- Intra-cage dynamics of molecular hydrogen confined in
 cages of two different dimensions of clathrate hydrates
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8 In porous materials the molecular confinement is often realized by means of weak Van der 9 Waals interactions between the molecule and the pore surface. The understanding of the mechanism of such interactions is important for a number of applications. In order to establish 10 the role of the confinement size we have studied the microscopic dynamics of molecular 11 hydrogen stored in the nanocages of clathrate hydrates of two different dimensions. We have 12 13 found that by varying the size of the pore the diffusive mobility of confined hydrogen can be modified in both directions, i.e. reduced or enhanced compared to that in the bulk solid at the 14 same temperatures. In the small cages with a mean crystallographic radius of 3.95 Å the 15 confinement reduces diffusive mobility by orders of magnitude. In contrast, in large cages 16 with a mean radius of 4.75 Å hydrogen molecules displays diffusive jump motion between 17 different equilibrium sites inside the cages, visible at temperatures where bulk H₂ is solid. The 18 localization of H₂ molecules observed in small cages can promote improved functional 19 20 properties valuable for hydrogen storage applications.

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Introduction

26 Understanding the mobility and dynamic activity of molecules and ions in confinement 27 is highly significant both from academic point of view and for the broad range of applications based on the confinement of ions and molecules, such as hydrogen storage or development of 28 29 ionic conducting materials and supercapacitors. In porous materials the molecular 30 confinement is often realized by means of weak Van der Waals interactions between the 31 stored molecule and the pore surface. Thus the interaction between guest and matrix can be 32 expected to be sensitively influenced by structure of the confining host, in particular the 33 dimension of the confinement cages. Recent studies reported the impact of the pore size on the storage capacities for hydrogen¹ and ions² confined in porous carbon with higher storage 34 capacities observed for the small pores. However, little is known about the microscopic 35 36 mechanism of such effects.

37 Clathrate hydrates are one group of nanoporous materials with a high potential use for 38 hydrogen storage. The advantage of such materials is that they can keep large quantities of 39 gas at elevated temperatures and at ambient pressure, while being environmentally benign materials. Discovered first in 1999³, hydrogen clathrate hydrates are created from ice under 40 41 high hydrogen pressure as a result of interactions between hydrogen and water molecules, which push the ice to change its microscopic structure and create cages of different 42 dimensions to accommodate the H₂ guest molecules⁴. The hydrogen filled clathrates form 43 structure sII (cf. Fig 1), consisting of two types of cages⁴, i.e. "small" dodecahedron 5¹² cages 44 with a mean crystallographic radius of 3.95 Å and "large" hexakaidecahedron $6^{4}5^{12}$ with a 45 46 mean radius of 4.75 Å. The accessible pore volume is however smaller considering the van der Waals radii of the oxygen atoms and is of about 1.9-2.7 Å average radius in the small cage 47 and about 3.3-3.5 Å in the large one. While the small cage, as a rule, accommodates one H_2 48 molecule, the large cage can accommodate 2-4 H₂ molecules depending on the conditions 49

applied^{5, 6} with the maximum storage capacity reaching 3.77 wt%. In pure clathrates, where 50 H₂ occupies both cages, the clathrate is synthetized and loaded by gas at 2000 bars at 250 K⁶. 51 Under ambient pressure, the process of deintercalation of H₂ molecules starts with increasing 52 temperature at 70 K with the consequent collapse of the clathrate structure around 170 K⁵. In 53 so-called binary clathrates large cages are occupied by large molecules such as 54 55 tetrahydrofuran⁷ and the filling of the remaining small cages by H_2 gas is realized already at a pressure of 60 bar of H_2 at 260 K. The starting temperature of H_2 deintercalation in such 56 clathrates increases to 255 K under ambient pressure⁸. The observed differences in H₂ 57 sorption pressure and temperature of the gas deintercalation of these two types of clathrates 58 59 raise the question whether they can be related to the differences in interaction between 60 hydrogen and host framework inside the different size cages? The direct observation of the 61 motion on the microscopic scale of the hydrogen molecules can be an essential part of the 62 answer.

In general, a H₂ molecule in a solid or in a confinement can take part in various types of 63 motions: rotations around its center of mass, vibrations around an equilibrium position 64 65 occupied for much longer time than the period of the vibrations and jumps between equilibrium positions. The last type of motion is generically called self – diffusion⁹ and has 66 been both experimentally and theoretically extensively studied in great detail in many 67 systems^{9,10}. Note that diffusion inside closed confinement domains does not imply 68 69 macroscopic material transport. On the other hand, if the diffusive motion inside confinement 70 cages is slow, this can slow down macroscopic diffusion implying transitions from one cage to another through their common surface ⁹. Thus, the macroscopic cage-to-cage migration of 71 H₂ molecules depends on several aspects of the behavior and interactions of the H₂ molecule, 72 73 including the mobility inside the confinement cages and the activation energy needed for 74 molecules to pass from one cage to another. Previous studies determined such activation

75	energy values ^{11, 12} to pass through the pentagon and hexagon windows separating the cages as
76	26 kcal/mol and 6 kcal/mol respectively, but were unable to distinguish experimentally
77	between the motion of the hydrogen inside different cages ^{8, 12} . The experimental estimates of
78	the long range self-diffusion constant for hydrogen contained in small cages of binary
79	clathrates range ^{13,14} from 10^{-8} cm ² /s to 10^{-11} cm ² /s. Later, it was claimed that hydrogen does
80	not diffuse there at all ¹⁵ . The cage-to cage diffusion of confined H_2 and stability of entire
81	clathrates hydrates have been also studied as a function of cage occupancy with help of
82	molecular dynamic simulations ¹⁶ , ¹⁷ . It was found that the increase of the number of occupants
83	leads to the higher mobility. In the small cage the double occupancy results in the distortion
84	of the unit cell and is thermodynamically unstable leading to the expulsion of one molecule ¹⁶
85	out of the cage. In the large cage higher number of confined molecules is claimed to reduce
86	the energy barrier of the hexagonal window due to the guest-host interactions ¹⁷ .
87	Rotational motion of confined hydrogen has strong quantum features. Quantized
88	rotation transitions E_J of molecular hydrogen with respect to the ground state are given by
89	$E_J = BJ(J + 1)$], where B = 7.35 meV is the quantum rotational constant and J is a quantum
90	number J= $0,1$ ¹⁷ . The confinement leads very often to the lifting of degeneracy of states
91	and, indeed, such splitting of rotational transitions has been reported for H_2 in both cages in
92	hydrogen clathrates ^{18,19,20} . Vibrational motion of confined hydrogen can be both localized
93	and induced by host lattice phonons depending on the coupling to the clathrates hydrates
94	framework. The coupling of the H_2 and clathrates hydrates is expected to be weak, however,
95	due to the small size of the molecules ^{20, 21, 22} . There is a rather generic notion of "rattling"
96	motion of guest molecules inside the cage, often defined as large-amplitude anharmonic
97	vibrations of the guest molecules ^{22, 23, 24} . In hydrogen filled clathrates the existence of
98	quantum rattling at frequencies centered around 10 meV (80 cm ⁻¹) has been reported for the

hydrogen enclosed in the small cage ^{18-21, 25}, while the existence of such modes in large cage
was not confirmed experimentally yet.

101 The goal of the presented work is the study the role of the confinement dimensions in the intra-cage dynamics of molecular hydrogen enclosed in nanocages of two different 102 103 dimensions in clathrate hydrates. Besides high technological interest clathrate hydrates are 104 particularly suitable model systems to study the role of confinement since the interactions 105 between the framework of the clathrates and H_2 are of the same nature in both cages. For 106 experimental characterization we used neutron quasielastic scattering due to its remarkable 107 capability to probe directly and specifically the individual motion of H_2 molecules at 108 nanoscale. To distinguish between the contributions of hydrogen in two different cages we 109 used a combination of data from binary tetrahydrofuran and fully hydrogenated clathrates. The signal of hydrogen confined in small cages was established using the difference between 110 111 the empty and H_2 gas loaded spectra of binary tetrahydrofuran clathrate, where H_2 only 112 occupies small cages. Subtracting the small cage H₂ signal from the spectrum of pure hydrogen clathrates with H₂ in both small and large cages, we can deduce the signal of H₂ 113 114 molecules in the large cages. This method of course is a first approximation, and assumes that 115 the occupation of neighboring cages has little impact on the confined particle motion. In view of the sII structure one can expect that this is a good approximation ^{5, 20, 22}, and indeed it 116 117 provided us with a self-consistent ensemble of results. The average occupation of hydrogen in 118 our study was found to be one molecule in the small cage and two in the large ones. 119 It has to be mentioned that in general the spectral intensities in molecular hydrogen 120 depend on the composition in terms of ortho and para spin isomer states, which can be altered 121 by the relaxation between these states. In the experiment we verified that the concentration of 122 ortho-hydrogen stayed constant by immediately cooling down the samples after H₂ loading to

123 10 K and measuring the scattering intensities, and periodically repeating this process. We

124 found the signal unchanged over the duration of the experiment, confirming our earlier 125 systematic observation of slowdown of ortho to para hydrogen conversion due to 126 confinement. We can thus assume that the stored H_2 remained in the normal 3:1 ortho – para 127 concentration ratio, which is the equilibrium value at the loading temperature of 250 K. Since, 128 in addition, the neutron scattering cross section of ortho-hydrogen is nearly two orders of 129 magnitude higher in the (Q, ω) domain of our study than for para-H₂, in the data analysis we 130 could assume that within error all the signal comes from scattering on ortho-hydrogen. 131 **Results and discussion**. 132 133 The feature measured in neutron spectroscopy is the dynamic structure factor $S(Q, \omega)$ that is the Fourier transform of Van Hove space-time correlation function, weighted by the 134 135 scattering strength of the various atomic nuclei (here $\hbar\omega$ stands for the neutron energy transfer and $Q = k_f - k_i$ for the neutron momentum transfer)²⁶. Due to the very large incoherent 136 scattering cross section of hydrogen the dynamic structure factor is dominated by the signal 137 related to the self-correlation function of molecular hydrogen. 138 139 For the analysis contributions of various types of motion of H₂ molecules have to be taken into account, which can be written as a convolution⁹: 140 $S(Q, \omega) = S_{vibrations}(Q, \omega) \otimes S_{rotations}(Q, \omega) \otimes S_{diffusion}(Q, \omega)$ 141 (1)142 In the temperature and energy range studied, vibrations contribute to the spectra through a Debye-Waller factor f_{DW} , which in the case of isotropic mean square displacement of the 143 center of mass $\langle u^2 \rangle$ is equal to $f_{DW} = exp^{-2W} = e^{-\frac{1}{3}Q^2 \langle u^2 \rangle}$. In the temperature and 144 momentum range of our experiment this factor was consistently found to remain close to 1. 145 146 The inelastic rotation contribution consists of the spectrum of transitions between quantized 147 rotational states J = 0, 1, ..., the first of which above the J = 0 ground state occurring at E

148 =14.7 meV, i.e. outside the energy range studied in this experiment. The remaining elastic

149 scattering component in $S_{rotations}(Q, \omega)$ for the ground state of molecular hydrogen can be 150 described by^{27, 28}

151
$$F_{rot}(Q,\omega) = \left[4 * \left(b_c^2 + \frac{2}{3}b_{inc}^2\right) * \left(2j_2^2 (Qd_e) + j_0^2 (Qd_e)\right)\right] \delta(\hbar\omega)$$
(2)

where $j_i(Qd_e)$ indicates the spherical Bessel function of corresponding order, d_e is the

equilibrium H-H distance of 0.74 Å and b_c^2 and b_{inc}^2 are the coherent and incoherent

- scattering cross sections of hydrogen. In the data analysis $S_{diffusion}(Q, \omega)$ was determined by
- normalizing the experimental data to the rotational contribution by using eqs. (1) and (2),

assuming equilibrium H-H distance. The dimensionless quasielastic neutron scattering

structure factor for diffusive motion we are thus concerned with is generally described as⁹:

158
$$S_{diffusion}(Q,\omega) = A_0(Q)\delta(\hbar\omega) + \sum_{k=1}^N A_k(Q)L(\Gamma_k,\omega)$$
(3)

159 $A_0(Q)$ stands for the so-called elastic incoherent structure factor (EISF) and reflects

160 geometrical parameters of the corresponding diffusive motion, $A_k(Q)$ are amplitudes of the

161 corresponding quasielastic contributions of different diffusional modes and $\sum_{k=0}^{N} A_k(Q) = 1$.

162
$$L(\Gamma, \omega)$$
 indicates a Lorentzian $L(\Gamma, \omega) = \frac{1}{\pi} \frac{\Gamma(Q)}{\omega^2 + (\Gamma(Q))^2}$, with a width Γ .

Neutron scattering spectra of the bulk and confined hydrogen measured at the time-of-163 flight spectrometer NEAT²⁹ are presented in Fig.2 and show clearly that by varying the 164 165 confinement dimension we can decrease or even increase the hydrogen mobility compared to 166 that in bulk hydrogen at the same temperature. The melting and boiling temperatures of bulk hydrogen at ambient pressure are 13.99 K and 20.27 K, respectively³⁰. In the frozen state the 167 spectra of the bulk hydrogen at T=10 K show the elastic line only, centered around $\hbar\omega$ =0 168 169 meV (Fig. 2a). With melting of hydrogen the elastic line is transformed into a broad 170 Lorentzian due to more diffusive motion of the molecules. At T> 20.27 K hydrogen is a gas, 171 which leads to faster dynamics and a strong decrease of the signal within our energy / time window. 172

173	H_2 confined into small cages exhibits up to 50 K no signal in addition to the intense
174	elastic line (Fig. 2b). This indicates strongly restricted dynamic activity of H_2 in small cages,
175	where H_2 is practically "frozen" on the timescale of this study. Neither does the Q-
176	dependence of elastic intensities of hydrogen in small cages show any contribution of
177	diffusive motion and can be described by a mean square displacement of the center of mass
178	due to rotational and vibrational contributions. The observed values of the mean square
179	displacement range from 0.04±0.07 Å at 10 K and 0.1±0.07 Å at 50 K, which confirms strong
180	localization of hydrogen in small cage. At higher temperatures the hydrogen molecules
181	become more mobile and start to explore a small volume in the center of the cage with radii
182	ranging from 0.5 Å at 90 K to 0.9 Å at 200 K^{31} .
183	The increase of the confinement size from 3.95 Å to 4.75 Å of the average
184	crystallographic radius leads to the strong increase of the hydrogen mobility already at 10 K
185	in the large cage compared to both the bulk solid and hydrogen confined in the small cage at
186	the same temperature. As a result, in addition to the elastic line at $\hbar\omega=0$ we observe a strong
187	quasielastic signal (QENS) at low frequencies already at T=10 K (Fig. 2c). We have applied
188	several models including the diffusion on the surface of and within a volume of a sphere,
189	jumps between two and more positions in a cage ⁹ for the analysis of the data. Our results
190	revealed that the observed signal best corresponds to jumps between different equilibrium
191	sites located at the corners of a tetrahedron inside the large cage (Fig. 1): The hydrogen
192	molecule rests on a site for the residence time τ_s and jumps toward another site placed at
193	distance l during a time interval much shorter than the residence time ³² . Considering
194	occupation of large cages by the experimentally observed average number of two molecules,
195	the quasielastic signal for this motion can be then $described^{32}$ by a combination of two
196	Lorenztian with widths proportional to $1/\tau_s$:

197
$$S(Q,\omega) = A_0(Q)\delta(\omega) + A_1(Q)L\left(\frac{2\hbar}{\tau_s},\omega\right) + A_2(Q)L\left(\frac{4\hbar}{\tau_s},\omega\right) + B(Q)$$
(4)

where B(Q) is the constant (ω independent) baseline. The geometrical arrangement of the equilibrium sites determines the specific form of the momentum transfer Q dependence of the intensity of the elastic line (EISF) $A_0(Q)$ (Fig. 3), which in our tetrahedral case can be described as

$$A_0(Q) = \frac{1}{4} \left[1 + 3j_0(Ql) \right] \tag{5}$$

while $A_1(Q) = \frac{1}{2} [1 - j_0(Ql)]$ and $A_2(Q) = \frac{1}{4} [1 - j_0(Ql)] = \frac{1}{2} A_1(Q)$. Here j_0 is the spherical Bessel function, displaying a minimum at Ql = 4.5. The full quantitative analysis of the data in Fig. 3 also reveals evidence for the presence of a Q independent elastic signal, i.e. a fraction K_{imm} of the H₂ molecules that do not participate in the observed diffusive motion. Thus in our model in Eqn. (4) the functions A are to be replaced by

208
$$A_0(Q) = K_{mob} \left[\frac{1}{4} [1 + 3j_0(Ql)] \right] + K_{imm} , \qquad (6)$$

209
$$A_1(Q) = K_{mob} \left[\frac{1}{2} \left[1 - j_0(Ql) \right] \right]$$
 and $A_2(Q) = K_{mob} \left[\frac{1}{4} \left[1 - j_0(Ql) \right] \right]$.

210 Using the set of five variable parameters at each temperature, i.e. the fractions of mobile and immobile particles K_{mob} and K_{imm} , respectively, the jump length l, the residence 211 212 time τ_s and the spectral baseline B(Q), we were able to well fit all spectra in the (Q, ω) range covered experimentally, as represented by the dashed lines in Fig. 2c and Fig 3. In contrast, 213 214 the application of other models did not lead to satisfying results. Particularly, the model for 215 the jumps between two sites (dumb-bell) reproduced well the Q dependence of the EISF (Fig. 216 3), but was not able to provide consistent results for the temperature dependence of the spectral lineshape in the range studied (Fig. 2c). The determined parameters τ_s and l for all 217 temperatures are summarized in the table I. 218

It is significant, that the jump length deduced from our data in Fig. 3 are in remarkable agreement within error (given in Table 1 as standard deviation) with the distances of 2.93 Å between the 4 tetrahedrally arranged equilibrium sites for H₂ (actually D₂) molecules found by

the crystallographic study⁵. This study has also found that the H₂ molecules in the large cages 222 223 can be both in localized or delocalized states and the fractions in each state is a function of 224 temperature and pressure in equilibrium. This lends strong principal support for our observation of mobile and immobile fractions of H_2 atoms, even if the pressure, temperature 225 226 and loading parameter domain explored there does not overlap with ours in this work. The 227 distance between the equilibrium sites (i.e. the jump length l) is on the other hand significantly shorter than the $H_2 - H_2$ distance of 3.776 Å in solid hcp hydrogen crystal at 228 ambient pressure³³, indicating that this confinement leads to more compressed but also more 229 230 mobile state than solid hydrogen.

231 The obtained values of the residence time τ_s fall in the range of those reported previously for hydrogen adsorbed on the carbon nanohorns²⁷, however show much weaker 232 temperature dependence. The observed difference in mobility between small and large cages 233 can be understood as caused by the modulation of cage potentials as a function of the cage 234 dimension. The localization of hydrogen in small cages indicates the existence of molecular 235 236 traps of potential minima in the center of the cage, matching the molecule size. The trapping can explain the reduction of the sorption pressure which is required for the loading of 237 238 hydrogen molecules inside the small cage. In the same time it helps to contain the hydrogen 239 inside the cage and enhances in this way gas release temperature in binary clathrates. The 240 increase of the cage dimension leads to a flatter potential that, in contrast, promotes intra-cage mobility. Indeed, the weak temperature dependence of residence time τ_s indicates low values 241 of activation energy required for molecules to move between four equilibrium positions. 242 243 Furthermore, our findings are supported by previous theoretical calculations which revealed deep minima in the potential energy surfaces of small cages with a width of about 1.5-2 Å^{25,34} 244 and a flattening of potential in the large cages ³⁴ with observed off-center minima at about the 245 distance of 3 Å from each other. 246

The glass type mobile – immobile dynamic heterogeneity³⁵ observed in a well-ordered 247 248 crystalline matter and present at all temperatures is a clear signature of substantial randomness 249 in the flatter potential landscape in the large cages. This randomness can be caused by spread in hydrogen bond lengths and angles in the host structure, as reported recently³⁶. In addition, 250 the random occupation of the four H₂ equilibrium sites in the large cages filled on average by 251 252 two hydrogen molecules can lead as well to potential fluctuations and higher disorder. 253 Random inhomogeneities in the potential landscape are widespread in porous systems; 254 therefore the existence of dynamic heterogeneity is expected to be a common feature, which 255 has to be considered when conceiving new materials. The representation of such dynamic 256 inhomogeneity by two extremes, a mobile fraction with a given residence time and an 257 immobile fraction with at least an order of magnitude longer residence time (which would remain hidden within experimental resolution) can just be the simplest quantitative 258 259 interpretation. A dynamic heterogeneity in the form of broad distribution of residence times 260 caused by the random variations in the structure would lead to very similar spectra, in 261 particular in view of the temperature dependent flat background B(Q), which could contain contributions from long spectral tails resulting of a broad distributions of Lorentzian line 262 263 widths in the spectrum.

In summary, we found direct evidence of large difference in the microscopic dynamic 264 behavior of molecular hydrogen confined inside cages of different dimensions in the 265 nanoporous clathrate hydrates. In the small cages of clathrate hydrates with average 266 crystallographic radius of 3.95 Å we observe a structural arrest of confined hydrogen that can 267 268 play a substantial role in determining the functional properties such as reducing of the 269 sorption pressure of hydrogen and enhancing of the gas release temperature. The moderate increase of the crystallographic confinement radius to 4.75 Å for the large cages leads, in 270 contrast, to a formation of novel type of hydrogen state with a shorter H₂ - H₂ distance but at 271

272 the same time substantially higher mobility at T=10 K then the bulk hcp hydrogen at the same (ambient) pressure and the same temperature. Crystallographic evidence shows 5 that H $_{2}$ 273 274 molecules in the large cages start to delocalize within the cages with increasing temperature at 275 70 K and to escape at ambient pressure from the high pressure loaded clathrate hydrate at 100 276 K. Our observation of significant diffusive mobility in the large cages at 10 - 50 K 277 temperatures suggest that the macroscopic diffusion should rather be governed by the 278 activation of the molecular transitions between large cages at higher temperatures. The H_2 279 molecules confined in the small cages, on the other hand, are trapped in the same temperature 280 range at the center of the cages and might not be available for long range diffusion, 281 independently of the activation of inter-cage jumps. This is an example for the confined 282 mobility in the cages to influence the diffusion between the cages, which is responsible for the 283 macroscopic material transport. Furthermore, in the large cage we observe strong glass-like 284 dynamic heterogeneity which can be explained by a significant disorder of the potential landscape in crystalline clathrate network. Our direct observation of motion of H₂ molecules 285 286 inside the cages of clathrate hydrates give direct evidence and a space-time characterization of 287 the dynamic activity that constitutes or contributes to what phenomenologically is often 288 referred to as "rattling". Our study reveals large quantitative and qualitative impact of the dimension and finer details of the confinement structure on functionally relevant dynamic 289 290 behavior of the stored molecules. Similar effects can play a role in recently observed strong 291 decrease of the ionic current and the non-linear dependence between the current and applied 292 potential for smaller pores in ionic systems confined in porous carbon. Confined ions can 293 become localized in the potential wells as the pore diameter becomes comparable to the size 294 of the solvated ion thus the higher energy penalty is needed to extract ions from the pore. 295

296 Methods

297 **Sample preparation and neutron spectroscopy experiments.** The clathrates samples were prepared using fine, 99.8% deuterated ice powder. The preparation was done following 298 the procedures described before ^{31,39}. For the synthesis of the binary tetrahydrofuran clathrates 299 we added deuterated tetrahydrofuran (99.5%) to deuterated water in stoichiometric proportion 300 301 (17:1 mol). The solution has been stirred in a thermal bath at T=275 K for 48 hours until 302 crystallization occurs. Prepared ice samples were ground to fine powder and loaded into a 303 precooled cylindrical cell under cold nitrogen atmosphere and pressurized by hydrogen gas 304 for 24 hours at temperature cycled in 270-277K range. For the synthesis of pure hydrogen 305 clathrates we have applied the pressure of 2000 bars, while for loading of TDF clathrates we 306 used 200 bars. Afterwards, the samples have been cooled down slowly to 20K by keeping the 307 H₂ pressure at 200 bars for another day. Using the protection of cold nitrogen atmosphere at 1 bar pressure, the prepared samples have been loaded into aluminum flat cells, sealed and 308 309 placed into the cold cryostat at T=30-50K for neutron scattering investigations. The weight of 310 the samples has been monitored before and after the experiment. By using deuterated hydrogen containing materials in the samples with the exception of 311 312 the fully protonated H₂ gas filling we have achieved that the incoherent neutron scattering 313 cross section was to > 80 % dominated by the signal from the loaded H₂ gas. In addition, the spectra measured on the H_2 unloaded tetrahydrofuran clathrate were used as background for 314 315 correcting the data for the signal from the D₂O matrix and tetrahydrofuran. The neutron scattering experiments were done at the time-of-flight spectrometer NEAT 316 at Helmholtz Zentrum Berlin²⁹ using two experimental configurations. The first one with 317 incoming neutron wavelength $\lambda_I = 2$ Å has been used to probe diffraction patterns, which 318 monitored the formation of the clathrates. The second configuration with $\lambda_I = 5.1$ Å and 319 320 instrumental elastic resolution ranging between 90 and 110 µeV has been used for 321 investigation of the dynamics in the low energy range (-2 to 5 meV neutron energy transfer)

322	corresponding to picosecond time scale. The spectra, collected in the temperature range from				
323	10 – 50 K, were corrected and evaluated using standard data treatment routines. In addition,				
324	for the data analysis we excluded detector areas where we observed Bragg reflections from				
325	the clathrate framework.				
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- 424 Author Contributions M.R. designed the study; M.R. and E.K. synthesized the clathrate
- samples and conducted neutron scattering experiments; M.R. and F.M. analysed the data and
- 426 wrote the manuscript.
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431 TABLE I. Parameters of diffusive motion for H₂ confined in large cages. Temperature

432 dependence of the mobile fraction $K_{mob}/(K_{mob} + K_{imm})$, jump length *l*, and residence time

 τ_s (deduced from a larger body of data than shown in the figures).

 Temperature	Mobile fraction	Jump length <i>l</i>	Residence time τ_s
[K]	[%]	[Å]	[ps]
 10	4 ± 1	2.4±0.6	6.0±0.13
20	16±1	2.4±0.2	6.1±0.19
30	21±2.2	3.22±0.2	6.3±0.16
 50	36.5±2.2	3.6±0.3	4.4±0.13

438 Figure legends

439

440 Figure 1 Structure of hydrogen clathrates. Hydrogen molecules are indicated by yellow spheres, framework water molecules are shown by red and white lines. Magenta dashed lines 441 442 indicate hydrogen bridges. The structure of clathrate type sII is cubic with a = 17.047 Å and is formed by 8 large cages of hexakaidecahedron $(6^{4}5^{12})$ and 16 small cages of dodecahedron 443 (5¹²) shapes with mean crystallographic radii of 4.73 Å and 3.95 Å, respectively. In the case 444 of maximum H₂ occupancy, the clathrate can be denoted as 48H₂x136H₂O with H₂ storage 445 capacity of up to 3.77 wt%. (In our samples we have replaced H₂O by D₂O.) 446 447 448 Figure 2 Dynamic structure factors of molecular hydrogen. a) In bulk at ambient pressure, 449 **b**) Confined in small cages, **c**) Confined in large cages. The solid line represents the instrumental resolution, which was measured independently with a standard elastic scatterer. 450 Points show experimental data at Q = 1 Å⁻¹ at different temperatures: \blacksquare T=10 K, \bigcirc T=20 K, 451 ◆ T=30 K and ★ T=50 K. Dashed lines show fits by the model in Eqn. (4). Pronounced 452 453 quasielastic signal of the hydrogen confined in the large cage can be observed even at T=10K 454 indicating higher mobility of confined hydrogen compared to the bulk solid at the same temperature. The energy width of QENS intensity is about constant in the experimentally 455 456 covered Q range revealing spatially confined diffusion. 457 458 Figure 3. Elastic incoherent structure factor (EISF) for confined H₂ in large cage. The momentum transfer Q dependence of elastic fraction A_0 of the observed dynamic structure 459 460 factor of molecular hydrogen confined in a large clathrate cage. Experimental data are

461 represented by points, dashed lines show fits at different temperatures by the model of jump

- diffusion within the tetrahedral cluster of equilibrium positions and a mobile fraction
- 463 increasing with temperature according to Eqn. (6), details are described in the text. A
- 464 minimum around 1.3 Å $^{-1}$ corresponds to jumps with length of about 3.45 Å between the
- equilibrium sites at the corners of a tetrahedron. With increasing temperature a small fraction
- 466 of particles reversibly escapes the clathrate structure and cause the downwards shift towards
- 467 $Q = 0 \text{ Å}^{-1}$ for T=30 and 50K.
- 468





energy transfer [meV]

