

also increase the care and care of patients. At the same time, they can also use auxiliary drug treatment. The corresponding drugs can be used according to the situation of patients, which can improve the mental anxiety of patients. Misoprostol can improve the postpartum pregnant women with mental anxiety disorder, such as improving the patient's eating ability and regulating the patient's emotional state. At the same time, misoprostol can regulate the postpartum cervical pain of pregnant women. All drugs have good regulatory effects, and finally alleviate the patient's mental tension.

**Table 1.** Changes of two treatment schemes for mental anxiety

	Project	General scheme	Drug program	P
Capability type	Emotional enthusiasm	1	3	<0.05
	Dietary performance	2	4	
	Athletic performance	1	2	<0.05
	Comprehensive quality	1	3	

\* \* \* \* \*

## RESEARCH ON HEALING FEEDBACK OF NATIONAL CULTURE CLOTHING COLOR MATCHING TO WEARERS FROM THE PERSPECTIVE OF COLOR PSYCHOLOGY

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**Background:** As a subject of great importance, color psychology plays a significant role in all aspects of natural appreciation and social activities. From an objective point of view, color can stimulate people's thinking mode and psychological emotion. Focusing on the subjective perspective, the influence of color on people can be regarded as a reaction or behavior. Color psychology starts from visual influence and gradually deepens. It has a diversified impact on individuals in different aspects such as perception, emotion, memory, thought and will, which has a certain complexity and variability. The application of color depends on the accumulation of color experience, and gradually evolved into the psychological norms of color. Individuals will have different reactions after being stimulated by different external stimuli, which are the key content of color psychology. In different times or fields, due to certain differences in individual ideology, any single individual will have different color preferences. In the theory of color psychology, color can have a certain impact on individual brain waves. Different colors stimulate individuals through different physical light to produce corresponding direct psychological effects and physiological reactions. For example, red and blue will accelerate and slow down the individual's pulse respectively, making their emotions excited, impulsive or calm. As one of the core elements of fashion design, color can have different effects on people's emotional consciousness. In order to realize the embodiment of the value and significance of color, it can be applied to clothing color matching to express emotion. From the perspective of color psychology, the color matching of national cultural clothing plays an important role. It can reflect people's aesthetic form through different color matching and application methods, and achieve the role of in-depth beautifying the human body. For the wearers of national cultural clothing, reasonable color matching can highlight their aesthetic taste and mood changes, play a certain healing role for the wearer, and achieve the purpose of soothing their mood and improving their mental health level.

**Objective:** To explore the determinants and mechanism of national cultural clothing color matching from the perspective of color psychology, and then analyze its psychological intervention effect on national cultural clothing wearers, so as to obtain detailed curative feedback results.

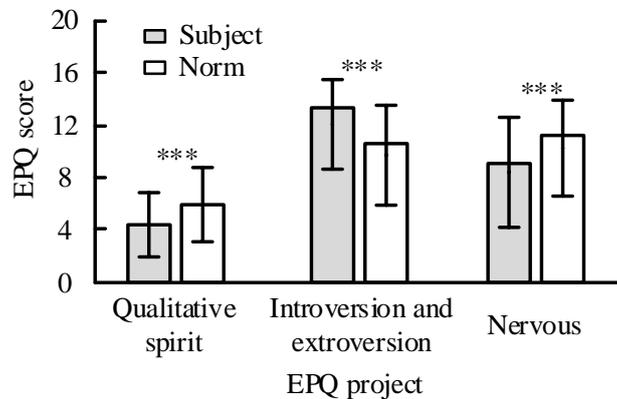
**Subjects and methods:** From the perspective of color psychology, C4 The decision tree algorithm explores the color matching patterns of different types of national cultural clothing, and uses the method of stratified cluster random sampling to select 152 national cultural clothing wearers as the research object. All subjects were tested and evaluated by Eysenck Personality Questionnaire (EPQ).

**Research design:** In EPQ, the type model and trait model of personality are organically combined, and are divided into three basic dimensions: introversion, neuroticism and psychoticism. Personality can be divided into extroversion type and introversion type according to extroversion and introversion dimension, emotional type and stable type according to neuroticism, and mental disorder type and spiritual integration according to psychoticism. EPQ includes 88 items in total, and the answers of each item are set to "yes", "no" and "hard to say", which are divided into two forms: forward scoring and reverse scoring. A high score of introversion and extroversion scale indicates extroversion, and a low score indicates introversion. A high

score in the neuro quality scale indicates emotional instability, and a low score indicates emotional stability. The high score of mental quality scale indicates that the subjects have pathological personality.

**Methods:** The data obtained from all evaluations were statistically analyzed by MATLAB software and Smartbi software.

**Results:** Figure 1 shows the comparison results of EPQ scores of national cultural clothing wearers with the norm. According to figure 1, the EPQ scores and subscale scores of national cultural clothing wearers are significantly better than the norm, and the difference is statistically significant ( $P < 0.05$ ).



**Figure 1.** Comparison between EPQ score and norm of national culture clothing wearers  
Note: \*\*\* Indicates  $P < 0.05$ .

**Conclusion:** As one of the core elements of fashion design, color has a certain difference in the impact on people's emotional consciousness. From the perspective of color psychology, the color matching of national cultural clothing has an important influence. Through different color matching and application methods, it can deeply beautify the human body and improve its mental health level. From the perspective of color psychology, the color matching of national cultural clothing has a significant curative effect on the wearer. The EPQ scores and subscale scores of national cultural clothing wearers are significantly better than the norm, which shows that the color matching of national cultural clothing based on the perspective of color psychology can effectively alleviate the negative psychological emotions of the wearer, improve their mental health level, and achieve a significant curative effect.

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## AN ANALYSIS OF THE CURATIVE EFFECT OF LITERARY TRANSLATION ON ANXIETY STUDENTS

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**Background:** Anxiety can be summarized as a vague and unpleasant emotional state. Patients may have psychological characteristics of anxiety, fear, pain and anxiety. Anxiety comes from excessive irresistible stimulation. Unlike tension, anxiety is the result of long-term inhibition. Anxiety occurs when tension accumulates in some people and breaks through a critical point. The emergence of anxiety is a long process and varies from person to person, mainly because everyone is affected by various conditions or factors. When people feel nervous about something, their thoughts will be disturbed by it repeatedly and make all kinds of exaggerated imagination and assumptions. When it exceeds the critical point, anxiety begins to appear. Anxiety is usually manifested in negative emotions such as self-doubt, anxiety and tension. Literary translation is by no means a simple conversion between codes. The purpose of students' literary translation is to express the author's inner world and beautiful imagination to be expressed in literary works. When teaching, teachers must always strengthen students' psychological quality and fully understand students' current negative emotions. Chinese and English sometimes cannot reflect equivalence in surface meaning and form. However, from the perspective of pragmatics, students can take appropriate translation methods