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Abstract: Main goal of optimal thawing is to minimize thawing time, with least damage to the quality of frozen food product. Microwave (MW) and radio frequency (RF) applications have potential for their use in industrial thawing. Higher penetration depths of RF contribute to a better distribution of energy generated by the interaction between food and electromagnetic field and, thus, help to improve heating uniformity and minimize runaway heating. Modeling is one way to design and optimize such process where complexities due to coupling heat transfer with phase change and solution of electric field are faced. Therefore, the objectives were to develop a computational model to determine temperature distribution in frozen lean beef during thawing and experimentally validate. For this purpose, a commercial software, based on finite element method, was used to solve coupled heat conduction and electric field in 3D domain with temperature dependent thermo-physical and dielectric properties. Experimental data were obtained in 50  $\Omega$  and free-running oscillator RF systems with various sized samples. Comparison of simulation results agreed well with experimental data. The mathematical model might be used for designing RF systems to mitigate the effect of overheating at the surfaces of the sample.

## Cover Letter

*Fisciano, SA, February the 27th, 2014*

Dear Editor,

Please find attached to this message a manuscript titled "Radio-Frequency Thawing of Food Products - A Computational Study", that is the product of a true international cooperation, involving researchers from four different institutions, respectively from UK, Turkey and Italy

In the last years, mathematical model acquired the status of a virtual laboratory and many processes are - nowadays - designed and engineered also thanks to preliminary analysis performed by means solution of mathematical model. In case of radio-frequency thawing of frozen foods, still there is the need of developing model able to predict the temperature distribution and the thawing time. The work done by my co-authors and myself goes in the direction to fill a lack of information about it.

This paper is addressed to the community of scientists and professionals dealing with electro-heating food processes but also developers of simulation tools for the food industry.

I strongly hope you and the reviewers will find this manuscript to be useful for the scope of Journal of Food Engineering.

I look forward to know your decision about the manuscript and sincerely I remain.

Best regards,

Francesco Marra

## Radio-Frequency Thawing of Food Products - A Computational Study

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Francesco Marra<sup>2</sup>

### Research Highlights

- *Food thawing assisted by RF was modeled and the model was experimentally validated.*
- *Food thawing assisted by RF heating is surely faster than conventional thawing*
- *Hot spots can be a major disadvantage of a RF thawing system.*
- *Optimization methods can help designing better RF system for thawing purposes.*

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Radio-Frequency Thawing of Food Products - A Computational Study

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21 **Abstract**

22 Main goal of optimal thawing is to minimize thawing time, with least damage to the quality of  
23 frozen food product. Microwave (MW) and radio frequency (RF) applications have potential for  
24 their use in industrial thawing. Higher penetration depths of RF contribute to a better  
25 distribution of energy generated by the interaction between food and electromagnetic field  
26 and, thus, help to improve heating uniformity and minimize runaway heating. Modeling is one  
27 way to design and optimize such process where complexities due to coupling heat transfer with  
28 phase change and solution of electric field are faced. Therefore, the objectives were to develop  
29 a computational model to determine temperature distribution in frozen lean beef during  
30 thawing and experimentally validate. For this purpose, a commercial software, based on finite  
31 element method, was used to solve coupled heat conduction and electric field in 3D domain  
32 with temperature dependent thermo-physical and dielectric properties. Experimental data  
33 were obtained in 50  $\Omega$  and free-running oscillator RF systems with various sized samples.  
34 Comparison of simulation results agreed well with experimental data. The mathematical model  
35 might be used for designing RF systems to mitigate the effect of overheating at the surfaces of  
36 the sample.

37 **Key-words:** Thawing, radio-frequency, modeling, phase change, meat

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40 **1. Introduction**

41 Freezing and thawing are important food processing operations. Freezing is one of the key unit  
42 operations for preservation of foods. With notable exceptions such as ice cream, frozen foods  
43 must be thawed before further use or consumption. In a number of food processing operations,  
44 it is a common practice to begin with frozen foods as raw material. For example, in  
45 manufacturing sausages, frozen meat is used as the raw material. Similarly, large blocks of  
46 frozen fish are processed into fillets for further processing. Different thawing and tempering  
47 methods are used for preparing frozen foods for further processing, and each method has its  
48 own advantages and disadvantages (e.g., thawing in air or in water, use of impingement  
49 systems, microwave thawing). The main goal of a thawing process is to keep thawing time to a  
50 minimum so that the least damage is caused to the quality. However, a number of quality  
51 attributes might be adversely affected during thawing by moisture (drip) loss, change in the  
52 structure of proteins, microbial growth and textural changes. Thawing of large-size frozen foods  
53 such as big chunks of meat or fish takes excessively long time in conventional processes like use  
54 of still-air or low-velocity moving air environment. This is due to the fact that thawing involves a  
55 conduction mode of heat transfer within the product, and upon thawing of outer surfaces, the  
56 frozen parts are being surrounded by a low thermal conductivity layer. This slows down the  
57 process with inevitable losses in the quality like excessive water loss due to dripping or  
58 evaporation and increased microbial growth on the food surface.

59         Use of conventional methods remain widely used industrial practice primarily because  
60 they are economical and applicable to a wide range of products. However, there is a critical  
61 need to develop procedures that would reduce thawing time without incurring microbial

62 growth or other adverse physical or chemical changes in the product. As noted by Farag et al.  
63 (2008a), industry is always interested in fast and compact systems while maintaining the quality  
64 during thawing. Besides conventional thawing systems of using air, microwave (MW) and radio  
65 frequency (RF) applications appear to have the potential for industrial use (Farag et al., 2008a)  
66 to overcome the various problems. In these systems, heat generation is carried out by dipole  
67 rotation and ionic polarization through the movement and friction of dipoles and/or ions under  
68 alternating electric field (Buffler, 1993). In dielectric heating, dipole rotation is major contributor  
69 at higher frequencies (MW - 915 or 2450 MHz) whilst ionic displacement is more pronounced at  
70 the lower frequencies of RF (e.g., 27.12 MHz) (Jones, 1992). MW heating is more accepted for  
71 rapidly heating small sized products but found to be less satisfactory for heating larger sized  
72 food products (Taher and Farid, 2001). This is due to the problem of runaway heating (occurs  
73 with melting of ice since water heats faster due to its high dielectric loss factor) leading to a  
74 non-uniform heating (some parts might be cooked with some parts still unfrozen) and limited  
75 penetration depth compared to RF heating (Buffler, 1993). Higher penetration depths of RF and  
76 less generated energy to convert heating help improve heating uniformity and minimize the  
77 runaway heating problem. Besides experimental studies, mathematical modeling is another  
78 way to design and optimize an RF process.

79 Modeling RF processes is a multi-physics problem, and it is generally built for solving  
80 electromagnetic equation coupled with heat transfer equation with a generation term as a  
81 function of electric field. Various studies in the literature focused on modeling of RF processes  
82 to improve heating uniformity (Chan et al., 2004; Yang et al., 2004; Marra et al., 2007; Romano  
83 and Marra, 2008; Birla et al., 2008; Petrescu and Ferariu, 2008; Wang et al., 2012). The coupled

84 electro-thermal problem of modeling an RF process becomes more complicated for simulation  
85 of thawing since the phase change process requires dealing with evolving large latent heat over  
86 a small range of temperature. Moreover, the changes in thermo-physical and dielectric  
87 properties in phase change region also increase the complexity of RF thawing simulation. To  
88 deal with this difficulty, apparent specific heat, enthalpy and quasi-enthalpy methods are  
89 suggested (Pham, 2006). Then, simulation of an RF thawing process becomes a multi-physics  
90 problem where the coupled heat transfer with electrical field distribution should be solved  
91 including the phase change process. There are not many studies for modeling RF thawing  
92 carried out in the literature for this purpose while modeling MW thawing has been practiced  
93 (Basak and Ayappa, 1997; Chamcong and Datta, 1999a, b; Taher and Farid, 2001; Rattanadecho,  
94 2004; Tilford et al., 2007; Campanone and Zaritzky, 2010). Therefore, the objectives of this  
95 study were to:

- 96 - Develop a computational model to determine the electrical field distribution in a RF  
97 system and temperature distribution in the frozen product during thawing;
- 98 - Validate the thawing model with experimental results.

## 99 **2. Materials and Methods**

100 The study was completed in two parts. First, a computational 3D multi-physics model for  
101 modeling RF thawing was developed using COMSOL (Comsol V4.3b, Comsol AB, Stockholm,  
102 Sweden) for parallel-electrode RF systems, and the model was validated with two various sets  
103 of experimental data. The first set of experimental data was obtained from literature (Frag et  
104 al., 2011) in which a custom built RF system ( $50 \Omega$ ) was used to thaw a large size sample of  
105 frozen lean beef meat ( $\approx 3.84$  kg). A series of experiments was carried out for the second data



106 set in a free-running oscillator RF system for thawing smaller samples of frozen ground lean  
107 beef.

108 The 50  $\Omega$  technology and free-running oscillators are two different designs used in food  
109 industry. These systems were reported to gain popularity due to their offering superior  
110 frequency stability and better compliance with electro-magnetic compatibility (EMC)  
111 regulations (Orsat and Raghavan, 2005). Jiao et al. (2014) explains that the free-running  
112 oscillator systems are the most commonly used systems due to low cost, simple structure and  
113 flexibility while 50  $\Omega$  systems use modern methods to control frequency and power. In free-  
114 running oscillator systems, amount of the power converted to heat energy depends on the  
115 material properties (Rowley, 2001). Hence, the experimental data obtained in both systems  
116 were used in the model validation studies.

## 117 **2.1. Experimental Methodology**

118 The details of experimental data for thawing of large size lean beef (20×20×10 cm) were given  
119 in Farag et al. (2008 and 2011) where temperatures measurement at 25 different locations  
120 (Fig.1b) were recorded and the average value of these were used to represent the temperature  
121 profile during thawing. In this study, two RF systems were considered. The first one, related to  
122 the studies published by Farag et al. (2008a and b, 2010, 2011), is a custom built 50  $\Omega$ - 400 W  
123 system (Chester, UK) using a low power generator with an automatic impedance matching  
124 network and controller at a frequency of 27.12 MHz was used. The boxed frozen lean beef  
125 sample (20×20×10 cm) was placed at the center of the bottom electrode (Fig. 1a) during the  
126 experiments. The distance between sample and upper electrode was 1.4 cm.

127           The second RF system, that has been used in this study, is a 2kW pilot scale free-running  
128 oscillator RF system (Fig. 2a - Sonar, Izmir, Turkey). It was used to generate the experimental  
129 data. For this purpose, minced lean beef was purchased from a local store. Samples in two  
130 various dimensions were prepared for RF thawing studies: 12.0×17.2×3.8 cm - 0.8 kg;  
131 12.0×17.2×5.5 cm - 1.2 kg (Fig. 2b). These samples were placed then in a poly-propylene (PP)  
132 cup (PP), two fiber-optic probes were placed in the samples (Fig. 3), and they were frozen in a  
133 freezer (some samples at -13°C, some other at -18°C) prior to the thawing experiments. For the  
134 first block, the distance between sample surface and upper electrode was 12 cm while it was 13  
135 cm for the latter one. Smaller size samples were specifically chosen to validate the simulation  
136 results since the data for a larger case was already obtained from the literature as explained  
137 above. Experiments on smaller size samples were performed to investigate about the effects of  
138 sample size on RF power absorption, since sample size may have a major effect on RF power  
139 absorption, as demonstrated by a recent study (Uyar et al., 2014).

140           To demonstrate the effect of RF thawing compared to conventional natural convection  
141 thawing, upon the completion of RF thawing study, one of the blocks were re-frozen and then  
142 left to thaw under room temperature. There was a possibility of changing the thermal-physical  
143 properties in the freeze-thaw cycle. However, thawing time difference between RF thawing and  
144 conventional thawing was so large that the possible change in the properties would not cause  
145 this kind of time difference, and again the idea was just to demonstrate the effect of RF  
146 thawing.

147

148

## 149 2.2. Computational Method

150 RF thawing simulations were performed considering the apparatus configuration used by some  
151 of the authors in the past (Farag et al., 2010), it being a parallel plate RF systems consisting of a  
152 chamber with electrically insulated walls and of two parallel rectangular electrodes (Figs. 1a  
153 and 2a). To determine the electric field distribution inside the RF system and temperature  
154 change in the product, solution of Fourier heat transfer equation plus a generation term,  
155 coupled with the quasi-static electro-magnetic field equations, in addition to handling the  
156 phase change, was required:

$$157 \quad \rho c_p \frac{\partial T}{\partial t} = \nabla \cdot k \nabla T + Q_{abs} \quad (1)$$

158 where  $\rho$  is density,  $c_p$  is specific heat,  $k$  is thermal conductivity,  $t$  is time,  $T$  is the temperature,  
159 and  $Q_{abs}$  is the RF power absorbed per unit of volume by the load. Being  $Q_{abs}$  generated by the  
160 electric field distribution, its expression is:

$$161 \quad Q_{abs} = 2\pi f \varepsilon_0 \varepsilon'' |\bar{E}|^2 \quad (2)$$

162 where  $f$  is the frequency of the radio-wave generator,  $\varepsilon_0$  is the permittivity of free space,  $\varepsilon''$  is  
163 the relative dielectric loss factor of the sample load, and  $|\bar{E}|$  is the modulus of the electric field.  
164 Electric field within the sample load and voltage potential at any point inside the electrodes are  
165 given by Gauss law derived from a quasi-static approximation of Maxwell's equations:

$$166 \quad \nabla(\varepsilon \cdot \bar{E}) = 0 \quad (3)$$

167 where  $\varepsilon$  is permittivity of the load (relative permittivity related to dielectric constant,  $\varepsilon'$  and  
168 dielectric loss factors,  $\varepsilon''$ ) and  $\bar{E}$  is the electric field vector. Modeling of RF heating as a quasi-

169 static electric field between the electrodes will be preferred since the electrode sizes would be  
 170 very small compared to the wavelength at 27.12 MHz ( $\approx 11$  m in free space) (Marra et al., 2007).  
 171 Since solution to Eq. 1 is also required within the load, Gauss law is applied for the air space  
 172 between electrodes including the sample load and air around it.

173

### 174 **2.2.1. Thermophysical and dielectric properties**

175 Due to the fact that phase change in some food substances occurs over a range of temperature  
 176 (Pham, 2006) and large latent heat evolves over this range, special techniques were required to  
 177 deal with such problems. Pham (2006) reviewed and presented the possible techniques to deal  
 178 with such problems as apparent specific heat, enthalpy and quasi-enthalpy methods. Based on  
 179 this, apparent specific heat method was applied in this study considering the specific heat  
 180 values (expressed as  $\text{J kg}^{-1} \text{K}^{-1}$ ) in three regions (frozen, phase change and unfrozen) as  
 181 described below:

$$\begin{aligned}
 T \leq T_{m1} & \quad c_p = c_{p,\text{frozen}} = 1935.2 \\
 T_{m1} \leq T \leq T_{m2} & \quad c_p = \frac{c_{p,\text{frozen}} + c_{p,\text{frozen}}}{2} + \frac{\lambda}{T_{m2} - T_{m1}} = 153016.3 \\
 T > T_{m2} & \quad c_p = c_{p,\text{unfrozen}} = 3497.4
 \end{aligned} \tag{4}$$

183 where  $T_{m1}$  and  $T_{m2}$  are the initial and final temperature during phase change process,  $c_{p,\text{frozen}}$   
 184 and  $c_{p,\text{unfrozen}}$  are the specific heat values for frozen and unfrozen cases, and  $\lambda$  is the latent  
 185 heat. These values were derived using the data reported by Farag et al. (2008b). Samara et al.  
 186 (2012) also used the same approach, as suggested by Groulx and Ogoh (2009), to model the  
 187 natural convection driven melting of a phase change material. A similar step function was also  
 188 used for temperature dependency of density where the density values were 961 ( $T \leq T_{m1}$ ), 1007

189  $(T_{m1} \leq T \leq T_{m2})$  and  $1053 (T > T_{m2}) \text{ kg/m}^3$ . Detailed explanation for density calculation using the  
190 proximate composition of lean beef was given in Bedane (2013).

191 All the other required data for thermophysical and dielectric properties (thermal  
192 conductivity-k, relative dielectric constant- $\epsilon'$  and relative dielectric loss factor- $\epsilon''$ ) were  
193 obtained from Farag et al. (2008b) as a function of temperature are shown in Fig. 4 (dielectric  
194 properties) and Fig. 5 (thermal conductivity). It has been well known that, for a given material,  
195 the dielectric properties might vary during heating via the temperature increase, and this  
196 behavior changes the heating rate accordingly. Even though the dielectric properties of various  
197 food materials as a function of temperature have been reported in the literature (Lyng et al.,  
198 2005; Sosa-Morales et al., 2010), the available data in the frozen range was scarce. Hence, the  
199 available data reported by Farag et al. (2008a; 2011) were applied in the simulations. As noted  
200 by Jiao et al. (2014), the best case scenario would be to know the dielectric properties as a  
201 function of temperature, moisture content and other properties before conducting simulations  
202 and model validation experiments.

### 203 **2.2.2. Boundary conditions**

204 Boundary conditions for Gauss law to determine the electric field distribution inside the system  
205 were:

- 206 - upper electrode was maintained at a certain potential ( $V_0$ ) according with the applied  
207 output power with a frequency of 27.12 MHz (even though the voltage varies all over  
208 the surface of the top electrode, it was assumed to be uniform since the electrode  
209 dimensions were much lower than 30% of the RF wave length,  $\approx 11 \text{ m}$ ; Tiwari et al.,  
210 (2011) and constant during the processing time),

211 - lower electrode was maintained at the ground condition ( $V = 0$ ), and

212 - side walls were electrically insulated ( $\nabla \bar{E} = 0$ ).

213 Boundary conditions for Fourier heat transfer equation to determine temperature distribution  
214 inside the sample load were:

215 - Convective heat transfer was considered on the external surfaces:

216 
$$-n \cdot k \nabla T = h(T - T_{air}) \quad (5)$$

217 where  $h$  is the convective heat transfer coefficient  $\left( h = 10 \frac{W}{m^2 K} \right)$ , and  $T_{air}$  is the

218 temperature inside the cavity ( $\approx 20^\circ C$ ), and

219 - Sample was assumed at uniform initial temperature  $T_0$ . ( $T_0 \approx -13^\circ C, -18^\circ C$ ).

### 220 3. Results and Discussion

#### 221 3.1 Simulations

222 Simultaneous solution of Gauss law and Fourier heat transfer equation with power generation

223 required numerical computation. For this purpose, a finite element based software - COMSOL

224 (Comsol V. 4.3b, Comsol AB, Stockholm, Sweden) was used. Important stages of the numerical

225 solution were defining the domain and sub-domains of interest, defining transport equations,

226 setting up the boundary conditions, describing thermophysical and dielectric properties,

227 preparing the computational geometry (meshing), deciding the numerical solver and solving the

228 problem. After defining the geometry and describing required properties, an unstructured

229 mesh consisting of Lagrange quadratic elements was created over the entire domain of RF

230 cavity. In the mesh convergence studies to verify that the results were independent on mesh

231 size, three various mesh sizes (finer, extra fine and extremely fine) were tested. Due to the

232 certain oscillations observed in the temperature change in the phase change region, the  
233 extremely fine mesh structure was preferred even though it leads to longer computational  
234 times. Regarding the phase change region, the narrower the phase transition interval used to  
235 approximate specific heat the larger the jump in the specific heat values and the larger the  
236 numerical difficulties encountered during simulations. Optimum phase transition interval of 1.5  
237 and 4 K amplitude were used to simulate for the literature data and the obtained from the free-  
238 running oscillator RF system. These values were obtained by observing the experimental data  
239 and pre-runs of the simulation models. The difference might be due to the fact the average  
240 temperature values were used in the literature data while the temperature data obtained at  
241 certain locations were used in the latter case.

242         The simulations were performed on a workstation Intel(R) Core(TM) i7 CPU Q720 @  
243 1.60 GHz; equipped with a RAM of 24 Gb DDR3. The workstation runs under Windows 7  
244 Professional operating system. Simultaneous solution of the coupled transient equations took  
245 10598 s ( $\approx 3$  h) for 3000s of RF thawing process with free time stepping for the literature case  
246 (Farag et al. 2011) while it took 240384 s ( $\approx 2.8$  days) for the case of 2400 s thawing time of  
247  $12.0 \times 17.2 \times 5.5$  cm sample. The number of the elements was 285629 for the literature case  
248 while it was 7109745 for the latter case (geometries given Fig. 1b and Fig. 2a). Since the pre-  
249 runs with smaller fixed time steps did not improve the results and reduce the possible  
250 oscillations in the temperature. free time-stepping was used in all the simulations. For solving  
251 the differential equation sets, the direct linear system solver UMFPAK was used with a relative  
252 tolerance and an absolute tolerance of 0.01 and 0.001, respectively.

### 253 **3.2. Experimental validation of simulation results**

254 Fig. 6 shows the comparison of simulation results with the experimental data obtained by Farag  
255 et al. (2011) where average temperature from 25 locations (as demonstrated in Fig. 1b) in the  
256 sample. Because of the limitation of available experimental data, only temperature data in the  
257 tempering region were used in this part of the validation studies. Tempering was reported to be  
258 more commonly used for products that would require a further size reduction to reduce  
259 problems associated with thawing such as drip loss and microbial growth due to the rather  
260 shorter time (Farag et al., 2008a). Meat products, in addition, becomes highly available to  
261 mechanical chopping after tempering (James and James, 2002). Temperature contours in the zx  
262 plane at the thawing time of 600 and 3000 s are demonstrated in Fig. 7. As observed, a rather  
263 uniform temperature is obtained towards the end of the thawing time demonstrating the  
264 significant effect of RF on obtaining uniform temperature inside the product. In this simulation,  
265 the voltage level along the upper electrode was 141.42 V.

266 The comparison between simulation results and the experimental data obtained in the  
267 system (Fig.2) for a frozen ground lean beef block of 12.0×17.2×3.8 cm and 12.0×17.2×5.5 cm is  
268 shown in Fig.8 and Fig.9 respectively. The experimental data were obtained at two points in  
269 these systems (Fig. 2b), and the distance between the upper electrode and the sample surface  
270 was 12 and 13 cm, respectively. In this free-running oscillator RF system, the voltage along the  
271 upper electrode was determined to be 1375 V. As suggested by Marshall and Metaxas (1998),  
272 Birla et al. (2008), Tiwari et al. (2011) and Alfaifi et al. (2014), various input voltage values were  
273 tried to predict a realistic transient temperature that would fit with the experimental data. As a  
274 result of numerous simulations within a certain range of voltage level, 1375 V along the upper  
275 electrode was selected. It was not practical to measure the voltage without distorting the



276 electric field during the operation of an RF system (Marshall and Metaxas, 1998). As reported  
277 by Metaxas (1996), the voltage varies 7% between standby and full load in a typical industrial  
278 scale system. Hence, a constant electric potential on the upper electrode was assumed to be a  
279 realistic assumption.

280 As observed in Figs. 6, 8 and 9, the simulation results agreed well with the experimental  
281 data. However, there were certain discrepancies in Figs. 8 and 9 where the local temperature  
282 data were obtained in the 2 kW free-running oscillator system (Sonar, Izmir, Turkey). For these  
283 comparisons, voltage level on the upper electrode was determined through a trial-error  
284 procedure as explained above. However, the experimental data in Fig. 6 was the average  
285 temperature obtained as shown in Fig. 1b. The experimental uncertainty might also be a point  
286 to consider for the discrepancies observed in Figs. 8 and 9. Tilford et al. (2007) listed  
287 explanations on the discrepancy of simulation results compared to the experimental data.  
288 These were based on the non-linear dielectric properties around the phase change region and  
289 numerical errors. The electric potential distribution inside the system is shown in Fig. 10 for the  
290 case of 12.0×17.2×5.5 cm sample. The highest electric potential was along the upper electrode  
291 while the top regions of the system also experienced a certain electric potential distribution.  
292 This distribution was also experimentally observed to be high enough to light a halogen lamp.  
293 This shows a certain amount of electric potential cannot be used to be beneficial in thawing,  
294 and this information might further be used for design and optimization purposes.

### 295 **3.3. Effect of sample size and power absorption of samples on thawing time**

296 As demonstrated by Uyar et al. (2014), the sample size has significant effect on the power  
297 absorption during the RF heating. In this study also, RF power absorption was observed to be  
298 higher for large sized block and as a result the thawing time was observed to be shorter.  
299 Time wise integrated absorbed power amount was 35.58 W for the block of 12.0×17.2×3.8 cm  
300 while it was around 4 times of this value for the larger block of 12.0×17.2×5.5 cm (140.73 W).  
301 Based on this difference, thawing time was more than 3 times shorter for the larger block. In  
302 conventional thawing systems, due to the significant effect of conduction heat transfer inside  
303 the product and convection heat transfer outside (as noted in the introduction section, upon  
304 thawing of outer surfaces at the initial stages of a conventional thawing process, still-frozen  
305 inside parts are being surrounded by a low thermal conductivity layer leading to longer thawing  
306 times), the thawing times are always higher for the larger sizes, and this contradiction makes  
307 the RF processes an available industrial process.

308 With a further effort, another set of experiment was carried out to observe the effect of  
309 RF thawing versus a conventional thawing process. Fig. 11 shows the comparison of thawing  
310 temperature profile during RF application compared to the conventional natural convection  
311 process for the frozen block of 12.0×17.2×3.8 cm lean beef. The distance between the upper  
312 electrode and the sample surface was 12 cm during RF application. Farag et al. (2008a) reduced  
313 tempering time 30 fold for 4 kg meat blends with a greater uniformity of temperature  
314 distribution. Based on the study conducted by Uyar et al. (2014), the sample sizes had a  
315 significant effect on power absorption during RF processes, and this might be even more  
316 effective for the frozen products due to the dielectric properties of ice. Hence, a smaller size

317 sample was used to compare RF thawing time with conventional natural convective thawing,  
318 and  $\approx 3$  fold reduction in thawing time can be observed in Fig. 11.

#### 319 **4. Conclusions**

320 Besides conventional thawing systems, electromagnetic applications (MW and RF) appear to  
321 have the potential for industrial use to keep thawing time to a minimum with least damage to  
322 the quality. MWs, with their limited penetration depth compared to RF, are less satisfactory for  
323 thawing of especially the larger sized products due to runaway heating and non-uniform  
324 temperature distribution. RF systems might offer better process control for these  
325 disadvantages if an optimized process might be developed. The first condition to design and  
326 optimize an RF thawing system is the availability of a mathematical model.

327 In this study, a computational model was developed to determine the electrical field  
328 distribution in a 50  $\Omega$  and a free running oscillator RF system. Temperature and distribution in the  
329 frozen lean beef and electric potential distribution inside the system were determined, and the  
330 models were validated with experimental data for various sized samples. Effect of sample size  
331 and power absorption of samples on thawing time were demonstrated while RF thawing was  
332 also compared with a conventional way of thawing under still air. Non-uniform temperature  
333 distribution during thawing, especially high temperatures encountered along the surface and  
334 corners of the product, is a major disadvantage of a RF thawing system. Mathematical models  
335 might be used for designing RF systems to mitigate the effect of overheating at the corners via  
336 combining them with optimization methods.

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339 Engineering at the University of Mersin. He is now affiliated with the Ankara University. He  
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342 provided to them in the last years working in the area of RF heating of foods.  
343

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430



431 **Figure Legends**

432 Figure 1. (a) Experimental set up used by (adapted from) Farag et al. (2008); (b) 25 locations in  
433 the sample where the temperature data were recorded (adapted From Farag et al.,  
434 2008).

435 Figure 2. (a) 2 kW, 27.12 MHz pilot-scale free-running oscillator RF system; (b) meat sample used  
436 in the experiments.

437 Figure 3. Location of the fiber optic probes in the samples (a) frozen sample block of:  
438 12.0×17.2×3.8 cm (b) frozen sample block of 12.0×17.2×5.5 cm.

439 Figure 4. Dielectric properties as a function of temperature (a) Dielectric constant; (b) Dielectric  
440 loss factor - (Adapted from Farag et al.,(2008b).

441 Figure 5. Thermal conductivity (W/m-K) as a function of temperature -(Adapted from Farag et  
442 al.,(2008b).

443 Figure 6. Comparison of simulation results with the experimental data obtained by Farag et al.  
444 (2011).

445 Figure 7. Temperature contours in the zx plane of the lean beef sample at the radio frequency  
446 thawing time of (a) 600 s and (b) 3000 s.

447 Figure 8. Comparison of simulation results with the experimental data for a frozen ground lean  
448 beef block of 12.0×17.2×3.8 cm where the distance between the upper electrode and  
449 the sample surface was 12 cm.

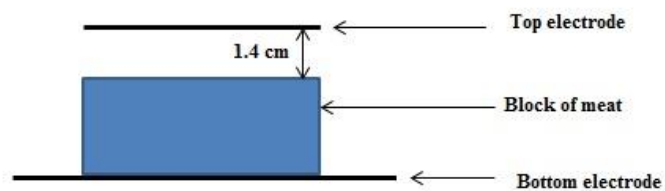
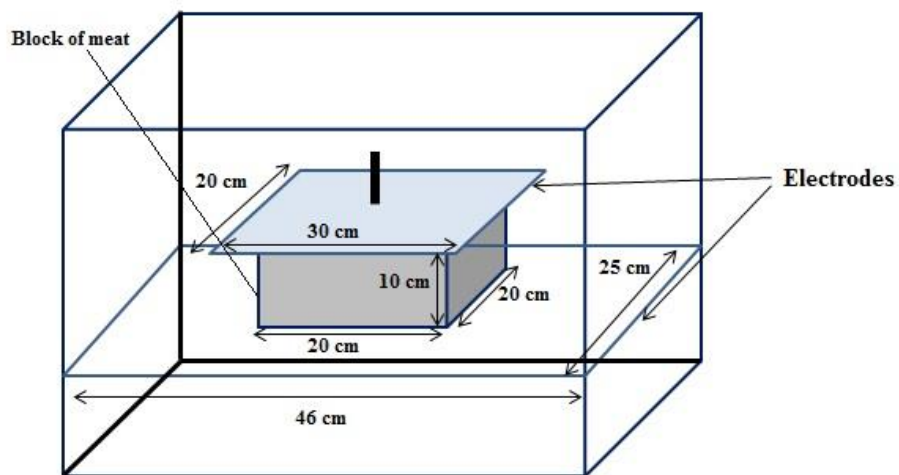
450 Figure 9. Comparison of simulation results with the experimental data for a frozen ground lean  
451 beef block of 12.0×17.2×5.5 cm where the distance between the upper electrode and  
452 the sample surface was 13 cm.

453 Figure 10. Electric potential distribution for the case of 12.0×17.2×5.5 cm sample.

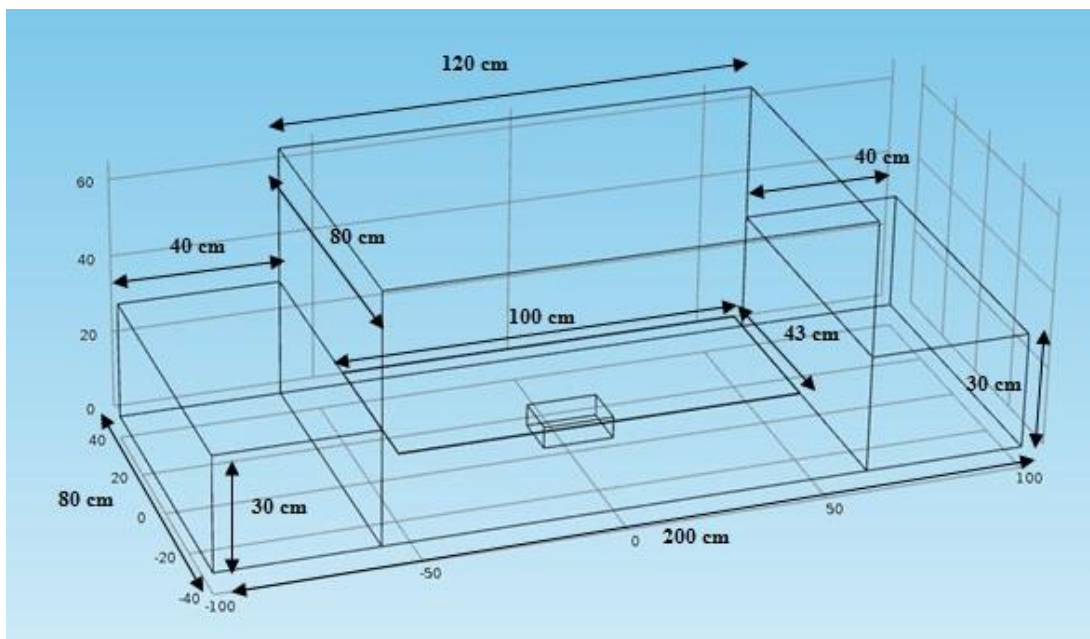
454 Figure 11. Comparison of radio frequency thawing with conventional natural convection

455 thawing (experiments were conducted with the frozen block of 12.0×17.2×3.8 cm lean

456 beef).

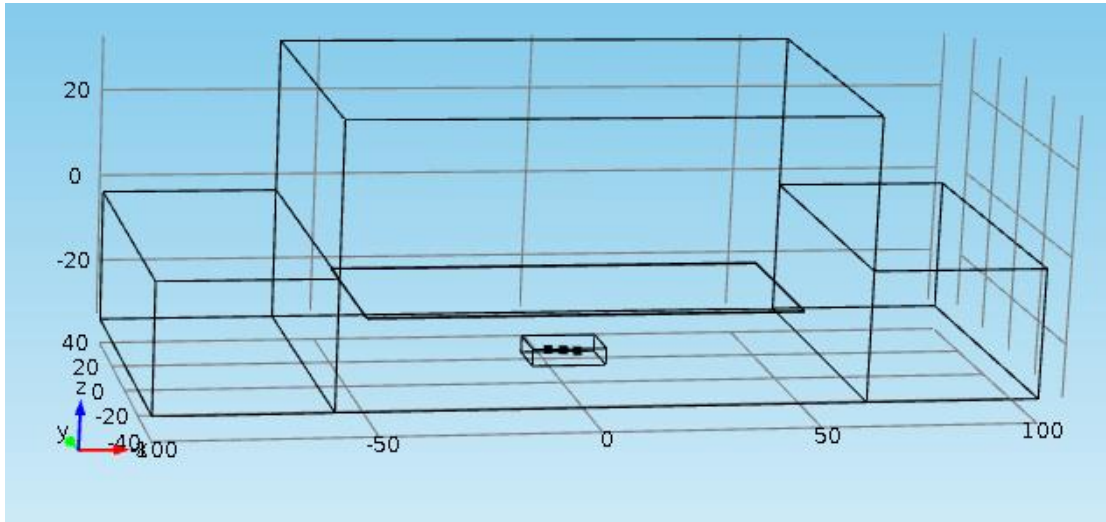


(a)



(b)

Figure 1. (a) Experimental set up used by (adapted from) Farag et al. (2008); (b) 25 locations in the sample where the temperature data were recorded (adapted From Farag et al., 2008).

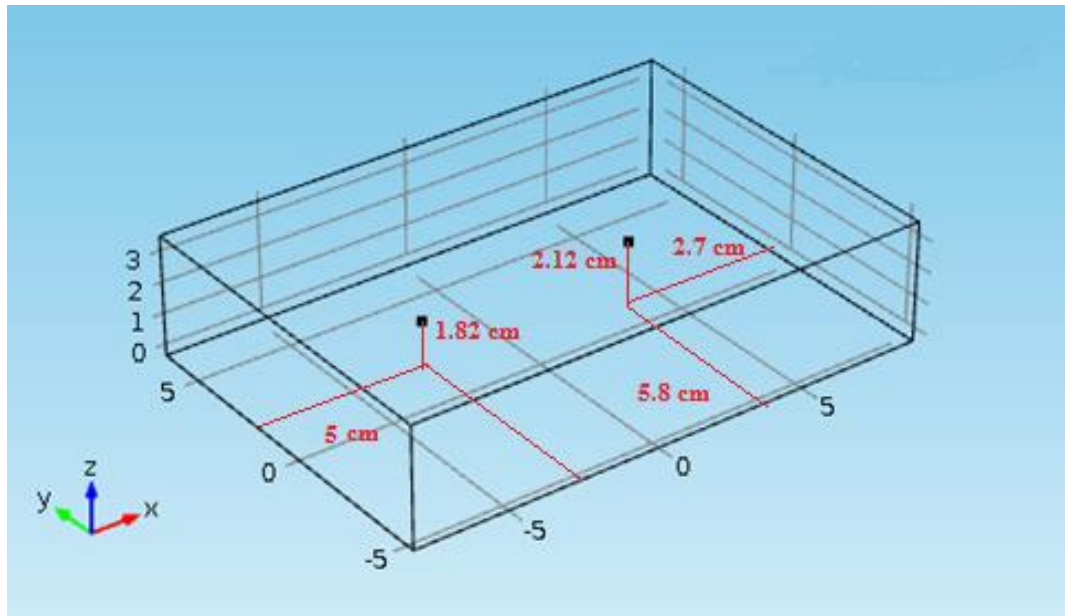


(a)

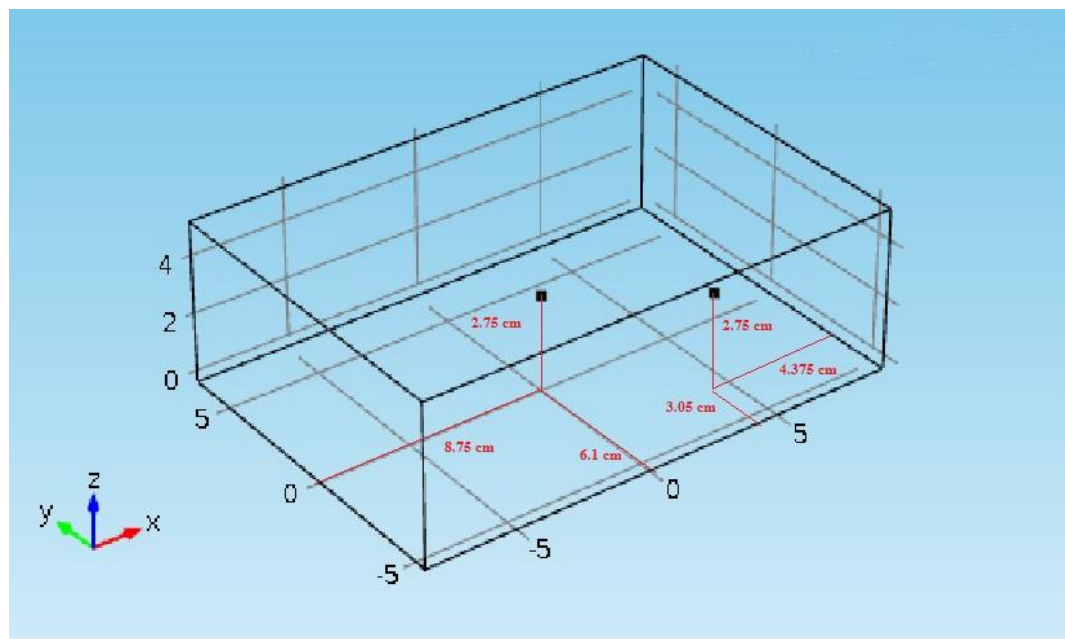


(b)

Figure 2. (a) 2 kW, 27.12 MHz pilot-scale free-running oscillator RF system; (b) meat sample used in the experiments.

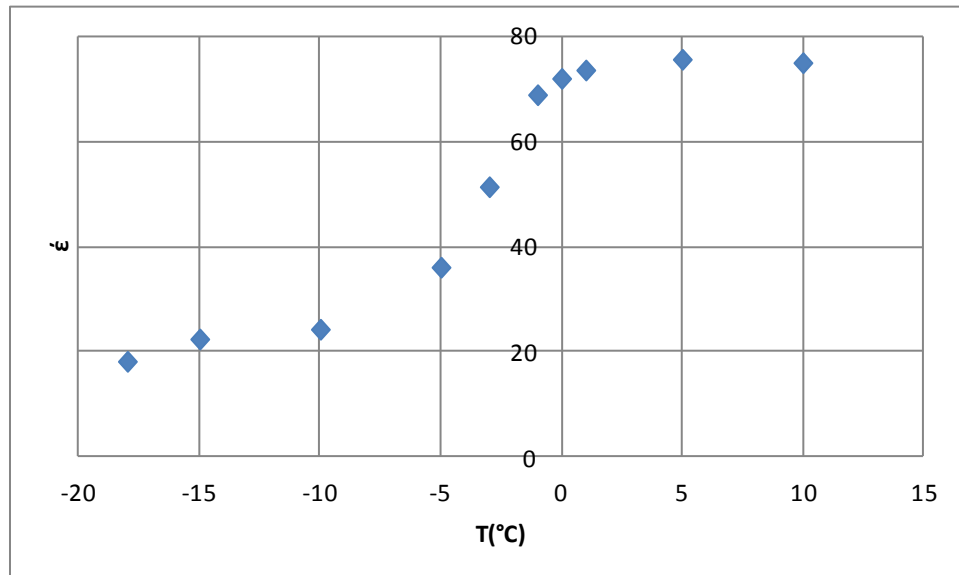


(a)

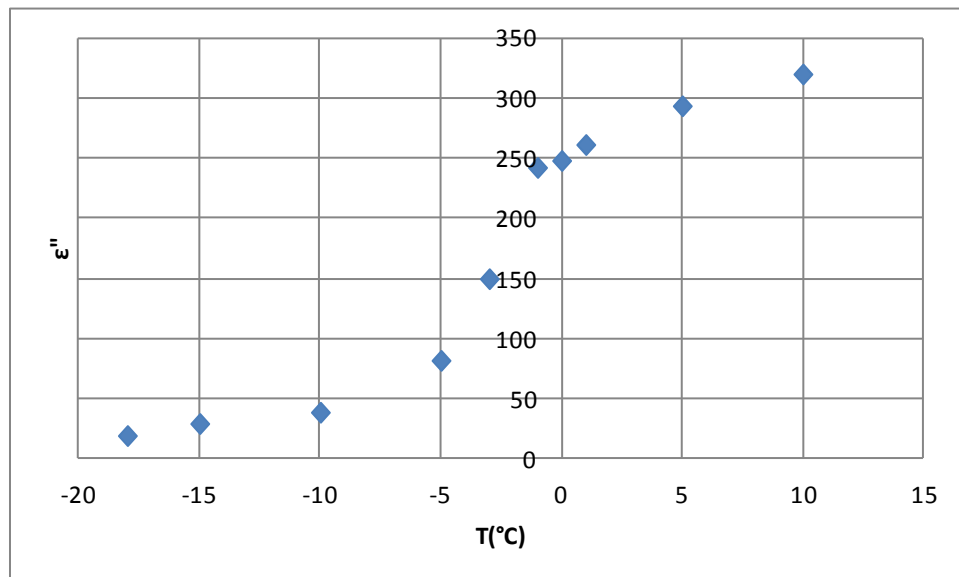


(b)

Figure 3. Location of the fiber optic probes in the samples (a) frozen sample block of: 12.0×17.2×3.8 cm (b) frozen sample block of 12.0×17.2×5.5 cm.

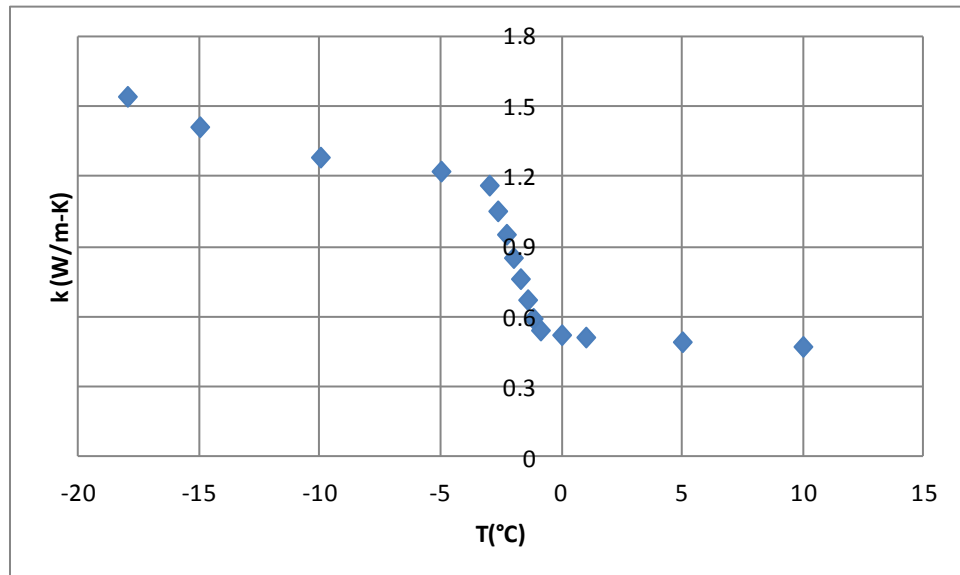


(a)



(b)

Figure 4. Dielectric properties as a function of temperature (a) Dielectric constant; (b) Dielectric loss factor - (Adapted from Farag et al.,(2008b).



(a)

Figure 5. Thermal conductivity ( $\text{W m}^{-1} \text{K}^{-1}$ ) as a function of temperature - (Adapted from Farag et al.,(2008b)).

Figure06

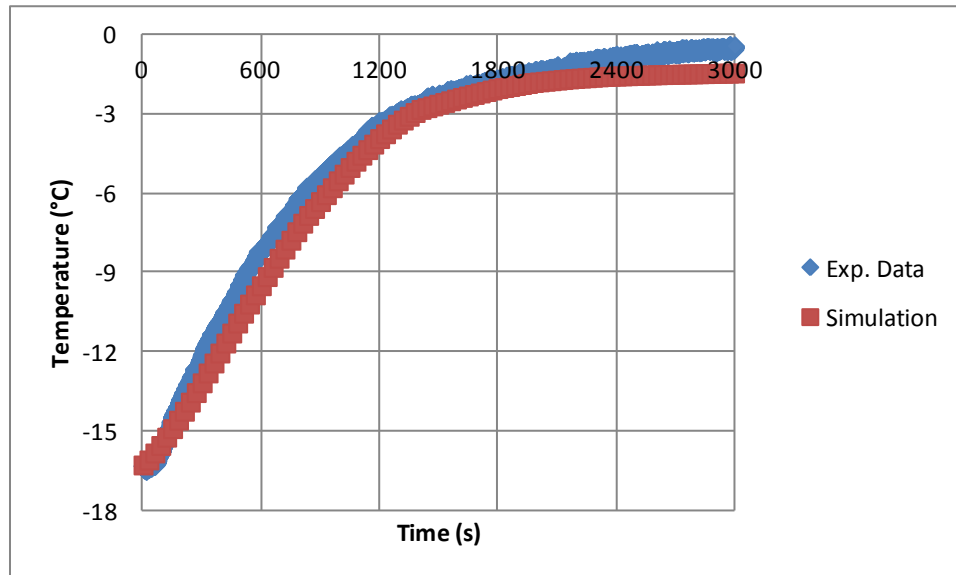
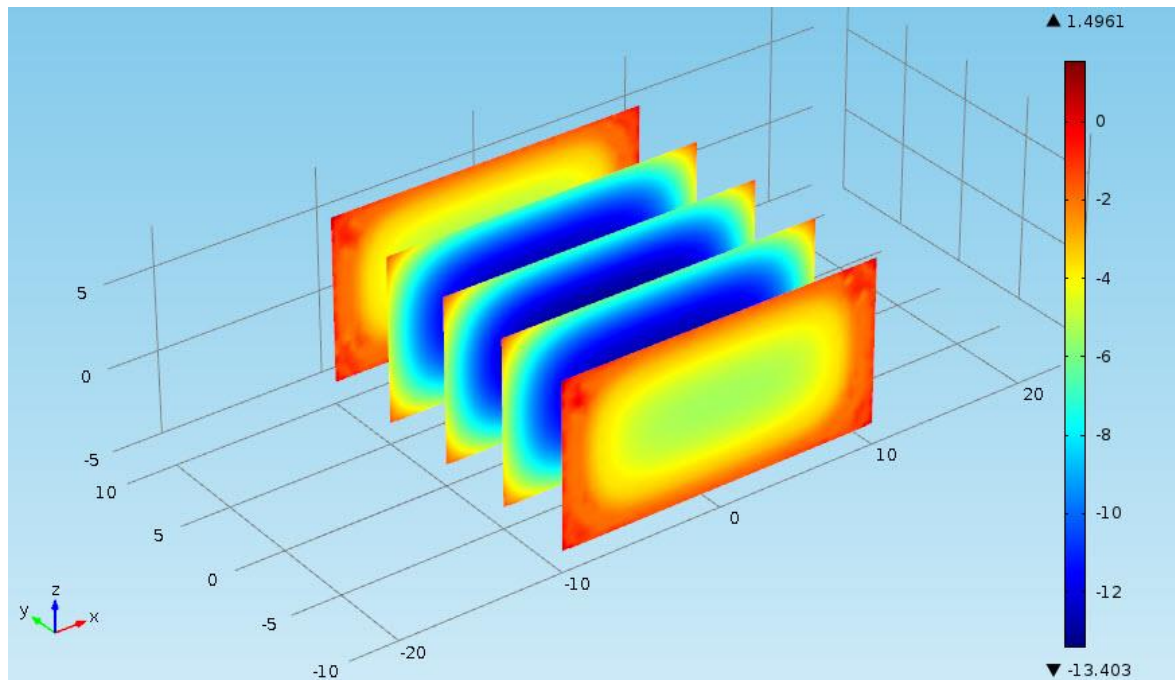


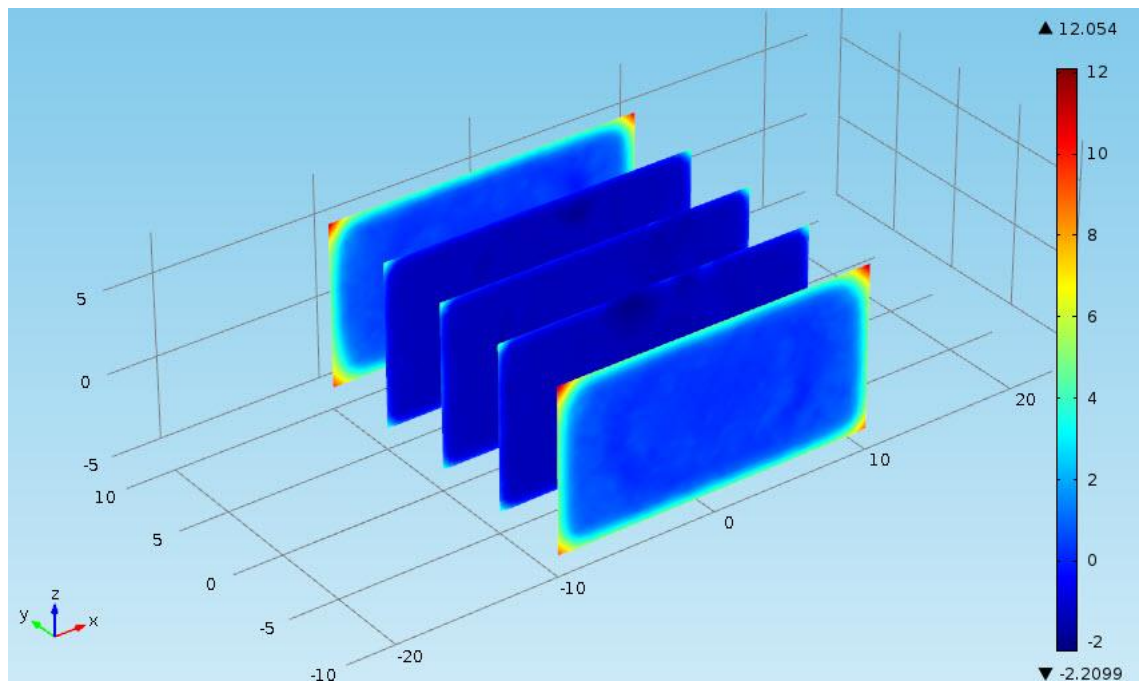
Figure 6. Comparison of simulation results with the experimental data obtained by Farag et al. (2011).



Figure07

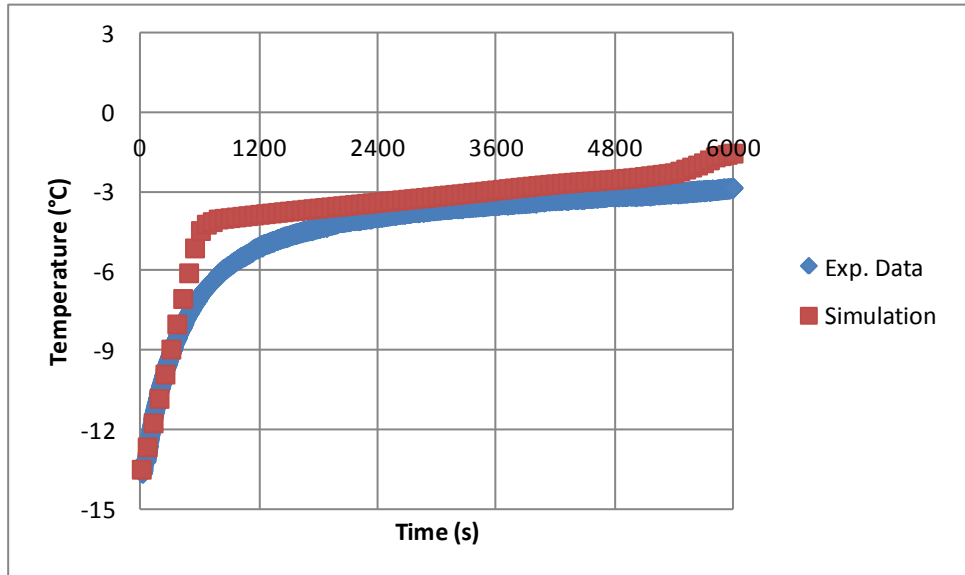


(a)

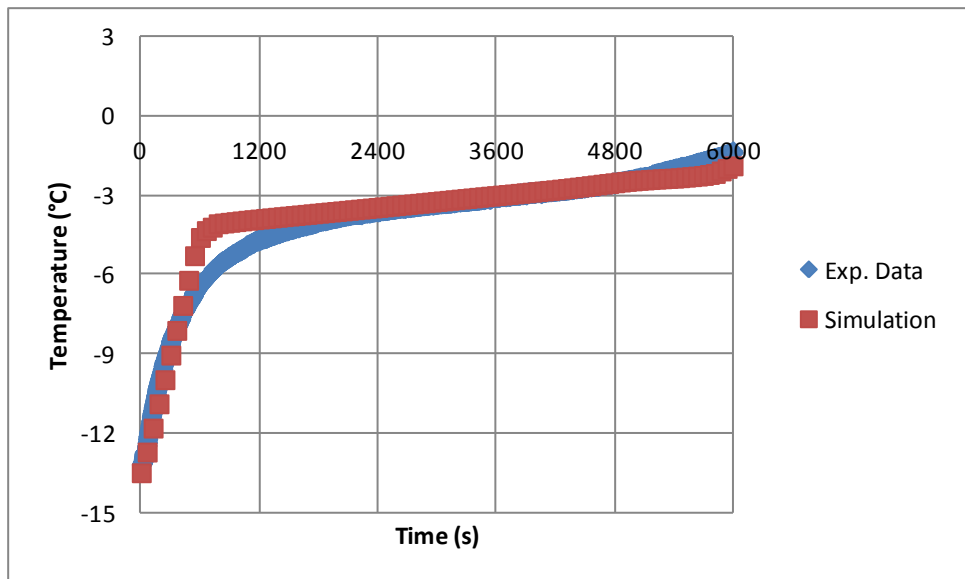


(b)

Figure 7. Temperature contours in the zx plane of the lean beef sample at the radio frequency thawing time of (a) 600 s and (b) 3000 s.

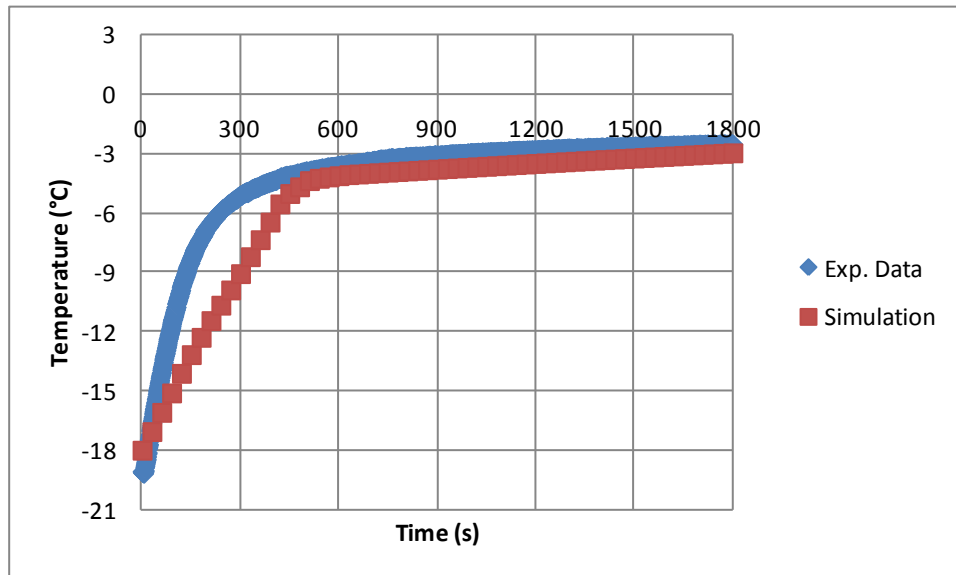


(a) - 496

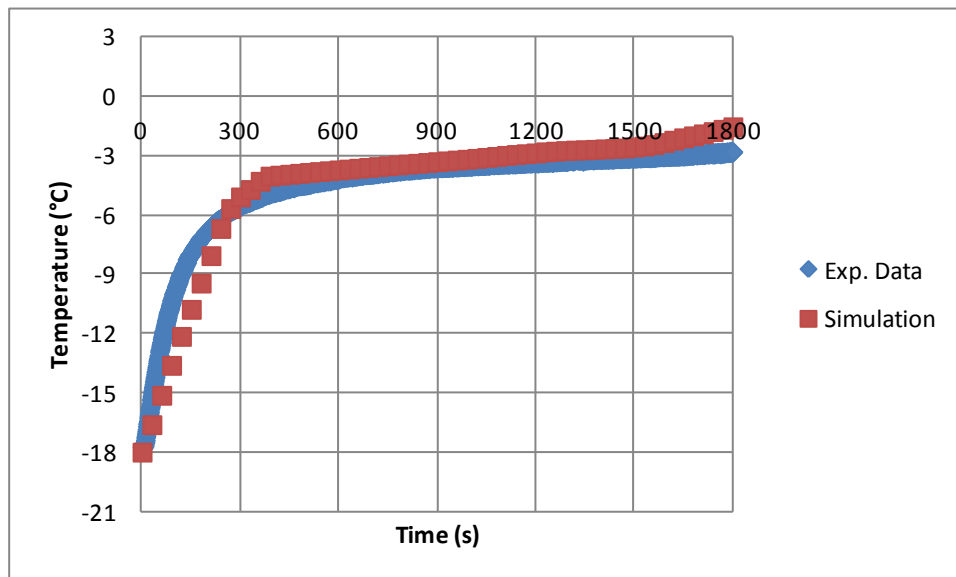


(b) - 500

Figure 8. Comparison of simulation results with the experimental data for a frozen ground lean beef block of 12.0×17.2×3.8 cm where the distance between the upper electrode and the sample surface was 12 cm.



(a) - 496



(b) - 500

Figure 9. Comparison of simulation results with the experimental data for a frozen ground lean beef block of 12.0×17.2×5.5 cm where the distance between the upper electrode and the sample surface was 13 cm.

Figure10

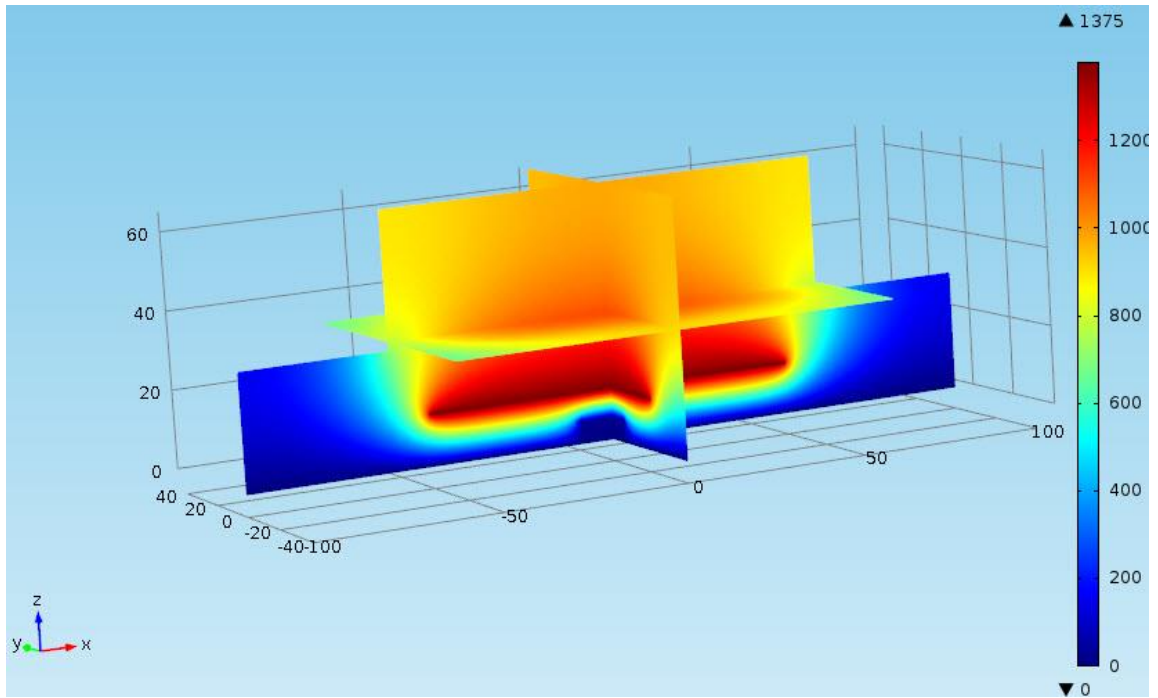


Figure 10. Electric potential distribution for the case of 12.0x17.2x5.5 cm sample.

Figure11

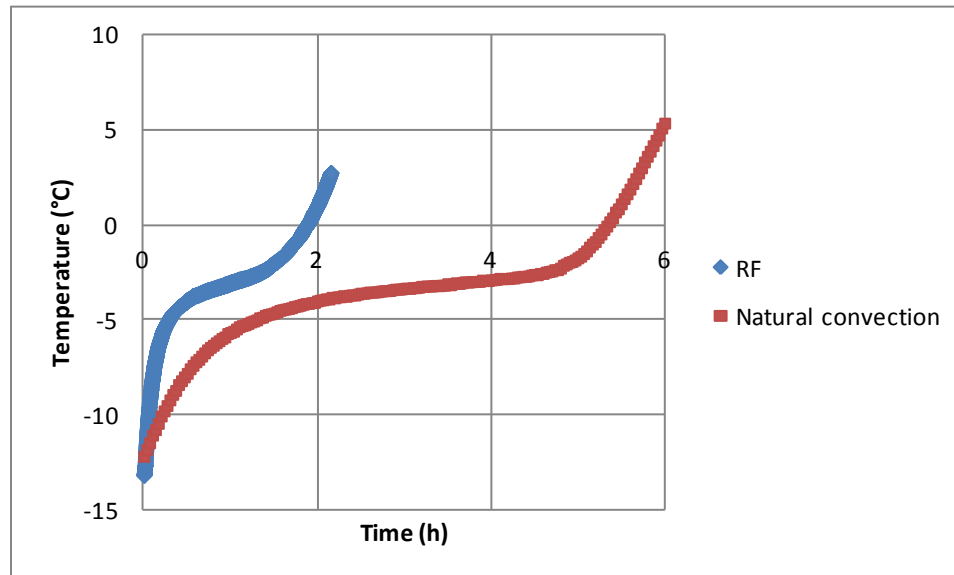


Figure 11. Comparison of radio frequency thawing with conventional natural convection thawing (experiments were conducted with the frozen block of 12.0×17.2×3.8 cm lean beef).