

10-19-2009

The Murray Ledger and Times, October 19, 2009

The Murray Ledger and Times

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MURRAY LEDGER & TIMES

Vol. 136, No. 245 www.murrayledger.com Monday, October 19, 2009 Murray, KY 42071

Residents reminded of blood shortage

Special to the ledger
Officials with the Murray-Calloway County Hospital Blood Donor Center recently announced a shortage of A-negative, O-positive and O-negative blood. All area residents are asked to stop by the Blood Donor Center, or call to make an appointment, to give these much-needed blood types, commented Allison Sloan with the MCCCH planning and marketing department.

"The constant supply of blood provided locally to the MCCCH Donor Center gives the gift of life to many people. It takes less than an hour to make a blood donation," she said.

Blood donors must be at least 18 years of age (16 or 17 with parental consent), be in good health, weigh at least 110 pounds and pass the brief physical and health history exams given prior to donation.

"The need for these blood

See Page 2

WEATHER

Today	Tomorrow
60s	70s
40s	40s

Daily Forecast

By The Associated Press
Monday...Sunny. Highs in the mid 60s. South winds 10 to 15 mph.
Monday night...Clear. Lows in the mid 40s. South winds around 10 mph.
Tuesday...Sunny. Highs around 70. South winds 5 to 10 mph.
Tuesday night...Clear. Lows in the upper 40s. South winds 5 to 10 mph.
Wednesday...Mostly sunny. Highs in the lower 70s. South winds 5 to 10 mph.
Wednesday night...Partly cloudy. Lows in the mid 50s.
Thursday...Showers and thunderstorms likely. Highs in the upper 60s.

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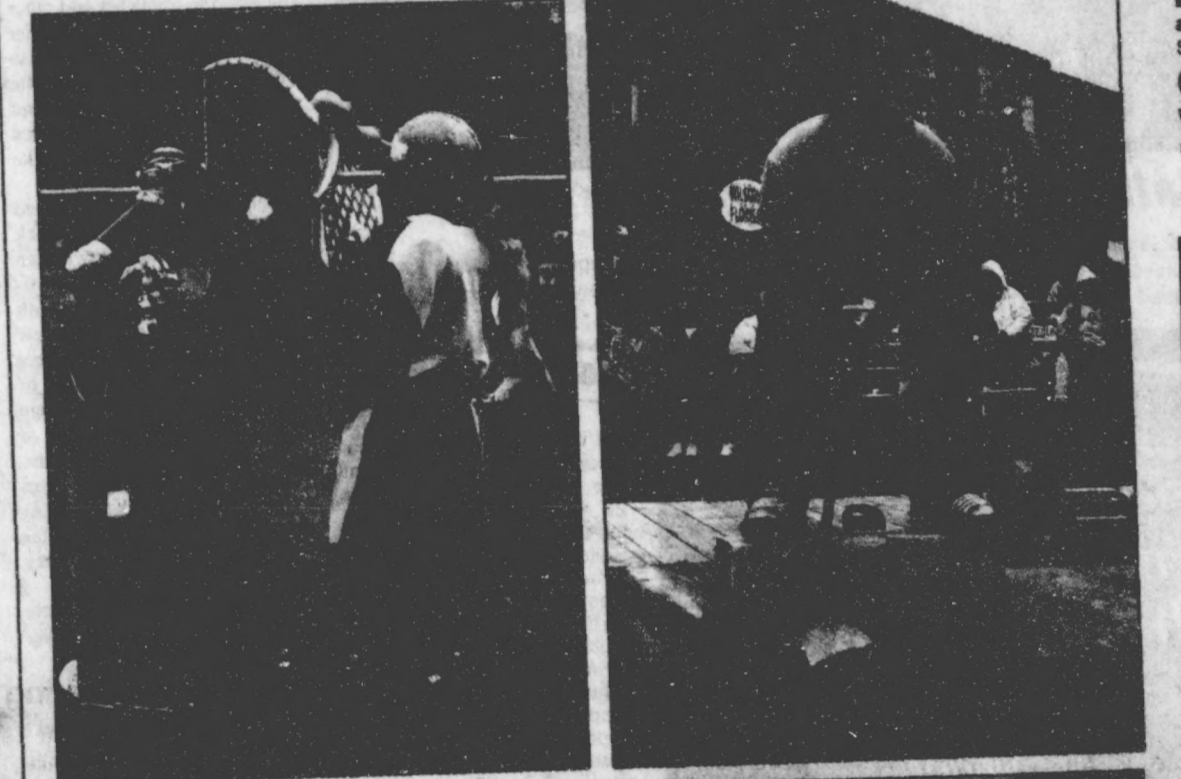
One Section - 10 Pages

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Fun for the Family

Cool temperatures can't slow weekend activities



HAWKINS TEAGUE / Ledger & Times
Pictured, clockwise, from top left, residents enjoyed the Highland Festival; Lumberjack competition; Fall on the Farm; and Paws for a Cause. The Start Heart Walk was also held (see page 2).



Highway department preparing now for winter

By TOM BERRY
Staff Writer
No one wants to say it but ice, snow and other cold weather will be blowing in soon.

And the state Department of Highways began preparations this morning to make sure salt trucks, snow shovels and other bad weather equipment are ready to roll when "Old Man Winter" makes his debut.

Keith Todd, a spokesman for the DOH District One and District Two offices in Paducah, said department personnel are busy making sure the equipment is ready to make roadways safe when harsh weather strikes.

"We usually do that to promote the snow and ice routes and get those maps up on the Internet," Todd said. "Crews from Trigg, Marshall and Calloway will be doing their calibrations."

All the department's available snow plows, salt beds and other equipment were mounted on trucks.

"They make sure they are in operating order," Todd said. "They go through a safety

By HAWKINS TEAGUE and KYSER LOUGH
Staff Writers

Saturday was a busy day in Murray and fairly chilly temperatures didn't keep people from showing up to several activities around town.

It didn't hurt that despite cloudy skies, there was luckily no rain. At the opening ceremony for the West Kentucky Highland Festival in Central Park, Robert Valentine gave a tribute to the late Mayor Tom Rushing, speaking in a Scottish accent.

Valentine said Rushing was always a willing participant and usually showed up to the Highland Games dressed in a kilt. Mayor Danny Hudspeth accepted a plaque of appreciation for Rushing on the city's behalf.

In one of the baseball fields, members of the Society for Creative Anachronism, acted out sword fights. The leader of the group explained how their fights worked: to the spectators on the other side of the fence.

"For those of you who can't tell the difference between this and a Renaissance fair, there is no choreography (with our group)," he said. Adding a bit of levity, he said, "And we do this for fun," with a pained expression and scratching his head.

Members of Scottish clans sat under their tents while vendors sold kilts.

See Page 2

Shunned Illinois senator suddenly seen as relevant

By LAURIE KELLMAN
Associated Press Writer

WASHINGTON (AP) — For Democrats determined to get a health care bill, Sen. Roland Burris is like the house guest who couldn't be refused, won't soon be leaving and poses a plausible threat of ruining holiday dinner.

Suddenly, he can no longer be ignored.

See Page 2



Rebate Night at Nick's
10% of cash sales on Thursday, 10/22/09
between the hours of 5 p.m. to 12 p.m. will be donated to CASA.

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Start! Heart Walk

KYSER LOUGH/Ledger & Times

Participants in the American Heart Association's Calloway County Start! Heart Walk circle the upper level of the Regional Special Events Center at Murray State University Saturday. The walk was moved indoors due to weather but over 300 participants turned out for the event, which raised over \$66,000 for the AHA.

Weekend activities ...

From Front

Scottish shortbread and other pastries under other tents. Mary Cates of the Murray Art Guild sat under another tent weaving and two bagpipe players could be seen walking around while playing their instruments.

While past years have sometimes been warmer and sunnier, West Kentucky Highland Society Vice President Dwight "Doc" Holiday said the weather turned out reasonably well for the festival. Besides, the slightly chilly and overcast weather was appropriate to a celebration of Scottish heritage, he said.

Murray State University's School of Agriculture held its annual Fall on the Farm at the Pullen Farm over the weekend. Children and their families once again enjoyed the corn maze, petting zoo, pony rides, pedal tractors, the trebuchet and other activities. Keyon and Heather Chapman said they had also brought their children, Kylie and Gage, the year before and that Kylie particularly enjoyed the tire swings made to look like ponies.

Plenty of people also turned out to the Lumberjack Challenge at the downtown court square to watch competitors chop away at lumber with chainsaws and axes. A few blocks away at the Main Street Youth Center, members of Woodmen of the World Lodge 138 from Hazel conducted a child identification program, collecting DNA samples from hair fibers and mouth swabs. At the same time, the Ruling Star Lodge No. 5 raised money inside for its charity fund.

That morning, the Glendale Place and Human Society Relay for Life teams held a Relay fundraiser in the Glendale Place parking lot called Paws for a Cause. Betsy Whitfield brought her four dogs, Sally, Sophie, Champ and Mo. She said she was glad to help to raise money to fight cancer, especially since Sally had been recently diagnosed with canine hemangiosarcoma.

The American Heart Association's Calloway County Start! Heart Walk was held Saturday morning, but moved indoors because of the cold weather. Originally planned to start on the football practice field at MSU and go on a three-mile loop around campus, the event was instead held inside the Regional Special Events Center.

The change of venue didn't affect the turnout, as around 300 teams, comprised of over 300 people, showed up to support the American Heart Association.

Before the event got underway, emcee Pete Lancaster welcomed the crowd and introduced the co-chairs of the event, Chuck and Sarah Jones. Staff walk director Sarah Keith presented them with flowers and a heart-shaped vase. Ronda Dunn, wife of MSU president Randy Dunn, opened the event by singing the national anthem.

The walk was led by survivors of heart disease, who wore red hats. They were followed by the teams, who had been fundraising over the past few months and had raised over \$66,000. Keith said the goal is \$90,000 and they would still be collecting donations after the walk.

C.A. Jones Management Group LLC was recognized as the top fundraising company for raising \$15,000.

Police investigating reported stabbing

Staff Report

The Murray Police Department is currently investigating a reported stabbing incident that occurred early Friday morning.

At approximately 3 a.m., officers responded to Meadow Lark Apartments. Cody Adams, 23, of Murray, told police that he and some friends had been sitting outside his apartment when they were approached by three men. He said he asked the men to leave and that a physical

alteration occurred at that time. Adams said he then felt something sharp hit his back.

Adams was transported to the Murray-Calloway County Hospital emergency room for treatment and then transported to Vanderbilt in Nashville. The incident is still under investigation and no further information is currently available. Anyone with information is asked to contact Detective Angel Clerc at 753-1621.

Illinois senator ...

From Front

The Illinois Democrat, appointed by disgraced former Gov. Rod Blagojevich, says he'll only vote for a bill to provide health care to millions more Americans as long as it allows the government to sell insurance in competition with private insurers.

And he says he won't compromise. "I would not support a bill that does not have a public option," Burris, 72, said in a recent interview with The Associated Press. "That position will not change."

Those words caught the attention of the very Democratic leaders who tried to keep Burris out of the Senate, suggested he resign and have shunned him in unprecedented fashion. Burris is not the only Democrat to insist on creation of a government-run health plan. But he is the one who has the least to lose by defying President Barack Obama and the Democrats who once turned him out in the cold rain.

It was early January and Blagojevich had appointed Burris, a former Illinois attorney general, to Obama's former Senate seat — defying Democrats in Washington who had wanted someone without a tainted patron and with a better chance of winning election in 2010.

Blood shortage ...

From Front

types is critical. If you are unable to stop by the Donor Center, the next Blood Drives in the community will be on the following dates, and everyone is welcome to attend," Sloan added.

Those dates are: Wednesday, Oct. 14 at Westside Baptist Church in Murray, from 5:30

p.m. to 8 p.m.; and Tuesday, Oct. 20, and Wednesday, Oct. 21, at Briggs & Stratton in Murray, from 1 p.m. to 5 p.m.

Sloan said, to make an appointment to donate blood, or to find out where the next blood drive will be, residents should contact the MCCH Blood Donor Center at (270) 762-1119.

Highway department...

From Front

basically saying that if we were to get a snow that we are ready to go," Oliver said. "We're doing all 12 counties in this part of the state this week. We just picked a week where all the supervisors can get their counties ready."

Calloway County Road Department Supervisor Joie Brook said this morning that the department will be doing the same soon.

"By the end of October we have to send Frankfort an email

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Town Crier

NOTICE

• Calloway County Fiscal Court is scheduled to meet at 5 p.m. on Tuesday, October 20 in District Court room of the Calloway County Judicial Building on North Fourth Street. On the agenda for the meeting is a resolution concerning the rural secondary road program, declaring the former Calloway County Health Center as surplus property, various board appointments and a lease agreement between the court and the Calloway County Board of Health.

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FORUM

e-mail: tberry@murrayledger.com

U.S. military not a social testing ground

I am sympathetic to the story told by Joseph Rocha, who claims in a Washington Post opinion column that he was discharged from the Navy because he is gay, though he says he never told anyone.

Rocha says his male colleagues concluded he was gay when he wouldn't laugh at their dirty jokes about women or visit prostitutes with them.

Gay service members have a point when they claim a double standard exists for heterosexuals and homosexuals regarding sexual behavior.

Rocha also alleges cover-ups by higher-ups about male sexual assaults on lesbians and the pressure he says lesbians feel to keep quiet because by "telling" they could face discharge.

But we are beginning in the wrong place. The place to start is whether citizens of this country, through their elected representatives and the military leaders named by them, have a right to determine what type of service members best serve the interests, safety and security of the United States.

I contend we do. The military should not be a test lab. Pressure is building to put female sailors on submarines, along with gay, lesbian, bisexual and transgender people presumably.

That many heterosexuals find homosexual behavior immoral and not conducive to unit cohesion is of no concern to the social wrecking crew.

What gay activists apparently don't care about is the effect reshaping the military in their image would have on our ability to fight and defend the country, which, after all, is the purpose of a military.

If the armed services were open to all behaviors (as distinct from orientations), recruitment might become more difficult. Some of the services have recently struggled to meet their recruitment goals, though overall enlistment is up because of the economy.

At the Human Rights Campaign dinner last Saturday in Washington, President Obama said, "I will end 'don't ask, don't tell.'"

He also pledged to bring an end to the Defense of Marriage Act (DOMA), which was passed by a Republican Congress and signed by Bill Clinton. Obama knows -- or should know -- that he does not have that power.

He took an oath to faithfully execute the laws of the United States.

If Congress wants to repeal DOMA and change the military's behavioral codes, it can do so through new legislation.

But that would put "Blue Dog" Democrats at risk of reelection, since they serve mostly conservative districts.

They know their political careers would be over if they voted in favor of either gay marriage or for gays in the military.

The gays in the military and gay marriage issues are part of a broader attempt by liberals to restructure society.

Social activists despise biblical morality (which heterosexuals could use a little more of, too), traditional values that have been proven to work when tried and numerous other cultural mores. This is not an opinion.

It is also not a secret. The more radical activists have written and spoken openly about their intentions. President Obama's language (whether action follows is another matter) gives lip service to their cause.

Opinion polls have shown the public shifting in favor of gays in the military, including a recent Gallup poll which found that "Americans are six percentage points more likely than they were four years ago to favor allowing openly gay men and lesbian women to serve in the military, 69 percent to 63 percent."

That is mostly because there are few leaders who wish to give voice to opposing points of view. They fear being shouted down, or being accused of "homophobia."

What we tolerate we will get more of. Sexual behavior is an important cultural and moral issue.

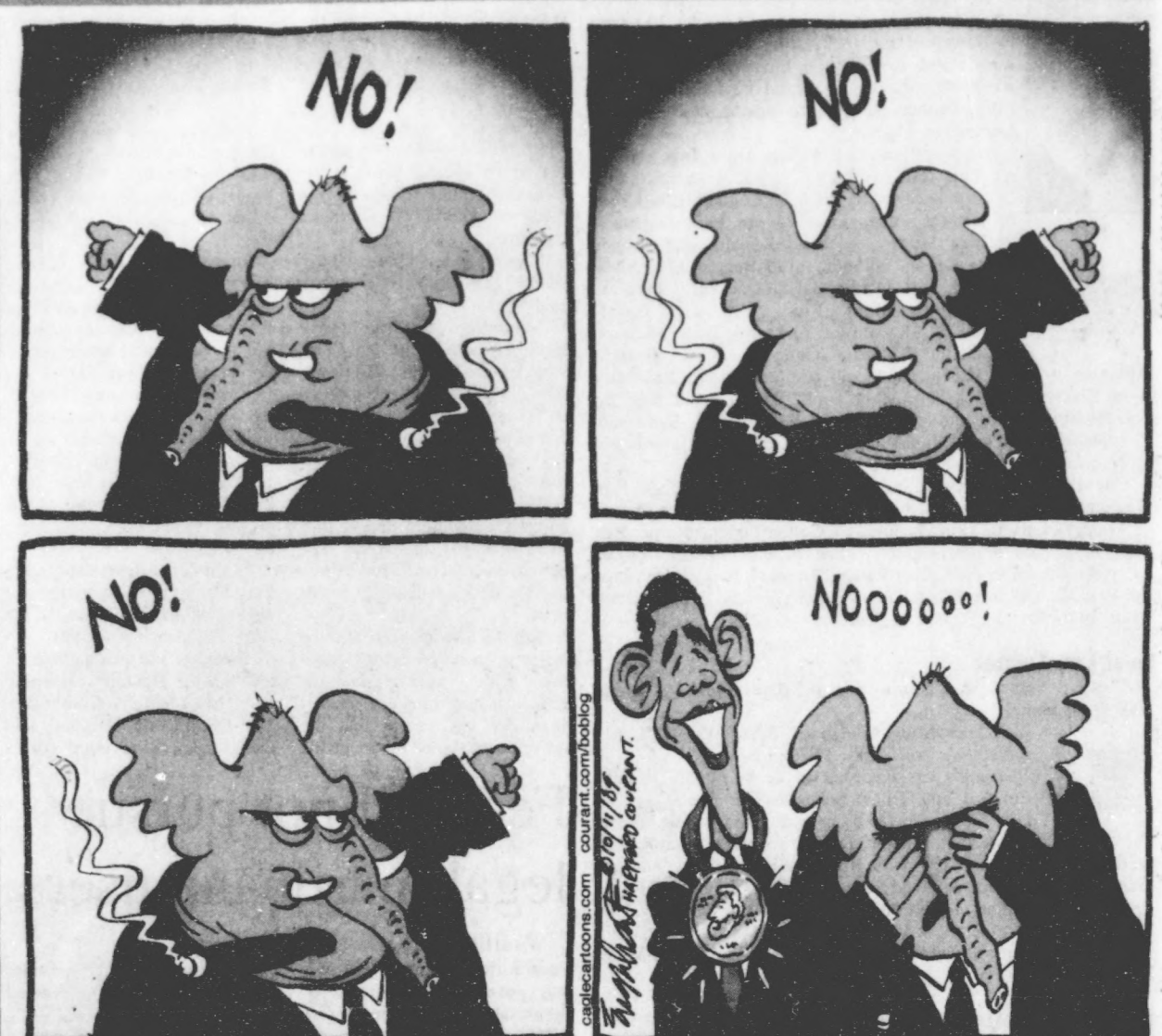
President Obama won the election with just 52 percent of the popular vote and a margin of 7 percent over Sen. John McCain. This should not be seen as a mandate for him and his administration to make over America in a secular and liberal image.

Neither should it be seen as an invitation to give blanket approval to homosexuality, considered by some to be against the best interests of the people who practice it, as well as the nations that accept it.

Direct all MAIL for Cal Thomas to: Tribune Media Services, 2225 Kenmore Ave., Suite 114, Buffalo, N.Y. 14207. Readers may also e-mail Cal Thomas at tmseditors@tribune.com.



Cal's Thoughts
By Cal Thomas
Syndicated Columnist



Health insurers 'cherry picking' the facts

WASHINGTON (AP) — In its assaults on a Democratic health care overhaul bill, the insurance industry uses facts selectively and mixes accurate assertions with misleading spin and an embrace of worst-case scenarios.

Take the 30-second TV spot that America's Health Insurance Plans, the industry's trade group, was running this week in six states as the Senate Finance Committee approved overhaul legislation.

With a series of beleaguering elderly people on camera, a soothing female voice says accurately that Congress has proposed cutting more than \$100 billion from Medicare Advantage.

Then the announcer adds, "The nonpartisan Congressional Budget Office says many seniors will see cuts in benefits." Words flash on the screen for three seconds saying, "50 percent reduction in extra benefits."

The announcer's words are true -- but could be easily misunderstood to mean that basic Medicare coverage is at risk.

The budget office's director, Douglas Elmendorf, has said that as a result of the proposed cuts, the extra benefits Medicare Advantage recipients receive would be halved over the next decade. But the ad leaves unspoken that under the Finance bill, Medicare cover-

age for doctors, hospitals and other basic services would remain fully intact, with no reduction in benefits.

The ad also fails to mention the reason senators targeted Medicare Advantage for savings: The program is expensive for the government to administer, costing about 14 percent more per recipient than regular Medicare.

Robert Zirkelbach, the trade group's spokesman, says the ad does not attack anyone.

"Seniors have a right to know how the current legislation will impact their health security," he said.

Even so, the ad illustrates a favored tactic of Washington interest groups, which is to arouse worry about a bill among a key constituency -- in this case, elderly voters.

"Call your senators. Tell them we need health care reform that protects seniors," the announcer concludes.

A study the health insurers released earlier this week takes similar liberties. It concludes that Democrats' health care effort would drive up premiums for insured people, based on cherry-picking convenient facts and perspectives. It's an example of the classic lobbying tactic of commissioning a

report that, predictably, reinforces an interest group's views.

The study only examined four parts of the Finance bill that it said would boost consumers' costs. It ignored provisions aimed at making health care more affordable, such as exchanges whereby companies would compete for customers and subsidies to help lower-income people afford policies.

Provisions aimed at reducing costs, if successful, "would offset some of the impacts we have estimated," the accounting firm acknowledged.

One conclusion the report draws was mirrored by a fresh study released Wednesday by the Blue Cross and Blue Shield Association: For the health overhaul to work, there must be strong ways to enforce the requirement that people buy insurance.

Before the Finance Committee approved its bill, senators reduced the fines uninsured people would have to pay. The insurers argue that means many young, healthy people would remain uninsured, driving up costs for everyone else who purchases insurance -- a conclusion that analysts generally agree is valid.

"Get golly whizz. I could pay a \$400 fine and get insur-

ance when I need it, or pay \$8,000 in premiums" per year, said Robert Laszewski, a private health policy analyst. He said the choice many families would make is "blindingly obvious."

The insurers' study concludes that insurance companies, medical device makers and other providers will pass on to consumers all the new taxes and fees the Finance bill imposes. It also assumes that doctors, hospitals and other health care providers would fully pass on the cuts lawmakers would make in Medicare, which total about \$500 billion over 10 years.

It's an economic fact of life that businesses generally pass on the costs of taxes by raising prices. It's also fair to assume that when doctors and other providers see a reduction in income from their Medicare patients, they seek to make it up, if possible, from the rest of their patients.

Yet concluding that providers will pass the full cost of these changes to their customers ignores a basic assumption of the health overhaul effort. The goal is to increase competition and reduce the rate of growth currently sustained in medical costs. If the overall legislation succeeds in doing that, there would be less incentive for providers to pass on those costs and more incentives for them to compete by keeping prices low.

Opinions expressed on the Forum page do not necessarily reflect the editorial opinion of the Murray Ledger & Times.

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Parentless children an overlooked crisis

As our health care system is debated in Congress and we continue to face down pro-choice challenges in the bill, I want to take the time to remind all of us of another vulnerable segment of our population.

This is one area in which we should be in full agreement, but still one we too often overlook: the thousands of children in need of adoption by loving families who are instead consigned to a struggling foster-care system.

These are children who have been through so much already, who have lost their parents to tragedy, to the streets, or who have been pulled through the trauma of abuse or abandonment by the very person who should love them the most.

Through no possible fault of their own, these young ones have seen the hardest side of humanity, and they desperately need a steady and loving hand to guide them.

As much as we may bicker over the politics of life and the role of government in our social services, on a fundamental level the hardship of these children deserves nothing less than our compassion, support, and perhaps the very opening of our homes.

We must understand this, not as a peripheral issue, but as a true crisis of child welfare, and a battleground for our future.

In this country, there are 129,000 children waiting to be adopted. Most of those are already legally severed from their birth parents and could therefore be adopted into new families with no delays. But last year alone, over 28,000 children were left without families.

This does not need to be the case. Improvements to the adoption system in our country have made the process smoother, faster, and less expensive than it once was.

Children in foster homes can be adopted without legal complications.

Those who choose to adopt an infant can be paired with their child from before birth and even build a relationship with the birth mother. Over

and over again, in personal stories and in comprehensive studies, we are shown the overwhelming benefits of adoption. Children left in foster care not only struggle with b e i n g b o u n c e d from place to place in shifting relationships, but also face a terrible struggle when they leave the system and are left with no family support, no adequate resources, and a lack of practical preparation.

Conversely, children who are adopted -- either as infants or later in life -- have proven that strong, successful families do not require ties of blood, and children can rebound from early trauma and experience deep healing and love.

Many of you know that I

myself was adopted as an infant. I can think of no greater blessing than the family I was brought into, of the chance for a new life from the start. Every child is a gift from God, and every child deserves a loving family. As individuals and as a nation, we must make that understanding a priority moving forward.

I invite you to visit <http://www.arrow.org/>, the home of Arrow Child & Family Ministries, an organization I have been proud to partner with for many years now.

There you can learn more about the pressing issues of child welfare in this country, the policies and practices for which we advocate, and the steps your family can take on behalf of these children, perhaps even making one of them your own.

Together, we can protect children and benefit families for generations to come.

Mike Reagan, the elder son of the late President Ronald Reagan, is chairman and president of The Reagan Legacy Foundation.



Making Sense
By Michael Reagan
Syndicated Columnist

Murray Ledger & Times

www.murrayledger.com

Jo's Datebook
By Jo Bur
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Jean Jam Pant Give-a-way for students on Tuesday



Jo's Datebook
By Jo Burken
Community Editor

The Family Resource and Youth Service Centers of Calloway County Schools will host the Jean Jam, Pant Give-a-way for Students in the preschool through Middle School on Tuesday, from 6:30 to 8 p.m. at the Calloway County Middle School. Families are encouraged to take part in this event to help prepare for colder weather, if needed. Parents/Guardians are required to come to the activity with youth. For information call 762-7333.

Hospital retirees will meet
Retirees and former employees of Murray-Calloway County Hospital will meet Tuesday at 11 a.m. at the Big Apple, Murray. For more information call Nancy McClure at 492-8640.

Music Department will meet

The Music Department of the Murray Woman's Club will meet Tuesday at 6 p.m. at the club house. Presenting the program, "An Evening at the Harp" will be Mary Grace West, graduate of Murray State University. The earlier time of 6 p.m. is for the potato supper, hosted by Pat Miller and helpers.

Rho Chapter will meet

Rho Chapter of Kentucky Alpha Delta Kappa (an international teachers' organization) will meet tonight (Monday) at the home of Betty Hassell, 502 South 16th St., Murray. Cohostesses will be Elizabeth Douglas and Neta Smotherman.

Support group will meet

Death of a Parent Support Group will meet tonight (Monday) at 7 p.m. For more information contact Stephanie Cunningham at 753-6646.

TOPS meeting Tuesday

Murray Chapter of TOPS #616 will meet Tuesday from 9 to 10 a.m. at First Christian Church. Visitors are welcome. For information call Sheila at 227-1723.

Masonic Lodge will meet

Murray Lodge #105 of Free and Accepted Masons will meet tonight (Monday) at 7:30 p.m. at the lodge hall. Bobby Hale is master of the lodge. A potluck dinner will be served at 6:30 p.m. All Masons are urged to attend.

Bingo planned Tuesday

Knights of Columbus will hold Bingo Tuesday at 6:30 p.m. at the KC hall on Squire Road, Murray. The public is invited.

Al-Anon meeting Tuesday

Al-Anon will meet Tuesday at 6:30 p.m. at First United Methodist Church. Enter from the rear door located near the playground. The only requirement is that there be a problem of alcoholism or addiction in a relative or friend.

Murray Singles will meet

Murray Singles will meet Tuesday at 7 p.m. in the annex of the Calloway County Public Library. For more information call Pat at 489-2909.

Breakfast scheduled Tuesday

A Country Ham Breakfast will be served Tuesday from 6 to 9 a.m. at South Marshall Senior Citizens at Hardin. Cost is \$4 for adults and \$2 for kids.

MES meeting Tuesday

Murray Elementary School Based Decision Making Council will meet Tuesday at 3:30 p.m. in the conference room of the school.

Alumni & Associates to meet

Calloway Alumni and Associates will meet Tuesday at 6:30 p.m. at Paglia's Pizza to plan and work to enhance Calloway County Schools. Chaz E. Robinson, president, urges all interested persons to attend. For more information or with any questions to learn how to become involved, contact Robinson at 1-270-223-2091 or visit the website at crobins@crobinsontechnology.com

Portfolio copies being released

Calloway County High School 2009 writing portfolio copies are now being released. These documents may be picked up in room 303 at the school Monday through Friday between 9:30 and 11:30 a.m. prior to Oct. 30.

Elements supports foundation

In honor of Breast Cancer Awareness Month, Elements will host Christmas Sneak Pink from Oct. 23 through Oct. 31. Choose your discount. During this week customers can choose their discounts off the pink tree with discounts ranging from 10 to 30 percent off. A portion of the proceeds from Christmas Sneak Pink will go to the Vera Bradley Foundation for Breast Cancer. Elements is located at 1205 B Chestnut St., Murray.



ROTARY SPEAKERS: Kay Sharon, right, past Rotary District Governor, spoke to members of the Murray Rotary Club about the Murray Youth Leadership Award (RYLA) Program, with the assistance of David Mason, Murray's RYLA representative at the last 4-Day training program for 9th grade youth ages 14-15. RYLA is an intensive 3-1/2 day camp for high school freshmen which challenges them and makes a great impact on their high school choices. Rotoract members are counselors and Rotarians serve as staff.

Kentucky Commission on Women hosts Women's Health Summit

FRANKFORT, Ky. — Joined by women's health leaders and advocates from across the state, the Kentucky Commission on Women (COW) hosted the 2nd Annual Women's Health Summit: Changing the Grade in Kentucky on Sept. 25.

Last year, the Commission on Women brought a diverse group of independent health coalitions and women's advocates together to create a snapshot of the health status for Kentucky women as a whole. Over the course of two days, breakout sessions and plenary discussions allowed for the opportunity to share ideas on how to best aggressively fight for women's health as a unified, statewide front.

The morning began with the opportunity for participants to enjoy "chair yoga" as a means of improving overall health by reducing stress levels. First Lady Jane Beshear and Lieutenant Governor Daniel Mongiardo then addressed summit attendees, affirming their deep commitment to improving the health of all Kentucky women.

"As an honorary co-chair of the Women's Health Coalition, I know that here in Kentucky, we just aren't talking the talk about changing the grade of women's health, we are walking the walk and making tangible strides toward educating women statewide," said Mrs. Beshear. "This conference demonstrates that it will take a holistic, community effort to truly turn the tide of health for mothers, sisters and daughters in our state." This year's summit continued the successes of the previous year, while expanding and deepening discussions about some of the most pressing issues for Kentucky women today. Speakers and session leaders focused on topics ranging from heart disease—the number one killer of women in the Commonwealth—to oral health, depression, obesity and beyond.

Give the ultimate treat this October — donate blood

Ghastly. Ghoulish. Ghostly. Giving? Redefine Halloween by donating blood. It could save the life of a ghost or goblin close to you.

October is here. For many persons, thoughts drift to candy, costumes and carving pumpkins. But for many patients at area hospitals, the only treat that's sure to please is a blood donation.

Blood transfusions are used for trauma victims—due to accidents and burns—heart surgery patients, organ transplant patients, newborns and premature babies, complications during childbirth and patients receiving treatment for leukemia, cancer or sickle cell disease.

Forget the trick and give a treat this October by donating blood on the following dates:

Thursday, Oct. 22, from 12:30 p.m. to 5:30 p.m. at First Presbyterian Church located at 1601 Main St. in Murray.

Tuesday, Oct. 27, from 10 a.m. to 4 p.m. at Wal-Mart located on Highway 641 in Murray.

Ladies of the Oaks

The Ladies of the Oaks Country Club did not hold their regularly scheduled golf on Wednesday, Oct. 14 due to inclement weather.

A scramble will be played on Wednesday, Oct. 21, at 9:30 a.m. with Mary Alice Smith and JoAnne Auer as hostesses.

Following golf (weather permitting) a soup, chili, sandwich luncheon will be provided.

Schedules given for meetings

Alcoholics Anonymous holds meetings at 615 South 12th St., in the Southside Shopping Center behind Regions Branch Bank. The regular schedule is: Sunday, 8 p.m. closed, smoking; Monday, 8 p.m. open, smoking; Tuesday, 8 p.m. closed, no smoking; Wednesday, 11 a.m. closed, no smoking; 6 p.m., closed, ladies meeting, smoking; 8 p.m., open, smoking; Thursday, 8 p.m. closed, smoking, big book meeting; Friday, 12 noon, no smoking, lunchtime meeting; 8 p.m. open, smoking. New comers; Saturday, 10 a.m. open, no-smoking; 8 p.m. open, no-smoking, speaker meeting.

Closed meetings are for people who think they have a problem with alcohol and want to give it up. Open meetings are for anyone who wants to attend an AA meeting. The last Saturday in the month is "Eat-n-Meet" potluck at 8 p.m.

For information call Mitch at 753-9320, or Kathy at 493-1227, or Chuck at 436-2552.

Hickory Woods Retirement Center HAPPENINGS
by Anitta Peeler

We had our first talent show practice this week. It will be similar to the variety show at Grand Rivers with comedy, singing and skits. What a show it will be!! Who knows the show may be such a hit we'll have to charge admission.

Happy Birthday goes out to Beverly Bogard, a Hickory Woods employee who has been with us since the first year we opened. Happy Birthday Beverly, and many more!

Thanks to Laura Vinson for coming this week and singing for us. Laura is so faithful to come every month and use her talent to entertain us.

We've had a special treat this week with Shannon Colson, our new massage therapist. Shannon will be coming on a regular basis to keep our bodies "totally relaxed." We are so excited to have this service offered to us now.

On Wednesday we enjoyed some wonderful apple and cherry turnovers in our rooms. Something about getting served a "treat" in our room makes us happy.

Jenise and Mitzi have been gone this week to an activity seminar for seniors in Lexington, Kentucky. It has certainly been quiet around here without them! I guess we'll catch up on our reading and "quiet time" and be ready to try their "new" activities when they return from their meeting.

...Nothing else looks or feels like home but we come close

84 Utterback Rd. • Murray, Ky
Phone: (270) 759-8700 • 1-800-233-5011

PERIOD PROBLEMS?

Dealing with your body's cycle

The menstrual cycle is a series of changes a woman's body goes through to prepare for pregnancy. This cycle is controlled by a woman's hormones, but can be disrupted by medical conditions and abnormalities of the ovaries or uterus.

Murray Woman's Clinic can help evaluate your menstrual problems and review your treatment options. We offer the in-office procedures known as endometrial ablation for reducing or eliminating problem bleeding.

Talk to your doctor if you experience significant changes in your menstrual cycle, bleeding between your periods or pelvic pain. Then, take action.

We can help.

When Experience Counts,
Count on our Lifetime of Experience

Murray Woman's Clinic
16 Years in Practice
Board Certified
305 S. 8th Street • Murray, KY 40071
270.753.9300
www.murraywomensclinic.com

Girls Night Out Shopping Fair

Tuesday, October 20th • 6:00-8:00 p.m.
Four Seasons Restaurant, Hardin, KY

Vendors include:

*Avon	*Southern Living	*Shoe Chic
*31 Gifts	*Homemade Gourmet	*Dainty D-tails
*Mary Kay	*Gift Wrapping by Brin	*Uppercase Living
*Celebrate Home	*Ribbon Chix	*Pampered Chef
*Lia Sophia	*Scentsy	*QVC Rings
*Essentials by Julii	*Tupperware	*Sister Sweets

Please join us for a great night of fun, refreshments, and shopping!

For more details call:
Stacey @ 270-339-8358

Looking Back

Ten years ago
The City-County Parks System's new bicycle-motor cross track is nearly completed...

Forty years ago
The Robert W. Huie Memorial Fountain has been completed at the corner of North 4th and Olive Streets...

Twenty years ago
Charles E. (Chuck) Simons of Murray was honored at a "Chuck Roast" on Oct. 6...

Thirty years ago
The JC Penney Company will open one of its safes in the new Chestnut Hills Shopping Center on North 12th Street in Murray.

Thirty years ago
Murray Jaycees and the Kappa Department of the Murray Woman's Club will join forces in preparing for an Enchanted Forest & Carnival to be held at the Jaycee Fairgrounds...

Published are pictures taken
at the Career Day held at Murray High School.

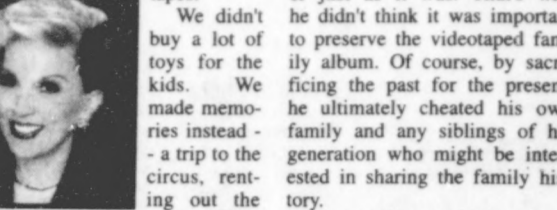
Published are a feature story and picture of members and advisers of the Murray Training School and Lynn Grove High School of the Future Farmers of America Chapters...

Published are a feature story and picture of members and advisers of the Murray Training School and Lynn Grove High School of the Future Farmers of America Chapters...

Published are a feature story and picture of members and advisers of the Murray Training School and Lynn Grove High School of the Future Farmers of America Chapters...

Family's recorded history is now a matter of memory

DEAR ABBY: When our first grandchild was born, my son, "Vic," and his wife bought the first video camera in the family...

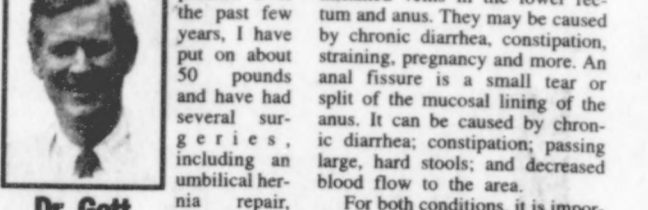


Dr. Peter Gott

DEAR DR. GOTT: I am a 58-year-old post-menopausal female. I have four grown children between the ages of 28 and 38, all of whom were delivered vaginally...

Time for more aggressive treatment of hemorrhoids

DEAR DR. GOTT: I am a 58-year-old post-menopausal female. I have four grown children between the ages of 28 and 38...



Dr. Peter Gott

DEAR DR. GOTT: I am a 58-year-old post-menopausal female. I have four grown children between the ages of 28 and 38...

Today in History

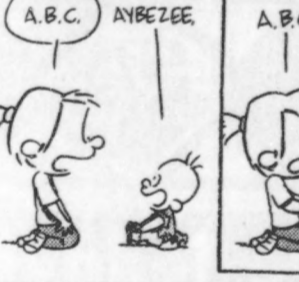
By The Associated Press
Today is Monday, Oct. 19, the 292nd day of 2009. There are 73 days left in the year.

ending the state of war with Germany.
In 1959, the William Gibson play "The Miracle Worker," starring Patty Duke as Helen Keller and Anne Bancroft as Helen's teacher, Anne Sullivan, opened on Broadway.

Contract Bridge

East dealer.
Neither side vulnerable.
NORTH: A15, A10, A9, A8, Q10, J10, Q9, J9, Q8, J8, Q7, J7, Q6, J6, Q5, J5, Q4, J4, Q3, J3, Q2, J2, Q1, J1

BABY BLUES



BLONDIE



Crosswords

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4 Annoys
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13 Hunter of myth
14 Luncheon
15 Popular pooch
17 Interstellar dust cloud
19 Ruby or Sandra
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23 Afternoon hrs.
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GARFIELD



PEANUTS



Answers to Previous Puzzle

18 Raise, as cattle
20 Resentment
21 Slangy ladies
22 Law
23 A Beetle
25 Brush
26 Gives off light
28 Baseball's Jackson
29 Debate side
32 Gulf rival
33 MIT grad, maybe
36 Go quickly
38 Bovary's title
40 Works as an usher
42 Apple seed
44 Pita treat
45 Iowa college
46 Boathouse item
47 Work — sweet
48 Ugh!
49 Part of TGIF
50 Campers, for short
53 Shoe width

Contract Bridge

East dealer.
Neither side vulnerable.
NORTH: A15, A10, A9, A8, Q10, J10, Q9, J9, Q8, J8, Q7, J7, Q6, J6, Q5, J5, Q4, J4, Q3, J3, Q2, J2, Q1, J1

Answers to Previous Puzzle

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Murray Ledger

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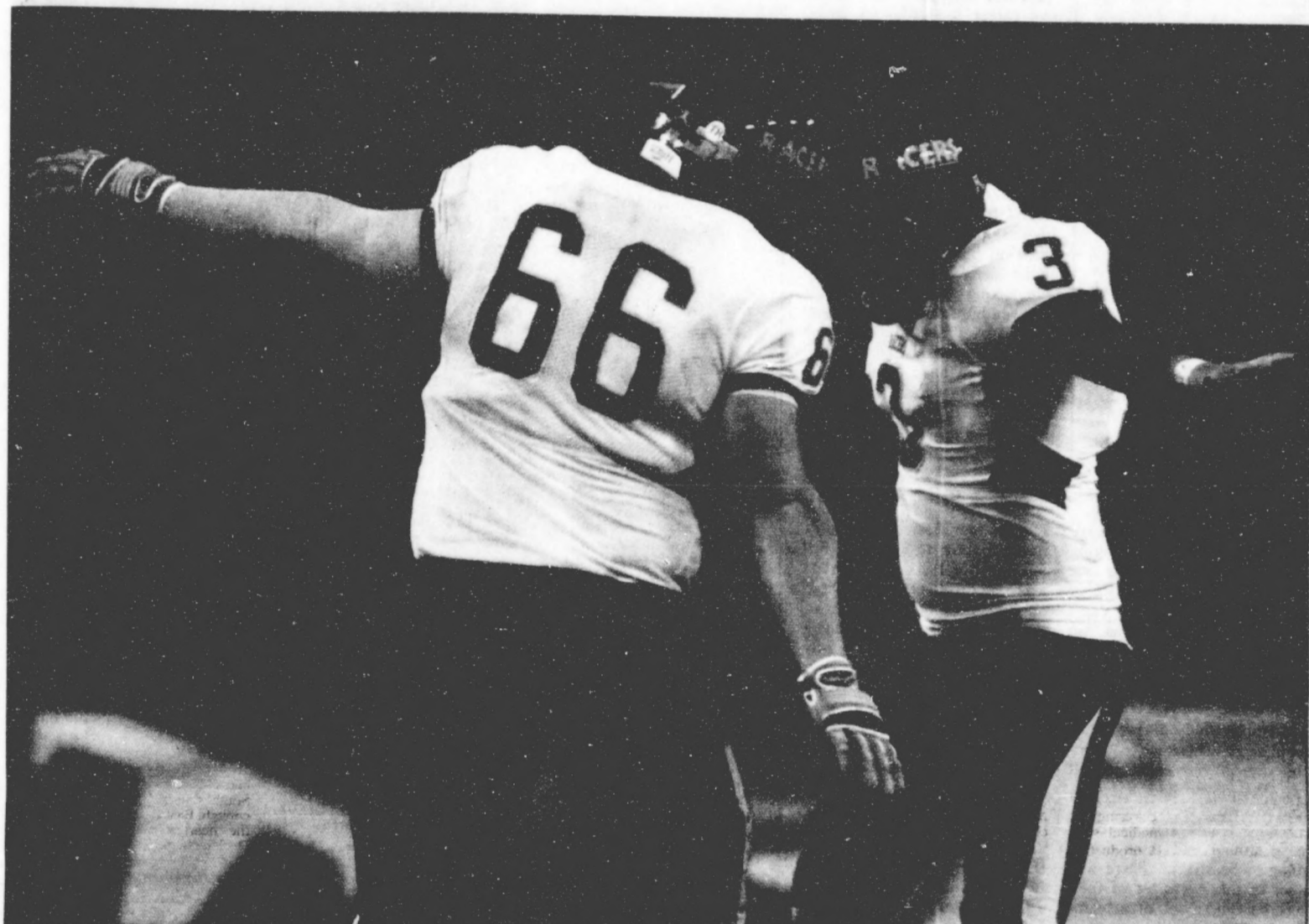


MURRAY STATE 9

TENNESSEE STATE 6



Dream State



Kienan Cullen (3) celebrates with Eric Ornella after Cullen's 40-yard field goal in the fourth quarter that proved to be the game-winner against Tennessee State Saturday in Nashville.

RACERS WIN AT TENNESSEE STATE FOR FIRST TIME IN FIVE YEARS

By MICHAEL DANN
Sports Editor
NASHVILLE, Tenn. — If Kienan Cullen is sleeping, please do not wake him up.
The sophomore Louisville native lived out a childhood dream Saturday and the pleasant thoughts keep on coming for the 6-foot-3 Murray State kicker and punter.
Cullen's three field goals were all pivotal in the Racers' 9-6 win at Tennessee State on L.P. Field, home of the Tennessee Titans, and on Sunday, Cullen was recognized by the Ohio Valley Conference as Specialist of the Week.
Cullen accounted for all nine points in Murray State's (2-4, 1-2 OVC) road victory over Tennessee State on Saturday. Saturday marked the first road win at TSU in five years. Cullen hit a 36-yarder on the team's

opening drive and later added a 24-yard field goal in the second quarter.
His most important field goal of the night, however, came with 2:29 left in the game, as he drilled a 40-yarder that split the uprights to seal the deal.
Cullen also handled punting duties, punting six times for an average of 34.3 yards, including a pair of punts that were downed at the TSU two and six-yard line. He had a long punt of 51 yards in the fourth quarter that set the Tigers back into Murray State territory and prevented them from getting good field position.
"I felt like this was the most focused I have been for a game and tonight I knew it was going to come down to who had the best defense."



Austen Lane (97) comes up with a sack on TSU quarterback Calvin McNair. Lane also set the MSU school record for most tackles-for-loss in a career Saturday night against the Tigers.

See RACERS, 10

Q&A MURRAY HIGH: TAYLOR butler Butler becomes kill machine for Lady Tigers



Murray senior middle hitter Taylor Butler (left) and coach Breanna Voip watch a point during a match against Caloway County at Tiger Gymnasium earlier this season.

MURRAY FACES CCA IN REGION TOURNAMENT TONIGHT

By TOMMY DILLARD
Sports Writer
Taylor Butler almost gave up on finding her sport.
As a freshman in high school, she wasn't aggressive enough for the contact associated with basketball and soccer.
So she and her mother decided volleyball could be a sport in which a self-proclaimed "girly-girl" like Butler could thrive.
"I had never really been good at sports," said Butler, Murray's senior middle hitter. "My mom and I both thought volleyball was a good mix between a competitive sport but still kind of girly."
She may be playing a girly sport, but there's plenty of fierceness associated with Butler's game three years later.
She leads her team in kills with close to 300 on the season and played a crucial role in helping Murray punch its ticket to the First Region Tournament for the first time in

three years.
Against Christian Fellowship in the district semifinals, Butler broke a 26-26 tie and carried the Lady Tigers to a first-set victory with a block to make the score 28-26.
She is one part of Murray's duo of tall, powerful middle hitters, one of the strengths of the Lady Tiger team.
The other is sophomore Catherine Clay-

See BUTLER, 10

NFL ROUNDUP



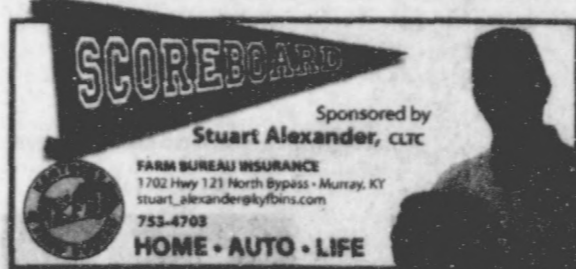
WINSLOW TOWNSON / AP
New England quarterback Tom Brady throws to wide receiver Wes Welker during the first quarter of their 59-0 win over the Titans Sunday at Gillette Stadium in Foxborough, Mass.

Demo Day

BRADY'S 6 TDs HELP PATRIOTS DESTROY TITANS

By HOWARD ULMAN
AP Sports Writer
FOXBOROUGH, Mass. (AP) — Tom Brady played as well as he did in 2007 when he was the NFL's MVP before a knee injury ended his 2008 season in the opener.
Maybe even better.
The Tennessee Titans keep playing worse.
Brady set an NFL record with five touchdown passes in one quarter and matched his team mark of six in a game as the New England Patriots crushed the Titans 59-0 on a snow-covered field Sunday.
"There's no doubt a game like this can give you a lot of confidence," Brady said. "We've always been a confident team. I think we've been a disappointed team at times this year."
The Patriots (4-2) had gotten just six touchdown passes from Brady before Sunday. He matched that against the Titans (0-6) with five of them coming in the second quarter as the Patriots built the biggest halftime lead in league history, 45-0.
The 59-point margin matched the largest since the NFL-AFL merger in 1970, the Los Angeles Rams' 59-0 win over the Atlanta Falcons in 1976.
"I've been playing sports since I was 8," Titans linebacker Keith Bulluck said, "and never have I experienced something like that."
The Patriots gained a club-record 619 yards, with Brady completing 29 of 34 passes for 380 yards. In 2007, he set an NFL record with 50 touchdown passes.
"Back to his old self," said Wes Welker, who caught 10 passes for a career-high 150 yards and touchdowns of 30 and 5 yards.
Randy Moss caught eight passes for 129 yards and touchdowns of 40, 28 and 9 yards. The Patriots had two other long scores — a 45-yard run by Laurence Maroney and a 38-yard pass play from Brady to Kevin Faulk as New England finally established offensive consistency, albeit against a winless team.
"Established is just a word," Faulk said. "We just want to get better each and every week."
The Titans, who had the NFL's best record last year at 13-3, took their worst loss since they began play in 1960 as the Houston Oilers, eclipsing a 61-7 setback to Cincinnati in 1989. They won their first 10 games last season.
"I don't think anybody in this league is 59 points better than us," tight end Bo Scaife said. "This is the worst it gets."

See TITANS, 10



NATIONAL SPORTS SCOREBOARD

Table with columns for National Football Standings, American Conference, and National Conference. Rows list teams like New England, N.Y. Jets, Buffalo, etc., with their records.

Table with columns for Sunday's Games, Monday's Games, and Tuesday's Games. Lists specific game times and locations.

Racers

From Page 9
and who had the best field position," Cullen said. "When our offense couldn't move the ball, I knew I had to do my job and help the defense out with field position."

But Cullen made no bones about soaking up the experience and taking everything in. "Are you kidding me? This is great. To kick a game-clincher on an NFL field and to know that I want to be here in two years, who could ask for more."

Saturday night wasn't just about Cullen. The total defensive effort was anchored by All-America and Buck Buchanan award nominee defensive end Austen Lane, who recorded 1.5 tackles-for-loss and one sack. He raised his career total to 45.5 tackles-for-loss, establishing a new school record that was previously held by Anthony Hush (44.0).

"Austen was outstanding tonight," MSU head coach Matt Griffin said. "He is non-stop and is contagious. He is one of the most high-energy guys that I have ever coached. Our defense plays like that and they feed off him. If you watch the other defensive linemen, they are making tackles. Jamal Crook showed himself and made tackles all over the field and had a nice sack. It's something that we have to have at all times. We are lucky to have him."

The Racers took a 6-0 lead into halftime, the first of the

season since Murray State took a 31-7 lead against Kentucky Wesleyan into the locker room in the season opener on Sept. 3.

Griffin said there weren't many issues to address in his halftime speech, a compliment mainly directed toward the defense, which only got bigger and better in the second half.

TSU (2-3, 2-1 OVC) took the second-half kickoff and marched their way to the Racers 18-yard line, where they faced a 4th-and-6. Backup quarterback Jeremy Perry rolled left and threw the ball to the end zone where it was picked off by Darrell Davis, ending the 6-53 drive.

MSU took the ball at the 20 and put together a drive of their own that set up 7:17 of the third quarter. The drive was aided when TSU was called for too many men on the field on a 4th-and-1 play inside Racer territory. The Racers would convert two third downs on the drive before being stalled in Tiger territory. Cullen again helped the Racers by pinning TSU inside their 20-yard line with a punt.

TSU managed one first down on each of its first two drives of the fourth quarter and Lane ended the second drive with his team-leading sixth sack of the season.

After a three-and-out from the Racer offense, TSU was set up at their own 39-yard line. After picking up a first down on the first play, the Racers stopped the next two rushing plays for one yard each and then forced an incomple-

tion on third down. The MSU offense continued to struggle and found itself facing a 4th-and-16 from its own 14-yard line. Cullen got off a punt under a heavy rush and was roughed on the play to give the ball back to the Racers on the personal foul. The Racers were able to flip the field as Cullen booted a 51-yard punt and linebacker Josh McWhorter raced down the field to tackle the receiver immediately.

On the ensuing possession, cornerback Nathan Brinkley stepped in front of Calvin McHart pass on the first play for the interception and returned it 16 yards to the Tiger 24-yard line. The Racers managed

just two yards on three plays before Cullen stepped on the field and calmly connected on a 40-yard field goal to push the advantage to 9-0 with 2:29 left in the contest.

The Tigers managed their only scoring drive of the game as they won 62 yards in nine plays and capped it off with a McHart 10-yard touchdown pass to Joseph Hills. The extra point missed wide right.

Jordan led the Racer ground attack as he rushed for 97 yards on 29 carries. Yanko finished the game going 13-for-25 for 110 yards. Daniels led the receivers with five catches for 40 yards.

"The way we look at it now is if we win out, we have a chance to be conference champions," Lane said after his record-setting night. "But we know we can only play one game at a time. It's like a snowball, we know that if we start small and get it rolling down the hill, it's going to blow up and get big and that's what we're going to try to do."

Butler

From Page 10

"They're our go-to hitters and our blockers," said second-year head coach Brockman Volp. "When we get a good pass and a good set, it's almost always going to them, and other teams know that."

"So even though they have the height, they have to be constantly adjusting to blockers."

Making adjustments and fine-tuning timing are things Butler has gotten better at this season. She saw some variety time as a junior, but was primarily a junior varsity player, along with most of her class.

But after Murray lost five seasoned seniors from the 2008 squad, Butler and her teammates were forced to step up.

That's exactly what they did last week, defeating CPS in two sets to advance to the district finals and secure a bid to this week's region tournament.

The Lady Tigers finished runners-up to Marshall County in the district, but will launch their regional campaign tonight against Community Christian at 7:15 p.m. at CCA.

The Lady Warriors defeated Murray in the First Region All 'A' championship match back in August.

The Ledger & Times recently sat down with Butler to discuss her background, the season and her hopes for the response.

MLT: What was the transition to being varsity starters like for you and your teammates?

TB: It took some time. When you're on a JV team, you don't practice as hard, you don't play as much and the teams you play aren't as good. It was a

big step up for us because we weren't really used to playing to our potential because we didn't have to. This year, we've had to go all-out. We can't slack against the teams we play.

MLT: Was there a turning point where things started to click for you?

TB: Probably the All 'A' tournaments where we get second after playing constantly all day. We never had a break. That was when we realized these are hard teams and we can't mess around and think we're going to beat them. There was a lot of tension, a lot of feelings let out, a lot of screaming, but that was like our turning point because we all finally realized we have to work as a team if we're going anywhere.

MLT: You're five-foot-nine. How important is every inch of height when you're playing at the net?

TB: There are times that if I was just one inch taller, it could block the ball or kill it back to the other side. Even if you're just an inch taller than the other girl, you have an advantage because you can get the ball over their hands. Every inch matters at the net.

MLT: You and Catherine Claywell both have really improved your hitting throughout the course of the year. What do you attribute that to?

TB: Mostly it's due to having a setter (Lauren Deleman) that runs all over the place and can hit it to any spot on the court.

MLT: Lauren is widely considered one of the best setters in the region. How much of a difference-maker is she?

TB: I've played with Lau-

ren all four years, so I don't have anyone to measure her against. But I do go to camps and see different setters there and it's different adjusting to them, because Lauren knows exactly where I need my hits and the height and everything. She's my best friend, also. She knows me.

MLT: Is there a vocal leader on this team?

TB: Lauren is the one that gets us down to business, tells us to work hard because we have a game coming up. She's kind of our leader and I would say I'm kind of the pep squad. I set bench a lot when I was a freshman and sophomore and I would just cheer the whole time. I'm just always upbeat and take a positive attitude. The JV players want to sit by me on the bench because they say I'm so crazy cheering.

MLT: How big is it for this squad to finally crack the region tournament field?

TB: It's a big deal. We wanted to be district champions, but second is good too. Getting to regionals hasn't happened for this team and it's a big thing, taking that next step.

Titans

From Page 9

The white-and-powder-blue throwback uniforms the Titans wore to mark the 50th anniversary of the founding of the AFL may have been the only resemblance to that team that won that league's inaugural championship.

"I'm disappointed and embarrassed," Tennessee coach Jeff Fisher said.

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