supervision of administrative law enforcement.

Objective: To understand the current situation of the implementation of the administrative punishment law and the anxiety of the masses, and to analyze the causes of unfair administrative law enforcement and the formation of the anxiety of the masses. On this basis, this paper puts forward the countermeasures for administrative law enforcement of the administrative punishment law, standardizes and further streamlines the subject of administrative law enforcement, and adopts a comprehensive administrative law enforcement system to improve the efficiency of administrative law enforcement and do practical things for the masses. Cancel all kinds of temporary institutions, establish a strict case handling responsibility assessment system, protect the interests of the masses, increase the satisfaction of the masses with the subject of administrative law enforcement, and alleviate the anxiety of the masses. Ensure the fairness of the administrative law enforcement process, standardize the administrative law enforcement procedures, place the abuse of administrative discretion, stop the phenomenon of administrative non-standard, accept the supervision of social and management counterparts, improve the people's trust in administrative law enforcement, and enhance the people's sense of security and satisfaction.

Subjects and methods: 430 people were randomly selected. The selection criteria were gender, age, occupation, income, educational background and political outlook. These people had different family backgrounds. Understand the anxiety psychology of these people and their views on administrative law enforcement, and analyze the causes of unfair administrative law enforcement and the formation causes of people's anxiety psychology. Take the governance countermeasures of administrative law enforcement, use statistical software to analyze the impact of governance countermeasures on people's anxiety psychology, quantify the influencing factors, and adopt grade 1-5 score. The higher the score, the greater the impact.

Results: In recent years, there has been the phenomenon of unfair administrative punishment in the process of administrative punishment law enforcement in some areas. The subjects of administrative law enforcement are messy, the number of formal institutions is large, the administrative efficiency is not high, the temporary institutions are messy, and there are various offices and committees, which threaten the legitimate rights and interests of the people, affect their normal life and work, and some people have anxiety. By standardizing the main body of administrative law enforcement, ensuring the fairness of administrative law enforcement process, updating the concept of administrative law enforcement and other governance countermeasures, the work efficiency of administrative law enforcement has been improved, the fairness of law enforcement has been ensured, and the anxiety of people with high school education has been alleviated. The score is 1.85, and the results are shown in Table 1.

Table 1. Anxiety scores of people with different educational backgrounds

Education	Uneasy	Fear	Anxious
Junior high school education	2.15	2.46	2.54
High school education	2.03	1.76	1.85
Bachelor degree	1.68	1.45	1.75

Conclusions: The administrative punishment law can provide guarantee and supervision for the effective administration of administrative organs, safeguard public interests and social order, and protect the legitimate rights and interests of citizens and legal persons. However, there are some injustices in the administrative execution of the administrative punishment law. Driven by the interests, some administrative personnel have made some illegal acts, which threaten the legitimate rights and interests of the masses. There are defects in the administrative management system, insufficient supervision of administrative law enforcement, and the phenomenon of "taking care of people and things by mistake". By standardizing the subject of administrative law enforcement and strengthening the supervision of administrative law enforcement, we can make administrative law enforcement fair and transparent, make the people have a sense of security, significantly improve their trust in the subject of administrative law enforcement, and significantly improve their anxiety.

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RESEARCH ON THE IMPACT OF CURRICULUM CONSTRUCTION AND TEACHING PRACTICE ON COLLEGE STUDENTS' POSITIVE PSYCHOLOGY UNDER THE BACKGROUND OF BIG DATA

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Background: Positive psychology can promote individuals to achieve better success. When individuals face the suffering in life, they can treat it with a positive attitude, which can improve their action ability and happiness index. In colleges and universities, every college student will have some shortcomings more or less. When facing their own shortcomings, college students need great courage. Some college students will even deny themselves because of their own shortcomings, affecting their study and life. Teachers need to carry out positive psychological training for students in the teaching process, so that students can correctly understand themselves, find their bright spots, learn to affirm and encourage themselves, and look at their shortcomings with a peaceful attitude under a good learning environment and through the intentional guidance of teachers. Cultivating college students' positive psychology can enhance students' sense of responsibility and treat and deal with problems with a positive psychology in the face of difficulties. In addition, positive psychology will have an impact on the well-being of college students. When college students actively adapt to college life, the stronger the adaptability of college students, the stronger their well-being will be, and their acceptance of college learning and life will be higher, which will further promote the learning of college students.

With the continuous development of science and technology, a large amount of information data has been generated in many fields such as work and study, and people have entered the era of big data. Data is a new resource with high socio-economic value. Public personal data is a new resource, which can be used in academic research to provide data support for relevant scientific research. Big data analysis and application technology based on big data occupy an important position in various industries. Therefore, it is necessary to cultivate application-oriented talents who meet the market demand in college education and teaching. Database principle and application course is a professional basic course with strong practical ability in engineering disciplines, and its importance in education and teaching is self-evident. At present, the teaching content of the course is not closely combined with the industry background, the theory is divorced from practice, and the course content is not systematically explained in detail. Students cannot design and develop the application of database technology in relevant projects, which does not achieve the teaching purpose of applying what they have learned, resulting in students' low learning enthusiasm. It feels that learning is the same as not learning, and students will not pay attention to the basic courses of the major.

Objective: To understand the current teaching situation of database principle and application course, students' attitude towards the course, and analyze the reasons for the poor teaching quality of the course. On this basis, the project-based teaching plan is implemented for the database principle and application course, the module of the course is divided, and three innovative teaching methods are adopted: Micro class teaching method, flipped classroom teaching method and project-based teaching method, so that students can have a systematic and in-depth understanding of knowledge in the diversified teaching process, and improve students' enthusiasm in video learning, group discussion, on-site practical teaching and other activities. Cultivate their positive psychology, let them participate actively, stimulate their enthusiasm for learning, and improve the teaching effect.

Subjects and methods: The research objects were electronic majors. Three universities were randomly selected, and 268 electronic majors were randomly selected from these universities. These students came from different majors, grades and family backgrounds. Understand the problems existing in the teaching of database principle and application course and the learning status of students, and carry out the teaching of database principle and application course after innovative design for the selected students. The teaching time is one semester, during which relevant data are recorded. Statistical software is used to analyze the learning psychological changes of electronic majors before and after innovative teaching. The scoring system adopts grade 1-5.

Results: With the continuous development of big data technology, its application fields are more and more extensive. In order to meet the market demand, colleges and universities have set up courses related to big data. Taking the database principle and application course as an example, there are some problems in the teaching of this course, such as the disconnection between teaching theory and practice, the loose combination of teaching content and industry background, and students' learning enthusiasm is not high under the "full house" teaching method, feel bored and boring about the classroom content. After innovative teaching, the interest in teaching content is significantly improved, and will actively cooperate with teachers' teaching activities. Among them, the learning enthusiasm score of students majoring in electronic information engineering is 3.86, and the relevant results are shown in Table 1.

Conclusions: In the deepening development of big data, the market's requirements for information technology talents are increasing. Although colleges and universities have complied with the development of the times, set up the course of database principle and application, and taught students' relevant basic knowledge such as big data analysis and application technology, there are many problems. The course

content is not closely connected with the industry background, and there is no systematic explanation and practice. Students have no way to start in the practical application of relevant knowledge, and the teaching quality cannot meet the practical requirements. On the basis of mastering the market demand and combining the characteristics of students, innovate the teaching contents and methods, so that students can improve their learning enthusiasm, deepen their understanding of the teaching contents, and practice in a warm learning atmosphere, so as to realize the unity of theory and practice.

Table 1. Students of different majors get positive psychological scores

Major	Enthusiasm	Self-confidence
Electronic Information engineering	3.86	4.75
Electronic Science and technology	4.67	4.16
Communication Engineering	4.35	4.65

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RESEARCH ON THE LIMITATION OF CONFUCIAN TOLERANCE THOUGHT BASED ON PSYCHOLOGICAL PERSPECTIVE

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Background: Mental health refers to that all aspects of the psychological and activity process are in a good or normal state. The ideal state of mental health is to maintain good personality, normal intelligence, correct cognition, appropriate emotion, reasonable will, positive attitude, appropriate behavior and good adaptability. Influenced by heredity and environment, especially the rearing style of primitive family in childhood, has a great impact on the development of mental health. Mental health problems are very prominent. It can maintain good communication or cooperation with others in society, production and life, and deal with all kinds of situations in life. Individuals can adapt to the development environment and have perfect personality characteristics. Its cognition, emotional response, will and behavior are in a positive state, and can maintain normal regulation ability. In life practice, if we can correctly understand ourselves, consciously control ourselves, correctly deal with external influences, and maintain psychological balance and coordination, we will have the basic characteristics of mental health. The basic meaning of mental health is that all aspects of psychology and activity process are in a good or normal state. The ideal state of mental health is to maintain a sound personality, normal intelligence, correct cognition, appropriate emotion, reasonable will, positive attitude, appropriate behavior and good adaptability. Corresponding to mental health are mental sub-health and mental illness. Mental health has different meanings and measurement standards from different angles. However, people's mental health standards are not as specific and objective as people's physical health standards. Understanding and mastering the definition of mental health is of great significance to improve and maintain people's health. When people master the standard of measuring people's mental health, they can self-diagnose their mental health according to their own situation. If you find that one or several aspects of your mental state are at a certain distance from the mental health standard, you can strengthen mental exercise and reach the level of mental health. If you find that your mental state seriously deviates from the standard of mental health, you should seek medical treatment in time for early diagnosis and treatment. Mental health refers to the psychological state of continuous and positive development. In this state, the subjects can adapt well and give full play to their physical and mental potential.

Confucianism is the treasure of Chinese traditional culture, which contains rich content. This ancient and great Chinese traditional ethical thought contains tolerance, integrity and friendliness. The Confucian traditional thought of "benevolence" and the doctrine of the mean contain the thought of tolerance. Among