

1-6-2016

The Murray Ledger and Times, January 6, 2016

The Murray Ledger an Times

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2015 Ten Million Dollar Producer

MURRAY LEDGER & TIMES

INSIDE
CCSO reports arrests from Saturday flight Pg. 2A
Take on Mayfield battle Pg. 2A
Murray Hall at April 16 Pg. 1B
Marathon

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Vol. 137, No. 4 www.murrayledger.com Wednesday, January 6, 2016 Murray, KY 42071 \$1

'It gets me mad' - Obama goes solo to enact gun control
By JOSH LEDERMAN
Associated Press

WASHINGTON (AP) — Tears streaking his cheeks, President Barack Obama launched a final-year push Tuesday to tighten sales of firearms in the U.S., using his presidential powers in the absence of tougher gun restrictions that Congress has refused to pass.

The president struck a combative tone as he came out with plans for expanded background checks and other modest measures that have drawn consternation from gun rights groups, which Obama accused of making Congress their hostage. Palpable, too, was Obama's extreme frustration at having made such little progress on gun control since the slaughter of 20 first-graders in Connecticut confronted the nation more than three years ago.

"First-graders," Obama said woefully, resting his chin on his hand and wiping away tears as he recalled the 2012 massacre at Sandy Hook Elementary School. "Every time I think about those kids, it gets me mad."

Obama's 10-point plan to keep

► See OBAMA Page 2A

Verse of the Day

He then began to teach them that the Son of Man must suffer many things and be rejected by the elders, chief priests and teachers of the law, and that he must be killed and after three days rise again.

Mark 8:31

Good Morning
to Ledger & Times subscriber:
James Jackson

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Death penalty sought



JOHN WRIGHT / Ledger & Times photos

ABOVE: Calloway County Court Security officer Gary Boyle points the way for Pascasio Arellano Pacheco to join his attorney Tuesday afternoon in Calloway Circuit Court in Murray. Pacheco is accused of killing four members of a Calloway County family on Nov. 17.

LEFT: Calloway Commonwealth Attorney Mark Blankenship, right, hands over paperwork to attorney Cheri Riedel Tuesday, notifying her that his office intends to seek the death penalty against her client, Pascasio Arellano Pacheco.

Blankenship believes Pacheco case is first since 1910s in county to seek such a result

By JOHN WRIGHT
Staff Writer

Calloway Commonwealth Attorney Mark Blankenship took a step Tuesday it is believed has not been taken in Calloway County law since the 1910s.

In the arraignment of a Mayfield man accused of killing a family of four in November, Blankenship told Judge Jamie Jameson that the prosecution intends to seek the death penalty. Pascasio Arellano Pacheco, 21, entered a not guilty plea during his appearance in Calloway Circuit Court in Murray.

"This is the first time we've had a case that qualified for it in a long, long time," Blankenship said as he talked to members of the media after the session. "I think you may have to go all the way back to the Lube Martin case (of 1917), where you had a man who killed (Murray police officer Gutherie Duiguid) and was hanged."

"That's an interesting case, too, because that was one where the governor of Kentucky (A.O. Stanley) had to come down here because a mob was threatening both the circuit judge (Charles Bush) and commonwealth attorney (Danny Smith), because the case was delayed."

Eventually Stanley's presence brought calm to the town and the trial moved forward, just like Blankenship said he believes his case will do also.

► See DEATH Page 2A

Kentucky legislature convenes as parties begin fight for power

By ADAM BEAM
Associated Press

FRANKFORT, Ky. (AP) — Republicans don't control Kentucky's legislature yet, but they nearly got a head start Tuesday during the state House of Representatives' opening day.

The last legislative chamber in the South still controlled by Democrats began the 2016 session in a huddle of lawyers and lawmakers on the House floor, as the upstart Republican caucus tested its growing political power by attempting to block a vote on House rules. Democratic House Speaker Greg Stumbo, after first calling for a vote on the rules, decided the rules were already in effect and the House did not have to vote on them.

"This is the most contentious opening day in the

► See LEGISLATURE Page 5A

Polar Plunge prepares for seventh year

By DEBBIE BATTEIGER
Staff Writer

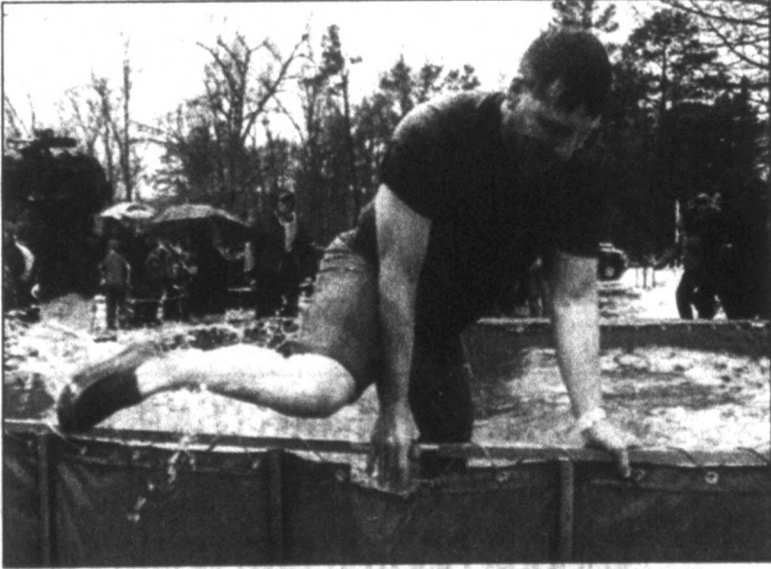
For the seventh year, a polar bear sighting is expected in mid-February.

Special Olympics Kentucky in Calloway and Marshall counties will be hosting its 2016 Polar Plunge event on Feb. 20 at the Kentucky Dam Village State Resort Park in Gilbertsville to raise money for both its state and local programs.

Laura Miller of Murray, Western Kentucky Regional Manager for Special Olympics, said the event is important for the organization.

"It's our signature event, not only for Western Kentucky," she said.

► See POLAR Page 2A



Ledger & Times file photo
Calloway County Sheriff Sam Steger emerges from a portable pool used during last year's Polar Plunge in Marshall County. The usual means of having participants jump from a dock into Kentucky Lake had to be scrapped out of safety concerns.

United Way

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Every Donation Brings Hope

WEATHER

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| TODAY | TOMORROW |
| 44 | 49 |
| 33 | 42 |

Daily Forecast

The National Weather Service

Today: Mostly sunny, with a high near 44. South southwest wind 5 to 7 mph.

Tonight: Mostly cloudy, with a low around 33. South southeast wind around 5 mph.

Thursday: Showers likely after noon. Cloudy, with a high near 49. Southeast wind around 6 mph. Chance of precipitation is 60 percent.

Thursday Night: Showers and possibly a thunderstorm before midnight, then a

chance of showers. Low around 42. South wind around 7 mph. Chance of precipitation is 80 percent.

Friday: A 30 percent chance of showers. Mostly cloudy, with a high near 55. South southwest wind around 8 mph.

Friday Night: A chance of showers. Mostly cloudy, with a low around 42. Southwest wind around 7 mph.

Saturday: A chance of rain. Cloudy, with a high near 51. South southwest wind 5 to 7 mph becoming northwest in the afternoon.

Saturday Night: A chance of rain and snow. Cloudy, with a low around 31. North northwest wind 5 to 9 mph.

Sunday: A slight chance of snow. Partly sunny, with a high near 37. North northwest wind 7 to 9 mph.

Sunday Night: Mostly cloudy, with a low around 22. North northwest wind around 7 mph.

■ POLAR...

From Front

Miller said the goal of the local event is 100,000 and, as of Tuesday afternoon, the event has raised \$19,590.

"We co-host the event with Marshall County; a quarter of the funds raised stay in Marshall, a quarter stay in Murray and Calloway County) and half goes to the state program," she said.

Miller said the state organization is important to the local program.

"If we don't have the state (backing) we don't have sports or any of our programs," Miller said. "All of our athletes and volunteers are insured through the Special Olympics."

Miller said there are several ways to participate in the Polar Plunge.

"There's the traditional Polar Bear - you take the plunge into the cold water. Ours is a plunge off the dock (at Kentucky Dam Village)," she said. "There's also the option if you are too chicken to plunge."

For those that don't want to jump into the cold water in the middle of February, the "Too Chicken to Plunge" includes all the events that the Polar Plunge does, without that last step.

"Those (Too Chicken to Plunge) can hang out in a special viewing area we call the chicken coop," she said.

There is also a 5K event and a "Toss Your Boss" event.

"(Those participating in the 5K) have several options. They can participate in a traditional 5K, run and plunge or run and be 'Chicken,'" she said.

Miller said "Toss Your Boss" is a new event this year.

"It's a way to get businesses involved where one person - your boss or co-worker - can plunge, representing your business. It's a way (co-workers) can rally behind you and help raise money," she said.

"We're hoping it's a good morale booster (for the business)."

Miller said she hopes people will support the Polar Plunge.

"It helps to build awareness, it's a great chance to come out and support people who are jumping," she said.

Early check in for the Polar Plunge is from 4-6 p.m. Feb. 19. The Polar Plunge events begin with registration at 7:30 a.m. on Feb. 20. The Polar Plunge 5K begins at 9 a.m.; opening ceremonies begin at 10:45 a.m.; and the main event begins at 11:30 a.m.

To register or get more information about the Polar Plunge, visit <http://2016westernkyplunge.kintera.org>.



DAVE SAYS

By Dave Ramsey

Goals limiting one another

Dear Dave,
My husband and I are currently renting an apartment for \$1,200 a month. Together, we bring home about \$7,000 a month, and we'd really like to buy a house soon. Right now we have about \$10,000 in debt on a boat along with ongoing stable bills, food and upkeep for our three horses. What price range of houses should we look at in our situation?
Michelle

Dear Michelle,
Homeownership is a great goal, but first you two need to clean up your debt and build an emergency fund of three to six months of expenses. After that, I want you to save up enough for a down payment of at least 10 to 20 percent. When buying a home on a mortgage, I always recommend the monthly payments be no more than 25 percent of your monthly take-home pay on a 15-year, fixed-rate loan.

Now, let's get to the other issues. You have some things in your life that are pulling at you financially. At some point, you may have to take a long look at the situation and ask the hard question, "What is more important to me: horses and boats or home ownership?" Getting rid of that boat, or finding new homes for one, two or all of your horses, would bring in some cash to put toward your debt and cut down on at least some of the animal maintenance.

Anyway, that's how I would look at it. My wife and I both are big fans of boats and horses. But we like boats more. One reason is because they don't eat as much! I can't get mad at you about either one, but right now you've got three things pulling at you as financial priorities - home ownership, a boat and three horses. They're all pulling at you, and they're pulling at each other and limiting each other.

Of course, you can always buy a lot less in house. But what it really comes down to is what's most important to you. That's the big question, and it's one that only you can answer.

-Dave Ramsey

A frank discussion about credit cards

Dear Dave,
I don't understand why you don't like it when people properly manage their credit cards and pay them off every month. By doing this, you pay no interest and in my case I even got a free trip to Europe from using my credit card. Please explain.
Patrick

Dear Patrick,
I truly doubt that I can explain it to your satisfaction, but here goes. First, the credit card company did not give you a free trip to Europe. They're not going to lose money on transaction after transaction, year after year. The fallacy is that you feel like you've outsmarted a multi-billion dollar company that studies human behavior at incredible levels. You maybe, possibly came out ahead against them during that particular calendar year, but even that's debatable.

Over the course of your life, you'll spend more when using credit cards as opposed to cash. There's plenty of research proving this to be fact. If you use a credit card repeatedly with the idea that you're getting a free trip to Europe because you're building up your miles, you spend more. An example would be McDonald's. When they started taking credit cards years ago, they found that the people using them spent 47 percent more.

In a good way, you are very unusual. You're not playing over in the stupid zone like most people who use credit cards. But both I and the credit card companies have found that, on average, your behavior would put you in a class of less than one-half of one percent of their customers. Can 0.5 percent of people handling snakes manage not to get bitten? Sure. But that doesn't mean I'm going to start recommending snakes!

-Dave

* Dave Ramsey is America's trusted voice on money and business and CEO of Ramsey Solutions. He has authored five New York Times best-selling books. The Dave Ramsey Show is heard by more than 11 million listeners each week on more than 550 radio stations and digital outlets. Dave's latest project, EveryDollar, provides a free online budget tool. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

■ OBAMA...

From Front

guns from those who shouldn't have them marked a concession by the president: He'll leave office without securing the new gun control laws he's repeatedly and desperately implored Congress to pass.

Although Obama, acting alone, can take action around the margins, only Congress can enact more sweeping changes that gun control advocates say are the only way to truly stem a scourge of mass shootings.

"It won't happen overnight," Obama said. "It won't happen during this Congress. It won't happen during my presidency." But, he added optimistically, "a lot of things don't happen overnight."

The centerpiece of Obama's plan is an attempt to narrow the loophole that exempts gun sales from background checks if the seller isn't a federal registered dealer. With new federal "guidance," the administration is clarifying that even those who sell just a few weapons at gun shows, flea markets or online can be deemed dealers and required to conduct checks on prospective buyers.

Whether that step can make a significant dent in unregulated gun sales is an open question, and one not easily answered.

Millions of guns are sold annually in informal settings outside of gun shops, including many through private sales arranged online. But the Obama administration acknowledged it couldn't quantify how many gun sales would be newly subjected to background checks, nor how many currently unregistered gun sellers would have to obtain a license.

Easily reversible by a future president, the government's guidance to gun sellers lacks the legal oomph of a new law, such as the one Obama and likeminded lawmakers tried but failed to pass in 2013. The Justice Department said online the guidance

"has no regulatory effect and is not intended to create or confer any rights, privileges, or benefits in any matter, case, or proceeding."

What's more, none of the steps would have probably prevented any of the recent mass shootings that Obama invoked in the East Room: Aurora, Oak Creek, Charleston, Newtown, to name some. But Obama defiantly rejected that critique, dismissing it as the tired trope of gun lobbyists who question "why bother trying?"

"I reject that thinking," Obama said. "We maybe can't save everybody, but we could save some."

Hoping to give the issue a human face, the White House assembled a cross-section of Americans affected by searing recent gun tragedies, including former Rep. Gabrielle Giffords. Mark Barden, whose son was shot to death at Sandy Hook Elementary School, introduced the president with a declaration that "we are better than this."

Obama readily conceded the executive steps will be challenged in court, a prediction quickly echoed by Republicans.

Chuck James, a former federal prosecutor who practices firearms law at the firm Williams Mullen, said opponents are likely to challenge Obama's authority to define what it means to be "engaged in the business" of selling guns beyond what's laid out in the law. The White House asserted confidence Obama was acting legally, and said Justice Department and White House lawyers had worked diligently to ensure the steps were watertight.

Other new steps include 230 new examiners the FBI will hire to process background checks, aiming to prevent delays that enabled the accused gunman in Charleston, South Carolina, to get a gun when the government took too long. ■

■ DEATH penalty sought...

From Front

though it could take its time in progressing.

"We've got just a lot of evidence that has already been sent to (the Kentucky State Police Central Lab in Frankfort) and we still have a lot more that has yet to be sent. I'd say we'll be really lucky to try this before the end of the year, and, realistically, I think we're looking at sometime next year," Blankenship said. "I do believe, though, that (the lab) is capable of doing the work needed to get to properly get all of the evidence handled appropriately."

While this also could be his home county's first death-penalty case in some 90-plus years, this will also mark Blankenship's first such case in his law career.

"I tell you, I did (have a strange feeling) today. When you look over to the other side of the room and see him standing there, you really start thinking about everything involved here," he said.

Pacheco is accused of causing the deaths of Bulmaro Arellano, 29, his wife Marisol Arellano-Hernandez, 23, and their two children, Miguel Angel Arellano, 5, and Marisol Arellano, 13 months on the evening of Nov. 17 at house along KY 121 just outside of Murray. Their bodies were discovered inside a home investigators determined had been set on fire.

Preliminary autopsy examinations later revealed that Arellano had sustained multiple gunshot wounds, along with stab wounds, while his wife had been killed by a single gunshot to the face. Those exams also showed that both children died from smoke inhalation, but they also showed that Miguel Arellano had been stabbed in his neck, but that wound had not been enough to cause his death.

With the amount of evidence involved, Judge Jamie Jameson opted to not broach setting a pre-



Photo provided

From left, Bulmaro Arellano, Miguel Angel Arellano, Marisol Arellano-Hernandez and Marisol Arellano are shown during a family outing. All four died the night of Nov. 17 inside their home outside Murray.

trial conference and instead set a status hearing date of April 19. Pacheco remains in the Calloway County Detention Center with no bond having been set in his case.

A Calloway County grand jury indicted Pacheco on the four murder charges, along with first-degree assault, first-degree arson and first-degree burglary, in December.

"They also indicated to us that (seeking the death penalty) was appropriate in this case," Blankenship said. "That was something we did bring to them too. We wanted them to not only return the indictments, but we wanted to see what their opinion was on that."

"Now, if somehow the evidence comes back and doesn't show that this crime fits (the death penalty), I can ask for that to be removed at a later date. That would be a fair thing to do. However, as I've had time to really look at this case, and as I've spent more time with (KSP investigators), it does appear that

this is an appropriate punishment for this crime."

Individuals facing charges are presumed innocent until proven guilty in a court of law. ■



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- Helping families understand their budgets and finances
- Combating youth's use of alcohol, tobacco and drugs
- Achieving preventative health care and healthy living

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COMMUNITY

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DATEBOOK



Datebook
Martha
Finney Andrus,
Community
editor

Free health screening offered
Murray-Calloway County Hospital will sponsor a free screening for body mass index and waist circumference at the Weak's Senior Citizen Center, 607 Poplar Street, on Thursday, Jan. 7 from 8:30-11:30 a.m.

Burns Supper scheduled
The West Kentucky Highland Society is having its annual Robert Burns Supper at the Murray Woman's Clubhouse at 704 Vine on Saturday, Jan. 23. The doors open at 6 p.m. and dinner is served at 6:30 p.m. For more information and to reserve seats through Paypal, visit www.murraykyhighlandgames.com/robert-burns-dinner.html. Cost per person is \$30 for the general public and \$25 for WKHS members who have attended two or more meetings this year. It is \$35 to join WKHS and attend the dinner.

CCPL to offer computer classes

The Calloway County Public Library will offer free computer classes on Tuesday, Jan. 12 from 5:30-6:30 p.m. on "Choosing the Right Smartphone" and on Thursday, Jan. 14 from 10-11 a.m. on "iPhone Tips and Tricks." To register, call the library at 270-753-2288.

Federal Student Aid filing available

Area high school students and their families can receive help filing the Free Application for Federal Student Aid (FAFSA) at Murray State University on Saturday, Jan. 9 in room 1003 of Alexander Hall from 10 a.m. until noon. Only walk-ins will be accepted, no appointments will be made. The Kentucky Higher Education Assistance Authority (KHEAA) is the state agency that administers the Kentucky Educational Excellence Scholarship (KEES), need-based grants and other programs to help students pay their higher education expenses. To learn more, go to www.gotocollege.ky.gov and for more information about Kentucky scholarships and grants, visit www.kheaa.com or write KHEAA, P.O. Box 798, Frankfort, KY 40602 or call 800-928-8926, ext. 7214.

Dexter/Almo Water District will meet

The Board of the Dexter-Almo Heights Water District will meet Thursday, Jan. 7 at 6 p.m. at the water office, 351 Almo Road, Almo.

Friends of CCPL book sale scheduled

The Friends of the Calloway County Public Library will have a book sale beginning Thursday, Jan. 7 from 5-7 p.m. for the Early Bird Friends Sale. The public sale begins Friday, Jan. 8 through Saturday, Jan. 9 from 9 a.m. until 4 p.m. each day. Hardback books will be \$1 and paperbacks will sell for 50 cents.

'Celebration of Life' party to be held

Life House Care Center will sponsor a "Celebration of Life" party on Saturday, Jan. 9 from 1-3 p.m. at the Robert O. Miller Conference Center, downtown Murray. There will be various booths and games for the entire family. Refreshments will be provided. For more information, go to www.lhouse.org or call 270-753-0700.

Community Breakfast planned

Kirksey United Methodist Church will host a Community Breakfast Saturday, Jan. 9, from 8-10 a.m. A traditional breakfast of bacon, sausage, gravy, eggs and biscuits will be served. Donations will be accepted with proceeds going to local food banks. The public is welcome to attend.

Make a Difference Day to be Saturday

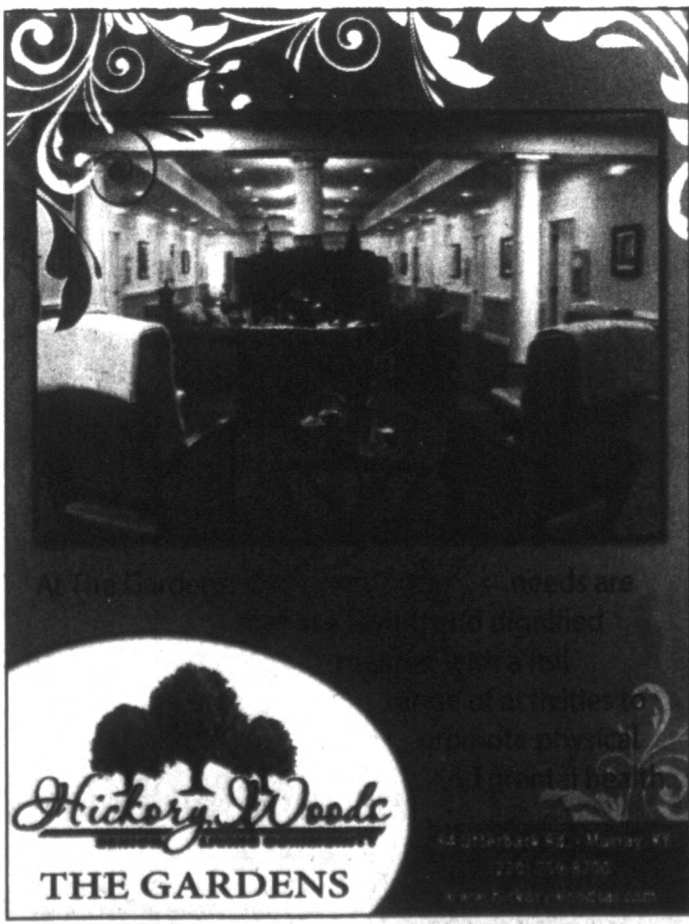
The 104th Make a Difference Day will be Saturday, Jan. 9 from 9 a.m. - 1 p.m. at Roy Stewart Stadium on the campus of Murray State University. Paper and cardboard of all types will be collected. The Lions Club will collect eyeglasses and the W.A.T.C.H. Center will collect aluminum cans. CASA will take cell phones and West KY Mentoring will have a bin for ink jet cartridges. Clothes will be collected for Angel's Attic and the Kiwanis Club will have a bin for shoes. Prescription drugs in original containers will be collected by the Murray Police Department and the Calloway County Sheriff's Office. There will be bins for glass and used motor oil. Books will be taken for recycling to benefit Community Education. Gently used sports gear and equipment will be collected for the "Game Ready" initiative and wheelchairs and walkers will be taken for a local church mission trip. E-scrap will be taken as well.

Young Cemetery seeks donations

Funds are needed for the upkeep of Young Cemetery. Send contributions to Young Cemetery, 8687 Kentucky 94 W., Murray, KY 42071.

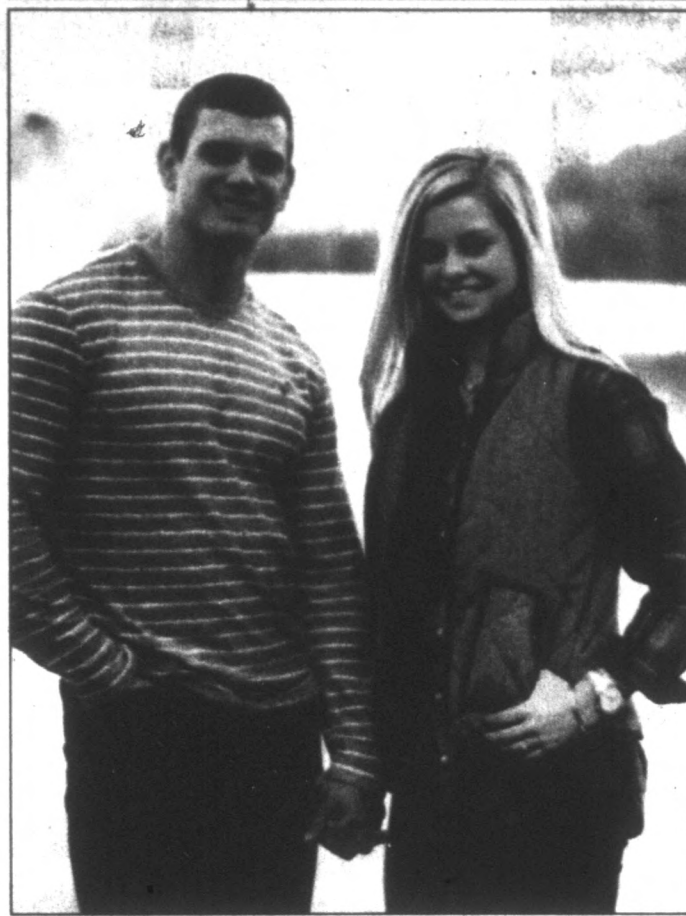
Community dance to be held Jan. 16 at center

Special to the Ledger
A community dance will be held Saturday, Jan. 16 from 6-9 p.m. (weather permitting) at the Murray Calloway County Senior Citizen's Center inside the Weak's Community Building, 607 Poplar. Live dance music will be performed by "Johnny B" including country line dancing, 50s-70s rock and pop.
Tickets are \$3 per person at the door and refreshments will be available. All age adults are invited. Proceeds will benefit the Senior Citizen's Center.
For more information, call 270-753-0929. ■



Hickory Woods
THE GARDENS

Engagement



Humphreys and DeGrie

Jeff and Beth Brimmer Humphreys of Clarksville, Tennessee, announce the engagement of their daughter, Abby Humphreys to Donovan DeGrie, son of Larry DeGrie Jr. of Blue Ridge, Georgia and Sharla DeGrie of Cleveland, Tennessee.
Miss Humphreys is the granddaughter of Stan and Yvonne Brimmer of Cadiz and Jo Ann Humphreys and the late Jerry Humphreys of Murray. She is attending Austin Peay State University, Clarksville.
Mr. DeGrie is the grandson of Charles and Helen Shrable of Fenton, Michigan and Larry DeGrie Sr. and Marcy of Cookeville, Tennessee. He is a graduate of Tennessee Tech University with a civil engineering degree. He is employed by CrossFit Headquarters.
The wedding will be in May of 2016 at The Tanglewood House in Clarksville, Tennessee. ■

Local students named to Dean's List at Belmont University

Special to the Ledger
Two local students, Hannah Riley and Lexie Ward, both of Murray, were named to the Dean's List at Belmont University, Nashville, Tennessee, for the Fall 2015 semester. Eligibility is based on a minimum course load of 12 hours and a quality grade point average of 3.5 with no grade below a C.

Approximately 30 percent of Belmont's 7,400 students qualified for the Fall 2015 Dean's List. Belmont Provost Dr. Thomas Burns said, "This achievement for the fall semester indicates that these students have placed a high priority on their work at Belmont and have invested time and energy in their studies. It is our strong belief that consistent application in this manner will reap great benefits which will equip them for a lifetime of learning and growing."

Ranked number five in the regional universities south category and named as a "Most Innovative" university by U.S. News & World Report, Belmont University is celebrating its 125th anniversary in academic year 2015-16. Founded in 1890, the University consists of more than 7,400 students who come from every state and more than 25 countries. Belmont brings together the best of liberal arts

and professional education in a Christian community of learning and service.
For more information, visit www.belmont.edu. ■

Give Life. DONATE BLOOD

American Red Cross

FUN & Fashion

by D.K. Kelley

Just as Old Man Winter arrives, we have all winter at 1/2 price. We have a large group of jeans 50-60% off. Dresses are also 50% off.
New groups of Multiples and Nic & Zoe has arrived, also great colors in with Nic & Zoe and Multiples.

If you are like a lot of us and have gained some weight during the holidays, Diane von Fürstenberg has a solution for you. She says, "Go for a chic tunic dress or a long sweater in a color that makes you feel happy." She says women who are top heavy should wear a boat neck top. If the shirt is long, you can accentuate your waist with a cool statement belt so that the fabric doesn't add bulk.

DVF also says wearing a solid top and bold printed skirt is a stylish way to shift the focus downward. She says for short and petite girls, the best boot to flatter is a high heeled bootie, make sure it cuts close to the ankle to lengthen the legs.

Don't forget all fall and winter is being reduced even more. **Winter 50% off.**
Don't miss this sale - there is still cold weather coming!
Stay tuned to next week's fun and fashion report...

D.K. KELLEY
"The Something For Everyone Store"
305 South 12th - Murray, KY - 753-7441
www.ckkelley.com

Sew-A-Thon seeks volunteers

Special to the Ledger

The annual Sew-A-Thon of First United Methodist Church will be Monday, Jan. 25 through Friday, Jan. 29. Volunteers will come together to cut, sew and serge dresses, shorts and blankets for children in Central America. The Sew-A-Thon has been a mission effort of First United Methodist Church since 2002.

A mission team from FUMC will again travel to the rural areas of Nicaragua in June under the leadership of the Baptist Medical and Dental Mission international organization. The Murray church has already collected cloth diapers, sneakers and flip-flops to send to Nicaragua. The Sew-A-Thon will add over 600 simple dresses, shorts and baby blankets for the mission teams to distribute.

The Sew-A-Thon is a multi-state, multi-denominational effort. Many volunteers take patterns home to sew. Volunteers are needed from 9 a.m. until 3 p.m. each day. A light lunch will be provided by the United Methodist Women.

For more information and to volunteer, call Margaret Fritts at 270-293-8068. ■



Photo provided
Pictured is Judy Stahler of Murray during one of the mission trips to Nicaragua with dresses made during the Sew-A-Thon.

Babies of 2015

Please fill out this form and mail it to:
Murray Ledger & Times, PO Box 1040, Murray, KY 42071;
or drop it off at the office located at
1001 Whitnell Ave. in Murray.

Boy Girl

Name of Child _____

Date of Birth: _____

Weight: _____

Length: _____

Name of Parents: _____

Your Name: _____

Your Phone: _____



Sam Smith
September 8, 2015
7 lbs • 12 oz • 21"
Joe & Judy Smith

DEADLINE: JAN. 22, 2016 AT 5 PM
Contact Nicki at 270-753-1916
for more information!

ONE SPACE: \$12
TWO SPACES: \$18

FORUM

murrayledger.com

e-mail: editor@murrayledger.com

OUR READERS WRITE

To the Editor:

Volunteering in the Murray Independent School District is a position that is heartfelt by the nearly 700 approved volunteers who assist in the daily nurturing and guidance of Murray's 1,500 students.

Each year the volunteers in the Murray district log nearly 16,000 hours to support the tradition, pride and excellence that precedes the MISD history that date backs to 1872.

However, a group of unsung volunteer heroes that provide numerous countless hours to the mission of the Murray Independent School District are the MISD Board members.

Since the state-wide School Board Recognition Month is January, these five individuals are applauded and recognized for their job nurturing the Murray Independent School District daily mission: Stuart Alexander, Dr. Richard Crouch, Mark Vinson, Laura Pitman, and Donnie Winchester. Their support molds and shapes each decision that impacts the academic achievement and the opportunities for the Murray students, while also assisting in meeting the needs of children with barriers.

Please take the opportunity this month to join me in thanking the school board members of Murray Independent and let them know we genuinely appreciate their unwavering stand for the children of this community.

Sincerely,

Bob Rogers

Murray Independent School District Superintendent

Dear Editor,

I am writing to ask all citizens of Murray and Calloway County to consider being participants in a project that will benefit and enhance our park for years to come. The Rotary Club of Murray is raising funds to build a beautiful performing arts pavilion at the site of the current Rotary Amphitheater in Central Park. I think that everyone who donates will feel a great deal of satisfaction in helping this project come to fruition. The target date for completion is June 30, 2016.

The fundraising goal is \$160,000. To date, through contributions of members, several individuals and businesses, \$98,000 has been raised in donations and pledges. In order for the performing arts pavilion to be constructed by June 30, the goal needs to be reached by no later than mid-February. Given the generosity of our community, I'm confident that is going to happen.

The Park Board, Playhouse in the Park directors, the Jackson Purchase Dance Company and the chairs of the Murray State University Music and Theater departments have all expressed enthusiasm about the vision for how the amphitheater will be used. It will suitable for music concerts of every variety, theater and dance performances, speakers, movies, weddings, reunions and other events.

Please be a part of this exciting project. I believe you'll feel good about having done so as you attend future performances at the amphitheater. Contributions should be made payable to Murray-Calloway County Parks/Amphitheater and mailed to the Rotary Club of Murray, P.O. Box 411, Murray, KY 42071, Attn. Amphitheater. Donations are tax-deductible. If you have questions, please call me at (270) 293-8742.

Thank you.

Sincerely,

Roger Reichmuth, Campaign Chair

"Achieve the Dream" Campaign

Rotary Club of Murray



LETTERS POLICY

✓ Letters may be sent to P.O. Box 1040, Murray, KY 42071, faxed to 270-753-1927, or e-mailed to editor@murrayledger.com.

✓ Letters mailed or faxed must be signed and have address and phone number for verification purposes. E-mailed letters must include a name, address and phone number.

✓ No letters will be printed anonymously.

✓ Letters should not exceed 300 words and must be typed or legible.

✓ The Murray Ledger & Times reserves the right to edit or reject any letter on the basis of length, style, spelling, grammar, libel, good taste and frequent contributors to the Forum page.

✓ Letters of a "thank you" nature that single out sponsors, businesses or individuals by name, except those directed toward the community as a whole, will not be accepted.

✓ Letters only represent the viewpoint and opinions of the writer and not necessarily of the Ledger & Times staff.

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It is Never Too Late to Be What You Might Have Been

I take comfort in the statement by the writer, George Eliot, "it is never too late to be what you might have been." For I think back on my youthful, pre-heart surgery self, to a young man of deep faith, a Sunday School teacher and deacon, who thought seriously at one time of pursuing a ministerial calling rather than a career in academe.

The son of two Baptist saints, the like of which are hard to find in this postmodern world of constant sorrow, I was reared the old way. I refused to place a lesser book on top of Holy Scripture. I participated in Bible drills. I memorized Bible verses in a contest at school led by my seventh grade teacher, Rev. Bob Fulcher. Bro. Bob rewarded a friend and me with a flight in his airplane for our Scripture memorization efforts.

And I was reprimanded by my mother and father for having gone into the poolroom three doors down from our family drugstore on the main drag (Highway 41-A) in Dixon, Kentucky. How they found out I do not know, but word travels fast in a western Kentucky county seat town. Mom and dad apparently did not want me playing eight-ball with those unsavory types at the pool room, the sons of the deacons at the church. Who can blame them for that?

And to be an athlete again. Is it "never too late to be what you might have been?" When in the summer before my sixth grade year, my friend Duane Clark taught me how to play basketball, and then for the next ten years I literally never quit playing. Every waking hour, I played or was caught up in dreams of playing in high school and then in college. I want to

feel again the sweet, sweet exhaustion of playing basketball for twelve hours on a summer day, taking only short breaks for water and lunch.

Or that one snowy Sunday after church, when I cleared the outdoor court of ice and then tore apart a refrigerator box of cardboard to try to get better footing, so as not to limit any time away from my individual drills. Several years later, Steve Duncan and I broke into the Webster County gymnasium to play there during Christmas break. When the principal found us, he saw who we were and simply turned and walked away.

This was a different time; now, of course, gyms are never locked. Players have access at any time, day or night. Today's game would have been heaven for me and many of my gym rat teammates. In those days, we went to unusual lengths to gain access to a court, and a goal with a net. We had epic match-ups on the concrete court behind the old Dixon School and on Eddie Powell's asphalt court on Leiper Street.

At Webster County High School, I threw up before almost every game. I might have been so much better if I had loosened up and merely enjoyed a game that I loved so much. I really cared, and so, during my brief coaching career, it bothered me to no end when high school players and even middle school players seemed not to give it their best.

At Belmont University, I finally made it to a college that I learned to love and still love today. There at Belmont—in the classroom and on the court—I learned life lessons that have served me well to this day—discipline, teamwork, getting outside of

oneself to achieve a goal beyond what an individual could achieve alone. Ultimately, at Belmont, I fell in love with the life of the mind, and I decided that working on a college campus would not be such a bad way to live a life.



Home and Away
 By James Duane Bolin
 Ledger & Times Columnist

The year after I graduated from Belmont I played on a missionary basketball team, Sports Ambassadors, in the Philippines, an experience that has stayed with me through the years. We played forty games in five weeks in Mindanao, the southernmost of the Philippine islands. Many of our games were played in the villages on outdoor courts, with villagers standing six deep around the court. We slept under mosquito nets on wood-slatted beds. Of course, then I was young and thought I could do anything. Anything at all.

I married the love of my life, and Evelyn and I had Wesley and Cammie Jo, two perfect children. Of course, I am biased and know my wife and son and daughter are not perfect. They just seem perfect to me. As for me, I always fell far short of the mark, but they loved me anyway. Is it really "never too late to be what you might have been?"

Before and after teaching and coaching in the public schools I attended graduate school at Baylor and the University of Kentucky. When I began teaching in colleges—first at Madisonville Community College and Williams Baptist College in Walnut Ridge, Arkansas, and since 1996 at Murray State University—I tried to be an energetic scholar, full of vigor, full of promise, and full of the hopes and dreams of any youthful faculty member at the beginning of a career in higher education.

I wanted to teach well. I wanted to write books. Good books. I wanted to make a difference. Now, over thirty years later, that is the person that I want to become again, even at this stage in my academic career. I told a wonderful Sunday School class this past Sunday that I was nervous, just as I was nervous before I walked into every one of my classes at Murray State. And then I told that class full of saints that I would know when I stopped being nervous it would be time to retire.

Bring back the new again, I say. Oh, I am not scared to grow old. I just want to regain the urgency and expectancy of those youthful years when I had, as C. S. Lewis put it, "all my road before me." Even though most of my road is in the rear view mirror, I want to bring back the new again in 2016. After all, it is never too late to be what you might have been.

Duane Bolin teaches in the Department of History at Murray State University. Contact Duane at jbolin@murraystate.edu. ■

Columnist hears America singing & tells their stories

Just like the memorable Walt Whitman poem, Jeff Manes hears America singing, but instead of poetry he hears the stories of real people, working people, those whose words are not usually showcased in mainstream media. Manes' column in Northwest Indiana's Post-Tribune is called "Salt" for good reason. The people he talks to are down-to-earth, supposedly "average" until you get to know them.

The way Jeff Manes puts it, "Their names don't usually appear in the newspaper. The obits, maybe. But they are all worth their salt."

Manes grew up along the bayous of the Kankakee River, "atop the carcinogenic coke batteries abutting Lake Michigan," he says. A former steelworker, he writes from a pro-labor point of view and has a knack for finding unique stories about hard-working people.

One faithful reader is uplifted by "Salt" because of the people interviewed for each story. "What I find refreshing about Jeff Manes' column is that it isn't about the sorority queen or company president or sports hero. Instead, it is about 'Joe Average.' Yet it turns out 'Joe Average' always has a deeper side and achieves great things or makes the world a better place."

Just flipping through the pages of this sturdy, 395-page volume entitled "All Worth Their Salt," is a reader's

delight. Each interview begins with a quote. Sometimes it is words of a celebrity or famous person, but often it might be a line or two of a song, or a homespun bit of wisdom. There are pictures of the people interviewed too, not glamorous studio portraits but the kind of candid shots that capture a person's no-frills essence.

The quote by Tera Evans' picture is one she had ready for Manes when he came to interview her. "You're happiest when you're making the greatest contribution," are words of Senator Robert F. Kennedy that she lives by.

Her job description at Opportunity Enterprises is in the category of employee development for the developmentally disabled, but she sees her work as helping to give meaning to her clients' days. "It's a reward working with these people, a privilege," she explains.

A case in point is a participant who struggled with autism and was sometimes physically aggressive to staff. He also was prone to profanity and abusive language, but Tera perceived his habits as an indication that he had spirit. For a troubled young man in his twenties, such behavior was not entirely unexpected. After all, he was one of the residents whose parents never came to see him.

"He'd see his housemates go home for the holidays," Tera recalls. "On Christmas he never got to go any-

where." Because she made it her business to know residents' likes and dislikes, Tera learned that he loved the movie, "Grease."

When she told him it was being re-released to theatres, he was interested in going to see it, so she made a deal.

"I told him I'd take him to see the movie if he would get up every morning during the work week," she explained. She brought the soundtrack to the movie and played it endlessly as a reminder that he had to continue to perform. "Drove the staff crazy," she admits, but the music strategy worked.

"He suffered from a seizure disorder and had to wear a protective helmet to the movie that evening. When the "Grease" theme song was playing, he stood up in the theatre and shouted, 'Grease is the word, Tera.' I've never seen a person so happy," she said.

Working with people with disabilities is something people say they



Main Street
 By Constance Alexander
 Ledger & Times Columnist

admire, but not many choose to enter a profession with so many challenges and predictably low pay. Tera, however, has compassion, and her work gives her life meaning.

"It wasn't that long ago that facilities for challenged individuals were a disgrace," she told Jeff Manes. "They were called horrible names like 'schools for social idiots' or 'lunatic asylums.' And now that funding is being cut, I worry we could revert to those times."

Tera Evans is just one of the one-hundred-ten stories in "All Worth Their Salt." Since January 2005, when Jeff Manes started writing "Salt," he has written about a thousand of these profiles. Currently, he is working on a second volume, and his work is an inspiration to any columnist who strives for relevance and authenticity.

"Everyone has a story to tell," Jeff Manes declares in the introduction to "All Worth Their Salt." Now that he is telling so many compelling tales of "regular" lives, this reader hope it will not be long before he tells his own story.

For more information log on to <https://www.facebook.com/allworththeirsalt> or email him at JeffManes@sbcglobal.net.

Read Main Street online at www.murrayledger.com. Contact the columnist directly at constancealexander@twc.com. ■

Call the to be o

www.m

Jana W



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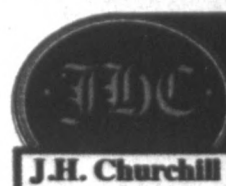
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OBITUARIES



201 S. Third Street Murray 270-753-2411

email: communitynews@murrayledger.com

Jana Ward



Ward

Jana Ward, 37, of Hazel, Kentucky, died Saturday, Jan. 2, 2016 at her home. She was born Aug. 3, 1978 in Murray, Kentucky. She was an employee of the Murray-Calloway County Hospital as a sonographer and a member of the New Concord Church of Christ. She was preceded in death by her paternal grandfather, Anton Herndon and maternal grandparents, Gene and Juanita Barrow. Mrs. Ward is survived by her husband, Eddie Ward of Hazel. They married Jan. 3, 1999 in Murray, Kentucky; one daughter, Lyla Ward of Hazel; two sons, Isaac and Titus Ward, both of Hazel; parents Danny and Gail Barrow Herndon of Hazel; paternal grandmother, Jackie Herndon of Hazel; two brothers, Jay Paul Herndon and wife Aynee and Josh Herndon and wife Kacie, all of Murray; a nephew, Conner Herndon of Murray; two nieces, Kenlea and Emerson Herndon both of Murray and father-in-law and mother-in-law, Bobby and Faye Ward of Hazel.

Funeral services will be at 10 a.m., Thursday, Jan. 7, 2016 at the J.H. Churchill Funeral Home with Blake Jenkins officiating. Burial will follow in the South Pleasant Grove Cemetery. Visitation will be from 5-9 p.m., Wednesday, Jan. 6, 2016 at the funeral home.

Expressions of sympathy may be made to Murray Calloway County Endowment for Healthcare, Hospice House, 803 Poplar Street, Murray, KY 42071.

Online condolences may be left at www.thejchchurchillfuneralhome.com.

The J.H. Churchill Funeral Home is in charge of arrangements.

Gertrude 'Trudy' M. Holberg

Gertrude "Trudy" M. Holberg, 90, former resident of Wisconsin Rapids, Wisconsin, died Saturday Jan. 2, 2016 at Brookdale Senior Living Center in Murray, Kentucky.

She had been a resident at Brookdale the last four years.

She was born on Aug. 24, 1925 in Marshfield, Wisconsin, to Paul and Emma Schwandt.

She married Arthur H. Holberg in Wisconsin Rapids in June of 1947 and they were happily married for 47 years.

Trudy was raised on her family farm and had many wonderful memories of her childhood. Her busy life included being a homemaker and working in the office at Nekoosa Edwards Paper Company. Later years included working in the Wisconsin Rapids School District cafeteria. She loved being with children which always put a smile on her face.

She was preceded in death by her parents; her husband, Arthur; her younger brother, Albert "Sonny" and her younger sister, Margaret Latourelle.

Mrs. Holberg is survived by her three sons, Paul Holberg and wife Fran, Gary Holberg and wife Heidi and Ron Holberg and wife Shelby; seven grandchildren and five great-grandchildren.

A memorial service celebrating Trudy's life will be Wednesday, Jan. 6, 2016 at 2 p.m. at Brookdale Senior Living, Murray, with Chad Foster officiating. Burial will be Jan. 16, 2016 in Wisconsin Rapids with Herman-Taylor Funeral Home in charge of arrangements.

Expressions of sympathy may be sent to Alzheimer's Association, P.O. Box 96011 Washington, DC 20090-6011.

Online condolences may be left at www.imesfh.com.

Imes Funeral Home & Crematory, downtown Murray, is in charge of local arrangements.

Dr. Kit Wayne Wesler

Dr. Kit Wayne Wesler, 60, of Murray, Kentucky, died Monday Jan. 4, 2016 at Vanderbilt Medical Center, Nashville, Tennessee.

The J.H. Churchill Funeral Home is in charge of arrangements.

Jerry 'Red' Overbey



Overbey

Jerry "Red" Overbey, 74, of Murray, Kentucky, died Sunday, Jan. 3, 2016 at Spring Creek Health Care, Murray.

He was born in Paducah, Kentucky, on April 7, 1941 to Alfred and Elsie Camp Overbey.

Mr. Overbey was employed by Tappan Manufacturing Company as a guard for 17 years and was an insurance agent for Commonwealth Insurance Company for 12 years. He retired in 2008 from Murray State University with the Housing Department. He graduated from Almo High School in 1960. He served on the Calloway County Board of Education from January 1979 until December 1986. He was a member and deacon at Friendship Church of Christ. He was also actively involved in sports in the community while refereeing, umpiring and coaching.

In addition to his parents, he was preceded in death by one daughter, Renee Overbey; one brother, Robert "Bobby" Overbey; one half-brother, J.D. Calhoun; a nephew, David Davis and a brother-in-law, Tommy Davis.

Mr. Overbey is survived by his wife, Judy Elkins Overbey of Murray, to whom he married on Aug. 14, 1960 in Freemont, Kentucky; one daughter, Penny Wallace of Murray; one sister, Thressa Davis of Benton; two grandchildren, Brodie Wallace of Murray and Logan Wallace and wife Jessica of Murray; three great-grandchildren, Sammy Wallace, Rylan Wallace and Cade Wallace; two nieces, Tracey Hooper of Murray and Tina Bleivins of Calvert City; two nephews, Jason Grogan of Almo and Jeremy Grogan of Murray; brother-in-law and sister-in-law, Steve and Deborah Grogan of Murray and father-in-law, Lestel Elkins of Murray.

Funeral services will be at 1:30 p.m. on Wednesday, Jan. 6, 2016 at the J.H. Churchill Funeral Home with Ronnie Newberry, Joey Glisson and John Dale officiating. Burial will follow in the Friendship Church of Christ Cemetery. Serving as pallbearers will be Logan Wallace, Brodie Wallace, Tommy Elkins, James Easley, Jason Grogan and Jeremy Grogan. Visitation was Tuesday, Jan. 5, 2016 from 4-8 p.m. at the funeral home.

Expressions of sympathy may be made to the Friendship Church of Christ Cemetery Fund, 58 Rippling Creek Drive, Murray, KY 42071.

Online condolences may be left at www.thejchchurchillfuneralhome.com.

The J.H. Churchill Funeral Home is in charge of arrangements.

John L. Morgan



Morgan

John L. Morgan, 75, of Murray, Kentucky, died at 2:58 a.m. Tuesday, Jan. 5, 2016 at Murray-Calloway County Hospital.

He was born Feb. 14, 1940 in Murray, Kentucky to David Young Morgan and Opal Elkins Morgan.

He was a tobacco farmer.

He was preceded in death by his parents and his wife, Jeanette Morgan.

Mr. Morgan is survived by his sons, Mitchell Morgan and wife Mechelle and John David Morgan and wife Julie, all of Murray; three grandchildren, Tanner Morgan, Kaleb Morgan and Kelsey Morgan.

Funeral services will be at 11 a.m. Thursday, Jan. 7, 2016 at the Blalock-Coleman & York Funeral Home with Rev. Jordan Roach officiating. Burial will follow in the Elm Grove Cemetery. Visitation will be from 5-8 p.m. Wednesday, Jan. 6, 2016 at the funeral home.

Online condolences may be left at www.yorkfuneralhome.com. Blalock-Coleman & York Funeral Home is in charge of arrangements.

Sid Easley

Sid Easley, 75, of Murray, Kentucky, died Tuesday, Jan. 5, 2016 at his home.

Arrangements are incomplete at the J.H. Churchill Funeral Home. ■

CCSO reports three arrests from fight

Staff Report

On Saturday, the Calloway County Sheriff's Office responded to a 911 call about a fight in progress off Seth Lane in Murray.

The caller advised Calloway County Sheriff's Dispatch that two men, James H. Free and John C. Newberry were involved in a physical altercation along with Jessica A. Long.

During the altercation, both men brandished handguns and two shots were fired.

Calloway County sheriff's deputies responded and, after an initial investigation, all three subjects were placed under arrest and transported to the Calloway County Detention Center where they were lodged.

Free was charged with wanton endangerment in the first degree, assault in the second degree and alcohol intoxication.

Newberry was charged with wanton endangerment in the first degree and assault in the second degree.

Long was charged with wanton endangerment in the first degree and assault in the fourth degree.

This investigation is ongoing. The Calloway County Sheriff's Office was assisted by Murray Police Department and Murray Calloway County Ambulance Service.

Sheriff Sam Steger would like remind everyone that all persons are innocent until proven guilty in a court of law. Sheriff Steger would also like to encourage anyone that witnesses any unusual or possible criminal activity to call the Sheriff's Office at 270-753-3151 or utilize the tips@callkyso.com. ■

Wickliffe bridge likely to be closed another couple days

WICKLIFFE, Ky. (AP) — It will likely be a couple more days before the Ohio River "Cairo" Bridge between Kentucky and Illinois can be reopened.

The Kentucky Transportation Cabinet says the bridge remains closed where floodwaters have covered the bridge approach levee at the Kentucky end of the span.

The bridge normally carried about 5,000 vehicles daily across the Ohio River. The closing impacts north-south traffic on U.S. 51 between Kentucky and Illinois and east-west traffic along U.S. 60 and U.S. 62 into Kentucky and Missouri.

The bridge closure also creates about an 80-mile detour via the Interstate 24 Ohio River Bridge through southern Illinois.

The road has been closed since early Thursday. U.S. 51 is also closed south of Wickliffe, Kentucky, near the Ballard-Carlisle county line. ■

FUNERAL NOTICE

The J.H. Churchill Funeral Home

Bobby Lynn Poor, 84

Funeral service will be at 10:30 a.m. Wednesday, Jan. 6, 2016 at the funeral home. Entombment will follow in Murray City Cemetery.

Jerry 'Red' Overbey, 74

Funeral service will be at 1:30 p.m. Wednesday, Jan. 6, 2016 at the funeral home. Burial will follow in Friendship Church of Christ Cemetery.

Imes Funeral Home & Crematory, downtown Murray

Gertrude 'Trudy' M. Holberg

A memorial service will be Wednesday, Jan. 6, 2016 at 2 p.m. at Brookdale Senior Living, Murray. Burial will be Saturday, Jan. 16, 2016 in Wisconsin Rapids, Wisconsin.

LEGISLATURE...

From Front

20 years I've been here," said House Republican Leader Jeff Hoover, who is only five votes away from becoming the next Speaker of the House. "You can sense the nervousness from (Democratic) leadership and from their rank and file members that this thing is close."

Faced with a flurry of defections and resignations leading up to the start of the 2016 legislative session, Kentucky Democrats saw their majority dwindle to just 50 of the House's 100 seats. Republicans have 46, with special elections planned March 8 to fill the other four seats. But without 51 votes, it makes it difficult for Democrats to do even routine things like approve the rules.

Democrats downplayed the significance of Tuesday's floor fight, with House Majority Floor Leader Rocky Adkins saying Republicans were trying to create the perception that Democrats were nervous. After Democrats lost the governor's race in November, Republicans now control the state Senate and the executive branch. That leaves House Democrats with their slim majority as the last line of defense against a Republican agenda that they say would weaken labor unions, reduce wages for some state contracts and limit the number of people who can get health insurance on Medicaid.

"I think people want balance of power and I think balance of power is what's best for Kentucky," Adkins said as hundreds of protesters chanted loudly in the Capitol Rotunda. "A Democratic House ... is able to draw a line in the sand on issues."

Senate Republican Floor Leader Damon Thayer said that means Republicans are now on the offense after years of play-

ing defense to block what he called bad legislation.

"The conservative agenda that we've been pushing here in the Senate is now going to start to be seriously considered," he said. "It would be politically advisable for (House Democrats) to consider dealing with some of these bills."

Republicans win all four of the March 8 special elections, it would force a 50-50 tie in the House in the middle contentious budget negotiations.

"I would hate to be someone running as a Democrat," said state Rep. Jim Gooch, who until eight days ago was a Democrat. He said he switched parties because he did not agree with President Barack Obama's policies, including his recent executive order to expand background checks for gun purchases. "I certainly didn't want to be running as a Democrat having to defend or answer for any of that."

Stumbo told reporters Tuesday he would remain House Speaker until next year's leadership elections, no matter what happens this year. He said the Speaker of the House is a constitutional office and he has taken an oath for a two-year term. His priority for the 2016 session will be passing a bill to borrow \$3.3 billion to bail out the retirement system for public school teachers, an issue that would play well with Democratic voters.

Stumbo said despite the fight over the House rules, the first day was not tense and he plans to meet with Hoover to address his concerns.

"The General Assembly has been able to do its business in an orderly fashion regardless of the uncertainty of the times, and I look forward to us doing that again," he said. ■

California welcomes El Nino rains, continues vigilance on water misuse

SAN FRANCISCO (AP) — Forced by drought to become miserly with water, Californians were warned against reverting to old habits Tuesday as the first of several storms spawned by a record-tying El Nino began drenching the state.

A series of storms lining up over the Pacific Ocean was welcome news in parched California, despite their potential for causing flash floods and mudslides.

But authorities cautioned that even the wettest of winters can't replenish depleted reservoirs and aquifers unless everyone keeps pitching in.

California's water deficit is so deep after four years of drought that a "steady parade of storms" like these will be needed for years to come, said Mike Anderson, climatologist for the state's Department of Water Resources.

"We're at least on a good trajectory," he said. "We've got to keep it going."

The current El Nino — a natural warming of the central Pacific Ocean that interacts with the atmosphere and changes weather worldwide — has tied 1997-1998 as the strongest on record, the National Oceanic and Atmospheric Administration's Climate Prediction Center said, citing statistics that go back to 1950.

El Ninos usually bring heavy rains to California, although it remains to be seen whether people should expect anything like a repeat of 1997 and 1998, when storms killed 17 people, wiped out crops, washed out highways and pushed houses down hillsides.

"DarthNino may finally have California in its sights," said Jeff Masters, meteorology director of the private Weather Underground.

"A parade of strong Pacific storms characteristic of a strong El Nino event will batter the state this week and will likely bring damaging flooding by the time the second storm in the series rolls through on Wednesday," Masters said. ■

Legislative Research Commission begins YouTube channel

FRANKFORT, Ky. (AP) — As the Kentucky General Assembly convenes in Frankfort on Tuesday, the Legislative Research Commission is launching its own YouTube channel, "LRC Capitol Connection."

The channel provides videos about the legislature, legislative issues and state lawmakers. It can be accessed at http://bit.ly/CapitolConnection.

LRC Director David Byerman can also be followed on Twitter at https://twitter.com/directlorlc.

The first YouTube video focuses on the commission's history, with a second planned to tell about renovations in the Senate and House of Representatives chambers.

Additional videos are planned to provide updates on legislative action and share lawmakers' views on issues under consideration. ■

STOCK MARKET REPORT

Investments Since 1854

Table with stock market data including Dow Jones Ind. Avg., Air Products, Apple, AT&T, Inc., BB&T, Bank of America, Briggs & Stratton, Bristol Myers Squibb, Caterpillar, Chevron Texaco Corp., Yahoo, Dean Foods, Exxon-Mobil, Ford Motor Co., General Electric, Glaxo Smith Kline, Amazon, Goodyear Tire & Rubber, HopFed Banc, IBM, Intel, Kroger, Mattel, McDonalds, Merck, Microsoft, JCPenney, Pepsico, Inc., Pfizer, Inc., Regions Financial, Sears Holding Corp., Time Warner, US Bancorp, Anthem, Wal-Mart.

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SPORTS

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NFL

MEN'S BASKETBALL: LSU 85, NO. 9 KENTUCKY 67

Titans seek new coach, GM, own top pick

The Associated Press

NASHVILLE, Tenn. — The Tennessee Titans are looking for a new general manager and head coach after the worst two-year stretch for this franchise since the 1980s.

Luckily, they believe they have two very big pieces for rebuilding: Marcus Mariota at quarterback, and the No. 1 pick overall in the 2016 draft.

The Titans are confident enough in their quarterback that they plan to consult with him when picking a new coach, and interim head coach Mike Mularkey is a candidate after he made protecting Mariota a priority. The No. 2 pick overall, who missed four games with sprained knees, said sticking with the same coach would help to keep the same system in place.

"Whatever they decide to do, I'll be prepared and ready for it," Mariota said Monday.

The Titans are looking for their third coach since January 2011, and have had only one winning season since last reaching the playoffs in 2008.

The Titans themselves believe they're much closer to success than their 5-27 record over the past two seasons with Ken Whisenhunt, then Mularkey, indicates. They went 3-13 this season with six games decided by six or fewer points — four of those by a combined nine points.

"I would look for real progress to be made in the next season," president and CEO Steve Underwood said.

Here are some things to know about the Titans as they head into a crucial offseason:

Ownership Questions

Underwood reiterated again Monday that the Titans never have been and never will be for sale. That doesn't mean the NFL doesn't have some questions about current ownership. Founder Bud Adams died in October 2013, and Amy Adams Strunk took over as controlling owner in March. She is co-chairman of the board of directors with her sister, Susie Adams Smith, with Adams' grandson Kenneth Adams IV, who lives in Nashville, also on the board of directors.

"Since I came back to work here, we have made progress in trying to work through our issues with the league," Underwood said. "I think we have made good progress. We expect to continue working with the league to help get there, but we have never discussed any of those things publicly, and we are not going to start."

Mularkey's Argument

Yes, Mularkey is 18-39 as a head coach, with two seasons in Buffalo and one in Jacksonville. He only went 2-7 as interim head coach. Three close losses came under Mularkey, and the Titans posted a six-week stretch with the fewest penalties and penalty yards in the NFL. With only 24 penalties in those six games, it was this franchise's best stretch since 1983. The Titans finished second in the NFL with 93 penalties and tied for second with 779 penalty yards.

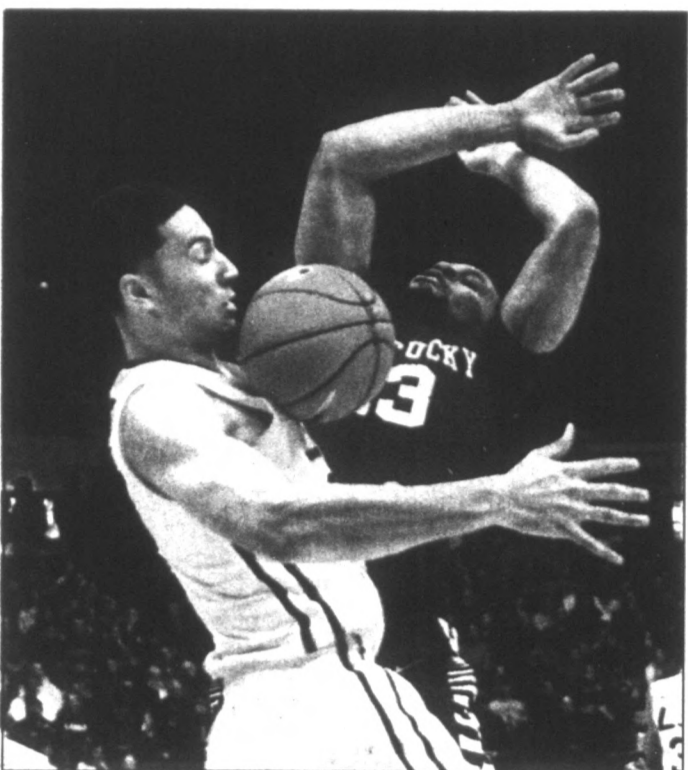
Fewer than 10 coaches currently are on the Titans' list of candidates, while they're down to 14 names to replace Ruston Webster as general manager.

Fix Offensive Line

The Titans could wind up drafting an offensive lineman for the third time in four years in their continuing quest to fix this unit. They started eight combinations this season looking for the right mix while plagued by injuries. The Titans gave up an NFL-worst 54 sacks, including two when Mariota sprained first his left, then his right knee. Those injuries cost the rookie two games apiece.

■ See TITANS, Page 10

Quarterman, Victor top LSU, surprise Cats



AP Photo

LSU forward Ben Simmons, left, and Kentucky guard Isaiah Briscoe battle for control of a rebound in the first half of an NCAA basketball game Tuesday in Baton Rouge, La.

The Associated Press

BATON ROUGE, La. — It looks like Ben Simmons won't always have to dominate for LSU to beat some of college basketball's best.

Tim Quarterman had 21 points, 10 rebounds and seven assists, Craig Victor added 15 points and 12 rebounds, and LSU defeated No. 9 Kentucky 85-67 on Tuesday night.

Simmons, the heralded freshman, added 14 points and 10 rebounds for the Tigers (9-5, 2-0 Southeastern Conference), who seem to be figuring things out after a disappointing 7-5 start in non-conference play. LSU has begun its SEC slate by beating the preseason picks to finish first and second in the league, starting with last Saturday's triumph at Vanderbilt.

"We have come together as a team," Simmons said. "Everyone got sick of what was happening and we laid it all out. We put our goals down and everyone has really stepped up and contributed."

LSU never trailed after ty-

ing the game at 2 and kept their lead at or near double digits for much of the game to the delight of a packed and energized Pete Maravich assembly center.

Tyler Ulis had 23 points and Jamal Murray added 21 for Kentucky, (11-3, 1-1), which lost for the third time in seven games and had their 22-game SEC winning streak snapped.

"Guys came out and didn't really want to play, didn't play that hard," Ulis said. "Basically, it seems like no one played to win."

The Wildcats struggled with their shooting early and later were hampered by foul trouble. Starting forwards Marcus Lee and Alex Poythress both fouled out by the time 7:29 remained in the game.

"What a great environment. We weren't up for the challenge," Kentucky coach John Calipari said. "We weren't ready to compete at the level they competed at, especially our inside people. We didn't get very much from anybody in there except a lot of fouls."

LSU led by 14 points with

15:20 left after an 8-2 run that began with Quarterman's half-court alley-oop lob to Simmons. Quarterman added a jumper and tip-in during the spurt. Quarterman said he was being aggressive but also benefited from his teammates making smart, unselfish plays.

"All of the losses we took earlier this season helped us as a team and humbled us," Quarterman said. "Everyone is making sacrifices for the wins. We have a lot of scorers on our team, but it's all about making the right play."

Murray, who made his first five shots of the second half, briefly stemmed the tide by hitting a 3 and then a mid-range jumper as he was fouled on successive possessions to make it 49-41.

Lee fouled out with 13 minutes left, yet the Wildcats were as close as 58-54 on Poythress' layup with 9:36 left.

Quarterman responded with a 3, sparking another Tigers surge that included two layups by Victor as he was fouled. ■

BOYS BASKETBALL: CALLOWAY COUNTY 54, MAYFIELD 52

Lakers hold off Cards



DONNIE PASCHALL / Ledger & Times

Calloway County's Kamden Price dribbles the ball against Mayfield's Noel Roman during a Region 1 game Tuesday at Jeffrey Gymnasium.

Calloway County gets back on winning track

By BRYCE RUDD
Sports Reporter

Committing 21 turnovers and missing three free throws in the final moments of a close contest isn't an ideal recipe for a victory, but the Calloway County Lakers somehow ended up with just that Tuesday night, holding off the Mayfield Cardinals 54-52 to end a four-game losing streak.

With Peyton Johnson and Aaron Dawson hampered with early foul trouble, Kamden Price stole the show with 22 points and four rebounds for CCHS. Jeremy Darnell posted 13 points, including the game-winning 3-point shot from the right corner with 40 seconds remaining to give the Lakers a 53-50 lead. Calloway County held on despite missing four free throws in the final few seconds that could have sealed the game.

As Lakers assistant coach Sawyer Donohoo pointed out, just the resiliency to win the game shows just how far this young CCHS team has come in a month.

"We just showed resiliency. There were a few times that when the pressure was applied to us in the past, some of our guys ran from that," Donohoo said. "Tonight we had a few steps up. Aaron Dawson comes to mind, stepping up with a couple of rebounds to keep plays alive for us, doing the dirty work. It wasn't just him though, we didn't tuck our tails in and run and I'm proud of them for that."

Dawson provided seemingly every key rebound when Calloway County needed it most, holding off Mayfield's last-second half-court heave by Lane Kennemore that barely missed.

Kennemore led the Cardinals with 15 points and Zach Tyler finished with 11 for Mayfield, but it was missed opportunities at the free-throw line that negated any effect its 21 steals might have had. Mayfield missed 14 of 29 free throws that seemingly kept them from closing the gap every time it drew within a possession.

The first quarter was rough from the start for both clubs as Mayfield scored the only two points of the first 3 minutes. It would be the last lead for the Cardinals the entire night.

Johnson quickly answered with his first 3 of the game before sitting the rest of the half with foul trouble. Two more 3's from Price helped cushion the Calloway County lead to 18-6 by the end of the first quarter, though, as all seemed well in Laker land.

Mayfield, however, had other ideas in mind. After being out rebounded 13-4 to end the first frame, the Cardinals suddenly got aggressive, resulting in nine free-throw attempts in the second period. The change of pace was enough to slice the Mayfield deficit in half, heading into the locker room at the break.

The Lakers remained in control, even with just a six-point lead after turning the ball over 12 times in the first half, something head coach Terry Birdsong had implored as a change of pace.

"That's something Mayfield can do. They've got good, quick guards and especially with ballhandling and passing. It's a baptism by fire for us this season," Donohoo said.

"We're trying to make better decisions with the basketball and really cut back those live ball turnovers that continue to

cost us points. Teams are going to pressure us and we know that. I think we're improving and for now, that's a step in the right direction."

Johnson started the second half off with a strong statement, finishing at the rim for a 29-21 Calloway County advantage. Thanks to strong post play by Dawson, the Lakers sustained an eight-point lead heading into the fourth quarter as the search for separation continued.

Price's 3-pointer made it a nine point game with just 5:51 to play, but Mayfield, like a pest, just wouldn't go away. Kennemore took over in the clutch, scoring six straight points on driving layups to tie the game at 50 with 1:17 to go, forcing Birdsong to call a timeout to cap off a 9-2 Cardinal run.

Out of the huddle, Darnell rose to the occasion, draining a corner 3-pointer off Johnson's assist with 40 seconds to play. Kennemore forced his shot on the ensuing Mayfield possession and, despite missing four free throws late, the Lakers dodged a last-second bullet as time expired. CCHS survived a heated contest for a well-deserved fifth win of the season.

"We're still learning with these guys. Everything we do this year is a process," Donohoo said. "Right now, it seems like at the end of games we're learning on the fly, learning how to play smarter. We did some things we weren't too pleased with but we didn't give up. We did enough to win tonight and we'll take the outcome."

The Lakers travel to a hostile environment at Marshall County to begin district play against the Marshals (8-5) at 7:30 p.m. Friday. ■

PREP BASKETBALL
ROUNDUP

Murray High girls run away with win

Staff Reports

MAYFIELD — The No. 8-ranked Murray High Lady Tigers most-feared opponents might be themselves.

After reeling off seven consecutive victories by an average of 23 points after their lone season loss this season to Mason County, the Lady Tigers notched an eighth straight win with a 72-39 whitewash of Mayfield on Tuesday night.

Maddie Waldrop led all scorers with 18 points and added five rebounds, Macey Turley scored 13 points, Alexis Burpo and Lex Mayes chipped in 10 each, Grace Campbell put in six and Lory Carver carved up the glass with a game-high nine rebounds as the MHS reserves were utilized early and often for head coach Rechelle Turner's squad. Eleven players scored in all for Murray High, which continued to stay hot from at the free-throw line, knocking down 12 of 13 attempts.

"We let the starters start off most of the quarter, but it's nice to be able to put 12 kids on the court," Turner said. "Our kids continue to play fast and work hard. When we play defense as well as we're capable of playing, we make things hard on other teams."

The Lady Tigers (14-1) main focus for the game against a vulnerable Mayfield squad (4-3), was field-goal efficiency. Murray High was successful from inside the 3-point arc, connecting on 60 percent of its shots, but only made four 3's in 21 tries.

With 14 victories this season though, Turner isn't too concerned with the statistic at the moment.

"We spend a lot of time on shooting, but the thing is that kids are going to be streaky shooters. In a game like tonight, we had a lot more shots than we normally would take. I'm pleased that it's not something we have had to rely on day in and day out," Turner said.

Murray High has a Region 1 date with Ballard Memorial (6-3) at Taylor Gymnasium at 7:30 p.m. Thursday.

BOYS BASKETBALL
Murray High 69,
Ballard Memorial 58

LA CENTER — After beating Ballard Memorial by 36 points just two weeks ago, the Murray High had a rude awakening in the rematch Tuesday night.

Trailing by five points at the half, head coach Bart Flener and

■ See ROUNDUP, Page 10

Murray Le



AREA

No games sched

SPON

COLLE

SEC — Missour

BTN — Rutgers

ESPN2 — Florid

ESPN — Duke

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FS1 — Seton Ha

CBSN — UM

SEC — Texas A&

BTN — Ohio St.

ESPN2 — Calif

ESPN — Texas

FS1 — Xavier at

CBSN — UNLV

ESPN — Stanf

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ESPN — New Yo

ESPN — Memph

NBCSN — Pittsb

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Sat

Kansas City (11-

ABC/ESPN

Pittsburgh (10-

p.m. (CBS)

Su

Seattle (10-6) a

(NBC)

Green Bay (10-

p.m. (FOX)

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Cincinnati, Hous

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Minnesota, Was

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Pittsburgh, Kans

(12-4), 3:30 p.m. (

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AFC, 2:05 p.m. (

NFC, 5:40 p.m. (

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AREA SCHEDULE

Today's Games
No games scheduled

SPORTS ON TV

Today's Games
COLLEGE BASKETBALL
5:30 p.m.
SEC — Missouri at Georgia
8 p.m.

BTN — Rutgers at Maryland
ESPN2 — Florida at Tennessee
ESPN — Duke at Wake Forest
ESPNEWS — South Florida at UCF
FS1 — Seton Hall at Villanova
7 p.m.

CBSN — UMass at Dayton
7:30 p.m.
SECSSN — Texas A&M at Mississippi St.
8 p.m.

BTN — Ohio St. at Northwestern
ESPN2 — California at Oregon
ESPN — Texas Tech at Iowa St.
FS1 — Xavier at St. John's
9 p.m.

CBSN — UNLV at Colorado St.
10 p.m.
ESPN — Stanford at Oregon St.
10 p.m.

GOLF
European PGA Tour, BMW South African Open, first round, at Johannesburg
NBA
7 p.m.
ESPN — New York at Miami
9:30 p.m.
ESPN — Memphis at Oklahoma City
8 p.m.

NBCSN — Pittsburgh at Chicago
WOMEN'S COLLEGE BASKETBALL
Noon
NBCSN — Rhode Island at George Washington

PRO FOOTBALL

NFL PLAYOFFS
Wild-card Round
Saturday's Games
Kansas City (11-5) at Houston (9-7), 3:35 p.m. (ABC/ESPN)
Pittsburgh (10-6) at Cincinnati (12-4), 7:15 p.m. (CBS)

Sunday's Games
Seattle (10-6) at Minnesota (11-6), 12 p.m. (NBC)
Green Bay (10-6) at Washington (9-7), 3:30 p.m. (FOX)

Divisional Playoffs
Jan. 16 Games
Cincinnati, Houston or Kansas City at New England (12-4), 3:35 (CBS)
Minnesota, Washington or Green Bay at Arizona (13-3), 7:15 p.m. (NBC)

Jan. 17 Games
Seattle, Green Bay or Washington at Carolina (15-1), 12:05 p.m. (FOX)
Pittsburgh, Kansas City or Houston at Denver (12-4), 3:30 p.m. (CBS)

Conference Championships
Jan. 24 Games
AFC: 2:05 p.m. (CBS)
NFC: 5:40 p.m. (FOX)

Pro Bowl
Sunday, Jan. 31
At Honolulu
Team Rice vs. Team Irvin, 6 p.m. (ESPN)
Super Bowl
Feb. 7 Game

COLLEGE FOOTBALL

2015-16 BOWLS
Monday's Game
College Football Championship Game
Glendale, Ariz.
Clemson (14-0) vs. Alabama (13-1), 7:30 p.m. (ESPN)

FCS PLAYOFFS
Championship
Saturday's Game
At Toyota Stadium
Frisco, Texas
North Dakota State (12-2) vs. Jacksonville State (13-1)

HOCKEY

NHL
Eastern Conference
Atlantic Division

| W | L | OT | Pts | GF | GA |
|-----------|----|----|-----|----|-----|
| Florida | 24 | 12 | 4 | 52 | 111 |
| Detroit | 20 | 13 | 7 | 47 | 101 |
| Montreal | 22 | 16 | 3 | 47 | 119 |
| Boston | 20 | 14 | 4 | 44 | 118 |
| Ottawa | 19 | 15 | 6 | 44 | 114 |
| Tampa Bay | 19 | 17 | 4 | 42 | 101 |
| Toronto | 15 | 15 | 7 | 37 | 99 |
| Buffalo | 15 | 21 | 4 | 34 | 92 |

Metropolitan Division

| W | L | OT | Pts | GF | GA |
|----------------|----|----|-----|----|-----|
| Washington | 29 | 7 | 3 | 61 | 124 |
| N.Y. Islanders | 22 | 13 | 5 | 49 | 113 |
| N.Y. Rangers | 22 | 14 | 4 | 48 | 110 |
| New Jersey | 20 | 15 | 5 | 45 | 93 |
| Pittsburgh | 19 | 15 | 5 | 43 | 93 |
| Philadelphia | 16 | 15 | 7 | 39 | 83 |
| Carolina | 16 | 17 | 7 | 39 | 92 |
| Columbus | 15 | 23 | 3 | 33 | 105 |

Western Conference

| W | L | OT | Pts | GF | GA |
|-----------|----|----|-----|----|-----|
| Dallas | 28 | 10 | 4 | 60 | 146 |
| Chicago | 24 | 13 | 4 | 52 | 114 |
| St. Louis | 23 | 14 | 5 | 51 | 103 |
| Minnesota | 21 | 11 | 7 | 49 | 105 |
| Nashville | 19 | 18 | 7 | 45 | 104 |
| Colorado | 19 | 18 | 3 | 41 | 113 |
| Winnipeg | 19 | 19 | 2 | 40 | 118 |

Pacific Division

| W | L | OT | Pts | GF | GA |
|-------------|----|----|-----|----|-----|
| Los Angeles | 25 | 12 | 2 | 52 | 105 |
| Arizona | 19 | 16 | 4 | 42 | 110 |
| Calgary | 19 | 18 | 2 | 40 | 104 |
| Anaheim | 16 | 15 | 7 | 39 | 73 |
| Vancouver | 15 | 16 | 9 | 39 | 97 |
| San Jose | 18 | 17 | 2 | 38 | 101 |
| Edmonton | 17 | 21 | 3 | 37 | 102 |

Tuesday's Results

Washington 3, Boston 2
Florida 5, Buffalo 1
N.Y. Rangers 6, Dallas 2
Chicago 3, Pittsburgh 2, OT
Minnesota 4, Columbus 2
Philadelphia 4, Montreal 3
Winnipeg 4, Nashville 1
Calgary 3, Tampa Bay 1

Today's Games

New Jersey at Montreal, 6 p.m.
Pittsburgh at Chicago, 7 p.m.
St. Louis at Colorado, 9 p.m.
Carolina at Vancouver, 9 p.m.
Toronto at Anaheim, 9 p.m.

Racers in the NBA
Isaiah Canaan
Cameron Payne

Thursday's Games
Washington at N.Y. Islanders, 6 p.m.
Florida at Ottawa, 6:30 p.m.
Philadelphia at Minnesota, 7 p.m.
Winnipeg at Dallas, 7:30 p.m.
Arizona at Calgary, 8 p.m.
Toronto at Los Angeles, 8:30 p.m.
Detroit at San Jose, 8:30 p.m.

SCORING LEADERS
Through Monday

| Player | GP | G | A | PTS |
|-------------------------|----|----|----|-----|
| Patrick Kane, CHI | 40 | 23 | 34 | 57 |
| James Benn, DAL | 17 | 19 | 27 | 52 |
| Tyler Seguin, DAL | 41 | 23 | 27 | 50 |
| Erik Karlsson, OTT | 40 | 9 | 33 | 42 |
| Vladimir Tarasenko, STL | 40 | 23 | 18 | 41 |
| Taylor Hall, EDM | 41 | 16 | 25 | 41 |
| Blake Wheeler, CGY | 39 | 10 | 30 | 40 |
| Johnny Gaudreau, CBJ | 38 | 12 | 22 | 38 |
| Joe Pavelski, SJ | 37 | 20 | 38 | 38 |
| Daniel Sedin, VAN | 40 | 17 | 21 | 38 |
| Evgenii Malkin, PIT | 38 | 18 | 19 | 37 |
| Alexander Steen, STL | 42 | 13 | 24 | 37 |
| John Klingberg, DAL | 41 | 5 | 32 | 37 |
| Bobby Ryan, OTT | 39 | 13 | 23 | 36 |

Four tied with 35 pts.

PRO BASKETBALL
NBA
Eastern Conference
Atlantic Division

| Team | W | L | Pct | GB |
|--------------|----|----|------|--------|
| Toronto | 21 | 15 | .583 | — |
| Boston | 19 | 15 | .559 | 1 |
| New York | 17 | 19 | .472 | 4 |
| Brooklyn | 10 | 24 | .294 | 10 |
| Philadelphia | 4 | 33 | .108 | 17 1/2 |

Southeast Division

| Team | W | L | Pct | GB |
|------------|----|----|------|-------|
| Miami | 21 | 13 | .618 | — |
| Atlanta | 21 | 15 | .583 | 1 |
| Orlando | 19 | 16 | .543 | 2 1/2 |
| Charlotte | 17 | 17 | .500 | 4 |
| Washington | 15 | 17 | .469 | 5 |

Central Division

| Team | W | L | Pct | GB |
|-----------|----|----|------|--------|
| Cleveland | 23 | 9 | .719 | — |
| Chicago | 21 | 12 | .638 | 2 1/2 |
| Indiana | 19 | 15 | .559 | 5 |
| Detroit | 19 | 16 | .543 | 5 1/2 |
| Milwaukee | 14 | 23 | .378 | 11 1/2 |

Western Conference
Southwest Division

| Team | W | L | Pct | GB |
|-------------|----|----|------|--------|
| San Antonio | 30 | 6 | .833 | — |
| Dallas | 20 | 15 | .571 | 9 1/2 |
| Memphis | 19 | 17 | .528 | 11 |
| Houston | 17 | 19 | .472 | 13 |
| New Orleans | 11 | 22 | .333 | 17 1/2 |

Northwest Division

| Team | W | L | Pct | GB |
|---------------|----|----|------|----|
| Oklahoma City | 24 | 11 | .686 | — |
| Utah | 15 | 18 | .456 | 8 |
| Portland | 15 | 22 | .405 | 10 |
| Denver | 12 | 23 | .343 | 12 |
| Minnesota | 12 | 23 | .343 | 12 |

Pacific Division

| Team | W | L | Pct | GB |
|---------------|----|----|------|--------|
| Golden State | 33 | 2 | .943 | — |
| L.A. Clippers | 22 | 13 | .629 | 11 |
| Sacramento | 14 | 21 | .400 | 19 |
| Phoenix | 12 | 25 | .324 | 22 |
| L.A. Lakers | 8 | 28 | .222 | 25 1/2 |

Tuesday's Results
Chicago 117, Milwaukee 106
New York 107, Atlanta 101
Dallas 117, Sacramento 116, 2OT
Golden State 109, L.A. Lakers 87

Today's Games
1. Kansas (13-1) did not play. Next: at Texas Tech, Saturday.
2. Oklahoma (12-1) did not play. Next: vs. Kansas State, Saturday.
3. Maryland (13-1) did not play. Next: vs. Rutgers, Wednesday.
4. Virginia (12-2) did not play. Next: at Georgia Tech, Saturday.
5. Michigan State (14-1) did not play. Next: vs. Illinois, Thursday.
6. North Carolina (14-2) did not play. Next: at Syracuse, Saturday.
7. Arizona (13-1) did not play. Next: at UCLA, Thursday.
8. Providence (14-2) lost to Marquette 65-64. Next: at Creighton, Tuesday.
9. Kentucky (11-3) lost to LSU 85-67. Next: at Alabama, Saturday.
10. Xavier (13-1) did not play. Next: at St. John's, Wednesday.
11. Villanova (12-2) did not play. Next: vs. Seton Hall, Wednesday.
12. Miami (12-3) beat Nebraska 77-66. Next: at No. 5 Michigan State, Thursday.
13. Iowa State (11-2) did not play. Next: vs. Texas Tech, Wednesday.
14. Duke (12-2) did not play. Next: at Wake Forest, Wednesday.
15. SMU (13-0) did not play. Next: vs. Cincinnati, Thursday.
16. Louisville (12-2) did not play. Next: at N.C. State, Thursday.
17. West Virginia (13-1) did not play. Next: vs. Oklahoma State, Saturday.
18. Butler (12-3) beat DePaul 77-72. Next: vs. No. 11 Villanova, Sunday.
19. Missouri (12-3) beat Nebraska 77-66. Next: at No. 5 Michigan State, Thursday.
20. Purdue (13-2) did not play. Next: vs. Michigan, Thursday.
21. Texas A&M (11-2) did not play. Next: at Mississippi State, Wednesday.
22. South Carolina (14-0) beat Auburn 81-69. Next: vs. Vanderbilt, Saturday.
23. UConn (10-4) lost to Temple 55-53. Next: vs. Memphis, Saturday.
24. Pittsburgh (12-1) did not play. Next: vs. Georgia Tech, Wednesday.
25. Dayton (11-2) did not play. Next: vs. UMass, Wednesday.

BASEBALL
MLB
The 103 remaining free agents (4 did not accept qualifying offers):
AMERICAN LEAGUE
BALTIMORE (4) — q-Wai-Yin Chen, rhp; q-Chris Davis, 1b; Gerardo Parra, of; Steve Pearce, of.
BOSTON (1) — Matt Albers, rhp; Alex Ramirez, ss.
CLEVELAND (3) — Gavin Floyd, rhp; Ryan Raburn, dh; Ryan Webb, rhp.
DETROIT (3) — Joe Nathan, rhp; Alfredo Simon, rhp; Randy Wolf, rhp.
KANSAS CITY (5) — Jonny Gomes, of; q-Alex Gordon, of; Jeremy Guthrie, rhp; Franklin Morales, rhp; Alex Rice, of.
LOS ANGELES (7) — David DeJesus, of; David Freese, 3b; Matt Joyce, of; Matt Latos, rhp; Michael Murphy, of; Shane Victorino, of; Wesley Wright, rhp.
MINNESOTA (4) — Blaine Boyer, rhp; Neal Cotts, rhp; Brian Dunning, rhp; Torii Hunter, of.
NEW YORK (2) — Chris Casiano, rhp; Stephen Drew, 2b.
OAKLAND (1) — Barry Zito, rhp.
SEATTLE (1) — Craig Biggio, rhp.
TAMPA BAY (1) — Grady Sizemore, of.
TEXAS (6) — q-Yovani Gallardo, rhp; Colby Lewis, rhp; Mike Napoli, 1b; Ross Ohlendorf, rhp; Drew Stubbs, of; Will Venable, of.
TORONTO (5) — Mark Buehrle, rhp; Jeff Francis, rhp; Maicer Izturis, 2b; LaTroy Hawkins, rhp; Munenori Kawasaki, inf.
NATIONAL LEAGUE
ATLANTA (2) — Edwin Jackson, rhp; Peter Moylan, rhp.
FLORIDA (6) — Chris Denorfia, of; q-Dexter Fowler, of; Dan Haren, rhp; Tommy Hunter, rhp; Austin Jackson, of; Fernando Rodney, rhp.
CINCINNATI (4) — Burke Badenhop, rhp; Sean Marshall, rhp; Manny Parra, rhp; Skip Schumaker, inf.
COLORADO (2) — Kyle Kendrick, rhp; Justin Morneau, 1b.
LOS ANGELES (5) — Bronson Arroyo, rhp; q-Howie Kendrick, 2b; Joel Peralta, rhp; Jimmy Rollins, ss.
MIAMI (2) — Don Kelly, 3b; Casey McGehee, 3b.
MILWAUKEE (1) — Kyle Lohse, rhp.
NEW YORK (7) — q-Yoenis Cespedes, of; Tyler Clippard, rhp; Kelly Johnson, of; q-Daniel Murphy, 2b; Eric O'Flaherty, rhp; Bobby Parnell, rhp; Juan Uribe, 3b.
PHILADELPHIA (5) — Chad Billingsley, rhp; Jeff Francoeur, of; Aaron Harang, rhp; Cliff Lee, inf; Jerome Williams, rhp.
PITTSBURGH (5) — Antonio Bastardo, rhp; Joe Blanton, rhp; A.J. Burnett, rhp; Corey Hart, 1b; Aramis Ramirez, 3b.
ST. LOUIS (3) — Matt Belisle, rhp; Randy Choate, rhp; Carlos Villanueva, rhp.
SAN DIEGO (5) — Clint Barmes, ss; Josh Johnson, rhp; q-Ilan Kinsler, rhp; Brandon Morrow, rhp; q-Justin Upton, of.
SAN FRANCISCO (5) — Jeremy Affeldt, rhp; Marco Byrd, of; Tim Lincecum, rhp; Tim Lincecum, rhp; Dan Uggla, 2b.
SPORTS HISTORY
JAN. 6
1994 — Nancy Kerrigan is attacked after practice at the U.S. figure skating championships in Detroit. Shane Stant clubs Kerrigan on the knee and flees the scene. Later that evening, Scott Davis wins the men's U.S. title.
2005 — For the first time in NBA history, a player leads his team in scoring without making a field goal. Detroit's Richard Hamilton scores 14 points despite missing all 10 of his field goal attempts in a 101-79 loss to Memphis.
2011 — Miami of Ohio caps a historic season with a 35-21 win over Middle Tennessee in the GoDaddy.com Bowl. The RedHawks (10-4) are the first team in Football Bowl Subdivision history to win 10 games one season after losing 10. Miami finished a dismal 1-11 in 2009.
2015 — Randy Johnson, Pedro Martinez and John Smoltz, a trio of star pitchers who dominated in an era of offense, are elected to baseball's Hall of Fame along with Craig Biggio, the first time since 1955 writers selected four players in one year.

Roundup...

From Page 6A

The Tigers pulled together and persevered with a 69-58 victory to move to 12-3 this season amidst the grueling stretch of January. Zach Flener led the Tigers with 17 points off the bench (12 in the first half). Ethan Clark finished with 15 points and James Boone was the third Tiger in double-figures with 14 points. Duane Curtis chipped in nine more. Tre Horn-

buckle put in seven and Preston English had five.

Zach Parsons led the Bombers with 21 points, and only three other Bomber players scored in the contest.

"It was really hard to convince our guys just how different this game would be from the one two weeks ago. I knew it would be. They hit us right in the mouth tonight, getting up 9-2 to start the game. Maybe, we learned lessons again. That's the thing, 'Did we learn lessons from this?' I hope

so," Coach Flener said.

It was the Tigers third win in a row, while the Bombers lost their seventh consecutive game.

Murray High got defensive stops when needed, but it was made free throws from players like Clark that helped seal the victory late.

Murray High heads to McCracken County on Saturday to play Jackson, Miss., Callaway at 10:30 a.m. as part of the Mustang Madness. ■

Titans...

From Page 6A

Defensive Improvement

Whisenhunt helped persuade Dick LeBeau to join the Titans as assistant head coach in charge of defense. Working with coordinator Ray Horton, the Titans took major leaps in several cat-

egories and finished 12th in total defense, 18th against the run and seventh against the pass. A year ago, Tennessee was 27th overall, 18th against the run and 15th defending the pass. Keeping Mularkey might mean both Horton and LeBeau stick around a bit longer.

Big Needs

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CFSB Center

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Induction Ceremony — 6:30 PM

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MEN'S BASKETBALL

TENNESSEE TECH AT MURRAY STATE
7 P.M. • THURSDAY • CFSB CENTER

Racers, Golden Eagles meet in OVC showdown

By JEFF ARENZ
Sports Editor

Just a few games into the Ohio Valley Conference season, the top teams in each division face each other in an early showdown. West-leading Murray State (7-7, 1-0) hosts East-leading Tennessee Tech (10-5, 2-0) at 7 p.m. Thursday at the CFSB Center.

The Racers enter this contest against the Golden Eagles after outlasting Morehead State 62-57 at home Saturday in Murray State's first league game this season. The win was a boost of confidence for MSU.

"I hope that first conference win lifted us at a time when we needed it because I think having confidence and believing in what we're doing is very important when we're struggling," Racers head coach Matt McMahon said. "Our guys needed some things to go well. They had worked extremely hard in practice and they had prepared to win since we had gotten back from Christmas. I was happy to see them have some success out on the floor."

McMahon said Murray State's defense and defensive rebounding were critical keys in the Racers' first OVC victory. MSU out rebounded Morehead State 33-28.

Murray State freshman forward Brion Sanchious made his second start this season Saturday and delivered five points, eight rebounds and three blocked shots. McMahon said there were many factors that went into his decision to start Sanchious.

"He was struggling in December, when his back was bothering him and was not able to move as well," McMahon said of Sanchious. "I think the Christmas break was really good for him because he looked really more athletic when he came back. He earned his start by playing well in practice. I thought it was a good time to start him with the stretch of games that we have coming up."

Tennessee Tech posted home OVC wins over Eastern Illinois (94-84 on Thursday) and SIU-Edwardsville (86-63 on Saturday).

OHIO VALLEY CONFERENCE

| EAST DIVISION | | | | |
|--------------------|-------|---------|----|----|
| | Conf. | Overall | | |
| | W | L | W | L |
| Tennessee Tech | 2 | 0 | 10 | 5 |
| Tennessee State | 1 | 0 | 10 | 4 |
| Eastern Kentucky | 1 | 0 | 10 | 6 |
| Belmont | 1 | 0 | 9 | 6 |
| Jacksonville State | 1 | 1 | 5 | 12 |
| Morehead State | 0 | 1 | 6 | 7 |

| WEST DIVISION | | | | |
|--------------------|-------|---------|---|----|
| | Conf. | Overall | | |
| | W | L | W | L |
| Murray State | 1 | 0 | 7 | 7 |
| Eastern Illinois | 1 | 1 | 4 | 10 |
| UT Martin | 0 | 0 | 8 | 7 |
| Austin Peay | 0 | 1 | 7 | 9 |
| SIU-Edwardsville | 0 | 2 | 3 | 11 |
| Southeast Missouri | 0 | 2 | 2 | 12 |

Saturday's Results
Eastern Illinois 75, Jacksonville State 64
Eastern Kentucky 79, Austin Peay 70
Murray State 62, Morehead State 57
Tennessee State 72, Southeast Missouri 66
Tennessee Tech 86, SIU-Edwardsville 63
UT Martin 122, Boyce 60

Today's Games
Tennessee State at Eastern Illinois, 7:30 p.m.
Belmont at SIU-Edwardsville, 8 p.m.

Thursday's Games
Southeast Missouri at Morehead State, 5 p.m.
Tennessee Tech at Murray State, 7 p.m.
UT Martin at Eastern Kentucky, 7 p.m.
Jacksonville State at Austin Peay, 7:30 p.m.

The Golden Eagles feature a pair of 6-foot-9 senior forwards in Ryan Martin and Anthony Morse. Martin (14.4 points, 7.3 rebounds) leads TTU in rebounds and is second in scoring. Morse (8.5 points, 6.5 rebounds, 2.6 blocks) is Tennessee Tech's second-leading rebounder and is one of the best shot-blockers the Racers will face.

"It's critical to have Sanchious in the lineup for many reasons," McMahon said. "It alleviates some of the defensive pressure in Wayne (Langston) having to guard the other team's best big man for 40 minutes. It helps us on the defensive glass. And for the first time this year, we had a rim-protector. We were beaten on some dribble-drive stuff that Morehead State is really good at doing, but Brion was there to clean it up and block three big shots for us."

Sanchious (6-foot-8) and Langston (6-foot-7, senior, forward) will be matched up against Martin and Morse. Langston

(14.1 points, 6.6 rebounds) is Murray State's leading scorer and rebounder.

On the perimeter, Torrance Rowe (16.7 points, 4.4 assists) is the Golden Eagles' top players, leading them in scoring and assists. Alaska Jugovic (10.9 points, 3.2 assists) and Shirmane Thomas (3.9 points, 3.4 rebounds, 2.2 assists) are two more TTU guards who can score and pass.

Guard Hakeem Rogers (9.6 points) and forward Mason Ramsey (5.2 points) have seen action in every Tennessee Tech game this season as reserves.

Bryce Jones (12.6 points, 4.2 rebounds, 3.9 assists), Jeffery Moss (11.0 points, 3.4 rebounds) and DeMarcus Croaker (9.6 points, 4.1 rebounds) will be the main players seeing time at guard for MSU. Racers' swingman Gee McGhee (9.4 points, 4.6 rebounds) has the luxury of playing at guard or forward.

McMahon complimented Golden Eagles head coach Steve Payne for TTU's success this season.

"Coach Payne has done a great job with their team. They are playing with a lot of confidence and are fun to watch," McMahon said. "Tennessee Tech has a lot of energy and looks like a very unselfish basketball team. They are a top-15 team in the nation in free-throw shooting who do not put their opponents at the line much at all."

The Golden Eagles have made 75.1 percent of their free throws on 362 attempts. TTU's opponents have only made 280 attempts at the free-throw line. Entering Thursday's game, the Racers have made 70.2 percent of their free throws on 289 attempts.

Another key matchup will be Tennessee Tech's 3-point shooting against Murray State's perimeter defense.

"They have a very explosive offense that is shooting 36 percent from 3-point range, making more than eight 3-pointers a game," McMahon said. "As we have talked about, 3-point defense has been a weakness of ours. It's out No. 1 weakness at the defensive end. I think that will be a critical area Thursday night."



SCHEDULE

| DATE | OPPONENT | RESULT/TIME |
|-------------------|------------------------|-------------|
| 11/14 | PIEDMONT | W 110-72 |
| AIR FORCE CLASSIC | | |
| 11/16 | at Air Force | L 70-80 |
| 11/18 | at New Mexico State | L 63-76 |
| 11/24 | JACKSON STATE | W 86-82 |
| 11/27 | ROBERT MORRIS | W 85-72 |
| 11/28 | UC CLERMONT | W 91-86 |
| 11/29 | MISSISSIPPI VALLEY ST. | W 101-64 |
| 12/02 | EAST TENNESSEE STATE | W 63-61 |
| 12/05 | at Lipscomb | W 81-78 |
| 12/12 | at Arkansas | L 57-83 |
| 12/15 | at Chattanooga | L 69-80 |
| 12/18 | MIAMI, OHIO | W 77-64 |
| 12/22 | at Iowa | L 63-85 |
| 12/31 | EASTERN ILLINOIS | W 94-94 |
| 01/02 | SIU-EDWARDSVILLE | W 86-63 |
| 01/07 | at Murray State | 7 p.m. |
| 01/09 | at Austin Peay | 6:30 p.m. |
| 01/13 | at UT Martin | 8 p.m. |
| 01/16 | SOUTHEAST MISSOURI | 7:30 p.m. |
| 01/21 | at Morehead State | 6 p.m. |
| 01/23 | at Eastern Kentucky | 1 p.m. |
| 01/28 | TENNESSEE STATE | 8 p.m. |
| 01/30 | BELMONT | 7:30 p.m. |
| 02/06 | at Jacksonville State | 4:30 p.m. |
| 02/10 | at Tennessee State | 7:30 p.m. |
| 02/13 | JACKSONVILLE STATE | 7:30 p.m. |
| 02/20 | at Belmont | 5 p.m. |
| 02/25 | MOREHEAD STATE | 6 p.m. |
| 02/27 | EASTERN KENTUCKY | 7:30 p.m. |

| DATE | OPPONENT | RESULT/TIME |
|-------|---------------------------|-------------|
| 03/02 | at Ohio Valley Tournament | TBA |
| 03/03 | at Ohio Valley Tournament | TBA |
| 03/04 | at Ohio Valley Tournament | TBA |
| 03/05 | at Ohio Valley Tournament | TBA |

ROSTER

| # | NAME | YR | P | HT | WT |
|----|-----------------------|-------|---|-----|-----|
| 00 | Shirmane Thomas | Jr. | G | 6-3 | 190 |
| 01 | Mairkell Henderson | So. | G | 6-5 | 195 |
| 02 | Hakeem Rogers | Jr. | G | 6-1 | 175 |
| 03 | Tre Hansbrough | Fr. | G | 6-3 | 180 |
| 04 | Alaska Jugovic | So. | G | 6-3 | 185 |
| 11 | Micalah Henry | Fr. | C | 6-8 | 230 |
| 12 | Torrance Rowe | Sr. | G | 6-1 | 175 |
| 13 | Ryan Martin | Sr. | F | 6-9 | 225 |
| 20 | Savante Frazier | R-Fr. | G | 6-1 | 180 |
| 21 | Conner Hall | Fr. | G | 6-3 | 195 |
| 22 | Josiah Moore | Fr. | F | 6-5 | 215 |
| 23 | Courtney Alexander II | Fr. | F | 6-7 | 195 |
| 25 | Mason Ramsey | So. | F | 6-6 | 220 |
| 35 | Anthony Morse | Sr. | F | 6-9 | 230 |

STATISTICS

| # | NAME | Pts | Reb | Ass | Stl | Blk |
|-----------|--------------|------|------|------|-----|-----|
| 12 | Rowe | 16.7 | 2.8 | 6.6 | 10 | 0 |
| 13 | Martin | 14.4 | 7.3 | 1.8 | 11 | 13 |
| 04 | Jugovic | 10.9 | 2.5 | 4.8 | 12 | 1 |
| 02 | Rogers | 9.6 | 1.7 | 2.0 | 10 | 2 |
| 35 | Morse | 8.5 | 6.5 | 6 | 9 | 33 |
| 25 | Ramsey | 5.2 | 1.8 | 6 | 5 | 6 |
| 00 | Thomas | 3.9 | 3.4 | 3.3 | 16 | 5 |
| 23 | Moore | 4.5 | 3.0 | 1 | 1 | 0 |
| 03 | Hansbrough | 4.1 | 1.5 | 1.8 | 4 | 1 |
| 01 | Henderson | 3.1 | 2.1 | 1 | 4 | 2 |
| 22 | Alexander II | 2.5 | 3.6 | 7 | 3 | 10 |
| 21 | Hall | 2.5 | 0.3 | 0 | 0 | 0 |
| 20 | Frazier | 0.9 | 0.7 | 1.0 | 1 | 0 |
| TEAM | | 79.7 | 37.0 | 15.6 | 5.7 | 4.9 |
| OPPONENTS | | 74.0 | 35.7 | 15.2 | 5.9 | 3.5 |



SCHEDULE

| DATE | OPPONENT | RESULT/TIME |
|---------------------|-----------------------|-------------|
| 11/13 | HARRIS-STOWE STATE | W 105-55 |
| 11/17 | MIDDLE TENNESSEE | W 76-65 |
| 11/20 | at Georgia | L 52-63 |
| GULF COAST SHOWCASE | | |
| 11/23 | vs. Milwaukee | W 66-63 |
| 11/24 | vs. Pepperdine | W 59-55 |
| 11/25 | vs. Weber State | L 58-75 |
| 11/28 | ALABAMA A&M | W 63-61 |
| 12/02 | at Houston | L 78-93 |
| 12/05 | EVANSVILLE | L 81-85 0T |
| 12/13 | at Illinois State | L 61-63 |
| 12/18 | SOUTHERN ILLINOIS | L 73-88 |
| 12/22 | at Wright State | L 49-65 |
| 12/30 | BRESCIA | W 101-75 |
| 01/02 | MOREHEAD STATE | W 62-57 |
| 01/07 | TENNESSEE TECH | 7 p.m. |
| 01/09 | JACKSONVILLE STATE | 5:30 p.m. |
| 01/14 | at Belmont | 8 p.m. |
| 01/16 | at Tennessee State | 7:30 p.m. |
| 01/21 | EASTERN ILLINOIS | 7 p.m. |
| 01/23 | SIU-EDWARDSVILLE | 7 p.m. |
| 01/27 | at Eastern Kentucky | 7 p.m. |
| 01/30 | at UT Martin | 3 p.m. |
| 02/04 | at Southeast Missouri | 8 p.m. |
| 02/06 | AUSTIN PEAY | 7 p.m. |
| 02/11 | at SIU-Edwardsville | 7 p.m. |
| 02/13 | SOUTHEAST MISSOURI | 7 p.m. |
| 02/20 | at Austin Peay | 7 p.m. |
| 02/25 | at Eastern Illinois | 8:30 p.m. |
| 02/27 | UT MARTIN | 7 p.m. |

| DATE | OPPONENT | RESULT/TIME |
|-------|---------------------------|-------------|
| 03/02 | at Ohio Valley Tournament | TBA |
| 03/03 | at Ohio Valley Tournament | TBA |
| 03/04 | at Ohio Valley Tournament | TBA |
| 03/05 | at Ohio Valley Tournament | TBA |

ROSTER

| # | NAME | YR | P | HT | WT |
|----|------------------|-----|---|-----|-----|
| 00 | Wayne Langston | Sr. | F | 6-7 | 245 |
| 01 | Bryce Jones | Jr. | G | 6-0 | 170 |
| 02 | Jeffery Moss | Sr. | F | 6-4 | 190 |
| 04 | Brian Sanchious | Fr. | F | 6-8 | 230 |
| 10 | Chad Culbreath | Fr. | G | 5-9 | 165 |
| 11 | Damarcus Croaker | Jr. | G | 6-4 | 190 |
| 12 | Gee McGhee | Jr. | F | 6-5 | 225 |
| 13 | Charles Brown | Fr. | F | 6-6 | 210 |
| 23 | Justin Seymour | Jr. | G | 6-3 | 215 |
| 24 | Kedrick Flomo | So. | G | 6-1 | 185 |
| 32 | A.J. Patty | Jr. | F | 6-9 | 215 |
| 34 | Terron Gilmore | Sr. | F | 6-7 | 230 |
| RS | Jonathan Stark | Jr. | G | 6-0 | 170 |

STATISTICS

| # | NAME | Pts | Reb | Ass | Stl | Blk |
|-----------|-----------|-------------------------|------|------|-----|-----|
| 00 | Langston | 14.1 | 6.6 | 1.8 | 14 | 5 |
| 01 | Jones | 12.6 | 4.2 | 5.4 | 14 | 5 |
| 02 | Moss | 11.0 | 3.4 | 2.2 | 11 | 0 |
| 11 | Croaker | 9.6 | 4.1 | 2.2 | 7 | 1 |
| 12 | McGhee | 9.4 | 4.6 | 2.8 | 16 | 5 |
| 23 | Seymour | 6.0 | 3.2 | 2.4 | 15 | 3 |
| 10 | Culbreath | 5.9 | 1.6 | 2.0 | 12 | 0 |
| 13 | Brown | 3.3 | 0.7 | 0 | 1 | 1 |
| 04 | Sanchious | 1.9 | 2.8 | 5 | 3 | 10 |
| 32 | Patty | 1.8 | 1.0 | 0 | 3 | 1 |
| 34 | Gilmore | 0.0 | 1.0 | 0 | 0 | 0 |
| 24 | Flomo | Injured, out for season | | | | |
| TEAM | | 70.4 | 33.5 | 13.8 | 6.9 | 2.2 |
| OPPONENTS | | 66.8 | 34.4 | 12.8 | 6.6 | 2.6 |

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RESULT/TIME

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L 52-63

SHOWCASE

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W 59-55
L 59-75

W 63-61
L 78-93
L 61-85 07
L 61-63
L 73-88
L 49-65

W 101-75
W 62-57
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HT WT

Sr. F 6-7 245
Jr. G 6-0 170
Sr. F 6-4 190
Fr. F 6-8 230
Fr. G 5-9 165
Jr. G 6-4 190
Jr. F 6-5 225
Fr. F 6-6 210
Jr. G 6-3 215
So. G 6-1 185
Jr. F 6-9 215
Sr. F 6-7 230
Jr. G 6-0 170

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4.2 54 14 5
3.4 22 11 0
4.1 22 7 1
4.6 28 16 5
3.2 24 15 3
1.6 20 12 0
0.7 0 1 1
2.8 5 3 1
1.0 0 3 1
1.0 0 0 0

ured, out for season
33.5 13.8 6.9 2.2
34.4 12.6 6.6 2.6

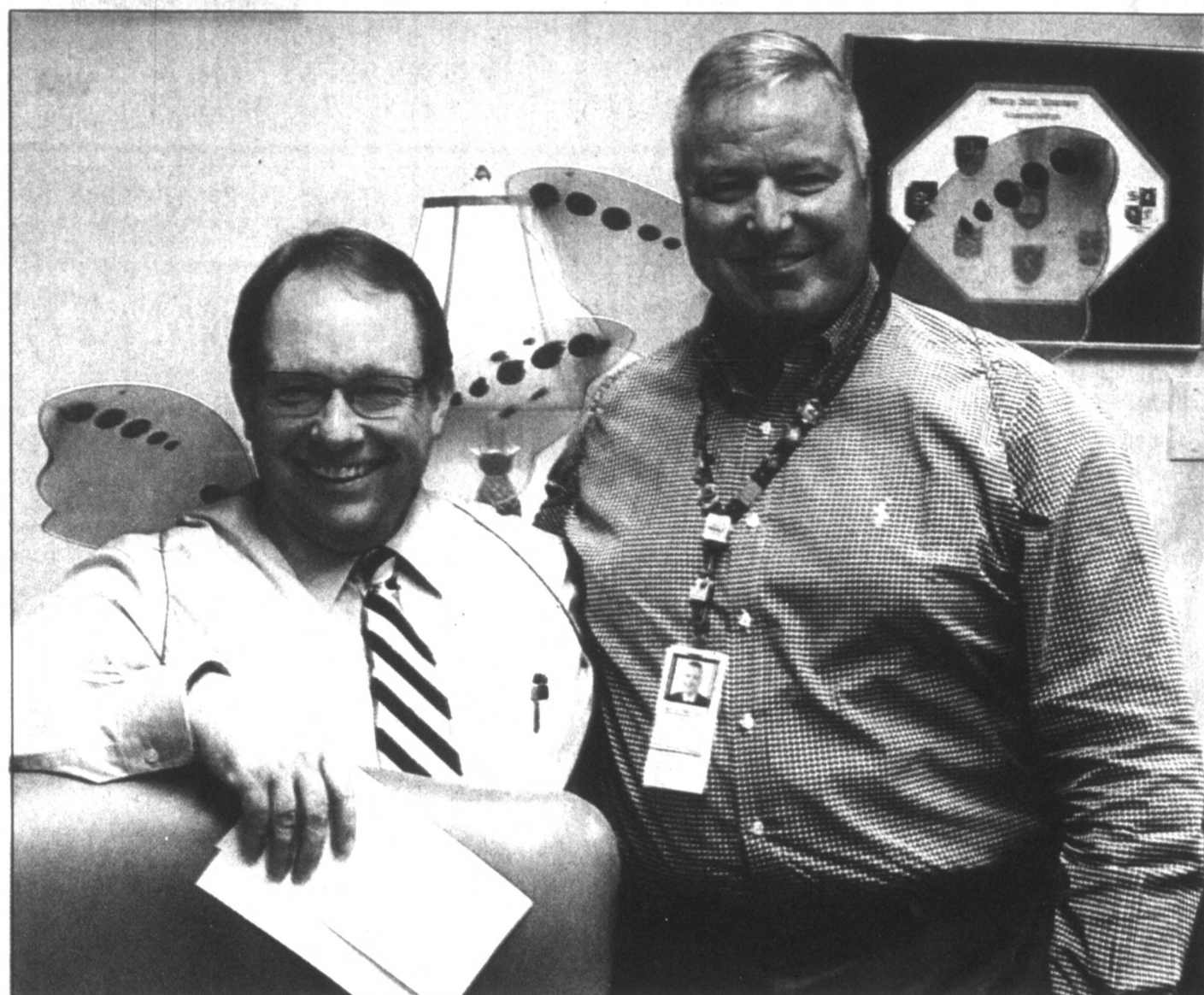


Photo provided

CHALLENGE ISSUED: Murray-Calloway County Hospital CEO Jerry Penner, right, recently challenged Murray State University President Dr. Bob Davies to wear commemorative butterfly wings and then challenge three people to do the same as a way of raising both awareness and funds for the upcoming Murray Half Marathon in April. The wings theme has taken flight with the event being a fundraiser for the Anna Mae Owen Residential Hospice House and butterflies being symbolic of the hospice form of healthcare. Wings are available for \$10 apiece and can be purchased at both RE/Max Realtors in Murray, along with MCCH.

Sixth annual Murray Half Marathon takes flight with wings on April 16

Special to The Ledger

The Murray Calloway Endowment for Healthcare's annual Murray Half Marathon will be held Saturday, April 16, 2016 and will mark the sixth anniversary of the event.

The Murray Half Marathon offers three races, a 13.1 mile race, a 13.1 mile two-person relay race or a 5K run/walk, and brought more than 750 runners from to Murray last year, raising \$50,000 through sponsorships and entry fees. All proceeds from the race support operations at the upcoming Anna Mae Owen Residential Hospice House, which is expected to open in the spring. The facility will offer end-of-life care in a home-like setting to area residents in partnership with MCCH's existing Hospice unit.

Runners interested in participating may

sign up at www.MurrayHalfMarathon.org and several discount levels are offered based on how early the participant registers. Course information and other important details are also available on the site.

Another support area for the race is through sponsorships, and three sponsorship levels are available for individuals and/or businesses.

The Silver Sponsorship is \$1,000 and includes booth space at the expo, banner space and signage, two free race registrations (for the Half, Relay or 5K) and a logo on the promotional bag given to runners.

The Bronze Sponsorship is \$500 and includes booth space at the expo, one free race registration (for the Half, Relay or 5K) and cash or in-kind donation (bags for run-

ners, goody bag insert, etc).

The Expo Table Sponsorship is \$250 and includes booth space at the Health and Fitness Expo which is held the day before the race. All runners, volunteers and community members are invited to browse vendor and sponsor tables while picking up race information at the expo.

This year wings will be worn during the race and around the community as runners help educate the community about hospice. The story of hospice began with a butterfly and will help create awareness about the meaning behind why we run.

For more information on sponsorship opportunities, to purchase a set of wings or to find other ways to contribute, call (270) 762-1908 or (270) 762-1800. ■

Kentucky Optometrists say take time to protect eyes against vision loss through early detection

Special to The Ledger

January is National Glaucoma Awareness Month, and the Kentucky Optometric Association (KOA) is urging people take control of their eye health through early detection to help minimize the risk of developing glaucoma.

The disease leads to progressive damage to the optic nerve and a loss of nerve tissue, which ultimately results in loss of vision.

Currently, 2.7 million people in the United States over age 40 have glaucoma. It is one of the leading causes of blindness in the United States, yet understanding and awareness of the disease is still relatively low.

Often referred to as the "sneak thief of sight," glaucoma is a group of eye disorders that can damage the optic nerve and impair peripheral vision. If left untreated, glaucoma can lead to complete loss of sight. Although the disease does not have a cure and is not preventable, it is treatable and can be detected in a comprehensive eye exam.

"A common misconception is that glaucoma only affects older adults when, in reality, it can happen at any age," said Dr. Kris Kerestan Garbig, an optometrist in Wilder. "In fact, it's most commonly detected in people in their 40s. The key is to identify and diagnose the disease early in order to promptly treat and slow the progression of vision loss."

Americans are also largely unaware of the factors that put them at greater risk for developing glaucoma. Only 13 percent of Americans know that a person's race increases their chances for developing the disease.

According to the Glaucoma Research Foundation, glaucoma is six to eight times more com-

mon in African-Americans than Caucasians. Additional factors that put someone at greater risk for glaucoma include those who have a family history of glaucoma, diabetes or hypothyroidism; are over age 60; or have had severe eye trauma.

Treatment for glaucoma includes prescription eye drops and medication to lower pressure in the eyes. In some cases, laser treatment or surgery may be effective in reducing pressure.

In addition to yearly, comprehensive eye exams, the Kentucky Optometric Association suggests the following tips to help maintain overall eye health and clear, comfortable vision:

- Eat green, leafy vegetables and foods rich in nutrients like Lutein, Zeaxanthin, Omega 3, Vitamins C and E, and Zinc to protect eyes from disease.

- Cut down on bad habits such as smoking and consuming alcohol or excessive caffeine, which can all be harmful to the eyes.

- Practice the 20/20/20 rule if you work in front of a computer: every 20 minutes, take a 20 second break and look at something 20 feet away to help avoid digital eye strain.

- Wear sunglasses with UV-A and UV-B protection year-round.

To find a doctor of optometry in your area, visit www.kyeyes.org. ■

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SUDOKU
Sudoku is a number-placing puzzle based on a 9x9 grid with several given numbers. The object is to place the numbers 1 to 9 in the empty squares so that each row, each column and each 3x3 box contains the same number only once. The difficulty level of the Concepts Sudoku increases from Monday to Sunday.

Concepts Sudoku By Dave Green

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 3 | 1 | 8 | 5 | 4 | | | |
| | | 8 | | | 6 | 3 | 1 | |
| | | 9 | | 7 | | | | 2 |
| | 2 | | | | | 8 | | 3 |
| 3 | | | | | | | 4 | 1 |
| 8 | | | | | | | 6 | |
| | 6 | | | | | 5 | | |
| | | 4 | | | 9 | | | |
| | | | 1 | 6 | | | | |

Answer to previous puzzle

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 2 | 9 | 5 | 6 | 1 | 3 | 4 | 7 |
| 4 | 5 | 3 | 2 | 7 | 8 | 1 | 6 | 9 |
| 7 | 1 | 6 | 3 | 9 | 4 | 8 | 2 | 5 |
| 3 | 6 | 7 | 4 | 2 | 9 | 5 | 8 | 1 |
| 5 | 8 | 4 | 6 | 1 | 3 | 7 | 9 | 2 |
| 2 | 9 | 1 | 8 | 5 | 7 | 4 | 3 | 6 |
| 6 | 7 | 8 | 9 | 3 | 5 | 2 | 1 | 4 |
| 9 | 4 | 5 | 1 | 8 | 2 | 6 | 7 | 3 |
| 1 | 3 | 2 | 7 | 4 | 6 | 9 | 5 | 8 |

Difficulty Level ★★★

Office Hours:
Monday-Friday 8 a.m. - 5 p.m.

Horoscope

HAPPY BIRTHDAY for Thursday, Jan. 7, 2016:
This year you learn to follow your intuition when you're in a jam and/or don't know which way to turn. More often than not, you land on your feet. You often might not be sure of yourself and retreat. Reflecting on alternatives could be very helpful, but guard against a tendency to think too much and not act. If you are single, carefully screen the people to whom you are attracted. You are likely to draw someone who is emotionally unavailable. If you are attached, the two of you open up to new concepts. As a result, you enjoy relating to each other far more. SAGITTARIUS irritates you more than any other sign does.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

ARIES (March 21-April 19)
★★★★ You might be more serious than you need to be. Your ability to see the long-term possibilities might be playing into your mood. You'll surprise others with an unexpected decision or action. Remain upbeat, and carry on as you have been. Tonight: Slow down.
TAURUS (April 20-May 20)
★★★★ Relate to others directly. You will gain a greater understanding of each person, and you're likely to appreciate others more. Loyalty comes from this type of interaction. One person could surprise you. Your reaction will give you new insight. Tonight: A blast from the past is likely.
GEMINI (May 21-June 20)
★★★★ You seem to be in a position where you need to be less authoritative and more open to others. A boss could confuse you, as well as those around you. A friend delights you and makes you

laugh once you slow down and allow yourself to breathe. Tonight: Accept an invitation.
CANCER (June 21-July 22)
★★★★ You might not be sure how to proceed. A discussion will provide many options, but too much talk could slow you down. Don't become paralyzed by the different perspectives. Your intuition will provide excellent insight. Tonight: Get some errands done on the way home.
LEO (July 23-Aug. 22)
★★★★ You'll want to reconsider what seemed like a childish reaction you or a partner recently had. A risk could seem a lot worse than it actually is. Make sure you can handle a flop as well. This gamble could involve emotions rather than finances. Tonight: A friend wants to reel you in.
VIRGO (Aug. 23-Sept. 22)
★★★★ Life seems to have a confusing undertone right now, especially when dealing with a key person in your life. A strong possibility could be that this person isn't feeling sure of him- or herself. You will want to take a backseat for a while. Tonight: See what evolves.
LIBRA (Sept. 23-Oct. 22)
★★★★ You have a way with words that often takes people back. You can be very polite while insulting someone at the same time. This person won't realize what you have said until later, and by then, you'll have eliminated the possibility of a conversation. Tonight: At a favorite spot.
SCORPIO (Oct. 23-Nov. 21)
★★★★ Use your financial wisdom to deal with a changeable situation. Get into an intellectual discussion about how to manage your funds and where to invest them. Make learning about economics a higher priority. Test your ideas with others first. Tonight: Think through a decision.

SAGITTARIUS (Nov. 22-Dec. 21)
★★★★ Beam in more of what you want, as the Moon adds to your magnetism and intellect. Others might choose not to say much, as there is an element of confusion that weaves through this day. Just let it go for now. Check out a leak in your house, then try to fix it. Tonight: All smiles.
CAPRICORN (Dec. 22-Jan. 19)
★★★★ Your sense of direction might be off. Relax and absorb information rather than judge and make decisions. Confusion surrounds an emotional tie or a money matter. Slow down and work with the available facts. Don't take a comment personally. Tonight: Call it an early night.
AQUARIUS (Jan. 20-Feb. 18)
★★★★ You could be way too busy for your own taste. You love your friends, but you might not have the desire to socialize right now. A loved one will surprise you with a reversal. If you like what you see, jump into the situation. If not, head the other way. Tonight: Be happy.
PISCES (Feb. 19-March 20)
★★★★ You might not intend to add chaos to someone else's life, but you are likely to regardless. Unless this person is very good at getting nowhere with an issue, you could witness a change in attitude. Try to be clearer about where you are coming from. Tonight: Remain upbeat.
BORN TODAY
Actor Nicolas Cage (1964), guitarist Jinx (1986), journalist Katie Couric (1957)

Jacqueline Bigar is on the Internet at www.jacquelinebigar.com.
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Looking Back

Ten years ago Calloway County Sheriff Larry Roberts announced he is running for a second term.

Conner Owen Dudley was the first baby of the year born at the Murray-Calloway County Hospital after many hours of labor by his mother, Christie Dudley of Murray.

Pictured is a dusting of snowflakes covering the roof at the Murray-Calloway County Hospital's Regional Cancer Center. Although cooler temperatures are predicted for the evening hours, temperatures are expected to continue to rise in to the 50s during the next few days.

Gina Winchester, assistant director/co-op coordinator of Murray State University Career Services, has been appointed to the National Advisory Board for the Walt Disney World College Program.

Twenty years ago Pictured is Steven Crouch who led Murray with 18 points but the Tigers lost 45-44 at Carlisle County.

Matt Pool, son of Ronnie and Carolyn Pool, is pictured receiving his 1996 Johnny Appleseed calendar and a check from Denny Lane and Liz Anderson of Peoples Bank of Murray.

Bonnie Jones, chairperson of the Zeta Department of the Murray Woman's Club, held a Christmas Open House at her home on Keenland Drive. Pictured is Thelma Bailey, Frances Matarazzo and Jones.

Pictured is Stephanie Holland who scored 12 points in Calloway's 50-40 loss to Mayfield.

Frankie McNutt has been named the 1995 Kopperud Realtor of the Year. She is a broker-associate with Kopperud Realty and has received this honor for 11 successive years.

Thirty years ago Pictured is Jane Morton whose mother was a Lassiter, as she looks at the destruction caused by vandals in the Lassiter family cemetery. The cemetery used to be part of a farm

which has since been sold but the family still own the cemetery which is located on Forest Road in Calloway County.

Special awards were presented recently at a Woodmen of the World Family Night meeting held at the West Kentucky Youth Camp. T.C. Collier is pictured presenting a Conservation Award to Jackie Butterworth, citing the many conservation practices he has used in Calloway County.

Forty years ago The home of Hollie Jones was destroyed by fire yesterday about 12:30 a.m.

Melissa Easley was sworn in as a new member of the Murray Board of Education. Don Henry is chairman and Maurice Ryan is vice chairman.

Jo Crass was sworn in as new clerk for the city of Murray. She replaces Stanford Andrus who retired after 16 years of service.

New officers of the Murray Civic Music Association are A.W. Simmons Jr., John Winter, Joe Prince, Richard Farrell, Irma LaFollette and Neva Gray Allbritten.

Fifty years ago The first baby born in Calloway County was a boy to Mr. and Mrs. Bobby Wayne Ford of Dexter. He was born on Jan. 4.

Mr. and Mrs. Gardie Lassiter will observe their 62nd wedding anniversary on Jan. 7. They reside with their daughter Laura Jennings.

Sixty years ago Ollis Warren is the new Murray Police Chief. Serving with him are Charles Marr, O.D. Warren, Norman Lovins, Leo Alexander, James Witherspoon, Rob H. Lamb, W.B. Parker, James Parker and J.M. Weeks.

H. Glenn Doran of Murray has been appointed as a member of the Kentucky Board of Education by Kentucky Gov. A.B. Chandler.

Woman still angry at family for ignoring childhood trauma

DEAR ABBY: At the age of 15 I was raped by my first boyfriend. It's how I lost my virginity. Shortly afterward, I became severely depressed and bulimic. I blocked my trauma until 11 years later, when I had a flashback. I sought out a therapist and have been seeing him for the past six months.

I feel so much resentment and anger toward my family for not having helped me through this difficult time. They didn't know about the rape, but they knew about my eating disorder, and I'm sure they must have noticed my depressed mood.

I am angry with my mother especially, because she has always been detached and critical of me. I'm afraid to tell her what happened for fear of being blamed. She has now been diagnosed with cancer, and I'm afraid she'll die before I get the courage to tell her.

DEAR ANGRY: It might be helpful to look more carefully at the reasons why you are angry with your family. It's unfair to blame them for not recognizing something they were never told. It is not uncommon for teenagers to withdraw to some extent in order to establish their own identities, apart from their parents.

As to your eating disorder, I remember a time in the not-too-distant past when little was known about anorexia and bulimia. It wasn't until after the death of recording artist Karen Carpenter that media attention focused on how serious and life-threatening an eating disorder could be.

This is not to excuse your mother for her inability to be the parent you needed while growing up. It's important that you work with your therapist on how to talk to her about all of your feelings. It shouldn't be done in an accusatory manner, and you should have no fear of being blamed for your rape.

DEAR DOCTOR K: I have irritable bowel syndrome (IBS), and I hear there is a diet to help that. Can you tell me about it? DEAR READER: Unfortunately, IBS is pretty common. Symptoms include cramping, diarrhea, gas and bloating. But you are right: Research has identified certain foods that tend to trigger IBS, and avoiding these foods can help you reduce your symptoms.

The new diet for IBS targets and eliminates certain types of carbohydrates that the small intestine has trouble absorbing. We'll call it the "IBS diet," even though its official name is the "low FODMAP diet." (Please don't ask what "FODMAP" stands for; you don't want to know, and I don't want to try to remember.)

Research has found that certain carbohydrates increase the amount of fluid in the bowel and create more gas. This leads to bloating and changes the speed at which food is digested. The result is gas, pain and diarrhea. Avoiding these foods reduces IBS symptoms in most people with IBS.

DEAR ABBY: I have known "Julia" for a long time. She was my best friend in high school and my maid of honor when I got married. She and her husband have an open relationship and invite other women into their bedroom.

Our children go to the same school now, so we have reconnected and I realize how much I have missed having her as a close friend. Recently, however, Julia's husband, "Jerry," has started making suggestive remarks when he's the one picking their daughter up from school. It makes me really uncomfortable. When I told my husband about it, he wasn't happy.

Avoiding troublesome foods helps irritable bowel syndrome

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DEAR READER: Unfortunately, IBS is pretty common. Symptoms include cramping, diarrhea, gas and bloating. But you are right: Research has identified certain foods that tend to trigger IBS, and avoiding these foods can help you reduce your symptoms.

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These are the foods to avoid: DAIRY: cow's milk, yogurt, pudding, ice cream, cottage cheese and ricotta cheese. FRUITS: apples, apricots, blackberries, cherries, nectarines, pears, peaches, cherries, mangoes and watermelon. VEGETABLES: artichokes, asparagus, Brussels sprouts, broccoli, beetroot, cauliflower, garlic, mushrooms, onions and snow peas. GRAINS: wheat and rye. LEGUMES: chickpeas, lentils, kidney beans and soy products.

HIGH-FRUCTOSE CORN SYRUP. SWEETENERS such as honey, agave nectar, sorbitol, mannitol, xylitol, maltitol and isomalt found in sugar-free gum and mints.

Since you are avoiding the foods mentioned above, you may want to eat more of these foods, to compensate: DAIRY: lactose-free milk; rice, almond and coconut milk; lactose-free yogurt; hard cheeses.

FRUIT: bananas, blueberries, cantaloupe, grapefruit, honeydew, kiwi, lemon, lime, oranges and strawberries. VEGETABLES: bamboo shoots, bean sprouts, bok choy, carrots, cucumbers, eggplant, ginger, lettuce, olives, parsnips, potatoes, spring onions and turnips.

PROTEIN: beef, pork, chicken, fish, eggs and tofu. NUTS/SEEDS: almonds, macadamia nuts, peanuts, pine nuts and walnuts.

GRAINS: oat, oat bran, rice bran, gluten-free pasta, white rice, corn flour and quinoa. Don't misunderstand me: People are different, including people with IBS. Not all of the foods I advise you to eat less of will negatively affect your IBS.

Some will, some won't. And some that will make your symptoms worse will not do so for another person with IBS. Likewise, eating only the foods I advise you to eat more of won't guarantee you freedom from IBS. But they are a good place to start in reducing the symptoms of IBS.

You need to limit only those foods that you know are problematic for you. And if you're not sure about some, try what's called an elimination diet. That involves removing all foods from the "eat less" list from your diet, and then reintroducing one food at a time, noting whether it worsens your symptoms. If not, add it back to your diet. The IBS diet really can help you.

(This column is an update of one that ran originally in October 2012.)

Today in History

Today is Wednesday, Jan. 6, the sixth day of 2016. There are 360 days left in the year.

On Jan. 6, 1941, President Franklin D. Roosevelt, in his State of the Union address, outlined a goal of "Four Freedoms": Freedom of speech and expression; the freedom of people to worship God in their own way; freedom from want; freedom from fear.

In 1759, George Washington and Martha Dandridge Custis were married in New Kent County, Virginia.

In 1838, Samuel Morse and Alfred Vail gave the first successful public demonstration of their telegraph in Morristown, New Jersey.

In 1912, New Mexico became the 47th state.

In 1919, the 26th president of the United States, Theodore Roosevelt, died in Oyster Bay, New York, at age 60.

In 1963, "Oliver!" Lionel Bart's musical adaptation of the Charles Dickens novel "Oliver Twist," opened on Broadway. "Mutual of Omaha's Wild Kingdom" premiered on NBC-TV.

In 1974, year-round daylight saving time began in the United States on a trial basis as a fuel-saving measure in response to the OPEC oil embargo.

In 1994, figure skater Nancy Kerrigan was clubbed on the leg by an assailant at Detroit's Cobo Arena; four men, including the ex-husband of Kerrigan's rival, Tonya Harding, went to prison for their roles in the attack.

In 2001, with Vice President Al Gore presiding (in his capacity as president of the Senate), Congress formally certified George W. Bush the winner of the bitterly contested 2000 presidential election.

Hints From Heloise

CARROT-CAKE CONUNDRUM

Dear Readers: Oh no! The beta carotene in the carrots in the CARROT CAKE must have turned my gray matter into orange mush! The temperature to bake the cake got left out in the editing process of a recent column! They say the devil is in the details -- this is especially true when it has anything to do with recipes, and this wasn't even devil's-food cake! Here we go!

TEMPERATURE: Set your oven at 375 degrees F to preheat, which is important. DISH SIZE: I used one metal 9-inch round pan. For the second test, I used a rectangular (about 5 by 9 inches) ceramic baking dish. The smaller the dish, the thicker the cake. TIME: The time is a little iffy. It depends on the size of the baking dish used. It's about 20-30 minutes. Test at 20 minutes by poking a knife or toothpick into the center. If it comes out clean or with a few crumbs on it, the cake is done! If gooey, bake another five minutes and test again.

May I say it's nice to know that so many of you trust me! This old, old recipe is from my mother, the original Heloise. Many recipes from then read "a pinch of this," "a handful of that" or "bake until done"! Ovens vary -- some bake hot, some bake not hot enough. So, give it another try and let me know!

No orange matter today! -- Heloise FREEZING SPICES Dear Heloise: I can't imagine starting my day without reading your column in the Omaha (Neb.) World-Herald.

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Can you freeze spices? I have several that I don't use often, but rather than have them sit on my shelf and get old, I freeze them. I have frozen paprika, cloves, etc. Does it affect them at all? -- Pat P., McCook, Neb.

Yes, it can, and really, doing so won't help "keep them good" as long as possible. Every time you take them out of the freezer, use them, then put them back, it's a no-win situation. The real test is, once room temperature, do they smell the same, look the same and taste the same? If so, full speed ahead. -- Heloise

P.S.: They should last three to four years under normal storage conditions.

SEND A GREAT HINT TO: Heloise P.O. Box 795000 San Antonio, TX 78279-5000 Fax: 210-HELOISE Email: Heloise(at)Heloise.com

STORING MARSHMALLOWS

Dear Heloise: I buy a bag of marshmallows during the fall months to add to my hot chocolate. Come mid-summer, they are all glued together, and I end up disposing of what is left over. Help! -- Dennis F., via email

Well, let's stop that right now! After opening the bag, close it tightly with a clip or rubber band, then put into a large zip bag. This keeps moisture in and air out. -- Heloise

CHOPPING NUTS

Dear Heloise: I have a super idea for chopping nuts: The good old pastry blender does the job just perfectly, and in half the time. I have found that it works best to chop in a wooden bowl. Give it a try! -- Jan J., Thousand Oaks, Calif.

Crosswords

ACROSS

- 1 Spots for tots
6 Petty argument
10 Artist Matisse
11 Resort site
12 Bitter
13 Snouts
14 Track competition
15 Packing a wallop
16 Orange seed
17 Shop tool
18 Devilfish
19 It might get under your skin
22 Banks on TV
23 Hyphen's kin
26 Track competitor
29 Fuming
32 Scathing review
33 Vein yield
34 Egg dish
36 "Downton Abbey" countess
37 Leg bone
38 Museum piece
39 Monsters
40 Knucklehead
41 Driving site
42 Borscht base

DOWN

- 8 Competition setting
9 Irritable
11 Confined to a cabin, perhaps
15 Butter bit
17 Stir-fry veggies
20 Auditor's org.
21 Operated
24 Informant
25 "All Creatures Great and Small" writer
27 Informant
28 Gasps, say
29 Power provider
30 Baja buddy
31 Messing on TV
35 Told tales
36 Give over
38 Chest protector

Word search grid with words like HAULS, MIMED, ALLEN, ATONE, VICTORY, SIGN, ESE, REO, SAT, STRIKER, TRI, SEL, BEDS, SEPAL, MONET, TRAY, PIG, RUN, GOSSIPS, IDA, LOT, MIA, VICTORY, LAPS, ETHEY, PAGES, SEEDY, EMERY

Yesterday's answer

Crossword grid with numbers 1-42 indicating starting positions for clues.

BABY BLUES®



BLONDIE®



DUSTIN®



GARFIELD®



PEANUTS®

