

## Effect of calcium channel blocker as anticonvulsant and its potentiating effect when used along with sodium valproate in pentylenetetrazole induced seizures in Albino rats

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### ABSTRACT

**Background:** Many antiepileptic drugs were introduced for the treatment of epilepsy. Ideal antiepileptic drug should not only prevent but also correct the underlying pathophysiology without altering the normal neurotransmission. Calcium channel blockers may form such group because initiation of seizure is associated intrinsic burst firing which is triggered by large inward calcium current, so this study was done to evaluate the anticonvulsant effect of amlodipine in albino rats.

**Methods:** A total of 42 adult albino rats were included in the study and divided into 7 groups, each containing 6 rats. Group 1 received distilled water, group 2,3 received sodium valproate 50mg/kg and 100mg/kg, group 4-6 received amlodipine 1, 2, 4mg/kg and group 7 received combination of Amlodipine 1 mg/kg and sodium valproate 50mg/kg. Pentylenetetrazole induced seizures model was done and onset of myoclonic jerks, onset of clonic convulsions and duration of clonic convulsions was studied.

**Results:** There was a significant anticonvulsant effect in Amlodipine doses 2, 4mg/kg ( $p < 0.001$ ). The combination of Amlodipine (1mg/kg) and Sodium valproate (50mg/kg) also had significant anticonvulsant effect.

**Conclusions:** Amlodipine, a calcium channel blocker has anticonvulsant effect and also potentiated the anticonvulsant effect of low dose sodium valproate.

**Keywords:** Amlodipine, PTZ, Sodium valproate

### INTRODUCTION

Epilepsy is chronic neurological disease and antiepileptic drugs (AEDs) are used for treating epilepsy. An ideal antiepileptic drug should not only abolish the seizure but also correct the pathophysiology of the epileptogenesis without interfering with the normal neural transmission.<sup>1</sup> The current pharmacological treatment remains insufficient to prevent epileptic seizure. Neither effective prophylaxis nor total cure is available with the available

drugs making treatment only symptomatic. Newer drugs introduced had fewer side effects compared to conventional AEDs but they failed to provide complete cure as monotherapy and are used as add on drugs. A new set of drugs with antiepileptic activity without sedation property is an interesting aspect. Calcium channel blockers (CCBs) may have a crucial role in treatment of epilepsy. The initiation of epileptogenic activity in the neuron involves the phenomenon known as “intrinsic burst firing” activated by the inward  $Ca^{2+}$  current.<sup>2</sup>  $Ca^{2+}$  is the primary

mediator of excitotoxic neuronal damage during the seizure activity.<sup>3</sup> A fall in the extracellular calcium concentrations occurs prior to onset of seizure activity followed by an increase in the intracellular calcium concentrations.<sup>4</sup> Amlodipine belongs to the 1,4-dihydropyridine (DHP) group of CCBs. Amlodipine exhibits unique features that afford a smooth gradual onset of action and sustained effect that provides for continuous and consistent activity throughout a 24-hour period. It does not alter the plasma concentration of concurrently used other antiepileptics.<sup>5,6</sup> The present study was planned to evaluate the anticonvulsant activity in PTZ model in albino rats.

## METHODS

### *Pentylenetetrazole (PTZ) induced convulsions model*

The study was done in research laboratory in department of Pharmacology, Kamineni Institute of Medical Sciences, Narketpally, Nalgonda, Telangana for a period of 3 months from January to March 2015. Adult healthy wistar albino rats of either sex, weighing 150-200gm were used in this experiment. Selection was done randomly from the total rats available in the central animal house, KIMS, Narketpally. Selection was done using random number table. Amlodipine, sodium valproate, pentylenetetrazole, distilled water were used in this model. Seven groups of rats were taken for this model, each group were included 6 rats. Three groups of rats were administered with amlodipine in 3 graded doses (1, 2, 4mg/kg). The other groups were administered distilled water (control) and two groups received sodium valproate (50 and 100mg/kg) and combination group received amlodipine 1mg/kg plus sodium valproate 50mg/kg (Table 1).

**Table 1: Grouping of animals for PTZ model.**

Groups n = 6	Drugs	Dose (mg/ Kg)	Route of Admini- stration
I	Distilled water (control)	5ml/kg	Oral
II	Sodium valproate	50	Ip
III	Sodium valproate	100	Ip
IV	Amlodipine	1	Oral
V	Amlodipine	2	Oral
VI	Amlodipine	4	Oral
VII	Amlodipine + sodium valproate	1 + 50	Oral + ip

n-no of rats in each group, ip-intraperitoneal

### *Procedure*

Intraperitoneal injection of pentylenetetrazole (PTZ) at the dose of 80 mg/kg body weight produced chemically-

induced convulsions. The convulsions were clonic in nature and analogous to petit mal (absence) type of seizures. PTZ was administration 30 min after sodium valproate, one hour after the amlodipine drug administration. In combination group amlodipine was administered one hour before, followed by sodium valproate 30 minutes before the PTZ administration. Each rat was observed for 60 minutes for the development of clonic seizures. The results obtained were noted. The following parameters were observed and recorded were

- Onset time of myoclonic jerks in seconds.
- Onset time of clonic convulsions in seconds.
- Duration of clonic convulsions minutes.

Delay in the onset of myoclonic jerks, clonic convulsions and decrease in the duration of clonic convulsions were considered as anticonvulsant activity.

The data is expressed in mean  $\pm$  standard error. Statistical analysis was done using one-way ANOVA and Post-hoc test done by LSD method. SPSS version 19 was employed for statistical analysis.

## RESULTS

Amlodipine in doses of 2 and 4mg/kg significantly delayed the onset of myoclonic jerks (64.17 $\pm$ 2.21 and 100.83 $\pm$ 2.06 seconds respectively) in comparison to distilled water (46.83 $\pm$ 3.68 seconds) (Table 2).

Combination of amlodipine 1 mg/kg and sodium valproate 50 mg/kg significantly delayed the onset of myoclonic jerks (120.00 $\pm$ 2.22 seconds) in comparison to their individual drugs (amlodipine 1mg/kg 52.67 $\pm$ 2.37 seconds and sodium valproate 50 mg/kg 51.00 $\pm$ 1.12 seconds) alone. Amlodipine 2 and 4 mg/kg significantly delayed the onset of clonic convulsions (121.17 $\pm$ 3.05 and 145.17 $\pm$ 2.29 seconds) in comparison to distilled water (88.33 $\pm$ 1.64 seconds). Combination group significantly delayed the onset of clonic convulsions (160.00 $\pm$ 3.04 seconds) in comparison to their individual treatment groups (amlodipine 1mg/kg 94.67 $\pm$ 2.03 seconds and sodium valproate 100mg/kg 92.83 $\pm$ 2.13 seconds) alone. Two doses of amlodipine (2 and 4 mg/kg) significantly decreased the duration of clonic convulsions (8.17 $\pm$ 0.15 and 4.82 $\pm$ 0.45 minutes respectively) in comparison to distilled water (13.34 $\pm$ 0.75 minutes). Combination group significantly decreased the duration of clonic convulsions (2.65 $\pm$ 0.12 minutes) in comparison to their individual drugs (amlodipine 1mg/kg 12.56 $\pm$ 0.23 minutes and sodium valproate 50mg/kg 12.52 $\pm$ 0.28 minutes) alone. Amlodipine 1 mg/kg and sodium valproate 50 mg/kg did not show any significant effect on onset of myoclonic jerks, onset of clonic convulsions and duration of clonic convulsions.

**Table 2: Effect of drugs in PTZ model.**

Drug	Dose (mg/Kg)	Onset of myoclonic jerks Mean±SEM (sec)	Onset of clonic convulsions Mean±SEM (sec)	Duration of clonic convulsions Mean±SEM (min)
Distilled water (control)	5ml/kg	46.83±3.68	88.33±1.64	13.34±0.75
Sodium valproate	50	51.00±1.12	92.83±2.13	12.52±0.28
Sodium valproate (standard)	100	141.5±2.62**	170.83±1.54**	2.82±0.18**
Amlodipine	1	52.67±2.37	94.67±2.03	12.56±0.23
Amlodipine	2	64.17±2.21**	121.17±3.05**	8.17±0.15**
Amlodipine	4	100.83±2.06**	145.17±2.29**	4.82±0.45**
Amlodipine + Sodium valproate	1 + 50	120.00±2.22**	160±3.04**	2.26±0.12**

## DISCUSSION

Many studies proved the role of L-type calcium channels in epileptogenesis. Effect of Cinnarazine has been evaluated as a calcium channel blocker on antiepileptic activity of Maximal electroshock seizures (MES) in mice.<sup>7</sup> Flunarizine 4mg/kg was found to have promising effects in both MES and audiogenic seizures.<sup>8</sup> The present study was done to evaluate the anticonvulsant activity of amlodipine in albino rats in experimental animal model i.e. PTZ model. Amlodipine 2 and 4mg/kg and sodium valproate 100mg/kg produced significant delay in the onset of myoclonic jerks, clonic convulsions and significant decrease in duration of clonic convulsions in comparison to distilled water.

But the maximal effect observed with amlodipine doses did not exceed the sodium valproate 100mg/kg suggesting that sodium valproate 100mg/kg is more effective than amlodipine. Low dose of amlodipine (1mg/kg) and sodium valproate (50mg/kg) alone did not produce compared to control. But their combination i.e. amlodipine 1mg/kg and sodium valproate 50mg/kg produced significant delay in the onset of myoclonic jerks, clonic convulsions and significant decrease in duration of clonic convulsions indicating potentiating effect of amlodipine when used with sodium valproate.

Kaminski et al, have shown Amlodipine in dose of 10mg/kg reduced PTZ-induced clonic and tonic convulsions in mice. It also enhanced the anticonvulsant properties of ethosuccinimide, sodium valproate and phenobarbitone without changing their plasma levels.<sup>6</sup> Satyanarayana et al, also reported decrease in duration of THLE in MES model with amlodipine pretreatment in graded doses (1mg/kg, 2mg/kg, 4mg/kg) and also observed delay in the onset of clonic convulsions in PTZ model with similar pretreatments.<sup>4</sup> Results of present study are comparable to this study.<sup>9</sup> Jagathi devi et al, showed the combination of amlodipine and indomethacin showed a superior anticonvulsant effect than the use of Amlodipine alone, in both electrically and chemically induced seizures with picrotoxin in mice.<sup>2</sup>

Amlodipine acts as anticonvulsant by blocking N and P/Q type calcium channels along with L type channels. Blocking of N type of calcium channels results in inhibition of release of excitatory NT like glutamate responsible for epileptogenesis.<sup>10</sup> By blocking the L-type calcium channels, the excitation/depolarization of the neurons is inhibited.<sup>11</sup> The potentiation effect of amlodipine when used along with the sodium valproate is due to the pharmacodynamic based interaction as both cause calcium channel blocking action and in addition sodium valproate have additional action like modulation of GABA in addition to calcium channel blocking property. Amlodipine potentiates the anticonvulsant action of lamotrigine, gabapentin and topiramate.<sup>9</sup>

## CONCLUSION

The present study showed amlodipine have anticonvulsant effect alone and it has potentiated the effect of sodium valproate in PTZ model in albino rats. However, further clinical studies are still required to establish the role of calcium channel blockers as effective anticonvulsants.

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