

A novel soft cardiac assist device based on a dielectric elastomer augmented aorta: an *in vivo* study

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Abstract: Although heart transplant is the preferred solution for patients suffering from heart failures, cardiac assist devices remain key substitute therapies. Among them, aortic augmentation using dielectric elastomer actuators (DEAs) might be an alternative technological application for the future. The electrically driven actuator does not require bulky pneumatic elements (such as conventional intra-aortic balloon pumps) and conforms tightly to the aorta thanks to the manufacturing method presented here. In this study, the proposed DEA-based device replaces a section of the aorta and acts as a counterpulsation device. The feasibility and validation of *in vivo* implantation of the device into the descending aorta in a porcine model, and the level of support provided to the heart are investigated. Additionally, the influence of the activation profile and delay compared to the start of systole is studied. We demonstrate that an activation of the DEA just before the start of systole (30 ms at 100 bpm) and deactivation just after the start of diastole (0-30 ms) leads to an optimal assistance of the heart with a maximum energy provided by the DEA. The end-diastolic and left ventricular pressures were lowered by up to 5% and 1%, respectively, compared to baseline. The early diastolic pressure was augmented in average by up to 2%.

Keywords : Dielectric Elastomer Actuator, Cardiac Assist Device, Counterpulsation, *in vivo* experiment

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INTRODUCTION

Congestive heart failure (CHF) is a progressive and debilitating condition affecting a substantial proportion of the elderly population. It is estimated that CHF causes more deaths than all cancer cases combined, and that approximately 26 million people worldwide suffer from the disease. A total of 5.8 million of these patients reside in the United States, with an estimated economic impact of 40 billion dollars on the country's economy in terms of medical costs and productivity loss (1). While drugs are used to improve heart function and relieve symptoms, they usually fail to restore cardiac function in the long term. Heart transplantation is the gold standard for patients with severely impaired left ventricular dysfunction who cannot be treated otherwise. Due to the lack of donor organs, however, cardiac assist devices for permanent hemodynamic support remain an unmet clinical need. A safe and fully implantable system, capable of restoring cardiac function and thus eliminating the need for heart transplantation, should be used to achieve this objective (1). Currently, existing cardiac assist devices are used as bridge to recovery, bridge to next decision, bridge to transplantation, and, more recently, as destination strategy (2). Among these devices, ventricular assist devices (VADs) based on rotary elements (axial and centrifugal pumps) are currently the most widely adopted solutions. Although pulsatile flow may be preferred over continuous flow, as it is closer to normal physiology and favours optimal tissue perfusion (3), current VADs can only ensure a constant laminar flow (4). Moreover, due to high shear stress on the blood cells caused by the rotating parts, they are associated with a higher risk of haemolysis and thrombosis, which forces patients to depend on permanent oral anticoagulation for the duration of the support (5).

In this feasibility study, we therefore focus on the aortic counterpulsation (ACP) principle which does not require anticoagulation therapy in the majority of cases (6) and help to preserve or even enhance pulsatile flow in the aorta.

The basic principle is similar for all ACP devices: i) they augment early diastolic pressure to increase flow in the coronary arteries and ii) they reduce the resistance to systolic output (afterload). Depending on their location within the aorta, ACP devices are classified as: intra-aortic (7, 8), extra-aortic (9–11) and para-aortic (12) counterpulsators. The different characteristics of these devices are summarized in Table 1. Among all the ACP devices, the intra-aortic balloon pump (IABP) has been the most widely used in clinical settings since decades. Its balloon is inflated in the aorta during diastole, which leads to augmentation of the diastolic pressure, while the presystolic deflation of the balloon leads to a sudden reduction of the afterload immediately before the opening of the aortic valve (7, 8). In general, IABP are used in high-risk patients as a short-term support to other solutions (e.g. VADs). However, patients may suffer from bleeding, haemorrhage, infections, limb and mesenteric ischemia (6). To overcome these significant limitations, extra-aortic counterpulsation devices were designed by wrapping and compressing the aorta externally during diastole. In this direction, C-pulse is an extra-aortic balloon (EAB) counterpulsation device, pneumatically actuated, which has shown promising results (9) in terms of improved coronary flow and ejection fraction. However, in the context of long-term cardiac support, the pneumatic actuation of existing ACP devices is a limiting factor due to the large size of the gas sources. Large transcutaneous pneumatic drivelines (greater in size than the electric lines used for VADs) are required and can cause severe infections. Additionally, pneumatic actuation lead to long inflation times and can introduce uncontrollable delays in the device operation. Thus, a fully implantable solution for these devices is difficult to envision.

Dielectric elastomer actuators (DEAs) have emerged as a noteworthy alternative solution to build cardiac assist devices because they are soft devices (in contrast to rigid VADs) and only require an electric signal to be actuated. DEAs consist of a hyperelastic dielectric membrane placed between two compliant electrodes. When a voltage is applied between the electrodes a pressure known as a Maxwell pressure compresses the dielectric elastomers in the thickness direction allowing it to expand in the other directions (13). In our previous study (14), we introduced an augmented aorta based on such DEAs. When exposed to the blood pressure, the soft device passively inflates. The activation of the device allows to expand the device further, and thus to control the compliance of the system. DEAs' low weight and the absence of bulky drive lines are promising advantages compared to existing technology in view of a fully implantable system and long-term cardiac support. Moreover, as only electrical activation is needed, the activation time of the device can be much lower than for pneumatic actuators and trans-cutaneous wireless power transfer could be achieved (15) to reduce infections.

In this study, we tested the feasibility of the DEA augmented aorta in an acute *in vivo* porcine model. The DEA was implanted in the descending aorta of five pigs. The aim was to show that the DEA could provide support to the heart by lowering the end-diastolic pressure, and augment coronary flow by increasing early aortic diastolic pressure. Additionally, the optimal activation and deactivation parameters in terms of activation duration and delay relative to aortic valve opening were investigated and reported.

RESULTS

The dielectric elastomer actuator acts as a counterpulsation system

The DEA is a cylindrical tube which replaces a section of the descending aorta to support the heart by counterpulsation. In its passive state, the compliant nature of the DEA mimics the elastic behaviour of the aorta, storing energy during systole and releasing it during diastole. Fig. 1A shows the activation timing of the DEA when operating as a counterpulsation device as described in (14). In phase 1, the DEA is activated just before the start of the systolic phase where pressure and blood flow in the descending aorta are low, creating a small depression in the aorta and thereby increasing momentarily the flow upstream of the DEA and decreasing the flow downstream of the DEA. During systole (phase 2), the flow and pressure increase in the aorta due to left ventricular ejection leading to a further increase of the DEA radius. At the end of systole, the DEA is deactivated resulting in a drastic decrease of the radius (phase 3) and thus an increase of the diastolic pressure. Finally, the pressure decreases during diastole (phase 4) and the DEA is returning to the initial state.

This activation scheme has two main advantages. Fig. 1B shows the pressure-volume characteristics of the DEA compared to the aortic characteristics. The activation cycle of the DEA is represented in green while the deformation of the aorta only follows a line (in purple) assuming no viscoelastic loss. If not activated, the DEA acts like a natural passive aorta, storing and releasing the elastic energy without any addition of work. When activated, the DEA can provide supplementary energy to support the heart. Moreover, by actuating when the pressure is low and releasing when the pressure is high, we can maximize the energy provided by the DEA. On a physiological level, the device can store more blood and decrease aortic pressure by activating it just before systole. By releasing the additional blood volume stored in the DEA at the beginning of diastole, the pressure in the aorta increases, thereby, augmenting the coronary flow.

Dielectric elastomer augmented aorta

For the DEA to work as an augmented aorta, two issues must be addressed: maximizing the actuation effect of the device and ensuring good sealing of the device anastomosis with the aorta. To obtain high displacement while keeping the activation voltage as low as possible, the DEA was manufactured as a multi-layered device (16). The main fabrication process is detailed in the supplementary materials. The DEA comprises a stack of four Elastosil films from Wacker Chemie (Fig. 1C, light blue layers). The top and bottom elastomer layers are 20 μm thick and passive, acting as insulation from the surrounding environment, while the two internal elastomer layers are 100 μm thick and active. Compliant electrodes made of carbon-doped silicone (Fig. 1C, black layers) were screen-printed on the elastomer sides with a silver ink line crossing the electrode to allow for electrical connection in the end. All the sheets were then glued together with a silicone glue lightly doped in carbon (Fig. 1C, grey layers) (17). The stack was then rolled twice and glued together with liquid silicone around a 20 mm diameter PMMA (poly(methyl methacrylate)) cylinder and cut at the desired dimensions. This configuration of active layers allowed for positive electrodes to be encapsulated between negative electrodes and ensured the electric field is confined inside the DEA.

All the electrical connections were realized by coating the extremities of the silver ink lines in carbon-doped silicone and by adding electrical wires. Finally, a silicone casting around the electrical connections ensured the insulation with the surrounding environment and protected the pig from the high voltages up to 10 kV. For the final device used in the *in vivo* experiments, the DEA was inserted in a 3D printed housing (Fig. 1D). The DEA was clamped between the two parts of the housing - the connectors and the external housing - to ensure sealing. The biggest diameter of the connector, close to the device, matched the internal radius of the DEA (Fig. S3). The smallest diameter section was designed to fit into the aortic lumen. During the *in vivo* experiment, this section of the connector was inserted into the aorta and a plastic clamp tie was tightened around the aorta for the anastomosis (Fig. 1E). The small step at this end of the connector ensured the sealing of the anastomosis. The external housing limited the radial expansion of the DEA to avoid electromechanical instability that could lead to early breakdown of the actuator (18). Fig. 1D shows the overall dimensions of the device. Two different types of DEAs were made with 29 mm or 39 mm active electrode lengths corresponding respectively to 40 mm and 50 mm total device lengths. The overall thickness and thus the compliance of the DEA was designed to be rigid enough when passive while still deforming sufficiently when actuated. In the following, we will only refer to the DEA by their active lengths. In both cases, with the selected designs and the blood pressure levels, the DEA requires very high voltage levels (> 6 kV) to obtain significant deformation. During the *in vivo* experiments the actuation voltage was selected as trade-off between maximum deformation and electric breakdown limit of the device (18). The first activation level for the measurements started at 6 kV, and it was then increased to 6.5 and 7 kV if the DEA did not break before.

The device is synchronized to the heart cycle *in vivo*

We tested the DEA in the descending aorta in a porcine model ($n = 5$). The pigs (Edelschwein pigs, 50 kg, mixed sex) had the DEA implanted via left-sided thoracotomy (Fig. 2A), and the heart

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rate was controlled using a pacemaker at 100 bpm. The control and data acquisition setup in the operating room enabled recording the left ventricular pressure and volume, aortic pressures and flows upstream and downstream of the device (Fig. 2B, C). The DEA was synchronized to the heart cycle using the pacemaker signal as trigger (Fig. 2C) and delayed with respect to the pacemaker signal to synchronize with different time points of the heart cycle. Fig. 3A shows pressure, flow, and the pacemaker signal for two consecutive heart cycles together with the different time points used for synchronization of the device to the heart cycle. Because the DEA was positioned in the descending aorta, the systolic pressure wave generated by the left ventricle (Fig. 3A, point 1) reached the DEA with a time delay (Fig. 3A, point 2). This time delay (approximately 80 ms in animal 5) was estimated and removed for the actuation of the DEA (Fig. S9) to ensure that the pressure waves generated by the activation and deactivation of the DEA had enough time to reach the aortic valve. To find the optimal synchronization between the heart cycle and the DEA, the DEA was tested *in vivo* for different actuation delays in two protocols. In protocol 1 (Fig. 3B), the actuation duration was constant and equal to the systolic duration and the start of actuation was phase shifted (delayed) compared to the pacemaker signal for 15 different phase shifts in percentage of the heart cycle (all phase shifts are listed in the table of Fig. 3B, 0% corresponds to start of actuation synchronized with aortic valve opening). In protocol 2 (Fig. 3C), the expected best synchronization of the DEA with actuation mainly during systole was tested for different activation start and end times. The start and end times were tested before (-5% of heart cycle), at (0% of heart cycle) and after (5% of heart cycle) aortic valve opening and closure, respectively, leading to a variable actuation duration (all combinations are listed in the table of Fig. 3C). Before and after each device actuation period (for both protocols) the device was turned off, and these heart cycles were used as baseline for each actuation period. Fig. 3B shows three examples of actuation phase shifts of protocol 1, and Fig. 3C shows three examples of different DEA activation start and end times of protocol 2. The actuation of the 0% cases started earlier than actual aortic valve opening, due to the time delay discussed above and ended earlier than actual closure. This time delay has been considered in all reported protocols of this manuscript, meaning that the DEA was always activated this time delay earlier than the wanted synchronization to the heart. The table in Fig. 3A gives an overview of the two animals used for the analysis and of the DEAs tested with the corresponding protocols, actuation voltages and DEA lengths. Different problems (e.g. early device breakdown) occurred in the three first animals (see Methods and Materials and Table S1 in the Supplementary Materials for further details). Several DEAs were tested in each animal. The following parameters were calculated for all analysed heart cycles (20 consecutive baseline cycles and 20 consecutive actuated cycles): average left ventricular pressure (avg. LVP), end-diastolic pressure (EDP), early diastolic aortic pressure (AoP dia, calculated as the average aortic pressure after valve closure until 0.1 s before aortic valve opening to avoid end-diastole), and average aortic flow (avg. Qao). Additionally, averaged pressure and flow waveforms were calculated. The left-ventricle volume measurement displayed chaotic behaviour independent of the activation (Fig. S12) and was not used in the analysis. Fig. 4A shows the averaged heart cycles, and how the parameters EDP and AoP dia are defined.

Targeting the best actuation scheme

The actuation of the DEA for different phase shifts (protocol 1) changed the pressures and flow in the aorta differently compared to baseline. Fig. 4A shows the averaged pressure and flow heart

cycles for two different phase shifts compared to baseline. The aortic pressure (upstream of the DEA) is shifted up or down during the different phases of the heart cycle depending on the phase shift of the actuation, while the left ventricular pressure changed only during systole because aortic valve is closed during diastole (Fig. 4A). The aortic flow upstream of the DEA reacts to the device actuation phase shift: a clear wave is seen just after start of activation and just after end of activation for all phase shifts, compared to baseline. The increase in flow just after starting the activation is caused by the decompression wave generated when the DEA expands and thus sucks blood into the device. The decrease in flow just after the end of activation is caused by the compression wave generated when the DEA deflates back to its passive state and pushes out blood. Fig. 4B shows the average pressure and flow parameters for each phase shift and for each DEA tested compared to baseline. Despite some differences in the lengths of the DEAs and the activation voltage, we can observe similar evolution of the pressure parameters over the range of phase shifts (This evolution is further detailed in Fig. S10A where all tests are aggregated). Table 2A gives an overview of the average values and standard deviation of the pressure and flow parameters for protocol 1 compared to baseline with all tested DEAs and voltages aggregated (Table S2A gives an overview of the average, maximum and minimum values and standard deviations of all pressure and flow parameters). The non-significant changes, compared to baseline, are marked (*, $p > 0.05$). For phase shifts where the actuation is in the second half of diastole or overlaps with systole (60-10%), the EDP decreased of 0.2-2.7% compared to baseline (Fig. 4B and Table 2A, $p < 0.05$), and for all other phase shifts the EDP increased. A lower EDP means that the pressure in the aorta was decreased, making it easier for the left ventricle to eject blood (reduced afterload). However, if the DEA actuation was ended during end-diastole or first part of systole (50-70%) the compression wave generated by the deactivation of the DEA increased the LVP during systole, while an activation during systole (0-45%) decreased the LVP during systole. These two effects can be seen in the average LVP which was lowered by 0.4-1.2% compared to baseline for the phase shifts 0-45% (Fig. 4B and Table 2A, $p < 0.05$), while it was increased (50-70%) or constant (80-90%) for all other phase shifts.

The device also affected the early diastolic aortic pressure (AoP dia, Fig. 4B) depending on the phase shift. An augmentation of the early diastolic pressure of 0.2-2% compared to baseline was seen for phase shifts with the end of actuation during late systole or early diastole (80-15%, $p < 0.05$). An augmented aortic pressure during early diastole is expected to increase the coronary flow. For the average aortic flow (avg. Qao), it can be seen in Fig. 4B that there is a small increase or decrease of the aortic flow for some cases (e.g. 15 and 40% phase shift). However, when considering the results for all the DEAs there were large variations. For 5-10% there was a small significant increase in flow compared to baseline (Table 2A, $p < 0.05$), and for 15-20%, 40%, 60% and 80-90% (Table 2A, $p < 0.05$), there was a small significant decrease in flow. The latter phase shifts (60-90%) corresponds to an opposite effect compared to counterpulsation as it lowered the early diastolic pressure (AoP dia) and increased the average LVP, and thereby loading instead of unloading the ventricle. Based on these results, the main actuation during systole (90-10%, counterpulsation) seems like the most effective phase shifts to augment the aortic pressure during early diastole and lower the EDP as well as the average LVP. For these phase shifts, the DEA was activated during late diastole (lowering EDP) or early systole, stayed active during large parts of systole (lowering aortic pressure and average LVP), and was deactivated during late systole or early diastole (augmenting early diastolic aortic pressure). The largest effect of assistance was observed in animal 4, DEA 2 which was actuated at 7 kV. Here the EDP was lowered on average

by 5-7% (at 90-0% phase shift), the LVP was lowered by 1-2% (at 0-10% phase shift), and the early diastolic pressure was increased by 1-2% (at 0-10% phase shift). Fig. S11 shows the raw pressure and flow signals recorded in animal 4, DEA 2 and the clear impact of the DEA actuation.

Interplay between the device and the cardiovascular system

In addition to the evolution of physiological parameters, we evaluated the influence of the DEA by estimating the energy it provided to the cardiovascular system. Fig. 1B shows the pressure-volume relationship of the DEA and the natural aorta. The area of the pressure-volume cycle (green area) represents the energy provided by the DEA. However, because the DEA was enclosed within the external housing, optical access to the DEA was limited during the *in vivo* experiments, and the DEA tube deformation and associated volume could not be measured. To address this issue, prior characterization of the DEA was conducted *in vitro* in the lab. The aim of the characterization was to obtain the pressure-volume characteristics of the device at different activation voltages. The complete experiment is detailed in the Supplementary Materials and Fig. S4B shows the picture of the setup. Fig. 5A shows the pressure-volume characteristics of 39 mm DEAs for voltages up to 7 kV (Fig. S5 shows the same for 29 mm DEAs). Due to the viscoelasticity of the elastomer, the characteristics present a slight hysteresis that was not considered for the energy estimation. From the *in vivo* experiments, for each protocol, we determined the pressure level in the DEA at activation and deactivation (Fig. 5A). Then, we used these values to find the corresponding volume values from the *in vitro* pressure-volume characterisation to have an estimation of the volume of the DEA at activation and deactivation. Finally, by computing the area of the resulting pressure-volume cycles, we obtained an estimation of the energy provided by the DEA during the *in vivo* experiment. Accounting for dynamic behaviour, the deformation of the DEA for same pressure and activation voltage might slightly vary between the two experiments. The results show that if the DEA was activated when the aortic pressure was low (typically at the end of diastole) and deactivated when the pressure was high (end of systole, early diastole) (e.g. 0% phase shift) the energy provided by the DEA was maximized. For this case the pressure would increase while the DEA was active leading to larger expansion, and the DEA would release and provide a larger amount of stored energy to the cardiovascular system when deactivated Fig. 5A, green area). This behaviour corresponds to a counter-clockwise pressure-volume cycle. However, if the DEA activations started at a high pressure and ended at a low pressure (e.g. 60% phase shift) the DEA was not providing energy, but used energy from the cardiovascular system. The pressure would decrease during actuation reducing the expansion of the DEA (lowering the amount of stored energy) and the DEA would work against the heart when deactivated just before the start of systole (increasing EDP) and thereby be detrimental to the assistance (Fig. 5A, orange area). This behaviour corresponds to clockwise pressure-volume cycle. In Fig. 5B we see the estimations of the energy provided by the different DEAs for the different phase shifts during protocol 1. For phase shifts between 90 and 40%, the DEA provided energy to the cardiovascular system with maximum values for 90-20% phase shifts. These results confirm the timing of activation to maximize the effect of the actuator presented in the previous section.

Efficient counterpulsating DEA-augmented aorta

In protocol 2, the DEA was mainly actuated during systole (corresponding to the phase shifts 90-10%, counterpulsation principle). The best start and end times of activation, and thereby the

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duration of actuation, were investigated by testing three different start and end times (before (-5%), at (0%) or after (5%) aortic valve opening and closure, respectively). Fig. 6A shows the averaged pressure and flow waveforms for two different start and end times of activation compared to baseline. The impact of the different start and end times were slightly different due to the timing of activation. Fig. 6B shows the average values of the parameters for each DEA (This evolution is further detailed in Fig. S10B where all tests are aggregated). For the pressure parameters, all DEAs showed the same trend in line with the expected behaviour seen in the results of protocol 1. However, there were large differences in the amplitude of the effect, because the devices' length, voltages and the physiological characteristics of the animal were overall different. Table 2B gives an overview of the average values and standard deviation of all the pressure and flow parameters for protocol 2 (Table S2B gives an overview of the average, maximum and minimum values and standard deviations of all pressure and flow parameters). The EDP was lowered for all different start and end times (Table 2B, $p < 0.05$), but less if activation start was after aortic valve opening ((5,-5), (5,0) and (5,5)). The early diastolic aortic pressure was augmented for all different start and end times (Table 2B, $p < 0.05$). However, it was more augmented if the device activation was ended at valve closure or after valve closure ((-5,0 or 5), (0,0 or 5) and (5,0 or 5)), and additionally if the activation start was before valve opening (-5,0 or 5), resulting in an activation length slightly longer than the systolic length. The average LVP decreased for all start and end times ($p < 0.05$). The mean aortic flow did not change for all start and end times (Table 2B, $p > 0.05$) except for a start time before and an end time after aortic valve opening and closure (-5,5), respectively, where the flow was slightly increased (Table 2B, $p < 0.05$). The largest effect of assistance was observed in animal 4, DEA 2 which was actuated at 7 kV. Here the EDP was lowered in average with 5%, the LVP was lowered with 1%, and the early diastolic pressure was increased with 2% (at (-5,0 or 5)).

DISCUSSION

We successfully established a soft cardiac assist device based on a dielectric elastomer actuator which replaces a segment of the aorta and works as an augmented aorta. The DEA was implanted and tested *in vivo* in the descending aorta of an acute porcine model. The developed manufacturing process allowed us to create the DEA as a multilayer rolled tube with an internal diameter comparable to the porcine aortic diameter. The tube was combined with a 3D printed external housing which ensured safe operation regarding electromechanical instabilities. Specific connectors have also been designed for the tight anastomosis between aorta and device.

When activated the DEA increases its internal diameter, and thereby creates a decompression wave decreasing the aortic pressure. When deactivated, it returns to its passive state creating a compression wave increasing the aortic pressure. Existing counterpulsation devices (e.g. IABPs or EAB (10)) obstruct the aortic lumen when activated and this restricts their activation to the diastolic phase only (because if a balloon is inflated during systole, it would increase the afterload due to obstruction) as shown in Table 1. On the contrary, our DEA device allows cardiac assistance without aortic obstruction because the DEA's passive internal diameter is comparable to the aortic diameter. One of the major differences compared to IABP is that, while the classical IABP lies within the aorta, the DEA replaces a short segment of the aorta. In this context, the principle is similar to the para-aortic counterpulsation device, also called para-aortic blood pump (PABP) as both devices replace a segment of the aorta and increase its volume (12), allowing more freedom

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in terms of activation and deactivation phases. However, PABP requires a bulky pneumatic chamber hardly implantable in the thoracic cavity, and it can modify greatly the flow of blood from its natural path. Our DEA only needs an electric activation to assist the heart and does not require bulky pneumatic elements as other counterpulsation devices do. Similar attempts were conducted by Hashem et al. (19) and Starck et al. (20) who developed extra-aortic counterpulsation devices based on: i) shape memory alloy fibres, which contracts following Joule heating, and ii) a ferromagnetic silicone which contracts triggered by an external magnetic field, respectively. However, the low compatibility of the working principle with human implantation and the effectiveness of these latter devices needs further investigations (21) before *in vivo* implementation, especially for blood pressures higher than 50 mmHg (20).

In this *in vivo* study, the non-obstructive nature of the DEA made it possible to investigate the effect of actuation at different time points during the heart cycle (phase shifts). Depending on the actuation phase shift, the level of assistance was changing: with actuation at 90-10% (counterpulsation) of the heart cycle (0% = actuation-start synchronized to aortic valve opening) the estimated energy provided by the DEA was maximized (Fig. 5B) and thereby also the unloading of the cardiovascular system. With actuation start at 60% phase shift (co-pulsation), the estimated energy was minimized and the DEA actually increased the load on the cardiovascular system. Thus, by controlling the phase shift of actuation, it is possible to control the loading of the heart. Gradual loading of the left ventricle might be a method to stimulate recovery of patients with heart failure (22). Looking at the measured pressure and flow parameters, the phase shifts 90-10% seem to be the best to lower EDP and augment the early diastolic aortic pressure (Fig. 4B). To optimize the DEA assistance further, different start and end times of activation with the DEA mainly active during systole (comparable to 90-10% phase shifts) were investigated. A start of activation just before the aortic valve opens (-5% of heart cycle (0% is defined as aortic valve opening)) and an end of activation at or just after aortic valve closure (0 or 5% of heart cycle (0% is defined as aortic valve closure)) were found to be optimal (Fig. 6B). In this way, the DEA is activated at low pressure at the end of diastole and thereby decreases the EDP. It is active during systole and thereby lowers the average LVP. It is deactivated at high pressure at start of diastole and thereby increases the early diastolic aortic pressure. Hence, the optimal activation of the DEA helped reducing the left ventricle pressure during systole and the end-diastolic aortic pressure by up to 1 and 5 % respectively and augmenting the pressure in the aorta during diastole by up to 2% which might enhance the coronary flow (see Table S2 for maximum, minimum and average values for all measured hemodynamic variables).

As comparison, using IABP in patients, Kolywa et al. (23) reported a reduction in the end-diastolic pressure of 13.7% (from 50.9 mmHg to 43.9 mmHg) and a reduction in the average LVP of 10.8% (from 42.3 mmHg to 37.7 mmHg). The volume of the IABP balloon varied between 34, 40, or 50 cm³ (according to patient height). In acute porcine models using 40 cm³ IABP balloons, Lu et al. (12) reported an increase in the peak diastolic aortic pressure of 26.7% (from 56 mmHg to 71 mmHg) and a reduction in the end-diastolic pressure and in the peak systolic left ventricular pressure of 13.9% (from 43 mmHg to 37 mmHg) and 7.8% (from 76 mmHg to 70 mmHg), respectively. In the same experiments, Lu et al. used 40 cm³ para-aortic devices mounted on descending aorta which led to an increase in the peak diastolic aortic pressure of 39.2% (from 56 mmHg to 78 mmHg) and a reduction in the end-diastolic pressure and in the peak systolic left ventricular pressure of 34.7% (from 46 mmHg to 30 mmHg) and of 27.5% (from 80 mmHg to 58 mmHg), respectively. However, in our case, the DEA volume change was much lower

($< 2 \text{ cm}^3$) and the energy provided by the device was quite low ($< 7 \text{ mJ}$, $< 2\%$ of the estimated LV energy).

Nevertheless, we were able to show that the DEA can assist the cardiac system in two animals despite these low values. The devices were originally designed for implantation in humans and therefore to work at higher pressures (between 80 and 120 mmHg). At higher pressures the displacement would have been bigger and thus also the energy provided by the DEA and its impact on the cardiovascular system. In this study, we were limited by the pressure levels in the pigs and the breakdown voltage of the DEA and were not able to reach voltages higher than 7 kV. But we can already see the impact of supplying higher energies. Indeed, we see in Fig. 4B that the greatest changes of EDP and early diastolic aortic pressure were obtained for a 39 mm DEA at 7 kV thus with more volume deformation than other DEA. We see similar trends in Fig. 6B where the higher decrease of the end diastolic pressure is obtained for the same DEA at 7 kV. Nonetheless, the influence of the DEA and its energy is also linked to the specific blood pressure levels (which can vary during the *in vivo* experiments) and can explain the variations for similar size DEAs tested at identical voltages.

The results presented in this study serve as a proof of concept for the use of DEAs as cardiac assist device. However, some aspects still need to be further optimized before considering a potential clinical application. Firstly, an increase of performance is required to justify the implantation of the device in a patient. The first step in this process is an optimization of the design to conform to the patient's pressure levels. By doing this, we expect to obtain higher deformation of the DEA and thus more provided energy while also increasing the stability of the device. Furthermore, we could anticipate that further *in vivo* experiments should focus on DEA implantation in the ascending aorta. The benefits of counterpulsation at the level of the ascending aorta are expected to be more important compared to counterpulsation in descending aorta for several reasons (24): i) it ensures a better synchronization to the cardiac cycle due to its proximity to the aortic valve, ii) counterpulsation efficiency and blood volume displacement are maximized because the pulse propagation in other arteries is minimized, iii) the increase in coronary blood flow is also maximized (25, 26), more than with IABP. In the current study, we tested our device in anesthetized, but healthy porcine hearts. The aim of further *in vivo* experiments will be to include hearts with reduced systolic function such as myocardial infarction or ischemia reperfusion.

From the engineering aspect of the device before it could be considered for chronic *in vivo* experiments, work is already performed concerning the synchronization of the activation of the DEA with the R-wave from an ECG instead of a pacemaker. Moreover, a full integration of the wireless high voltage power supply with transcutaneous power transfer and control of activation must be developed and tested. Finally, the DEA should have no contact with the blood, and the development of a DEA wrapped around the aorta will be crucial to make the operation less dangerous and ensures long-term operation of the device. In the end, further studies will need to be done on the long-term chronic implantation and impact of the device. The fatigue life of dielectric elastomers needs to be studied and their stability of operation over more than 400 million activations (10 years continuous operation). Nonetheless, we demonstrated that a dielectric elastomer actuator is a step forward towards a soft cardiac assist device more suitable compared to existing solution. The risk to create haemolysis and shear-induced thrombocyte activation (blood clotting), major problems encountered with other cardiac devices, are minimized by augmenting the natural role of the aorta deformation to bring energy to the flow.

MATERIALS AND METHODS

Study design

The aim of this study was to show that our soft dielectric elastomer actuator (DEA) could provide some support to the heart by lowering the end-diastolic pressure, and augment coronary flow by increasing early aortic diastolic pressure. An acute porcine model, atrium-paced at 100 bpm, was used to test our device *in vivo* in $n = 5$ pigs. The device was implanted in the descending aorta. Cardiac parameters were recorded during baseline (60 heart cycles before and 60 heart cycles after device-actuated period) and during actuation of the device (60 heart cycles). 40 consecutive heart cycles, 20 baseline and 20 device-actuated, for each device protocol were analysed using MATLAB (MathWorks, Natick, US).

Animals and surgical procedure

This experiment was approved by the Commission of Animal Experimentation of the Canton of Bern, Switzerland (Approval number BE14/2021). A DEA assist device was implanted in $n = 5$ Edelschwein pigs of about 50 kg (three females, two males). Anaesthetic management is described in the supplementary materials. Left-sided thoracotomy was performed and the pericardium was opened. After heparin administration, a left heart bypass was established via cannulation of the left atria atrium (angled tip 28 Fr. Cannula) and the descending aorta (14 Fr. Arterial Cannula) at the diaphragmic level. After initiation of left heart bypass, the descending aorta was clamped distally to the right subclavian artery and just proximal at the diaphragmic level, and a part of it excised. The device was anastomosed to the descending aorta at the place of the excised part. After implantation the aortic clamps were removed. Temporary pacemaker leads were attached to the right atrium and a fixed rate of 100 bpm was started. The schematic of the left structure of the heart and aorta as well as the placement of the sensors is shown in Fig. 2A. A pressure-volume catheter (Millar, ADInstruments, Houston, USA) was introduced into the left ventricle through the left atrium. Two water-filled pressure catheters (Xtrans, CODAN Pvb Critical Care GmbH, Forstinning, Germany) were inserted in the descending aorta: one placed upstream of the device, towards the ascending aorta, and the other inside the DEA device. Two ultrasonic flow probes (COncidence, Transonic Systems, Inc., Ithaca, NY, USA) were placed around the descending aorta: one upstream and the other downstream of the device. All data were logged continuously in real time using the LabChart data logger (ADInstruments, Houston, USA). To remove all sensor hardware and software delays, and have all sensors synchronized, we performed a synchronization measurement before each experiment. Fig. S8 shows the experimental setup for this measurement. All sensors (flow probes, pressure sensors, and the pressure-volume catheter) were attached at the same height to a water column. A piezo element (direct signal, no delay) attached at the same height was used as reference. A sharp increase in pressure and flow was generated by dropping a cylinder into the water column. The delay of this sharp signal of the different sensors was compared with the piezo reference and removed to synchronize all sensors. Additionally, the pressure sensors were calibrated using the same water column, measuring three reference heights of water.

Device synchronization and study protocol

The DEA assist device was activated and deactivated using a high voltage unit which was synchronized to the pacemaker of the animal using the pacing signal as trigger. To synchronize

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the DEA activation to the aortic valve opening and deactivation to the aortic valve closure a few heart cycles were measured. Fig. 3A shows the different points used to synchronize the activation and deactivation of the DEA to the aortic valve opening and closure, respectively. For aortic valve opening the time between the mid-point of the left ventricular pressure increase (Fig. 3A, point 1) and the pacing signal peak (Fig. 3A, point PM) was used. Because the DEA was positioned in the descending aorta the pressure in the DEA was delayed compared to the pressure in the left ventricle. This delay was measured as the time between point 1 and the start of pressure increase in the DEA (Fig. 3A, point 2) and removed for the device activation. Hence, considering this delay, the device was actuated earlier (Fig. S9). The systolic length was measured as the time between flow increase Fig. 3A, point 3) and the flow equivalent to the dicrotic notch (Fig. 3A, point 4) seen in the aortic flow signal and used for the length of device actuation. For all these time points, the average over several heart cycles compared to the pacemaker signal were used and they were assumed to stay constant for all heart beats in one animal during pacing at a fixed heartrate. The device was actuated with two different actuation protocols. In the first protocol (protocol 1) the actuation length was fixed, and the start of actuation was phase shifted compared to the pacemaker signal. The phase shift was defined as the time between the aortic valve opening and the start of actuation in percentage, with 0% meaning synchronized to the aortic valve opening (taking the pressure delay into account and activating the DEA this delay earlier). Fig. 3B shows the concept of the first protocol highlighting three different phase shifts (0%, 45%, 90%). 15 different phase shifts were performed from 0-90%, with steps of 5% from 0-50%, and step of 10% from 50-90% (except for animal 4, in which the protocol was performed with steps of 10% only, and thereby for 10 different phase shifts). In the second protocol (protocol 2), the expected best phase shift with actuation mainly during systole was used with the actuation start and end times synchronized to the aortic valve opening and closure, respectively (taking the pressure delay into account, and activating/deactivation the DEA this delay earlier). The start and end times of activation were shifted with -5%, 0% and 5% (of valve cycle) compared to valve opening and closure, respectively, giving a total of nine different recordings (three start times and three end times). Fig. 3C shows the concept of the second protocol highlighting the three different start and end times. The tables in Fig. 3B, C give the full overview of the two protocols with 15 and 9 different phase shifts and start and end times respectively.

Hardware equipment

The complete hardware setup to convey the experimentation was separated in two parts: activation of the DEA and data acquisition (Fig. 2C). A CompactDAQ (National Instruments, Austin, USA) connected to a computer with LabVIEW (National Instruments, Austin, USA) was used to output the activation signal to the high voltage amplifier (Trek 20/20C, Advanced Energy, Denver, USA). The amplifier was connected to the DEA through wires and a small insulating box that allowed to secure the pig and medical staff from the high voltage. The pacemaker had two identical outputs: one for the pacing of the heart and the other for triggering the DEA activation. The activation profile was defined in LabVIEW as shown in Fig. S13 by the period of the signal, the rising and falling time, the size of the plateau, the delay for the activation compared to the pacemaker signal, the voltage value, and the number of cycles. The rising and falling times (50 ms) were reduced as much as possible to be closer to a square signal while limiting the current flowing in the DEA that

could lead to deterioration of the performances. As the pacing was very repeatable, the pacemaker triggered the activation only once at the beginning and the synchronization was ensured by the identical value between pacemaker pacing period and defined period in the program. To ensure, the signals were not shifted due to electromagnetic compatibility issues, the trigger signal from the pacemaker was galvanically isolated through a magnetic transformer. In Fig. S14, we can see the superposition of all the activation signals compared to the pacing signal. We can see a small drift of maximum 3 ms between the 60 activations, mainly due to a slight error between the pacing period and the activation period that we considered not significant in the analysis of data.

All the signals from the experiment were acquired through two Powerlabs (ADInstruments, Houston, USA) of 16 and 8 input ports. The latter one was used to obtain the signals from the pressure-volume catheter while the former one acquired the signals from the pressure catheters, the flow probes as well as the pacemaker trigger signal and the current and voltage monitoring values from the high voltage amplifier. A computer with LabChart Pro (ADInstruments, Houston, USA) was used to visualize the signals in real time and save the data at a sampling frequency of 1 kHz.

Statistics

Pressure, flow, and volume were recorded continuously using LabChart. All protocols were performed for 60 consecutive heart cycles with actuated DEA, with at least 60 consecutive heart cycles baseline before and after the actuated cycles. Data from the two (n=2) last animals were used in the analysis, due to different problems occurring during the three first experiments (e.g., early electrical breakdown of the device, or early death of the animal). This study followed the 3Rs (Replace, Reduce, Refine) principles (27) in which researchers are obliged to keep animal experiments to a minimum. Because this was an *in vivo* feasibility study (to test if our DEAs could support the cardiac system) the low number of animals was justified and followed the 3Rs principle. Table S1 gives an overview of all five animals and all DEAs and protocols performed. No useful data could be recorded in animals 1 and 3, due to early electrical breakdown of the devices and early death of the animal, respectively. In animal 2, instable hemodynamic parameters during the recordings made analysis of the results challenging, and they were therefore excluded from the reported analysis. Fig. S7 A and B show the results for protocol 1 and 2, respectively, in animal 2 with DEA actuation at 6.5 kV for two consecutive heart cycles compared to baseline. In animal 4 and 5, all the 180 consecutive heart cycles for each protocol and each DEA were exported to MATLAB (Mathworks, Natick, MA, USA) for further analysis. For each protocol and DEA, only 20 heart cycles of baseline and 20 actuated heart cycles were picked and used in the analysis. The 40 heart cycles were consecutive, either using the baseline before actuation and the first cycles of actuation or using the last part of actuation and first part of baseline after actuation. For each cycle the maximum, minimum and mean values of all the pressure, flow and volume measurements were calculated. The following parameters were calculated for all analysed heart cycles: average left ventricular pressure (avg. LVP), end-diastolic pressure (EDP), early diastolic aortic pressure (AoP dia, calculated as the average aortic pressure after valve closure until 0.1 s before aortic valve opening to exclude the last part of diastole), and average aortic flow (avg. Qao). Averaged heart cycles for all pressure and flow measurements were also calculated. The actuated heart beats were compared to the baseline measurements for all parameters, and the average values as well as standard deviations of all parameters were calculated. For each protocol (all fifteen phase shifts and all 9 start and end times), the Wilcoxon signed-rank test (*signrank* in MATLAB) was

performed to compare the actuated heart cycles with the baseline cycles. A p-value below 0.05 was considered significant.

List of Supplementary Materials

Materials and Methods

Fig. S1. Structure of the multilayered DEA

Fig. S2. DEA fabrication steps

Fig. S3. Close-up of the housing connectors

Fig. S4. Testbench for *in vitro* pressure volume characterization of the DEA

Fig. S5. Pressure-Volume Characteristics of the two DEA designs used during the *in vivo* experiment

Fig. S6. Energy supplied by the actuator during protocol 1

Fig. S7. Demonstration of the cardiac assistance from the DEA augmented aorta in Animal 2.

Fig. S8. Sensor delay and calibration setup

Fig. S9. Delay between DEA activation and aortic valve opening

Fig. S10. Box-plots of the variation of pressure and flow parameters

Fig. S11. Pressure and flow signals for the full duration of protocol 1 in Animal 4

Fig. S12. Chaotic behaviour of the left ventricle volume measurement

Fig. S13. Parameters defining the activation signal

Fig. S14. Shift between pacing and activation signal

Table S1. Overview of all animals, DEAs tested, and protocols performed.

Table S2. Average values and standard deviations for all measured parameters

Video S1. Working principle of the dielectric elastomer augmented aorta

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Author Contributions: T.M., A.W., J.C., and Y.C designed the device. A.W. fabricated the device. T.M. and A.W. characterized the actuators. S.E.J., F.C. and L.F. designed the acquisition and sensor setup. S.E.J., F.C., J.C., PPH, DC and YC wrote the ethical approval. T.M, S.E.J, A.W., J.C., F.C., L.F, P.P.H, D.C, A.H and Y.C conducted the porcine studies. T.M., S.E.J., F.C, P.P.H, D.C, A.H, M.M.L., D.O, T.C, Y.C., and Y.P. designed the research. T.M., S.E.J., and L.F. analysed the data. T.M., S.E.J., A.W., F.C., and Y.C. wrote the paper. T.M., S.E.J., A.W., F.C., L.F., P.P.H., D.C, A.H., M.M.L., D.O., T.C., Y.C., and Y.P. reviewed the paper.

Data and materials availability: Data are available in the Supplementary Materials. Request for data should be addressed to T.M.

Table 1. Comparison of the different types of aortic counterpulsation devices. The electrical activation of the dielectric elastomer augmented aorta allows for fast activation of the device. Furthermore, the proposed design does not obstruct the blood flow in the aorta.

Type	Activation Type	Displaced Volume	Position	Activation speed	Obstruction of the Aorta
Intra-aortic balloon	Pneumatic	25-50 mL (28)	Inside the aorta	250 ms (29)	Yes
Extra-aortic balloon	Pneumatic	7 mL (10)	Around the aorta	50 ms (10)	Yes
Para aortic balloon	Pneumatic	30 mL (30)	External to the aorta	100 ms (31)	No
Dielectric elastomer augmented aorta	Electric	< 2 mL	Replacement of the aorta	< 20 ms	No

Table 2. Variation of the pressure and flow parameters *in vivo* due to the influence of the DEA augmented aorta. The results of all DEAs and voltages tested for protocol 1 (A) and protocol 2 (B) are combined to evaluate the influence of the DEA on the pressure and flow parameters. The numbers are given in percentage change (%) of device actuated cycles compared to baseline. Standard deviation is computed and non-significant change are marked with *.

A

Phase shift [%]	Protocol 1: actuation phase shift															
	0	5	10	15	20	25	30	35	40	45	50	60	70	80	90	
avg. LVP	-0.8±1.8	-0.8±1.7	-1.2±1.9	-1.0±1.7	-1.0±1.9	-0.5±1.7	-0.4±1.9	-0.5±1.7	-1.0±1.9	-0.7±1.7	0.7±1.9	1.0±1.8	0.6±1.8	0.1±1.9*	0.2±1.7*	
EDP	-2.7±2.1	-1.2±0.7	-0.2±0.7	0.4±0.8	0.9±1.0	1.3±0.8	1.0±1.0	0.5±1.0	1.1±0.9	2.1±0.9	3.2±1.5	-0.2±0.7	-0.8±0.7	-0.9±0.9	-1.8±2.0	
AoP dia	0.8±0.9	0.4±0.8	0.8±1.0	0.3±0.8	0.2±1.1*	-0.1±0.8	-0.5±0.9	-1.0±0.9	-0.8±0.9	-0.5±1.0	-0.3±1.2	-0.8±0.9	-0.6±1.0	0.3±0.9	0.2±0.9	
avg. Qao	0.1±1.7*	0.2±1.4	0.5±1.9	-0.3±1.4	-0.2±1.7	0.2±1.6*	0.1±1.6*	0.2±1.6*	-0.2±1.9	-0.2±1.5*	0.2±1.7*	-0.6±1.6	0.0±1.6*	-0.3±1.5	-0.3±1.6	

*non-significant change

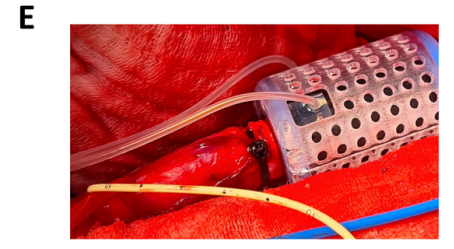
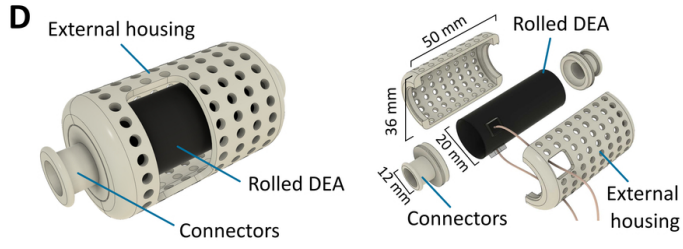
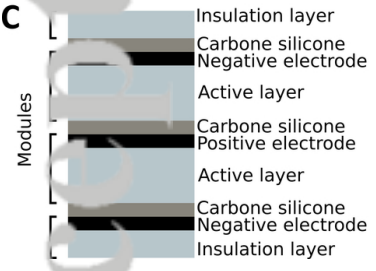
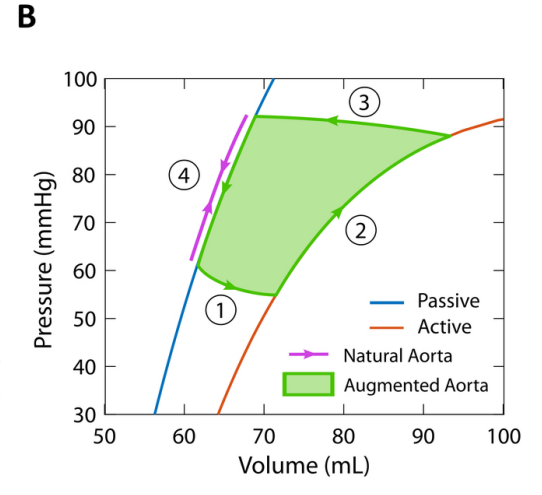
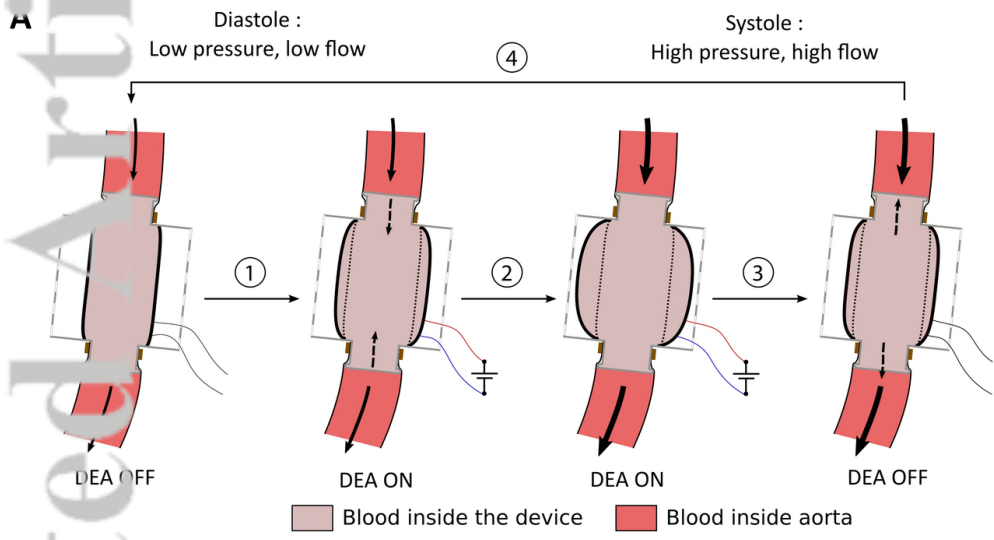
LVP: left ventricular pressure, EDP: end-diastolic pressure, AoP dia: aortic pressure early diastole, Qao: aortic flow, Avg.: average

B

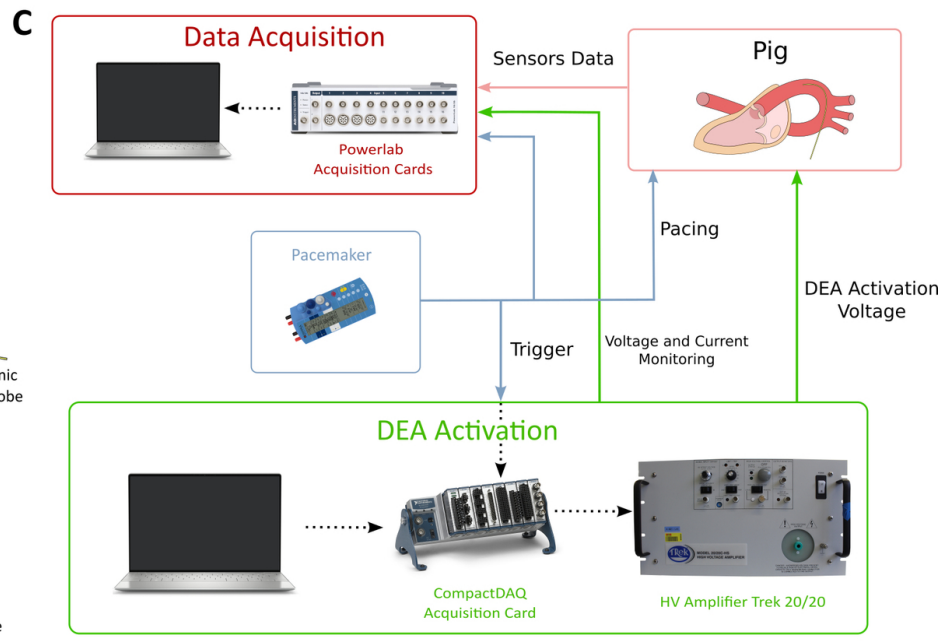
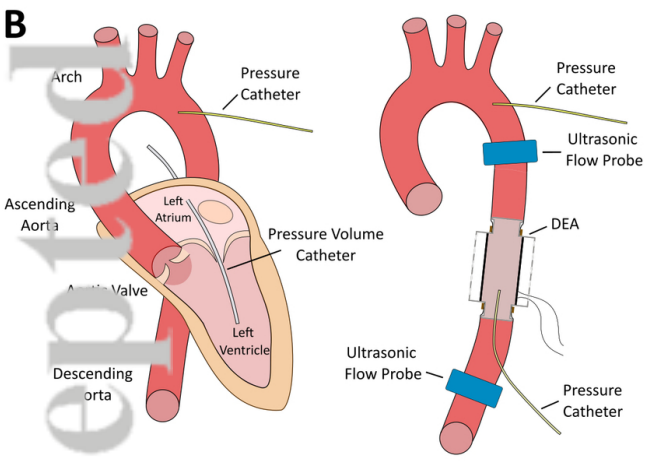
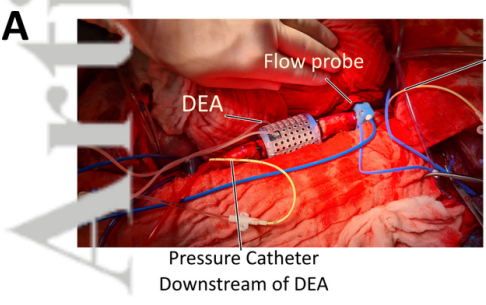
Activation (ON,OFF) [%]	Protocol 2: different activation start and end point with actuation during systole								
	(-5,-5)	(-5,0)	(-5,5)	(0,-5)	(0,0)	(0,5)	(5,-5)	(5,0)	(5,5)
avg. LVP	-0.8±1.6	-0.8±1.6	-0.4±1.6	-0.9±1.6	-0.8±1.6	-0.7±1.6	-1.0±1.5	-1.0±1.6	-0.8±1.6
EDP	-3.0±1.8	-2.3±1.8	-2.0±1.8	-3.3±1.2	-2.9±1.5	-2.6±1.5	-2.2±0.9	-1.9±0.9	-1.6±1.0
AoP dia	0.5±0.9	1.2±0.9	1.4±0.9	0.5±1.1	0.9±1.0	1.1±1.0	0.4±0.9	1.0±1.0	1.1±1.0
avg. Qao	-0.2±1.6*	0.1±1.8*	0.4±1.7	-0.0±1.7*	0.1±1.7*	0.2±1.7*	0.1±1.8*	0.1±1.8*	0.4±1.8*

*non-significant change

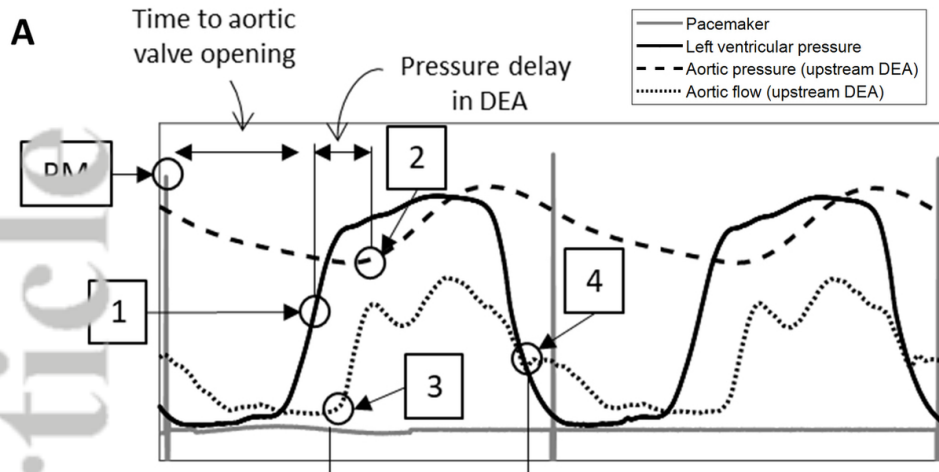
LVP: left ventricular pressure, EDP: end-diastolic pressure, AoP dia: aortic pressure early diastole, Qao: aortic flow, Avg.: average



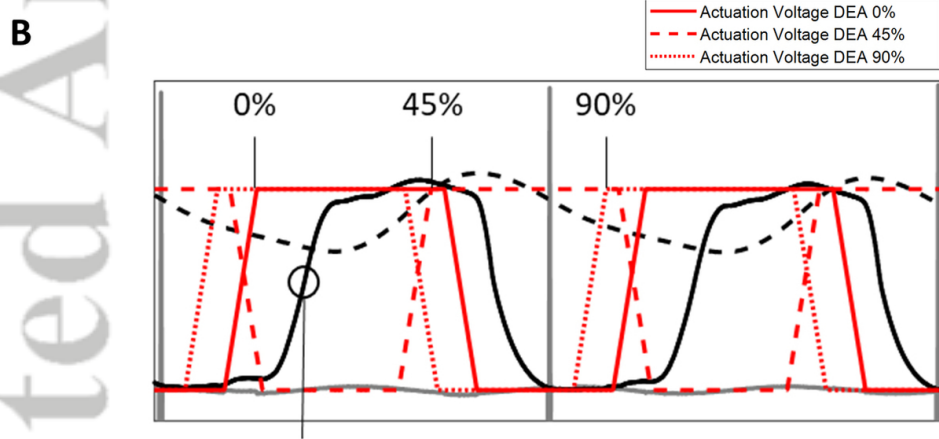
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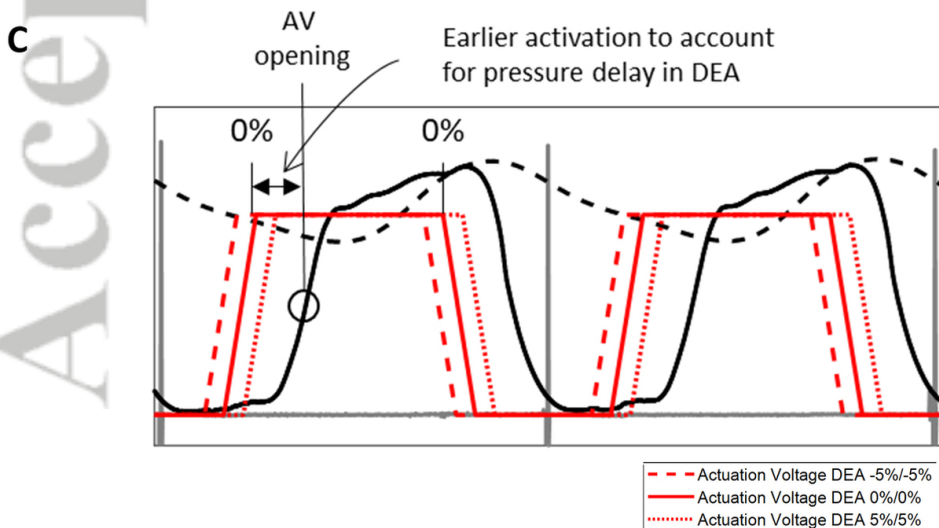
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Overview animals and DEAs				
Animal	DEA	Length [mm]	Voltage [kV]	Protocol
Animal 4	1	29	6.5	2
	2	39	7.0	2
			6.5	2
	Animal 5	3	29	6.0
6.5				1
7.0				2
4		39	6.0	1
			6.5	2

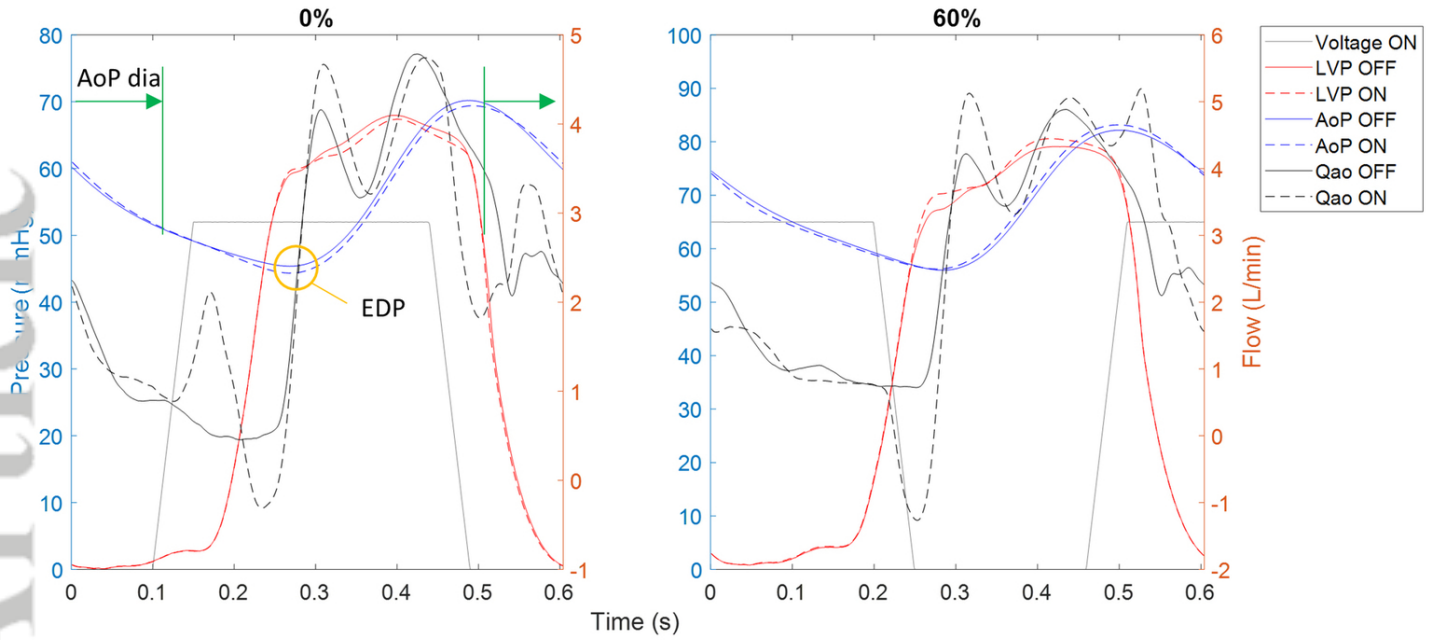
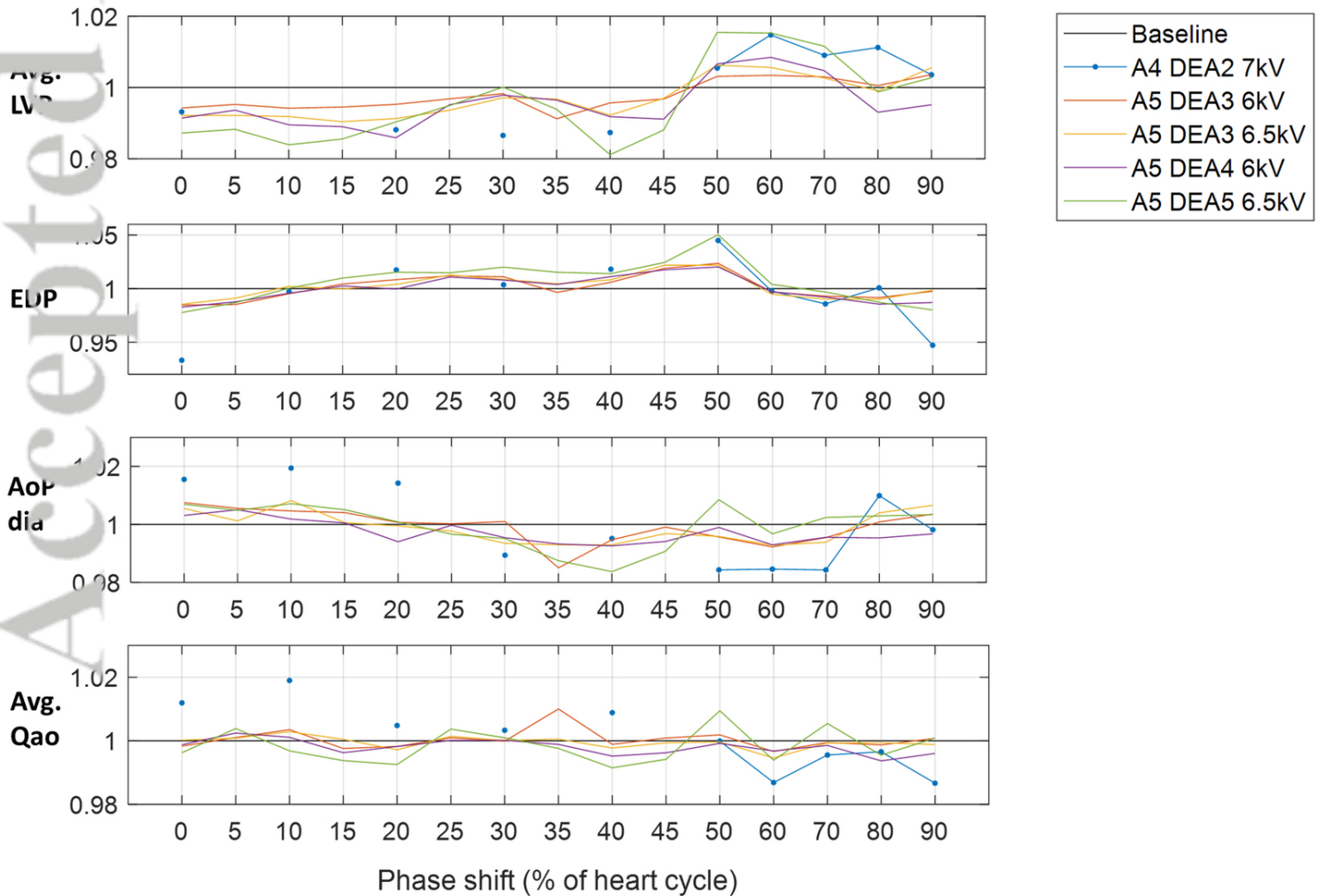


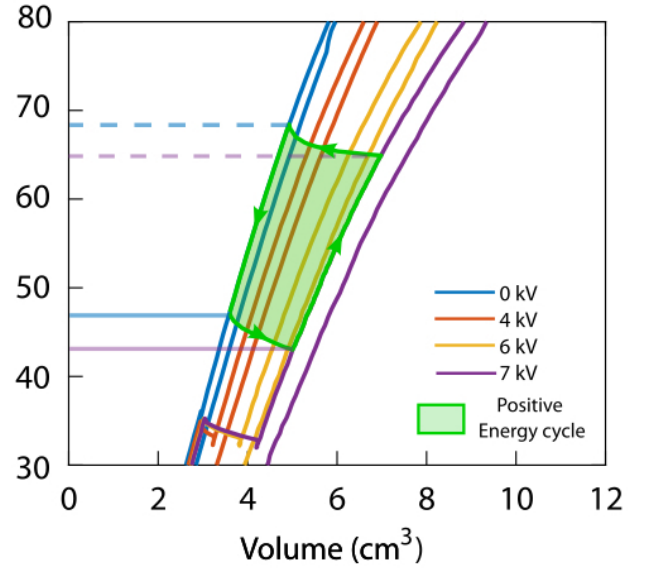
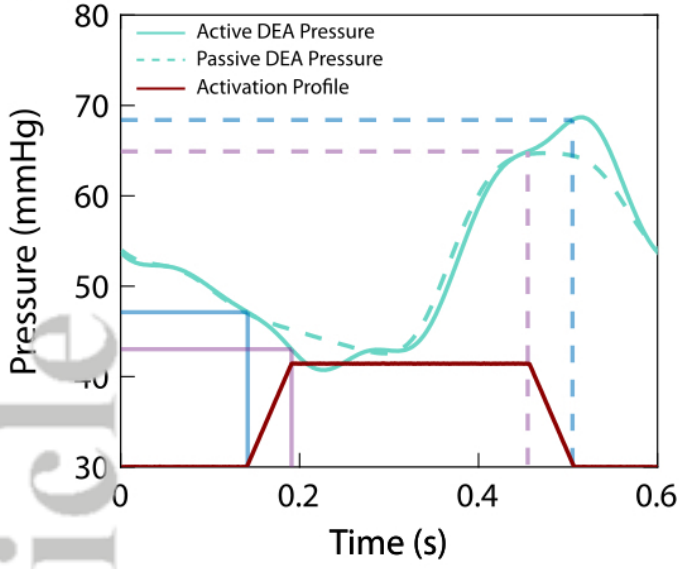
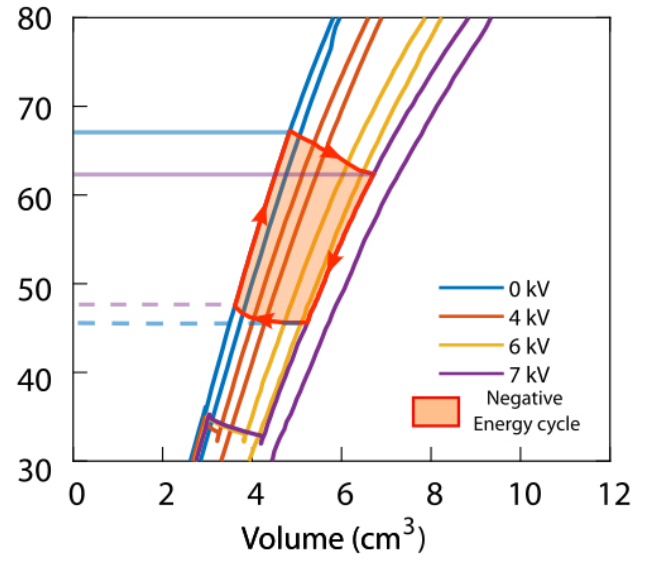
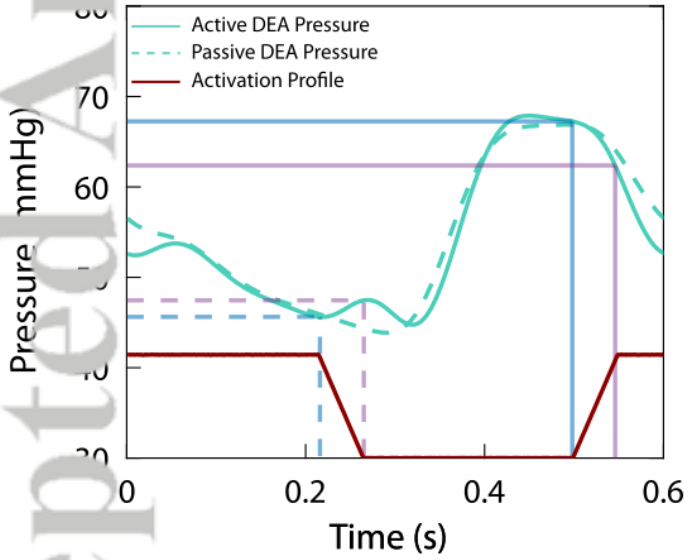
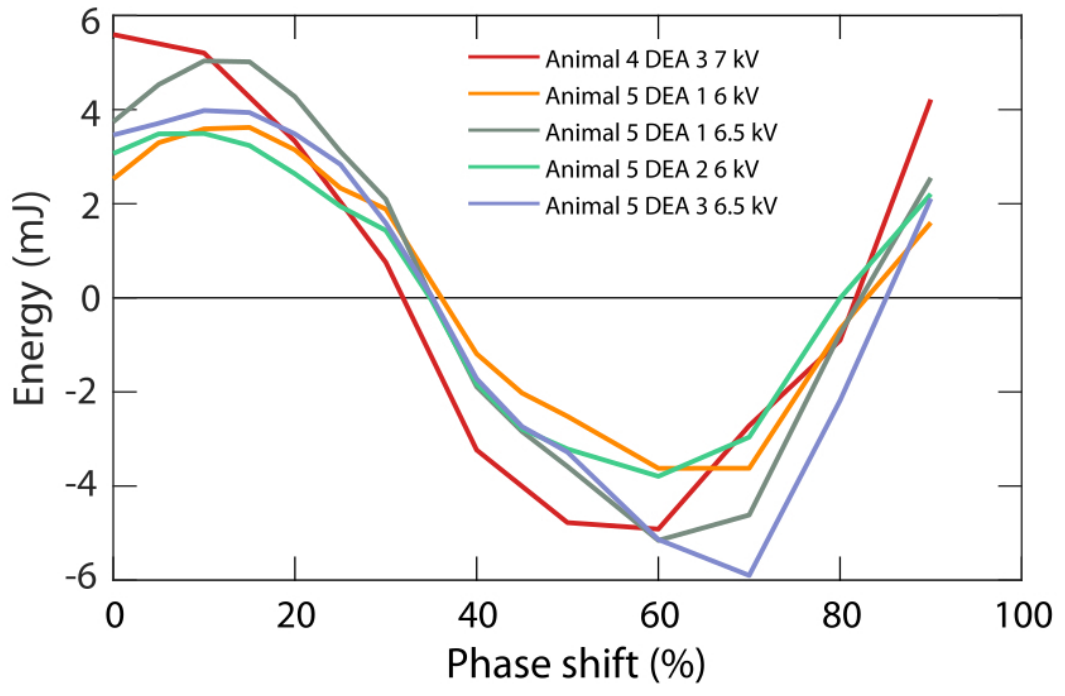
Protocol 1 phase shift	
Phase shift [% of heart cycle]	
0% = AV opening	
Protocol number:	
1.1	0
1.2	5
1.3	10
1.4	15
1.5	20
1.6	25
1.7	30
1.8	35
1.9	40
1.10	45
1.11	50
1.12	60
1.13	70
1.14	80
1.15	90



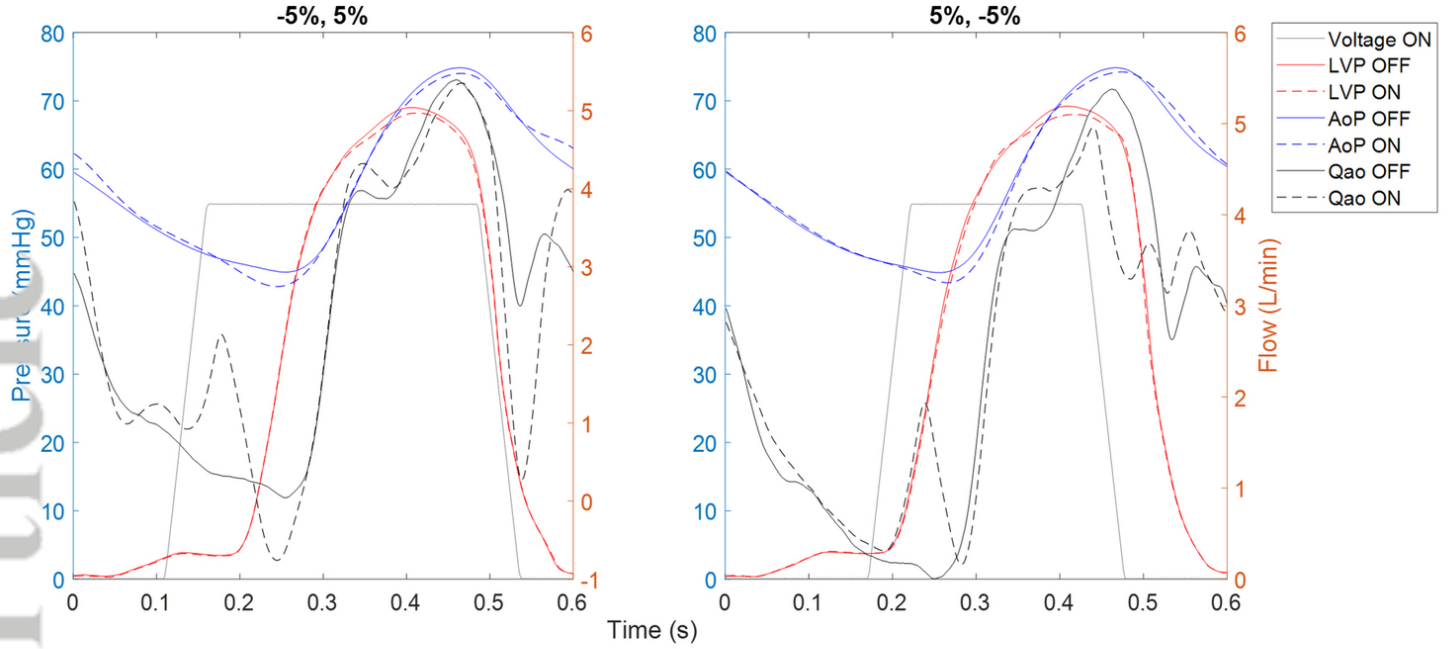
Protocol 2 systolic actuation		
Activation [% of heart cycle]		
0% = AV opening		0% = AV Closure
Protocol number:	Activation start	Activation stop
2.1	-5	-5
2.2	-5	0
2.3	-5	5
2.4	0	-5
2.5	0	0
2.6	0	5
2.7	5	-5
2.8	5	0
2.9	5	5

BTM2_10396_Fig3d.jpg

A**Averaged heart cycles for actuated heart cycles (ON) compared to baseline (OFF)****Average pressure and flow parameters compared to baseline**

A**DEA 2 Protocol 1.1 : 0%****DEA 2 Protocol 1.12 : 60%****B**

A Averaged heart cycles for actuated heart cycles (ON) compared to baseline (OFF)



B Average pressure and flow parameters compared to baseline

