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1 **Selective reduction of neurotransmitter release by cAMP-dependent pathways**
2 **in mouse detrusor**

3

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11

12 **Running Head:** Selective attenuation of neuronal ATP release from detrusor

13

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14

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16 the work. B.C. acquired the data. B.C. and C.H.F. analysed and interpreted the data
17 and drafted the manuscript. B.C., M.J.D., A.J.K. and C.H.F. critically revised and
18 approved the final manuscript.

19

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24

25 **Supplementary Material**

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29 **Abstract**

30 Parasympathetic nerve-mediated contractions of detrusor smooth muscle are
31 generated by ATP and ACh release from efferent nerve terminals. In humans, ACh is
32 responsible for detrusor contractions in normal human bladders, whereas ATP has
33 an additional role in overactive bladder pathologies. The ATP metabolite, adenosine,
34 relaxes nerve-mediated contractions, with a potential action via presynaptic
35 adenosine A₁ receptor activation and subsequent suppression of neuronal ATP
36 release. We investigated the effect of A₁ receptor activation and downstream cAMP-
37 dependent pathways on nerve-mediated ATP and ACh release, and detrusor
38 contraction in mouse detrusor. Bladders from male C57BL/6 mice (12 weeks) were
39 used for *in vitro* experiments. Upon electrical field stimulation of intact preparations
40 (detrusor and mucosal layers), ATP or ACh release was measured simultaneously
41 with tension recordings. Activation of A₁ receptors by adenosine or exogenous
42 agonists reduced the lower frequency component of nerve-mediated contractions,
43 and neuronal ATP release. The A₁ receptor antagonist abolished these effects. A₁
44 receptor activation inhibits AC activity and cAMP generation. The effect of A₁
45 receptor activation was mimicked by a PKA antagonist, but not by modulators of
46 exchange proteins activated by cAMP, demonstrating that modulation of nerve-
47 mediated ATP release is via PKA. Adenosine had no effect on ACh release or the
48 higher frequency component of nerve-mediated contractions. Differential regulation
49 of neurotransmitter release is possible at the detrusor nerve-muscle junction, as
50 demonstrated by A₁ receptor activation, and downstream inhibition of AC, cAMP
51 generation and PKA. The ability to specifically attenuate ATP release offers a
52 potential to target purinergic motor pathways enhanced in overactive bladder
53 pathologies.

54 **Keywords**

55 Adenosine; Adenosine Triphosphate; Cyclic Adenosine Monophosphate; Detrusor
56 Smooth Muscle; Neurotransmitter Release

57

58 **Abbreviations**

59 cAMPS-Rp, 3',5'-(hydrogenphosphorothioate) triethylammonium; CPA, N⁶-
60 cyclopentyladenosine; DO, detrusor overactivity; DPCPX, 8-Cyclopentyl-1,3-
61 dipropylxanthine; EFS, electrical field stimulation; EPACs, exchange protein
62 activated by cAMP; ESI-09, α -[2-(3-Chlorophenyl)hydrazinylidene]-5-(1,1-
63 dimethylethyl)-b-oxo-3-isoxazolepropanenitrile; OAB, overactive bladder; NDO,
64 neurogenic detrusor overactivity; NECA, 5'-(N-Ethylcarboxamido)adenosine; NIH,
65 National Institutes of Health; 007-AM, 8-(4-Chlorophenylthio)-2'-O-methyladenosine-
66 3',5'-cyclicmonophosphate acetoxymethyl ester; 6-MB-cAMP, N⁶-
67 Monobutryladenosine 3':5'-cycle monophosphate sodium salt; α,β -me-ATP, α,β -
68 methylene ATP.

69 **Introduction**

70 The purinergic system regulates bladder function through the action of ATP and its
71 metabolites. ATP release from bladder efferent nerves plays a role in autonomic
72 neurotransmission (1-3). It has been identified in sympathetic and parasympathetic
73 varicosities, where ATP is co-released with either noradrenaline or ACh (4). The
74 contribution of ATP to parasympathetic nerve-mediated contractions in detrusor
75 smooth muscle has been extensively studied and has a role in most animal bladders.
76 However, in humans, ATP is a functional neurotransmitter only in pathological
77 situations, such as overactive bladder (OAB) syndrome, detrusor overactivity (DO) or
78 bladder outlet obstruction. Detrusor contractions from normal human bladders are
79 solely supported by ACh (5-12). In consequence, the ability to selectively attenuate
80 nerve-mediated ATP release offers itself as an attractive therapeutic target to
81 manage clinical conditions.

82 Extracellular ATP is rapidly metabolized, ultimately to adenosine, by extracellular
83 endonucleotidases (13). Adenosine itself may bind to surface receptors (A_1 , A_{2A} , A_{2B} ,
84 and A_3), but has other fates such as translocation to the cytoplasm, or conversion to
85 inosine by adenosine deaminase, or AMP by adenosine kinase (14-16); all of which
86 have important roles in the urinary tract (17, 18). Actions of adenosine receptor
87 activation are mediated by G-protein coupled intracellular pathways to modulate AC
88 activity and hence cAMP generation; A_1 and A_3 receptors inhibit AC activity, whereas
89 A_{2A} and A_{2B} receptors stimulate AC activity. Downstream cAMP pathways include
90 intermediates, such as PKA and exchange protein activated by cAMP (EPACs) (19).
91 One action of adenosine is to regulate neurotransmission at synapses or
92 neuroeffector junctions where ATP participates as a co-transmitter, in addition to the
93 fact that adenosine may itself be a neuromodulator (20, 21).

94 Overall, adenosine attenuates nerve-mediated contraction of detrusor from mice
95 (20), rats (22, 23), guinea pigs (1, 24), and humans (6, 25). With human detrusor,
96 this action is greater in tissue from patients with neurogenic DO (NDO) compared to
97 normal stable bladders and is mimicked by the selective A₁ receptor agonist N⁶-
98 cyclopentyladenosine (CPA) (6). Moreover, with tissue from NDO bladders, there is
99 a greater reduction of force by A₁ receptor agonists at lower frequencies of
100 stimulation (1-4 Hz), with a greater dependence on ATP release, compared with
101 higher frequency contractions where ACh release is dominant (6). This has been
102 interpreted as A₁ receptor activation having a relatively selective action on nerve-
103 mediated ATP release. However, immunolocalisation confocal microscopy has
104 demonstrated A₁ receptors to be colocalized with vesicular ACh transporter
105 (VACHT)-positive cholinergic nerve terminals and adenosine, or its stable analogues,
106 have been reported to reduce nerve-evoked ACh release (26).

107 An aim of this study was to measure directly in mouse detrusor the effect of A₁
108 receptor agonists on nerve-mediated ATP and ACh release, as well as tension
109 generation, to determine any differential effect on neurotransmitter release. A further
110 aim was to characterize downstream cAMP-dependent pathways involved in any
111 such actions. The motivation of the study was to identify potential drug targets that
112 may selectively attenuate release of transmitters associated with DO in humans.

113 **Materials and Methods**

114 **Tissue samples and ethics approval**

115 All animal care and experimental procedures followed the University of Bristol Ethics
116 Committee guidelines and were in accordance with UK legislation under the Animals
117 (Scientific Procedures) Act 1986 Amendment Regulations (SI 2012/3039) and the
118 principles of the United States National Institutes of Health (NIH). Young (12 weeks)
119 male C57BL/6 mice (Harlan UK Ltd) were used for experiments. The animal model
120 was chosen to conform with previous experiments where transmitter release
121 methods were validated (27, 28) and according to the stipulations of the funding
122 authority (NIH).

123 **Measurement of contractile function *in vitro***

124 Mice were killed by CO₂ asphyxiation and the bladder was removed through a
125 midline laparotomy. The whole bladder was bisected and bladder strips from the
126 bladder dome (detrusor with mucosa intact, 4-5-mm length, 1-2 mm width) were tied
127 in a horizontal trough between a hook and an isometric force transducer.
128 Preparations were superfused with Tyrode' solution at 37°C. Contractions generated
129 by electrical field stimulation (EFS; 0.1 ms pulses, 1-40 Hz, 3-s train every 90 s)
130 were inhibited by tetrodotoxin (TTX, 1 µM). Drugs were added to the superfusate,
131 with appropriate vehicle and time controls, and the effects on nerve-mediated
132 contraction amplitude measured. Tension (mN) was normalized to preparation
133 weight (mN.mg⁻¹) to avoid confounding experimental variability due to preparation
134 dimensions.

135 **Measurement of nerve-mediated neurotransmitter release**

136 Superfusate samples (100 μ l) were taken from a fixed point near the preparation
137 (two-thirds downstream along the tissue length and 1 mm lateral to the horizontally
138 mounted preparation), ensuring minimal mechanical disturbance. Samples were
139 taken before EFS, and 2 s after the initiation of EFS, with nerve-mediated release
140 taken as the difference between these two values. Samples were stored on ice
141 before assay of released ATP or ACh. In separate experiments, EFS-mediated ATP
142 and ACh release was completely inhibited by TTX (1 μ M) or 2% lignocaine ($n=6$
143 each).

144 **Measurement of sampled ATP.** ATP release was measured using a luciferin-
145 luciferase assay where emitted light was a positive function of ATP concentration.
146 The complete Sigma ATP assay mix (FLAAM, Sigma-Aldrich, Dorset, UK) was
147 diluted with an assay buffer supplied, as per the manufacturer's instructions.
148 Luminescence intensity was read using a luminometer (Glomax 20/20, Promega)
149 and calibrated with an ATP standard on the day of each experiment, with
150 luminescence being a linear function of concentration on a log-log plot over the
151 range of 100 fM to 1 μ M. A log-log plot was chosen to linearize the calibration curve
152 over the wide range of calibration solution concentrations. The detection limit of the
153 system was 100 fM ATP. ATP release was measured across the EFS frequency
154 range to elicit contractions.

155 **Measurement of sampled ACh.** ACh release was measured with a choline/ACh
156 quantification assay (MAK056, Sigma-Aldrich, Dorset, UK) using the fluorescence
157 method following the manufacturer's instructions. Reaction mixes were added to
158 collected samples (50 μ l) – one with AChE added to the reaction mix, which
159 hydrolyses ACh to choline and acetate to determine total choline, and the other
160 without AChE to determine free, background choline levels. The difference between

161 the two was equivalent to the quantity of ACh from nerve-mediated stimulation.
 162 Fluorescence intensity ($\lambda_{\text{ex}}=535/\lambda_{\text{em}}=587$ nm) was read using a fluorescence
 163 multiwell plate reader (CLARIOstar Plus, BMG Labtech). The system was calibrated
 164 with a choline standard on the day of each experiment, with fluorescence a linear
 165 function of concentration over the range of 0-250 pM choline.

166 **Data and statistical analyses**

167 The frequency-dependent percentage reduction of tension data, $T(f)$, by
 168 interventions (e.g. Figure 1B) were fitted to equation 1a.

169 Equation 1a:
$$T(f) = T_{Lf} - \left(\left(\frac{(T_{Lf} - T_{Hf}) \cdot f^m}{f^{m+k}} \right) + T_{Hf} \right)$$

170 T_{Lf} and T_{Hf} are the maximum and minimum force reductions respectively at low and
 171 high frequencies, m and k are constants.

172 The frequency-dependence of peak tension or ATP release (e.g. Figures 1C and 1D)
 173 were fitted to a linear two-component function, equation 1b, as this yielded a
 174 significantly better fit than a one-component function (28): $Y(f)$ is equivalent to either
 175 $T(f)$ or $[ATP](f)$.

176 Equation 1b:
$$Y(f) = \frac{Y_{Lf,max} \cdot f^m}{f_{*,Lf}^m + f^m} + \frac{Y_{Hf,max} \cdot f^m}{f_{*,Hf}^m + f^m}$$

177 Y_{max} are the maximum estimated values of low (Lf) or high (Hf) components and f_*
 178 are the frequencies at which the two components each reach $Y_{max/2}$; m is a constant.

179 The T_{max} is the sum of the T_{max} values of Lf and Hf components, and $f_{1/2}$ is the
 180 frequency at half-maximal tension, $T_{max/2}$ – each of which is reported in Tables 2 and

181 3.

182 Frequency-dependent ACh data (e.g. Figure 3B) were fitted to a one-component
183 function, equation 1c; there was no statistical advantage by fitting ACh data to a two-
184 component model (28).

185 Equation 1c: $[ACh](f) = \frac{Y[ACh]_{max} \cdot f^m}{f_{1/2}^m + f^m}$

186 Y_{max} is the maximum estimated value of Y and $f_{1/2}$ is the frequency required to
187 achieve $Y_{max}/2$; m is a constant.

188 Data fits were performed with an iterative, least-squares Levenberg-Marquardt
189 algorithm (KaleidaGraph, v4.5, Synergy software, CA, USA). Data are mean \pm SD
190 and differences between data sets were tested with Student's paired t-tests,
191 repeated measures one-way ANOVA followed by parametric *post hoc* tests, and
192 repeated measures two-way ANOVA followed by parametric *post hoc* tests where
193 appropriate; the null hypothesis was rejected at $p < 0.05$. n values refer to the number
194 of preparations, one each from separate animals.

195 Values of $Y_{Lf,max}$ (Equation 1b) were used to analyze specifically the effect of
196 interventions on purinergic contractions without involvement of nerve-mediated ACh
197 release (e.g. Figure 3A). This component was dominant over the frequency range
198 over 1-2 Hz ($f_{*,Lf} = 0.7 \pm 0.2$ Hz, $n=48$), where ACh release was negligible (e.g. Figure
199 3B). An association between two variables, r , was calculated as a Pearson
200 correlation coefficient. All statistical analyses were undertaken using GraphPad®
201 Prism 7 (GraphPad Software Inc., CA, USA; GraphPad Prism). The number of
202 repeats in each control and intervention set was based on a power calculation to
203 reject the null hypothesis at $p < 0.05$ and a power of 80%, with variance of data based
204 on previous experimental data with these methods. The data and statistical analyses

205 comply with the guidelines for reporting statistics in journals published by the
206 American Physiological Society (29).

207 **Materials**

208 Tyrode's solution was composed of (mM): NaCl, 118; NaHCO₃, 24; KCl, 4.0;
209 NaH₂PO₄, 0.4; MgCl₂, 1.0; CaCl₂, 1.8; glucose, 6.1; Na pyruvate, 5.0; 5% CO₂, 95%
210 O₂, pH 7.4.

211 The concentration of all stock solutions was between 1.0 and 10 mM. Adenosine,
212 atropine, cyclic 3',5'-(hydrogenphosphorothioate) triethylammonium (cAMPS-Rp),
213 N⁶-monobutyryl adenosine 3':5'-cyclic monophosphate sodium salt (6-MB-cAMP), 8-
214 (4-chlorophenylthio)-2'-O-methyladenosine-3',5'-cyclic monophosphate
215 acetoxymethyl ester (007-AM), and α -[2-(3-chlorophenyl)hydrazinylidene]-5-(1,1-
216 dimethylethyl)-b-oxo-3-isoxazolepropanenitrile (ESI-09) were dissolved in distilled
217 water. CPA, 5'-(N-ethylcarboxamido)adenosine (NECA), and 8-cyclopentyl-1,3-
218 dipropylxanthine (DPCPX) were dissolved in DMSO. Forskolin was dissolved in
219 ethanol. Stock solutions were diluted with Tyrode's solution to the final concentration
220 as indicated. Adenosine, atropine, CPA, NECA, DPCPX, forskolin, 6-MB-cAMP and
221 ESI-09, were from Sigma-Aldrich (Dorset, UK), and cAMPS-Rp and 007-AM were
222 from Tocris (Abingdon, UK). The mechanism of action of drugs and the
223 concentrations used in this study are listed in Table 1.

224 **Results**

225 **Adenosine on nerve-mediated contractions and neurotransmitter release**

226 Adenosine (1 mM) reduced nerve-mediated contractions, but the effect was
227 frequency-dependent, with a reduction by about 30% at 1 Hz, but absent at 20 Hz
228 (Figure 1A-B). The frequency-dependent effect was quantified in two ways. Firstly,
229 by plotting the percentage reduction of force as a function of frequency (Figure 1B)
230 and fitting the data with Equation (1a), Materials and Methods, to show a maximal
231 reduction of $31.8 \pm 7.2\%$ at low frequencies and a half-maximal reduction at 6.7 ± 2.6
232 Hz. The second approach was to generate separate force-frequency relations using
233 Equation (1b) (Figure 1C) to obtain parameters that are shown in Table 2: the
234 estimated T_{max} at high frequencies; and the frequency to achieve $T_{max}/2$, $f_{1/2}$.
235 Adenosine had no effect on T_{max} , but increased $f_{1/2}$; consistent with a preferential
236 reduction of force at low frequencies. The first approach is illustrated in subsequent
237 figures, where relevant. However, because quantitative data were not possible when
238 there was no effect of the intervention; the second approach provided parameterized
239 data to demonstrate an effect, or otherwise, of an intervention (Table 2).

240 Neurotransmitter release was measured directly by measuring [ATP] or [ACh] near
241 the preparation, at the same time as contractions were recorded. Control
242 experiments showed that ATP and ACh release, as well as tension, were completely
243 abolished by 1 μ M tetrodotoxin at all frequencies used ($n=6$) and were therefore
244 designated nerve-mediated phenomena. ATP release occurred over the entire
245 frequency range (1-40 Hz) and adenosine reduced ATP release at all frequencies –
246 e.g. at 8 Hz from 73.6 ± 16.3 to 44.2 ± 9.3 $\text{fmol} \cdot \mu\text{l}^{-1} \cdot \text{mg}^{-1}$; a $35.2 \pm 6.5\%$ reduction ($n=12$;
247 Figure 1D). The proportional reduction was similar at all stimulation frequencies
248 (Figure 1E).

249 ACh release occurred over a different frequency range (>4 Hz to a maximum at 20-
250 40 Hz; Figure 3B). Adenosine had no effect on ACh release; release values at 20 Hz
251 stimulation were $143 \pm 65 \text{ fmol} \cdot \mu\text{l}^{-1} \cdot \text{mg}^{-1}$ in comparison to $140 \pm 62 \text{ fmol} \cdot \mu\text{l}^{-1} \cdot \text{mg}^{-1}$ at
252 control; $n=6$, $p=0.696$ (Figure 1F). Thus, ATP and ACh release occur over different
253 frequency domains; at low frequencies (<4 Hz) ATP release is dominant, with
254 increasing ACh release at higher frequencies. Because adenosine predominantly
255 reduced nerve-mediated tension at lower frequencies, it may be hypothesized that
256 this results from a differential effect on nerve-mediated ATP over ACh release.
257 Henceforth, with adenosine and subsequent interventions, changes to nerve-
258 mediated tension and ATP release will use averaged data at 1 and 2 Hz stimulation
259 (Figure 3A), and data for any actions on ACh release will be reported at 20 Hz. Thus,
260 adenosine reduced tension by $29.8 \pm 6.6\%$ and ATP release by $34.1 \pm 6.8\%$, with no
261 significant effect on ACh release (Table 3).

262 **A₁ receptor modulation; nerve-mediated contractions and ATP/ACh release**

263 The selective A₁ receptor antagonist, DPCPX (1 μM), alone had no effect on tension
264 or on ATP release at any frequency (Tables 2 and 3). Furthermore, in the presence
265 of DPCPX, there was no effect of adenosine on nerve-mediated contractions and
266 ATP release (Tables 2 and 3). This is consistent with involvement of the A₁ receptor
267 whereby adenosine suppresses nerve-mediated tension and ATP release.

268 The selective A₁ receptor agonist, CPA (10 μM), and the less-selective A₁/A₂
269 receptor agonist, NECA (10 μM) also reduced nerve-mediated contractions –
270 predominantly at low frequencies, with a maximal reduction of $54.3 \pm 6.13\%$ and
271 $73.8 \pm 10.5\%$, respectively (Figure 2A-C). The half-maximal reduction was at $10.0 \pm$
272 3.5 Hz for CPA, and $10.4 \pm 3.6 \text{ Hz}$ for NECA (Figure 2A). With both receptor

273 agonists there was no effect on the T_{max} , and an increase of the $f_{1/2}$ values (Table 2),
274 as well as reduction of low-frequency nerve-mediated contractions and ATP release,
275 but no effects on ACh release (Table 3).

276 **Downregulation of cAMP-dependent signaling pathways; nerve-mediated**
277 **contractions and ATP/ACh release**

278 Activation of adenosine A_1 receptors reduces AC activity to reduce intracellular
279 cAMP levels, and it was further hypothesized that this mediates the above A_1 -
280 receptor actions on nerve-mediated tension and ATP/ACh release. PKA and EPAC
281 are targets for cAMP and the roles of each were investigated with selective
282 modulators. The PKA antagonist, cAMPS-Rp (10 μ M), had overall effects similar to
283 adenosine or CPA. There was a selective reduction of low frequency contractions
284 (Figure 2D), as well as an increase of $f_{1/2}$ (Table 2), and in this case, a small but
285 significant increase of T_{max} . In addition, low-frequency contractions and nerve-
286 mediated ATP release was attenuated with no effect on ACh release (Table 3).

287 A role for EPAC was explored using the inhibitor, ESI-09 (20 μ M). There was no
288 effect on magnitude or frequency-dependent of nerve-mediated contractions, nor on
289 corresponding ATP or ACh release (Tables 2 and 3). Thus, the principal target for
290 altered intracellular cAMP levels to regulate tension or transmitter release is on this
291 evidence via PKA.

292 Figure 3A summarizes the above experiments with adenosine, CPA, NECA and
293 cAMPS-Rp to demonstrate a significant ($r=0.97$, $p=0.001$) relationship between
294 reduction of both tension and ATP release at low stimulation frequencies (Table 3).
295 Included, also are data from the EPAC activator, 007-AM (see below) that exerted no
296 effect on either variable. There was also a significant order of potency for the A_1 -

297 receptor agonists, with NECA>CPA>adenosine. These data are consistent with an
298 adenosine A₁ receptor mediated-pathway via PKA to suppress selectively both
299 nerve-mediated ATP release and low-frequency contractions.

300 The selective adenosine A₁ receptor agonist, CPA, reduced atropine (1 μM)-
301 resistant, purinergic contractions by 26-44% across the frequency range (1-40 Hz,
302 *n*=6). Similarly, CPA resulted in a 30-45% reduction of ATP release across the same
303 frequencies (*n*=6). It is worth noting that this proportional reduction of atropine-
304 resistant contractions and nerve-mediated ATP release was consistent at all
305 frequencies – i.e., they were not frequency-dependent, similar to the inhibitory effect
306 of adenosine on nerve-mediated ATP release (Figure 1E).

307 **Upregulation of cAMP-dependent signaling pathways; nerve-mediated**
308 **contractions and ATP/ACh release**

309 By contrast, interventions designed to up-regulate cAMP signaling has no significant
310 effect on nerve-mediated tension or ATP/ACh release. The cAMP analogue, 6-MB-
311 cAMP (100 μM), a PKA activator, had no effects on nerve-mediated contractions or
312 on nerve-mediated ATP release (Tables 2 and 3). In addition, the EPAC activator,
313 007-AM (10 μM), also had no effects on contraction magnitude or ATP/ACh release
314 at any frequency (Tables 2 and 3). However, in both cases, subsequent addition of
315 adenosine in the continuous presence of 6-MB-cAMP or 007-AM, produced
316 comparable reductions of contraction magnitude and ATP release as generated by
317 adenosine alone (Tables 2 and 3).

318 The AC activator, forskolin (1 μM), reduced nerve-mediated contractions, with a
319 maximal reduction of $61.6 \pm 12.4\%$ at low frequencies and a half maximal reduction
320 at 13.2 ± 4.6 Hz (Figure 4A). However, it had no effect on nerve-mediated ATP or

321 ACh release (Figure S6, Supplemental Material available at URL:
322 <https://figshare.com/s/42c3169843f6cdfd3e68>, DOI:
323 <https://doi.org/10.6084/m9.figshare.21253557>). Adenosine in the presence of
324 forskolin produced an additional effect, further reducing low-frequency contractions
325 (Figure 4A) and nerve-mediated ATP release (Table 3). Forskolin was the only
326 intervention that also reduced the resting baseline tension, by $25.5 \pm 17.4\%$
327 (Student's paired t-test). This effect was significant in comparison to other
328 interventions, for example, adenosine, had no effect on resting baseline tension (8.9
329 $\pm 14.4\%$, two-way ANOVA, Figure S6). Finally, forskolin directly reduced purinergic
330 contractions (Figure 4B). Atropine ($1 \mu\text{M}$) reduced nerve-mediated contractions, with
331 a reduction of T_{max} and $f_{1/2}$ values, and these atropine-resistant contractions were
332 further reduced by forskolin (Table 2).

333 **Discussion**

334 **Adenosine receptor pathways in nerve-mediated tension and neurotransmitter**
335 **release**

336 Adenosine reduces nerve-mediated contractions in the detrusor of many species
337 including those from mice (20) and humans (6). In humans, adenosine had a greater
338 reduction on detrusor nerve-mediated contractions from patients with DO in
339 comparison to those from normal bladders. In addition, there was a greater effect at
340 lower stimulation frequencies in these pathological bladders (6). Nerve-mediated
341 contractions are generated by ATP and ACh release from efferent nerves; with
342 dominant roles for the purinergic component of release at lower frequencies of
343 stimulation and the cholinergic component at higher frequencies (27, 30). The
344 selective A₁ receptor agonist, CPA, had a similar effect to that of adenosine, and it
345 has been inferred that adenosine acting at adenosine A₁ receptors suppresses ATP
346 release (21), an action directly confirmed here for the first time. These effects of
347 adenosine were inhibited by the A₁ receptor antagonist, DPCPX. Adenosine and
348 CPA also reduce the amplitude of excitatory junction potentials (EJPs) in mouse
349 detrusor bladder preparations, mediated by A₁ receptors and suggest a presynaptic
350 inhibitory effect of A₁ receptor activation on evoked ATP release (31).

351 The A₁/A₂ receptor agonist, NECA, had a similar effect to CPA, with no suppression
352 of contractions by high-frequency stimulation, a uniform proportional suppression of
353 nerve-mediated ATP release over the range of stimulation frequencies and no effect
354 on ACh release. There is a differential distribution of A₁ and A₂ receptors in detrusor,
355 with A₂ receptors more abundant on detrusor muscle (20, 32, 33). The similarity of
356 actions with CPA and NECA, are consistent with their major actions being on pre-

357 junctional A₁ receptors, and consistent, under the conditions of these experiments,
358 with only minor direct actions of adenosine on detrusor via A_{2A} and A₃ receptors (6).

359 However, a more complex role for adenosine and A₁ receptors has been suggested
360 in addition to reduction of nerve-mediated ATP release, namely to regulate nerve-
361 mediated ACh release as judged from colocalisation of A₁ receptors with vesicular
362 ACh transporters on cholinergic nerve terminals (26). In detailed studies, it was
363 proposed that β₃-adrenoceptor agonists indirectly mediate adenosine release from
364 detrusor smooth muscle, via the equilibrative nucleoside transporter 1, to activate A₁
365 receptors on cholinergic nerves and reduce neuronal ACh release (34, 35). These
366 varying effects of adenosine on nerve-mediated ACh release may be due to the
367 difference in the concentration of adenosine and the different conditions from the
368 experiments reported here. The above observation is important as a potential
369 additional route whereby β₃-adrenoceptor agonists may relax detrusor smooth
370 muscle.

371 Adenosine may also exert actions at other sites in the urinary bladder and contribute
372 to its overall effects. Spontaneous contractions in isolated detrusor smooth muscle
373 are accompanied by similar ATP release transients from motor nerves (36) and may
374 represent leakage from the two vesicular pools measured in this study. However, A₁
375 receptor involvement was not supported by the fact that neither adenosine nor CPA
376 altered spontaneous contractions or accompanying EJPs (31). In addition, the
377 mucosa is another source of ATP, evoked by mechanical or chemical stimuli (37,
378 38), in turn increased in tissue from patients with OAB (39). The neurotoxin, TTX,
379 completely abolished EFS-induced ATP release at all frequencies in these
380 experiments. With rat mucosal strips, EFS-induced ATP release was unaffected by

381 TTX, except small effects at 20 and 40 Hz and suggests a minor role for mucosal
382 ATP release in these experiments (38).

383 All adenosine receptors are expressed in the urothelium; however, an adenosine A₁
384 receptor agonist is the most potent stimulator of umbrella cell exocytosis, whilst the
385 A₁ receptor antagonist, DPCPX, was most effective at inhibiting adenosine-induced
386 changes in capacitance. This suggests that the A₁ receptor is the predominant
387 adenosine receptor regulating transmitter exocytosis at the mucosal surface (40).
388 However, adenosine reduces distension-induced ATP release, and A₁ receptor
389 antagonism enhanced urothelial ATP release (41). In cystometry studies, the
390 adenosine A₁ receptor agonist reduced threshold pressure, and intercontraction
391 intervals, which is reversed by DPCPX (42). Intravesical administration of adenosine
392 A₁ receptor agonist also has an inhibitory effect on micturition reflex but
393 administration of adenosine A₂ receptor agonists had no effect (43), suggesting a
394 potential role for adenosine A₁ receptors in stretch-activated urothelial ATP release
395 and targeting pathological purinergic sensory pathways.

396 **Cellular pathways mediating A₁ receptor activation**

397 Adenosine A₁ receptors use the prototypical transduction pathway for the G_i/G_o
398 protein family, inhibiting AC activity and decreasing cAMP levels (19), to reduce the
399 purinergic component of nerve-mediated contractions and neuronal ATP release
400 (Figure 5). Downstream intracellular pathways involving cAMP signaling include
401 intermediates like PKA and EPACs (19). In this study, the cAMP analogue/PKA
402 activator, 6-MB-cAMP, had no effect on neuronal ATP release, and on any
403 parameters of nerve-mediated contractions. The actions of adenosine on nerve-
404 mediated contractions and neuronal ATP release were also mimicked by the PKA

405 inhibitor, cAMPs-Rp. The addition of the EPAC activator, 007-AM, or EPAC inhibitor,
406 ESI-09, had no effect on neuronal ATP release or nerve-mediated contractions.
407 Although inhibiting EPACs reduces the inhibitory effect of forskolin on ACh release
408 (35), inhibiting PKA or EPACs had no direct effect on neuronal ACh release
409 measured in this study. Modulators of cAMP effectors PKA and EPACs have been
410 shown to regulate P₂X receptors and consequently atropine-resistant, purinergic
411 mediated contractions of detrusor (44, 45). This study suggests a role for
412 downstream PKA signaling, and not signaling via EPACs, in the regulation of
413 neuronal ATP release, with subsequent effects on detrusor (Figure 5). The presence
414 of activators of PKA or EPAC signaling did not have an impact on the ability of
415 adenosine to reduce ATP release from efferent nerve terminals and the low-
416 frequency, purinergic component of nerve-mediated contractions of detrusor smooth
417 muscle in the mouse bladder.

418 The pathways whereby A₁ receptor activation reduces neuronal ATP exocytosis, but
419 not ACh, is yet to be determined. Nerve-ending varicosities contain many vesicles
420 enclosing transmitters, that are released via Ca²⁺-dependent exocytosis and Ca²⁺
421 influx may be mediated by several channel types Ca²⁺ including N-type and P/Q-type
422 channels. With detrusor muscle it has been proposed that Ca²⁺ entry through N-type
423 channels is associated with ACh release, whilst P/Q-type channels regulate ATP
424 release (46-49). It is unclear if differential neurotransmitter release is from different
425 populations of nerves, or from different vesicles in the same varicosities. This study
426 suggests that ATP and ACh can be separately released from motor efferent nerves
427 that innervate bladder detrusor smooth muscle, and this is consistent with their
428 different frequency dependencies (28) and the ability to manipulate differential
429 release by modulation of cyclic nucleotides by PDE₅ inhibitors like sildenafil (27, 28),

430 or adenosine A₁ receptor activation. It has been demonstrated in several studies that
431 adenosine A₁ receptor activation can modulate neurotransmitter release (50),
432 suggesting a potential role for modulation of cyclic nucleotides and downstream
433 effects on protein kinases in the selective inhibition of purinergic neurotransmissions.
434 However, further studies are required to clarify the particular pathways that regulate
435 differential neurotransmitter release from efferent nerves.

436 Direct application of the AC activator, forskolin, had no effect on the amount of
437 neuronal ATP, nor ACh release, and is consistent with the lack of actions of the
438 cAMP analogue, 6-MB-cAMP on ATP release. However, forskolin inhibits the
439 atropine-resistant, purinergic component of nerve-mediated contractions in mouse
440 detrusor strips (44), also confirmed by this study. Forskolin also reduced resting
441 baseline tension, suggesting a direct effect on detrusor smooth muscle and
442 intracellular pathways involved in regulating tension. Detrusor contractions in the
443 mouse bladder induced by the P₂X receptor agonist, α,β -methylene ATP (α,β -me-
444 ATP), were inhibited by forskolin (44), suggesting a role for AC activation
445 downstream of ATP acting at P₂X receptors in detrusor smooth muscle. This was
446 further supported by the lack of effect on atropine-resistant nerve-mediated
447 contractions, and α,β -me-ATP-evoked contractions in the mouse detrusor by an AC
448 inhibitor, SQ22536 (44). Downstream intracellular pathways involving cAMP
449 signaling regulate activity of P₂X receptors (45). AC is also the target for
450 nonselective activators of G-protein coupled stimulatory pathways, via action on the
451 α subunit. For example, β_3 -adrenoceptor agonists utilize the prototypical pathway for
452 the G_s protein family, modulating AC activity and increasing the level of cAMP (19),
453 and several studies have shown an effect of β_3 -adrenoceptor activation on inhibiting
454 both purinergic and cholinergic contractions of the detrusor (44, 51). In this study,

455 activating AC with forskolin did not hinder the ability of adenosine to reduce neuronal
456 ATP release from efferent nerve terminals and further reduce the lower frequency,
457 purinergic component of nerve-mediated contractions of detrusor smooth muscle.

458 In conclusion, adenosine A₁ receptor agonism generated a frequency-dependent
459 attenuation of nerve-mediated contractions, with a greater effect at lower stimulation
460 frequencies where ATP release is more predominant, compared to ACh. This was
461 corroborated by direct measurement of reduced nerve-mediated ATP release. By
462 contrast, adenosine had no effect on ACh release or contractions at higher
463 stimulation frequencies. A selective adenosine A₁ receptor antagonist, DPCPX,
464 abolished the effects of adenosine, consistent with the hypothesis that adenosine
465 acts via A₁ receptor activation to regulate ATP release from efferent nerve terminals.
466 The main target for cAMP in mediating nerve-mediated ATP release is via PKA and
467 not by an EPAC route. Increasing cAMP levels had no effect, which implies normal
468 levels of intracellular cAMP are sufficient to maintain nerve-mediated ATP release.
469 This study demonstrates that differential regulation of transmitter release is possible
470 at the detrusor nerve-muscle junction. The ability to specifically attenuate ATP
471 release offers a novel therapeutic target, as ATP is associated with pathological
472 contractile function in the human bladder, whilst leaving physiological contractile
473 function unaffected. Adenosine selectively reduces ATP release from motor nerves
474 supplying detrusor smooth muscle, and the pathway of this action has been
475 characterized: initially by activation of an adenosine A₁ receptor, with downstream
476 inhibition of AC, cAMP generation, and PKA. Modulation of cyclic nucleotide levels,
477 such as cAMP, provides a novel target of pathological purinergic motor pathways
478 implicated in conditions like OAB.

479 **Perspectives and Significance**

480 The current first-line of treatment for OAB – antimuscarinics – have recognised
481 limitations, including uncertain efficacy as normal physiological pathways involved in
482 healthy bladder function are suppressed, and adverse side effects. Our study
483 demonstrated a novel finding in the bladder, where adenosine acting via adenosine
484 A₁ receptor activation, and downstream signaling of cAMP and PKA, selectively
485 inhibits ATP release from motor efferent nerves to detrusor smooth muscle, whilst
486 leaving ACh release intact. This is of clinical interest as pathological bladders in
487 humans are associated with these pathways – enhanced purinergic motor pathways.
488 Our findings offer the ability to differentially regulate neuronal transmitter release at
489 the neuromuscular junction, with the possibility to suppress pathological pathways,
490 rather than suppressing normal physiological pathways associated with ACh release,
491 as occurs at present with current therapeutic interventions.

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669

670 **Figure legends**

671 **Figure 1. (A)** Representative traces of nerve-mediated contractions under control
672 conditions and with adenosine (1 mM, n=12) at 1, 4 and 20 Hz stimulation. At 1Hz
673 stimulation, the response is measured from the final transient of the individual stimuli
674 (dotted line). **(B)** Percentage reduction of nerve-mediated contractions by adenosine.
675 Fits are from Equation (1a), Materials and Methods. **(C)** Force-frequency relationship
676 curves for nerve-mediated contractions in control and in the presence of adenosine.
677 Fits are from Equation (1b). Parameters measured include T_{max} (mN.mg⁻¹) and $f_{1/2}$
678 (Hz) and are included in Table 2. **(D)** ATP release-frequency relationship curves for
679 nerve-mediated transmitter release in control and in the presence of adenosine. Fits
680 are from Equation (1b). **(E)** Percentage reduction of nerve-mediated ATP release by
681 adenosine. Fits are from Equation (1a). **(F)** Adenosine had no effect on nerve-
682 mediated ACh release (fmol.μl⁻¹.mg⁻¹) at 20 Hz stimulation (n=6, *Student's paired t-*
683 *test*). Individual data points for data sets are illustrated in Figure S1.

684 **Figure 2. (A)** Percentage reduction of nerve-mediated contractions by CPA (10 μM,
685 n=6) and NECA (10 μM, n=6). Fits are from Equation (1a). Representative traces of
686 nerve-mediated contractions under control conditions and with **(B)** CPA and **(C)**
687 NECA, at 1, 2 and 20 Hz stimulation. **(C)** Percentage reduction of nerve-mediated
688 contractions by cAMPS-Rp (10 μM, n=6). Fits are from Equation (1a).

689 **Figure 3. (A)** Relationship between tension and ATP release at low stimulation
690 frequencies. Values of $Y_{Lf,max}$ from Equation (1b) were used to analyze the effect of
691 interventions on purinergic contractions without the involvement of nerve-mediated
692 ACh release, specifically at 1 and 2 Hz. There is a significant ($r=0.97$, $p=0.001$)
693 relationship between reduction of both tension and ATP release at low stimulation
694 frequencies. **(B)** At low frequencies, no nerve-mediated ACh release was recorded.

695 In this example, CPA (10 μ M, n=6) had no effect on nerve-mediated ACh release
696 across the frequency range. Fits are from Equation (1c).

697 **Figure 4. (A)** Percentage reduction of nerve-mediated contractions by forskolin (1
698 μ M) and adenosine (1 mM) in the presence of forskolin (n=6). **(B)** Percentage
699 reduction of nerve-mediated contractions by atropine (1 μ M) and forskolin (1 μ M) in
700 the presence of atropine (n=6). Fits are from Equation (1b).

701 **Figure 5.** Schematic diagram displaying the prototypical transduction pathway upon
702 the activation of adenosine A₁ receptors by adenosine. Activation of this receptor
703 inhibits AC activity and decreases cAMP levels. Downstream signaling pathways
704 involving cAMP signaling include PKA, which plays a role in reducing neuronal ATP
705 release (red) from efferent nerve terminals and the purinergic component of nerve-
706 mediated contractions. Activation of adenosine A₁ receptors had no effect on
707 neuronal ACh release (green) and the cholinergic component of nerve-mediated
708 contractions in the mouse detrusor.

709

710 **Table 1.** Mechanism of action of drugs used in this study.

Drug	Mechanism of action	Concentration used
Adenosine	Endogenous adenosine receptor agonist	1 mM
CPA	Selective adenosine A ₁ receptor agonist	10 μM
NECA	Adenosine A ₁ /A ₂ receptor agonist	10 μM
DPCPX	Selective adenosine A ₁ receptor antagonist	1 μM
Forskolin	AC activator	1 μM
Atropine	Non-selective muscarinic receptor antagonist	1 μM
cAMPS-Rp	Selective PKA inhibitor (cell permeable)	10 μM
6-MB-cAMP	PKA activator	100 μM
007-AM	EPAC activator	10 μM
ESI-09	EPAC inhibitor	20 μM

711

712 **Table 2.** Force-frequency curve parameters, T_{max} and $f_{1/2}$, with modulation of cAMP-
713 dependent signaling pathways. Mean data \pm SD. * p <0.05; ** p <0.01; *** p <0.001 with
714 respect to control or immediately preceding intervention, exact p values are also
715 shown (repeated measures ANOVA followed by parametric *post hoc* test, see
716 Materials and Methods).

Intervention	T_{max} (mN.mg⁻¹)	p	$f_{1/2}$ (Hz)	p
Control (n=12)	2.18 \pm 0.66		5.1 \pm 1.3	
+ adenosine	2.19 \pm 0.61	0.893	7.5 \pm 2.0 **	0.002
Control (n=6)	1.81 \pm 0.41		4.0 \pm 2.2	
+ DPCPX	1.96 \pm 0.35	0.068	4.4 \pm 1.4	0.218
+ DPCPX, aden.	2.01 \pm 0.34	0.410	4.7 \pm 0.8	0.423
Control (n=6)	1.92 \pm 0.60		5.8 \pm 1.5	
+ CPA	1.95 \pm 0.67	0.077	9.0 \pm 2.4 ***	0.0002
Control (n=6)	1.94 \pm 0.56		5.8 \pm 1.5	
+ NECA	2.12 \pm 0.57	0.124	10.7 \pm 2.3 **	0.001
Control (n=6)	1.99 \pm 0.55		5.9 \pm 1.4	
+ cAMPS-Rp	2.15 \pm 0.54 **	0.006	7.4 \pm 1.3 **	0.006
Control (n=8)	2.09 \pm 0.30		6.6 \pm 1.6	
+ ESI-09	2.22 \pm 0.42	0.293	6.7 \pm 1.1	0.826
Control (n=6)	2.24 \pm 0.31		5.6 \pm 0.8	
+ 6-MB-cAMP	2.26 \pm 0.39	0.814	5.9 \pm 1.4	0.730
+ 6-MB-cAMP, aden.	2.37 \pm 0.36	0.150	8.5 \pm 1.8 *	0.026
Control (n=6)	2.60 \pm 0.72		6.6 \pm 1.3	
+ 007-AM	2.86 \pm 1.06	0.062	5.9 \pm 1.4	0.479
+ 007-AM, aden.	2.73 \pm 0.82	0.369	9.1 \pm 1.7 *	0.0001
Control (n=6)	2.16 \pm 0.17		5.5 \pm 0.9	
+ forskolin (FSK)	2.30 \pm 0.21	0.129	10.5 \pm 3.1 *	0.019
+ FSK, aden.	2.20 \pm 0.34	0.731	19.4 \pm 7.7 **	0.008
Control (n=6)	1.84 \pm 0.46		3.9 \pm 0.4	
+ atropine	1.21 \pm 0.32 **	0.003	2.4 \pm 0.1 **	0.002
+ atropine, FSK	0.60 \pm 0.17 **	0.002	2.2 \pm 0.6 **	0.010

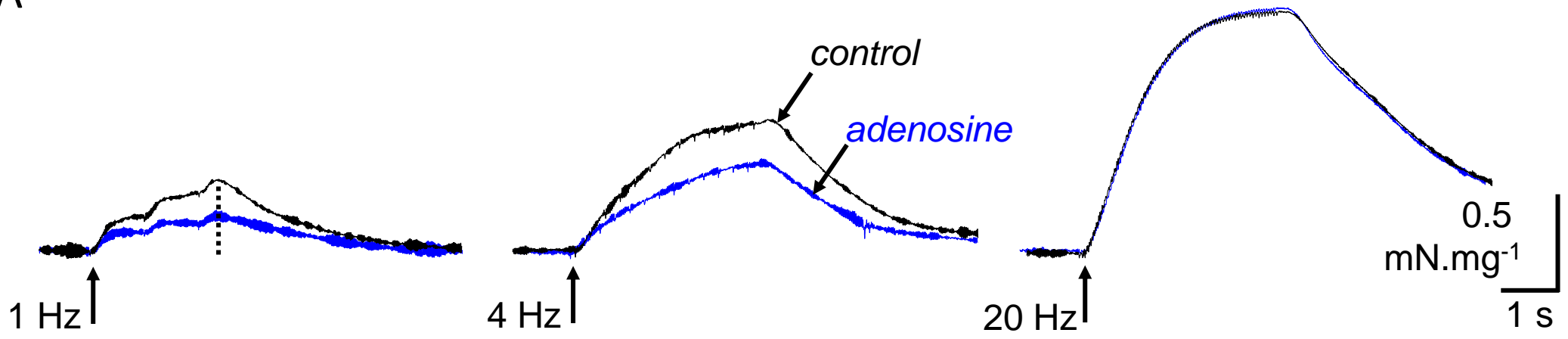
717 Individual data points in Figures S1-6 (Supplemental Material available at URL:
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720 **Table 3.** Percentage reduction (redⁿ) of nerve-mediated contractions and ATP/ACh release, with modulation of cAMP-dependent
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 723 stimulation, ACh values are as recorded at 20 Hz stimulation. Mean data \pm SD, * $p < 0.05$, ** $p < 0.01$; *** $p < 0.001$ with respect to
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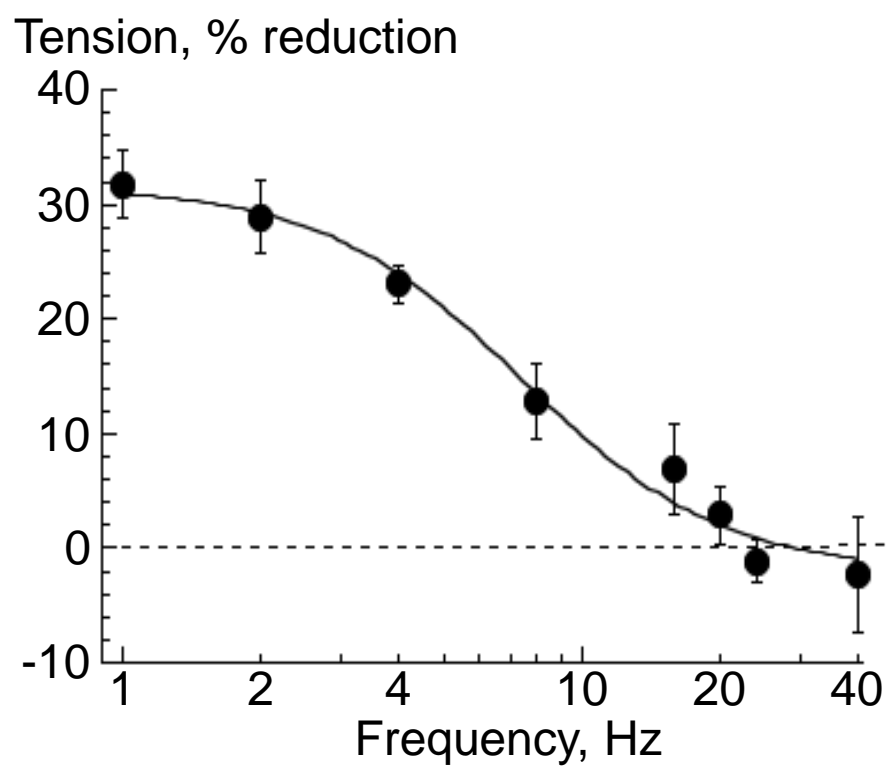
Intervention	<i>n</i>	Tension, %red ⁿ		ATP, %red ⁿ		ACh, %red ⁿ	
		1, 2 Hz	<i>p</i>	1, 2 Hz	<i>p</i>	20 Hz	<i>p</i>
Adenosine	12; 6 ACh	29.8 \pm 6.6 ***	<0.0001	34.1 \pm 6.8 ***	<0.0001	-1.0 \pm 10.5	0.697
DPCPX	6	-2.2 \pm 6.7	0.539	-0.3 \pm 1.7	0.469	Not recorded	
DPCPX, aden.		2.1 \pm 12.1	0.524	2.2 \pm 4.5	0.420		
CPA	6	50.7 \pm 5.7 **	0.003	44.1 \pm 4.4 ***	<0.0001	-5.6 \pm 7.2	0.119
NECA	6	69.2 \pm 9.1 ***	0.0005	51.8 \pm 8.6 ***	<0.0001	-0.7 \pm 10.2	0.983
cAMPS-Rp	6	46.4 \pm 2.4 **	0.002	35.5 \pm 3.2 ***	<0.0001	0.4 \pm 5.1	0.469
ESI-09	6	0.1 \pm 11.5	0.900	-1.2 \pm 2.4	0.334	0.4 \pm 9.9	0.962
6-MB-cAMP	6	3.1 \pm 2.6	0.173	-3.0 \pm 3.3	0.349	Not recorded	
6-MB-cAMP, aden.		41.4 \pm 18.4 **	0.008	32.1 \pm 4.4 ***	0.0002		
007-AM	6	4.3 \pm 1.2	0.251	-0.7 \pm 3.2	0.482	Not recorded	
007-AM, aden.		34.0 \pm 2.8 **	0.004	30.3 \pm 8.3 *	0.014		

725 Individual data points in Figures S1-6 (Supplemental Material available at URL: <https://figshare.com/s/42c3169843f6cdfd3e68>, DOI:
 726 <https://doi.org/10.6084/m9.figshare.21253557>).

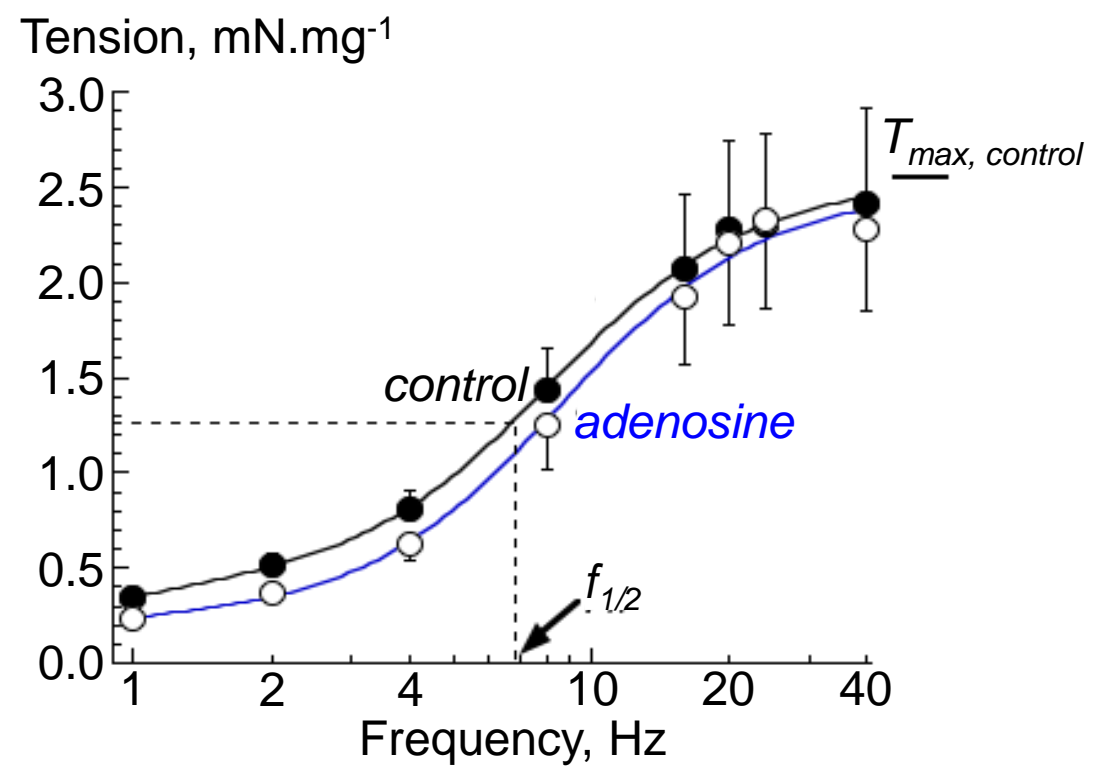
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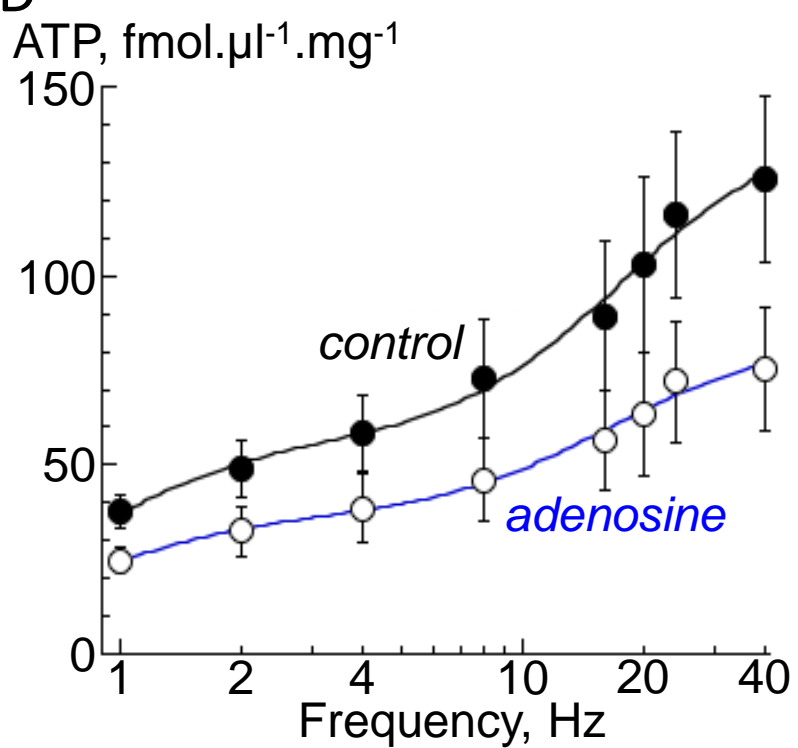
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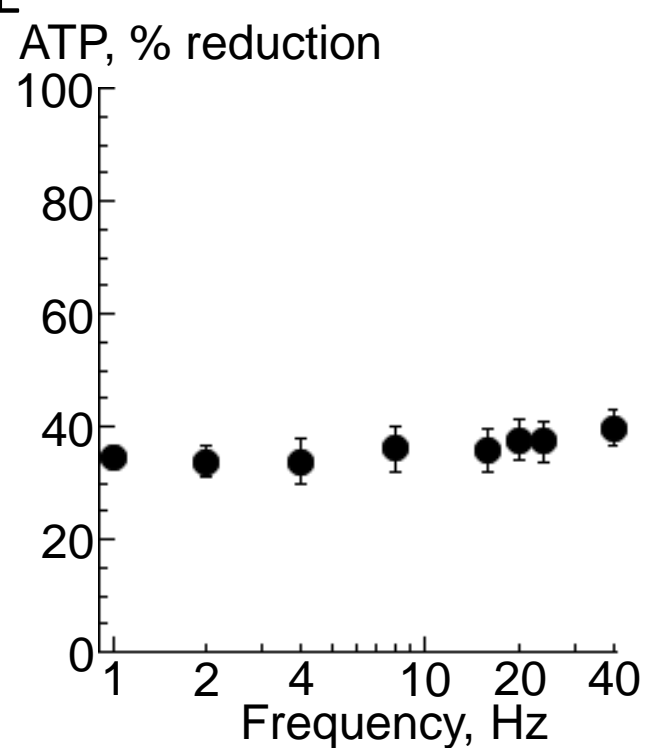
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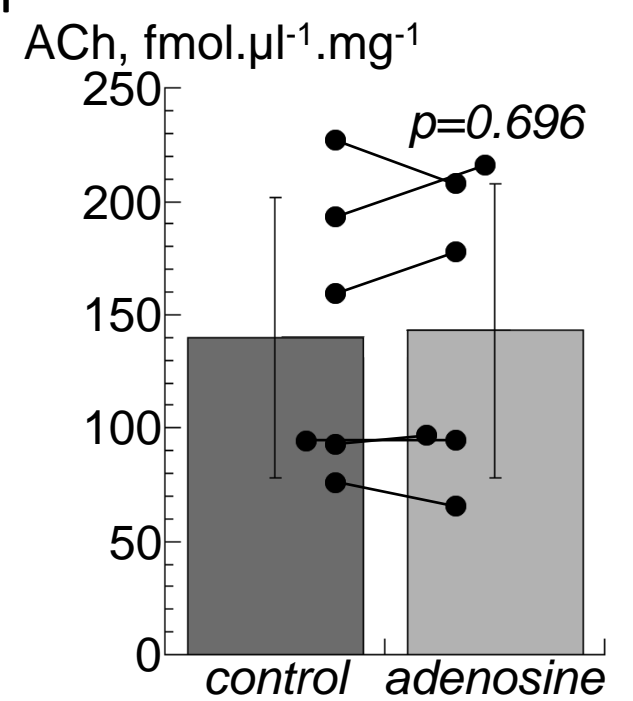
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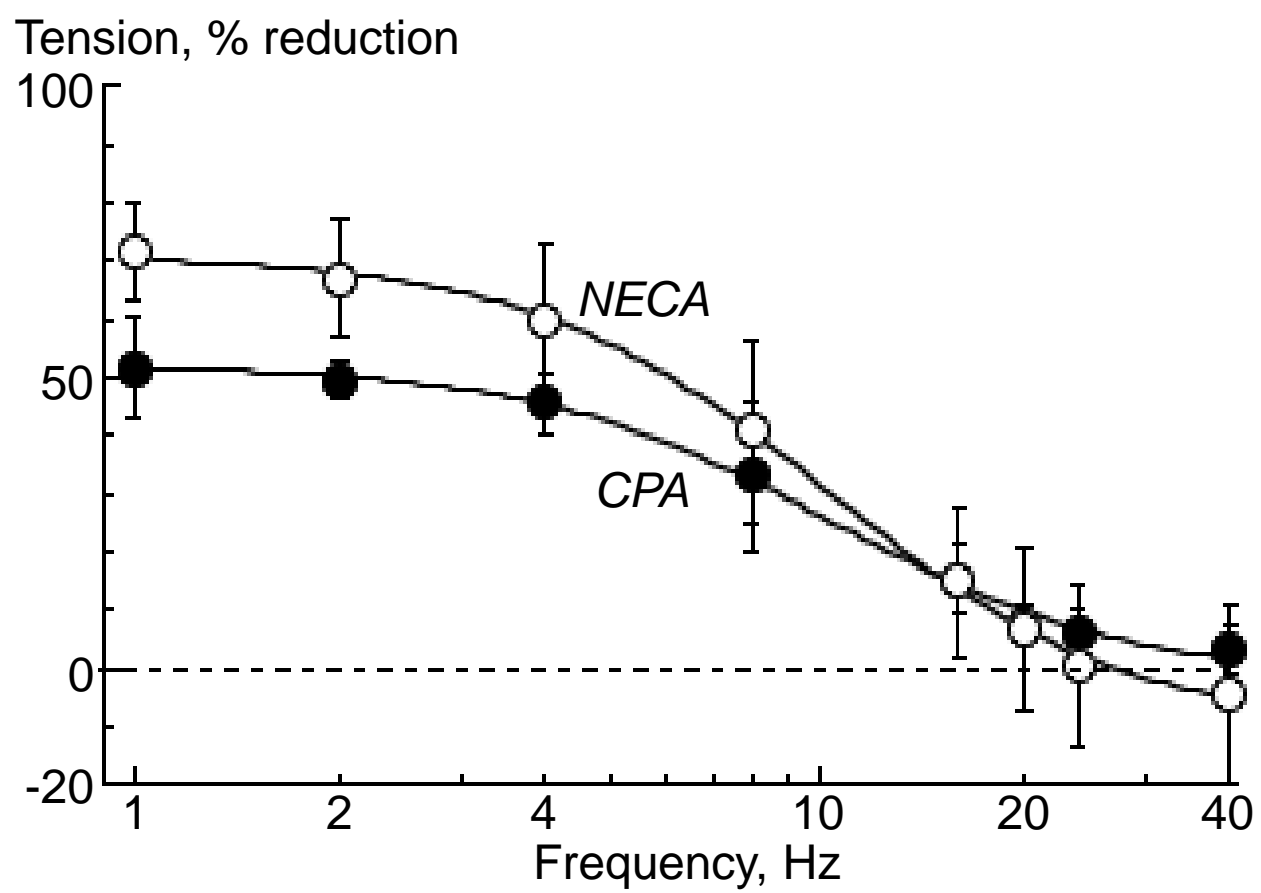
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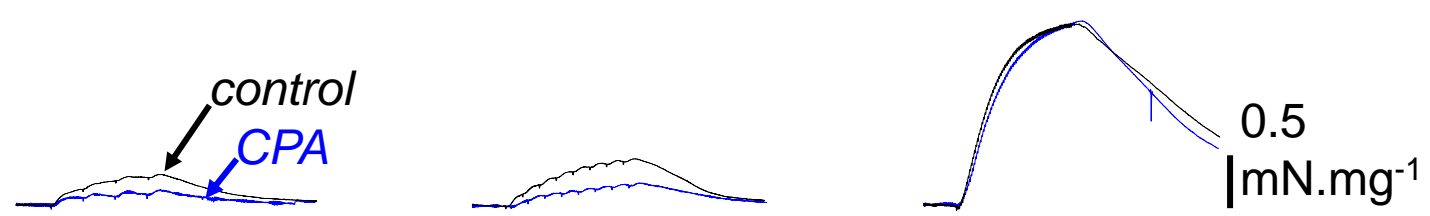
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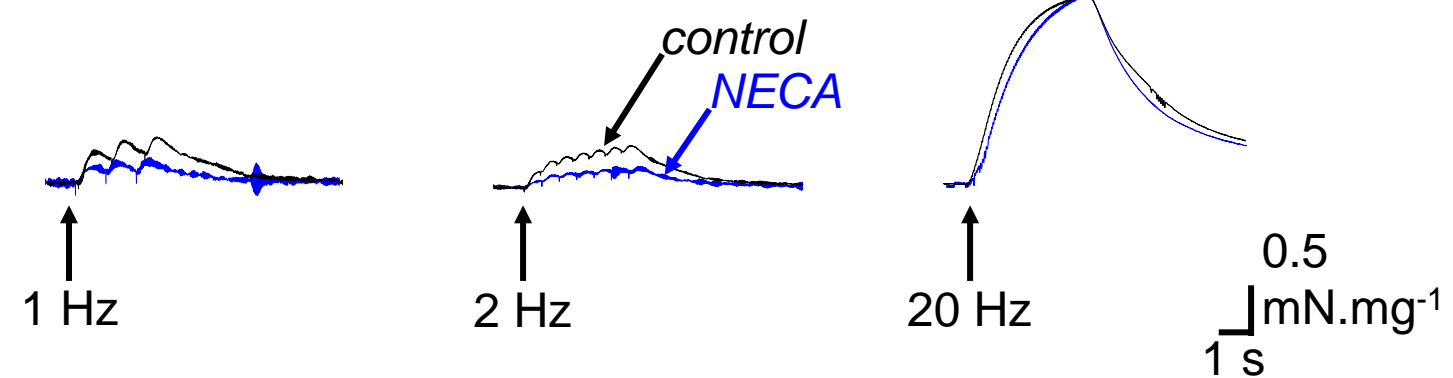
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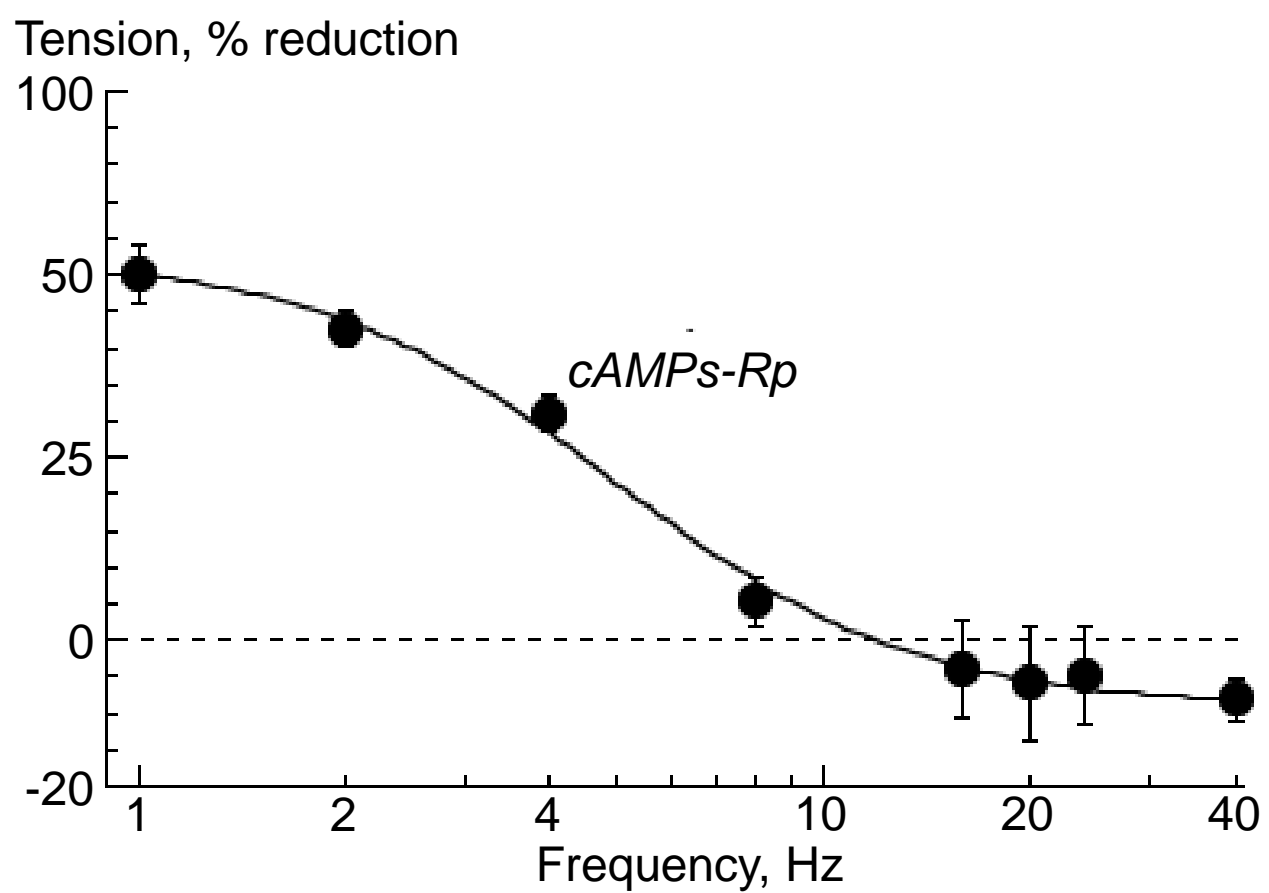
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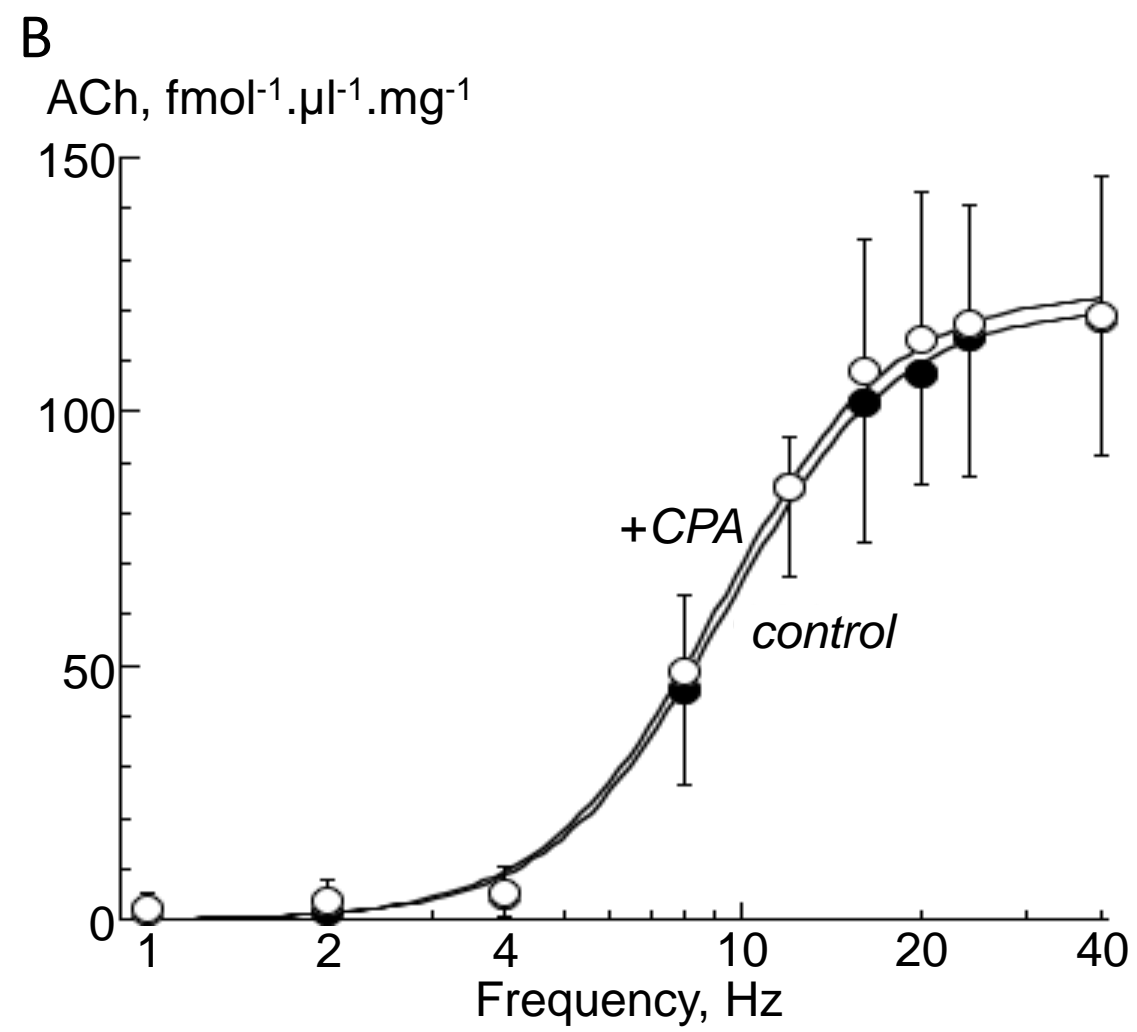
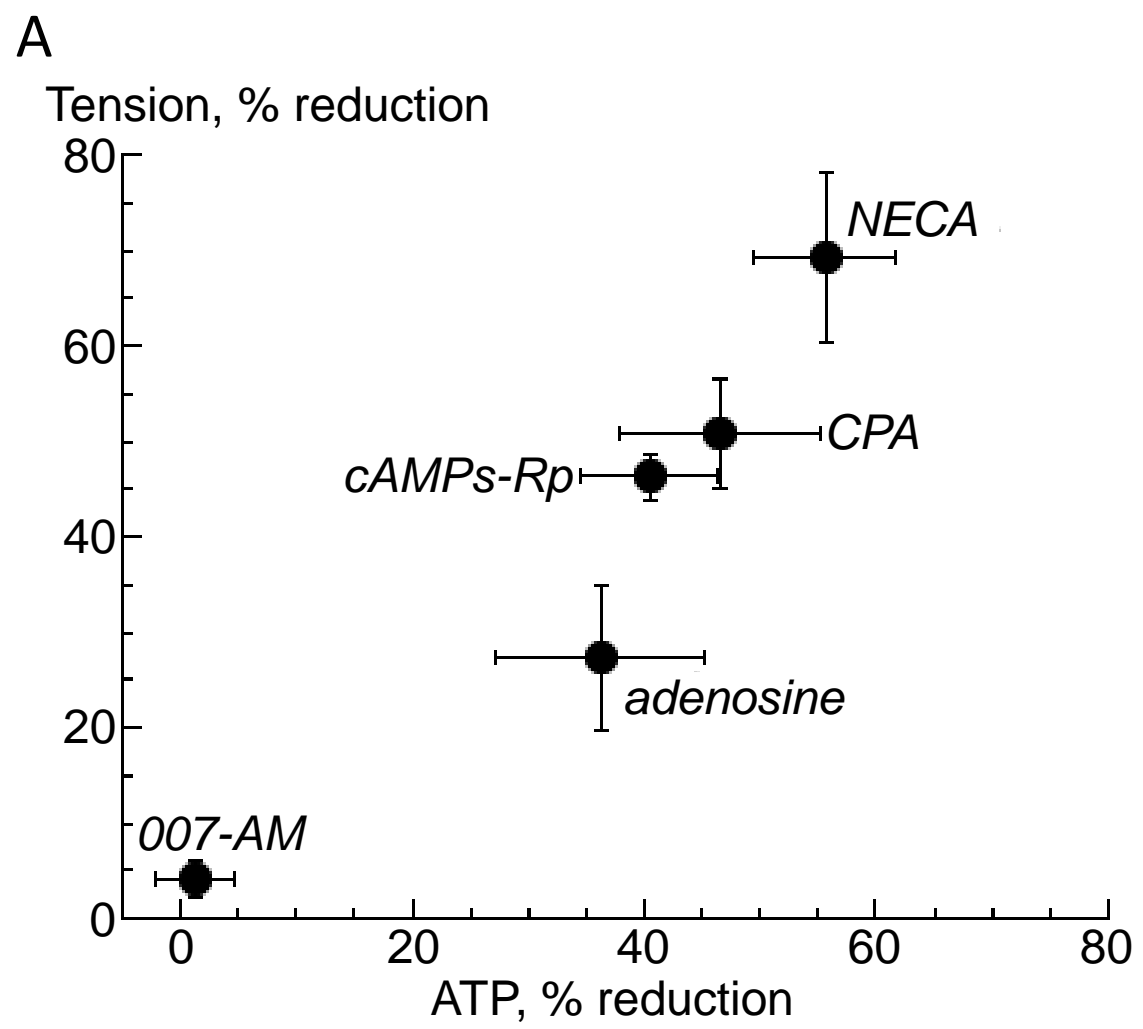


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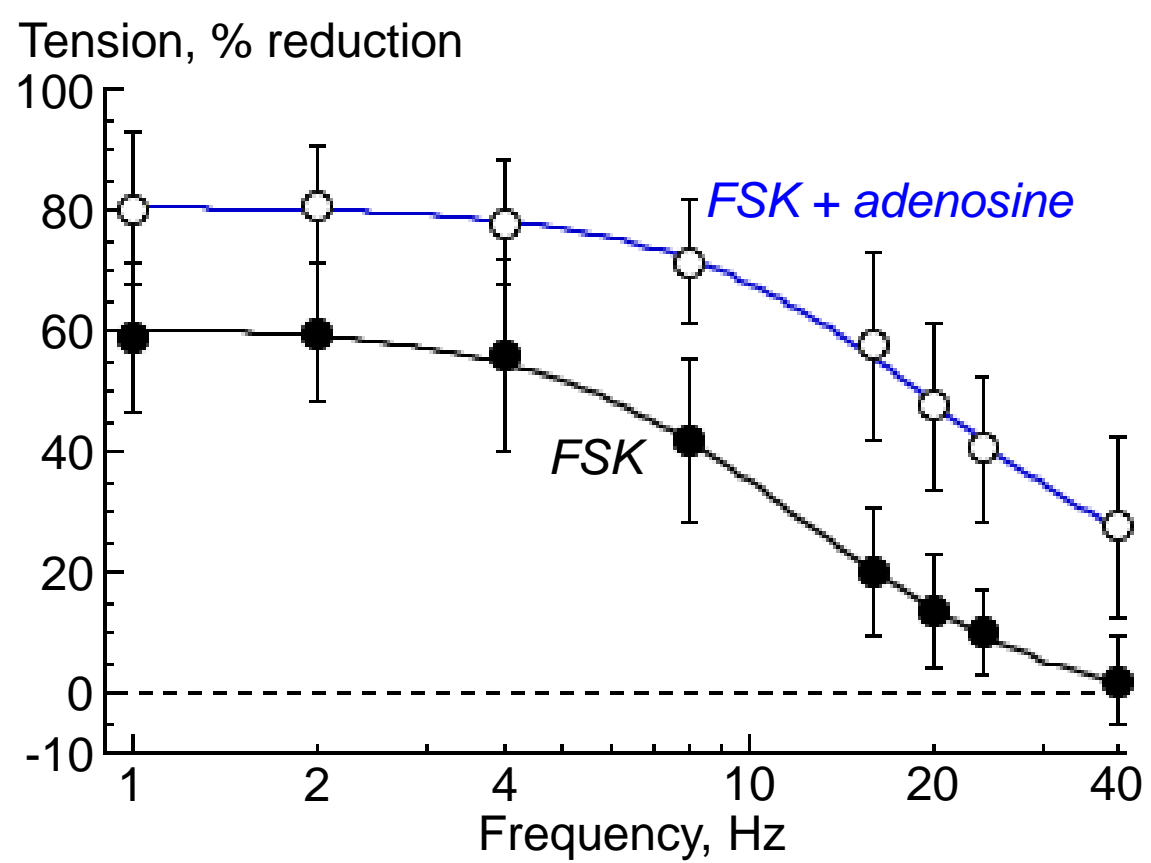


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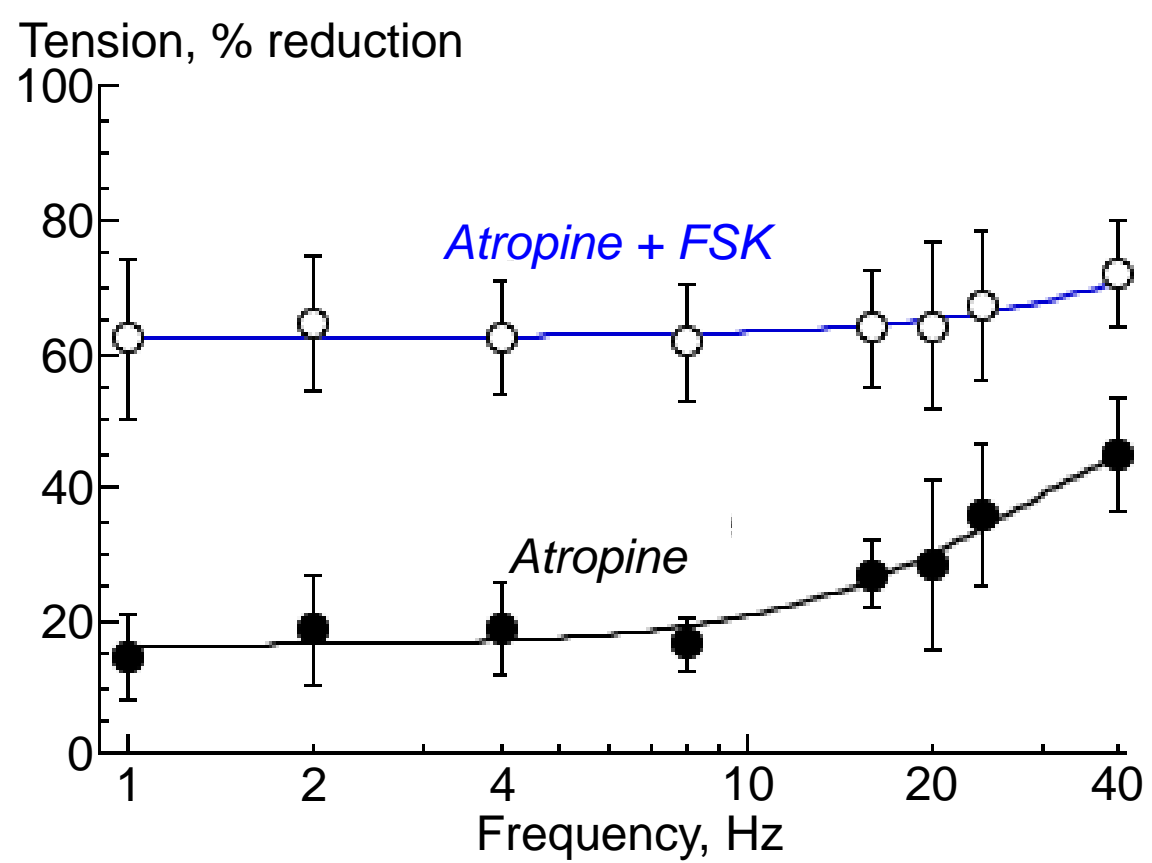


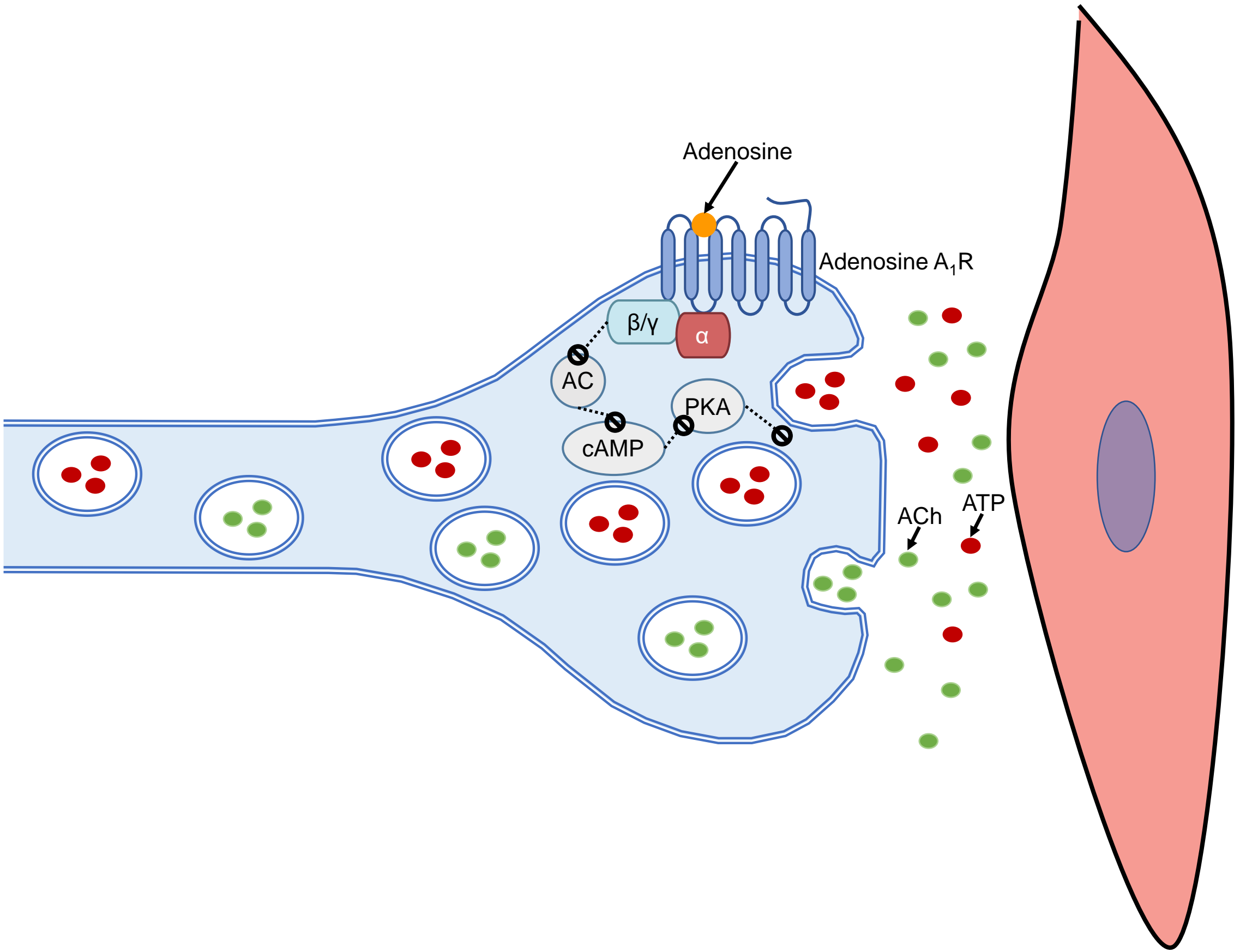


A



B





1 **Table 1.** Mechanism of action of drugs used in this study.

Drug	Mechanism of action	Concentration used
Adenosine	Endogenous adenosine receptor agonist	1 mM
CPA	Selective adenosine A ₁ receptor agonist	10 μM
NECA	Adenosine A ₁ /A ₂ receptor agonist	10 μM
DPCPX	Selective adenosine A ₁ receptor antagonist	1 μM
Forskolin	AC activator	1 μM
Atropine	Non-selective muscarinic receptor antagonist	1 μM
cAMPS-Rp	Selective PKA inhibitor (cell permeable)	10 μM
6-MB-cAMP	PKA activator	100 μM
007-AM	EPAC activator	10 μM
ESI-09	EPAC inhibitor	20 μM

2

1 **Table 2.** Force-frequency curve parameters, T_{max} and $f_{1/2}$, with modulation of cAMP-
2 dependent signaling pathways. Mean data \pm SD. * p <0.05; ** p <0.01; *** p <0.001 with
3 respect to control or immediately preceding intervention, exact p values are also
4 shown (repeated measures ANOVA followed by parametric *post hoc* test, see
5 Materials and Methods).

Intervention	T_{max} (mN.mg ⁻¹)	p	$f_{1/2}$ (Hz)	p
Control (n=12)	2.18 \pm 0.66		5.1 \pm 1.3	
+ adenosine	2.19 \pm 0.61	0.893	7.5 \pm 2.0 **	0.002
Control (n=6)	1.81 \pm 0.41		4.0 \pm 2.2	
+ DPCPX	1.96 \pm 0.35	0.068	4.4 \pm 1.4	0.218
+ DPCPX, aden.	2.01 \pm 0.34	0.410	4.7 \pm 0.8	0.423
Control (n=6)	1.92 \pm 0.60		5.8 \pm 1.5	
+ CPA	1.95 \pm 0.67	0.077	9.0 \pm 2.4 ***	0.0002
Control (n=6)	1.94 \pm 0.56		5.8 \pm 1.5	
+ NECA	2.12 \pm 0.57	0.124	10.7 \pm 2.3 **	0.001
Control (n=6)	1.99 \pm 0.55		5.9 \pm 1.4	
+ cAMPS-Rp	2.15 \pm 0.54 **	0.006	7.4 \pm 1.3 **	0.006
Control (n=8)	2.09 \pm 0.30		6.6 \pm 1.6	
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