

Pectin-Coated Plasmonic Nanoparticles for Photodynamic Therapy: Inspecting the Role of Serum Proteins

José S. Cisneros, Cecilia Y. Chain,* María B. Rivas Aiello, Julieta Parisi, Daniel C. Castrogiovanni, Gabriela N. Bosio, Daniel O. Mártire, and María E. Vela

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ABSTRACT: Plasmonic metal nanoparticles (NPs) can be used as enhancers of the efficiency of standard photosensitizers (PSs) in photodynamic therapy (PDT). Protein corona, the adsorption layer that forms spontaneously around NPs once in contact with biological fluids, determines to a great extent the efficiency of PDT. In this work, we explore the possibility that pectin-coated Au NPs (Au@Pec NPs) could act as adjuvants in riboflavin (Rf)-based PDT by comparing the photodamage in HeLa cells cultured in the presence and in the absence of the NPs. Moreover, we investigate the impact that the preincubation of Rf and Au@Pec NPs (or Ag@ Pec NPs) at two very different serum concentrations could have on cell's photodamage. Because reactive oxygen species (ROS) precursors are the excited states of the PS, the effect of proteins



on the photophysics of Rf and Rf/plasmonic NPs was studied by transient absorption experiments. The beneficial effect of Au@Pec NPs in Rf-based PDT on HeLa cells cultured under standard serum conditions was demonstrated for the first time. However, the preincubation of Rf and Au@Pec NPs (or Ag@Pec NPs) with serum has undesirable results regarding the enhancement of Rf-based PDT. In this sense, we also verified that more concentrated protein conditions result in lower amounts of the triplet excited state of Rf and thus an expected lower production of ROS, which are the key elements for PDT's efficacy. These findings point out the relevance of serum concentration in the design of *in vitro* cell culture experiments carried out to determine the best way to combine and use potential sensitizers with plasmonic NPs to develop more effective PDTs.

1. INTRODUCTION

Photodynamic therapy (PDT) is based on the activation of a light-absorbing agent called the photosensitizer (PS) with light irradiation at a specific wavelength with the aim to damage the desired target, typically, cancer cells.¹ PDT treatments cause cell death by apoptosis and/or necrosis due to the production of reactive oxygen species (ROS), including free radicals and singlet oxygen. The main factor governing the outcome of PDT is the interaction of the irradiated PS with cells in the target tissue or tumor. ROS have a short lifetime and act close to their site of generation; therefore, the photodamage that occurs in cells loaded with a PS and subjected to irradiation depends on the precise subcellular localization of the PS within the cell.²

Nanoparticles (NPs) represent an emerging technology in the field of PDT acting as carriers of the PS, sensitizers, energy transducers of the PS, or enhancers of ROS generation.³ Plasmonic metal NPs (Me NPs), such as silver and gold, can be used as enhancers of the photodynamic efficiency of the standard PS.^{4,5} Me NPs can strongly interact with neighboring molecules due to their localized surface plasmon resonance.⁶ These interactions can include electron transfer from excited molecules to Me NPs^{7,8} and energy transfer from Me NPs to adjacent molecules.^{9,10} Besides, Me NPs can affect the deactivation processes of excited molecules.¹¹

Human plasma contains a large amount of dissolved proteins, and when NPs are injected into the body, they bind to the surface of the particles to form an adsorption layer, which has been termed "protein corona" (PC). PC alters the size, surface charge, surface composition, and functionality of NPs, giving them a completely new biological identity.^{12,13} Corona composition varies according to the nature of biological fluids in which NPs are dispersed, and it changes with time by slowly replacing the initial and transient kinetically controlled "soft corona" consisting of the most abundant proteins with less abundant but higher affinity proteins to form the "hard corona".^{14–18} These changes in the

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Figure 1. (A–C) UV–vis extinction spectra and (D) ζ potential (ZP) in the presence and the absence of FBS (dashed and full colored columns, respectively) of Ag@Pec NPs (black), Ag@Pec70 NPs (red), and Au@Pec NPs (blue).

PC can alter, among others, the bioavailability of NPs. Although PC has been generally considered an undesirable phenomenon as it reduces the efficiency of PDT by diminishing NPs' cellular uptake,^{16,19} its adsorption features have been recently exploited to load the PS chlorin e6 on the PC of gold nanorods. ROS generation upon photoirradiation of chlorin e6 adsorbed on the nanomaterial was enhanced compared to the free PS.^{20,21}

Riboflavin (Rf), as an endogenous molecule, has the advantage over other PSs in being soluble in the physiological environment and having specific protein-mediated cellular uptake.²² We have previously demonstrated that a 1:1 complex (Rf-Ag@Pec NPs) between Rf and pectin-coated Ag NPs (Ag@Pec NPs) is formed and that the decay of the excited state of the complex Rf-Ag@Pec NPs in aqueous solution feeds the triplet excited state of Rf, increasing the amounts of singlet oxygen and superoxide radical anions.²³ This finding could

lead, in turn, to beneficial effects of Ag@Pec NPs in Rf-based PDT, a hypothesis that was verified using HeLa cells incubated in 10% fetal bovine serum (FBS)-supplemented culture medium. The enhanced photodamage observed in the presence of Ag@Pec NPs seems to indicate that Rf enters into the cells complexed with the NPs.²⁴

Encouraged by our results, we sought to further advance our studies to explore the possibility that pectin-coated Au NPs could act as adjuvants in Rf-based PDT and to investigate the impact that preincubation of Rf and pectin-coated Au NPs (or Ag NPs) with serum could have on the efficacy of the therapy. To this aim, pectin-coated gold and silver NPs were prepared and dispersed in media containing two very different serum concentrations, a high serum (HS) content close to protein concentration in blood (roughly 50 mg/mL) and a five times lower one, in order to form different coronas.¹⁶ Then, the influence of serum content on the efficacy of Rf-based PDT in



Figure 2. TEM images and size distribution of (A) Ag@Pec NPs, (B) Ag@Pec70 NPs, and (C) Au@Pec NPs.

HeLa cells with and without the assistance of pectin-coated plasmonic NPs was investigated. Because ROS precursors are the excited states of the PS, the effect of proteins on the photophysics of Rf and Rf/plasmonic NPs was studied by transient absorption experiments using bovine serum albumin (BSA) as a model protein. Hereby, we were able to highlight the relevance of serum concentration in the outcome of the *in vitro* phototoxicity assays carried out to develop novel and more effective PDTs.

2. RESULTS AND DISCUSSION

2.1. Synthesis and Characterization of Me@Pec NPs. The synthesis of Me@Pec NPs and their use as adjuvants for the enhancement of Rf-photodynamics are illustrated in Scheme 1. Pectin-coated Ag and Au NPs were synthesized by the "green" chemistry technique *via* chemical reduction of Ag(I) or Au(III) using pectin both as reducing and stabilizing agents. The as-prepared NPs showed broad UV–visible spectral bands (Figure 1A–C) centered at 424, 411, and 534

nm for Ag@Pec, Ag@Pec70, and Au@Pec NPs, respectively. No differences in the absorbance or in the position of the spectral bands were observed after the 30 min incubation of Me@Pec NPs with FBS, suggesting that no aggregation of the particles that could lead to precipitation or change in the size of the metallic core of the NPs occurred. Transmission electron microscopy (TEM) micrographs (Figure 2) revealed the presence of spherically shaped NPs in the synthesized Me@Pec NPs,²⁴ with a major fraction of small NPs ranging 1–2 nm and a nonnegligible fraction of particles with a broad distribution of sizes that ranged from 10 to 60 nm.

TEM micrographs of Me@Pec NPs incubated with FBS only revealed the higher sized particles (Figure 3) that verified the colloidal stability that was previously found in other NPs with PC.^{20,21,25} The absence of sub-10 nm NP population in TEM images of the FBS-incubated NPs could be due to free serum proteins that hampered the observation of the smaller NPs.²⁶



Figure 3. TEM images and size distribution of (A) Ag@Pec NPs + FBS, (B) Ag@Pec70 NPs + FBS, and (C) Au@Pec NPs + FBS.

All prepared Me@Pec NPs exhibited negative ZP in deionized water (Figure 1D). Ag@Pec NPs showed a relatively higher zeta potential of -44 ± 3 mV in comparison to Ag@ Pec70 NPs that yielded -12 ± 3 mV under similar conditions. The more negative ZP of Ag@Pec NPs could be attributed to a higher surface adsorption of OH- ions when NPs are synthesized at room temperature.

Incubation of the NPs with FBS during 30 min caused the ZP of Me@Pec NPs to become more neutral ranging from -11 to -2 mV. Moreover, the exposure of Me@Pec NPs to serum leads to reduction in the intensity of the 9 and 50 nm centered FBS's typical peaks (see Figure S1 in Supporting Information). These results could be related to the adsorption of serum proteins forming a biomolecular corona on the silver and gold NPs' surface when the particles come into contact with FBS, finding that is in good agreement with previous reports.^{27,28} In particular, it was demonstrated that precoating pectin-capped copper sulfide NPs (pCuS) with BSA produced

a PC.²⁹ Because Au@Pec NPs and Ag@Pec NPs have the same capping as pCuS and exhibit similar negative ZP, formation of PC is also expected when they are in contact with FBS. The resulting entities could be suitable for *in vivo* biomedical applications because the approximately neutral surface charge is compatible with an adequate permeation of the NPs through cellular membranes without disrupting them.³⁰

2.2. Cytotoxicity Assays. In order to evaluate cytotoxicity, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assays were performed with nonirradiated HeLa cells that had been cultured in low serum (LS)- or HS-supplemented minimum essential media (MEM) either with 1 μ M Me@Pec NPs, 50 μ M Rf or with preincubated Rf/Me@Pec NPs. The obtained cell viability values evidenced that, under our experimental conditions, neither Me@Pec NPs, Rf nor preincubated Rf/Me@Pec NPs had an inherent adverse



Figure 4. Bar graphs showing the results of the MTT assays on irradiated HeLa cells incubated in (A) LS- or (B) HS-supplemented MEM in the presence of Rf or Rf + Me@Pec NPs (Ag@Pec NPs-black-, Ag@Pec70 NPs-red-, or Au@Pec NPs-blue-). All data are presented as mean \pm SE from four to eight independent experiments (*p < 0.05, one-way ANOVA with Tukey's post hoc test.).



Figure 5. Viability of irradiated HeLa cells incubated with Rf + Me@Pec NPs that have been exposed during different incubation times to (A) LSor (B) HS-supplemented MEM (Ag@Pec NPs-black-, Ag@Pec70 NPs-red-, or Au@Pec NPs-blue-). All data are presented as mean \pm SE from four to eight independent experiments.

effect on HeLa cells independently of the serum concentration (Figure S2 in Supporting Information).

2.3. Effect of Me@Pec NPs in Rf-Based PDT. In this work, we performed phototoxicity assays in HeLa cells that have been cultured in two very different serum concentrations: a LS content corresponding to standard cell cultures and a HS content that better resembles protein concentration in blood. In order to evaluate if the basal cellular viability after irradiation in these two conditions is comparable, cell survival was assessed by the MTT assay. The mean values of formazan absorbance of irradiated cells cultured under LS and HS conditions and obtained from the same cellular batch were analyzed by analysis of variance (ANOVA). The ANOVA did not yield any statistically significant difference between HeLa cells' viability in LS- or HS-supplemented media after irradiation. From here, the results of the phototoxicity assays under LS or HS conditions will be referred as the percentage of viability respect to the mean formazan absorbance obtained in LS or HS control experiments (HeLa cells cultured without Rf and/or NPs).

Phototoxicity assays based only on Rf (white bars in Figure 4) caused a decrease in the cell's viability in comparison to the

control experiments, as verified by the statistically significant difference between these measurements. A remarkable difference in PDT's efficacy is observed between the phototoxicity assays performed in LS- and HS-supplemented MEM (cell viabilities of 88 and 95%, respectively), which could be associated with a lower Rf uptake due to a blockage of the specific transporters by serum proteins and/or to a higher photobleaching of Rf by intracellular proteins under HS conditions.

The addition of Me@Pec NPs together with Rf to LSsupplemented MEM cell cultures resulted in an enhancement of the basal effect of Rf-PDT as the cell's viability after irradiation is even more reduced, reaching values of 64 and 68% viabilities for Ag@Pec70 NPs and Au@Pec NPs (red and blue bars in Figure 4a, respectively). Moreover, the enhancement effect in Rf-based PDT of these two NPs is better than that obtained with Ag@Pec NPs²⁴ (77% viability) as verified by the statistically significant difference between the measurements. In all cases, the enhancement effect can be understood in terms of the presence of Rf and Me@Pec NPs in the same intracellular microenvironment, as a result of the cellular internalization of Rf and Me@Pec NPs or the complex Rf-



Figure 6. Transient absorption spectra taken 10 ns after the laser shot for Ar-saturated (A) 50 μ M Rf (grey), 50 μ M Rf + 1 μ M Ag@Pec70 NPs (red), and 50 μ M Rf + 1 μ M Au@Pec NPs (blue) and (B) 50 μ M Rf + 2 μ M BSA (grey), 50 μ M Rf + 1 μ M Ag@Pec70 NPs + 2 μ M BSA (red), and 50 μ M Rf + 1 μ M Au@Pec NPs + 2 μ M BSA (blue). Solid and dashed black lines show the reported spectra for ³Rf* and HRf*, respectively, from the study of Li *et al.*³⁶

Me@Pec NPs, as previously found by our group for Ag@Pec NPs.²⁴ The beneficial effect of Au@Pec NPs on PDT has not been previously reported. However, we have recently demonstrated³¹ that photodynamic inactivation of bacteria mediated by Rf was enhanced in the presence of Au@Pec NPs due to the photoinduced generation of Au³⁺ ions. Because Au(III) species were reported to possess anticancer activity, the enhanced PDT effect observed in our experiments can also be assigned to Au³⁺ ions.³²

Nevertheless, no beneficial effect of Me@Pec NPs on Rfbased PDT is observed in HeLa cells cultured in the HSsupplemented medium, evidencing that the negative impact of the higher amounts of serum proteins on the efficacy of photodynamics prevails over the possibility of the plasmonic NPs to enhance PDT.

2.4. Effect of Me@Pec NPs Preincubated with Serum in Rf-Based PDT. In order to investigate if the preincubation of Rf and Me@Pec NPs with serum affects the efficacy of PDT, NPs and Rf were exposed to LS- and HS-supplemented MEM during different incubation times before phototoxicity assays in HeLa cell cultures.

When Rf and Me@Pec NPs are preincubated under LS conditions (even after short exposure times), the enhancement of Rf-based PDT by the synthesized plasmonic particles disappears, as it can be verified from the phototoxicity assays, where the cell viability (Figure 5A, 30, 60, and 90 min of incubation) returns to the values where no NPs were added (white bar in Figure 4A).

The different impact of NPs in Rf-based PDT when the particles are exposed to FBS before the cell culture (30, 60, and 90 min of preincubation of NPs and FBS) or simultaneously with the cell culture (0 min of incubation time) could be assigned to a different identity of the proteins adsorbed on the NPs. In this regard, a time evolution has been reported for the PC's composition in which early low affinity proteins are slowly replaced with high affinity ones.³³ Thus, if we consider that particle internalization events may occur on a time scale of several minutes, when cells, Rf and NPs, are put in contact simultaneously, the reversibility of the interactions that the NPs establish with low affinity serum proteins could lead to a possible protein desorption prior to the contact of the particles with the cell membranes.³⁴ However, when Me@Pec NPs are previously incubated with serum, proteins are more likely to be strongly bound to the NPs, thus affecting the particles'

internalization. In this line, it was reported a reduction of polymeric NP uptake by HeLa cells' as a result of a PC formation.¹⁹ Moreover, the possible decrease of PDT's efficiency due to the presence of residual adsorbed proteins³⁵ in the internalized Me@Pec NPs could affect the photophysics of the PS, a fact that cannot be discarded. In this line, it was verified that specific proteins present in the original PC are retained on the NPs after cellular uptake exhibiting different intracellular processing compared to what is observed when they are transported freely from the extracellular medium.³⁵

Preincubation of Me@Pec NPs under HS conditions does not improve the efficacy of Rf-based PDT, as it can be verified from the high and constant cell viability after irradiation of HeLa cells (Figure 5B). This finding reinforces the idea that HS conditions block the uptake of NPs or negatively affect the ROS production by Rf.

2.5. Role of Proteins on the Transient Absorption Spectroscopy of Rf. Phototoxicity assays revealed the fundamental role of protein concentration in the efficacy of PDT. Herein, we have performed photochemical experiments by nanosecond laser flash photolysis (LFP) to analyze the effect of BSA on the photophysics of Rf and Rf/Me@Pec NP solutions.

Rf-based PDT efficacy relies on the production of the triplet excited state of Rf (${}^{3}Rf^{*}$) after irradiation as the precursor of the ROS necessary to produce photodamage. However, detection of the absorption of ${}^{3}Rf^{*}$ is not straightforward because its spectrum overlaps with those from the radical cation (Rf^{•+}) and the neutral radical (HRf[•]) of the flavin,³⁶ species that appear from Reactions 1 and 2

 ${}^{3}\mathrm{Rf}^{*} + \mathrm{Rf} \to \mathrm{Rf}^{\bullet +} + \mathrm{Rf}^{\bullet -}$ (1)

$$Rf^{\bullet-} + H^+ \leftrightarrows HRf^{\bullet}$$
(2)

where Rf and Rf⁻represent the basal state and the radical anion of the flavin, respectively.

Figure 6A shows the absorption spectra for Rf and Rf + Me@Pec NPs without BSA taken 10 ns after the laser pulse together with the reported absorption spectra of 3 Rf* and HRI^{•.36} The contribution of 3 Rf* to the experimental data is clear.

When BSA is put together with Rf or Rf + Me@Pec NPs, a smaller amount of 3 Rf* with respect to HRf[•] is observed (Figure 6B). This result is in excellent agreement with the



Figure 7. (A) Transient absorption spectra taken 10 ns after the laser shot for Ar-saturated samples containing 50 μ M Rf and BSA in the range from 0 to 0.6 μ M as indicated. (B) Transient absorption spectra taken 50 μ s after the laser shot for Ar-saturated samples containing 50 μ M Rf in the absence (orange) and in the presence (purple) of 0.6 μ M BSA. Solid and dashed lines show the reported spectra for ³Rf* and HRf*, respectively, from the study of Li *et al.*³⁶

reported quenching of ${}^{3}\text{Rf}^{*}$ by BSA, which takes place by an electron transfer reaction from BSA to the excited state of the flavin, as shown in Reaction 3.³⁷

$${}^{3}\mathrm{Rf}^{*} + \mathrm{BSA} \to \mathrm{BSA}^{\bullet+} + \mathrm{Rf}^{\bullet-}$$
(3)

where BSA^{•+} represents a semioxidized species of the protein. Once Rf^{•-} is formed, it rapidly protonates (Reaction 2), and for that reason, we observe formation of HRf[•] in samples containing BSA. This reaction is expected to take place within a noncovalent and relatively weak ground state complex between Rf and BSA, whose existence was evidenced by UV– visible absorption, fluorescence, and circular dichroism spectroscopies.³⁷

From these results, it can be inferred that the amount ${}^{3}\text{Rf}^{*}$ available as a precursor of ROS involved in PDT is significantly affected by BSA and that when Me@Pec NPs are used as an additive in order to improve the performance of flavin sensitizers, the adsorbed proteins that are retained after the cellular uptake³⁵ may play a negative role^{29,37-40} in the intracellular ROS production affecting the efficacy of PDT. In this line, Subramaniyan showed that the antibacterial activity of pectin-coated CuS NPs upon irradiation decreased when a BSA PC is formed.²⁹ These results in part can be explained by the inhibitory effect of the protein on the production of ROS.^{29,37-40} Additionally, because of the electron transfer process (Reaction 3), both photoreduction of Rf and photo-oxidation of BSA were reported.

In order to further prove the occurrence of Reaction 3, we performed an additional series of experiments with Rf solutions containing lower amounts of BSA (0–0.6 μ M).

Figure 7A shows that the amount of ${}^{3}Rf^{*}$ present 10 ns after the laser shot decreases with the concentration of BSA in the samples, further confirming the reaction between ${}^{3}Rf^{*}$ with BSA. Figure 7B clearly shows that the spectra taken 50 μ s after the laser shot obtained in the absence of BSA (orange) are very similar to that reported for ${}^{3}Rf^{*}$, whereas in the presence of the protein (purple), formation of HRf[•] is observed. This result indicates that at 50 μ s after the laser shot, most of the ${}^{3}Rf^{*}$ radicals were already reduced by BSA to yield Rf^{•-} (Reaction 3), which quickly protonates.

Considering that the ³Rf^{*} quenching by a donor competes with quenching by oxygen and that the ³Rf^{*} yield and decay kinetics depends on the protein/PS concentration,³⁷ the major reason proposed for the sensitizer damage is electron transfer from the amino acids of a protein to ³Rf* in close vicinity, as was demonstrated for the enhanced photobleaching of flavins in the presence of different electron donors.^{41–44}

3. CONCLUSIONS

In this paper, we analyzed the efficacy of Rf-based PDT in two very different concentrations concerning serum conditions: the low amount of serum that is commonly used in standard cell culture medium and a higher serum concentration that better resembles the biological environment that the PS and NPs encounter *in vivo*. Our experiments revealed a marked reduction in Rf-based PDT efficacy (with or without the assistance of NPs) when cells were cultured in more concentrated serum medium compared to the standard conditions, even when the basal viability was independent of the serum content.

The beneficial effect of Ag@Pec70 and Au@Pec NPs in Rfbased PDT on HeLa cells cultured under standard serum conditions was demonstrated for the first time. However, the preincubation of the NPs with serum avoids the possibility of the particles to enhance Rf-based PDT, finding that can be ascribed to the time evolution of the adsorbed proteins onto the NPs or to a diminution in the intracellular ROS production by action of the adsorbed proteins that are retained intracellularly. In regard to the latter point, we demonstrated that the deleterious effect of serum in the efficacy of PDT could be related to lower amounts of the triplet excited state of the PS under more concentrated protein conditions that leads to a lower production of the ROS necessary for the photodamage.

In summary, we verified that protein concentration has a determinant role in the efficacy of photodamage. Our findings point out the relevance of designing *in vitro* cell culture experiments for the development of new PS or PS/NP strategies under more realistic conditions, in terms of serum concentration, that resemble the biological environment where they would exert its therapeutic action in clinical PDTs.

4. EXPERIMENTAL SECTION

4.1. Materials. Rf, pectin from apple, tetrachloroauric acid, MTT, and BSA (MW = 66.5 kDa) were purchased from Sigma-Aldrich (St. Louis, Mo, USA). Silver nitrate was

obtained from Biopack, sodium hydroxide from J.T. Baker, FBS from Internegocios S.A, and MEM and Dulbecco's modified Eagle medium: Nutrient Mixture F-12 (DMEM/ F12) from Gibco. All experiments were performed with Milli-Q water.

Phosphate buffered saline (PBS) solution was prepared from potassium chloride, sodium chloride, sodium dihydrogen phosphate, and disodium hydrogen phosphate obtained from J.T. Baker (Pasadena, Ca, USA).

4.2. Me@Pec NP Synthesis and Incubation with Serum Solutions. Pectin-coated silver NPs (Ag@Pec NPs) were synthesized with a protocol adapted from the literature.⁴⁵ In brief, an aqueous solution containing 10 g/L of pectin was prepared by heating at 70 °C for about 2 h in order to ensure complete solubilization. After cooling it at room temperature, aqueous 0.1 M AgNO₃ and NaOH solutions (1 and 25 mM final concentrations, respectively) were added rapidly to the pectin solution under vigorous stirring. The reaction mixture was gently stirred at room temperature for 24 h. The procedure described before but adding AgNO₃ and NaOH solutions when the solution was still at 70 °C, yielded the NPs called Ag70@Pec NPs. These synthesis conditions maximize the concentration of reducing sugars involved in the redox reaction between silver ions and pectin macromolecules.⁴⁶

The synthesis of pectin-coated gold NPs (Au@Pec NPs) began with the preparation of 5 g/L pectin aqueous solution by heating at 80 °C for about 2 h. Then, 1 mM HAuCl₄ and the pectin aqueous solutions (final concentrations 0.1 mM and 0.5 g/L, respectively) were added rapidly to Milli-Q water under vigorous stirring at 80 °C.⁴⁷ The synthesis was finished when the colourless solution turned to pink.

Rf and Me@Pec NPs were incubated under low- and highserum conditions before their addition to HeLa cells' cultures. Briefly, 50 μ M Rf and Me@Pec (Ag@Pec, Ag@Pec70, or Au@ Pec) NPs containing Au or Ag in the concentration 1 μ M were dispersed in MEM supplemented roughly with 50 mg/mL (HS) or 10 mg/mL (LS) FBS at 37 °C and subsequently incubated during 0, 30, 60, or 90 min. LS- and HS-MEM including Rf and Me@Pec NPs preincubated during different periods of time were used to culture HeLa cells 24 h before the cytotoxicity or phototoxicity assays.

4.3. Dynamic Light Scattering and ZP Measurements. The as-prepared NP suspensions were 1/1000 diluted in deionized water and placed in polystyrene cuvettes or capillary cells with a path length of 10 mm. Dynamic light scattering and ZP measurements were performed in triplicate using a Nano ZS Zetasizer (Malvern Instruments Corp, UK) at 25 °C. The same procedure was followed to measure NP suspensions that had been incubated for 30 min with FBS (1:1).

4.4. Transmission Electron Microscopy. NPs were diluted two times with deionized water or FBS (the serum-containing samples were incubated for 30 min), and a drop of the dispersion was spread onto carbon-coated 300-mesh copper grids. In order to achieve contrast enhancement, one drop of phosphotungstic acid was added to the dispersion. Micrographs were obtained with a Zeiss EM 109T transmission microscope, and images were analyzed with ImageJ software (free downloaded from NIH, USA). Particle diameters were determined, assuming that the particle area obtained from TEM micrographs was the projection of a spherical particle.

4.5. UV-vis NIR Spectroscopy. The as-prepared Me@ Pec NPs were studied by UV-vis NIR spectroscopy by means

of a LAMBDA 35 spectrophotometer (Perkin Elmer). Additional spectra were recorded for Me@Pec NPs that had been exposed to FBS (1:1) for 30 min.

4.6. Cytotoxicity Assay in the Dark. HeLa human cervical cancer cells (1.5×10^4) were plated in 100 μ L of 10% FBS-supplemented MEM and 100 μ g/mL of penicillin and incubated overnight at 37 °C with 5% CO₂ until the desired confluence. The medium was then removed, and the cells were incubated for 24 h in LS- or HS-MEM, where Rf and Me@Pec NPs had been preincubated. Additionally, HeLa cell cultures including 50 μ M Rf or 1 μ M Me@Pec NPs were performed. Cell survival was assessed by the MTT assay as described previously,²⁴ and values of formazan absorbance were normalized against average values obtained from a control culture (cells to which neither Rf nor Me@Pec NPs had been added).

4.7. PDT Phototoxicity Assay. The procedure was the same as in the dark assay, and after the 24 h incubation, LS- or HS-MEM containing the preincubated Rf and Me@Pec NPs was removed and the cells were washed twice with PBS and DMEM/F12 without the addition of phenol red. Cell cultures were then irradiated using two RPR-3500A lamps. The emission of the lamps (Figure S3) is detailed in the Supporting Information. Illumination was conducted in a dark room, and the distance from the light source to the surface was 5 cm. The irradiance measured using potassium ferrioxalate as an actinometer with the same irradiation geometry was 9.6 mW $cm^{-2.24}$ Cells were photoirradiated under these conditions for 2 h in order to obtain a decrease in HeLa cell viability, which could be easily detected by the MTT assay.²⁴ Phototoxicity was evaluated by the MTT assay, and values of formazan absorbance were normalized against average values obtained from a control culture (irradiated cells to which neither Rf nor Me@Pec NPs had been added).

4.8. Transient Absorption Spectroscopy. Time-resolved measurements of photoinduced changes in the absorbance of the samples (ΔA) were made by means of LFP. Nanosecond LFP experiments were performed using the LP980 equipment from Edinburgh instruments. The third harmonic (355 nm) of a Continuum Surelite Nd:YAG laser (7 ns fwhm) was employed as an excitation source (1 Hz, 10 mJ/ pulse).

Argon-saturated aqueous samples including 50 μ M Rf, 1 μ M Me@Pec NPs, and/or BSA. BSA was chosen as a model protein because of its abundance in serum and its ability to interact with NPs,^{29,48} and the concentration (0–0.6 or 2 μ M) was selected to ensure that the excitation light was mainly absorbed by Rf.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acsomega.1c00542.

Size distribution by intensity obtained by DLS for Me@ Pec NPs in the presence and in the absence of FBS, MTT assays on non- irradiated HeLa cells and emission spectrum of the 8 RPR-3500 A lamps (PDF)

AUTHOR INFORMATION

Corresponding Author

Cecilia Y. Chain – Instituto de Investigaciones Fisicoquímicas Teóricas y Aplicadas (Facultad de Ciencias Exactas-UNLP- CONICET), 1900 La Plata, Argentina; orcid.org/0000-0002-8234-0556; Phone: 0054-221-425-7291 ext. 194; Email: yamil@inifta.unlp.edu.ar; Fax: 0054-221-425-4642

Authors

- José S. Cisneros Instituto de Investigaciones Fisicoquímicas Teóricas y Aplicadas (Facultad de Ciencias Exactas-UNLP-CONICET), 1900 La Plata, Argentina
- María B. Rivas Aiello Instituto de Investigaciones Fisicoquímicas Teóricas y Aplicadas (Facultad de Ciencias Exactas-UNLP-CONICET), 1900 La Plata, Argentina
- Julieta Parisi Instituto Multidisciplinario de Biología Celular (CICPBA-CONICET-UNLP), B1906APO La Plata, Argentina
- Daniel C. Castrogiovanni Instituto Multidisciplinario de Biología Celular (CICPBA-CONICET-UNLP), B1906APO La Plata, Argentina
- Gabriela N. Bosio Instituto de Investigaciones Fisicoquímicas Teóricas y Aplicadas (Facultad de Ciencias Exactas-UNLP-CONICET), 1900 La Plata, Argentina
- Daniel O. Mártire Instituto de Investigaciones Fisicoquímicas Teóricas y Aplicadas (Facultad de Ciencias Exactas-UNLP-CONICET), 1900 La Plata, Argentina; orcid.org/0000-0001-9022-1904
- María E. Vela Instituto de Investigaciones Fisicoquímicas Teóricas y Aplicadas (Facultad de Ciencias Exactas-UNLP-CONICET), 1900 La Plata, Argentina

Complete contact information is available at: https://pubs.acs.org/10.1021/acsomega.1c00542

Notes

The authors declare no competing financial interest.

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