

9-10-2009

The Murray Ledger and Times, September 10, 2009

The Murray Ledger and Times

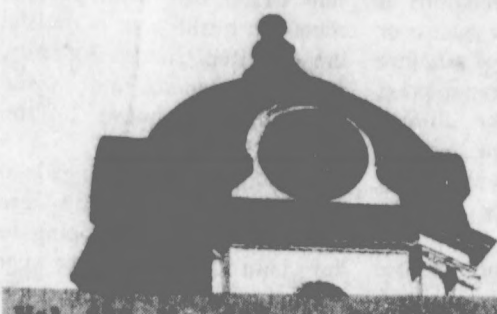
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MURRAY LEDGER & TIMES

Vol. 120, No. 120 Thursday, September 10, 2009 Murray, KY 42071

Obama pushes overhaul in crucial address

By KEN GUGGENHEIM
Associated Press Writer

WASHINGTON (AP) — President Barack Obama demanded that Congress end its bickering about a health care overhaul, imploring Republicans to bring him their good ideas but warned he would not "waste time" with those who put politics ahead of the needs of the American people.

In a sweeping defense of changing a system that he and others contend could bankrupt the world's largest economy, the president told a nationally broadcast joint session of Congress Wednesday night that a nasty political summer was over and "now is the season for action."

Obama was fighting not only for a signature domestic policy campaign promise but battling, too, to win back flagging public support for revamping a system that has left millions of Americans without health insurance.

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Continued about health care?

How to reach elected officials - See inside

WEATHER

Today	Tomorrow
80s	80s
60s	60s

Daily Forecast

By The Associated Press
Today...Mostly sunny. Patchy fog early. Highs in the mid 80s. Northeast winds 5 mph.
Tonight...Mostly clear. Lows in the lower 60s. East winds 5 mph in the evening becoming calm after midnight.
Friday...Mostly sunny. Highs in the mid 80s. Northeast winds 5 mph.
Friday night...Partly cloudy. Patchy fog after midnight. Lows in the lower 60s. East winds 5 mph in the evening becoming calm after midnight.
Saturday...Partly sunny. Patchy fog early. Highs in the mid 80s. Northeast winds 5 to 10 mph.
Saturday night...Mostly cloudy. Lows in the lower 60s.
Sunday...Mostly cloudy with a 20 percent chance of showers and thunderstorms. Highs in the upper 70s.

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A Pleasant View, Tennessee man was injured in a two-vehicle accident near Stella Wednesday when he collided with the rear of a tractor-trailer. His vehicle caught fire, destroying the pick-up and setting the rear of the semi ablaze.

Man injured near Stella

By TOM BERRY
Staff Writer

STELLA, Ky. — A Pleasant View, Tennessee man was injured in a two-vehicle accident near Stella Wednesday.

Max Carney, 75, was west-bound on Ky. 121, when he drove into the rear of a tractor trailer driven by Jeffrey Hudgens, of Fairdeal, Mo., which was also traveling west, according to a report from the Calloway County Sheriff's Department.

Carney's vehicle caught fire, burning most of the vehicle as well as the rear of the semi's trailer. Carney was taken to Murray Calloway County Hospital for treatment of injuries to his face by EMS. Hudgens was not hurt.

The sheriff's department was assisted at the scene by Murray Fire Department Rescue One, Calloway County Fire-Rescue and Calloway County DES Rescue Squad.



Rushing

Rushing funeral to be held Saturday

Staff Report

Funeral arrangements for Mayor H. Thomas Rushing have been released by J.H. Churchill Funeral Home. Visitation will be at J.H. Churchill Funeral Home on Friday from 4 p.m. to 9 p.m. Funeral services will be held in Lovett Auditorium at Murray State University at 11 a.m. Saturday.

Calloway County Judge-Executive Larry Elkins yesterday issued an executive order that all flags flown over all county buildings be flown at half staff in Rushing's honor. The order will be in effect until 6 p.m. Saturday.

The 10th Annual Ice Cream Festival, scheduled to start at Chestnut Park at 10 a.m. Saturday will still begin at that time, said Murray-Calloway County Parks Director Matt Martin. The festival will be dedicated to Rushing's memory and a moment of silence for the former Mayor of Murray will be held, Martin said.

KBE members, commissioner visit Murray, Calloway schools



By TOM BERRY
and KYBER LOUGH
Staff Writers

New Kentucky Education Commissioner Dr. Terry Holiday and members of the Kentucky Board of Education toured Murray Independent and Calloway County schools Wednesday taking a firsthand look at prize-winning programs in both districts that serve as models of success statewide.

Holiday was joined during the visit by board Chairman Joe Brothers, vice chairman C.B. Akins and members Kaye Baird, Jeanne Huber Ferguson, Austin W. Moss, Judy H. Gibbons, Robert King, Doug Hubbard, Dorothy Holmes, Billy Harper, Brigitte Ramsey and David K. Karem.

The group kicked off their pre-announced tour with breakfast at Murray Middle School where they sat and talked to teachers, students and MISD school board members. Afterward they toured classes at Murray Elementary School where they were led to various classes by student guides assisting Principal Janet Caldwell.

Holiday said he was particularly impressed with a music class taught by Kim Black. The group looked in on several classes before moving on to Murray High School where board members dissolved into smaller groups to observe English, science and other classes as well as high school's TV station.

Holiday was interviewed by MHS TV student Mariel Jackson during the visit. The interview was recorded for later viewing by students during regularly scheduled telecasts. Afterward Holiday said he was impressed with programs at MISD but also the way the district has preserved its facilities, honoring the past and moving to the future.

"I was especially impressed over at the middle school that they had kept the history of the 1930s building," he said. "But the most impressive thing was the teachers. I have seen dedication from the high school teachers to the elementary teacher over there with Fast Forward."

See Page 2A

State Board of Education vice chair C.B. Akins meets Calloway County High School junior Bethanie Bolte during the board's visit to CCHS Wednesday. Akins and Bolte had a brief conversation in French, the class Bolte was currently studying for and one of the eight languages Akins has studied.



Kentucky Education Commissioner Terry Holiday, seated right, is interviewed by Mariel Jackson, a student reporter for MHS TV 13 at Murray High School Wednesday during a tour of the school with members of the state school board. Holiday commended both Calloway County and Murray Independent schools for providing excellent teachers, programs and academic instruction.

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■ Obama pushes health care overhaul ...

From Front

ance, drives thousands into bankruptcy each day and consumes nearly 20 percent of the country's economy.

The United States is the only developed country without a universal program of health care coverage. As many as 50 million Americans lack insurance. While many Americans are dissatisfied with the health care system, attempts to change it are politically explosive.

On Thursday, Vice President Joe Biden said he expected a health care bill to be done by the Thanksgiving holiday in late November because Obama has "re-centered debate" and there's bipartisan consensus for change despite the fight over a government-run option.

"I think the most important thing he did, he also debunked a lot of the myths out there, the idea of death panels, that we

were going to insure undocumented aliens," said Biden. He spoke on morning network news shows.

Republican Sen. John McCain of Arizona, also interviewed Thursday morning, said he agreed that something needs to be done about health care. But he also said that if the administration wants to see legislation realized, it must reach out more aggressively to minority Republicans.

"We need to do it, but it has to be bipartisan," McCain said. "We can't lay another trillion dollars of debt on the next generation. ... It's generational theft."

Through a summer of angry debate, Obama also witnessed a sharp decline in his once-soaring popularity.

The speech was a political tour de force. To the public, he offered assurances that his plan

would provide more security and more health care choices, while offering coverage to people who cannot now afford it.

To Republicans, he offered a hand to work together and pledged not to raise the government's deficit. For Democrats, who want him to be more assertive, he lashed out at opponents, accusing them of employing scare tactics and lies to bring down the plan — and his presidency.

"I will not waste time with those who have made the calculation that it's better politics to kill this plan than improve it," he said.

Obama appealed to emotions, unveiling a letter from Edward Kennedy, the respected Democratic senator who died last month. In the letter, delivered posthumously, Kennedy expressed confidence that the overhaul would pass this year.

Kennedy's widow, Vicki, was in the chamber's visitor's gallery next to first lady Michelle Obama.

And Obama returned to the soaring political rhetoric that marked his presidential campaign.

"We did not come to fear the future. We came here to shape it," he told lawmakers.

It is unclear if Obama persuaded any Republicans. In keeping with tradition, most sat silently or offered polite applause during the speech.

But in an unusual outburst, one Republican congressman, Joe Wilson of South Carolina, shouted out "You lie" when the president said illegal immigrants would not benefit from his proposals.

The president paused briefly and smiled, but from her seat in the visitor's gallery, first lady Michelle Obama shook her head from side to side in disapproval of the interruption. Wilson later apologized for his "lack of civility."

Health care has become the defining issue for Obama, just nine months after he took office

amid enormous expectations at home and abroad. His success or failure may determine whether he has the political clout to press ahead on issues like climate change, arms control and the Afghanistan war. It is also likely to shape next year's congressional elections.

Obama's plan would impose new regulations on insurers while requiring all Americans to get coverage. He says it would drive down prices, prevent insurers from dropping sick patients and ultimately strengthen the economy by curbing exorbitant health care costs.

He said the changes he wants would cost about \$900 billion over a decade, "less than we have spent on the Iraq and Afghanistan wars, and less than the tax cuts for the wealthiest few Americans" passed during the Bush administration.

Republicans have overwhelmingly opposed the plan. They see it as a step toward a government takeover of health care and fear it will raise costs while driving down quality.

"Replacing your family's cur-

rent health care with government-run health care is not the answer," Rep. Charles Boustany, a heart surgeon, said in the Republican response to the speech.

If the summer belonged to opponents of his health care overhaul, Obama is hoping to lay claim to the rest of the year — and close it by getting a bill on his desk.

A CNN/Opinion Research Corp. snap poll of people interviewed before and after Wednesday night's speech indicated that the president shifted public opinion in his favor. After the speech, two-thirds said they supported Obama's health care proposals, compared with 53 percent in a survey days before the president spoke.

That contrasted with an Associated Press-GfK poll released hours before the speech that showed many Americans had become disillusioned with Obama's handling of health care. It found that disapproval of Obama's handling of health care has jumped to 52 percent, from 43 percent in July.

■ KBE visits local schools ...

From Front

and a wonderful music teacher. I've just been impressed with the quality of instruction in just the brief time I've spent in the classrooms."

Afterward Holiday and board members toured Calloway County's preschool facility.

District Superintendent Steve Hoskins welcomed them and spoke briefly on the district's accomplishments, including the preschool being recently named Kentucky's first Center of Excellence.

"Calloway County is a wonderful place to be," Hoskins said. "We're in a good place geographically with the lakes and Murray State close by. We have a wonderful student body, faculty, staff and board of education."

Preschool Principal Jason Scarbrough, addressed the board and talked about details of the facility's programs and resources before inviting board members to visit classrooms. While in the rooms, teachers and students demonstrated the

use of interactive SMART Board technology.

Before leaving the preschool, board members had a chance to ask questions. Scarbrough was asked about overcoming barriers to become a model preschool, how assessment is handled and the percentage of students registered at the facility.

The group then toured Calloway County High School where they were greeted by class officers from the senior Class of 2010. CCHS Principal Brian Wilmurth greeted them and spoke concerning school accomplishments including the successful "212 degrees" initiative.

Wilmurth said CCHS has received interest from other schools and districts about "212 degrees," a concept that teaches students to give the extra degree.

"Water at 211 degrees is just hot, but at 212 degrees it boils and becomes much more useful," Wilmurth said. "When other people want what you have, that says a lot."

Before leaving, the board

was invited to ask questions to teachers present or to visit classrooms. Wilmurth told the group he did not alert any students or teachers other than those present that they were coming, so board members would get to see what everyday school life at CCHS is like.

Several board members chose to wander the halls while others stayed to speak with students and teachers.

Holiday said afterward that he was impressed with Calloway personnel and programs.

"The preschool program is a great model for the rest of the Commonwealth to duplicate," Holiday said afterward. "I'm very excited about seeing that and hope to share that with the rest of the state."

Holiday commended CCHS students and teachers for working hard on retention and academics.

"Great, great students," he said. "It's obvious they have done some really good work on reducing drop-out rates by keeping kids involved."

Lawmakers denounce outburst

LAURIE KELLMAN

Associated Press Writer

WASHINGTON (AP) — Democrats and Republicans alike are denouncing Rep. Joe Wilson for shouting "You lie" at President Barack Obama during his speech to Congress, an extraordinary breach of decorum for which the South Carolina Republican swiftly apologized.

"I was embarrassed for the chamber and a Congress I love," Vice President Joe Biden said Thursday on ABC's "Good Morning America." "It demeaned the institution."

House Minority Whip Eric Cantor, R-Va., told ABC on Wednesday: "Obviously, the President of the United States is always welcome on Capitol Hill. He deserves respect and decorum."

"I know that Congressman Wilson has issued an apology and made his thoughts known to the White House, which was the appropriate thing to do," Cantor said.

Wilson's outburst came after Obama said extending health care to all Americans who seek it would not mean insuring illegal immigrants.

"You lie!" Wilson shouted from his seat on the Republican side of the chamber.

After the speech, House Majority Leader Steny Hoyer, D-Md., said, "There'll be time enough to consider whether or not we ought to make it clear that that action is unacceptable in the House of Representatives."

"Let's see what he does," Hoyer told WTOP radio before Wilson issued an apology. "Then there's time enough to consider further action."

Wilson's behavior caused a political hangover for him and possibly for the Republican critics Obama had cast as shrill and more interested in killing any health care overhaul than finding a way to provide it.

Later, Wilson was contrite. "This evening I let my emotions get the best of me," he said in a statement. "While I disagree with the president's statement, my comments were inappropriate and regrettable. I extend sincere apologies to the president for this lack of civility."

He then tried to call Obama to apologize personally, but ended up talking with White House Chief of Staff Rahm Emanuel instead, Wilson's office said.

Biden said Thursday that he hadn't spoken with Obama, but, "knowing the president, I'm sure he accepted the apology."

By late Wednesday, though, the congressman's Web site had crashed, he had taken a beating on his Twitter page and Democrat Rob Miller had raised thousands of unexpected dollars online for a possible rematch with Wilson in next year's midterm elections, according to Lachlan McIntosh, Miller's campaign manager.

In the eight hours since Wilson's outburst, his

■ See Page 5A



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Kentucky News in Brief

Report: Gillespie says he checked into rehab
HOUSTON (AP) — A television station is reporting that former Kentucky coach Billy Gillespie said he has checked into an alcohol-related rehabilitation program following his arrest on a drunk-driving charge last month.

Houston television station KRIV reported Wednesday night that Gillespie said he was taking responsibility "by going to spend some time with John Lucas in Houston. He's got the John Lucas Athletes After Care Program. He's going to deal with some alcohol issues for me."

Attorney William L. Patrick, who is representing Gillespie in his DUI case, said Wednesday he could not confirm an earlier report by WKYT-TV in Lexington that Gillespie had entered the program.

Patrick said Gillespie was considering entering a rehabilitation program in Houston following his arrest on a drunken-driving charge last month. Gillespie reportedly said he checked in last Thursday.

Gillespie was arrested on Aug. 27 following an early morning traffic stop about 30 minutes west of Lexington, Ky. He has pleaded not guilty. Patrick said a court date is still scheduled for Sept. 23, but Gillespie will not be required to appear.

The station reported Gillespie said he's "not very proud of what happened in Kentucky two weeks ago." He also said, "That's inexcusable at this stage of my life. It should have never happened."

Testimony to resume in Ky. player death trial

LOUISVILLE, Ky. (AP) — Testimony is scheduled to enter a seventh day in the trial of a former Kentucky football coach charged with reckless homicide in the death of a player.

Jurors have heard from players and parents during the first six days of testimony in the case of former Pleasure Ridge Park High School coach David Jason Stinson. Stinson is also charged with wanton endangerment stemming from the Aug. 20, 2008, collapse of sophomore Max Gilpin at the end of a practice. Gilpin died three days later at a Louisville hospital.

Stinson has pleaded not guilty

Prosecutors said Stinson ran a brutal practice the day Gilpin collapsed. Stinson's defense said the practice wasn't unusually hard. Stinson's trial is a rare case of a coach being prosecuted for a player's death.

Marijuana farming increases amid ailing economy
BARBOURVILLE, Ky. (AP) — Machete-wielding police officers have hacked their way through billions of dollars worth of marijuana in the country's top pot-growing states to stave off a bumper crop sprouting in the tough economy.

The number of plants seized has jumped this year in California, the nation's top marijuana-growing state, while seizures continue to rise in Washington after nearly doubling the previous year. Growers in a three-state region of central Appalachia also appear to have reversed a decline in pot growth over the last two years.

Officers in those areas, the nation's biggest hotbeds for marijuana production, have chopped down plants with a combined street value of around \$12 billion in the first eight months of this year. While national numbers aren't yet available this year, officers around the country increased their haul from 7 million plants in 2007 to 8 million in 2008.

"A lot of that, we theorize, is the economy," said Ed Shemelya, head of marijuana eradication for the Office of Drug Control Policy's Appalachian High Intensity Drug Trafficking Area. "Places in east Tennessee, eastern Kentucky and West Virginia are probably feeling the recession a lot more severely than the rest of the country and have probably been in that condition a lot longer than the rest of the country."

Growers in Appalachia are often hard-luck entrepreneurs supplementing their income by growing marijuana, authorities say. Troopers thrashing through the thick mountain brush there typically find plots that could easily be tended by a single grower, while officers in the two western states have focused on larger fields run by Mexican cartels with immigrant labor.

The demand for domestically grown marijuana is at a record high, in part because stricter border control has made it more difficult to import pot from Mexico, said Dave Keller, deputy director of the Appalachian High Intensity Drug Trafficking Area. Keller said growers large and small across the country are trying to fill the void.

Beshear campaign hires political director

FRANKFORT, Ky. (AP) — A western Kentucky native will serve as political director of Gov. Steve Beshear's re-election campaign.

Chad Aull had served most recently as campaign manager for newly elected Democratic state Sen. Robin Webb of Grayson and as director of constituent services for the Beshear administration. Beshear said he is pleased that Aull has agreed to take on the new role in his re-election campaign.

By Kenny Darnell

Hugh Thomas Rushing was a man born to be the Mayor of Murray. Known affectionately to all as "Tommy," "Dog" (because he had won an enormous stuffed dog at a carnival many years ago), or simply as "The Mayor," Rushing amassed a career of selfless public service unparalleled in today's terms.

"My father always told me to give back as much as I could to the community," Rushing was oft quoted. A standout on the baseball diamond at Murray High and a member of the MSU Thoroughbreds, Rushing went on to serve his country in the Army before returning to Murray to become a teacher, coach, and principal in the Calloway County School System. The students who found themselves under the tutelage of "Mr. Rushing" are among his most loyal friends to this day.

Tommy later left the world of education to work for the Bank of Murray; but true to his father's admonition he served on both the Murray Independent School Board and on the Murray City Council. Following a successful career in banking, Tommy was elected to Mayor of Murray.

Just short of completing his second term as Mayor, Rushing presided over a time of unrivaled unity and progress that was characteristic of his quiet style of leadership. Serving first and foremost by example, Rushing was partisan only in his zeal for the betterment of his beloved hometown. He made himself accessible to all, never favoring a single group or a single citizen over another. As Mayor, Rushing was a trustee of the Murray Calloway County Hospital and held a seat on the governing board of the Economic Development Corporation and figured prominently in the success of both institutions.

In 2008, Rushing was named Citizen of the Year by members of the Murray Calloway County

Chamber of Commerce, an honor most well deserved. The effect of his service to our community in not contained simply within his term as Mayor, but encompasses an entire lifetime of selfless dedication and attention to the needs of his community.

A family man first and foremost, Tommy and Lita, his lovely wife of 53 years, have

bestowed their passion for service and community upon their two daughters, Lori, who serves in the medical field, and Lee Ann (Weegie) who is an educator. He was a man true to his faith, true to his word. He was a driving force in his Rotary Club, the consummate supporter of Murray State Athletics, and a man equally at home in a board room or a duck blind.

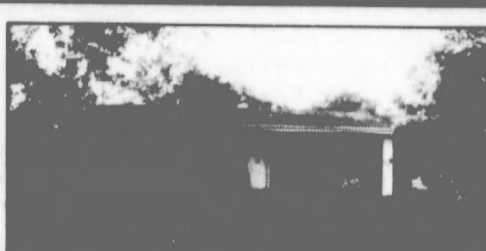
William Shakespeare wrote: "Be not afraid of greatness: some are born great, some achieve greatness, and some have greatness thrust upon them." Looking back over the life of Mayor Tom Rushing, one is quick to realize that he met the bar of greatness on all three accounts.

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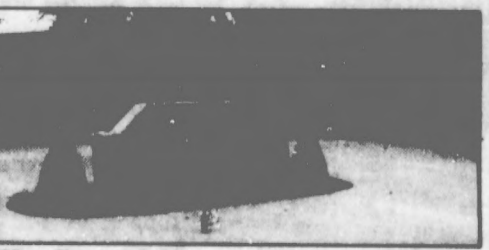
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Obituaries

Paul D. Bailey

Paul D. Bailey, 85, Spring Creek Health Care, formerly of Uterback Road, Murray, died Wednesday, Sept. 9, 2009, at 5:20 a.m. at Spring Creek Health Care.

Preceding him in death were his wife, Marion Mayfield Bailey in 1986, and one granddaughter, Allison Deanne Pritchett in 2003. Born Nov. 26, 1923, in the Cherry Corner community of Calloway County, he was the son of the late Ernest C. and Annie Miller Bailey, and the grandson of the late Mr. and Mrs. Barto Lee Bailey and Mr. and Mrs. J.L. Miller, all of Calloway County. At the age of 5, he moved to the family farm just northwest of Murray on what is now Bailey Road. A 1941 graduate of Murray Training School, he attended Murray State College until 1943. Mr. Bailey worked for the Murray Division of the Tappan Company from its construction in 1946 to its closing in 1980. He later worked at both Murray State University and Fisher Price. He was a member of University Church of Christ and attended Glendale Road Church of Christ. Survivors include one daughter, Becky Bailey Smith and husband, Dewayne, Murray; two sons, Dr. Ernie R. Bailey and wife, Dorothy, Murray, and Dr. Bill Bailey and wife, Dianne, Paducah; one brother, Kenneth K. (Jack) Bailey and wife, Thelma, Murray; one grandson, Matthew Trent Bailey, Nashville, Tenn.; special friends, Gary and Vicki Wallace. The funeral will be Friday at 2 p.m. in the chapel of J.H. Churchill Funeral Home. John Dale will officiate. Burial will follow in the Murray City Cemetery. Visitation will be at the funeral home from 5 to 8 p.m. today (Thursday). Expressions of sympathy may be made to Murray-Calloway County Hospital Hospice House, 803 Poplar St., Murray, KY 42071 or Glendale Road Church of Christ, 1101 Glendale Rd., Murray, KY 42071 or University Church of Christ, 801 North 12th St., Murray, KY 42071.

Allison Tweedy

Allison Tweedy, 58, Murray, died Monday, Sept. 7, 2009, at 4:30 p.m. at her home. Born Nov. 8, 1950, in Des Moines, Iowa, she was the daughter of the late William K. and Dorothy Kurus Reed. Survivors include two sisters, Belinda K. Reed, Denver, Colo., and Melanie K. Palmer and husband, Brent, Indonesia; devoted friend, Don Tweedy, Keeneyville, Ill.; one niece, Jennifer Palmer, and two nephews, Jordan and Eric Palmer, all of Indonesia. The funeral will be Friday at 5 p.m. in the chapel of Imes-Miller Funeral Home. Expressions of sympathy may be made to the Humana Society of Calloway County, 607 Poplar St., Murray, KY 42071. Online condolences may be made at www.imesmiller.com.

STOCK MARKET REPORT

Investment Services

Dow Jones Ind. Avg.	9551.9 + 4.7	IBM	117.26 + 0.50
Air Products	74.53 - 1.03	Intel	19.00 - 0.13
Apple	172.46 + 1.32	Kroger	21.91 - 0.16
AT&T, Inc.	36.05 + 0.11	Mattel	18.37 - 0.13
B&E	36.52 - 0.40	McDonalds	55.01 - 0.08
Bank of America	16.83 - 0.21	Merck	31.35 —
Briggs & Stratton	18.91 + 0.11	Microsoft	34.94 + 0.16
Bristol Myers Squibb	22.22 - 0.06	J.C. Penney	31.36 —
Caterpillar	48.18 - 0.23	Peoples, Inc.	57.68 + 0.36
Cherwin Texaco Corp.	70.97 + 0.64	Pfizer	16.34 + 0.13
Daimler Chrysler	48.53 + 0.29	Regions Financial	5.63 - 0.04
Dana Foods	18.11 + 0.03	Schering-Plough	77.87 + 0.81
Exxon-Mobill	70.68 + 0.18	Seneca Holding Corp.	64.83 - 0.70
Ford Motor	7.39 —	Time Warner	28.73 + 0.25
General Electric	14.61 - 0.26	US Bancorp.	31.64 - 0.11
GlaxoSmithKline ADR	39.22 —	Wal-Mart Inc.	53.13 + 0.29
Goodrich	55.58 - 0.95	Wal-Mart	50.93 - 0.18
Goodyear	17.83 + 0.15		
HopFed Bank*	18.01 B 18.19 A		



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From Murray Take Hwy 641 North 7 Miles To Dexter, Proceed East On "Hwy 1346", Crossover Hwy 1824, Proceed On East 3 Miles, From Hardin At The Jct Of Hwy 641 & 402, Take Hwy 641 South 1.5 Miles To Roosevelt Road "Hwy 1346" Proceed East, Crossover Hwy 1824 And Proceed On East 3 Miles.

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AUCTION HIGHLIGHTS

Cherry Dining Table w/6 Chairs, China Cabinet, Buffet, Living Room Sofa, Den Sofa, Mobil Furniture Company 4 Pc Queen Cherry Bedroom Suite, Broyhill 4 Pc Queen Cherry Bedroom Suite, 3 Pc French Provincial Bedroom Suite, End Tables, Coffee Tables, Curio Cabinets, Hall Tree, Oak Table w/6 Chairs, Corner Cabinet, Oak Book Case Cabinet, Side Chairs, Wing Back Chairs, Rockers, Several Accent Tables, Cherry Sofa Table, Cherry Dressing Mirror, Odd chest, Cherry Quilt Rack, Singer Cabinet Sewing Machine, Table Top Sewing Machine, Antique 4 Drawer Chests, Antique Cane Bottom Chairs, Antique Kitchen Cabinet, Antique School Desk, Patio Furniture, 2 Chest Freezers, Many Nice Framed Ken Holland, Neal Holland, CW Vittow & More, Lots Of Depression Era Glassware, Pieces Of Corn Dishes, Milk Glass, Set Of Johnnie & Bavaria Germany China, Angel, Bird, Cat, Duck Figurine Collections, Kitchen Pots, Pans & Miscellaneous, Zenith TV, Kirby Vacuum, Set Of Lockers, Old Magazines, Costume Jewelry, Christmas Decorations, Material, Linens, Old Quilts, Crocheted Items, Lamps, Trunk, And Lots Of Household Miscellaneous...From The Farm & Barn..... Ford 2 Btm Plow, Ford 2 Row Cultivator, Birch 3 Pt-6' Disc, Ford 501 Sickle Mower, PTO Post Hole Digger, Upright 300 Gallon Fuel Tank, Steel Chain Saw, Steel Fence Post, Work Table w/Vise, 8' Table Saw, Craftsman Joiner, Bean Scale, Hand Crank Corn Sheller, Brass Knob Hanes, And Barnyard Miscellaneous

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Mrs. Lillian Modglin Thorn

The funeral for Mrs. Lillian Modglin Thorn will be today (Thursday) at 4 p.m. in the chapel of Imes-Miller Funeral Home. Burial will follow in the Stewart Cemetery. No visitation is scheduled. Online condolences may be made at www.imesmiller.com.

Mrs. Thorn, 75, Murray, died Tuesday, Sept. 8, 2009, at her home. She was a retired nursing assistant of Murray-Calloway County Hospital and was a member of Dexter Baptist Church.

Preceding her in death were one daughter, Melissa Humphreys Silverheels, two sisters, Sally Jean Thorn and Louise Thorn, and her parents, Thomas Thorn and Tommie Gilliam Thorn. Survivors include five sons, David Durham and wife, Nancy, Union City, Tenn., Glen Durham and wife, Nanette, Hardin, and James R. Sweatman and wife, Patty, Gabriel Amos and Jason Modglin and wife, Regina, all of Murray; two daughters, Dorothy Sweatman and Charlotte Dunn and husband, Rich, all of Murray; four brothers, Thomas Thorn and Paul Thorn, both of Murray, Finnis Thorn and wife, Lisa, Erin, Tenn., and Billy Thorn, Buchanan, Tenn.; one sister, Betty Barnes, Hernando, Miss.; 17 grandchildren; 15 great-grandchildren.

Mrs. Verna Nell Newport

The funeral for Mrs. Verna Nell Newport will be Friday at 10 a.m. in the chapel of J.H. Churchill Funeral Home. John Dale will officiate. Burial will follow in the South Pleasant Grove Cemetery. Visitation will be at the funeral home from 5 to 8 p.m. today (Thursday).

Mrs. Newport, 82, Houston, Texas, died there Monday, Sept. 7, 2009. She was a homemaker. Preceding her in death were her husband, James Milton Newport, and two brothers, J.B. and Buddy Irvin. Born April 21, 1927, in Lynn Grove, Ky., she was the daughter of the late Charles and Eva Dalton Irvin. Survivors include one son, James Daniel Newport and wife, Sherry, Montgomery, Texas; two grandsons, Christian Daniel Newport and wife, Ivette, Portland, Ore., and Michael Brandon Newport and wife, Tammy, Montgomery; one great-granddaughter, Grace Anne Newport, Portland.

Frank Ahart

Frank Ahart, 65 Aurora Highway, Hardin, died Wednesday, Sept. 9, 2009, at 10 a.m. at his residence. Imes-Miller Funeral Home is in charge of arrangements. Online condolences may be made at www.imesmiller.com.

Bush backs Obama on schools speech

WASHINGTON (AP) — Former first lady Laura Bush expressed support for President Barack Obama's decision to speak to the nation's school children, saying it is "really important for everyone to respect the president of the United States."

In an interview with CNN, Mrs. Bush, a former school teacher, said, "There's a place for the president of the United States to talk to school children and encourage school children" to stay in school. And she said parents and others also need to send that message.

Obama's planned remarks Tuesday broadcast by C-SPAN to many schools across the country had drawn protests from conservatives and some parents who said the president is trying to indoctrinate the nation's children. Some parents said they plan to keep their children home from school because of the Obama speech.

"That's their right," Mrs. Bush said. "That certainly is the right of parents to choose what they want their children to hear in school."

"I also think it's also really important for everyone to

respect the president of the United States," she said.

Obama in his speech urged students to stay in school.

"What you make of your education will decide nothing less than the future of this country," Obama would tell the students, according to a transcript released Monday by the White House.

"What you're learning in school today will determine whether we as a nation can meet our greatest challenges in the future."

Mrs. Bush also decried the extreme political partisanship in the nation.

"We're polarized. ... A lot of people on the right, a lot of people on the left. We've seen that for the last eight years. ... We're still seeing it," she said.

Mrs. Bush praised Obama's performance under difficult circumstances. "He's tackled a lot to start with and that's made it difficult," she said.

She said her husband has refused to criticize Obama because he believes the new president "deserves the respect and no second guessing on the part of a former president."

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Jerry Neal Crittendon

The funeral for Jerry Neal Crittendon will be today (Thursday) at 1 p.m. in the chapel of Hornbeak Funeral Chapel, Fulton. Burial will follow in the Oak Grove Cemetery, Dukedom, Tenn. Visitation is now at the funeral home. Online condolences may be made at www.hornbeakfuneralchapel.com. Mr. Crittendon, 54, Fulton, died Monday, Sept. 7, 2009, at 4 a.m. at his home. He was of Baptist faith and was born Aug. 20, 1955, in Fulton. Preceding him in death were his father, Hershel Crittendon, and one son, Eric Crittendon.

Survivors include his wife, Patricia Fry Crittendon, to whom he was married July 30, 1974; his mother, Helen Ruth Williams Crittendon, Fulton; two sons, Jeff Crittendon, Mayfield, and Steven Crittendon, Fulton; three grandchildren; one brother, Terry Crittendon, Murray.

Paid Obituaries

Mrs. Marie Glover Chensky

FLAGSTAFF, Ariz. — Mrs. Marie Glover Chensky, born May 6, 1913, passed away in Flagstaff on 07/08/09. She is preceded in death by one daughter, Mary Woods, and has two surviving children, Frank Chensky (Connie) of Flagstaff and Jean Wilson (Robert) of Murray, Ky. She also has many grandchildren and great-grandchildren living in various parts of the country. She will be remembered by many as being a loving and caring person. She touched the hearts of many who were fortunate enough to know her. She was surrounded in her last years by so many people in the Flagstaff area who loved, appreciated, respected and cared for her. In Marie's final days, Hospice was a source of comfort for the entire family. Marie was a devoted Christian and is with her Lord and Savior. Novel Owens Mortuary was in charge of arrangements. Condolences can be sent to www.norvelowensmortuary.com.

Mrs. Roszella Williams

The funeral for Mrs. Roszella Williams will be today (Thursday) at 1 p.m. in the chapel of J.H. Churchill Funeral Home. Jim Ponder will officiate. Danny Claiborne will lead the singing by the University Church of Christ Singers. Pallbearers will be Bill Clemens, Jimmy Cochran, Bobby Martin, Terry Smith, Keith Hays, Barry Grogan, Sherrill Gargus, Richard Youngblood and Eric Parks. Burial will follow in the Murray City Cemetery. Visitation is now at the funeral home. Mrs. Williams, 76, Lynnwood Dr., Murray, died Sunday, Sept. 6, 2009, at 7:40 a.m. at Samaritan Hospital, Lexington. A retired secretary for Hut on Chemical, she was a graduate of Murray Training School and a member of University Church of Christ. Born May 5, 1933, in Calloway County, she was the daughter of the late Walter and Estelle Evans Elkins. Also preceding her in death was a brother-in-law, Harold Houston.

Survivors include two daughters, Susan Phillips, Murray, and Jennifer Clemens and husband, Bill, Nashville, Tenn.; one sister, Maxine Houston, and one granddaughter, Michelle Phillips, both of Murray; two stepgrandchildren, Ginny Clemens, Atlanta, Ga., and Billy Clemens, Nashville, Tenn.

Once a foe, Republicans now backing Medicare

NEW YORK (AP) — Weren't Republicans against Medicare before they were for it?

It's a question vexing Democrats in the fierce battle over President Barack Obama's push for a health care overhaul as the head of the Republican Party has portrayed the GOP as the lone bulwark preventing deep cuts to the popular, government-run health plan for older people.

It's a remarkable turnaround for a party whose leaders tried to slash billions from Medicare more than a decade ago and have assailed the program as a wasteful entitlement.

None other than Ronald Reagan, a hero to Republicans, warned in 1961 that creation of Medicare would push the country toward socialism.

The new GOP posture may be politically savvy given older Americans' fears of major changes to Medicare, which were among the concerns widely on display at angry town hall meetings across the country last month.

But the new stance also contradicts the party's long history of skepticism toward government-run programs and Republican concerns about the long-term viability and health of the Medicare system. The Republican National

Committee recently launched a new campaign, "The Seniors' Bill of Rights," that pledged to prevent cuts to Medicare and protect the elderly from health care rationing based on age.

"Let's agree in both parties that Congress should only consider health reform proposals that protect senior citizens," the GOP chairman, Michael Steele, said in a television ad released in conjunction with the campaign.

The health care bill making its way through the House would save an estimated \$500 billion in Medicare over the next 10 years.

None of the health care bills provide coverage for illegal immigrants. Medicare and other entitlements have never been popular among conservatives and Republicans, but they have no choice now but to work with the programs as they now exist.

"If you were reinventing them, they'd be done differently," Norquist said.

But for now, it's Republicans' turn to use Medicare as a partisan weapon, even as party leaders have sent mixed messages about the program. Older people represent a significant voting bloc that traditionally turns out in nonpresidential year elections — the 2010 congressional races, for example.

It's time to get the first of at least two flu shots recommended for many Americans this fall. Vaccine against regular winter flu is ready.

Despite all the headlines about the new swine flu, doctors do expect some garden-variety influenza to hit this fall, too. And health authorities on Thursday urged people to go ahead and get that first inoculation out of the way before the lines start forming for swine flu vaccine next month.

"The single best way to protect yourself and your loved ones against the flu is to get vaccinated," said Health and Human Services Secretary Kathleen Sebelius.

Yes, swine flu right now is the world's dominant strain of influenza. But "we must not let our guard down against seasonal influenza," said Dr. William Schaffner of Vanderbilt University.

Don't forget flu shots.

PNTF director speaks to local Crimestoppers

By HAWKINS TEAGUE

The director of the Pennyrile Narcotics Task Force spoke to local Crimestoppers members Wednesday about how the agency works throughout western Kentucky to combat drug abuse.

Cheyenne Albro, PNTF director, said the agency began in 1988 and covered nine counties. He said they now work within about 20 counties, especially in those with fewer resources to go after drug offenders. He said people often ask him how bad the drug problem is in their town. He said he always tells them the same thing: That per capita, it's about as bad as New York City, Miami or any other city. People just might not always notice it as much with a much smaller population.

Albro said the PNTF seizes more marijuana than any other drug, but they deal with all kinds on a regular basis. He said here in Murray was starting to make a comeback and that they had been battling meth for 12 years, although some initiatives have helped to curb its spread. He said he remembered when meth became popular on the west coast and made its way to western Kentucky. He said he and others

had warned officials in eastern Kentucky when they thought it might come their way, but the warnings weren't taken as seriously as they could have been and it is still a huge problem there.

Albro said that in college towns like Murray, they frequently see drugs like LSD and ecstasy, which he said go in three-to-five-year cycles of popularity.

Albro said he enjoys working with law enforcement in Murray and Calloway County and that the city police and county sheriff's office also work well together. He said he doesn't see the turf wars that he often sees in other counties. He talked a bit about PNTF funding and how one of the ways communities give to them by turning over extra officers to help with cases. He said he appreciated all the help he had gotten from local officers, several of whom were at the Crimestoppers meeting.

"In a lot of ways, manpower is more important than cash donations," he said. He said the PNTF has also received help from the Edward Byrne Justice Assistance Grant and from Congressman Ed Whitfield through a meth initiative. He said, though, that one of

the biggest sources of funding was from seizures of assets of drug dealers, which he said was his personal favorite.

"I love taking money from bad guys and putting it to a useful purpose," he said.

Albro added that one of the biggest drug problems society is facing is that of prescription drugs. He said they have had a huge impact in schools and that law enforcement needed to do more about them. Since they are readily available in homes, they are hard to keep away from kids, but parents and grandparents need to be aware of the problem, he said. He said cough syrup abuse was also a growing problem and could be extremely dangerous when taken in large amounts.

Albro thanked Crimestoppers for inviting him to speak and said he was a big supporter of the organization. They ended the meeting by discussing possible fundraising strategies. Albro, Murray Police Chief Ken Claud, Calloway County Sheriff Bill Marcum and others also gave tributes to Mayor Tom Rushing, who died Tuesday. Rushing was a big supporter of Crimestoppers and rarely missed a meeting.

European stocks lose earlier gains

LONDON (AP) — European stocks lost earlier gains ahead of expected losses on Wall Street on Thursday as enthusiasm over an upbeat Federal Reserve survey, which helped Asian markets rise, faded amid concerns that stocks are overvalued.

Germany's DAX was flat at 5,574.05 and Britain's FTSE 100 fell 0.5 percent to 4,979.04. France's CAC-40 was 0.2 percent lower at 3,701.11.

Many Asian indexes had closed up as much as 2 percent, although U.S. markets were expected to show little direction at the open. Dow Jones industrials futures were down 0.2 percent at 9,517 and Standard & Poor's 500 futures dropped 0.3 percent to 1,029.50.

Investors had previously been encouraged by the Fed's Beige Book, released late Wednesday, which suggested the recession is ending in the United States and the economy is finally growing again.

The survey showed improvements in economic activity and expectations across most of the

country.

"The report sounds like a 'from the ground' confirmation that the recovery is on track. As such, it is consistent with investors taking on more risks and supporting most asset classes," said Sebastien Barbe, analyst at Calyon.

He noted, however, it was still too soon to "claim victory, as retail sales remain flat, labor markets are still weak, and the demand for credit is subdued."

Stephen Lewis, analyst at Monument Securities, was even more skeptical, saying the survey suggested a stabilization, not a recovery.

"The general picture was of an economy devoid of upward momentum," he wrote in a note. Although manufacturing and real estate seemed to be doing better, "there was nothing in the report to prompt the Fed to seek an exit from its exceptionally accommodative monetary stance," Lewis said.

That view was echoed by the Bank of England, which Thursday left its interest rates at

record lows and said it would continue to pump money into the economy despite signs that the U.K. economy was emerging from recession.

Bank Governor Mervyn King has warned that the depth of the downturn means a return to growth would be slow.

Such views drained stock markets of momentum. After robust gains this week, investors are looking for clearer signs that economic recovery can be sustained without government stimulus and despite rising unemployment.

In Asia, Japan's benchmark Nikkei 225 index rose 2 percent to 10,513.67, with traders U.S. markets higher in the wake of the Fed survey.

Hong Kong's Hang Seng added 1.1 percent to 21,069.56, Korea's Kospi was up 2.3 percent and India's gained 0.6 percent. Markets in Australia and Taiwan climbed 1.1 percent.

Among major benchmarks, only mainland China's was lackluster, with the Shanghai's index down 0.7 percent.

Outburst ...

From Page 2A

Democratic opponent, former Marine Rob Miller, has received nearly 3,000 individual grassroots contributions raising approximately \$100,000, the Democratic Congressional Campaign Committee said.

Wilson, a conservative Republican who promotes a strong national defense and reining in the size of government, won a special election to the House in 2001, succeeding

the late Rep. Floyd Spence, R-S.C. Wilson had worked on Spence's staff on Capitol Hill and also previously been an intern on the staff of venerable Sen. Strom Thurmond, R-S.C.

Wilson, who is the only Republican who serves on both the House Armed Services and Foreign Affairs committees, is a familiar face on the floor of the chamber, often going there after regular legislative business to make announcements, observations and political points in the

so-called "one minutes," a special free-wheeling speaking period given lawmakers, usually in the after hours.

Wilson has been a staunch supporter of the war in Iraq. "Everybody was stunned," Rep. Maxine Waters, D-Calif., said of Wilson's eruption. "It was just something that nobody had ever witnessed before. We all felt embarrassed."

Republicans froze; several glanced in Wilson's direction. House Speaker Nancy Pelosi directed a fierce frown at him; first lady Michelle Obama pursed her lips and shook her head from side to side. Biden looked down and shook his head too.

Obama, meanwhile, looked toward the outburst and replied, "That's not true" before going on with his speech.

Wilson appeared to consult his BlackBerry for much of the rest of Obama's speech. He shook his head defiantly after several of the president's statements. When Obama finished, Wilson bolted from the chamber.

Wilson's behavior was "totally disrespectful," Sen. John McCain, R-Ariz., who had been Obama's rival in the 2008 presidential election, said on CNN. "There is no place for it in that setting, or any other, and he should apologize for it immediately."

Associated Press writers David Espo and Ben Evans in Washington and Jim Davenport in Columbia, S.C., contributed to this report.



Our Elected Officials

U.S. Sen. Mitch McConnell (R-Ky.)
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1-202-224-2541 (Washington #)

U.S. Rep. Ed Whitfield (R-Ky.)
2411 Rayburn House Office Bldg. Washington, D.C. 20510
www.house.gov/whitfield 1-202-225-3115

U.S. Sen. Jim Bunning (R-Ky.)
137A Russell Senate Office Building Washington, D.C. 20510
www.jim_bunning@bunning.senate.gov 1-202-224-4343

State Sen. Ken Winters (R-Murray)
Legislative Offices, Capitol Annex Frankfort, Ky. 40601
1-800-372-7181

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GLASSWARE - Red punch bowl & cups, Hen on a nest, carnival glass, fenton, milk glass, boxes still to go thru.

TOOLS - Wrenches, sockets, Honda 3500s generator, Milwaukee heavy duty saw, DeWalt drill, sm. Troybilt tiller, yard tools, Poulan chain saw 42cc & case, Murray lawn mower parts, wheelbarrow, fifth wheel hitch, new turtle trap, 10 ft. fiberglass step ladder, small cart, 6" grinder, small drill press.

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GOODY'S

COMMUNITY

Local people take trip to the Gambia, West Africa

The first group of Smiling Coast Tours (SCT) tourists took a ten-day adventure to the Gambia, West Africa. The Gambia is a former British Colony and the smallest country on main land Africa. Smiling Coast Tours is owned by Pa-Lamin and Doris Sarr of Murray.

The tourists consisted of six people, all from Murray: Dr. Judy Brookhiser, associate professor of Wellness and Therapeutic Sciences; Dr. Debbie Owens, associate professor of Journalism and Mass Communication; Master Tung Dinh, fifth-degree black-belt and businessman; and Christian Dinh, son of Master Dinh and a student at Calloway County High School. Mr. and Mrs. Sarr accompanied the group along with their daughter, Tiffany.

The group arrived at the Banjul International Airport in the Gambia on July 6 and were welcomed by a group of traditional drummers. From the airport the group proceeded to the Kairaba Hotel for a welcome dinner.

While in the Gambia, Dr. Brookhiser held a seminar on Inclusion of Individuals with Disabilities at St. John's School for the Deaf in Kanifing. The presentation included statistics regarding the most common types of disabilities along with their particular challenges and management, appropriate terminology when referring to persons with disabilities, and strategies for including individuals in families, schools and society at large.

The event was organized in collaboration with the Regional Office for Disability of the Gambia and St. John's School for the Deaf. Forty-two participants from the various institutions that deal with disabilities and the disabled attended the



Photo provided by Smiling Coast Tours

Pictured are members of the local group taking the recent tour to Gambia, West Africa.

ing one of his favorite mantras, "If you try, you fail; if you commit, you succeed."

Over 200 kids drawn from the Kombo villages of Lamin, Brufut and Kinty, and the capital city Banjul participated in various sporting disciplines including football, basketball and martial arts. Certificates and balls were given out to all participating teams and T-shirts and a trophy added to all those in the winning teams. Christian Dinh, the son of Master Dinh had the opportunity to play in the soccer tournament.

Dr. Owens and Dr. Brookhiser also held a one-day lecture series at the University of the Gambia. The lecture series was held July 21 at the University of the Gambia Faculty Office Building at Kanifing in collaboration with the University of the Gambia. A cross section of the student body attended the conference as well as the university faculty and staff.

Dr. Owens presented "Communication Study: Advancing from Theory and Practice." Dr. Brookhiser presented "Environmental Education in the Schools," which focused on types of curriculum, experimental education and additional pertinent information.

When not conducting lecture series and seminars, the group went on excursions, visiting various tourist attractions in the Gambia.

Tourists also experienced a one-day excursion to Juffureh, also known as "the land of

Roots" because this is where author Alexander Haley traced his "roots." The group crossed by ferry to the North Bank on their way to Juffureh. The group stopped at Barra and made a visit to Fort Bullen a former fort and slave holding post, which was also used to camp soldiers during World War II before deployment to the battlefield.

From Barra, they proceeded to Juffureh, where they were greeted with a festive welcome from the villagers. The group also took a boat ride to James Island, a national historic site due to its role as a slave holding post and fort during the Trans-Atlantic slave trade. While in Juffureh, the tourists got to see Sandomingo, the oldest church in West Africa. From James Island, the group proceeded to the Kinteh Family Compound where they had an audience with the Kinteh Family and Mrs. Mariama Fofana, the 8th generation of the Kinteh Family. The group also visited the Slavery Museum in Juffureh.

In addition, they had the opportunity to learn about and experience Gambian culture by actively interacting with the Gambian people. A traditional naming ceremony was organized to give the tourists Gambian names. Tourists were given a list of Gambian names and asked to pick their favorite. A cultural evening was also held at Kunta Kinteh Beach Bar, in Kololi.

The group departed the Gambia for their return to the United States on July 26. Smiling Coast Tours is in the process of designing similar trips to the Gambia. The next trips are being scheduled for December 2009 and June 2010 which will coincide with the "Roots" Homecoming Festival. Smiling Coast Tour will serve as official recruiter/agent for the "Roots" Homecoming Festival, which is a bi-annual event in the Gambia and is next scheduled for June 2010.

For more information on Smiling Coast Tours and its trips to the Gambia, West Africa, visit smilingcoasttours.com on the web or contact: Pa-Lamin or Doris Sarr, 507 South Cherry St., Murray, KY 42071 or phone 270-978-1403 or e-mail: palamin@smilingcoasttours.com

Hammack Jr. Scholarship banquet planned Sept. 19



Dr. John F. Marnolek, Gilbreth Distinguished professor of history emeritus at Mississippi State University, will speak on the subject of "Lincoln as Commander in Chief."

The eighth annual Dr. James W. Hammack Jr. Scholarship Banquet will be Saturday, Sept. 19, at 7 p.m. in the Center ballroom of Murray State University. Dr. John F. Marnolek, Gilbreth Distinguished professor of history emeritus at Mississippi State University, will speak on the subject of "Lincoln as Commander in Chief."

Tax deductible contributions to the Hammack Scholarship are welcomed. The cost of the banquet is \$40 per person with a portion going to the scholarship fund. Reservations must be made by Saturday, Sept. 12, by calling 270-969-2234 or e-mail kay.hays@murraystate.edu.

Blood drive today

American Red Cross will have a blood drive today (Thursday) from noon to 5 p.m. at First Christian Church, 111 North Fifth St., Murray.

Knitting Group will meet

Knitting Group (Prayer Shawls) will meet Friday at 9 a.m. at First United Methodist Church. Those attending knit or crochet shawls. The group has given 20 shawls to Hospice for the patients and also to homebound persons. All interested women are invited. For information call the church at 753-3812.

DAR meeting Saturday

Captain Wendell Oury Chapter of the Daughters of the American Revolution will meet Saturday at 2 p.m. at Garden Gate Cafe, Ky. Hwy. 94 East. Gail Rhea, chairman Constitution committee, Ky. Society DAR, will present a program on the U.S. Constitution. Hostesses will be Evelyn Jones and Margaret Crawford. Dues will be received. All members and prospective members are invited.

Pet ID Clinic planned Saturday

The Humane Society of Calloway County and Murray State University's Animal Health Technology/Pre-veterinary Club will host a Doggie Day Spa Saturday from 9 a.m. to 2 p.m. at Calloway Animal Health Pavilion, College Farm Road. The society will microchip dogs for \$10 each, make custom pet ID tags on site for \$3 each and photograph pets adding them to their Free Lost Pet Photo Registry. The MSU students will bathe dogs for \$7 each, clean ears and trim nails for \$4 or provide the works for \$10. For information call 759-1884.

Youth Lodge plans event

Woodmen of World Youth Lodge 808 will meet at Maggie's Jungle Golf near Gilbertsville Saturday at 1 p.m. Lunch will be provided.

Habitat for Humanity plans fundraiser

The Murray-Calloway County Habitat for Humanity in conjunction with First Presbyterian Church will have a fund-raising dinner on Friday from 5:30 to 7 p.m. at First Presbyterian Church, corner of Main and 16th Streets, Murray. A spaghetti dinner, salad, bread and dessert with drinks will be served. Donations will be accepted. All donations will go to the local Habitat chapter.

VFW Ladies to meet Saturday

Post 6291 Veterans of Foreign Wars Ladies Auxiliary will meet Saturday at 1 p.m. at Paglia's. For more information call Dorothy Daniels at 753-0049.

VFW Post will meet tonight

Post 6291 Veterans of Foreign Wars will meet tonight (Thursday) at 7 p.m. at the National Guard Armory, Ky. 121 North. For more information contact James Daniels, commander at 753-0049. All members are urged to attend.

Zeta Department will meet

The Zeta Department of the Murray Woman's Club will meet today (Thursday) at 2 p.m. at the club house. Lisa Cope from the Playhouse in the Park will present the program.

Angel alert issued

Calloway County Family Resource Center has issued an angel alert for a standard size refrigerator for a family. Anyone having one to donate is asked to call 762-7533.

WOW Lodge will meet

Woodmen of the World Lodge 592 will meet tonight (Thursday) at 6 p.m. at Ryan's Family Steak House. All members are urged to attend.

Reformers' group will meet

Reformers' Unanimous, a faith based addictions program, will meet every Friday from 7 to 9 p.m. at Eastwood Baptist Church. The public is invited. Child care is provided. For more information or for a ride call the church office at 753-1834.

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Glendale Road Church of Christ
Murray, Kentucky

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Recipe for High School Students

Alayna Thompson
Recipe for College Students

Laken Falwell
Recipe for Newlyweds

Janette DeWitt
Recipe for Young Families

Traci Green
Recipe for Handling Teenagers

Denise Brazzell
Recipe for a Special Needs Child

Brenda Wilson
Recipe for Divorce/Remarriage

Marsha Harper
Recipe for Surviving Personal Illness

Karen Bolls
Recipe for Dealing with Loss of Spouse

Donna Faughn
Recipe for Aging Parents

Sandra Robertson
Recipe for the Empty Nest

Betty Anderson
Recipe for Retirement

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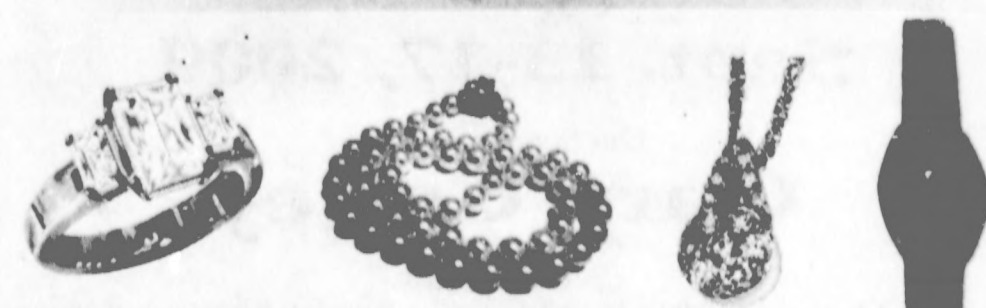
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Potpourri to be held Saturday at library



Writer's Potpourri
By Wilma J. Sanders, Director

Work On The Farm
By Wilma J. Sanders

I never liked farming
I remember the hard work
We were up at day break
Never allowed to shirk
We must get the work done
While the day was cool
Walking behind a feisty horse

And a plodding mule
We were still working
On in the heat of day
The heat would hurt most
When bringing in the hay
Dad would throw the hay in
I would fork it back
He covered me completely
As I struggled, that's a fact
I struggled to keep up
I struggled to get my breath
As sweat poured down my face

Paradise Play
By Dorothy Locke Inman

The story was being told
in the amphitheater below.
Stars were twinkling above
bathing the players in love
of everything dramatic.
The audience was ecstatic.
It all seemed so real,
people watching could feel.

They laughed, then they cried,
as the hero nearly died.
Clapped as the heroine
kissed him alive,
in the play of paradise.

Mom's Special Bear
By Michael J. Inman

and Dorothy Locke Inman
Mom's been saying she
saw a bear,
going past her window,
across the lawn
out there.
Mom did you see a big
shaggy dog or a deer?
No it was a bear!
Her speech is hard to
understand at times,
so we finally agreed
that it could have
been a bear.
A few days later she
looking out on the deck
and with a great
big grin she said,
"There's bear again."
We looked at the two
working men.
And mifroher mouth came
"there's a chicken,
no not chicken,
'it's a bear."
Which one Mom we asked?
The one with dark hair
was the bear.
The other one was
chicken of course.
Unlike Mom's special bear
He had sandy red hair!

True Friends
By Linda Easley

I see a redbird
in the tree.
Will he bring
good luck to me?
So fat and bright
red,
you can tell he's
been fed.
I also see a
Robin Red-breast.
Are you the
prettiest of all
the rest?
The squirrel on
the ground
hurries up the tree
so as not to be
found.
Not to be forgotten
a redbreasted
woodpecker,
he is a telephone
hole maker.

Need Line lists items needed

Need Line has issued a new list of items needed to replenish the pantry for the clients. They are green beans, tuna, spinach, carrots, mixed veggies, macaroni and cheese, crackers, soup and pasta for the pantry; eggs and fresh veggies for freezer/cooler; dish liquid, bar soap, toilet paper, tooth paste, tooth brushes for children and adults, shampoo and baby diapers size 4 and 5 for personal hygiene and cleaning supplies; Poptarts, single serve size cereal boxes and pudding cups, and lunch size brown paper bags for Back Pack Program; large brown paper bags.

These items may be taken to the Need Line building at 638 South Fourth St., Murray, between 10 a.m. and 4 p.m., Monday through Friday. For information call 753-6333.

FREE

Worksite Wellness Conference

September 22, 2009

8:30 a.m. to 12:00 p.m. CST
Free Health Screening 7:30 - 8:30 a.m.
Murray State University
Curris Center 3rd Floor

Featuring Keynote Speaker:
Maurice Saliba, President MEDS 4 LIFE
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Panel Discussion with state and local health experts
Breakout Sessions
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Greg Wood

Wood participates in show

Greg Wood participated in the 4-H State Variety Show in Cloverville at the Kentucky State Fair.

To earn the privilege to participate, Wood won the county, area and district variety shows. Wood played his guitar and sang the Beatles classic, "Blackbird."

Wood is an active member of many 4-H clubs. This was the second time for him to participate in the 4-H State Variety Show.

He studies guitar with Conny Ottway and has been playing guitar since he was 9. A junior at Calloway County High School, he plays saxophone in the Calloway County Laker Band and is involved with many other activities.

Wood is the son of Dan and VI Wood.

Events planned by club

Two more local Kentucky Squirrel Rifle Shoots have been scheduled. The League of Kentucky Sportsmen sponsors this statewide program. It is designed to provide a safe competitive shooting program for all of Kentucky's youth and to familiarize the youth and the general public with the League of Kentucky Sportsmen and local sportsmen's clubs around the state.

The next shoot will be held from 1 p.m. until dark Sept. 26 at Twin Lakes Coon Club in Hardin. Two shoots will be held at Calvert City Gun Club in Possum Trot - one on Oct. 3 and another on Oct. 17, both 1-3 p.m.

Boys and girls shooting classes will be offered in groups of 17 to 20 years old, 13-16, 10-12 and 9-under. There is no cost to participate. For more information, contact Grant Black at (270) 437-4850.

Trail of Tears Memorial Walk will be Saturday

PRINCETON, Ky. — The third annual Caldwell County Trail of Tears Memorial Walk will be held in downtown Princeton on Saturday. A \$5 registration fee will be charged for those who would like to receive a Trail of Tears sun visor, be eligible for door prizes and be included in membership to the local organization. The walk will be held rain or shine.

Walkers may register until 7:45 a.m. Saturday and the walk will begin at 8 a.m. at the Trail of Tears Park on Washington Street, across from Big Springs Park. It will proceed one mile through downtown Princeton with one educational stop planned at the Butler campus.

In addition to the Walk, the Commission is planning a variety of Native American demonstrations and vendors to be set up at the Trail of Tears Parks Park as part of the Black Patch Festival held throughout Princeton. All proceeds from the walk and raffle will go to the local organization's education programs and pkee of the park. The Trail of Tears Commission will also have a float in the Black Patch Festival Parade on Friday at 5 p.m.

Birth Announcement

Slade Matthew Coderre

Mr. and Mrs. Stephen Matthew Coderre are the parents of a son, Slade Matthew Coderre, born on Wednesday, Aug. 26, 2009, at 7:58 p.m. at Murray-Calloway County Hospital.

The baby weighed 8 pounds and measured 20 1/4 inches. The mother is the former Jennifer Kay Peters. A sister is Randi Galloway.

Grandparents are Randy and Kathy Manning of Dexter, Janet Coderre and Richard Gagnan of Murray, and Paul and Mary Lou Coderre of Mattapoisett, Mass.



Slade Matthew Coderre

IF YOU HAVE AN EVENT YOU'D LIKE TO ANNOUNCE CALL US AT 753-1916

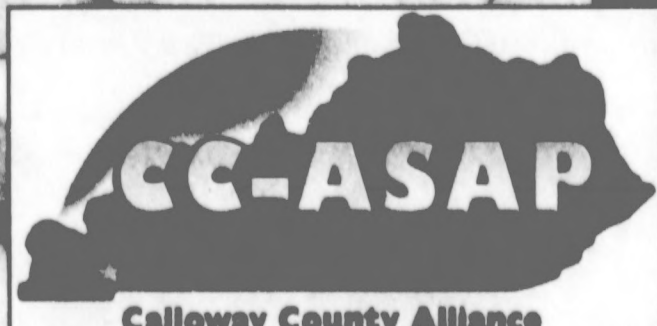
STOP Prescription Drug Abuse

83% of Murray/Calloway County students reported never abusing Rx Drugs.

Help keep this the majority by:

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- Keep all medications secure and out of the hands of a child, teen or guest.
- The majority get Rx drugs from their own home, or friends homes.
- Keep track of your medications. Routinely count your pills.
- Talk to children and teens about the dangers of Rx Drug Abuse.
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Wilson featured at free Paris event on Monday



Wilson

Special to the Ledger

Come out for a night of Demolition Derby fun at the Henry County Fairgrounds in Paris, Tenn., on Monday and be an extra for a TV show that will be taping. This exciting event will include the taping of an exhibition derby that will include an appearance by the Grammy Award-winning country artist Gretchen Wilson.

Gretchen Wilson and seven others come together to experience the thrill of participating in a Demolition Derby. Come fill the stands for this

exciting event and enjoy the action of the derby — all for free.

Admission is free so bring your family, friends, and neighbors and come enjoy an exciting evening of Demolition Derby fun. Gates open at 6:30 p.m. and the demolition derby begins at 8 p.m. This event will be broadcast for television in conjunction with a National Network and will be held rain or shine. For additional information contact Mike Weatherford Promotions, DerbyMadness.com at (731) 782-3234.

'50s music show starts new season on WKMS

Special to the Ledger

Beginning Sunday, Sept. 13, all programs of "The Eisenhower Hour" are new. During each segment, host Dr. Bob Lochte takes an in-depth look at musical tradition, an individual musician or genre. Each show has a theme, and topics for the new season include "Rhythm and Blues of the Early Fifties," "Roadhouse and Beer Joint Country," "The Singing Rage: Patti Page," and "The Eisenhower Hour Sock Hop."

"The Eisenhower Hour" is a fun, nostalgic journey through American popular music and culture of the '50s and can be heard Sundays at 6 p.m. on 91.3 FM, on 91.3 WKMS HD-1, and via our web stream at wkms.org. WKMS broadcasts at 91.3 FM with 100,000 watts, at 91.3 WKMS HD1 and HD2 (on air and online at wkms.org.), at translators 92.1 FM, Paducah, 105.1 FM Madisonville and 99.5 FM Paris, Tenn.

Arts in the Region

• The John Sutton Band will play tonight (Thursday) at the Big Apple Cafe and the Tree Rollins Band will play an all-ages show Tuesday. August Christopher will play next Thursday, Sept. 17. Music starts at 9 p.m. There is a cover charge and weekend shows are limited to ages 21 and older.

• Singer-songwriter Kaci Bolls, a native Murryan, will play at 7 p.m. Friday at Lovett Auditorium. For tickets, visit ticketmaster.com or call 809-5577 or 1-800-745-3000.

• Murray State University's Cinema International series presents the 2008 French thriller "Tell No One" at 7:30 p.m. tonight (Thursday), Friday and Saturday in the Curtis Center Theater. "The Kite Runner," directed by Marc Forster and based on the best-selling novel by Khaled Hosseini, will play next week at the same times.

• The Maiden Alley Cinema in downtown Paducah will present a Tribute to John Hughes by showing the late filmmaker's creations "Ferris Bueller's Day Off," "The Breakfast Club," and "Planes, Trains and Automobiles

this weekend. On Tuesday at 6 p.m., it will show 1987's "Dirty Dancing" as part of the "Chick Flicks" series, which benefits the theater and Merryman House Domestic Crisis Center. For more details, visit www.maidenalleycinema.org.

• Draffenville's Kentucky Opry will present a Dolly Parton Tribute Night, featuring Tara Noel Estes, at 8 p.m. Saturday. For tickets, call (270) 527-3869 or 1-888-459-8704.

• The Paducah Symphony Orchestra's "Exhibitions I" will be at 7:30 p.m. Saturday at Paducah's Carson Center.

• The Lake Barkley Jazz Festival, featuring Murray's Grumpy Old Men, will be Saturday at Lake Barkley State Resort Park.

• Justin Townes Earle will perform at 7:30 p.m. Wednesday at Murray State University's Lovett Auditorium as part of the Lovett Live Onstage series.

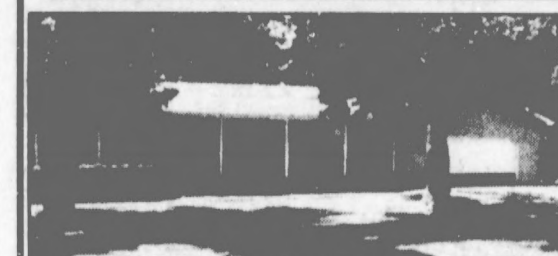
To add an event to the arts calendar, contact Hawkins Teague at 753-1916 or hteague@murrayledger.com.

Photo provided
PSO DEBUT: Murray State University's Dr. Sue-Jean Park will make her first solo appearance for a Paducah audience when she appears with the Paducah Symphony on Saturday, Sept. 12 at the Carson Center. She will be performing the Butterfly Lover's Concerto under the baton of Maestro Jordan Tang. Dr. Tang is a well-known regional figure who has been tenured for 23 years at the Paducah symphony. For tickets or more information please call the symphony

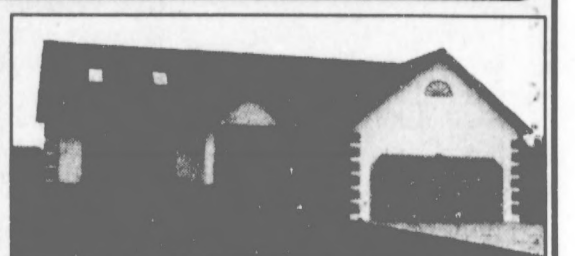
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END OF SUMMER: Kaleb Eckles practices on his 'wake' board Monday, Sept. 7, in the Ohio River near Maysville.

Springsteen, De Niro among Kennedy Center honorees

By SARAH KARUSH
Associated Press Writer

WASHINGTON (AP) — Dave Brubeck just wishes his mom could see him now: On Dec. 6, the same day the jazz composer and pianist turns 89, he'll be among the leading artists feted at the 32nd Kennedy Center Honors Gala.

Dignitaries from President Barack Obama on down will celebrate Brubeck's career, along with those of singer Bruce Springsteen, actor Robert De Niro, comic genius Mel Brooks and opera singer Grace Bumbry, the Kennedy Center announced Wednesday.

Brubeck says it's a day that would have delighted his late mother, Elizabeth Ivey Brubeck, a classical pianist who was initially disappointed by her son's interest in jazz. He recalled that when he graduated high school in 1938, his mother wrote in her diary: "I think there is some hope for David after all."

"Both my older brothers were such terrific musicians — classical musicians. And she wanted three sons that would follow in her footsteps ... and I let her down," Brubeck said in a phone interview from Seattle, where he was touring this week. "She finally came around to what I was doing. She lived long enough to see good results, and she enjoyed going to the concerts."

Obama and the first lady will host the 2009 honorees at the White House before attending the gala with them at the Kennedy Center. Brubeck said he is looking forward to meeting the president, who wrote of going to a Brubeck concert as a child in his memoir "Dreams From My Father."

As usual, the gala will be recorded for broadcast as a two-hour prime-time special on CBS. This year's will air on Dec. 29 at 9 p.m.

The Kennedy Center Honors recognize performing artists for their contributions to American culture.

Brubeck is credited with helping take jazz into the mainstream, and his band popularized music that departed from the

traditional 4/4 rhythm. "Time Out" — the classic album by the Dave Brubeck Quartet featuring the hit "Take Five" in 5/4 time — turned 50 this year. Brubeck has set to music the words of the Old Testament and of Martin Luther King Jr. and, most recently, the photographs of Ansel Adams.

As for the other honorees, Springsteen and De Niro belonged to the category of potential honorees that George Stevens Jr., the creator and producer of the honors show, calls "not if, but when." But both men are relatively young to be receiving the award, Stevens noted. De Niro turned 66 last month, and Springsteen will be 60 on Sept. 23.

"One of America's greatest cinematic actors, Robert De Niro has demonstrated a legendary commitment to his character and has co-founded one of the world's major film festivals," Kennedy Center Chairman Stephen A. Schwarzman said in the announcement of the 2009 recipients. He was referring to the Tribeca Film Festival, which started in 2002.

"With his gritty and honest songs that speak to the everyman, Bruce Springsteen has always had his finger on the pulse of America," Schwarzman said.

Mel Brooks, 83, is a former standup comedian who made his mark on television with the classic 2000-year-old mad routine with Carl Reiner. He soon moved to the big screen, where his hit comedies include "The Producers" and "Blazing Saddles."

For Grace Bumbry, a soprano and mezzo-soprano who became a trailblazer among black singers, being chosen for the award has a special significance. At the first Kennedy Center gala in 1978, Bumbry performed the aria "Vissi d'Arte" from Giacomo Puccini's opera "Tosca" in honor of her mentor, the renowned contralto Marian Anderson.

"It's full circle now," Bumbry, 72, said by telephone from Munich, where she was judging a vocal competition. "It's the most beautiful thing."

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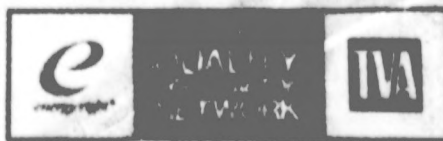


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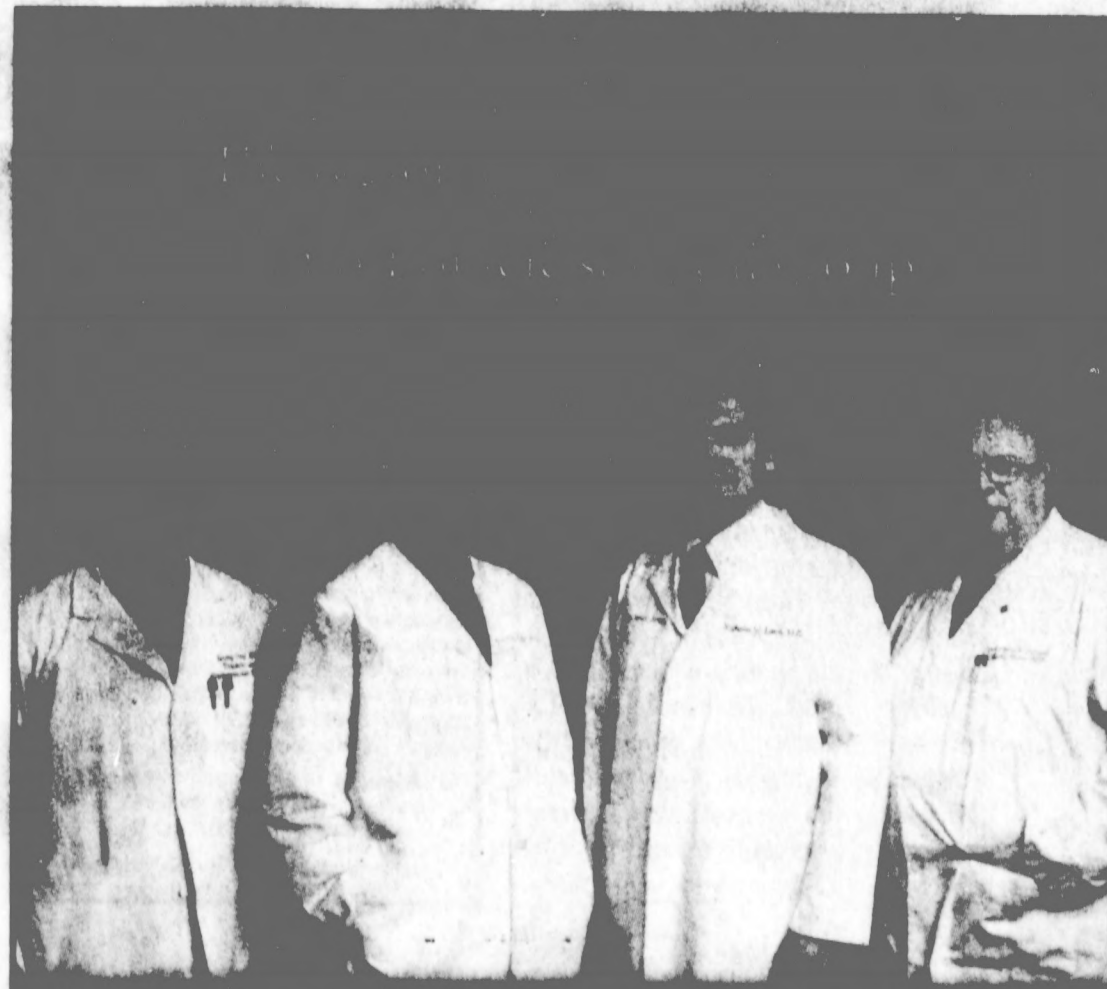
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Practical Dental

Registration is now open class begins on Sept. 12, 2009.

Classes are scheduled on Saturdays for 11 weeks, allowing you to keep your present job while you gain skills for a rewarding career.

Most dental assistants have evenings, weekends, and holidays off. Information and registration forms available at:

1. www.bethdental.com or call our office 270-442-0256

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1 BR apt, various locations. Coleman RE. Move in free days. 753-9898

Want to Buy

GOOD used carpeting, air cond., elec. baseboard & gas heaters, elec. range, refrigerator, storm windows, etc. 753-4109

Articles For Sale

1,000 gal. propane tank and gas fireplace logs. 227-0783

7 night 1 or 2BR condo anywhere in the world. 229-399. 753-4801.

IMPRESSIVE, large mounted, authentic buffalo head. Paid \$1,600. Will take best offer. 436-5400.

www.murrayapartments.com 270-767-9111

Specializing in newly built 1 & 2 Bedroom Apartments

Water, sewer, trash & Cable TV included

Appliances included. No PETS!

APARTMENTS For Rent

1 OR 2BR apt. near downtown Murray. Lease and deposit required. 753-4109.

1,283 Bedroom. 753-0808

185 Cambridge Dr. 3B-2B, all apt. \$650/mo. + deposit. 293-4788

2BR Apt, some utilities paid, no pets. \$280/mo. 767-9037

2BR apt for rent. No pets. Gas, water, trash included. \$425 mo plus deposit. 293-8214

2BR Duplex, CH/A, all appliances, newly remodeled. 1003-B Northwood. (270)753-0259

2BR, 2BA, garbage, water & cable included. \$550 month. 1 year lease. 104 Park St. 753-9479 ask for Debbie Mac or 759-1509 after 5:00pm.

4BR brick, 2-1/2 bath, all appliances, no pets, 1 year lease, \$760/month, deposit. +1 BR upstairs \$275. No pets. Small 2BR mobile home in Almo. No

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Central Heat & Air
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Specializing in newly built 1 & 2 Bedroom Apartments
Water, sewer, trash & Cable TV included
Appliances included. No PETS!

APARTMENTS For Rent
1 OR 2BR apt. near downtown Murray. Lease and deposit required. 753-4109.
1,283 Bedroom. 753-0808
185 Cambridge Dr. 3B-2B, all apt. \$650/mo. + deposit. 293-4788
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Storage Rentals
A&F Warehousing
Near MSU \$20-50.
753-7668

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ESTATE AUCTION
Sat. Sept. 12th 2009 10:00AM
at the Dan Miller Auction Barn, Lynn Grove, KY.
From Mayfield KY take HWY 80 East to HWY 121 through Coldwater to HWY 1836 So. follow to auction, from Murray, KY take HWY 94 West to Lynn Grove KY, Signs posted.

George Wilton & Laura Holland Estate
3 pc bedroom suite-nice treadle white sewing machind/box top- old dresser- 2 glass door cabinets- couch & chair- rock- er- 2 odd chairs & stool- 4 drawer chest- book shelf- knee hole desk- Electric sewing maching- stove- refrigerator- chest freezer- gas heater- quilt rack- microwave & cart- table & 4 chairs- corner cupboard- tin door pie safe- old treadle sewing machine- coffee table- lamp table- antique bedroom suit- odd bed & dresser- cedar chiffonere- old trunk- old kitchen clock- dome clock- stone jars & chums- custom pieces- fancy what not- cedar chest- old quilts- color T.V.- blue dishes- ref. bowls- old glass & china- pots & pans- small kitchen appliances- 50+ pocket knives- costume jewelry- 30 Archie comic glasses- fine old oak lamp tables one w/glass balls & claw feet- old pictures & frames- 10' step ladder wood- model 33 Remington 22 cal- model 512 Remington 22 cal- model 311 Stevens 20 ga. double barrel- Model 99C Marlin 22 Cal- Model 50 Winchester 12 ga.- Model 150 Winchester 12 ga.- Model 760 Pumpmaster 177 cal- concrete flower pots- 1996 Oldsmobile 49,000 actual miles sharp- nice lawn mower 5 H.P. Briggs motor- Lot of hand & yard tools- metal barrels and much more.

Not responsible for accidents- Lunch available
DAN MILLER (270)435-4144 DARRELL BEANE 435-4420
TERRY D. PASCHALL 767-9223 AUCTIONEERS
www.danmillerauctioneer.com
My Service Doesn't Cost It Pays

PUBLIC AUCTION
Tuesday September 15, 2009 at 10:00 AM
At the home of Mr. Ishmael Stinson 273 Seay Graveyard Rd. From Mayfield take HWY. 97 to Sedalia, take HWY 381 through Lynville to Seay Grave Rd, turn right 1st house on right from Murray take HWY 94 West to Lynville, turn onto HWY 381 to Seay Graveyard Rd. First house on right. Mr. Stinson is moving to Murray to a smaller house.

Will sell all his furniture, car, van, tractor & equipment. Some of his old gun collection. Buffalo Bill commemorative model 94 Winchester carbine lever action two of these- Then two 30-30 Winchester repeating rifle, one P.38 #1321 Walther- A 38 Special S.W. converted by Cogswell and Harrison L.T.D. London Colt automatic 32 cal remless smokeless #244463- Model P25 cal auto U.S.A. U.S. Carbine Cal 30 ML Remington 1917 No. 381- 762 Cal #3134- British Enfield 303 A.N. 145CC- 1945 No 4 M.K. 1/

Real Estate	Services Offered	ANNOUNCEMENTS	MOBILE HOMES	Services Offered	Services Offered	Services Offered
3 FAMILY YARD SALE 1009 PAYNE ST. FRIDAY & SATURDAY 7:00-7 Desk, TV, recliner, women's clothes, boys 6-18 months clothes.	270-978-2111 NADEAU ROOFING & CONSTRUCTION 227-9641 AFFORDABLE CARPENTRY •Remodeling •Screened Porches •Garages •Water & Toilet Damage •Decks •Home Mobile Home Repair 438-5517	DIVORCE with or without children \$95. With FREE name change documents (wife only) and marital settlement agreement. Fast and easy. Call us 24hrs/7 days: 1-888-789-0198. •One order. One check. One smart move! Save time and money by making one call to place a 25-word classified in 70 Kentucky newspapers for only \$250. For more information, contact the classified department of this newspaper or call KPS 1-502-223-8821 BUSINESS OPPORTUNITIES •Become A Satellite Television Dealer! Very good income opportunity! Extremely low entry cost! Training, support and equipment available. For information Call Mike at 614-402-8084. BUSINESS SERVICES •Will answer your phone \$0.50/hr + \$1.50 per appointment booked, order taken, web entry, service dispatch, message. Message delivery by cell/Smart-phone, pager, email, web access, 24/7 availability. Tele-Professional Receptionist 1-888-228-0280 EQUIPMENT FOR SALE •SAWMILLS FROM ONLY \$2,990.00- Convert your LOGS TO VALUABLE LUMBER with your own Norwood portable band sawmill. Log skidders also available. norwoodsaawmills.com/300n. Free information: 1-800-578-1363-Ext300-N. FOR SALE •A NEW COMPUTER NOW!!! Brand Name laptops & desktops. Bad or NO Credit. No Problem! Smallest weekly payments avail. Its yours NOW. Call 1-800-816-2643 HELP WANTED •HOST FAMILIES for Foreign Exchange Students, ages 15-18, have own spending money/insurance. Call Now, students arriving for Fall Semester! Great life experience. 1-800-SIBLING. www.aie.com ASPHALT Mitchell Bros. Paving 753-6501 753-1537 ANDRUS Excavating and Septic Systems. Dozer, back hoe, and track hoe work. Installation and repair on septic systems. Now offering septic tank pumping. 978-0404 APPLIANCE REPAIR SERVICE & PARTS (270) 293-8726 OR 759-5534 Chuck Van Buren TRAVIS ASPHALT 270-753-2270 BRUSH & HAMMER "SPECIAL" \$50 off painting of 2 rooms •Painting •Fix-it's •Repairs •Decks pressure washed & stained (270) 436-2228	Looking to Build? \$67/ Square Foot. Ky. System-built Homes. Constructed to your local codes. Average 90 days to completion. Includes appliances. 1-866-304-5669. PET/PET SUPPLIES •Happy Jack FLEA BEACON: Controls fleas in the home without expensive pesticides! Results overnight! At Southern States. www.happy-jackinc.com REAL ESTATE •LAKEFRONT SALE! Gorgeous lakefront lot with dock already built only \$40,900 (was \$124,900). On fabulous 160,000 acre Kentucky Lake. Paved road, utilities, new survey. Excellent financing. Owner must sell Call 1-800-704-3154, x3185 kytakesale.com TRUCK DRIVERS HELP WANTED •BHI Trucking Company. Driver Trainees Needed! No CDL - NO PROBLEM! Earn up to \$900/week. Company endorsed CDL Training. Job assistance. Financial assistance. 888-780-5539 •CDL-A Flatbed Drivers Up to 40¢ Good Benefits, Home Time, Paid Vacation. Lease purchase available. OTR experience required. No felonies. 800-441-4271 xKY-100 •Drivers - Miles & Freight: Positions available ASAP! CDL-A with tanker required. Top pay, premium benefits and MUCH MORE! Call or visit us online. 877-484-3061 www.oakleytransport.com INSTRUCTIONAL •AIRLINES ARE HIRING- Train for high paying Aviation Maintenance Career. FAA approved program. Financial aid if qualified. Housing available. CALL Aviation Institute of Maintenance (888)349-5387 •ATTEND COLLEGE ONLINE from Home. "Medical, Business, Paralegal, Accounting, Criminal Justice, Job placement assistance. Computer available. Financial Aid if qualified. Call 866-858-2121 www.CenturaOnline.com FREE tuition for Heavy Equipment Operator Training with Employment assistance. To qualify you must be LAID OFF. Collecting Unemployment or exhausted benefits. AMERICAN HEAVY EQUIPMENT TRAINING 866-280-5836	Handyman Do you need help? I do painting, concrete, carpentry, and masonry work. Home: 731-247-5359 or Cell: 731-234-5933 HOUSE HUSBAND HANDYMAN •Repairs •Decks •Bathrooms No jobs too small (270) 519-8185 JOSEPH RONE MASONRY Concrete, brick block & stone. 564-6158 210-5324 METAL ROOFS •Roofs •Siding •Gutters •Downspouts •Metal Roofs •Metal Siding •Metal Gutters •Metal Downspouts •Locally owned/operated 759-1151 • 293-2793 293-2794 ALDRIDGE & McCLELLAN Roofing Co. 753-8087 JONES ROOFING Licensed & Insured Free estimates (270)293-0354 (270)753-0355 Simon's Handyman & Carpentry Service. Over 20 years. Tree service also. Call Don. Murray area. 519-8570. YEARRY'S Tree Service. Free estimates. Phone 436-2562, 227-0267 Free Estimates FREE kittens. 753-1159, 293-1017.	Horoscope by Jacqueline Bigler HAPPY BIRTHDAY for Friday, Sept. 11, 2009: Rethink the use of your creative energy. You will be much happier keeping that focus, even at work, where many talk about your ability to problem-solve or your innate ingenuity. Step back from clearly zany ideas. If you are single, what you choose to be involved in will be dynamic and exciting. If you are attached, focus on transforming this tie. BE wise in your choice of style. GEMINI can be challenging! The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult ARIES (March 21-April 19) ***** Maintain communication, no matter how irritating the other person is. Consider an image change and how to make it possible. Don't allow someone who is power hungry to step on your feet. You have everything going for you. TAURUS (April 20-May 20) ***** Be aware of tension over money and a risk. You might believe this situation isn't resolvable, but it is. Structure your risk-taking, no matter what form it takes, so that it limits the potential for damages. GEMINI (May 21-June 20) ***** Your personality helps melt many people's resistances. They believe they can trust you and open up. News wings in from a distance. You are presented with a unique opportunity. Most likely you will decide to go for it. CANCER (June 21-July 22) ***** Take your time with a friend or loved one. This person might be quite upset, but you don't need to absorb his or her negativity. Understand that this person doesn't mean to insult or hurt you. He or she is on autopilot. Express your understanding by not reacting. LEO (July 23-Aug. 22) ***** Keep focused on the bigger picture and where you are going. Friends and supporters surround you and take on a new meaning. A day-to-day situation could be changing right before your very eyes. Others help you identify what is going on. VIRGO (Aug. 23-Sept. 22) ***** Others rely on you more than you would like. Give some thought to changing this dependency. They will feel good knowing they can handle problems, but it won't affect your status. In fact, it might increase it. LIBRA (Sept. 23-Oct. 22) ***** What starts out as your initial vision grows because of new information. Process a profound change that might be affecting your mental outlook and your personal life on some level. It is normal to fear change and the unknown. SCORPIO (Oct. 23-Nov. 21) ***** Deal on a one-on-one level with a key associate. You might have some financial interests together. You have a different perspective, and together you can prove to be quite ingenious. Just remember certain natural restraints. SAGITTARIUS (Nov. 22-Dec. 21) ***** Others seek you out. You might feel rather limited, in that you might have different priorities from many people. You might be in the process of making up your mind about your budget. How you structure your finances could be much better as a result of this reflection. CAPRICORN (Dec. 22-Jan. 19) ***** You might have a difficult time verbalizing all the changes you are going through or sense heading your way. You feel valued by many who show their appreciation by paying you a little extra for your work. AQUARIUS (Jan. 20-Feb. 18) ***** You could be too playful for that very important person in your life, at least at this point. Stop and eye what is happening around you. Stop and walk in other people's shoes more frequently. You will learn a lot. PISCES (Feb. 19-March 20) ***** Basics do count, and you might need to return to the basic concepts and values that got you where you are. Sometimes losing connection with our roots can happen. Your instincts serve you well with a family member. BORN TODAY Director Brian DePalma (1940)	



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ALL OUR
WORK
100%
GUARANTEED

THURSDAY,
SEPTEMBER 10, 2009

SPORTS

SECTION C

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e-mail: sports@murrayledger.com

WEEK 3 SCOREBOARD

Calloway Co. at
Mayfield

Murray at
Fulton Co.

Marshall Co. at
Russellville

Paducah Tilghman at
Graves Co.

Lexington Catholic at
Lone Oak

Jo Byrns (Tenn.) at
Heath

Reidland at
Webster Co.

Fulton City at
South Fulton (Tenn.)

Hopkins Co. Central at
Trigg Co.

Union Co. at
Caldwell Co.

Crittenden Co. at
McLean Co.

Lou. Pleasure Ridge
Park at Christian Co.

Henderson Co. at
Madisonville-N.H.

Todd Co. Central at
Grayson Co.

Muhlenberg Co. at
Edmonson Co.

Owensboro at
Davies Co.

2009 DISTRICT STANDINGS

CLASS 1A, DISTRICT 1

Mayfield	0-0	3-0
Crittenden Co.	0-0	2-0
Ballard Mom.	0-0	0-3
Fulton City	0-0	0-3
Fulton Co.	0-0	0-3

CLASS 2A, DISTRICT 1

Murray	0-0	3-0
Heath	0-0	2-0
Caldwell Co.	0-0	1-1
Reidland	0-0	1-1
Trigg Co.	0-0	0-3

CLASS 2A, DISTRICT 2

Fort Campbell	0-0	3-0
Mancock Co.	0-0	2-1
O'boro Cath.	0-0	1-2
Todd Co. Cent.	0-0	0-3

CLASS 3A, DISTRICT 1

McLean Co.	0-0	1-2
Pad. Tilghman	0-0	1-2
Union Co.	0-0	1-2
Webster Co.	0-0	0-3

CLASS 4A, DISTRICT 1

Lone Oak	0-0	3-0
Hopkins Cent.	0-0	1-1
Calloway Co.	0-0	1-2

CLASS 4A, DISTRICT 2

Allen Co.-Scott	0-0	2-0
Franklin-Simp.	0-0	2-1
Russell Co.	0-0	1-1
Logan Co.	0-0	1-2
Warren East	0-0	1-2

CLASS 5A, DISTRICT 1

Owensboro	0-0	2-0
Mad'ville-N.H.	0-0	2-1
Christian Co.	0-0	1-2
Hopkinsville	0-0	1-2
Ohio Co.	0-0	0-2

CLASS 6A, DISTRICT 1

Graves Co.	1-0	2-0
O'boro Apollo	1-0	2-1
Davies Co.	0-0	1-1
Henderson Co.	0-0	1-2
Marshall Co.	0-0	0-3
Muhlenberg Co.	0-2	0-3

FRIDAY NIGHT LIGHTS PREP PREVIEW



That 'Mayfield mystique'



Mayfield running back Tyreese Murrell breaks into the open field against Calloway County in last year's 34-14 Calloway victory at Jack D. Rose Stadium. This season, the Cardinals are reverting to old form and will look to exact some revenge Friday night at War Memorial Stadium after two consecutive Calloway victories in the series.

LAKERS LOOKING FOR .500, BUT LOADED CARDINALS POSE STANCH CHALLENGE

By TOMMY DILLARD
Sports Writer

If Mayfield coach Joe Morris had listened to the naysayers, he would have believed his team's two-year stretch without a trip to the state semifinals signaled the inevitable downturn of his program.

Three games into the 2009 season and the rest of the state is finding out what Morris believed all along — the Mayfield mystique is alive and well.

Ranked No. 2 in Class A in this week's Associated Press poll, the Cardinals are off to a 3-0 start and already have signature victories over Tennessee Class 1A champion Trousdale County and longtime rival Paducah Tilghman.

But this Mayfield team isn't your father's Cardinals. Opponents who entered War

Friday Calloway Co. at Mayfield

When: 7:30 p.m.
Where: War Memorial Stadium (Mayfield, Ky.)
Radio: WAAZ, 89.7 FM
Records: Calloway Co. 1-2 (0-0, 1-1-1A), Mayfield 3-0 (0-0, 1-1A)
Last meeting: Calloway won 34-14 in Murray (2008).

What Calloway needs to win: The Lakers must exploit their size advantage on offense. Calloway's offensive line is bigger than Mayfield's, and when Tyrrell Willis is thrown in the mix, the Lakers may be able to overpower the Cards. Containing Mayfield's big-play capability is the challenge facing the Lakers.

What Mayfield needs to win: The Cardinals have to contain Willis and force Calloway to the air, where their athletic defensive backs could frustrate the passing game. Mayfield's offense is balanced and the Cardinals should be able to use the run to set up the pass, and vice versa.

Memorial Stadium once feared the Cardinals' smash-mouth style, but the footballs are flying at the historic field these days

and big-play magic is the name of the game.

Morris instituted a spread-heavy offensive scheme last season and his team took its lumps while it developed. But so far this season, the rewards have been immense.

The quarterback-receiver tandem of Luke Guhy and Xavier Shelton have already teamed up for nearly 450 yards and running back Tyreese Murrell has carried for at least 80 yards in all three games.

"Last year was the first time we ran a lot of spread," Morris said. "The main reason we switched was that was what our personnel dictated. That's what you have to do at a Class A school and we felt like it put our best athletes on the field."

The Cardinals' best athletes are, namely, Shelton and Murrell. The emergence of

Guhy as a reliable spread quarterback who can distribute the ball to his team's playmakers was the final piece of the puzzle.

"Luke can throw a six, seven-yard pass and those guys can turn it into a 60-yard pass," Morris said. "With Tyreese in the backfield, we feel like if Luke has a good night, we can put points up on most people."

Mayfield's offensive firepower was perhaps showcased best on its first play from scrimmage against Tilghman Friday night.

Guhy connected with Shelton on a screen that turned into a 73-yard touchdown as the speedy senior bolted down the field untouched.

Beating the big play
It's obvious to Calloway coach Josh McKeel that the key to containing Mayfield's offense

■ See LAKERS, 2C

PREP GOLF ROUNDUP

Tigers struggle on the road

MHS FALLS TO HICKMAN CO. ON THE LINKS

Staff Report

Murray fell to Hickman County in a boys-only match Wednesday at Oak Hill Country Club in Clinton.

The Falcons shot 166 as a team and were paced by Brett Johnson, who shot 39 and claimed medalist honors.

Murray shot 171 and was paced by Ian Holmes, who fired a 40. Blake Graham shot 42, Jay Roth shot 44 and Zach Newsome shot 45.

The Tigers travel to Marvel Golf Course in Benton today to take on Marshall County and Carlisle County.

PGA ROUNDUP

Bottom Out

FINCHEM SAYS GROWTH IN PRIZE MONEY TO FLATTEN

DOUG FERGUSON

AP Golf Writer
LEMON, Ill. (AP) — PGA Tour commissioner Tim Finchem said Wednesday any increases in prize money will be flat over the next decade, and that he didn't seriously consider reducing purses during the economic downturn.

"Our objective is to do the things that we need to do to continue to grow as we come out of a downturn," Finchem said. "And it's not our intention to go backward to get ready to go forward. Our intention is slow growth during this period, and then come back and grow more."

Most tournaments have incremental increases built into their contracts, some as little as \$100,000. At least two tournaments were allowed to keep their prize money the same from 2008 because of special circumstances. The AT&T National, for example, had to pay a higher site fee this year to stay at Congressional with the U.S. Open coming to Bethesda, Md., in two years.

Seth Waugh, the CEO of Deutsche Bank Americas, said last week that he urged Finchem to keep prize money the same because it sent the wrong message in a tough economy.

"The idea that we would sort of just generally roll back really doesn't accomplish anything," Finchem said. "It just sets us back on a basis from which to move forward, and we don't feel the need to do that."

Finchem did not agree with the idea that raising purses, even slightly, could be perceived the wrong way. He noted that players do not get a salary, rather they have to compete for prize money each week.

And he didn't see how a \$100,000 reduction would change anything.

"It results in having to change all of our contracts to get it done, and it puts us in a position that's not positive from a negotiating standpoint," he said.

He also said the contract extensions with four title sponsors this year include incremental increases in later years.

Even so, Finchem said prize money won't be growing at the same rate as the previous dozen years in the Tiger Woods era. Total prize money in 1996 — Woods' last year as an amateur — was nearly \$70 million.

Fifth-ranked Tigers put on blinders

DUNCAN: WINLESS FULTON COUNTY A 'DANGEROUS' TEAM

By TOMMY DILLARD

The 82 points Murray scored against downtrodden Fulton City last week may have done more to register the Tigers on the statewide map than either of their more impressive victories over formidable competition.

Murray rose from No. 7 to No. 5 in this week's Associated Press poll and received one first-place vote, which was news to head coach Steve Duncan on Wednesday.

The second-year head man claims he

■ See TIGERS, 2C

Friday Murray at Fulton Co.

When: 7:30 p.m.
Where: Sanger Field (Hickman, Ky.)
Radio: WNEB, 1340 AM
Records: Murray 3-0 (0-0, 1-2A), Fulton County 0-3 (0-0, 1-1A)
Last meeting: Murray won 56-14 in Murray (2008).
What Murray needs to win: The Pilot offense presents two challenges: an inside running game behind a big offensive line and several speedy and athletic receivers. The Tigers will need to shut down both. An early deficit could demoralize Fulton County.
What Fulton County needs to win: Their best game of the season and much more. The big, athletic Pilots appear to have potential, but they haven't reached it in any of their first three games. Fulton County's offense could give Murray problems, but it's hard to imagine the defense stopping the Tigers.



Murray quarterback Kendall Deese, seen here under center against Madisonville, got his first varsity start last week at Fulton City and will be part of an alternating quarterback system with Christian Duncan going forward.

Lakers

From Page 1C

will be eliminating the big play. After allowing 34 and 48 points in two games that sent the Lakers staggering to an 0-2 start, the defense answered the call in Cadiz, holding the Wildcats to just 172 yards of total offense and just 22 yards through the air.

Ashley Heppie returned an interception for a touchdown and Calloway forced a safety, but it wasn't just the nine points the defense contributed that had McKel smiling.

"Obviously the big plays were noticeable," he said. "But the overall defensive effort was great. Seven of their points came off an interception return, so you're talking about giving up 10 points to an athletic, explosive offense."

Greer will make 2nd start. As Calloway County fans made the trek home from Cadiz after last Friday's 28-17 win over Trigg County, their thoughts were with freshman quarterback Tyler Greer.

Greer led the Lakers to their first victory of the season in his first high school start before being carted off the field with a

neck injury in the fourth quarter.

But the bad news quickly turned to good for Calloway — not only was Greer's transportation to the hospital strictly precautionary, but coach Josh McKel's newly-christened starter is set to go for Friday night's matchup with a revived Mayfield club.

Despite throwing three interceptions against the Wildcats, Greer's dress rehearsal was apparently good enough to win him the part — at least for now — in Calloway's ongoing search for a quarterback.

"He moved the offense and sustained some drives," McKel said of Greer, who completed 65 percent of his passes and threw for just under 150 yards.

"He threw three interceptions, but two of those were because we put him in a bad spot. Right now, he's our starter."

Greer went down with 6:50 left in the game and reportedly felt pain in his neck, ribs and hands. He was taken to Trigg County Hospital, but had movement in all extremities before leaving the field.

Senior Jordan Burken start-

ed Calloway's first two games and remains a viable option if Greer can't go.

After a dreadful 0-2 start, the Lakers travel to Mayfield this week with a chance to even their record at 500.

Calloway is riding a two-game win streak over the Cardinals since the series began in 2007.

Still searching While Friday's victory stopped Calloway's free fall from last season's lofty perch, McKel was hardly satisfied.

Despite Greer's play and Tyrrell Willis' 100-plus yards in his return, the coach says his team still hasn't established an offensive rhythm.

Poor coverage on several punt and kick returns led to large Trigg County gains and the Lakers will have to do a better job of containing against a Mayfield team that is likely more athletic than the Wildcats.

Notes Austin Hargrove was largely absent from the offensive side of the ball at Trigg last week as he nurses a hip injury. McKel said he is hopeful Hargrove will see some action on offense this week, but

praised sophomore Garrett Cowen in his stead Willis played about 50 percent of Calloway's defensive downs last week and McKel expects that time to increase as he returns to game shape. But the coach praised senior 300-pounder Wesley Potts in his stead, however, saying he feels comfortable resting Willis on defense ... Linebacker Jonathan Jackson is a freshman-to-watch for Mayfield. He's one of the Cardinals' leading tacklers.

2009 LAKER STATS

Calloway 9 14 6 6 35
Opponents 7 50 24 19 100

TEAM STATISTICS

First Downs 37 49
Rushes-Yards 93-324 108-764
Passing Yards 273 182
Comp-Att-Int 24-40-4 14-24-3
Total Yards 597 999
Fumbles-Lost 11-2 7-4
Penalties-Yards 24-213 20-148

INDIVIDUAL STATISTICS

Russell — Hargrove 14-129 TD, Willis 23-114 TD, Treadwell 18-77, Greer 17-25, Seay 5-20, Friedrich 1-4, Heppie 1-2, Burken 20-27.

Pasano — Greer 12-24-3 TD, Burken 12-25-1 TD, Willis 0-1-0-0.

Receives — Seay 9-138, Starke 3-80, Heppie 6-27, Willis 2-25, Arnold 2-21, Cowen 1-7, Kelly 1-5.

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Tigers

From Page 1C

never looks at polls and wants his team to focus instead on playing a perfect game Friday night at Fulton County, the second in a three-game stretch in which the Tigers face three Class 1A opponents with a combined record of 0-9 thus far.

Murray recovered two early outside kicks en route to 41 first-quarter points at Fulton City last week and Duncan would love a similar start against Fulton County.

But the Pilots may provide a stunner test than their cross-county neighbors.

Fulton County has plenty of athleticism at the skill positions and a frontline that is one of the few that will match up with the Tigers size-wise.

"This is probably one of the biggest and most athletic teams we're going to see," said Duncan. "It's a dangerous team. They haven't played their first game yet and when they do, they're going to give somebody

trouble."

No team has had too much trouble with the Pilots thus far. Opponents have laid 50-plus points on Fulton County in all three outings thus far with 25 points serving as the slimmest margin of defeat — a 55-30 loss to Lake County (Tenn.).

Duncan said some of Fulton County's early struggles may have been due to internal problems that have since been corrected.

Pilot coach James Bridges could not be reached for comment.

Murray had no trouble with Fulton County on Senior Night last year, winning 56-14, but Fair gave the Tigers headaches, carrying for 173 yards on the ground.

That memory has only added fuel to Duncan's cautionary message.

"They ran the ball inside on us and they're one of the only teams that can match up with us size-wise," he said. "We've been working on stopping that inside

running game all week long, and they've got some receivers we're going to have to take care of too."

Quarterback shuffle Fair had carried for 169 yards on the ground through the first two games of the season, while quarterback Shun Udley had run for 75.

Udley has thrown for 161 yards but completed only 38 percent of his passes.

The running game While Duncan may not pay attention to the polls, he isn't naive enough to believe his players don't hear talk of how highly they're thought of.

Murray ranks above traditional powers such as Newport Central Catholic and Danville in this week's poll.

Duncan's distrust of the polls comes from his time as an assistant at Fort Knox, where his teams won state titles in seasons which they were never ranked No. 1.

"We have to put blinders on," he said. "The guys know. Everybody tells them. People

say, 'Boy, you're going to do this or that.' I say we're just working for Fulton County."

After Kendall Deese threw for 159 yards in his first varsity start at quarterback last week, Duncan says he'll alternate Deese and original starter Christian Duncan going forward.

Christian Duncan was the only Tiger who didn't play at Fulton City, sitting out with a deep thigh bruise.

He didn't practice Monday or Tuesday, but Steve Duncan said he should have resumed practice Wednesday and Thursday and will see some action Friday night.

"We've wanted from the very beginning to rotate our quarterbacks," Steve Duncan said. "I think after Kendall's game last week, that's what we're going to do. We might alternate every play, every series, we haven't decided."

Though Fulton City provided little challenge for his offense, Duncan said it gave his passing

game added confidence. Deese threw just four passes, but completed all four, most of which went for large gains.

Youth is served Friday's game at Fulton City also gave many of Murray's younger players their first chance to shine under the varsity lights.

Tiger fans can likely expect more of the same if their team jumps out to big leads at Fulton County and Ballard Memorial.

"A lot of them were playing middle school last year, so they were pretty nervous to get in," Duncan said. "Most of them ended up playing really well, we actually did better than I thought we would."

Looking ahead After facing Murray, things don't get much easier for Fulton County.

The Pilots travel to improved Reidland next week, then play three straight games against Mayfield (Class A No. 2), Calloway County and Crittenden County (Class A No.

4). Their final two games pit them against Ballard Memorial and Fulton City, contests that will likely decide which of the three teams claim the two remaining playoff spots out of Class A's 1st District.

2009 TIGER STATS

Murray 62 42 22 26 152
Opponents 0 12 0 0 12

TEAM STATISTICS

First Downs 52 38
Rushes-Yards 110-903 87-369
Passing Yards 219 193
Comp-Att-Int 6-9-0 23-57-2
Total Yards 1122 562
Fumbles-Lost 4-1 15-9
Penalties-Yards 23-190 14-120

INDIVIDUAL STATISTICS

Russell — Wicks 36-375 STD, M. Deese 22-212 ATD, D. Fields 18-111 TD, Larnus 5-51, Buck 6-40 TD, Deese 4-38, Duncan 6-37, Mellon 1-23 TD, B. Fields 2-17, Haskett 2-14 TD, Williams 1-3 TD, K. Deese 6-2 TD, Smith 1-0.

Pasano — K. Deese 4-5-0 159 STD, M. Deese 1-10 55 TD, Burken 1-3-0 5.

Receives — Langford 3-158 STD, Smith 2-66 TD, M. Deese 1-5.

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Many, Many More GREAT SPECIALS...

Looking Back

30 years ago
Published is a picture of Drew Mott riding his bike on the BMX Course at the Murray-Calloway County Park. The photograph was by Staff Photographer Bernard Kise.

40 years ago
The American Heartwalk will be Sept. 11 starting at 8:30 a.m. at the Murray State University Center.

50 years ago
Published is a picture of construction workers at the railroad crossing on Ky. Hwy. 121 South. New lights are being installed and some road work is being done. The photograph was by Staff Photographer Dan Loudy.

60 years ago
Births reported include a girl to Jacqueline and Kelly Burke, a girl to Lagina and Charles Richard, a boy to Diana and Don Oudrie and a boy to Gala and Timothy Matteny, Sept. 4; a girl to Marsha and Donald Blackwell and a boy to Kimberly and Michael Holmes, Sept. 5; a girl to Krista and Larry Branson, Sept. 6.

70 years ago
Mr. and Mrs. Howard Bazzell were married for 50 years Aug. 10.

80 years ago
The Murray Civic Music Association held its opening meeting to plan for the various concerts for the 21st consecutive year at the University Branch of the Bank of Murray.

90 years ago
Published is a picture of Mark McCallon and Mike Cooper, students at Calloway County High School, who attended the Kentucky Forestry Environmental Youth Camp held at Lake Cumberland 4-H Camp.

100 years ago
In high school football games, Calloway County Lakers lost 7-0 to McLean County in three overtimes at Murray State University Stewart Stadium and Murray Tigers lost 35-7 to Marshall County Marshals at Ty Holland Stadium at Murray.

40 years ago
George H. Ligon of Murray was named as the "Outstanding Lion of the Year" by the Murray Lions Club at its September meeting. The award was presented to Ligon by James Rogers, past president, at the meeting.

50 years ago
Pfc. Keith Wilcox, Curd left Oakland, Calif., Aug. 1 for a 12 months tour of duty with the United States Army in Vietnam. He will be with the 1st Infantry Division, located north of Saigon. He is the son of Mr. and Mrs. T.G. Curd of Hazel.

60 years ago
Gina Sue Herndon, daughter of Mr. and Mrs. Jimmy Herndon, was honored at a party in celebration of her first birthday on Sept. 3.

70 years ago
Army Pvt. Homer L. Hall recently completed 8 weeks of military police training at Fort Gordon, Ga.

80 years ago
Births reported by the Murray Hospital include a boy to Mr. and Mrs. Perry Cavitt, a girl to Mr. and Mrs. Thomas Broach and a girl to Mr. and Mrs. Lexie McDaniel.

90 years ago
Mr. and Mrs. Owell West will be married for 50 years Sept. 12. Sirloin steak is listed as selling for 99 cents per pound in the ad for Johnson's Grocery this week.

100 years ago
Murray Training School will open for classes on Sept. 12, according to John E. Robinson, director. Rev. Wendell Rouse, pastor of Memorial Baptist Church, will be the speaker for the opening assembly.

110 years ago
Betty Wiggins West was named head of the Music Department and Jerry Williams as head of the Marching Band at Murray High School.

120 years ago
Births reported include a boy to Mr. and Mrs. John Lee Overcast, Sept. 6; a boy to Mr. and Mrs. James Starks and boy to Mr. and Mrs. James Grooms, Sept. 7.

130 years ago
"The Kingfish" of Louisiana politics, died in Baton Rouge two days after being shot in the state Capitol.

140 years ago
In 1945, Vidkun Quisling was sentenced to death in Norway for collaborating with the Nazis (he was executed by firing squad the next month).

150 years ago
In 1963, 20 black students entered Alabama public schools following a standoff between federal authorities and Governor George C. Wallace.

160 years ago
In 1977, convicted murderer Hamid Djanoubi, a Tunisian immigrant, became the last person to date to be executed by the guillotine in France.

170 years ago
In 1979, four Puerto Rican nationalists imprisoned for a 1954 attack on the U.S. House of Representatives and a 1950 attempt on the life of President Harry S. Truman were freed from prison

Wives find many ways to cool off hot husbands

DEAR ABBY: At the age of 72, having had two spouses over the years, I need to put in my two cents regarding the letter from "Still Hot and Bothered in Georgia" (July 8). I have learned that some

women won't say "no!" to a husband's advances, especially in the morning. But they will try to distract him by scrubbing the tub, spotting a spider on the wall, feeding the cat or saying she forgot to fold the laundry and has to do it before it wrinkles. Whether it's conscious or unconscious, they do it to cool their husbands off on a "hot" morning.

"Still Hot and Bothered" may need to give some thought to what turns his wife on or off -- especially the timing. After all, we are from Mars and they are from Venus. -- ALEX IN BLUE BELL, PA.

DEAR ALEX: I agree that timing is important. My office was showered with responses from readers who were steamed over my response to that letter. Read on.

DEAR ABBY: The guys and I enjoy reading your column out loud to see if we agree or not with your advice. We were unanimous in our disagreement with your advice to "Still Hot and Bothered."

We would have been torqued if our wife had stayed in the shower to clean it instead of coming to bed for a good romp. We also would have showered with our wife to start the festivities early and then moved to the bedroom.

Several of the guys said they'd have gotten into the shower and made the cleaning come to a halt. There's a time for cleaning, and it's not when your husband is waiting with his motor running. -- THE GUYS IN THE ELECTRIC LAB, HARRISONBURG, VA.

DEAR ABBY: I'm not against spontaneous cleaning (I do it myself), but the fact that the wife would rather clean than spend time with her husband tells me she's either unable to read his signals or she just doesn't care to be close and intimate with him. It also shows a lack of judgment, compassion and understanding on her part.

If the situation were reversed and he had decided he'd rather watch sports than be with his wife, I'm sure she would have been equally upset. I don't think the rules should be different for men and women in this regard. And yes, I am a woman. -- HEATHER IN KANKAKEE, ILL.

DEAR ABBY: It appears that these days couples never have time for each other. Instead, they have their "individual" priorities before their "married" priorities.

When you compare the life expectancy of women vs. men, that woman will probably have years to clean the shower by herself without worrying about her mate. -- KEN IN SULPHUR, LA.

DEAR DR. GOTT: I have had psoriasis for many years. When it first started, my husband (a pathologist and a university professor of pathology) diagnosed it and told me to see a dermatologist for treatment. I have seen several dermatologists and was prescribed many medications. None of them really helped to relieve my symptoms, so I finally stopped seeing the specialists and stopped using the medications.



Dr. Gott
By Dr. Peter Gott

I often receive notices in the mail regarding psoriasis drugs, especially Humira. I am enclosing a copy of the list of warnings associated with the medication. I can't help but wonder why the Food and Drug Administration would approve a drug that can cause so many life-threatening problems.

After all, psoriasis is not pretty and can be uncomfortable, but it is not life-threatening. I'd rather keep my psoriasis than take any medicine that could possibly cause cancer, heart problems or more.

Now, to some good news. Recently, my husband decided to do some research on psoriasis and see what he could come up with to help me. About a month ago, he told me to start taking 1,000 milligrams of fish oil and 2,000 IU of vitamin D three times daily. My skin looks so much better already. It's amazing! It's not completely cleared, but I no longer have the huge red blotches and ugly scales. My arms are almost

clear, and my legs are very much improved. I no longer feel I have to be completely covered up. I'm much more comfortable in my skin.

DEAR READER: I am glad to hear that your husband appears to have found a simple, nonprescription remedy to your psoriasis. I have chosen to print it in my column for the benefit of other sufferers. I urge anyone interested in trying this to first discuss it with his or her physician because the dosages are fairly large and may not be suitable for everyone. Fish oil, for example, can interact with certain medications and worsen or cause bleeding tendencies and spontaneous bruising. It should not be used without permission of a physician by people with clotting disorders or by people who are on anticoagulant therapy.

If my readers find success, I will print a follow-up article with the results. Perhaps your husband has come across something amazing.

Now, to your concerns about Humira. It is my understanding that the FDA approves medications based on rates of success. No drug is perfect, and most carry potentially serious consequences. What comes into play is the percentage of people who experience adverse effects. Most serious complications appear in a small subgroup of users, affecting less than 1 percent of all people taking any particular medication.

It is for this reason that patients should always be informed about the possible side effects of a drug so they can determine whether the benefits outweigh the risks. In most cases, they do, and the user is unlikely to experience a problem.

Contract Bridge
That Old Black Magic

North dealer.
East-West vulnerable.
NORTH
762
852
84
964
WEST
AK 1053
K 1943
A 17
SOUTH
J
Q6
AK QJ 9752
K 3

The bidding:
North East South West
Pass Pass 5 ♠ Doubt
Pass Pass Pass
Opening lead — king of spades.

When declarer has an unusually long suit to run, he is often able to exert so much pressure on one or both opponents that it results in his gaining an extra trick.

Sometimes the trick falls into declarer's lap because the defenders cannot tell which suit to keep. At other times, the defenders are at declarer's mercy because there is actually no way they can discard successfully.

Here is a case of the latter sort where declarer took full advantage of a favorable lie of the cards. West led ace of spades and continued with the ace.

Declarer ruffed, drew three rounds of trumps and led a low club toward dummy. West could not afford to take the ace, which would have handed South the contract immediately, so he followed low.

Dummy won with the queen, ruffed another spade and then ran all his remaining trumps, reducing his hand to the Q-5 of hearts and king of clubs. Dummy's last three cards were the A-8-5 of hearts.

West, in the meantime, had been forced to come down to the K-J of hearts and ace of clubs. South now conceded the king of clubs to West's ace, forcing him to return a heart and thus yield the last two tricks. The only tricks South lost were a spade and a club.

West could have defeated the contract only by leading a low spade at trick one, followed by a heart return by East. West certainly can't be faulted for having failed to find this exotic defense.

Tomorrow: Test your defensive play.
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Today in History

By The Associated Press
Today is Thursday, Sept. 10, the 253rd day of 2009. There are 112 days left in the year.

Today's Highlight in History:
On Sept. 10, 1939, Canada declared war on Nazi Germany as Parliament acted at the behest of Prime Minister William Lyon Mackenzie King.

On this date:
In 1608, John Smith was elected president of the Jamestown colony council in Virginia.

In 1813, an American naval force commanded by Oliver H. Perry defeated the British in the Battle of Lake Erie during the War of 1812.

In 1919, New York City welcomed home Gen. John J. Pershing and 25,000 soldiers who'd served in the U.S. First Division during World War I.

In 1935, Sen. Huey P. Long.

"The Kingfish" of Louisiana politics, died in Baton Rouge two days after being shot in the state Capitol.

In 1945, Vidkun Quisling was sentenced to death in Norway for collaborating with the Nazis (he was executed by firing squad the next month).

In 1963, 20 black students entered Alabama public schools following a standoff between federal authorities and Governor George C. Wallace.

In 1977, convicted murderer Hamid Djanoubi, a Tunisian immigrant, became the last person to date to be executed by the guillotine in France.

In 1979, four Puerto Rican nationalists imprisoned for a 1954 attack on the U.S. House of Representatives and a 1950 attempt on the life of President Harry S. Truman were freed from prison

after being granted clemency by President Jimmy Carter.

In 1983, John Vorster, prime minister of white-ruled South Africa from 1966 to 1978, died in Cape Town at age 67.

Ten years ago: The U.S. government began freeing 14 Puerto Rican nationalists granted clemency by President Bill Clinton.

A federal judge ordered an end to busing and other means of achieving racial balance in Charlotte-Mecklenburg, the North Carolina school system that had pioneered urban busing in the United States.

Five years ago: CBS News vigorously defended its report about President George W. Bush's Air National Guard service, with anchor Dan Rather saying broadcast memos questioned by forensic experts came from "what we consider to be solid sources."



Crosswords

ACROSS

- 1 Fruitstand item
- 6 Pipe
- 11 Swore
- 13 Cuddle up
- 14 Laugh syllable
- 15 Sp. spouse
- 16 Gold, in Peru
- 17 Before noon
- 18 Recipe word
- 20 Sipped
- 22 Charge it
- 23 Guide
- 25 Brownie
- 26 Churchill successor
- 27 Persian monarch
- 29 Storied
- 31 Beauty pack
- 33 AAA service
- 34 Deep-space missions
- 37 Diamond Head locale
- 40 Singers Jan and —
- 41 High sign

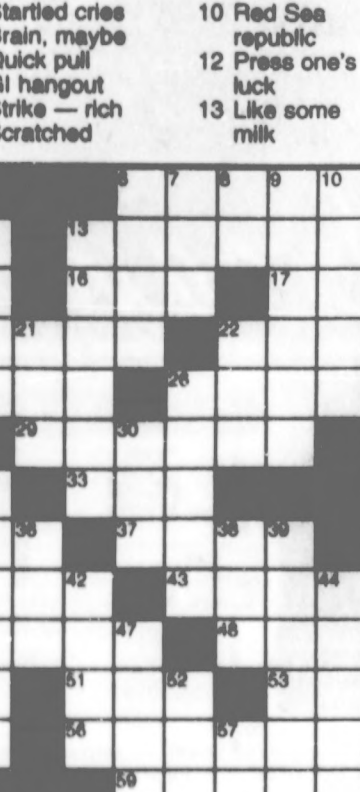
DOWN

- 1 Tail —
- 2 Finds a loop-hole
- 3 Behold!
- 4 Startled cries
- 5 Brain, maybe
- 6 Quick pull
- 7 GI hangout
- 8 Strike — rich
- 9 Scratched
- 43 Yin complement
- 45 Prior to
- 46 Specks on a globe
- 48 Menacing sound
- 49 Dorothy's aunt
- 50 Whiz
- 51 Commit perjury
- 53 Per
- 54 Mill around
- 56 Pack animals
- 58 Stand in good —
- 59 Turkish people

Answer to Previous Puzzle

TALC POE KIND
ALOE URL AREA
REBA LEI LOST
COSTS SENSE
IDEALS
ROANS ZEN LEA
DING DUG RASH
SLY JAR PUMAS
OBEYED
SALLY ACORN
ODIE LAW LION
SAME OWN PLEA
OMAR WES HELP

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- 10 Red Sea republic
- 12 Press one's luck
- 13 Like some milk
- 19 Dit opposite
- 21 Slicem alien
- 22 Work by Keats
- 24 Matt of "The Bourne Identity"
- 26 Longtime Denver QB
- 28 Center
- 30 Halloween greeting
- 32 More compressed
- 34 Allow
- 35 Charlotte of "Bananas"
- 36 The nearest star
- 38 Broom rider
- 39 Like many classics
- 40 Hero's acts
- 42 Hollow
- 44 Turf
- 46 Sealed a deal
- 47 Luxury fabric
- 50 Caught yal
- 52 Paris thirst-quencher
- 55 "Tao — Ching"
- 57 Polite addr.

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Ledger & Times Thursday, September 10, 2009

Variety of roofing, guttering material exists

By TOM BERRY
Staff Writer

There are a variety of materials that make for good roofing and guttering today and the strengths and weaknesses of each type should be measured before making a choice for the material that would be best for your home.

Roy Mitchell, sales representative for Myers Lumber Co. in Murray, says shingle and metal roofing are the two primary choices for most homeowners to consider.

"The two big things are asphalt or fiberglass shingles or metal. A lot of people are going to a metal roof especially since we've had a lot of storms ... a lot of wind storms and people are going to metal because they have had so many of their shingles blow off."

However if you do chose metal, such as the 29-gauge painted steel sold by Myers, you need to place a barrier between the roof and the interior to prevent condensate build up which can cause a lot of mold and moisture damage and leakage from condensation in the attic space.

Hail can also damage a metal roof. "But as far as an older home, I



A wide range of shingle styles are displayed. Asphalt or fiberglass shingles are recommended for roofs of newer homes.

think a steel roof would be a pretty good way to go," he said, pointing

out that the process of installing metal also allows for correcting of the roof

structure that may be slightly warped. But asphalt or fiberglass shingles is the best bet for newer homes. Myers recommends dimensional or pre-fabricated roofing tile - such as Timberline, that can last up to 30 years.

Good guttering is also an important part of roofing.

Eddie Carson, a sales representative for Servall Gutter Company of Murray, suggests seamless aluminum.

"That's what we have and what most guttering companies have today," Carson said. "The less joints you have the less leaks you have the possibility of rotting ... Aluminum never rots so you won't have to worry about that. We also use screws rather than nails so that they are long-lasting."

Guttering should be applied after new roofing if both projects are planned.

Guttering covers are also important to keep your new gutters from being filled with falling leaves and other debris.

"A large selection of leaf protection, that's how I like to put it," Carson said.

The business offers 5, 6 and 7-inch

■ See Page 13

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Thursday, September 10, 2009

FALL HOME IMPROVEMENT

Page 3

Bathroom improvement can be started small

By KYSER LOUGH
Staff Writer

When looking at ways to improve the interior look of a house, there are a few quick fixes that can make a bathroom look like new.

While extensive upgrades require time, money and contractors, updating smaller aspects of a bathroom can bridge the gap between old and busted and new and shiny. One of the quickest and easiest upgrades is at the sink, where most faucets can be removed and replaced effortlessly.

The first step in replacing a faucet is determining whether the spread is four inches or eight inches. Measure the distance from the centers of each handle to determine the spread, or look underneath the sink. Next, visit a hardware store where specialists like Kay Kingins at Murray Supply are happy to assist in picking out the right faucet to replace the old one. "We'll take you around and show you the different options.

The best selling finishes right now are stainless steel and oil-rubbed bronze, which is a darker finish," Kingins said.

When removing the old faucet, be sure the water supply is shut off before unfastening anything. Most new faucets are fairly easy to install and come with instructions for any tricky spots. Be sure everything is tightened fully before turning the water supply back on. It may be a good idea to place a small basin underneath the sink when testing the new faucet for the first time.

Another plumbing fixture that can be updated to spruce up the bathroom is the toilet. Kingins said many old houses were built with a 15-inch tall toilet and many people are updating theirs to a newer, 17.5-inch tall toilet. She called it the "comfort height" and said it is very easy to install.

"Turn the water off and pull up the old toilet, then be sure and put a new wax seal down," Kingins said. "You'll also probably

need longer supply lines since the new toilet is taller."

Fixing up the shower is also a good way to freshen the appearance of a bathroom but may be a little more complicated than other installations. Depending on the type of shower or tub (or combination) in the bathroom, work may have to be done behind the walls.

"If you're not a Saturday morning plumber, you might want to hire someone to do the work especially if they have to get behind the wall," Kingins said.


New shower kits can be costly, but can add a lot to a bathroom. Kingins said a popular shower kit is a three-piece, 48" shower that fits in the space a tub would occupy and keeps some of the advantages of having a tub by offering a place to sit down.

If plumbing work isn't in the cards, there are still lots of small ways to work on the appearance of a bathroom. Replacing mirrors,

Replacing a sink faucet is a quick way to spruce up a bathroom

See Page 16

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Get to know types of flooring before choosing

By TOM BERRY
Staff Writer

Does it really matter what kind of flooring you have in your home?

Yes it does. For varying reasons that fit each homeowner's taste for either carpet, hardwood, vinyl, rubber and many other choices of materials for durability, style and comfort.

Deanna Thornton Barnett of Thornton Tile & Marble of Murray said there are many factors to consider when making a selection of ceramic tile.

"First, you need to make sure that you select a tile that is suitable for your area," she said. "Next, you would need to decide on a size and color that complements your space. For example, a large floor tile in a light color will make your room seem larger. You would also need to select the pattern that you want it laid, such as, straight, brick or 45 degree angle. Most importantly, choose an experienced and dependable installer to ensure that you enjoy your tile for a lifetime."

Experts at www.flooringspecialists.com say it is worth your time get to know the dif-

ferent types of flooring materials available before making any decision to buy. Listed below are some popular types you may want to consider:

• Laminates

If installed properly, laminate flooring is a good option and can be every bit as attractive as a full solid wood floor. Laminate flooring is made by a high process procedure which fuses together a sandwich of materials. The top surface has traditionally been wood, but these days just about any flooring material finish can be emulated - even marble or ceramic tiles. The strips of laminate often have an edge that clicks together and pulls itself to the next plank, ensuring that there are no unsightly gaps, as is often the case with badly-laid traditional wood flooring material.

For a top quality end finish to laminate flooring pre-planning is essential. An uneven sub-surface will result in your laminate flooring creaking and squeaking. However, done right, laminate flooring material is a cheaper and often indistinguishable option.



Many different styles of carpet are on the market, and most offer stain protection.

• Carpet

Carpet probably deserves a category of its own. Stain-protected carpets can be used just about anywhere with little worry of permanent damage occurring. There are more patterns, textures and styles available than ever before

and that makes the final choice even more difficult. There are many different types of the traditional loop pile now available. Cut pile, level loop, multilevel, cut and loop being just a few.

• Resilient flooring

Resilient flooring encompasses cork, linoleum, rubber and vinyl.

Originally bought as a flooring material because of their value for money, these days modern technology has enabled a wider range of styles and patterns than has ever been possible to be offered to the public. Vinyl can be produced that looks just like wood or slate, can be mixed with other materials to incorporate borders and motifs or can even be custom made to your own preference. Rubber continues to gain popularity with consumers and manufacturers are responding with a greater range than ever before. Cork, if treated properly, can last as well as any flooring material while linoleum has come a long way from the old cracked and peeling examples that used to frequent kitchens of yesteryear.

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Thursday, September 10, 2009

FALL HOME IMPROVEMENT

Page 5

Letting it slide: accepting a clean enough house

MELISSA KOSSLER DUTTON
For The Associated Press

When Amy Herndon first became a stay-at-home mom, she dedicated a lot of time and effort to keeping house. But the chores were often interrupted by her daughter's needs. Trying to be the "perfect housewife" and take care of an infant left her feeling frustrated and angry.

So she changed her priorities. "I didn't quit my job to stay home to clean house," said Herndon, 31, of Manchester, Mo. "My daughter is my job. I am a stay-at-home mom, not a maid."

Now Herndon strives for a house that's clean enough — meaning the bathrooms and kitchen are clean and the house appears tidy. But she doesn't spend a lot of time scrubbing floors, washing windows or deep cleaning. And she doesn't feel guilty if the laundry doesn't get done.

Many people are making peace with messier lives, casting off the expectations they grew up with. Busy careers, super-scheduled children and less interest in housework have contributed to the new mindset.

"Over time, housekeeping standards have lowered," said Francine Deutsch, a social psychologist at Mount Holyoke College, in South Hadley, Mass. "There's no question about that."

And while houses might not be as clean as they were a generation ago, that's OK with today's women.

"It's about 'what are the standards of my generation?'" Deutsch said. "If push comes to shove, housework is going to go — not child care."

In fact, mothers devote an average of four more hours a week to tending their children and 14 more hours of paid work than they did 40 years ago, according to a report last year from the Council on Contemporary Families, a non-profit group based at the University of Illinois-Chicago. They do 14 fewer hours of housework a week, the study said.

"I don't think we really had a choice," said Alana Morales, a mother of two and author of "Domestically Challenged" (Wyatt-MacKenzie Publishing, 2006). "We don't have time to wash baseboards every day. You have to learn to let things go."

Morales said she noticed standards changing about five years ago. Women are realizing, she said, that you don't have to have a perfect home to be a good mother or wife.

"It just kind of happens," she said. "Oh well, I didn't get my floors washed today, but I did teach my daughter to tie her shoes."

On a normal day, there are toys strewn

across Chastity Zumwalt's office, living room and hallway in Springfield, Mo., and dishes in her sink.

"I have three kids and we live here," said Zumwalt, 29. "I like things clean, but there's paper on the table and magazines on the bar in the kitchen."

Zumwalt keeps her floor mopped and her carpet vacuumed but allows other things to slide. "The curtains haven't been washed in a year and that doesn't bother me," she said.

She sometimes suspects, however, that her husband disapproves of the state of the house.

"I think maybe part of him does and the other part of him doesn't," she said. "I think it's something he has to accept. He has dinner when he comes home and his clothes are clean. What more do you want?"

Melissa Chang of Beverly, Mass., adopted a new approach to housecleaning after launching her own business two years ago.

"It's really time-consuming to start a company," she said. "It just became overwhelming to clean every week."

Eventually Chang found shortcuts that gave her homes the appearance of being cleaner than they were. She adopted a morning routine of straightening up. She spends

about 10 minutes putting dishes in the dishwasher, cleaning the bathroom and clearing away clutter.

"I'm a big fan of the closet cleanup," the 34-year-old said. "I chuck it in my closet and shut the door."

Trish Berg, author of "Rattled: Surviving Your Baby's First Year without Losing Your Cool" (Random House, 2008), would like her house to be cleaner but she's not going to let a little clutter stop her from entertaining or spending time with family.

"We get focused on the stuff in life but what really counts is the relationships in life," said Berg.

A regular contributor to Christian Web sites and magazines, she considers it a ministry when she lets a friend see her house when it's less than perfect. If her friend's house is messier than hers, Berg reasons, the friend will leave feeling better about herself. If the friend's house is in similar condition, she leaves knowing that other women also struggle to do it all.

"The ministry of mediocrity applies to the cleanliness of your house as well as many, many other areas in life," said Berg, a mother of four.

Cleanliness isn't likely to focus on the flaws in your house anyhow, she believes.



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Maximizing space in small house starts with closets

By KYBER LOUGH
Staff Writer

Making the most of a small living space can come down to one thing — closets.

A neat and organized closet can tuck away a large amount of belongings, but a disorganized one will just serve to junk up your house. Sandy Forrest has been in construction all his life and has focused on closets since 2001 when he began installing ClosetMaid products. He said closet organization is critical to making

the most out of a small area.

"The first thing you want to do is get into your pantry and try and get as much stuff in there as you can," he said. "With a few shelves everybody tries to stack as much as they can and end up with a conglomeration of stuff. They'll look for something, not be able to find it even though it's in there and go out and buy more."

By adding additional shelves to the pantry area, Forrest said food items can be stored and displayed neatly, making it

less likely to miss items. Sorting food items by type also helps maintain a neat and organized pantry.

While not all houses have a pantry, even the smallest house has a clothes closet or two. The clothes closet is where space can most times be very under-used, which can make a cramped area feel even more closed in.

"In a closet, it's important to have enough hanging space for all the hanging clothes and enough shelves to put folded clothes on," Forrest said.

Just like in a pantry, it's better to have enough space to properly sort items than to just pile up the clothes. Forrest recommends sorting clothes by type and by color to maximize space.

"If you take a little time to separate the long hanging (clothes) from the shorter hanging and consolidate colors, and put them in one place then you won't have to get in there and try to find what you're looking for," Forrest said.

Depending on whether shelving or hanging space is at a premium, pants can be shifted around to better free up valuable real estate for other clothes. If there's more shelving space, fold the pants. If

there's plenty of room for hanging clothes, put them on clothes hangers made for hanging pants.

Even if the closet already seems crammed, don't rule out adding more storage. Forrest said that depending on the closet he's been able to triple- and quadruple-stack hanging rails. These mostly come in handy for hanging smaller items like baby clothes, but even the triple-stack hanging rails can work for shorter hanging items.

Of course, one of the easiest ways to free up space in a small home is by subscribing to the "out with the old!" policy. Forrest said the general rule of thumb is if you haven't worn it in a year, consider getting rid of it.

"Get down to just what you need. Some people even say every time you get something new to get rid of something old," he said.

By selling or giving away old clothes, it will be much easier to work with what's left and feel like there is more space in the closets. Locally, Angel's Attic and Goodwill accept clothing donations. Stores such as Rita's Nest Repeats and Yours, Mine & Ours offer consignment services.

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Keep it simple: 4 kitchen basics can clean the house

JENNIFER FORKER
For the Associated Press

A little digging in the kitchen cupboard is all that's needed to round up enough supplies to polish, clean and disinfect every room in the home.

Not only effective, these few items — lemons, distilled white vinegar, baking soda and olive oil — are inexpensive. Additionally, they are ingestible and non-toxic. Store brands generally are not. Somewhere during the past few decades, we forgot this.

"At some point in our collective history, we bought into (the notion) that we need Pine Sol and bleach to clean our homes," said Jennifer Taggart, an environmental lawyer and author of "Smart Mama's Green Guide: Simple Steps to Reduce Your Child's Toxic Chemical Exposure" (Center Street, 2009).

Taggart attributes Americans' dependency on single-use cleaners to fear — and good marketing by the companies that tout these products.

"We seem to be terrified of germs," she said. "We think if we make our own (cleaning supplies), they won't clean as well."

And that, according to Taggart, 40, is simply untrue. Homemade cleaners do exactly what prepackaged cleaners do:



AP Photo/Real Simple

This photo released by Real Simple shows kitchen basics like lemons, salt, and olive oil, which can double as powerful household agents.

They pick up and carry away germs. Lemons make excellent deodorizers. And because they're acidic and have antibacterial properties, they can clean

certain surfaces, such as cutting boards, according to Anne-Marie O'Neill, deputy editor at "Real Simple" magazine.

Distilled white vinegar also is acidic

and performs as a gentle cleanser on most surfaces, including wood floors. (Do not use vinegar to clean limestone or marble surfaces.) O'Neill recommends adding 1/4 cup of distilled white vinegar to laundry to neutralize strong odors. Add it to the final rinse in lieu of a fabric softener.

Baking soda is gritty, so cleans a little harder than white vinegar, according to O'Neill, and it deodorizes. Make a paste with water, and use baking soda to scrub away grease and grime, to gently polish silver or to brush your teeth.

Olive oil can be used to polish wood furniture and leathers, says O'Neill, but she advises doing a test spot first. She says it's excellent at removing scuff marks from leather shoes.

"You would think that it would be sticky but it is not," O'Neill said. "It's such a light oil."

Additionally, Taggart touts plain soap and water for many household cleaning chores. It's as effective as the costlier antibacterial cleaners, and in the long run, soap and water may be healthier to use because they don't over-clean. Antibacterial cleaners only clean bacteria, not viruses, and their use may encourage the growth of antibacterial-resistant superbugs.

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Shutters easy way to add curb appeal to home

By TOM BERRY
Staff Writer

Shutters can be an attractive addition to your home that will add some value and "curb appeal" to the appearance and maybe dollar value to your greatest, lifetime investment.

Putting exterior shutters on the outside of your home is, dollar per dollar, one of the most cost effective home makeover with the most dramatic effect, according to experts.

Roy Mitchell, a sales representative for Myers Lumber Co., says most shutters in this region is ornamental, but valuable in its own right.

"Around here they are used for decorative purposes only. They don't serve any protective function," he said.

Myers features Georgia-Pacific brand, painted vinyl shutters.

"It's one of the heaviest duty shutters that you can buy," he said. "The advantage of painted vinyl is the fact that it can be repainted and there is less of a fade factor."

Whether you are keeping or selling your home, using exterior shutters as window accents will instantly add value and brighten your whole neighborhood. Custom vinyl and wood exterior shutters add a whole new look to the out-

side of your windows that you will enjoy for years to come.

There are various types of shutters. Listed below are some of the different types and how they are used:

• Window shutters are a solid window covering usually consisting of side stiles, top and bottom rails, and louvers called a panel. Individual shutter panels can be hinged together to form a shutter unit, which fills a window opening. The term window shutter includes both interior shutters, used on the inside of a house or building, and exterior shutters, used on the outside of a structure. Shutters are used to control sunlight, provide privacy, and protection from weather, and architectural appeal.

• Interior shutters are semi-opaque window coverings that block almost all light when closed. However Mitchell said interior shutters are not used much any more.

"We haven't sold any interior shutters in 15 years," he said. "They were popular back in the 70s and 80s but nobody uses them much any more."

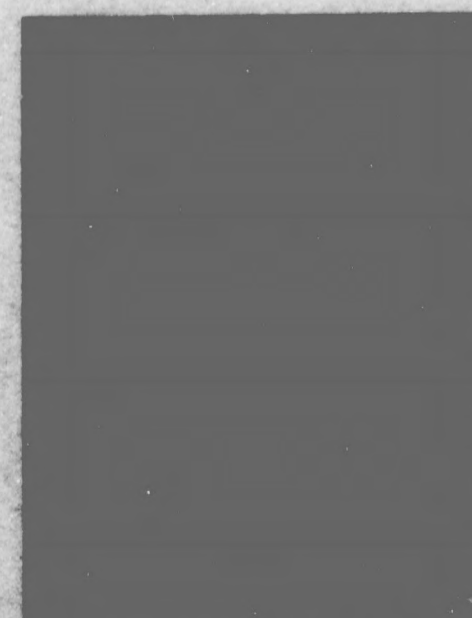
Interior shutters usually hinge on either side of a window opening, and swing open to allow access to the window or for light to enter the room. Standard

wider louvers.

Some interior shutters use stationary louvers that do not move, solid raised panels, fabric inserts, or tinted glass. Shutters can be configured in a single tier unit that used one panel from top to bottom of a window opening.

• Exterior shutters were originally constructed for light control, privacy, and protection from the elements. Function shutters hinge to either side of a window, and swing closed when necessary. Fixed louvers shed rain, allow air transfer, filter direct sunlight, protect from small flying debris, and provide privacy. Multi-functional shutters use movable louvers that allows for greater control. Solid panels are generally used for protection during severe weather.

Most other styles, such as board-and-batten, are used in non-functional situations and are specifically to enhance the features of a building. Functional shutters are constructed from solid woods that have proven to endure outside elements (i.e. Cedar). Finishing wood shutters is recommended for extended life. Non-functional exterior shutters can be constructed from vinyl or other synthetic materials. Non-functional shutters simply screw or bolt directly to the building.



edubidder.com

Interior shutters have decreased in popularity over the years.

panels have movable louvers that rotate open for light and visibility and rotate closed for privacy or to reduce light. Styles available include traditional, or colonial, shutters that use 1-1/4 inch louvers, and plantation shutters that use

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Check heating systems before cold weather sets in

By KYSER LOUGH
Staff Writer

With the coming end of air conditioning season, now is a smart time to inspect home heat and air conditioning units before cold weather sets in.

Kerry Erwin, service manager at Randy Thornton Heating and Air Conditioning, has worked with heat and air condition units for 20 years and stressed the importance of regular maintenance and upkeep.

"The main benefit is trying to prevent any costly repairs in the middle of the heating season. That's really the big key to it. To keep them in proper working order they definitely need to be cleaned so they can be as efficient as they can be," Erwin said.

Some maintenance can be easily performed by the consumer and some need a professional's touch. If anything looks broken or out of place during an inspection, it's best to call in a professional to evaluate the unit.

Depending on the type of unit, different components need to be checked. If the unit is a gas-burning system, check the burners and heat exchanger. Erwin said they need to be checked to prevent the chances of dangerous carbon monoxide seeping into the home.

"Generally this time of year you're looking for anything in burner sections. Rust, bugs and stuff like that," he said. "Heat exchangers get cracks in them, and that can let carbon dioxide in the house."

For a heat pump system, three things can be checked or cleaned to ensure optimum and safe operation. First, replacing the filter will help increase air flow and quality. Next, clean the coils on the unit. Erwin said depending on the type of unit, cleaning can be as easy as dragging out the water hose.

"It's generally easy to do. For the outside package units, most can be cleaned with a water hose. Split units can be a little difficult because they're inside. You'll need a good brush and some cleaner. If you've got a good filter system, (indoor split units) generally won't give you many problems."

The last piece of the puzzle is the refrigerant. Erwin said the consumer shouldn't check refrigerant because an EPA-certified technician is supposed to. However, a proper refrigerant level is very important in ensuring the unit is functioning to maximum potential.

"We make sure it still has the factory charge and is working like it is supposed to work. If it gets low, the



Photo provided
Kerry Erwin, service manager at Randy Thornton Heating and Air Conditioning recommends frequent maintenance of home HVAC units.

unit runs more and costs you more money," Erwin said.

These inspection tips will help ensure a safe and operational unit during the cold winter months. In some cases, professional inspection and cleaning may

be the best route, especially if the unit is damaged or has not been serviced in a long time. Professionals like Erwin have HVAC licenses and keep up with training and the latest trends and technology in the heat and air conditioning field.

Also to be considered is total replacement of the heat and air conditioning unit. Newer, high-efficiency units offer better output with a reduced energy consumption. Erwin said units can range anywhere from \$3,500 to \$6,000 and the government is currently offering tax credits up to \$1,500 on high-efficiency units.

"As you go up in efficiency, you go up in cost. They save on energy, which is the big deal," he said.

Most existing duct work can be reused for a high-efficiency system, and installation is typically easy, Erwin said.

If the high price tag of a high-efficiency unit is daunting, Erwin also recommends a programmable thermostat that will help regulate the existing unit. By programming the thermostat to raise or lower the temperature during times where no one is occupying the house, energy and money can be saved. Erwin also recommended upgrading to a high-efficiency filter.

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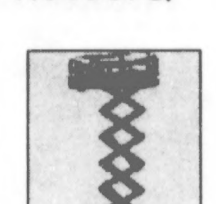
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Tile choice depends on home, room layout

By HAWKINS TEAGUE
Staff Writer

The kind of tile one decides to lay in a home is a very important choice and one with uncountable options.

Robyn Myhill, the decorator at Paint Plus in Murray, said the basic categories for tile are natural stone, porcelain and ceramics. But that's just the beginning.

"Within those categories, there are tons of options," she said.

Myhill said that the type of desirable tile largely depends on the house and the

area of the house for which it is intended. She said that natural stone tile comes in many forms, such as granite, marble, slate, tumbled stones and limestone. If the tile is planned for a commercial business, the owner would need to pick a very durable tile. If it is a intended for a residence, it wouldn't have to be as high-end because there would probably be much less foot traffic, she said.

Myhill said porcelain will probably be the most durable variety. According to adbuilder.com, porcelain is composed of

special porcelain clays and minerals and is fired in a kiln at a higher pressure, making it 30 percent harder than granite. It comes in a variety of styles and colors

and unlike the baked-on color of traditional tile, the color of the porcelain goes all

■ See Page 16



Decorators Robyn Myhill and a customer look at tile selections at Paint Plus.

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Start with color and style of roof when repainting house

By HAWKINS TEAGUE
Staff Writer

When it comes to repainting a house or choosing a color for the first time, the choice shouldn't be that complicated. The building more or less tells you what it needs.

Paul Myhill, owner of Paint Plus in Murray, said the color and style of the roof sets the tone for a house and is the best place to start when choosing colors. He said it is important to pick a color for the walls of the house that works well with the roof and that the chosen color will dictate what colors will be used to accent the door and the shutters. If a house also has a garage, the garage door plays a big role as well. Decorators typically do not need to pick more than three colors for the entire exterior, he said.

If a house's exterior is mostly brick, a wider-than-average amount of colors are available to choose from, he said. Brick tends to be fairly neutral and doesn't clash with much, but there are still common sense factors to keep in mind. For example, you obviously wouldn't want a door or shutters to be orange, he said.

Myhill said more people are choosing vinyl siding for their homes now than in the past. For one thing, it is less costly than wood and requires little maintenance. For houses with vinyl siding, though, the color of the siding will dictate the color of the door and shutters about as much as any other factor. If the siding is white, a decorator will typically choose to paint the parts of the house that need it with shades of brown or yellow, Myhill said.

For homeowners will typically choose to paint the parts of the house that need it with shades of brown or yellow, Myhill said. For homeowners, wood is almost always the exterior of choice. For example, with a \$2 million home you never see vinyl, Myhill said.



HAWKINS TEAGUE/Ledger & Times

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Filling your toolbox with the essentials

CAROLE FELDMAN
Associated Press Writer

If you're looking for the perfect housewarming gift, check out a hardware store. People moving into a new place will probably want to hang a few things and change a few things.

"If you can cut something, hammer something, you can drill a hole and you can do all the turning you need to do ... you can pretty much do all home repairs," said Alexandra Bandon, multimedia editor of "This Old House." When

her friends bought a little house at the beach recently, she got them a couple of essential tools.

There will always be repairs, whether you've lived in a home for a month or for 15 years. The gutters may come loose or shutters can fall off. Doors can stick, and cabinet doors can loosen. Faucets drip and drains get clogged.

But which tools should every home toolbox include?

Start with the basics, says Jon Haislip, floor manager for the hardware

department at Strosnider's Hardware Store in Bethesda, Md. Many experts recommend a screwdriver with interchangeable bits, a set of pliers, a wrench, a hammer and a power drill-driver to start.

As you become more comfortable with repairs and with handling tools, you can add to your collection.

Haislip recommends that people do research on tool quality or consult with the staff at their hardware store. The priciest items may not necessarily be the right ones.

"I'm sure people say, 'I only buy the best — it's the most expensive,'" he said. "People in the trades know better."

You likely can fill your toolbox with the essential hand tools for under \$150. The electric drill-driver is more.

SCREWDRIVER

"It's hard to find any project that doesn't require screws," said Gary Wentz, senior editor of "Family Handyman" magazine. That includes putting up blinds, most minor plumbing repairs, hanging a shelf or fixing a doorknob.

At the top of his list of essential tools — and Bandon's — is a screwdriver with interchangeable bits — two different size flat and Phillips heads.

The bits fit into the handle and, Bandon says, the end of the shaft is a hex driver which fits the size of the bolts on stoves and other appliances.

"They're just amazing," says Bandon, who keeps one in her purse.

Says Wentz, "My four-way screwdriver does 95 percent of everything I do."

Many home repair experts say a hand screwdriver is not enough. They recommend a cordless power drill-driver and a bit set that include screwdriver heads.

Beth Eslinger, editor in chief of "Do It Yourself" magazine, calls the drill empowering.

"I just pull my little drill out all the time for hanging shelves, hanging pictures," she says.

HAMMER

The come in different weights and sizes. Some have straight claws, some have curved claws, some have no claws at all.

"Every carpenter I know much prefers the straight claw, largely because you can use it to rip things apart," Wentz said. "It's good for demolition work. It's generally easier to pry with, too."

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■ Roofing material ...

From page 2

guttering to accommodate residential and commercial applications.

Metal of Murray is also a good vendor for quality guttering materials and advice.

According to experts at www.roofinggenius.com, there is a wide choice of materials used to roof a house, ranging from hatch to slate to pieces of stone. Modern products like plastic, fiberglass and concrete are available, and some innovative, energy-efficient homes are being roofed with sod. New products are being developed to overcome the shortcomings of older roofing materials, meet the demands of modern building techniques, and conform to increasingly stringent building codes. Here is a rundown on the most popular types:

• Composition shingles.

These are a good choice for a clean look at an affordable price. Higher-quality versions made from asphalt or fiberglass offer a more durable option and may be available with recycled content. Versatile, they adapt easily to different applications. They are relatively easy to install, and in some applications can be nailed in place over an existing roof. They require low

maintenance and can be walked on without damaging the material. Most brands offer Class A fire protection. On the negative side they can blow off in high winds. Material is easy to scar if hot. Does not have the dimensional look of tile or shake.

• Wood Shakes.

Because of variations like color, width, thickness, or cut of the wood, no two shake roofs will ever be the same. Wood offers some energy benefits, too: it helps to insulate the attic, and it allows the house to breathe, circulating air through the small openings under the felt rows on which wooden shingles are laid. A wood shake roof, however, demands proper maintenance and repair, or it will not last as long as other products. Mold, rot, and insects can be a problem. The lifecycle cost of a shake roof may be high, and old shakes can't be recycled. Installing wood shakes is more complicated than roofing with composite shingles, and the quality of finished roof depends on the experience of the contractor as well as the caliber of the shakes you use.

• Clay tile.

Clay tile is a good choice for homes with a southwestern, Italian, or Span-

ish Mission design, or even for homes with a modern, clean look. Tile lasts a long time - its expected lifespan is greater than the lifespan of the material on which the roofing rests. Tile won't rot or burn, and it can't be harmed by insects. It requires little maintenance, and comes in a variety of colors, types, styles and brands. The biggest drawback to tile is its weight. Depending on the material used to make it, tile can be very heavy - so heavy that extra roof support can be required. With some new materials, however, color is added only on the surface of the tile, and they can fade over time. Tiles are fragile, so walking on them can break them. That makes it more difficult to accomplish maintenance like painting or cleaning rain gutters or fireplaces. Initial installation can be complicated.

• Slate.

Slate, which is actually shingle-like slivers of rock - is another roofing material that shows up on more upscale homes. Although slate is an expensive choice, it offers a very natural look and can be laid out in a variety of patterns. The benefits of slate are identical to those of tile: a very long lifespan, good fire protection, low maintenance, and an invulnerability to rot and

insects. It comes in a good selection of sizes and colors, although colors are limited to those found in nature. Like tile, slate can be very heavy, sometimes requiring expensive extra support. It, too, is breakable enough that walking on it is difficult for a non-professional, complicating such tasks as rooftop maintenance, gutter cleaning and painting.

• Concrete tile.

Concrete tile is now a roofing material. Some are coated with plastics, enamels, or thin metals, and some contain recycled material. Although the products themselves are not yet recyclable, they are a good choice for durability and resource efficiency. The advantages of concrete roofing vary from product to product, but generally they all have a long lifespan, require low maintenance, offer good fire protection and are resistant to rot and insects. Many tiles mimic the appearance of wood shakes, while improving on the durability and fire protection that real wood affords. It can approximate the look of clay tile or slate while mitigating the structural problems caused by the weight of the real material. Concrete is more expensive than some

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■ Roofing material ...

From page 13

roofing materials, and early types of concrete roofing had problems with the material curling, breaking and changing color. Technology has improved, however, and these problems have reportedly been mostly overcome.

• Metal roofs.

Metal roofs are coming back into vogue. Standing-seam steel roofing is the most popular residential metal roofing today. But metal roofs can also be made to resemble wood shakes, clay

tiles, shingles, and Victorian metal tiles. Aluminum or coated steel is formed into individual shingles or tiles, or into modular panels four feet long that mimic a row of shingles or tiles. Metal roofs are durable, fire retardant and almost maintenance-free. They are also energy efficient; metal reflects heat and blocks its transfer into the attic. Research by the Florida Solar Energy Center in 1985 showed that metal absorbed 34 percent less heat than asphalt shingles, and homeowners switching to metal roofing reported saving up to 20 percent on their energy bills.

■ Simple cleaners ...

From page 7

Taggart would like to see more families turning to natural, nontoxic cleansers to improve the quality of their indoor air.

"Conventional household cleaners are believed to contribute to the elevated levels of VOCs (volatile organic compounds) found indoors," she says in her book. The potential health effects vary depending on the product and its usage, so Taggart suggests reading product labels to steer clear of the most harmful chem-

icals. "If the label is marked 'danger' or 'poison,' look for a safer product," she said. The same goes for items that require wearing protective gloves or eyewear.

She also warns about buying products marked "nontoxic," because that word, in itself, doesn't say much.

"Basically, 'nontoxic' means there's no information to suggest toxicity in the regulatory realm," Taggart said. "Nontoxic means 'nothing that we know of right now.'"



AP Photo/Reel Simple
This photo shows a lemon being used to clean a cutting board. Lemons have antibacterial properties and make excellent deodorizers.

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Sewing surges in popularity, assisted by internet

ARELIS HERMANDEZ
Associated Press Writer

HOUSTON (AP) — The rules in the sewing lounge read like metaphors for good living: Know where your fingers are at all times. No running with scissors. Look before you cut.

For sewing teacher Abby Wright, gliding a needle through a piece of fabric is a life skill in every sense.

"Some people will focus on the wrong thing trying to get it perfect," said Wright, 27, who was wearing a black baby-doll dress, which of course she made. "But it's OK just as long as you follow the path. The stitch will take you where you need to go ... it's kind of like life."

Pointing to a meandering stream of black thread, she added, "If you mess up, there is always the seam ripper."

Sewing is shedding its grandmotherly image and catching on among a younger generation trying to stay chic and original while saving a little money. Many see it as part of an overall yearning for self-sufficiency in uncertain times — similar to the trends toward cultivating home gardens or raising chickens in the backyard.

Across the nation, sewing lounges are filling up with people looking for an economical, earth-friendly craft coupled

with good conversation and company.

Wright, who is spokeswoman for the Houston-based American Sewing Guild, is bringing along craft converts such as Renee Botti and her 9-year-old daughter, Sofia. Botti said sewing reminds her family of what they value most: time together, and practicality.

She attends a sewing boot camp taught by Wright at Sew Crafty, a shop in Houston's historic district. Owner Sarah Gabbart said her studio functions as a social network.

"The coolest thing about sewing are the friendships that form and the camaraderie of doing something with your hands," she said. "It's different from being at a bar or mixer."

The Internet, too, offers ways for sewing enthusiasts to connect with each other. They share patterns, ideas and tips on the latest trends and designs.

"People can blog about what they make, what worked and what didn't work," said Rhea Daiute, manager of Alewives Fabrics in Nobleboro, Maine, which has a waiting list for its sewing class. "When people get together to sew and a lot of venting gets done, it's easier to talk when you have something like sewing or knitting in common."

At first, Daiute said, seeing a young

person sewing was like spotting a mythical creature — rare and fantastic. She has since gotten used to it. Many of her friends, she said, now congregate religiously at her store to buy the newest and most contemporary fabrics.

But those drawn to sewing today aren't just attracted to its utilitarian side, observers say.

"Now it's considered an art form," said Wright.

As part of a growing demand for handmade goods, Web sites that offer them, like Etsy.com, have flourished. Shows like Bravo's "Project Runway" have inspired a generation of designer wannabes.

"Sewing enthusiasts are now born out of ingenuity, the need to expand one's creativity and the desire to be independent from mass-production clothing stores," Wright said.

Sewing machines and patterns have gotten simpler and easier, Gabbart said, allowing even the most feeble crafter to create elaborate designs. Fabrics have become bolder, more colorful and more modern.

Randy Thomas, senior vice president of the world's largest sewing machine manufacturer, Janome America, says hard times also have a lot to do with the resurgence in needlework.

"When the economy goes down, the sewing industry goes up," Thomas said. "People are looking for ways to save money by repairing garments instead of buying new ones or embellishing purchased garments."

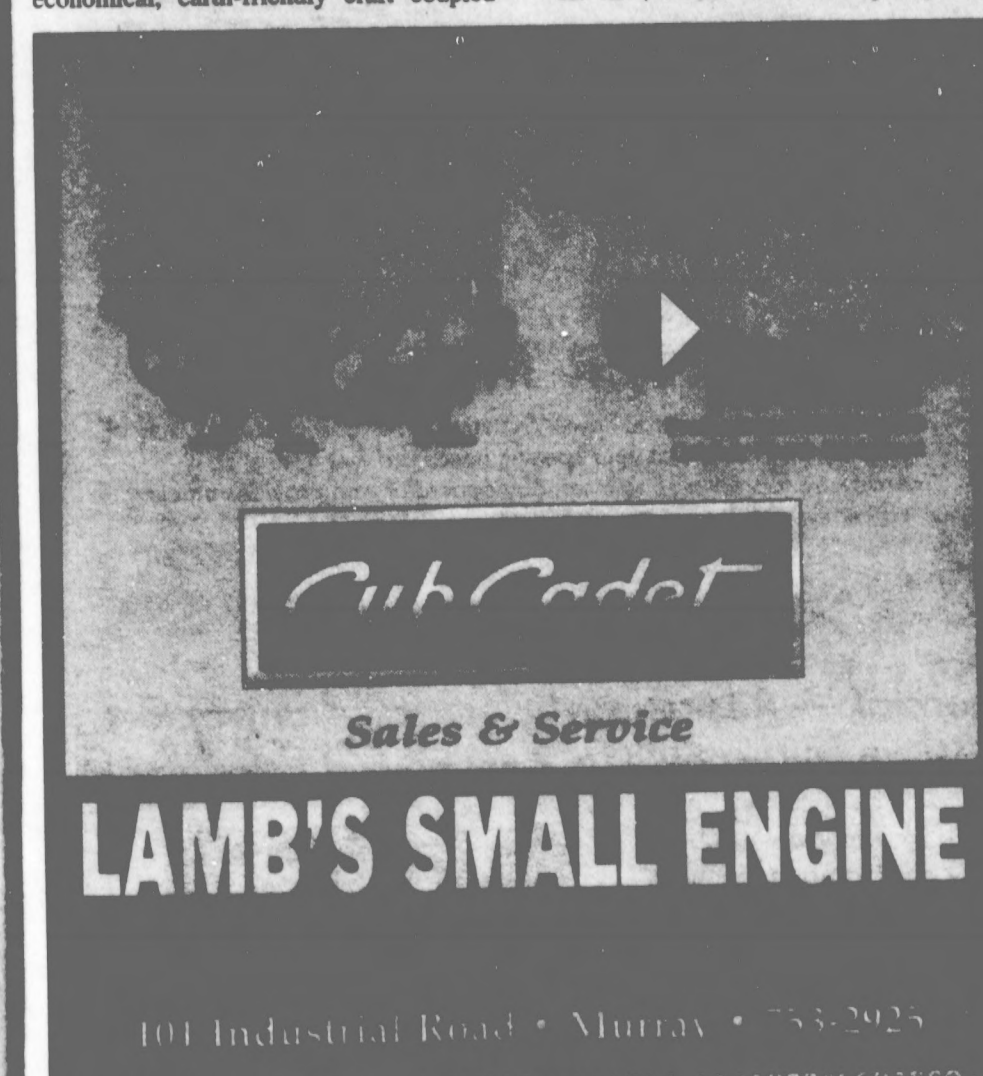
Sewing machine sales have almost doubled in the past decade, he said, and the recession has moved people to become more creative.

"In 1999, there was about 1.4 million sewing machines imported into the United States," Thomas said. "In 2008, that number went up to 2.21 million."

At the American Sewing Guild, membership has consistently grown each year by about 15 percent, Wright said.

At Sew Crafty, students start with clutch purses — for male students "man bags" — and gradually move on to pajama pants and aprons. Despite the rules on the studio's wall, students are encouraged to let their imagination guide the stitches.

Gabbart said many of her students "have professions where they are working with intangible things like spread sheets and computer documents that offer little gratification. But when they make something with their hands, there is a huge sense of accomplishment and you are leaving with something tangible."



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■ Bathroom ...

From page 3

light fixtures, even towel bars and toilet paper holders are all small things that can be done. If done at the same time, matching finishes on all the items can really add a sharp look to the room.

Clutter can also be a source of a boring bathroom, so looking into storage solutions is also a great way to get a bathroom looking tidy again. Tucking things away from plain view

preserves a fresh, clean appearance. Towels, washcloths, cleaning supplies, toiletries and toilet paper can all be stuffed away behind a small cabinet instead of stacked on an open shelf or on the floor.

If it's not absolutely necessary to keep in the bathroom, move it to a separate storage area to maximize space. As long as it's readily accessible, it doesn't always have to be in the bathroom.

■ Tile floors ...

From page 10

the way through.

Myhill said porcelain doesn't require much upkeep and doesn't need regular cleaning like natural stone tile does. She said porcelain has a clean look and that while granite is still quite hard, it can chip. These imperfections, however, can be buffed out. When cleaning the tile, it is best not to use anything with wax because it will leave a hazy residue. Instead, one should use a cleaner specially designed for ceramics or

porcelain.

Of course, tile isn't just for floors. Myhill said that back-splashes are becoming more and more popular for placing above sinks. This is especially true for kitchens but applies to bathrooms as well. Tile for back-splashes comes in many different styles and sizes to appeal to the desired appearance of a kitchen. Glass back-splashes are also popular, Myhill said.

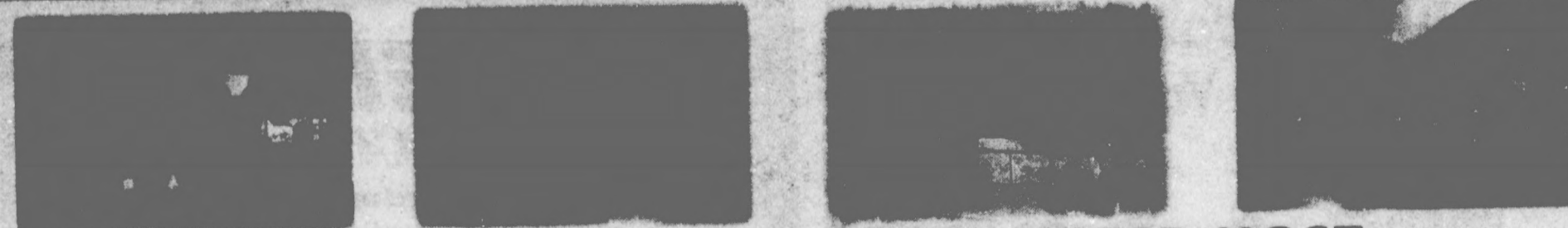
"A back-splash just adds to a kitchen's look," she said.

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Convert space to home office

CARYN BROOKS

For the Associated Press

Job-seekers, take note: You want to be productive in planning your next move, and writing cover letters on your bed probably isn't going to cut it. That's why more and more people are thinking about how to create an instant home office.

Grace Bonney, editor of the Web site DesignSponge, says she has seen a dramatic uptick in interest in all things home office. At least half of her e-mails each day now "are about desks, home office storage or general advice on running a business from home."

Christine Brun, a San Diego interior designer and author of "Small Space Living" (Schiffer Publishing, 2009), specializes in coaxing all you can out of your home by using ingenious products and overlooked spots. Brun has ideas that can help the recently pink-slipped quickly create a home office that meets their space and budget constraints.

The key is to think carefully about what you have and what your work will be like, she says.

"You need to ask yourself what the minimum is you need to function," she says. Assess your space, including spots

you might normally overlook, such as a landing, a laundry room, a hallway and closets. All can be transformed into workspaces. Reconsider the baby room and dining room, too.

"A dining room is a great space to claim," she says. "Sometimes you have to make a sacrifice."

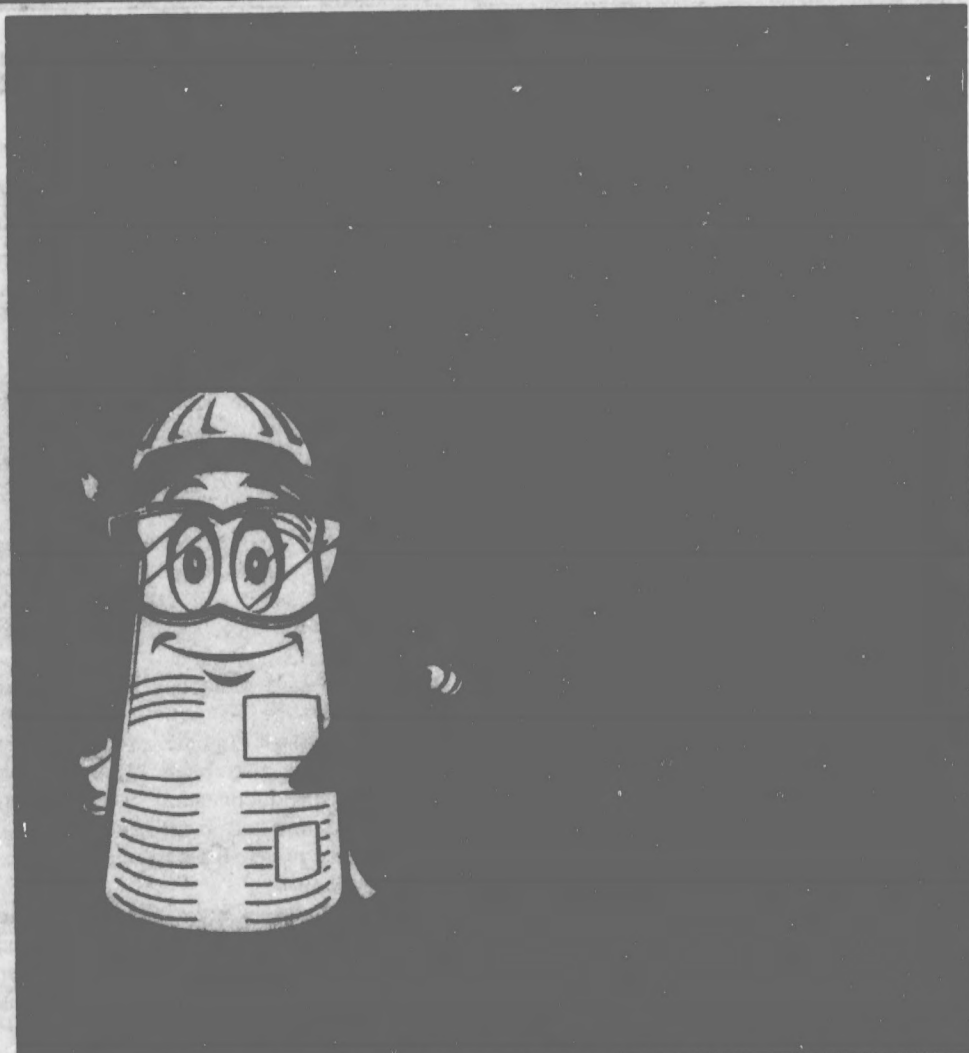
Brun doesn't recommend setting up shop in the bedroom unless absolutely necessary because it will throw what's supposed to be a restful zone off balance.

Let's say you do commandeer the dining room; it's possible to build a totally mobile home office set on casters that can be pushed out of the way come dinnertime.

If all you have is a living room, you can get an ottoman that opens up for storage, and by nighttime put everything away again. Brun is a big proponent of getting transformer furniture that looks right in a living room but with a few magical moves opens into a workspace.

She recommends you get going quickly on carving out your workspace once you've thought carefully about where to put it. "The earlier we start, the more

■ See Page 20





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More people plant vegetable gardens, reasons vary

By RANDALL DICKERSON
Associated Press Writer

NASHVILLE, Tenn. (AP) — The tomatoes are done for the year, the corn is in the freezer and the applesauce is being put up.

So what do gardeners do now?

Anticipating the winter seed catalogs like a child waits for Christmas, gardeners — an increasing number of them first-timers — dream about vegetable varieties they have yet to grow.

Ag experts and sales numbers indicate there's a renewed interest in home gardening.

David Cook, the University of Tennessee Extension agent in Nashville said the reasons vary and, in some cases, may overlap.

Cook said the popularity of television gardening and cooking shows helps propel the interest as do people moving from northern states into a longer growing season.

"Food safety is also an issue, with many people asking about organic gardening," Cook said and offered another endorsement. "It seems like everything is pricier these days. Food is."

The agent also noted off the enjoyment of an outdoor activity, exercise and sharing produce with neighbors as reasons people garden.

sons people garden.

And he's noticed a change in the telephone calls he gets — younger voices.

"A lot of those of first-time gardeners and they're younger in age," Cook said, saying he receives 3,000 to 4,000 calls per year.

The growing interest in growing is good news for the companies that sell to gardeners.

In Fulton, Ky., the Ferry-Morse Seed Company is enjoying a harvest of a different kind.

"This year just exploded in our vegetable line," said John Hamrick, vice president of sales and marketing of the company, who said sales increased by about 30%.

Hamrick said there has been a steady increase over the last few years in Ferry-Morse's certified organic products.

There have also been brisk sales of gardening products such as pot pots, growing media and fertilizer.

The more expensive hardware has been selling, too.

In Chicago, Cindy Cook, outdoor equipment manager at retailer D.T. McCall and Sons, said sales of garden tillers were "irresistible" this summer — up 50 percent.

"I guess the economy forced them

to," Cook said when asked why she thought more people were gardening.

Hamrick also sees the economy driving the desire to garden.

"We've heard economic conditions are unlikely to get better before the end of 2009," he said. "We're preparing for (2009 to be) as good a year as we had this year."

Others see the economy as a factor, too.

Bruce Butterfield, research director of the National Gardening Association, said the group won't have statistics on the 2008 home garden crop until the end of the calendar year.

But Butterfield said, based on the association's monitoring of gardening trends over the past quarter-century, uncertain economic times prompt more home gardening.

The nonprofit group's 2007 statistics showed 22 percent of all households in the country put in a garden — about 25 million of them.

While the \$14 billion they spent on gardening was up 20 percent from 2006, the number of households did not increase. Spending per household did — by 10 dollars to an average of \$38.

Still, he said the reason most people garden is to get the food they crave.

"The main reason people give is better tasting, better quality food," he said.

A packet of seeds contains the germ of more vegetables than anyone could eat.

"Most people graze from the garden until they hit what I call the 'glut stage,'" said Tammy Algood, chief marketing specialist for the UT Extension.

Then, they turn to preserving their bounty, Algood said.

"They generally try freezing first, then drying and then canning," Algood said.

Algood said there no longer are as many people who "grew up at the apron strings" of mothers and grandmothers who canned. But there is a publication that provides advice on preserving the garden harvest available at her agency's Web site.

She also cautioned to preserve vegetables correctly for safety and flavor alike, including blanching most vegetables before freezing them.

Algood also said drying is a good way to preserve some garden produce, but recommends buying a dehydrator because using an oven wastes energy.


She said dehydrators are readily available from retailers and sell for as little as \$50 with top models going for above \$200.

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■ Toolbox ...

From page 12

He says a 16-ounce hammer is a good all-around tool. Bandon prefers a lighter one, 12 ounces.

"Go with what feels good for your hand," Eslinger says.

George Weissgerber, senior vice president of research and development at Case Design in Bethesda, Md., also recommends a small, 5-ounce tack hammer for hanging pictures.

PLIERS

Pliers are gripping tools, "good for pulling nails, cutting wire, cutting electrical wires," Eslinger says.

Wentz recommends picking up a set that includes standard pliers, needlenose pliers and wire cutters.

Eslinger says needlenose pliers are good for where your fingers can't reach.

And for those a little uneasy about the possibility of hitting a finger with a hammer while driving a nail, the needlenose pliers can be used to hold the nail.

WRENCH

"There's always something you're going to have to turn that doesn't have a screw on it," Bandon says.

In an adjustable wrench, the jaws can

be opened and closed to fit the object to be turned.

Bandon recommends one big enough to do a few plumbing repairs, such as unscrewing the trap under the sink when it gets clogged.

UTILITY KNIFE

"With that you can cut anything from cardboard to packaging to duct tape, plastic sheeting, floor tile, even jeans," Eslinger says. Add to that cutting car-

pet and dry wall, and scraping caulk.

She cautions people to be aware of safety issues. "You want to make sure that the blade can retract. Also, storage is key, especially if you have little kids in the house."

Wentz recommends purchasing one that allows for replacing the blades without disassembling the knife.

TAPE MEASURE

Eslinger recommends a 25-foot tape measure.

Bandon agrees. "There's no way you can do anything decorative without knowing the measurement of things," she says.

With a 25-foot tape measure, you can measure virtually any room in the house.

OTHER

A hand saw makes it on to some lists. Bandon recommends looking for one that cuts on the pull.

Other experts suggest having on hand a stud locator to help you find the spot to hang shelves or new towel rod, for example; a level, to make sure those shelves are straight; a power sander; and the ubiquitous duct tape.

Oh yes, and there's one other essential that won't fit in your toolbox.

"Every homeowner needs a toilet plunger," Wentz says.



AP Photo/Jacquelyn Martin

Pictured are some of the "toolbox essentials," as identified by Jon Haislip, floor manager for the hardware department at Strosniders Hardware Store in Bethesda, Md.

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■ Home office ...

From page 17

confident we can be that we have our process nailed down," she says.

People who have traditional furnishings and antiques are often worried about how to make a home office blend in, Brun says.

"It is actually a little easier for people who lean towards clean, contemporary taste to find all the working pieces to the puzzle," she says. "But anything can be screened off by a folding screen or even something homemade. One could get panels cut at the local home improvement store, upholster them with a staple gun and then hinge them together so that it can articulate as needed."

Brun says the following five easily ordered groups of products offer instant home office inspiration:

1) Ballard Designs (www.ballarddesigns.com) offers more classic-looking designs that fit right into a living room. She likes the multi-functional "Bill Payer Cabinet," which costs \$199 and comes in either black or white with antiqued handles. It has a stationary caddy on top that you can pull off and carry around, and features plenty of nooks and crannies to hold papers and files. The Grande Cambridge Computer Armoire from Bal-

lard (\$1,599, distressed black or cream) looks like a classic cupboard when closed, but opens to reveal the slots needed for today's workstation, including a sliding printer tray and space for a computer.

2) If all you'll be doing is checking e-mail and sending out a letter or two, the wall-mounted eNook by Anthro (www.anthro.com) is high tech and compact. You hang eNook on your wall (\$429 in a variety of fabrics and veneers) and it houses your laptop and recharges your gadgets. When closed, eNook is just 7 inches deep, and it opens to offer a 30-by-15.5-inch workspace.

3) From Crate & Barrel (www.crateandbarrel.com), Brun recommends the Wentworth Desk (\$399). "It offers the idea of an old-fashioned rolltop desk, where you can close up your mess," she says. This classy streamlined desk opens to become a mini-office with a pull-down front to hold a laptop. Brun also finds Crate & Barrel's Sloane Leaning Desk/Bookshelf (\$228), which clings to the wall like a ladder, very versatile. "You can simply lean the pieces. This might be good for a wide hallway because the bookcases are only 14 inches deep and the desk segment is only 20 inches deep," she says.

4) Brun Board (www.brunboard.com) pany with ordering. off from i 'the open' furniture w to the rest "These fol es in map es in map that are r love the id likes the tion of sh



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4) Brun is also a fan of Room and Board (www.roomandboard.com), a company with 10 stores nationally and online ordering. "Sometimes what puts people off from including a home office out in 'the open' is that they imagine that the furniture will look junky by comparison to the rest of their furnishings," she says. "These folks have good quality bookcases in maple, cherry, walnut and birch that are made in Pennsylvania, and I love the idea of buying American!" She likes the Woodwind Open Back collection of shelves (\$899-\$1,299) used as a

room divider.

5) If you go the route of inexpensive and mobile, Brun says The Container Store (www.containerstore.com) has some good, handy lines. The Juxta stacking drawers (\$39.99) are slick and modern; when fitted with the casters that are sold separately (\$9.99), they can be pushed to the side of the room. The Container Store's elfa brand of modular shelving and drawer system has many possibilities, and Brun likes how it can turn any nook or closet into an office.

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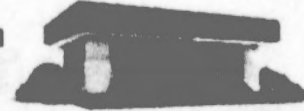
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