

Implementing Scheduled Women's Health Clinics at a Free Student Outreach Clinic

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INTRODUCTION

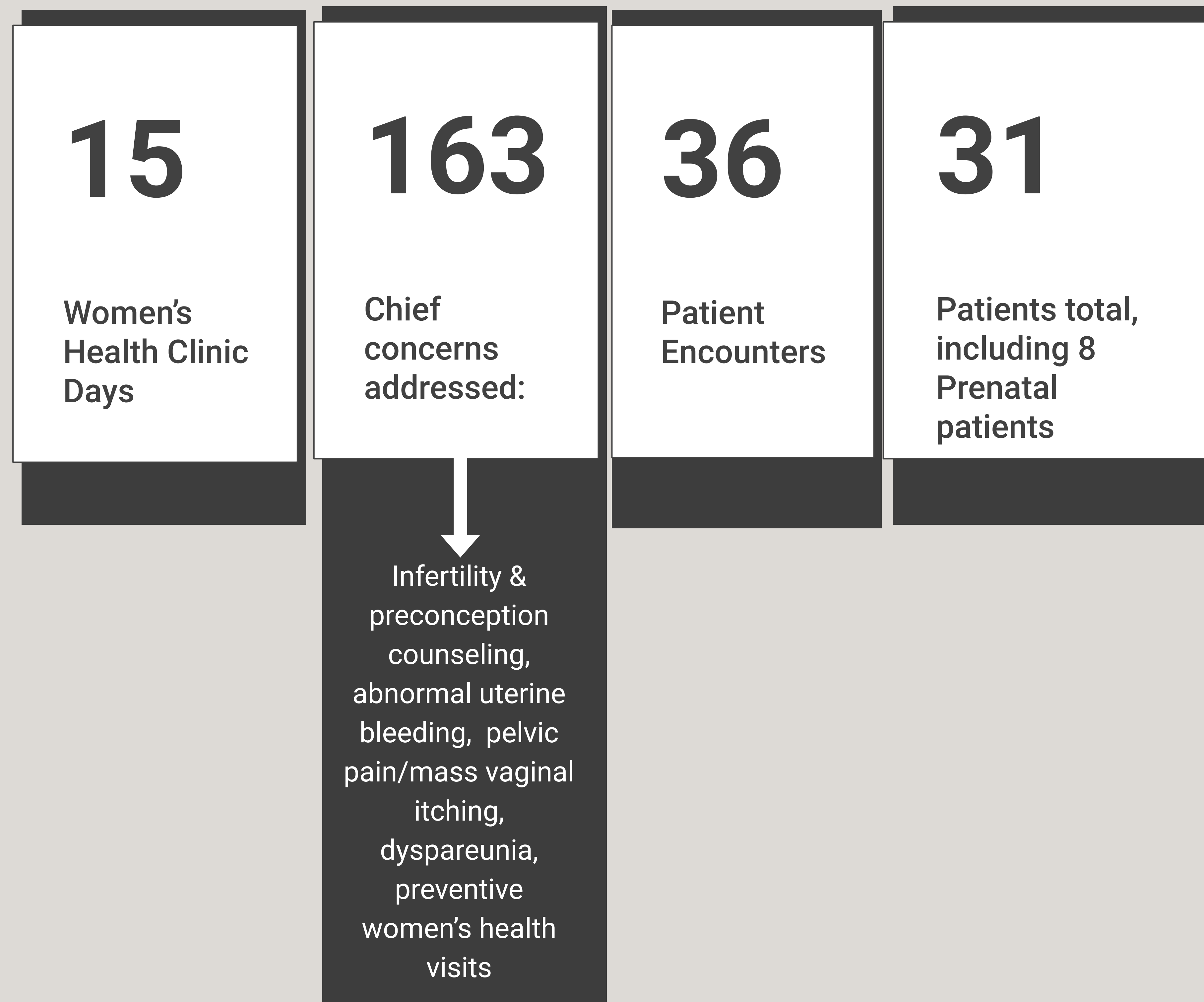
- Since 2009, Indiana University Student Outreach Clinic (IU-SOC) has served the underinsured and uninsured members of the Indianapolis community.
- Many barriers to care exist within this community, from low income to lack of documented immigration status.
- One of the most concerning vulnerable populations observed was pregnant patients.
- Five years ago, the IU-SOC addressed this via creation of Women's Health days on Saturdays every other month and in 2020 by creating an as needed prenatal clinic.
- However, the need still existed for general, non-prenatal women's health concerns, which led to the expansion to a twice monthly general women's clinic staffed by a board-certified obstetrician-gynecologist (OB/GYN).

METHODS

- In April 2021, twice monthly scheduled clinics were implemented for two hours on Wednesday evenings staffed by OB/GYNs or obstetrics-trained family medicine physicians.
- Family medicine residents were added to assist in seeing increased numbers of patients in shortened time frame.
- Student team expanded to include patient navigators and education liaison to better address healthcare disparities.

RESULTS

April - November 2021:



CONCLUSIONS

- We implemented a twice-monthly, referral-based women's health clinic that has successfully provided care for 31 different patients including eight pregnant patients.
- The presence of a certified OB/GYN has ensured appropriate management of prenatal and primary care women's health issues.
- Consistent provision of women's health care services helps to mitigate the many barriers to women's health care in our Indianapolis community.

AREAS OF FUTURE GROWTH

- Increasing faculty to see more patients per clinic day
- Further expanding contraceptive options, as well as all pharmacologic resources
- Improved onsite capabilities including new ultrasound machine, ultrasound technicians, and endometrial biopsy equipment
- Streamlined insurance application process
- Outreach to adolescent population in Indianapolis
- HPV vaccine (Gardasil), Pre-Exposure Prophylaxis for HIV (PrEP), and other important public health prevention interventions be made available at little or no cost.
- Expanding capacity to weekly