

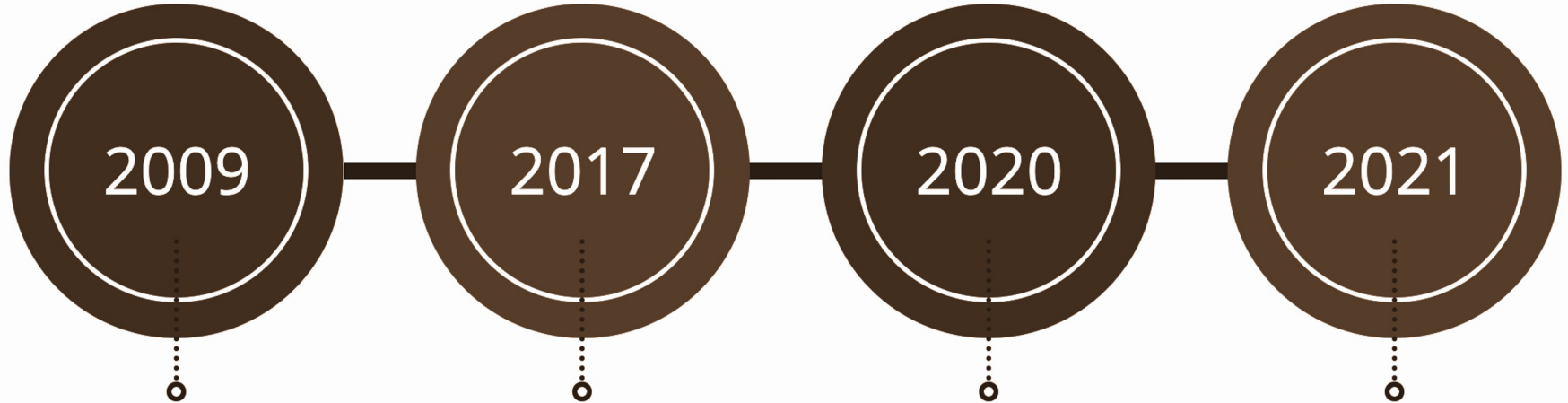


Increasing Women's Healthcare Access at a Student Run Free Clinic by Creating a Women's Health Coalition

Annie Gensel and Lucy Brown

From Clinic to Coalition

Background



2009

The IU Student Outreach Clinic (IUSOC) is founded in the near-East side of Indianapolis

2017

Women's Health days are started as a partnership with AMWA-IU.

2020

Spring: Women's Health further expanded to an as-needed Prenatal clinic
Summer: A biweekly prenatal clinic was implemented

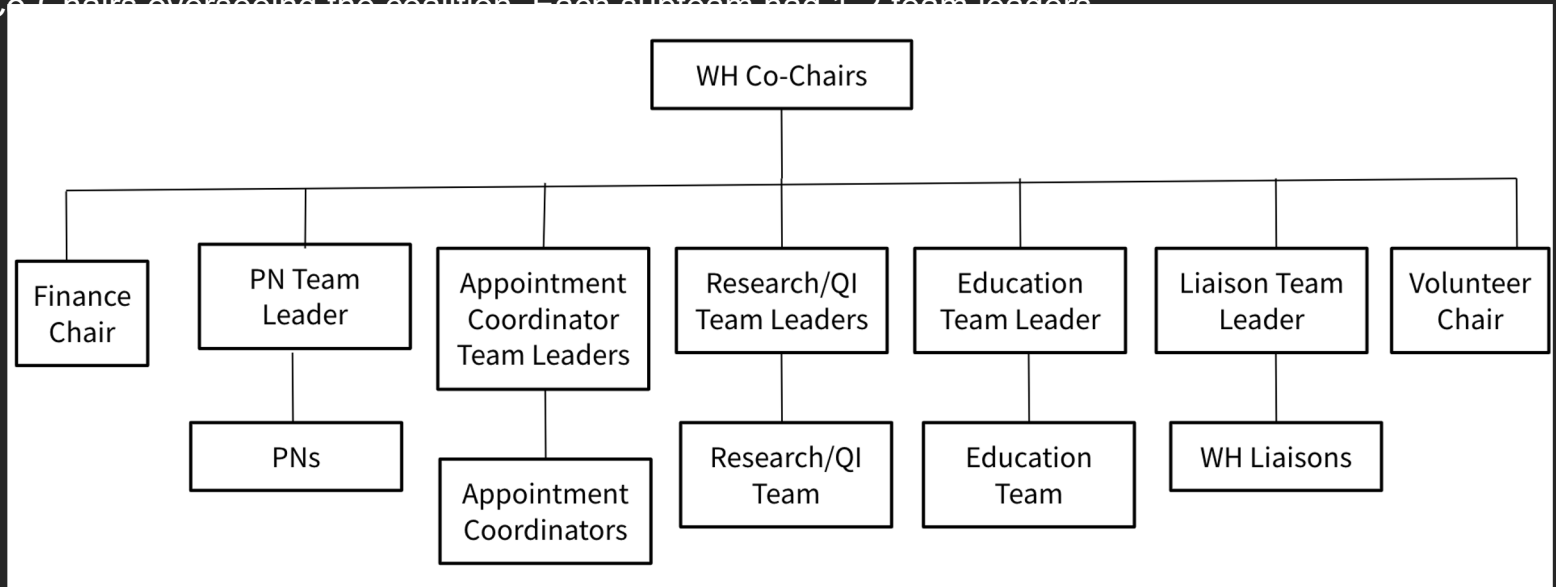
2021

The Women's Health Coalition was formed.



Team structure

- Throughout 2021, a 62-person Women's Health Coalition (WHC) was created consisting of a Patient Navigators (PN) Team, Appointment Coordinator (AC) Team, Research/QI Team, Education Team, Liaisons Team, Clinic Managers (CM), Finance Chair, and Volunteer Chair with two Women's Health Co-Chairs overseeing the coalition. Each subteam had 1-2 team leaders.



Designing and Implementing Protocols for Consistency of Care

Protocols

1. Prior to 2021: Pap smear and STI protocols
2. 2021: Intimate Partner Violence, Sexual Assault, Wet mount microscopy, HPV vaccination, dysmenorrhea, abnormal uterine bleeding, prenatal medicine guide, and prenatal lab protocols

HITS en Español

H	I	T	S
Herida	Insulto	Amenaza	Grito
Con qué frecuencia le lastima su pareja?	Con qué frecuencia le insulta o le humilla su pareja?	Con qué frecuencia le amenaza su pareja con daño físico?	Con qué frecuencia le grita su pareja?
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5

1=nunca 2=casi nunca 3=a veces 4=frecuentemente 5=diariamente
 Calificación: 4-20
Cutoff for IPV: ≥10

HITS Screening Tool

H	I	T	S
Hurt	Insult	Threaten	Scream
How often does your partner physically hurt you?	How often does your partner insult or talk down to you?	How often does your partner threaten you with physical harm?	How often does your partner scream or curse at you?
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5

1=never 2=rarely 3=sometimes 4=fairly often 5=frequently
 Score range: 4-20
Cutoff for IPV: ≥10



Dedicated Women's Health Clinic

Personal Expansion

- Family Medicine and OB/GYN Residents
- Tripled faculty involvement
- Women's Health Patient Navigator
- Women's Health Education Specialist

- Prenatal Education
 - 1st trimester
 - 2nd trimester
 - 3rd trimester

- STIs
- HPV
- Endometriosis
- Contraception
- IPV
- Menopause
- Infertility



Chief Complaint Expansion

- Abnormal Uterine Bleeding
- Infertility
- Chronic Pelvic Pain
- Dysmenorrhea



Expanding Contraception Availability and Counseling

PATH (Pregnancy Attitudes, Timing, and How Important is pregnancy prevention)

- Prior to contraception expansion at the clinic in 2021, available options consisted of one formulation of oral contraception pill (OCP) and external condoms.
- A partnership was established with PATH4YOU, a grant-funded statewide initiative to provide patient-centered pregnancy intention screening, all-options contraceptive counseling, and same day provision at no cost to participants.





Impact

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	2016-2020 (combined)	2021
Mammogram Referrals	11	30
Pap Smears	37	55
STI/HIV/Hepatitis Tests	149	269
Prenatal patients Served	6	8
Ultrasound Referrals	NA	7



Area of Future Expansion and Conclusion

Future Growth

- Paid staff to ensure continuity of clinic
- Further expand contraceptive care
- Increase women's health clinic to weekly



Thank you.

Our group would like to thank Dr. Javier Sevilla, Neighborhood Fellowship Church, and Jim Strietelmeier for starting the Student Outreach Clinic, welcoming us into this work, and their support of this initiative. Women's Health Coalition Executive Board members Rebecca Nunge, Aubrey Kenefick, Stephanie Asdell, Alli McKinzie, Molly Frank, Tanvi Asthana, Rabiah Amjad, Juliet Hardesty, Raiven Owusu, Morgan Saiko-Blair, Kaitlin Wendel, and Breanne Burgess without whose leadership expansion of coalition would not have been possible. Board Members Aida Haddad, Maria Khan, Eric Klipsch, Jonathan Class, Paul Sohn, and Mahmud Sam for their support in integrating and creation of the coalition. Dr. Mohammad Aref without whose support and mentorship of women's health research at the clinic, the need and inspiration for the coalition would not have been realized. Dr. Brock McMillen, Indiana University Family Medicine Residency Director, for instituting residents at the women's health clinic.



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