

2021

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Recommended Citation

Muddu, Rakshit D.; Gowda, D M.; Robinson, Anthony James; and Byrne, Aimee, "Optimisation of Retrofit Wall Insulation: An Irish case study" (2021). *Articles*. 135.

<https://arrow.tudublin.ie/engschcivart/135>

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Optimisation of Retrofit Wall Insulation: An Irish case study

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Abstract

Ireland has one of the highest rates of emissions per capita in the world and its residential sector is responsible for approximately 10% of total national CO₂ emissions. Therefore, reducing the CO₂ emissions in this sector will play a decisive role in achieving EU targets of reducing emissions by 40% by 2030. To better inform decisions regarding retrofit of the existing building stock, this study proposes Optimum Insulation Thicknesses (OIT) for typical walls in 25 regions in Ireland. The calculation of OIT includes annual heat energy expenditure, CO₂ emissions, and material payback period. The approach taken is based on Heating Degree Day (HDD) and life cycle cost analysis methods for different combinations of insulation material, heat energy type, and Irish wall configuration. Results indicate that OIT increases with increased HDD and varies up to 30 % from lower to higher HDD regions in Ireland. The type of wall materials, configuration, insulation type, and heat energy type all have a significant impact on annual cost saving potential (up to 170 €/m²) and carbon emission (up to 50 kg/m²). The Analysis Of Variance (ANOVA) technique is used to compare the significant mean difference between combinations under OIT and cost savings.

Keywords: Optimum insulation thickness, heating degree day, retrofit, Ireland, CO₂ emissions

1 Introduction

Humanity's escalating production and use of energy have led to what is now being considered an environmental crisis. Inefficient use of unclean energy sources in the industrial, domestic, and transport sectors release immense volumes of greenhouse gases causing climate change, global warming, ozone depletion, and adverse effects on flora and fauna [1, 2]. It is now accepted that this threatens the quality of life of future generations and disruptive steps must be taken to mitigate this threat. To achieve this, several national, international, and global plans and targets have been agreed upon which aim at both moderating energy consumption and reducing greenhouse gas emissions [3]. At the time of writing, the European Commission (EC) is proposing a legally binding target of net zero greenhouse gas emissions by 2050 [4].

Globally, the building sector is the second largest consumer of energy. This sector accounts for approximately 40% of global energy consumption [5]. The preponderance of energy use in buildings is for space heating and cooling in order to provide and maintain thermal comfort [6-8].

34 Sustainability-focused energy efficient design and operation of buildings has the potential for
35 significant and positive environmental impact. In particular, energy efficient retrofitting of existing
36 buildings should be a primary focus since it is predicted that approximately 60% of the current
37 building stock will still be in use in 2050 [9]. The main motivation for retrofit for Irish people was found
38 to be the comfort rather than energy or CO₂ savings [10]. Thermal comfort in buildings is a complex
39 and highly occupant and building-specific phenomenon. Although it falls outside the remit of this
40 study, it is acknowledged that comfort take-back can be significant with research showing that it can
41 result in actual energy savings falling short of predicted by between 10% and 36% or more [11-13].
42 However, it has also been identified that those choosing to retrofit, did so because they had the
43 available savings and would not have availed of a loan or other financing mechanisms were they
44 available [10, 14]. It has been proposed by similar Irish studies that making retrofit more affordable
45 alongside the currently available grants [15, 16] could expand the market for retrofit [14, 17-19].
46 Reducing material costs is one way of increasing the affordability of retrofit. Furthermore, reducing
47 the overall thickness of insulation required can have additional positive effects such as the lowered
48 impact on room size for internal insulation and reduced workmanship, and therefore costs, in moving
49 external elements such as guttering [20]. Energy efficiency retrofit in buildings (e.g. added insulation
50 or boiler replacement) creates conditions that support improved occupant health and well-being [8].
51 In cold climates, energy efficiency improvements can lower rates of excess winter mortality while in
52 hot climates; they can help reduce the risk of overheating and dehydration as well as several other
53 health concerns [21]. Furthermore, the EC has identified the twin challenge of addressing both
54 energy efficiency and affordability in achieving the Green Deal [22]. Optimising insulation for purpose
55 can lower upfront costs without adversely affecting the potential post-retrofit savings on energy bills.
56 The most significant contributor to indoor thermal comfort is the ambient air temperature, therefore,
57 adequate levels of insulation are required to reduce heat loss through the building envelope and
58 ensure a reasonable indoor ambient temperature is achieved [8]. However, the temperature of the
59 room's walls, windows, floor, and ceiling, air circulation in the space, and the local relative humidity
60 also have some influence. In recent years, several approaches have been used to evaluate the effect
61 of different types of insulation material and type on thermal comfort and energy consumption [23-
62 25]. On the other hand, thermal mass also contributes to improving thermal comfort both in winter
63 and summer [8, 26].

64 A key factor that determines the energy performance of a building is the thermal behaviour
65 of the building envelope. External wall insulation has been found to be one of the most cost-effective
66 options for achieving low energy consumption and reduced greenhouse gas emissions both for
67 newly built and refurbished walls [27-30]. However, the presence of thermal bridges in the building
68 envelope which can be prevalent around balconies and junctions around doors and windows also
69 influences the energy consumption and thermal comfort within a building [8, 31-33]. It is estimated
70 that energy demand can be underestimated by 9% to 30% due to the presence of thermal bridges
71 [34, 35]. However, the focus of this paper remains with optimising the external wall insulation
72 thickness and excludes building-specific properties of thermal bridging, wall to window ratio, the
73 orientation of the wall, and thermal mass.

74 A building's total energy consists of embodied energy and operational energy [36]. In recent
75 years, the proportion of the embodied energy within this calculation is increasing due to advances in
76 energy efficiency of the fuel and energy delivery system and the construction of more energy efficient
77 buildings. There is additional energy and pollution associated with producing more insulation or
78 highly insulating materials. Therefore, for low energy buildings considering the embodied energy in
79 the analysis should be considered [37]. It is estimated that approximately 40% of the total energy of
80 the building is associated with embodied energy [38]. Specific values for savings in embodied energy
81 due to reduced insulation material has not been calculated for the research presented here, however
82 future work will address this.

83 The selection of the type and thickness of insulation material is not trivial as there is a need
84 for both low cost and high thermal resistance. For the latter, the performance of insulation material
85 can be improved by simply increasing its thickness, since thermal resistance and thickness are
86 proportional to one another [39]. However, this results in the negative effect of increasing the upfront
87 cost. In an attempt to resolve this push-pull tension between cost and thermal performance,
88 researchers have developed optimisation methods that, for given thermal conductivity and material
89 price by volume, require minimum upfront cost and results in maximum long-term heat energy
90 savings throughout its service life [30, 40, 41]. These methods have been referred to as *optimisation*
91 *of insulation* or *optimisation of insulation thickness* (hereafter referred to as OIT) in the literature.

92 Many studies have been carried out to determine the optimal insulation thickness [42, 43].
93 Typically, the optimal insulation thickness is that which results in the most significant total energy

94 savings for the shortest payback period [44-57]. Energy saving is calculated as the difference
95 between the total cost of heating energy for the uninsulated wall compared to the insulated wall [58,
96 59]. The payback period is the time taken for the total investment of a product to be recovered by
97 the total accumulated savings through heating/cooling energy pay-out [60]. Alternatively, a limited
98 number of studies determine the optimal thickness based on CO₂ savings [61, 62].

99 Three key points of note become evident when considering the literature, as represented in
100 Muddu et al. [42, 43] and Kaynakli's [20] studies. First, there are several demographic considerations
101 that influence optimum insulation thickness. A significant factor is the external environment, and as
102 references [42] and [43] indicate, much of the current knowledge is centred on climates which can
103 be considered warm to hot. Another demographic influence is the energy mix based on fuel sources
104 used in the given region. For example, hotter climates will have a heavier reliance on electrical
105 energy for air conditioning purposes [63].

106 The second major influence on optimising insulation is the structural and material information.
107 The insulation type under examination impacts greatly on what is found to be the optimal thickness
108 [44-57]. Other considerations include the location of the insulation within the overall wall structure
109 [40, 53], wall orientation [47, 53, 64-66], and the existing wall structure; with cavity walls [67],
110 concrete walls [68], and brick walls [68] commonly examined. Although walls are most typically the
111 focus of this type of examination, roof systems have also been optimised in a similar manner [46,
112 54].

113 Lastly, there does not appear to be a consensus with regard to the analysis methodology
114 employed to determine the optimal insulation characteristics, with many different analytical,
115 empirical, semi-empirical, and numerical methods used [42, 43]. Many studies in the literature
116 employ the Heating Degree-Day (HDD)/ Cooling Degree-Day (CDD) concept to evaluate the heating
117 and cooling loads [44, 45, 52, 59, 70, 71]. Others use Fourier formulations to calculate heating and
118 cooling loads under dynamic thermal loading conditions [65-67, 72-75]. Within the different analysis
119 techniques, there exist two viable cost functions; monetary and environmental selected based on
120 the target stakeholder. The cost of retrofit insulation is of key relevance to stakeholders directly
121 involved in payment, such as homeowners. Conversely, the environmental cost is of interest to
122 policymakers. Considering the latter, a cross-section of the studies have considered the total
123 environmental impact by including CO₂ emissions associated with the manufacture and installation

124 of the insulation [59, 71, 76-78]. Another cost function identified is the impact of insulation on
125 moisture and condensation risk [51, 79, 80].

126 Ireland offers a unique testing ground for building energy analysis in the context of retrofit
127 insulation for two primary reasons. First, the Irish housing stock is recognised as amongst the least
128 energy efficient in all of Northern Europe [81]. Clearly, if Ireland is going to achieve target emissions
129 over the next few years and decades, efficient insulation retrofit must be considered. Second, Ireland
130 is characterised as having a temperate oceanic climate [67, 68], where the winter temperatures are
131 mild and summer temperatures are moderate compared to the other countries at similar latitudes.
132 Compared with what has been considered in the literature, the Irish climate offers the opportunity to
133 single-out home heating only, as air conditioning is rarely used or even installed in Irish residential
134 buildings.

135 The overarching objective of this work is to contribute to knowledge in the field of building
136 energy efficiency by considering the *optimisation of insulation* problems in the Irish context.
137 Specifically, retrofit insulation for existing building stock is considered here in order to potentially
138 inform decisions regarding energy upgrading in the Irish domestic sector. Beneficially, by selecting
139 Ireland as the testing ground, the influence of wall and insulation materials, constituent combinations,
140 and thicknesses can be analysed in a scenario which isolates heating as the only energy source for
141 thermal comfort. It is hoped that this will support the insulation retrofit of the existing and pending
142 building stock in Ireland and other countries and/or regions with similar climates, such as the United
143 Kingdom. The following section presents a methodology which can be adapted for such countries
144 with little modification.

145 **2 Methodology**

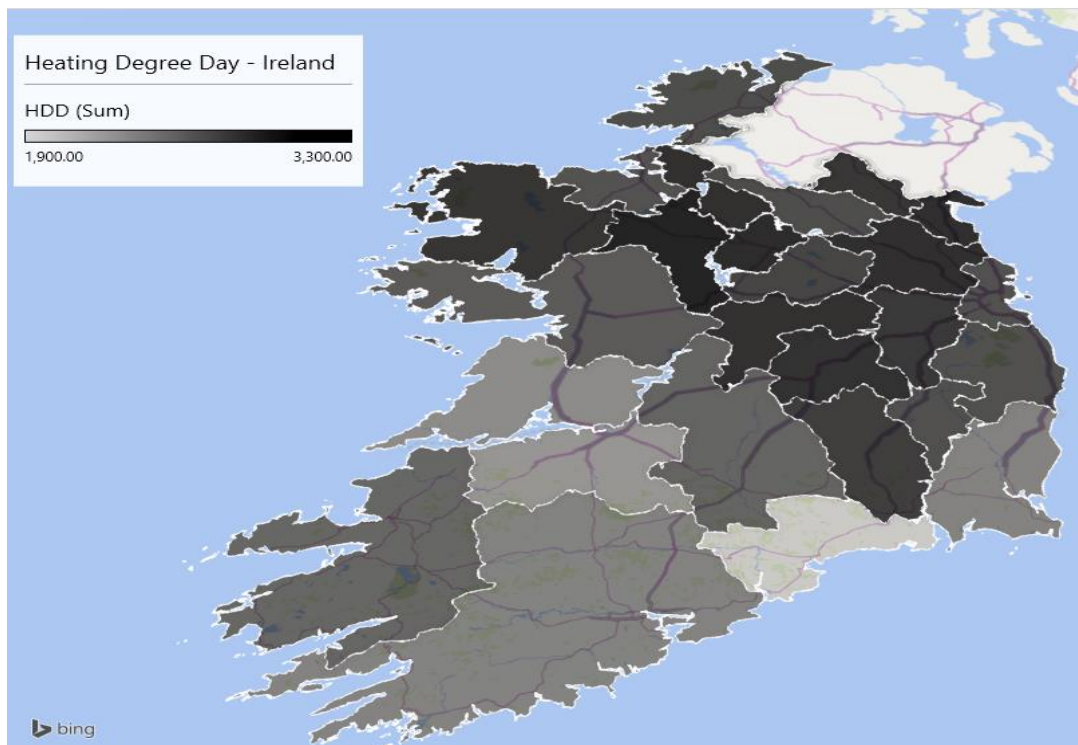
146 Heat losses in uninsulated residential buildings generally occur through external walls (30%), roofs
147 (30%), floors (20%), air infiltration (10%), and doors and windows (10%) [8]. It should be noted that
148 these percentages will vary greatly depending on the home design and construction. However, these
149 figures are representative of the average house. Therefore, for the purposes of this study, the
150 optimum insulation thickness has been calculated based on a 30% heat loss through external walls.

151 In moderate climates, the amount of energy required for heating is mostly determined using
152 the Degree-Day method. Degree-day methods are considered as a straight forward, yet sufficiently
153 accurate and reliable technique for quantifying the thermal energy demands in buildings [82, 83]. In

154 this method, heating transmission loads are assumed to be proportional to the difference between
 155 the outdoor air temperature (T_o) and the threshold temperature (T_h). The threshold temperature for
 156 heating is the outdoor temperature at which heating is not required in order to maintain comfort within
 157 the building and this can be determined according to the desired indoor temperature, thermal
 158 properties of the entire wall, building information, and building use. For heating, the number,
 159 therefore, can vary, however the most commonly identified values in the literature are 15°C [44] 16°C
 160 [45], and 18°C [45, 47, 52]. For this study, a threshold temperature of 15.5°C is used which is
 161 commonly considered in Ireland [42, 84] and with regions with similar climates [85]-

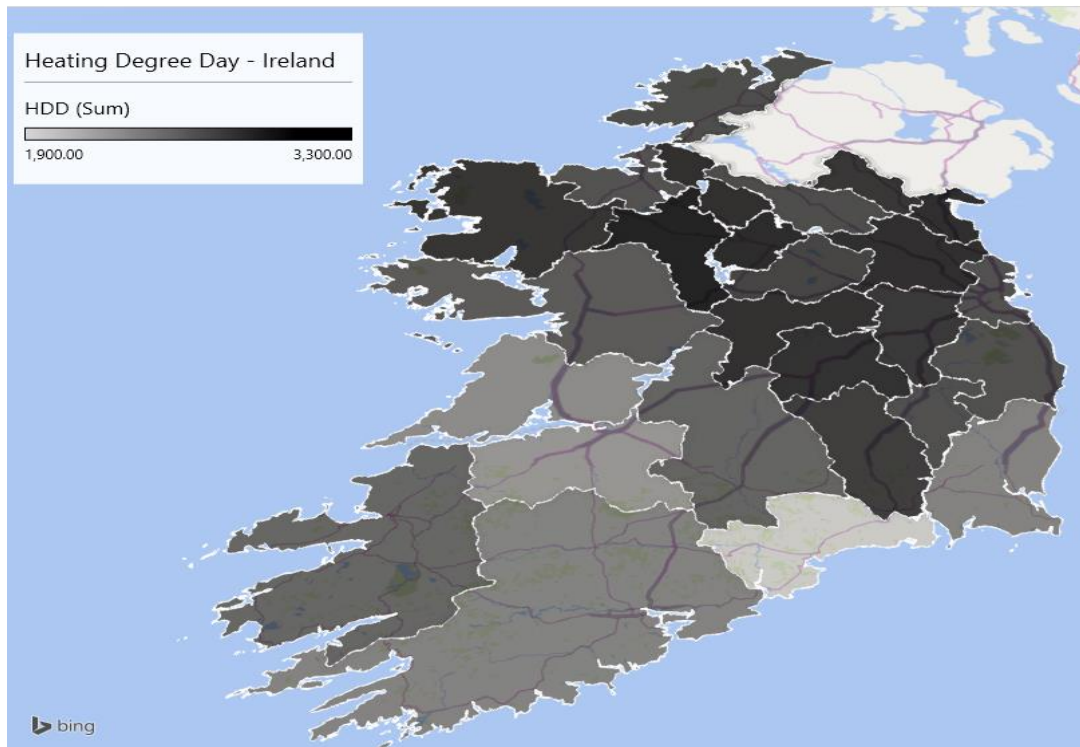
162 2.1 Calculation of heating degree day for all regions in Ireland

163 This study considers the data published by The Irish National Meteorological Service [69]
 164 from 2003 to 2017 as recorded at weather stations located in all 25 counties in Ireland in
 165 order to provide an estimate of the climatic condition. Based on daily temperature data,
 166 annual HDD values across Ireland were calculated using Eq. 1 [86] and visually presented
 167 per county in



168
 169 Figure 1.

$$\text{HDD} = \sum_{\text{days}} (T_h - T_o)^+ \quad (1)$$



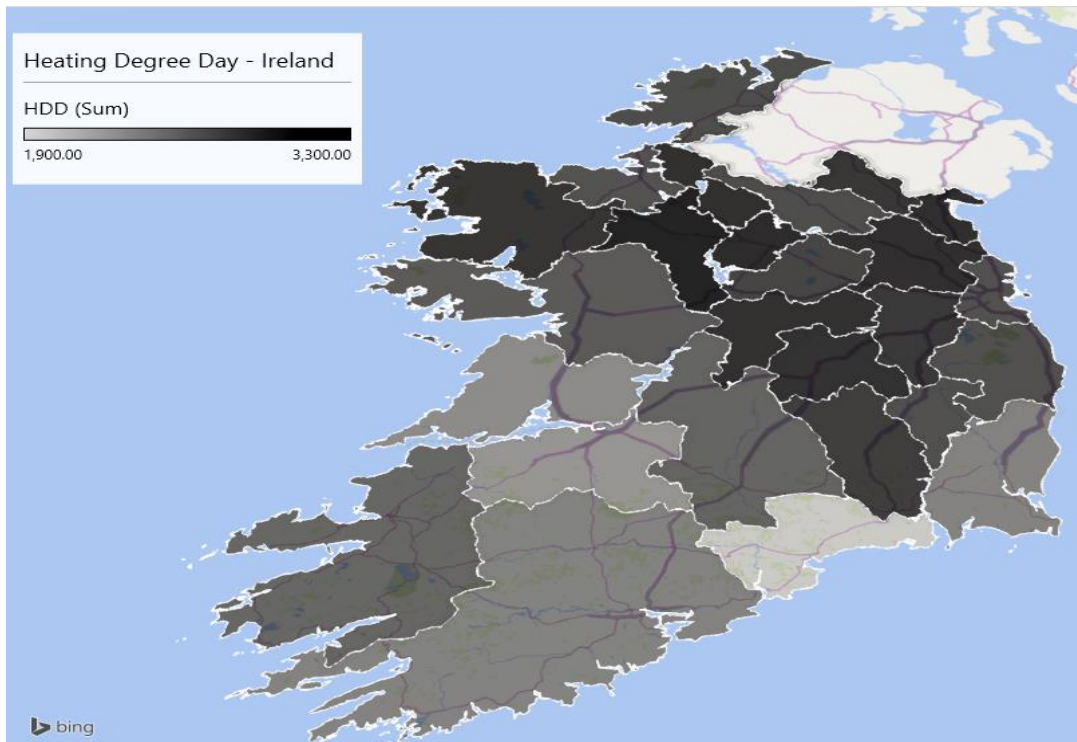
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171

Figure 1: HDD of the different regions for Ireland made using Eq. 1

172 T_h is the threshold temperatures for heating. The positive sign above the parentheses indicates that
 173 only values greater than zero are considered since it represents the threshold after which energy is
 174 required for thermal comfort. The outdoor air temperature, T_o , is calculated using the average of the
 175 daily maximum and minimum values (Eq. 2).

$$T_o = \frac{T_{max} + T_{min}}{2} \quad (2)$$

176 The HDD for all regions in Ireland calculated from Eq. 1 and 2 is plotted in

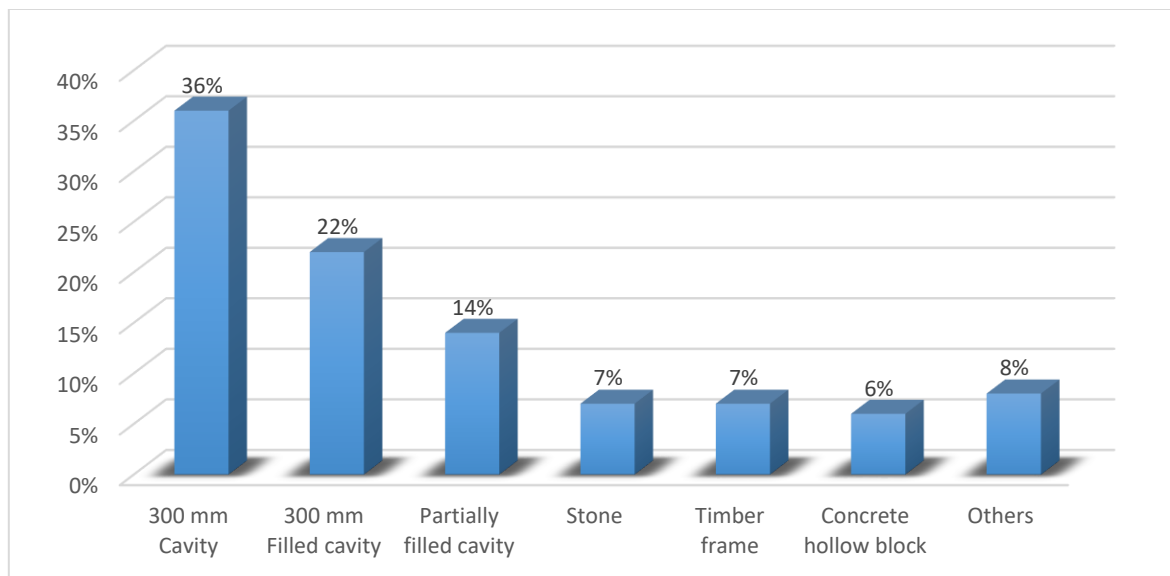


177

178 Figure 1. It shows that the variation of HDD across Ireland is relatively small, with a standard
 179 deviation of 357 about a mean of 2793.

180 2.2 Selection of the external wall structure and Fuel

181 The aim of this study is to investigate the optimum insulation thickness among the most commonly
 182 used Irish residential building wall types in order to inform decisions with regard to energy efficiency
 183 retrofits. Initially, the most common existing wall constructions were identified by combining publicly
 184 available Building Energy Rating (BER) [87] and Tabula [88, 89] databases in Figure 2. Similarly,
 185 the most used heat energy source in Ireland was determined from the same data sets. As Figure 2
 186 shows, 300 mm cavity walls are the most common in Ireland, followed by a 300 mm filled cavity and
 187 partially filled cavity walls. The remaining wall construction type and material are dispersed across
 188 several lesser used scenarios such as stone and timber frame.



189

190 **Figure 2: Classification of the wall types in Ireland**

191 2.3 Wall configuration

192 The wall configurations for the most common wall types in Irish homes were decided in accordance
 193 with the NSAI Code of Practice for the Energy Efficient Retrofit of Dwellings (S.R.54) [8] and are
 194 listed in Table 1. In this study, only solid walls (W1, W2), hollow concrete block walls (W3), and cavity
 195 walls (W4) are considered, as they represent the majority of the residential building stock in Ireland.
 196 Typical layering for externally insulated walls consists of internal plaster, brick/concrete/cavity block,
 197 insulation, and external plaster.

198 **Table 1: Structural configuration of walls considered in this study.**

No.	Layer1 (Thickness)	Layer2 (Thickness)	Layer3 (Thickness)	Layer4 (Thickness)	Layer5 (Thickness)	$U_{(un)}$ * Value ($W/m^2 K$)
-----	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------	-------------------------------------

W1	Plaster (20 mm)	Brick (225 mm)	Insulation (varies)	Plaster (20 mm)		2.1
W2	Plaster (20 mm)	Concrete (225 mm)	Insulation (varies)	Plaster (20 mm)		3.8
W3	Plaster (20 mm)	Cavity block (225 mm)	Insulation (varies)	Plaster (20 mm)		2.9
W4	Plaster (20 mm)	Brick (100 mm)	Insulation (varies)	Brick (100 mm)	Plaster (2 mm)	2.5

199 * "un" means un-insulated wall

200 In this study, the optimum insulation thickness of external walls is calculated by using three
 201 types of energy sources for heating and three insulation types in buildings for each county of
 202 Ireland. Specification of fuel and insulation type used in this study is shown in Table 2 and

203 Table 3 respectively. This study assumes that all old boiler systems will eventually be
 204 replaced to meet the minimum required efficiency of 90% as per Part L technical guidance document
 205 [90] and when electricity is used for heating the efficiency can be considered 100% [91].

206 **Table 2: Thermal conductivities and cost of insulation [8]**

Insulation materials (m)	Thermal conductivity (W/mK)	Cost (€/m ³)
Expanded Polystyrene (EPS)	0.031	78
Polyisocyanurate (Poly)	0.023	188.8
Rock wool (RW)	0.038	114.5

207

208 **Table 3: Parameters of the fuels considered [89, 92]**

Heating Fuel (hf)	Hv ¹ (kWh/unit)	Efficiency ² (η)	CO ₂ emission factor ³ (kg/kWh)	Cost (€/kWh)
Electricity (E)	1(kWh)	1	0.4366	0.1992
Heating Oil (HO)	10.55 (litre)	0.9	0.2736	0.0788
Main gas (MG)	1(kWh)	0.9	0.2047	0.0922

209

210

211

212

1. Heating fuel value, or calorific value, is the amount of heat released during the complete combustion process
2. Efficiency is the amount of useful heat produced per unit of input energy (fuel)
3. CO₂ emission factor is an estimate of greenhouse gas emissions per unit of human activity (space heating)

213

2.4 Heat loss through the multi-layered wall

214

During the heating season, buildings experience heat loss from the warmer indoor to the colder

215

outdoor environment. Heat loss occurring through a unit surface area of a multilayer wall, i.e. the

216

heat flux, q_l , can be determined as,

$$q_l = U(T_i - T_o) \quad (3)$$

217

where U is the overall heat transfer coefficient or "U-value" (m²K/W). For the uninsulated wall, the

218

overall heat transfer coefficient is given by considering the series sum of the individual thermal

219

resistances represented in the thermal network, depicted in Figure 3, such that U_{un} , (suffix un refers

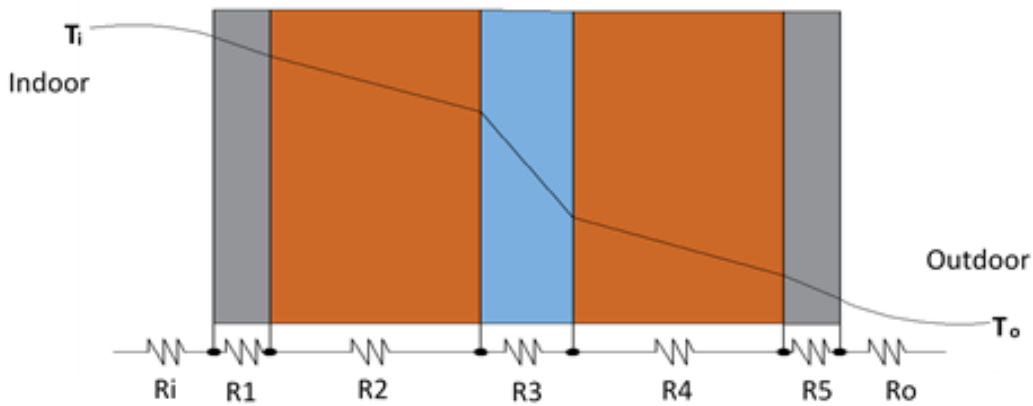
220

to uninsulated).

$$U_{un} = \left(\sum_{i=1}^N R_i \right)^{-1} = \left(\frac{1}{h_o} + \frac{x_1}{k_1} + \frac{x_2}{k_2} + \dots + \frac{x_n}{k_n} + \frac{1}{h_i} \right)^{-1} \quad (4)$$

221 Here, k_1, k_2 etc. are the thermal conductivities of the individual layers of wall, and x_1, x_2 etc. are their
 222 respective thicknesses. At the exposed surfaces, h_o and h_i represent the outer and inner surface
 223 heat transfer coefficients. For the said wall, the net thermal resistance (R_{wall}), often referred to as
 224 the R-Value, is thus,

$$R_{wall} = \frac{1}{U_{un}} \quad (5)$$



225
 226 **Figure 3: Thermal impedance network for a typical multi-layered wall**
 227

228 The purpose of retrofit insulation is to add additional thermal resistance to the wall structure, which
 229 for a given set of external thermal boundary conditions, reduces the magnitude of the heat transfer.
 230 Therefore, the overall thermal resistance of the wall with insulation can be expressed as,

$$R_{tot,ins} = R_{wall} + R_{ins} = R_{wall} + \frac{x_{ins}}{k_{ins}} \quad (6)$$

231 where x_{ins} is the insulation thickness and k_{ins} is the thermal conductivity of the insulation material.
 232 Thus, the overall heat transfer coefficient, $U_{tot,ins}$, for a wall with an added layer of insulation
 233 becomes,

$$U_{tot,ins} = \frac{1}{R_{wall} + R_{ins}} \quad (7)$$

234
 235 The daily heat energy loss through the unit area of the wall can be expressed as the product of the
 236 heat flux and time. Here the time represents the number of seconds in one day i.e. the product of
 237 the number of seconds in one hour (3600 seconds) and the number of hours in one day (24 hours)
 238 which equals to 86400 seconds.

$$Q_l = 86400U(T_i - T_o) \quad (8)$$

239 Thus, theoretically, a calculation needs to be performed for every heating day of the 365-day
 240 calendar year. If the average outside temperature were to be represented by $T_{o,1}$ on day 1, $T_{o,2}$ on
 241 day 2, and so on up to $T_{o,365}$, the quantity of heat lost through the unit area of the wall for the whole
 242 year can be expressed as,

$$Q_{Ahl} = 86400U(T_i - T_{o,1}) + 86400U(T_i - T_{o,2}) + \dots + 86400U(T_i - T_{o,365}) \quad (9)$$

243 or more succinctly as

$$Q_{Ahl} = 86400U \sum_{n=1}^{n=365} (T_i - T_{o,n}) \quad (10)$$

244 Combining this with Eq. 3, the annual heat lost from the multi-layered wall can be simplified to [85,
 245 93]

$$Q_{Ahl} = 86400HDDU \quad (11)$$

246 Annual heat loss Q_{Ahl} can then be used, alongside the efficiency of the heating system, to determine
 247 the amount of energy supplied annually E_{Ah} by the heating unit as [85, 93],

$$E_{Ah} = \frac{Q_{Ahl}}{\eta} \quad (12)$$

248 **2.5 Calculation of optimum insulation thickness and annual cost**

249 Optimising insulation material, thickness, and position for given wall type and boundary conditions
 250 can lead to the reduction of energy used by the heating system. However, as the thickness of
 251 insulation increases, the cost of the insulation material increases, and a balance must be met
 252 between what is desired and what is economically practical. Considering this, cost analysis should
 253 be included in the calculation of suitable insulation thickness [42, 56].

254 In this study, the so-called ($P_1 - P_2$) method of Life Cycle cost analysis is used. This is widely
 255 used in energy technologies and related studies [94, 95] and it has previously been applied for
 256 evaluating the optimum insulation thickness [42, 46, 47, 56]. In this method, P_1 (Eq. 13) is the life
 257 cycle energy related to the market discount rate, which is calculated based on the present worth
 258 factor (PWF), which estimates the current worth of the sum of investments that is to be received at
 259 some future date. The determination of the present worth of one euro (for example) needed n periods
 260 (in years) in the future, with the market discount rate 'd' and inflation rate 'i' per period is given by
 261 Eq. 13 [96].

$$P_1 = (1 - C i)PWF(n, i, d) \quad (13)$$

262 The parameter 'C' in Eq. 13 refers to whether rental income is earned for the property. For owner
 263 occupied buildings C=0 and rented buildings C=1. This analysis considers buildings which are only
 264 owner occupied because in Ireland approximately 71% of the buildings are owner occupied [97].
 265 Therefore, Eq. 13 becomes:

$$P_1 = PWF(d, i, n) = \sum_{j=1}^n \frac{(1+i)^{j-1}}{(1+d)^j} = \begin{cases} \frac{1}{d-1} \left[1 - \left(\frac{1+i}{1+d} \right)^n \right], & i \neq d \\ \frac{n}{1+i}, & i = d \end{cases} \quad (14)$$

266 In this analysis method, P_2 (Eq. 15) is the ratio of the life cycle expenditures incurred because of the
 267 additional capital investment to the initial investment, and can be defined as Eq. 15 [96]:

$$P_2 = D + (1 - D) \frac{PWF(0, d, n_{\min})}{PWF(0, m, n_L)} + M_s PWF(0, d, n_{\min}) - \frac{R_v}{(1+d)^n} \quad (15)$$

268 D is the ratio of down payment to the initial investment, M_s is the ratio of the first year miscellaneous
 269 costs to initial investment, R_v is the ratio of the resale value at the end of the analysis period to initial
 270 investment, n_L is the term of the loan and n_{\min} is the year over which mortgage payments contribute
 271 to the analysis period [96, 98]. The parameters of P_2 are highly variable and differ depending on
 272 wall/house construction, ownership, year of purchase and resale, the economy etc. Furthermore, the
 273 availability of this data is very limited. For these reasons, additional capital investment is not
 274 considered for this study, as is common practice in the literature [43, 99]. Therefore, the value of P_2
 275 is taken as unity here by assuming D is equal to one (no down payment is made during the purchase
 276 of the building), M_s equals to zero (by ignoring miscellaneous costs such as insurance and
 277 maintenance), and R_v equal to zero (means the building is considered to not be sold in the future).
 278 No previous Degree Day research was identified which includes values for D, M_s , and R_v resulting
 279 in a P_2 that is not equal to 1. A brief variational study was therefore conducted. By increasing the
 280 ratio of down payment value by 25% and miscellaneous cost by 1%, P_2 showed a positive variation
 281 of 2.3% and 9%. A negative variation of 5.6% was observed in P_2 when the resale value was
 282 increased by 10%. Any variation (positive/negative) experienced by P_2 , is directly reflected in total
 283 cost, as P_2 is the linear function of the total cost. Therefore, the parameter values in Eq. 15 are
 284 highly sensitive in influencing the overall results in the analysis and require further research in order
 285 to enhance reliability when using this equation in HDD research.

286 Based on P_1 and P_2 , the annual total cost expended on the energy consumed by the
 287 multilayered wall (C_t) can be calculated as:

$$C_t = P_1 C_F + P_2 C_{ins} \cdot x_{ins} \quad (16)$$

288 where C_{ins} and x_{ins} are the cost of insulation per unit thickness and thickness of insulation
 289 respectively. C_F is the unit price of fuel (€/kg), which is calculated as the product of the cost of the
 290 fuel per unit (C_f) to the amount of fuel consumed annually (m_{Af});

$$C_F = C_f m_{Af} \quad (17)$$

$$m_{Af} = \frac{E_{Ah}}{H_v} \quad (18)$$

291 Therefore, the total cost depending on the heat loss of the building can be calculated as,

$$C_t = \frac{86400 PWF HDD C_F}{H_v \eta (R_{wall} + R_{ins})} + P_2 \cdot C_{ins} \cdot x_{ins} \quad (19)$$

292 The net energy saving (S_{net}) obtained over the lifetime of the building (10 years) is the difference
 293 between the energy-saving cost for the insulated building and the insulation payout [5], such that,

$$S_{net} = S_{ins} - P_2 \cdot C_{ins} \cdot x_{ins} \quad (20)$$

294 where S_{ins} is the energy savings due to the addition of insulation which can be calculated as the
 295 difference between the energy cost of the non-insulated and insulated building;

$$S_{ins} = \frac{86400 PWF HDD C_F}{H_v \eta} \left(\frac{1}{R_{wall}} - \frac{1}{(R_{wall} + (R_{ins}))} \right) \quad (21)$$

296 The payback period of the insulation cost, P_b is simply calculated by setting the net saving function
 297 to zero. For the case when $i \neq d$ the payback period can be estimated as,

$$\left[\frac{\frac{86400 HDD \cdot C_F (T_i - T_o) - H_v \cdot \eta \cdot P_2 \cdot C_{ins} (k_{ins} R_{wall}^2 + R_{wall} \cdot x_{ins}) (d - i)}{86400 HDD \cdot C_F (T_i - T_o)}}{\ln[1 + i] - \ln[1 + d]} \right] \quad (22)$$

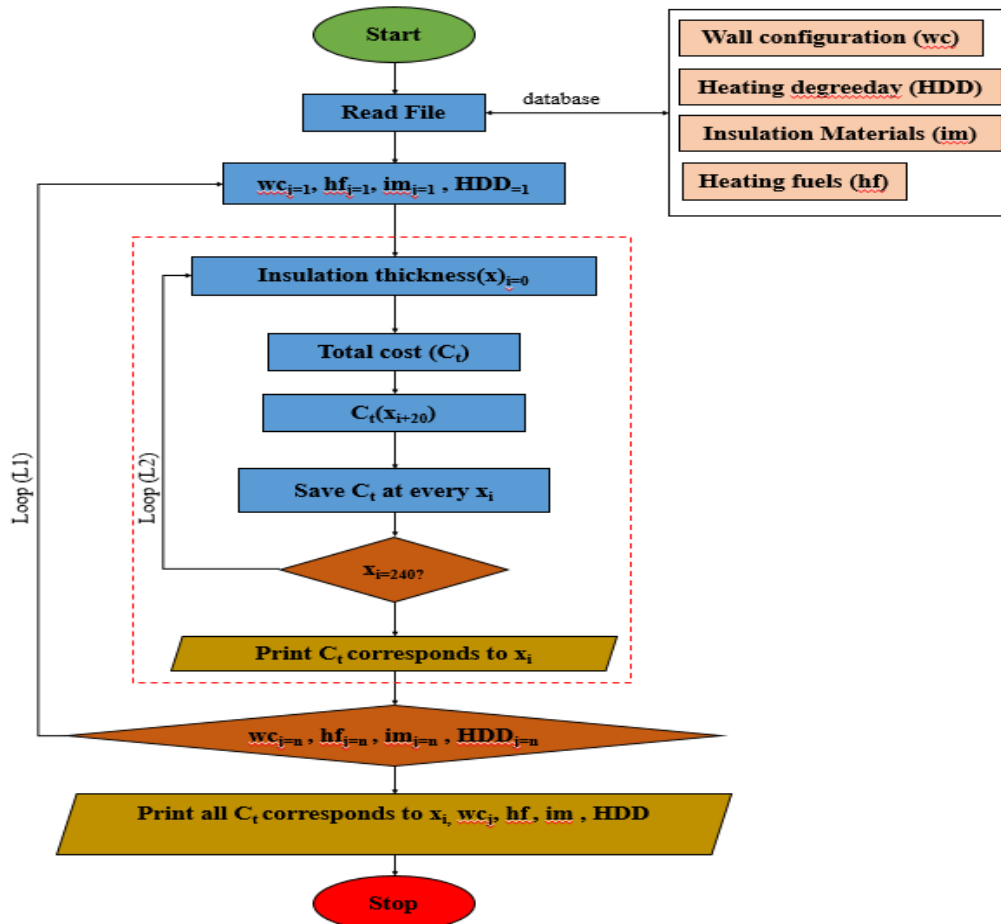
298 whereas for the case when $i = d$ this reduces to,

$$\frac{P_2 \cdot C_{ins} (k_{ins} R_{wall}^2 + R_{wall} \cdot x_{ins}) (1 + i)}{86400 HDD \cdot C_F (T_i - T_o)} \quad (23)$$

299 The optimum insulation thickness of the multi-layered wall is then obtained by taking the first
 300 derivative of net saving, S_{net} , with respect to the insulation thickness, x , and setting the derivative
 301 function equal to zero. The optimum insulation thickness, x_{op} , is thus,

$$x_{op} = \sqrt{\frac{86400 k_{ins} PWF HDD C_F (T_i - T_o)}{H_v \eta C_{ins} \cdot P_2}} - k_{ins} R_{wall} \quad (24)$$

302 An in-house computer code was developed to solve the relevant equations based on input
303 parameters. The flow chart of the code is depicted in Figure 4. The input parameters wc, HDD, im
304 and hf as obtained through literature search were defined in an input database file (excel file). The
305 programme was coded in such a way that at every iteration it accesses the information from the input
306 database file and runs the calculation. The number of iterations is dependent on the number of wall
307 configurations (wc), HDD value, insulation materials (ins), and heating fuels (hf) used. The loop
308 function (L1) is used to perform the series of iterations from the 1st combination of input parameters
309 (j=1) to the nth input parameter (j=n) defined in the database. Once the code performs n iterations it
310 saves all the data corresponding to insulation thickness (xi) and total cost (Ct). Each combination of
311 the input parameter is solved for varying insulation thickness i.e. from i=0 to i=240mm at an interval
312 of 20 mm. To perform the iteration for varying thicknesses another loop function L2 was used inside
313 L1. For each combination of the input parameter and insulation thickness, yearly heat loss and the
314 total cost were calculated using Eq. 11 and Eq. 19 respectively. Finally, the total cost (C_i)
315 corresponding to all combinations of the input parameter and insulation thickness is saved into the
316 output database file.



317
318 **Figure 4: Flow chart of the computer code for optimisation of insulation thickness**
319

320 **2.6 Statistical Analysis**

321 The results obtained for optimum insulation thickness and cost savings by solving Eq. 24 and Eq.
322 20 respectively are used to find the standard relationship between HDD and OIT. Further, the data
323 was analysed to compare the performance of each combination of wall, fuel, and insulation. The
324 regression model was used to find the standard relationship between HDD and OIT and Analysis of
325 Variance (ANOVA) was used to compare the performance of the wall, fuel, and insulation
326 combination

327 **2.6.1 Linear regression model**

328 A standard relationship is established between OIT and HDD under the considered thermal and cost
329 parameters. The average OIT of all wall types with different combinations of heat source and
330 insulation under different HDD regions across Ireland was considered. The data was analysed by
331 using the regression model. The relationship between optimum insulation thickness and HDD shows
332 a linear relationship [100]. This linear relationship with respect to different insulation materials and
333 heating sources can be expressed in the form,

334
$$\text{OIT} = a + b t + e \quad (25)$$

335 Where the independent variable $t = \sqrt{HDD}$, 'a' is the intercept and 'b' is the regression coefficient
336 which measures the amount of change in OIT by a unit change in HDD. The intercept 'a' and the
337 regression coefficient 'b' were estimated by the ordinary least square (OLS) method [101] by
338 minimising the error sum of squares for each wall type under the assumption that error term 'e'
339 follows a normal distribution with 0 mean and constant variance.

340 **2.6.2 Analysis of Variance (ANOVA)**

341 Analysis of Variance is carried out in order to compare the performance of each combination of wall
342 type, fuel, and insulation (example of a combination being W1-E-EPS) based on their mean values
343 of OIT and cost savings obtained for all HDD regions in Ireland. This is in order to determine what
344 variable combinations are significantly different to the others. A statistical technique is used which
345 compares the mean performance of the walls and depicts how differently these walls perform from
346 one another. This technique, which compares the samples on the basis of their mean values is called
347 Analysis Of Variance (ANOVA) [102].

348 In the analysis, each combination of wall configurations (example E-W1 in Appendix A

349 Table of Mendeley data attached to this article) is considered as a group. The ANOVA test
350 was conducted between groups (Table 5-10 of Mendeley data) to compare the mean performance
351 between them at a given level of significance. Typically in building energy research [103-105] this is
352 assumed to be 5% ($\alpha=0.05$). When the p-value is less than 5%, it indicates that the null hypothesis
353 is rejected (the null hypothesis states that there is no statistically significant difference) and,
354 therefore, there exists a significant difference between the groups.

355 A limitation of the ANOVA technique, as used here, is that it does not indicate which specific
356 group differs significantly from which. In order to identify the difference between a specific group's
357 mean values, the least significant difference (LSD) test is conducted [101, 102]. This test can only
358 be conducted when the results from ANOVA are significant. A non-significant difference can also
359 exist if the difference between the specific group mean values is less than the LSD value calculated.
360 Otherwise, it is considered significant [101].

361 **3 Results and discussion**

362 In this study, a thermal-economic analysis was conducted to determine the optimum insulation
363 thickness of retrofit insulated walls in different regions in Ireland. For this purpose, the effect of HDD

364 on optimum insulation thickness, heating demand, payback period, total cost savings, and quantity
365 of carbon emission is presented first. This is followed by the impact of different insulation materials
366 and heating sources used in Ireland. Finally, the influence of the most common wall construction
367 types in Ireland is investigated. Thermal-economic parameters used in the calculations are given in
368 Table 2. Regression analysis was carried out using Minitab (v19) to establish the standard
369 relationship of optimum insulation thickness with HDD in Ireland. To do so, HDDs across 25 regions
370 of Ireland were investigated for the most common wall construction types (Table 1) with different
371 combinations of insulation materials (Table 2) and heat energy types (Table 3), all commonly used
372 in Ireland. Although the results of the analysis such as optimum insulation thickness, payback period,
373 cost savings, and carbon emission for all 25 regions in Ireland were calculated, for conciseness the
374 results of four selected counties, which are representative of the range across the country, are
375 discussed. The cost analysis in this study is based only on insulation material costs. The cost of
376 labour, plaster, finishes, and other miscellaneous costs associated with installation and
377 transportation are neglected.

378 **3.1 Impact of different degree day regions in Ireland**

379 The first illustrative example considers a solid wall construction type (W1), insulated with EPS
380 insulation where natural gas is used as the heat energy source. The comparison of the four selected
381 counties Waterford, Roscommon, Clare, and Donegal is considered as representative of a range of
382 climate conditions in Ireland.

383 Figure 5 (a-d) shows the effect of insulation thickness on the total cost for different HDD
384 regions considered. It is observed that once the incremental addition of insulation begins, the heating
385 fuel cost starts to fall while insulation cost increases linearly. On the other hand, the total cost
386 decreases and then begins to increase at a minimum point. This minimum point occurs at the
387 optimum insulation thickness (OIT). Adding more insulation beyond this minimum point gives
388 diminishing returns on the energy saved while insulation cost continues to increase linearly. For
389 example, (a) shows the relationship between costs of the heat energy, insulation cost, and total cost
390 for Waterford (HDD=1983). It is observed that the cost of heating decreases by diminishing
391 increments with an increase in insulation thickness. The total fuel cost and the insulation cost
392 intersects at a minimum point (optimum insulation thickness) of $x_i=0.08$ m when plotted versus
393 insulation thickness. Similarly, Figure 5 (b-d) shows optimum insulation thickness values of 0.1 m,

394 0.12 m and 0.15 m obtained for Clare (HDD=2257) (b), Donegal (HDD=2844) (c) and Roscommon
 395 (HDD=3215) (d). A similar trend of results was observed for the walls investigated in the climatic
 396 region of Turkey [106], where it was found that the OIT for Erzurum (HDD=5293) was maximum (0.1
 397 m) compared to the milder climate of Izmir (HDD=1781) with thickness 0.05. This illustrates that the
 398 optimal insulation thickness is sensitive to the local climatic conditions, with an expected trend
 399 towards thicker optimal insulation for colder climates. Dublin being the highest populated county
 400 represents the greatest number of houses compared to other counties [97], HDD for Dublin varies
 401 approximately 9.4% across Ireland. However, Waterford was chosen for comparison as it
 402 experiences the lowest HDD in Ireland. Waterford is in the southeast region in Ireland where HDD
 403 varies by approximately 20%. Roscommon was chosen as it experiences the highest HDD in Ireland,
 404 here Roscommon is considered as the representative county for west, Midwest, and midlands region
 405 in Ireland where HDD varies by approximately 5%. Clare and Donegal were chosen as they
 406 experience the lowest and highest HDD after Roscommon and Waterford, respectively. Clare being
 407 representative of the southwest and mid-west region of Ireland where HDD varies by approximately
 408 8%. Donegal represents the northwest and northeast regions where HDD varies by 5%.

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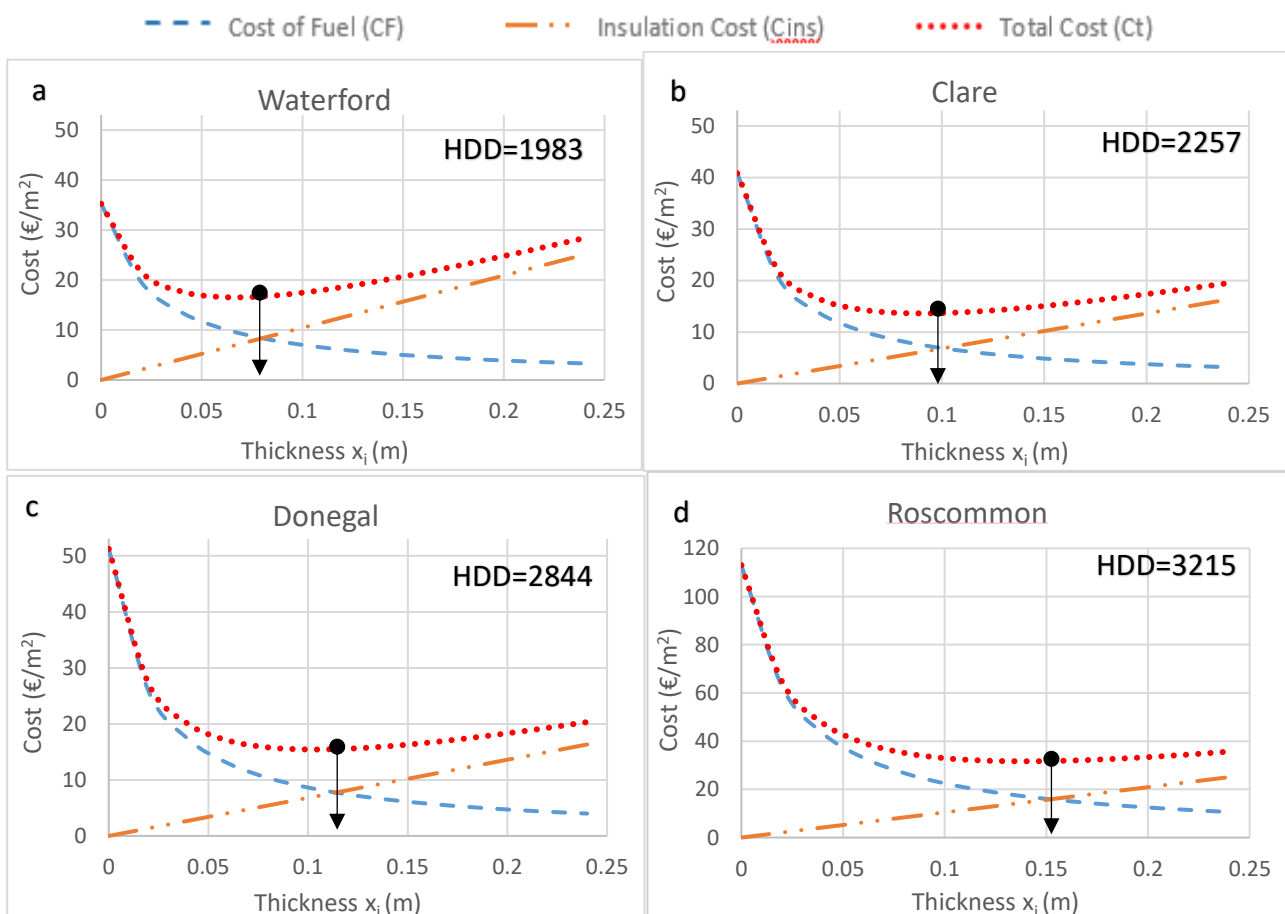
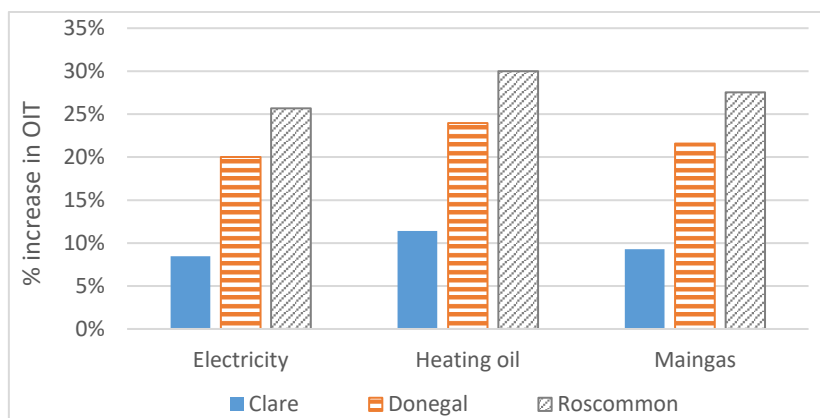


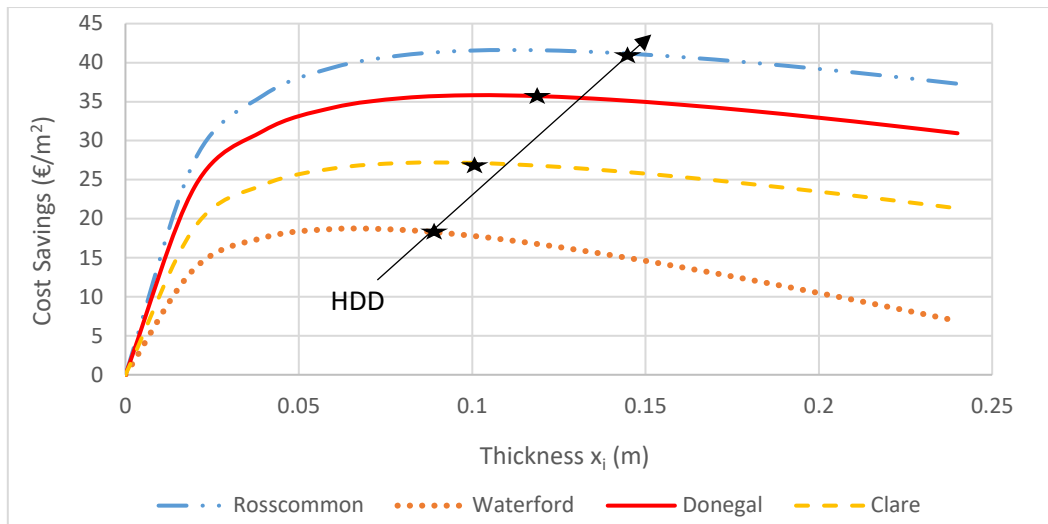
Figure 5(a-d): Variation of cost with insulation thickness for different HDD regions for electrical heating

415 Figure 6 shows that compared with Waterford, the colder regions (Clare, Donegal, Roscommon)
 416 Roscommon) have an increased optimum insulation thickness of 8.4%, 20.0%, 25.6% with electricity
 417 as the energy source and using the same insulation material for all. For heating oil as the energy
 418 source, this becomes an increase of 11.4%, 23.9%, 29.9% compared to Waterford or 9.2%, 21.5%,
 419 and 27.5% for gas. Thus, in terms of fixed insulation material, there is notable sensitivity of the
 420 optimal insulation thickness to both energy source and climate.



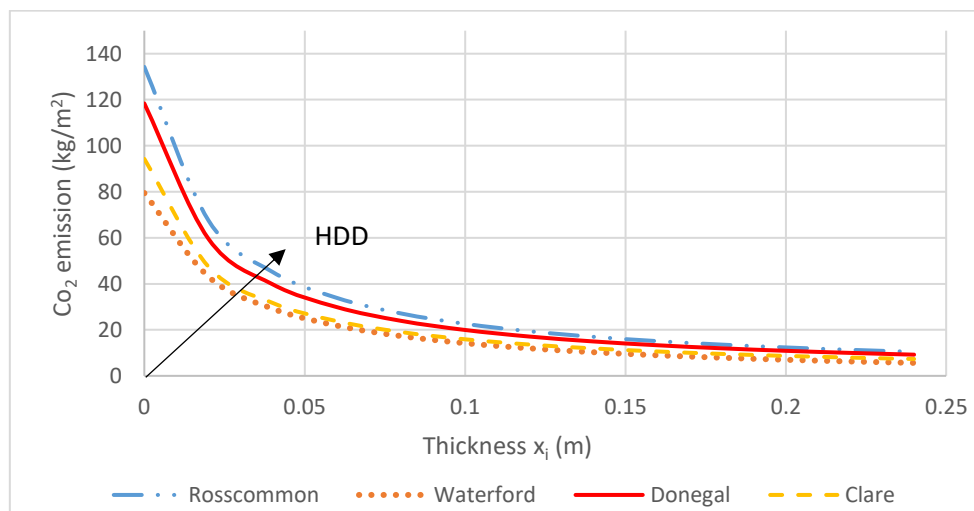
421
 422 **Figure 6: Comparison of increase of average OIT in Clare, Donegal, and Roscommon with Waterford**

423 Total heating cost savings per unit area of the wall located in these selected counties are
 424 depicted in Figure 7. The total heating cost savings is the difference in the total heating cost of the
 425 wall between uninsulated and insulated conditions. Total heating cost is calculated by adding the
 426 cost of the insulation and the present value of the energy spent to supply heat over the life span of
 427 the building. The total cost savings increases up to a maximum value at which the optimum insulation
 428 thickness is determined. Increasing the thickness beyond the optimum value decreases the total
 429 cost savings. Figure 7 shows that cost savings increase with increased insulation thickness and tend
 430 to decrease after the OIT. Maximum savings of 41.5 €/m² at the optimum insulation thickness
 431 condition is observed in the Roscommon, where HDD is comparatively higher than the other regions
 432 considered. This is followed by Donegal, Clare, and Waterford with savings of 35.5 €/m², 27.2 €/m²,
 433 and 18.5 €/m² respectively. This tendency of OIT with respect to HDD was also clearly illustrated in
 434 Bolatturk study [44], where results revealed that the wall at HDD= 5443 saw an increase in the
 435 annual savings in the range of 34% to 65% depending upon the heating source when compared to
 436 the wall at HDD=878. Thus, savings with OIT increases with an increase in HDD. Thus, both the OIT
 437 and level of annual savings increases with HDD.



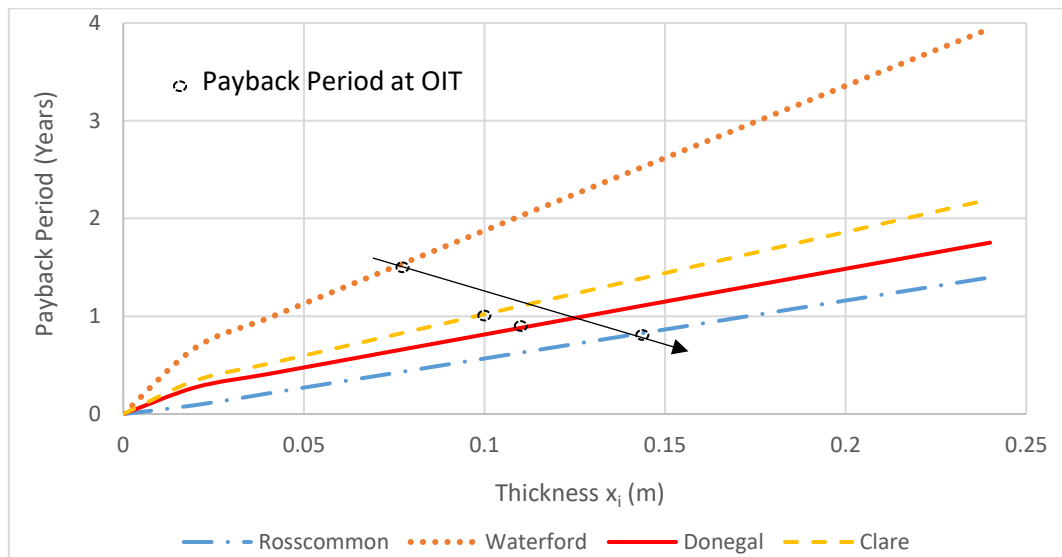
438
439 **Figure 7: Variation of annual cost savings versus insulation thickness for different HDD regions**

440 Figure 8 shows the variation of carbon emission versus insulation thickness for the different
441 Irish HDD regions considered. Less efficient boilers and less insulated homes will have higher
442 emissions of CO₂ [107]. As the figure shows, the CO₂ emissions decrease asymptotically with
443 increased insulation thickness, which agrees with previous studies [71, 108, 109]. It follows that
444 thicker insulation reduces annual heating demand and consequently the CO₂ emissions, though
445 beyond approximately 0.1 m, CO₂ emission reductions are marginal in all cases. It is observed that
446 CO₂ emissions increase with an increase in HDD as expected. At the optimum value of insulation
447 thickness, minimum CO₂ emissions of 15.0.04 kg/m² are achieved by the wall located in Waterford
448 which has comparatively low HDD=1983. For Clare (HDD=2257) this value is 17.4 kg/m², Donegal
449 (HDD=2844) is 19.2 kg/m² and Roscommon (HDD=3215) is 22.3 kg/m². Thus, the geographical
450 location of the wall across different HDD regions in Ireland has a significant effect (up to ~20%) on
451 the CO₂ emissions of the building for the cases considered here. This observation was also made
452 for walls investigated across the climatic regions of Turkey [110] and China [111].



453
454 **Figure 8: Variation of annual carbon emission versus insulation thickness for different HDD regions**

455 Figure 9 presents the Variation of payback period with insulation thickness for the different
 456 regions in Ireland considered in this work in order to illustrate the sensitivity to climate. The payback
 457 period depends on the amount of heat energy used by the heating system in the household. Since
 458 the amount of energy needed for heating can be reduced by adding insulation, the money invested
 459 in the addition of insulation can be recovered or 'paid back' using the money saved resulting from
 460 the reduction in heat energy usage. As discussed at the start of Section 4, for this present study the
 461 invested money only refers to the material cost of the insulation. The time taken to recover the
 462 additional cost through savings is typically referred to as the 'payback period'. If all costs incurred
 463 when retrofitting insulation were considered, the payback periods would be considerably longer,
 464 though the conclusions would remain the same. From Figure 9 it is observed that the payback period
 465 for insulation material increases linearly with an increase in insulation thickness and is notably longer
 466 for colder climates. The same trend was observed in the previous literature [44-47]. At optimum
 467 insulation thickness identified in Figure 9, the payback period for material costs ranges from 0.7
 468 years to 1.5 years for Roscommon, Donegal, Clare, and Waterford. It is noted that the application of
 469 thicker insulation for the higher HDD region is more costly while the material payback period is
 470 shorter, as is represented by the higher slopes for higher HDD regions. Therefore, the use of optimal
 471 thickness of insulation in higher HDD region is more advantageous.



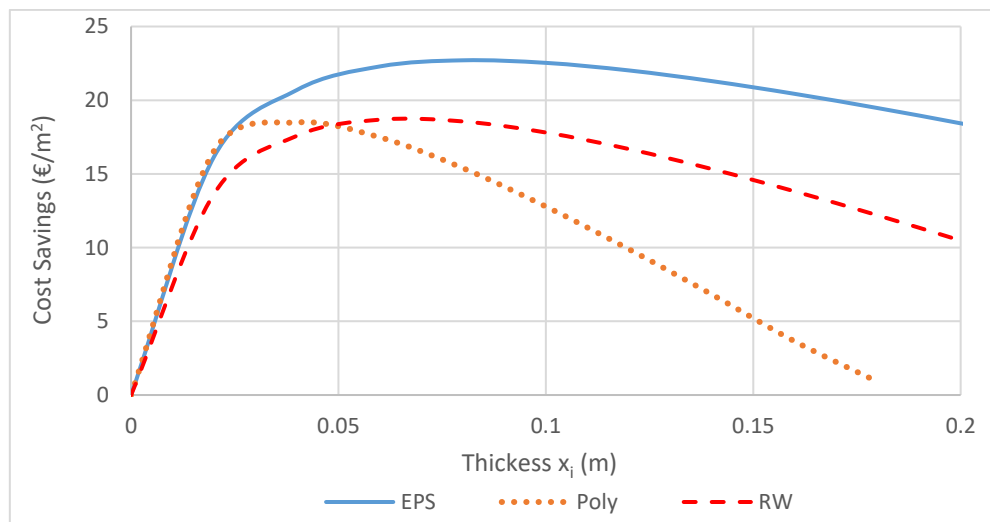
472 **Figure 9: Variation of annual payback period versus insulation thickness for different HDD regions**
 473

474 3.2 Impact of insulation material and energy source on optimum insulation thickness

475 Currently, in Ireland, there are several insulation materials that can be used for external walls. These
 476 materials have different thermal characteristics that can result in different heat loss behaviour of the wall
 477 system and, therefore, impact building heat energy consumption differently. Similarly, changing the

478 heating type impacts the overall heat energy and cost for the building. This section focuses on the impact
479 of insulation materials (Table 2) and heat source (Table 3) on optimum insulation thickness for the wall
480 (W1) located in the four selected provinces.

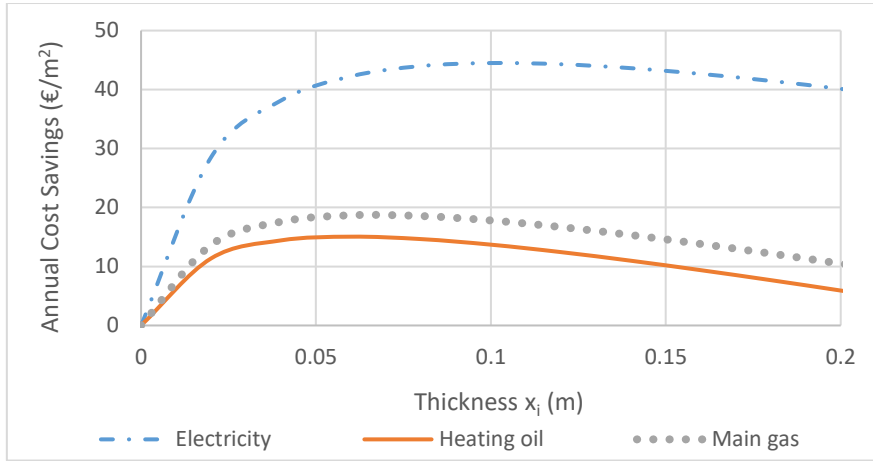
481 Figure 10 presents the variation of annual cost savings versus varying insulation thickness
482 with respect to different types of insulation material using the selected baseline case, which is the
483 wall (W1) located in Waterford with natural gas as heating fuel. It shows that annual cost saving
484 increases non-linearly with an increase in insulation thickness up to optimum insulation thickness
485 level for each material, though the trends are notably different. EPS has the largest cost savings of
486 approximately 22.7 €/m² for an optimum thickness of 0.08 m followed by Rockwool (maximum
487 savings of 19.2 €/m² for the optimum thickness of 0.06 m). Polyisocyanurate has the least savings
488 of 18 €/m² for an optimum thickness of 0.039 m. It should be noted, however, that Polyisocyanurate
489 achieves savings of only 20% less than EPS, though is half as thick. This is due to it being a higher
490 cost product and it is notable here that the savings potential and OIT is sensitive to the per m³ cost
491 of the insulation material. The identification that lower cost insulation results in the greatest savings
492 potential by OIT analysis was also found by Vincelas et al. [56].



493
494 **Figure 10: Variation of annual cost savings versus insulation thickness for different insulation**
495 **materials**

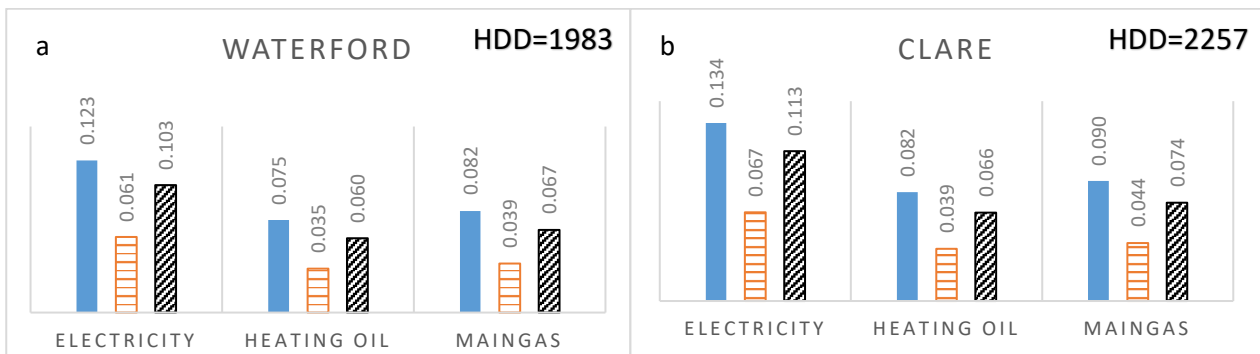
496 In addition to the insulation cost, maximum saving is also sensitive to the heating energy cost which
497 is clearly illustrated in Figure 11. Here it is observed that maximum savings and higher OIT are
498 shown when more costly heating energy sources are used, in this case, electricity. This was also
499 concluded by Vincelas et al. [56]. Electricity as the heat energy source resulted in potential savings
500 of approximately 44 €/m² for an optimum thickness of 0.1 m followed by mains gas with savings of
501

502 about 18 €/m² for the optimum thickness of 0.067 m. The lowest savings potential of 14 €/m² for
 503 optimum insulation thickness of 0.05 m was observed for the heating oil scenario.



504
 505 **Figure 11: Variation of annual cost savings versus insulation thickness for different fuel sources for**
 506 **Waterford**

507 Figure 12 (a-d) shows the optimum insulation thickness values with respect to insulation type
 508 and heating source for Waterford, Clare, Donegal, and Roscommon. Optimum insulation thickness
 509 is 50% greater for EPS than polyisocyanurate insulation. EPS is only 16% thicker OIT than Rockwool
 510 insulation with a payback period increasing approximately from 0.5 years to 1.2 years. These results
 511 agreed closely with all other counties considered. Using EPS as the insulation type, compared to
 512 electricity as the heat energy source, heating oil produces 40% lower OIT and main gas produces
 513 46% lower OIT. Similar results were found using polyisocyanurate or Rockwool as the insulation
 514 type. This indicates that the heating source has a very significant impact on OIT, a finding which is
 515 consistent across all 25 counties in the Republic of Ireland (data not shown).



516

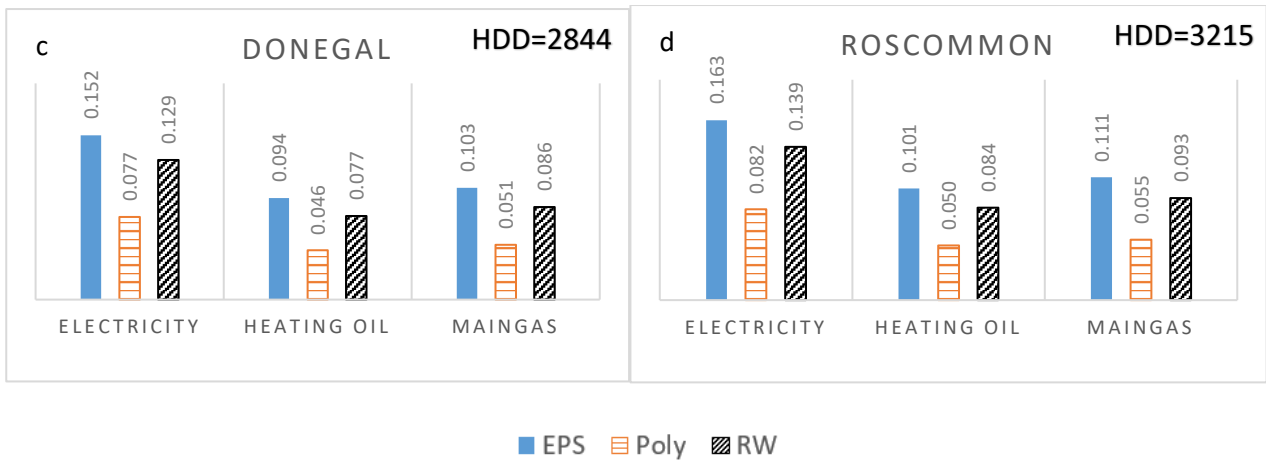


Figure 12(a-d): Optimum thickness of insulation to be used by different fuels (units in meters)

3.3 Impact of wall type on annual cost, payback period, and carbon emission

To illustrate variations resulting from wall type (Table 1), Rockwool insulation was chosen as it is commonly used in retrofitting. Mains gas was chosen as it is the most commonly used fuel source and the Dublin region was chosen as it represents the highest concentration of the Irish building stock. The total heating cost per square meter of the wall versus the insulation thickness of the external wall is depicted in Figure 13. The total heating cost is calculated by adding the cost of insulation material and the present value of the energy spent over the life span of the building.

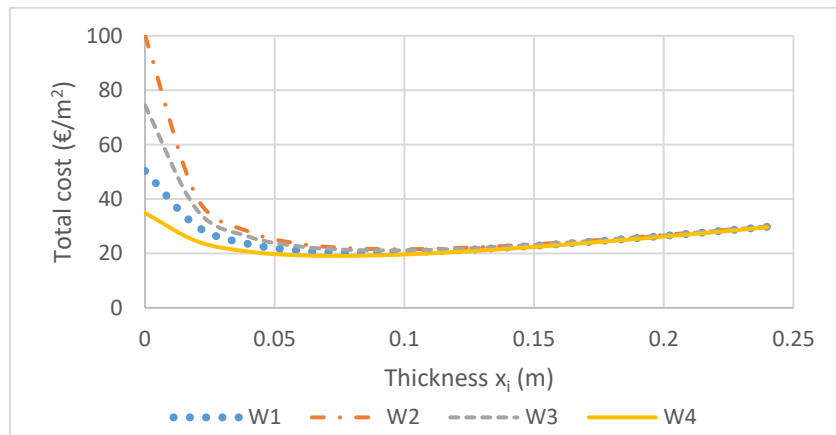
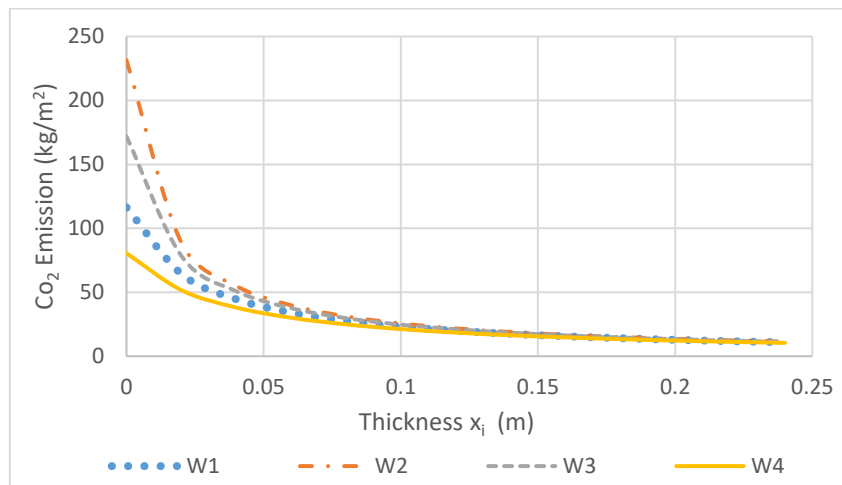


Figure 13: Variation of total cost versus insulation thickness for different wall types

From Figure 13 it is observed that heating cost decreases asymptotically with the increase in insulation thickness and thermal impedance for all wall types. For the no insulation scenario, the walls with lower thermal impedance showed the highest annual heating cost, for example, 90 €/m² for wall W2 (compared to 35 €/m² for W4). These low impedance walls also show a steeper initial descent as insulation thicknesses are increased. This is because the rate of increase in thermal impedance as insulation is thickened is very high initially for these walls, and therefore the reduction in total cost is more rapid. The graph indicates that after the optimum insulation thickness is achieved the total cost tends to increase marginally and is independent of wall type. This means that after OIT,

538 wall type has no influence on annual heating cost. This is due to the fact that as the insulation layer
539 becomes thicker, the contribution of the other layers (such as brick) to the overall thermal impedance
540 of the wall becomes minimal which agrees closely with the literature [42, 56].

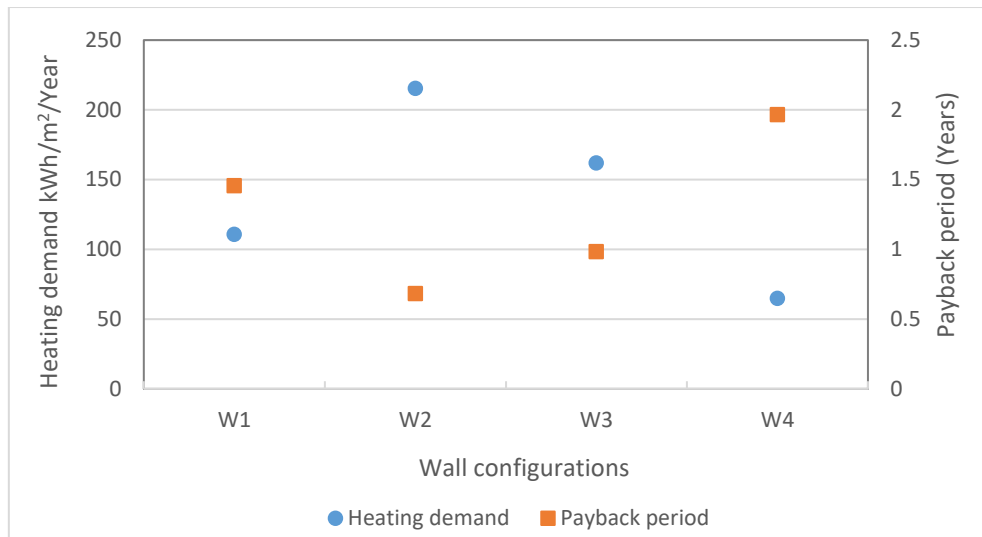
541 Similarly, Figure 14 shows that the CO₂ emission of the building has the same trend, at least
542 initially, as that of the total cost in Figure 13. CO₂ emissions decrease considerably with an increase
543 in insulation thickness up to the optimum point after which it continues to decline insignificantly. For
544 the no insulation scenario, values of 116.36kg/m² (W1), 231.55kg/m² (W2), 171.92 kg/m² (W3) and
545 80 kg/m² (W4) were obtained. The type of wall has a significant effect on the CO₂ emission of
546 buildings, of up to 65% reduction in the examined cases.



547
548 **Figure 14: Variation of annual carbon emission versus insulation thickness for different wall**

549
550 The variation of heating demand and payback period for different wall configurations at OIT,
551 using the Dublin region as an example, is shown in Figure 15. It follows that the lower the thermal
552 impedance of the wall, the higher the heating demand and the lower the payback period. From Figure
553 15 it is observed that amongst wall W1 to W4, wall W2 which has a lower thermal impedance,
554 experiences maximum heating demand, and the minimum payback period. The minimum heating
555 demand and the maximum payback period are obtained for wall W4 which has the highest thermal
556 impedance of the walls studied (approximately 20% higher than W2). This agrees with data from all
557 regions in Ireland (data not shown) with the average percentage of variation of 11% for heating
558 demand and 7% for the payback period.

559



560

561

Figure 15: Variation of payback period versus insulation thickness for different wall types

562

563 3.4 Standard relationship between OIT and HDD

564 The results from the regression analysis carried out using Eq. 25 are tabulated in Table 4. The results
 565 indicate that P-value for all the considered cases equals zero which is less than five percent i.e. 0.05
 566 indicating that each combination of the wall is significant at a 5 % level of significance. This means
 567 that there is a positive impact of HDD on OIT. For example, in the case of E-EPS, by a unit change
 568 in 't' (refer to section 2.6.1), there is a positive increase of 0.002984 units in OIT and it was found to
 569 be significant at 5 % level of significance.

570

Table 4 Standard relationship OIT based on HDD

WALL	a	b	P-Value
E-EPS	-0.0073	0.002984	0
E-POLY	-0.01473	0.001724	0
E-RW	-0.02435	0.002898	0
HO-EPS	-0.01981	0.002152	0
HO-POLY	-0.01458	0.001143	0
HO-RW	-0.0235	0.001949	0
MG-EPS	-0.04313	0.002757	0
MG-POLY	-0.01469	0.001236	0
MG-RW	-0.02413	0.002079	0

571

572 3.5 Analysis of Variance (ANOVA)

573 This section discusses the results of the ANOVA, carried out for the different combinations of wall,
 574 fuel, and Insulation materials, and the results are tabulated in table A1 to A6 in the appendix A
 575 section.

576 The results in Table A1 to Table A6, indicate that there exists a significant difference between
 577 the average performance of walls with different combinations of insulation materials and fuels, under

578 both OIT and cost savings. Since the P-value was found to be less than a 5% level of significance.
579 An example from Table A1 is used here to illustrate the methodology as follows. The average values
580 of the insulation (EPS, POLY, and RW) under E-W1 were found to be significant since P-value is
581 less than 0.05. It means that the average performance of the insulation with respect to OIT is
582 significantly different when applied to wall W1 operated under electricity (E). Then, in order to
583 determine which insulation performed most differently from which, a pair-wise comparison between
584 the group means was conducted based on the LSD value calculated (for detailed calculations refer
585 to [101, 102]). The difference between the average performance with respect to OIT of EPS and
586 POLY was found to be 0.0737. Since this difference is greater than the LSD value (0.0053), it is
587 concluded that there is a significant difference in the average performance between EPS and POLY.
588 Similarly, this comparison holds true for all other possible combinations (EPS v/s RW, RW v/s POLY).
589 Among the three insulation types, POLY performed well since it has the lowest mean value of OIT
590 and cost savings. Among all other combinations considered the combination POLY-HO-W4
591 performed well with the lowest mean OIT of 0.038 m and mean cost savings of 12.106 €/m². Similarly,
592 this above discussion holds true for all other groups in Table A1 to Table A6 with all differences
593 between variables indicated being deemed significant.

594 **4 Conclusions**

595 The Irish housing stock is recognised as the least energy efficient in all of northern Europe. The
596 average Irish home uses 7% more energy than the average EU home and CO₂ emissions from the
597 sector are 58% higher [81, 112]. This study proposed the OIT of exterior building walls for 25 counties
598 of Ireland using the most recent data via Degree Day and Life Cycle Cost Analysis methods. This
599 study omitted the effects of any openings such as windows or vents as well as the influence of
600 external gains (e.g. solar gains). The calculation considered three different types of insulation
601 material, three heating sources, and four different types of wall configuration which are all common
602 to Ireland. The impact of OIT on annual energy cost saving and CO₂ saving for the unit area of the
603 walls were also implemented and the corresponding payback period was calculated. ANOVA was
604 conducted to analyse the statistical significance between group means when changing the
605 combination of wall, insulation, and heat source. The key findings obtained through this analysis are
606 as follows:

- 607 • Optimum insulation thickness increases with HDD. The average percentage increase in OIT from
608 lower heating degree day regions in Ireland to higher heating degree day region was in the range
609 of from 26-30%, depending on heating fuel used.
- 610 • The impact of optimisation of insulation, in terms of both CO₂ savings and total cost, increases
611 as HDD increases.
- 612 • Type of insulation material and heating source type has a significant impact on OIT. The average
613 OIT across the HDD region of Ireland varies from 0.038 m to 0.160 m depending on the
614 combination of insulation material, heat source, and wall type. The average minimum OIT (0.038
615 m) is achieved by cavity wall when POLY was used as an insulation material with heating oil as
616 a heating source. The maximum OIT (0.160 m) was observed for the combination of concrete
617 wall with EPS as the insulation material and electricity as a heat energy source.
- 618 • Optimum insulation thickness and cost savings increase as the cost of heating energy increases.
- 619 • Type of wall configuration also showed a significant influence on heating demand, annual cost,
620 and CO₂ savings. The annual heating demand increases when the thermal impedance of the wall
621 increases. The average savings achieved by walls at OIT in terms of both cost and CO₂ emission
622 can be ranked (from highest to lowest) as concrete wall, cavity block wall, brick wall, and cavity
623 filled wall.
- 624 • Analysis of variance indicated that each combination of wall, heating source, and insulation
625 material showed a significant difference at $\alpha=5\%$ level of significance.

626 The findings from this study indicate that, although thermal insulation is effective in oceanic
627 temperate climatic regions, it is more effective in higher HDD regions. It is found that by retrofitting
628 the external wall with OIT for all 28 regions in Ireland, an average cost saving of 75 - 180 €/m² can
629 be achieved and reduction in the carbon emission in the range of 27 - 28 kg/m³. Among the
630 considered wall configurations in this study, cavity filled walls and cavity block walls together are the
631 second most prolific in Ireland after unfilled cavity walls, therefore homes with these wall
632 configurations should be targeted in national retrofit plans.

633 The methodology presented in this paper can be adapted for countries where air conditioning
634 is rarely used, such as the UK, by inputting local climate, material, and wall data. It should be noted
635 that for the results presented here, retrofitting costs only include insulation material and omit labour,
636 transportation, and materials such as plaster finishes. Although the inclusion of these costs would

637 give a truer reflection of the total payback period, they are relatively independent of insulation
638 thickness and relatively constant between the combinations examined, particularly when comparing
639 the same wall types. Although the inclusion of these costs would likely have little impact on the
640 determined OIT, it would, however, provide a value for the total payback period and a truer reflection
641 of costs. It is therefore suggested that future work building on the present research seek to include
642 such costs. The results obtained in this study are solely for external wall insulation retrofit and the
643 results may vary when the whole building is assessed as a system. In this study, the annual heat
644 loss through the residential building walls is calculated using the HDD method. This is based on an
645 outdoor and indoor threshold temperature. The applicability of the findings would be greatly improved
646 in future HDD studies by using indoor set-point temperature data, if available, as this would allow for
647 the variation between buildings. Another drawback of the method presented here is that the influence
648 of thermal mass is neglected. It is evident that thermal mass plays a key role in the reduction of the
649 total heat loss in the buildings and in regulating the thermal comfort in the buildings. However, the
650 influence of thermal mass presents itself under dynamic boundary conditions [113]. Research is
651 ongoing to develop an understanding and impact of thermal mass, intermittent heating conditions,
652 external and internal gains, other insulation material, wall configuration, and heating sources on the
653 optimisation of insulation under the Irish context.

654

655 **Acknowledgements**

656 The presented research was graciously funded by the TU Dublin College of Engineering & Built
657 Environment Postgraduate Research Scholarship.

Appendix A

Table A1 Test of significance between insulations materials with respect to heating sources and walls under OIT

Groups Insulation	Mean Values of heating sources and wall configurations											
	E-W1	E-W2	E-W3	E-W4	HO-W1	HO-W2	HO-W3	HO-W4	MG-W1	MG-W2	MG-W3	MG-W4
EPS	0.1491	0.1593	0.1557	0.1400	0.0927	0.1027	0.0992	0.0837	0.1013	0.1114	0.1079	0.0922
POLY	0.0754	0.0829	0.0803	0.0688	0.0449	0.0524	0.0498	0.0383	0.0498	0.0573	0.0547	0.0432
RW	0.1273	0.1396	0.1353	0.1162	0.0780	0.0903	0.0860	0.0670	0.0843	0.0966	0.0923	0.0732
P VALUE	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
LCD	0.0053	0.0053	0.0053	0.0053	0.0046	0.0046	0.0046	0.0046	0.0042	0.0041	0.0042	0.0043

Table A2 Test of Significance between wall configurations with respect to heating source and insulation under OIT

Groups Walls	Mean Values of heating sources and insulations								
	E-EPS	E-POLY	E-RW	HO-EPS	HO-POLY	HO-RW	MG-EPS	MG-POLY	MG-RW
W1	0.1491	0.0754	0.1273	0.0927	0.0449	0.0780	0.1013	0.0498	0.0843
W2	0.1576	0.081686	0.13762	0.10107	0.051179	0.08732	0.10974	0.056081	0.09455
W3	0.1557	0.0803	0.1353	0.0992	0.0498	0.0860	0.1078	0.0547	0.0922
W4	0.1400	0.0688	0.1162	0.0837	0.0383	0.0670	0.0922	0.0432	0.0732
P VALUE	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
LSD value	0.0063	0.003372	0.005681	0.0042	0.0022	0.0063	0.0056	0.0024	0.0041

Table A3 Test of significance between heating sources with respect to walls and insulation materials under OIT

Groups Heat sources	Mean values of wall configurations and insulation materials											
	W1-EPS	W2-EPS	W3-EPS	W4-EPS	W1-POLY	W2-POLY	W3-POLY	W4-POLY	W1-RW	W2-RW	W3-RW	W4-RW
EPS	0.1491	0.1593	0.1557	0.1400	0.0754	0.0829	0.0803	0.0688	0.1273	0.1396	0.1353	0.1162
HO	0.0927	0.1027	0.0992	0.0837	0.0449	0.0524	0.0498	0.0383	0.0780	0.0903	0.0860	0.0670
MG	0.1013	0.1114	0.0860	0.0922	0.0498	0.0573	0.0547	0.0432	0.0843	0.0966	0.0923	0.0732
P VALUE	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000	0.0000
LCD	0.0055	0.0054	0.0057	0.0055	0.0027	0.0027	0.0027	0.0027	0.0054	0.0054	0.0054	0.0054

Table A4 Test of Significance between wall configurations with respect to heating source and insulation under cost savings

Groups	Mean Values of heating sources and insulations									
	Walls	E-EPS	E-Poly	E-RW	HO-EPS	HO-Poly	HO-RW	MG-EPS	MG-Poly	MG-RW
W1		75.63	68.02	68.52	28.958	24.016	25.78	34.85	29.495	30.002
W2		121.27	113.79	114.35	49.02	43.56	46.41	58.38	52.73	53.18
W3		179.42	113.43	114	48.87	43.41	46.24	58.2	52.54	53
W4		46.18	39.65	40.23	16.339	12.106	13.03	20.019	15.335	15.709
P value		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
LSD		8.9818	7.3252	7.3399	3.6533	2.9255	6.1881	4.0045	3.5639	3.5631

Table A5 Test of significance between insulations materials with respect to heating sources and walls under cost savings

Groups	Mean Values of heating sources and wall configurations												
	Insulations	E-W1	E-W2	E-W3	E-W4	HO-W1	HO-W2	HO-W3	HO-W4	MG-W1	MG-W2	MG-W3	MG-W4
EPS		75.63	171.66	122.02	46.18	28.958	70.8	49.02	16.339	34.85	83.91	58.38	20.019
POLY		68.02	163.12	113.79	39.02	24.016	65.18	43.56	12.106	29.495	78.09	52.73	15.335
RW		69.52	164.99	114.35	40.38	25.78	69.04	46.41	13.03	30.002	79.51	53.18	16.709
P		0.023	0.037	0.016	0.01	0.021	0.0352	0.0156	0	0.001	0.0157	0.036	0
LSD		5.91387 6	12.92055	9.279726	3.854379	3.418276	7.735423	5.480715	2.097841	2.902389	6.526535	4.673521	1.807456

Table A6 Test of significance between heating sources with respect to walls and insulation materials under cost savings

Groups	Mean values of wall configurations and insulation materials												
	Heat sources	W1-EPS	W2-EPS	W3-EPS	W4-EPS	W1-POLY	W2-POLY	W3-POLY	W4-POLY	W1-RW	W2-RW	W3-RW	W4-RW
E		75.63	171.66	122.02	46.18	68.02	164	113.79	39.02	68.52	163.99	114.35	39.38
HO		28.958	70.8	49.02	16.339	24.016	65.18	43.56	12.106	25.78	69.04	46.41	13.03
MG		28.958	83.91	58.38	20.019	29.495	78.09	52.73	15.335	30.002	78.51	53.18	15.709
P		0	0	0	0	0	0	0	0	0	0	0	0
LSD		4.05488	9.038129	6.587466	2.715856	3.931742	8.904528	6.281792	2.441125	4.671219	10.38023	7.425271	3.030847

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