

9-11-2012

Murray Ledger and Times, September 11, 2012

Murray Ledger and Times

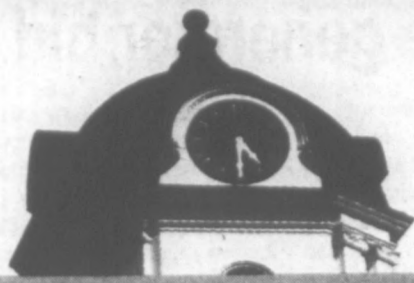
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MURRAY LEDGER & TIMES

Vol. 133, No. 214

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Tuesday, September 11, 2012

Murray, KY 42071

MCCH vs. City / Walk it Off

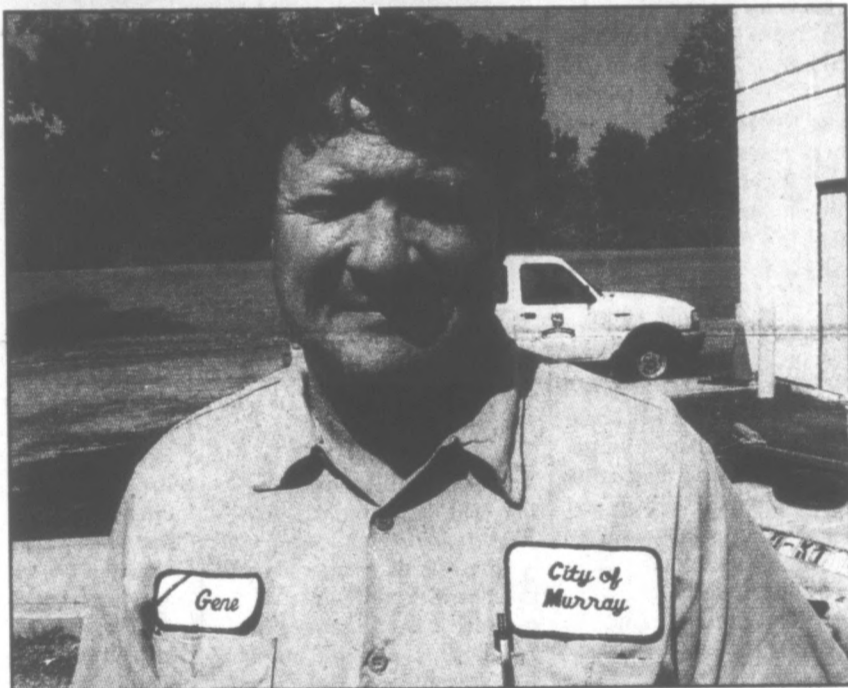


Kathryn Murphy, above right, is met with smiles from Dr. Ellen Burnett, left, and Dr. Burton Young during last week's meeting of the Murray-Calloway County Hospital Board of Trustees. Murphy was recognized for being the top MCCH performer during its Walk it Off competition with the City of Murray.

Gene Pierceall was the top performer for the City of Murray team in its recent Walk it Off competition with Murray-Calloway County Hospital.

JOHN WRIGHT
 / Ledger & Times

See story inside



NEVER FORGET

At ground zero, can there be a politics-free 9/11?

By JENNIFER PELTZ
 Associated Press

NEW YORK (AP) — The Sept. 11 anniversary ceremony at ground zero has been stripped of politicians this year. But can it ever be stripped of politics?

For the first time, elected officials won't speak Tuesday on an occasion that has allowed them a solemn turn in the spotlight. The change was made in the name of sidelining politics, but some have rapped it as a political move in itself.

It's a sign of the entrenched sensitivity of the politics of Sept. 11, even after a decade of commemorating the attacks that killed nearly 3,000 people at the World Trade Center, the Pentagon and a Pennsylvania field. From the first anniversary in 2002, the date has been limned with questions about how — or even whether — to try to separate the Sept. 11 that is about personal loss from the 9/11 that reverberates through public life.

The answers are complicated for Debra Burlingame, whose brother Charles was the pilot of the hijacked plane that crashed

■ See Page 2

Jackson hearing Sept. 26 in alleged car assault case

STAFF REPORT



Murray State University basketball player Zay Jackson had his first court appearance Monday morning following his arrest Sunday on a charge of using his vehicle to assault two people in the parking lot of Walmart in Murray.

Jackson, 20, a native of Hammond, La., now living in Murray, was accompanied by attorney Gary Haverstock for his arraignment in front of Judge Randy Hutchens in Calloway District Court. On his behalf, Haverstock waived the customary reading of rights for an arraignment.

Jackson was originally charged with three counts of Assault 1st

■ See Page 2

WEATHER

TODAY	TOMORROW
80s	80s
50s	60s

Daily Forecast

The National Weather Service

Tuesday: Sunny. Highs in the mid 80s. Southeast winds 5 to 10 mph.

Tuesday night: Clear. Lows in the upper 50s. South winds 5 mph.

Wednesday: Sunny. Highs in the mid 80s. South winds 5 to 10 mph.

Wednesday night: Clear. Lows in the lower 60s.

Thursday: Mostly sunny. Highs in the mid 80s.

Thursday night: Mostly clear. Lows in the lower 60s.

Friday: Partly sunny. Highs in the mid 80s.

Friday night: Mostly cloudy with a chance of showers and a slight chance of thunderstorms. Lows in the lower 60s.

Saturday: Mostly cloudy with a chance of showers and a slight chance of thunderstorms. Highs in the upper 70s. Chance of precipitation 30 percent.

Saturday night: Partly cloudy.

Murray & Calloway County's Hometown Newspaper



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Patterson recalls eventful Dems convention

By JOHN WRIGHT
 Staff Writer

Danny Patterson said he was feeling as refreshed physically Monday as he had in about a week.

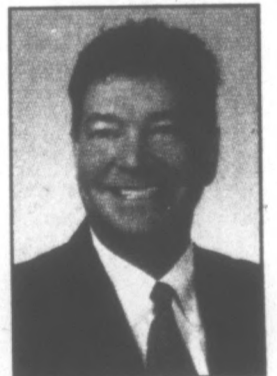
It is amazing what the first really good night's sleep in about a week can do. Patterson is still resting after enduring a non-stop, breakneck pace last week as a Kentucky delegate at the Democratic National Convention in Charlotte, N.C.

"It is good to be back, but I really am glad I was able to participate in this," Patterson said Monday, still a bit tired from the 18-hour days he and his fellow Democrats experienced last week but very proud of

representing his hometown of Murray. "I would do this again. It's inside me to be part of something like this.

"I have studied this since I was in the fourth grade, though. I really enjoy the history."

Speaking of studying, Patterson said he assisted one graduate student from Temple University in Philadelphia, Pa. with providing comments for a project the student is putting together in pursuit of a PhD. The student had attended the Republican National



■ See Page 2 Patterson

Cavitt: Some flu cases already showing up

By PAIGE GRAVES
 Staff Writer

It can happen to anyone, and this year it has already begun. Linda Cavitt, site manager for the Calloway County Health Department, said a few cases of the flu have been reported - and the influenza season is not even underway. The department has begun offering flu vaccinations to members of the community this week.

The CCHD is expecting adult vaccinations to arrive by the end of the week, but Cavitt

said individuals can begin making appointments now. The cost, which will vary from person to person, will generally be \$14 for children and \$30 for adults. Cavitt said there will be no charge if an individual has Medicaid, but it would be best to call the CCHD to find out what forms of insurance are accepted.

Cavitt said the shot is recommended for anyone older than six months, and will take about two weeks after vaccination for antibodies to develop in the body and provide protection against the flu. According to the

CDC, a flu vaccine is needed every year because flu viruses are constantly changing. It's not unusual for new flu viruses to appear each year. The flu vaccine is formulated each year to keep up with the flu viruses as they change.

Though the flu virus is unpredictable to an extent, Cavitt said this year's vaccine will protect against H1N1. For those who fear the side effects of the vaccination, Cavitt

■ See Page 2

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MURRAY HOME & AUTO



Photo by Kyser Lough / Murray-Calloway County Hospital

Pictured are members of the Health Information Management Department at Murray-Calloway County Hospital who participated in the recent "Walk it Off" campaign and won both department awards for highest participation (89 percent) and overall weight lost (5.2 percent). They are (front from left): Kaeleigh Jones, Renee Garland, Tammy Lovelace and Teresa Kalberer. Back: Brenda Vereycken, Nancy Faulkner, Kim Shelton and Mary McCormack

City of Murray, MCCH lose 986 pounds in Walk it Off

By JOHN WRIGHT
Staff Writer

The City of Murray and Murray-Calloway County Hospital may have been on opposing sides for their recent Walk it Off weight-loss challenge, but their combined efforts were something to behold.

At the end of the six-week competition between city and hospital employees, their work had resulted in the loss of 986.6 total pounds and 311.25 waistline inches. The city, carrying fewer participants, actually won the event as 20 of their 27 original team members finished the six-week program for a final total of 77 percent, while MCCH had 171 of its team members complete the program out of a total of 438 who started, or 39 percent.

The city will be presented with a trophy for the competition Thursday evening during the next City Council meeting.

"We took it seriously," Mayor Bill Wells said. "But the thing I believe I was most proud of through all of this is that for just about every meeting we had with dietitians and other evaluators, everyone was on time, and I think that meant more to me than anything because it showed that our people wanted to do well with this."

"This was an option for them, and the people on the hospital team, too. Nobody had to do this. It was hard

work. From July 1 to Aug. 10, you not only had to do the work when it came to watching what you ate and exercised, but the toughest part was having to fill out a bunch of stuff and document it, and to get this many people together and have that many not only participate but make strides like they did, just says so much for the people on both sides."

Gene Pierceall, a supervisor at the City of Murray treatment facility, was the top performer for his side, losing 7.76 percent of his weight. Kathryn Murphy of Environmental Services at Spring Creek Health Care Skilled Nursing & Rehab Center was the overall winner, losing 10.4 percent of her weight. Pierceall was rewarded a day off from his work duties while Murphy won \$250 for her efforts.

"It was a good experience for me, and I learned a lot," said Murphy, who started the program at 171 pounds and finished at 151. "And, since the competition ended, I've lost another two pounds. My goal is 125 so I've still got a lot of work to do."

"I was a bit apprehensive about this, honestly, but one of my co-workers strongly urged me to go to the first meeting (where weight and measurements are recorded), and it was a good experience for me. I learned a lot, but it was also good for the employees' morale. We all

kept up with each other and I can't tell you how many times I'd hear, 'You're doing great ... keep it up,' from them. I actually got to the point that I felt I was going to let them down if I stopped so I kept going."

Pierceall said he had been doing some physical fitness training before joining Walk it Off as, like many competitors, he had noticed he could use some work in that area. "Actually, it was easy to tell. Before I started (Walk it Off), I would try to tie my boots and, when I was finished, I'd be out of breath," he said, free of that issue now after dropping from 238 pounds to 216 during the program. "My original goal was 200, but I think I might be able to go past that. We'll just have to look at it closely."

"I didn't expect to win (for the city side). All I was wanting to do was get back in shape, but I tell you, it helps when you have other people in it with you."

"What we are looking for with this is long-term behavior change," said Melissa Ross, MCH health promotions coordinator. "Through this, we got people to think about their level of physical activity and the purposes of the foods they choose. But it's all about long-term decisions that can help limit manageable risk factors to many diseases, and I think we've got people thinking about now."

Ross also said having the participation of Mayor Wells and Jerry Penner, MCCH president and CEO, provided very strong motivation.

Wells competed as a member of the city team after Penner had engaged in a duel with John Wilson, MCCH vice president of Human Resources, in a competition that helped kick off the initiative for hospital employees.

9/11...

From Front

into the Pentagon. She feels politicians' involvement can lend gravity to the remembrances, but she empathizes with the reasons for silencing officeholders at the New York ceremony this year.

"It is the one day, out of 365 days a year, where, when we invoke the term '9/11,' we mean the people who died and the events that happened," rather than the political and cultural layers the phrase has accumulated, said Burlingame, who's on the board of the organization that announced the change in plans this year.

"So I think the idea that it's even controversial that politicians wouldn't be speaking is really rather remarkable."

Remarkable, perhaps, but a glimpse through the political prism that splits so much surrounding Sept. 11 into different lights.

Officeholders from the mayor to presidents have been heard at the New York ceremony, reading texts ranging from parts of the Declaration of Independence and the Gettysburg Address to poems by John Donne and Langston Hughes.

But in July, the National Sept. 11 Memorial and Museum — led by Mayor Michael Bloomberg as its board chairman — announced that this year's version would include only relatives reading victims' names. Politicians still may attend.

The point, memorial President Joe Daniels said, was "honoring the victims and their families in a way free of politics" in an election year.

"You always want to change," Bloomberg said in a radio interview in July, "... and I think it'll be very moving."

Some victims' relatives and commentators praised the decision. "It is time" to extricate Sept. 11 from politics, the Boston Globe wrote in an editorial.

But others said keeping politicians off the rostrum smacked of ... politics.

The move came amid friction between the memorial foundation and the governors of New York and New Jersey over progress on the memorial museum. New York Gov. Andrew Cuomo, a Democrat, and New Jersey Gov. Chris Christie, a Republican, have signaled their displeasure by calling on federal officials to give the memorial a financial and technical hand.

Some victims' relatives see the no-politicians anniversary ceremony as retaliation. Both states' governors have traditionally been invited to participate.

"Banning the governors of New York and New Jersey from speaking is the ultimate political decision," said one relatives' group, led by retired Deputy Fire Chief Jim Riches. His firefighter son and namesake was killed responding to the burning World Trade Center.

To Riches, political leaders' presence shows a nation's respect and recognizes their role in passing laws that aided victims' families and people sickened by working at ground zero.

Hazel City Council to approve generator bid

By PAIGE GRAVES
Staff Writer

The Hazel City Council held their normal meeting on Monday, Sept. 10 to discuss updates on a generator bid and the new sign for the city.

The council reportedly approved the minutes of a previously held special called meeting, which included discussion of the aforementioned generator. Mayor Kerry Vasseur said the voting at the special called meeting was compromised when a change was made to the generator bid.

"The meeting we had a couple weeks ago was held to vote on accept the lowest bid on that generator, and some issues came up," he said. "The water district had changed, and they wanted a natural gas generator instead of diesel. At that time we couldn't vote on anything because we had to wait to find out the lowest bid. That came from DC Electric out of Benton, and they agreed to change from diesel to natural gas."

A design for a new city sign was recently decided upon, and it was reported that the update given by Williams Sign Company stated the sign would be in place by the first of October, Vasseur said.

There was also an update on the progress of Hazel Days, detailing that vendors and scheduling are on track.

More new business included how to address a damaged culvert on 3rd Street. The road there had begun to wash out because of the failure of a culvert, and Vasseur said Judge Executive Larry Elkins agreed to have the county road department survey and replace the culvert on the grounds that Hazel would pay for materials used.

"They'll provide the labor, which is very nice," Vasseur said.

In other business, the board discussed the monthly bills and reviewed and approved the previous month's financial statement.

Jackson hearing...

From Front

Degree, but that was amended to two counts of Assault 2nd Degree Monday. His original bond of \$20,000 cash was also reduced to \$15,000 partially reduced by 10 percent.

Murray Police allege Jackson struck two people with his car. MPD Sgt. Scott Svebakken said Sunday that the incident happened after an altercation of some type.

Hutchens scheduled a preliminary

hearing in Jackson's case for 9:30 a.m. Sept. 26 in Calloway District Court. Hutchens will hear evidence in the case and then decide if it will be sent to Calloway Circuit Court.

Jackson, a sophomore at MSU, is expected to be a starting guard for the Racers this upcoming season, it was reported.

Individuals facing charges are innocent until proven guilty.

Patterson, convention...

From Front

Convention in Tampa, Fla. a few days earlier.

"I felt fortunate to be able to do that, and we had a great conversation. I'd say it lasted about an hour," Patterson said, noting the Temple student was not the only person seeking his thoughts. "I don't know how I came to be chosen, but I also was interviewed by a young man for a Belgian network. This guy probably was no older than 22, and he was like me, having never experienced anything like this in his life. He just seemed amazed by everything going on around him, and I think that was the case for a lot of us."

Patterson also said he got TV face time in America while at the convention, though he did not know it at the time. However, the many text messages that began appearing on his cell phone after CNN cameras showed the Kentucky delegation on the final night.

"I never saw it, of course, but I'd say within seconds of us being shown, I had 20 or 30 texts from people all over the country that I know saying, 'Hey! We saw you on TV!'" said the Murrayan, one of 73 delegates to attend the convention from the commonwealth with only a handful of those

coming from the far-western part. He was joined by Kay McCollum of Grand Rivers, Gail Hardy of Cadiz, Jesus Menendez of Paducah and Mark Bryant of Paducah, and they all got to witness the convention's more memorable moments that came each evening.

"Having (former Arizona congresswoman) Gabby Giffords lead the Pledge of Allegiance (to open Thursday's final session) was incredible. You cried and you couldn't help it," Patterson said of the appearance of Giffords, who is still recovering from being shot during an appearance in her home state last year. "That was a powerful, emotional and inspirational thing, but then again, everything about it was that."

"There were a lot of great speeches that a lot of the public didn't get to see because those parts weren't carried by the main TV networks. Of course President Barack Obama was very strong with his speech, but you also had the vice president (Joe Biden) and (former presidential candidate) John Kerry who also did a very good job with their speeches."

"And (former president) Bill Clinton still has his magic. His speech was just wonderful."

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Flu...

From Front

said more information is available from the CCHD for concerned individuals.

"Any time you get a vaccine or anything like that, there are always potential side effects," she said. "For the flu shot, most of the time side effects tend to be sore arms and maybe a little fever."

Though walk ins are welcome, making an appointment would help someone avoid standing in line. Luckily, there seem to be more locations offering flu clinics than in the past, Cavitt said.

"Places like pharmacies or doctor's office provide them too," she said. "We encourage you to get it wherever you can. As flu season is coming up, hand washing and covering your cough are the two most important things you can do."

For more information call 753-3381.

COMMUNITY

www.murrayledger.com

Wilson and Son to present at conference

Special to the Ledger

Murray Middle School educators Martin Son and Clint Wilson will be presenting at the Kentucky Association of School Councils Annual Conference, Aim High: Prepare for Success, Sept. 25-26, at Louisville's downtown Marriott.

Their session, "Math: Sharing What Works," will provide insight to their faculty and staff implementations school-wide and, throughout the year, that unlocks student potential and raises their achievement levels in mathematics.

Joining these representatives from Murray Middle School will be other leaders from across Kentucky who will be addressing topics vital in education today. Kim Bearden, our keynote speaker, delivers inspiring keynote messages to thou-

sands of educators each year. As the co-founder, executive director and language arts teacher of the Ron Clark Academy, she is active daily in all aspects of the educational process. Over the past twenty-three years, she has been a teacher, instructional lead teacher, curriculum director, school board member, staff development trainer and middle school principal. Bearden has proven that the required curriculum can be taught in a way that reinforces academic rigor while making learning an adventure.

A few conference session highlights include: high performing schools sharing what works in reading, math, science and social studies; schools that have made impressive improvements; a session on shifting practice-linking formative assessment, homework and learning will be presented by Leslie Robertson. KASC's newest workshop, Assessment



Photo provided
Pictured, from left, are Clint Wilson and Martin Son, Murray Middle School teachers who will present at the Kentucky Association of School Councils Annual Conference.

and Accountability, which covers the components of Kentucky's Accountability System, will also be offered.

Both new and experienced council members can fulfill their

training requirement at the KASC conference, and the conference is approved for EILA credit. This conference is for teachers, principals, parents and district leaders.

DATEBOOK

CCFR annual fundraiser underway



Datebook
Jessica Morris,
Community
editor

The Calloway County Fire-Rescue annual fundraiser is currently in full swing in the form of a mailer to all county residents. The mailer is the only fund raiser the department conducts, and is to ask for donations for the rescue squad which is not supported by tax revenue, and is funded solely on a donation basis. The fund raiser is done exclusively by mail, and no phone calls are made. Questions can be directed to our main station at 101 East Sycamore, or by phone to 753-4112.

East SBDM Council will meet

The East Calloway Elementary site based decision making council will meet in regular session Sept. 11 at 4 p.m. in the teacher's lounge at the school. All interested persons are invited to attend.

Zetas of MWC to meet

The Zeta Department of the Murray Woman's Club will meet Thursday, Sept. 13, at 2 p.m. at the clubhouse. Gale Vinson will speak about "Hail to the Chief." Thought for the Day will be Barbara Brandon. Hostesses will be Brandon and Susan Strong. All members are encouraged to attend.

Rebate day set for Thursday

An Amyotrophic Lateral Sclerosis Association Rebate Day will be held Thursday, Sept. 13, from 11 a.m. to closing at Sirloin Stockade, Murray. Present an ALS Rebate Day certificate at the time of your order. Sirloin Stockade will donate a percentage of their sales for the day to support the Murray Walk to Defeat ALS, set for Saturday, Sept. 29, at Murray State's CFSB Center. To obtain a certificate, contact DeAnn Barnett at 753-5719.

Genealogical Society to meet

The Calloway County Genealogical Society will meet Tuesday Sept. 11, at 1 p.m. at Pogue Library on the campus of Murray State University. This will be a planning session for the 2012-13 year. New officers are President - Janace Sims, Vice President - Janet Dees, Secretary - Carolyn Tidwell & Treasurer - Jean Murdock. For more information call Janace Sims at 753-5093.

MMS SBDM Council will meet

Murray Middle School-Based Decision-Making Council will meet in regular session Tuesday, Sept. 11, at 4 p.m. All interested persons are invited to attend.

CCMS council to meet

The Calloway County Middle School Site-Based Decision Making Council will hold its regularly scheduled monthly meeting Wednesday, Sept. 12 at 3:30 p.m. in the library/media center. The meeting is open to the public.

CCHS SBDM to meet

The Calloway County High School Site Based Decision Making Council will hold a regularly scheduled meeting on Wed., Sept. 12, at 3:30 p.m. in the media center. The public is invited to attend.

Deltas of MWC to meet

The Delta Department of the Murray Woman's Club will meet Wednesday, Sept. 12, at 11:15 a.m. at the clubhouse. Susie Crook will speak about "Mentoring." Hostess will be Genie May. All members are encouraged to attend.

FCC Reading Group to be held

The community is invited to attend the next session of First Christian Church's reading group, "Charter for Compassion," Wednesday, Sept. 12, at 12:30 p.m. at Murray State University. The goal of the reading group is to help the city of Murray move toward becoming a city of compassion. For more information call 753-3824.

Outland Cemetery will hold meeting

The annual meeting of the Outland Cemetery will be held Wednesday, Sept. 12, at 11 a.m. at the cemetery. Anyone with family buried in the cemetery is encouraged to attend. Donations to help with the upkeep of the cemetery are also needed. Mail donations to Betty Vinson, 2011 Gatesborough Circle, Murray, KY 42071.

Storytime Tuesdays offered by church

Immanuel Lutheran Church, 100 South 15th Street, offers Storytime Tuesdays from 9:30-11 a.m. for children from birth to 5 years of age. In addition, there's music interaction, snacks and crafts plus a coffee bar for moms, grandmothers and caregivers. Call 753-6712 for more information.

Legion officers giving help

Bill Cowan and Mark Kennedy, service officers of American Legion Post No. 73, will be available each Wednesday from 1-4 p.m. to assist veterans of Calloway County with the completion of forms and the filing of claims with the Veterans Administration at the Legion Post, 310 Bee Creek Dr. No appointment is necessary and veterans are served on a first-come, first-served basis. For more information call Kennedy at 752-3333.

DivorceCare meetings held Wednesdays

DivorceCare is a special weekly seminar and support group for people who are separated or divorced. If you know someone going through a divorce, make sure he or she knows about DivorceCare. It might just be the best thing you could do to help. Meetings are at Elm Grove Baptist Church, 6483 St. Rt. 94 East, beginning at 6 p.m. every Wednesday. Call 293-2509 for more information.

Overeaters' Anonymous to meet

Overeaters' Anonymous, a 12-step recovery group for all types of eating problems, meets each Thursday from 1:30-2:30 p.m. at Christ Methodist Church, 1322 W. Broadway, Mayfield. For more information call Marcia at (270) 247-7414 or Jim at (270) 623-8850.

Domestic violence support offered

Domestic violence support/educational groups are currently offered on a weekly basis. For more information on dates and times, call the Merryman House Domestic Crisis Outreach Office of Calloway County at 759-2373.

Baby Registry

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- MaSherra & Martin Athens
- Jamie & Brenton Bailey
- Rachel & Zach Brown
- Marne & Michael Carter
- Lauren & Brian Couch
- Christina & Tevin Crumble
- Natalie & Derek Driscoll
- Sarah Farmer & Ben Jackson
- Chelsea & Justin Hendrick
- Rachel & Darren Higgins
- Alison & Christopher Hill
- Melissa Holland
- Olivia Houston & Adam Fogle
- Haley & Zach Howland
- Alycia & Stephen Janow
- Lora & Reed Jarvis
- Emily Kohl & David Leonard
- Brooke Lassiter & Matthew Shultz
- Caitlin Mackowey
- Heather Miller & Luke Carpenter
- Jessica & Luke Millroney
- Jessica & Matthew Morris
- Amy & Trevor Pervine
- Amber & Blake Rayburn
- Janessa & Chris Resendes
- Crystal Settle & Brad Erwin
- Jennifer & Dave Sevilla
- Autumn Speed & Rob Puryear
- Courtney & Brandon Steele
- Stacy Sullivan & Adam Finnell
- Natalie & Matt Thorn
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Prohm to be guest speaker

Special to the Ledger

The Alpha Department of the Murray Woman's Club has announced that Steve Prohm will be the speaker for its membership tip-off meeting Saturday, Sept. 15, at 9:30 a.m. at the Murray Woman's Club House. All members of the Murray Woman's Club, as well as prospective members, are encouraged to attend. A welcome, including the wearing of Murray State University apparel, is planned for Coach Prohm. His interest in the educational success of his team, as well as their success on the basketball court, has inspired support from a broad cross-section of the community.

The Alpha Department has a historical commitment to literary and educational interests. Alpha sponsors programs for all ages including poetry and essay contests, the Steve McReynolds Character Counts Essay Contest, the annual Adult Spelling Bee scheduled for Sept. 24, as well as a continuing education scholarship for a non-traditional female student. Women in the community who share an interest in educational and literary initiatives are especially encouraged to attend this membership informational meeting and program.

Hostesses for this Alpha Department Brunch are Cindy Graves, Marlene Beach and Brenda Call.



Steve Prohm



Photo provided
CCRTA MEETING HELD: Calloway County Retired Teachers Association met on Monday, Aug. 12, for their first meeting of 2012-13 at Murray Woman's Club house. A catered meal was served and first time attendees were recognized. Robert McGaughey, far right, and Robert Valentine presented the entertainment. The next meeting for CCRTA will be Monday, Oct. 8.

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LEARNING

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MHS names Orr Rotary Student of the Month

MURRAY—Stephen Orr was selected as the August Rotary Student of the Month by the Murray High School faculty and staff.

An MHS senior who was chosen as a 2012 International Space School and 2012 Governor Scholar Program recipient, Orr will graduate in the spring with a 4.0 grade point average.

Also a member of the MHS Boys' Soccer Team, MHS Cross Country team and MHS Football team, Orr holds stellar awards including 2011 first place regional Track Pole Vault, second place 2011 regional and state track pole vault, Academic All-State First Team Soccer (2010, 2011), and Academic All-State First Team Football (2009, 2010, and 2011). A 2010 U.S. Achievement Academy National Athletic Award recipient, Orr also received a first place award in the 2011 Regional Foreign Language Festival Spanish

Dialogue category.

During Orr's four years at MHS, he was a member of Leadership Tomorrow, Hi-Y Club, Fellowship Christian Athletes, the DAWG Pound, and the Murray Calloway Robotics Team. Orr was also selected to attend the HOBY Hugh O'Brian conference at Transylvania University in 2011.

Orr said his Murray High School experience has been excellent for many reasons.

Stephen Orr said Murray High School has provided him with many opportunities. "This summer I had two amazing experiences. I attended the Governor's Scholar Program and the United Space School in Houston. I cannot do justice to either of these programs using words alone," he said. "I am so grateful to Mrs. Speed and the Murray Independent School System for giving the ability to pursue these opportunities and I look forward to many more opportunities to come."

A member of St. Leo's Church, Orr serves as the Hospitality Minister. He is the son of Scott and Michelle Orr, Murray.



Orr



GRANDPARENT'S DAY: East Calloway Elementary 3rd grade teacher April Freund (left in photo) is introduced to Kyla Ray's grandmother, Cynthia Diane Ray, during the school's recognition of Grandparent's Day. Families were invited to share cookies and lemonade and join in classroom activities with students during the late afternoon event.



AG DAY: Murray Elementary School third grade Students from Mrs. Bloodworth's class learned about the food chain from the Kentucky Fish and Wildlife program as part of Ag Day at the Expo Center. Pictured from left are Jonathan Dick, Apirada Chetawatee, Ainsley Byers, Madysen Morris, Tessa Cope and Lucy Mitchell

Grant to help local students

By DAVID DOWDY
CCHS Public Relations Coordinator

The Dollar General Literacy Foundation has awarded a Youth Literacy grant in the amount of \$ 1000.00 to North Calloway Elementary.

"The Dollar General Literacy Foundation is pleased to support the literacy efforts of North Elementary," said Rick Dreiling, Dollar General's chairman and CEO. "The Youth Literacy grants are awarded annually at the start of the school year so that the funds are in place to have an impact on reading education and support."

The Dollar General Literacy Foundation's Youth Literacy grants are awarded to assist with implementing new or expanding existing youth literacy programs; to purchase new technology or equipment to support youth literacy initiatives; or to purchase books, materials or software for youth literacy programs. North Elementary Librarian/Media Specialist Laura Webb took the lead in writing the grant application.

In August, the Dollar General Literacy Foundation awarded grants totaling more than \$2 million to 564 non-profit organizations, community groups, schools and libraries throughout the United States. It is estimated that approximately 315,000 youth will be served as a result of these grants.

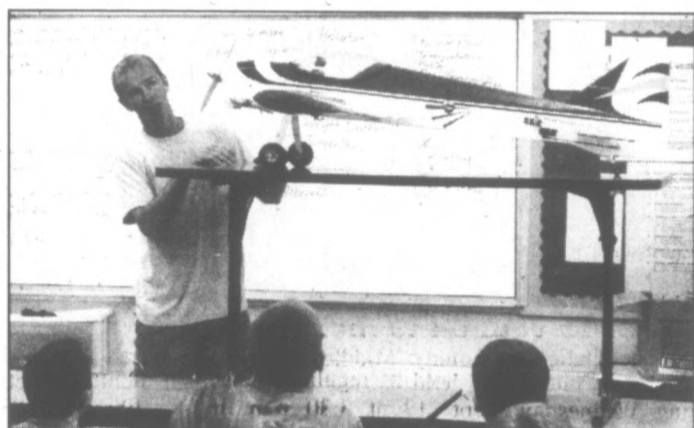


Photo provided

HIGH FLYING EDUCATION: Calloway County resident Toby Kimbro visited Steve Welter's 6th grade technology students at Calloway County Middle School to demonstrate his radio-controlled airplane. He explained the control surfaces on the model aircraft that control pitch, yaw, and roll. After a short lecture, the class moved outdoors for a flight demonstration.



Photo provided

QUALITY TIME: New Covenant Christian Academy in Hardin, Ky., hosted a Grandparents' Day breakfast on Friday, Sept. 7. Grandparents joined the students for breakfast, toured the classrooms, worked on projects with the students, and heard songs and poems the students memorized.

Unleashed - A Kentucky Adventure

Written by Leigh Anne Florence

Illustrated by Chris Ware

Chapter 1

"Well, Woody, it looks as if all your numbers are higher than last year," the doctor said as she went over my test results.

"That's awesome!" I exclaimed, puffing out my chest.

Doc Albert chuckled before she spoke. "Actually Woody, it's not like exams in school where higher numbers mean better grades. With medical exams, higher numbers aren't usually a good thing."

"I don't understand," I said, looking back and forth from my parents to the doctor.

"Well, your blood sugar, your cholesterol and your weight are all higher than they were last year. Those three things tell me you aren't eating right or exercising enough. And for you to be healthy, that has to change."

I felt a tear come to my eye, but I didn't want to cry in front of my parents, my sister or the vet, so I played it cool.

"I must have allergies too," I said, wiping my eyes and drying my snuffles.

"It's not the end of the world, and you're certainly not in trouble, Woody," Doc Albert assured me. "It's a wake-up call. It's your body telling you to treat it better."

"What did you score on your tests, Chloe?" I asked my sister.

Doc Albert answered for her. "Though Chloe hasn't gained any weight, her cholesterol and her blood sugar were also a tiny bit higher than last year."

"What is co, co,"

"Cholesterol," Doc Albert said, trying to help Chloe pronounce the difficult word.

"Yes, cholesterol," Chloe repeated. "What is it?"

I was wondering about that,



too, so I was happy my sister had asked.

"Cholesterol is a waxy, fatlike substance made in the liver and other cells, and found in foods like eggs and meat," Doc Albert explained. "Our body needs cholesterol to work properly, but if we get too much cholesterol it can clog up our arteries and make it harder for our heart to pump blood."

I thought about my eating habits and all the times I helped Chloe finish her dinner. Then I thought about my favorite foods - Vanilla Woofers, pupsicles, popcorn, puparoni pizza, bacon, ice cream, pudding pups, meat,

cheese, eggs, the very thing Doc Albert said was filled with cholesterol.

"Sure I have a hearty appetite, but I'm a busy guy," I said to my doctor, trying to convince my parents and myself. "How many other black and tan wiener dogs from Kentucky do you know who write books and travel around the beautiful Bluegrass State with their wiener dog sister and Mom and Dad? Have you ever met another dachshund who spends his days in schools and libraries talking to children and adults about keeping a positive attitude, being respectful and

working hard to achieve their goals? I work hard and I need my strength to keep going. I need food to run just like a car needs gasoline to run," I said, proud of my point, hoping it didn't come off as disrespectful.

"That's a great point," Doc Albert said. "But would you fill your car up with apple juice or water?"

"Of course not!" I answered as we all laughed. "It wouldn't run, silly."

"Well, the food you are putting in your body is just like filling your car up with apple juice. It might fill the tank, but you won't go anywhere," Doc explained.

As valid as I thought my argument was, Doc Albert made a much stronger point.

"Sit tight while I get your prescriptions ready, pups," Doc ordered as she left the exam room. I hoped the medicine wasn't some nasty, smelly stuff that made me hold my nose so I could swallow it.

Doc Albert returned carrying a large brown cardboard box, securely taped, that was bigger than Chloe and me. "Here you go, pups," Doc said as she handed the box to Dad. The top of the box read "Rx for Woody and Chloe. Take as directed."

"What does Rx mean?" I asked, trying to pronounce the word that didn't have a vowel in the middle of it.

"Rx is an abbreviation for medical prescription," Mom explained. "And you know what a prescription is. It's a recipe for getting well."

I didn't know what was in the box, but one thing was for sure. It was the biggest recipe I had ever seen.

continued next week

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KSP graduates 23 teens from Driving Academy program

Special to the Ledger. FRANKFORT, Ky. — Twenty-three students from 21 different schools throughout the state graduated from the KSP 'Drive to Stay Alive' (D TSA) academy. The program ran from Sept. 5-9, and was held at the KSP Headquarters in Frankfort.



Photo by Les Williams

Pictured are, top row, from left, Luke Kennison, Scott High; Billy Hall, Knott Central High; Ryan Simpson, Western Hills High; Travis London, Barran Co. High; Daniel Correll, Breathitt Co. High; Buddy Perry, Spencer Co. High; Sarah Bivens, Calloway Co. High; Second Row Rebecca Orberon, Taylor Co. High; Joshua Rice, Martha Layne Collins High; Jordan Watts, Western Hills High; Ben Mills, Barbourville High; Logan Hill, North Laurel High; Bella Sawyer, Woodford Co. High; Marci Beason, Franklin Co. High; Douglas Newman, South Floyd High; Bottom Row Cassidy Perry, Carroll Co. High; Lyndi Walker, Anderson Co. High; Cody Mason, Oldham Co. High; Trent Arnold, Muhlenberg Co. High; Quinton McNeely, Lyon Co. High; Olivia Melton, Franklin Co. High; Lauralee Johnson, South Floyd High and Kaitlyn Hager, Western Hills High.

The 'Drive to Stay Alive' program teaches the students safe driving techniques by KSP instructors with hands-on road driving and classroom exercises, including the dangers of driving impaired, seat belt safety, distracted and aggressive driving. Public Affairs Branch Commander Sgt. Rick Saint-Blancard explained that the 'Drive to Stay Alive' program was designed not only to decrease teen crashes but to provide students with the tools to be advocates in their own schools. "The training includes topics such as collision causation, vehicle dynamics and skid control, backing skills, multiple turns and lane interchange, safety belts and air bags, evasive maneuvers, off-road recovery, and controlled braking," advises Saint-Blancard.

According to Saint-Blancard, the real potential of the 'Drive to Stay Alive' program begins after the students return to their schools. "The students are teamed with an experienced state trooper to spread the message to other students in each school and within their community as well," he says. "The effectiveness of the program is based on the concept that a message conveyed by a fellow student carries more weight with other students and is therefore more memorable."

The D TSA students are evaluated and scored on the safe driving programs they present in their respective schools and communities. The students with the most effective programs, resulting in increased seat belt usage, are eligible for scholarship funds. The D TSA program is funded through KSP and a grant from State Farm Insurance Company.

In 2011, there were 21,350 teen driving collisions resulting in 4,152 injuries and 63 deaths in Kentucky. "The goal of this program is to save lives and especially those of our teenagers," says KSP Commissioner Rodney Brewer. "Our youth are the future of the Commonwealth and if we can get them to buy-in to this program - becoming advocates for safe driving - it will save lives."

Commissioner Brewer believes the 'Drive To Stay Alive' program will have a lasting effect on the students who graduate the program. "We have given them great opportunities this week and have challenged their driving capabilities," says Brewer. "They have met people during this program who have shared stories that will stay with them for a lifetime."

For more information about the 'Drive To Stay Alive' program or how your school can get involved, please contact the KSP Public Affairs Branch at (502) 782-1780.

by Jacqueline Bigar

Murray Ledger & Times Fair Housing Act Notice. All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or intention to make any such preferences, limitations or discrimination. State laws forbid discrimination in the sale, rental or advertising of real estate based on factors in addition to those protected under federal law.

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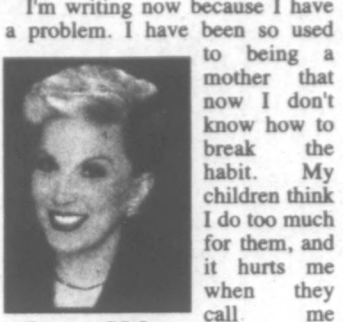
Looking Back

Ten years ago Pictured are Murray-Calloway County Hospital President/CEO Isaac Coe and Dr. Casey Hines viewing the model for the proposed hospital expansion at a reception held to hear community input. In high school golf, the Calloway County girls golf team defeated Lone Oak and Murray High while Calloway's Josh Burks took boys' medalist honors with a 2-under-par 34. Lindsay Elliott's 40 was the top individual girls' nine-hole round. Pictured are members of Woodmen of the World Lodge 827 presenting a Kentucky State flag to Calloway County North Elementary School. An insert of "That Fateful Day: Remembering Our Nation's Dark Day One Year Later" with stories about the 9-11 attacks was included in this day's edition. Twenty years ago Recent births reported at Murray-Calloway County Hospital for Sept. 6 include a boy to Michelle and Vanness Powell, Benton; and a boy to Diane Olive, Murray. For Sept. 7, a girl to Melissa and James Thorn, Murray; and a boy to Nina and Rodney Frey, Paris, Tenn. In high school golf, Murray High Lady Tigers beat Calloway County 224-225 at the Murray Country Club. Joy Roach shot a 46 to lead the Murray girls and claim medalist honors. Murray High boys beat Lone Oak 150-165. Adam Grogan had a score of 34 and won medalist honors. Erica Hill, 9, of Murray, skied in the AWSA Southern Regionals Ski Tournament held Aug. 6. She placed fifth in the girls 1 slalom division. In the Kentucky State Water Ski Championships she broke three state records. She is the daughter of Bobby Hill and Felicia Hill. Thirty years ago Mr. and Mrs. Thomas Parker will celebrate their golden wedding anniversary Sept. 12. The Ohio Valley Conference announced its selection of the

league's top freshman performer as Murray State's reserve tailback Tony Moore, of Louisville, after scoring a touchdown and rushing for 87 yards in the Racers 16-6 win over Southeast Missouri. Murray's Ron Hesselrode returned from the 72nd Peterson Classic Bowling Tournament in Chicago where he placed ninth out of 33,958 bowlers. He won \$1,065. A picture of Carol Farmer on the second story ledge of the old Woodruff Theater Building, next to First Christian Church, was supplied by Auburn Wells. Farmer, later to own his own electrical business in Murray, operated the projector. The iron steps were used to go to the balcony which was the Shroat Meat Market building later. Forty years ago Luther Kanipe, Bill Cherry and Dwight Wolfe are pictured with rifles preparing for the opening of dove hunting season. Births reported include a girl to Mr. and Mrs. Noel Camden Aug. 18. Tom Perkins, poetry columnist for The Ledger & Times, will be one of the judges for annual poetry contest sponsored by Kentucky Poetry Society. Fifty years ago Glen Chaney, Carroll Williams, Mary Wells, Marilyn Cunningham, Gary Turner, Larry Jones and Emma Hill are officers of Faxon Junior Beta Club. Murray City Council approved sites for elderly housing construction in Murray as presented by L.D. Miller, executive director of Murray Municipal Housing Commission. Sixty years ago Murray Training School opened with an enrollment of 421, according to Escro Gunter, director. Births reported include a girl to Mr. and Mrs. Hugh Foster, Aug. 28; a girl to Mr. and Mrs. John Newberry, Aug. 28; and a boy to Mr. and Mrs. Wess Jones, Aug. 29. tiamen aided by Paiute Indians. In 1936, Boulder Dam (now Hoover Dam) began operation as President Franklin D. Roosevelt pressed a key in Washington to signal the startup of the dam's first hydroelectric generator. In 1954, the Miss America pageant made its network TV debut on ABC: Miss California, Lee Meriwether, was crowned the winner. In 1962, The Beatles completed their first single for EMI, "Love Me Do" and "P.S. I Love You," at EMI studios in London.

Smothering mom looks for way to break free from her habit

DEAR ABBY: I am a 62-year-old lady who has been a dedicated mother, helpful grandma and a good wife. I don't mean to imply that I'm perfect, but my heart has always been in the right place. I'm writing now because I have been so used to being a mother that now I don't know how to break the habit. My children think I do too much for them, and it hurts me when they call me "annoying" and "impossible to deal with." I wish I could act differently, but I don't know how. I've been told I need to do something with my life other than help my kids when they don't seem to need it -- and even when they do. I know I deserve to be happy, but I don't know how to start. Can you tell me what to do, Abby? -- MELANCHOLY MAMA, WENATCHEE, WASH.



Dear Abby By Abigail Van Buren I wish I could act differently, but I don't know how. I've been told I need to do something with my life other than help my kids when they don't seem to need it -- and even when they do. I know I deserve to be happy, but I don't know how to start. Can you tell me what to do, Abby? -- MELANCHOLY MAMA, WENATCHEE, WASH. DEAR MELANCHOLY: You are a successful wife and mother, having raised independent children. Now it's YOUR turn. Think back to before you were married and had children -- what were your interests? Was there a class or subject you wanted to take at a community college? Did you want to act in a play, paint a picture, photograph a landscape, read Shakespeare, join a hiking club, travel the U.S., learn to dance? Learn to speak French, plant a garden, raise rabbits, write a novel or the story of your life, study architecture, learn more about the stock market, raise funds for your favorite charity, or (you fill in the blank)? If you still can't get the urge

Simple measures treat symptoms of hiatal hernia

DEAR DOCTOR K: I had heartburn, and my doctor told me I have a "hiatal hernia." I thought hernias caused pain and swelling in the groin. Could my doctor be wrong? DEAR READER: Any doctor's diagnosis can be wrong, present company included. Of course, I can't know for sure if your doctor's diagnosis is right, but I'll bet it is. There is a common condition called "inguinal hernia" (or just "hernia") in which the intestine bulges out through a hole in the muscle of the groin. That's the kind of hernia you're describing. A hiatal hernia is different. It's a condition that affects your stomach and esophagus. Hook the tips of your fingers underneath the lowest rib. At about that spot is the diaphragm, a flat muscle that separates your chest from your abdomen. By moving down and up, the diaphragm helps your lungs take in and blow out air. The diaphragm has a small hole in it. (The word "hiatal" is an ancient word for such holes in body tissue.) The esophagus, the tube that connects your mouth to your stomach, runs through the hole. Normally, the stomach starts just below the diaphragm. In fact, tough tissue around the hole normally tethers the top of the stomach to the diaphragm, keeping the stomach below it. In people with a hiatal hernia (like you, if your doctor is right), the tissue holding the stomach below the hole in the diaphragm weakens. This allows part of the stomach to slide up into your chest. That's most likely to hap-

pen when you do something that raises the pressure in your abdomen, like persistent or heavy coughing, vomiting, or straining while having a bowel movement. (I have a picture of hiatal hernia on my website.) Fortunately, many people with a hiatal hernia do not get symptoms from it. But some do, and you may be one. The symptoms usually are heartburn, belching, bloating, a sense of fullness in the upper part of the abdomen after a meal, or even nausea and vomiting. Usually the heartburn is felt in the abdomen, but sometimes it's felt below the breastbone, in the chest. The symptoms are caused by gastroesophageal reflux disease, commonly called GERD. GERD often occurs in people with hiatal hernia, although many people with GERD do not have hiatal hernia. The diagnosis of a hiatal hernia sometimes can be made by a simple chest X-ray that shows part of the stomach where it shouldn't be: in your chest. Another type of X-ray, called a barium swallow, also can pinpoint the problem. Maybe your doctor has ordered one of these studies. If your hiatal hernia causes reflux symptoms, such as heartburn, it may help to eat smaller, more frequent meals. Avoid eating for at least two hours before going to bed, and sit up for at least one hour after eating. If these changes don't help, antacids or acid blockers usually will. Rarely, surgery may be necessary if you have persistent reflux or inflammation of the esophagus that does not heal with medication. Most of the time, however, simple measures can fix your symptoms. (Dr. Komaroff is a physician and professor at Harvard Medical School. To send questions, go to AskDoctorK.com, or write: Ask Doctor K, 10 Shattuck St., Second Floor, Boston, MA 02115.)



Dr. Komaroff By Dr. Anthony Komaroff

Today in History

By the Associated Press Today is Tuesday, Sept. 11, the 255th day of 2012. There are 111 days left in the year. This is Patriot Day. Today's Highlight in History: On Sept. 11, 2001, nearly 3,000 people were killed on America's worst day of terrorism as 19 al-Qaida terrorists hijacked four passenger jetliners. Two planes smashed into New York's World Trade Center, causing the twin towers to fall; one plowed into the Pentagon; and the fourth was crashed into a field in western

Pennsylvania. On this date: In 1777, during the American Revolution, forces under Gen. George Washington were defeated by the British in the Battle of Brandywine. In 1814, an American fleet scored a decisive victory over the British in the Battle of Lake Champlain in the War of 1812. In 1857, the Mountain Meadows Massacre took place in present-day southern Utah as a 120-member Arkansas immigrant party was slaughtered by Mormon mili-

tiamen aided by Paiute Indians. In 1936, Boulder Dam (now Hoover Dam) began operation as President Franklin D. Roosevelt pressed a key in Washington to signal the startup of the dam's first hydroelectric generator. In 1954, the Miss America pageant made its network TV debut on ABC: Miss California, Lee Meriwether, was crowned the winner. In 1962, The Beatles completed their first single for EMI, "Love Me Do" and "P.S. I Love You," at EMI studios in London.

BABY BLUES



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PEANUTS



Hints From Heloise

THE GOLDEN RULE Dear Heloise: A friend recently said that the golden rule of neat housekeeping is: Don't put it down; put it up. It's a great rule if you can live up to it. -- Harold W., Temple, Texas. CHARITY CALENDARS Dear Heloise: Near the end of the year, I receive lots of calendars for the next year from charities. There is no way I could use all of them, so I package them up and donate them to the city-wide food drive during the holidays. I figured these are an item that everyone needs, and I am glad they won't go to waste! -- Jan B., North Little Rock, Ark. ADDRESSING A FLORAL PROBLEM Dear Heloise: As a florist for many years, I have to respond about finding ADDRESSES FOR FLOWERS SENT. It's a frustrating and time-consuming issue for us, too. If an order is placed over the Internet, the customer doesn't

give an address, just a credit-card number. Many times we receive a misspelled name and can only write it as it was received. Another issue is using only first names. Many families know more than one "Jim and Mary." My dad died recently, and we have several cards signed with a first name only. Next time you send flowers, especially using the Internet, along with your sympathy message, sign your first and last name, and ask for your address to be placed on the back of the card. It will eliminate the florist having to search records for addresses or names, and will save everyone time. Thank you to everyone who sends flowers! As a family member recently told me, it's like the sender is sending a hug and love when it's most needed. -- Nancy, via email This is a blooming good hint! Thanks for writing. -- Heloise PLASTIC CONTAINER ODOR REMOVER Dear Heloise: I had a favorite small plastic bowl with a lid that was in use all the time. It got pushed to the back of the fridge and was forgotten, and when I found it, the half onion had turned to mush. I could not

get the terrible smell out. I used soap, soaked it in vinegar, bleach, stuffed it with newspaper, added vinegar to the newspaper -- but nothing would remove that awful odor. When opening a new jar of instant coffee, the delicious aroma gave me the idea to put a tea spoon or so in the container, close the lid and let it sit overnight. Like magic, the odor is completely gone, and the container is ready to use again. I never miss your wonderful column! -- Esther in Columbus, Ohio GIFT CARDS Dear Heloise: I buy gift cards, but hate trying to remember the amount that is left after a purchase. I keep the receipts and tally the remaining (Heloise here: the remaining balance left), and write it using a permanent marker on the back of the card. -- K.R. in New Hampshire Send a money-saving or time-saving hint to Heloise, P.O. Box 795000, San Antonio, TX 78279-5000, or you can fax it to 1-210-HELOISE or email it to Heloise(at)Heloise.com. I can't answer your letter personally but will use the best hints received in my column.

Crosswords

Crossword puzzle grid with clues for Across and Down.

SPORTS

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email: sports@murrayledger.com

NFL: BALTIMORE 44, CINCINNATI 13; SAN DIEGO 22, OAKLAND 14

MNF one-sided in four season openers

BENGALS, RAIDERS ANEMIC IN MONDAY NIGHT FOOTBALL, CHARGERS, RAVENS WIN BIG

DAVID GINSBURG
JOSH DUBOW
AP Sports Writers

BALTIMORE (AP) — The Baltimore Ravens' new no-huddle offense gave the Cincinnati Bengals no chance to win.

Joe Flacco threw for 299 yards and two touchdowns, Ed Reed took an interception 34 yards for a score, and the Ravens rolled to a 44-13 victory Monday night to extend their home winning streak to 11 games.

Flacco and the offense worked this summer on running plays without a huddle, and when it came time to put the new scheme

into action, the results were almost flawless. The Ravens amassed 430 yards, didn't commit a turnover and punted only twice.

"That tempo really helped us out because those guys can really get to the passer and really create a lot of pressure," Flacco said. "I think the fact that we were able to go up-tempo and kind of keep those guys on the field took its toll on them."

After letting an early 14-point lead dwindle to 17-13, the Ravens pulled away by scoring 24 straight points in just over six minutes. Ray Rice ran for 68 yards and two short scores, but

instead of dominating the Baltimore attack in his usual fashion, the running back took a back seat to Flacco.

"Obviously, everything went pretty well for us tonight," Flacco said.

Not so for the Bengals, who made the playoffs last year without beating a team that qualified for postseason play. In this one, Cincinnati once again came up short against a high-caliber opponent.

"That certainly wasn't what we expected to have out there today," coach Marvin Lewis said. "We got outplayed and we got outcoached."

Although the 44 points were only 11 fewer than the Ravens mustered in two games against Cincinnati last year, Lewis insisted Baltimore's no-huddle attack wasn't the difference.

"I wish I could say it was the no-huddle," he said. "I think it's an effective thing for them, and it's something they'll continue to do, but I don't think it really bothered us."

The loss sure did.

"They just outplayed us," defensive tackle Domata Peko said. "They just beat us today, and we've got to get better."

Flacco watched the final eight minutes of the blowout on the sideline after going 21 for 29 in Baltimore's ninth consecutive victory in the AFC North. The Ravens were the only team in the division to win an opener.

And while the offense certainly was impressive, Baltimore's defense also excelled in its first game under coordinator Dean Pees. Playing without injured NFL Defensive Player of the Year Terrell Suggs — who had 14

sacks last year — the Ravens dropped Andy Dalton four times.

Not only that, but Baltimore turned two turnovers into touchdowns over a two-minute span. After Reed's touchdown return, 37-year-old linebacker Ray Lewis forced a fumble that was recovered by Lardarius Webb, setting up a 1-yard touchdown run by Rice to make it 41-13 with 13:41 remaining.

Lewis and the Baltimore defense are used to carrying this team, but now the offense seems ready to do its part.

"Joe kind of got us into a rhythm and always kept their defense off balance," Lewis said. "We've practiced against this offense all offseason, so to see it now, when everything's real, I think you have to take your hats off to how hard we worked as a

■ See NFL, 10A

MSU FOOTBALL

Huzzie named CFPB national linebacker of the week
NINE TACKLES, FIRST CAREER INTERCEPTION

NETS AWARD

From MSU Athletics

Murray State linebacker Qua Huzzie had one of the best game of his career against Central Arkansas, and for his efforts, the junior was named the College Football Performance Awards National Linebacker of the Week.

Huzzie (LaGrange, Ga.) finished the game with a team-high nine tackles, including four tackles-for-loss, and his first career interception. The four TFL's tied his career best set against Eastern Kentucky a season ago.

Through two games this season, Huzzie has 11 tackles, four tackles-for-loss and an interception. He ranks second in the OVC, and 13th nationally, in tackles-for-loss.

Hatcher not worried after lopsided loss to Central Ark.
RACERS NOT DWELLING ON 0-2 RECORDBy RICKY MARTIN
Sports Editor

Murray State head coach Chris Hatcher insists there's plenty of positives to focus on this week as the Racers prepare for Missouri State.

Coming off a 42-20 loss to nationally ranked Central Arkansas in the home opener last Saturday, Hatcher said Murray State had a high-spirited practice on Sunday night, adding that the Racers were focused and ready for a solid test from the Bears.

"We had a good practice on Sunday night," Hatcher said. "These guys, they are smart, they know that we didn't do some things well on Saturday, they all know that, but they also know that there are plenty of things we did well and that we can fix the things we didn't."

While the Racers find themselves in a 0-2 hole to begin the season, there was good news out of Racer camp on Monday morning, other than the fact the Racers are still mostly healthy.

Junior linebacker Qua Huzzie, who was a preseason All-Ohio Valley Conference selection, was named College Football Performance Awards National Linebacker of the Week for his efforts against Central Arkansas.

In what was one of Huzzie's best game in a Racer uniform, the LaGrange, Ga. native finished with a game-high nine tackles, to go along with four tackles-for-loss and the first interception of his career.

On Monday morning, Hatcher said he wasn't surprised to the hear the award went to Huzzie, who has recorded 11 tackles, four tackles-for-loss and a lone pick through two games this season.

"I didn't know he had won an award, but that doesn't surprise me," Hatcher said with a slight smile. "He's an outstanding player, he's a great tackler for us and he continues to be so on Saturday. The thing about Qua, is that he's just as good of a guy off the field as he is on it."

While Huzzie continues to anchor the Racer defense,

■ See MSU, 10A

MURRAY STATE GOLF

First pocket aces

MURRAY STATE'S WEAVER CARDS MSU GOLF PROGRAM'S FIRST-EVER TOURNAMENT HOLE-IN-ONE

From MSU Athletics

Murray State's Alli Weaver lived a golfer's dream Monday at the Mississippi State Intercollegiate when she made a hole-in-one on the same hole a day after she had made the first at Ole Waverly Golf Club in West Point, Miss.

During Sunday's practice round with her MSU teammates, Weaver, a senior from Lititz, Pa., aced the par-3 17th hole with a 4-hybrid from 157 yards. She came to the same hole Monday and made another hole-in-one with the same club from 154 yards.

"I was actually in shock today when it went in," Weaver said. "On Sunday I didn't see the first one, but today you could see the hole from tee box. It hit about seven feet from the hole and went in! My teammate Delaney ran up to me and Coach Milkman was excited too."

Up until Sunday, Weaver had never had a hole-in-one in her career. So what will she be thinking Tuesday when she comes to the 17th for a chance at a third straight ace?

"I'm going to try and not think about it," she said with a laugh. "My odds were small today and even smaller tomorrow."

Head coach Velvet Milkman said Weaver's ace is the first in the history of the women's golf program at Murray State during a competition. The MSU women's golf program is in its 20th season.

"Alexandra Lennartsson had our last hole in one at Georgia State last

spring, but that was in a practice round," Milkman said. "We've had several at our home course Miller Memorial and at other places, but this is the first during a tournament."

As a team, the Racers put together a splendid round of 302 that earned a spot in fifth place in a deep field of 11 teams. The Racers trailed host Mississippi State (297) who was in fourth place and third place Kentucky (294). Tulane (290) set the pace in first place ahead of second place Arkansas (294). Murray State led sixth place Southern Mississippi and South Florida who each carded a 307.

Delaney Howson led MSU in round one with an even par 72 for a spot in fifth place in the field of 57 players, while Alexandra Lennartsson was in 11th place with a 74. Abbi Stamper fired a 76 and was in 27th place. With her hole-in-one, Weaver carded an 80 and was in 43rd place. Sophie Hillier had an 84 and was in 55th place.

Gina Nuzzo is playing as an individual for the Racers in the event and was in 61st place with a 90.

Tulane's Gemma Dryburgh was the leader with a 69.

The Racers' second round will begin at 8:30 a.m. Tuesday morning and they'll be paired with Mississippi State and Southern Miss.

The Old Waverly course is playing 6,199 yards and at a par of 72.

From MSU Sports Information
Murray State senior Alli Weaver collects her second lifetime hole-in-one ball in the Mississippi State Intercollegiate at the Ole' Waverly Golf Club in West Point, Miss., on Monday. Her first lifetime ace came Sunday on the same hole in a practice round.

MAJOR LEAGUE BASEBALL: SAN DIEGO 11, ST. LOUIS 3

Cards drop opener to Padres on west coast road trip



ALEX GALLARDO / AP Photo

San Diego Padres' Cameron Maybin, right, scores on a slide home to beat the throw to St. Louis Cardinals catcher Yadier Molina, left from Cardinals first baseman Allen Craig.

STL LOSES FOURTH OF FIVE, HOLD ONE-GAME WILD-CARD LEAD

SAN DIEGO (AP) — Things got so easy for the San Diego Padres on Monday night they spent the last few innings trying to make history.

Cameron Maybin hit a two-run homer, Will Venable had three RBIs and the Padres handed the struggling St. Louis Cardinals an 11-3 loss.

The Padres had 17 hits and scored more than one run in five different innings. They scored five runs in their last two at-bats to break open the game and give both Logan Forsythe and Maybin the opportunity to become the first player in franchise history to hit for the cycle.

Forsythe struck out in each of his last two at-bats, including in the eighth inning when he took

such mighty cuts he nearly lifted himself off the ground — and fell a home run short of the cycle.

"I got away from my approach and tried too hard to make something happen," Forsythe said. "I kind of had to try because it hadn't been done before."

San Diego and Miami are the only teams in the majors who have not had a player hit for the cycle. The Padres are also the only team to have not thrown a no-hitter.

The Padres were aware of it on the bench and were pulling for Forsythe and Maybin, who needed a double in his last at-bat in the eighth for the cycle. Maybin walked.

When someone told Forsythe he didn't get cheated on his swings in the eighth, he said, "No, but it cost me. I learned from it. I won't be doing that again. I tried once and that was good enough."

The loss dropped the Cardinals 9 1-2 games behind first-place Cincinnati in the NL Central. The Reds beat Pittsburgh

4-3 in 14 innings. St. Louis, which has lost four of five, had its lead cut to one game over the idle Los Angeles Dodgers for the second NL wild-card berth.

"Ugly," said Cardinals manager Mike Matheny. "We got a lead, quickly lost it, then couldn't get it stopped. We just had a rough time getting people out."

Maybin connected for his seventh homer off Jaime Garcia (4-7) that broke a 2-all tie in the fourth inning. Maybin scored three runs.

Chris Denorfia tied his career high with four hits and also had two RBIs. Forsythe added three hits to tie his career high as San Diego matched its season best for runs.

"I liked the fact we had Garcia on the ropes in the first, even though he wiggled out of it," San Diego manager Bud Black said about the Padres leading the bases but not scoring.

"We kept putting the pressure on him and we had a lot of big, two-out hits," he added.

Sports Shots



Photo Submitted

Local AAU team, West Ky. Elite, traveled to Louisville July 21-22, 2012, to participate in the Battle Of The Bridges tournament. At the end of the two-day tourney their record was 5-1, losing in the championship game to a select team from Indianapolis and Louisville. Team members are pictured after receiving their medals for Runner-Up. (Back row, from left), Michael Arnett, Parker Adams, Jonathan Rhinehart, Austin Renfro, and Skylar Hunter. (Front row, from left), Hunter Smith, Clay Smotherman, Wade Carter, Chase Clark, and Coach Tommy Futrell.

NFL ...

From Page 9A

Reed's jaunt with a pass tipped by Cincinnati receiver Brandon Tate put the diminutive safety in the NFL record book. Reed has 1,497 yards in interception returns, eclipsing the previous record of 1,483 yards by Rod Woodson. It was Reed's seventh career score on a pickoff return.

Dalton went 22 for 37 for 221 yards, and BenJarvus Green-Ellis rushed for 91 yards and a score in his Cincinnati debut.

Dalton went 4 for 5 for 56 yards in the opening drive of the second half, and although the drive stalled at the Baltimore 1, Mike Nugent kicked a 19-yard field goal to get the Bengals to 17-13.

Flacco went 12 for 15 for 183 yards in the first half to stake Baltimore to a 17-10 lead.

Flacco set the tone for the shootout on the game's first offensive play, throwing deep to Torrey Smith for a 52-yard gain. That set up a 46-yard field goal by Tucker, who won the job in training camp from Billy Cundiff.

Baltimore quickly forced a punt, and Flacco went back to work. He completed a 16-yarder to Jacoby Jones on a third-and-15, tossed a 1-yard pass to Rice on a fourth-and-1 and watched from the backfield as Rice completed the 12-play, 63-yard drive with a 7-yard touchdown run behind a fine block by fullback Vonta Leach.

"It was really fun for me. I barely got hit tonight," Rice said.

OAKLAND, Calif. (AP) — Philip Rivers and the San Diego

Chargers capitalized on their opponent's mistakes instead of making errors of their own.

Rivers threw a 6-yard touchdown pass to Malcom Floyd and Nate Kaeding kicked five field goals to spoil Dennis Allen's debut as Oakland coach by beating the Raiders 22-14 on Monday night.

The Raiders were looking to start a new era on a positive note but were done in by an offense that couldn't score a touchdown until the final minute and three botched punts after an injury to Pro Bowl long snapper Jon Condo.

The Chargers did enough to win on a night they started undrafted rookie Mike Harris at left tackle and were missing starting running back Ryan Mathews and receiver Vincent Brown to injuries.

San Diego protected Harris by throwing short often with 16 of Rivers' 24 completions going to running backs and tight ends. Rivers threw for 231 yards, but was sacked just once and did not turn the ball over after having 20 interceptions a year ago.

Oakland had its own problems with injuries. The absence of deep-threat receivers Denarius Moore (hamstring) and Jacoby Ford (left foot) left Carson Palmer mostly throwing underneath to Darren McFadden, who caught a career-high 13 passes. A head injury to Condo in the second quarter proved to be even more significant when backup long snapper Travis Goethel had to fill in.

Early in the third quarter, the Raiders lined up to go for it on

fourth-and-2 from the San Diego 48. But after a penalty for 12 men in the huddle, Oakland decided to punt. Goethel's snap rolled back to Lechler, who was tackled for a loss, giving San Diego the ball at the Raiders 39. That set up a 28-yard field goal by Kaeding.

After Oakland was stopped on its next drive, Lechler set up closer to Goethel, whose snap made it back in the air. But Dante Rosario broke through for the first block against Lechler since 2006 — a year before Condo joined the team. The Chargers once again had to settle for a short field goal and led 16-6 heading into the fourth quarter.

Goethel rolled another snap back early in the fourth quarter, once again giving San Diego the ball in Oakland territory, setting up Kaeding's career-high tying fifth field goal to make it 22-6.

Palmer finally got Oakland into the end zone with 54 seconds left on a 2-yard pass to rookie Rod Streater and the two connected for a 2-point conversion to make it 22-14. But San Diego recovered the onside kick and iced the game.

Palmer went 32 for 46 for 297 yards.

The Raiders had little trouble moving the ball in the first half but could not get into the end zone and trailed 10-6 at the break.

Oakland gained 204 yards but settled for field goals of 51 and 19 yards by Sebastian Janikowski. Another prime scoring drive ended when Streater fumbled at the San Diego 29.

sparingly against the Bears according to Hatcher. Hatcher said Berry was available in Saturday's game with Central Arkansas, but there wasn't a scenario throughout the game where Hatcher felt comfortable putting the former four-star running back in the contest.

"(Berry) will play on Saturday," Hatcher said. "Now how much will he play? That is yet to be determined. It depends on what type of week of practice he has."

Calloway Girls win fourth straight, boost record to 5-4

Staff Report

The Calloway County girls soccer team extended its winning streak to four games with a 9-0 win over St. Mary on Monday night.

The Lady Lakers jumped out to a quick 2-0 lead in the first five minutes when Maddie Balmer took an assist from Montana Rowland four minutes in and followed it up with an unassisted shot one minute later. Some 14 minutes later, Jordan Tetre found the back of the net off an assist from Sara Wann, then the Lady Vikings knocked in a dreaded own goal at the 38 minute mark and Allie Daniel booted a direct kick home as the first half ended to take a 5-0 lead into the intermission.

Calloway came out of the break and got a goal from Wann seven minutes in to the second stanza, then Tetre scored her second goal on a penalty kick four minutes later. Wann joined Tetre and Balmer in the two-goal club at the 57 minute mark on an assist from Daniel to make it 8-0 in favor of the Lady Lakers.

Finally, with six minutes remaining the game, Estafanni Romero connected with Lauren Eastwood to mark the last goal of the game for the home team.

All-in-all, the Lakers took 25 shots to the Vikings' two, one of which came in the first half and Sarah Humphreys successfully defended, the other in the second which Deyvn Poston saved.

The Lady Lakers are currently outscoring their opponents 36-1 in the four wins, and have moved from 1-4 when the streak began to 5-4 on the season.

The Team will travel to Marshall County on Thursday for a chance to avenge the 4-1 loss from Aug. 16.

SCOREBOARD Sponsored by Stuart Alexander 1702 Hwy 121 North Bypass Murray, Kentucky stuart.alexander@kyfb.com (270) 753-4703 HOME • AUTO • LIFE

Table with multiple columns for Class 1A, Class 2A, Class 3A, Class 4A, and Class 5A, listing Rank-School, FPV, Rod, TP, Pvs, and others receiving votes.

MSU ...

From Page 9A

Hatcher did say he and his coaching staff would shake things up this week during practice, giving some second-team players first-team reps in practice on both defense and special teams.

Murray State struggled defending the Central Arkansas passing game on Saturday night, giving up 393 yards through the air. Meanwhile, the Racers — who hadn't given up a punt return for a touchdown since

2008 entering this season — gave one up for the second time in as many weeks against the Bears.

"We have plans to shake some things up this week," Hatcher said. "We are going to give some other guys who have been making plays for us a chance this week in practice to get some more minutes, especially in the secondary and on special teams."

Murray State will get some extra help in the form of Jamaal Berry this week as well, as the Ohio State transfer will play

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Welcome Whitney Kubach

Audiology & Hearing Center is excited to announce the addition of Whitney Kubach!

Whitney Kubach is completing her Doctor of Audiology degree at The University of Louisville. She is originally from western Kentucky, and is a graduate of Webster County High School. Miss Kubach looks forward to getting to know our patients and providing the exceptional care you've come to expect from Audiology & Hearing Center. Stop in and meet Whitney in person! 150 Brett Chase, Suite B - Paducah 1711 North 121 Bypass - Murray 270.717.0030 Visit us online at www.wkyhearing.com

RUN ZOMBIE, RUN! 5K Hazel Day Celebration October 6, 2012 8:00 a.m. WEAR YOUR ZOMBIE BEST, Medals awarded in each category Race shirts guaranteed for pre-registration entries postmarked by Sept. 16 Hazelky.com for registration form DAY OF REGISTRATION AT CITY HALL beginning at 7:15 a.m. FOR MORE INFORMATION bkell@wk.net