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With no changes recommended, the Calloway County Fiscal Court approved the fiscal year 2015-16 budget Tuesday with all yes votes.

The budgeted total for all funds is \$14,154,034, which Calloway County Judge-Executive Larry Elkins had earlier said amounts to about \$38,000 less than last year's budget.

The budgeted appropriations call for a total general fund of \$3,939,945, while the road fund will be \$3,109,489 and the jail fund is \$2,085,800. Last year's general fund came in at \$4,161,000, which accounts for the main difference in the two time frames' figures.

Included in the financial portion of Tuesday's meeting was a proposal for the county to enter into an agreement with the AirMedCare Network, which operates helicopters used for transporting patients to faraway medical facilities. Alicia Tabers, Calloway County deputy judge-executive, said the county government will pay \$5,200 for its 104 employees to be covered

Magistrates then supplied all yes votes for the measure that will be in effect from July







JOHN WRIGHT / Ledger & Times photos

Clockwise from top: Pat Harrington holds up eight fingers Tuesday to signify that Murray had been named a Playful City USA for the eighth straight year; Alex Villanueva of Murray attempts to execute a trick with his skateboard earlier this year at Lions Club Community Skate Park and this group of young ladies enjoyed a jog on a sidewalk earliier this year in downtown Murray.

recognition again **By JOHN WRIGHT**

Staff Writer

Two weeks ago, Pat Harrington received news of something that probably could be considered a forgone conclusion by now

For the eighth year in row, Murray has been selected by KaBOOM! as a Playful City USA, a recognition of American communities that promote the idea of play to enhance health, bring families together and spread the idea that fun is a necessity in everyday life. However, Harrington, who has handled the role of leading the Murray quest for this honor all eight years it has been awarded to the town, this last time meant more, coming nearly a year after the death of her husband, longtime Calloway County Attorney David Harrington.

"It does, and it seemed like I was putting a lot more into it this year to fill that void." Harrington said Tuesday. The official announcement of the Murray honor was released this morning. "It has really been great watching us receive this recognition all of these years because it means so much to this community. It means a lot to me too; David loved kids and

through June 30, 2016.

See Page 2A

Verse of the Day

For the sake of his great name the LORD will not reject his people, because the LORD was pleased to make you his own. 1 Samuel 12:22

Good Morning

to Ledger & Times subscriber:

Shirley Parrish

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Forest Service, Coalition talk, listen during meeting in Dover

By AUSTIN RAMSEY Staff Writer

DOVER, Tenn. - Emotions were high Tuesday night during the second round of public comments over local U.S. Forest Service management practices in Land Between the Lakes National Recreation Area.

More than 100 people filled the Stewart County Visitor's Center

where a small team of Forest Service personnel listened while dozens of speakers weighed in on the debate.

That debate lies in the future of the 170,000-acre forest just north of here, where commercial logging and prescribed burning have undergone intense public scrutiny for more than a year now.

See Page 5A

See Page 2A

Carolyne Sue Bonds, member of the Between the Rivers Inc. spoke on her concerns with the Land Between the Lakes Forest Service management and development of the land.

KELSEY RANDOLPH/ Ledger & Times

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Alison Grimes Andy Beshear

Grimes, Beshear joins Jefferson Jackson lineup

By KELSEY RANDOLPH Staff Writer

Adding to the list of guests at the Democratic Jefferson Jackson Dinner on Friday will be Kentucky Secretary of State Alison Lundergan Grimes and attorney general candidate Andy Beshear. David Ramey, Chairman of the Calloway County Democratic

Party, said the numbers continue to be solid and looks like a great opportunity for the community to get to know new and upcoming leaders that not only know the Kentucky government but the people of Kentucky.

Ramey said having Grimes back to the area always means a lot because he said she loves it so much

"She's been here so many times, but still keeps coming back," Ramey said. "This community is a special place for her and the banquet makes her feel a part of how the people feel. I believe she still has a bright future.

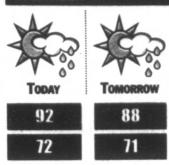
Friday's dinner ticket has gone up in price to \$35, but they can be

See Page 5A



2A • Wednesday, June 17, 2015

WEATHER



Daily Forecast

The National Weather Service

Wednesday: A 30 percent chance of showers and thunderstorms. Partly sunny, with a high near 92. Southwest wind 3 to 8 mph.

Wednesday Night: A 20 percent chance of showers and thunderstorms. Mostly cloudy, with a low around 72. West southwest wind around 5

Special to the Ledger Murray-Calloway County

Hospital will host its annual free

sports physicals to local middle

and high school athletes on

Saturday and again July 11.

Both sessions will be from 8

The physicals will be held in

the Outpatient Surgery Area,

located on the second floor of

the South Tower. Volunteer

physicians and nurses will per-

form the physicals. To receive a

free physical, the student must

be seventh grade or above and

enrolled in the Murray

Independent School District and

Calloway County School

District. The student also must

have a completed medical histo-

ry form signed by a parent or

guardian. No appointment is

In 2014, the two-day free

than 530 local athletes cleared

a.m. to noon.

necessary.

MCCH offers sports physicals

June 20, July 11 for local athletes

mph becoming light and variable in the evening.

Thursday: A 40 percent chance of showers and thunderstorms. Partly sunny, with a high near 88. Light south wind becoming south southwest 5 to 9 mph in the morning.

Thursday Night: Scattered showers and thunderstorms. Mostly cloudy, with a low around 71. Galm wind becoming east southeast around 5 mph after midnight. Chance of precipitation is 50%

Friday: Showers and thunderstorms likely. Some of the storms could produce heavy rainfall. Partly sunny, with a high near 87. South wind 5 to 7 mph. Chance of precipitation is 60%. Friday Night: Showers and

thunderstorms likely. Some of the storms could produce heavy rainfall. Mostly cloudy, with a low around 71. South southwest wind around 6 mph.

FLATROL

JOHN WRIGHT / Ledger & Times

A Murray firefighter uses extrication tools to allow rescue workers to reach a person trapped inside an overturned vehicle Saturday evening along Murray Paris Road in Calloway County. The Calloway Fiscal Court Tuesday approved a resolution recognizing MFD for its service in responding to wreck calls in the county for about the last 40 years.

Fiscal Court recognizes, MFD..

From Front

"This is one of those things where we may never use it, and I hope we never do. It's nice to have, though," Elkins said.

A pair of resolution items also were discussed Tuesday, both of which were approved with all yes votes.

The first concerned the Workforce Innovation and Opportunity Act of 2014, providing federal funds to state and local governments for programs designed to help job seekers access employment, education, training and support services to succeed in the labor market. This calls for local leaders, including county judges-executive to have added oversight and involvement with groups, such as the Purchase/Pennyrile Workforce Consortium that includes Calloway County and 15 other western Kentucky counties.

Mary Anne Medlock, a specialist for the Purchase Area Development District, said the first version of the federal act was enacted in 1983 and has been updated twice since then.

of the Purchase had previously contracted through PADD (as the overseer of policy)," Medlock told the magistrates. "Now, it's seeking more of that from judges-executive. In fact, just this week, Larry was elected as the chief elected official to represent the Purchase on the consortium.'

"In a one-word sentence, this provides for retraining for displaced workers, which is a very important thing these days," Elkins said. "It's a

good program."

The other resolution was simpler as the magistrates recognized the efforts of the Murray Fire Department for its nearly 40 years of providing extrication service for vehicle wrecks in the county outside of the city limits.

"The members of the Calloway County Fiscal Court wish to express their gratitude to members of the Murray Fire Department, past and present, for providing extrication and other life-saving duties in Calloway County," the resolution read.

Magistrates and law enforcement personnel present also took time to observe how well city and county agencies worked together during a recent rash of strong-arm robberies that ultimately appears to have been solved.

Calloway County Magistrate District 4 Johnny Gingles also reported that it appears progress may be on the horizon for a collapsed culvert on Airport Road northwest of Murray.

The area has been closed to traffic since March. Gingles, though, said Tuesday that he has learned from the Kentucky Transportation Cabinet that bids for the repair were taken June 5.

"I talked to them (a few days ago) and their best case for us is three weeks and, at worst, five weeks to have that repaired. The main thing is, though, they are doing something," Gingles said.

"I'm tickled to death about this and the thing is, Miss Pat has worked so hard for this.'

Sherry Purdom, who serves as director of the Community Education Advisory Council, said she is always struck by the cooperation of so many groups for activities, particularly the ones geared mainly toward children. She recalled last year's Play Day celebration and how it included a heavy show of support from Murray State organizations, consisting mainly of representatives who are not Murray-area resi-"The future of this community is our children" Purdom said. "What's this say about how we here support them?" "Playability is crucial to the success of our future communities, and we are proud of the work these cities and leaders are doing to provide a better quality of life for all residents, and especially families," says KaBOOM! President, James Siegal.

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KSP announces

upcoming locales

for checkpoints

The Kentucky State Police

(KSP) will be conducting traffic

safety checkpoints throughout the

Post 1 district, to check motorists

for compliance with motor vehicle

laws including driving under the

influence statutes. KSP utilizes

traffic safety checkpoints to pro-

mote safety for motorists using the

public roadways and to provide a

deterrent for those who violate

laws contained in the Kentucky

The intent of a traffic safety

checkpoint is to provide for a high

visibility, public safety service,

focusing on vehicular equipment

deficiencies, confirming appropri-

ate registration and insurance of

vehicles, and the valid licensing of

drivers. Violations of law or other

public safety issues that arise shall

Traffic safety checkpoints will

allow the Kentucky State Police

the opportunity to periodically

concentrate its efforts in checking

for violations of Kentucky traffic

and regulatory laws that will ulti-

mately increase the safety of the

Commonwealth. Drivers encoun-

tering a traffic safety checkpoint

are requested to have their opera-

tor's license, vehicle registration

receipt and proof of insurance

readily accessible. Drivers with

this information in hand, those

with no violations of law and min-

imal roadway congestion can rea-

sonably expect to be delayed for

no more than 30 seconds to a few

Calloway County will include:

• KY 94 East - at KY 280.

• US 641 South - at Barber

• KY 121 South - MP 3.187 to

• KY 280 - at Cohoon Road.

locations

within

Revised Statutes.

be addressed.

citizens

minutes

Drive.

MP 3.690

Checkpoint

Special to the Ledger

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Playful City USA...

From Front

enjoyed helping them any way he

could.' As in years past, Harrington continued making the application process a team effort. The process included numerous organizations and agencies, which proved particularly valuable for this eighth

'playability,' how we're going to fund these things, how we're going to support it.

"They asked about volunteers, industry, even how being named a Playful City helps our community. It was a pretty complicated application, and really, I was wondering if we'd get it this time.

"I knew we'd done a lot with this program and, obviously with seven years in a row under our belt, we were known. But with seven years in a row, you also start wondering if it's time for someone else to be selected. When I got that email two weeks ago, it was just a terribly exciting time."

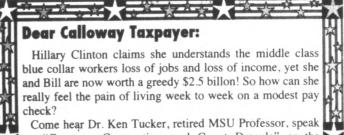
Murray-Calloway County Parks Director Tab Brockman arranged with assistance from the Murray Electric System. Featured on the video were a plethora of local personalities, including Murray Mayor Jack Rose, Calloway County Judge-Executive Larry Elkins and others, including then-Murray State Head Men's

September.

physical costs a family \$100, but Murray-Calloway County Hospital coordinated a team of seven volunteer physicians and 35 other volunteers to give their time and provide the exams free of charge. The estimated savings to local families was more than \$53,000. The free physicals are part of

to play sports. The average

the hospital's commitment to support local school systems, which also includes providing salaries for school nurses and athletic trainers. MCCH also has donated AED unites to both schools, offers free membership at the Center for Health and Wellness to student athletes and provides CPR training for coaches. For more information about the program, contact Health Melissa Ross. Promotions Coordinator, at 270physical program saw more 762-1832.



"The way it was written before, the eight counties

on "Commas, Composition, and Count Dracula" or the destruction of language to create political propaganda on the 3rd Thurs., June 18th 5:30 p.m. at Pagliai's Restaurant in the back room, Murray according to Dan Walker, program chairman Sponsored by the Concerned Taxpayers of Western Kentucky.

THE PUBLIC IS INVITED

time KaBOOM! upped the ante.

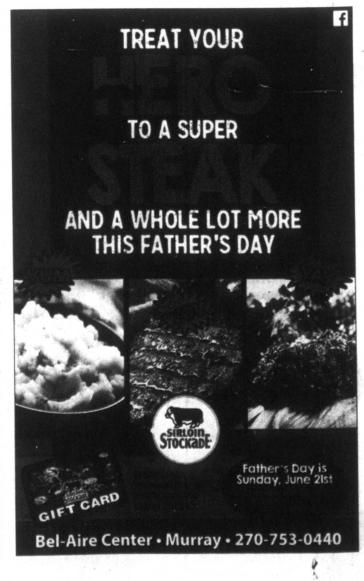
"It was a much different application process this time," Harrington said. "Usually, all we have to do is just re-apply each year and we're good, but this time it was a lot more data-based. This time, we had to talk about what we're doing now to improve our

One of the pieces the Murray proposal included was a video that

Basketball Coach Steve Prohm, who was filmed just before accepting the men's head job at Iowa State.

"I was happy to help with that. Something different was needed this year," Brockman said.

"I think that with the mayor and dents. the judge involved (in the video), that it shows that our leaders and politicians here really care about this," said Clayton Hendricks, Calloway County's environmental planner, personnel safety and special projects liaison. He has also frequently served as emcee for the annual Play Day in Murray that serves as an official community celebration of the Play City honor annually, usually in





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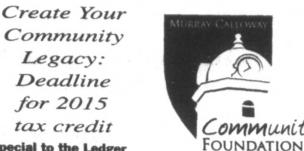
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Y 280. MP 3.187 to

on Road. 🔳

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no serves as Community ouncil, said by the coopgroups for y the ones d children.



Special to the Ledger The Endow Kentucky Tax

Credit is available for Kentucky taxpayers who make a contribution to an endowment through an approved "Community Foundation" in the Commonwealth of Kentucky. The Murray Calloway County Community Foundation, as an affiliate of the Community Foundation of West Kentucky, is an approved Community Foundation. As such, it is governed by statutes enacted and oversight organizations created by the Commonwealth of Kentucky

Tax deductible gifts can be made to either an established endowment of the community foundation or to establish an endowment for a qualified nonprofit organization.

What is the process for making a tax deductible gift?

The donor submits an applicato the Kentucky tion Department of Revenue and if it is approved, the donor has 30 days to make the gift. Applications are approved on a first served basis. MCCCF submits the applications for the tax credit to the Kentucky Department of Revenue to insure the timely submission of the application. Who is eligible to make the

gift?

The income tax credit is available for individual taxpayers, corporations, limited liability companies and partnerships.

What are the parameters of the gift?

There is a cap of \$500,000 of income tax credit for the fiscal year 2015-2016. This cap will increase to \$1,000,000 for the fiscal year 2016-2017. Credits are awarded until the cap is exhausted. The Kentucky income tax credit is in addition to the federal and state charita-

By HAWKINS TEAGUE

Staff Writer

Commission on Tuesday for-

warded a residential planned

development project (PDP) on

Poplar Street to be considered at

today's Board of 'Zoning

The Planning Commission

forwarded the project after hold-

ing an advisory meeting to dis-

cuss the project, which will be

called Poplar Place and will be

located in an R-4 (multi-family) zoning district. The BZA will

review the project in a compati-

Adjustments meeting.

Murray

The

BZA examines Poplar

project this afternoon

following Planning's OK

Planning



Article 30

ble deduction of the taxpayer for the year in which the gift is made. A credit offsets tax liability dollar for dollar.

The maximum amount of a gift that can qualify for the income tax credit in any one fiscal year is \$50,000. A gift of \$50,000 would qualify for a \$10,000 income tax credit. A \$10,000 gift would qualify for a \$2,000 income tax credit. The amount of the Endow Kentucky Tax Credit is deducted from the Kentucky income tax owed for the year of the gift but any unused tax credit can be carried

What is the first day for subis it important?

The first day that applications for the 2015 tax credit may be submitted is July 1, 2015.

The cap for the amount has historically been exhausted 2015-2016, it will likely be reached within the first 24 hours of July 1, 2015. The Murray-Calloway County Community Foundation will submit its applications prior to the open of business by the Kentucky Department of Revenue on July 1, 2015. Any applications received after July 1, 2015 will have a higher likelihood of

being declined due to the cap. How can the Murray **Calloway County Foundation**

Contact Murray-Calloway County Community Foundation board members Harold Hurt at 270-761-6880 or Matt Hale CPA, PFS at 270-753-5411 for any additional information in regard to the Endow Kentucky Tax Credit or to seek assistance in applying for the tax credit.

forward to the next tax year.

mitting applications and why

within two weeks of being available. For the fiscal year

assist in the process?

Thinks he's a dreamer

Dear Dave,

We're debt-free including our home. My husband is a man of faith, but a bit of a dreamer. He has written several inspirational books that haven't sold, but he feels this and public speaking are his calling. He wants us to sell the house, and live on the proceeds for a year, while he pursues this dream. What do you think of the idea? Christy

Dear Christy,

It sounds to me like your husband has a good heart, but I think it would be a huge mistake for you guys to sell your home when he hasn't proven that he can sell anything he writes or says. I understand where his head is at right now. He wants to help people, and that's a noble cause. But being a motivational writer and speaker can be an addictive thing. For some folks, signing books and being on stage are almost a high; they can make you feel alive. But the whole idea can draw you into the land of financial stupidity if you're not careful.

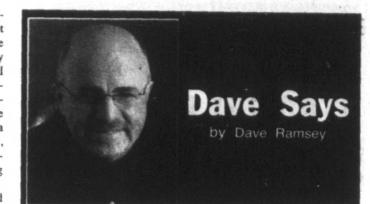
My advice would be for him to keep his day job, and work his tail off nights and weekends to

try and make this dream a reality. Let's draw up an internet strategy to get some exposure for the books he has already written. He could contact local civic groups, and offer his services as a speaker for their meetings, too. In the process he might sell a few books from a table in the back of the room, and I know he'd get lots of valuable experience while building his name.

It may take longer than he'd like, but that's a much better idea than the one he has now. It allows him to work toward a goal and not put his family in financial danger. Then, once he's making a nice income on the side from writing and speaking engagements, you guys can look at the numbers and see if it's feasible for him to dive in on a full-time basis! -Dave

Stand up to them Dear Dave,

I have a debt with a collection agency and they have started calling my office. Last week, I made an agreement for monthly payments, along with an initial payment. All of a sudden, they were calling me again this morning at my office. Can I legally demand that they not call me at my place of employ-



demanding that they not call yoù at your office again.

If they call you at your office after you demand that they stop, they'll be in violation of federal law. And if that happens, let them know that you'll be talking to a lawyer and you will sue them!

- Dave

* Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books. The Dave Ramsey Show is heard by more than 8.5 million listeners each week on more than 550 radio stations. Dave's latest project, EveryDollar, provides a free online budget tool. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsev.com.

Beshear creates work group to address teachers' retirement issues

ment?

Joelle

Dear Joelle,

Yes, you can. I'm glad you're

keeping in mind that you have a

legal and moral obligation to

pay your debts. But collectors

have rules they must follow,

also. They're governed by law

If they call you at work again,

simply remind them of the terms

of the payment agreement

already in place and demand

that they never call you at your

office again. Also, send them a

certified letter, return receipt

requested, so that you'll have

proof you sent the letter and

they received it. In the letter, let

them know that according to

guidelines set forth in the

Federal Fair Debt Collection

Practices Act you are formally

just like everyone else.

Special to the Ledger

In an effort to strengthen the solvency of the Kentucky Teachers' Retirement System (KTRS), Gov. Steve Beshear Tuesday by executive order created a 23-member work group made up of policy and education leaders.

The Kentucky Teachers' Retirement System Funding Work Group, to be led by former state senator and former State Board of Education Chairman David Karem, will meet over the coming months to develop recommendations to resolve a funding shortfall and stabilize and secure funding for the system that serves over 75,000 active and over 45,000 retired members.

"Our teachers are the foundation of our educational system for the future of our children and grandchildren," Beshear said. "We must assure that the Kentucky Teachers' Retirement System is able to fully honor our commitments to our teachers and those who retired from teaching. Today I'm asking a group of experts to find ways to ensure the future of the KTRS.'

According to the system's 2014 actuarial valuation, there is a \$14 bilined the KTRS in recent years, but "since the issuance of the reports by

that other study groups have exam- changes and improvements have been made by the KTRS. We can utilize this prior work in this effort. It is critical that we explore the options and

develop recommendations to aid the 2016 General Assembly as action needs to be taken next spring to address this crisis."



Wednesday, June 17, 2015 • 3A-

's Play Day it included a pport from zations, conpresentatives iy-area resi-

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ommunities. of the work ers are doing uality of life nd especially KaBOOM! gal. 🔳

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bility meeting today at 4:30 p.m. According to the report from the city's planning staff, Poplar Place will consist of multi-family units and be located at lots 1403, 1405, 1407 and 1409 Poplar St., as well as 203 and 205 S. 15th St. The existing vacant lot between South 15th Street and Woodlawn Avenue is also included for redevelopment in the PDP.

The project will have a total of 46 units, including 44 new and two existing units, the staff report said. The two existing structures included in the project are the two existing homes on South 15th Street.

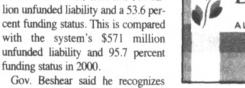
At this time, developer Andy Gupton is proposing to construct two-story townhouse style said.

buildings with one-bedroom and two-bedroom units except for a handicap unit and an office that will be a single story, the staff report said. Murray Fire Marshal Dickie Walls has reviewed the plat and approved the access to all units, and building setbacks, screening requirements, parking and stormwater detention will be addressed as the proposal moves forward, the

During Tuesday's advisory meeting, Gupton told the commissioners he planned to put several trees on the property, and that he wanted it to be a development his children would be happy to inherit one day. He also said he had purposefully designed the PDP below the city's density limit.

report said.

Commissioners previously voted on March 18 to forward a recommendation to the City Council to rezone the properties located along Poplar and South 15th Street. The proposed R-4 zoning would make it possible for Gupton to redevelop the area with multi-family residential units, and the City Council adopted the ordinance rezoning the tracts of land from R-2 to R-4 on May 22, the staff report



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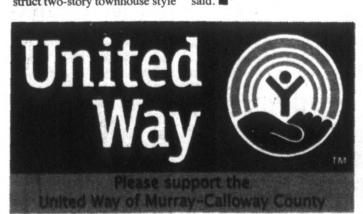
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Forum

HEADLINE GOES HERE After decade in Murray, reporter tackles new life in central Kentucky

the

and

take

I've been dreading this column for weeks now. It's my last one

Tuesday was spent packing my desk - nearly two years of work and memories - into short boxes that have been gnawing at my feet for days.

I knew when I sat down to write these words, I'd be cramming a decade of reflection into a few column inches of space.

Go figure.

The sunrise Tuesday was beautiful. I've been avoiding the bed in my apartment for a few days now, partly because I've got sheets in the dryer that' I'm too lazy to grab and partly because I'm afraid of the feelings I'll have when I sleep in my bedroom here in Murray for the last time. So Monday, when I put Tuesday's newspaper to rest and locked the doors to the office late in the night, I knew I wouldn't sleep. I drove.

I drove through Murray and down little county roads. I drove to places that were special to me, places that I know - no matter what I say or how many promises I make -I'll likely never visit again. I drove until the pink sky interrupted my thoughts.

Home. Shower. Work ... for the last time.

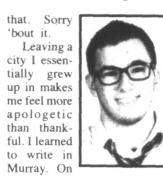
I'm leaving Murray this week. I'll spare you the "heavy heart" line. I'm glad I'm leaving. My heart's not heavy.

Two weeks ago, I became the next editor of the McLean County News. It's a small weekly newspaper in central Kentucky set in a leafy little village on the Green River. It's quaint there. Quiet. It suits me. I need that right now.

Cheesy, I know.

I never figured my career would take me there. The last few months - no, the last few years - I've danced around what I wanted to do with, my

.. y'know ... with me. I knew wanted to do something mean



pages By Austin air-Ramsey waves, I made mis- Ledger & Times Staff Writer after

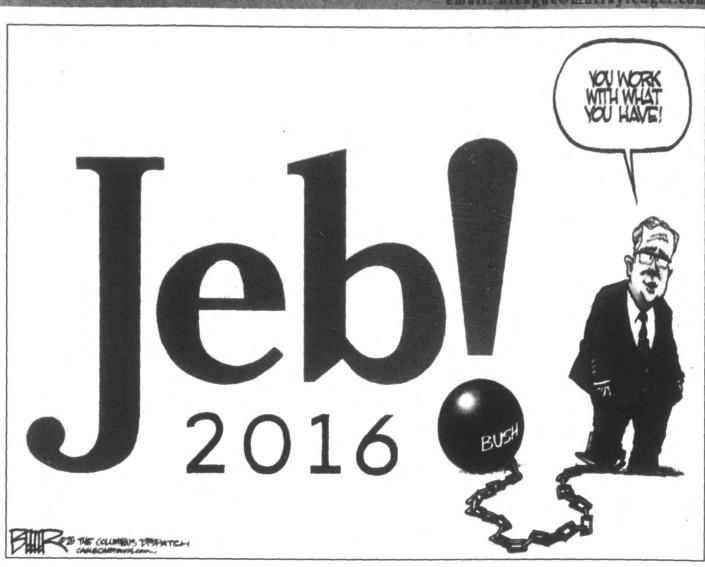
mistake. I experimented and failed. I failed myself and I failed the people who depended on me for their news. It's not like I never did good work here, and I'm sure the good may outweigh the bad, but as I pack my things and leave, I can't help but remember all the mistakes I'm leaving behind in my personal and professional lives.

That's what your hometown is all about, I guess. It was my laboratory. It's where my parents taught me how to be a man and where editors taught me to be accurate and true. Now I'll move on and I'll always remember to check cutlines twice so as not to misidentify mayors and I'll always tell the story from both sides so as not to leave off any angles.

I'm so sorry that Murray had to suffer the brunt of all my learned lessons. I'm sorry to readers, to old friends, to exes and even family. Moving on.

Accomplishments? Sure, I've had a few. There are so many good journalists out there. though. So many people will chase stories farther and faster than I'll never know to do. Pages, computer screens, airwaves and television time is set aside for them. Thank God for that, right?

I'm neither wise nor old enough to spout some meanpiece of advice here. ingful If I could leave you with anything, however, it would be to read, watch and listen to those greats of the journalism world. We live in a time when good reporting is so hard to find. Don't make your news experience about repurposed opinions and backing up what you want to believe. Never trust. Vote according to your heart not, to some 24hour news channel.



Channel 15 showcases unique senior dance project

There are no wallflowers when Karen Balzer is around. Founder and executive director of the Jackson Purchase Dance Company, Ms. Balzer works with dancers of every age and ability level, coaxing them to shrug off self-consciousness and surrender to the innate desire to dance.

Karen's lifelong passion leads her to take on new challenges all the time, so she didn't hesitate when the opportunity arose to participate in "Grace & Glory," an Arts Access Grant from the Kentucky Arts Council to the local Endowment for Health Care. The focus of the grant is

the elderly and their caregivers. Edwin Richerson, video services coordinator at Murray Electric System, said yes right away when Karen asked

dance company before. Three separate but related pieces resulted from their joint efforts. The first, "Keep the Dream," features Laynie Mitchell and her daughter, Lucy. The second, a tribute to a Karen's mother, Nancy, is a send-up to the World War II era, when Nancy left home to work for the government. The she third creation, inspired by the liturgical art of Mary Fuhrman, consists of simple movement the orchestrated to the Lord's

Prayer. Laynie and Lucy Mitchell portray the continuum of care in families. At the start, the mother takes care of the child, but as the mother ages, the child takes on the role of caregiver.

Laynie Mitchell was attracted to the video project because dance was always part of life with her mother. When she was growing up, her afterschool routine included an animated report of the day's activities while her mother prepared dinner in the kitchen. "I'd jump and twirl around as we talked," Laynie said, and now she shares the same experience with her daughter. "The circle of life is really true," she observed.



hundreds of Main Street others By Constance worked for Alexander war Ledger & Times effort. Columnist Toward the end of that

section, Karen and Laynie do the jitterbug, a dance that Karen learned from her mother.

"One of the biggest influences on me was my mom," Karen explained. "I'd come home from dance class and

umph over death as he rises from the grave. The second depicts Christ as the good shepherd. "This sums it all up,' Mary said. "Whether I am a caregiver or being cared for, we are all one body and the good shepherd understands that.'

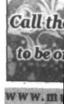
The video ends with Mary and Karen Balzer interpreting the Lord's Prayer through music and movement.

Throughout the video, Edwin Richerson intersperses interviews with the dances, and the results are impressive and thought-provoking. Besides scheduled airings at 2 pm Monday through Sunday on Channel 15. Richerson suggests checking the program guide for additional details.

The Arts Access Grant to

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ingful when I graduated from Murray State University. Dreams of something bigger than myself kept me up at night.

I labored under my intentions. Maybe I can have some peace in the wilderness. Deep, right?

I know I'm supposed to use this space to say thank you to all the people who influenced me. I'm supposed to quickly gloss over my accomplishments and leave you with an idealistic statement about the power of journalism. Maybe throw in a few jokes.

Yeah, I'm not going to do

he or she makes a few mistakes. Heck, forgive anybody when they stumble. Besides, we're all growing, right? Peace.

And forgive a journalist when

Opinions expressed on the Forum page do not necessarily reflect the editorial opinion of the Murray Ledger & Times.



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him to be involved in "Grace & Glory." As videographer and editor, Richerson taped and edited dances choreographed for "Grace & Glory" and accompanying interviews. As a result, the work can be viewed by a diverse audience. Starting this week, the program runs on Channel 15 at 2 p.m. daily, and goes through to Aug. 1. "Projects like this are the essence of what we do. We want to connect with the community," Edwin said, adding that he has worked with the

The second dance, a spirited jitterbug, appears on a split screen. Karen listens as her

she wanted to know what I learned. We'd push the furniture back and I'd practice," she said.

As both a patient and a caregiver, Mary Fuhrman found her faith to be a comfort and a sanctuary from despair. "It's easy to get tired and unfocused. You can even feel resentment," she admitted.

On the video, she explains the symbolism in two of her paintings. The first, her Easter painting, shows Christ's tri-

the Endowment for Health Care comes from the Kentucky Arts Council, the state arts agency, which is supported by state tax dollars and federal funding from the National Endowment for the Arts. In addition, the Jackson Purchase Dance Company received funding from the Ronald McDonald House Charities.

Read Main Street online at www.murrayledger.com. Contact the columnist at constancealexander@twc.com.

'The Council of Dads'

The writer Bruce Feiler is one of the best fathers I know. Here's why. In 2008, Feiler learned that he had a 7-inch cancerous tumor in his left femur. A graduate of Yale and Cambridge, the New York Times bestselling author of nine books - such as "Walking the Bible," "Abraham," "Looking for Class," and "Learning to Bow" - and the host of the documentary series "Walking the Bible" on PBS, Feiler lived in Brooklyn with his wife, Linda Rottenberg, and their identical twin daughters.

He wrote in his book, "The Council of Dads: My Daughters, My Illness, and the Men Who Could be Me," that "the afternoon I first heard the diagnosis I was standing on York Avenue in Manhattan. I sat on a stoop, telephoned Linda, called my parents, and wept. I went to get some crutches, stumbled home, lay down on my bed ..., imagining all the ways my life would change." Then, his daughters - Eden and Tybee - came in the room, "running and giggling and looking in the mirror." "They began to do this dance they made up when they turned three a month ago," Feiler wrote. "Mixing ring-around-

the-rosy, ballet, and the hokey pokey, they twirled frantically in a circle, going faster and faster until they tumbled onto the ground, laughing with all the glee in the world."

Feiler watched his daughters and crumbled, imagining all of "the walks I might not take with them, the ballet recitals I might not see, the art projects I might not mess up, the boyfriends I might not scowl at, the aisles I might not walk down."

After many late-might talks, Feiler and Linda decided on a plan should the worst happen. Feiler made a list of six men, "from all parts of my life, beginning when I was a child and stretching through today. These are the men who know me best. The men who share my values. The men who helped shape and guide me. The men who traveled with me, studied with me, have been through pain and happiness with me."

Feiler composed a letter to the six men, writing, "I believe my daughters will have plenty of resources in their lives. They'll have loving families. They'll have welcoming homes. They'll have each other. But they may not have me. They may not have their dad."

W i 1 1 you help be their dad?" Thus was created the Council of Dads

Feiler asked this close group of friends that if he should be unable to overcome the cancer, "will you

> listen them? Will you answer their questions? Will you take them to lunch every now and then? Will you go to a soccer game if you're in town? Will you watch their ballet moves for the umpteenth time?"

"When they get older, will you indulge them in a new pair of shoes? Or buy them a new cell phone, or some other gadget I can't even imagine right now? Will you give them advice? Will you be tough as would be? Will you help them out in a crisis? And as time passes, will you invite them to a family gathering on occasion? Will you introduce them to somebody who might help one of their dreams come

true? Will you teach them what I would be thinking? Will you tell them how proud I would be?

"Will you be my voice?"

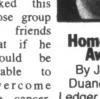
I will write in future columns about the remarkable group of men that made up Bruce Feiler's Council of Dads. But I will tell you now, for this Father's Day, that Bruce and Linda and Eden and Tybee just celebrated his fifth year of being cancer free. After a miraculous surgery to remove the 7-inch tumor, followed by months of treatment, Feiler has returned to his calling of writing full-time. One of his latest books is also perhaps my favorite: "The Secrets of Happy Families: Improve Your Mornings, Rethink Family Dinner, Fight Smarter, Go Out and Play, and Much More." Linda Rottenberg has recently published "Crazy is a Compliment: The Power of Zigging When Everyone Else Zags." Eden and Tybee are now 10.

James Duane Bolin teaches in the Department of History at Murray State University. Contact Duane at jbolin@murraystate.edu.

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Home and Away By James Duane Bolin Ledger & Times Columnist



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Wednesday, June 17, 2015 • 5A



OBITUARIES



201 S. Third Street Murray, Ky 42071 270-753-2411

Russell Eugene Lewis

www.murrayledger.com

Russell Eugene Lewis, 56, of Dexter, Kentucky, died Thursday, June 11, 2015, at Murray-Calloway County Hospital.

He was born Sept. 29, 1958, to Dale Eugene and Patsy Ruth Brown Lewis.

He was preceded in death by his parents; one son, Russell Kiser and a sister, Deborah Dillon.

Mr. Lewis is survived by a daughter, Debra Youngblood of Shelburn, Indiana, and four grandchildren.

No services are scheduled.

Online condolences may be left at www.yorkfuneralhome.com. Blalock-Coleman & York Funeral Home is in charge of arrangements

Betty L. Meadows-Mohundro

Betty L. Meadows-Mohundro, 83, of Murray, Kentucky, died at 10:42 a.m., Monday, June 15, 2015, at Murray-Calloway County Hospital.

She was born March 4, 1932, in Metropolis, Illinois, to Leland and Evelyn Trout Hicks.

She retired after 27 years with Murray Municipal Utilities. She was a member of Elm Grove Baptist Church.

She was preceded in death by her first husband, James Meadows; a daughter, Sherry Meadows Freeland and a brother, Robert Hicks.

Mrs. Meadows-Mohundro is survived by her husband, Bill Mohundro of Murray; two sons, Steve Meadows and Stan Meadows of Murray and two grandchildren, April Meadows and Andrew Freeland.

Graveside services will be at 1 p.m., Thursday, June 18, 2015, in the Hicks Cemetery with Jim Simmons officiating. Visitation will be from 11 a.m. until 12:30 p.m., Thursday, June 18, 2015 at the J.H. Churchill Funeral Home.

Online condolences may be left at www.thejhchurchillfuneralhome.com.The J.H. Churchill Funeral Home is in charge of arrangements.

Larry Dale Herndon

Larry Dale Herndon, 68, of Murray, Kentucky, died Monday, June 15, 2015, at his home. He was born in Calloway County, Kentucky, on

Nov. 17, 1946, to Thomas Edward and Imogene Linn Herndon. He was a member of Westside Baptist Church.

He was a self-employed construction worker. He was preceded in death by his father, Thomas

Edward Herndon. Mr. Herndon is survived by his wife, Virginia

Roberts Herndon of Murray; his mother, Imogene Herndon Herndon of Murray; a son, Michael Herndon and

wife Lesley of New Concord; a daughter, Susan McCauley and husband Greg of Deer Park, Texas; two brothers, Kelly Herndon and wife Drena of Duncanville, Texas and Randy Herndon and wife Jill of Murray; and two grandchildren, Bryce Yeager and Seldon Herndon.

A memorial service is at 11 a.m. Saturday, June 20, 2015, at Westside Baptist Church.

Expressions of sympathy may be made to Westside Baptist Church Building Fund, 207 Robertson Road South, Murray, KY 42071 or to the charity of your choice.

Online condolences may be left at www.imesfh.com.

Imes Funeral Home & Crematory, downtown Murray, is in charge of arrangements.

John Lynnwood Walls

John Lynnwood Walls, 78, of Murray, Kentucky, died Monday, June 15, 2015, at Murray-Calloway County Hospital.

Arrangements are incomplete at Imes Funeral Home & Crematory.

U.S. Forest Service Meeting in Dover...

From Front

The Forest Service has maintained that those land management prescriptions are well in line with the parameters set out by federal law, but members of a growing anti-logging and burning coalition argue that the USFS has overstepped its boundaries at Land Between the Lakes, making decisions that are no longer in line with public opinion.

At the center of Tuesday's discussion were the quality of roads, and in particular, those leading to the more than 250 cemeteries that remain active as reminders o the communities that existed prior to the impoundment of the Tennessee

and Cumberland Rivers here. The Land Between the Lakes Protection Act of 1998 transferred responsibility of the recreation area from the Tennessee



FUNERAL NOTICE

The J.H. Churchill Funeral Home

Mancil James Vinson, 90

Funeral service will be Wednesday, June 17, 2015, at 11 a.m. at the funeral home. Burial will follow in Murray City Cemetery.

Harry Arnold Jr.

Harry Arnold Jr., 91, of Peoria, Illinois, died Monday, June 15, 2015, at Unity Point Health Methodist Hospital, Peoria.

He was born July 30, 1923, to Harry Sr. and Mabel Hurst Arnold in Wrights, Illinois.

Harry lived in Central Illinois his entire life where he owned and managed several used and new car dealerships. His last employment was as General Manager of Metz Ford in Farmington, Illinois. Among his accomplishments, he attained the level of Master Sales Consultant several years during his career including three sequential years of Grand Master Sales Consultant with Ford Motor Company. He was a member of Sunnyland Christian Church where he served in various roles and was also a member of Jacksonville Masonic Lodge. Harry was a loving and devoted husband, father and grandfather and thoroughly enjoyed spending time with his family and friends. He had a passion for home and yard work, making acquaintances and friends and had a keen eye and appreciation for classic automobiles, especially Lincolns. He often stated "FORD" is the acronym for "First on Race Day." Harry will be truly missed by all who knew him

He was preceded in death by his parents and an infant daughter, Cathy Lynn.

Mr. Arnold is survived by his wife of 63 years, Viola Nadine Newingham Arnold, whom he married March 17, 1952, in Little Rock, Arkansas; his daughter, Carmen Sue Garland of Murray; his son, Greg Arnold and wife Kathy of Mackinaw, Illinois; five grandchildren, Brooke Arnold, Justin Garland and wife Terri, Joshua Garland, Scott Arnold and Amanda Borsch and husband Scott; five great-grandchildren and two sisters, Wreatha Mae Long and Doris Eileen Harris.

Cremation rites have been accorded and a memorial visitation will be from 1-2 p.m., Thursday, June 18, 2015, at Greenfield United Methodist Church. A memorial service will be held at 2 p.m. at the church. Burial will follow in Oak Wood Cemetery, north of Greenfield, Illinois

Memorial contributions may be made to the American Heart Association, Midwest Affiliate, 3816 Paysphere Circle, Chicago, IL 60674

The Shields-Bishop Funeral Home, Greenfield, Illinois, is in charge of arrangements.

Woman jailed in Ky. after abuse claims The ASSOCIATED PRESS

LOUISVILLE, Ky. (AP) --Jasmine Stone entered a Kentucky courtroom as the prosecution's named victim in a domestic violence case. She left in handcuffs under arrest after recanting her assault claims against her boyfriend.

Jefferson County District Judge Sheila Collins ordered the 21-year-old woman jailed last week on a charge of filing a false report. The charge didn't stick for long - another judge dismissed and expunged it the next day, calling it "outrageous."

Grimes ...

From Front

bought up until the dinner itself. Those interested in attending can contact Kathy Jo Stubblefield at 270-753-3187 or Dottie Lyons at 270-832-1677. The event will begin at 6 p.m. in the Curris Center on Murray State's Campus.

Tickets are available at the door, but Ramey said they would prefer contact with Stubblefield or Lyons prior to the dinner. Ramey also said the Zee Enix Award for the Democrat of the Year. "We're looking forward to a great turnout and always enjoy having the community be involved," Ramey said.

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Valley Authority to the Forest Service. That contract bound the agency to keep cemetery access at the same quality as it was when the land transfer took place.

Area Supervisor Tina Tilley said that responsibility has shifted wrongfully over the years. When she assumed her administrative role at Land Between the Lakes two years ago, she said however, she made bettering roads and opening up cemetery access a priority.

That access is important. Dozens said they had been pleading with the USFS for years over roads leading to their family cemeteries at Land Between the Lakes. In the media, the rhetoric seemed centered over unpopular logging efforts to the north, coalition members asserted.

Between the Rivers Inc., an organization representing the families of those displaced by TVA land grabs decades ago, has long fought for better conditions on cemetery roads. Carolyn Sue Bonds, a member of that organization, told Forest Service officials present that the families of the land here had suffered long enough.

"These people are weary of going to cemeteries to find roads impassible and gates locked," Bonds said. "If you want to see well-maintained roads, you drive to Old Ferry Road that they paved right before the loggers got here. (The Forest Service) focus should be on maintaining those roads. It's been 17 years of neglect by the Forest Service and 43 years of neglect by TVA that has put those roads in really bad shape." Many of the evening's speakers weighed in on logging

efforts in the Demumbers Bay Project area. No additional logging contracts have been sold there and contracts related to the similar Pisgah Bay project have been frozen as well, but several of the night's speakers called on

KELSEY RANDOLPH / Ledger & Times Timber Program Manager Dennis Wilson takes notes during the second round of public comments amid a debate over U.S. Forest Service management practices at Land Between the Lakes National Recreation Area.

the Forest Service to abandon the projects altogether. Gary Wallace, who grew up in

the Land Between the Lakes area and has deep family ties to the land said the Forest Service should simply use common sense and heed the public outcry. Even the 8,600 acres of grassland demonstration areas that have been identified as areas where significant management practices could be prescribed to create oak grasslands, Wallace said work should end.

"This is the people's forest,"

BOARD ARE NOT AND A SHORE AND A SHO

in an an ille sale to be a

he said. "This isn't an experiment. An experiment means you don't know if it will work or not and LBL is the people's land not to experiment on."

Land Between the Lakes Timber Sales Manager Dennis Wilson said he was the Area Management Plan that guides forest officials on prescription efforts on the land here calls for some action.

"That's how I make my precipitins and how I treat the landscape," he said. "I still see areas that need help. That's why we're here and having these public

discussions where we decide on how to move forward."

Near the close of the evening's discussions, Tilley was asked if she believed there was a solution in the heat of the debate.

"I think there are ways we can work together for the environment and recreation opportunities" she said. "I think we can have some good discussion over how and what land management looks like and how and when and where it should be applied. Together we can come up with a solution."

Collins' actions drew complaints Tuesday from advocates for domestic violence victims. They said it isn't uncommon for abuse victims to backtrack on allegations, and said one judge's harsh treatment of a woman who recants could have a chilling effect on other women pressing allegations in court.

"I worry about the effect this could have on other victims who have been told."

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ard Lyons is a market maker in this stock I unc-price



6A · Wednesday, June 17, 2015

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COMMUNITY

Photo provided

CAPT. WENDELL OURY CHAPTER NSDAR: New officers were installed by retiring regent Annie Knight' for the Captain Wendell Oury Chapter of Daughters of the American Revolution on Saturday, June 13, at the Murray-Calloway County Central Park. Members Emily Gaddie, Patsy Miller and Marion O'Rourke served on the nominating committee. Pictured, from left, are Jane Shoemaker, regent; Ann Landini, vice regent; Sue Barrett, recording and corresponding secretary; Kathy Timmons, treasurer; and Ann Uddberg, registrar.

Birth Announcement

Roman David Crumble

Tevin and Christina Crumble of Murray, are the parents of a son, Roman David Crumble, born Thursday, Jan. 29, 2015, at 3:48 a.m., at Murray-Calloway County Hospital.

He weighed 8 pounds and 1 ounce and measured 21 1/2 inches in length.

The mother is the former Christina Ann Veach. A brother is Caiden Marshall Crumble. Grandparents are Cindy Chrisman Veach of Murray and the late Charles Veach and Marshall and Tammy Crumble of Hickman County.



CCPL to host community read of 'To Kill a Mockingbird'

Special to the Ledger

The Calloway County Public Library invites the public to join in a community read of Harper Lee's "To Kill a Mockingbird." A discussion of the book will be held Tuesday, June 30, at 6:30 p.m., in the CCPL meeting room. CCPL will also host a free showing of the film adaptation on Tuesday, July 7, at 6:30 p.m.

Sandy Linn, CCPL programming head stated, "the positive feedback that CCPL received after the successful community read collaboration with the Murray-Calloway Endowment for Health Care in January, resulted in the decision to add four community read events to

the library's programming during the upcoming year. The original plan was to begin in the early fall, however when the announcement was released in February that a new book by Harper Lee entitled "Go Set a Watchman," was set to be released in July 2015, which also marks the fifty-fifth anniversary of the release of "To Kill a Mockingbird," it seemed this summer would be the perfect time to host a community read featuring the classic."

According to Jonathan Burnham of Harper Publishing, "Go Set a Watchman" reads like a sequel to "To Kill a Mockingbird," even though it was, in fact, Lee's original manuscript.

Community readers who would like to participate in this event may stop by CCPL's Circulation Desk to add their

email: communitynews@murrayledger.com DATEBOOK

Line dancing classes offered

Murray Ledger & Times

Line dancing classes will be every Wednesday from 5:30-7 p.m., at the American Legion Hall, 310 Bee Creek Dr., off of North Fourth Street. Call Donna at 731-455-0088, email at cherokee38242@yahoo.com or show up at the hall. Class fee is \$5.

MCCH to host open forum

The Murray-Calloway County Hospital will host open forum groups to gather public opinion on community healthcare. These groups will meet Tuesday, June 23, and Thursday, June 25, from 7:30-9 a.m. in the hospital board room located near the north tower entrance on Poplar

Street. The focus groups are open to anyone from the community. A light breakfast will be served and interested parties are asked to RSVP to Melony Bray at 270-762-1381 or via email at MBray@murrayhospital.org.

Summer workshop offered

Summer Conservation Workshop, sponsored by Jackson Purchase Resource Conservation and Development Foundation, partnering with Calloway County Conservation District, Calloway County Cooperative Extension and the city of Murray, will be presented Wednesday, June 24, from 9 a.m. until noon at the Murray-Calloway County Central Park. Learn about rain barrels and start conserving water. Breakfast/snacks will be provided. The workshop is free and rain barrels will be available for purchase. Pre-registration is required by calling 270-908-4545, email info@jpf.org or visit the website www.jpf.org/summer-conservation.html.

Authors Group will meet Saturday

The Murray Authors Support Group will meet Saturday, June 20, at 1:30 p.m. at Emeritus of Murray, 905 Glendale Road. Michelle Stone, owner of McClanahan Publishing House, Inc., Princeton, will be the speaker. For more information, contact Bill Koenecke at 270-227-2309 or email postcardrings@gmail.com.

NAMI group to meet Thursday

The NAMI/Murray Family Support Group will meet Thursday, June 18, at 6:30 p.m., at the Educational Services Building of Murray-Calloway County Hospital. This group is for the family and friends of someone diagnosed with a mental illness such as bipolar, major depression, schizophrenia, obsessive-compulsive disorder, panic disorder, post-traumatic stress disorder and borderline personality disorder. At each meeting, a sharing and support time lets attendees be heard in a safe, confidential and welcoming environment. For more information, call 270-748-6133

ALS Support Group meeting to be held

The ALS Support Group will meet Thursday, June 18, at 6 p.m. in the Murray-Calloway County Hospital board room. Dr. Edward Kasarskis, medical director of the ALS clinic at the University of Kentucky will be the guest speaker. For any questions, contact Mitzi Cathey at 270-293-1748.

Music festival scheduled

A music festival will be held at the Murray-Calloway County Fair Grounds on Saturday, June 20, starting at noon. Proceeds from donations will benefit the American Heart Association in memory of Sammy Crutcher. Nightfish will open the event and other bands performing will be Big Atomic and Drunken Poets. Admission is free. The public is asked to use the west entrance to the fair grounds

Murray Leo

By MARY Associated I

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Meet Our Nurses JAN MCKEEL & **CINDY GILLS** at The Gardens at Hickory Woods Memory Care

THE GARDENS

Jan has 25 years of nursing experience and considers long term care to be personally gratifying work. She loves spending time with the great staff at The Gardens and working with residents' families.

Cindy handles evenings and nights. She entered nursing after going back to school at 54. Her commitment to long term care comes, in part, from her experience with Alzheimer's as her mother's caregiver 25 years ago.

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names to the list and to pick up a copy of the book. Free copies of the book will be distributed while supplies last.



When you find shades that flatter your face, you'll wear them more often, helping to prevent cataracts, photokeratitis and cancer," says Mark Jacquot, O.D. Find your style of sunglasses based on

the shape of your face. On an oval face, any frame will go with the shape of your face so choose a high fashion style.

A general rule of thumb, go for a frame that's the opposite of your face shape, round face go for a square lens.

A heart face needs a butterfly lens Frames that dip between the eyes to break up a wide forehead and balance a narrow chin

All faces can wear the aviator style. This classic flatters everyone. Just choose a size proportionate to your features. Square round lens. Again, opposites attract. face The right tint can protect and enhance

vision. Gray is an all purpose tint that reduces brightness and doesn't distort color. Brown absorbs blue light and increases contrast on outdoor backgrounds like grass and sky. Green reduces glare and ups contrast in bright light - perfect for precision sports like tentis Brighton has a wide variety of

sunglasses in all shapes and sizes. They are also made so that regular lenses can be put in. High quality sunglasses are worth the splurge, they provide maximum protection Even on overcast days, experts recommend wearing sunglasses as UV

rays can permeate clouds More items added to the sale, rack. Jeans 40% off, dresses 25% off - come in to see our 60 75% racks. Instantly ageless is making everyone erase 10 years off their face. Come in to see for yourself. Stay tuned to next week's fun fashion report ..

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and note that this is an "alcohol free" event. For more information, contact Chris Kerlick at 270-293-3635.

Alzheimer's support group will meet

The Alzheimer's Support Group for Caregivers will meet Thursday, June 18, at 10 a.m. at the Murray-Calloway County Senior Citizens Center in the Kelleher Room. The mission of this group is to provide a place for caregivers to share and receive support. For more information, contact Teri Cobb at 270-753-0929.

Movies in the Park to be Friday

Movies in the Park will be presented by Harvest Land City Gate on Fridays in June and July. The movie for Friday, June 19, will be "Homeward Bound." Games and activities will begin at 7:30 p.m. and the movie will begin at dark with hot dogs, popcorn and drinks being served. Please bring a blanket or lawn chair and insect repellent. This event is free to the public. For more information, call the church office at 270-759-5107 or visit their website www.myhlmi.com.

Concerned Taxpayers to meet Thursday

The Concerned Taxpayers of West Kentucky will meet Thursday, June 18, at 5:30 p.m., at Pagliai's to hear Dr. Ken Tucker, retired Murray State University professor. The public is invited to attend.

Automobile Club meeting planned

The Twin Lakes Region of the Antique Automobile Club of America will meet Thursday, June 18, at 6 p.m., at Majestic Steak House in Draffenville. Club membership is open to anyone with an interest in automobiles. For more information, contact Howard Brandon at 270-753-5960 or Charles Forberg at 270-227-5846.

Trade days to be held at Chestnut Park

The Murray-Calloway County Park will host "Olde Thyme Thursday Trade Days" every Thursday. Vendors are invited to set up booths at Chestnut Park. Please note the change in location. Setup and placement is on a first come basis. Hours are from 7 a.m. to 1 p.m. No trading, buying, selling or giving away of firearms or live animals. For more information call the park office a 270-762-0325

MHS All-Class Social to be July 4

The Murray High All-Class Social will be Saturday, July 4, at 9 a.m., prior to the 4th of July Parade. Bring your lawn chair to watch the parade and visit with alumni and friends for a "mini reunion." Light refreshments will be served. Jeanie Mae Talent Turner and Rebecca Dublin Landolt, Class of 1959, will host the event. The Murray Independent School District All-Class Reunion, originally scheduled for July 4 weekend, will be Friday, Sept. 18, during the MHS Homecoming festivities.

Breakfast to benefit Rogers' families

Murray Lodge #105, 2036 State Route 121 North, will host an "All-You-Can-Eat Country Breakfast" from 6:30-10:30 a.m., Saturday, June 20. Cost is \$7 and all proceeds will be given to the families of Kyle and Jay Rogers. This event is hosted by Temple Hill Lodge #276 and Murray Lodge #105.

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Wednesday, June 17, 2015 • 7A

FDA tells food industry to phase out artificial trans fats

By MARY CLARE JALONICK

Associated Press

WASHINGTON (AP) — The Obama administration is ordering food companies to phase out the use of heart-clogging trans fats over the next three years, calling them a threat to public health.

The move will remove artificial trans fats from the food supply almost entirely. Consumers aren't likely to notice much of a difference in their favorite foods, but the administration says the move will reduce coronary heart disease and prevent thousands of fatal heart attacks every year.

Scientists say there are no health benefits to the fats, which are used in processing food and in restaurants, usually to improve texture, shelf life or flavor. They can raise levels of "bad" cholesterol and lower "good" cholesterol, increasing the risk of heart disease, the leading cause of death in the United States.

The fats are created when hydrogen is added to vegetable oil to make it more solid, which is why they are often called partially hydrogenated oils.

Once a staple of the American diet — think shortening and microwave popcorn — most artificial trans fats are already gone. The FDA says that between 2003 and 2012, consumer trans fat consumption decreased an estimated 78 percent as food companies have used other kinds of oils to replace them. -

But some foods still have them, and the FDA says those trans fats remaining in the food supply are a threat to public health. Some of the foods that commonly contain trans fats are pie crusts, biscuits, microwave popcorn, coffee creamers, frozen pizza, refrigerated dough, vegetable shortenings and stick margarines.

To phase the fats out, the FDA made a preliminary determination in 2013 that trans fats no longer fall in the agency's "generally recognized as safe" category, which covers thousands of additives that manufacturers can add to foods without FDA review. The agency made that decision final Tuesday, giving food companies the three years to phase them out.

Now that trans fats will be off the list of safe additives, any company that wants to use them will have to petition the agency to allow it. That would phase them out almost completely, since not many uses are likely to be allowed.

Still, food companies are hoping for some exceptions. The Grocery Manufacturers Association, the main trade group for the food industry, is working with companies on a petition that would formally ask the FDA if it can say there is a "reasonable certainty of no harm" from some specific uses of the fats.

The group said in a statement after the announcement that it is pleased with the FDA's three-year compliance period, which "minimizes unnecessary disruptions to commerce." The group has not specified what the industry plans to ask for, but has said the FDA encouraged food companies to submit a petition.

Trans fats are widely considered the worst kind for your heart, even worse than saturated fats, which also can contribute to heart disease. Over the years, they have been used in foods like frostings, which need solid fat for texture, or in those that need a longer shelf life or flavor enhancement.

They also have been used by restaurants for frying. Many larger chains have stopped using them, but smaller restaurants may still get food containing trans fats from suppliers.

The industry's reduction in trans fats was helped along by FDA's decision to force labeling of trans fats on food packages in 2006. But foods that list trans fat content as zero can still have very small amounts, since companies are allowed to round less than half of a gram of trans fat to zero on the package.

The advocacy group Center for Science in the Public Interest first petitioned FDA to ban trans fats 11 years ago. The group's director, Michael Jacobson, says that getting rid of the trans fats that are still out there could save tens of thousands of lives on top of those that have already been saved from reductions.



AP Photo / M. Spencer Green, File

In this April 26, 2011 file photo, doughnuts are displayed in Chicago. The Obama administration is cracking down on artificial trans fats, calling them a threat to public health. The Food and Drug Administration said Tuesday that it will require food companies to phase out the use artificial trans fats almost entirely. Consumers aren't likely to notice much of a difference in their favorite foods, but the administration says the move will to reduce coronary heart disease and prevent thousands of fatal heart attacks every year.

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chair to watch mini reunion." nt Turner and the event. The ion, originally 18, during the

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h, will host an 0-10:30 a.m., be given to the ted by Temple The decision to phase them out "is probably the single most important thing the FDA has ever done for the healthfulness of the food supply," Jacobson said.

Also contributing to the decline over the years are local laws, like one in New York City that restricts the fats in restaurants. Large retailers like Wal-Mart have reduced the amount they sell.

The FDA has not targeted small amounts of trans fats that occur naturally in some meat and dairy products, because they would be too difficult to remove and aren't considered a major public health threat by themselves.

United Way Please support the Your Gift Matters! United Way of Murray-Calloway County Send Us Your Photos! When you submit photographs for our "Scene in the Community" page, please include the event, the date, place, organization or group, as well as the name of everyone in the photograph. Only a certain number of photographs will appear because of space. There is no guarantee a submission will be published. No photo over 2 months old will be accepted. DIGITAL PHOTOS: Submit in a JPEG format to composing@murrayledger.com **PRINT PHOTOS:** May be dropped off at the Ledger & Times office at 1001 Whitnell Ave., or mail

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8A · Wednesday, June 17, 2015

Murray Ledger & Times

Beachgoers warned against swimming after shark attacks

By EMERY P. DALESIO and EMILY MASTERS **Associated Press**

OAK ISLAND, N.C. (AP) - A North Carolina beach town is advising against ocean swimming after two youths were mauled by at least one shark over the weekend - but the beaches remain open.

A 12-year-old girl lost her left arm below the elbow and suffered a leg injury Sunday afternoon; then about an hour and 20 minutes later and 2 miles away, a shark bit off the left arm above the elbow of a 16-year-old boy. Both had been swimming about 20 yards offshore, in waist-deep water.

After the second shark attack, authorities drove along the beach on ATVs and shouted to warn people out of the water. But they acknowledged Monday that they didn't make a concerted effort to warn people before that.

Tim Holloman, town manager of Oak Island, one of two barrier islands off the North Carolina coast where the attacks happened, said the town has no ordinance authorizing officials to order the surf cleared even if sharks present a threat. And a state law guarantees public access to beaches.

Even on beaches with lifeguards "the standard is to clear the immediate area and warn people," said Chris Brewster, president of the U.S. Lifesaving Association. "It's up to people to make their own decisions."

Regardless of what authorities decided, most beachgoers Monday seemed to voluntarily stay out of the water - or at least remained in very shallow areas where they were less likely to encounter a shark

"We're not going to go in as far," said Devin Dorian, 24, who was playing volleyball in the surf with friends from Slippery Rock University in Pennsylvania.

Holly Helmig, 39, of Raleigh watched her 6year-old son bobbing on a boogie board in shindeep water instead of splashing in the waves farther out. Her 5-year-old daughter Zoe shoveled sand in a bucket next to her.

"It's pretty obvious we're staying close to the shore," she said. "I talked to the kids about it before we came."

Deputies saw a 7-foot shark Sunday in an area between the two places where the attacks happened, Sheriff John Ingram said. Sharks of that size are common along the coast, Holloman said, and authorities are not trying to hunt one down. But safety officials scouted for sharks from boats and a helicopter Monday. One was spotted Monday morning, Holloman said.

Lise Watson, a shark expert at the Shedd Aquarium in Chicago, said there is a likelihood that the same animal was behind both attacks. The smell of fish blood in the water that's common around angling spots like a pier can excite a shark

AP Photo / Chuck Burton

Vacationers relax on the bench and in the surf in Oak Island, N.C., Monday, June 15, 2015. A 12-year-old girl from Asheboro lost part of her arm and suffered a leg injury, and a 16-year-old boy from Colorado lost his left arm about an hour later and 2 miles away in two separate shark attacks late Sunday afternoon.

looking for a meal, she said.

"They also detect movement like the movement that a sick or weak fish would do by moving back and forth. That's one of the reasons we feel that kids splashing at the shore" attract a shark, Watson said.

Experts say the number of shark attacks is increasing because more people are entering the ocean every year while the number of attacks per capita has remained consistent. Precautions to avoid an attack include avoiding the water during darkness or twilight hours when sharks are most active, staying together since sharks tend to attack individuals, and staying away from piers where fish are drawn by bait.

There were only 72 unprovoked shark attacks on humans around the world in 2014, including 52 in the U.S., according to the International Shark Attack File at the Florida Museum of Natural History. Three of them - all outside the U.S. were fatal. Shark researcher George Burgess, who oversees the database, said he's aware of only two other multiple shark attacks on the same beach in one day.

Sharks that do bite humans typically let go when they realize that they don't have a fish, he said.

"This by contrast, is an attack done by a larger shark that clearly goes after larger prey items," Burgess said.



Doug Baucom, right, of Wadesboro, talks with his daughter Katie Reynolds, left, of Boone, N.C., as they stand in the surf by the Ocean Crest Pier in Oak Island, N.C., Monday, June 15, 2015. Beachgoers cautiously returned to the ocean Monday after two young people lost limbs in separate, life-threatening shark attacks in Oak Island on Sunday.

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By ANDRI Associated

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Small town residents have mixed feelings on No. 1 beach rank

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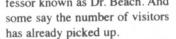
By JENNIFER SINCO KELLEHER Associated Press

WAIMANALO, Hawaii (AP) - Many small-town residents would get a kick out of their communities being recognized like Waimanalo recently was when one of its beaches was ranked No. 1 in the U.S. But here, pride was mixed with apprehension about visitors.

"My first reaction was 'oh no,'" said Dean Okimoto, founder of Nalo Farms. "It is beautiful and everything, but yeah, I was thinking OK weekends - my goodness."

Just 4.35 square miles on Oahu's windward coast, about 65 percent of people in Waimanalo are Native Hawaiian - the second-highest concentration on the island. There's a scattering of businesses, some horse stables and farms, one supermarket and a main highway with one lane in each direction that's become increasingly congested over the past decade.

Waimanalo Bay Beach Park with its powdery sand, turquoise water, cleanliness and convenient amenities - was named the best beach last month on an annual top 10 list compiled by a coastal science pro-



Stephen Leatherman, who teaches at Florida International University, said he was worried about the reaction to his list. "It's kind of small, Hawaiian locals mostly live there," he said. "People will say, 'oh this is our secret beach."

Sure enough, placing Waimanalo Bay in the top spot led to the most hate mail he's received. "You know what you're doing? You're messing up this beautiful Hawaiian place," he said was the sentiment of about a dozen angry emails.

want to tell everyone about it. But how do we retain the smalltown feel and culture of Waimanalo that's so rooted in Native Hawaiian culture and practices," said Randi Song, spokeswoman for the Waimanalo Health Center, in

summing up the range of emotions felt by the beach distinction.

Beach visitors increased within a few days of the list's release, lifeguard David Loganbill said. "It was an immediate impact, for sure," he said. "People even telling us, 'We heard this is the No. 1 beach in the nation.' They came looking for it." He estimates that weekday visits to the beach have doubled.

Beaches that make it to the top spot typically see tourism increase by 10 to 20 percent, Leatherman said.

Some Waimanalo residents are banking on that.

Keoki Emond, owner of Ono Steaks and Shrimp Shack, is hopeful the Dr. Beach list will do for Waimanalo what it did for Kailua, which saw an increase in business when it made the top spot in 1998. Emond, who is Native Hawaiian and a lifelong Waimanalo resident, knows that

thing. Change has been coming to Waimanalo despite the list, he said.

"You can't stop the growth, no matter what we try to do," he said, adding that Waimanalo's small size will prevent overdevelopment.

The restaurant started out as a lunch wagon, with customers being 75 percent local. Now it's an even mix of tourists and locals. "The local people will make business last, but the tourists make business boom," he said.

Sunya Nardo doesn't want to see Waimanalo turn into Kailua. "Not that long ago they were the No. 1 beach and they got bombarded with tourists," she said, watching from her front yard as tour busses whizzed along Kalanianaole Highway. "Waimanalo is country. We just want to leave it like that."

Waimanalo Neighborhood Board Chairman Wilson Ho joked about telling outsiders, "the people are terrible, the water is not so good." But the truth is, "all our lives, we knew this was the most amazing beach," said Ho, who lives on Hawaiian homestead land across Waimanalo Beach Park. "It is

push away.

that There's concern Waimanalo's size can't accommodate an increase in tourists. Even before the list came out, there were instances of tour busses pulling into the tiny health center's lot, taking up patient stalls to marvel at native plants, Song said. Busloads of tourists taking pictures along the highway's median can be dangerous for them, and lifeguards might become overwhelmed by visitors unfamiliar with the power of the ocean, said Waimanalo resident Louana Kassebeer, whose family has lived on a Hawaiian homestead lot for five generations.

But Kassebeer said the concerns shouldn't deprive Waimanalo of its rightful spot at the top of the beach list.

"I felt so proud," she said. 'The beach made me what I am today. ... My front yard was the beach and the Koolau mountains was my backyard."

For her, it's more than a recreation spot -it's a place to go fishing or scatter ashes of loved ones

"It just has this soothing view," she said. "All you see is blue. It just humbles you."





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Wednesday, June 17, 2015 • 9A

Cuban artist puts on hair competition to bolster black pride

By ANDREA RODRIGUEZ **Associated Press**

Murray Ledger & Times

HAVANA (AP)* - A young Afro-Cuban performance artist transformed a Havana cultural center into the stage of a black hairstyle competition this weekend in a rare public commentary on racial beauty standards in Cuba, where prejudice remains widespread and largely undiscussed.

Politics, particularly detente with the U.S., is a common subject matter at this year's international art fair. Few works touch on discrimination against black and mixed-race Cubans, which remains commonplace more than a half-century after the island's socialist revolution promised to eliminate racism.

Susana Delahante, an internationally known 30year-old Havana artist, invited black and mixedrace women to compete in three hair categories natural, braided and dreadlocked.

After a two-hour competition in which 70 women competed Saturday evening, the audience of about 300 people voted by applause, handing the natural-hair prize to 72-year-old Felicia Solano, whose white outfit dramatically set off her halo of white hair, and the braids award to Marbelys Gonzalez, 15, with a cascade of tight braids decorated in brightly colored beads. There were no entries in the dreadlocks category.

Delahante and participants in the competition described it as a way of rebuilding pride among Afro-Cuban women in a society where kinky hair and black skin often are seen as less beautiful than straight locks and pale complexions.

"This is a first step in reclaiming this type of hair," said competitor Ania de Armas, a 22-yearold art history graduate who competed in the natural hair category.

Contemporary Cubans are descended mostly from Spanish colonists and their West African slaves, and Cubans categorize themselves as black, white or mixed-race. Sixty-four percent of Cubans identified themselves as white in the country's last census in 2012, 26.6 percent as mixed-race and 9.3 percent as black - figures that wildly undercount the number of Cubans identified as black by themselves and others in their daily lives. Sociologists say black Cubans' reluctance to identify themselves as such is a powerful indication of lingering prejudice.

"I wanted to do something that legitimized my

hair, this undervalued type of hair," said

Delahante, who wears her hair in a tight Afro style. "This competition is about something that has merit and needs to be rewarded."

The socialist revolution brought large numbers of black Cubans into the middle and upper ranks of government, academia and professional fields but the Afro-Cuban population still generally has worse housing, transportation and food than whites. The Cubans who fled the island after the revolution were heavily from the white elite class, and so their hundreds of millions of dollars of remittances sent back to relatives on the island each year tend to go to white Cubans.

Behind closed doors and even in public, white Cubans have been known to talk disparagingly about black Cubans in ways that have become socially unacceptable in many other countries, describing them as criminals and forbidding their children from dating Afro-Cuban schoolmates.

Black Cubans also have been the losers in President Raul Castro's economic reforms, in which Cubans with capital from overseas have been able to open profitable businesses serving increasing numbers of international tourists. Black Cubans are notably absent even on the lower rungs of those new private businesses, such as in service jobs like wait staff positions that bring in big tips from foreign customers.

People of predominantly Afro-Cuban descent also are underrepresented on Cuban television and in much of the contemporary music world, making many black Cubans feel they have to straighten their hair to be considered beautiful.

Roberto Zurbano, a cultural critic and essayist at the Casa de las Americas, a Havana cultural center, said the mostly white leaders of Cuba's revolution had failed to realize the deeply rooted nature of Cuban racism and implemented raceblind policies instead of programs like affirmative action specifically designed to help black Cubans move into positions of greater influence.

"Racism persists in Cuba," Zurbano said. "The revolution didn't question the country's racist heritage."

Naomi Santana, a 25-year-old librarian, said she was at the competition in order to bring herself closer to Afro-Cuban culture.

"I used to have straight hair," said Santana, who now styles her hair in a large Afro. "This is a social recognition that's been missing for a long time.



Hobson, a card and comedy

By MARK KENNEDY AP Drama Writer

NEW YORK (AP) - The magic super group "The Illusionists" will - poof! reappear on Broadway this fall. Producer Simon Painter said the new edition of the touring show will include three new magicians and ups "the ante in

terms of danger." It will play the

Neil Simon Theatre from Nov.

19-Jan. 3.

specialist from Detroit, said he never imagined he'd end up doing tricks on Broadway. "It was quite a slow sinking in of, 'Oh my God! I think this is another bucket list thing," he said

Last year, when The Illusionists' "Witness the Impossible" version came to New York, it was the first time in almost 20 years that a magic The lineup will include four show played Broadway. Now, Hobson said magic's profile - long saddled with a stale, hocus-pocus image - has risen in the past few years thanks to the Internet and TV shows like "America's Got Talent."

"I think it's just great that there's magic back on Broadway," said Painter, who is a Penn & Teller fan. "It's great to know that the art form is being pushed forward all the time."



AP Photo / Desmond Boylan

Runner-up contestant Yanely Salgado, 31, displays her hairdo on stage during an Afro hair contest in Havana, Saturday, June 13, 2015. Young Afro-Cuban performance artist Susana Delahante has transformed a Havana cultural center into the stage of a black hairstyle competition this weekend in a rare public commentary on racial beauty standards in Cuba, where prejudice remains widespread and largely undiscussed.



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returning performers: "The Penn & Teller have also arrived. Manipulator" Yu Ho-Jin, named the 2014 Magician of the Year; campy magician Jeff Hobson known as "The Trickster"; "The Anti-Conjurer" Dan Sperry, whose macabre show often features spinning blades; and Adam Futurist," who focuses on tech-

nology-based illusions. The three new performers are vogue again. Magic's cool." shadow puppet and ventriloquist pro "The Unusualist" Raymond Crowe, escape artist and knife thrower "The Daredevil" Jonathan Goodwin, and "The Deceptionist" James More, who does death-defying illusions.

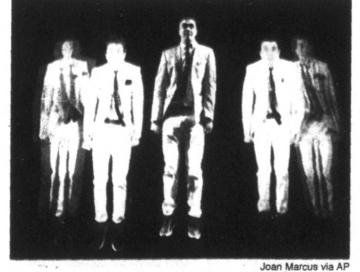
"There's something for everybody," said Painter. "I think we have an incredibly well-balanced show this year. Each person appeals to a different kind of audience."

Tickets go on sale June 29, although American Express card members can buy them beginning Tuesday.

"The public's going, 'Gosh, Trent, nicknamed "The this is wonderful. I didn't know how great and fun magic could be." He said. "We're back in

> Painter said he hopes to make the show an annual tradition, a sort of alternative holiday programing for the whole family. "It's a magical time of year," he said. "It sounds so cliched and cheesy but it's a time of year we just want to sit back and be entertained."

During their last stint, The Illusionists took in more than \$8.1 million during their sixweek Broadway engagement and recouped in just over three weeks, setting a new weekly gross for the Marquis Theatre along the way.



In this image released by DKC Public Relations. Adam Trent. whose stage name is The Futurist, performs in "The Illusionists," in New York. Producer Simon Painter said the show will return and include three new magicians. It will play the Neil Simon Theatre from Nov. 19-Jan. 3.



Murray Ledger & Times is expanding and has employment opportunites!

REPORTER

The Murray Ledger & Times is looking for a full-time reporter able to cover breaking news, public meetings and other events. Applicants should be personally engaging, confident in their writing abilities, strong time managers and creative thinkers. Must be available to work some nights and weekends. Applicants should also have a strong eye for design. A knowledge of programs such as Microsoft Office, Quark XPress, Adobe Photoshop and InDesign is a must. Experience with a DSLR camera - and associated hardware - is also strongly advised. The Ledger is seeking applicants with a bachelor's degree in journalism and an understanding of Associated Press style.

Send resumes to editor@murrayledger.com or apply in person. Attach clippings of your work, which can include designs. PDFs and web links are also acceptable. Pay is hourly and based on experience. Questions or comments can be directed to 270-753-1916. Ask for Hawkins Teague (ext. 22) or John Wright (ext. 23).

COPY EDITOR

The Murray Ledger & Times is looking for a full-time copy editor who can also double as a reporter and photographer as needed. Applicants should be personally engaging, confident in their writing abilities, strong time managers and creative thinkers. Must be available to work nights and occasional weekends. Applicants should also have a strong eye for design. A knowledge of programs such as Microsoft Office, Quark XPress, Adobe Photoshop and InDesign is a must. Experience with a DSLR camera - and associated hardware - is also strongly advised. The Ledger is seeking applicants with a bachelor's degree in journalism and an understanding of Associated Press style.

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WOMEN'S WORLD CUP Wambach's goal gives US a 1-0 HALF DOZEN Calloway introduces six new head coaches Tuesday afternoon win over

By ANNE M. PETERSON **AP Sports Writer**

Nigeria

VANCOUVER, British Columbia (AP) - Abby Wambach is used to scoring with her head. She's not sure how she got her latest goal.

"I think it was my shin guard, to be quite honest," she said. "I'm not 100 percent sure."

Doesn't really matter to Wambach. What does is that she scored, pulling the U.S. national team to a 1-0 victory over Nigeria and into a first-place finish in its group at the Women's World Cup.

That sends the United States to Edmonton, Alberta, for the opening match of the knockout stage against an undetermined opponent.

It was Wambach's first goal in Canada and her 14th overall in a World Cup, pulling her even with Birgit Prinz for second on the all-time list behind Brazil's Marta, who has 15.

"Getting that goal right before the half was big for us," she said. "Not taking too many injuries is also positive, and going out first in our group was absolutely what we set out to do."

Wambach came off the bench for the United States in the team's last match against Sweden. Tuesday, she started up top with Alex Morgan, who was making her first World Cup start in Canada after working her way back from a bone bruise in her left knee.

The United States, ranked second in the world behind Germany, has two World Cup titles, but hasn't won since 1999. Four years ago in Germany, the U.S. advanced to the final but fell to Japan on penalty kicks.

Nigeria, which has won seven of nine African championships, has been to every World Cup since it started for the women in 1991. The Super Falcons were eliminated after the loss to the United States after playing to a 3-all draw with Sweden in the opener and





Lead Sports Writer

It isn't often a high school holds a press conference for more than one coaching hire in the same afternoon.

But Tuesday night in Calloway County High School, Athletic Director Greg Butler and Principal Randy McCallon conducted one for six hires made over the last six months - formally introducing head coaches to their respective programs amidst families and athletes eager to hear about the new directions for their sport.

It was a unique decision, but one that Calloway administration believes has the school athletics programs headed in the right direction before officially beginning the 2015-16 season.

T.J. Hargrove (golf), Samantha Thuvenot (cheerleading), Chris McWherter (wrestling), Jonathan Grooms (cross country), Jeremy Stom (girls' soccer) and Alex Walandro (boys' soccer) were officially revealed to the public - ending months of speculation about several open positions within the school and administration.

"I truly believe that we have brought some really good people into our programs that can take us to some good places," Butler said.

"To me, there is no greater responsibility than the hiring process," McCallon added. "That's the person who is going to be in charge of the kids. I'm going to send my kids to Hopkinsville (for instance), and they're the ones who are going to be in charge of them. Try to make them behave, coaching the right and doing the things that they are supposed to be doing.

"It's a great responsibility, and Greg (Butler) has done a lot of the leg work."

T.J. Hargrove **CCHS Golf**

An assistant under former head coach Steve Smith for the last three years, Hargrove takes over a boys and girls golf program that has seen critical success over the last few years.

He was hired in late fall to replace

NBA FINALS

for boys soccer, Jeremy Stom for girls soccer and Chris McWherter for wrestling. Smith - who is currently retired from coaching but remains as an educator at

the high school. "I've had the opportunity to work with Coach Smith for the past three years, so I know all of the kids," he said. "The seniors this year will be the first class I had whenever I started my career back teaching in the eight grade. It's unique for me having seen these kids grow from middle school all the way to graduating high school and out in the community.

"I love the community and love the school system here, and I'm just excited to continue my coaching career of golf and look forward to opportunity to share it with (Calloway County)."

Hargrove will be looking to replace the production of seniors Matthew Winder, Connor Wagner and Anna Hack - all of which graduated in 2015.

Samantha Thuvenot **CCHS** Cheerleading

CCHS officially announced the hiring of six new head coaches Tuesday afternoon in a unique press

conference. (From left) Jonathan Grooms will be the next cross country head coach, T.J. Hargrove

will be the next golf coach, Samantha Thuvenot will be the next cheerleading skipper, Alex Walandro

ing to Murray State for college.

but I went to Murray State and I do love it here (at Calloway County)," she said. "I've loved it at Calloway since I've started, so I'm really excited to start my coaching career and get back into things.

"Cheerleading was my passion growing up...I missed it and was ready to get back into it."

Chris McWherter CCHS Wrestling McWherter takes over a wrestling

EDWARD MARLOWE / Ledger & Times

program left behind by former skipper Dickie Walls, who built the Laker program from the ground up nearly 15 years ago.

An assistant under Walls for six years, McWherter inherits a top-40 wrestling program that returns all but one of its 2015 state qualifiers - Nick Walls, who graduated in June 2015 and will be at Murray State in the fall.

"I've been here six years now, and it would have been hard for me to walk away from the kids that I have seen grow.

"I'm looking forward to starting where we are at, and I'll be leaning on Dickie (Walls) for support. I don't know the administrative side, but I

See CALLOWAY, 11A

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Formerly an employee at Calloway

SPORTS SPORTS

CALLOWAY COUNTY ATHLETICS

County Middle School, Thuvenot follows in the footsteps of Shawna Rushing Munger - who helmed the group last season and will remain as an assistant under Thuvenot in the coming

months. McCallon said Thuvenot has experience with competitive cheerleading and was a cheerleader herself before com-

"I'm not originally from around here,

Warriors win NBA title, beat Cavaliers 105-97

By TOM WITHERS **AP Sports Writer**

CLEVELAND (AP) - Revived by a fresh-faced shooting superstar and a first-year coach who made them believe, the Golden State Warriors again reign supreme.

Their 40-year NBA championship drought is finally over.

A half century of misery in Cleveland drags on. LeBron James just didn't have enough help.

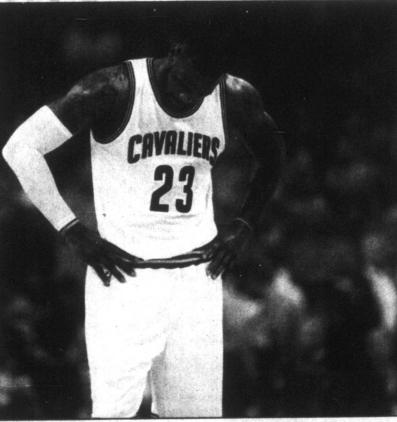
Stephen Curry and finals MVP Andre Iguodala scored 25 points apiece, Draymond Green recorded a triple-double and the Warriors - using a barrage of 3-pointers in the fourth quarter won their first title since 1975 by finishing off James and the Cavaliers 105-97 on Tuesday night in Game 6.

For the first time since Gerald Ford was in the White House, disco was in vogue and Rick Barry was flicking in free throws under-handed, the best pro basketball team resides in the Bay Area. And these Warriors are a lot like Barry and his old crew: fluid, balanced, together. Just like coach Steve Kerr hoped.

After falling behind by two points early in the third quarter, the Warriors took control with Curry, the league's MVP, and Iguodala, who made his first start of the season in Game 4, leading the way.

"World champs," Curry said, letting the title sink in. "This is truly special. This group is a special group. From the time we started the season this is what we envisioned and a lot of hard work goes into it, all the way down to the last minute of this game. This is what it's all about. ... We're going to remember this for a long time."

Golden State allowed the Cavaliers to creep within eight points in the fourth before unleashing a flurry of 3s to ensure they would be taking the Larry



TONY DEJAK / AP photo

Cleveland Cavaliers forward LeBron James (23) hangs his head during the second half of Game 6 of basketball's NBA Finals against the Golden State Warriors in Cleveland, Tuesday, June 16, 2015.

O'Brien Trophy back to California. Curry's step-back made it 78-68, and after the Cavs closed within seven on J.R. Smith's trey, Iguodala, Curry and Klay Thompson each drained one in a span of 81 seconds to make it 89-75.

Iguodala added another long shot for good measure before he strutted back on defense holding out three fingers on each hand.

He could have shot an index finger into the air at that point - Golden State is No. 1.

James returned from Miami to deliver a title to his home region, but the 30year-old, left to do most of the work by himself after All-Stars Kyrie Irving and Kevin Love were injured in the postseason, came two wins shy of giving Cleveland its first pro sports championship since 1964.

They city's three pro teams - the

Cavs, Browns and Indians - have gone a combined 144 seasons without one of them winning it all.

James had 32 points, 18 rebounds and nine assists in Game 6 and was dominant during the series, showing why he's the world's best player.

The Warriors were simply the better team.

James was replaced in the final seconds, but before he left the court, the four-time MVP shook hands with Curry and offered congratulations to Kerr and the rest of the Warriors.

"The sacrifice every guy made from Andre and David (Lee) stepping away from the starting lineup, we just played," Kerr said. "And they were all in it just to win. That's all that mattered. This is an amazing group of guys." This series, which opened with two

See NBA FINALS, 12A

ST. LOUIS CARDINALS

AP source: Cardinals allegedly hacked Astros player database

By R.B. FALLSTROM and JIM SALTER **Associated Press**

ST. LOUIS (AP) - Federal law enforcement authorities are investigating whether the St. Louis Cardinals illegally hacked into a computer database of the Houston Astros to obtain information on their former division rival's players, a person familiar with the situation said Tuesday.

The person spoke on condition of anonymity because Major League Baseball, law enforcement officials and the two teams were not disclosing details of the investigation. The New York Times first reported that the FBI and Justice Department were investigating whether Cardinals front-office officials were behind the effort to steal information from the Astros' database, called Ground Control.

"Major League Baseball has been aware of and has fully cooperated with the federal investigation into the illegal breach of the Houston Astros' baseball operations database," MLB said in a statement. "Once the investigative process has been completed by federal law enforcement officials, we will evaluate the next steps and will make decisions promptly."

Baseball Commissioner Rob Manfred said subpoenas have been issued, though he did not provide details.

"There are legal problems associated with federal law enforcement officials seeking cooperation from private individuals," Manfred said. "If the federal government wants information from us they would subpoena information and that's what they've done."

The FBI office in Houston released a statement that neither confirmed nor denied the investigation, but added, "The FBI aggressively investigates all potential threats to public and private sector

systems. "Once our investigations are complete,

we pursue all appropriate avenues to hold accountable those who pose a threat in cyberspace."

Messages seeking comment from FBI offices in Washington and St. Louis were not returned. The U.S. attorney in St. Louis, Richard Callahan, said he was unaware of the investigation.

Theo Epstein, president of baseball operations for the Chicago Cubs, said "I'm not going to get into other organization's business. But I'm glad it wasn't us."

The Cardinals are among baseball's most successful franchises on and off the field. Only the New York Yankees have won more World Series titles than the 11 won by St. Louis, which is among the best-drawing teams in all of sports, with annual attendance topping 3 million every year since 2003.

The Astros and Cardinals were rivals in the National League Central until Houston moved to the American League in 2013. The Astros hired former Cardinals scouting and player development executive Jeff Luhnow as general manager in December 2011, and he has helped turn the team from a laughingstock into a contender.

The Astros finished 70-92 and fourth in the AL West a year ago, ending a woeful streak of three straight 100-loss seasons. They are currently in first place in the AL West.

It wasn't immediately clear how many Cardinals employees were under investigation, or whether top front office officials were possibly aware of the activities.

"Then there's the question of who did it?" Manfred told reporters in Boston. "Who knew about it? Is the organization responsible? Is the individual responsible? There's a whole set of issues that are

See HACKING, 12A



SportsBriefs

The Lady Lakers Basketball Camp is currently opening enrollment for the 2015-16 summer. Set to take place Monday through Wednesday of next week from 9 a.m. until noon at Jeffery Gymnasium, admission is

of en i ha Any girl or boy interested in trying out for the Murray High golf team is being encouraged to attend a meeting scheduled for Tuesday, June 23 at 7 p.m. at Murray High School. A parent should attend to fill out mandatory paperwork.

For more information, contact Amy McDowell at 270-293-0795.

THE MURRAY ROTARY CLUB

Max Hurt Memorial

Golf Tournament

Calloway...

From Page 10A

know the wrestling side like the back of my hand."

Walls will remain as a booster for the wrestling program, while Shawn Hanes and Tyler Amos also remain on staff at the high school. The Lakers hosted the regional tournament for the first time in school history last season and will be looking to build on recent success.

Jonathan Grooms CCHS Cross Country

The founder and owner of wellknown state track website kvtrackxc.com, Grooms was previously at Carlisle County High School before recently accepting the position as cross country head coach at Calloway County. Though he generally has been

more involved with his web endeavors over the past few years, Grooms hopes to split his time between mentoring and improving a local team while promoting the sport as a whole.

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"I've been involved with cross country for 23 years," he said. "We have a great opportunity. This is a great sport and a this is a great school with a great history when it comes to cross country.

"I don't know if a lot of people know this, but the first state title this school (Calloway County) ever won was in cross country in 1984. There's history here. There's tradition. This is something we can build and make it great.'

Grooms admitted he is ready and excited to take on the challenge at Calloway County, particularly behind strong efforts expected from Cameron Cooper and Kelly Norton.

Jeremy Stom **CCHS Girls Soccer**

Stom takes over a Lady Laker soccer program rife with talent and left vacant by former head coach Mark Kennedy, who sought new opportunities' with his family in Evansville, Indiana. Previously employed as the JV and CCMS coach, Calloway County came away with district and regional championships at the middle school last season dropping Murray 1-0 in penalty kicks in the regional final.

"As the assistant and JV coach last season, I think I've developed some good relationships there," he said. "I look forward to building on those things. I did coach the younger girls in the middle school this past spring, and we had a really good season. "We just want to build on that.

It's a great group of kids. They understand the game. They just need to go out and have some fun. Once we have fun, we'll start winning."

Though without a coach since late fall, Stom said the team has been conducting workouts and practices throughout the late spring and early summer in preparation for the 2015-16 school year.

Alex Walandro **CCHS Boys Soccer**

After six years as Calloway County skipper, Brandon Morris closed his last season with the Lakers on a high note - making the region tournament after losing a heralded senior class.

Now, Walandro steps in as head coach with a young, talented corps of strikers and midfielders who could be poised for a strong run over the next few seasons.

Previously at Mid-Continent University as a recruiter and assistant soccer coach for more than a decade, Walandro has also been a skipper on the travel circuit in west Kentucky - having already led some of the Lakers during the offseason.

He also hails from Brazil.

"I'm really excited about the opportunity to coach these boys." he said. "I came from a country where the sport...it's a passion. You grow up learning the sport and playing the game aside in the streets and all the way to a soccer field.

""I'm really excited about these guys here. I've heard good things about them. I know some of the players, and I'm really excited to go with them."

JONATHAN HAYWARD / The Canadian Press via AP United States' Abby Wambach celebrates her goal with her teammates during the first half of a FIFA Women's World Cup soccer match against Nigeria, Tuesday, June 16, 2015 In Vancouver, New Brunswick, Canada.

Soccer...

From Page 10A

falling 2-0 to Australia. Afterward, coach Nigeria coach Edwin Okon would not shake the hand of U.S. coach Jill Ellis.

"We created some good chances, but we didn't take the chances," Okon said about his team's performance. "It is a lesson."

The U.S. opened Group D with a 3-1 victory over No. 10 Australia, before playing to a 0-0 draw with No. 5 Sweden.

Morgan hadn't started a match since April. The speedy 25-year-old played 12 minutes as a sub in the draw with Sweden.

Wambach also came in as a sub in the match against Sweden last Friday. It was the first time she had played off the bench at a World Cup since her first in 2003.

The 35-year-old veteran, who didn't score in the first two U.S. group stage matches, had never gone without a goal in the opening round in her four overall World Cup appearances.

Wambach said it was important to get a start with Morgan as the team heads to the next round.

"Huge to get Alex minutes. not just for us to get the minutes together, but for her to get minutes in the World Cup, and

2015 WALMART BASS FISHENGE

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for her to get her legs under her," Wambach said. "Because we need Alex Morgan."

Wednesday, June 17, 2015 • 11A

Julie Johnston had the best chance for the United States early, but her strike in the eighth minute was ruled offside. Minutes later, U.S. goalkeeper Hope Solo dove to stop Nigeria forward Asisat Oshoala's attempt.

Nigerian goalkeeper Precious Dede had to punch Megan Rapinoe's long 25-foot blast in the 17th minute. Johnston battled to catch Oshoala on a fast break, sliding to deflect the ball as Solo charged.

Wambach finally put the United States ahead just before the end of the half when she rushed in on a corner kick from Megan Rapinoe and volleyed the ball into the goal at the far

Earlier this week after training, Wambach said she thought she would have scored earlier in the tournament if it was being played on real grass. The artificial turf at the World Cup in Canada has been a contentious issue for some players. "We can sit all day and talk about it, you know me, I can talk a blue streak, the reality is that's it's not changing," she said about the turf. "And I'm not making excuses."

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Friday, July 3, 2015 1:00 PM - Shotgun Start Rain Date: Friday, July 10, 2015

Location Murray Country Club

Murray, Kentucky

Entry Format Two-person scramble 108 players

Awards

Prizes will be awarded to the 1st, 5th, 10th, 15th and last place winners.

First Place - \$100 Pro Shop Gift Cert. 5th, 10th, 15th, Last Place - \$50 Gift Card Longest Drive on #14 Prize! Within 20' of pin on #2 and #11 Prize! Closest-to-Pin on #7 Prize!

> on #7..... Prize! on #2..... Prize! on #11..... Prize!

Door Prizes will be drawn at the close of the tournament.

Sponsorships

\$150 provides the sponsor with a sign and two player passes; Both players must be registered by June 19, 2015.

Entry Fee

1.8

\$100 per team of two players payable in advance (by June 19). Includes cart and green fees. This will be the only means of recording players and fees paid.

1.26 3 Return completed entry form with check by June 19, 2015 to: Rotary Golf Tournament

- P.O. Box 411 Murray, Kentucky 42071
- ENTRY FORM **Murray Country Club** July 3, 2015 Phone Player # Phone Player #2 We have been sponsored by Entry fee of \$100/team or \$150 for sponsor/team must be enclosed. 2015 Detach completed entry form, enclose check for \$100 and mail to: Rotary Golf Tournament Max Hurt Memorial P.O. Box 411 Murray, Kentucky 42071 **Golf Tournament** All entries must be received by June 19, 2015

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12A • Wednesday, June 17, 2015

NBA Finals...

From Page 10A

overtime games in Oakland, flipped when Kerr employed a small lineup in the fourth quarter of Game 3 and the Warriors nearly overcame a 20-point deficit before losing.

Kerr stuck with revamped lineup in Game 4, giving Iguodala a start, switching Green to center and benching the ineffective Andrew Bogut. The move was as golden as the Warriors, who finished with 83 wins, the third-highest singleseason total in history.

Only the 1995-96 and 1996-97 Bulls won more, and Kerr was on both of those teams.

Cleveland fans did all they could to force a Game 7.

They entered the building chanting "Let's Go Cavs!" and joined Marlana VanHoose for the final stanza of the national anthem, a touching moment that showed Cleveland was "All In" to take on Golden State.

The Warriors, though, were ready.

Down early after missing open shots, they began finding their range. Golden State capitalized on nine turnovers in the first quarter, made four 3s and built a 13-point lead when Harrison Barnes knocked down a long 3 - a shot that sent several dozen gold-and-blue Warriors fans sitting near their bench into a frenzy

This was their night, the one they've waited for 40 years. While Golden State had some

solid teams in the past - the "Run TMC" version coached by Don Nelson and featuring Tim Hardaway, Chris Mullin and Mitch Richmond among them - the franchise has been undermined by dysfunction. Along with long playoff gaps, there were bad trades, poor drafts and numerous coaching changes.

The Warriors often made headlines for the wrong reasons. Remember when Latrell Sprewell choked coach P.J. Carlesimo?

Well, those days are gone, washed away by Curry and Thompson - the "Splash Brothers" - and a roster of selfless players who bonded under Kerr and have returned basketball glory to Oakland.

These new Warriors have been a model team: sharing the ball, defending together and sacrificing individual goals.

"Strength in Numbers" was their motto as the Warriors used depth and balance to jump from 51 wins to a franchise-record 67 during the regular season.

Kerr molded them. Hired last summer after spurning an offer from the Knicks, the 49-year-old former NBA guard who won three of his five titles as Michael Jordan's teammate in Chicago and two playing for Gregg Popovich in San Antonio, Kerr brought out the best in his team. From the first day of training camp, he emphasized unity. A California-born kid who still



Golden State Warriors guard Andre Iguodala was voted NBA Finals MVP.

surfs and would prefer to wear jeans and a pair of Vans on the sideline, he kept things loose by taking the Warriors bowling and letting them blare music during practices.

With Curry, the team's first MVP since Witt Chamberlain, leading them, the Warriors outgunned everyone in the rugged Western Conference and entered the postseason as a No. 1 seed. They swept New Orleans, rallied from a 2-1 deficit to beat Memphis and then blew through Houston in five games to make the finals for the first time since

They then held off James and the undermanned Cavs, who just didn't have enough.

Not against a team as golden as the trophy its taking home.

Cardinals play through rain, beat Twins 3-2 again

By R.B. FALLSTROM **AP Sports Writer**

ST. LOUIS (AP) - Before the first pitch, manager Mike Matheny noted there are distractions every day for the St. Louis Cardinals. This, he maintained, was just another one. A federal investigation into

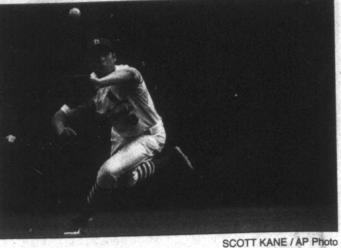
possible computer hacking by the team becoming news Monday failed to slow down the team with the major leagues' best record.

The Cardinals extended their winning streak to five by beating the Minnesota Twins 3-2 behind Michael Wacha's pitching and Mark Reynolds' two-run single. "We're cooperating and I think

they understand it really has nothing to do with us inside the clubhouse right now," Matheny said. "Our job is to stay focused on what we can do each day, and let that process take care of itself."

Before the game, Matheny said he was in the weight room when he first learned of the investigation into whether the Cardinals had hacked Houston's computer database. The Cardinals then completed a soggy homestand in which three games were delayed and another against Kansas City

was postponed until July 23. St. Louis is 43-22 overall and ST. LOUIS CARDINALS



Murray Ledger & Times

St. Louis Cardinals center fielder Peter Bourjos makes a running catch for an out during the first inning of a baseball game against the Minnesota Twins Tuesday, June 16, 2015, in St. Louis.

26-7 at home, both tops in the majors, and matched a franchise best by reaching 43 wins in 64 games.

Minnesota has lost seven of eight and was 1-4 on a trip that featured the debut of Byron-Buxton, the second overall pick in 2012.

"He is just one player and he's played really well and it's been awesome to see him up here, that's for sure," Twins starter Kyle Gibson said. "We're definitely excited for how he's going to help the team, and he's going to.'

Wacha (9-2) halted warmups before the first pitch was delayed 45 minutes and didn't return after a 47-minute rain delay with one out in the seventh and the allowed two runs on three hits in 6 1-3 innings. Wacha endured six weather

Cardinals leading 3-1. He

delays totaling more than six hours last season, so the rain Tuesday was nothing new. "You just kind of have a sense

of what to expect," Wacha said. "I just stayed mentally ready as well as physically.

"You know, it's not the first time I went through it." Kevin Siegrist stood in for

Trevor Rosenthal, who is sidelined by a knot in his biceps, and pitched the ninth for his third save in four chances.

UP NEXT

The teams play at Minnesota on Wednesday and Thursday.

Hacking...

From Page 10A

needed to be sorted through." He said he couldn't recall a similar case in baseball's long

history "Until we know, this is differ-

ent than when we might investigate a drug case (or) we have access to all the facts in a realtime situation," he said. "That's just not the case here. We don't exactly know what the facts are."

MLB's forensics experts were not involved in the case, Manfred added.

"This is a federal investigation, not a baseball investigation," he said. "Obviously any allegation like this, no matter how serious it turns out to be, is of great concern to us."

the uncontrollables. We don't have any clue what's going on." Luhnow was not made available to reporters in Houston on Tuesday, but said in June 2014 that the team had been the victim of hackers who accessed servers

and published months of internal trade talks on the Internet. "It was an illegal activity and we're going to pursue it and try and find out who did it and prosecute," Luhnow said at the time, noting that the Astros were working with the FBI and MLB security to determine who was responsible for the breach.

The Astros rely heavily on sabermetrics in their evaluation of players and have been open The Cardinals and Astros said about the fact that they use an online database to house their proprietary information: Last year, the Houston Chronicle had a detailed report on Ground Control, noting the team even had a director of decision sciences and that everything from statistics to contract information to scouting reports were stored at a web address protected by a password.

companies throughout of America - not just sports enterprises," the commissioner said. "We routinely make the resources of MLB Advanced Media available to all of the clubs. We have the type of security arrangements that are necessary."

Craig Newman, chairman of the privacy and data security practice of the New York law firm Patterson Belknap Webb & Tyler, said it wouldn't be surprising that a team would be involved in hacking given the amount of money in professional sports.

"Data analytics have become a critical strategic and tactical drive for both professional and collegiate athletics and, unfortu-



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they were cooperating with the investigation but declined further comment. Astros manager A.J. Hinch said his team would focus on baseball.

"Obviously from the baseball perspective we'll deal with the baseball and all other questions will go elsewhere," Hinch said.

His counterpart in St. Louis, Mike Matheny, sounded a similar tone and said the case at this point wouldn't be a distraction for his first-place Cardinals, who have the best record in baseball. He said he'd been unaware of the investigation until he "got pulled out of the weight room" Tuesday morning.

"We have opportunities for distraction every day" he said. "It's part of what we do, it's a big part of what we do. We divide them into the controllables and the uncontrollables and this is one of

"One of the things I have been talking to my counterparts about with other clubs is recommending that everybody take a look at their own security systems and make sure they don't get hacked the way that we were," Luhnow said last year after the hack became public knowledge.

Manfred downplayed wider security concerns about MLB's digital systems.

We have a technology company that quite literally is the envy

nately, the transition from statistical modeling in player evaluation made famous by 'Moneyball' to stealing sensitive information from competitors is a natural progression," Newman said.

Epstein said the Cubs took action after Luhnow's allegations last summer.

"We double-checked our security protocols," Epstein said. "When I started working in baseball, I never thought I would utter those words."

AP Sports Writers Kristie Rieken in Houston and Andrew Seligman in Chicago, AP reporter Eric Tucker in Washington and freelancer writers Ken Powtak and Darrell Lovell contributed to this report.

CHE CDE MATIA **Quarterly Pest Control**

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& Cleaning

BUGS

BEWARE!





Wednesday, June 17, 2015 • 1B

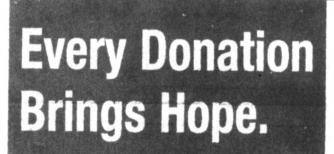






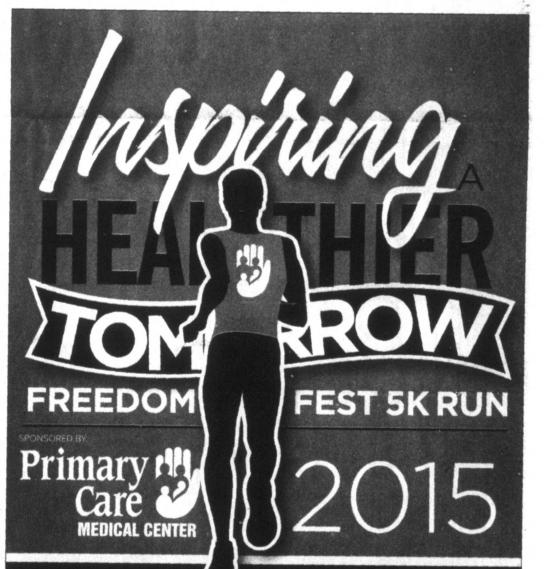
Hospital honors volunteers for their service

Volunteers for Murray-Calloway County Hospital and Spring Creek Health Care & Rehabilitation Center were recently honored for their services with a banquet at First Presbyterian Church of Murray. Personnel who have assisted MCCH's Hospice Care program are, left photo from left, Charlotte Rhodes, Hospice MSW and Volunteer Coordinator, Dorothy Hargrove, Hospice volunteer for 21 years, Mary Jane Roberson, Hospice volunteer and Sherri Boyd, Hospice Coordinator. In the photo on the right are several volunteers at Spring Creek Healthcare who were recordinated during the banquet. Volunteers were thanked for their nearly 8.000 hours of service in 2014.





estern Kentucky Chapter serving Calloway County



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REGISTRATION

SATURDAY,

^{\$}20 before June 20th.
^{\$}25 after June 20th.
Race Day Registration starts at 6:00AM.

AWARDS

First, Second, & Third place awards (male and female) in the following age categories: 12 & Under, 13-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, & 70+

COURSE

5-K Race will begin and end at Primary Care Medical Center, The course is an out and back with a slight incline.

th ат 7:00ам

INFORMATION

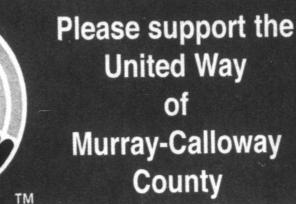
For more information call Jonathon Janes (270) 759-9200 or email jjanes a primarycaremedcenter.com

Download the preregistration form at www.PrimaryCareEverywhere.com or Freedom Fest 5K a facebook











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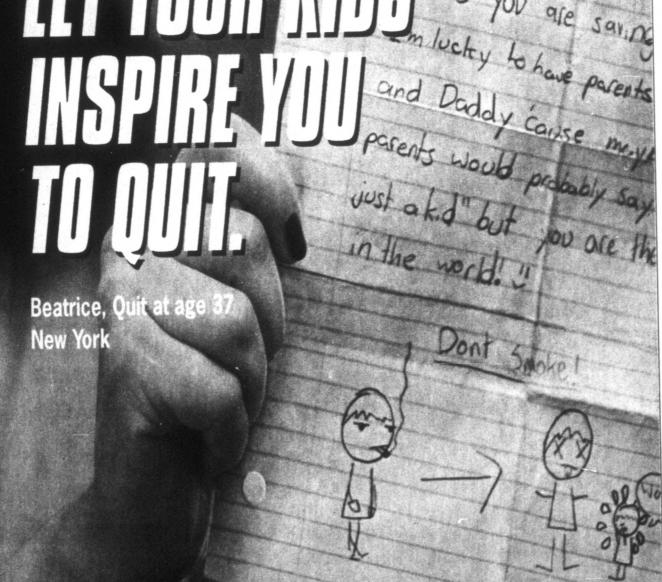
File Photo by Kyser Lough / Murray-Calloway County Hospital Pictured with Jerry Penner, MCCH CEO, left, and Keith Travis, vice president of development, right, are members of the firstplace US BANK team who took home first place in the fourth annual Murray Calloway Endowment for Healthcare Golf Classic on August 29, 2014. Bryan Anderson, left center, and Zach Dunlap, right center, finished the scramble 22 under par.

Endowment golf tourney will tee off on Sept. 4

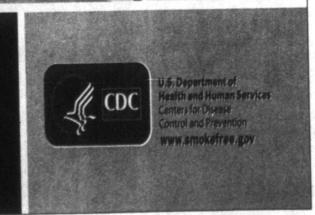
Special to the Ledger

¹ The fifth annual Murray Calloway Endowment for Healthcare Golf Classic, Murray's largest non-profit golf outing with cash prizes, will be held Friday, September 4 at a new location- Murray County Club.

The tournament brought in nearly 140 golfers and 100 sponsors last year, raising close to \$25,000. Event organizer Keith Travis, vice president of development at Murray-Calloway County Hospital, said this year's goal is \$35,000. One hundred percent of the proceeds go toward the Murray Calloway Endowment for Healthcare's goal of improving the quality, access and affordability **Murray Ledger**



There are a lot of reasons to quit smoking. Don't stop trying until you find yours. Beatrice did it. You can too. For free help, call **1-800-QUIT-NOW**.



of healthcare in the region.

The golf tournament, sponsored again by David Taylor Chrysler Dodge Jeep in Murray, is a 4-person scramble with morning and afternoon sessions available. Lunch, green fees and cart rental are all included in the registration cost. A mulligan/skirt/throw package is also available for purchase.

Hole sponsors have a new format this year. Instead of putting a few signs on each hole, a sponsor may purchase the entire hole and set up a booth by the tee box.

"We already have a few sponsors signed up and they are excited about getting to mingle with the golfers as they pass through. It's a unique way to connect with the participants and we have plenty of sponsor spots left," Travis said.

Golfers for the morning session will check in at 6:30 a.m. and tee off at 7:30 a.m. with a shotgun start. Lunch will be served at 11:30 a.m., as well as check-in for the afternoon session. The afternoon session will begin at 1 p.m. with a shotgun start. Awards will be handed out at 5:30 p.m.

Cash prizes will be awarded to the following finishers: First place, \$500, Fifth place, \$400, 10th place, \$300, 15th place, \$200 and last place, \$100. Closest-to-the-pin and longest drive contests will also be held during the event.

A four-person team is \$320 and registration forms are available online at www.MCCHEndowment.org or by calling (270) 762-1908. Pre-registration is required. Hole sponsorships for \$1,000 or \$1,250 (which includes team registration and mulligan/skirt/throw package) are also available.

The Murray-Calloway Endowment for Healthcare supports MCCH and the community through numerous philanthropic opportunities such as construction of a Residential Hospice House, purchase of new, state-of-the-art medical equipment and more. For more information, visit www.MCCHEndowment.org.

MCCH hosts focus groups soon

Special to the Ledger

In a furthering commitment to provide high-quality healthcare to the surrounding region, open community focus groups will be held Tuesday, June 23 and Thursday, June 25 to gather public opinion. Community members may participate in either session, which run from 7:30-9 a.m. in the MCCH Board Room (located near the North Tower entrance on Poplar Street).

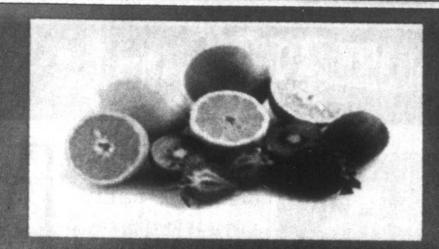
"We are interested in the community's honest impression of our hospital and healthcare services – what works and what doesn't work," said Jerry Penner, MCCH CEO.

Focus group participation is open to anyone from the community and individual identification from responses within the session will not be shared publicly. A light breakfast will be served, and interested parties are asked to RSVP to Melony Bray by phone at (270) 762-1381 or via email at MBray@murrayhospital.org. Questions may also be directed to Bray.

1

Wednesday, June 17, 2015 • 3B





Kentucky WIC Program Supplemental Nutrition Program for Women, Infants, and Children up to age Five

"Without the help of the WIC Program, our children probably would have gone hungry." (quote from the first WIC participant in the nation)

- Pregnant?
 - Breastfeeding?
 - A mother with a baby less than six months old?
 - A parent/guardian with a child under five years of age?

If so, you or your child may qualify for the WIC program if income guidelines are met and a nutritional need is present.

Income Guidelines for the Kentucky WIC Program

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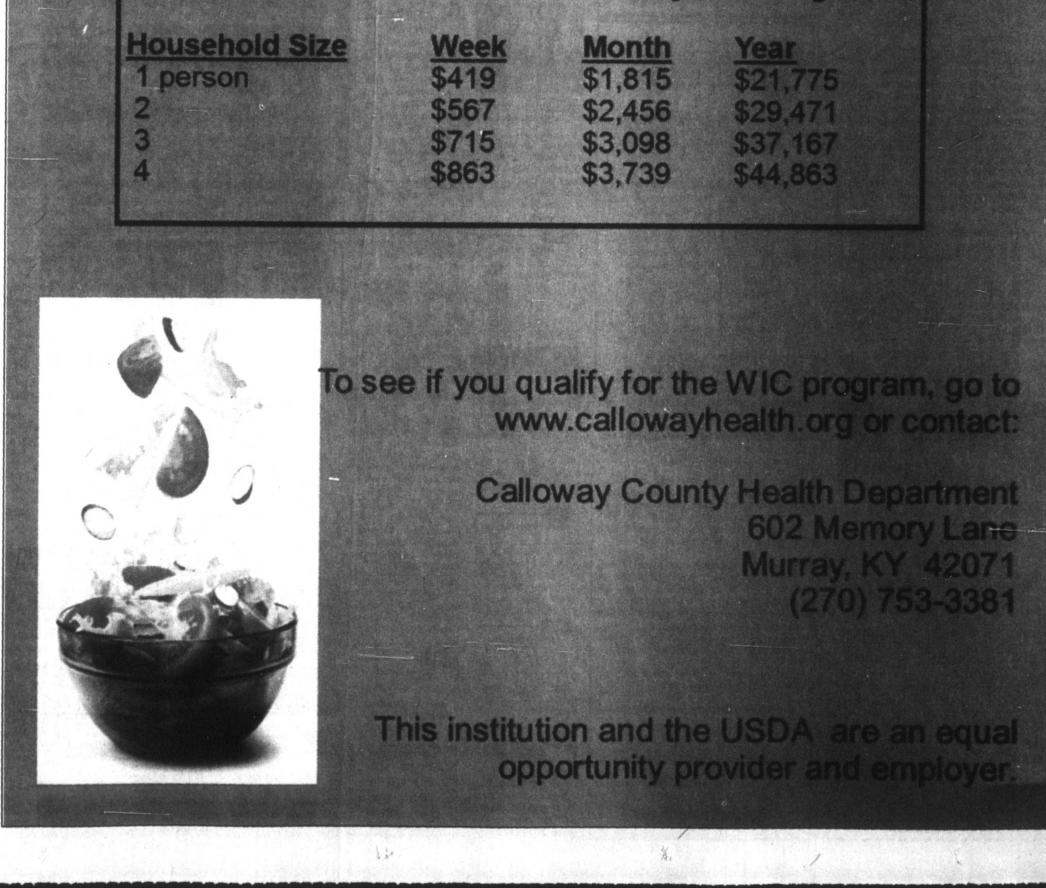
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4B • Wednesday, June 17, 2015

Murray Ledger & Times

Murray



Home Based Internet Book Sales Business. Get Details at 409 S. Murray, KY 4-8pm **Big Bonus**, if viral!

Caring individuals to provide personal care to help Seniors stay at home in the Murray area. Part-time, flexible hours, competitive pay. Car required. Call Senior Helpers 270-707-4563 or www.snagajob.com

corner lot. 3 BR, 2 BA Brick house. Large lot price neagotieble. 270-293-2741







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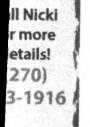
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CLASSIFIEDS / YARDSALE

Wednesday, June 17, 2015 • 5B





LEDGER & TIMES

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New 2-4 oom homes in rfield Estates **Real Property** ofessionals 293-7872

Construction, and stone exteripen floor plan. titchen, 3 BR, 2.5 i00 sq. ft. west of 270-752-0624



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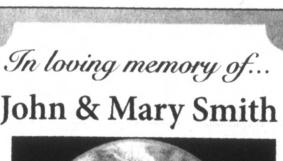


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more flexible. Trust your judgment.

Looking Back

Ten years ago

In two separate incidents, local authorities seized \$3.5 million worth of methamphetamine and arrest a man they consider a major player in the local drug network. Capt. Eddie Rollins of the Murray Police Department stated that this is believe to be one of the largest seizures in Murray and Calloway County as well as western Kentucky.

Lenith and Pat Rogers of Murray celebrated their 50th wedding anniversary on June 12.

Martha Veatch and her dog, Henry, are pictured warming up before the agility contest held at the Calloway County Fair. Dogs competed in four different classes according to abilities and experience

Bill Rumfelt is pictured as he waits to have his mug shot taken from behind bars during the MDA Lock Up at the Big Apple Café. Twenty years ago

Damage to Murray-Calloway County Hospital and Westview Nursing Home from the May 18 hailstorm totaled more than \$400,000.

Main Street Youth Center recently sponsored an art exhibit. Pictured are participants Darrell Foster, Kiana Jackson, Anna Urquhart, Mario Lawrence, Marchello Cavitt, and Marteze Foster.

Chris Vaughn of Murray is shown with Murray State assistant men's tennis coach Mel Purcell, during the MSU Tennis Camp.

Pictured is Scott England of Bogard Trucking and Excavating as he operates the company's new curbing machine during work on Saddle Creek Subdivision, developed by Cary A. Miller.

Heather Tracy, a French 1 student at Calloway County High School, recently competed in the National French Examination. She was ranked fifth place in the state and seventh place in the nation.

Thirty years ago

Pictured are workers from city, county and state agencies as they rush truck driver, James Meadows

Today In History

197 days left in the year.

On this date:

losses.

By the Associated Press

Today's Highlight in History:

lutionary War Battle of Bunker

Hill resulted in a costly victory

for the British, who suffered heavy

In 1789, during the French

Revolution, the Third Estate

declared itself a national assem-

bly, and undertook to frame a

constitution. (This gathering gave

BABY BLUES®

TRUST ME, ONE DAY

On June 17, 1775, the Revo-

of Murray, from the wreck of his overturned rig to an awaiting ambu-DEAR ABBY: Making wise lance. The accident happened on

U.S. 641, south of Benton. More than 350 seventh grade student from Kentucky recently attended an award ceremony at Western Kentucky University as winners in the Duke University Talent Identification Program. A scholar from Calloway County who

participated was Mickey Hill. As a community project, the East Winners 4-H Club recently held a party for patients of the Long Term Care Unit of Murray-Calloway County Hospital. Pictured with Mr. Poole, a patient, are Jayson Stahler, LaDawn Cook, and Becky Freeze. Other members pictured are Crystal Kimbro, Anglea Lyons, Jodina McCoy, Mamie McDaniel, Nissa Myos, Natalie Ross, Amy Torsak, Jason West, Kim Wilson and Melissa Jackson.

Forty years ago

Linda Ransom, Jan Outland, Tricia Kline, Becky Gould and Mary Ann Littleton, members of Murray High School Student Council, will attend the 39th annual National Conference of Student Council and Student Activity Advisors at Decatur, Georgia.

Fifty years ago

Swimming interests in Murray have been boosted under the guidance of Donald Keller. A number of swim meets have been scheduled for the coming weeks.

Recent births reported at the Murray Hospital include a boy to Mr. and Mrs. David Aycock.

Sixty years ago

The Young Business Men's Club, the Lions Club and the Rotary Club met together at the Murray Woman's Club House to honor members of the team of the North-South Cage Classic. Dr. Ralph Woods, president of Murray State College, was the master of ceremonies. Murray Mayor George Hart gave the welcome.

The Murray Rescue Squad received a check for \$250 from Woodmen of the World Max B. Hurt, executive vice president.

Free financial advice could save you a bundle

a

decisions about what to do with your money can be tough. Insurance policies, mortgages and investment plans come with so much terminology and fine print. The phone calls, email messages and mail offers for products and services are endless, and some

are downright dishonest. It seems as if there's scammer -- or an opportunity to make the wrong financial decision

around every corner. **Dear Abby** To help

your readers sort out the By Abigail offers for Van Buren

products and financial services that come their way, USA.gov, the federal government's official website, has created a free Financial Self-Defense Kit. It contains a dozen publications that explain how to make solid investment, shopping and credit decisions. And it's also filled with advice on protecting your consumer rights and recognizing and avoiding scams -- especially those aimed at seniors.

Abby, thank you for sharing this empowering kit with your readers. Armed with the information, they'll be better prepared and feel more confident 'facing financial choices. -- SARAH CRANE, ACT-ING DIRECTOR, FEDERAL CIT-IZEN INFORMATION CENTER DEAR SARAH: Frankly, I

should be thanking YOU for giving me the opportunity to share this valuable information with my readers. I thought the kit you produced last year was wonderful, but this one is even better.

Readers, I was shocked to read not long ago in USA Today that almost one-third of American

workers have less than \$1,000 in savings and investments for retirement. The reasons for this vary, but among them are that people haven't estimated how much money they will need once they stop working until they are near retirement, when it's too late.

able for any of you with an eye to the future. It contains information to help you choose a financial adviser you can trust, and determine the difference between a solid investment and a fraudulent offer that could cost you your life savings.

Among the other "goodies" inside are: Money Smarts for Older Adults, Fighting (Investment) Fraud 101, Five Steps for Making Financial Decisions, Know Your Financial Adviser, The Guide to Long-Term Care Insurance, A Guide for Seniors: Protect Yourself Against Investment Fraud, Considering a Reverse Mortgage?, Understand Your Credit Score, and Your Rights When a Debt Collector Calls. (Can you guess the No. 1 consumer complaint received by the government last year? Debt collection!)

edition of the Consumer Action Handbook, which no household should be without. (Inside is a sample complaint letter, which can be VERY effective in any number of instances when dealing with corporations, and company contact information.)

All this information is free of charge, but supplies are limited. To order, go to USA.gov/dearabby, call 888-878-3256 weekdays 8 a.m. to 8 p.m. Eastern time, or write: Financial Self Defense, Pueblo, CO 81009. Don't procrastinate, because these kits are going to go quickly. --Love, ABBY

Contact Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

by

Hints From Heloise

WAXING ON ABOUT ICE CREAM

Dear Heloise: I enjoy using so many of the ideas (yours, as well as others') that are printed in your column, and I would like to add one of my own.

I do love ICE CREAM. Since it takes some time for me to eat a full gallon or a larger car-

Heloise ton, I have found that placing wax paper over the ice cream once it has been opened will stop it from becoming icy on top, since the wax paper acts as a

shield. My daughter-in-law now uses this idea and says that it works wonderfully. I also make chocolatepudding pies with no meringue on top, so I use wax paper on them, and they do not dry out or get a film on top. - Frankie Stanford, Chillicothe, Texas

CAKE DECORATION Dear Heloise: I bake a lot of cakes. I don't have the best handwriting when writing a message or decorating the cakes. I use a toothpick to "draw" the letters first or sketch out the design. Then I just follow the "nice-looking letters" with the decorating bag. Much better than trying to redo a mistake. I once spelled my mother-in-law's name wrong! - No Name in Upstate New York

Take driving precautions to deal with aging eyes

DEAR DOCTOR K: I am in

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my 60s. Over the last few years,

my night vision has gotten worse,

and I'm finding it increasingly

difficult to drive at night. What

can I do to continue driving safe-

DEAR READER: Night vision

does start to decline as we get

older, usually after age 50. Per-

ly after dark?

- Make sure you can see well enough to drive. Get a comprehensive vision exam. It should include tests for cataracts, glaucoma, macular degeneration and diabetic retinopathy. The first three become more common as a person ages.

-- Check your mirrors. Switch your rearview mirror to the "night" setting. This dims the reflection of headlights in the mirror.

Clean your glass. Scrub your front and rear windshields inside and outside to remove any streaks that may intensify glare. Make sure your mirrors and headlights are grime-free as well. Clean your eyeglasses, too. You can get sealed wipes to keep in the glove compartment or side pocket of the car, to make cleaning the inside of the windshield easy.

-- Keep your eyes moving. Don't lock your gaze on the center of the road. Constantly scan the horizon for flashes that can signal oncoming traffic.

-- Stay off the road at sunrise and sunset. Glare is usually the biggest issue for older drivers. But glare from the sun is worse than headlight glare. It can be blinding.

After you reach the age of 50, an annual eye checkup is important. That's true even if you're not bothered by nighttime glare-My patients sometimes think that a checkup will just discover changes in the eye that nothing can be done about -- so why bother? In fact, some common problems that develop with age such as glaucoma or cataracts -- can be fixed completely. That makes everything that requires vision -- not just night driving better.

(Dr. Komaroff is a physician and professor at Harvard Medical School. To send questions, go to AskDoctorK.com, or write: Ask Doctor K, 10 Shattuck St., Second Floor, Boston, MA 02115.)

upside down in the refrigerator. - Judy J., Allen, Texas

Be sure the lid is on tight, and shake the contents down to make sure they cover the lid. Then place in a bowl or on a plate in case of leaking. I didn't one time ... and never again! - Heloise HANGING STORAGE

Dear Heloise: I have lived in several homes that had a pantry/broom closet, most of which only had about three high shelves.

I hang a shoe bag on the inside of the door. In its pockets I store all the smaller items that I need places for. For example, everything from spice packets to chocolate chips to rice. - Joy N., via email NO TEARS

Dear Heloise: I have one more sure way to avoid stinging/tearing eyes when chopping onions: I put a small, personal fan on the counter, turn it on low and then direct it over the onions. I have chopped five large onions without one stinging tear. Plus, the fan came in fun, bright colors, so it looks

good on the counter! - Rita, via email A COLD SEPARATION

rise to the political terms "left wing" and "right wing," with Today is Wednesday, June 17, deputies representing commoners the 168th day of 2015. There are sitting to the left of the assembly president, and nobles sitting to the right.)

In 1885, the Statue of Liberty arrived in New York Harbor aboard the French ship Isere (ee-SEHR').

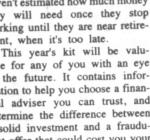
1928, Amelia Earhart In embarked on a trans-Atlantic flight from Newfoundland to Wales with pilots Wilmer Stultz and Louis Gordon, becoming the first woman to make the trip as a passenger.

In 1953, U.S. Supreme Court Justice William O. Douglas stayed the execution of Julius and Ethel Rosenberg, originally set for the next day, the couple's 14th wedding anniversary. (They were put to death June 19.)

In 1972, President Richard M. Nixon's eventual downfall began with the arrest of five burglars inside Democratic national headquarters in Washington D.C.'s Watergate complex.

In 1985, Discovery Channel made its cable TV debut.

JUST NOT AFTER THEY'VE BEEN WEEDING.



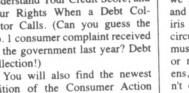
Dr. Komaroff By Dr. Anthony Komaroff

occur with aging. The first change involves the iris and pupil. As we age, the iris muscle weakens and becomes less responsive. The iris muscle surrounds an empty, circular space: the pupil. The iris muscle can make the pupil wide or narrow. As the muscle weakens, the pupil shrinks and doesn't open as wide to let light in.

After light passes through the pupil, it passes through the lens and then falls on the back of your eye, the retina. As we age, the lens takes on a yellowish-brown tinge. This change allows less light to pass through to the retina

Finally, with aging, the retina loses some rod cells. These are the structures responsible for blackand-white night vision. All of these changes make it more difficult to see in dim light and darkness.

I spoke to my colleague, Dr. Eli Peli, a professor of ophthalmology at Harvard Medical School. He suggested taking the following measures to keep night driv-



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Yikes! Bet that won't happen again. - Heloise NO WASTE

Dear Heloise: I'd like to share a simple trick for keeping sour cream and cottage cheese from getting mold after opening. Simply turn the carton

Crosswords

ACROSS Sunday entrees Tag sale words Zoo resident 11 Dessert cart choice 12 Tactful 13 TV's Trebek 14 15 Lessen Door feature 17 Shakespeare's Athenian 20 Tough wood 23 Boris' cartoon partner 24 26 Golf goal 27 Bullring call 28 Young fellow Attire for the slopes 29 Vein yield 31 Studio stand 32

- 33 Flag feature Fez feature 34
- Sacred bird of Egypt 37
 - Hanger site
- 39 Finished 43

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DOWN

- 44 Have hopes 45
 - Skating jump Sat for a spell
- Kanye's music Lennon's wife Suffer Smug smile London gallery Winter glider Spiny tree Stephen King book Mamie's mate Application form box Complete Oversight Japanese port Stephen King book Tara family name Famed consumerist 22 Seasonal songs 24 25
 - Imitating Mink's kin
- 30 Feeds the pigs 33
 - Surgery souvenir

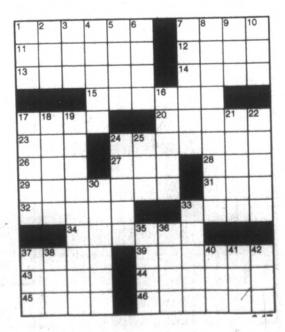
Dear Heloise: I remember reading that it is easier to separate eggs when they are cold. Is this true? - Jenna D. in Indiana

Yes, it is true. Cold eggs are easier to separate because everything is, well, cold and not as runny. However, the older the egg, the more runny it will be. So a fresh egg is easier to separate, too. Depending on the recipe, most do call for roomtemperature eggs. What to do? Separate the egg and set it out until it reaches room temperature. Heloise

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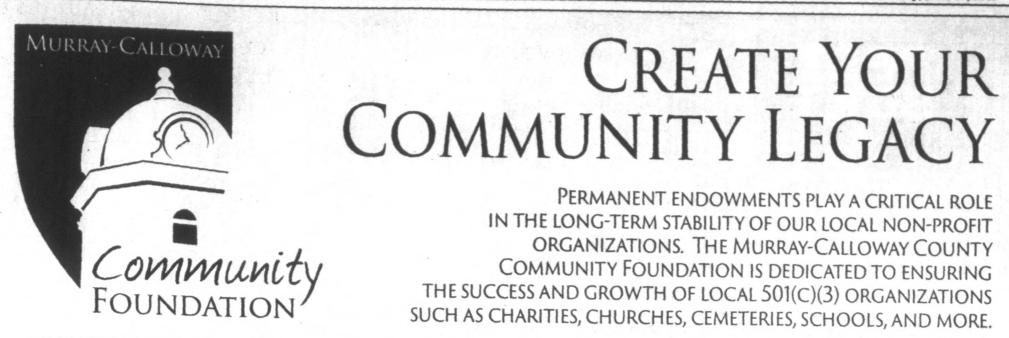
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Wednesday, June 17, 2015 • 7B



ENDOW KENTUCKY INCOME TAX CREDIT FACT SHEET

The Endow Kentucky Tax Credit is available for Kentucky Taxpayers who make a contribution to an endowment through an approved "Community Foundation" in the Commonwealth of Kentucky. The Murray Calloway County Community Foundation, as an affiliate of the Community Foundation of West Kentucky, is an approved Community Foundation. As such, it is governed by statutes enacted and oversight organizations created by the Commonwealth

URGENT: DEADLINE FOR 2015 TAX CREDIT IS JUNE 30!

Tax deductible gifts can be made to either 1) an established endowment of the community foundation or 2) to establish an endowment for a qualified non-profit organization. The donor submits an application to the Kentucky Department of Revenue and if it is approved the donor has 30 days to make the gift. Applications are approved on a first served basis.

The Murray Calloway County Community Foundation submits the applications for the tax credit to the Kentucky Department of Revenue to insure the timely submission of the application.

3

There is a cap of \$500,000 of income tax credit for the fiscal year 2015-2016. This cap will increase to \$1,000,000 for the fiscal year 2016-2017. Credits are awarded until the cap is exhausted.



The income tax credit is available for individual taxpayers, corporations, limited liability companies and partnerships. The Kentucky income tax credit is in addition to the federal and state charitable deduction of the taxpayer for the year in which the gift is made. A credit offsets tax liability dollar for dollar.

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The maximum amount of a gift that can gualify for the integree tax credit in any one fiscal year is \$50,000. A gift of \$50,000 would qualify for a \$10,000 income tax credit. A \$10,000 gift would qualify for a \$2,000 income tax credit.

Once the application is approved and the gift has been made, the taxpaver receives a letter from the Kentucky Department of Revenue to be used in 6 the preparation of taxpayer's income tax return. This letter must be attached or a copy scanned in with the Kentucky tax return when submitted

12

Here is an example of tax savings on a gift of \$10,000 for a taxpayer in the federal 25% income tax bracket:

Gift	\$10,000
TAX SAVINGS	
Federal Charitable Deduction (25%)	12 500

Federal Charitable Deduction (25%)	(2,500)
Kentucky Charitable Deduction (6%)	(600)
Endow Kentucky Income Tax Credit	(2,000)
Net costs to Taxpayer of Gift	\$4,900

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The amount of the Endow Kentucky Tax Credit is deducted from the Kentucky income tax owed for the year of the gift but any unused tax credit can be carried forward to the next tax year.

The cap for the amount of Endow Kentucky Tax Credit has historically been exhausted within two weeks of being available. For the fiscal year 2015-2016, it will likely be reached within the first 24 hours of July 1, 2015.

C

Applications should be submitted to the Murray Calloway County Community Foundation prior to June 30, 2015. Applications can be obtained from the board members listed below (10) or copies will be emailed or faxed to you by the same board members.

10

The Murray Calloway County Community Foundation will submit its applications prior to the open of business by the Kentucky Department of Revenue on July 1, 2015. Any applications received after July 1, 2015 will have a higher likelihood of being declined due to the cap. We will happily assist any donor in the application process. You may contact Murray Calloway County Community Foundation board members Harold Hurt at 270-761-6880 or Matt Hale CPA, PFS at (270)-753-5411 for any additional information in regard to the Endow Kentucky Tax Credit or to seek assistance in applying for the tax credit.

This advertisement is made possible by our Campaign Sponsors: urray Bank J.H. Churchill ance . Risk Consulting . Employee Be mayfield - murray Contributions to endowments and more information can be found below. www.mcccf.org • info@mcccf.org P.O. Box 727 • Murray, KY 42071

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