

were analyzed by BMDP data analysis software. From the perspective of traditional culture, the innovative strategies of Chinese ancient literature teaching include helping teachers establish the teaching consciousness of inheriting Chinese excellent traditional culture. Second, improve the teaching ability of Chinese language and literature teachers. Third, deeply excavate the spirit of Chinese traditional culture in ancient Chinese literary works. The mental health status of college students passed the Symptom Checklist 90 (SCL-90), which includes 90 items and 10 sub scales, of which 10 sub scales are not used for statistics. The 9 factors were divided into somatization, obsessive-compulsive disorder, interpersonal sensitivity, depression, anxiety, hostility, terror, paranoia and psychosis. The higher the self-evaluation of each item, the more serious the symptoms, with a total score of 4 points. The subjects' self-evaluation of each item is equal to or greater than 3 points, which is used as the standard to judge the degree of moderate or above.

Results: Table 1 refers to the alleviating effect of the teaching path of inheriting Chinese excellent traditional culture in the teaching of ancient Chinese literature on the mental health of college students. Somatization, obsessive-compulsive disorder and other SCL-90 quantitative factors gradually alleviate students' psychological problems with the increase of time cycle. Therefore, the teaching of ancient Chinese literature proposed by the study can alleviate the mental health problems of college students.

Table 1. The teaching path of inheriting Chinese excellent traditional culture in the teaching of ancient Chinese Literature

Mental health indicators	After 1 month	After 2 months	After 3 months
Somatization	4	3	2
Obsession	3	2	2
Interpersonal sensitivity	3	2	1
Depressed	4	3	2
Anxious	3	2	1
Hostile	4	3	2
Terror	3	2	2
Paranoid	4	3	2
Psychotic	3	2	1

Conclusions: Chinese literature teachers have a heavy teaching task. In addition to studying the contents of ancient Chinese literature involved in the teaching materials, they spend relatively little time reading classical literary works, which leads to their lack of familiarity with the traditional cultural connotation of traditional Chinese literary works. At the same time, teachers' understanding of students' vocational skills is too narrow, ignoring the cultivation of traditional cultural quality, which will lead to the students' comprehensive literacy ability cannot be greatly improved in the short term. The teaching of ancient Chinese literature proposed in the study can alleviate the mental health problems of college students, and can improve the teaching contents and teaching methods of Chinese language majors.

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RESEARCH ON THE PLANNING AND DESIGN OF FOREST HEALTH BASE BASED ON THE CONVALESCENT NEEDS OF PEOPLE WITH MENTAL DISORDERS

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Background: Mental disorder refers to the disorder of brain functional activities, resulting in different mental activity disorders such as human will, behavior, emotion and cognition. The main types include brain organic mental disorder, emotional mental disorder, etc. The causes were social environmental factors, organic factors, physical factors, individual characteristics, personality characteristics and congenital inheritance. Most patients with mental disorders will have decreased will, strange behavior, talking to themselves, inconstant crying and laughing, emotional disorders, etc. The disease is caused by biological, psychological and social factors. The common mental disorders in clinical practice are schizophrenia, paranoia, phobia, Alzheimer's disease, behavior inhibition disorder and postpartum mental disorder. The life and work of this type of patients are usually greatly affected, and the relevant treatment methods have been concerned and valued by physicians. The common treatment methods for this type of disease are basic

methods, drug therapy and other treatments. Basic method is to keep patients away from pathogenic environment, eliminate disease-related factors and strengthen psychotherapy. Protect their psychological balance, enhance their confidence and courage to overcome difficulties, and prevent various types of reactive mental disorders. Drug therapy refers to the step-by-step therapy of relaxing sleep and relieving depression according to clinical symptoms. Drugs that can prolong physiological sleep can be used. Chinese medicine treatment. Other treatments include acupuncture or insulin coma therapy.

In view of the problem of mental disorders, the research puts forward a planning and design scheme of forest health base combined with the convalescence of people with mental disorders. The specific reform strategies are as follows. First, build a comprehensive health care belt. Adhere to innovation driven and integrated development, vigorously implement the principle of “two mountains”, fully tap the advantages of local landscape cultural resources, highlight ecology, take culture as the core, tourism as the carrier, and projects as the starting point, focus on the development of culture, tourism, and health care industries, and open up new space for the development of high-quality health care tourism. Then, expand the health care project. The main ways of forest health care are health care and rehabilitation, forest sports, leisure and health preservation, forest healing, etc., in combination with the specific situation of forest resources, plan characteristic forest health care projects, and design feasible forest health care methods and service activities. Health care projects include forest museum, health food, aromatic physiotherapy, barefoot fitness trail, forest health care music, health index measurement, forest health care classroom, forest handicraft base, horticulture cultivation, forest research, etc. Secondly, improve the supporting facilities. Moreover, strengthen organizational management. Finally, strengthen brand promotion.

Objective: To analyze the effect of the planning and design of forest health base combined with the convalescent needs of people with mental disorders on patients with mental disorders, in order to provide new schemes and ideas for the clinical treatment of this type of patients.

Subjects and methods: Select the patients with mental disorders in three regions as the research object, and analyze the effect of forest health base planning and design combined with the convalescence needs of people with mental disorders on patients with mental disorders through support vector machine algorithm. The planning and design strategy of forest health care base includes five strategies, namely, building a comprehensive health care belt, expanding health care projects, improving supporting facilities, strengthening organization and management, and strengthening brand promotion, which are respectively expressed in strategies 1-5. Mental problems of people with mental disorders include three indicators: will, behavior and emotion. The evaluation index is the impact score, and the set value range is 0-100 points. The higher the score, the more significant the improvement and positive impact.

Results: Table 1 refers to the effect of the planning and design of forest health base combined with the convalescence needs of people with mental disorders on patients with mental disorders. The five strategies of building a comprehensive health care belt, expanding health care projects, improving supporting facilities, strengthening organizational management and strengthening brand promotion will improve the will, behavior and emotion of patients with mental disorders, and the improvement in emotion is more significant.

Table 1. Effect of forest health base planning and design combined with convalescence needs of people with mental disorders on patients with mental disorders

Strategy	Will	Behavior	Emotion
Strategy A	72.49±3.16	78.98±3.56	82.72±3.42
Strategy B	73.65±3.14	77.26±3.68	74.36±4.12
Strategy C	72.13±3.25	78.62±3.98	82.36±4.02
Strategy D	71.36±3.28	77.52±4.26	81.02±6.32
Strategy E	70.32±3.9	76.25±4.36	80.12±5.26

Conclusions: Forest has a unique healing effect, which can promote the physical and mental health development of the people. Forest health has become a new treatment method of international natural healing through good forest environment for physical and mental recuperation and pressure relief. The five strategies of building a comprehensive health care belt, expanding health care projects, improving supporting facilities, strengthening organizational management and strengthening brand promotion will improve the will, behavior and emotion of patients with mental disorders, and the improvement in emotion is more significant.

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THE INFLUENCE OF PROMOTING GREEN FINANCE POLICY ON THE DEVELOPMENT ANXIETY OF MANAGERS IN NEW ENERGY ENTERPRISES

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Background: New energy enterprises have the characteristics of long payback period, long industrial chain, high technology intensity and high barriers, which makes it difficult for short-term financing and other policies to meet the requirements. Enterprise managers usually make scientific and reasonable plans for the long-term development of the enterprise, but to achieve this goal, managers need to have a strong professional and technical level and decision-making ability. If an enterprise wants to maintain its advantages forever in the fierce market competition, managers will often be under great psychological pressure, which comes from themselves and the outside world. If managers do not have strong anti-frustration ability and psychological endurance, they will not be able to make correct decisions according to the actual situation, which may put the company in the bottleneck of development. At the same time, the top management of the company will continue to put pressure on the managers, and the external competitive environment will not allow them to relax, which will lead to major problems in their daily work.

In the context of the widespread anxiety of new energy enterprise managers, the promotion of green finance policy is particularly important. With the continuous innovation of the financial market and the implementation of asset securitization, it is difficult for domestic new energy enterprises to achieve development and sustainable innovation only through traditional financing methods, and they also need the support of green finance. For the government level, the problems mainly involve the low utilization rate of green financial funds and the immature market system of environmental rights and interests trading. In view of the existing phenomenon, the research puts forward a green finance policy promotion strategy for new energy enterprises, as follows. At the enterprise level, green financing should be completed in combination with the life cycle of the enterprise; Improve the risk management ability of green finance; Strengthen relevant training for enterprise executives and introduce advanced talents. At the government level, the innovation level of green finance should be improved through international experience; Improve relevant laws and regulations to promote the development of green finance. There are still some differences between domestic green financial innovation and foreign enterprises, especially in environmental equity transactions. The government needs to improve laws and regulations to support the development of green credit.

Objective: In order to analyze the effect of the promotion strategy of green finance policy of new energy enterprises on the development of anxiety psychology of managers, so as to help enterprise managers have a normal state of mental health, and then provide support and guarantee for the sustainable development of enterprises.

Subjects and methods: The study selected 200 new energy enterprise managers with different development anxiety as the research object, and analyzed the mitigation effect of the new energy enterprise green finance policy promotion strategy on the managers' development anxiety through Chiss data analysis software and naive Bayesian algorithm. The mental health status of patients was analyzed by Hamilton Anxiety Rating Scale (HAMA). The experimental period lasted for 2 months. HAMA is divided into mental and physical factors, with a total of 14 items. The scoring rules of each item are 5-level scoring method, and the total score is 70 points. In order to ensure the stability and reliability of the research results, the research will make statistics on the relevant data of the management personnel of five enterprises in the domestic new energy industry, and take the average value of all personnel as the final result.

Results: Table 1 refers to the mitigation effect of the green finance policy promotion strategy of new energy enterprises on the development anxiety of managers. With the implementation of the green financing policy, the anxiety of managers has been significantly relieved. This shows that the implementation of the green financing policy is effective for the intervention of patients' psychological problems, and the follow-up can actively promote the normal operation of the green financing policy.

Conclusions: At this stage, the problems of green financing of new energy enterprises are concentrated in the enterprise and government levels. At the enterprise level, the main problems are high dependence on government financial support, lack of attention to environmental risks, incomplete disclosure of