Inc.: Sunderland, UK, 2002; p. 665.
- 4. White, P.J. The pathways of calcium movement to the xylem. J. Exp. Bot. 2001, 52, 891–899. [CrossRef]
- 5. Moore, C.A.; Bowen, H.C.; Scrase-Field, S.; Knight, M.R.; White, P.J. The deposition of suberin lamellae determines the magnitude of cytosolic Ca²⁺ elevation in root endodermal cells subjected to cooling. *Plant J.* **2002**, *30*, 457–466. [CrossRef] [PubMed]
- White, P.J.; Broadley, M.R. Calcium in plants. Ann. Bot. 2003, 92, 487–511. [CrossRef] [PubMed]
- 7. Welch, R.M.; Shuman, L. Micronutrient nutrition of plants. CRC Crit. Rev. Plant Sci. 1995, 14, 49–82. [CrossRef]
- 8. Barthakur, N.N.; Donnelly, D.J.; Habib, A. Transfer of strontium-90 and Ca-45 from medium to plant and their translocation in micropropagated potato. In Proceedings of the International Congress on the Radioecology and Ecotoxicology of Continental and Estuarine Environments, Aix en Provence, France, 1 September 2001–31 January 2003; pp. 3–7.
- 9. Dayod, M.; Tyerman, S.D.; Leigh, R.A.; Gilliham, M. Calcium storage in plants and the implications for calcium biofortification. *Protoplasma* **2010**, 247, 215–231. [CrossRef]
- 10. Ziegler, H. Nature of transported substances. In *Transport in Plants I: Phloem Transport. Encyclopedia of Plant Physiology;* Zimmermann, M.H., Milburn, J.A., Eds.; Springer: New York, NY, USA, 1975; Volume 1, pp. 59–100. [CrossRef]
- 11. Welch, R.M. Importance of seed mineral nutrition reserves in crop growth and development. In *Mineral Nutrition of Crops: Fundamental Mechanisms and Implications*; Rengel, Z., Ed.; Food Products Press: New York, NY, USA, 1999; pp. 2005–2226.
- 12. Ho, L.; White, P.J. A cellular hypothesis for the induction of blossom and rot in tomato fruit. *Ann. Bot.* **2005**, *95*, 571–581. [CrossRef]

Plants 2022, 11, 1725 16 of 18

13. Davies, H.V.; Millard, P. Fractionation and distribution of calcium in sprouting and non-sprouting potato tubers. *Ann. Bot.* **1985**, 56, 745–754. [CrossRef]

- 14. Oparka, K.J.; Davies, H.V. Subcellular localization of calcium in potato tubers. Potato Res. 1988, 31, 297–304. [CrossRef]
- 15. Nelson, D.P.; Pan, W.L.; Franceschi, V.R. Xylem and phloem transport of mineral nutrients from *Solanum tuberosum* roots. *J. Exp. Bot.* **1990**, *41*, 1143–1148. [CrossRef]
- 16. Bonomelli, C.; Gil, P.M.; Schaffer, B. Effect of soil type on calcium absorption and partitioning in young avocado (*Persea americana Mill.*) trees. *Agronomy* **2019**, *9*, 837. [CrossRef]
- 17. Coelho, A.R.F.; Lidon, F.C.; Pessoa, C.C.; Marques, A.C.; Luís, I.C.; Caleiro, J.C.; Simões, M.; Kullberg, J.; Legoinha, P.; Brito, G.; et al. Can foliar pulverization with CaCl₂ and Ca(NO₃)₂ trigger Ca enrichment in *Solanum Tuberosum* L. tubers? *Plants* **2021**, *10*, 245. [CrossRef] [PubMed]
- 18. Lundergardh, H. Mineral Nutrition of Plants. Annu. Rev. Biochem. 1934, 3, 485–498. [CrossRef]
- 19. Wall, M.E. The role of potassium in plants: III. Nitrogen and carbohydrate metabolism in potassium-deficient plants supplied with either nitrate or ammonium nitrogen. *Soil Sci.* **1940**, *49*, 393–408. [CrossRef]
- 20. Ishizuka, Y.; Tanaka, A. Studies on the metabolism of nutritional elements in rice plants. J. Sci. Soil Manure 1960, 31, 491–494.
- 21. Soliman, M.F.; Kostandi, S.F.; van Beusichem, M.L. Influence of sulfur and nitrogen fertilizer on the uptake of iron, manganese, and zinc by corn plants grown in calcareous soil. *Commn. Soil Sci. Plant Anal.* 1992, 23, 1289–1300. [CrossRef]
- Kawasaki, T. Metabolism and physiology of calcium and magnesium. Sci. Rice Plant. Tokyo Food Agric. Policy Res. Cent. 1995, 2, 412–419.
- 23. Fageria, N.K. Ionic interactions in rice plants from dilute solutions. *Plant Soil* 1983, 70, 309–316. [CrossRef]
- 24. Fageria, N.K.; Baligar, V.C. Growth and nutrient concentrations of common bean, lowland rice, corn soybean, and wheat at different soil pH on an Inceptisol. *J. Plant Nutr.* **1999**, 22, 1495–1507. [CrossRef]
- 25. Wang, Y.; Zhang, X.; Wang, Y.; Yang, S.; Qu, H. The changes of intracellular calcium concentration and distribution in the hard end pear (*Pyrus pyrifolia* cv. "Whangkeumbae") fruit. *Cell Calcium* **2018**, 71, 15–23. [CrossRef] [PubMed]
- 26. de Valença, A.W.; Bake, A.; Brouwer, I.D.; Giller, K.E. Agronomic biofortification of crops to fight hidden hunger in sub-Saharan Africa. *Glob. Food Sec.* **2017**, *12*, 8–14. [CrossRef]
- 27. Ozgen, S.; Palta, J.P. Supplemental calcium application influences potato tuber number and size. *HortScience* **2004**, *40*, 102–105. [CrossRef]
- 28. PEI-Nutrient Management, Prince Edward Island, Canada. 2014. Available online: www.gov.pe.ca/agriculture/labservices (accessed on 1 June 2021).
- 29. El-Hadidi, E.M.; El-Dissoky, R.A.; Abdelhafez, A.A.H. Foliar calcium and magnesium application effect on potato crop grown in clay loam soils. *JSSAE* **2017**, *8*, 1–8. [CrossRef]
- 30. El-Zohiri, S.S.M.; Asfour, H.E. Effects of foliar sprays of potassium, magnesium and calcium on yield, quality and storageability of potato. In Proceedings of the Fifth International Congress of Suastain Agriculture Development 2009, Fayoum, Egypt, 21–23 December 2009; Faculty of Agriculture, Fayoum University: Faiyum, Egypt, 2009; pp. 57–71.
- 31. Seifu, Y.W.; Deneke, S. Effect of calcium chloride and calcium nitrate on potato (*Solanum tuberosum* L.) growth and yield. *J. Hortic* **2017**, *4*, 207. [CrossRef]
- 32. Sehgal, A.; Sita, K.; Kumar, J.; Kumar, S.; Singh, S.; Siddique, K.H.M.; Nayyar, H. Effects of drought, heat and their interaction on the growth, yield and photosynthetic function of lentil (*Lens culinaris Medikus*) genotypes varying in heat and drought sensitivity. *Front. Plant Sci.* **2017**, *8*, 1776. [CrossRef]
- 33. Urban, O.; Hlaváčová, M.; Klem, K.; Novotná, K.; Rapantová, B.; Smutná, P.; Horáková, V.; Hlavinka, P.; Trnka, M. Combined effects of drought and high temperature on photosynthetic characteristics in four winter wheat genotypes. *Field Crop. Res.* **2018**, 223, 137–149. [CrossRef]
- 34. Dubberstein, D.; Lidon, F.C.; Rodrigues, A.P.; Semedo, J.N.; Marques, I.; Rodrigues, W.P.; Gouveia, D.; Armengaud, J.; Semedo, M.C.; Martins, S.; et al. Resilient and sensitive key points of the photosynthetic machinery of *Coffea* spp. to the single and superimposed exposure to severe drought and heat stresses. *Front. Plant Sci.* **2020**, *11*, 1049. [CrossRef]
- 35. Ramalho, J.C.; Rebelo, M.C.; Santos, M.E.; Antunes, M.L.; Nunes, M.A. Effects of calcium deficiency on *Coffea arabica*. Nutrient changes and correlation of calcium levels with some photosynthetic parameters. *Plant Soil* **1995**, *172*, 87–96. [CrossRef]
- 36. Hochmal, A.K.; Schulze, S.; Trimpelt, K.; Hippler, M. Calcium-dependent regulation of photosynthesis. *Biochim. Biophys. Acta* **2015**, *1847*, 993–1003. [CrossRef]
- 37. Wang, X.; Hao, L.; Zhu, B.; Jiang, Z. Plant Calcium signaling in response to potassium deficiency. *Int. J. Mol. Sci.* **2019**, 19, 3456. [CrossRef] [PubMed]
- 38. Schreiber, U. Pulse-Amplitude-Modulation (PAM) fluorometry and saturation pulse method: An overview. *Chlorophyll Fluoresc.* **2004**, *19*, 279–319. [CrossRef]
- 39. Ramalho, J.C.; Zlatev, Z.S.; Leitão, A.E.; Pais, I.P.; Fortunato, A.; Lidon, F.C. Moderate water stress causes different stomatal and non-stomatal changes in the photosynthetic functioning of *Phaseolus vulgaris* L. genotypes. *Plant Biol.* **2014**, *16*, 133–146. [CrossRef] [PubMed]
- 40. Rodrigues, W.P.; Martins, M.Q.; Fortunato, A.S.; Rodrigues, A.P.; Semedo, J.N.; Simões-Costa, M.C.; Pais, I.P.; Leitão, A.E.; Colwell, F.; Goulao, L.; et al. Long-term elevated air [CO₂] strengthens photosynthetic functioning and mitigates the impact of supra-optimal temperatures in tropical *Coffea arabica* and *C. canephora* species. *Glob. Chang. Biol.* **2016**, 22, 415–431. [CrossRef]

Plants 2022, 11, 1725 17 of 18

41. Coelho, A.R.F.; Pessoa, C.C.; Marques, A.C.; Luís, I.C.; Daccak, D.; Silva, M.M.; Simões, M.; Reboredo, F.H.; Pessoa, M.F.; Legoinha, P.; et al. Natural mineral enrichment in *Solanum tuberosum* L. cv. Agria: Accumulation of Ca and interaction with other nutrients by XRF analysis. *Biol. Life Sci. Forum* **2021**, *4*, 77. [CrossRef]

- 42. Coelho, A.; Marques, A.; Campos Pessoa, C.; Daccak, D.; Carmo Luís, I.; Silva, M.; Simões, M.; Reboredo, F.; Pessoa, M.; Legoinha, P.; et al. Natural enrichment of *Solanum tuberosum* L. with calcium—Monitorization of mineral interactions in Plant Tissues. *Biol. Life Sci. Forum* 2022, 11, 28. [CrossRef]
- 43. Weinl, S.; Held, K.; Schlücking, K.; Steinhorst, L.; Kuhlgert, S.; Hippler, M.; Kudla, J. A plastid protein crucial for Ca²⁺ regulated stomatal responses. *New Phytol.* **2008**, *179*, 675–686. [CrossRef]
- 44. Subramanian, N.K.; White, P.J.; Broadley, M.R.; Ramsay, G. The three-dimensional distribution of minerals in potato tubers. *Ann. Bot.* **2011**, *107*, 681–691. [CrossRef]
- 45. Drazeta, L.; Lang, A.; Hall, A.J.; Volz, R.K.; Jameson, P.E. Causes and effects of changes in xylem functionality in apple fruit. *Ann. Bot.* 2004, 93, 275–282.0. [CrossRef]
- 46. Fageria, N.K. Nutrients interactions in crop plants. J. Plant Nutr. 2001, 24, 1269–1290. [CrossRef]
- 47. Jacobsen, S.T. Interaction between phosphate and calcium in nutrient uptake by plant roots. *Comm. Soil Sci. Plant Anal.* **1979**, 10, 141–152. [CrossRef]
- 48. Robson, A.D.; Pitman, J.B. Interactions between Nutrients in Higher Plants; Springer: Berlin/Heidelberg, Germany, 1983; pp. 147–180.
- 49. Tester, M.; Davenport, R. Na⁺ tolerance and Na⁺ transport in higher plants. Ann. Bot. 2003, 91, 503–527. [CrossRef] [PubMed]
- 50. Cramer, G.R.; Läuchli, A.; Polito, V.S. Displacement of Ca²⁺ by Na⁺ from the plasmalemma of root cells: A primary response to salt stress? *Plant Physiol.* **1985**, *79*, 207–211. [CrossRef] [PubMed]
- 51. Rengel, Z. The role of calcium in salt toxicity. Plant Cell Environ. 1992, 15, 625–632. [CrossRef]
- 52. LaHaye, P.A.; Epstein, E. Salt toleration by plants: Enhancement with calcium. Science 1969, 166, 395–396. [CrossRef]
- 53. Cramer, G. Sodium-calcium interactions under salinity stress. In *Salinity: Environment—Plants—Molecules*; Springer: Dordrecht, The Netherlands, 2002; pp. 205–227. [CrossRef]
- 54. Berg, J.M.; Shi, Y. The galvanization of biology: A growing appreciation for the roles of zinc. *Science* **1996**, *271*, 1081–1085. [CrossRef]
- 55. Coleman, J.E. Zinc enzymes. Curr. Opin. Chem. Biol. 1998, 2, 222–234. [CrossRef]
- 56. Zhao, K.; Wu, Y. Effects of Zn deficiency and bicarbonate on the growth and photosynthetic characteristics of four plant species. *PLoS ONE* **2017**, *12*, e0169812. [CrossRef]
- 57. Madero, P.; Pequerul, A.; Perez, C.; Val, J.; Monge, E. Specificity of iron in some aspects of soybean (*Glicine max* L.). In *Optimization of Plant Nutrition*; Springer: Dordrecht, The Netherlands, 1993; pp. 497–502.
- 58. Lu, A.; Jing, G.; Wu, P.; Ni, J.; Jiang, S.; Zhang, Y. Rice genotype differences in nutrient status under excessive ferric iron conditions. *J. Plant Nutr.* **1997**, *20*, 1361–1373. [CrossRef]
- 59. van de Mortel, J.E.; Almar, V.L.; Schat, H.; Kwekkeboom, J.; Coughlan, S.; Moerland, P.D.; Themaat, E.; Koornneef, M.; Aarts, M. Large expression differences in genes for iron and zinc homeostasis, stress response, and lignin biosynthesis distinguish roots of Arabidopsis thaliana and the related metal hyperaccumulator *Thlaspi caerulescens*. *Plant Physiol.* **2006**, 142, 1127–1147. [CrossRef]
- 60. Misson, J.; Raghothama, K.G.; Jain, A.; Jouhet, J.; Block, M.A.; Bligny, R.; Ortet, P.; Creff, A.; Somerville, S.; Rolland, N.; et al. A genome-wide transcriptional analysis using Arabidopsis thaliana Affymetrix gene chips determined plant responses to phosphate deprivation. *Proc. Natl. Acad. Sci. USA* **2005**, *102*, 11934–11939. [CrossRef] [PubMed]
- 61. Bustos, R.; Castrillo, G.; Linhares, F.; Puga, M.I.; Rubio, V.; Pérez-Pérez, J.; Solano, R.; Leyva, A.; Paz-Ares, J. A central regulatory system largely controls transcriptional activation and repression responses to phosphate starvation in Arabidopsis. *PLoS Genet*. **2010**, *6*, e1001102. [CrossRef] [PubMed]
- 62. Jifon, J.L.; Lester, G.E. Foliar potassium fertilization improves fruit quality of field grown muskmelon on calcareous soils in South Texas. *J. Sci. Food Agric.* **2009**, *89*, 2452–2460. [CrossRef]
- 63. Lester, G.E.; Jifon, J.L.; Makus, D.J. Impact of potassium nutrition on postharvest fruit quality: Melon (*Cucumis melo* L.) case study. *Plant Soil* **2010**, 335, 117–131. [CrossRef]
- 64. Prajapati, J. The essential nutrient element for the crop. *IJARW* **2019**, *1*, 17–22.
- 65. Pendias, A.K.; Pendias, H. *Trace Elements in Soils and Plants*, 3rd ed.; CRC Press LLC: Boca Raton, FL, USA; London, UK; New York, NY, USA; Washington, DC, USA, 2010; ISBN 0-8493-1575-1.
- 66. Klughammer, C.; Schreiber, U. Complementary PS II quantum yields calculated from simple fluorescence parameters measured by PAM fluorometry and the saturation pulse method. *PAM Appl. Notes* **2008**, *1*, 27–35.
- 67. Huang, W.; Zhang, S.; Cao, K. Cyclic electron flow plays an important role in photoprotection of tropical trees illuminated at temporal chilling temperature. *Plant Cell Physiol.* **2011**, 52, 297–305. [CrossRef]
- 68. Lidon, F.C.; Teixeira, M.G. Rice tolerance to excess Mn: Implications in the chloroplast lamellae and synthesis of a novel Mn protein. *PPB* **2000**, *38*, 969–978. [CrossRef]
- 69. Foy, C.D. Plant adaptation to mineral stress problem in soils. ISIR 1983, 57, 339–392.
- 70. Nazrul-Islam, A.K.M. Effects of interaction of calcium and manganese on the growth and nutrition of Epilobium hirsutum. *Soil Sci. Plant Nutr.* **1986**, 32, 161–168. [CrossRef]
- 71. Gupta, N.; Ram, H.; Cakmak, I. Micronutrients: Soil to SeedI. In *Biofortification of Staple Crops*; Kumar, S., Dikshit, H.K., Mishara, G.P., Singh, A., Eds.; Springer: Singapore, 2022; pp. 519–549. [CrossRef]

Plants 2022, 11, 1725 18 of 18

72. Lidon, F.C.; Henriques, F.S. Effects of increasing concentrations of Cu on metal uptake kinetics and biomass yields. *Soil Sci.* **1992**, 154, 44–49. [CrossRef]

- 73. Lidon, F.C.; Henriques, F.S. Changes in the thylakoid membrane polypeptide patterns triggered by excess Cu in rice. *Photosynthetica* **1993**, *28*, 109–117.
- 74. Morsch, L.; Somavilla, L.M.; Trentin, E.; Silva, K.R.; Oliveiraa, J.M.S.; Brunetto, G.; Simão, D.G. Root system structure as a criterion for the selection of grapevine genotypes that are tolerant to excess copper and the ability of phosphorus to mitigate toxicity. *Plant Physiol. Biochem.* **2022**, *171*, 147–156. [CrossRef]
- 75. Lidon, F.C.; Henriques, F.S. Subcellular localisation of copper and partial isolation of copper proteins in roots from rice plants exposed to excess copper. *Funct. Plant Biol.* **1994**, 21, 427–436. [CrossRef]
- 76. Mulder, E.G. Mineral nutrition in relation to the biochemistry and physiology of potatoes: I. Effect of nitrogen, phosphate, potassium, magnesium, and copper nutrition on the tyrosine content and tyrosinase activity with particular reference to blackening of the tubers. *Plant Soil* **1949**, *1*, 59–121. [CrossRef]
- 77. Kramer, D.; Johnson, G.; Kiirats, O.; Edwards, G. New flux parameters for the determination of QA redox state and excitation fluxes. *Photosynth. Res.* **2004**, *79*, 209–218. [CrossRef]
- 78. Krause, G.H.; Jahns, P. Non-photochemical energy dissipation determined by chlorophyll fluorescence quenching: Characterization and function. In *Papageorgiou GC*, *Govindjee*, *Chlorophyll a Fluorescence: A Signature of Photosynthesis*; Springer: Dordrecht, The Netherlands, 2004; pp. 463–495.
- 79. Lidon, F.C. Modulation of macronutrients uptake and translocation in Mn-treated rice in early stages of vegetative growth. *J. Plant Nutr.* **2001**, 24, 61–74. [CrossRef]
- 80. Lidon, F.C. Micronutrient uptake and translocation in Mn-treated rice. J. Plant Nutr. 2002, 25, 757–768. [CrossRef]
- 81. Marques, A.C.; Lidon, F.C.; Coelho, A.R.F.; Pessoa, C.C.; Luís, I.C.; Campos, P.S.; Simões, M.; Almeida, A.S.; Pessoa, M.F.; Galhano, G.; et al. Effect of rice grain (*Oryza sativa* L.) enrichment with selenium on foliar leaf gas exchanges and accumulation of nutrients. *Plants* 2021, 10, 288. [CrossRef]
- 82. Pessoa, C.C.; Lidon, F.C.; Coelho, A.R.F.; Caleiro, J.C.; Marques, A.C.; Luís, I.C.; Kullberg, J.C.; Legoinha, P.; Brito, M.G.; Ramalho, J.C.; et al. Calcium biofortification of Rocha pears, tissues accumulation and physicochemical implications in fresh and heat-treated fruits. *Sci. Hortic.* **2021**, 277, 109834. [CrossRef]