

Influence of the Number of Predicted Words on Text Input Speed in Participants With Cervical Spinal Cord Injury

Samuel Pouplin, Nicolas Roche, Isabelle Vaugier, Antoine Jacob, Marjorie Figere, Sandra Pottier, Jean-Yves Antoine, Djamel Bensmail

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- 1 **TITLE: Influence of the number of predicted words on text input speed in**
- 2 participants with cervical spinal cord injury.
- 3
- 4 SHORT TITLE: Influence of the number of predicted words in persons with
- 5 **SCI**
- 6

7 AUTHORS

- 8 Samuel POUPLIN, OT, PhD Student¹⁻⁴
- 9 Nicolas ROCHE, MD, PhD³⁻⁵
- 10 Isabelle VAUGIER, Biostatistician⁴
- 11 Antoine JACOB, OT, MSc¹
- 12 Marjorie FIGERE, ARC⁴
- 13 Sandra POTTIER, Project Manager⁴
- 14 Jean-Yves ANTOINE⁶,
- 15 Djamel BENSMAIL, MD, PhD¹⁻⁴
- 16
- ¹New Technologies Plate-Form, AP-HP, Raymond Poincaré Teaching Hospital,
- 18 Garches, France.
- ¹⁹ ²Physical Medicine and Rehabilitation Department, AP-HP, Raymond Poincaré
- 20 Teaching Hospital, Garches, France.

- ³Inserm Unit 1179, Team 3: Technologies and Innovative Therapies Applied to
- 22 Neuromuscular diseases, University of Versailles St- Quentin-en-Yvelines,
- 23 France.
- ⁴Clinical Innovations Center 1429, AP-HP, Raymond Poincaré Teaching Hospital,
- 25 Garches, France.
- ⁵Physiology–Functional Testing Ward, AP-HP, Raymond Poincaré Teaching
- 27 Hospital, Garches, France
- 28 ⁶University François Rabelais of Tours, Tours, France, LI Lab
- 29

30 ABSTRACT

- 31 Objective
- 32 To determine if the number of words displayed in the Word Prediction Software
- 33 (WPS) list affects Text Input Speed (TIS) in people with cervical Spinal Cord
- 34 Injury (SCI) and if any influence is dependent on the level of the lesion.
- 35 <u>Design</u>
- 36 A cross-sectional trial.
- 37 <u>Setting</u>
- 38 A rehabilitation center in France.
- 39 Participants
- 40 Ninety persons with cervical SCI fulfilled the inclusion/exclusion criteria, 45 of
- 41 whom agreed to participate. Lesion level was high (C4 and C5 Asia A or B) for
- 42 15 participants (high lesion group) and was between C6 and C8 Asia A or B for
- 43 30 participants (low lesion group).

44 <u>Methods</u>

- 45 TIS was evaluated during 4. 10-minute copying tasks:
- 46 -without WPS (Without)
- 47 -with a display of 3 predicted words (3Words)
- 48 -with a display of 6 predicted words (6Words)
- 49 -with a display of 8 predicted (8Words)

50 Outcome Measures

51 During the 4 copying tasks, TIS was measured objectively (characters per minute,

52 number of errors) and subjectively through subject report (fatigue, perception of

53 speed, cognitive load, satisfaction)

54 <u>Results</u>

- 55 For participants with low cervical SCI, text input speed without WPS was faster
- than with WPS, regardless of the number of words displayed (p<0.001). For
- 57 participants with high cervical SCI, the use of WPS did not influence TIS
- 58 (p=0.99). There was no influence of the number of words displayed in a word
- 59 prediction list on TIS, however perception of TIS differed according to lesion
- 60 level.

61 <u>Conclusion</u>

- 62 For persons with low cervical SCI, a small number of words should be displayed,
- or WPS should not be used at all. For persons with high cervical SCI, a larger
- 64 number of words displayed increases the comfort of use of WPS.

65 Key words

66 Cervical spinal cord injury, text input speed, word prediction software, words

67 displayed

69	ABREVIATIONS:
0,	I IDIAL I II I I I I I I I I I I I I I I I I

- 70 SCI: Spinal Cord Injury
- 71 TIS: Text Input Speed
- 72 WPS: Word Prediction Software
- 73 CPM: Characters per minute
- 74 SD: Standard Deviation
- 75
- 76
- 77
- 78

79 Introduction

80	The use of technology is essential for the social and professional integration of
81	persons with cervical spinal cord injury (SCI) ¹ . Likewise, the emergence of new
82	interfaces such as tablets and smartphones have changed how people
83	communicate and use the Internet ² . However, access to Internet and social
84	websites, which is mainly based on text input, can be difficult, especially for
85	persons with high cervical SCI. A variety of devices (infrared cameras, onscreen
86	keyboards etc.) have been designed to facilitate computer use, depending on the
87	level of the lesion ^{3 4.5.6.7.8.9} . Despite the use of these devices, text input remains
88	laborious with a mean text input speed (TIS) of 5 words per minute ¹⁰ compared
89	with 15-20 words per minute in able-bodied people 10 . Several methods have
90	been developed to increase TIS ^{11 9 12 13 14.15} , such as speech recognition systems ¹⁶
91	or word prediction software (WPS). These methods are recommended by health-
92	related professionals ¹⁷ to increase TIS. However, in a noisy home environment,
93	the use of a speech recognition system may be compromised. Also, some people
94	want to keep their privacy when they dictate a text. Thus WPS may be a solution
95	to compensate for some of the disadvantages of speech recognition software. WPS
96	display a list of predicted words that correspond to the word currently being typed
97	by the user. If one of the predictions is correct, the user selects the corresponding
98	word in the list, thereby avoiding typing each letter of the word (keystroke
99	saving ¹⁸). WPS can be customized, for example by changing the number of words
100	displayed.

102	Data in the literature are conflicting regarding the influence of WPS on TIS, with
103	some studies showing decreases of up to 71% and others showing increases of up
104	to 45% ^{19 20 21 22 23 24 25} . The main reason suggested for these differences is the
105	increase in cognitive load caused by the visual search for words in the prediction
106	list. This suggests that the number of words in the prediction list affects TIS.
107	A study in healthy people showed that keystroke savings are significantly related
108	to the number of words displayed ²⁶ . However, since selection time increases with
109	the number of words in the list, the benefits provided by keystroke savings may be
110	cancelled out. A simulation study showed that each additional word displayed in
111	the prediction list increases search time by 150 milliseconds ²⁷ . Moreover, there is
112	only a slight increase in keystroke savings between 6 and 11 words. According to
113	these studies, the best compromise between keystroke savings and cognitive load
114	appears to be 5 or 6 words 27 .
115	A preliminary study ¹⁷ carried out in our group showed that health-related
116	professionals most frequently set 6 words for their patients, similarly to data in the
117	literature. However, an unpublished study in our department showed that persons
118	with cervical SCI tended to set a display of 8 words for themselves.
119	
120	These results suggest that the number of words displayed in the predicted list is
121	important, however, the optimal number has not yet been determined in a large

122 sample of persons with cervical SCI.

124 predicted list influences TIS in a large population of persons with cervical SCI 125 Asia A or B and if this number was influenced by the level of cervical lesion. 126 Based on data in the current literature, we hypothesized that 6 words would be 127 optimal. 128 129 Method 130 Participants 131 This prospective cross-sectional study was carried out between October 132 2013 and March 2014. Persons with cervical SCI followed up in the department of 133 physical medicine and rehabilitation of a Teaching Hospital were included by a 134 physician and an occupational therapist if they were over 18 years old, had a SCI 135 between C4 and C8 Asia A or B, were computer users, could read and write 136 French and were not regular user of WPS. They were excluded if they had 137 cognitive, linguistic or visual impairments. The study was approved by the local 138 ethics committee (CPP Ile-de-France, Saint Germain en Lave) and all subjects provided written informed consent before participation. Data collection was 139 140 performed by an occupational therapist and took place in the department of 141 physical medicine and rehabilitation in the teaching hospital in which the patient 142 was recruited.

The aims of this study were therefore to determine if the number of words in the

123

Participants were included in one of two distinct groups, depending on theirlesion level:

-A high lesion group for persons with C4 or C5 Asia A or B tetraplegia
-A low lesion group for persons with C6, C7 or C8 Asia A or B tetraplegia.
The distinction between the high lesion group and the low lesion group was
made because persons with lesions at or below C6 have sufficient wrist extension
to use a standard keyboard²⁸.
<u>Materials</u>
To standardize the evaluation conditions, a Dell-XPS computer, equipped with a

152 To standardize the evaluation conditions, a Den-APS computer, equipped with a

153 KeyVit Onscreen Keyboard and Skippy WPS were used. Skippy was chosen as it

154 has been shown to be the WPS which is the most prescribed and used 17 .

Participants who used an onscreen keyboard used their usual pointing devices(head-controlled).

157 The WPS was configured to display the list of words horizontally at the top of the

158 screen, as is most frequent. The number of words (3, 6 and 8) was chosen based

159 on results from our previous study on the use of WPS and data in the literature.

160 Two parameters were not activated: automatic learning of new words and a faster

161 presentation of the words most frequently used (frequency of use). It has been

162 shown that most persons with cervical SCI use commercial WPS without such

advanced settings¹⁷. Words were thus displayed alphabetically in the prediction

164 list, as is the case in the majority of WPS.

165

166 <u>Procedures.</u>

167 Firstly, the use of WPS was explained to each participant. Then, each participant was allowed a 5 minute-training period using the WPS in a copying task. Finally, 168 169 each participant underwent a single evaluation session involving 4 copying task 170 conditions. The conditions were randomly assigned to avoid bias associated with 171 fatigue: 172 -without WPS (Without) 173 -with 3 predicted words (3Words) -with 6 predicted words (6Words) 174 175 -with 8 predicted (8Words) 176 The randomization was performed using dedicated software and a system of

sealed envelopes was used for allocation. A maximum of 10 minutes was allowed

178 for each task and participants were given a five-minute break between each task.

179 Four 500-word texts of similar complexity were used, drawn from a speech and

180 language therapy book²⁹. The average word length was 5.1 ± 0.5 (SD).

181 The length of each text was deliberately too long for it to be copied in 10 minutes.

182 The evaluation was therefore stopped after 10 minutes. The texts were randomly

allocated in order to ensure that the same text was not associated with the same

184 copying task.

185 Participants were instructed to use the WPS but no instructions regarding

186 strategies of use were given. Errors could be corrected.

187 All assessments were videotaped and the videos were used for the analysis. All

188 the evaluations were performed by the same investigator to limit bias.

- 190 <u>Outcome Measures.</u>
- 191 During the 4 copying tasks, TIS was calculated as follows:
- 192 Objective evaluations
- 193 Characters per minute (cpm): Number of characters typed in ten minutes
- 194 divided by 10, including punctuation marks, spaces, backspace, selection errors,
- and correction times.
- 196 Item selection speed (item per minute): Number of items selected in ten minutes
- 197 divided by 10 including punctuation marks, spaces, backspaces, arrow keys and
- 198 keys used to select words in the word prediction list.
- 199 Number of errors and rate of word prediction use: The number of errors and
- 200 number of predicted words selected from the word prediction list in ten minutes
- 201 were calculated from the videos.
- 202 <u>Subjective evaluations (self-evaluations).</u>
- Fatigue was evaluated using a 0-10 point visual analog scale (VAS) before and
- after every task (0: no fatigue 10: exhaustion)
- 205 **Perception of speed and cognitive load** were evaluated using a 0-10 point VAS.
- For perception of speed, 0: very slow 10: very fast; for cognitive load, 0: low
- 207 cognitive load 10: high cognitive load.
- 208 Satisfaction was evaluated using a 0-5 point VAS (0: not satisfied/5: very
- 209 satisfied)
- 210

211 Data Analysis

212 Descriptive statistics (mean±standard deviation) were used to describe continuous
213 variables and frequencies for categorical variables.

A Wilcoxon test was used to analyze differences in age and education levelbetween the low and high lesion groups.

A Chi square test was used to analyze differences in gender, frequency of use ofword processing and frequency of computer use between the low and high lesion

218 groups.

219 The objective and subjective data relating to TIS followed a normal distribution

220 (Shapiro–Wilk-test) and thus parametric tests were used. To compare the

221 influence of the number of words displayed in the prediction list on TIS, item

222 selection speed, number of errors, rate of word prediction use, satisfaction,

223 cognitive load and perception of speed, a repeated-measures ANOVA with two

factors: type of assessment (Without/3Words/6Words/8Words) and lesion level

225 (high/low) was used. A post-hoc Fisher's least significant difference (LSD) test

226 was carried out on significant results. For the analysis of the high lesion group, we

227 used a repeated-measures ANOVA with two factors: type of assessment

228 (Without/3Words/6Words/8Words) and devices used (standard

229 keyboard/onscreen keyboard + Trackball/ onscreen keyboard + Infrared camera).

230 The level of significance was fixed at p<0.05. Data were analyzed using

231 STATISTICA 10 software-StatSoft. Inc software (Tulsa, USA).

233 **Results**

234 **Demographic results**

Ninety persons with cervical SCI fulfilled the inclusion/exclusion criteria, of
whom 45 agreed to participate in this study (35 males and 10 females; mean age
39.6 (SD10) years). Mean time since lesion of the overall group was 10.6 (SD8)
years.

239 Fifteen participants were included in the high lesion group (14 males and 1 240 female, mean age 40.9 (SD9) years). Ten participants had used a computer for 241 over 10 years, 2 between 5 and 10 years, 2 between 1 and 5 years and 1 for less 242 than 1 year. Six subjects used infrared tracking technology and 9 used a trackball 243 controlled by the chin. All used onscreen keyboards. Thirteen subjects used word 244 processing programs regularly (>3 times/week) and 2 did not (\leq 3 times/month). 245 Thirty participants were included in the low lesion group (21 males and 9 246 females, mean age 39.5 (SD11) years. Twenty-six participants had used a 247 computer for over 10 years, 3 participants between 5 and 10 years and 1 between 248 1 and 5 years. All participants used a standard keyboard without splints and used 249 word processing programs regularly (>3 times/week). 250 251 There were no significant differences between groups for age, gender, years of

education and frequency of use of word processing programs. However,

253 participants in the low lesion group used the computer more frequently than

254 participants in the high lesion group (p < 0.001).

256 **Results of objective evaluations**

- 257 <u>TIS (Characters per minute)</u>
- 258 -----Insert table 1 -----
- 259 There was a significant effect of condition on TIS
- 260 (Without/3Words/6Words/8Words)(F(3,129)=8.64;p<0.001); there was also a
- significant effect of lesion level (F(1,43)=27.6;p<0.001) and a significant
- interaction between the 2 factors (F(3,129)=8.89, p<0.001).
- 263 The post-Hoc analysis indicated that participants with low lesions inputted text
- 264 faster than participants with high lesions. For participants with low lesions, text
- 265 input was faster without WPS than with WPS (3Words/6Words/8Words)
- regardless of the number of words displayed (p<0.001). For participants with high
- 267 lesions, there was no influence of WPS (3Words/6Words/8Words) on TIS
- 268 (p=0.99).
- 269 In the high lesion group, there was no significant effect of condition on TIS
- 270 (F(3,39)=0.2; p=0.89); however, there was a significant effect of the device used
- 271 (F(1,13)=11,2; p=0.005 with no interaction between the 2 factors (F(3,39)=0.75;
- 272 p=0.52)
- 273
- 274 <u>Number of Errors</u>
- 275 -----Insert table 2 -----

- 276 There was a significant effect of lesion level on the number of errors
- 277 (F(1,43)=35.3;p<0.001). However, there was no influence of condition
- (F(3;129)=0.9;p=0.43) and no interaction between the 2 factors
- 279 (F(3,129)=0.18,p=0.90).
- 280 The Post-Hoc analysis indicated that the high lesion group made fewer errors than
- the low lesion group (p<0.001). There was no influence of condition (p=0.44) on
- the number of errors in either group.
- 283 In the high lesion group, there was no significant effect of condition on the
- number of errors (F(3,39)=1.5 ; p=0.22), no significant effect of the device used
- 285 (F(1,13)=0.002; p=0.96) and no interaction between the 2 factors (F(3,39)=1.6;
- 286 p=0.20)
- 287
- 288
- 289 Item selection speed.

290 -----Insert table 3 -----

- 291 There was a significant effect of condition on item selection speed
- 292 (Without/3Words/6Words/8Words)(F(3,129)=7.84;p<0.001). There was also a
- significant effect of lesion level (F(1,43)=28.76;p<0.001) and a significant
- interaction between the 2 factors (F(3,129)=11.11;p<0.001).
- 295 The Post-Hoc analysis indicated that participants with high lesions had a higher
- 296 key selection speed than participants with low lesions. Key selection speed was

297	higher without WPS for participants with low lesions (p<0.001) whereas there
298	were no differences between conditions for the high lesion group (p=0.99).
299	In the high lesion group, there was no significant effect of condition on item
300	selection speed ($F(3,39)=0.9$; p=0.44). However, there was a significant effect of
301	the device used (F(1,13)=9.8; p=0.007) with no interaction between the 2 factors
302	(F(3,39)=0.8; p=0.49)
303	
304	Rate of word prediction use.
305	Insert table 4
306	There was a significant effect of lesion level on rate of use of word prediction.

(F(1,43)=5.6;p=0.02). There was no influence of condition (F(2,86)=1.6;p=0.18)

308 and no interaction between condition and lesion level (F(2,86)=2.6,p=0.07).

309 The Post Hoc analysis showed no interaction between low and high lesions

310 (p=0.33) or between lesion level and condition (p=0.99).

311 In the high lesion group, there was no significant effect of condition on rate of use

312 of word prediction (F(2,26)=1.49; p=0.24); However, there was a significant

effect of the device used (F(1,13)=5.6; p=0.003 with no interaction between the 2 313

314 factors (F(2,26)=2.65; p=0.09)

315

- 316 **Results of the subjective evaluations**
- 317 Fatigue

- 318 There was no significant effect of condition (F(3,129)=1.86); p=0.97) or lesion
- level (F(1,43)=0.2; p=0.65) and no interaction between the 2 factors
- 320 (F(3,129)=1.86;p=0.13).
- 321 <u>Perception of TIS</u>
- 322 There was a significant effect of condition (F(2,86) = 4.91; p<0.001) and lesion
- level (F(1,43)= 6.82; p=0.01) with no interaction between the 2 factors
- 324 (F(2,86)=2.34; p=0.10).
- 325 The Post-Hoc analysis indicated that, for the low lesion group, participants
- 326 perceived text input as faster with a display of 3 words compared to 8 words
- 327 (p=0.003). Participants with high lesions perceived text input as faster with a
- 328 display of 6 and 8 words than participants with low lesions (respectively
- 329 p=0.03;p<0.001).
- 330 Cognitive load
- 331 There was no influence of condition (F(2,86)=1.42;p=0.24) or lesion level
- (F(1,43)=0.91;p=0.35) and no interaction between the 2 factors
- 333 (F(2,86)=1.33;p=0.26).
- 334 <u>Satisfaction</u>
- There was no influence of condition (F(2,86)=0.31;p=0.73). There was a
- significant effect of lesion level (F(1,43)=5.97;p=0.02) and a significant effect
- between the 2 factors (F(2,86)=3.25;p=0.04). The Post-Hoc analysis indicated that
- for the high lesion group, satisfaction with 8 Words was higher than for the low
- 339 lesion group (p=0.01)

341	Discussion
342	We found in this study that the influence of WPS on text input speed depended on
343	the lesion level of the user. TIS was faster without WPS for participants with low
344	lesions, whatever the number of words displayed, while there was no influence of
345	WPS in participants with high lesions. These results refute our hypothesis and
346	contrast with previous results in the literature.
347	
348	Influence of WPS on TIS.
349	The influence of WPS on TIS differed depending on the level of cervical SCI.
350	This result was further confirmed by the rate of word prediction use in each
351	group.
352	In each group.
353	For the low lesion group, the decrease in TIS with WPS was associated with a
354	decrease in key selection speed, even if the cognitive load was not higher with
355	WPS in this group. However, this is in accordance with previous studies ^{19.22} and
356	could relate to the necessity to search for predicted words on the computer screen
357	while using a physical keyboard.
358	For the high lesion group, TIS, item selection speed and cognitive load were not
359	affected by WPS, whatever the device used. These results therefore suggest that
360	not only is the use of WPS not effective to increase TIS in people with cervical
361	SCI, it may actually have a negative influence on TIS. However, the adjustment of

362 other settings could change the influence of WPS on TIS. In another study conducted by our team (in press), we showed that the activation of "frequency of 363 364 use" increased TIS in persons with high cervical SCI. The difference in results 365 between the two groups may relate to the fact that the cognitive load induced by 366 the visual search for words in the prediction list is lower with the use of an 367 onscreen keyboard since a smaller degree of visuospatial exploration is required 368 than for a standard keyboard (used by the low SCI level group). Tam et al (2009) 369 confirmed this hypothesis since they found that people with cervical SCI who 370 used an external device to display the word prediction list near the standard keyboard had to look at their fingers when they typed 30 . 371

372 Between group comparison

There were fewer text input errors in the high lesion group than the low lesion group. This could be the result of the lower TIS of the high lesion group along with the fact that use of an onscreen keyboard requires a smaller degree of visuospatial exploration.

The lack of influence of WPS on fatigue in both groups contradicts data in the literature. WPS has previously been shown to reduce fatigue in persons with cerebral palsy³¹. This difference might be related to the fact that persons with cervical SCI have lower levels of fatigue than persons with brain injury. This should, however be evaluated in further comparative studies. The results of the present study may also have been affected by the fact that the "frequency of use" and "learning new words" parameters were disabled. This could affect TIS,

fatigue and the number of errors. It would therefore be interesting to study the

influence of these parameters more specifically in future studies.

386

387 Influence of the number of words displayed on TIS.

388 We initially hypothesized that the number of words displayed in the prediction list 389 would influence TIS. However, there was no influence of the number of words 390 displayed on TIS or on key selection speed in either group, whatever the device 391 used. Similarly, there was no influence on rate of word prediction use. These 392 results contrast with previous results in the literature. Koester found that a display 393 of 5 or 6 words is the best compromise between increasing TIS and cognitive load²⁷. This difference may be related to differences in methodology and the fact 394 395 that the sample of participants with cervical SCI was larger in the present study. 396 Participants with low lesions perceived text input to be faster with a display of 3 397 words rather than 8 words. This may be related to the fact that a shorter list 398 requires a shorter visual search time. In contrast, satisfaction was higher with a 399 display of 8 words for participants with high lesions. The higher TIS of 400 participants with low cervical SCI may make reducing visual search time a 401 priority while the use of a virtual keyboard by participants with high lesions and 402 the low associated TIS may induce a preference for a greater choice of words and 403 greater key stroke savings. However, it must be noted that altering the number of 404 words displayed only affected the perception of TIS but had no objective 405 influence.

Study limitations

409	The difference in the number of subjects and the difference in the frequency of
410	computer use in the high and low cervical SCI groups could constitute a bias in
411	the interpretation of the results. However, any such bias appears to have had a
412	minimal impact since the variability of the two groups was almost similar. No
413	studies found in the literature have evaluated the influence of lesion level on TIS.
414	This study on word prediction software involved the largest sample of persons
415	with cervical SCI currently available in the literature and thus the results are
416	worthy of note.
417	Moreover, the use of different computer access devices in the high lesion group
418	influenced text input speed and item selection speed. Nevertheless, the results
419	suggest that the impact of these different devices on the influence of word
420	prediction software and the number of words displayed was small. We found no
421	influence of the number of words displayed on TIS in the high lesion group, and
422	no influence of the WPS on TIS as a function of the type of device used. In
423	addition, the lack of validation of the visual analogue scales used may constitute a
424	limitation for the analysis and the interpretation of results.
425	The alteration of other parameters such as the frequency of words displayed may
426	influence TIS by increasing the relevance of the displayed words. Moreover, lack

427 of training in the use of WPS could also influence TIS. The influence of training428 should be considered in future studies.

429

430 Conclusions

431 The influence of the number of words displayed in a word prediction list on TIS 432 differed depending on the level of cervical SCI. The use of WPS decreased TIS in 433 participants with low lesions, whatever the number of words displayed. In 434 participants with high lesions, there was no influence of WPS on TIS and no 435 influence of the number of words displayed. The results of this study suggest that 436 changing the number of words displayed may alter the perception of ease of text 437 input in persons with SCI but does not have an objective influence on TIS. Further 438 studies should be carried out to evaluate the influence of other WPS parameters 439 on TIS. These results are important for health-related professionals whose role is 440 to advise persons with SCI in the choice of word prediction software. It seems 441 important to reduce the number of words displayed for persons with low cervical 442 SCI, or not to use WPS at all, and to increase the number of words displayed for 443 persons with high cervical SCI in order to increase the comfort of use of WPS. 444 However, it must be kept in mind that these results are based on a single data 445 collection session. It would be useful to evaluate the impact of specific training on 446 the influence of WPS. The impact of other parameters of word prediction software 447 should also be considered in further studies, such as the location of the prediction

- 448 list and the feature of only suggesting words of 5 characters or more, to decrease
- 449 visual search time.
- 450
- 451

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573	TAB	LES
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- 575 Table 1. Characters per minute Mean (sd)
- 576 Table 2. Number of errors Mean (sd)
- 577 Table 3. Key selection speed (key presses per minute) Mean (sd)
- 578 Table 4. Rate of word prediction use– Mean (sd)
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