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## **Original Research Article**

# Study of leucine-rich alpha-2-glycoprotein-1 marker serum level in cases of malignant epithelial ovarian tumors

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## ABSTRACT

**Background:** The aim of this study was to compare the level of LRG1 in epithelial ovarian cancer (EOC) cases with benign ovarian masses and to evaluate results in relation to CA125.

**Methods:** An observational prospective controlled study was done on 70 patients admitted to El Shatby Maternity University Hospital, Oncology department categorized as follows: study group (group I) included 35 patients, with epithelial ovarian malignancy confirmed by histopathological examination and control group (group II) included 35 patients with benign ovarian tumors confirmed by histopathological examination. Determination of Serum LRGI level by using enzyme-linked immuno sorbent assay with CA125 tumor marker analysis were done for all cases of both groups.

**Results:** As regard comparison between the two studied groups according to CA125 and LRGI. CA125 in group I ranged from 14.90 to 4600 with a mean value  $856.73\pm1104.03$ , in group II ranged from 7.45 to 523 with a mean value of  $51.97\pm86.14$ . LRGI in group I ranged from 62.46 to 653.98 with a mean value of  $130.86\pm119.78$ , in group II ranged from 47.73 to 261.78 with a mean value of  $77.35\pm38.75$ . There was statistically significant difference between the two studied groups regarding CA125 and LRGI (p $\leq 0.05$ ).

**Conclusions:** LRG1 can be used as promising tumor marker to diagnose epithelial malignant ovarian cancer with or without CA125 tumor marker as it was significantly higher in epithelial ovarian cancer patients.

Keywords: Epithelial ovarian tumors, Leucine-rich alpha-2-glycoprotein-1

#### **INTRODUCTION**

Ovarian cancer is the 8<sup>th</sup> most common cancer in woman and the 18<sup>th</sup> most common cancer in general.<sup>1</sup> Most ovarian cancer are diagnosed lately due to it is commonly asymptomatic or unspecific symptomatology and the absence of reliable screening test.<sup>2</sup> The need of a specific and a sensitive marker that can be done periodically to screen ovarian cancer in its early stages is of great importance as this can reduce mortality from this common cancer. Leucine-rich-alpha-2-glycoprotein1 (LRG1), a membrane-associated leucine-rich repeat (LRR) family member, was separated from human serum by Haupt and Baudner in 1977 and overregulated by pro inflammatory cytokines in many types of inflammation as in appendicitis, ulcerative colitis and many other types of inflammation.<sup>3-5</sup> In addition, LRG1 serum level has been shown to be elevated in many types of cancer as in pancreatic cancer, gastric cancer, hepatocellular carcinoma and leukemia.<sup>6-9</sup> But its role in epithelial ovarian cancer need to be evaluated. Many studies showed that LRG1 promotes carcinogenesis through different mechanisms as neovascularization, cell migration, cell adhesion, cell invasion.<sup>10,11</sup> In the present study, the authors compare the level of LRG1 in epithelial ovarian cancer (EOC) cases with benign ovarian masses and to evaluate results in relation to CA125. The aim of this study is to compare the level of LRG1 in epithelial ovarian cancer (EOC) cases with benign ovarian masses and to evaluate results in relation to CA125.

## **METHODS**

Following approval by our institutional ethics committee, an observational prospective controlled study was done on 70 patients admitted to El Shat by Maternity University Hospital, Oncology department categorized as follows: study group (group I) included 35 patients, with malignancy epithelial ovarian confirmed bv histopathological examination and control group (group II) included 35 patients with benign ovarian tumors confirmed by histopathological examination. Exclusion criteria included causes of elevated CA 125 as pregnancy, endometriosis, uterine fibroids, pelvic inflammatory disease, and causes of elevated LRGI including heart failure, hepatic metastasis, associated colorectal malignancy. Informed consent was obtained from all eligible women before starting the study. Biopsy and histopathological examination from ovarian masses were taken from all patients in both groups by surgery as in patients managed by surgical staging, cytoreductive surgery in malignant cases and CT guided biopsy in advanced unresectable malignant cases who were subjected later on to neoadjuvant chemotherapy or by laparotomy in benign cases. Determination of serum LRGI level by using enzyme-linked immuno sorbent assay with CA125 tumor marker analysis were done for all cases of both groups. Collection of result and data for both groups, followed by statistical comparison using IBM SPSS software package version 20.0. Qualitative data were described using number and percent. The Kolmogorov-Smirnov test was used to verify the normality of distribution Quantitative data were described using range (minimum and maximum), mean, standard deviation and median. Significance of the obtained results was judged at the 5% level. The used tests were Chisquare test for categorical variables, to compare between different groups, Fisher's Exact, Student t-test for normally distributed quantitative variables, to compare between two studied groups, Mann Whitney test for abnormally distributed quantitative variables, to compare between two studied groups.

## RESULTS

Table 1 shows histopathological examination of the 2 studied groups. Cases of group 1 are distributed histopathologicaly as follows: 24 cases were papillary serous adenocarcinoma, three of them where type 1 (low grade) and 21 cases were type 2 (high grade), 7 cases were mucinous adenocarcinoma and 4 were endometrioid adenocarcinoma. As regarding the distribution of cases in group 2, 11 cases were mucinous cystadenoma, 6 papillary serous cystadenoma, 6 serous cystadenofibroma, 4 mature cystic teratoma, 2 benign brenner-mucinous cystadenoma, 1 fibrothecoma, 1 sclerosing stromal tumor, 2 follicular cyst with luteinization, 1 mesothelial mesenteric cyst, 1 hemorrhagic luteal cyst.

Histopathological regult	Malignant (n=35)		Benign (n=35)	
	Ν	%	Ν	%
Pathology				
Papillary serous cystadenocarcinoma	24	68.6	-	-
Mucinous cystadenocarcinoma	7	20	-	-
Endometroid adenocarcinoma	4	11.4	_	-
Mucinous cystadenoma	-	0	11	31.4
Serous cystadenomafibroma	-	0	6	17.1
Mature cystic teratoma	-	0	4	11.4
Papillary serous cystadenoma	-	0	6	17.2
Benign brenner-mucinous cystadenoma	-	0	2	5.7
Fibrothecoma,	-	0	1	2.9
Sclerosing stromal tumor,	-	-	1	2.9
Follicular cyst with luteinization	-	-	2	5.7
Mesothelial mesenteric cyst	-	-	1	2.9
Hemorrhagic luteal cyst	_	-	1	2.9

## Table 1: Distribution of the 2 studied groups according to histopathological result.

Table 2 show comparison between the two studied groups according to CA125 and LRGI levels. CA125 levels in group I ranged from 14.90 to 4600 U/ml with a mean value 856.73±1104.03, in group II ranged from 7.45 to 523 with a mean value of 51.97±86.14. LRGI in group I

ranged from 62.46 to 653.98 µg/ml with a mean value of 130.86±119.78, in group II ranged from 47.73 to 261.78 with a mean value of 77.35±38.75. There was statistically significant difference between the two studied groups regarding CA125 and LRGI ( $p\leq0.05$ ).

#### Table 2: Comparisons between the two studied groups according to CA125 and LRGI.

	Malignant (n=35)	Benign (n=35)	u	р	
CA125					
MinMax.	14.90-4600.0	7.45-523.0		<0.001*	
Mean±SD	856.73±1104.03	51.97±86.14	83.50*		
Median	352.0	31.0			
LRG1 concentration					
MinMax.	62.46 - 653.98	47.73-261.78			
Mean±SD	130.86±119.78 77.35±38.75		211.0*	< 0.001*	
Median	95.73	66.53			

U, P: U and p values for Mann Whitney test for comparing between the two groups, \*: Statistically significant at  $p \le 0.05$ 

#### Table 3: Relation between grade with LRGI, RMI and CA125in malignant group (n=35).

Grade					
Grade I (n=12)	Grade II (n=10)	Grade III (n=13)	н	р	
62.46 - 653.98	63.47 - 113.50	75.91 - 455.20			
151.28±161.60	88.16±15.70	144.87±119.92	2 704	0.250	
103.31	84.55	98.03	2.704	0.239	
60.0 - 3295.0	42.0 - 4600.0	14.90 - 3000.0	_		
783.40±1059.70	765.63±1406.40	994.50±952.78	1 564	0.457	
316.50	167.0	626.0	1.304	0.437	
	Grade Grade I (n=12) 62.46 - 653.98 151.28±161.60 103.31 60.0 - 3295.0 783.40±1059.70 316.50	Grade   Grade I (n=12) Grade II (n=10)   62.46 - 653.98 63.47 - 113.50   151.28±161.60 88.16±15.70   103.31 84.55   60.0 - 3295.0 42.0 - 4600.0   783.40±1059.70 765.63±1406.40   316.50 167.0	GradeGrade I (n=12)Grade II (n=10)Grade III (n=13) $62.46 - 653.98$ $63.47 - 113.50$ $75.91 - 455.20$ $151.28 \pm 161.60$ $88.16 \pm 15.70$ $144.87 \pm 119.92$ $103.31$ $84.55$ $98.03$ $60.0 - 3295.0$ $42.0 - 4600.0$ $14.90 - 3000.0$ $783.40 \pm 1059.70$ $765.63 \pm 1406.40$ $994.50 \pm 952.78$ $316.50$ $167.0$ $626.0$	GradeGrade I (n=12)Grade II (n=10)Grade III (n=13)H $62.46 - 653.98$ $63.47 - 113.50$ $75.91 - 455.20$ $151.28 \pm 161.60$ $88.16 \pm 15.70$ $144.87 \pm 119.92$ $2.704$ $103.31$ $84.55$ $98.03$ $2.704$ $60.0 - 3295.0$ $42.0 - 4600.0$ $14.90 - 3000.0$ $783.40 \pm 1059.70$ $765.63 \pm 1406.40$ $994.50 \pm 952.78$ $316.50$ $167.0$ $626.0$ $1.564$	

H, p: H and p values for Kruskal Wallis test

## Table 4: Relation between stage with LRGI, RMI and CA125 in malignant group (n=35).

	Stage					
	Stage I (n=15)	Stage II (n=15)	Stage III (n=3)	Stage IV (n=2)	Н	р
LRG1						
Min. – Max	62.46 - 163.66	79.11 - 653.98	82.35 - 112.27	73.80 - 78.04		
Mean±SD.	97.21±31.16	179.03±171.6	94.90±15.53	75.92±3.0	6 3 5 5	0.006
Median	90.7	100.35	90.07	75.92	0.333	0.090
CA125						
Min. – Max	42.0 - 4600.0	149.0 - 3000.0	113.50 - 650.0	14.90 - 1366.0	_	
Mean±SD.	711.49±1346.98	1125.73±954.05	347.30±274.81	690.45±955.37	6 200	0.006
Median	244.0	875.0	278.40	690.45	0.399	0.090

H, p: H and p values for Kruskal Wallis test

## Table 5: Agreement (sensitivity, specificity) for LRG1.

AUC P	D	95% C.I		CUT	Sonaitivity	Speetfielter	DDV	NDV	
	AUC	r	LL	UL	OFF	Sensitivity	specificity	<b>FFV</b>	INP V
LRG1	$0.828^{*}$	< 0.001*	0.730	0.925	78.04	80	74.29	75.7	78.8

AUC: Area under the curve, P value: Probability value, CI: Confidence intervals, PPV: Positive predictive value, NPV: Negative predictive value, \*: statistically significant at P $\leq$ 0.05.

Table 3 shows the relation between tumor grade and mean value of LRG1 and CA125 in malignant group, there was no statistically significant difference between tumor grade and the mean value of LRG1 nor CA125 in malignant group. Table 4 shows the relation between tumor stage and mean value of LRG1 and CA125 in malignant group, there was no statistically significant difference between tumor stage and the mean value of LRG1 nor CA125 in malignant group. Figure 1 show receiver operating characteristic (ROC) curve for LRG1 and Table 5 shows agreement (sensitivity and specificity) for LRG1 According to this agreement table, at cut off level 35 U/ML: The sensitivity was 97.14%, the specificity was 64.29%, the PPV was 68% and the NPV was 95%.



#### Figure 1: ROC curve for LRG1.

#### DISCUSSION

Ovarian cancer is the most common Fatal cancer of the familiar productive tract in industrialized countries, it is diagnosed annually in more Than 200,000 women worldwide, with the greatest incidence is united states and Northern Europe, and Lowest incidence in Africa And Asia.<sup>12</sup> It is considered the 5<sup>th</sup> cause of cancer related mortality in women with most cases are diagnosed in advanced stage.<sup>13</sup> The definitive diagnosis of an ovarian mass is a common problem in the gynecological practice, also the evaluation of pelvic ovarian masses regarding its nature whether benign or malignant masses constitutes one of the most important and challenging tasks facing the gyneoncologist. So, the needs of a soft marker that help the gynecologists to differentiate between Malignant and benign masses are of great importance. LRG1 is a new marker that is overexpressed in many others cancer can help to differentiate between malignant epithelial and benign ovarian masses.<sup>6-9</sup> The present study evaluates its sensitivity and specificity as a marker to differentiate between malignant epithelial ovarian cases and benign ovarian cases and the result was compared to CA125 known serum marker. Leucine-rich-alpha-2glycoprotein1 (LRG1), a membrane-associated leucinerich repeat (LRR) family member, was separated from human serum by Haupt and Baudner in 1977.<sup>3</sup> LRG1 is regulated by proinflammatory cytokines.<sup>14</sup> LRG1 has been shown to be expressed in many types of cancer, such as hepatocellular carcinoma, pancreatic cancer, gastric carcinoma, bladder cancer, leukemia but its role in ovarian cancer as a sensitive and specific marker need to be studied.<sup>6-9,15</sup> The present study investigated its serum level with ovarian cancer in a controlled prospective study and correlate its level with CA125 serum marker. The study included 35 patients with epithelial ovarian malignancy compared to 35 patients with epithelial benign ovarian tumors. The present study shows that there are a statistically significant difference regarding both LRG1 and CA125 between malignant epithelial ovarian tumor group and benign ovarian tumor group. In agreement with the present study, Andersen JD et al found that both markers are significantly elevated between both groups.<sup>16</sup> Also, Wu J et al study showed a similar result and recommended to use LRG1 as single marker or in combination with CA125 for the diagnosis of ovarian cancer.<sup>17</sup> The present study shows no correlation between tumor stages and grades in epithelial ovarian cancer group and serum levels of LRG1 and CA125 in contrast with other study as Wu J et al study which found that the levels of CA125 and LRG1 were higher in late stages than early stages and Anderson et al who found that LRG1 levels were significantly higher in late stages than early stages, this finding may be attributed to the few number of late stages cases in this study and the small number of malignant group cases so we recommend to increase number of cases in further study.<sup>17,16</sup> Analysis of ROC of LRG1 curve showed that the sensitivity, specificity, positive predictive value and negative predictive value at cut level 78.04ug/ml were 80%, 74.29%, 75.7% and 78.8% respectively. From the present study we can conclude that LRG1 can be used as tumor marker to diagnose epithelial malignant ovarian cancer with or without CA125.

#### CONCLUSION

LRG1 can be used as promising tumor marker to diagnose epithelial malignant ovarian cancer with or without CA125 tumor marker as it was significantly higher in epithelial ovarian cancer patients.

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Conflict of interest: None declared Ethical approval: The study was approved by the Institutional Ethics Committee

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