

Result: In this process, we should develop the Internet in coordination with students' moral education and psychological literacy education, build an information-based teaching system, build an information-based management platform, improve teachers' professional ability and students' self-education ability. Schools should actively carry out demonstration activities of moral education. With the help of the Internet, the analysis of College Students' psychological health of moral education and the demonstration of moral education can not only enable college students to standardize their own behavior, but also rigorously enforce the school spirit and correct the bad atmosphere to a certain extent. The school can also obtain the driving force of development, and make continuous concerted efforts based on students and teachers as the main body of reform, Gradually develop the psychological health of moral education into a normalized activity, guide the development of students' overall quality step by step, and regularly evaluate and dredge students' psychological health.

Conclusions: The practice results have proved that there is an inseparable relationship between College Students' moral education and psychological health. Moral education is the external expression of students' psychological health, and psychological health is the connotation expression of students' moral education. The application of Internet technology can more intuitively show moral education for students, and can also better carry out moral education. Through analysis and comparison, students can better understand the psychological health of moral education, Promoting students' mental health development is also conducive to students' future planning. For students' ideological system and personality system, education can only play an auxiliary role. It depends more on students' own accumulation and experience. Under the guidance of external factors, students' self-education ability is mostly based on subjective learning consciousness. Therefore, in order to ensure the construction of students' ideological concept and moral system, schools should apply Internet technology to carry out moral education and psychological health analysis on students, Screen or delete the bad information. This paper analyzes the psychological health of moral education through Internet technology, introduces the relationship between moral education and psychological health in many aspects, and puts forward the methods to improve students' psychological health and moral education, hoping to enhance students' cognitive ability and learning ability, promote the dual development of students' thinking and ability, and also hope to promote the development of quality education.

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LEARNING SPACE CONSTRUCTION OF UNIVERSITY LIBRARY BASED ON READERS' PSYCHOLOGICAL NEEDS

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Background: From the national reading survey in recent years, it will be found that the number of national books read in China has lagged far behind developed countries such as Europe and America, and the reading level has basically reached the average level. University library is an important base for universities to carry out teaching and scientific research, and it is also the main way for university readers to obtain the latest information. The history of psychology is a science that studies people's psychological phenomena and their activities. Due to the specific geographical environment and academic atmosphere, the psychological needs of readers in university libraries are also different from those in public libraries in general society. Exploring the psychological needs of readers in university libraries will effectively promote the better and faster development of university library management. At present, the problem between the psychological reading needs of college students and the shortage of university library resources has become increasingly prominent. University libraries should give full play to their own advantages, deepen the service consciousness and psychological education function of libraries, and actively participate in meeting the psychological health needs of college students, help students with psychological barriers to restore mental health and improve the overall mental health level of college students. Therefore, university libraries should effectively ensure the normal reading of students, while fulfilling their social responsibility of comprehensive reading. Through the creation of learning spaces, students' reading experience is constantly enhanced and a good reading atmosphere is created.

With the advent of the information age, the functions of university libraries themselves have undergone diverse changes. The functions of library spaces are gradually developing in the direction of diversification. Therefore, when creating the learning space in university libraries, the transformation from "book-based" to human-based should be realized. Based on the analysis of the above background, we think about the creation of learning spaces in university libraries, and at the same time, based on the

application of environmental psychology, we shape a good reading environment for university students, and constantly improve their reading level, so that China will eventually move towards the path of a strong cultural nation.

Objective: For colleges and universities, the existence of libraries is very important and can often become the landmark of a school, which has a great impact on the external image of the school. For example, Xiamen University Library and Sun Yat-sen University Library are very famous among university libraries in China, which not only provide a large number of books for students, but also realize high-speed network connection and sharing of books and information resources with the university headquarters, truly realizing a unified allocation of library resources for the whole university. Based on the application of environmental psychology, this paper effectively combines environmental psychology with the creation of learning spaces in university libraries, grasps the different psychological characteristics of students and their different needs for reading in the process of creating university library learning spaces, and ultimately realises the effective integration of environmental psychology with university library learning spaces. Thus, the design concept of student-centred design is truly achieved. In addition, in the process of creation, students' psychological needs and behavioural characteristics need to be used as the starting point to make a clear analysis of the indoor space of university libraries, and constantly summarise the problems that exist in the creation of learning spaces in university libraries, and summarise and analyse the interactions between students and the learning environment. In this way, the value of the application of environmental psychology theory is effectively realised and the actual creation effect is improved. Finally university libraries must also constantly seize the opportunity to develop and optimise the layout of their internal spaces to provide a good reading and learning environment for students.

Subjects and methods: In order to follow the trend of contemporary library changes, through the specific application of environmental psychology, it is necessary to always take students as the centre and conduct a careful study of their behavioural psychology as well as the interior space of university libraries. The design of the interior space of university libraries is analysed with regard to the psychological and behavioural characteristics of students. Advocate the student-centred design concept, consider the space design in terms of students' psychological needs, meet students' reading needs and give full play to the value that university libraries should have.

In any environment, the need for safety is always to be placed in the first place. In environmental psychology in particular, the most basic psychological need of students should be ensured, which is the need for safety. Under the influence of environmental psychology, the external image of the university library learning space will be fully enhanced, while being able to confer a sense of psychological security. In the process of creating a university library learning space, the primary consideration is safety, and students are provided with a reading space that is full of a sense of security. For example, in fire prevention measures, the necessary fire hydrants are usually set up or safe escape routes are designed so that when danger occurs, the fire hazard is minimised through effective measures to provide a safe learning space for students. By psychologically satisfying the safety needs of students, a good atmosphere of safe space is created in university libraries, and this is used as a basis for students to carry out various reading activities in the library. For this reason university libraries are required to give priority to meeting safety features.

Comfort needs are carried out on the basis of safety needs, and in any indoor space, if safety needs can be satisfied, then there will be more requirements for environmental comfort. Especially for contemporary students, in order to improve reading efficiency, students have higher requirements for the learning atmosphere of the library, and in addition to ensuring a quiet environment, they have higher requirements for the decoration inside. The comfort of the library space environment is generally reflected in the scale of space, the colour scheme of various facilities and the greenery of the environment, etc. The embodiment of these environmental elements can enhance the students' sensory ability while allowing them to experience a beautiful space environment, which makes it more convenient for them to concentrate on reading and continuously improve their reading efficiency. Students' need for comfort in the library environment is a reflection of their psychological need for a comfortable environment in which to grow. If students feel uncomfortable in the library environment, not only do they feel very uncomfortable on a physical level, but they also become bored on a psychological level and are unable to concentrate on efficient reading, thus creating certain negative emotions. Therefore, to meet the comfort needs of students, the interior space of university libraries needs to be designed effectively, paying attention to the combination of various elements of the interior environment and taking full account of students' psychological activities.

Apart from acquiring knowledge from teachers in the classroom, reading a lot in the library is the most effective way to achieve knowledge. The ultimate goal of students in the process of seeking knowledge is to better realise their self-worth. As things stand, the ultimate goal of university education is to produce more skilled and knowledgeable people. At the same time, collaborative learning and interactive learning have become the mainstream trend of university education at present. As an important place for students

to acquire knowledge, university libraries have the obligation and responsibility to meet the learning needs of students and constantly enrich and improve the learning materials in the libraries, so that students can improve their learning knowledge by reading a lot, satisfy their desire to know and finally realize their life value.

After entering a certain age, university students have different degrees of physical and psychological growth, and have more needs for interpersonal communication. Every university student naturally has a certain degree of independence, but also needs to be recognised by society, and has a high psychological need for interaction, hoping to integrate into society and become a member of it, constantly playing its role. It is therefore clear from the above that students want to be able to interact in an appropriate space. The right interpersonal interactions will continue to satisfy students' psychological comfort. After completing their studies on campus, university students eventually need to enter society and integrate into it. College students often have a strong sense of communication and a desire to express their ideas and opinions through communication in order to gain the approval of others. For this reason, university libraries need to provide more communication platforms for students, as well as a variety of internal spaces for students to share knowledge and interact, providing space for students to communicate and experience, helping them to better realise themselves.

Result: By satisfying the above aspects of students' needs, the design of the university library space is more rational and produces good functional effects. Firstly, in terms of functional needs, it greatly satisfies students' functional needs for the library and realises the basic spatial functions of the university library. At the same time, in the design process, attention should be paid to the division of space forms, and designers should focus on the specific needs of students and adopt different space scale design. In addition, in the process of interior space design, the actual situation of students needs to be investigated, and on the basis of meeting the reading needs of students, more functional roles are provided for students to enhance the efficiency of the use of space in the library. To achieve the harmonious unity of students and the environment. Secondly, it adds a lot of cultural connotation to the university library. As an important place for students to acquire knowledge, the library is also an important cultural place for students to improve their knowledge of literary cultivation, and for this reason, in the process of creating a learning space, it needs to constantly meet the learning needs of students. In order to attract more students to study, the interior of the library needs to be carefully designed and to fully reflect the unique school culture of the university. Students can always feel the unique campus culture in the process of reading, so that they can quickly enter into the study state and improve their learning efficiency. Finally, it can promote the implementation of the concept of ecological environment construction, which can draw on foreign ecological design concepts to add some green elements to the library interior, such as placing some flowers, plants and trees to effectively regulate the temperature of the interior, preventing the library from being too cold or too hot, so that students can study in a good and comfortable environment. At the same time, this design concept can make reasonable use of the vertical section, avoiding the waste of space and providing students with more superior reading services.

Conclusions: In summary, through the description of environmental psychology, it is possible to understand the different inner needs of students for university libraries, specifically including security needs, comfort needs, knowledge needs and interaction needs, and through the control of various psychological needs of students, it is possible to continuously provide a good reading environment for students. By telling from the level of environmental psychology, the university library is required to always take students as the centre in the process of construction, to meet the diversified needs of students in the university library, and to actively explore the humanized space design solutions. So that on the basis of providing reading services for students, university libraries can deeply explore students' inner needs, improve students' reading efficiency and ultimately help students to realize their life values.

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PSYCHOLOGICAL ANALYSIS OF PHYSICAL EDUCATION AND TEACHING COUNTERMEASURES IN UNIVERSITY PHYSICAL EDUCATION

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Background: In the context of the new curriculum reform, the importance of physical education in the teaching system has gradually come to the fore. In the physical education courses conducted in many universities today, it can be found that teachers seldom pay attention to students' thoughts and opinions,