

2-24-2016

## The Murray Ledger and Times, February 24, 2016

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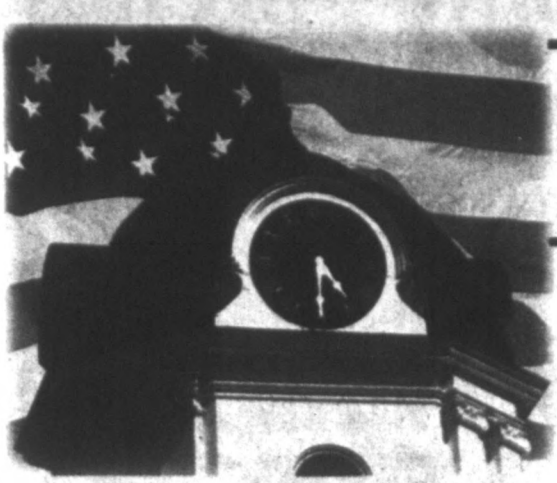
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# MURRAY LEDGER & TIMES

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Vol. 137, No. 46 www.murrayledger.com

Wednesday, February 24, 2016

Murray, KY 42071

\$1

## Black literary tradition celebrated

By **MORGAN WILLIAMS**  
Staff Writer

*Editor's Note: This is the third installment in a now four part series commemorating Black History Month in the Murray-Calloway County community.*

This past week, community members gathered to participate in an event that was celebrated across

The African American Read-In has been an annual tradition for the past twelve years at Murray State and last week, the tradition was carried on by a group of young students and community members. Gathering in the Tennessee Room on MSU's campus, the Read-In participants are held to one rule: readers must choose selections of novels, poems and speeches that are written by an African American author.

Nationally, this is the 26th year that the read-in is being celebrated as a longtime project of the National Council Teachers of English, but it has also been a longstanding tradition in Murray.

"To hear elementary school children read pieces by black

► See TRADITION Page 2A

## Verse of the Day

You saw with your own eyes the great trials, the miraculous signs and wonders, the mighty hand and outstretched arm, with which the LORD your God brought you out. The LORD your God will do the same to all the peoples you now fear.

Deuteronomy 7:19

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to Ledger & Times subscriber:  
**Don Murdock**

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# Why dumps are a big issue



JOHN WRIGHT / Ledger & Times

Calloway County Environmental Planner Clayton Hendricks is shown Monday afternoon at the dump site off of Pottertown Road that a state grant is supplying about \$50,000 for a clean-up process expected to happen later this year. Hendricks estimates this area has existed for "perhaps decades." The grant also is going to supply \$24,000 for the cleanup of an estimated 3,000-4,000 tires, inset, that were dumped along a hillside on Waterfield Drive, just uphill from the Pottertown site.

Calloway officials take look at sites that both pose threats to lake

By **JOHN WRIGHT**  
Staff Writer

Monday afternoon, Calloway County Environmental Planner Clayton Hendricks led a guided tour for county officials that was anything but attractive.

It was a visit to the two dump sites in eastern Calloway County where money from a state grant that was approved a few weeks ago will be used to clean up the site. One of the locations was off Pottertown Road, just west of Panoramā Shores, consisting of multiple dump areas within several acres while the other was along Waterfield Drive consisting of an estimated 3,000-4,000 tires lining a large hill.

And both represent the same thing - a threat to nearby Kentucky Lake.

"That's the thing people don't understand," Hendricks said.

► See DUMPS Page 7A

# Pair of reported scams target CCFR, Post 73

By **JOHN WRIGHT and MORGAN WILLIAMS**  
Staff Writers

A pair of local organizations are trying to warn residents about alleged scam activities in which solicitors are using their names as the basis for their campaigns.

Tuesday morning, Calloway County Fire-Rescue Chief Tommy Morgan told The Ledger & Times that he had received at least two reports about phone calls being received by residents who said the callers were claiming to be CCFR representatives who are currently engaged in a fundraising campaign. Morgan said he found this quite interest-

ing, especially being that CCFR is having no such campaign at this time.

"No, we only have one a year. That's not happening now," Morgan said of how CCFR's sole fundraising drive is planned for late August into September. "So, off that alone, that made me want to get the word out to the people that something was not right and they probably

don't need to commit to giving any money to these people who are saying that they are representing us.

"The other thing about this, though, is we do not call anybody for a fundraising thing. What we do is a mailout to people who can return their donation to us and

► See SCAMS Page 3A

## Movie pre-party added to lineup for red-carpet event at Cheri

**Staff Report**  
An additional activity is now part of Thursday evening's red-carpet showing in Murray of two films shot several years ago in Calloway County, one of which earned strong critical acclaim.



**Jeter**  
Norman Jeter, grandfather of filmmaker Clay Jeter of Clarksville, Tennessee, said a pre-party has been arranged from 5-7 p.m. at the Murray Art Guild on North Fourth Street. This will enable visitors to meet Clay and members of the casts of the films "Jess + Moss," along with the short film "5 Dollars." Both works will be shown in Theatre 5 of the Cheri Theatres on Chestnut Street in Murray starting at 7:30 p.m.

► See PRE-PARTY Page 2A

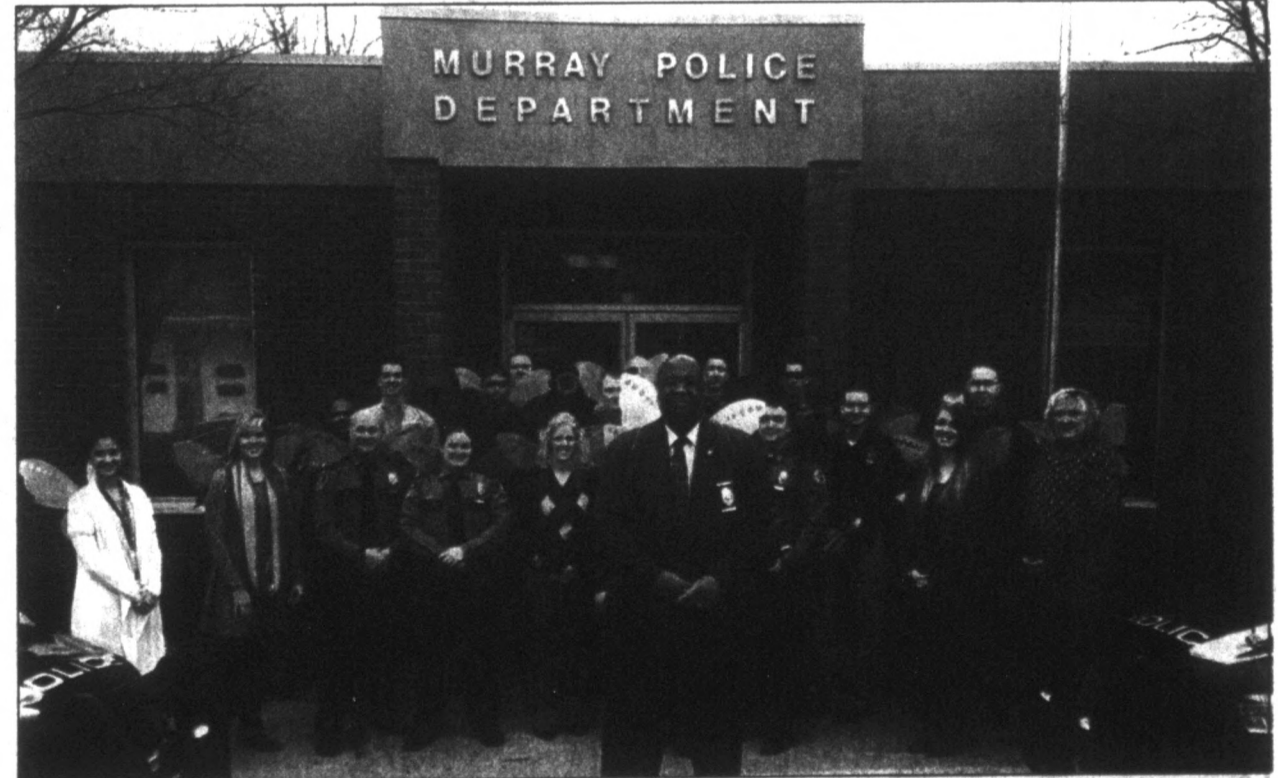


Photo provided

**WINGING IT ... MPD STYLE:** City of Murray Police Chief Jeff Liles and the Murray Police Department last week took the RE/MAX Butterfly challenge in support of the Anna Mae Owen Residential Hospice House with office personnel joining RE/MAX Real Estate agents in wearing butterfly wings to show support for the cause. A video of this can be viewed on www.facebook.com/murrayhalfmarathon. Liles then challenged City of Murray Mayor Jack Rose and City Hall employees, along with City of Murray Fire Chief Eric Pologruto and the Murray Fire Department, as well as Calloway County Sheriff Sam Steger and the Calloway County Sheriff's Office to do the same. For more information on the Butterfly Challenge stop in or call RE/MAX of Murray at (270) 761-1888.

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**WEATHER**

<b>TODAY</b>	<b>TOMORROW</b>
<b>47</b>	<b>42</b>
<b>33</b>	<b>28</b>

**Daily Forecast**

The National Weather Service

**Today:** Rain. Temperature falling to around 38 by 4 pm. Breezy, with a north northeast wind 17 to 20 mph becoming northwest in the afternoon. Winds could gust as high as 33 mph. Chance of precipitation is 100 percent.

**Tonight:** A 40 percent chance of snow before midnight. Mostly cloudy, with a low around 33. West northwest wind 10 to 17 mph, with gusts as high as 31 mph.

**Thursday:** Partly sunny, with a high near 42. West

northwest wind 9 to 13 mph, with gusts as high as 23 mph.  
**Thursday Night:** Mostly clear, with a low around 28. West northwest wind 6 to 8 mph.

**Friday:** Sunny, with a high near 44. West northwest wind 5 to 7 mph.

**Friday Night:** Partly cloudy, with a low around 32. West wind around 6 mph becoming south southwest after midnight.

**Saturday:** Sunny, with a high near 56. Southwest wind 6 to 10 mph.

**Saturday Night:** Mostly clear, with a low around 42. Southwest wind 6 to 9 mph.

**Sunday:** Mostly sunny, with a high near 62. South southwest wind 9 to 14 mph, with gusts as high as 20 mph.

**Sunday Night:** A chance of showers. Mostly cloudy, with a low around 43. South southwest wind 11 to 14 mph becoming west after midnight. Winds could gust as high as 20 mph.

# Local sirens had some glitches during statewide tornado drill

By **JORDAN FERGUSON**  
Staff Writer

Tuesday, severe weather sirens rang out in Murray and Calloway County, well some of them did at least. The statewide severe weather drill served as a highlight of Severe Storms Awareness week in Kentucky and was met with more complications than in previous tests.

"There were some problems," said Bill Call, director of Emergency Management for Calloway County. "Of course that is why it is important that we run these tests."

"There were some equipment issues at the City of Murray, but we found a work-around and got the system operational shortly after and commenced with the test."

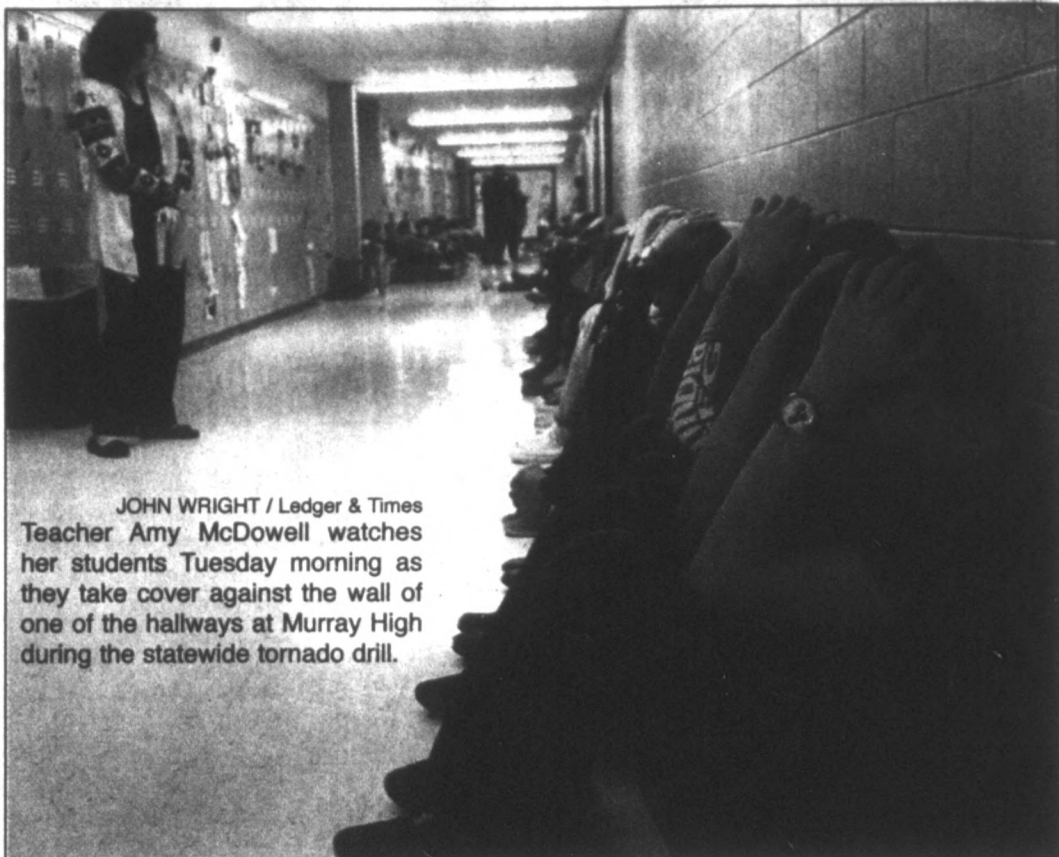
But the City of Murray was only one of three systems being tested in Calloway County during today's state-wide drill and those tests did not go off without a hitch.

"Murray State's outdoor sirens failed to sound," Call said. "The other notification systems they have in place such as text alerts and e-mail notifications were working fine, they even had a Twitter feed," he said. Murray State had their outdoor siren system repaired and operational by 2 p.m.

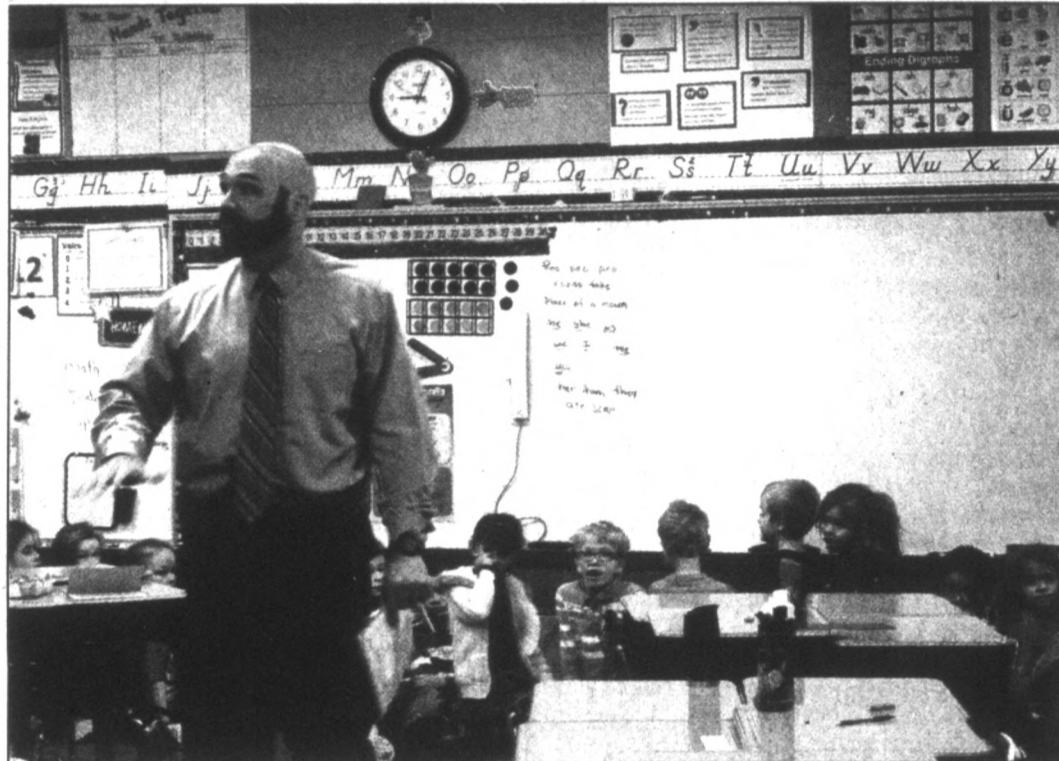
The only other issue came in the form of a communications hiccup between the City of Hazel and the National Weather Service which caused a minor five-minute delay of the test from the scheduled time of 9:07 a.m.

Call also took the opportunity to discuss the importance of the Code Red system which was not tested Tuesday but which would be utilized in the event of an actual emergency. This system allows officials to notify county residents and businesses via telephone, text message, or e-mail about time-sensitive emergency situations or important community alerts.

"Last week we had an issue out near Cambridge Drive when we received word that a couple of kids, around 3 years old, were seen wandering through the streets," Call said. At this time Call set a half-mile diameter in the Code Red system to notify the residents located within that area. "The message was sent out,



JOHN WRIGHT / Ledger & Times  
Teacher Amy McDowell watches her students Tuesday morning as they take cover against the wall of one of the hallways at Murray High during the statewide tornado drill.



JORDAN FERGUSON / Ledger & Times  
Southwest Calloway Elementary School Principal Josh McKeel instructs students to listen to their teachers on the proper way to duck and cover Tuesday morning during a state-wide severe weather drill.

however, there were only 26 numbers registered within the database, and there are far more folks than that living in Cambridge," Call said. "We eventually got the kids home, but

it took knocking on some doors. "A lot of the people living in that area, and throughout town, are college students or young couples who are new to Murray or may be unaware of this system

and its usefulness." Registration for the Code Red system to receive community and emergency alerts is accessible at [www.callowaycounty-ky.gov](http://www.callowaycounty-ky.gov).

## PRE-PARTY...

### From Front

This event commemorates the fifth anniversary of "Jess + Moss" being premiered at the renowned Sundance Film Festival in Utah, where it earned much acclaim. The film went on to win several other awards as well, including the Dallas Film Society's 2011 Target Filmmaker Award for Best Narrative. That honor was presented to Jeter and actress Sarah Hagan as they stood on stage with famed actor Peter Fonda, best known for the lead role in the classic 1968 movie "Easy Rider."

Fonda is also the son of Hollywood legend Henry Fonda, the brother of famed actress Jane Fonda and the father of yet another well-known entertainer with that surname, Bridgette Fonda.

"We got so much support from folks in Murray during the making of these films. My family was a huge help of course,

but people also donated locations to us for free, and several of the actors in both films live in Murray, like Donald Fleming, Jeff Miller and even my grandparents, who make an appearance in Jess + Moss. We've been wanting to arrange a screening in town for a long time," Clay said via email last week.

"What better time than the 5 year anniversary of the film's premier at Sundance, and what better place than the Cheri Theatres?"

In addition to the pre-party, the showings at the Cheri will feature a question-and-answer session for the audience with Clay and the cast members. The screening is sponsored by The Murray Bank and Coleman Real Estate.

Tickets cost \$8 and that will be for both "Jess + Moss" and "5 Dollars." Those tickets are available now at [www.moviesinmurray.com](http://www.moviesinmurray.com). Other information is available at [www.jessandmoss.com](http://www.jessandmoss.com).

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- Clean Air Filter
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- Check Belts & Pulleys
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- Grease & Lube
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- Clean Air Filter
- Sharpen Blade
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Sat. 7:30-12:00




Photo provided  
The African American Read-in participants pose after reading selections by Maya Angelou, Lonnie Johnson and other black poets and authors. Participants are pictured from left, in the front row: Tryce Bramley, Taquari Saunders, Jayce Curtis and Jayden Curtis (back row) Carruth Kitrell, Doris Saunders, Amanda Curtis, Charletter Ellis and Doris Cella.

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Murray Ledger & Times

Dear ...  
My wife ...  
we're retiring ...  
Corporate bond ...  
Consider ...  
investment ...  
Kurt

Dear ...  
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# DAVE SAYS

By Dave Ramsey

## Should Retirees Move Investments to a CD?

Dear Dave,  
My wife and I are in our early 70s, and we're retired. We have about \$136,000 in corporate bonds and \$200,000 in mutual funds. Considering our age, should we move the investments into a CD?  
Kurt

Dear Kurt,

There's always a chance you'll lose money if you leave it in mutual funds and bonds. That's the nature of the market. But there's another kind of risk based on what you're proposing, and that's risk of value due to inflation.

Assuming you two are in good health, you could expect to live another 10 to 20 years. Most current CD rates are less than 1 percent. Even if they rise to 2 or 3 percent in the future, do you really want to see that kind of return when inflation is likely to rise 4 percent annually? That's in itself a type of risk, so I would urge you to keep that in mind.

No, I wouldn't advise moving all of your money to CDs. If I were in your shoes, I'd live off the income generated by my mutual fund investments. As for the corporate bonds, I'm not a big fan of those. They entail almost as much risk as mutual funds without the good returns (on average) over a long period of time.

If you're concerned about stability, I'm okay with you taking a little money from your bonds and putting it into a CD right now. But I wouldn't touch the mutual funds.  
—Dave

## Should Retirees Move Investments to a CD?

Dear Dave,

My wife received \$100 from her parents for her birthday. When I asked what she planned to do with it, she said she was going to add it to her spending money. I think she should put it toward us paying off debt, but I bit my tongue and didn't say anything. We're in pretty good shape financially, so should I mention it or just let it go?  
Charles

Dear Charles,

I'm sure you're a smart man, so you'll understand when I tell you — for the sake of your marriage and mental health — to let this one go. Seriously, is \$100 going to move the needle that much? It's her birthday, and it was a gift designed to let her do something nice for herself. There's absolutely nothing wrong with her spending a little bit on herself on her special day.

If she had asked me about this, I would have told her it was fine. If she had asked me about putting it toward debt, I would have said that's fine, too. It's not a big deal for someone to have a little fun once in a while. But it's a bad plan for you to try to get at her gift. Just let it go, and do your part to make sure she knows that you love her and that she has a great birthday!  
—Dave

*\* Dave Ramsey is America's trusted voice on money and business and CEO of Ramsey Solutions. He has authored five New York Times best-selling books. The Dave Ramsey Show is heard by more than 11 million listeners each week on more than 550 radio stations and digital outlets. Dave's latest project, EveryDollar, provides a free online budget tool. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.*

## Community Foundation partners with MSU internship program

**Special to the Ledger**  
For the past three years, the Murray-Calloway County Community Foundation (MCCCF) has been working closely with the nationally recognized Nonprofit Leadership Studies Program at Murray State University to enlist student interns to serve and assist the Community Foundation while at the same time provide the students with a meaningful work-related experience. According to the program's website, "the Non-Profit Leadership Studies Program at MSU is designed to develop the next generation of nonprofit sector leaders prepared to engage as highly effective and dedicated professionals committed to improving the quality of life of people around the world."  
In order to meet graduation requirements, each student in the undergraduate program must complete the Nonprofit Leadership Internship program which requires a total of 300 hours of experience in the nonprofit sector. Students often meet this requirement by dividing their hours among two or more nonprofit organizations in the Murray community and surrounding areas, thereby broadening their work experience. Interns working with the



### Article 58

Community Foundation (MCCCF) have been very helpful in applying their social media skills to assist the foundation in its communications with the Murray and Calloway County community. Student interns make daily postings to Facebook, Twitter and other social media sites and track their results. Interns also update and create new pages for the Community Foundation website at mccc.org and create E-newsletters by learning and using Constant Contact, an electronic marketing program.

Interns have also been very helpful in helping to plan and assist in foundation events such as the Annual Donor Recognition Banquet, civic presentations and other functions, as well as making presentations on their own behalf of the Foundation. Student interns are also invited to attend Community Foundation board meetings as their schedules permit. All student interns are required to sign confidentiality agreements and conflict of interest documents in keeping with Foundation board

policy. Student interns are provided with a midterm and final comprehensive evaluation and each student also has an opportunity to reflect on their internship experience.

Last semester, one intern reflecting on her experience stated, "My internship with the Community Foundation allowed me to learn about the different kinds of endowments and their importance to non-profit organizations in Murray."

Another intern stated, "I am amazed at the passion and generosity of the Murray/Calloway citizens in their support of the many non-profit organizations in the community."

Clearly, both the Foundation and the students benefit from the internship program.

Anyone who has a passion for a particular non-profit organization in Murray and Calloway County or who simply wants to leave a positive impact on the community and region can become a member by giving a gift that will keep on giving forever.

To learn more about MCCCF and how you can get involved, visit mccc.org or contact Harold Hurt, President of MCCCF, at 270-761-6880 or any of the following board members: Linda Avery: 270-753-0060; Gary Brockway: 270-753-0503; Matt Hale: 270-753-5411; Sarah Jones: 270-227-8010; Brian Overbey: 270-767-2000; Dick Weaver: 270-753-2899 or Zach Dunlap: 270-816-3880. ■

## Pair of reported SCAMS...

### From Front

We send them a receipt back, but we never solicit by phone.

At the same time, Billy Lane Lauffer American Legion Post 73 of Murray is also experiencing the same sort of frustrations as it, too, appears to be the target of a scam.

Reports say that a caller is falsely claiming to be representing Post 73 raising money to "support the troops," something that Service Officer Mark Kennedy says that his agency never does.

"We simply don't do that and we never have," Kennedy said. "They're asking folks for their debit and credit card numbers to support the troops, which is not something our group does. Ever." Kennedy said that he was tipped

off when one of the daughters of a member told her father about a cold call she had received.

"We responded as soon as we found out this was going on — it's a shameless scam," he said. "When the American Legion wants to raise money to support veterans, we go out and work for it. We don't beg."

"Once every four years, we have a fundraiser. Other than that, we work as ushers at Murray State football games and work traffic control for basketball games — we will never ask for money flat out over the phone and especially not your credit and debit card information."

Morgan added that a big concern for him is that this kind of activity can hurt the reputation of CCFR,

the sole firefighting agency for the county, outside of the cities of Murray and Hazel. He said that donors have been very instrumental over the years in allowing CCFR to acquire the equipment it has and he does not want to lose those people as resources for future projects.

"If they give their money to someone posing to be us but who is not us, then that means they may not want to help us in the future. I don't want that at all," he said.

Anyone with information or either of these alleged scams is asked to contact local law enforcement - Calloway County Sheriff's Office at 270-753-3151 or Murray Police Department at 270-753-1621. ■

## Center for Health & Wellness hosts blood drive today

### Special to The Ledger

The Stuart Poston Center for Health and Wellness at Murray-Calloway County Hospital and the MCCH Blood Donor Center are combining to host a blood drive today.

The blood drive will be offered from 8:30 a.m.-4:30 p.m. at the Center for Health & Wellness at the intersection of South Eighth and Poplar

streets, located across Eighth from the baseball seating area at Ty Holland Stadium.

MCCH said that the Donor Center is currently in need of all blood types with an elevated need for O Positive blood.

For information, contact Nicole Hudson at 270-762-1832. ■

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## MURRAY PRESCHOOL/HEAD START, and EARLY HEAD START SPRING REGISTRATION



**WHERE: Murray Board of Education  
208 South 13th Street • Murray, KY**

**WHEN: FRIDAY, MARCH 4, 2016**

**PLEASE CALL 270-809-3262 FOR AN APPOINTMENT**

Three Centers: Alexander Hall on the campus of Murray State University  
The Willis Early Childhood Center next to KenLake Foods  
The Ruby Simpson Child Development Center on the campus of Murray State University

### ELIGIBILITY REQUIREMENTS FOR PRESCHOOL/HEAD START

- ❖ Child must be age three or four by August 1, 2016
- ❖ Qualify for income guidelines (four year olds must meet 160% Poverty Guidelines; three year olds must meet Federal Poverty Guidelines).
- ❖ Children with disabilities will be eligible regardless of income.
- ❖ Children who turn three during the 2016-2017 school year and meet disability guidelines may enter the program on their third birthday.
- ❖ Tuition option may be available.

Transportation services are provided within the Murray School District only. Head Start Staff will assist families to understand and access transportation options in order to participate in Head Start program activities. Transportation is not provided for Early Head Start.

### ELIGIBILITY REQUIREMENTS FOR EARLY HEAD START

- ❖ Pregnant Women
- ❖ Infants and Toddlers Ages Birth to Three
- ❖ Must Meet Federal Poverty Guidelines

Bring the following information with you:

- ✓ Child's Certified Birth Certificate
- ✓ Proof-of-Income - 2015 tax returns (W2 forms) K-TAP, Child Support, Social Security or SSI, MSU Grant/Scholarship information, etc...
- ✓ Child's Medical Insurance Cards
- ✓ Custody Documentation, if applicable



**FOR MORE INFORMATION PLEASE CALL: 270-809-3262**

# FORUM

## OUR READERS WRITE

Things I learned that apparently Donald Trump did not learn:

1. If you can't say something good about someone, then don't say anything.
2. It is better to remain silent and be thought a fool than to speak up and remove all the doubt.
3. If you use that kind of language, you ought to have your mouth washed out with soap (my mother's belief and practice).
4. From James 1:26 of the Bible: "Anyone who says he is a Christian but does not control his sharp tongue is just fooling himself, and his religion isn't worth much."
5. Keep your words soft, because you may have to eat them one day.
6. If you use gutter language, then it shows that you don't have enough intelligence to know how to express yourself in any other way.
7. You don't raise yourself up by running other people down.
8. On having a lot of money: "For what shall it profit a man, if he shall gain the whole world, and lose his own soul?" (Jesus of Nazareth - Matthew 16:26 of the Bible).

Charles Hal Shipley  
Murray

P.S. - One last observation from Will Rogers: "After eating an entire bull, a mountain lion felt so good he started roaring. He kept it up until a hunter came along and shot him. The moral: When you are full of bull, keep your mouth shut."

"Honesty... is such a lonely word..." Billy Joel sang, well, a while back.

And at almost every college and university in the country the word TRUTH is almost always in the case statement or prominently engraved on the side of important buildings, i.e. "In Search of Truth", etc.

Is that what your instructor wants to hear about his class, or your vice presidents and deans want to hear from their employees regarding changes or varied expectations...the TRUTH? The truth is that the TRUTH can be a scary yet freeing concept.

On the one hand, when you tell the truth you have shared your thoughts/feelings openly with others. What will they think/do? On the other hand, you have been honest with yourself and those around you...freeing and invigorating.

My first conscious encounter with deceit was when I was 19 and a student at Marshall University. I planned to be a dentist and rich like my cousin...but couldn't quite get organic chemistry so I dropped it.

Three weeks later, Uncle Sam wanted me and in three months with little training, I was a reporter, then editor of an Army newspaper in Vietnam. Prior to my draft, I had three choices... go in the Army, be arrested or move to Canada.

I took the coward's way. I didn't want to be stigmatized as a criminal nor leave my family and friends so I served in a war I never believed in...deceiving my core being.

Coming back, my life had changed forever. I lived with distrust for authorities like those who arbitrarily threw 50,000 American lives away and hundreds of thousands of lives on the other side, not counting those permanently damaged.

Now, I live a peaceful life of caring and truth. I speak my mind. I could, at times, be more civil and should always be professional...but always truthful.

My challenge to you is this...seek, find and live in TRUTH...just like it says in most academic, legal and religious documents. Celebrate honesty, speak out for what you believe in or you deceive not only those around us but yourself as well. As a close friend of mine once said..."the TRUTH shall make you free."

Dr. Roger Weis  
Professor/Nonprofit Leadership Studies  
Murray State University

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Mon. - Fri. 8:00 a.m. - 5:00 p.m. • Closed Sat. & Sun.

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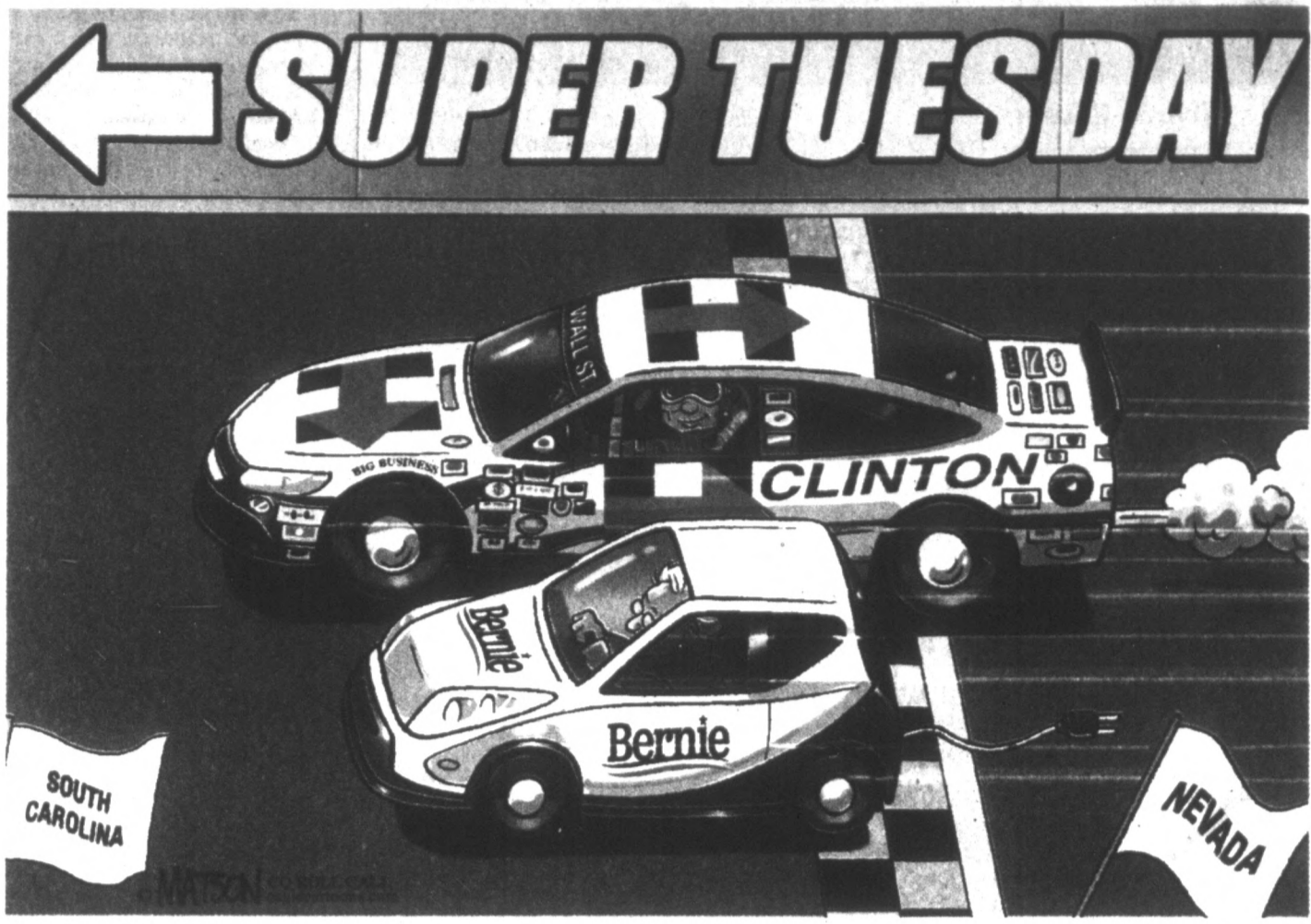
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Mailed in Calloway County, KY \$119. By mail to rest of KY, Graves & Marshall Counties \$135. All other mail subscriptions \$160.

Published Monday through Saturday. Not published on Sundays, Memorial Day, July 4, Labor Day, Thanksgiving Day, Christmas Day and New Years Day. Periodicals postage paid at Murray, KY. POSTMASTER: Send address changes to THE MURRAY LEDGER & TIMES, P.O. Box 1040, Murray, KY 42071-1040

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## A bad word that everyone should know

There are bad words that should not be used in public, and some obscenities that have no place in private either. And then there are words that mean bad things that everyone should know. "Coffle" is one of them.

I first came across the word through [delanceyplace.com](http://delanceyplace.com). This site delivers a brief daily email to subscribers for free. No particular theme is covered, but most of the posts are excerpts from recent non-fiction books with an historical focus.

On December 30, 2015, the selection referenced "slave coffles." The explanation, from "The American Slave Coast" by Ned Sublette and Constance Sublette, said that coffles were "the common way slaves were transported from slave breeding states on the Atlantic coast, such as Virginia, to the slave markets and plantations of the deeper South."

"Southern children grew up seeing coffles approach in a cloud of dust," the excerpt continued.

According to the Oxford English Dictionary, a coffle is defined as a train of men or beasts fastened together. In short, it means marching in a herd. The origin leads to an Arabic word meaning caravan, hearkening back to overland

slave trade that trekked across the desert from sub-Saharan Africa to the Middle East.

The word "coffle" made the journey across the Atlantic with the slave trade, referring to African Americans who were marched at a pace of twenty or twenty-five miles a day, sometimes for weeks and in all weather, to a point of sale. According to "The American Slave Coast," some of them died along the way, dropping dead in their tracks or drowning when crossing un-bridged rivers.

"About a quarter of those trafficked southward were children between eight and fifteen, purchased away from their families," the account goes on.

An account by Charles Ball, who was forcibly taken from Maryland to South Carolina in 1805, stated that, "The women were tied together with a rope...which was tied like a halter round the neck of each." Men were collared in chains and "fitted by means of a padlock round each of our necks."

"Women with babies in hand were in a particularly cruel situation," according to the recollections of Charles Ball. "Babies weren't worth much money, and they slowed down the coffles," he said. "William Wells Brown hired out to a slave trader named Walker, recalled

seeing a baby given away on the road."

In 1841, Abraham Lincoln witnessed a dozen slaves chained together, and though he does not mention the word coffle, he remarked, "The sight was a continued torment to me and I see something like it every time I touch the Ohio or any other slave border."

This quote and other information about President Lincoln is showcased in a mini-exhibit at the Wrather Museum on the Murray State University campus. On loan from the Kentucky Historical Society, the five-panel display begins with information on the president's frontier childhood, continues with his rise to the presidency, followed by the Civil War, and then finishing with a section entitled "Ending Slavery."

Each panel presents a main question that is answered through words and images,



**Main Street**  
By Constance Alexander Ledger & Times Columnist

including a relevant quote.

Presented in collaboration with Fort Donelson National Battlefield, Discovering Kentucky's Abraham Lincoln is on view until March 1. The exhibition can be found in the museum balcony along with the Nelson Bogie gun collection, the very first donation to the Wrather Museum. It includes Kentucky long rifles, flint locks, powder horns, and bayonets, some from the early 19th century.

A full schedule of exhibitions related to the region's history will be on display at the Wrather Museum from now until mid-May. Art for the People: WPA and the New Deal Programs in Kentucky and Beyond is featured at the museum until April 12. Another exhibit, The War Between the States, opens on March 10 and will be available until May 14.

Additional information about slave coffles is available at [Delanceyplace.com](http://Delanceyplace.com). For more information about the Wrather Museum or to schedule a tour, contact Sarah Hopley at [shopley@murraystate.edu](mailto:shopley@murraystate.edu) or call 270-809-4295.

Read Main Street online at [www.murrayledger.com](http://www.murrayledger.com). Contact the columnist at [constancealexander@twc.com](mailto:constancealexander@twc.com).

## The Secret of Happy Families

The life and the books of Bruce Feiler have comforted me at various times in my life. I have read his books, "Walking Through the Bible," "Abraham," and "America's Prophet: How the Story of Moses Shaped America," to learn more about the Old Testament. I read his first book, "Learning to Bow: Inside the Heart of Japan," to learn more about the customs of that fascinating country. And I read his book, "Looking For Class: Days and Nights at Oxford and Cambridge," before going to England myself in 2004 and 2010.

Each of his books cast a spell on me, putting me in that world and causing me to want to go there myself to experience the wonders of the place. With his book on England, I was able to go beyond vicarious living; Feiler prepared me to go where he had gone before.

There was a more intense journey that he also prepared for me however. As I lay in a hospital bed following open heart surgery in 2010, I read as soon as I was able a copy of Feiler's book, "The Council of Dads: My Daughters, My Illness, and the Men Who Could Be Me." When Feiler discovered a seven-inch tumor in his femur and he and his surgeon decided on a risky surgery to remove the cancer, he made preparations for his wife and twin daughters

should he not make it through the operation alive.

He contacted five of his best friends and asked them if they would become "a council of dads" for his daughters in his place. They loved Feiler and his family so much that they agreed to provide fatherly direction in various areas of the twins' lives. Thankfully, Feiler survived the surgery, the council was not needed, and Feiler has gone on to flourish and to speak and write book after book of wisdom as only a survivor of cancer can.

In addition to writing best-selling books, Feiler became a New York Times columnist, and in 2013 he wrote an article titled, "The Stories that Bind Us," that became the most emailed Times article for that month and the number two most saved article on the planet for the entire year out of 850 million articles. Feiler asked the questions, "What is the secret sauce that holds a family together? What are the ingredients that make some families effective, resilient, happy?"

In answer to his questions, Feiler wrote that "the single most important thing you can do for your family may be the simplest of all: develop a strong family narrative." In other words, tell your family's story again and again to your children. Feiler learned this lesson from Dr. Marshall

Duke, an Emory University psychologist, and his wife Sara, a couple who worked with children with disabilities. Sara Duke had noticed something significant about her students.

She observed that "the ones who know a lot about their families tend to do better when they face challenges." Working with a colleague, Dr. Duke developed a simple measure they called, the "Do You Know?" scale. They asked the children questions such as "Do you know where your grandparents grew up? Do you know where your mom and dad went to high school? Do you know where your parents met? Do you know an illness or something really terrible that happened in your family? Do you know the story of your birth?"

The results of the exercise proved to be overwhelming. "The more children knew about their family's history, the stronger their sense of control over their lives, the higher their self-esteem and the more successfully they

believed their families functioned. The "Do You Know" scale turned out to be the best single predictor of children's emotional health and happiness."

Feiler grew up in a storytelling family in Savannah, Georgia, so he knew early on "the sheer magic of a story." It should not have been a surprise that his early books centered on some of the oldest stories about humanity, "the stories of the Bible."

But he didn't stop there. "He took his curiosity, passion, energy and enthusiasm for story telling and applied it to his own family." And that's how he came to write his famous article, which he eventually expanded into a book, "The Secret of Happy Families." The article and the book has helped thousands of families. The secret is simply this. Spend time together

telling your family's stories. Tell the good stories and the bad. Tell your children again and again. Make these family stories a part of their DNA, a part of your DNA. As my friend Stephanie Brown puts it: Life is a story. Tell your stories.

Duane Bolin teaches in the Department of History at Murray State University. Contact Duane [jbolin@murraystate.edu](mailto:jbolin@murraystate.edu)



www.murrayledger.com

### Tyler Wh

Tyler Wh... Feb. 20, 2016 in an autom... He was bo... He was employ... River Bapti... He was p... Wheeler and... Tyler is s... David Whe... husband Jos... grandmothe... Ralph Nicac... atives. Funeral s... J.H. Church... Visitation w... 8 p.m. at the... Online co... home.com. The J.H. C...

### William



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### Senato laws a

### By BRUC Associated


FRANKF... Senate pan... Tuesday to... Kentucky's... laws against... mal rights a... could create... supplying fi... Kentucky... of dogfight... profit," but... doesn't outla... contributing... said Sen. Pa... lead spons... That lack... cracking do... playing rol... events mak... fighting law... country, s... Shelbyville... Hornback... pervasive... Kentucky, b... out there... It's somethi... under contr... The meas... Senate Ag... would expar... felony to b... sell dogs fi... pose" of do... Offenders... sentences of... same penal... for those w... and own th... and sites w... Hornback... chairman, K... mal rights a...



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**J.H. Churchill**  
email: communitynewspaper@jhc.com

## Tyler Wheeler

Tyler Wheeler, 24, of New Concord, Kentucky, died Saturday, Feb. 20, 2016 in New Concord, Kentucky, due to injuries sustained in an automobile accident.

He was born June 22, 1991 in Murray, Kentucky. He was a 2009 graduate of Calloway County High School and was employed with Stahler Welding. He was a member of Blood River Baptist Church.

He was preceded in death by his paternal grandfather, Jack Wheeler and maternal grandmother, Nancy Nicademus.

Tyler is survived by his mother, Kim Payne of Murray; father, David Wheeler of New Concord; two sisters, Jodie McCall and husband Joseph of Murray and Aimee Wheeler of Benton; paternal grandmother, Jean Wheeler of New Concord; maternal grandfather, Ralph Nicademus of Sanford, North Carolina and several other relatives.

Funeral services will be Thursday, Feb. 25, 2016 at 2 p.m. at the J.H. Churchill Funeral Home. Burial will follow in Hicks Cemetery. Visitation will be from 5-8 p.m. Wednesday, Feb. 24, 2016 from 5-8 p.m. at the funeral home.

Online condolences may be left at [www.thejhcchurchillfuneralhome.com](http://www.thejhcchurchillfuneralhome.com).

The J.H. Churchill Funeral Home is in charge of arrangements.

## William E. Reamer Sr.



Reamer

William E. Reamer Sr., 94, of Murray, Kentucky, died Saturday, Feb. 20, 2016 at Spring Creek Healthcare, Murray.

He was born June 12, 1921 in Three Lakes, Wisconsin.

He married his wife, Shirley Butcher, on March 23, 1968. He was a member of Poplar Spring Baptist Church of Murray.

Mr. Reamer proudly served his country in the U.S. Air Force during World War II. He worked at Tappan in Murray until the plant closed and later retired from Murray State University where he worked as a foreman for the moving crew. He was a lifelong member of VFW and Post #6291.

He was preceded in death by his parents, Henry and Sophie Gorr Reamer; his first wife, Ethel Reamer; infant son, John Reamer; son, James D'Andrea and granddaughter, Deborah Reamer.

Mr. Reamer is survived by his wife, Shirley Butcher Reamer of Murray; three sons, William E. Reamer Jr. and wife Ann of Lexington; Paul Jude Reamer of Naperville, Illinois; George D'Andrea and wife Sharon of Woodridge, Illinois; three daughters, Judette Tummillo and husband Edward of Elk Grove Village, Illinois; Magdalene Rose of Phoenix, Arizona and Pamela Bollnow and husband Karl of Addison, Illinois; a brother-in-law, Don Butcher and wife Lori of Rossville, Georgia; eight grandchildren and nine great-grandchildren.

Funeral services will be at 11 a.m. Friday, Feb. 26, 2016 at the Imes Funeral Home & Crematory, downtown Murray with Rob Ison officiating. Burial will follow in Barnett Cemetery. Visitation will be from 5-8 p.m. Thursday, Feb. 25, 2016 at the funeral home.

Expressions of sympathy may be made to the Poplar Spring Building Fund, 549 Poplar Spring Drive, Murray, KY 42071.

Online condolences may be left at [www.imesfh.com](http://www.imesfh.com).

The Imes Funeral Home & Crematory, downtown Murray, is in charge of arrangements.

## Lucille H. White

Lucille H. White, 85, of Buchanan, Tennessee, died at 5:40 a.m. Tuesday, Feb. 23, 2016 at Murray-Calloway County Hospital.

She was born Nov. 7, 1930 in Obion County, Tennessee, to James Guy and Bertha Hargett.

She was preceded in death by her husband, Mack White and three sisters.

She was retired from the Murray-Calloway County Hospital and a member of the New Providence Baptist Church.

Mrs. White is survived by her sons, Mike White and wife Lana and Bradley White and wife Becky, both of Buchanan; one sister, Sarah Pauline Martin of Florida; four grandchildren and six great-grandchildren.

A graveside service will be at 11 a.m. Friday, Feb. 26, 2016 at Mount Pleasant Cemetery, Buchanan, with Rev. Kerry Lambert officiating. There will be no visitation.

Online condolences may be left at [www.yorkfuneralhome.com](http://www.yorkfuneralhome.com).

Blacklock-Coleman & York Funeral Home is in charge of arrangements.

## Nellie Jordan

Nellie Jordan, 79, of Benton, Kentucky, died at 1:03 a.m. Sunday, Feb. 21, 2016 at Lake Way Nursing and Rehabilitation Center, Benton.

She was a member of the Moose Lodge in Valparaiso, Indiana. She was preceded in death by her husband, Clayton E. Jordan; two brothers, Raymond Ault and Jimmy Ault and her parents, Joe Ault and Lois Bateman Ault.

Mrs. Jordan is survived by two daughters, Berny Davis of Mooresville, North Carolina and Gerrie Strode of Murray; three sons, Chester Jordan of Valparaiso; Daniel Jordan of Sulfur Springs, Texas and Thomas Jordan of LaPorte, Indiana; one brother, Johnny Ault of Urbana, Illinois; two sisters, Mary Jo Butts and Sharon Kay both of Urbana; 15 grandchildren, 11 great-grandchildren and one great-great-grandchild.

A memorial service will be at 4 p.m. Saturday, Feb. 27, 2016 at Filbeck-Cann & King Funeral Home and Crematory, Benton. Visitation will be from 2-4 p.m. Saturday, Feb. 27, 2016 at the funeral home.

Online condolences may be left at [www.filbeckcannking.com](http://www.filbeckcannking.com).

Filbeck-Cann & King Funeral Home and Crematory, Benton, is in charge of arrangements.

## Clifford Joseph Scott Quillin

Clifford Joseph Scott Quillin, 78, of Benton, Kentucky, died Monday, Feb. 22, 2016 at his home.

He was preceded in death by one grandson, Daniel Lopez; a brother, Bill Beard and his parents, Mark Clifford Quillin and Wilma M. Donika Quillin.

Mr. Quillin is survived by his daughter, Roxanna McDougal of Almo; two sons, Rex "Bud" Quillin and wife Paula of Benton and Scotty Kates of Spokane, Washington; six grandchildren, Nikki Carrol and husband Junior, Martin Lopez and wife Katlynn, Ryan Quillin, Christina Quillin, Samantha Quillin and Steven Quillin, five great-grandchildren and a sister, Wilma Westervelt of California.

Graveside services will be at 1 p.m. Friday, Feb. 26, 2016 at Hardin Baptist Church Cemetery with Rev. Brad Burns officiating. Burial will follow.

Online condolences may be left at [www.filbeckcannking.com](http://www.filbeckcannking.com).

Filbeck-Cann & King Funeral Home and Crematory, Benton, is in charge of arrangements.

## Senate panel OKs bill to toughen laws against dogfighting in Ky.

By BRUCE SCHREINER  
Associated Press

FRANKFORT, Ky. (AP) — A Senate panel advanced a bill Tuesday to put more bite in Kentucky's weakest-in-the-nation laws against dogfighting, but animal rights activists said revisions could create loopholes for those supplying fighting dogs.

Kentucky outlaws the actual act of dogfighting "for pleasure or profit," but it's the only state that doesn't outlaw a series of actions contributing to the blood sport, said Sen. Paul Hornback, the bill's lead sponsor.

That lack of sufficient reach in cracking down on many of those playing roles in staging those events makes Kentucky's dogfighting laws the weakest in the country, said Hornback, R-Shelbyville.

Hornback said he's not sure how pervasive dogfighting is in Kentucky, but acknowledged "it's out there. ... It's abusing animals. It's something that we need to get under control in Kentucky."

The measure approved by the Senate Agriculture Committee would expand the law to make it a felony to breed, possess, train or sell dogs for the "primary purpose" of dogfighting.

Offenders would face prison sentences of one to five years, the same penalty that already exists for those who organize dogfights and own the canine combatants and sites where the fights occur.

Hornback, the committee's chairman, has worked with animal rights and sportsmen's groups

since last year, trying to develop a version acceptable to both sides.

But some animal rights activists raised concerns Tuesday that the version approved by the committee is too broad, creating potential loopholes for those wanting to supply fighting dogs. They pointed to a section that would exempt dogs involved in activities sanctioned by unspecified, accredited national organizations.

Cynthia Criswell, representing the group Kentuckians Vote for Animals, said she's concerned that language "leaves it open for dogfighters to find a way to get around" the legislation.

Asked if she supports the version before the committee, she replied: "It's better than nothing, I guess."

Senate Majority Floor Leader Damon Thayer, R-Georgetown, said the version headed toward the full Senate was a "reasonable compromise." The bill would go to the House if it passes the Senate.

The measure would exempt the activities of dogs engaged in hunting, field trials and guarding livestock.

Doug Morgan, president of the Kentucky Houndsmen Association, said he was satisfied with the version approved by the committee. In doing so, he recited an old saying among coon hunters: "A hound dog knows the difference between being kicked and stumbled over." He said there's nothing in the bill "that will come back and kick Kentucky houndsmen."

## Congress backs court challenge to Obama's climate plan

By MICHAEL BIESECKER  
Associated Press

WASHINGTON (AP) — More than 200 members of Congress are backing a court challenge to President Barack Obama's plan to curtail greenhouse gas emissions. A brief filed Tuesday with the U.S. Court of Appeals in Washington argues that the U.S. Environmental Protection Agency overstepped its legal authority and defied the will of Congress by regulating carbon dioxide emissions.

Led by Senate Majority Leader Mitch McConnell, R-Ky., and House Speaker Paul Ryan, R-Wis., those signing on include Republican presidential candidates and senators Ted Cruz of Texas, and Marco Rubio of Florida. Of the 34 senators and 171 House members listed, Sen. Joe Manchin of coal-dependent West Virginia is the lone Democrat.

"If Congress desired to give EPA sweeping authority to transform the nation's electricity sector, Congress would have provided for that unprecedented power in detailed legislation," the brief says.

The White House downplayed the lawmakers' brief, describing it as part of "continual pushback from obstructionist Republicans in Congress who don't even believe in the science of climate change."

"We remain confident that we will prevail on the merits when the plan gets it full day in court," said White House spokesman Frank Benenati.

About two dozen mostly GOP-led states have sued to stop the Clean Power Plan, which aims to slow climate change by cutting power-plant emissions by one-third by 2030. The Supreme Court last month barred the Obama administration from beginning implementation of the plan until the legal challenges are resolved.

## Chief justice warns Ky. House panel of Bevin's budget proposal

FRANKFORT, Ky. (AP) — Kentucky Chief Justice John Minton Jr. has told a legislative panel that the governor's proposed budget cuts would effectively shut down the courts temporarily.

The Courier-Journal reports that Minton appeared before a House budget subcommittee on Tuesday and said budget cuts proposed by Gov. Matt Bevin would cripple the court system. Minton said the courts would likely have to shut down for some three weeks just to enact the 4.5 percent cuts proposed for the current fiscal year that ends June 30. He said other justice initiatives would be threatened.

Bevin has proposed cuts of 9 percent in each of the next two fiscal years.

## FUNERAL NOTICE

### The J.H. Churchill Funeral Home

Phil D. McCuiston, 59  
Funeral service will be at 1 p.m. Wednesday, Feb. 24, 2016 at the funeral home. Burial will follow in Elm Grove Cemetery.

## Town Crier

### NOTICE

The Murray City Council will meet at 6:30 p.m. Thursday in the City Council chambers of the Murray City Hall, 104 N. Fifth St. Agenda items include: Mayor's report (clear well report, other construction); public comment (this requires prior arrangement through the mayor's office - call 270-759-0350 for arrangements); City of Murray Wastewater Treatment Plant report; Bacon Farmer Workman report on 16th Street project; Ordinance No. 2016-1688, second reading, concerning bringing Chapter 40 of City of Murray Code of Ordinances into compliance with other ordinances and to revise provisions addressing zoning ordinance violations; Ordinance No. 2016-1691, second reading, concerning restating revenues and expenditures for city's operations budget; Ordinance No. 2016-1692, second reading, concerning clarification and improvement of zoning enforcement process by the code enforcement officer and the city's Code Enforcement Board; Ordinance No. 2016-1693, second reading, adopting a supplement of the Code of Ordinances for the city; Resolution No. 2016-002 supporting Local Investment for Transformation (LIFT) legislation; Municipal Order 2016-005, appointing Jason Pittman to the Murray-Calloway County Public Hospital Corporation Board of Trustees Nominating Committee (Council position) for a term to expire Dec. 31; Recommendation by the City of Murray Planning Commission to rezone properties located at 1107, 1109 and 1111 Vine St. and 1104 Mulberry St. from R-2 (single family residential) to B-4 (medium density business).

To report a Town Crier item call 753-1916.

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## DATEBOOK

### Auditions to be at Playhouse

Playhouse in the Park will hold auditions for its next musical, "Avenue Q." There are five male and seven female roles, each of which require singing and working with puppets, for actors age 16-adult. Anyone age 16-18 will require parental consent to audition. Auditions will be Saturday and Sunday, Feb. 27 and 28 from 5-8 p.m. at the Playhouse. Those auditioning are asked to prepare one minute of any Broadway show tune other than a song from "Avenue Q." Those auditioning will also be asked to do cold reads from the show's script and to work with sock puppets. For more information, contact Lisa Cope at playhouse@murray-ky.net; Jeff Miller, director, at jeffmill35@aol.com or Brad Brauser, music director, at bbrauser@gmail.com.



Martha  
Finney Andrus  
Community editor

### Doggie Day Spa to be Saturday

Murray State University's Animal Health Technology/Pre-veterinary Club and the Humane Society of Calloway County are hosting a Doggie Day Spa on Saturday, Feb. 27 from 9 a.m. - 2 p.m. at the A. Carman Animal Health Center on College Farm Road. Proof of current rabies vaccination is required to participate. The Humane Society will microchip dogs and custom pet id tags and a wide selection of collars, leashes and harnesses will be for sale. Students will bathe dogs, clean ears, trim nails or provide "the works" for a reduced price. DNA test kits will be for sale. For more information, contact the Humane Society of Calloway County at 270-759-1884 or visit www.ForThePets.org or like us on Facebook.

### Special Olympics sign-up scheduled

Murray/Calloway Special Olympics delegation will hold its Spring Sports Sign-Up on Thursday, Feb. 25 at 6 p.m. at First United Methodist Church gym. All athletes, volunteers or unified partners interested in learning more about our teams are encouraged to attend. This year's spring sports will include track and field, soccer and Bocce Ball. All skill levels are encouraged to attend. For more information, contact Laura Miller at lmiller@soky.org or 270-293-9054.

### American Legion Post #73 to meet

American Legion Post #73 will meet Thursday, Feb. 25 at the Legion Veteran's Hall, 310 Bee Creek Drive. Food will be served at 6:30 p.m. and the business meeting will start at 7 p.m. All veterans are invited to attend. For questions, call Post Commander Mike Nutter at 270-293-3642.

### Running for a Cure will be held

The Murray Miracles will host the annual Running for a Cure 5K to benefit St. Jude Children's Research Hospital on Saturday, March 12. The race will begin at the intersection of 15th St. and Olive Blvd. Register online at www.getmerged.com or on our Murray Miracles Facebook page. Registration begins at 8 a.m. with the race beginning at 10 a.m.

### Rebate day scheduled

Murray High School baseball team is sponsoring a rebate day at the Big Apple Café on Wednesday, Feb. 24 from 11 a.m. until midnight.

### Compassionate Friends to meet

The Compassionate Friends support group will meet Thursday, Feb. 25 at 7 p.m. in PDR 1 outside the cafeteria entrance at Murray-Calloway County Hospital. This support group meets for the encouragement of bereaved parents who have lost children as a result of accident, illness or tragedy, regardless of their child's age. For more information, call Hilda Bennett at 270-498-8324 or Chaplain Kerry Lambert at 270-762-1274.

### Preschool/Head Start sign-up planned

Murray Preschool/Head Start and Early Headstart will hold registration for the 2016-17 school year on Friday, March 4 at the Murray Board of Education, 208 S. 13th Street. Registration is by appointment only, please call 270-809-3262 to schedule. The Preschool Head Start program served eligible 3-4-year-old children (by Aug. 1, 2016) and children with disabilities. A limited number of tuition slots are available on a "first come-first serve" basis for children not otherwise eligible. The Early Head Start program serves eligible pregnant women, infants and toddlers to age 3. Early Head Start children are served at one of three sites: University Center/ Alexander Hall, the Willis Early Childhood Center or the Ruby Simpson Child Development Center. For more information, call 270-809-3262.

### 4-H Photography Club will meet

The new Photography 4-H Club will meet Thursday, Feb. 25 at West KY Mentoring from 4-5 p.m. The class will be studying about light and shadows. Please bring picture examples of each. Miranda Rudolph is the leader.

### Rebate night planned

The Breast Cancer Support Group will have a rebate night on Thursday, Feb. 25 from 4-9 p.m. at Mr. Gatti's. All proceeds will benefit the purchase of a 3-D Mammogram for the Murray-Calloway County Hospital.

### Spaghetti dinner to be held

A Back the Badge Spaghetti Dinner will be held Saturday, Feb. 27 from 4-7 p.m. in the First Baptist Church Fellowship Hall. All proceeds will be used for the construction of a monument in memory of Kentucky State Police Trooper Eric Chrisman and Trooper Cameron Ponder. Donations may also be made to Back the Badge at The Murray Bank. The dinner is open to the public.

### Goshen UMC food pantry to open

Goshen United Methodist Church will open its food pantry on Friday, Feb. 26 and Saturday, Feb. 27, from 10 a.m. until noon. The church is located at 4726 KY 121 N.

### Legion officers giving help

Bill Cowan and Mark Kennedy, service officers of American Legion Post No. 73, will be available each Wednesday from 1-4 p.m. to assist veterans of Calloway County with the completion of forms and the filing of claims with the Veterans Administration at the Legion Post, 310 Bee Creek Drive, except the week of Christmas. No appointment is necessary and veterans are served on a first-come, first-served basis. For more information, call Kennedy at 270-752-3333.



Photo provided

**DONATION TO THIRD GRADE CLASS AT NORTH:** The Alumni & Associates of Calloway County Schools made a \$50 donation to Andrea Wheatley's second grade class at North Elementary. Wheatley will use the donation to purchase additional supplies to complete interactive notebooks.

## WKRECC scholarships available

### Special to the Ledger

High school juniors and seniors whose parents or guardians receive power from West Kentucky Rural Electric Cooperative are invited to apply for the cooperative's annual scholarship program and Washington Youth Tour program.

Applications for both programs are now available at high school guidance counselors' offices, online at www.wkrecc.com or at any West Kentucky RECC office. Applications are due on Friday, March 4.

The Scholarship Program annually awards eight \$1,000 scholarships to high school seniors who will be pursuing higher education in the next year. To be eligible for the program, you must be a high school senior in good standing and your parent or guardian must be a member of and receive elec-

trical services from West Kentucky RECC at their principle residence. Two scholarships are awarded in each of the Co-op's four districts.

High school juniors in the West Kentucky RECC service area are encouraged to apply for the Rural Electric Youth Tour Program sponsored jointly by WKRECC and the Kentucky Association of Electric Cooperatives. Students selected to participate in this program will receive an expense-paid trip to Washington, D.C. where they will spend a week with other cooperative representatives touring the city and meeting with Kentucky's congressional delegation.

Questions about either program can be directed to Georgann Lookofsky at 270-247-1321 or 1-877-4WKRECC (1-877-495-7322).



Photo provided

**BACK THE BADGE:** Pictured is Barbara Barnett, a member of Back the Badge, delivering Valentine's Day cookies to Kentucky State Police Post 1, thanking them for their protection and service. A Back the Badge Spaghetti Dinner will be held Saturday, Feb. 27 from 4-7 p.m. in the First Baptist Church Fellowship Hall. All proceeds will be used for the construction of a monument in memory of Kentucky State Police Trooper Eric Chrisman and Cameron Ponder. Donations may also be made to Back the Badge at The Murray Bank. The public is urged to attend the dinner and support this cause.

## FUN & Fashion



by  
D.K. Kelley

One of spring's new trends is the comeback of gray jeans. You will be able to wear them all year round and they will never seem dated. Just like blue jeans they go with everything.

Another trend for spring is taking your single earrings that are mateless and decorate your collar on a jean jacket. The more eclectic the arrangement the better so clean out your jewelry box.

With 70's inspired fashions, a flowing white top in a bohemian peasant style is one of this season's essential pieces.

This top can be worn a multitude of ways, dressy or casual.

New tops and capris and ankle pants are arriving daily.

The sheer flowing floral and geometric print tops are light and airy and make you think spring has finally arrived.

These are perfect for hiding little flaws you don't like, as well as stylish vests that also hide our flaws.

Floral patterns are on everything from clothing to handbags to shoes.

Nautical stripes are also back in for spring. French Dressing has some awesome stripes this season.

Camisoles in a variety of colors will be needed for spring due to all the sheer tops and ponchos. We have them starting at \$15.00.

Be sure to like and share us on Facebook to be eligible for our giveaway, or come in the store to register.

All fall and winter merchandise is 65% to 75% off.

There are a lot of sizes and styles to choose from.

Stay tuned to next week's fun and fashion report...

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**CALLOWAY COUNTY  
Preschool/Head Start  
Spring Registration**

**FRIDAY, MARCH 4<sup>TH</sup>**  
8 am - 2 pm

If your child will be 3 or 4 years old on or before August 1, 2016, come and register.

Please bring the following with you:

- ✓ Certified Birth Certificate
- ✓ Social Security Card
- ✓ Proof of Income (W-2's or Income Taxes for 2015)
- ✓ Insurance Card or Medical Card
- ✓ Custody Papers (if applicable)

Your child does need to be present to register. Registration will be held at the Preschool, which is behind the Calloway County High School.

**Please call 270-762-7410 to schedule your appointment.**

40529 Calloway will provide transportation in the city and the county.

**Active Hands & Active Minds at The Gardens**

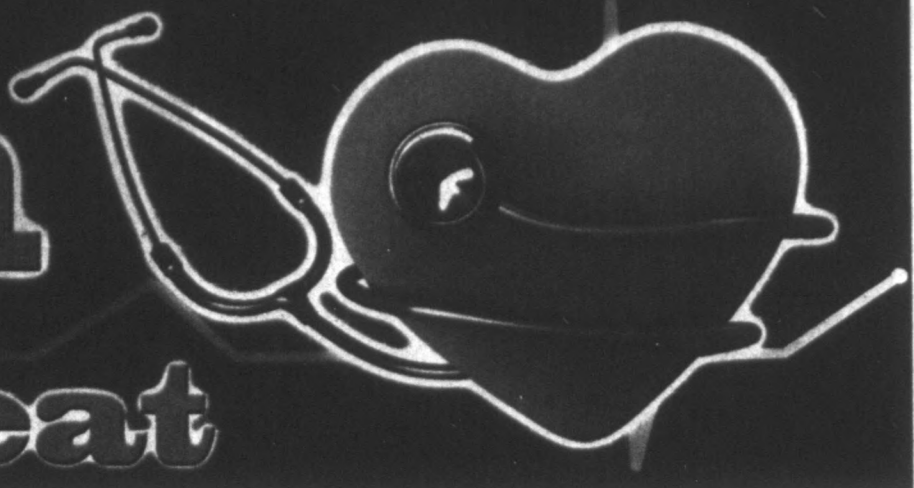
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# Health Beat



## MCCH makes call for volunteers for April's Murray Half Marathon

### Special to The Ledger

Organizers of the April 16, 2016 Murray Half Marathon are seeking volunteers to help make the sixth annual race a success.

Interested persons may volunteer on Thursday, Friday and Saturday. There are many opportunities to volunteer based on levels of commitment and skill, said Susan Davis, race organizer. Opportunities include:

#### Thursday, April 14:

Located at the Center for Health and Wellness (10 a.m. to 4 p.m.)

- Assembling runner's packets

- Attaching timing chips to runner bibs

#### Friday, April 15:

Located at the Center for Health and Wellness (10 a.m. to 6 p.m.)

- Runner registration
- Runner packet/shirt distribution
- Information Expo
- Set-up for Race on Saturday

#### Saturday, April 16:

Located at the Center for Health and Wellness (5:30 a.m. - 1:30 p.m.)

- Runner packet/goody bag distribution
- Pre-Race set-up
- Finish Line (includes medal distribution, directing runners to Food Tent, and etc.)
- Clean-up
- Race Ranger
- Traffic Stops
- Water Stops
- Miscellaneous duties

All ages of volunteers are welcome, but children under the age of 18 must have adult supervision. Families, community groups and organizations are also invited to volunteer together in spirit teams or by staffing

water stations. Runners will vote for their favorite spirit team and prize money will be awarded to the winners (spirit teams must pre-register to be eligible for

The Murray Half Marathon offers three races: a 13.1 mile race, a 13.1 mile two-person relay race or a 5K run/walk. Last year it brought more than 750 runners to Murray, raising \$50,000 through sponsorships and entry fees. All proceeds from the race support operations at the upcoming Anna

Mae Owen Residential Hospice House, which is currently under construction hoping to open this spring. The facility will offer end-of-life care in a home-like setting to area residents.

For more information on registering as a volunteer or as a spirit team, contact Sean Stonecipher at [skstonecip@murrayhospital.org](mailto:skstonecip@murrayhospital.org) or call (270) 762-1831. More race information may be found at [www.murrayhalfmarathon.org](http://www.murrayhalfmarathon.org).




Ledger & Times file photos

ABOVE: Members of a spirit team line the home stretch along South Eighth Street in Murray to welcome runners to the 2015 Murray Half Marathon.



LEFT: A runner receives a hug from a race volunteer after she finished the 13.1 miles of the Murray Half Marathon in 2015.

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serving Calloway County

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## HCMC Diagnostic Center receives ACR accreditation in Mammography

### Special to The Ledger

Henry County Medical Center announced recently that the HCMC Diagnostic Center has again received the American College of Radiology (ACR) accreditation in mammography.

The Diagnostic Center has been awarded a three-year term of accreditation in mammography as a result of a recent review by the ACR. Mammography is a specific type of imaging test that uses a low-dose x-ray system to examine breasts. A mammography exam, called a mammogram, is used to aid in the early detection and diagnosis of breast diseases in women.

The ACR gold seal of accreditation represents the highest level of image quality and patient safety. It is awarded only to facilities meeting

ACR Practice Guidelines and Technical Standards after a peer-review evaluation by board-certified physicians and medical physicists who are experts in the field. Image quality, personnel qualifications, adequacy of facility equipment, quality control procedures, and quality assurance programs are assessed. The findings are reported to the ACR Committee on Accreditation, which subsequently provides the practice with a comprehensive report they can use for continuous practice improvement.

"HCMC is dedicated to providing the highest quality imaging services to our community and this ACR Mammography accreditation is just another way for us to show our commitment of excellence" said Billie Mckee, Director of Imaging.

The ACR is a national professional organization serving more than 36,000 diagnostic/interventional radiologists, radiation oncologists, nuclear medicine physicians, and medical physicists with programs focusing on the practice of medical imaging and radiation oncology and the delivery of comprehensive health care services.

The Henry County Diagnostic Center is a 10,000 square foot facility which integrates state-of-the-art technology with convenience, comfort and communication to ensure that patients have the best experience possible. This technically advanced Imaging facility is a place where our exceptional Radiologists read images from the most advanced digital imaging equipment available. This means that images are viewed electronically rather than on traditional film.

Digital imaging provides clearer, more detailed images. Patients are now able to have their outpatient exams done in a timely manner with easy access thanks to a patient drop off and close parking.

Services offered at the facility include:

- CT Scan
- MRI
- Ultrasound
- Diagnostic X-Ray
- EKGs
- Laboratory
- Pre-admission Testing
- Specialized Women's Imaging
- Diagnostic Mammography
- Screening Mammography
- Breast Ultrasound
- CAD: Computer-aided
- Bone Densitometry Detection

The Center is accredited by the American College of Radiology, The Joint Commission, and certified by the FDA. All Radiologists are board certified by the American College of Radiology.

### Hearing Enhancement Sale



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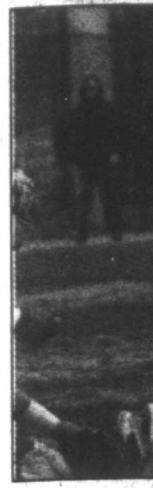
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## Race



Murray State... Tuesday

## Ed

Mar... too... for... in 5... dec...

By B... Sport

When the... Tournament... in a few days... be a new team... but it won't... County Lake...

After the... champions... scorers from... 2015-2016... rebuilding... District 4... would h... embraced... However, fa... district title... since 1991, the... Marshals did... needed.

The result... guard.

D.J. Pigg... as the Marsh... Lakers 56-4... Thursday's... ship tilt again... Tigers at 7 p...

With the... on Pigg, oth... players found... of business f... Gillespie. Dy... game-high 1... son Jolley... with 14.

Meanwhile... Price (eight... virtually the... Johnson finis... for CCHS, 3... up 11 and J... tributed four... been for Isai... telling where...

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# SPORTS

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sports@murrayledger.com

NCAA BASEBALL: MURRAY STATE 13, HARRIS-STOWE STATE 4

## Racers collect 15 hits, defeat Hornets during home opener



PARKER GRIFFITH / MSU Sports Information

Murray State's Aaron Bence attempts to swing against Harris-Stowe State during the Racers' 13-4 non-conference victory Tuesday at Johnny Reagan Field.

By JEFF ARENZ  
Sports Editor

Murray State won its home opener for the fourth straight season by overpowering Harris-Stowe State 13-4 on Tuesday at Johnny Reagan Field.

The Racers (2-2) collected 15 hits, including three each from Aaron Bence and Tyler Lawrence and two apiece from Adam Bauer and Jaron Robinson, and limited the Hornets to six hits.

"It's nice to get our first home game out of the way and certainly get a W in the process," MSU head coach Kevin Moulder said. "We got a lot of guys some work. From that end, it was a positive for us."

Harris-Stowe State held leads

of 2-0 after an inning and 3-1 after an inning and a half. Andrew Alburjas belted a two-run home run to left field in the first before Roger Amador scored on Tyler Schatz's infield groundout in the second.

Adam Bauer, who drove in four runs Tuesday, lifted a sacrifice fly to left field to score Bence, who led off the bottom of the first with a single, stole second base and went to third on a throwing error. Bence came home to score four runs in the game.

Down 3-1 in the second, MSU rallied for four runs with two outs. Jaron Robinson's RBI single drove in Nick Moore and, after a hit from Bence, Bauer's single to the left side plated Robinson and Bence. The Racers'

third run of the inning scored on the Hornets' second error.

Leading 4-3, Murray State took a two-run advantage after two innings on a single from Brandon Gutzler, who chased home Bauer.

The Racers received solid relief pitching as John Lollar, Chad Gendron, Tyler Anderson, Sheldon Baxter and Cody Maerz combined for six straight shutout innings.

Lollar (1-0) was the winning pitcher after tossing two innings in relief of Murray State starter Blake Clynes. Lollar, who allowed a run on two hits in the second before walking the first two Harris-Stowe State hitters he faced in the third, posted a scoreless frame by striking out

Gasberth Pacheco, Jake Muehlenbrock and Jordan Weak to end the Hornets' threat.

Despite giving up eight walks, Moulder said the Racers' pitching had some bright spots.

"I'm not thrilled with how we pitched overall because we walked too many guys, but we had some guys who pitched well," Moulder said. "Tyler Anderson was really good, Cody Maerz had a really good outing, Sheldon Baxter was pretty solid and it was good to get Chad Gendron and Jaron Robinson their first outings at home."

Meanwhile, the MSU bats were only warming up on a windy, 50-degree day in Murray.

■ See RACERS, Page 10A

KHSAA BOYS AND GIRLS BASKETBALL REGION 1 DISTRICT 4 TOURNAMENTS

# End of the line for CCHS

## Marshals too much for Lakers in 56-44 decision

By BRYCE RUDD  
Sports Reporter

When the Region 1 District 4 Tournament champion emerges in a few days, there's going to be a new team crowned. Which team that will be is uncertain, but it won't be the Calloway County Lakers.

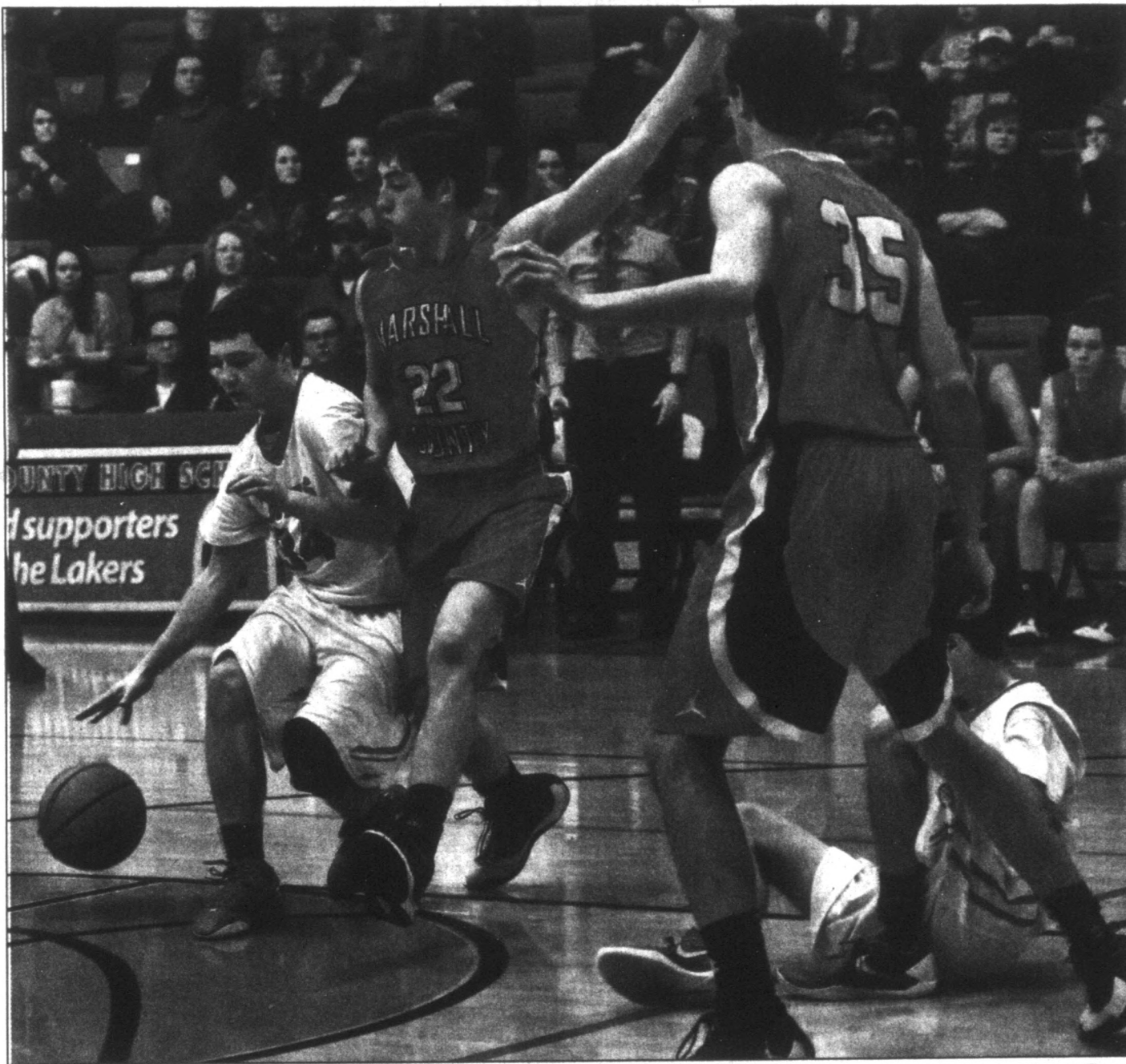
After the defending region champions lost their top eight scorers from last season, the 2015-2016 campaign was a rebuilding season but, still, a District 4 championship appearance would have been a warmly embraced consolation prize. However, facing just its second district title appearance drought since 1991, the Marshall County Marshals did exactly what was needed.

The result? A changing of the guard.

D.J. Pigg provided 11 points as the Marshals staved off the Lakers 56-44 to advance to Thursday's district championship tilt against the Murray High Tigers at 7 p.m.

With the Lakers locked in on Pigg, other Marshall County players found ways to take care of business for head coach Gus Gillespie. Dylan Walters put in a game-high 18 points and Dawson Jolley wasn't far behind with 14.

Meanwhile, with Kamden Price (eight points) faceguarding virtually the entire night, Peyton Johnson finished with 13 points for CCHS, Jonah Brannon put up 11 and Jeremy Darnell contributed four but, if it hadn't been for Isaiah Butler, there's no telling where the Lakers would



DONNIE PASCHALL / Ledger & Times

Calloway County's Isaiah Butler dribbles the ball against Marshall County's Skyler Smith during a KHSAA Boys Basketball Region 1 District 4 Tournament semifinal game Tuesday at Jeffery Gymnasium.

have been after the first half.

Butler scored eight points, including the only two Laker field goals of the first half as the Calloway County shot just 14 percent from the field at 2 of 15 in the first 16 minutes.

Ending his second year in his return to the helm at Calloway County, it was hard for Lakers

head coach Terry Birdsong to turn to anything else but youth, while the Marshals got whatever they wanted inside in the early going.

"Part of it tonight was that we just stood around. We knew they were going to try to take Kamden out. We prepared and then we just stood around. We

didn't cut to the rim. They were just so much more physical than we were ad they have been every time we played them," Birdsong said. "They just physically whipped us. You can learn things in defeat and the biggest message to our kids tonight was getting in the weight room. We look young and we are young,

but Marshall County has been here before."

Marshall County never trailed and was never tied. The Marshals owned practically the entire game, mainly from a defensive standpoint. Jolley and Walters combined for five steals in the first half, resulting in easy transition baskets for a 12-1 lead

in just 5 minutes.

Butler hit the Lakers' first shot of the game with 2 minutes remaining in the first frame, but Pigg came back with a 3-pointer for a 19-7 MCHS lead heading into the second quarter, where Birdsong could already feel the screws coming loose.

Butler continued to be the only source of offense in the first half for Calloway County, which somehow managed a 28-18 deficit at halftime, but all of that took a backseat to what happened at the 5:45 mark in the second quarter.

Birdsong, irate with three consecutive questionable calls, (one in particular against Logan Eastwood) was hit with a technical foul that rattled the cages in Jeffery Gymnasium. Still, considering the poor shooting, being down by four possessions seemed like a gift and, a challenge that the Lakers have proven they can overcome, especially after they cut a 20-point Marshals lead to three in their last meeting.

"We were lucky to be down 10, to be honest. Our kids came out a little tight. We cut it to eight and then we had a breakdown and Pigg laid it in and that was a big change. We got a couple stops to start the second half but we couldn't convert. Of our 10 turnovers, about seven of those were in the first twelve minutes off live ball steals," Birdsong said.

There would be no comeback this time as the Marshals delivered a knockout blow in the third quarter, courtesy of Pigg, who drained his second 3 of the game to take the Marshals' lead up to 13 before Matthew French (eight points) extended it to 16 and the largest of the evening.

The Marshals went on to finish a solid 42 percent from the field, while the Lakers were left to stare blankly at the 21 percent shooting that ended their season.

Darnell and Price sputtered off an early 5-0 Lakers run in the fourth quarter to trim the lead back to 11, but the Calloway

■ See LAKERS, Page 10A

## Lady Marshals pull away from Lady Lakers in second half

By BRYCE RUDD  
Sports Reporter

Poised and methodical, first-year head coach Valerie Waller and her Calloway County Lady Lakers took a fast-paced game of basketball and brought it back to its roots, holding the ball for solid possessions and making the Marshall County defense adjust to them.

For a while, it worked against Lady Marshals and, it worked beautifully.

In the most heartfelt performance of the season, Calloway County almost schemed an improbable upset in a KHSAA Region 1 District 4 Tournament semifinal, but Hannah Langhi had other plans during crunch time.

Langhi scored 11 of her 20 points in the fourth quarter and Marshall County played well enough to blow open a close game for a 47-26 victory, sending the Lady Lakers home for the season.

For the fifth consecutive year, the Lady Marshals (23-6) will face the Murray High Lady Tigers in the District 4 Tournament championship game at 6 p.m. Thursday at Jeffery Gymnasium.

"It's never an easy thing to face," Waller said. "It's the end for three seniors. Chasity Ross and Alex Arnett played their hearts out tonight and they don't have anything to be ashamed of. I told them to keep their heads up and that it's been an honor and a blessing to coach them."

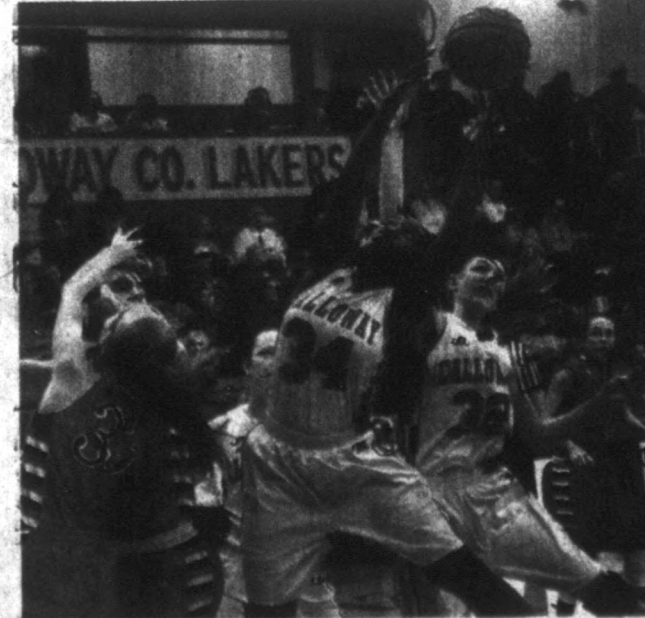
Waller said the Lady Lakers could use stronger ball movement.

"We've got to get stronger. Our kids are so young and physical and that showed for us tonight. We have to learn how to pass the ball like Marshall County and Murray High. We don't pass the ball as well as them and that's one of the things we have to work on coming up." Megan Greer led the Lady Lakers

(9-21) with eight points (all of them in the third frame), Alicia Hornbuckle chipped in seven points, Charlee Settle put in four points with nine rebounds and Chasity Ross pulled down seven rebounds in her prep swan song.

Calloway County took control of the slow pace from the opening tap, slowing the pace for a combined 28 first half points, while it was evident that the Lady Marshals came out tight and uneasy. Trying to do too much too early, Settle turned the ball over four times in the first frame, but a 3-pointer by Hornbuckle and a buzzer-beating layup by Alex Arnett had the game knotted at 7-7 after the first period, with an upset potentially in the cards.

Waller mentioned that one of the keys defensively, on top of stopping Langhi inside, was preventing Briley



Calloway County's Chasity Ross attempts to collect a rebound against Marshall County during a KHSAA Girls Basketball Region 1 District 4 Tournament semifinal game Tuesday at Jeffery Gymnasium. The Lady Marshals topped the Lady Lakers 47-26.

DONNIE PASCHALL / Ledger & Times

■ See CCHS, Page 10A

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**COLLEGE BASKETBALL**

BTN — Northwestern at Michigan  
ESPN2 — Mississippi St. at Texas A&M  
ESPN — Houston at UCF  
FS1 — Villanova at Xavier  
SEC — Georgia at Auburn

7 p.m.  
CBSN — Marquette at Creighton  
ESPN — East Carolina at Tulane

8 p.m.  
BTN — Wisconsin at Iowa  
ESPN2 — Arizona at Colorado  
ESPN — Oklahoma St. at Oklahoma  
SEC — Tennessee at South Carolina

9 p.m.  
CBSN — San Diego at Wyoming  
10 p.m.  
ESPN — Washington at Oregon St.

**DIVING**  
10 a.m.  
NBCSN — FINA Championships, Men's 10 meters, at Rio de Janeiro

**GOLF**  
12 a.m. (Thursday)  
GOLF — LPGA Tour, Honda Thailand, first round, at Chonburi, Thailand

**NBA**  
7 p.m.  
ESPN — Washington at Chicago

8:30 p.m.  
ESPN — San Antonio at Sacramento

**NHL**  
6:30 p.m.  
NBCSN — Pittsburgh at Boston

8 p.m.  
NBCSN — San Jose at Colorado

**SOCCER**  
1:30 p.m.  
FS1 — UEFA Champions League, Manchester City at Dynamo Kyiv

7 p.m.  
FS2 — UEFA Champions League, Atletico Madrid at PSV Eindhoven

7 p.m.  
FS2 — CONCACAF Champions League, Real Salt Lake at Tigres UANL

9 p.m.  
FS1 — CONCACAF Champions League, Santos Laguna at L.A. Galaxy

**PRO HOCKEY**

**NHL**

**EASTERN CONFERENCE**

**Atlantic Division**

**Metropolitan Division**

**Central Division**

**WESTERN CONFERENCE**

**Central Division**

**Tuesday's Results**

**Today's Games**

**Pacific Division**

**Today's Games**

**Tuesday's Results**

**Today's Games**

**Thursday's Games**

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**Racers in the NBA**

**Isaiah Canaan**  
Point Guard

**Cameron Payne**  
Point Guard

**LAST GAME**  
Tuesday vs. Orlando  
12 points | 4 rebounds  
0 assists | 1 steal | 0 blocks

**NEXT GAME**  
Today at Detroit

**LAST GAME**  
Sunday vs. Cleveland  
6 points | 1 rebound  
1 assist | 2 steals | 0 blocks

**NEXT GAME**  
Today at Dallas

New York at Indiana, 6 p.m.  
Minnesota at Toronto, 6:30 p.m.  
Golden State at Miami, 6:30 p.m.  
Philadelphia at Detroit, 6:30 p.m.  
Washington at Chicago, 7 p.m.  
L.A. Lakers at Memphis, 7 p.m.  
Oklahoma City at Dallas, 7:30 p.m.  
San Antonio at Sacramento, 9:30 p.m.  
Denver at L.A. Clippers, 9:30 p.m.

**Thursday's Games**  
Golden State at Orlando, 6 p.m.  
Milwaukee at Boston, 6:30 p.m.  
Oklahoma City at New Orleans, 7 p.m.  
Brooklyn at Phoenix, 8 p.m.  
Houston at Portland, 8:30 p.m.  
San Antonio at Utah, 9:30 p.m.

**COLLEGE BASKETBALL**

**AP TOP 25 RATED**

**Tuesday's Results**

**Today's Games**

**Wednesday's Games**

**Thursday's Games**

**Friday's Games**

**Saturday's Games**

**Sunday's Games**

**Monday's Games**

**Tuesday's Games**

**Wednesday's Games**

**Thursday's Games**

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**Friday's Games**

**Saturday's Games**

**Sunday's Games**

**WOMEN'S GOLF**  
**Folke, Racers end up fifth in Mobile**

MSU Sports Information

MOBILE, Ala. — Murray State's Moa Folke came home with a fifth-place finish for the Racers' women's golf squad at the South Alabama Spring Invitational, played at the Azalea City Golf Course.

Folke earned a spot on the All-Tournament team after she carded rounds of 70-76-74-220. She shared fifth place with Kaeli Jones of South Alabama. Folke's first round 2-under par 70 was her career-low round at Murray State.

As a team, the Racers jumped past two teams in the final round to get a spot in fifth place in the field of nine schools. MSU finished with scores of 308-306-302-917, ahead of sixth place Southern Illinois (918) and seventh place Alabama State (923). Chattanooga won the event with a total of 883, ahead of host South Alabama at 890. Eastern Kentucky (893) placed third and UAB was fourth (901).

MSU's Abbi Stamper rallied to get a spot in 20th place with scores of 81-77-72-230, while Sophie Hillier finished 27th with scores of 79-76-78-233. Sydney Trimble had scores of 79-77-83-239 and placed 35th. Anna Moore placed 41st with rounds of 80-85-79-244.

Sydney Snodgrass of UAB was the medalist with a total score of 213.

The Azalea City course played to a par-72 at 5,929 yards.

Next up for the Racers is the North Florida Intercollegiate (March 7-8) at Jacksonville Golf & Country Club in Jacksonville, Fla. ■

**■ CCHS...**

From Page 9A

English (three points) and Miyah (seven points) from hitting 3-pointers. For the first time all season, the Lady Marshals were limited to just one 3-point make the entire game.

"That was our game plan going in," Waller said. "I'm proud of them sticking to the plan. Marshall County played to our game plan until they really made us spread the ball out there in the second half and made us score more. I felt like we were more prepared for this team than any team we have been all year. We knew this was a team we were going to be playing at the end of the year and our kids stepped up to the challenge."

Calloway County kept it tied midway through the second quarter, but a steal by Davis helped put the Lady Marshals up by four points at the half, where they would never look back.

Lexie Miller proved to be the X-factor for Marshall County in the third frame,

scoring six of the first eight points of the second half as a 20-12 lead ensued. Then, Greer caught flame, scoring eight points in the quarter, including a gusty coast to coast finish, that kept the Lady Laker alive down 33-26 as the Lady Marshals started chipping away.

"Megan stepped up to the challenge defensively for us. We asked for her to faceguard Miyah Davis and held her to seven points. Our goal was for them to get no more than one 3-pointer and, that's all they got. I felt like that was huge for her. Concentrating on that helped her offensively. One time she even took it the length of the floor for a layup and she definitely hit some big buckets for us," Waller said.

With a shorthanded roster due to injuries, the Lady Laker had exhausted everything in its arsenal the first three quarters. In the final eight minutes, Langhi took complete control. A quiet Langhi suddenly exploded for 11 points in six minutes, while the Lady Laker wouldn't score in the final quarter at all. ■

**MEN'S BASKETBALL**

**Wildcats dump Tide for 78-53 victory**

The Associated Press

LEXINGTON — Alex Poythress was hungry to play after a two-week absence because of a right knee injury. Kentucky needed a healthy body to fill a manpower void.

Poythress' return ended up better than expected and provided a needed remedy for the 16th-ranked Wildcats in a 78-53 rout of Alabama on Tuesday night.

Sidelined for five games with the injury, the senior forward came off the bench to score 14 points on 5-of-6 shooting in 17 minutes. Poythress complemented Jamal Murray's 23 points, while Tyler Ulis added 19 points and 10 assists as Kentucky pulled away from the Crimson Tide.

Not bad for Poythress' second day back on the job.

"It felt good to be out there again," said Poythress, who returned to practice on Monday. "I missed basketball. I wasn't nervous and there was no point in being nervous. It's just basketball."

"Each at-bat is a different situation and, sometimes, the approach changes," Moulder said. "If we have two quick outs and we have no baserunners, our goal is not to have an easy inning. We need to have competitive at-bats all the way through. We did a good job of that in the second inning."

Murray State went ahead 9-3 in the fifth, when Bauer reached on a fielder's choice and Robinson scored during the play on an infield error. Hence trotted home after Gentler reached on the second fielder's choice of the inning.

The Racers made it 13-3 in the sixth, when Robinson's two-run single plated Kip Moore. Tyler Dixon's double allowed Robinson and Nick Moore to come home and a fielder's choice from Lawrence scored Dixon.

Harris-Stowe State scored its final run in the ninth, when Amador ran home on a passed ball.

**■ Racers...**

From Page 9A

MSU added seven more hits while scoring twice in the third, four times in the fifth and twice in the sixth.

A two-out double from Bauer scored Moore and Bence for a 7-3 MSU lead after three innings. Of the Racers' first seven runs, six of them came home after two outs had been recorded.

"Each at-bat is a different situation and, sometimes, the approach changes," Moulder said. "If we have two quick outs and we have no baserunners, our goal is not to have an easy inning. We need to have competitive at-bats all the way through. We did a good job of that in the second inning."

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Harris-Stowe State scored its final run in the ninth, when Amador ran home on a passed ball.

**MSU hosts Northern Illinois**

in a four-game series that begins at 3 p.m. Friday, includes a doubleheader at 12 p.m. Saturday and finishes up at 1 p.m. Sunday. ■

**MURRAY STATE 13, HARRIS-STOWE STATE 4**

Tuesday's Result  
At Johnny Reagan Field

HARRIS-STOWE STATE (4-3): Tyler Schatz (cf) 5-0-1-1, Zach Jones (dh) 1-1-0-0, Andres Alburjas (rf) 3-1-1-2, Gabe Pacheco (1b) 4-0-1-0, Jake Denbow (1b) 1-0-0-0, Jake Muehlenbrock (3b) 4-0-0-0, Jordan Weaks (2b) 4-0-1-0, Rodger Amador (ss) 3-2-1-0, Tim Keathley (lf) 2-0-1-0, Demarcus Scott (p) 0-0-0-0, Jake Angelo (p) 0-0-0-0, Larry Molina (p) 0-0-0-0, Stephen Wells (p) 0-0-0-0, Lance Smith (p) 0-0-0-0, Deion Herron (p) 0-0-0-0, Joe Denbow (p) 0-0-0-0, Sam Simon (p) 1-0-0-0. Totals: 31-44-4-3.

MURRAY STATE (2-2): Aaron Bence (cf) 3-4-3-0, Tyler Dixon (rf) 1-1-1-2, Adam Bauer (lf) 3-1-2-4, Cody Gilbert (cf) 1-0-0-0, Brandon Gutzier (rf) 4-0-1-2, Reed Thompson (lf) 0-0-0-0, Tyler Lawrence (dh) 5-0-3-1, Matthew Johnson (dh) 1-0-0-0, Ramsey Scott (1b) 4-0-0-0, Caleb Hicks (3b) 5-0-1-0, Kipp Moore (c) 2-1-0-0, Jack Hranec (ph) 1-0-0-0, Matthew Dudas (c) 0-0-0-0, Nick Moore (2b) 3-3-2-0, Cody Hall (2b) 1-0-0-0, Jaron Robinson (ss) 4-3-2-2, Blake Cymes (p) 0-0-0-0, John Lollar (p) 0-0-0-0, Chad Gendron (sp) 0-0-0-0, Tyler Anderson (p) Sheldon Baxter (p) 0-0-0-0, Cody Maerz (p) 1-0-0-0. Totals: 38-13-15-11.

Harris-Stowe St. \*210 000 001 — 4 6 4  
Murray State 142 024 00x — 13 15 0  
E. Alvarez 2; Pacheco; Amador. DP: Harris-Stowe State 9; Murray State 12. 2B: Keathley; Dixon; Bauer; N. Moore; HR: Alburjas; HBP: Alburjas; Bence; Thompson. SF: Bauer. SB: Alburjas; Bence 2; Hicks; K. Moore.

PITCHING (IP-H-R-ER-BB-SO) — Harris-Stowe State: Stephen Wells 1-2-1-1-0-1; Lance Smith 2/3-6-4-2-0-0; Deion Herron 1/3-3-2-2-1-1; Joe Denbow 1-2-0-0-1-0; Sam Simon 1/3-1-5-3-3-1; Demarcus Scott 2/3-1-1-2-0-0; Jake Angelo 1-0-0-0-0-0; Larry Molina 1-0-0-0-1-1. Murray State: Blake Cymes 1-2-2-2-1-1; John Lollar 2-2-1-1-2-4; Chad Gendron 2-2-0-0-2-0; Tyler Anderson 1-0-0-0-0-2; Sheldon Baxter 1-0-0-0-1-0; Cody Maerz 1-0-0-0-0-1; Jaron Robinson 1-0-1-0-2-1.

WR: Lollar (1-0); Loss: Smith (0-1). WP: Wells; Denbow; Robinson. HBP: by Simon (Bence); by Molina (Thompson); by Robinson, J. (Alburjas). PB: Alvarez; Dudas; Fitches/Strike: Wells 19/10; Smith 22/14; Herron 27/17; Denbow 23/14; Simon 39/18; Scott 19/8; 48 11/6; Molina 24/13; Cymes 18/10; Lollar 48/28; Gendron 18/10; Anderson 12/8; Baxter 12/7; Maerz 10/8; Robinson 25/10.

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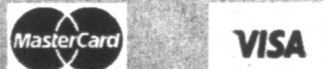
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060 Help Wanted

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**Today's Birthdays**

- Actor Steven Hill is 94.
- Actress Emmanuelle Riva is 89.
- Actor-singer Dominic Chianese (kee-uh-NAY'-see) is 85.
- Movie composer Michel Legrand is 84.
- Opera singer-director Renata Scotto is 82.
- Singer Joanie Sommers is 75.
- Former Sen. Joseph Lieberman, I-Conn., is 74.
- Actor Barry Bostwick is 71.
- Actor Edward James Olmos is 69.
- Singer-writer-producer Rupert Holmes is 69.
- Rock singer-musician George Thorogood is 66.
- Actress Debra Jo Rupp is 65.
- Actress Helen Shaver is 65.
- News anchor Paula Zahn is 60.
- Baseball Hall of Famer Eddie Murray is 60.
- Country singer Sammy Kershaw is 58.
- Actor Mark Moses is 58.
- Actress Beth Broderick is 57.
- Singer Michelle Shocked is 54.
- Movie director Todd Field is 52.
- Actor Billy Zane is 50.
- Actress Bonnie Somerville is 42.
- Jazz musician Jimmy Greene is 41.
- Rhythm-and-blues singer Brandon Brown (Mista) is 33.
- Rock musician Matt McGinley (Gym Class Heroes) is 33.
- Actor Wilson Bethel is 32.
- Actor Alexander Koch is 28.
- Rapper-actor O'Shea Jackson Jr. (Film: "Straight Outta Compton") is 25.

**WORD SCRAMBLE**

Rearrange the letters to spell something pertaining to affection.

**ISK SSE**

--	--	--	--	--	--

Answer: Kisses

**Guess Who?**

I am a singer born on January 25, 1981 in New York. I graduated valedictorian from the Professional Performing Arts School. I am the first singer to receive five Grammy Awards for a debut album.

Answer: Alicia Keys

**CROSSWORDS**

**ACROSS**

- Hogwarts groundskeeper
- "The King —"
- Skiing variety
- Verse creator
- Quick look
- Murders, slangily
- Strident
- George Jetson's wife
- Bonnie's partner
- Music's Yoko
- Caught some z's
- "That's gross!"
- Swindle
- Low digit
- Mini burgers
- Diarist Anaïs
- Wyoming's — Range
- Smaller amount
- "You fell for it!"
- Herring's kin
- Rum drink
- Mountain cat
- Current unit
- Like some wines
- Freezer bag verb

CADET	SHIRE
ARENA	TIRED
MIND	READING
PAT	GAG
BERET	
CARAT	DRAPE
AGOG	ERIE
TOWER	KNEEL
LUCID	
ADO	MUD
MIND	BENDING
PETAL	AUGER
STONE	POSSE

Yesterday's answer

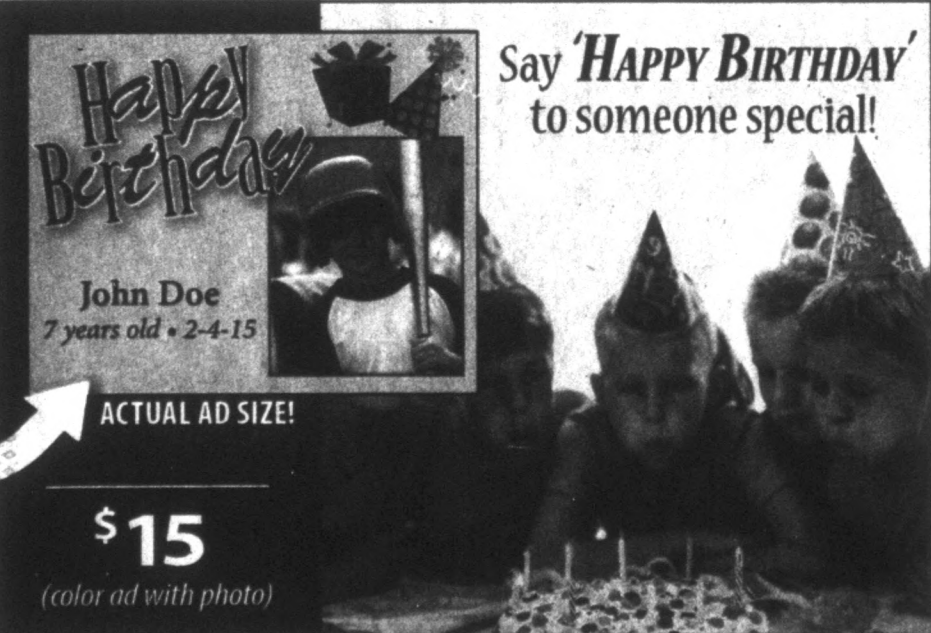
- Neither follower
- Gizmo
- Reading aids
- Russian ruler
- Residence
- Mud bath site
- Embrace
- Honey maker
- Radio's Glass
- Snaky swimmer

**DOWN**

- Crone
- Maximum amount
- Transcript no.
- Remove suds from
- Ruler marking
- Glade grazer
- Artemis' twin
- Restricted area
- Excellent, in slang
- "— been real"
- Computer symbols
- Compete with a lance
- Protractor measure
- Pitching coup
- TV's Leary
- Blissful spots
- Bloodhound's clue

1	2	3	4	5	6	7	8	9	10
11						12			
13						14			
15						16			
17	18	19				20		21	22
23						24	25		
26						27		28	
29						30		31	
32						33			
34						35	36		
37	38					39		40	41
42						43			
44						45			
46						47			

**Say 'HAPPY BIRTHDAY' to someone special!**



**John Doe**  
7 years old • 2-4-15

**\$15**  
(color ad with photo)

**SUDOKU**

Conceptis Sudoku By Dave Green

		3	1					8	6
	9					5			
7				2					
8				4					
4				5					
6	5	9			1	7	4		
1			4		9				2
9			8		3				4
	8	4						1	5

Answer to previous puzzle

9	5	4	1	6	7	8	2	3
3	1	6	2	8	9	5	7	4
7	8	2	5	3	4	6	9	1
5	7	8	6	4	1	9	3	2
4	2	3	9	5	8	7	1	6
6	9	1	7	2	3	4	5	8
8	3	9	4	7	2	1	6	5
2	6	7	8	1	5	3	4	9
1	4	5	3	9	6	2	8	7

Difficulty Level \*\*\*

**Murray Ledger & Times**

**Looking**

Ten years ago Jennifer T. Ross Bolen...  
 Ross Bolen...  
 current show...  
 runs March...  
 Maurices...  
 a new M...  
 5,000-squa...  
 in the Shop...  
 John Fan...  
 bands at M...  
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 House and...  
 to be hel...  
 time friend...  
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 School band...  
 and Dee Bis...  
 in honor of...  
 Murray Mic...  
 entitled "Se...  
 "Always Be...  
 Murray Tig...  
 A welcom...  
 at the Sid E...  
 the campus...  
 sity for Kei...  
 at Murray-C...  
 tal and his...  
 the Baileys...  
 MSU vice p...  
 al advance...  
 MCCB boar...  
 and Murray...  
 Twenty y...  
 Officers o...  
 Future Farm...  
 are Andrew...  
 Eleshia Ada...  
 Wilson and...  
 The Cal...  
 Court reject...  
 citizens' gr...  
 taxing distri...  
 the new jail...  
 Calloway...  
 sonnel are p...  
 remnants o...  
 up the area...  
 Highway 9...  
 Sorenson, 6...  
 accident.  
 Alpha Sig...  
 permit whic...  
 to use a hou...  
 as its chapte...

**Today's**

Today is...  
 55th day of...  
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 Today's H...  
 On Feb. 2...  
 of Represent...  
 ident Andre...  
 attempted d...  
 War Edwin...  
 was later ac...  
 On this d...  
 In 1582...  
 sued an edit...  
 reforms. (Th...  
 the calendar...

**BABY E**

**BLOND**

WHAT W...  
 FAVOR...  
 THAT'S...  
 THE GO...

**DUSTIN**

HELEN...  
 HUSBAND...  
 I HAVE...  
 RUNNING J...

**GARFIE**

THE TEACHE...  
 ARE STILL...  
 STRIKE, I SE...

Looking Back

Ten years ago Jennifer Taylor, Mark Borum and Ross Bolen are pictured as they rehearse for Playhouse in the Park's current show, "Footloose," which runs March 2-5 and 9-12.

Maurices Inc. has announced a new Murray location. The 5,000-square foot location will open in the Shoppes of Murray in April.

John Fannin, assistant director of bands at Murray State University, visited Murray Middle School and rehearsed the piece that he composed specifically for the Open House and Dedication Activities to be held soon. Fannin, a long-time friend of the Tiger Band, was commissioned by Murray Middle School band directors Beth Strubling and Dee Bishop to compose a piece in honor of the 2006 rededication of Murray Middle School. The work, entitled "Semper Melior," Latin for "Always Better" is the motto of the Murray Tiger Band.

A welcoming reception was held at the Sid Easley Alumni Center on the campus of Murray State University for Keith Bailey, the new CEO at Murray-Calloway County Hospital and his wife, Janet. Pictured are the Baileys along with Jim Carter, MSU vice president for institutional advancement; Dr. Jack Rose, MCCH board of trustees chairman and Murray Mayor Tom Rushing.

Officers of the Calloway County Future Farmers of America Chapter are Andrew Falwell, Troy Geurin, Eleshia Adams, Jon Futrell, David Wilson and Tim Palmer.

The Calloway County Fiscal Court rejected a proposal from a citizens' group to create a special taxing district to handle funding for the new jail.

Calloway County emergency personnel are pictured looking over the remnants of a truck and cleaning up the area after a traffic accident on Highway 94 East. Donald George Sorenson, 60, of Dexter, died in the accident.

Alpha Sigma Phi is requesting a permit which would allow the group to use a house at 1321 Main Street as its chapter house.

Thirty years ago Carol Perlow, a registered nurse, has been named a clinical specialist in neonatology and pediatrics at Murray-Calloway County Hospital.

Mr. and Mrs. Lennis Hale of Route 7, Murray, will celebrate their 50th wedding anniversary on March 2.

Leta Taylor has been selected as Educational Director for the Blue Grass Hair Fashion Committee of the Kentucky Hairdressers Association.

Calloway County Middle School advanced to the finals of the middle school district tournament for the sixth straight year. Members of the squad include Tammy Mahan, coach Peter O'Rourke, Kristy Starks, Renee Thomas, Susan Lax, Lisa Scalf, Kristy Graham, Janna Wilson, Kim Carroll, Pam Bucy, Tracy Walters, Robin Herndon, Dawn Sled, Angie Miller, Cynthia Garland, Terry Burkeen and assistant coach Melissa Miller.

Proceeds from the Benefit Tennis Tournament sponsored by the Sigma Department of the Murray Woman's Club have been donated to the Murray-Calloway County Comprehensive Care Center. Mary Beshear is the Sigma chairman.

In high school basketball, Murray High beat Lone Oak and Calloway beat Heath. High scorers were Tony Thomas for Murray and Clayton Hargrove for Calloway.

The home of R.L. Owens on Route 5, Murray, was destroyed by fire on Feb. 22.

Howie Crittenden booted his scoring record to 2,002 which is 92 points over the first state record he broke two years ago playing for Murray State College.

Racist language draws physical reaction from offended friend

DEAR ABBY: A foreign friend used the "n" word while commenting about an employee at a hotel we were staying in. After he said it a second time, I slapped him and told him that word was never acceptable, regardless of the reason.



Dear Abby by Abigail Van Buren

I feel bad about hitting him, but entirely justified in motive and intent. I really can't think of another, more effective way of registering how offended I am in a situation like this. Should I apologize? Should it be a qualified apology?

I tried to explain the complex racial history of the U.S. and why the word was so hurtful, but he seemed disinclined to understand. What is the right way to react in such a situation? -- ANONYMOUS IN THE USA

DEAR ANONYMOUS: You should not have let the first remark go without speaking up. The right way to respond to the person's racist comment would have been to say that it offended you and you would prefer not to hear that kind of language from him again. Physical violence is not the correct way to get a point across.

If you must associate with this person, apologize for flying off the handle. Otherwise, avoid him.

DEAR ABBY: I'm in love with two men. My husband, "Victor," and I have been together for nine years and were married last year. The other man in my life, "Wade," was my boss, and we've been seeing each other for two years.

They are polar opposites and make me happy in different ways.

I was engaged and planning my wedding when Wade and I started our relationship. I chose to marry Victor for emotional stability and because we had built a life together. I can't imagine a life without him. At the same time, I can't imagine not being with Wade.

If I stop seeing Wade, I know I won't be happy and he'll always be on my mind. I will always wonder about what could have been. If I divorce my husband, I'll break his heart, and it won't be easy.

Last week Wade demanded that I decide between him and my husband. He wants an exclusive relationship with me. I'm in a panic because I can't decide, but I know I will lose Wade if I don't do it soon. I need advice because I don't know which way to go. -- STUCK AT A CROSSROADS IN FLORIDA

DEAR STUCK: You chose to marry Victor because you wanted emotional stability, and you had built a life together. Obviously, that isn't enough for you, or you wouldn't be cheating with Wade. If what you really want is a marriage filled with passion, tumult and the possibility of infidelity, by all means choose your former boss. That way, you won't be bored, and Victor will then be free to find a loving, faithful wife who appreciates what he has to offer.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

To order "How to Write Letters for All Occasions," send your name and mailing address, plus check or money order for \$7 (U.S. funds) to: Dear Abby - Letter Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. Shipping and handling are included in the price.

Cognitive restructuring can help with stress

DEAR DOCTOR K: In your column you've mentioned something called cognitive restructuring. Can you explain this in more detail?

DEAR READER: Cognitive restructuring is one part of cognitive behavioral therapy (CBT), a type of "talk therapy" that attempts to correct ingrained patterns of negative thoughts and behaviors. CBT is the leading therapy for anxiety. It is also used to treat stress, depression, eating disorders and many other problems.

Cognitive restructuring can help you change the way you think. That, in turn, can help change the way you feel. To better understand how it works, try to remember your thoughts the last time you were late for work. Perhaps your first thought was simply "The train is late." But then that quickly transformed into "I'll be late to work. I won't make it to my meeting on time. My job is in jeopardy."

This is an example of negative automatic thinking. Scenarios like this can activate the stress response almost as easily as a growling Doberman pinscher starting to run toward you.

Often our negative thoughts are riddled with irrational distortions. For example, you may have an "all or nothing" attitude. If you don't perform flawlessly, you consider yourself a complete failure.

You exaggerate potential problems or mistakes until they take on the proportions of a catastrophe. Or you jump to conclusions: an observation that your friend seems upset turns into the certainty that she is mad at you.

For a person who is distressed by distortions and negative thoughts, cognitive restructuring may involve asking yourself:

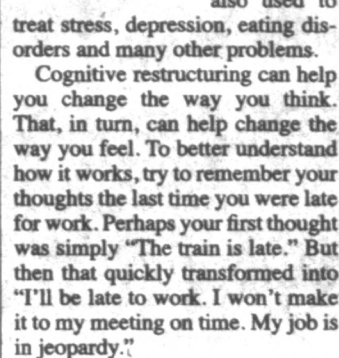
- Is this thought or belief true?
- Did I jump to a conclusion?
- What evidence do I actually have?
- What's the worst that could happen?
- How else can I think about this?

Here's an example of how it might work: If you get stuck in traffic on the way to work, first take a few deep breaths to reduce physical tension and step back from the stressor before you react. Then, reflect: "It's just a traffic jam. I can handle this. It's not worth getting this upset." Don't assume you'll be fired. Tell yourself, "I'll just be a few minutes late. I'm doing the best I can. I can handle this."

It may seem simplistic; it may sound too good to be true. And it doesn't happen just like that: It's not an instant cure. It takes work, focus, concentration and a talented therapist. And it takes time.

But the value of cognitive behavioral therapy, including cognitive restructuring, has been shown in scientific studies. It is the most important new type of talk therapy that I've seen in my professional career.

(Dr. Komaroff is a physician and professor at Harvard Medical School. To send questions, go to AskDoctorK.com, or write: Ask Doctor K, 10 Shattuck St., Second Floor, Boston, MA 02115.)



Dr. Komaroff by Dr. Anthony Komaroff

Today in History

Today is Wednesday, Feb. 24, the 55th day of 2016. There are 311 days left in the year.

Today's Highlight in History: On Feb. 24, 1868, the U.S. House of Representatives impeached President Andrew Johnson following his attempted dismissal of Secretary of War Edwin M. Stanton; Johnson was later acquitted by the Senate.

On this date: In 1582, Pope Gregory XIII issued an edict outlining his calendar reforms. (The Gregorian Calendar is the calendar in general use today.)

In 1803, in its Marbury v. Madison decision, the Supreme Court established judicial review of the constitutionality of statutes.

In 1912, the American Jewish women's organization Hadassah was founded in New York City.

In 1920, the German Workers Party, which later became the Nazi Party, met in Munich to adopt its platform.

In 1938, the first nylon bristle toothbrush, manufactured by DuPont under the name "Dr. West's Miracle Toothbrush," went on sale.

In 1946, Argentinian men went to the polls to elect Juan D. Peron their president.

In 1966, Kwame Nkrumah, the first president of Ghana, was overthrown in a military coup while he was visiting Beijing; he was replaced by Joseph Arthur Ankrah.

In 1975, the Congressional Budget Office, charged with providing independent analyses of budgetary and economic issues, began operating under its first director, Alice Rivlin.

Hints From Heloise

GREASE SOLUTION BY THE SLICE

Dear Heloise: For a number of years, I would drain off FRIED HAMBURGER GREASE through a strainer. This caused two more items to be washed: the strainer and the drip container. Now after frying the hamburger, I shove the cooked hamburger to one side of the skillet and place a wedge under the one edge to let the grease drain to the lower side.

Most people have some old bread lying around. Place some bread on the lower side of the skillet and watch the grease soak up into the bread -- it acts like a sponge. Then discard the bread. This can work on other grease that you need drained. -- Gary S., Marquette, Mich.

Ingenious, and another way to drain or remove grease from a frying pan. As a note to others, please remember NOT to pour grease, hot or cold, down a kitchen-sink drain! The grease can clog pipes in your home and the system farther down the line. -- Heloise

SEND A GREAT HINT TO: Heloise, P.O. Box 795000, San Antonio, TX 78279-5000, Fax: 210-HELOISE, Email: Heloise(at)Heloise.com

POT HOLDER Dear Heloise: I read your column daily in The Villages (Fla.) Daily Sun. This is my hint: I wanted to stop all the bangs and scratches on my pans, but didn't want to put up a pot-holder rack in my ceiling. I have wire racks in my kitchen pantry, so I popped one shelf

Horoscope

HAPPY BIRTHDAY for Thursday, Feb. 25, 2016: This year you open up to many new opportunities. However, you also tend to keep your feelings to yourself. Others find you to be a bit secretive, and in a sense, they are right. You will see no reason to make yourself more vulnerable than you have already. If you are single, you might find yourself in a relationship a little too quickly for your taste. Make sure that you are on the same page as the person whom you choose to date. If you are attached, the two of you really enjoy each other's company. Plan on some special time away together. LIBRA always intrigues you.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

ARIES (March 21-April 19) You'll wake up reflective and might reconsider some ideas. Test out an idea on a trusted friend who will give you good feedback. You'll appreciate what is shared. Make time for a younger person or child; his or her mood will add to your energy.

TAURUS (April 20-May 20) One-on-one relating could make a difference in the outcome of an important situation involving a boss, relative or older friend. Your efforts to add comfort to someone else's life will be appreciated. Tap into your creativity.

GEMINI (May 21-June 20) Allow a little more levity into your daily life. Sometimes you could feel overwhelmed by all the requests being made of you. Schedule time for a loved one, whether it's a lengthy lunch or a special happening at the end of the day.

CANCER (June 21-July 22) You could be overwhelmed by what a close associate chooses to share with you. As a result, you will sense how authentic this person is. You might not be sure what to say in return. Be gracious, yet honor your commitments and priorities.

LEO (July 23-Aug. 22) Return calls and schedule meetings. Others tend to be very positive when dealing with you. In fact, most conversations will go as you would like without any extraordinary effort. Be aware that someone around you might be a secret

out, got some S hooks (they come in several sizes) and attached them from the underside. Now, my pans hang beautifully and in order by size.

If you have wire racks anywhere, use the S hooks and hang anything, like mops. -- Claire D., Summerfield, Fla.

FASTER COOKING

Dear Heloise: Directions on cook-and-serve pudding mixes say to stir the mix into the milk and bring it to a boil while stirring constantly. However, the mix doesn't dissolve easily in cold milk, and you spend a long time stirring. I save time by warming the milk, then adding the mix and stirring. -- Sandra M., Lexington, Ky.

COOKING RACKS

Dear Heloise: This might be old hat to a lot of us who have spent time in the kitchen, but I watched a young person trying to scrub a crosshatched cooking rack over the holidays.

I quietly mentioned that the rack has two different sides. I showed her that the "ribs" on one side go one way, then you turn it over and scrub the top ribs going the other way. She was overly pleased at how simple it became. -- P.F. in California

CHOPPING FOOD

Dear Heloise: A bout with arthritis in my thumb has taught me to chop apples for cake with a pastry blender. My sister told me about chopping pecans with hers. I tried to make apple cakes for Christmas. I have an apple peeler/corer that I used, then put the apples in a bowl and chopped them with the pastry blender and saved a lot of thumb pain. -- Martha G., via email (c)2016 by King Features Syndicate Inc.

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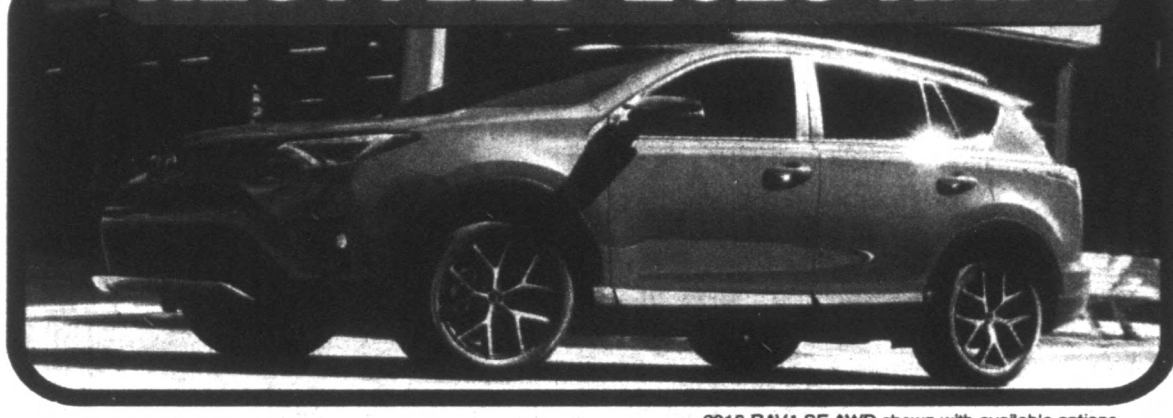
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2016 RAV4 SE AWD shown with available options.

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2015 PRIUS c.....	<b>\$1,500</b>	2016 COROLLA.....	<b>\$750</b>
2015 SIENNA.....	<b>\$1,500</b>	2016 SIENNA.....	<b>\$500</b>
2016 CAMRY, INCLUDES HYBRIDS.....	<b>\$1,250</b>	2016 PRIUS c.....	<b>\$500</b>
2016 AVALON, INCLUDES HYBRIDS.....	<b>\$1,250</b>	2015 TUNDRA, EXCLUDES TRD PRO.....	<b>\$500</b>
2016 PRIUS v.....	<b>\$1,000</b>	2016 RAV4.....	<b>\$500</b>

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1. 0% APR financing for 36 months with \$27.78 per \$1,000 borrowed OR 0% APR financing for 48 months with \$20.83 per \$1,000 borrowed OR 0% APR financing for 60 months with \$16.67 per \$1,000 borrowed. Subject to approved credit through Toyota Financial Services Tier 1+ & 1 only. Not all customers will qualify for lowest rate - see dealer for terms and conditions. 2. \$500 TFS Retail Bonus/Subvention cash on new 2016 Camry (excludes hybrid) & new 2016 Prius Liftback, and \$400 TFS Retail Bonus/Subvention cash on new 2015 Prius c. May be combined with the TFS special reduced APR and must be applied to deal, but cannot be combined with the Toyota customer cash or TFS special reduced lease offers. 3. New 2016 Camry SE Model 2546. Lease based on net cap cost of \$21,625. \$650 Acquisition Fee is applied to lease. Other options and dealer charges extra. \$600 TFS Lease Bonus/Subvention Cash must be applied toward due at signing - which reduces \$2,499 due at signing to \$1,899 due at signing. Lease and purchase option \$15,189. 4. Limited term APR financing subject to approved credit through Toyota Financial Services. Not all customers will qualify for lowest rate - see dealer for terms and conditions (excludes RAV4 EV/Hybrid Models). 5. New 2016 RAV4 LE FWD Model 4430. Lease based on net cap cost of \$22,429. \$650 Acquisition Fee is applied to lease. Other options and dealer charges extra. \$700 TFS Lease Bonus/Subvention Cash must be applied toward due at signing - which reduces \$2,899 due at signing to \$2,199 due at signing. Lease and purchase option \$16,804. 6. New 2016 Corolla S Plus Model 1864. Lease based on net cap cost of \$18,207. \$650 Acquisition Fee is applied to lease. Other options and dealer charges extra. \$1,000 TFS Lease Bonus/Subvention Cash must be applied toward due at signing - which reduces \$2,599 due at signing to \$1,599 due at signing. Lease and purchase option \$13,686. 7. Cash back direct from Toyota Motor Sales, U.S.A., Inc. (excludes Tundra TRD Pro & RAV4 EV/Hybrid Models). 8. Toyota Military Rebate Program & Toyota College Rebate Program are not combinable and cannot be combined. Visit buytoyota.com for complete details. 9. Covers normal factory scheduled service for 2 years or 25,000 miles, whichever comes first. See Toyota dealer for details and exclusions. Valid only in the continental U.S. and Alaska. \*NO SECURITY DEPOSIT subject to approved credit through Toyota Financial Services - Tier 1 PLUS customers ONLY. Excludes state and local taxes, tags, registration and title, and insurance. License and applicable fees are extra. License may be charged for excessive wear based on Toyota Financial Services standards for normal use and for mileage in excess of 36,000 miles at the rate of \$0.18 per mile. A \$350 Deposition Fee is due at lease termination. 1, 2, 3, 4, 5, 6, 7 & 8: Must take retail delivery from remaining new 2015 and new 2016 dealer stock between 2/2/16 and 2/29/16. APR, Customer Cash & Lease offers may not be combined. See participating dealer for complete details. Individual dealer prices and document fees may vary. Offers may vary by region. VEHICLE IMAGES USED FOR ILLUSTRATION PURPOSES ONLY. Expiration for this ad is 2/29/16.

