

Prenatal Care Cards: Imparting Patient Autonomy During Pregnancy

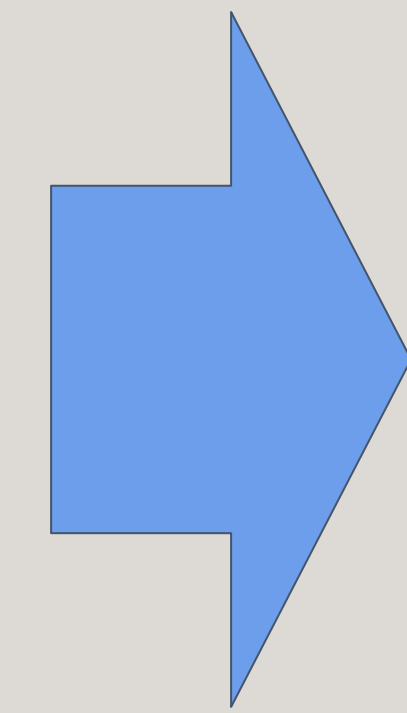
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INTRODUCTION

Indiana University Student Outreach Clinic (IU-SOC) has been providing medical care to vulnerable populations for the past 12 years. In that time, students have witnessed barriers to care impacting the neighbors in the community, and these **barriers are particularly burdensome to pregnant patients**,

After reviewing the Pan American Health Organization (P.A.H.O) recommendations for similar communities, we created a tool that can be utilized at all outreach clinics: **the prenatal care card**. These care cards contain all relevant prenatal information such as **first, second, and third trimester prenatal labs, blood pressure measurements, fetal anatomy ultrasound results**, and other tests that will allow providers to **establish baseline values that determine future care**. The card can be easily translated for improved clarity and is printed on sturdy, laminated cardstock. IU-SOC contact information is included on the bottom of the card in case future providers have concerns, and patients receive a photocopy of the card for safekeeping. Our copy is uploaded to Practice Fusion for future reference at IU-SOC.

PAN AMERICAN HEALTH ORGANIZATION (P.A.H.O) PRENATAL PASSPORT

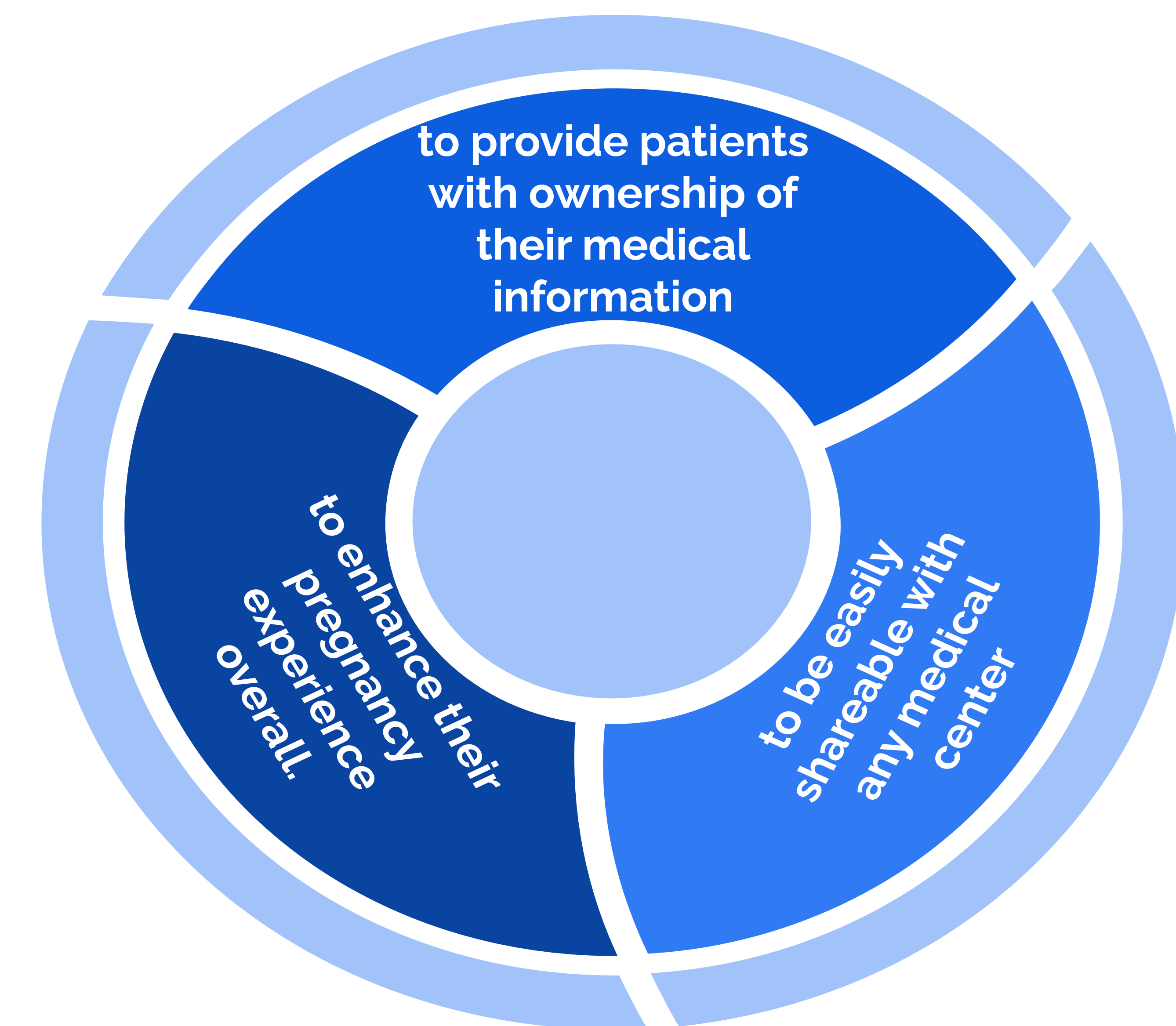


INTERVENTION: PRENATAL CARE CARD

CONCLUSIONS

Since September 2021, four IU-SOC patients have been offered the prenatal care card and have expressed overall satisfaction so far.

The value of the prenatal card is three-fold:



The utility of the prenatal card will be further established as more pregnant patients are provided this tool.

BARRIERS AND FUTURE DIRECTIONS

A major limitation remains incorporating the care card into the flow of the already busy clinic. The card also needs to be translated into the most common languages spoken in the community, mainly Spanish and Yoruba.