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Evidence-Based Practice Liaisons: Supporting EBP Across the Health System

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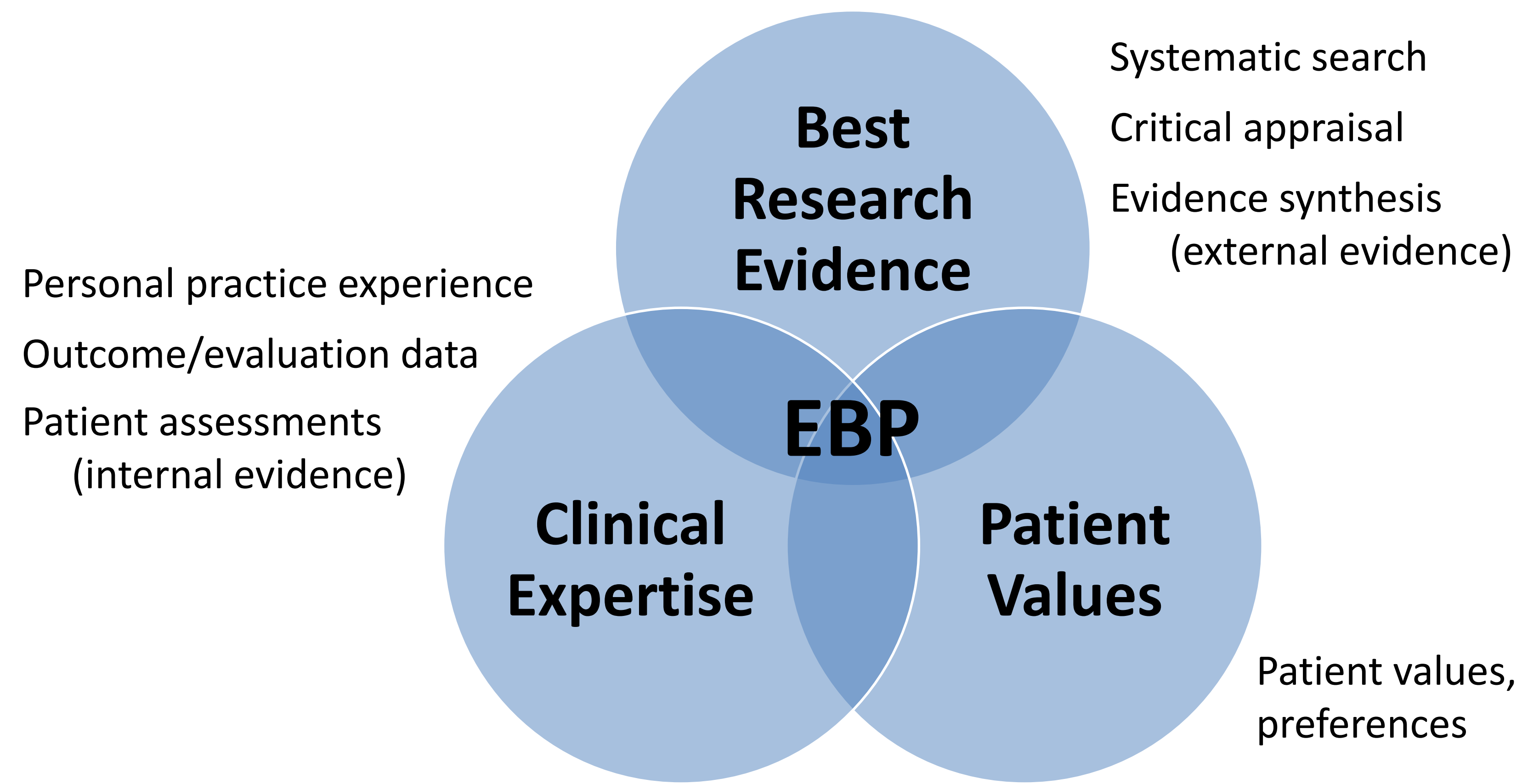
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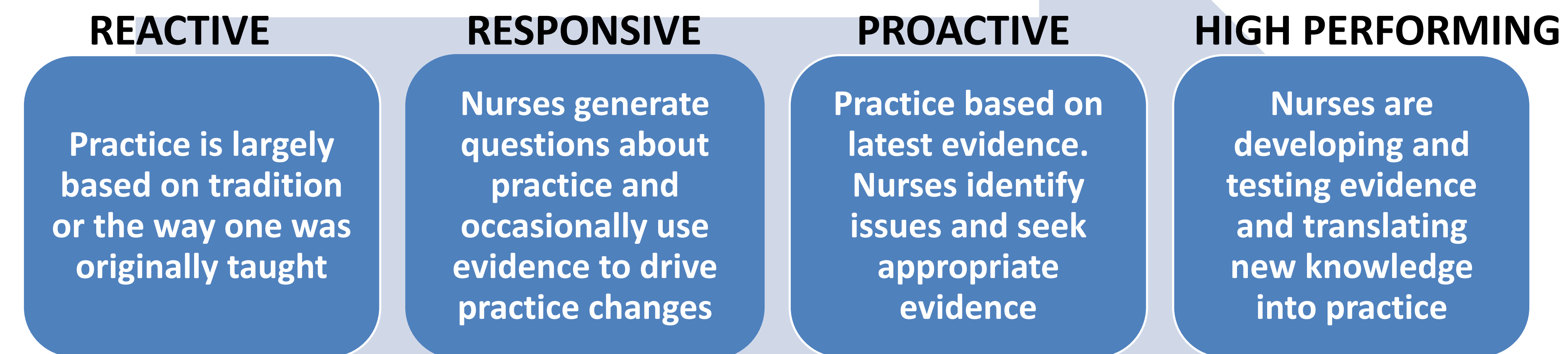
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Evidence-Based Practice Liaisons: Supporting EBP Across the Health System

What is Evidence-Based Practice?



EBP Developmental Levels



Wolf (2014)

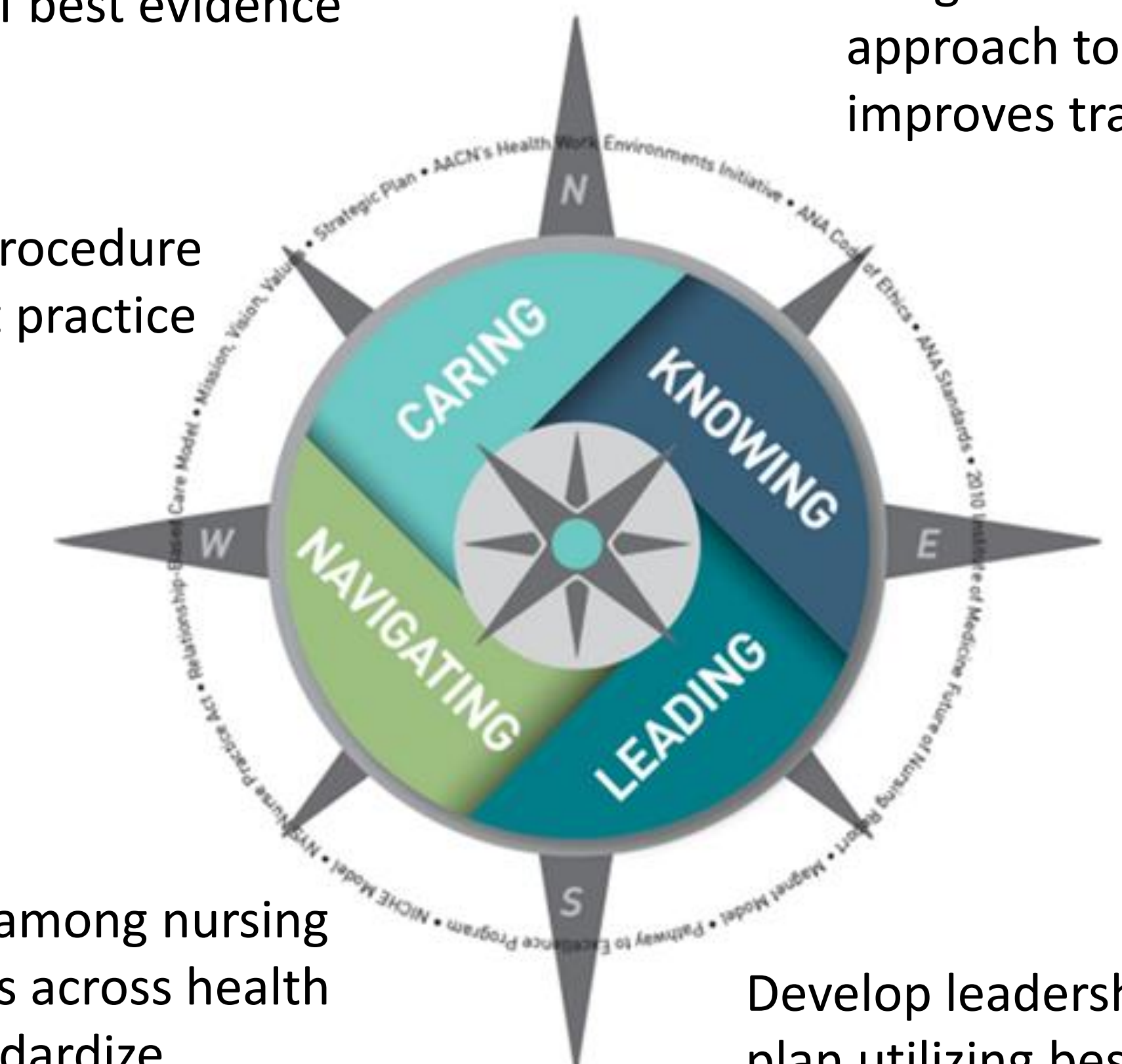
RRH initiatives and accomplishments indicate movement across the EBP developmental levels from a reactive to high performing EBP culture

RRH Professional Practice Model & Nursing Strategic Plan Supports EBP

Provide safe, high quality care and improve population health through use of best evidence

Develop evidence-based integrated interprofessional approach to care which improves transitions in care

Ongoing policy and procedure updates utilizing best practice evidence



Collaboration among nursing team members across health system to standardize nursing practice

Develop leadership succession plan utilizing best practice recommendations

Benefits of EBP

Decrease costs while improving patient care by:

- Decreasing admissions and length of stay
- Improving patient outcomes

Targets Triple Aim

- Improving patient experience of care (quality & satisfaction)
- Improving the health of populations
- Reducing per capita cost of health

IHI, 2017

Current State, Future Recommendations

“By the year 2020, 90% of clinical decisions will be supported by accurate, timely, and up-to-date clinical information, and will reflect the best available evidence.”

IOM, 2009

“... recommendations for primary care practice . . . only 18% are based on patient-oriented evidence from consistent, high-quality studies.

Ebell, 2017

2020-2022 EBP Initiatives & Accomplishments

Nursing Journal Club survey distributed to nurses across RRH. Results revealed 41% of respondents were definitely interested in a journal club. 55% of respondents reported they were highly likely to participate in a virtual journal club. Virtual journal club planning is now underway.

EBP Website created on the RRH portal. It may be accessed by staff members across RRH. Designed to increase knowledge of EBP and offer tools to implement EBP in clinical practice.

EBP Educational Modules based on the AJN evidence-based practice series were created. There are 5 modules offering a total of 14 CNEs. The modules are available on HealthStream Learning.

Critical Appraisal approach piloted amongst committee. The approach can be used by teams completing EBP, QI or research projects. The approach could be used for group CRU sessions.

EBP Newsletter, *Asking is the Answer*, continued publication despite Covid. The newsletter is designed to increase knowledge and raise awareness of evidence-based practice among nursing staff.

Education of EBP Liaisons involving a series of 8 hour long presentations were offered to all Liaisons to assist in EBP mentoring. CNEs were also offered.

EBP Mentorship supplied by EBP Liaisons to new nurses enrolled in the Nurse Residency Program.

Anatomy of a CRU Form developed by committee members to help nurses complete their CRU form. It went live in November, 2020, during the height of CRU form activity.

EBP Liaisons transitioned from a hospital committee to a system-wide Council.

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Evidence-Based Practice Liaison Council

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