



# Urban heat island in Padua, Italy: simulation analysis and mitigation strategies

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## Abstract

The Urban Heat Island effect has been widely studied in large cities around the world, more rarely in medium-size ones. The paper reports on the study of the UHI phenomenon in Padua, a medium-size city in the northeast of Italy, one of the most industrialized and developed parts of the country.

Experimental measurements were carried out during summer 2012, recording the main thermo-hygrometric variables by mobile surveys along an exact path crossing different zones of the city area (urban, sub-urban and rural). Some measurements in situ in characteristic sites of the city area (like the city centre, high and low density populated residential zones, industrial zone, rural zone) were carried out in order to evaluate thermal comfort indexes. The analysis of the data highlights the presence of the UHI effect with different magnitudes depending on the function of the zone of the city. In the city centre, a historical zone, the effect was up to 7 °C.

The ENVI-met simulation model was used in order to quantify possible increases in thermal comfort as a consequence of some mitigation strategies. In particular, a very famous square of the city (Prato della Valle) was analysed: it can be considered representative of the phenomenon because of the size and so the very different characteristics from the UHI effect point of view. Two scenarios were analysed besides the actual one (“AsIs” scenario): “Green ground” (halving the asphalt surface and doubling the green and plants surface) and “Cool Pavements” (increasing the albedo of impervious horizontal surfaces).

The simulation results are presented both in terms of UHI intensity (difference in air dry-bulb temperature between Prato della Valle and a reference rural site) and in terms of mean radiant temperature and thermal comfort sensation. The results are presented both in spatial and temporal terms for a typical summer day. The “Green ground” scenario allows up to a 1.4 °C and 3 °C decrease in air temperature, respectively during the night and the day. The same items for the “Cool Pavements” scenario are, respectively, 1.8 and 4 °C.

## 1. Introduction

As is well known, the Urban Heat Island phenomenon (UHI) is the systematic higher air temperature of an urban environment with respect to a rural one. This results from many causes that interact with one another, according to the particular situation of each city (Lazzarin, 2011). Briefly, the main factors are the following:

- the structure of urban canyons that affect the shortwave radiation heat exchange capacity of the urban surfaces towards the sky;
- the typically low albedo of the urban surfaces that increase the heat absorbed by buildings, pavements, roads and roofs;
- the anthropogenic heat produced by heat engines of the motorcars and chillers condensation heat;
- the greenhouse effect that is amplified by the higher pollutant concentration in the urban atmosphere;

- the shortage of green areas that increases the heat exchange with air and decreases the evaporative cooling effect due to the lack of evapotranspiration of trees and grass.

The literature on the UHI effect is very rich; for the sake of brevity refer to the authors' previous work (Noro et al., 2014a) to find some references. UHI has been studied worldwide (Athens, London, Berlin, Vancouver, Montreal, New York, Tokyo, Hong Kong for example) since the sixties (Santamouris, 2007). In Italy, only a few studies are available for some major cities like Bologna (Zauli Sajani et al., 2008), Milan (Bacci and Maugeri, 1992), Florence (Petralli et al., 2006) (Petralli et al., 2009) (Petralli et al., 2011) and Rome (Fabrizi et al., 2010). Very few data are available concerning the existence of the urban heat island phenomenon in medium-size cities, the most widespread in Italy (Modena (Bonafè, 2006) and Trento (Lora et al., 2006) (Giovannini et al., 2011) for example), and none in the Veneto Region in the northeast of Italy. The University of Padua has been studying the Padua city's UHI effect since 2010. In previous works the authors have described the results of the 2010, 2011 and 2012 measurement campaigns done by the research group of the Department of Environmental Agronomy and Crop Productions and by the authors themselves (University of Padua) (Busato et al., 2014) (Noro et al., 2014a). In other previous studies, the authors described the activities on the simulation of UHI in characteristic sites of the fabric of the city of Padua developed within the framework of the European Project "UHI"<sup>1</sup> (Noro and Lazzarin, 2014) (Noro et al., 2014b).

In this paper, the use of the ENVI-met simulation model allowed to investigate the effects of possible mitigation strategies in one of the most characteristic sites of the city, Prato della Valle.

## 2. UHI Mitigation Strategies by Simulations

### 2.1 Methods

In order to accurately simulate the physics of the atmospheric boundary layer of an urban area, the

modeling software should meet the following requirements (Huttner, 2012) (Xiaoshan et al., 2012):

- the grid size of the model area should be small enough to resolve buildings, i.e. grid size  $\leq 10$  m;
- the model should implement the energy balance of surfaces of all types;
- the simulation of the physical and physiological properties of plants should be included;
- the calculation of the atmospheric processes should be prognostic and transient.

The three-dimensional microclimate model ENVI-met ([www.envi-met.com](http://www.envi-met.com)) (Bruse and Fleer, 1998) is one of the few microscale models that fulfill all of the above-mentioned criteria. It is freeware and runs on a standard x86 personal computer with a Microsoft Windows operating system. In this work, the authors conducted simulations using the ENVI-met model (rel. 3.5) in order to quantify the effects of selected mitigation actions in one of the most characteristic areas of Padua, Prato della Valle.

ENVI-met is a three-dimensional microclimate model designed to simulate the surface-plant-air interactions in the urban environment with a typical resolution of 0.5 to 10 m in space and 10 s in time. The model area is described in Figure 1. The main area is a 111x88x35 grid (in a x,y,z tridimensional reference system), with a 5x5x3 m grid dimension. An appropriate number of nesting grids (five) was set in order to minimize boundary effects. Seven specific points of interest were identified in the zone to characterize the dry-bulb air temperature (AT), the mean radiant temperature (MRT) and the predicted mean vote (PMV) at 1.80 m above ground during 24 hours, from 6am to 6pm (Table 1). Because the simulations were very time-consuming, they lasted 72 hours; only the last 24 hours were considered for the results because they were the least influenced by the initial and boundary conditions. The daily mean air temperature of the day before the start simulation was used as the initial air temperature at 6am of the first day. Simulations used the default values of ENVI-met except for the ones reported in Table 2.

<sup>1</sup> "UHI - Development and application of mitigation and adaptation strategies and measures for counteracting the global Urban Heat Islands phenomenon" (3CE292P3).

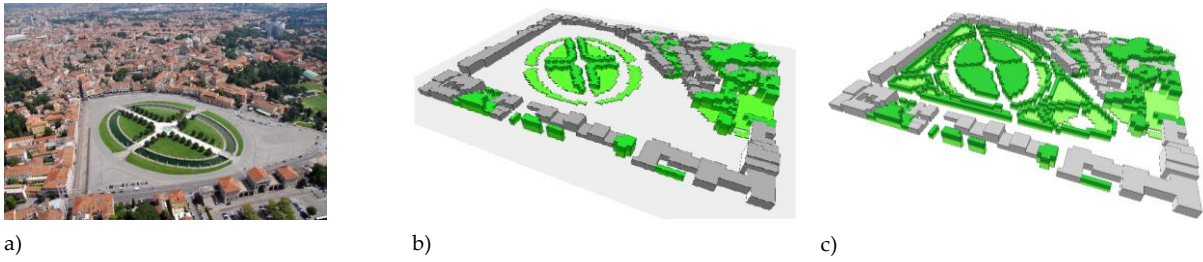


Figure 1 – The area (a) and the model area in ENVI-met used for the simulations of the “AsIs” scenario (b) and the “Green ground” scenario (c)

Table 1 – Description of the seven characteristic points in the two simulated scenarios

|  | Position | Scenario “AsIs”              | Scenario “Green ground”     |
|--|----------|------------------------------|-----------------------------|
|  | 1        | Asphalt – far from buildings | Green – far from water      |
|  | 2        | Asphalt – near to buildings  | Asphalt – near to buildings |
|  | 3        | Gravel – near to water       | Gravel – near to water      |
|  | 4        | Gravel – far from water      | Gravel – far from water     |
|  | 5        | Green – far from water       | Green – Trees               |
|  | 6        | Green – near to water        | Green – Trees               |
|  | 7        | Green – Trees                | Green – Trees               |

Table 2 – Configuration values in ENVI-met

|  |   |
|--|---|
| Simulation tool: ENVI-met 3.5<br>Start Simulation at Day (DD.MM.YYYY): 27.07.2012 (Summer)<br>Start Simulation at Time (HH:MM:SS) = 06:00:00<br>Total Simulation Time in Hours = 72.00<br>Save Model State each ? min = 60<br>Wind Speed at 10 m ab. ground [ $m s^{-1}$ ] = 2<br>Wind Direction (0:N.. 90:E.. 180:S.. 270:W..) = 45<br>Roughness Length $z_0$ at Reference Point = 0.2<br>Initial Temperature Atmosphere [K] = 299.1 K<br>Specific Humidity at 2500 m [ $g_{water}/kg_{air}$ ] = 7<br>Relative Humidity at 2 m [%] = 76 | Building properties<br>Inside Temperature [K] = 298<br>Heat Transmission Walls [ $W m^{-2} K^{-1}$ ] = 1<br>Heat Transmission Roofs [ $W m^{-2} K^{-1}$ ] = 2<br>Albedo Walls = 0.2<br>Albedo Roofs = 0.3<br>Emissivity of all the surfaces = 0.9<br><br>People velocity [ $m s^{-1}$ ] = 0.3<br>Metabolic rate [ $W m^{-2}$ ] = 116<br>Clothing insulation [clo] = 0.5 |
|--|---|

It is worth stressing that while other indexes (like PET and SET\*) were specifically defined to assess outdoor thermal comfort (Matzarakis et al., 2007) (Matzarakis et al., 2010) (Mayer, 1993) (Gagge et al., 1986) (Höppe, 1999) (Mayer and Höppe, 1987), the use of PMV is not universally recognized. In addition, the ISO 7730 standard focused on the use of PMV only as the indoor thermal comfort index. Nevertheless, some authors applied the use of PMV to outdoor environments (Matzarakis et al., 2007) (Matzarakis et al., 2010), (Berkovic et al., 2012) (Honjo, 2009) (Jendritzky and Nubler, 1981) (Jendritzky, 1993) (Thorsson et al., 2004). ENVI-met uses the Klima-Micheal-Model (KMM) that adds complex energy balance equations referred to outdoor to the classic Fanger’s model (Jendritzky

and Nübler, 1981) (Honjo, 2009).

To measure the UHII, a set of simulations were performed in the rural zone just outside Padua (Via Roma in Legnaro) as well, in order to calculate a temperature profile for the reference zone. Two scenarios were supposed besides the actual one (“AsIs” scenario):

- a) “Green ground”: increasing the pervious surfaces of the area from 23% to 43% by planting trees, 10 m height, within and around the ellipse, and converting a large part of the impervious zone - e.g. asphalt car park surface - to a pervious zone by planting grass. The circle street was left in order not to modify the traffic (Figure 1). The main effects were: Sky View Factor (SVF) decreased for the presence

of trees along the streets; impervious surface fraction decreased (and pervious surface fraction increased) because the green area increased; the albedo slightly increased; other thermo-physical properties of the surfaces/materials remained more or less the same. The impact on UHII reduction was the air cooling mainly due to the evapotranspiration effect of the green surfaces.

- b) “Cool pavements”: substituting all the traditional asphalt (albedo 0.2) and concrete (albedo 0.4) of roads and pavements with “cool materials”, that is materials with higher albedo (0.5) and also high emissivity in the infrared radiation. The main effect was a significant increase in the albedo while other properties remained the same. The impact on UHII reduction was mainly due to the minor air heating caused by the lower urban surfaces’ temperature; the limitation in the solar radiation absorption and the high emissivity of this kind of surfaces were the main causes.

It is worth highlighting that in case b) ENVImet has some limitations; in fact it is not possible to simulate:

- pervious asphalts or green/asphalt mixed surfaces (the only pervious surface that can be modelled is the soil beneath the green and pavements);
- surfaces with phase change materials, able to limit the temperature thanks to the melting process of the micro-encapsulated nanomaterials inside;
- asphalts/concretes with light pigments, able to reflect most part of the visible radiation;
- different emissivity values for different range of wavelength (that is ENVImet considers all the surfaces as greys).

For all these reasons the “Cool pavements” scenario was simulated only by the increased albedo of asphalt and concrete surfaces.

## 2.2 Results and Discussion

Results, in terms of AT, UHII with respect to Via Roma (rural zone), MRT and PMV (at 1.80 m above ground), are summarized in Table 3 and Table 4 for

the seven points (the most significant of Table 1 as representative of the area) respectively for a typical daytime and night time hour. Summarizing, the main results are:

- In terms of AT, differences between the different points on the square are never greater than 1.5 °C. This is in line with other studies (Iziomon Moses et al., 1999) (Bruse et al., 2009). Experimental studies show that the green surfaces absorb almost a quarter of the solar radiation allowing a lower outside adduction heat exchange with respect to traditional impervious surfaces (even lower with wet green); the evapotranspiration effect allows a further heat exchange (higher with wet green) so that green surfaces’ temperature is normally lower than impervious ones, even lower the wetter the green is (Lazzarin et al., 2005). ENVImet does not allow us to force the ground humidity, i.e. simulating watering of green surfaces; considering that, as previously stated, simulations lasted 72 hours but only the last 24 hours were considered for the results, the green surfaces were substantially dry, thus limiting their performances.
- UHI intensity assumes high values in the AsIs scenario: the highest temperatures (8-9 °C) was noticed after the sunset (8pm) and till the first sunrise (4am).
- a quite similar value (7.7 °C) for the UHII during the day was noticed only for point 2, which is a point on the asphalt near the buildings (characterized by low SVF and impervious surface); for the other points the maximum daytime UHI intensity was always lower or equal to 7 °C.
- AT in Pos. 3 (gravel near to water) is probably overestimated, as ENVImet is not able to simulate moving water systems like rivers and fountains (Bruse and Fleer, 1998) so there is no evaporative cooling effect. This affects both AT and PMV (Bisson, 2010).
- MRT in the AsIs scenario is almost the same in the different points at 3pm, except for the ones shadowed by trees (Pos. 2 and 7); such very large differences in MRT are consistent with other studies (Iziomon Moses et al., 1999) (Mayer, 1993) (Bruse et al., 2008). A main

consequence is the very great values of PMV (greater than 6 in the most exposed positions) indicating a sensation of great heat and so of great discomfort. However, as reported in literature (Bruse and Flerer, 1998) (Bruse, 2005) (Candidi et al., 2006) (Honjo, 2009) (Thorsson et al., 2004) (Baker et al., 2001) values of PMV over the scale -4/+4 are not significant, indicating a great discomfort sensation.

- The “Green ground” UHI mitigation strategy allowed around a 1°C decrease in UHI maximum night time intensity (but till 2 °C decrease in day time intensity). The greatest advantage from the mitigation action was recorded on the asphalt (points 1 and 2, but

greater on point 2 with lower SVF). Note that, while Pos. 1 passes from asphalt to green surface, Pos. 2 remains the same: increasing the green has an effect on reducing AT both directly (Pos. 1, reduction of 0.8 and 1.5 °C respectively at 3am and 3pm) and indirectly (Pos. 2, reduction respectively of 1 and 2.3 °C). This affects the PMV reducing its values, also considering the decrease in MRT in positions where trees were planted (Pos. 1 and 5). It could be concluded that even small but near green areas have a positive effect on reducing AT and so UHI, as proved also by (Candidi et al., 2006) (Jauregui, 1990) (Abu et al., 1998) (Gaj et al., 1998) (Cubasch et al., 2012).

Table 3 – Data obtained by ENVI-met simulations for the three scenarios on July, 29<sup>th</sup>, 3pm

|                |           | Pos.1 | Pos.2 | Pos.3 | Pos.4 | Pos.5 | Pos.6 | Pos.7 |
|----------------|-----------|-------|-------|-------|-------|-------|-------|-------|
| AsIs           | AT (°C)   | 36.1  | 36.9  | 35.8  | 36.0  | 36.2  | 35.7  | 35.4  |
|                | UHII (°C) | 6.9   | 7.7   | 6.6   | 6.9   | 7.0   | 6.5   | 6.2   |
|                | MRT (°C)  | 80.2  | 40.9  | 70.9  | 70.9  | 81.3  | 65.0  | 36.8  |
|                | PMV       | 6.7   | 3.6   | 5.9   | 6.1   | 6.8   | 5.3   | 3.1   |
| Green ground   | AT (°C)   | 34.6  | 34.6  | 34.4  | 34.6  | 34.1  | 34.1  | 34.2  |
|                | UHII (°C) | 5.4   | 5.5   | 5.3   | 5.5   | 5.0   | 5.0   | 5.0   |
|                | MRT (°C)  | 70.2  | 39.7  | 70.5  | 70.9  | 35.3  | 65.4  | 35.5  |
|                | PMV       | 5.7   | 3.2   | 5.7   | 5.8   | 2.8   | 5.2   | 2.8   |
| Cool Pavements | AT (°C)   | 32.3  | 33.0  | 32.2  | 32.6  | 32.5  | 32.2  | 31.9  |
|                | UHII (°C) | 3.1   | 3.8   | 3.1   | 3.4   | 3.4   | 3.0   | 2.7   |
|                | MRT (°C)  | 85.3  | 35.6  | 68.1  | 68.2  | 77.7  | 62.2  | 32.4  |
|                | PMV       | 6.0   | 2.6   | 5.0   | 5.0   | 5.6   | 4.5   | 2.2   |

Table 4 – Data obtained by ENVI-met simulations for the three scenarios on July, 30<sup>th</sup>, 3am

|                |           | Pos.1 | Pos.2 | Pos.3 | Pos.4 | Pos.5 | Pos.6 | Pos.7 |
|----------------|-----------|-------|-------|-------|-------|-------|-------|-------|
| AsIs           | AT (°C)   | 29.1  | 29.3  | 28.8  | 29.0  | 28.8  | 28.7  | 28.6  |
|                | UHII (°C) | 8.4   | 8.6   | 8.1   | 8.4   | 8.1   | 8.1   | 8.1   |
|                | MRT (°C)  | 23.0  | 22.5  | 18.5  | 18.4  | 19.6  | 17.5  | 18.8  |
|                | PMV       | 1.1   | 1.1   | 0.8   | 0.8   | 0.8   | 0.7   | 0.8   |
| Green ground   | AT (°C)   | 28.3  | 28.3  | 28.2  | 28.2  | 27.8  | 27.9  | 28.1  |
|                | UHII (°C) | 7.6   | 7.6   | 7.5   | 7.6   | 7.1   | 7.3   | 7.4   |
|                | MRT (°C)  | 18.3  | 21.9  | 12.7  | 19.3  | 18.0  | 18.3  | 18.1  |
|                | PMV       | 0.7   | 0.9   | 0.7   | 0.7   | 0.6   | 0.6   | 0.6   |
| Cool Pavements | AT (°C)   | 27.4  | 27.6  | 27.2  | 27.4  | 27.2  | 27.2  | 27.1  |
|                | UHII (°C) | 6.7   | 6.9   | 6.5   | 6.7   | 6.5   | 6.5   | 6.4   |
|                | MRT (°C)  | 20.7  | 20.2  | 16.8  | 16.9  | 17.5  | 15.9  | 16.8  |
|                | PMV       | 0.6   | 0.7   | 0.4   | 0.4   | 0.4   | 0.3   | 0.4   |

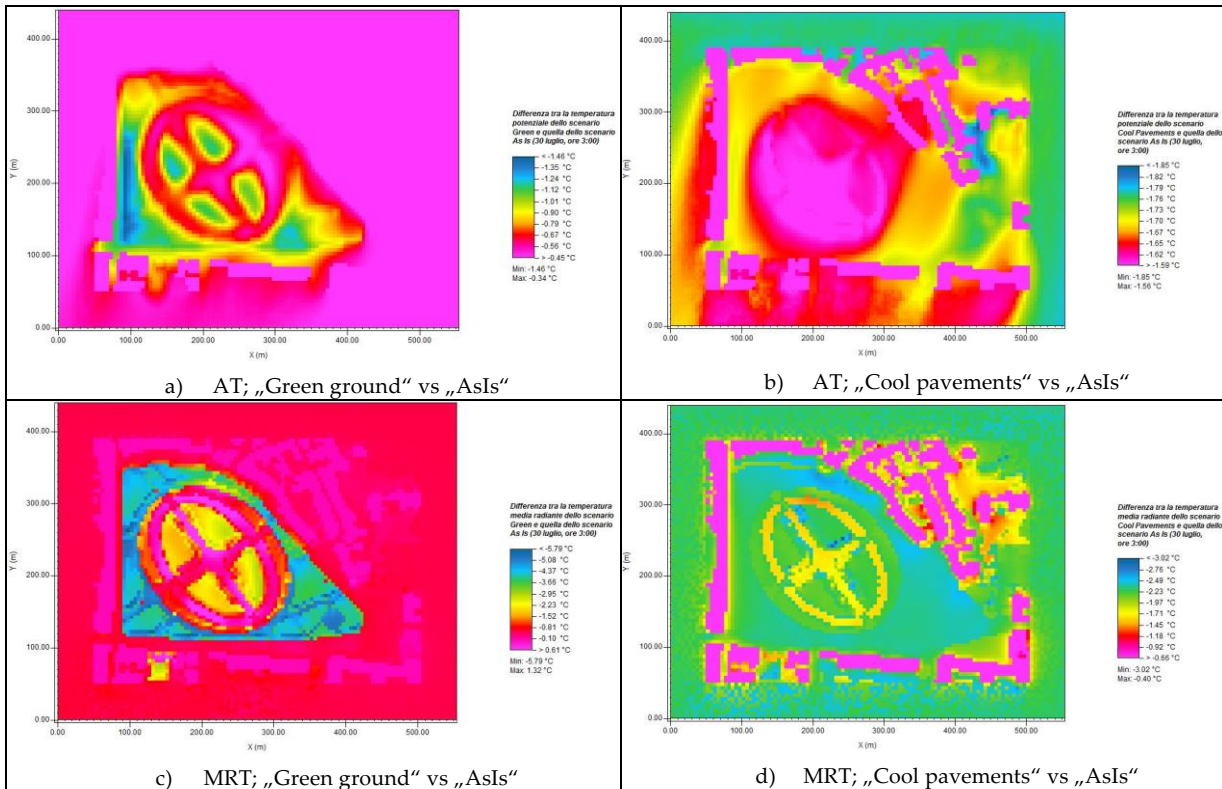


Fig. 2 – Air temperature ( a – b) and mean radiant temperature ( c – d) at 1.80 m above the ground at 3am on 30th July: comparison between „Green ground“ and „AsIs“ scenarios ( a – c) and between „Cool pavements“ and „AsIs“ scenarios ( b – d) )

- It is important to note that the positive effect of the “Green ground” mitigation action is mainly due to the shadowing effect of trees (during daytime); this could be detrimental during night time if the foliage were too dense because of the reduced SVF, also considering the already cited limit of the model to simulate green watering.
- The “Cool pavements” UHI mitigation strategy allowed around a 1.5-2 °C decrease in UHI at 3am and till 3-4 °C at 3pm. This positive effect is mainly due to the increased albedo of asphalt and the connected reduced surface temperature (for example in Pos. 1 at 3pm the asphalt temperature decreases from 51.9 °C to 42.6 °C). Such results are in line with other studies: (Akbari et al. 2001) found that increasing albedo by 0.25 allows a surface temperature decrease of 10 °C; in other cases, introducing cool materials with albedo between 0.4 and 0.85 brings the surface temperature to decrease by 7.5-15 °C and AT to decrease by 4 °C (daytime) and 2 °C (night

time) (Berdahl and Bretz, 1997) (Livada et al., 2006). Also considering the MRT, the “Cool pavements” mitigation action is positive, allowing a greater decrease with respect to the “AsIs” and “Green ground” scenarios. Only in Pos. 1, which is in the asphalt far from buildings, does MRT increase with cool materials, due to the greater reflected radiation during the day. This mitigation action allows to decrease the PMV inside the comfort range (-0.5/+0.5) during the night for most positions.

- Comparing the distribution of the differences between the two mitigation actions and the “AsIs” scenario for both AT and MRT at 3am (Fig. 2): the “Cool pavements” scenario allows a slightly greater and more uniform reduction on AT with respect to the “Green ground”, while referring to MRT the latter seems to perform better than the former.

### 3. Conclusions

The experimental analyses highlighted the presence of a not negligible UHI effect also in medium-size cities like Padua of up to 6-7°C, resulting in a thermal stress for people living in urban environments. The UHI phenomenon was very intense in the old town, where streets are characterized by highH/W ratio, small SVF and no presence of pervious surfaces. However, in residential areas, the UHI intensity was lower on average with a decreasing trend going from more densely populated streets to less densely populated ones.

In order to test different possible mitigation actions, the particular case of Prato della Valle was studied by the ENVI-met model. Introducing new green areas instead of impervious ones allows a decrease in AT till 2 °C and in MRT until some ten degrees. Even more interesting results can be reached using cool materials, even if the model presents some limits in modelling these kind of surfaces. The study highlights that possible advantages in mitigating UHI effect are possible installing small green areas and introducing new materials when maintenance operations of the pavements are foreseen.

### 4. Nomenclature

#### Symbols

|      |                                      |    |
|------|--------------------------------------|----|
| AT   | air temperature                      | °C |
| MRT  | mean radiant temperature             | °C |
| PET  | physiological equivalent temperature | °C |
| PMV  | predicted mean vote                  |    |
| SET* | new standard effective temperature   | °C |
| SVF  | sky view factor                      |    |
| UHI  | urban heat island                    |    |
| UHII | urban heat island intensity          | °C |

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