



"EJMOUR EJADWŌJ JIMOR EDDO" NEWSLETTER

REPUBLIC OF THE MARSHALL ISLANDS
MINISTRY OF HEALTH

APRIL 2004

New Majuro Hospital Building to be built by Tokai Kogyo Co., Ltd.



Tokai Kogyo Co., Ltd. has won the contract to build the New Majuro Hospital Annex. The Secretary of Health, Justina R. Langidrik, signed the contract with the construction company on February 06 in Tokyo, Japan. Accompanying the Secretary to the ceremony included Honorable Amatlain E. Kabua, RMI's Ambassador to Japan, and Hospital Administrator Sandy Alfred. The signing of the contract was the last official hurdle before constructions actually starts in early March this year.

The one-year project is the first phase of a two-phase project to build a three-complex annex building to include the Outpatient Services, Public Health, Emergency Department, Laboratory Department, Radiology Department, Reproductive Health Department, Dental Services, Medical Records, Patient Account Department, Pharmacy, Primary Health Care Services, Administration, and utility buildings.

The project was made possible to the people of the Marshall Islands through Grant Aid from the Government of Japan.

EBOJAAK TOKAI KOGYO CO., LTD NAN KALEK HOSPITAL EO EKAAL

Tokai Kogyo Co.,Ltd ewini Contract eo nan kalek hospital eo ekaal ilo Majuro. Secretary eo an Jikin Ejmour eo, Justina R.Langidrik ear signed ie contract eo ibben Construction Company eo ilo February 6 raan eo ilo Tokyo Japan. Ro raar bed ibben ilo ien eo ar Honorable Amatlain E. Kabua, RMI Ambassador eo ilo Japan im Hospital Adminstrator eo, Sandy Alfred. Ear komman ien eo eliktata in sign ie Contract eo mokta jen an construction eo jino jermal in ekkal eo ilo March in yio in.

1st phase eo me 5 yio in kaleke ej juon iian phase ko ruo ilo building in me ej jilu complex annex building. Ilo building in enaj bed Outpatient Services ko, Public Health, Emergency Department, Laboratory Department, Radiology Department, Reproductive Health Department, Dental Services ko, Medical Record, Patient Account Department, Pharmacy, Primary Health Care Services ko, Administration im Utility building ko.

Project in ear koman nan jiban armij in Majol jen Kien eo an Japan.

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Mental Health team checks up on RMI's Mental Health Services



On January 29-30, 2004, a Community Mental Health Block grant monitoring team visited the Republic of the Marshall Islands Substance Abuse and Mental Health Services Administration's (SAMHSA) Center for Mental Health Services (CMHS). The visit was conducted by a team of consultants who have expertise in administration, fiscal management and the clinical aspects of providing mental health services to adults with serious emotional disturbance (SED), as well as in consumer stakeholder issues to enhance also its ongoing partnership with States and Territories.

The purpose of the visit was to monitor the expenditures of the Mental Health Block Grant funds received by the grantee under section 1911 of Public Law 102-321, as amended by P.L 106-310, and to evaluate compliance with the agreements required under the program.

The team also assessed a range of mental health planning, management, and service delivery issues as they relate to the five criteria, designated by the amended block grant statute, that are to be addressed in the grantee's plan. The consultants were: Gloria Logsdon, M.S., independent consultant, Tampa, Florida; Team Leader, Writer and Adult and Children's Consultant, Larry Sobeck, M.P.A., independent consultant, Springfield, Illinois; Fiscal Consultant, Jeanette Tanos, R.N., Mental Health Consultant, Guam and Ms. Mikiko Stebbing, CMHS Federal Project Officer.

These consultants met with the Secretary of Health, Assistant Secretary for Primary Health Care, Mental Planning Counsel members and Health Promotion & Human Services Acting Director and staff.

Juon Team jen Community Mental Health Block Grant ear lotok RMI Mental Health Program eo

Ilo January 29-30 2004, ear wor juon team jen Community Mental Health Block Grant eo ear itok nan Majol in. Rein rar itok rej itok jen Substance Abuse im Mental Health Services Administrator (SAMHSA) ilo center eo an Mental Health Services (CMHS). Ilo team in ewor Consultant ro ewor aer iminene ikijien administration, Fiscal Management im ro ewor aer tijemlok ikijein clinic ko an Mental Health Services nan ro elap aer jorren lomnak ko aer. Rar itok nan aer bar kolaplok bujen jemjera eo aer ibben States im territories.

Unleplep in itok in an team in ej nan etale log im jermal ko ikijien driwoj drelon ko an Mental Health Block Grant eo im ej bed iumin Section 1911 im Public Law 102-321 im ear amended jen P.L 106- 310. Rar bar etale wewein jermal ko ekkar nan webben ko rar kommani.

Team in ear bareinwot lolorjake Planning, Management im Services ko im rej ekejak lok wot criteria ko, lalem (5) im rej elajrak iumin block grant in im rej aikuuj bed ilo grantee plan eo. Ro uwan team in rej: Gloria Logsdon, M.S., independent consultant, Tampa, Florida; Team Leader, Writer - Adult and Children's Consultant, Larry Sobeck, M.P.A., independent consultant, Springfield, Illinois; Fiscal Consultant, Jeanette Tanos, R.N., Mental Health Consultant, Guam im Ms. Mikiko Stebbing, CMHS Federal Project Officer.

Consultant rein rar kwelok ibben Secretary eo an Health Services, Justina R. Langidrik im Asst. Secretary eo an Primary Health Care, Russel Edward, im jet ian Officer ro an Mental Health Planning Counsel eo, im Chairman eo an Council in ej Botlang Loeak, MHPC Secretary eo ej Abner Zedkeia, im member ro jet rej Bolal Keju, Beamon Lolin, im John Erakdrik.

WORKSHOP / TRAINING CONDUCTED BY WORLD HEALTH ORGANIZATION CONSULTANTS

Workforce Management Workshop

A two-Day Workforce Management Workshop from February 12-13, 2003 was conducted by Ms. Loraine Kerse, a Regional Adviser, Human Resources from WHO. This collaboration was between WHO and the Ministry of Health Services. This workshop was for all the Ministry's Supervisors.

The purpose of the workshop was to facilitate management of human resources to improve health services and to discuss with Government and other stakeholders on the current and future skill mix in delivery of health services in Marshall Islands.

Food Safety Training

Dr. Darrel Bone a WHO Consultant from America came to Majuro to conduct a three week training workshop on food safety.

The goal of the food safety workshop was to improve the quality and safety of those foods that are prepared in restaurants, cafeterias, processing plants, markets, and bakeries by preparing key people to carry out a systematic evaluation of the



Ilo February 12-13, 2004, ear wor juon Workshop ikijein Workforce Management eo im ruo raan aitok im Loraine Kerse, Regional Adviser eo an Human Resources ilo WHO.

Ear juon ibben dron eo ikotaan Ministry of Health Services im WHO.

Workshop in ear komman nan Supervisors ro ilo Ministry eo an Jikin Ejmour eo. Kotobar eo nan kokomanman wewein an Supervisors ro jerral elaptata kokomanman lok ejmour eo.



risks presented by different methods of food preparation. Outfield trips were included during the training to observe on food preparation and employee hygiene.

Participants represented this MOH, R&D, EPA, and Land Grant/CMI. Big thanks to RCES kitchen,

Assumption School Cafeteria, Salvation Army Kitchen, Reader's Store, White House Restaurant, Jera Store, Long Islands Restaurant, Teruru Store, and Patrick Bien's Mini Restaurant & Store for allowing the trainee groups site visit to their kitchens.

Do you know the staff of the

Laura Health Center?



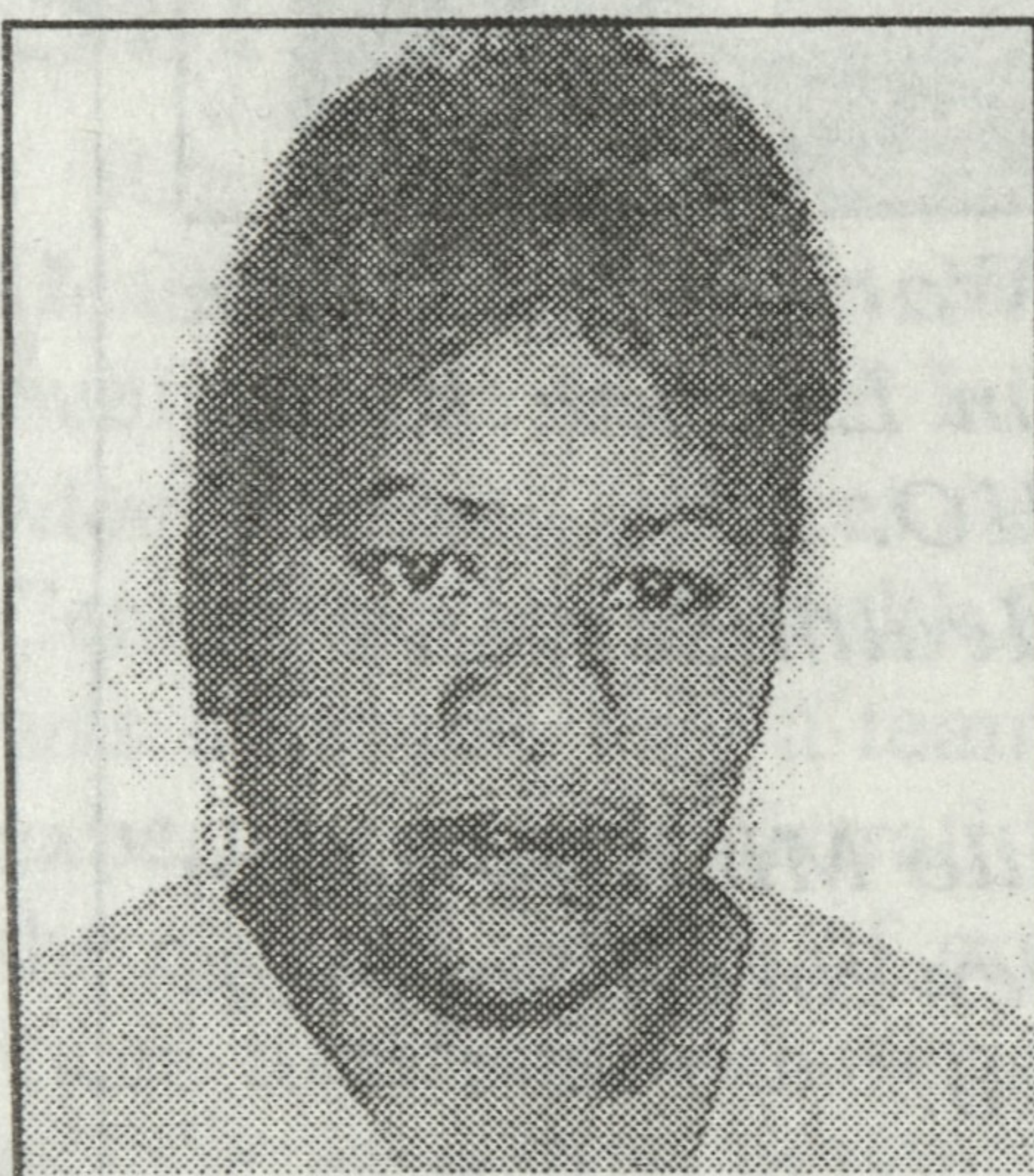
BITEN BATOL
Medex & Coordinator



VICTOR DRIJO
Health Assistant



AUGUSTA LATIOR
Health Assistant



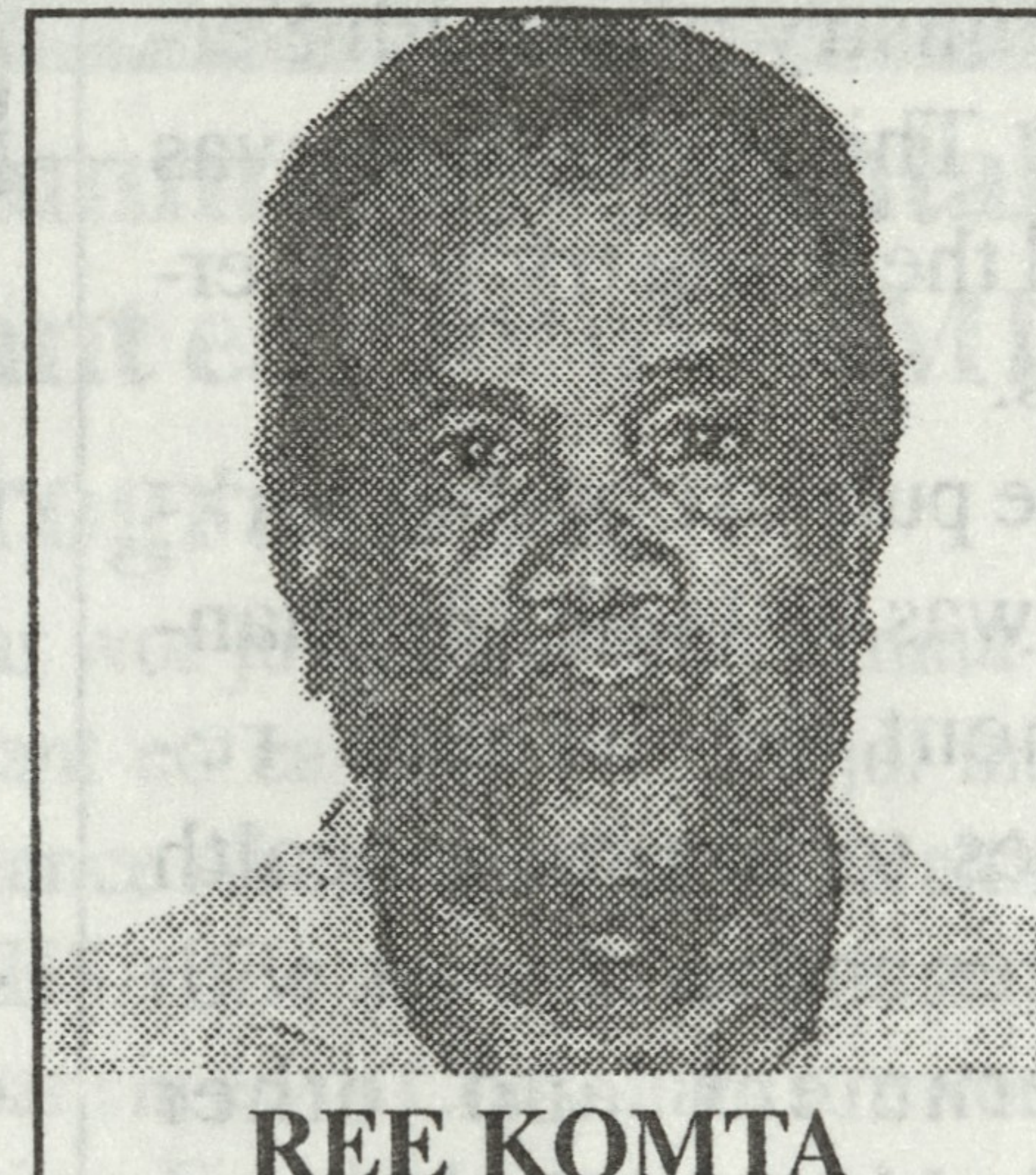
PINTA NATHAN
Health Assistant



SHERLEEN LANGIDRIK
Health Assistant



LUCY JETNIL
Clerk



REE KOMTA
Maintenance, Janitor & Ambulance Driver

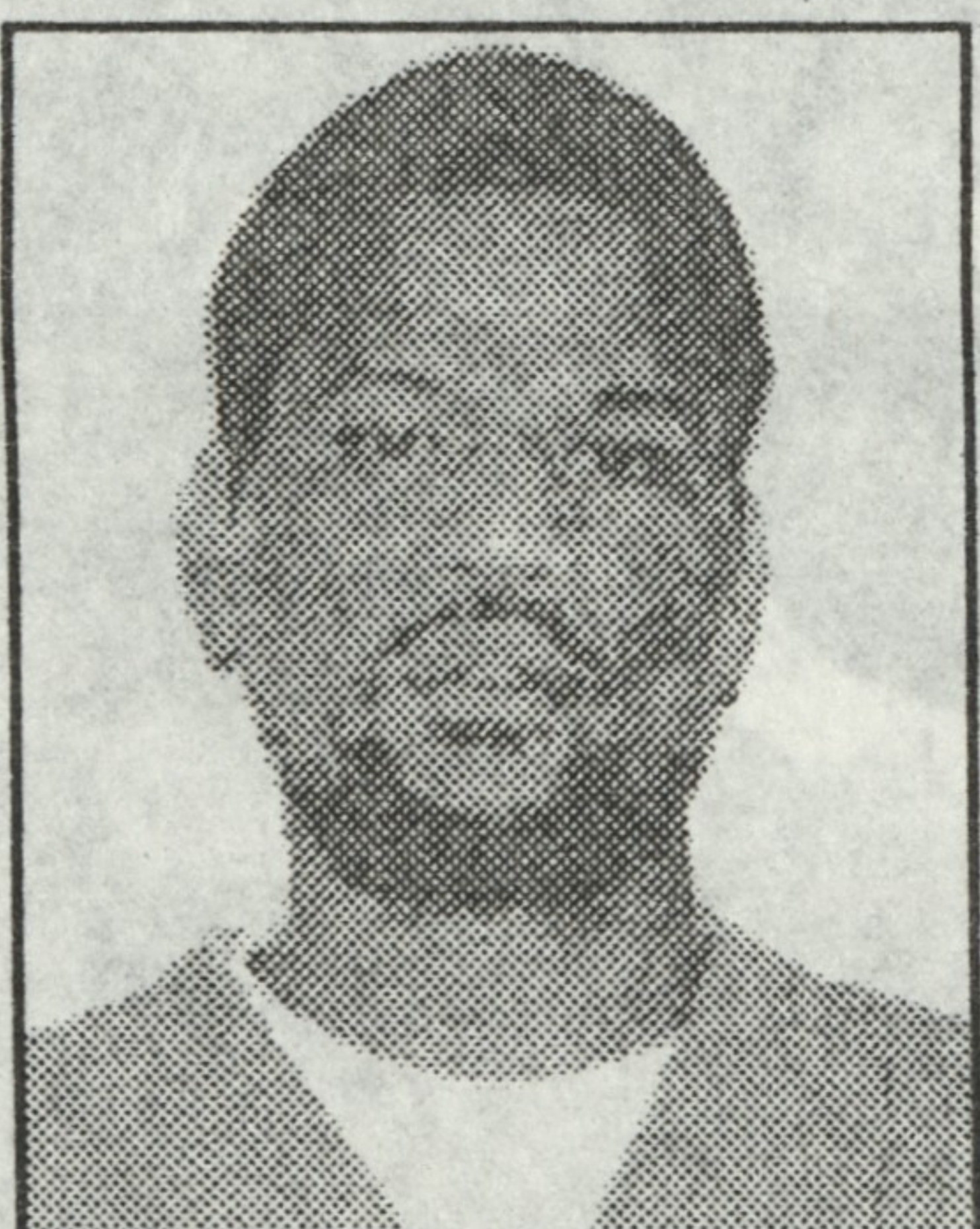
MoH Welcome Aboard New Staff



Javier Dondon
Celedonio
Respiratory Therapist



Modern R. Bruce
Dental Assistant



Kaious Armstrong
Dental Assistant



Hemmy Anrak
Hospital Security



Bedrik Filemmoni
Chief Cook

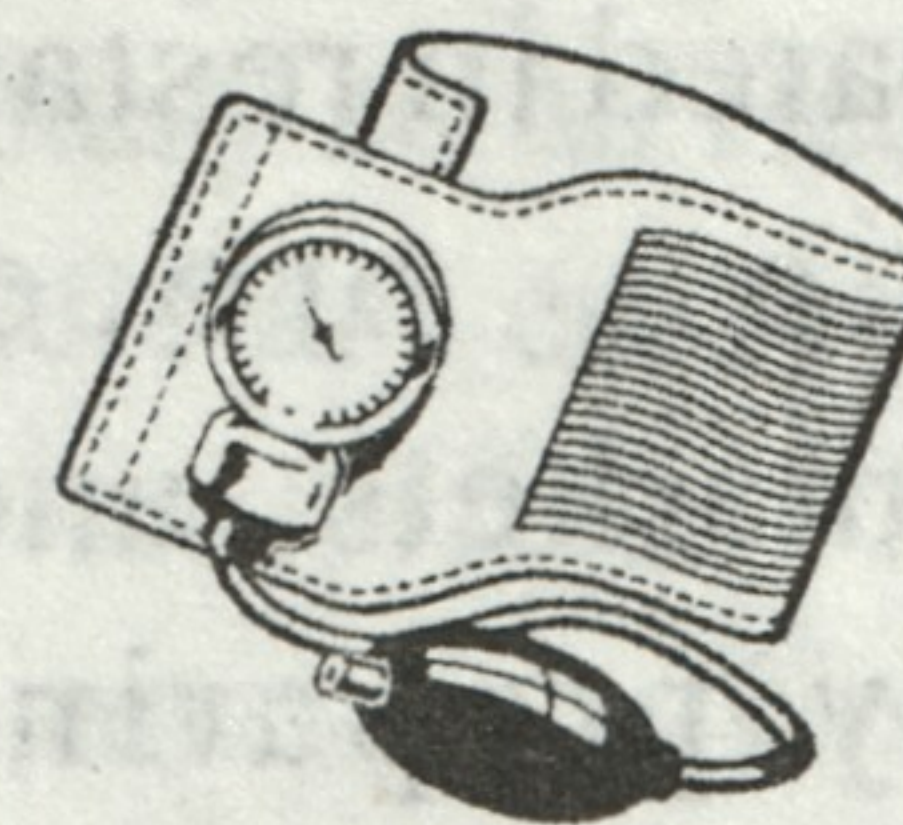


BE HEALTHY!

- AVOID junk food, excess sugar and salt
- EAT fruits and vegetables such as – carrots, papaya, pumpkin, garlic, onion, cabbage, etc.

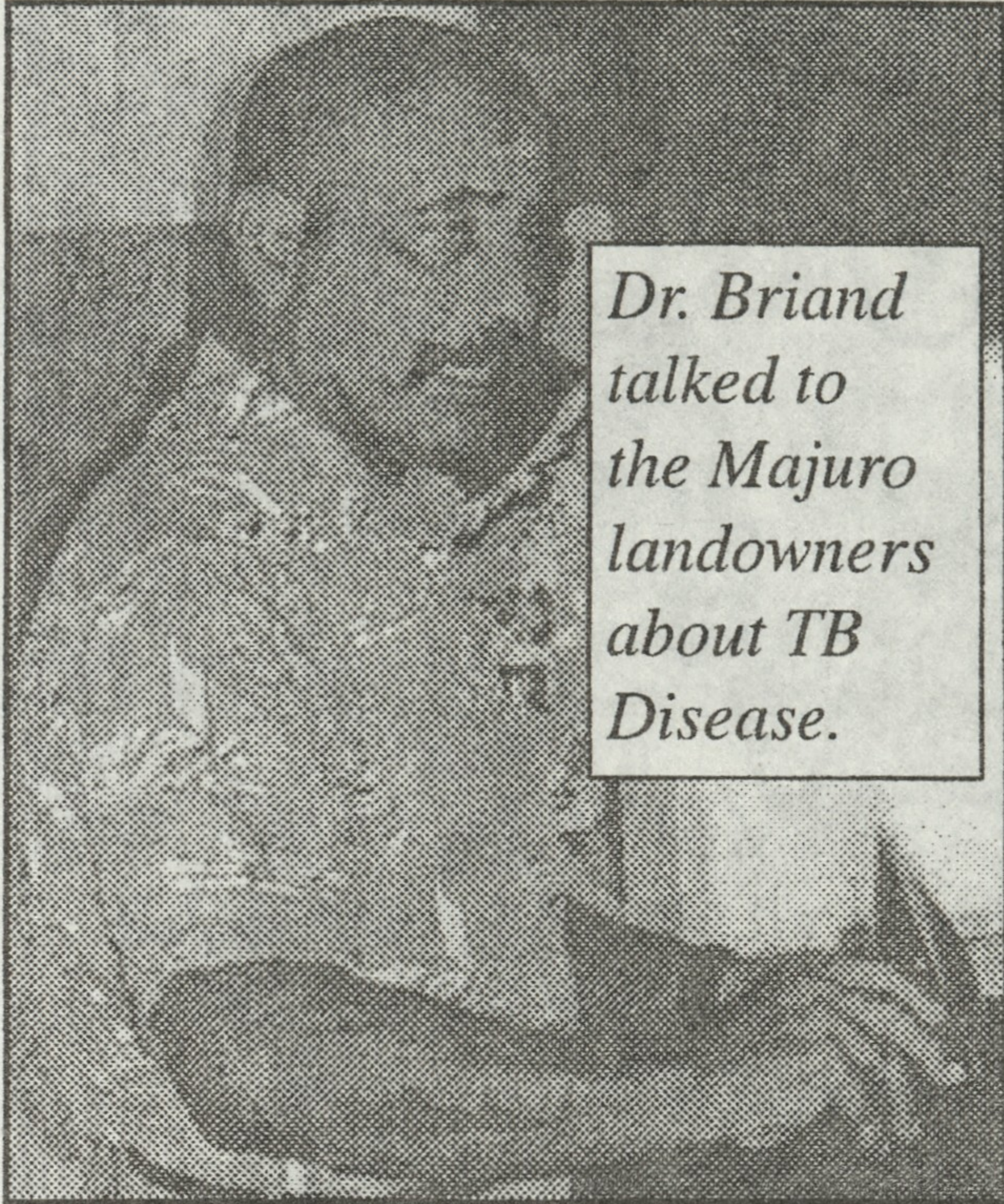


- Exercise regularly



- Get a regular physical check up
- and a good rest every night

WORLD TB DAY THEME: *TB Elimination: Together We Can Stop TB*



Dr. Briand talked to the Majuro landowners about TB Disease.



Majuro Landowners sat around City Hall and listened to Dr. Briand's lecture on TB.

World TB Day is held on March 24 each year it is an occasion for people around the world to raise awareness about the international health threat presented by Tuberculosis (TB). It is a day to recognize the collaboration efforts of all countries involved in fighting TB. TB can be cured, controlled, and with diligent efforts and sufficient resources, eventually eliminated. The Ministry of Health - Primary Health Care doctors, nurses and health educators conducted outreach awareness activities throughout the communities on Majuro during WORLD TB Day. Dr. Kennar Briand gave a presentation to more than 50 Alaps (landowners) including the Mayor and staff at Majuro Atoll Local Government at the City Hall. The alaps were very supportive of the ideas to try and eliminate TB from the Marshall Islands. They agreed with the slogan: “Health is Everyone’s Responsibility.”

Aolep iio otemjej ilo March 24 raan ej raan eo an TB ilo lalin, ilo ien in ej nan an aolep armij ro ilo ion lalin letok-letak melele ko ikkijen naninmij in TB

Ej juon raan eo aolep armij in lalin rej ibben dron nan koman makitkit ko nan bobrae naninmij in TB. Jemaron mour jen naninmij in TB im jemaron bobrae jen an ajeded ilo ad jermal ibben dron. Ilo Ra eo an Jikin Ejmour takto ro im nurse ro im kab Health Educator ro rej kommane ien ito-itak ko aer nan jukjuk in bed ko nan aer letok-letak melele ko ikkijen TB. Dr. Briand ar kommane juon ien an kenono nan alap ro an Majuro, ewor 50 jima alap rar bed ilo ien in bareinwot Mayor eo im ri-jermal ro an Majuro City Hall. Elap an alap ro itoklimo in bok konair ilo melele ko nan kajeon im kabwijrak TB jen aelon kein. Elap aer erra ibben dron kon naan in ej ba “Ejmour Ej Adwoj Jimor Eddo”

HEALTH FAIR:

*TB & Leprosy coordinator
PH nurse
Risa Bukbuk
with Daisy
Jacob did
screening in
front of
Payless
Supermarket.*



MOH involved in MOE activities

Education's Career Week



Dental Health Educator Charles Kelen demonstrated the right way to brush the teeth and explained the benefits of healthy food for the teeth and gums.



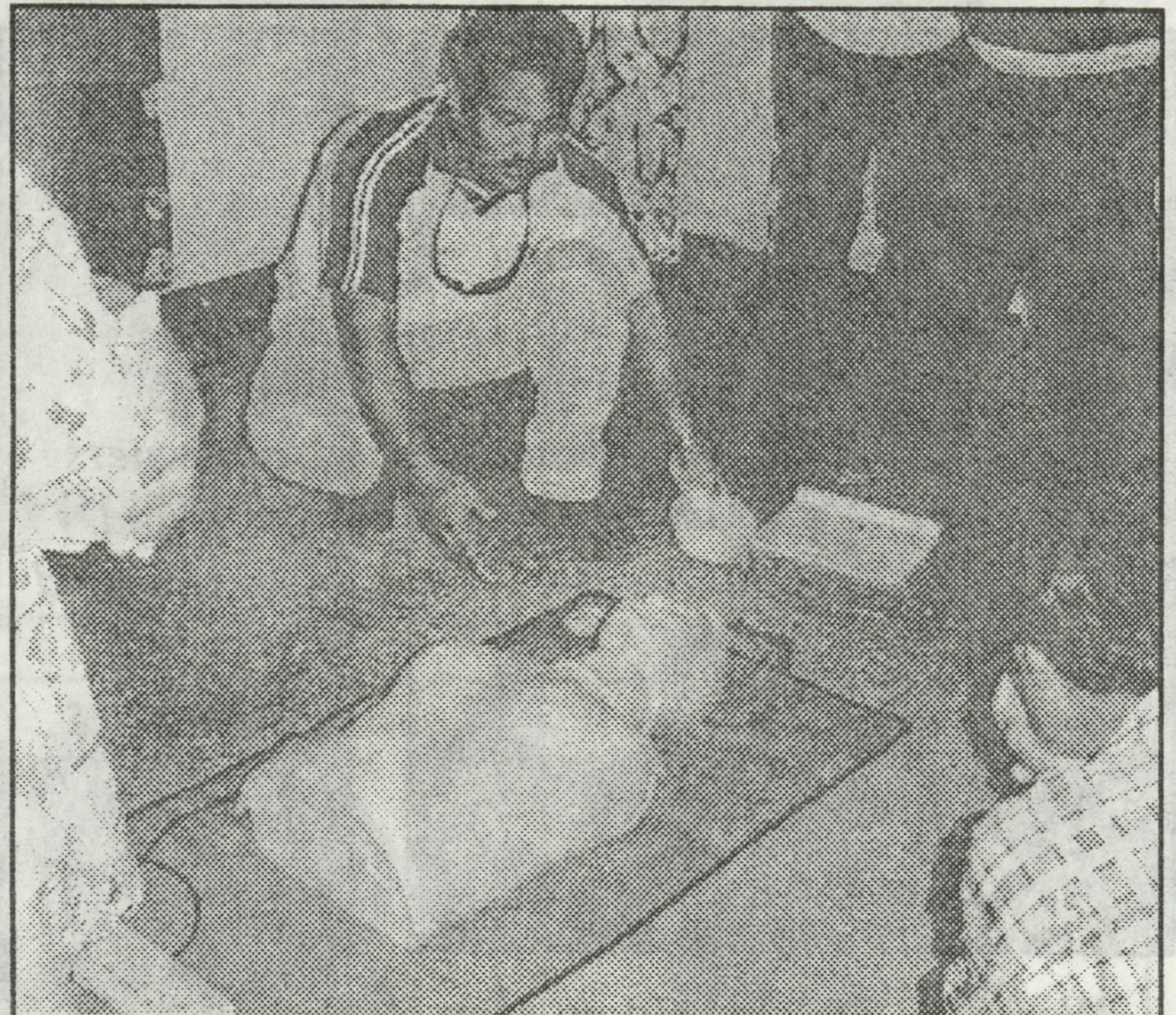
High School girls enjoyed reading the IEC materials on Reproductive Health, Family Planning and other health issues.

NO CHILD LEFT BEHIND

"No Child Left Behind" was the education theme for this year. Staff from Dental, Reproductive Health, Health Promotion and Human Services including the Director of Human Resources represented the Ministry of Health in doing health education, health demonstrations, and encouraging the students to pursue careers as a nurse and doctor in their future.

Displays were on tobacco, teen pregnancy, prevent obesity & diabetes, prevention of tooth decay, gum disease, etc...and leaflets and pamphlets were handed out.

Special Education and Health Education



ER Nurse Charles Lomae explained and demonstrated how to do First Aid CPR to the school principals.

Ilo January eo ri-jerbal ro an Health Education eo ilo Ministry eo an Jikin Jelalokjen eo ear kommane juon workshop nan kemeleleik principal ro nan aer maron jermal ibben ri-kaki ro aer kin jabdrewot katak ko jen workshop in. Workshop Coordinator eo Gideon Gideon ear kwalok ke Medex Handy Emil im nurse Charles Lomae jen jikin ejmour eo rar katakin principal ro kon First Aid CPR kab katak ko jet ikijein ejmour. Ear juon iien eo ear itok limoin principal ro im raar lo bwe katak ikijein First Aid aikuij bar komman im aitoklok kitien ekatak kake bwe ren lukkun jela im melele wewein kommane. Workshop in ej komman aolep yio otemjej ekkar nan Gideon Gideon.

EN EJJELOK AJRI EJ TUM JEN JELELOKJEN

En Ejjelok Ajri ej Tum jen Jelalokjen ear unin tel eo an yio in. Ri-jerbal ro an Dental, Reproductive Health, Health Promotion and Human Services im Director eo an Human Services jen MOH rar komman health education, health demonstration im rar lelok naan in rejan nan ri-jikuul ro bwe ren likit Nurse im Doctor ilo etonak ko aer. Displays ko rar komman ikijein Tobacco, Teen Pregnancy, wewein bobrae jen kilep im Tonal, Bobrae an jorren Ni im Nad ko. Ear wor leaflet im Pamplet ko lito-litak ilo ien eo.

First half day retreat for senior MoH personnel March 17, 2004



On March 17, 2004 the Ministry of Health conducted the First Half-Day Retreat for the Ministry's directors, supervisors and some of its doctors at the Melele Room, Marshall Islands Resort. There were more than 60 staff attending the retreat session.

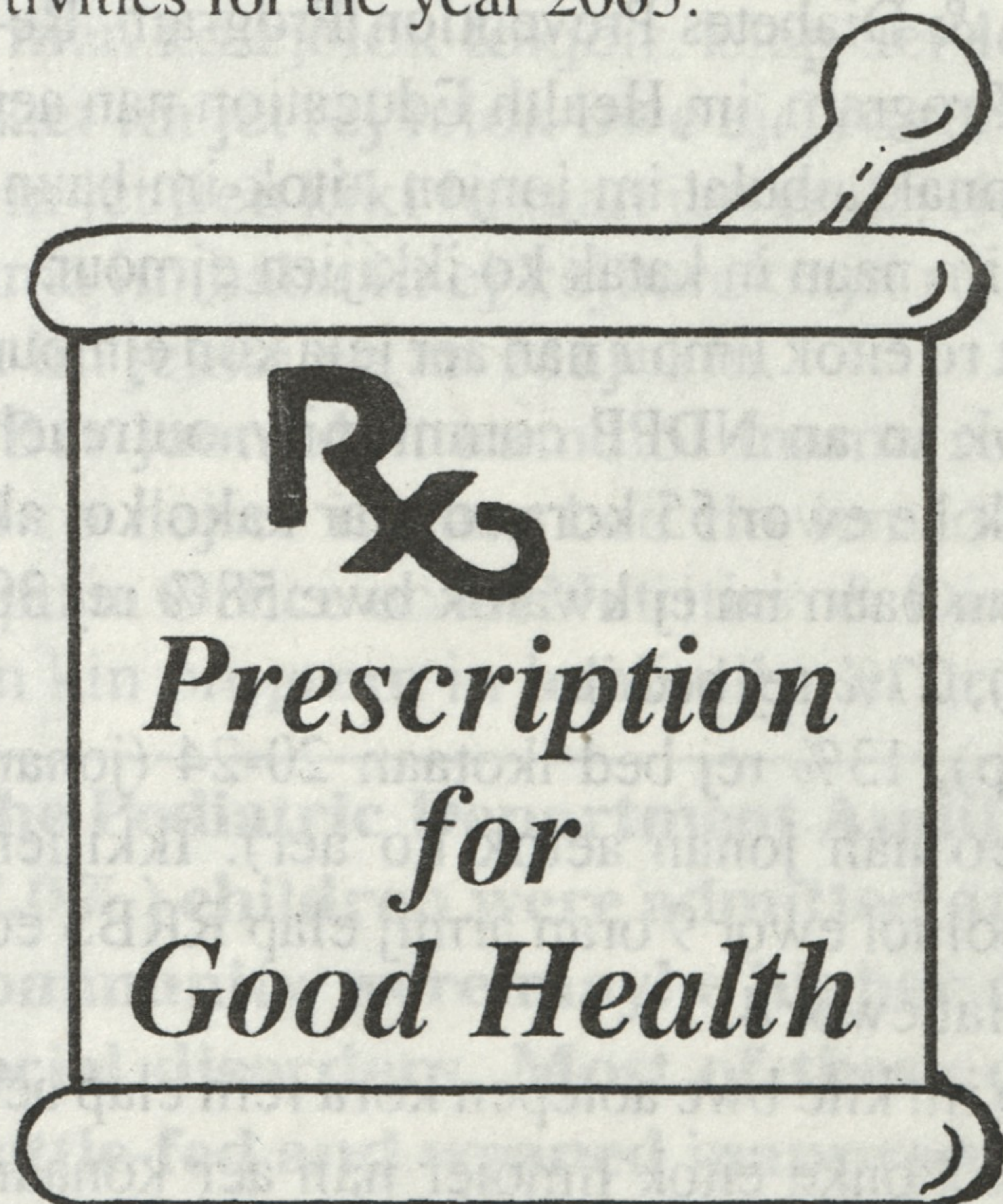
The objectives of the retreat were to inform and congratulate the staff for the overall accomplishments for the year 2003, and to further discuss issues and concerns to improve the services of the Ministry. The Secretary of Health also presented information about the initiatives with international organizations such as the WHO, UNICEF, UNFPA, SPC.

Managers were made aware of services and programs that the MOH provides, contributes and supports with the international organizations. Leading the discussions were the Secretary of Health and all the Assistant Secretaries. Every program within the Ministry contributed to the accomplishments of the Ministry's activities for the year 2003.

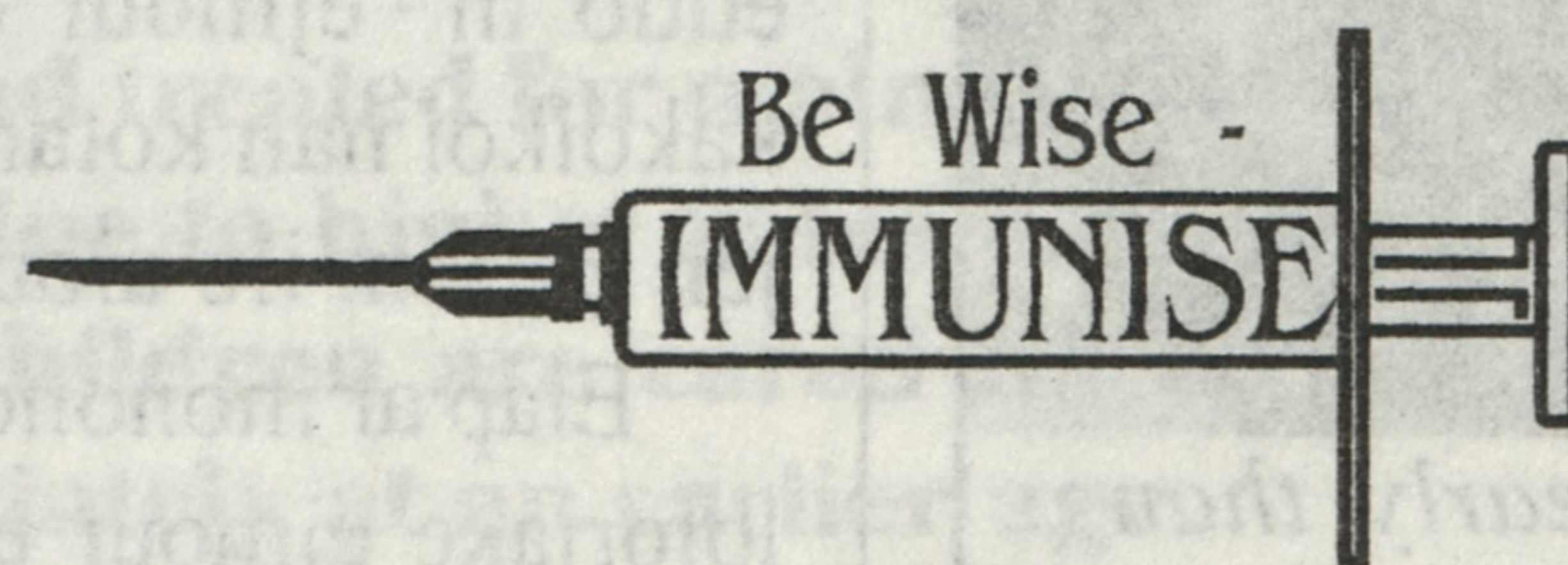
Ilo March 17 raan, 2004, Senior staff im aolep program director im supervisor ro im jet iian takto ro raar kommane retreat eo kein kajuon im jimattan wot raan nan rijerbal ro an Ministry eo. Kin an lon menija ro ilo Ministry in, ebake 60 ro raar bed ilo ien in.

Unin retreat in ekar nan karon im kejeraman rijerbal ro kin aoleben tobrak ko ilo FY 2003, im wonmanlok wot im kenono kin men ko rejelet Ministry in im wewein komanmanlok jermal ko ie. Secretary eo an Jikin Ejmour eo ear bareinwot kwalok jiban ko jen organization ko likin einwot, World Health Organization, UNICEF, UNFPA, SPC bwe rijerbal ro ren bar jela kaki im MOH ej bok konan ie ak koba lok ie.

Secretary eo an Jikin Ejmour eo im aolep Assistant Secretary ro raar tel kenono ko. Aolep program ko ilo Jikin Ejmour eo elap aer bok konaer ilo wonmanlok ko an Ministry in im ej aikuij in walok ta ko rej jelete wewein an rijerbal ro makitkit.



- Eat Right
- Exercise
- Immunize



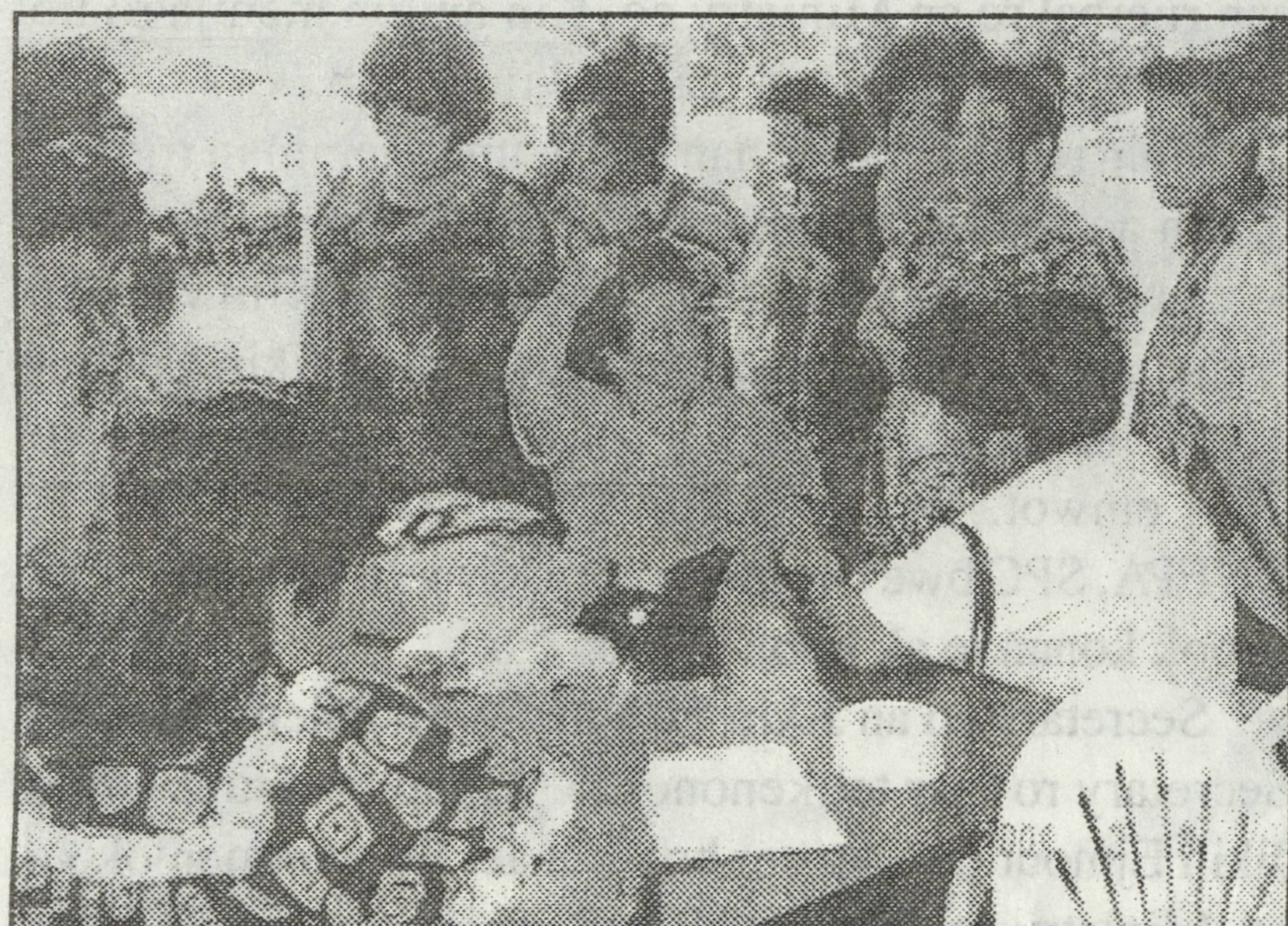
MOH participates in NATIONAL WOMEN'S DAY

March 8, 2004 in observance of National Women's Day was a most exciting event for every woman. There were more than 100 women participating in an early morning walk for health from Rita to the Weather Station at Delap at 5 o'clock early in the morning. Around 10am was the kick-off opening ceremony began and a lot of sport activities were provided for women from governmental ministries, the private sector and NGOs.

Everyone enjoyed participating in the games as teams competed to see which team was the best. The Ministry of Health exhibition booth from various programs such as Nutrition & Diabetes Prevention Program, Reproductive Health and Health Education screened for blood sugar, blood pressure, measured height and weight and gave



Esther Jorkan joined the women's parade "Walk for Health".



Everyone lined-up to check on their blood sugar, blood pressure, and weight.



It's better to learn about your health early, than waiting until it's too late.

flu shots to diabetic people and those over 50 years old.

The total number of women was 43 weighed and 55 screened. NDPP community outreach screening logbook shows: 58% of 30 BMI (obesity), 27% of 25-29 BMI (over weight), and 13% of 20-24 BMI (healthy weight). Total RBS numbers > 200 was 9 including known case and blood pressure > 140/90 was 4.

We are very proud because we see that most women were interested in screening and are very aware about their health.

Ilo March 8, 2004 raan eo elap an kora in lalin im ar juon ien eo elap an kamono no nan aolep ro raar bed ilo ien in. Elikin kebellok eo ilo 10 awa ear wor ikkure ko raar komman jen kora ro jen Ministry ko an kein kab jen doulul ko an kora. Raar koman ikkure kein nan aer jieki dron im lale team ta eo elap an jela ikkure.

Booth eo an Ra eo an Jikin Ejmour ar bed program ko ie einwot Nutrition & Diabetes Prevention Program, Reproductive Health Program, im Health Education nan aer kakolkol ikkijien tonal, aibulat im jonjon aitok im baun. Lelok wa in flu ko im naan in katak ko ikkijien ejmour.

Elap an lon kora ro eitok limoir nan aer jela kon ejmour ko aer. Ilo logbook in an NDPP community outreach screening ej kwalok ke ewor 55 kora ro raar kakolkol ak ewor 43 raar konaan baun im ej kwalok bwe 58% rej 30 BMI (lukkun kilep), 27% rej bed ilo 25 - 29 BMI (kilep), 13% rej bed ikotaan 20-24 (jonan eddo in ejmour eo nan jonan aetok ko aer). Ikkijien kakolkol nan kotanolnol ewor 9 oran armij elap RRBS eo jen 200 im ilo aibulat ewor 4.

Elap ar monono im kile bwe aolepen kora rein elap aer lolorjake ejmour eo konke eitok limoier nan aer konaan kakolkol.

NO MORE SLEEPY FACES



Farewell picnic to these young children have gained & aimed for their healthy weight. Lisen Komen and Tarinij Komen with children and their mother/guardian.

Jouj im likit leta in kamolol in am ilo newspepa eo an MoH nan office eo Nutrition & Diabetes Prevention program ilo Ministry of Health kon jermal in ibben dron in aer. Mokta ij kamolol ad Iroj kin juon ien emman im alikar im aurok nan kij ilo ien in kin juon program eo emman, im emoj an Anij karok nan kij woj ro jinen ajri rein woj. Plan in an Anij nan kij ej unleplep eo im aurok tata ej arji ro nejid.

Juon gift eo aurok tata nan juon kora ej ajri eo nejin. Ij kamolol Julia im Janet kon aer kile kim ilo Salvation army bwe kemin wonmanlok im bok ijo konam, im ij kile bwe ekanuij lap tobrak nan ajri ro nejid rainin. Elon jer ien jej etal im lo an jinen ajri ro jab kea kake er ak elap wot aer mad ilo men ko ejelok tokjeir. Elap aer leke jibwin im jimaer im jet rej lelok bwe ajri ro reritolok ren lale er im jet iien kiki in raan jen er. Ej ijo konaan juon mama im baba in ej kejbarok ajri ro nejier bwe rej ilju im jeklaj eo an Majol in.

Bar juon alen kamolol mama ro rej lolorjake ajri ro nejier ilo aer bed ilo ien lolok ko am im elaptata Office eo an Nutrition & Diabetes Prevention kin program in kemin ibben dron kake.

Letter of thanks from Nutrition and Diabetes program Firstly, thanks to our God for this great moment that has shown how important to us this good program is, especially for us individual mothers.

The most valuable gift to us from God is our children. I would like to thank Julia and Janet for recognizing our nutrition program at Salvation Army to have the responsibility for the children they refer, and I see today is a big accomplishment for working with the children. Sometimes we visit and see that these children's mothers do not care about the children but pay too much attention with non-sense things. They depend too much on grandparents or tell their older children to baby-sit while the mother sleeps during the day. It is the parents responsibility to take care of their children, because the children are the future of the Marshalls.

Once again, thanks to those mothers who were taking care of their children and where there when we visited and the Nutrition and Diabetes Prevention Program for involving us in this work.

The Pediatric Department Audit for the year 2003 showed that of the 840 admissions about 59 (7.0%) children were admitted and treated for malnutrition. However, the figures in the general community were maybe higher due to higher rates of unwanted teenage pregnancy and other social disorders. Most of these children are cared for by their grandparents and most often bottle-fed and weaned inappropriately at an earlier age.

Activities Happening Inside Majuro Hospital



A small ceremony was held at the hospital cafeteria on April 21, 2004 attended by the Secretary of Health, and supervisors and managers throughout the Ministry. The occasion was organized as a farewell luncheon for Julie Irwin-Bellette, the Nurse Consultant recruited from the Australian Volunteer International to assist with the nurse-aid training program and a ceremony, as well, to officially announce the promotion of Salome Lanwi to Assistant Chief Nurse for Nurse Training and Development, Joni Nashion to Assistant Chief Nurse for Patient Care, and MaryRose Kattil to Nurse Supervisor.

By the end of the training, Julie would have had positive impact on a total of forty-nine (49) Marshallese nurse-aides servicing the needs of patients seeking medical services at the Ministry of Health.

The promotion of Joni Nashion and Salome Lanwi to two new posts illustrates the commitment of the Ministry towards improvements in patient care and to training and development of our nursing staff.

Ms. Kattil's promotion to Nurse Supervisor was prompted from her exceptional performance as a staff nurse and her extraordinary performance, as well, as one of the few qualified Marshallese nurse midwives.



Majuro Nurses Alitaki and Jalusen Matauto put hand-crafted earrings and bracelet on Julie for farewell gift.



Joni Nashion received promotion certificate from MOH Secretary of Health.

Protein Energy Malnutrition in Children

What is protein energy malnutrition (PEM)?

PEM occurs when there is a cellular imbalance between the supply of nutrients and energy and the body's demand for them to ensure and maintain growth and development of other specific functions. There are 2 forms of PEM in children and they are called Kwashiorkor and Marasmus.

What are the causes of PEM?

The most common is inadequate intake of food and inadequate sanitation. Too many children in the family or children born too close together. Also adopted children are more likely to develop PEM because of inadequate and inappropriate food supplies, poor weaning practices and the total lack or absence of the mother-child bonding process (which is a major factor in the optimal growth of any child). Chronic lung disease, chronic kidney diseases, parasitic infections and neuromuscular disease are associated with nutritional deficiencies include the following signs and symptoms below.

What are the clinical signs and symptoms of PEM?

- Poor growth gain with slowing of linear growth
- Behavioral changes - irritability, apathy, decreased social responsiveness, anxiety and attention deficits.
- Decreased subcutaneous tissue. Areas most affected are the legs, arms, buttocks and face.
- Edema. Areas that are most affected are distal extremities and anasarca (generalized edema).
- Oral changes: cheilosis, angular stomatitis, papillary atrophy (tongue).
- Abdominal findings: abdominal distension and enlarged liver (due to fatty infiltration)
- Skin changes and nail changes
- Hair changes: hair is thin, sparse, brittle and easily pulled out.

What are the complications of PEM?

- Impairment of immunologic functions predisposing them to opportunistic infections and other typical childhood infections.
- Developmental delay - the degree of delay and deficit depends on the severity and duration of nutritional compromise and the age at which malnutrition occurs.
- Death in children with PEM under 5 year-old age group is very common. In most developing countries 50% of all childhood deaths are caused by malnutrition.

How can PEM be treated?

First, evaluation of the nutritional status of the child and identifying the underlying etiology of the malnutrition must be established. Dietary intervention with collaboration with nutritional professional should be initiated. Children with edema must be assessed carefully for actual nutritional status because edema nutritional status may mask the severity of the malnutrition. Children with chronic malnutrition may require caloric intake more than 120-150kcal/kg/day to achieve appropriate weight gain. Additionally, micronutrient deficiencies must be corrected for the child to attain appropriate growth and development. Including laboratory work-up can be done in children with PEM.

What can be done to prevent PEM?

Prevention of malnutrition in children starts with an emphasis on prenatal nutrition and food during prenatal care. Health care professionals must stress, promote and educate the parents on exclusively breastfeeding 0-6 months, continuing breastfeeding, completing all immunizations, improvement in hygiene practices and sanitation (this reduces the incidence of infectious disease), importance of family planning and spacing of children, and counseling on the appropriate introduction of supplementary nutritious food.

BE HEALTHY! • AVOID junk food • EAT fruits and vegetables such as — carrots, papaya, pumpkin, garlic, onion, cabbage, etc.

Nañinmij In Jabwe Protein Ibben Ajri Jidrik Ro

Ta in protein energy malnutrition (PEM)?

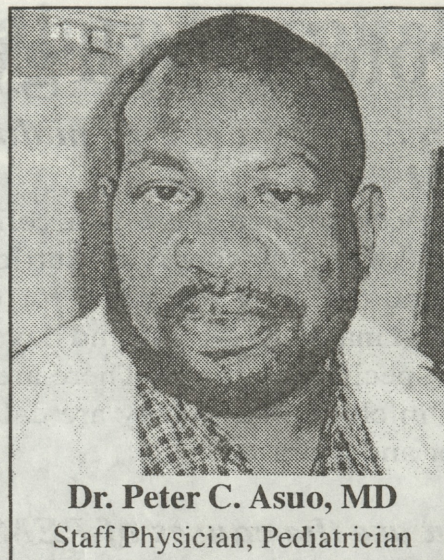
PEM ej walok ne ejab unkibdren mona ko im rejab une im kajur nan an enbwin eo jermal, eddok im kokaal part ko ilo enbwin. Ewor 2 kain naninmij in PEM ibben ajri ro : Kwashior im Maramus.

Ta eo ej komman bwe en wor naninmij in PEM?

Ekka an walok ne elap an jabwe mona im ettoon. Elon armij ilo juon em im ekutkut nejin juon kora. Ajri ro rej kokajiririk er ekka aer naninmij in jabwe oon (PEM) konke ejab emman mona ko kijen, ninnin eo, ejako lukkun jinen non an jiburie. Im bareinwot ne ewor naninmij kein ibben juon ajri eo, einwot jorren in ob, kidney, im naninmij ko jet elap aer kauatata.

Ta kokalle ko an PEM?

Erumij an edrok enbwinnin, oktak an mour, jab



Dr. Peter C. Asuo, MD
Staff Physician, Pediatrician

emonono, kikilok wot, adrimejmej, im ejab itoklimo in an makitkit. Kilep lojeen ak aidrik im ibiritoto neer, im peier, jeben adier, im turin mejeir, ewor oktak ko ilowaan lonin im kilin kab addin pein, im koleen boran emeni im tomlok.

Ewi weween komadmod re?

Etale mokta mona rot ko kijen ajri in ej kane im kwalok ta oon ko ejelok ilo mona ko ej kani. Ilo torein ri-jermal ro rejela kon nutrition ko rej aikuj jermal ibben ajri rot in im paamle eo. Ajri eo ewor an naninmij in edema rej aikuj in tiljek aer etale konke jet ien naninmij in edema ej bar naninmij in jabwe oon. Ajri ro ewor aer naninmij in jabwe oon rej aikuj laplok jen 120-150 calories ilo juon raan non an tobar eddo eo ekkar non jonan eo emon non ejmour eo an. Kakobaba, non micronutrient deficiencies ko ej aikuj jimwe im jeppet non an ajri in eddoklok ilo an rittolok. Bareinwot jermal ko ilo laboratory non etale ne ewor naninlej in PEM.

Ta ko remaron kommon non bobrae naninmij in jabwe oon (PEM)?

Bobrae naninmij in jabwe oon muktata ej ijino ilo tore eo ej bed ilojen jinen non an jinen kojparok mona ko kijen. Armij ro retijemlok kon mona ko roun rej aikuj kemaat aer maron jermal im katakin mama im baba ro ikkijen kaninnin ninnin ro jen 0-6 allon drettar, kadedelok aolep wa ko aer, karreoik ajri eo im jikin jokwe eo non kadriklok an bok naninmij ko rekabobo, kab kejerbal family planning nan koman ilo kotoan ajri ro.

Future Health Activities:

April Health Month Activities

— Schools Outreach, Walk-A-Thon, Panel Discussion

May 30: World No-Tobacco Day

June: Summertime Sports

July 11: World Population Day

August 1-7: World Breastfeeding Week

August: Immunizations Program

August 23-29: National Breastfeeding Week