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# **Review Article**

# **Drug targets: ligand and voltage gated ion channels**

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# ABSTRACT

The elucidation of a drug target is one of the earliest and most important steps in the drug discovery process. Ion channels encompassing both the ligand gated and voltage gated types are the second most common drug targets after G-Protein Coupled Receptors (GPCR). Ion channels are basically pore forming membrane proteins specialized for conductance of ions as per the concentration gradient. They are further broadly classified based on the energy (ATP) dependence into active ion channels/pumps and passive ion channels. Gating is the regulatory mechanism of these ion channels by which binding of a specific molecule or alteration in membrane potential induces conformational change in the channel architecture to result in ion flow or its inhibition. Thus, the study of ligand and voltage gated ion channels becomes an important tool for drug discovery especially during the initial stage of target identification. This review aims to describe the ligand and voltage gated ion channels along with discussion on its subfamilies, channel architecture and key pharmacological modulators.

**Keywords:** Drug targets, Ion channels, Ligand gated ion channels, Receptor pharmacology, Voltage gated ion channels

# **INTRODUCTION**

In the drug discovery process, the identification and validation of a drug target is a crucial element for better drug designing. As the search for newer drug targets continues, more than 50% of these identified targets belong to just 3 receptor families. G-Protein Coupled Receptors (GPCR) are the most common drug target identified, (Figure 1) followed by ion channels and nuclear receptors.<sup>1</sup> Ion channels defined as pore containing membrane proteins, primarily function for ion conductance across cells in accordance with the concentration gradient (passive ion channels) or utilizes energy (ATP) to drive ion flow against the concentration gradient (active ion channels or pumps). The ion channel architecture comprises of multiple subunits each performing specified roles; the central subunit contains

the pore for the ion flow and the ancillary subunits are involved in regulation of channel function by secondary mechanisms like phosphorylation. The subunits themselves are arranged as a homogenous group or as a heterogenous unit around the central pore. Each individual subunit comprises of multiple membranespanning or transmembrane segments that contains the ligand binding domains in ligand gated ion channels.

Gating refers to the mechanism of regulation of the ion channel function. These channels exist in 3 states namely open, closed/resting and inactive state. Certain ion channels undergo conformational change on binding with molecules and can thus switch between the three states (Figure 2)- open, closed/resting and inactive states within milliseconds.<sup>2</sup> Such molecules called 'ligands' can either be extracellular (Nicotinic acetylcholine receptor) or intracellular (IP3 receptor) in origin and such channels are termed as ligand gated ion channels. Voltage gated ion channels are ion channels that are subject to conformational change based on changing membrane potential. Besides being significantly more rapid than ligand gated ion channels, voltage gated ion channels also exhibit highly selective permeability. The International Union of Basic and Clinical Pharmacology database (IUPHAR-DB) under the aegis of IUPHAR/BPS (British Pharmacological Society) describes a comprehensive list of drug targets identified till date and forms the framework of this review.



Figure 1: Gene family distribution of current drug targets.



Figure 2: Transition of ion channels between different states.

# LIGAND GATED ION CHANNELS

Ligand gated ion channels are ion channels gated/regulated by the binding of extracellular or intracellular molecules, termed ligands. The ligands bind to the specific ligand binding domains located in the transmembrane segments of the channel subunits resulting in a conformational change that can switch the state of the channel between open and closed. Ligand gated ion channels are present in abundance in the central nervous system and are involved in several functions like anxiety, neuronal excitability, seizures, learning and memory. In majority of these channels in the CNS, the ligands are neurotransmitters like acetylcholine, glutamate, aspartate and GABA. Neurotransmitters are examples of extracellular ligands acting on the ion channels. On the other hand, intracellular ligands are commonly second messengers present inside the cell like inositol triphosphate (IP3) and ATP.

# Nicotinic acetylcholine receptor

Distributed in both central and peripheral nervous systems, this ion channel is involved in synaptic transmission and signal transmission at neuro-muscular junction. It has a pentameric structure consisting of 5 subunits -  $\alpha$ ,  $\beta$ ,  $\gamma$ ,  $\delta$  arranged in varying ratios and a central ion conducting pore. Endogenous ligands include acetylcholine, choline and exogenous ones are nicotine and toxic alkaloid epibatidine obtained from poison dart frogs.<sup>3</sup> The binding of the ligand induces conformational change and results in influx of cations like Na<sup>+</sup>, K<sup>+</sup> and  $Ca^{2+}$ . In neurons, the  $Ca^{2+}$  influx induces release of neurotransmitters from synaptic vesicles.  $N_M$  and  $N_N$  are the two types of nicotinic acetylcholine receptor; N<sub>M</sub> is located in the neuro-muscular junction while N<sub>N</sub> is located in neuronal synapses. Carbachol, a carbamate compound used in treatment of post-operative urine retention and succinylcholine commonly used as muscle relaxant for tracheal intubation acts as agonists at the N<sub>M</sub> receptor. N<sub>M</sub> receptor antagonists include α-bungarotoxin found in Taiwanese krait and muscle relaxants used in surgical procedures like atracurium, pancuronium and tubocurarine.<sup>4</sup> N<sub>N</sub> receptors are mainly located in the autonomic ganglia and antagonists at this channel mecamylamine, includes trimethaphan and hexamethonium, all drugs used in treatment of hypertension in the past.

## GABA<sub>A</sub> receptor

Primarily located in the brain, the GABA receptors are the target sites for the action of the major inhibitory neurotransmitter in the brain, i.e. GABA. GABAA receptor is a ligand gated ion channel while GABA<sub>B</sub> is a metabotropic/G-protein coupled receptor. Similar to the nicotinic acetylcholine receptor, GABAA receptor also has a pentameric structure with 5 subunits. It functions for the conductance of chloride ion (Cl) and this anion influx causes membrane hyperpolarization leading to inhibition of signal transmission. GABA is the endogenous agonist at GABAA receptor and bicuculline is a competitive anatagonist at the GABA binding site. Bicuculline is used only in research studies in epilepsy, as by inhibiting GABA, it causes neuronal excitation. The majority of clinically used drugs acting on the GABA<sub>A</sub> receptor bind to another allosteric site to exert its action (Figure 3).<sup>5</sup> Positive allosteric regulators includes barbiturates and benzodiazepines used for their sedativehypnotic, anxiolytic, anticonvulsant and muscle relaxant properties; propofol and etomidate used as an induction agent in general anaesthesia; carisoprodol and meprobamate used as muscle relaxants in spastic

conditions. Cl<sup>-</sup> conduction is facilitated by different mechanisms; barbiturates does this by prolonging the time the channel exists in open conformation while benzodiazepines enhances the frequency of opening of these channels.<sup>6</sup> The newer non benzodiazepine class of hypnotics like zopiclone, zolpidem and zaleplon also act by allosteric regulation of the GABA<sub>A</sub> receptor. Flumazenil acts as a negative allosteric regulator and is used as an antidote in benzodiazepine toxicity.



Figure 3: GABA-A receptor and ligand binding sites.

## 5-HT<sub>3</sub> receptor

There exists 7 classes of 5-HT receptors namely 5-HT<sub>1</sub> to 5-HT<sub>7</sub>. All the 5-HT receptors with the exception of 5-HT3 are metabotropic receptors. Being a ligand gated ion channel, the 5-HT<sub>3</sub> receptor structure closely resembles that of nicotinic acetylcholine receptor. It exists as a pentamer with a central pore that is selective to Na<sup>+</sup>, K<sup>+</sup> and Ca<sup>2+</sup>. They are primarily distributed in CNS and also in the peripheral nervous system. In-vivo studies in rats have demonstrated  $5-HT_3$  receptors in neocortex, amygdala and hippocampus. In CNS, they are involved in the regulation of responses like nausea, vomiting, anxiety and mood. In the peripheral nervous system, they mediate neuronal excitability, gastrointestinal motility and emesis reflex. The antagonists of 5-HT<sub>3</sub> find application as antiemetics; the antiemetics ondansetron, palonasetron are used especially in treatment of cancer chemotherapy induced vomiting; the antiemetic metoclopramide although primarily acting as a D2 inhibitor also acts as 5-HT<sub>3</sub> antagonist.

### **Glycine** receptor

Glycine is yet another inhibitory neurotransmitter in CNS along with GABA. The primary distribution of glycine receptors are in the brainstem and spinal cord where by mediating Cl<sup>-</sup> conductance they play an inhibitory role. The anion influx due to intracellular Cl<sup>-</sup> entry causes membrane hyperpolarization and terminates the signal transmission. Differential expression of the  $\alpha$  and  $\beta$  subunits results in various subtypes of the receptor. Endogenous agonists include amino acids glycine,

alanine, taurine and serine. Antagonists include the toxic alkaloids strychnine and brucine found in *Strychnos nuxvomica* seeds. Glycine receptor inhibition by these toxins lead to exaggerated neuronal excitation that manifests as muscle spasms and convulsions seen in strychnine poisoning. Hyperekplexia is a rare genetic disorder occurring to reduced gene expression of the glycine receptor gene (GlyR) resulting in exaggerated response to stimulus and muscle rigidity.<sup>8</sup>

# Ionotropic glutamate receptor

Glutamate and aspartate are the two major excitatory neurotransmitters in CNS and the primary distribution of glutamate receptors are in the brain. These receptors exhibit higher affinity for glutamate over aspartate. On the basis of affinity for ligands other than glutamate, the ionotropic glutamate receptors are classified into four subtypes namely AMPA, NMDA, Kainate and Delta receptor.<sup>9</sup> The major two subtypes, i.e. AMPA and NMDA receptors will be discussed here.

# AMPA receptor

These receptors exhibit higher affinity for α-amino-3hydroxy-5-methyl-4-isoxazolepropionic acid (AMPA) over glutamate and is thus named after this ligand. It is distributed mainly in the brain where it is involved in synaptic plasticity and the process of Long Term Potentiation (LTP) of neuronal signals, which is the underlying mechanism in learning and memory.<sup>10</sup> The AMPA receptor is a tetramer consisting of 4 subunits namely GluR1, GluR2, GluR3 and GluR4. The channel is non-selectively permeable to cations like  $Na^+$ ,  $K^+$  and  $Ca^{2+}$ . Cation influx into the cell induces membrane depolarization and leads to cell excitation and this function is implicated in excitotoxicity and epileptogenic potential on hyper activation of AMPA receptors. Agonists include AMPA and glutamate and kynurenic acid is the endogenous antagonist. Allosteric regulators are used in pharmacotherapy; positive allosteric agents includes piracetam, used in treatment of myoclonus and cyclothiazide, a diuretic used for treating hypertension in past. Negative allosteric regulators include perampanel, a US FDA approved anticonvulsant used in treatment of partial seizures and generalized tonic-clonic seizures.<sup>11</sup>

### NMDA receptor

NMDA receptor is so named after its affinity for the synthetic compound N-Methyl-D-aspartate that mimicks the action of endogenous ligand, glutamate. The NMDA receptor exhibits equal affinity for two endogenous ligands - glutamate and glycine, where glutamate acts as agonist and glycine as co-agonist. The functioning of the channel is dependent on both ligand binding and also on membrane voltage; gating of the channel is regulated by ligand binding and the ion flow through an open state channel is dependent on membrane voltage.  $Mg^{2+}$  and  $Zn^{2+}$  acts as inhibitory regulators of the receptor by

binding to extracellular sites on the receptor (Figure 4).<sup>12</sup> Membrane depolarization expels the  $Mg^{2+}$  and  $Zn^{2+}$  and reactivates ion conductance through the channel.<sup>9</sup> The NMDA receptor is a heterotetramer of two GluN1 and GluN2 subunits. Each subunit possess three domains namely the extracellular, transmembrane and cytoplasmic domains. The extracellular domain of GluN1 binds to GluN2 binds glycine and to glutamate; the transmembrane domain contains the central pore for ion flow and the cytoplasmic domain contains binding sites for regulation by kinases and phosphatases. Agonists at NMDA receptor include glutamate, aspartate, serine and cycloserine. NMDA is a partial agonist. Antagonists include the anaesthetic agents ketamine and nitrous oxide; memantine used in Alzheimer's disease; dextromethorphan used as an anti-tussive and the recreational drug phencyclidine/PCP.13 Phencyclidine induced NMDA antagonism underlies the glutamate of schizophrenia hypothesis and phencyclidine administered rats are used as animal models of schizophrenia.<sup>14</sup> Other weak antagonists include the opioids tramadol and methadone and antiviral drug amantadine.



# Figure 4: Schematic representation of the NMDA (N – Merthyl D- Aspartate) receptor complex.

### Inositol triphosphate receptor

The inositol triphosphate receptor or InsP3R is located intracellularly and distributed in almost all cell types. Located adjacent to the intracellular  $Ca^{2+}$  stores, the InsP3R is involved in the  $Ca^{2+}$  release from the stores. The receptor is regulated by two ligands that are second messengers; inositol-1,4,5 triphosphate and  $Ca^{2+}$ . Activation of the phospholipase C causes hydrolysis of phosphatidylinositol 4,5 bisphosphate (PIP<sub>2</sub>) producing inositol triphosphate (IP<sub>3</sub>) and diacyl glycerol (DAG). IP3 being water soluble diffuses into the cytoplasm where it binds to the inositol triphosphate receptor and induces release of  $Ca^{2+}$  stores from the endoplasmic/sarcoplasmic reticulum. This process is termed as Calcium Induced Calcium Release (CICR).<sup>15</sup> Agonists include the fungal products adenosphostins obtained from *Penicillium*  *brevicompactum* and antagonists include the antimalarial drugs quinine, quinidine and chloroquine; immunosuppressant tacrolimus and anticoagulant heparin.<sup>16</sup>

#### Epithelial sodium channels (ENaC)

These channels are mainly distributed in the tight epithelia of distal convoluted tubule and collecting duct of nephrons in kidney. In the nephrons, they are involved in the Na<sup>+</sup> transport into the cell through the apical membrane (Figure 5).<sup>17</sup> On the other hand, the intracellular Na<sup>+</sup> is pumped out into the ECF by Na<sup>+</sup>-K<sup>+</sup> ATPase; these opposing mechanisms regulate the Na<sup>+</sup> levels in the ECF and thus influence the ECF volume and blood pressure.<sup>17</sup>



# Figure 5: schematic illustration of the location and function of ENaC in epithelia.

The ENac has a heterotrimer structure composed of three homologous subunits of  $\alpha$ ,  $\beta$ ,  $\gamma$  or  $\delta$ . Two types of transmembrane segments namely TM1 and TM2 forms triads in each subunit to form a total of 6 transmembrane segments; the central pore for ion flow is formed by the TM2 triad. Apart from the epithelia of collecting tubules in kidney, ENaC is also seen in cilia of multinucleated cells in bronchus, female reproductive tract, distal colon, salivary and sweat gland ducts. They are involved in Na<sup>+</sup> epidermal homeostasis, differentiation, barrier functioning, lipid synthesis and secretion, keratinocyte migration and taste perception. Pseudohypoaldosteronism Type A is condition in which loss of function mutation of ENaC genes leads to renal salt wasting, hypovolemia and hypotension, metabolic acidosis, elevated levels of renin and aldosterone and frequent respiratory infections. In cystic fibrosis, in addition to reduced expression of Clconducting channels, there is increased expression of ENaC in airway epithelia, leading to exaggerated Na<sup>+</sup> reabsorption and drying up of secretions. Amiloride, a potassium sparing diuretic, acts as antagonist of these ENaC and is also used for nephrogenic diabetes insipidus especially lithium induced diabetes insipidus. Inhalational amiloride has also been tried in treatment of cystic fibrosis.<sup>18</sup>

# Purinergic P2X receptor

Purinergic or purinoreceptors are involved in multiple cell signalling pathways like cell proliferation, cytokine secretion and apoptosis. The P1 type and P2Y, P2T and P2U receptors are all metabotropic receptors while P2X receptor is ligand gated ionotropic channel. Due to Ca<sup>2+</sup> influx through open P2X channels; these are involved in the initiation of muscle contraction in cardiac muscle, skeletal muscles and smooth muscles of urinary bladder, vas deferens and in vessels. Downstream activation of calcineurin and NFkB are involved in modifying the gene expression as in lymphocytes. The channel has a trimeric structure with three subunits surrounding the central pore. For activation, 3 ATP molecules bind to the three subunit interfaces. There are 7 subtypes of P2X receptors - P2X1 to P2X7 and they can form heteromultimers like P2X2/P2X3 and P2X4/X6. Extracellular ATP is the endogenous agonist at P2X receptor. Antagonists includes suramin used in treatment of trypanosomiasis and investigational agents acting at P2X1 receptor (in thrombosis); at P2X3, P2X4 and P2X7 (in neuropathic pain); at P2X1, P2X3 and P2X2/X3 (in dysfunctional urinary bladder); at P2X7 (in rheumatoid arthritis, osteoarthritis and depression).<sup>19</sup>

# ATP-sensitive K+ channels (K<sub>ATP</sub>)

These channels exhibit affinity for intracellular ATP. ATP inhibits these channels by reducing the duration of open state of the channels. It has an octamer structure with two types of subunits; the inward rectifying potassium channel (Kir6) subunits and sulfonylurea (SUR) subunits (Figure 6).<sup>20</sup> The central pore is formed by Kir6 subunits and the SUR act as regulatory subunits. Nearly all pharmacological agents acting on ATP-sensitive K<sup>+</sup> channels act at the SUR site. A K<sub>ATP</sub> channel openers (KCO) includes diazoxide used in treatment of insulinoma; minoxidil used in hypertension and alopecia; nicorandil and pinacidil used in angina (nitrate tolerant patients) and hypertension respectively. K<sub>ATP</sub> blockers like the sulfonylurea class of drugs (glibenclamide, glimepiride) and meglitinides (repaglinide, nateglinide) find application as insulin secretagogues in treatment of diabetes mellitus; as they block the K<sub>ATP</sub> channel in pancreatic  $\beta$  cells leading to intracellular K<sup>+</sup> accumulation and insulin release.<sup>20</sup>



Figure 6: Structure of K-ATP channel.

Tigono	Eurotiona	Therapeutic uses		
IISSUE	runctions	K <sub>ATP</sub> openers	K <sub>ATP</sub> blockers	
Pancreatic $\beta$ cell	Closure causes insulin secretion	Hypoglycemia, insulinoma	Type 2 diabetes mellitus	
Cardiac muscla	Cardio protection, response to	Angina, cardio protection	-	
Cardiac muscle	stress	during surgery/angioplasty		
Vascular smooth muscle	Vasodilation, resting blood flow	Angina, hypertension	-	
Hair follicles	Hair growth	Alopecia	-	

# Table 1: Tissue distribution, functions of K<sub>ATP</sub> channels and therapeutic uses of K<sub>ATP</sub> channel openers and blockers.

#### Table 2: Types of calcium channels based on inhibitor sensitivity.

Туре	Dihydropyridine	ω- conotoxin	ω - agatoxin	Mibefradil
L type	Blocked	Resistant	Resistant	Resistant
N type	Resistant	Blocked	Resistant	Resistant
P/Q type	Resistant	Resistant	Blocked	Resistnant
R type	Resistant	Resistant	Resistant	Resistant
T type	Resistant	Resistant	Resistant	Blocked

# **VOLTAGE GATED ION CHANNELS**

In contrast with ligand gated ion channels, voltages gated ion channels exhibit higher selectivity for the ions and also open and close at faster rate and remain in one state for shorter duration. There are no molecules involved in the gating mechanism, rather the difference in membrane potential caused by ion migration induces a structural change in the channel and opens up the channel (Figure 7). The voltage gated ion channels are usually activated by membrane depolarization (cation influx) and less frequently by membrane hyperpolarization (anion influx).<sup>21,22</sup>



Figure 7: Mechanism of voltage gated ion channels.

## Voltage gated sodium channels



# Figure 8: Voltage gated sodium channels and action potential generation.

Located mainly in excitable tissues like nerve and muscle, voltage gated sodium channels are involved in the action potential generation central to signal transmission. The channel has a trimeric structure with a pore forming  $\alpha$  subunit and two regulatory  $\beta$  subunits. The  $\alpha$  subunit has 4 domains, each consisting of 6 transmembrane segments (S1-S6). The S4 helix contains charged amino acids and acts as the voltage sensor. The inhibitors of voltage gated sodium channels are used in various conditions; lignocaine and tetracaine used as local anaesthetics block the central pore and inhibit ion flow and action potential generation (Figure 8). Class I antiarrhythmics like quinidine, mexiletene and flecainide are Na<sup>+</sup> channel inhibitors and inhibit the cardiac action potential generation. The commonly used antiepileptic drugs phenytoin, carbamazepine and phenobarbitone act as Na<sup>+</sup> channel inhibitors. Valproates also act at Na<sup>+</sup> channel although it has multiple mechanisms of action. The marine toxins saxitoxin, seen in dinoflagellates and tetrodotoxin, seen in puffer fish are also Na<sup>+</sup> channel blockers; they cause muscle and respiratory paralysis.<sup>24</sup>

## Voltage gated calcium channels



# Figure 9: Voltage gated calcium channel with subunits and types.

They are distributed mainly in neurons, myocytes, glial cells and zona glomerulosa of adrenal gland. Similar to voltage gated sodium channels, these channels are also activated by membrane depolarization and it is selectively permeable to  $Ca^{2+}$ . On the basis of inhibition

ofthese channels, voltage gated Ca<sup>2+</sup> channels are classified into four types - L, N, P/Q and R type. The channels inhibited by dihydropyridines like nifedipine, amlodipine are L-type; those inhibited by the cone snail toxin  $\omega$ -conotoxin are N-type and channels sensitive to  $\omega$ -agatoxin found in spider venom are P/Q-type. The R type is resistant to all the abovementioned inhibitors. The channel consists of a combination of different subunits like  $\alpha 1$ ,  $\beta 1$ -4,  $\gamma 1$ -8 and  $\alpha 2$ - $\delta 1$  to  $\alpha 2$ - $\delta 4$ . The  $\alpha 1$  is the central main subunit containing the pore for ion flow, the rest are regulatory subunits (Figure 9).<sup>25</sup>

Dihydropyridines which includes drugs like nifedipine, amlodipine and nimodipine are inhibitors of L-type and T-type Ca<sup>2+</sup> current. Verapamil, a phenylalkylamine and diltiazem, a benzothiazepine are inhibitors of L-type Ca<sup>2+</sup> current alone. All three classes of drugs are used in treatment of hypertension and angina. Verapamil and diltiazem are also used as antiarrhythmics (class IV). Ziconotide administered intrathecally is used as analgesic in cases refractory to opioid analgesics. It is derived from the N-type Ca<sup>2+</sup> channel inhibitor  $\omega$ -conotoxin found in cone snails. Gabapentin and pregabalin are drugs used in neuropathic pain; they act by inhibiting the  $\alpha$ 2- $\delta$ subunit.<sup>26,27</sup>

## Voltage gated potassium channels (KV)

With 78 members, potassium channels are the most abundant subfamily among the ion channels. Based on the transmembrane segments and mode of activation, they are broadly classified into 4 types:

- i. Inwardly rectifying 2TM K<sup>+</sup> channels
- ii. Two pore  $4TM K^+$  channels
- iii. Calcium activated 6TM K<sup>+</sup> channels
- iv. Voltage gated 6TM K<sup>+</sup> channels

Voltage gated potassium channels are typically composed of tetramer of identical  $\alpha$  subunits, forming the pore in centre. Other subunits only play ancillary role in channel function. Each subunit is further composed of 6 transmembrane segments numbered S1-S6. The central pore lies between S5 and S6 segments. The S4 helix containing positively charged arginine residues acts as the voltage sensor (Figure 10).<sup>24</sup> There exist 12 subtypes of voltage gated potassium channels from Kv1-Kv12 classified according to the different  $\alpha$  subunit types.<sup>28</sup>

Opening of KV channel causes  $K^+$  efflux leading to membrane repolarization and hyperpolarization. As the activation of KV channel results in inhibition of signal transmission, KV blockers find application in various clinical conditions. KV channels have a role in Ca<sup>2+</sup> signalling, cell volume regulation and cell secretory function. By mediating cell proliferation and migration, KV channels are important in tumour growth and proliferation. KV channel blockers are potential candidates in cancer chemotherapy. Agents that act as KV channel blockers are of 3 groups: metal ions, organic small molecules and venom related peptides. These agents can be used to block the channel internally like d-tubocurarine and verapamil or externally at the outer vestibule like toxins from scorpion, sea snake and cone snail venom. Others act at the voltage sensor domain and modify gating mechanism like the spider venom toxin hanatoxin. An additional area of clinical application is the use of KV channel antibodies to inhibit the channel.<sup>2</sup>





#### Ryanodine receptor

They are basically intracellular channels regulating calcium signalling. The channel derives its name from its affinity for the plant alkaloid ryanodine. There exists three isoforms of the ryanodine receptor: RyR1, RyR2 and RyR3 distributed in the skeletal muscle, myocardium and brain respectively. In skeletal muscles, the ryanodine receptor is coupled with the dihydropyridine receptor which is an L-type  $Ca^{2+}$  channel and is involved in the excitation-contraction coupling mechanism. In smooth muscles of the myocardium,  $Ca^{2+}$  influx through voltage gated Ca<sup>2+</sup> channels activates the ryanodine receptor to release further Ca<sup>2+</sup> from the stores in sarcoplasmic reticulum. This mechanism is called as Calcium Induced Calcium Release (CICR). Agonists at ryanodine receptor include the endogenous agonist cyclic ADP ribose and other agents include caffeine and the anti-trypanosomal drug suramin. In a rare autosomal dominant disorder called malignant hyperthermia (MH), there is increased activity of the ryanodine receptor due to RYR1 gene mutation. Such individuals develop features of metabolic acidosis, muscle rigidity, hyperthermia and tachycardia on administration of certain drugs like the muscle relaxant succinylcholine and anaesthetic halothane. The antidote for this is the drug dantrolene that acts as an antagonist at the ryanodine receptor.<sup>30</sup>

# Table 3: Types of voltage gated K+ channels with their function and pharmacological agents acting on them.

Chan type	nel	Distribut	ion	Function		Action of pharmacolog agents (blockers)	gical	Other features
Kv 1. Kv 1.	1 2	CNS Heart Vasculatu Immune s	re ystem	Inhibits neuro	onal	4-aminopyridine is Kv improves nerve conduct Fampridine used in mul sclerosis, improves wal	blocker, tion. ttiple king ability	Kv 1.1 loss of function mutation- autosomal dominant hypomagnesemia temporal lobe epilepsy
Kv 1.:	3	T cells		Tcell activati proliferation cytokine production	on, and	Margatoxin - immunosu Psoralen PAP-I effectiv allergic contact dermati Clofazimine - prevent for transplant rejection in n	appressant re in rat tis oreskin nice	Gene deletion – reduction of adipose tissue deposition, improves insulin sensitivity
Kv 1.:	5	Atrial mus	scle	Primary component o ultra rapid delayed recti atrial AP repolarization	f fier n	Vernakalant - multiple o blocker including Kv 1.	channel 5	Target for treatment of atrial fibrillation
Kv 2.	1	Pancreatic CNS neur	cβcells ons	Neuronal repolarization	n	Increases insulin secreti	ion	-
Kv 3.4	4	CNS neur	ons	Inactivation		Neuroprotective role - 7 Alzheimer's disease	Fried in	K+ depletion by channel hyperactivity causes neuronal cell death
Kv 4.2 Kv 4.3	Brain, dorsal neuror spinal	heart and horn as in cord	Modulat plasticit horn net	ion of pain y in dorsal ırons	Kv 4 anal	4.2 activators - gesic action	-	
Kv 7.1	Heart, ear, ep tissue kidney	inner of lung, of lung	Slow de rectifyin neurona repolariz	layed g current, l zation	Ami anti-	odarone – class III arrhythmic	-	
Kv 7.2- 7.5	Regulat plasticit neurona CNS neurons in brain Neurona conduct current		es synaptic y and l excitability ll K+ ance - M	Retigabine – FDA approved anticonvulsant Flupirtine – chemical analog of Retigabine, analgesic action in rat models of neuropathic pain		*Effective analgesic action in diabetic neuropathy and other pain models *Neuropsychiatric disorders - anxiety, ADHD, mania, bipolar disease and schizophrenia		
Kv 10.1	Myobl Tumot	asts ır cells	Confers vascular hypoxic to tumou	increased ity and resistance ır cells	Aste In vi proli tumo Mou actio lung	mizole and imipramine itro studies - anti iferative action in our cells use models- inhibitory on in melanoma and c cancer metastasis	70 % tumour cell lines in colon cance express Kv 10.1	
Kv 11.1	Cardia	c muscle	Activate depolari of cardia potentia Respons cardiac repolariz	d during zation phase ac action l. ible for myocyte zation	Inhil proli	bit tumour cell iferation	*Mutations syndrome, torsades de *Overexpre neurons - so	in Kv 11.1 - long QT ventricular fibrillation and pointes. sssion in cultured cortical chizophrenia model

Transient Receptor Potential channels (TRP)

These channels were initially studied in Drosophila (fruit flies) where they are involved in depolarization of photoreceptor cells and are essential in normal vision. It

comprises of 28 subtypes spread across 7 subfamilies: TRPC (canonical), TRPV (vanilloid), TRPA (ankyrin), TRPM (melastatin), TRPP (polycystin), TRPML (mucolipin) and TRPN (no mechanoreceptor potential). TRP channels are non-selectively permeable to cations like  $Na^+$ ,  $K^+$  and  $Ca^{2+}$ . The structural studies on TRP channels are limited, available studies indicate at 6 transmembrane segmented structures similar to other voltage gated ion channels. Being widely distributed in different cell types, TRP channels are involved in multiple functions like modulation of pain, temperature, taste, pressure, vision, calcium and magnesium transport. Thermosensitive TRP channels regulate the action potential in somatosensory nociceptors. Overexpression of TRP channels are being studied in cardiac disorders like cardiomyopathies, cardiac fibrosis and cardiac remodelling. TRP channels are also involved in insulin secretion in pancreatic  $\beta$  cells; modifiers of TRP channels may play a role in type 2 diabetes mellitus treatment. TRPM single nucleotide polymorphisms have been associated with phenotypes predisposed to type 2 diabetes mellitus. The TRP channels include members that exhibit both pro-proliferative and pro-apoptotic roles. Among the pro-proliferative types, TRPV6 expression is found to be elevated in carcinomas of colon, thyroid gland, ovary, breast, prostate and also in chronic myelogenous leukemia. TRPC1 plays a dual role; in normal tissues it exhibits pro-proliferative role but in tumour cells it favoured apoptotic mechanisms. TRPM1 levels are suppressed in malignant melanoma cells. The studies on TRP channels are limited so further research into the structure and functions of the TRP channels might prove beneficial in opening up new avenues for therapeutic targets.<sup>31</sup>

# CatSper channels

CatSper stands for Cation channels of Sperm. CatSper channels are primarily located in the principal piece of spermatozoa tail and also in the testis. They exist as tetramer of four  $\alpha$  subunits, with the central pore formed by the  $\alpha$  subunits and  $\beta$ ,  $\gamma$  and  $\delta$  acting as ancillary regulatory subunits. Each subunit is further made up of 6 transmembrane segments resembling other voltage gated ion channels. CatSper mainly acts as calcium influx channels and promotes the flagellar motility of the spermatozoa. Inhibition of CatSper genes inhibits flagellar motion of the spermatozoa and penetration of the egg cumulus and zona pellucida. In human ejaculated spermatozoa, the progesterone (<50 nM) promotes CatSper activity and thus improves sperm motility in the female reproductive tract. Based on the different types of  $\alpha$  subunit present, the CatSper channels are of 4 types CatSper 1-4.<sup>32</sup>

## Cyclic Nucleotide Gated channels (CNG)

CNG channels are a group of ion channels that includes two subgroups: the cyclic nucleotide gated channels, gated by intracellular ligands like cyclic AMP or cyclic GMP and the other subgroup being hyperpolarization activated channels (HCN). The structure resembles other voltage gated ion channels with four subunits encircling the central pore and each subunit further composed of 6 transmembrane segments. The CNG channels were initially studied in the retinal photoreceptor cells. These channels are primarily involved in vision and olfactory functioning and other sites of distribution include the brain, heart, kidney and gonads. The CNG channels are further classified based on subunit properties into CNGA1, CNGA2, CNGA3 and CNGA4; the HCN channels are classified into HCN1. HCN2. HCN3 and HCN4. CNGA1, CNGB1 are distributed in the retinal rod cells; CNGA3, CNGB3 are located in retinal cone cells and CNGA2. CNGA4 are located in olfactory receptor cells. In most sites, CNG channels act as  $Ca^{2+}$  influx channels causing membrane depolarization like in olfactory receptors and also in spermatozoa. By inducing Ca<sup>2+</sup> entry, it promotes sperm motility and acrosomal exocytosis (fusion of sperm and egg). HCN channels are located in the sinoatrial node which is the pacemaker of the heart; where membrane hyperpolarization activates the channels and maintains the cardiac rhythm. The current through HCN channels are termed as 'funny current'/If. The drug ivabradine acts as HCN channel blocker and inhibitor of the If current and is used in treatment of heart failure.<sup>3</sup>

# Voltage gated proton channels

These channels exhibit dual regulation by both membrane voltage and also local pH<sup>+</sup>. They are activated with membrane depolarization but the response is further dependent on pH<sup>+</sup>. The main function of these channels is to act as proton efflux channels, i.e. for acid extrusion, so as to balance the electron flow across cell membranes. They are distributed in wide variety of tissues like lung, prostate, kidney, myocytes, T cells, B cells, monocytes, granulocytes and microglia. In phagocytes, these channels are involved in the respiratory burst reaction. In respiratory burst reaction, NADPH oxidase induces membrane depolarization by promoting electron influx and the proton channels extrude H<sup>+</sup> to prevent acidic environment inside the phagocytes. The structure and the pharmacological agents acting on these channels are still under study and further research in this field is needed.<sup>34</sup>

## **SUMMARY**

Drug discovery is an elaborate and long process that requires countless trial and error attempts to finally arrive at a promising molecule. Identifying a target and attempting to develop a molecule that acts specifically on the target or the pathways involving the target forms the stage of target identification and validity of drug discovery. In retrospect, the thousands of approved drugs act at a limited number of targets with the ion channels being the 2nd most common drug target. The study of the structure and intricate mechanisms of ion channel function becomes imperative for a better shot at drug designing. Ion channels function to conduct ions across cell membranes and the regulatory mechanism called gating offers a wide area for research into developing new chemical entities. The extracellular and intracellular ligands offer multiple drug targets as in ligand gated ion channels and altering the membrane voltage or local pH<sup>+</sup> are methods of drug designing in voltage gated ion channels. Another feature of the ion channels is the multiple domains/ binding sites, each of which can be selectively developed for drug targeting. Newer technology like the High Throughput Screening methods employed in the pharmaceutical industry has made it feasible to screen thousands of candidate molecules for desired action at desired drug targets. The on going research into relatively newer channels like CatSper. CNG, HCN and voltage gated proton channels will shed new light into cellular mechanisms and in future offer us newer drug targets for design and development.

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