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COVID-19 Case Fatality Ratio of Latino America Countries with Temperate Climate Partially Follows European and Oceania Trends According to Seasonal Change

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Abstract: The objective of our study is, therefore, to verify whether the trend of the pandemic regarding the lethality of the virus is similar in Argentina and Chile to that which emerged in the temperate countries of Europe and Oceania. The CFRs were derived from the John Hopkins University database. To check the trend of the Case Fatality Ratio and Argentina, Chile we calculated this index on the same dates in which it was calculated for comparison in European countries and in Australia and New Zealand: i.e., May 6th and from May 6th to the September 21st. We continued comparing the other countries of the southern hemisphere, recalculating the CFR as of 11th November. For comparing a period of year homogeneous, late spring, we calculate the change if CFR from 20th March to 15th April in the North Hemisphere. Our study's results seem to confirm in Latin America a possible influence of the climate and the changing of the seasons in the lethality of the virus. For the same exceptions, it is evident that the study shows that this factor is not the only one nor probably the most important. The obvious exception concerns Argentina, which does not show any summer improvement of the CFR, unfortunately; for this, nation-specific data are not available to verify if the trend is homogeneous in the different climates that the vast territory presents. Other very important factors come into play, among which the diffusivity of the virus also seems to play a role.

Keywords: COVID-19; Latino America; CFR; climate; wheather-linked trends.

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1. Introduction

Previous studies have shown that the lethality of the COVID-19 virus seems to be affected by the climate [1-4]. The COVID-19 shows a worse Case Fatality Ratio (CFR) in European countries with a temperate climate than in countries of the same continent with a colder or warmer Mediterranean climate [5, 6]; the lethality of the virus has improved in Europe; with the arrival of summer (measured after lockdown or even in-country as Sweden not adopting lockdown, thus independently of this factor) while in parallel, but with the arrival of winter, it worsened in Australia and remained unchanged in New Zealand [7]; the hot countries of the equatorial belt had a much lower case fatality ratio on average than other countries in the world, with the exception of Ecuador [8, 9]. However, the strong lethality of the virus shown in Ecuador did not change the equator's generally low average when included in the calculation. The data is, however, suggestive of the fact that other environmental factors, besides the heat, play an important role, as on the other hand can be understood and suggested by many sources of literature as the respect of social distances [10, 11] or exposure to air pollution and specifically nitrogen dioxide (NO₂) [12] or to specific [13]. Of course, in addition to factors inherent to the efficiency of health systems in identifying infected people and treating symptomatic people and in the strategy of organizing care [14, 15]. The exception that occurred in a country of Latin America tends to be interesting to check if trends manifested in Europe and Oceania could be confirmed in countries with a large population in temperate areas in Latino America as Chile and Argentina. Of particular interest is Chile, common with Argentina, it has some climatic areas a variety of different climates that based on different temperatures and rainfall regimes have been classified into four bioclimatic macro-regions: Tropical, Mediterranean, Temperate, and Boreal [16], the last three of which comparable to European macro area climates, and the first three to Australian ones. Argentina, commonly with Chile, has the most densely populated areas with temperate climates [17]. Therefore, our study's objective is to verify whether the trend of the pandemic regarding the lethality of the virus is similar in Argentina and Chile to that which emerged in the temperate countries of Europe and Oceania and to conduct an in-depth analysis in the different areas of Chile.

2. Materials and Methods

The CFRs were derived from the John Hopkins University database [18]. To check the trend of the Case Fatality Ratio and Argentina, Chile we calculated this index on the same dates in which it was calculated for comparison in European countries and Australia and New Zealand [7]: i.e., at May 5th and from May 6th to the September 21st (late summer in Europe, late winter in the southern hemisphere). Therefore, we continued comparing the other countries of the southern hemisphere, recalculating the CFR from September 21st to 11st November 2020 for analyzing the post-winter trend. For comparing a period of year homogeneous, late spring, we calculate the change if CFR from 21st March to 15th April in the North Hemisphere.

3. Results and Discussion

Table 1 shows the trend of the COVID-19 Case Fatality Ratio in countries having most populated areas with a temperate climate in Latin America in comparison with European and Oceania ones (already published data) at 6th May, (pivot date chosen in previous publications because at the end of the lockdown in the main European countries) vs 21st September 2020 (end of summer in the northern hemisphere and winter in the southern hemisphere). Chile

presents a consistent trend with the European nations that in winter had presented a high CRF which decreases in spring and summer (from 6th May to 21st September), and Australia, in the same southern hemisphere, which saw the CRF grow in autumn-winter. The figure is hardly comparable with New Zealand; in this country, the CRF remains stable in the analyzed period because the epidemic had already practically stopped. The trend is not confirmed in Argentina, where on the contrary, the CFR decreases in the winter.

Table 2 shows the trend of COVID-19 Case Fatality Ratio in Australian and Boreal Hemisphere from the end of the winter and late spring (21/9 to 15/11) and a comparable period in the Boreal Hemisphere (from 20/3 to 15/4). Although in two different phases of the pandemic, Chile and Argentina show the same trend as the European nations at the beginning of spring. In New Zealand and Australia, there is an opposite trend. In both countries, the pandemic is almost over or silent. The greatest increase in Europe is seen in Belgium, the UK, and Sweden. When analyzing the trend over the same period in the specific areas of Chile, it is noted that CFR tends to decrease in all five Oceanic and Subpolar areas (OS), while in all other areas (the Mediterranean, Dry and Tropical areas) tends to tend to increase (100% vs. 9.1% of areas with Fisher test p = 0.001 improvements).

Table 1. Trend of the Covid-19 Case Fatality Ratio in Temperate Countries (6th May vs. 21st September 2020 comparison of South America Countries with already published data).

	CFR %	CFR% 6 th May -	Chi	p	OR(CI 95%)
	To 5th May	21st September	square		
Italy	13.8%	6.9	2844.6	< 0.00001	2.1 (2.0-2.2)
France	14.8%	1.6%	35409.2	< 0.00001	10.1(10.4-10.7)
Belgium	16.4%	2.9%	5778.7	< 0.00001	6.6 (6.2-7.0)
Germany	4.3%	1.9%	1154.6	< 0.00001	2.3 (2.2-2.4)
The Netherlands	11.0%	1.9%	21646.3	< 0.00001	40 (37-43)
Spain	11.7%	1.1%	40644.9	< 0.00001	12.1 (11.7-12.5)
UK	14.9%	5.7%	9634.9	< 0.00001	2.9 (2.8-3.0)
Sweden	13.9%	3.7%	3014.0	< 0.00001	4.1 (3.9-4.3)
Australia	1.4%	3.8%	95.4	< 0.00001	0.4 (0.3-0.5)
New Zealand	1.4	1.3	0.05*	0.995	1.2 (3.4-3.5)
Chile	1.2	2.7	210.435	p<0.0001	0.4 (0.4-0.5)
Argentina	5.3%	2.1%	216.8	p<0.0001	2.5 (2.2-2.8)

Table 2. Trend of Covid- 19 Case Fatality Ratio post winter in Australian hemisphere (6/5 to 21/9) against a similar period of a year in Boreal hemisphere (15/3-1/4).

	CFR % 6/5 to 21/9(South) At 21/3 (North)	CFR% 22/9 to 15/11 (South) 22/3 to 15/4 (North)	Chi square	p
Australia	3.8	0.4	166.44	< 0.00001
New Zealand	1.3	0	2.076	0.150
Chile	2.7	3.1	217.6	< 0.00001
Argentina	2.1	3.4	1851.2	< 0.00001
Italy	6.4	16.3	1209.9	< 0.00001
France	2.0	13.4	422.9	< 0.00001
Belgium	0.4	17.0	141.5	< 0.00001
Germany	0.2	3.4	172.3	< 0.00001
TheNetherlands	1.8	12.3	206.3	< 0.00001
Spain	3.7	15.9	867.6	< 0.00001
UK	1.5	17.5	457.4	< 0.00001
Sweden	0.1	16.3	76.4	< 0.00001

3.1. Discussion.

The study shows that the COVID-19 Case Fatality Ratio of Latino American Countries with main areas with a temperate climate (i.e., Chile and Argentina) partially follows European and Oceania weather-linked trends already published [5,7]. In Chile, in CFR it worsens in

winter as in New Zealand and Australia. At the same time, there is no similar comparison with Europe that was hit by the pandemic at the end of last winter. During the present observation, it was at the gates of winter 2020/2021. However, Argentina shows the opposite trend. However, let's consider the first part of spring. A similar trend is shown in Chile and Argentina compared to Europe. The trend is not conformed in Australia and Oceania. However, in these countries, in the period under review, there are practically no new cases, so the comparison is not feasible. On the other hand, if it is true that in New Zealand in the period under consideration, no cases were detected [19], therefore the CRF cannot be considered and compared; in Australia, a prolonged lockdown has led to the emergence of very few cases, and almost none died, but with a CFR very low. On the opposite, it should be noted that the European nations that did not have a lockdown in place at the time, i.e., Belgium (which started it on March 18th) [20], UK [21], and Sweden [22], are those with the strongest increase in the CFR. All these considerations suggest that even the density of the spread of the virus may, in an unknown way, worsen CFR. As far as very high increases are concerned, an effect on the health network's efficiency can be thought of. However, this explanation is not plausible when applied to changes in already low frequencies (i.e., in Australia and New Zealand at the beginning of the observation). The Covid incidence rate was already rallied low. On the other hand, between 15th March and 15th April, the European countries with the greater CFR change were not yet in crisis with their robust health systems as they would be a few weeks later. The study, therefore, suggests that an unknown factor intrinsically linked to the high incidence of infection may be causing an increase in CFR.

On the other hand, although our study results seem to confirm in Latin America a possible influence of the climate and the changing seasons in the lethality of the virus. For the same exceptions, it is evident that the study shows that this factor is not the only one nor probably the most important. The obvious exception concerns Argentina, which does not show any summer improvement of the CFR. Unfortunately, nation-specific data cannot verify if the trend is homogeneous in the different climates that the vast territory presents. Climate change is an important element that must be considered in that indispensable strategy that must be implemented in the organization of resources to counter the pandemic [3,6, 23,24].

4. Conclusions

The study confirms that even in Latin America, the climate can affect the lethality of Covid 19. During the winter, the CFR trend is similar in Chile to Australia (Europe has not yet gone through winter during the pandemic). Both Chile and Argentina show in the first part of spring a worsening trend of the CFR in homogeneity with Europe, albeit in very different phases of the pandemic (in this case, the comparison, not Oceania is not feasible because in the two oceanic countries with feared areas the epidemic is now silent). However, other significant factors come into play. The diffusivity of the virus also seems to play a role.

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Conflicts of Interest

The authors declare no conflict of interest.

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