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1 **Linking vegetation patterns, wetlands conservation, and ecosystem services provision: From**
2 **publication to application**

3

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8 **Abstract**

- 9 1. Natural wetlands emerge as the best sites to preserve the diversity of aquatic and
10 riparian vegetation; however, especially in the lowlands, pristine wetlands and
11 aquatic ecosystems have almost completely disappeared through land reclamation
12 and agricultural development. Actions are needed, therefore, to maintain and recreate
13 a wide network of wetlands able to preserve adequate levels of vegetation
14 diversity.
- 15 2. Focusing on a complex wetland system located in an overexploited plain, the article
16 entitled ‘The importance of being natural in a human-altered riverscape: Role
17 of wetland type in supporting habitat heterogeneity and the functional diversity
18 of vegetation’, published in 2016 in *Aquatic Conservation: Marine and Freshwater
19 Ecosystems (AQC)* explored the role of wetland origin and hydrology as the main
20 drivers of physical and vegetation functional diversity, following a hierarchical
21 sampling approach.
- 22 3. The main results reinforced the key contribution of natural sites in maintaining
23 vegetation diversity in heavily impaired riverine contexts, suggesting a direct
24 effect of the interannual and seasonal dynamics of water-level variations in the
25 observed vegetation patterns.
- 26 4. The article offered an important contribution to our knowledge of vegetation patterns
27 in wetlands, partly attributed to the innovative functional, hierarchical
28 approach applied which is able to guarantee reliable data on the distribution patterns
29 of physical heterogeneity and wetland vegetation.
- 30 5. The findings of the article have been applied and adopted in a series of technical
31 handbooks designed, inter alia, to support the monitoring programmes of habitats
32 of community interest or vegetation of relevance for aquatic biodiversity conservation.
33 In addition, this article has helped to raise awareness of the essential roles

34 played by wetlands in agricultural landscapes and has emphasized the need for a
35 better synergy between the European Habitats Directive and the Water
36 Framework Directive. Several ecological recovery projects have been funded in
37 line with the results described in the AQC article.

38

39 **Keywords:** wetlands; floodplain; pond; biodiversity; conservation evaluation; ecosystem services;
40 macrophytes; vegetation; pollution; nutrient enrichment.

41 **Introduction to the paper “*The importance of being natural in a human altered riverscape*”**

42 The preservation of aquatic plants is a key pillar in biodiversity conservation:
43 inland aquatic ecosystems are among those most at risk on a
44 global scale, and aquatic plants are one of the most threatened biological
45 groups (Bolpagni, Laini, Stanzani, & Chiarucci, 2018; Dudgeon
46 et al., 2006). Moreover, aquatic plants play crucial roles in colonized
47 environments by actively regulating carbon and nutrient cycles, providing
48 niches and food resources for heterotrophic metabolism, and
49 by the physical and chemical stabilization of the water bodies colonized
50 (O'Hare et al., 2018). Hence, aquatic plants are acknowledged to
51 be ‘engineer species’ (Bolpagni, Laini, Soana, Tomaselli, &
52 Nascimbene, 2015; Bouma, De Vries, & Herman, 2010; Marzocchi,
53 Benelli, Larsen, Bartoli, & Glud, 2019; Ribaud et al., 2018), the progressive
54 disappearance of which results in drastic consequences for
55 the metabolic and functional status of aquatic habitats (Hilt, Brothers,
56 Jeppesen, Veraart, & Kosten, 2017; Scheffer, Hosper, Meijer, Moss, &
57 Jeppesen, 1993). To counteract the continuing loss of aquatic plants
58 and associated services and functions it is necessary to set effective
59 global conservation strategies. This can take advantage of the increasing
60 knowledge of aquatic plant spatial patterns (Murphy et al., 2019),
61 and of the adaptive responses of aquatic plants to environmental
62 drivers and perturbations (Alahuhta et al., 2017; Calero, Morellato, &
63 Rodrigo, 2018; Stefanidis, Sarika, & Papastegiadou, 2019).

64 In this context, the article by Bolpagni and Piotti (2016), published
65 in *Aquatic Conservation: Marine and Freshwater Ecosystems (AQC)*,
66 offers an important contribution to the understanding of the role of

67 wetland origin (i.e. natural or artificial) and hydrology (i.e. lentic or
68 lotic) in driving the physical heterogeneity and the functional diversity
69 of the vegetation hosted by wetlands. This paper investigated a series
70 of riverine wetlands (60 sites) across a riverscape (the Oglio River, in
71 northern Italy) that is subject to severe impacts. It followed a hierarchical
72 approach in order to allocate the sampling effort equally, at the
73 scale of the site, based on the seasonal evolution of patterns in waterlevel
74 variation (Bolpagni, Bartoli, & Viaroli, 2013) (Figure 1). This
75 allowed us to discriminate the presence or absence of four distinct
76 functional zones (FZs): ‘persistently aquatic’, ‘riparian’, ‘seasonally
77 emergent’, and ‘lateral’ zones. Each zone was then sampled to describe
78 the perennial and annual plant communities hosted using five replicates
79 – in the range of 4–16 m² – per FZ.

80 The results confirmed the fundamental role played by natural
81 sites in maintaining the diversity of aquatic and wetland vegetation in
82 heavily impaired riverine contexts. Indeed, the artificial sites (ponds
83 and ditches) showed reduced structural heterogeneity (i.e. a lower
84 number of FZs) and vegetation functional diversity (i.e. a lower number
85 of vegetation communities), compared with natural ponds and rivers.

86 This outcome appears to be reliant on the inter-annual and seasonal
87 patterns of water-level variations. The natural lotic sites
88 (i.e. ponds) were characterized by marked semi-drying phases during
89 summer, whereas the artificial lotic sites (i.e. ditches) were in use from
90 May to late August for irrigation, and accordingly were constantly wet
91 or inundated throughout the summer. Drying events, however, can
92 also trigger negative successional dynamics, favouring the entry and

93 establishment of terrestrial and ruderal plants into wetlands. At the
94 same time, differentiated hydroperiods may expand the niches available
95 for colonization by aquatic and wetland taxa (Brose, 2001;
96 Toyama & Akasaka, 2017). These conflicting findings suggest the existence
97 of complex, often hidden, interactions between physical and
98 biotic factors in inland aquatic ecosystems, and call for further
99 research attention.

100 Under high levels of human disturbance, typical of highly productive
101 irrigated plains, the aforementioned evidence and reflections
102 stress the need for active measures to support local aquatic biodiversity.
103 This is especially true considering that almost all lowland natural
104 aquatic environments have been reclaimed throughout the world
105 (Junk et al., 2014), and that local aquatic biodiversity conservation
106 strategies are often based on artificial wetlands (Guareschi, Laini,
107 Viaroli, & Bolpagni, 2020). It follows that without action aimed at recreating
108 a widespread network of wetlands it will not be possible to
109 guarantee the survival of a consistent portion of wetland vegetation
110 diversity. To achieve this global result, particular attention must be
111 paid to the design phases of new wetlands in order to guarantee adequate
112 levels of physical complexity.

113

114 2 | PRIMARY IMPACTS OF THE AQC

115 PUBLICATION

116 2.1 | Analysis and management of habitats,

117 vegetation, and species

118

119 The article by Bolpagni and Piotti (2016) has been part of a wider process
120 of raising awareness of the pivotal contribution of small standing
121 aquatic ecosystems (SWEs) and irrigation systems in supporting biodiversity
122 (see Bolpagni et al., 2019, and references therein), especially in
123 agricultural landscapes, as well as in urban environments (Oertli &
124 Parris, 2019). Hence, when compared with larger lentic freshwater
125 ecosystems the SWEs show lower area/perimeter ratios, emphasizing
126 the role of ecotones in regulating local metabolism and functions
127 (Schiemer, Zalewski, & Thorpe, 1995). These habitats are therefore
128 characterized by high levels of productivity, which are often intimately
129 associated with high levels of biodiversity (Oertli & Parris, 2019). In
130 addition, SWEs are generally acknowledged as refuges, acting as
131 stepping stones in landscapes of simplified structure known to be
132 poor in natural and semi-natural habitats (Bolpagni et al., 2019).
133 In particular, the research discussed by Bolpagni and Piotti (2016)
134 was supported by the Oglio Sud Regional Park (Lombardy Region,
135 northern Italy), a regional institution that aims to improve local knowledge
136 about these types of ecosystems within an agricultural matrix.

137 The results obtained stimulated the managers of the Natura 2000
138 network – an array of nature protection areas in the territory of the
139 European Union specifically aimed at preserving nature and wildlife
140 under the Habitats and Birds Directives (Council of the European
141 Communities, 1992, 2009) – and other local stakeholders (municipalities,
142 provinces, and regional and non-governmental organizations)
143 to promote specific recovery programmes. These programmes were
144 mainly aimed at: (i) guaranteeing the presence of water during the

145 summer period, in order to prevent a complete drying out of wetlands;
146 (ii) the creation of new aquatic environments (e.g. permanent
147 or temporary pools and ponds); and (iii) increasing the connectivity
148 between isolated environments. Focusing on the eastern sector of
149 the Lombardy region, several active interventions for increasing
150 aquatic biodiversity locally have been funded over the last 10 years.
151 Among others, re-excavation works were carried out in a series of
152 oxbow lakes of the Oglio River to rejuvenate filled water bodies
153 (i.e. the oxbow lakes of Runate). Similar actions have been
154 supported as part of the TESSERE project to enhance ecological
155 connectivity across a complex series of marginal habitats in the Mincio
156 and Oglio river basins (Figure 2). The project in the Mincio River
157 basin ended in 2014, with a budget of €400,000; the project in the
158 Oglio River basin finished in 2019, with a budget of approximately
159 €1 million. A continuing project, ECOPAY CONNECT 2020 (also
160 with a budget of approximately €1 million), which started in 2018,
161 and aimed at spreading a new awareness of the importance of
162 ‘Payments for Ecosystem Services’, will allow the revitalization of a
163 large number of aquatic ecosystems (e.g. oxbow lakes, peatlands,
164 ponds, and river banks) (Figure 3).

165 A further direct repercussion of the new awareness concerning
166 the ecological roles of marginal wetlands is the financing of specific
167 support measures within the Rural Development Programme. In the
168 Emilia-Romagna and Lombardy regions, specific indemnities are
169 funded to compensate for the additional costs or loss of earnings by
170 farmers for maintaining and improving biodiversity in agricultural landscapes,

171 such as by creating ponds and SWEs. To do this, a total of
172 €95.5 million was allocated for the period 2014–2020 by the Emilia-
173 Romagna region alone.

174

175 2.2 | New methods for biodiversity monitoring

176 The knowledge gained from the AQC article was used actively to
177 develop the provisions in force in Italy for monitoring aquatic
178 habitats of community interest, in alignment with the EU Habitats
179 Directive (Council of the European Communities, 1992) (see
180 Angelini et al., 2016; in Italian, [http://www.isprambiente.gov.it/
181 public_files/direttiva-habitat/Manuale-142-2016.pdf](http://www.isprambiente.gov.it/public_files/direttiva-habitat/Manuale-142-2016.pdf)). In addition,
182 the results described in the article were also taken into account by
183 the regions of Lombardy and Emilia-Romagna in adopting consistent
184 approaches for monitoring sites in the local Natura 2000
185 network (in Italian, [http://www.naturachevale.it/wp-content/
186 uploads/2016/08/Programma-di-monitoraggio-scientifico-della-rete_
187 %20vegetazione%20e%20habitat.pdf](http://www.naturachevale.it/wp-content/uploads/2016/08/Programma-di-monitoraggio-scientifico-della-rete_%20vegetazione%20e%20habitat.pdf)).

188 For example, for the aquatic habitat codes 3140 (‘hard oligomesotrophic
189 waters with benthic vegetation of *Chara* spp.’) and 3150
190 (‘natural eutrophic lakes with Magnopotamion or Hydrocharition-type
191 vegetation’), as described in Annex I of the Habitats Directive (Council
192 of the European Communities, 1992), the Italian handbook prescribes
193 the collection of data regarding the main physical and chemical features
194 of colonized aquatic environments. Special emphasis is given to
195 nutrients (N and P) and the quality of surficial sediments, whereas
196 additional information can also be derived from the use of the standardized

197 biological indices developed for the national implementation
198 programmes of the EU Water Framework Directive (Council of the
199 European Communities, 2000). For example, several indices were
200 developed to infer changes in macrophyte communities (e.g. the
201 Macrophytes Italian MultiMetrics Index, MacroIMMI; Oggioni, Buzzi, &
202 Bolpagni, 2013) or fish communities (Lake Fish Index, LFI; Volta &
203 Oggioni, 2010) in lakes. Indeed, the practical outputs of the article by
204 Bolpagni and Piotti (2016) also represented one of the few attempts
205 at creating a strong synergy between the Habitats Directive and the
206 Water Framework Directive. This is not trivial considering that this
207 topic has been explored very little until now, despite the strong
208 potential links between these two directives (Bolpagni et al., 2017).
209 For the first time in Italy, the aforementioned documents advise
210 on the need for acquiring information on the hydromorphological features
211 of the ecosystems colonized by habitats belonging to Annex I of
212 the Habitats Directive, confirming the importance of the main results
213 provided by Bolpagni and Piotti (2016). This new awareness suggests
214 also evaluating the relative importance of the different life forms of
215 macrophytes (including aquatic plants, helophytes, or amphibious
216 taxa) to understand the dynamic processes within the vegetation
217 communities under investigation. Bolpagni and Piotti (2016) found
218 different responses of aquatic vegetation types to hydrology and to
219 wetland origin (natural or artificial), suggesting the existence of specific
220 spatio-temporal dynamics for each of the plant communities
221 investigated. This reinforces the general picture of inter-annual variation
222 in flood disturbance, surface area, and age as the major drivers of

223 vegetation diversity in wetlands (Ishida, Yamazaki, Takanose, &
224 Kamitani, 2010; Renöfält, Nilsson, & Jansson, 2005), stressing the key
225 contribution of extreme flood events in preserving a predominant portion
226 of native wetland species (Stokes, Ward, & Colloff, 2010).

227

228 3 | SECONDARY IMPACTS

229 3.1 | Future development of new conservation

230 policies or legislation

231

232 The article helped to reinforce the idea of the great relevance of
233 human intervention to support wetland vegetation diversity. In riverscapes
234 subject to human impact, active management is essential to
235 maintain the structural heterogeneity of aquatic and wetland vegetation.

236 This is not an insignificant task, considering the difficulty of intervening
237 in hydrologically isolated environments, where the possibility
238 to restore fully a natural dynamic flow regime, including the periodic
239 flooding of riverine areas, is often impossible (Charlton, 2007).

240 The need for human-mediated action in the recovery of wetlands
241 contrasts partly with previous evidence that emphasized the uselessness
242 of restoration programmes for aquatic sites isolated from river
243 dynamics (Van Looy & Meire, 2009). In the vast majority of cases,
244 however, it is not possible to imagine alternative approaches. Only
245 active and repeated management practices seem to guarantee the
246 minimum levels of physical complexity able to support aquatic plant
247 diversity over time in environments isolated from the hydrological
248 network. This is especially true considering climate prediction models,

249 which indicate a strong alteration in precipitation regimes in the
250 future: for example, with a 50% reduction in summer rainfall in the Po
251 plain by 2050 (Coppola & Giorgi, 2010). Without active intervention a
252 complete disappearance of all the marginal wetlands of the Po valley
253 can be presumed, in light of the impracticability of pursuing more natural
254 and variable river flow regimes.

255

256 3.2 | Raising awareness of biodiversity loss and

257 associated ecosystem services

258 The global crisis for biodiversity is particularly severe for fresh waters,
259 especially for marginal and small ecosystems (World Wide Fund for
260 Nature (WWF), 2016). The article by Bolpagni and Piotti (2016) complements
261 the strategic plans needed to counteract the loss of aquatic
262 biodiversity by discussing the opportunity to include artificial systems,
263 as well as active management practices. In this context, some of the
264 sites studied by Bolpagni and Piotti (2016) have been investigated further
265 to obtain field evidence on their metabolism, including their selfpurifying
266 capacity (e.g. Racchetti et al., 2011, and references therein).

267 Stressing the potential services that they provide to humans (such as
268 denitrification, for example) represents a great opportunity to increase
269 interest in these ecosystems, which are often neglected by most local
270 administrators and stakeholders.

271 Racchetti et al. (2011) verified higher rates of nitrogen removal
272 via denitrification for riverine wetlands temporarily connected to the
273 surficial hydrological network, emphasizing the necessity of restoring
274 or improving hydraulic connectivity to enhance the important biogeochemical

275 functions of wetlands. Similarly, recent estimations of the
276 contribution in N metabolism mediated by rooted vegetation in artificial
277 canals of the Po plain highlighted new opportunities for eutrophication
278 control (Soana, Bartoli, Milardi, Fano, & Castaldelli, 2019).
279 Here, the maintenance of dense fringes of *Glyceria maxima*, *Phragmites*
280 *australis*, and *Typha latifolia* can increase the mitigation of excess N
281 from agriculture by up to 50%. This opens new perspectives on the
282 ‘non-material services’ offered by the stewardship of habitats and
283 aquatic environments (Small, Munday, & Durance, 2017). It also confirms
284 the pressing need to link more and more conservation issues
285 with those of the services provided by aquatic ecosystems. We
286 strongly believe that this might represent a turning point for the effective
287 conservation of wetlands, especially in nutrient-enriched
288 croplands.

289

290 4 | CONCLUSIONS

291 The most relevant aspects of the AQC article by Bolpagni and
292 Piotti (2016) are related both to the methodological approach and to
293 the specific context of application: a riverscape subject to severe
294 human impacts (the Oglio River in northern Italy). In this context, the
295 paper represents one of the first attempts to investigate systematically
296 the complexity of wetland vegetation (perceived as a mosaic of
297 aquatic and amphibious plant communities) in relation to the
298 pre-eminent ecosystem determinants (i.e. direct human influence and
299 water-level variations). A functional, hierarchical approach was used
300 to determine the sampling effort needed to test the results and to find

301 the causes of the observed distribution patterns of physical heterogeneity
302 and wetland vegetation. The article has also underpinned the
303 necessity of human-mediated actions to reinforce vegetation diversity
304 in over-exploited lowlands. In addition, the pivotal role of water-level
305 fluctuations in promoting the diversity and distribution of aquatic and
306 wetland vegetation clearly emerged as a predominant driver. All of
307 these aspects need to be taken into account to ensure the success of
308 ecosystem recovery programmes. This must necessarily imply a clear
309 understanding of the continuing context of climate change, as well as
310 of the local and global implications of economic strategies.

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324

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490 Figure legends

491 355

492 356 Figure 1. Graphical abstract of the paper by Bolpagni & Piotti (2016): aquatic, amphibian and
493 357 riparian plant communities were characterized via a hierarchical approach to evaluate the role of
494 358 origin and hydrology in driving vegetation patterns and to suggest the most effective conservation
495 359 strategies.

496 360

497 361 Figure 2. Photographs of some of the areas of the Mantua province included in the TESSERE
498 362 project funded on the base of the awareness on the local key ecosystem roles played by lowland
499 363 wetlands as stressed by Bolpagni & Piotti (2016). “a and b” belong to the “Zona di Valle” area (the
500 364 pale blue area delimits a newly-formed pond); “c” belongs to the “Monzambano” area (the white
501 365 line delimits a newly-formed pond).

502 366

503 367 Figure 3. Photographs of the excavation intervention of the “Lanca delle Bine” area (Cremona
504 368 province), included in the ECOPAY CONNECTION 2020 project funded on the base of the
505 369 awareness on the local key ecosystem roles played by lowland wetlands as stressed by Bolpagni
506 370 & Piotti (2016). “a” pre-intervention conditions; “b1 and b2” excavation activities; “c” post371
507 intervention conditions.