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Evaluation of levels of antibiotic resistance in groundwater-derived E. coli isolates in the Midwest of Ireland and elucidation of potential predictors of resistance



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- 1 Evaluation of levels of antibiotic resistance in groundwater-derived *E. coli* isolates in the Midwest of
- 2 Ireland and elucidation of potential predictors of resistance

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- 29
- 30 Keywords: Groundwater monitoring, Groundwater quality, Antibiotic resistance, Health, Ireland
- 31
- 32

33 NOTE TO COPYEDITOR - PLEASE INSERT THE FOLLOWING AS A FIRST-PAGE 34 FOOTNOTE:

- 35 Published in the special issue "Hydrogeology and Human Health"
- 36
- 37

38 Abstract

39

Antibiotic-resistant (pathogenic and non-pathogenic) organisms and genes are now 40 acknowledged as significant emerging aquatic contaminants with potentially adverse human and 41 42 ecological health impacts, and thus require monitoring. This study is the first to investigate levels of 43 resistance among Irish groundwater (private wells) samples; Escherichia coli isolates were examined against a panel of commonly prescribed human and veterinary therapeutic antibiotics, followed by 44 determination of the causative factors of resistance. Overall, 42 confirmed E. coli isolates were 45 recovered from a groundwater sampling cohort. Resistance to the human panel of antibiotics was 46 47 moderate; nine (21.4 %) E. coli isolates demonstrated resistance to one or more human antibiotics. Conversely, extremely high levels of resistance to veterinary antibiotics were found, with all isolates 48 49 presenting resistance to one or more veterinary antibiotics. Particularly high levels of resistance (93 50 %) were found with respect to the aminoglycoside class of antibiotics. Results of statistical analysis 51 indicate a significant association between the presence of human (multiple) antibiotic resistance (p =52 0.002 - 0.011) and both septic tank density and the presence of vulnerable sub-populations (<5 years). 53 For the veterinary antibiotics, results point to a significant relationship ($p = \langle 0.001 \rangle$) between livestock 54 (cattle) density and the prevalence of multiple antibiotic resistant E. coli. Groundwater continues to be 55 an important resource in Ireland, particularly in rural areas; thus, results of this preliminary study offer 56 a valuable insight into the prevalence of antibiotic resistance in the hydrogeological environment and 57 establish a need for further research with a larger geological diversity.

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62 1. Introduction

Human and veterinary antibiotics are a group of micro-organic compounds which are 63 increasingly being identified as contaminants in sediments, groundwater, surface water, and 64 recreational waterbodies (Kümmerer 2003, Coleman et al. 2013, Wellington et al. 2013, Frey et al. 65 66 2015, Ma et al. 2015). Previous studies have reported multiple sources associated with the release of 67 these (and other) non-metabolized organic contaminants to the aquatic environment including hospital 68 effluents (Galvin et al. 2010), municipal sludge and effluents (Glassmeyer et al. 2005, Watkinson et 69 al. 2009), domestic wastewater treatment systems (Godfrey et al. 2007), landfill (Peng et al. 2014), 70 and agricultural manure application and storage (Colemen et al. 2013; Frey et al. 2015).

71 The presence of non-metabolized antibiotics and/or their by-products in the natural environment have been shown to result in qualitative and quantitative effects on resident non-pathogenic and 72 73 pathogenic organisms, resulting in the development and selection of resistant (and multi resistant) 74 bacterial strains through a process known as horizontal gene transfer and the clonal spread of this now 75 resistant bacteria (Kummerer, 2003; Wellington et al. 2013; Williams-Nguyen et al. 2016). The 76 primary human health concerns associated with the presence of antibiotics and antibiotic resistant bacteria (ARBs) in drinking water are two-fold, namely (i) potential direct toxic effects of the 77 78 antibiotic drug, and (ii) accumulation/proliferation of specific types of resistance that could potentially 79 lead to treatment failure (Williams-Nguyen et al. 2016). Holmes et al. (2007) speculate that antibiotic 80 concentrations in waterbodies located in developed regions are typically low and therefore, direct toxic effects to humans are unlikely. Conversely, chronic low-dose exposure to antibiotics may result 81 82 in proliferation of ARB and/or antibiotic resistant genes (ARG), potentially resulting in treatment 83 failure when bacterial infections do occur (irrespective of the pathogen source) (Wellington et al. 84 2013; Fernandes et al. 2015). Furthermore, recent evidence suggests that human gastroenteric 85 infection caused by antibiotic resistant pathogens are associated with increased severity, morbidity 86 and mortality rates, resulting in higher healthcare costs (CDCP, 2013). Of particular concern is the 87 proliferation of antibiotic resistance among vulnerable populations (i.e. <5 years, >65 years), among whom bacterial infections and subsequent complications are more prevalent (Parry & Palmer, 2000). 88

89 A recent national baseline reconnaissance of pharmaceuticals and other emerging organic contaminants in US groundwater found that 31.5% of samples were positive for the presence of a 90 91 veterinary or human antibiotics, the most prevalent of which was sulfamethoxazole (23.4% of 92 samples) (Barnes et al. 2008). Frey et al. (2015) recently reported on the presence of Campylobacter 93 tetracycline antibiotic resistant genes (tet(O)) in Canadian groundwater following land application of animal manures, with antibiotic by-products found up to 56 days post-application. Similarly, Li et al. 94 (2015) report that 63.6% and 86.1% of Escherichia coli and Enterococcus isolates from alluvial 95 groundwater samples associated with an irrigated agricultural region in California were resistant to ≥ 3 96 antibiotics. While the majority of studies examining the presence of antibiotics and/or antibiotic-97 98 resistant bacteria/genes in groundwater bodies have been undertaken in North America, a number of 99 similar European studies have been published in the international literature. For example, Morasch 100 (2013) reports on the presence of multiple micro-pollutants including antibiotic compounds 101 (sulfamethoxazole, norfloxacin, azithromycin, and trimethoprim) in a karst system in the Swiss Jura. 102 This is particularly relevant within the Irish context, due to the predominance of karstified limestones, 103 which underlie approximately 50% of the country. Morasch (2013) confirmed that the point of ingress 104 during the 10-month monitory period was a swallow hole draining an agricultural plain, while the 105 likely source of human antibiotics were domestic wastewater treatment systems. Similarly, Cabeza et 106 al. (2012) report on the presence of pharmaceuticals including three antibiotics (sulfamethoxazole, 107 sulfamethazine, and trimethoprim) in a deep confined aquifer over an extended period (3 years) in the 108 Llobregat Delta (Barcelona, Spain); while the authors note that the aquifer was artificially recharged 109 by tertiary treated wastewater (TTW) via injection wells thus representing a source of at least some of 110 the pharmaceuticals present, 10 pharmaceuticals were confirmed as not being derived from injected TTW, and were likely derived from agricultural activities and/or infiltration of poorly treated 111 wastewater. López-Serna et al. (2013) have shown that natural bank filtration from a river receiving 112 significant volumes of WWTP effluent from a large urban conurbation (Barcelona, Spain) was a 113 highly influential source of contamination, with adjacent groundwater exhibiting high ranges of 114 micro-organic compounds (including six antibiotics), and in some cases, in higher concentrations than 115 116 those from the river itself. Further afield, Maran et al. (2016) have recently examined the

117 antimicrobial susceptibility profile of bacteria from wells located in two Brazilian regions; in all, 26.7% and 64.4% of bacteria detected in groundwater samples (n = 45) exhibited antibiotic-resistance 118 and multi-drug resistance, respectively, with 91.1% of resistance associated with β -lactam antibiotics. 119 In Ireland, Galvin et al. (2010) found that effluent downstream of a hospital in the west of Ireland 120 121 was characterised by significantly increased concentrations of antimicrobial resistant E. coli than was found upstream. Thus, there is considered to be a high likelihood of the presence of antibiotics and 122 123 antimicrobial-resistant organisms in the Irish subsurface environment. The same study found that 124 wastewater treatment did not eliminate all antimicrobial resistant organisms; E. coli resistant to 125 cefotaxime, ciprofloxacin, and cefoxitin were present in treated effluents. Recently, Coxon (2014) 126 describes a number of international studies focusing on the presence and transport mechanisms of 127 antibiotics and antibiotic-resistant organisms in natural groundwaters, highlighting the point that, to 128 date, no similar studies have been undertaken in the Republic of Ireland.

129 The Republic of Ireland is characterised by a high (and long standing) reliance on unregulated, 130 private water wells and (regulated) on-site domestic wastewater treatment, a dispersed yet locally 131 dense rural settlement pattern (Scott & Murray, 2009), a unique agricultural profile, and diverse (and 132 frequently vulnerable) localised (hydro)geological settings. Previous studies have shown that private 133 wells in the Republic of Ireland are a significant source of pathogenic and non-pathogenic organisms, 134 therefore representing a public health concern (Bacci & Chapman, 2012; Hynds et al. 2012; Hynds et al. 2014; O'Dwyer et al. 2014; O'hAiseadha et al. 2017). Moreover, a recent Eurobarometer survey 135 has shown that Irish antibiotic use is significantly above the European mean; 43% of surveyed Irish 136 residents reported antibiotic usage during the previous 12-month period, compared with a European 137 mean of 35% (European Commission, 2013). 138

The current study is the first to investigate the presence of antimicrobial-resistant bacteria in Irish groundwater, and the role of anthropogenic (i.e. sources) and natural (i.e. pathways) drivers on levels of encountered resistance. Antibiotic susceptibility testing was carried out on groundwater derived *E. coli* isolates, followed by geo-spatial data extraction and analyses for elucidation of the sources and transport mechanisms associated with antimicrobial presence in Irish groundwater. Lapworth *et al.* (2012) predict that the number of emerging contaminants with defined drinking water standards, environmental quality standards, groundwater threshold values, and/or monitory requirements will
increase substantially over the coming decade; this is particularly likely with respect to antibiotics,
thus, improving our understanding of current spatial and temporal patterns should be prioritised in
order to inform future groundwater investigations and monitoring strategies.

149

150 2. Materials and Methods

151 **2.1 Study and sampling site description**

The study area is located in the Midwestern region of Ireland, encompassing three administrative counties, namely: Limerick, Clare and North Tipperary, extending 8,248 km²; 11% of the total area of the Republic of Ireland (Figure 1).

This region was selected for examination due to its high reliance on private water supplies (23,014 (17.3%), CSO 2012), and its proximity to appropriate laboratory facilities. The region is geologically diverse (Figure 2), and is variously underlain by bedded and un-bedded Dinantian limestone and Devonian sandstone derived bedrocks, in addition to volcanics and shale deposits.

Regional subsoils are similarly diverse; limestone, sandstone and shale tills are predominant in North Tipperary and Limerick, while large regions of County Clare are characterised by karstified outcrop/subcrop and therefore lacks substantial subsoil deposits. Climatologically, the Midwestern region is characterised by a higher annual rainfall and relative humidity than the national average due to its coastal Atlantic location (Met Eireann 2016).

Altogether, 125 untreated private groundwater wells were sampled three times (n =164 375) during October 2011- October 2012 (O'Dwyer et al. 2014). The water samples were collected 165 from households sought through a national online forum and thus are a random representation of the 166 study area; no selection bias in terms of geology, infrastructure, time of year etc. was applied. The 167 mean household size was 3.71 persons (S.D = 1.31) with 54.4% (n = 68/125) and 14.4% (18/126) of 168 households comprising a resident <5 years, and >65 years, respectively. The majority of sampled 169 supplies were a bored well (n = 98/125, 78.4%), with the remaining 21.6% (27/125) of supplies being 170 of the shallow hand-dug type; which is a higher reliance that the national average, estimated at around 171

172 10% (Hynds et al. 2012). Well age was recorded as part of the groundwater sampling process; 38.4%
173 (n = 48/125) of sampled wells were >25 years, while 20% (n = 25/125) of wells were <10 years.

- 174
- 175 2.2 Sampling and recovery of *E.coli* isolates

176 Water samples were taken from an (untreated) household tap subsequent to sterilization using 70% ethanol and allowing the water to run for 60 seconds to ensure samples were not taken from the 177 distribution system. Given the maximum volume of sample (100 mL) required for zero-dilution 178 bacteriological analysis, well water samples were collected in-situ in disposable 120 mL sterile 179 vessels containing sodium thiosulphate to negate any residual chlorine present. All samples were 180 stored in a cool environment and analysed within 4 hours. The most probable number (MPN) of E. 181 coli was enumerated using a standard ISO approved (ISO, 93083:1998) commercial culture kit 182 183 (Colilert, IDEXX Laboratories Inc., Westbrook Maine).

184 Colilert reagent contains two carbon sources which are selectively metabolised by most coliforms and E. coli present in the sample. The resulting metabolic reaction causes a discernible 185 186 colour change; yellow for total coliforms (TC) and fluorescent under a UV light source for E. coli. 187 Samples were transferred to a 51 "well" tray, heat sealed and incubated for 24 hours at 37°C. In all, 188 73 (n = 73/125, 54/8%) private groundwater supplies tested positive for the presence of E. coli over 189 the sampling period. (O'Dwyer et al. 2014). E. coli positive samples were recovered via pipetting 190 100µL of sample into 5 mL of Maximum Recovery Diluent (MRD) (Sigma-Aldrich, Saint-Louis, 191 MO, USA), followed by stirred aerobic incubation at 30°C for 1 hr at 145 rpm. Recovered E.coli isolates were subsequently cultured using an analogous method to that presented by Anderson & 192 193 Sobsey (2006), with reference strain E. coli ATCC 25922 cultured in parallel, thus permitting appropriate colony selection. Gram staining was carried out for all selected colonies. Presumptive 194 E.coli colonies isolated from MacConkey plates were purified and isolated on a Nutrient Agar (Oxoid, 195 Basingstoke, Hampshire, UK), followed by confirmation using API® 20E test strips (bioMerieux, 196 Hazelwood, MO, USA). In total, 42 confirmed E. coli isolates (pure cultures) were recovered from the 197 198 75 E. coli positive groundwater samples, the locations of which are presented in Figure 2.

200 **2.3** Antimicrobial susceptibility analyses

201 Antimicrobial susceptibility analyses were carried out for panels of both human (n = 13, n = 13)Table 1) and veterinary antibiotics (n = 8, Table 2) using the (susceptibility) disk diffusion method 202 203 (CLSI 2013, EUCAST 2016). The human panel of antibiotics are those are tested for frequently under 204 the Enterobacteriaceae using the EUCAST method. The veterinary panel of antibiotics are those that 205 are tested for routinely by the Veterinary Laboratory Service of the Department of Agriculture Food and the Marine in the Republic of Ireland. Agar plates were lawned with a pure E. coli culture after 206 which commercially prepared disks, each of which are pre-impregnated with a standard concentration 207 of a specific antibiotic, were evenly dispensed and lightly pressed onto the agar surface. Following 208 overnight incubation, the bacterial growth around each disc was examined and recorded. If the test 209 isolate is susceptible to a particular antibiotic, a clear area of "no growth" will be observed around 210 211 that particular disk. However, if the isolate is resistant, varying degrees of growth will remain. All susceptibility analyses were carried out on Müller-Hinton (MH) agar (Oxoid, Basingstoke, 212 Hampshire, UK) in accordance with the Clinical and Laboratory Standards Institute (CLSI), and 213 214 European Committee on Antimicrobial Susceptibility Testing (EUCAST) standards. Analytical results 215 for the human panel were interpreted using the EUCAST criteria for Enterobacteriaceae (EUCAST 216 2016) (Table 1) thus corresponding with recommended practice in Europe (Kahlmeter et al. 2003), 217 while the veterinary panel were interpreted using the CLSI criteria for Enterobacteriaceae (CSLI, 2013) (Table 2), which is in line with current Irish veterinary practice (DAFM, 2014). Isolates are 218 219 considered sensitive (S) when growth of the organism is inhibited by the antibiotic to a diameter 220 accepted by the specific criteria employed (EUCAST or CSLI). Where the organism has grown to a 221 diameter within the threshold of resistance, but is not yet classified as resistant, it is considered as exhibiting intermediate resistance (IR). Resistance (R) is characterised when the organism is not 222 effectively inhibited by the antibiotic according to the zone diameters outlined. Zone diameters for 223 the disc susceptibility tests were measured with Vernier callipers, with all analyses carried out in 224 triplicate. E. coli ATCC 25922 was included as a reference strain (control) for all susceptibility 225 226 analyses. All results were found to occur within recommended limits.

227 Results of antimicrobial susceptibility analyses were categorised on the basis of presence/absence of antibiotic resistance to each individual antibiotic within the diagnostic panel. 228 These results provide an overview of general levels of sensitivity and resistance among groundwater 229 E. coli to a broad range of commonly employed antibiotics. Subsequently, resistance and sensitivity 230 231 were categorised based on antibiotic classification (i.e. chemical structure); antibiotics grouped within are typically characterised by similar biochemical and molecular 232 a structural classification 233 mechanisms, in addition to analogous patterns of efficacy, toxicity, and allergic potential, and may 234 thus provide an overview of the antibiotic resistance mechanisms in the subsurface environment.

235

236 2.4 Spatially-derived variables and data sources

237 Site-specific and regional hydrogeological, agricultural and infrastructural features that could 238 be sources and/or pathways of resistance were identified through literature review. Data sources were 239 identified, extracted and collated via a Geographical Information System (ESRI ArcMap 10) in order 240 to develop a spatially linked database associated with all confirmed *E. coli* isolates. Data pertaining to 241 household composition, and particularly the presence of potentially vulnerable household residents (< 242 5 years and > 65 years), were recorded via a self-administered questionnaire which was completed in 243 concurrence with groundwater sampling. Completed questionnaires provided information regarding 244 both household demographics and infrastructural parameters relative to the sampled household groundwater source. The frequency (and regional density) of domestic wastewater treatment system 245 246 (DWWTS) (i.e. septic tank) reliance were extracted from the CSO Census of Ireland 2011 dataset, followed by spatial indexing to one of 3,400 pre-defined Census enumeration divisions termed 247 "Electoral Divisions" which are the smallest legally defined administrative areas in the State for 248 which Small Area Population Statistics (SAPS) are published. The Census of Agriculture (Central 249 Statistics Office, 2012) was finalised in 2009 for all agricultural holdings in the Republic of Ireland 250 with a "farmed area" \geq 1hectare (2.47 acres), in compliance with Regulation (EC) No. 1166/2008; 251 equivalent censuses were conducted in all EU member states during 2009/2010 (Central Statistics 252 253 Office, 2012). Census data were extracted spatially aggregated and used to calculate livestock (cattle) 254 populations and associated densities for each Electoral Division. Hydrogeological parameters

255 including groundwater vulnerability and aquifer type were spatially extracted using Geological Survey of Ireland (GSI) mapping resources, while local subsoil permeability data/layers were 256 similarly extracted and assigned using An Teagasc (Agriculture and Food Development Authority) 257 mapping data. All extracted variables were GIS-derived (i.e. assigned to distinct sampling point via 258 259 direct GPS coordinates or joined and related to the corresponding electoral division) using The Economic and Social Research Institutes (ESRI) ArcMap10. Census data (both agricultural and 260 261 infrastructural: DWWTs density) were spatially assigned at the Electoral Division level, while 262 hydrogeological data were assigned to the specific GPS coordinates recorded upon sample collection.

263

264 2.5 Statistical Analysis and Data Categorisation.

265 All variables were assessed for normality using the Kolmogorov-Smirnov test, in concurrence 266 with Q-Q plots. Resistance profiles (dependent variable(s)) were dichotomised into (i) Antibiotic 267 Resistance (AR), whereby an isolate either exhibits resistance to ≥ 1 antibiotic (AR Present) or 268 demonstrates no AR (AR Absent), and (ii) Multiple Antibiotic Resistance (MAR), whereby an isolate 269 exhibits resistance to ≥5 antibiotics (MAR Present) (McKeon, 1995) or does not (MAR Absent). 270 Resistance to ≤ 5 antibiotics was utilised to facilitate a more definitive segregation across the groups. 271 The Mann-Whitney U test was used to test for associations between non-parametric continuous 272 independent variables (Cattle Density, DWWTS Density, Household Size) and AR/MAR classification. Pearson's χ^2 tests were used to test for associations between categorical independent 273 274 variables (i.e. Presence of potentially vulnerable household resident (\leq 5 or \geq 65 years of age), Subsoil Permeability, Groundwater Vulnerability, Aquifer Importance) and the dependent variables 275 (AR (Pres/Abs), MAR (Pres/Abs)). Logistic regression (LR) models were constructed using 276 sensitive/resistant profiles of E. coli isolates during the study period as the dichotomous dependent 277 variable. For the human panel of antibiotics, AR (present/absent) was used as the dependent variable, 278 279 whereas for the veterinary panel, MAR (present/absent) was utilised. The collinearity diagnostic test for tolerance (<0.1) and the variance inflation factor (VIF) (>10) were used to assess collinearity 280 281 between independent variables prior to regression modelling. The independent variables for logistic 282 regression modelling, as with the previous analysis, were selected based on plausibility, as documented in international literature. The "forced entry" method was used: all variables were tested simultaneously, with backward elimination of variables that contributed least to the model. The Hosmer–Lemeshow test and Nagelkerke's R^2 were used to assess model goodness-of-fit and effect size, respectively. SPSS® 22 was employed for all statistical analyses with confidence set at 95% (p < 0.05) by convention.

3. Results

3.1 Antibiotic susceptibility

Overall, 42 E. coli isolates from groundwater derived private water supplies in the Midwest of Ireland were subjected to a comprehensive suite (n = 21) of antibiotic susceptibility analyses. Susceptibility of isolates to the human antibiotic panel varied considerably between individual antibiotics (Table 1). Bacteria displayed the greatest level of resistance to ampicillin and tircacillin/clavulanic-acid, with 14.3% (n = 10) of isolates demonstrating either Intermediate Resistance (IR) (n = 2) or Resistance (R) (n = 8) to these two antibiotics. As shown (Table 1), resistance was also encountered with respect to piperacillin/tazobactam, cefpodoxime, ciprofloxacin, norfloxacin, nitrofurantoin and trimethoprim.

Antibiotic	Zo dian break (m	ne neter spoint m)	Mean (±SD) Zone of Inhibition	No. (%) of R isolates	No. (%) of IR isolates	Total no. (%) of R & IR isolates
Penicillins	32	κ<	(mm)			
Ampicillin (AMP, 10 µg)	14	14	17.33 (6.22)	6 (14.29)	0 (0)	6 (14.29)
Piperacillin/Tazobactam (TZP, 30/6 µg)	20	17	23.14 (3.38)	2 (4.76)	2 (4.76)	4 (9.52)
Tircacillin/clavulanic acid (TIM,75/10µg)	23	23	25.55 (4.39)	6 (14.29)	0 (0)	6 (14.29)
Cephalosporins						
Cefepime (CPM, 30 µg)	24	21	31.3 (2.26)	0 (0)	0 (0)	0 (0)
Cefotaxime (CTX, 5 µg)	20	17	26.31 (2.48)	0 (0)	0 (0)	0 (0)
Cefpodoxime (CPD, 10 µg)	21	21	21.38 (3.41)	1 (2.38)	0 (0)	1 (2.38)
Ceftazidime (CAZ, 10 µg)	22	19	25.1 (2.22)	0 (0)	1 (2.38)	1 (2.38)
Carbapenem						
Meropenem (MEM, 10 µg)	22	16	25.83 (2.29)	0 (0)	1 (2.38)	1 (2.38)
Fluoroquinolones						
Ciprofloxacin (CIP, 5 µg)	22	19	28.6 (2.48)	2 (4.76)	0(0)	2 (4.76)
Norfloxacin (NOR, 10 µg)	22	19	28.93 (4.19)	2 (4.76)	1 (2.38)	3 (7.14)
Monobactam	•				·	
Aztreonam (ATM, 30 µg)	24	21	26.86 (4.22)	0 (0)	0(0)	0 (0)
Miscellaneous						
Nitrofurantoin (F, 100 µg)	11	11	21.62 (6.70)	1 (2.38)	0(0)	1 (2.38)
Trimethoprim (W, 5 µg)	18	15	30.83 (1.85)	1 (2.38)	2 (4.76)	3 (7.14)

309 Table 1: Human antibiotics, criteria of resistance, MIC values and no. of resistant isolates

310 *S*= *Susceptible*, *R*= *Resistant*, *IR*=*Intermediate Resistance*, *SD*= *Standard Deviation*

311

Higher levels of resistance were found within the veterinary panel of antibiotics then to the human panel (Table 2) with all *E. coli* isolates (n = 42) presenting resistance to one or more veterinary antibiotic. Significantly, resistance (R) to streptomycin and neomycin was encountered among 92.9% and 61.9% of isolates, respectively; upon inclusion of intermediate resistance, total resistance (R & IR) increased to 95.2% and 90.5% for streptomycin and neomycin, respectively. Resistance to amoxycillin/clavulanate (16.7%), enrofloxacin (11.9%) and ceftiofur (11.9%) was also prevalent among *E. coli* isolates (Table 2).

319

321 Table 2: Veterinary antibiotics, criteria of resistance, MIC values and no. of resistant isolates

Antibiotic	Zone diameter breakpoint (mm)		Mean (±SD) Zone of Inhibition (mm)	No. (%) of R isolates	No. (%) of IR isolates	Total no. (%) of R & IR isolates	
	S≥	Ι	R <				
β-Lactam/β-Lactamase Inhibit	ors	I		I I			
Amoxycillin/ Clavulanate	18	14-17	13	17.76 (5.98)	7 (16.66)	8 (19.05)	15 (35.71)
(AMC, 20/10µg)							
Cephalosporins		-					
Ceftiofur (EFT, 30 µg)	21	18-20	17	24.64 (4.33)	5 (11.9)	4 (9.52)	9 (21.43)
Cefpodoxime (CPD, 10 µg)	18	-	17	21.38 (3.41)	1 (2.38)	3 (7.14)	4 (9.52)
Aminoglycosides							
Neomycin (N, 30 µg)	17	13-16	12	19.6 (8.86)	26 (61.9)	12 (28.6)	-
Streptomycin (S, 10 µg)	15	12-14	11	8.5 (3.50)	39 (92.86)	1 (2.38)	40 (95.23)
Tetracycline							
Tetracycline (TE, 30 µg)	19	15-18	14	22.79 (8.1)	4 (9.52)	4 (9.52)	8 (19.05)
Folate Pathway Inhibitor							
Sulfamethoxazole&	16	11-15	10	29.7 (7.68)	1 (2.38)	2 (4.76)	3 (7.14)
Trimethoprim SXT (10 µg)							
Fluoroquinolones							
Enrofloxacin (Enr, 5 µg)	23	17-22	16	18.10 (9.70)	5 (11.9)	3 (7.14)	8 (19.05)

S= *Susceptible*, *R*= *Resistant*, *IR*=*Intermediate Resistance*, *SD*= *Standard Deviation*

With respect to the antibiotic classification (Table 3), highest levels of resistance were encountered for the human panel among the penicillin class, with 12.7% of isolates demonstrating either IR (n = 2) or R (n = 14) to this group. Resistance to other antibiotic classes was less prevalent, although resistance to the fluoroquinolones was exhibited by five (11.9%) isolates (R = 4; IR = 1).

329

330 Table 3: Human antibiotic resistance profiles by antibiotic class:

Antibiotic	No. (%) of R isolates	No. (%) of IR isolates	No. (%) of S isolates	No. (%) of R & IR isolate	Total
Penicillins	14 (11.1)	2 (1.59)	110 (87.3)	16 (12.7)	126 ¹
Cephalosporins	1 (0.6)	1 (0.6)	166 (99.4)	2 (1.2)	168 ²
Carbapenem	0 (0)	1 (2.38)	41 (97.62)	1 (2.4)	42
Fluoroquinolones	4 (4.76)	1 (1.19)	79 (94.04)	5 (6.0)	84 ³
Monobactam	0 (0)	0 (0)	42 (100)	0 (0.0)	42
Miscellaneous	1 (2.38)	0 (0)	41 (97.62)	1 (2.4)	42

331 ¹ Three antibiotic assessed, ² Four antibiotics assessed, ³ Two antibiotics assessed.

Yet again, a higher level of resistance was encountered with respect to group/class resistance within the veterinary panel (Table 4); resistance to the aminoglycoside group of antibiotics was widespread, with 93% of isolates demonstrating resistance or intermediate resistance. Extensive resistance to β -Lactams / was also observed with over a third of isolates (35.5%) exhibiting resistance or intermediate resistance. Similarly, R/IR to fluoroquinolones was high with almost 22% of isolates exhibiting resistance.

338

Table 4: Veterinary antibiotic resistance profiles by antibiotic class

Antibiotic	No. (%) of R isolates	No. (%) of IR isolates	No. (%) of S isolates	No. (%) of R & IR isolate	Total
β -Lactam/ β -Lactamase	7 (16.66)	8 (19.04)	27 (64.29)	15 (35.47)	42
inhibitors					
Cephalosporins	6 (7.14)	7 (8.33)	71 (84.52)	13 (15.48)	84 ¹
Aminoglycosides	65 (77.4)	13 (15.48)	6 (7.14)	78 (92.86)	84 ¹
Tetracyclines	4 (9.52)	4 (9.52)	34 (80.95)	8 (19.05)	42
Folate Pathway	1 (2.38)	2 (4.76)	39 (92.86)	3 (7.14)	42
Inhibitor					
Fluoroquinolones	5 (11.9)	4 (9.52)	33 (78.57)	9 (21.43)	42

340 ¹Two antibiotics assessed

3.2 Factors associated with antibiotic resistance 341

In order to elucidate the potential sources and pathways associated with the presence of 342 antimicrobial resistant E. coli in the Irish groundwater environment, bivariate and multivariate 343 344 statistical analyses were undertaken to quantify levels of association between antibiotic resistance 345 profiles (i.e. ((M)AR Pres/Abs) and spatially derived predictor variables.

As shown (Table 5), in all cases, an increased local DWWTS reliance; i.e. the number of 346 systems per ED, and the presence of household residents <5 years was found to correspond with the 347 presence of AR (≥ 1 antibiotic) to the human antibiotic panel. Conversely, areas within the study 348 349 region characterised by lower levels of DWWTS reliance and/or an absence of children ≤5 years, were found to exhibit little or no AR to the human antibiotic panel. 350

351

Table 5: Tests of association between spatially and specifically derived predictors and human 352 AR/MAR in *E. coli* isolates (n = 42). P-values in italics are statistically significant. 353

Case Type	Resistance	п	Mean Septic Tank/ED ¹	Mean Cattle/ED ¹	Children Under 5 ²	Adults over 65 ²	Mean Household Size
AR	Yes No Sig.	9 33 -	223.00 135.76 p = 0.010	2643.33 3622.1 p= 0.181	$7 \\ 2 \\ p = 0.022$	1 7 p = 0.662	$4 \\ 3.64 \\ p = 0.450$
MAR	Yes No Sig.	7 35 -	250.86 135.17 p = 0.002	3538.31 2783.14 p = 0.407	11 7 <i>p</i> <0.001	1 7 p = 0.598	4.57 3.54 p = 0.073

354 ¹ Mann Whitney U ² Pearson's X² 355

356

357 For example, private wells with isolates exhibiting human AR were associated with a mean DWWTS frequency of 223.00/ED, compared with 135.76/ED in areas where no antibiotic resistant 358 isolates were recovered (p = 0.011). This trend was particularly pronounced when MAR was 359 employed as the dependant variable; MAR isolates were associated with a mean DWWTS frequency 360 of 250.86/ED (p = 0.002). Similarly, a significant association was found between the presence of a 361 362 young (≤ 5 years) household resident and both AR (p = 0.022) and MAR (p = <0.001) prevalence

within the human panel. No association was found between human AR and cattle density, the
presence of elderly (>65 years) household residents or total household size.

High levels of encountered veterinary AR (Table 6) resulted in an inability to carry out 365 bivariate tests of association due to a lack of variation within the sample population; i.e. there was not 366 367 enough of both resistant and non-resistant isolates for meaningful differences to be established. Accordingly, tests of association were only carried out for MAR isolates. No significant association 368 was found with respect to DWWTS reliance or household composition. However, as might be 369 expected, a significant association was found between cattle density/ED and the prevalence of MAR 370 among E. coli isolates (p = 0.001). Domestic wells with isolates exhibiting MAR were associated with 371 a mean cattle population of 3,861.71/ED, compared with 1,858.36/ED in areas where no MAR 372 373 isolates were recovered.

Table 6: Tests of association between spatially and specifically derived predictors and MAR in *E. coli* isolates (n = 42)

MAR Resistance	п	Mean Septic Tank density ¹	Cattle density ¹	Children Under 5 ²	Adults over 65 ²	Mean People in Household ¹
Yes	31	157.87	3861.71	11	1	3.65
No	11	144.82	1858.36	7	7	3.91
Sig.	-	p = 0.315	<i>p</i> = 0.001	p = 0.443	p = 0.463	p = 0.073

^{376 &}lt;sup>1</sup> Mann Whitney U ² Pearson's X^2 , P-values in italics are statistically significant.

In assessing the potential influence of hydrogeological parameters on subsurface occurrence and transport of antibiotic resistant bacteria, extracted soil and bedrock characteristics were considered including: subsoil permeability, groundwater vulnerability, and aquifer type (bedrock or sand/gravel). No significant associations were found between extracted hydrogeological variables and the incidence of AR and MAR across both the human and the animal veterinary panel.

383

To further elucidate potential predictors of antibiotic resistance within *E. coli* isolates in the study area, Logistic regression was undertaken. Results of Hosmer-Lemeshow GOF tests (p >0.05)

³⁷⁷

386 indicate both logistic regression models were well calibrated. As shown (Table 7), the final model for 387 the human panel of antibiotics included two variables, namely DWWTS (septic tank) density (p 0.049) and the presence of persons less than 5 years of age in the household (p = 0.034) thus 388 corresponding with results of bivariate analyses (Table 5). Interpretation of resulting odds ratios 389 390 indicate an increased likelihood of AR among E. coli isolates occurring in parallel with increasing DWWTS density (OR = 1.009) and the presence of younger populations in the home (OR = 11.667). 391 For the veterinary panel of antibiotics, cattle density (p = 0.011) was associated with MAR in E. coli 392 393 isolates indicating an increased rate of MAR in areas with greater cattle densities.

- 394
- 395

Table 7: Logistic regression models for antibiotic resistance (AR, MAR) in *E. coli* isolates from
 groundwater against a human and veterinary antibiotic panel

Model	Predictor	В	Р	OR	95% CI
Human Panel (AR)	DWWTS density,	0.009	0.049	1.009	1.001-1.012
	Persons <u><</u> 5	2.457	0.034	11.667	6.231-48.258
Veterinary Panel (MAR)	Cattle density	0.001	0.011	1.001	1.001-1.003
B. Coefficient of the predictor var	ables, P. Significance, OR, C	Odds ratio. (I. confidenc	e interval. DWWTS	. domestic

399 wastewater treatment systems (septic tanks)

400

398

401 **4. Discussion**

402 The current study represents the first to examine the presence and extent of antibiotic resistance among E. coli isolates derived from groundwater wells in the Republic of Ireland, and 403 subsequently assesses a number of potentially associated variables, which may be used to infer 404 405 antibiotic sources and/or transport mechanisms. Previous research has shown the two primary sources 406 of antibiotic resistant bacteria and resistance genes in the natural environment are human sewage and 407 animal manure, with storm water, wild animals, birds, pets, and aquatic life also acting as contributory 408 sources, albeit to a lesser degree (Servais & Passerat 2009). Accordingly, both human and veterinary 409 antibiotic panels were employed for susceptibility analysis in the current study.

4.1 Resistance to Human Panel of Antibiotics:

Resistance to the human panel of antibiotics was found to be moderate with 9 (21.4%) E. 412 413 *coli* isolates demonstrating some level of resistance to ≥ 1 human antibiotic; the highest levels of resistance were associated with the penicillins, while notable levels of resistance also found among 414 the fluoroquinolones and cephalosporins. As might be expected, the most frequently occurring 415 resistance phenotypes were associated with the 1st and 2nd generation broad spectrum antimicrobials 416 417 including ampicillin (14.3%), a β -lactam antibiotic first introduced in 1948 (Hauser, 2013). Typically, 418 broad spectrum antibiotics are more frequently prescribed for non-fatal acute infection and thus, these 419 antibiotics are characterised by a higher prevalence of resistance within human populations. 420 Interestingly, in the current study, levels of resistance to the 4th generation antibiotic 421 tircacillin/clavulanic-acid (14.3%) (first introduced in 1985) occurred at a similar level to ampicillin 422 resistance. This potentially demonstrates ineffective β -lactamase enzymatic blocking within the *E. coli* isolates (Drawz & Bonomo, 2010); a mechanism incorporated into antibiotics to delay the 423 development of resistance. Notably, resistance was also found within the fluoroquinolone class of 424 425 antibiotics, with 4.8% (n = 4) of isolates exhibiting some level of resistance. This represents a 426 particular concern, as this antibiotic class is frequently employed in the treatment of salmonellosis, an enteric infection with potentially high human health effects within specific subpopulations including 427 the elderly, the young, and the immunocompromised, with hospitalisation often required (Ryan et al. 428 429 2011); while salmonella has not yet been identified within Irish groundwater bodies, it has been 430 identified internationally (Murphy et al. 2017).

431

4.2 Resistance to Veterinary panel of Antibiotics:

In contrast to the human panel, higher levels of antibiotic resistance were found against the veterinary panel of antibiotics, with all isolates presenting resistance to at least one antibiotic. Particularly high levels of resistance (93%) occurred within the aminoglycoside class; high levels of resistance to aminoglycoside antibiotics (e.g. streptomycin and neomycin) in *E. coli* isolates have been reported in food-producing animals (cattle, sheep, and pigs) in Europe (Bywater *et al.* 2004, Hendriksen *et al.* 2008). Tetracycline resistance was also prevalent in *E. coli* isolates (19.1%), which 438 was expected as tetracycline has been extensively used as a therapeutic agent and growth promoter in 439 animal feeds since its approval in 1948 (McEwen and Fedorka-Cray 2002) and may thus infiltrate the subsurface environment. It should also be stated that the possibility exists that antibiotic resistance 440 could be present naturally within the bacterial fauna in the soil (Forsberg et al. 2012, Durso et al., 441 442 2016). The use of tetracycline as a growth promoter in animal feeds is no longer authorised within the European Union (HPRA 2013), however, bacterial tetracycline resistance has been reported over a 443 444 decade (126 months) after cessation as a feed additive or therapeutic agent within swine flocks 445 (Langlois et al. 1983). Furthermore, tetracycline is still routinely prescribed for veterinary use in 446 Ireland, with the Health Products Regulatory Authority (formerly Irish Medicine Board) reporting that 447 tetracycline antibiotics accounted for 36% of all antibiotics sold in Ireland for veterinary use in 2013 448 (HPRA, 2013).

449

4.3 Sources of antibiotic resistance:

450 Within the environment, the prevalence of antibiotic resistance is attributable to numerous 451 factors, including source and pathway dynamics, soil type, and excretion rates associated with unmetabolized antibiotics themselves. The majority of therapeutic antibiotics are water-soluble and 452 453 therefore about 90% of the dose may be excreted in urine, while up to 75% may be released in animal 454 faeces (Halling-Sørensen, 2001). In the current study, strong statistical relationships were found between the presence of both human AR (p = 0.011) and human MAR (p = 0.002) and DWWTS 455 456 reliance per Electoral Division, indicating that regions characterised by a higher density of on-site 457 treatment systems are associated with the presence of antibiotic resistant E. coli, thus corroborating previous studies which have shown that dissemination of resistance bacteria in the environment are a 458 direct result of waste water treatment (Sapkota et al. 2007; Watkinson et al. 2007; Michael et 459 al. 2013), and poorly functioning septic tank systems (Biswal, Mazza et al. 2014). This was 460 corroborated through regression analysis which indicated that AR to the human panel of antibiotics 461 increased in line with an increase in DWWTS density per ED. Furthermore, a significant association 462 was found between households comprising children ≤ 5 years of age and the presence of both human 463 AR (p = 0.022) and human MAR (p < 0.001). Regression analysis also supported this result, with 464 465 households with small children over eleven times more likely to have AR E. coli in their water supply.

466 A recent longitudinal study undertaken in Ireland reports that 18.4% of children aged ≤ 3 years were prescribed \geq 3 courses of antibiotics in the previous 12 months, with two-thirds (66%) of three-year-467 olds having received at least one course of antibiotics during the previous 12 months (Williams et al. 468 2013). The high antibiotic prescription rate among the < 3year population, in parallel with the 469 470 association found between AR and MAR indicates that high levels of antibiotic prescription and usage among young children is a significant source of antibiotic resistance in the Irish subsurface 471 472 environment. Further research is required to elucidate the relationship between antibiotic usage and environmental antibiotic resistance (ARGs, ARBs, and ARPs), stratified by both population 473 demographic and local/regional infrastructure i.e., the prevalence of private water wells and septic 474 tank utilisation. 475

476 With reference to veterinary antibiotics, Sapotka et al. (2007) have previously reported that 477 land application of manure may result in environmental/aquatic transport of bacteria resistant to 478 veterinary antibiotics. Antibiotics used for veterinary purposes are excreted by treated animals, thus 479 leading to their widespread presence in soils via grazing livestock or manures used as agricultural 480 fertiliser (Jørgensen et al. 2000). Results from the current study suggest a significant association (p =481 <0.001) exists between cattle density/ED and the prevalence of veterinary MAR E. coli isolates. This 482 is supported by international literature with Chee-Sanford et al. (2001) reporting tetracycline-483 resistance genes in groundwater close to swine production facilities in the United States.

484

4.4 Environmental Fate of Antibiotic Resistance

485 The presence and fate of antibiotics (and pathogenic bacteria) in the subsurface environment is not just a factor of the antibiotic source, but is also highly dependent upon local physical-chemical 486 487 properties, prevailing climatic conditions, and hydrogeological setting, in addition to a variety of other local/regional environmental factors. In the current study, no significant associations were found 488 between extracted local hydrogeological parameters and the prevalence of either AR or MAR within 489 490 both antibiotic panels. However, it should be noted that the current research formed part of a larger overall study which sought to investigate the susceptibility of differing subsurface environments to 491 faecal contamination (O'Dwyer et al. 2014). Accordingly, due to the overarching objectives of the 492 493 primary study, E. coli isolates were primarily sampled from regions with characteristically high levels

494 of susceptibility to groundwater contamination, and are as such indicative of specific hydrogeological 495 characteristics considered conducive to contamination. For example, results from the aforementioned 496 study have shown that the presence of E. coli can be predicted relative to aquifer type and the 497 presence of karst features; bedrock aquifers with karst geomorphology were more conducive to E. coli 498 contamination. Accordingly, the relatively small number of E. coli isolates characterised by 499 human/veterinary AR/MAR, in concurrence with the high level of homogeneity associated with the study samples represent the primary study limitations, particularly with respect to elucidation of 500 subsurface occurrence and movement. Further work is thus required to address these limitations, in 501 502 addition to examining antibiotic resistance in the environment using soil microbiota that are routinely present in the subsurface environment as the indicator organism rather than E. coli which theoretically 503 504 should not be present in groundwater derived potable water supplies. Further work should include a 505 more prolific examination of the pathways conducive to antibiotic resistance in the subsurface 506 examination; larger sample numbers with more diverse sources of bacteria and more varied bedrock 507 lithologies to increase data variability.

508 The current study, while limited in its hydrogeological scope, is invaluable insofar as it is the 509 first to present irrefutable evidence of the presence and extent of antibiotic resistance in the Irish 510 groundwater environment, which represents the primary daily source of drinking water for $\approx 750,000$ 511 people, in addition to many more on a transient basis. Moreover, all isolates were sampled from groundwater sources for domestic human consumption, thus the presence of, in some cases multiple 512 513 antibiotic resistance, cannot be overstated; it has been established that water contaminated with antibiotic resistant E. coli has been associated with the carriage of resistant E. coli in humans 514 (Coleman et al. 2012). As groundwater continues to be an important source of potable water for a 515 significant proportion of the Irish population, the results presented provide an invaluable benchmark 516 to highlight the need for, and provide guidance for further research into antibiotic resistance in the 517 subsurface environment. 518

520 **5.** Conclusion

521 Our findings suggest that AR E. coli are not uncommon to the environment of rural groundwater supplies in Ireland. E. coli isolates were examined against a panel of commonly prescribed human 522 and veterinary therapeutic antibiotics and it was found that resistance to the veterinary panel in 523 524 particular is an area of concern. Resistance was found to exist to the first generation antibiotics corroborating international literature. However, resistance was also noted against newer generations 525 526 of antibiotics which are a cause for concern (as they are potentially used as a last defence) because of possible colonization of the gastrointestinal tract and/or conjugal transfer of antibiotic resistance in 527 aquatic and other environments. Potential pathways and causative factors of resistance were also 528 assessed in this study and it was found that potential high concentrative sources of antibiotic residues 529 530 (DWWTSs, Cattle) were associated with the prevalence of both AR and MAR as well as the presence 531 of young children which receive more frequent doses of antibiotics relative to the rest of the 532 population. The *E.coli* isolates in this study were taken from a cohort of samples in which 533 groundwater vulnerability was assessed. As such, there was reduced hydrogeological variability 534 within the samples as they were taken from already vulnerable environments; there was no significant 535 association found between hydrogeological parameters and resistance to any antibiotics. This is 536 undoubtedly a limitation of the study. Further work should focus on prevalence of resistance within 537 defined and preselected hydrological environments using more ubiquitous indicators (e.g. antibiotic resistance genes) to facilitate knowledge transfer of resistance transport in the subsurface 538 environment. Nevertheless, this study has provided valuable insight into previously uncharacterised 539 antibiotic resistance in the Irish groundwater environment and provides a benchmark for future 540 studies. 541

542

543 Acknowledgments

The authors wish to acknowledge the efforts of the associate editor, editor and two anonymous reviewers for their helpful suggestions in an earlier draft of this work. This research received no specific grant from any funding agency, commercial or not-for-profit sectors.

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Figure 1: Location of the sampling area within the Republic of Ireland: Counties Limerick, Clare and

- 791 North Tipperary (shown in yellow).



800 Figure 2: Geographical distribution of sampled sites and the geology of the research area