The Resurgence of Clinical Nurse Specialist Practice in New York State

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Acknowledgments



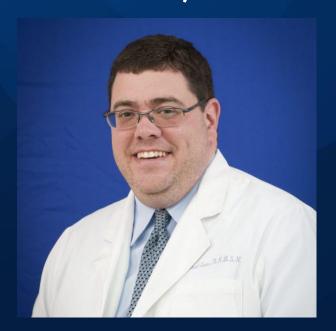
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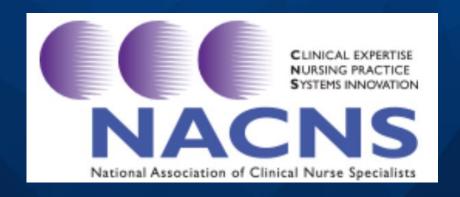








Introduction





PRESCRIPTIVE AUTHORITY

One in four CNSs is authorized to prescribe medications. State laws address whether or not advanced practice nurses (such as CNSs) can prescribe drugs.

Are you currently authorized to prescribe drugs?





Search Strategy





Searching: CINAHL

Key Terms:

Clinical Nurse Specialist

New York State

CNS scope of practice

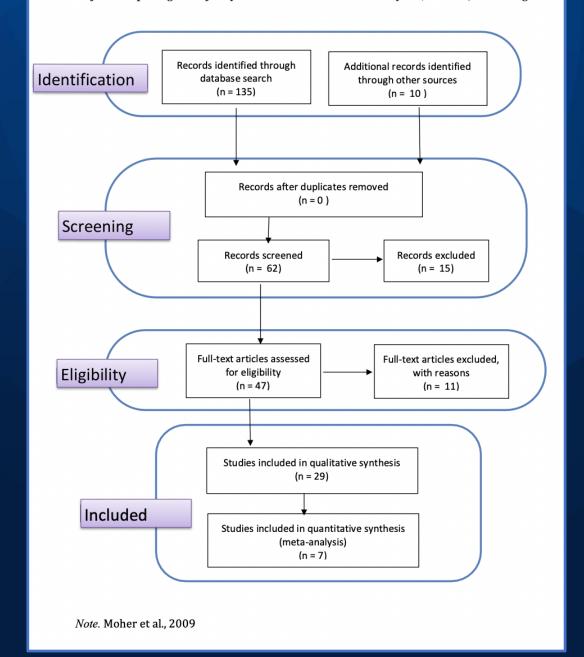
Job description

Nursing policy practice change

Last 5 years



Search for Clinical Nurse Specialist Practice
Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) Flow Diagram



Synthesis of Evidence

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Conclusion

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Abstract

Within West work stress notably in th five decades world (Väär seen as a du the individua tivity, abser Sandmark, & have now do pass burnou emotional ir and job tur



JANET S. FULTON, PhD, RN, ACNS-BC, ANEF, FAAN*, ANN M. MAYO, DNSc, RN, CNS, FAAN*, JANE A. WALKER, PhD, RN, CNS‡, AND LINDA D. URDEN, DNSc, RN, CNS, NE-BC, FAAN†

Measuring outcomes of clinical nurse specialist (CNS) practice is essential for demonstrating accountability. Literature is limited with respect to the scope of reported CNS outcomes. The National Association of Clinical Nurse Specialists' (NACNS) published listing of CNS outcomes could serve as an outcome measurement framework. Revalidation of these outcomes is an important step in creating a structured outcome measurement approach. The purpose of this descriptive study was to assess CNSs' perceptions of the ongoing validity of NACNS published outcomes. A Web-based survey asked participants to describe, for each of 42 outcomes, the frequency of outcome accountability, importance to practice, and frequency of monitoring. Of the 427 surveys returned, 347 (81%) were included in analysis. Findings demonstrated concordance between identified outcomes and actual CNS practice. When job descriptions included the CNS outcomes, more CNSs reported using the outcomes in practice. Both accountability and importance predicted the monitoring of outcomes (b < .001). This study demonstrated the ongoing validity of NACNS outcomes. Nurse educators must ensure that CNS program curricula are based on the NACNS framework and that successful achievement of program outcomes are congruent with the framework. These outcomes have potential for use as a conceptual framework for guiding future CNS outcome investigations and ongoing monitoring systems. Finally, the findings of this study give voice to CNS practice and provide knowledge about expectations for practice outcomes. (Index words: Advanced practice nursing; Clinical nurse specialist; Internet; Practice outcomes; Survey) | Prof Nurs 32:271-282, 2016. © 2016 Elsevier Inc. All rights reserved.

advanced practice nursing (APN) has been recognized for many years (Kleinpell & Alexandrov, 2014; Urden, 1999). Describing and measuring outcomes of APNs will continue to be essential because of an increased emphasis on accountability, the ongoing implementation of the Affordable Care Act, and increased regulation of health

*Professor, Indiana University School of Nursing, Indianapolis, IN.

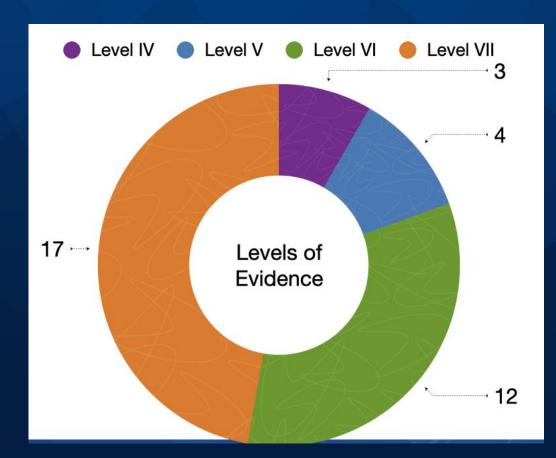
Research University of San Diego, San Diego, CA

†Professor, Hahn School of Nursing and Beyster Institute for Nursing

THE IMPORTANCE OF addressing outcomes of 2010), and one way to demonstrate accountability is to

Professional organizations representing the four APN roles (certified registered nurse anesthetist, certified nurse-midwife, clinical nurse specialist [CNS], and certified nurse practitioner) (APRN Joint Dialogue Group, 2008) have each published practice competencies professional organization to publish practice outcomes corresponding to the role competencies. The CNS competencies and their corresponding outcomes were developed to be central to the CNS role regardless of †Associate Professor, Purdue University Calumet, College of Nursing. specialty (NACNS. 2004).



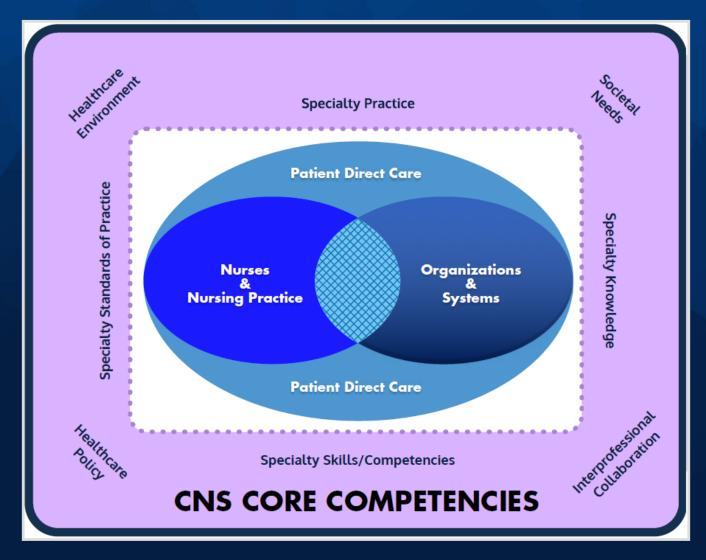


identify, measure, and report outcomes of care. care. All nurses have a duty to demonstrate accountability for the respective roles. The National Association of for their actions (American Nurses Association [ANA], Clinical Nurse Specialists (NACNS, 2004) is the only

NACNS Conceptual Model

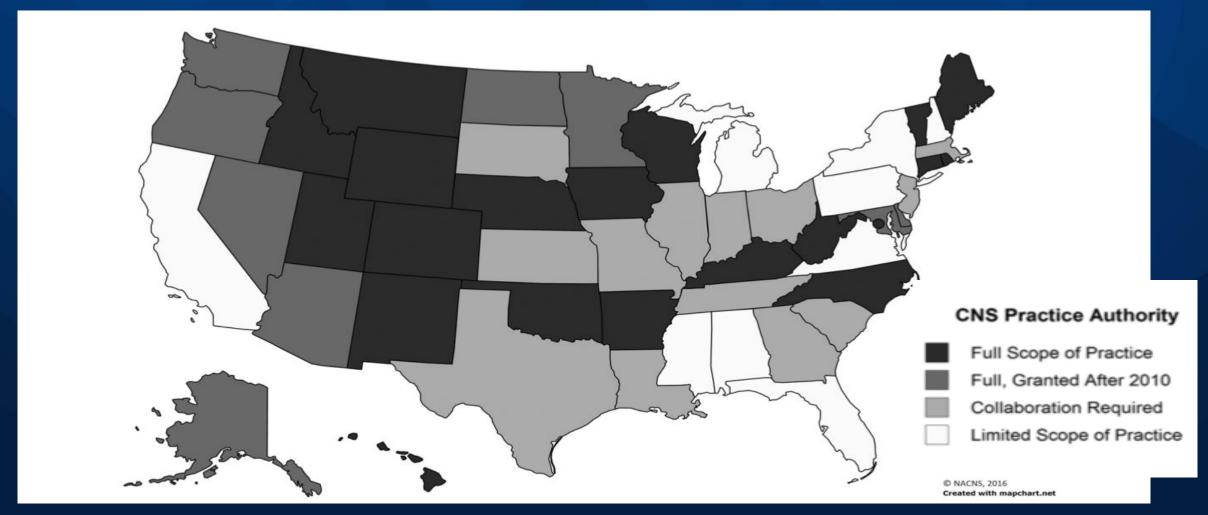
Optimize CNS role

Achieve quality, evidence-based, and cost-effective outcomes through advanced, specialized patient care

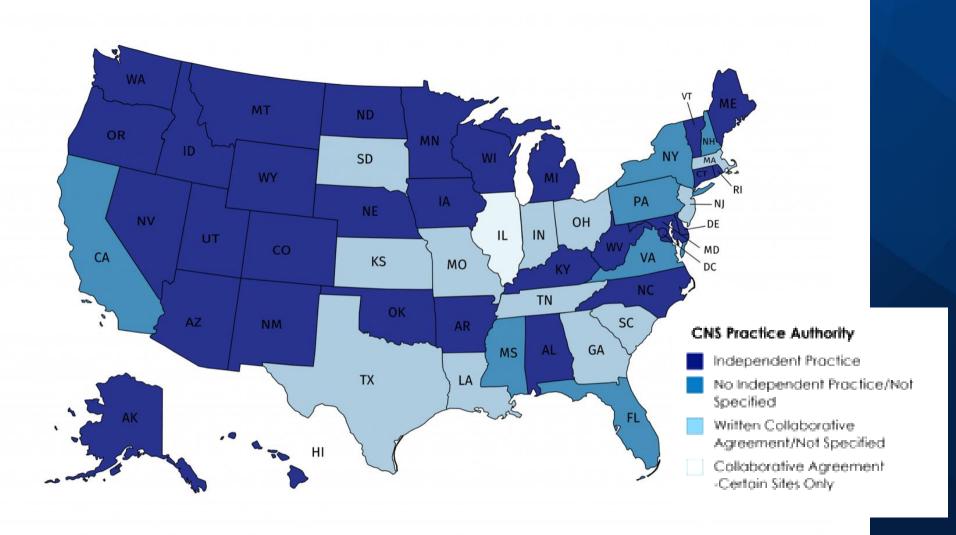




Significance - CNS Practice



CNS Practice Authority





Significance - CNS Practice

Current NYS Practice

Title protection

Certification

NYS Licensure

§6911. Certification as a clinical nurse specialist (CNS).

- For issuance of a certificate to practice as a clinical nurse specialist under section six thousand nine hundred two of this article, the applicant shall fulfill the following requirements:
 - a. file an application with the department;
 - b. be licensed as a registered professional nurse in this state;

C.

- i. have satisfactorily completed an educational program registered by the department including a master's or doctoral degree, or a post-master's certificate from a program acceptable to the department which prepares graduates to practice as CNSs and which is accredited by a national nursing accredited body acceptable to the department, and
- ii. meets all other requirements established by the department to practice as a clinical nurse specialist, or (iii) have received educational preparation determined by the department to be the substantial equivalent of subparagraphs (i) and (ii) of this paragraph; and
- d. pay a fee to the department of fifty dollars for each initial certificate authorizing clinical nurse specialist practice and a triennial registration fee of thirty dollars. Registration under this section shall be coterminous with the clinical nurse specialist's registration as a professional nurse.
- Only a person certified under this section shall use the title "clinical nurse specialist" or the designation "CNS".

Last Updated: February 2, 2018



Statement - What Needs to be Fixed

Optimize CNS scope of practice in NYS by creating a policy brief

proposal to present to the National Association for CNSs for changes to

the NYS practice act





Specific Aims

Legislative evaluation and policy analysis of NYS Education Law Article 139, Nursing §6911 Certification as a Clinical Nurse Specialist

Presentation of results to NACNS Legislative and Regulatory Committee

Evaluate effectiveness of policy change efforts

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Ethical Considerations

No ethical benefits or concerns for participants

Project deemed "non-human subjects" research by the Pennsylvania State University Institutional Review Board



Cost - Estimated Budget is \$0

Time - Legislative Evaluation, Policy Analysis and Committee Attendance



National Association of Clinical Nurse Specialists





Purpose

Legislative Evaluation and Policy Analysis

Optimize CNS scope of practice

Propose policy changes to NACNS, ANA NY and NYS Board of Nursing

Full Scope of Practice could include:

Advocate for Professional

> Nursing Practice

Diagnosis

Prescriptive Authority

Admission Privileges

Code Status -End of Life Options

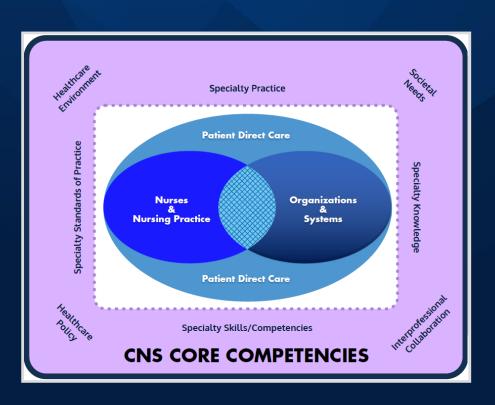
Treatment Ordering Capabilities

Reimbursement for Procedures

National Certification Required

Independent Practice





Define Problem Assemble Evidence **Construct Alternatives** Select Criteria **Project Outcomes** Confront Trade-offs Stop, Focus, Narrow, Deepen, Decide!

Methodology

Project design

Legislative Evaluation and Policy Analysis

Eightfold Path Framework

Setting and Sampling strategy
Evaluate NYS CNS Practice Act
Convenience Sample - CNSs in NYS

Implementation plan Initial NYS CNS Practice Survey (11/1/2021-11/14/2021) Focus group - Evaluate survey results (1/13/2022)

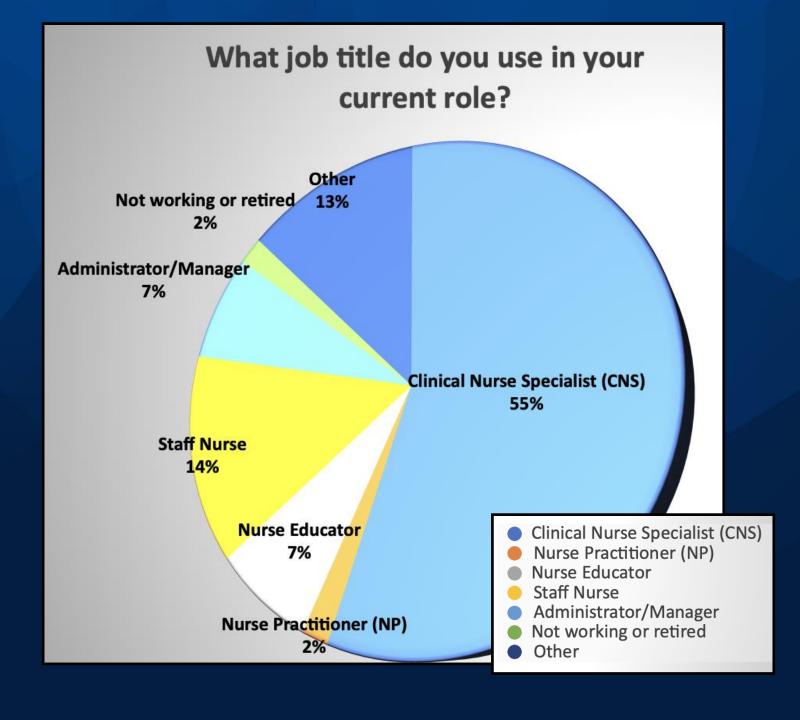


Tell Your Story

Initial NYS CNS Practice Survey

11/1/2021 to 11/14/2021

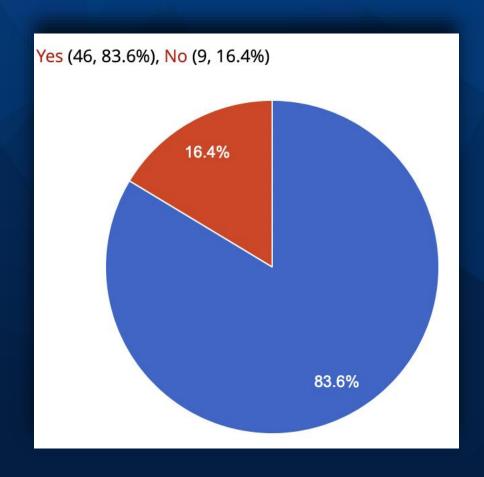
55 of the 110 CNSs responded





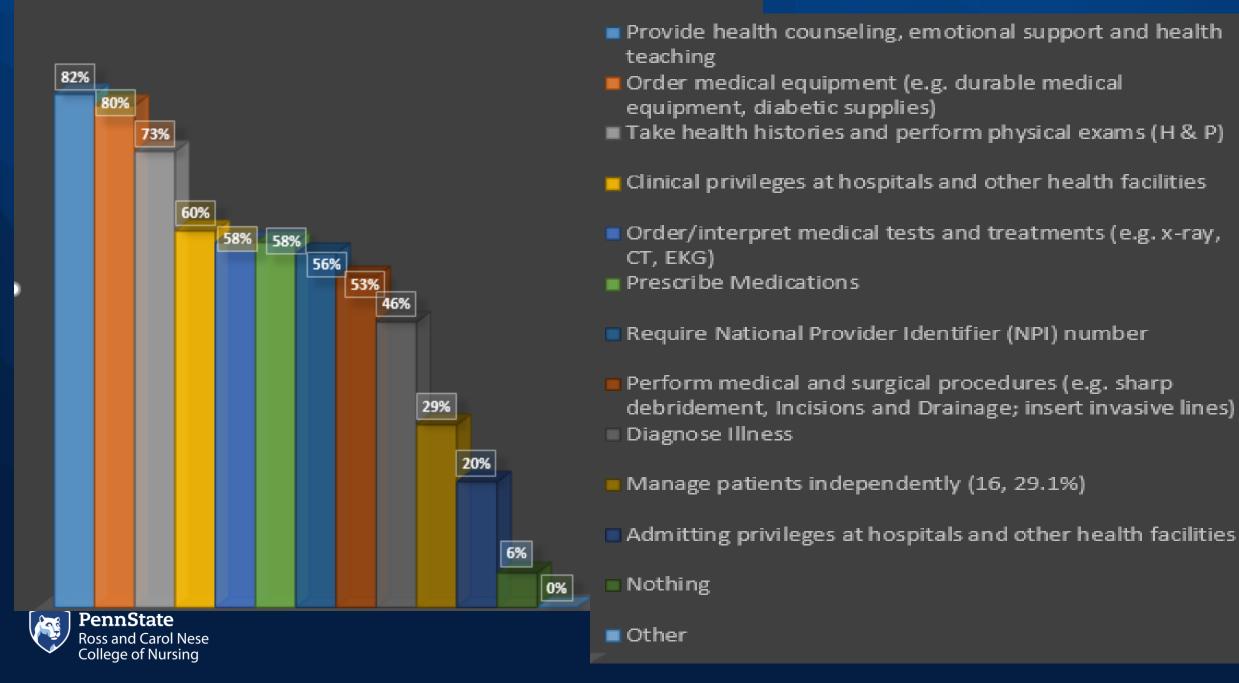
Licensure vs. Certification

Would you want the CNS to switch from a certification to a separate license as a CNS through advanced clinical nursing education (usually a master's degree)?





RECOMMENDATIONS TO ADD TO THE NYS CNS PRACTICE ACT



Focus Group

January 13th 2022 via zoom

11 CNSs attended

Representation from update and downstate NY

Agreed upon key points to be addressed in the policy brief expanding CNS practice in NYS

- Licensed Independent Practice
- Prescriptive Authority with National Provider Identifier (NPI) number
- Diagnose illnesses and physical conditions
- Perform therapeutic and corrective medical/surgical procedures



Methodology

Data analysis plan

Analysis of themes and comparisons (January 2022)

Draft Policy Brief (January 2022)

Implementation plan
Policy Brief Survey (1/17/2022 - 1/21/2022)

Feasibility
Finalize Policy Brief for NACNS (January 2022)

Present to NACNS Legislative Regulatory Committee (March 2022)



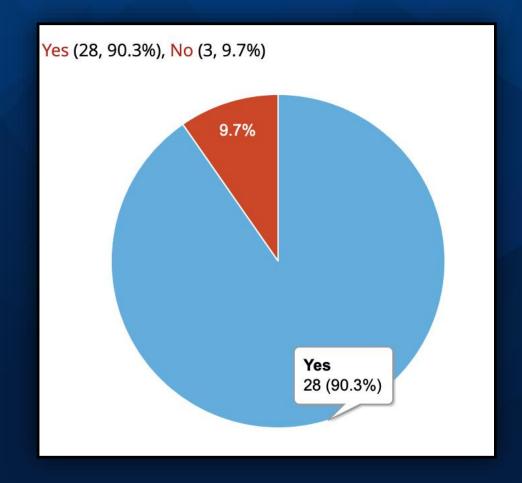


Policy Brief Survey Results

January 17-21, 2022 31 respondents

Reassure the practicing CNSs in NYS are in agreement for advocating towards a fuller scope of practice as outlined in state law

"CNS expertise at the top of our license is needed more than ever"





NACNS Presentation

White Paper and Policy Brief March 2022

NYS CNS White Paper

New York State (NYS) Focus - New York State Office of the Professions (NYSOP)

NYS CNS Definition (NYSOP, 2015)

"A CNS is a registered professional nurse who has completed advanced education (usually a master's or doctorate degree) in a nursing clinical practice specialty and is certified by the New York State Education Department (SED) as a "Clinical Nurse Specialist" or "CNS".

CNSs provide expert, highly skilled registered professional nursing services to benefit patients in a variety of health care settings. They plan care and provide care to patients with complex health needs. They evaluate the quality and effectiveness of care rendered to patients and may be involved in clinical research, management and health systems improvement. They also serve as mentors and provide clinical consultation to nursing staff and other health care professionals.

Clinical nurse specialists do not determine medical diagnoses and do not prescribe or order medical treatments or diagnostic tests. For example, a clinical nurse specialist does not prescribe medications or order CT scans."

Current NYS CNS Requirements (NYSOP, 2015)

As of September 27, 2014, CNSs in NYS can be certified in the following specialty areas:

• Adult Health

• Psychiatric/Mental Health

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Oncology

Pediatrics
 Onco

Current CNS law in NYS allows for NYSED registered educational preparation or meet alternative education or experience criteria acceptable to NYSED including a national CNS certification from one of three organizations (NYSOP, 2017).

- American Nurses Credentialing Center (ANCC)
- Clinical Nurse Specialist Adult Health, Clinical Nurse Specialist Adult-Gerontology, Clinical Nurse Specialist Pediatrics, Clinical Nurse Specialist Adult Psychiatric & Mental Health and Clinical Nurse Specialist Child Psychiatric & Mental Health
- American Association of Critical Care Nurses Certification Corporation (AACN)
 - Acute Care Clinical Nurse Specialist -Adult, Acute Care Clinical Nurse Specialist-Pediatric, Acute Care Clinical Nurse Specialist-Neonatal, Adult-Gerontology Clinical Nurse Specialist, Pediatric Clinical Nurse Specialist, and Neonatal Clinical Nurse Specialist
- Oncology Nursing Certification Corporation (ONCC)
 - Advanced Oncology Clinical Nurse Specialist Certification

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APRN is authorized to d non-pharmacologic therapies d periprocedural periods. (NCSBN, 2021)

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Clinical Nurse Specialist Practice Policy Brief

Clinical Nurse Specialist (CNS) practice in New York State (NYS) is not at full scope of practice according to

the National Association of Clinical Nurse

Specialists Conceptual Model. Recommendations to NYS Education Law Article 139, Nursing §6911

Certification as a clinical nurse specialist are based on a legislative evaluation and policy analysis DNP project. The project infeluded an Initial NYS CNS Practice Survey 2021, Focus Group, and Policy Brief Survey. The NYS CNS

White Paper along with this policy brief are to gain support for legislative changes to achieve full scope of practice for CNSs as APRNs in NYS.



2022

Recommendations to expand CNS practice in NYS:

Licensed Independent Practice

A clinical nurse specialist is a registered professional nurse who has completed advanced education (master's or doctorate degree) in a nursing clinical practice specialty and licensed by the New York State Education Department (SED) as a "Clinical Nurse Specialist" or "CNS". A clinical nurse specialist would be independently responsible for the care of their patients and would not require a physician to supervise the clinical nurse specialist or co-sign records or charts.

Prescriptive Authority with National Provider Identifier (NPI) number

Clinical nurse specialists would be required to have a National Provider Identifier (NPI) through the CMS National Plan and Provider Enumeration System (NPPES).

Diagnose illnesses and physical conditions

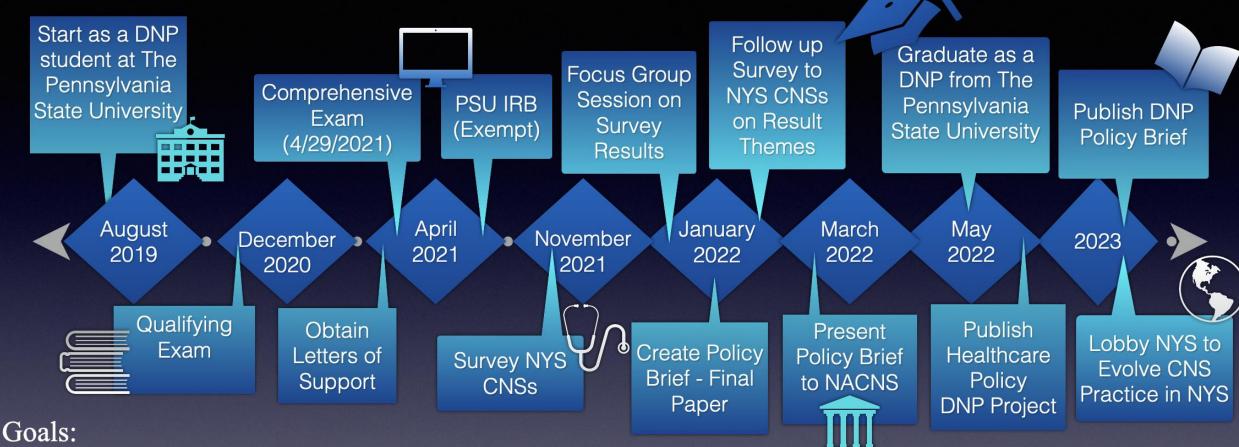
A clinical nurse specialist would diagnoses illnesses and physical conditions and performs therapeutic and corrective measures within a specialty area of practice.

Perform therapeutic and corrective medical/surgical procedures

Clinical nurse specialists would provide expert, highly skilled nursing services to benefit patients with complex health care needs. In addition to providing, coordinating and supervising care, CNSs would evaluate the quality and effectiveness of patient care. They would provide clinical consultation to other health care personnel. CNSs would be involved in health care management, health systems improvement, clinical research and health care policy development.



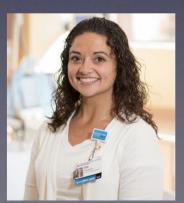
DNP Healthcare Policy Project Timeline



- Survey CNS Practice in NYS
- Focus Group Session on Survey Results
- Follow Up Survey to NYS CNSs on Themes
- Present Policy Brief to NACNS
- Publish Healthcare Policy DNP Project
- Impact CNS Practice Standards in NYS

Elizabeth Duxbury

Clinical Nurse Specialist



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Questions?



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