



# **FAMILY MEDICINE HANDBOOK**

*Editors*

**Mohd Aznan Md Aris**

**Fa'iza Abdullah**

**Suhaiza Samsudin**

**Mohd Shaiful Ehsan Shalihin**



**IUM  
Press**

# **FAMILY MEDICINE HANDBOOK**

Illum  
Press

# FAMILY MEDICINE HANDBOOK

*Editors*

Mohd Aznan Md Aris  
Fa'iza Abdullah  
Suhaiza Samsudin  
Shaiful Ehsan Shalihin



IIUM  
Press

Gombak • 2022

First Print, 2022  
© IIUM Press, IIUM

IIUM Press is a member of the Majlis Penerbitan Ilmiah Malaysia - MAPIM  
(Malaysian Scholarly Publishing Council)  
Persatuan Penerbit Buku Malaysia - MABOPA  
(Malaysian Book Publishers Association)  
Membership No. - 201905

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without any prior written permission of the publisher.

Perpustakaan Negara Malaysia

Cataloguing-in-Publication Data

IIUM  
Press

# Contents

<i>Figures</i>	<i>ix</i>
<i>Tables</i>	<i>xi</i>
<i>Preface</i>	<i>xiii</i>
<i>Acknowledgements</i>	<i>xv</i>
<i>Introduction</i>	<i>xvii</i>
<b>Chapter 1: Introduction to Family Medicine</b>	<b>1</b>
<i>Mohd Aznan Md Aris and Nurul Husna Azmi</i>	
Learning Objectives	1
Introduction	1
The History of Primary Care	3
Difference between Hospital Care and Primary Care	5
Primary Care Services in Malaysia	6
Principles of Family Medicine	7
The Family Medicine Specialist (FMS)	9
Key Messages	13
References	14
<b>Chapter 2: Communication Skills in Primary Care</b>	<b>15</b>
<i>Azwanis Abdul Hadi and Nurul Husna Azmi</i>	
Learning Objectives	15
Introduction	15
Communication Skills	16
Advantages of Good Communication Skills	19
Techniques for a Good History Taking	21
Components of History Taking	25
Key Messages	30
References	30

# CHAPTER 10

## ETHICS IN PRIMARY CARE PRACTICE

*Abdul Hadi Said and Mohd Aznan Md Aris*

### **Learning Objectives**

1. Able to understand and compare the principles of the four pillars of medical ethics and to practice them for primary care.
2. Able to identify and understand the extended ethical issues that are relevant to primary care practice.
3. Able to analyse and apply the ethical principle in dealing with ethical cases commonly seen in primary care.

### **Introduction**

Family physicians deal with various types of patients from different ages, races and social backgrounds. A family physician needs to be well equipped with a clear understanding of ethical principles to enable them to manage any kind of ethical issues raised. This chapter aims to discuss the four pillars of medical ethics namely 'patient autonomy', 'beneficence', 'non-maleficence' and 'justice'. These four pillars will be discussed from the primary care perspective. Beyond that, this chapter will also discuss the extended medical ethics which are particularly relevant to primary care such as patient's confidentiality, child's rights,