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## Efficacy of *Pelargonium graveolens* essential oils against some postharvest fungal diseases of apple

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## Abstract

**Background:** Postharvest diseases that occur in apples are often caused by various pathogenic fungi, causing serious economic loss. The pathogenic fungi *Penicillium expansum*, *Rhizopus stolonifer* and *Botrytis cinerea* are among the most common pathogens in apples. The goal of this study was to see whether Moroccan *Pelargonium graveolens* essential oil (PGEO) could protect apple fruits from fungal infections after they were harvested (in vitro).

**Methods:** PGEO was characterized by GC-MS and for antifungal assessment, in vitro poisoned food (PF) and volatile activity testing (VA) were carried out.

**Results:** The investigation revealed that PGEO was effective against the three tested phytopathogenic fungi in a dose-dependent manner and this antifungal activity increased with the volatile activity test. The MIC value was 2 µL/mL for *B. cinera*, and *R. stolonifer*, and 1 µL/mL for *P. expansum*. Volatile fraction stops the growth of *B. cinera* at 40 µL / disc (QMI = 40 µL / disc), and of *P. expansum* and *R. stolonifer* at 80 µL / disc (QMI = 80 µL / disc).

**Conclusion:** The current findings show that Moroccan PGEO has powerful antifungal activities, suggesting that it might be used instead of synthetic fungicides to combat apple post-harvest infections.

## Introduction

The apple fruit (*Malus domestica* Borkh.), is one of the most economically and culturally important nutritious fruits all over the globe; it grows in almost all temperate zones. The whole fruit is edible except the seeds; many other products are made from them, such as juice, jam, wine, cider tea, or dried apples [1]. Fungal diseases are thought to cause 5 to 25% losses in overall yield in apples during postharvest storage and marketing across the world [2]. The increasing incidences of plant-pathogenic fungal invasions of apples are thought to be an unintended consequence of globalization, climate change, and, more broadly, environmental damage [3]. The shelf life and conservation of fruit after harvest are largely influenced by parameters like temperature, humidity, microbial infection, and insect attacks. Generally, fruits are highly susceptible to fungal rot starting from the day of their flowering to the period of purchase by the consumer due to the short shelf life and maturity of the fruits. In the case of apples, the quantity and composition of the main components of natural surface waxes (hydrocarbons, alcohols, fatty acids, ursolic acid, and  $\alpha$ -farnesene) change during storage [4]. The use of fungicides to control postharvest deterioration of fruits and vegetables has recently been severely limited. However, apples are sometimes treated with  $\text{CaCl}_2$  to lengthen their storage life and decrease postharvest deterioration [5]. These synthetic chemical fungicides cause severe consequences for the environment and human health. Accordingly, there is an intrinsic need to search for bio-compatibility fungicides with minimal side effects [6]. On the other side, multiple postharvest fungicide-resistant strains could be devastating for the fruit packing industry. Therefore, there is an intrinsic need to answer critical questions about the ability of these pathogenic fungi to develop resistance, the capacity to maintain resistance mechanisms, and the decay-causing possibilities of postharvest fungicide-treated apples [7].

Currently, several innovative techniques (including natural biocides, biological control agents, and stimulation of fruit defense systems) are emerging as potential synthetic fungicide alternatives [8]. Natural products are a rich source of bioactive ingredients with a wide range of applications as antimicrobial agents [9] in cosmetics [10] and in agricultural entomology and pest control [11]. Essential oils are volatile molecules extracted from aromatic herbs and are rich in bioactive phytochemical molecules. These volatile substances extracted from some herbs such as *Salvia officinalis*, *Melissa officinalis*, *Calamintha nepeta* and *Thymus vulgaris* have many protective advantages for plant tissues and fruits, like protection from pathogenic

fungal attacks [12-15]. Blue mold caused by *Penicillium expansum*, gray mold caused by *Botrytis cinerea*, and rhizopic rot caused by *Rhizopus stolonifer* are three of the most common and destructive postharvest diseases in apples [16].

*Pelargonium graveolens* (*P. graveolens*), is an aromatic plant with a distinguished fragrant; it is known as Rose geranium, it belongs to the family Geraniaceae, distributed in many parts of Africa, Southern Asia, and Australia. Currently, grown in many countries in Europe, Asia and Madagascar for production of geranium oil [17]. The fragrant oils of *P. graveolens* are used in traditional medicine to treat inflammations, dysentery, hemorrhoids, menorrhagia, cancer, and are applied in skincare [18].

Moroccan traditional medicine is highly utilized, and multiple investigations into Moroccan medicinal plants have shown a variety of bioactive characteristics, including antibacterial [19] and antifungal activity [20]. The literature survey revealed that reports on essential oil of *P. graveolens* grown in Morocco are scant and accordingly. Therefore, the current study aimed (for the first time) to evaluate the possible antifungal efficacy of the Moroccan *P. graveolens* essential oils on some postharvest fungal illnesses of apple, as an alternative biocontrol substitute to synthetic fungicides.

## Methods

### Plant material and extraction

The leaves of *P. graveolens* grow wild in the Taza area, a northeastern region of Morocco. A taxonomist identified the plant, and a specimen voucher was deposited at the Oujda Faculty of Sciences herbarium, Morocco. The collected leaves have been dried in the shade for up to a week at 25-30°C. Then, 100 grams of *P. graveolens* leaves were crushed to a fine powder and distilled in water for three hours with the aid of a Clevenger-type apparatus [21]. The resulting essential oil was dried with anhydrous sodium sulfate and kept in a dark bottle in the fridge.

### Isolation of fungal strains

Three fungal species from rooted apples taken from different locations in the Midelt area at Morocco and three fungi have been isolated and identified with the routine technique for fungi identification [22] which were *Rhizopus stolonifera*, *Botrytis cinerea* and *Penicillium expansum*. Fungal samples were transferred to sterile Petri dishes (9 cm) containing Potato Dextrose Agar (PDA) with streptomycin meant for stopping the growth of bacteria, and seeded plates were incubated for up to 7 days at  $25 \pm 2$  °C in the dark. Then, a microscopic examination was performed following the protocol's description by Barnett and Hunter [23] and was

subcultured again to ensure getting pure cultures, which were maintained at 4°C.

### Poisoned food technique (PF)

The antifungal activity of the essential oil was evaluated using the poisoned food method [24]. The essential oil (0.2%) was emulsified in sterile hot PDA agar suspension and immediately added to a glass Petri dish (90 × 20 mm) before it gets cool, the tested concentrations of the essential oil (0.25 to 2 µL/mL) was mixed with the hot PDA for controls, a negative control was also prepared. Plates were injected with 6 mm mycelium plugs of and kept in the incubator for up to 7 days for *P. expansum*, 60 hours for *R. stolonifer* and 11 days for *B. cinerea* at 25±2°C.

### Volatile activity test (VA)

The antifungal activity of natural volatile organic molecules against pathogenic fungi was evaluated using VA as mentioned in Xing et al [25] with some modifications. Petri-dishes were packed with 20 mL of potato dextrose agar (PDA). After that, plates were inoculated with a mycelial disc (size: 6 mm), it was taken from the perimeter of the mycelium culture (grown for upto 7 days) of the tested mushrooms. The Petri dishes (20×90 mm) contained 80 mL of air space after adding 20 mL PDA medium. Plates were inverted upside down and sterilized filter paper discs (9 mm in diameter) and were impregnated with variable doses of essential oil at 10, 20, 40, 80, and 160 µL/disc, and then the inverted Petri-dishes were incubated for up to 48 hours for *R. stolonifer*, 6 days for *P. expansum* and 10 days for *B. cinerea* at 25±2°C. Following the above-mentioned methods, for every test (fungus/quantity), three replicates were inoculated, and the mycelial growth was recorded by measuring the size of diameter along two vertical lines passing through the center of the Petri-dish. The fungi-toxicity of the tested essential oil was evaluated at a percentage of the inhibition of the mycelial growth of (1%) and calculated according to the formula [26]:

$$I(\%) = \frac{D_t - D_i}{D_t} \times 100$$

Where  $D_t$  and  $D_i$  indicate the diameter of the mycelial growth in the control and the treated plates, respectively.

### Minimum inhibitory concentration (MIC)

Minimal inhibitory concentrations (MIC) were also investigated using the procedures described by Mohammadi et al [27] after the volatile activity test (VA). When the mycelium of fungus reached the margins of the control dishes, the lowest concentration at which

there was no trace of growth was identified as the minimal inhibitory concentration (MIC).

### Antifungal EC50

EC50 is defined as the efficient dose that inhibited mycelium from growing by 50%. The EC50 value was determined using the relation between the tested essential oil concentrations and the percentage of the fungal mycelial growth inhibition. The correlation between the fungicidal and the fungistatic behavior of the essential oil was evaluated by detecting a re-growth of the inhibited discs of mycelia after its transport to the untreated potato dextrose agar medium. When there is no growth, this is referred to as a fungicidal effect, and when there is the contrary, it is referred to as a fungistatic effect [28].

### Data analysis

The analysis of variance tests (ANOVA) was used to statistically examine the data, and Tukey's HSD test was used to separate the means. The Statistical Analysis System software was employed in this study (SAS Institute Inc., USA).

## Results

### Composition of the essential oil

The chemical content of *Pelargonium graveolens* essential oils was previously examined in our labs and published [22], which recorded up to 40 organic compounds accounted for 80.4% of the overall essential oil. The main compounds were, citronellol (22.8%), isomenthone (13.2%), geraniol (6.4%), 10-epi-γ-eudesmol (6.1%), Z- rose oxide (4.7%), and citronellyl formate (4.6%).

### Antifungal activity

According to the direct contact technique applied to the agar medium (poisoned food), the effects of the concentration of *P. graveolens* essential oils on the growth of the mycelium after an incubation time of *B. cinerea* (11 days), *P. expansum* (7 days) and *R. stolonifer* (60 hours) at 25 ± 2 °C are listed in Table 1.

These data revealed that the percentage of mycelial growth inhibition increases with the concentration of *P. graveolens* essential oils for each tested strain. This implies that this essential oil shows a significant activity of ( $p < 0.05$ ). It was clear that *B. cinerea* and *R. stolonifer* showed great sensibility towards the PGEO at a 2 µL/mL concentration and 1 µL/mL for *P. expansum*. Examination of table 2 shows that the MIC value of *P. graveolens* against *B. cinerea* and *R. stolonifer* is 2 µL/mL, and 1 µL/mL for *P. expansum*.

Furthermore, it is necessary to be mindful of the essential oil's fungitoxic nature (at 2 µL/mL for *R. stolonifer* and *B. cinerea* and, and 1 µL/mL for *P.*

*expansum*). The displacement of a mycelium disc from potato dextrose agar medium with 2  $\mu\text{L}/\text{mL}$  of fresh essential oil onto potato dextrose agar medium indicated that the mycelium of *P. expansum* and *B. cinera* did not develop after seven days and eleven days of incubation, respectively. Table 2 shows that our essential oil has a fungicidal impact on the strains tested at 2  $\mu\text{L}/\text{mL}$ , in contrast to *R. stolonifer* and *P. expansum*, which show fungistatic activity at 1  $\mu\text{L}/\text{mL}$ .

EO Concentration of <i>P. graveolens</i> ( $\mu\text{L}/\text{mL}$ )	<i>B. cinerea</i>	<i>P. expansum</i>	<i>R. stolonifer</i>
2	100 $\pm$ 0.00 <sup>Aa</sup>	100 $\pm$ 0.00 <sup>Aa</sup>	100 $\pm$ 0.00 <sup>Ba</sup>
1	47.33 $\pm$ 5.01 <sup>Ab</sup>	100 $\pm$ 0.00 <sup>Ab</sup>	64.51 $\pm$ 3.14 <sup>Bb</sup>
0.50	14.89 $\pm$ 4.25 <sup>Ac</sup>	71.55 $\pm$ 1.63 <sup>Ac</sup>	51.78 $\pm$ 7.58 <sup>Bc</sup>
0.25	12.45 $\pm$ 2.71 <sup>Ad</sup>	36.99 $\pm$ 4.15 <sup>Ad</sup>	15.78 $\pm$ 7.58 <sup>Bd</sup>

**Table 1:** Inhibition Percentage of the growth of the mycelium of *B. cinera*, *P. expansum*, and *R. stolonifer* at various concentrations of *P. graveolens* essential oils.

Fungal pathogen	MIC ( $\mu\text{L}/\text{mL}$ )
<i>B. cinera</i>	2 $\mu\text{L}/\text{mL}$
<i>P. expansum</i>	1 $\mu\text{L}/\text{mL}$
<i>R. Stolonifer</i>	2 $\mu\text{L}/\text{mL}$

**Table 2:** Minimum inhibitory concentrations (MIC) of the *P. graveolens* essential oil against fungal pathogens

From Table 3, we have observed that the inhibition percentage increases with the amount of *P. graveolens* essential oil in each fungal strain tested, indicating that the essential oil of *P. graveolens* may blocks the development of all fungal strains. In addition to this, *P. graveolens* essential oil owns a significant antifungal property that have direct effect on the growth of the mycelium of each strain tested ( $p < 0.05$ ). Moreover, all of the investigated strains were sensitive to *P. graveolens* essential oil.

EO Concentration ( $\mu\text{L}/\text{Disc}$ )	<i>B. cinerea</i>	<i>P. expansum</i>	<i>R. stolonifer</i>
	10 Days of incubation	6 Days of incubation	48 Hours of incubation
160	100 $\pm$ 0.00 <sup>Ba</sup>	100 $\pm$ 0.00 <sup>Aa</sup>	100 $\pm$ 0.00 <sup>Aa</sup>
80	100 $\pm$ 0.00 <sup>Ba</sup>	100 $\pm$ 0.00 <sup>Aa</sup>	100 $\pm$ 0.00 <sup>Aa</sup>
40	100 $\pm$ 0.00 <sup>Ba</sup>	58.54 $\pm$ 8.19 <sup>Ab</sup>	83.95 $\pm$ 4.96 <sup>Ab</sup>
20	73.41 $\pm$ 5.29 <sup>Bb</sup>	47.19 $\pm$ 6.52 <sup>Ab</sup>	57.10 $\pm$ 5.98 <sup>Ab</sup>
10	27.41 $\pm$ 5.18 <sup>Bc</sup>	36.32 $\pm$ 13.94 <sup>Ab</sup>	44.96 $\pm$ 4.73 <sup>Ab</sup>

**Table 3:** Inhibition Percentage of the mycelium development of *R. stolonifera*, *P. expansum*, and *B. cinerea* based on the concentration of *P. graveolens* essential oil.

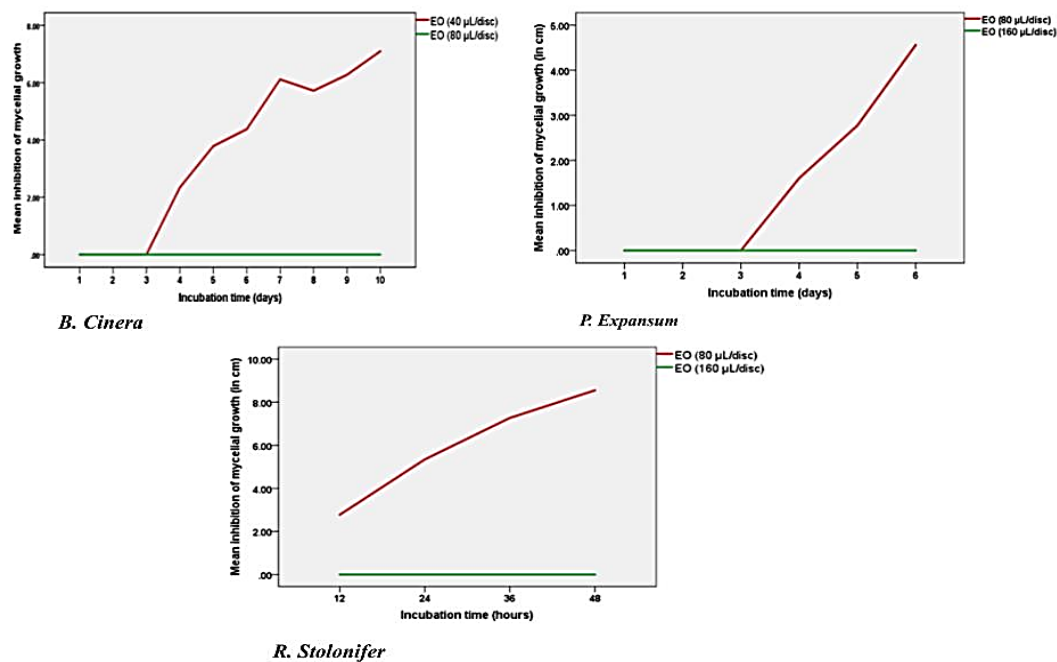
This volatile fraction inhibits the growth of *B. cinera* at 40  $\mu\text{L} / \text{disc}$ , and of *P. expansum* and *R. stolonifer* at 80  $\mu\text{L} / \text{disc}$ . Therefore, it's obvious that *B. cinera* is very sensitive to this essential oil, followed by *R. stolonifer* and then *P. expansum*. Furthermore, we can affirm that PGEO stops growing the three fungi tested during the micro-atmosphere technique better than the direct contact technique, particularly for the case of *B. cinera*. Mycelial plates were moved to a PDA medium in the absence of essential oil after inhibition of growth with *P. graveolens* (Figure 1).

As shown in Figure 1, the growth of the *B. cinera* fungus starts on day 4 at a concentration of 40  $\mu\text{L} / \text{disc}$ , whereas the concentrations of 80 and 160  $\mu\text{L}/\text{disc}$  do not allow any increase in mycelium for up to 10 days. Therefore, PGEO displayed fungistatic activity at 40  $\mu\text{L}/\text{disc}$  and fungicidal activity at 80  $\mu\text{L}/\text{disc}$ . In the case of *P. expansum*, from the fourth day, we noticed fungal growth at 80  $\mu\text{L}/\text{disc}$ , and none was detected after treated by the PGEO at 160  $\mu\text{L}/\text{disc}$ . This essential oil therefore demonstrated fungicidal activity against *P. expansum* at 160  $\mu\text{L} / \text{disc}$  and fungistatic activity at 80  $\mu\text{L} / \text{disc}$ . Moreover, *R. stolonifer* growth of the mycelium was seen in the first twelve hours at the concentration of 80  $\mu\text{L} / \text{disc}$ , whereas none was observed when adding EO at 160  $\mu\text{L} / \text{disc}$ . This EO displays fungicidal activity towards *R. stolonifer* at 160  $\mu\text{L} / \text{disc}$  and fungistatic activity at 80  $\mu\text{L} / \text{disc}$ .

## Discussion

Post-harvest fungal infections cause severe loss in fruits, particularly apples, and lead to economic loss. Unfortunately, these diseases are still difficult to control, besides the excessive use of pesticides and fungicidal materials has harmful impacts on the consumer and the environment despite their high inhibitory efficacy. Therefore, natural fungicides in particularly those extracted from medicinal plants, should be explored. In this context, volatile compounds (essential oils) have been the subject of several studies [29–31] Indeed, essential oils (EOs) can offer possible alternatives to the control of currently employed agents because that they are very rich in bioactive phytochemical compounds. Moreover, the use of EOs compounds to combat post-harvest fruit diseases has become an urgent need.

Generally, the antifungal activity of an EO is strongly linked to its type, concentration and chemical content. However, it's expected that this activity also depends on which compounds act synergistically or antagonistically. Hence, all the results obtained in the current research reveals that the essential oils of *P. graveolens* exhibit significant antifungal activity with respect to the tested fungi based on in vitro experiments using poisoned food and volatile activity tests. The current study reported that Moroccan PGEO is rich in citronellol (22.8%), isomenthone (13.2%), and geraniol (6.4%), which are the main constituents, and our findings were in harmony with previous studies [32,33]. Moreover, these main compounds were reported as significant antimicrobial agents against yeasts [34,35], which gives us the possibility of confirming that these constituents are liable for the high antifungal activity of PGEO against the studied fungi with a slight modulation



**Figure 1:** The progression of mycelial development (in centimeters) following disc transfer (inhibition achieved).

of the other minority components via a synergistic mechanism.

The present study revealed that the enhancement of the antifungal action of the essential oils was directly linked to the rise in oil concentration when used against the three fungi tested (Tables 1 and 3). We also noticed that the antifungal potential against the pathogens tested was more potent with the volatile fraction of PGEO than with the direct contact technique on the PDA agar medium. This finding is in very good accordance with the previously published data [34-36]. The mode of action can be explained by the fact that some compounds can make the membranes more permeable by removing the outer membrane of the fungi [37,38], while others cause the fungi to grow less and change the shape of their cells [39]. The hydrophobic nature of EOs can be assigned as the explanation for these observations. This nature causes a weak solubility in the agar medium and water. As a result, PGEO in vapor form is more absorbable by fungal mycelium than direct contact on agar. The latter is due to the lipophilic nature of the tissues of the fungus and the high-water content of the PDA agar [40]. On another level, fairly high doses of EOs are needed to stop mycelial growth in the direct contact phase. In comparison, a remarkable concentration of the EO has undesirable effects on the taste and natural flavor of the apple (organoleptic properties) [41]. Thus, using our oil tested in the vapor phase appears to be an auspicious concept that could be used to fumigation to control various post-harvest infections in the food industry, according to many published reports, several essential oils of medicinal

plants may be used as a sustainable and efficient alternative to create new natural fungicides [42-44].

Based on numerous published reports, Scientists have found that using natural antifungal compounds to protect fruits from phytopathogens after harvest is a promising trend. It was cited that, the use of natural essential oils including menthol, eugenol or thymol in a mixture with active packaging is an alternative to the use of chemical fungicides on fruits and vegetables, particularly those with a limited shelf life [45], Propolis is a naturally occurring resin collected from the leaves and bark of conifer and poplar trees. It has been shown that propolis can inhibit the fungal diseases caused by *B. cinerea* and *P. expansum* from spreading after a harvest of fruit and vegetables [46]. Recent interest in nanotechnology has grown, and it has been suggested as an alternative and effective system for managing fungal infections, since nanoparticles can readily enter fungal cells, inhibiting their growth and preventing illness. When nanomaterials are mixed with other chemicals, such as chitosan, their activity is enhanced [47]. Finally, the current results show that PGEO is effective against *Rhizopus stolonifer*, *Penicillium expansum* and *Botrytis cinerea*.

In conclusion, the current results support that PGEO are effective antifungal agents against *Botrytis cinerea*, *Penicillium expansum*, and *Rhizopus stolonifer*. The high antifungal activity of PGEO can be explained by a mix of multiple ways of acting and the intervention of different cellular targets. Taking into account the variety of molecules contained in the EO. Moreover, essential oils are characterized by their low toxicity, biodegradability, and they do not persist in the environment. According

to these advantages, essential oil is regarded as potential alternatives to synthetic fungicides to protect apples from phytopathogenic fungi and prevent spoilage of other food products during storage. Evaluation of the antifungal activity of *P. graveolens* against phytopathogenic fungi in vivo is mandatory before their marketing.

## Competing Interest

Authors declare that they have no conflicts of interest.

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## Authors' Contribution

All authors contributed equally to this study.

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