

Article

Substantial Decreases in U.S. Cities' Ground-Based NO₂ Concentrations during COVID-19 from Reduced Transportation

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Abstract: A substantial reduction in global transport and industrial processes stemming from the novel SARS-CoV-2 coronavirus and subsequent pandemic resulted in sharp declines in emissions, including for NO₂. This has implications for human health, given the role that this gas plays in pulmonary disease and the findings that past exposure to air pollutants has been linked to the most adverse outcomes from COVID-19 disease, likely via various co-morbidities. To explore how much COVID-19 shutdown policies impacted urban air quality, we examined ground-based NO₂ sensor data from 11 U.S. cities from a two-month window (March–April) during shutdown in 2020, controlling for natural seasonal variability by using average changes in NO₂ over the previous five years for these cities. Levels of NO₂ and VMT reduction in March and April compared to January 2020 ranged between 11–65% and 11–89%, consistent with a sharp drop in vehicular traffic from shutdown-related travel restrictions. To explore this link closely, we gathered detailed traffic count data in one city—Indianapolis, Indiana—and found a strong correlation (0.90) between traffic counts/classification and vehicle miles travelled, a moderate correlation (0.54) between NO₂ and traffic related data, and an average reduction of 1.11 ppb of NO₂ linked to vehicular data. This finding indicates that targeted reduction in pollutants like NO₂ can be made by manipulating traffic patterns, thus potentially leading to more population-level health resilience in the future.

Keywords: air pollution; NO₂; traffic counts



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1. Introduction

Due to a 13-fold increase in Coronavirus disease 2019 (COVID-19) cases outside of China on 11 March 2020, the World Health Organizations Director General characterized it as a pandemic [1]. At the time of this writing, on 5 August 2021, the Centers for Disease Control reported that there were over 35 million cases of COVID-19 in the U.S., with the total deaths exceeding 600,000 [2]. This pandemic has resulted in stay-at-home orders being instituted around the world, which has many negative externalities associated with it, but one positive one has been a marked decrease in many criteria air pollutants due to decreases in transportation volumes and industrial production [3,4], including reduced concentrations of nitrogen dioxide (NO₂) [5–8]. This change has also been quantified via satellite imagery, which indicates a substantial drop in NO₂ tropospheric column of over 20% from January to April 2020 versus the same time frame in 2019 over parts of China, Western Europe, and the United States [9] and similarly in 20 North American cities. Goldberg et al. (2020) calculated decreases in NO₂ during this similar timeframe; when adjusted for seasonality and meteorology in a North American city study, they were between 9% and 43%. It is important to note that satellite data, due to its analysis being based on the entire tropospheric column and its spatial and temporal coverage limitations, can misreport on the ground-pollutant measurements. Additionally, urban regions versus remote regions can have daily NO₂ retrievals varying up to 40% [10].

As anthropogenic activities of nitrogen oxide (NO_x) far surpass natural emissions [11], they have resulted in a three- to six-fold increase in nitrogen oxide (NO_x = NO + NO₂) emissions since the pre-industrial era [12]. Anthropogenic sources of NO_x include fossil fuel/biofuel combustion, industry, and the transportation sector, and natural sources of NO_x include soil nitrification-denitrification processes, wild fires, and lightning [11]. NO₂ from traffic emissions have profound and measurable health implications, such as heart disease or upper respiratory infections, in populations with increase in nonaccidental mortality [13,14]. Besides increasing acidification, exacerbating global climate change, decreasing visibility, and increasing ozone and aerosol in the troposphere [15], NO_x also induces small-particle formation and has shown to be positively correlated to adverse health conditions as a result of long-term exposure [16,17].

High vehicular emissions can result in corridors of heavy air pollution [18] in rural and urban regions. NO₂ pollution, a tracer for vehicular emissions, has been linked to adverse health effects for increased asthma events in predominantly urban areas [19]. A 20 ppb increase in NO₂ has been found to increase chronic obstructive pulmonary disease (COPD) hospital visits, cardiovascular disease, lung cancer in adults, and respiratory mortality [13,14].

Recent COVID-19 research has consistently shown reduction of vehicular travel as the cause of NO₂ decreases; however, the one knowledge gap in this body of research is simply that the vehicle type (cars versus multiple-axled vehicles) is nearly as important as the vehicle number, and this varies substantially between cities. The onset of COVID-19 and the stay-at-home orders in March and April have posed a unique opportunity to examine these changes in vehicular NO₂ emission as a result of reduction of vehicle volume and type in the U.S. To examine changes in NO₂ in cities and how that relates to vehicular traffic during the COVID-19 lockdown, we examine the impact of stay-at-home orders in March through April 2020 versus a five-year average of calibrated high-quality data from March–April from 2015–2019. We utilize 2020 daily raw data for NO₂ from EPA-grade sensors in 11 large cities around the U.S. Additionally, NO₂ concentrations in Indianapolis, IN, are assessed and compared to vehicle volume broken down by classification with the premise that truck-traffic volumes (with varying axles) are a good metric for vehicular emissions in cities.

2. Materials and Methods

2.1. NO₂ and Vehicle Miles Travelled (VMT) Data

To examine the impact of stay-at-home orders, daily NO₂ data from roadside continuous ground level sensors from 11 major cities in the U.S. were downloaded from the respective state agencies for our study period [20–23]. These cities were chosen for their population size and the availability of comparable data for air quality. Based on Federal Audits required by the Environmental Protection Agency (EPA), the uncertainty associated with the measurement (sum of possible deviations due to the different sources of error that may appear) must remain below 15% [24].

Data for NO₂ over the months of March and April 2020 were used as lockdown reference months, acknowledging that some states were phasing in lockdowns during March and that states and cities often had different shutdown policies. This was compared to January 2020 data from those same sensors to determine in-year changes. The 2020 data are also compared to the mean 5-year sensor data (2015–2019) for March and April to take the meteorological conditions into account. We identified two fixed monitors within most regions [25]; however, due to excessive number of missing days of data for San Antonio and Austin, we utilized data from one sensor each in those locations. Additionally, for Queens (at Queens College) and San Francisco, we were able to identify only one fixed continuous monitor maintained by the state. For the remaining cities, we averaged NO₂ data from two fixed sensors each for 2020 and 2015–2019 (Indianapolis—at Washington Park and I-70 sensor; Los Angeles—at Main Street and VA; San Jose—at Jackson Street and K Avenue; San Diego—Rancho and Kearny; Dallas—Cam 63 and Cam 1067, Fort Worth—Cam 13

and Cam 17; Austin—Cam 1068, San Antonio—Cam 23, Houston—Cam 416 and Cam 403; Dallas—Cam 1067 and Cam 63; San Diego—at Rancho and Kearny) [20–23].

Aggregate VMT data, generated at the county level, were accessed from StreetLight Data to examine changes in traffic patterns and emissions to obtain a uniform scale of vehicle usage [26]. Streetlight runs over 100 billion location data points gathered from smart phones and navigational devices connected to vehicles (cars and trucks) into an algorithm to aggregate and normalize travel patterns by region. Their metrics are validated not only against public sources or external sources but also using private data in all states except Hawaii and Alaska [27]. The percentage of population in the study area (versus the full country population) was used to normalize the VMT data.

2.2. Indianapolis Traffic Sensor Data

Traffic counts are used in numerous studies to connect urban pollution like NO₂ to examine regions, their health impacts, and the socio-economic disparities that occur as a result of it [25,28,29]. For this study, we downloaded daily traffic volume and classification data of vehicles from 5 continuous sensors placed on major roadways in Indianapolis, identification numbers 990362, 950109, 990309, 990311, and 991392, reported by the Indianapolis Department of Transportation (INDOT). These data are publicly available via INDOT's online Traffic Count Database System (TCDS). March and April 2020 daily counts were examined against the count and classification data from January 2020 for the referenced continuous sensors. INDOT has 15 vehicle classifications; however, we focused on total vehicular traffic, total cars, and classification of motorcycle, car, pickup, and bus as a sub-category (1–4) and heavy emitters (excluding sub-category 1–4). Classification 5 and above were primarily trucks with varying axles [30]

3. Results

3.1. NO₂

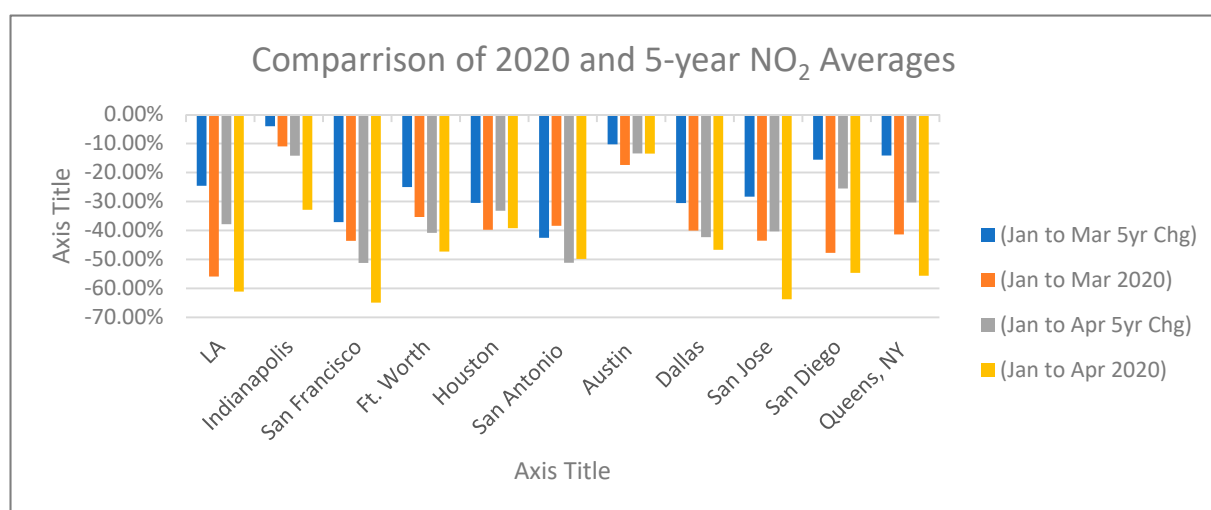
The percentage drop in NO₂ values when 2020 values are compared to the 5-year averages between January and March range from 11–56% and 4–43%, respectively (Tables 1 and 2), while January and April reflect a NO₂ drop ranging from 14–65% in 2020 and a drop of 13–51% in the 5-year averages (Tables 1 and 2). Between January and March, San Antonio was the only location where the 2020 percent change was lower than the 5-year average percent change (Figure 1). From January to April (Figure 1), the percent changes in 2020 and the 5-year averages of San Antonio and Austin were almost the same, while the other nine locations showed a sharp reduction in NO₂ values in 2020 compared to the same 2-month window from 2015–2019 (Figure 1). Excluding the cities of Austin and San Antonio from January to April in 2020, Indianapolis had the smallest reduction of NO₂ at 33%, and San Francisco had the largest reduction of NO₂ values at 65% (Table 1).

Table 1. 2020 NO₂ averages and percent changes in 2020.

Location (NO ₂ Sensors)	Jan (ppb)	Mar (ppb)	Apr (ppb)	2020 Change (Jan to Mar)	2020 Change (Jan to Apr)
LA	21.40	9.44	8.33	−55.89%	−61.08%
Indianapolis	10.54	9.38	7.08	−11.03%	−32.90%
San Francisco	13.84	7.81	4.85	−43.59%	−64.93%
Ft. Worth	10.15	6.56	5.35	−35.39%	−47.32%
Houston	11.70	7.04	7.11	−39.79%	−39.25%
San Antonio	8.06	4.96	4.04	−38.39%	−49.82%
Austin	12.43	10.26	10.75	−17.42%	−13.51%
Dallas	11.38	6.82	6.07	−40.05%	−46.67%
San Jose	16.74	9.45	6.07	−43.55%	−63.76%
San Diego	14.99	7.83	6.80	−47.76%	−54.62%
Queens, NY	20.55	12.04	9.12	−41.39%	−55.61%

Table 2. NO₂ averages of January, March, and April from 2015–2019.

Location (NO ₂ Sensors)	Jan (ppb)	Mar (ppb)	Apr (ppb)	5-yr Change (Jan to Mar)	5-yr Change (Jan to Apr)
LA	22.01	16.60	13.68	−24.57%	−37.85%
Indianapolis	13.79	13.23	11.83	−4.00%	−14.18%
San Francisco	18.21	11.45	8.88	−37.12%	−51.21%
Ft. Worth	10.26	7.69	6.07	−25.09%	−40.88%
Houston	15.00	10.42	10.02	−30.54%	−33.20%
San Antonio	9.64	5.54	4.71	−42.56%	−51.10%
Austin	15.42	13.83	13.35	−10.32%	−13.44%
Dallas	12.57	8.73	7.25	−30.61%	−42.34%
San Jose	18.11	12.98	10.80	−28.31%	−40.38%
San Diego	15.32	12.93	11.41	−15.64%	−25.51%
Queens, NY	20.60	17.68	14.35	−14.14%	−30.31%

**Figure 1.** January to March and January to April NO₂ changes for 2020, the average of the previous 5-years of non-COVID conditions, and the decrease from annual averages.

Seasonal changes in NO₂ naturally occur and must be considered. In summer, NO_x and other volatile organic compounds from traffic and other sources result in photochemical smog, with December through February having seasonal maximum in the U.S. [31]. Oxidation by photochemically produced OH in the summer reduces NO_x, while lower concentrations of OH in the winter months results in an increased lifetime of NO_x [32]. Extrapolating further from Table 1, we see this in our multi-city data, with an average decrease in 2020 NO₂ values in March and April ranging from −40% to −50% compared to their respective average January values. In April 2020, Austin had the smallest reduction of −13.51%, with San Francisco having the largest reduction of −64.93% (Table 1). These decreases constitute seasonal changes plus any change related to COVID lockdown policies in the various cities.

To determine the typical seasonal decrease in NO₂ values and thus remove this from the COVID-related signals, we calculated the 5-year averages for each city to normalize for weather-related variations year-on-year. We found that the typical seasonal decreases were significantly less than the COVID-impacted 2020 decreases (Figure 1). With the exception of Ft. Worth, San Antonio, and Dallas, rest of the cities had a greater than 20% drop in March–April averages in 2020 versus the 5-year averages (Figure 2). On average, between January and March and January and April in 2020, NO₂ values decreased by 14% when compared to their respective 5-year averages from 2015–2019 (Tables 1 and 2), indicating the significant impact of lockdowns and agreeing with the more regional results obtained by satellite analysis [33]. We can visualize such impacts from the free use of tropospheric

NO₂ monthly mean averages from GOME-2 sensor from www.temis.nl over the U.S. from April 2019 when compared to April 2020 (Figure 3) [34].

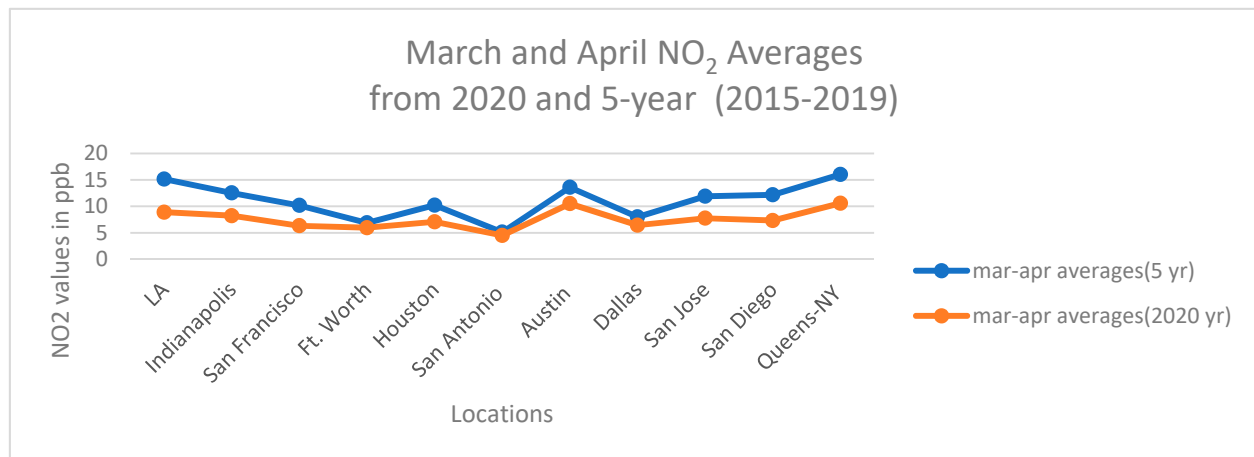


Figure 2. March and April combined NO₂ averages in parts per billion (ppb) from 2020 versus 5 -year (2015-2019).

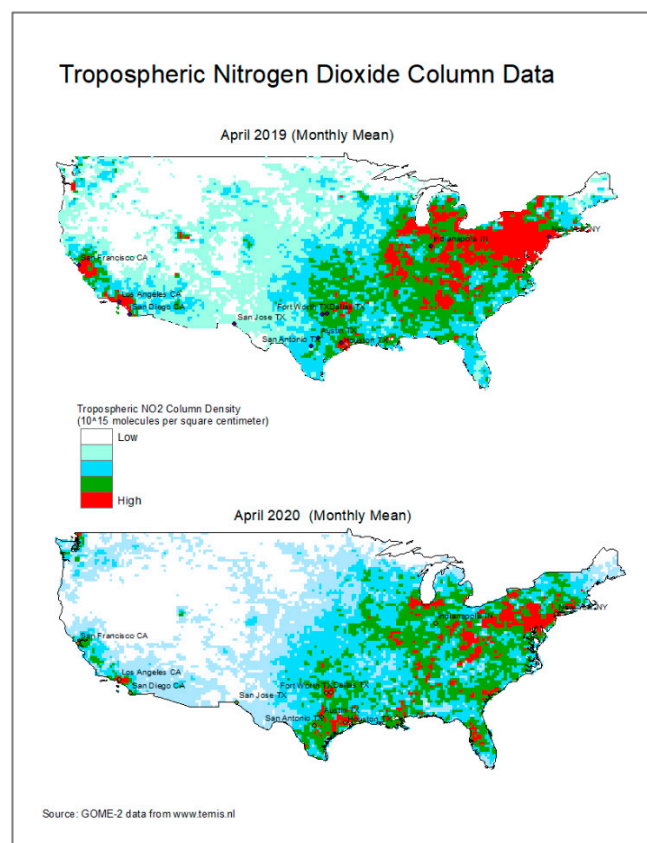


Figure 3. NO₂ averages from April in 2019 and 2020.

3.2. VMT and NO₂

Similar to the NO₂ trends between January, March, and April in 2020 (Figure 4), VMT in all the locations significantly dropped with the implementation of stay-at-home orders (Figure 5). March showed a significant reduction in VMT between 11–51%, with NO₂ reduction being between 11–56% (Table 3). April in comparison to January showed a much higher reduction of VMT between 62–89% (Table 3), with NO₂ reduction being between 14–65% (Table 3, Figure 6).

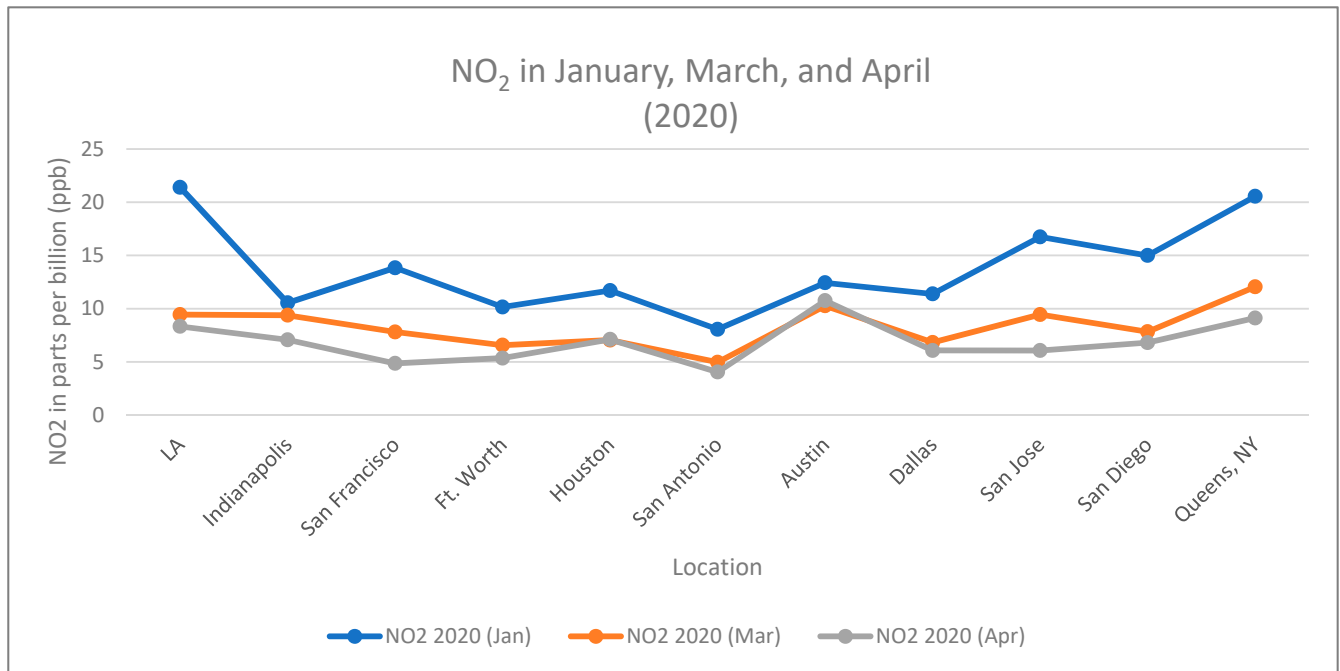


Figure 4. NO₂ averages from January, March, and April in 2020.

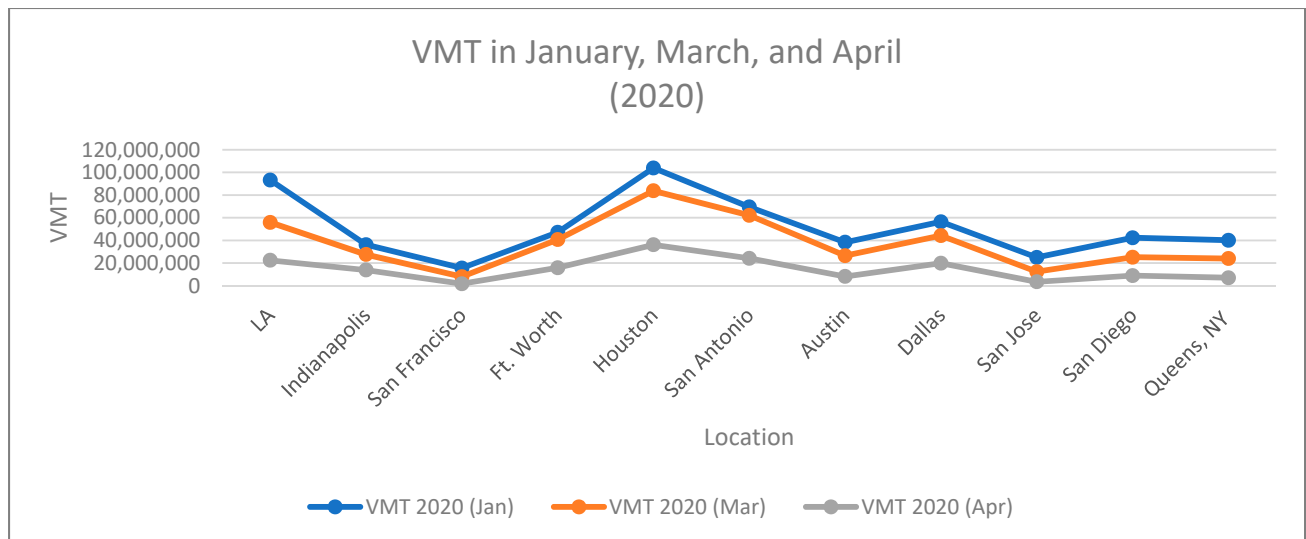


Figure 5. Vehicle miles travelled (VMT) for 11 cities from January, March, and April of 2020.

Table 3. NO₂ and VMT changes between January to March and January to April 2020.

Location	NO ₂ Jan to Mar	VMT Jan to Mar	NO ₂ Jan to Apr	VMT Jan to Apr
LA	−55.89%	−40.11%	−61.08%	−75.97%
Indianapolis	−11.03%	−23.95%	−32.90%	−61.87%
San Francisco	−43.59%	−49.12%	−64.93%	−89.07%
Ft. Worth	−35.39%	−13.57%	−47.32%	−66.50%
Houston	−39.79%	−19.38%	−39.25%	−65.29%
San Antonio	−38.39%	−10.73%	−49.82%	−65.29%
Austin	−17.42%	−30.97%	−13.51%	−78.88%
Dallas	−40.05%	−21.63%	−46.67%	−64.91%
San Jose	−43.55%	−50.62%	−63.76%	−86.35%
San Diego	−47.76%	−40.69%	−54.62%	−78.99%
Queens, NY	−41.39%	−40.29%	−55.61%	−82.66%

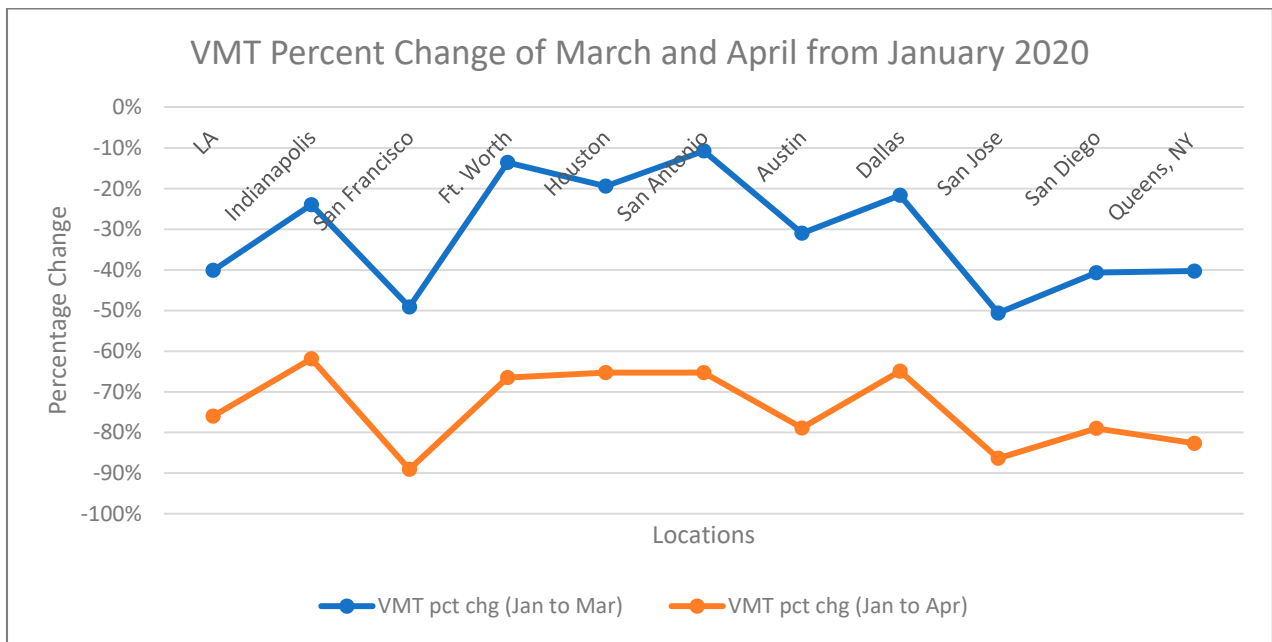


Figure 6. VMT changes between January to March and January to April in 2020.

Comparing the trends of NO₂ and VMT from January to March 2020, the percentage changes of NO₂ of Indianapolis, San Francisco, Austin, and San Jose are higher than the VMT percent changes in the same time frame. For LA, Ft Worth, Houston, San Antonio, Dallas, and San Diego, VMT percent changes, causes of which were not investigated, are lower than the NO₂ percent changes, with Queens being about the same (Figure 7). For April, a month into the shutdown period in most states, NO₂ changes are consistently higher than the VMT percent changes in that time (Figure 8).

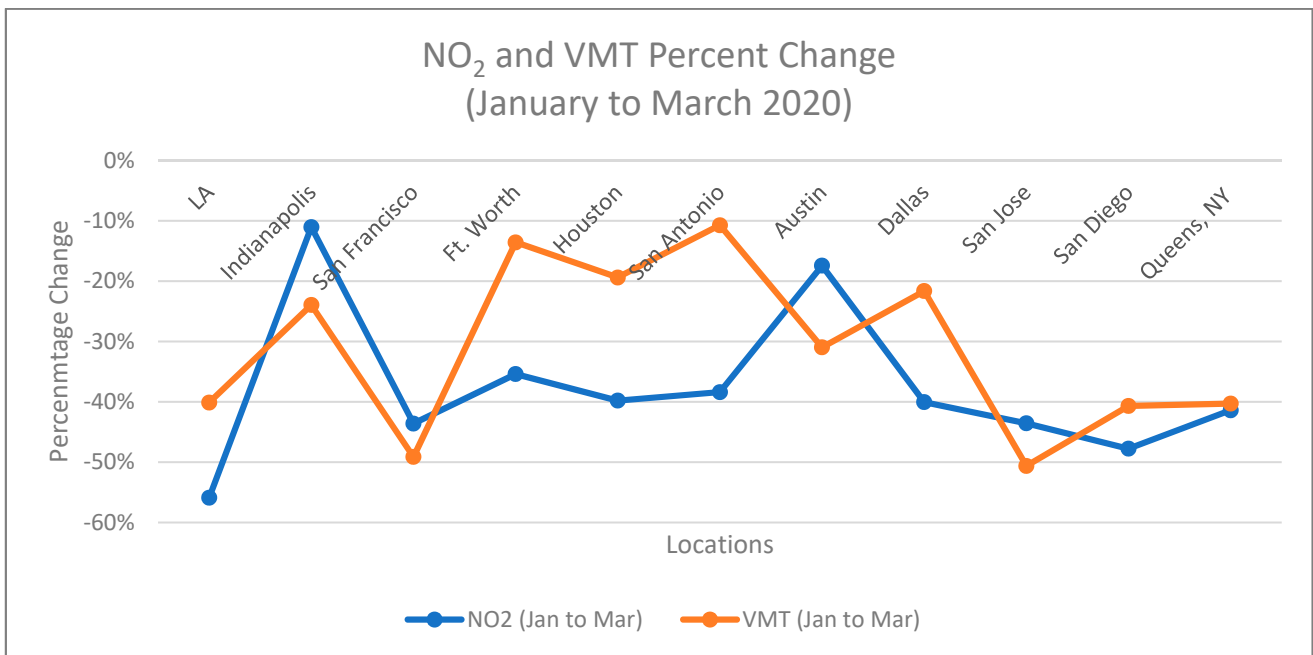


Figure 7. NO₂ and VMT percent changes between January and March in 2020.

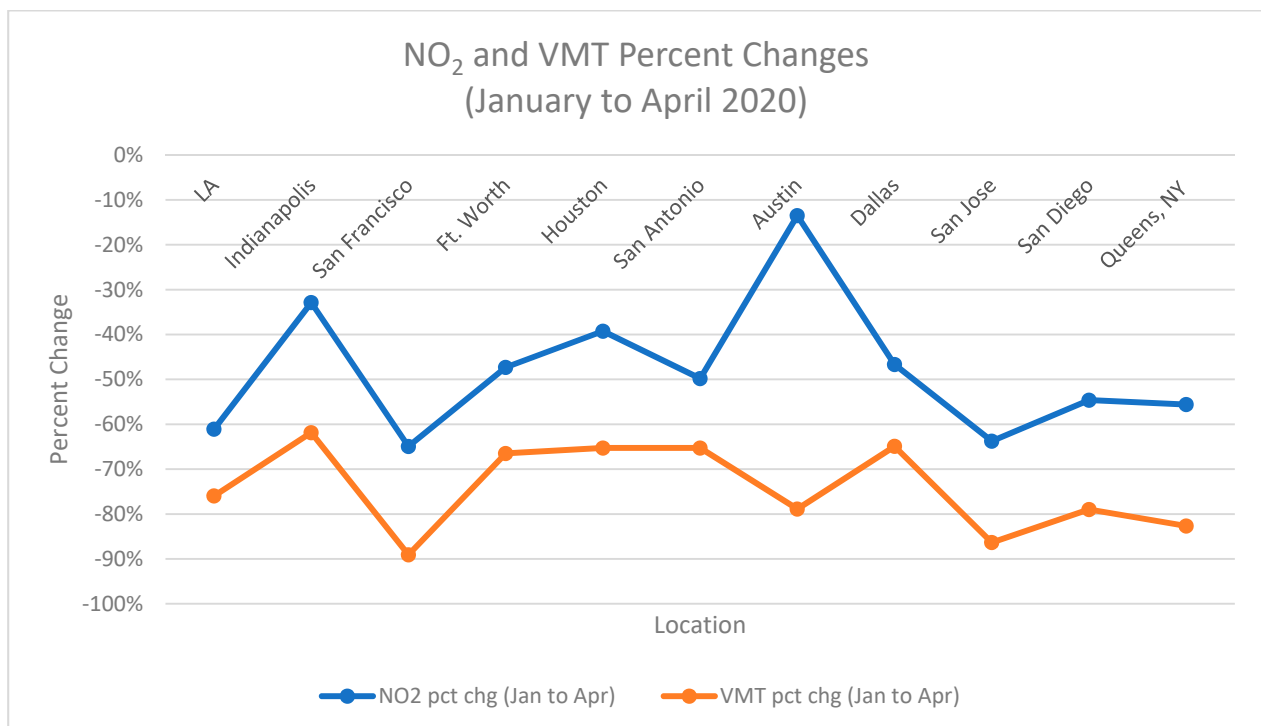


Figure 8. NO₂ and VMT percent changes between January and April 2020.

Spearman rank-correlation statistics was calculated between NO₂ and VMT, with alpha level set at 0.05 to examine the strength of their relationship. It ranges between -1 to $+1$, with zero indicating no association between two variables; -1 indicating a perfectly inverse strength of relationship; and a $+1$ indicating a perfect strength of association. This analysis revealed that San Diego, San Jose, and Indianapolis have higher significant correlation ($r = 0.43$ – 0.53) and LA, Houston, San Francisco, and Queens have lower significant correlations ($r = 0.29$ – 0.39) (Table 4). High p -values for the four cities in Texas (Ft. Worth, San Antonio, Austin, and Dallas) indicate that, in those locations, we do not have strong evidence of a relationship between NO₂ and VMT variations, thus preventing us from understanding the relationship with this dataset. Examining the ratios of NO₂ to VMT for January to April 2020 for all 11 cities, we find that, on average, a 1,000,000 reduction in VMT resulted in a reduction of 0.24 ppb in NO₂ for all cities. Austin was well below that average, at 0.06 ppb, and San Francisco had the highest impact of the decreased VMT (with a reduction of 0.65 ppb) for an average of a 1,000,000 reduction in VMT (Table 5).

Table 4. Spearman correlations between NO₂ and VMT in March and April of 2020 (alpha = 0.05).

Location	X	Y	Correlation Coefficient	p -Value	p -Value < 0.05
LA	NO ₂	VMT	0.3543	0.0051	X
Indianapolis	NO ₂	VMT	0.4569	0.0002	X
San Francisco	NO ₂	VMT	0.3230	0.0111	X
Ft Worth	NO ₂	VMT	0.1329	0.3072	
Houston	NO ₂	VMT	0.2910	0.0229	X
San Antonio	NO ₂	VMT	0.2225	0.0848	
Austin	NO ₂	VMT	0.0454	0.7285	
Dallas	NO ₂	VMT	0.1173	0.3679	
San Jose	NO ₂	VMT	0.4295	0.0006	X
San Diego	NO ₂	VMT	0.5320	0.0000	X
Queens	NO ₂	VMT	0.3916	0.0028	X

Table 5. NO₂ and VMT ratios from January to April 2020 for cities.

Location	VMT Avg Chg (Jan–Apr) = [B]	NO ₂ Avg Chg in ppb (Jan–Apr) = [A]	NO ₂ /VMT = A/B (all Cities)
LA	−70,802,793.41	−13.07	0.18×10^{-6}
Indianapolis	−22,364,196.21	−3.47	0.16×10^{-6}
San Francisco	−13,824,506.67	−8.99	0.65×10^{-6}
Ft. Worth	−31,308,793.60	−4.80	0.15×10^{-6}
Houston	−67,843,483.92	−4.59	0.07×10^{-6}
San Antonio	−45,369,086.33	−4.01	0.09×10^{-6}
Austin	−30,210,481.83	−1.68	0.06×10^{-6}
Dallas	−36,617,918.66	−5.31	0.15×10^{-6}
San Jose	−21,531,553.94	−10.67	0.50×10^{-6}
San Diego	−33,359,270.66	−8.19	0.25×10^{-6}
Queens	−33,089,110.33	−11.43	0.35×10^{-6}
Average			0.24×10^{-6}

3.3. Indianapolis Road Sensor Data

Given that the Spearman correlation between NO₂ and VMT in Indianapolis is significant, we examined the city further. An expanded Spearman correlation test indicates that the correlation between VMT, NO₂, and vehicle counts in March and April 2020 are all highly significant, with moderate correlations between VMT and NO₂ and high correlations between total vehicles and VMT, as expected (Table 6).

Table 6. Spearman correlation between vehicles and VMT and NO₂ in Indianapolis, March–April 2020.

Location	X	Y	Correlation Coefficient	p-Value
Indianapolis	Avg Total Vehicles	VMT	0.90	<0.005
Indianapolis	Avg Total Vehicles	NO ₂	0.54	<0.005
Indianapolis	VMT	NO ₂	0.46	<0.006

Average counts of total vehicles, vehicle classification excluding categories 1–4 (excluding motorcycle, car, pickup, and bus—proxy for trucks), NO₂, and VMT show a decline in all categories in March and April when compared to January 2020 (Table 7). VMT percentage reduction in April versus January is almost two times that of the average total vehicles in Indianapolis and of the NO₂ percentage reduction in that time period (Table 8), indicating that a percentage reduction in the average total vehicles results in almost an equivalent percentage reduction in NO₂ in the city in that month. Extrapolating from Table 8, we can make the following observation regarding the change from January to April:

An average of 1876 (38,494–36,618)-unit reduction in average total vehicles, excluding motorcycle, car, pickup, and bus, is equivalent to a 32% [35] or an 1.11 ppb (0.32×3.46) average burden reduction of NO₂ in Indianapolis.

Table 7. Indianapolis vehicle count, NO₂, and VMT in 2020.

Month	Avg Total Vehicles	Avg Total Cars	Avg Vehicles (1 to 4)	Avg Vehicles (Excl 1 to 4)	Avg NO ₂ 2020 (ppb)	Avg VMT 2020
Jan	336,971	239,289	298,476	38,494	10.54	36,147,631
Mar	310,327	210,699	268,216	42,111	9.38	27,490,875
Apr	220,784	137,125	184,166	36,618	7.08	13,783,435

Table 8. Percentage and unit change of vehicles, VMT, and NO₂ from January to April to January 2020.

Variable	January	April	Unit_Chg (Jan–April)	Pct_Chg (Jan–Apr)
Avg_VMT	36,147,631	13,783,435	−22,364,196	−61.87%
Avg_NO ₂ (ppb) ¹	10.54	7.08	−3.46	−32.83%
Avg_tot_veh ²	336,971	220,784	116,187	−34.48%
Avg_tot_cars ³	239,289	137,125	102,164	−42.69%
Avg_veh (1–4) ⁴	298,476	184,166	114,310	−38.30%
Avg_veh (excl 1–4) ⁵	38,494	36,618	1876	−4.87%

¹ NO₂ averaged from two sensors in Indianapolis. ² Total count of vehicles averaged over the 5 sensors in Indianapolis. ³ Total count of cars averaged over the 5 sensors in Indianapolis. ⁴ Total count of vehicle class 1–4 (motorcycle, car, pickup, and bus) averaged over the 5 sensors in Indianapolis. ⁵ Total count of a proxy for trucks averaged over the 5 sensors in Indianapolis.

4. Discussion

The onset of COVID-19 and the stay-at-home orders in March and April have presented an opportunity to examine the changes in NO₂ concentrations and their relationship to VMT in 11 cities in the U.S., with implications for local health outcomes.

Our analysis of the impacts of stay-at-home orders utilized ground-based sensor data from 11 U.S. cities. We found an average reduction of NO₂ of 45% measured in March and April 2020 when compared with their 5-year averages of 29% (2015–2019) (Tables 1 and 2). January to April 2020 resulted in a NO₂ drop between 14–65% versus its respective 5-year average drop between 13–51%. Four Texas cities had poor correlation between VMT and NO₂ (Ft. Worth, San Antonio, Austin, and Dallas). This offset compared to studies using satellite data is likely due to differences in the air being sampled with each approach (i.e., ground-level versus troposphere scale). San Diego, San Jose, and Indianapolis had the strongest strength of relationship between VMT and NO₂, as is illustrated from the correlation analysis.

The VMT reduction in April 2020 ranged between 62% and 89% (Table 3) when compared to January 2020. Average ratios of NO₂/VMT for the 11 locations indicates that for every 1,000,000 less VMT, NO₂ decreases by an average of 0.24 ppb (Table 5). A 1,000,000 average VMT drop in San Francisco resulted in the most significant decrease in NO₂ (0.65 ppb), and Houston resulted in the least significant decrease (0.07 ppb). The petrochemical industry in Texas, and particularly in the greater Houston area, probably plays a significant role in NO₂ production [36], and thus the VMT-NO₂ relationship is not likely the only significant factor influencing the scale of observed decreases in NO₂.

The lack of observed significant correlations between NO₂ and VMT for the four Texas cities remains unresolved. We suggest two options: (1) the locations of the fixed AQ sensors' locations in relation to emission sources as related to traffic and non-traffic need to be identified and incorporated with meteorology, as their absence may not be ideal for capturing the more regional emission sources that are better characterized by satellite observations [33] that might be an issue for more sprawling cities, and/or (2) VMT along with specific traffic volume and classification analysis from platforms like StreetLight may be a more robust metric for extrapolating local impacts of NO₂ emissions from vehicle sources. A much denser array of high-quality, ground-based sensors would likely have to be in place to address option (1) above, but with option (2), we can, at least for one of the cities (Indianapolis), compare NO₂ to actual vehicle count and classification data for several locations to address the issue.

Since VMT may not be the best indicator of pollution impacts, we can use traffic counts and vehicle classifications in addition to VMT to create localized indices that can assist local governments to plan and/or to adjust traffic flows to address the impacts of high NO₂ values. In future studies, placement of NO₂ sensors in relation to the NO₂ sources, which would also impact the sensors readings, should be considered. This NO₂/VMT ratio (Table 5) should be tested in other cities in different seasons, which could be then used as a proxy in examining NO₂ production in different regions while gauging the impact

of transportation changes. This can assist in classifying the impact of traffic changes in regions from the most sensitive to the least. In addition to sensor placement, meteorological conditions, like temperature, wind speed, relative humidity, and precipitation, also play a role in the transport of atmospheric gases [37], which were also not considered in this analysis. Such conditions are not uniform spatially and have shown to cause column NO₂ readings to differ by about 15% over monthly timescales [33]; high winds in particular can play a role in dispersing NO₂ pollutant concentrations throughout the year [38].

A deeper look into vehicle counts and classification in Indianapolis indicates that the drop in average total vehicles percentage is almost identical to the percentage drop in its NO₂ values (Table 8). An 1876-unit reduction in proxy truck average in Indianapolis results in lowering VMT, which in turn should yield a decrease in average NO₂ values by 1.11 ppb (Table 8). Building on this process in time and space, this calculation can be useful in examining regions that should be targeted first and would have the biggest impact of the reduction in NO₂ through traffic manipulation. In places like Houston, where there is a presence of other significant industrial emissions of NO₂, their emission impacts should also be incorporated for a more comprehensive understanding.

In qualitative terms, the observed substantial reductions in NO₂ would, all other things being equal, provide some benefits to human health. With the return to business-as-usual practices, these health benefits will be transitory. Satellite measurements of NO₂ are outstanding for capturing regional trends, but the heterogeneity of NO₂ at the ground level in a given city [39] is not well-captured and thus pinpointing that emission sources that are proximal to population centers at the fine scale should be a high priority for city planners and transportation design. This latter point is critical in that the highest concentrations of NO₂ and many other criteria air pollutants are disproportionately located in lower-income communities [25,40]. The overlapping issues of poor air quality and particular susceptibility, likely via co-morbidities, of these same communities to severe COVID disease [41] speaks to the need to better constrain ground-level air pollution levels with an eye toward applying health equity solutions in cities.

5. Conclusions

The pandemic-driven shutdown policies instituted in cities across the U.S. substantially decreased many harmful air pollutants, including NO₂ [33,42]. We found this stable reduction within cities using ground-based monitors, and it is largely tied to reduced traffic volume, with other factors, such as industrial emissions, playing a variable role. Although ground-based monitoring ties the concentration data much more closely to communities and local health impacts than does more regionally comprehensive satellite data, the paucity of monitors and likely disconnects between metrics that are meant to capture traffic volume reduces their effectiveness from a public health standpoint.

This observed reduction in urban NO₂ concentrations ranging between 11% and 65%, a rare silver lining of the devastating pandemic, is likely temporary, but it does point to the tight connection between traffic-related pollution sources and local impacts. This connection highlights a two-fold issue: that local air-pollution hotspots may exacerbate diseases like COVID and are currently under-studied, especially when it comes to examining pollutant burden by taking vehicle classifications into account, as we illustrated in Indianapolis, where we accounted for an average of 1.11 ppb reduction in NO₂. Two actions that city planners can take to promote health equity in their communities are to implement environmental-monitoring programs that link data points (i.e., monitors) more strategically to population density and to implement local transportation and zoning policies that examine and protect community health and build health equity into the system.

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