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A Preliminary Report: The Hippocampus and Surrounding Temporal Cortex of Patients With Schizophrenia Have Impaired Blood-Brain Barrier

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Introduction

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Schizophrenia (SZ) is one of the most severe forms of mental illness, yet mechanisms remain unclear. A widely established brain finding in SZ is hippocampal atrophy, and a coherent explanation similarly is lacking. Epidemiological evidence suggests increased cerebrovascular and cardiovascular complications in SZ independent of lifestyle and medication, pointing to disease-specific pathology. Endothelial cell contributions to blood-brain barrier (BBB) compromise may influence neurovascular unit and peripheral vascular function, and we hypothesize that downstream functional and structural abnormalities may be explained by impaired BBB.

Methods Fig 1. Semi-quantitative approach to quantify BBB breach extent.

Postmortem samples human of hippocampus sections (n=27 controls, n=25 SZ) were obtained from the NIH NeuroBioBank and Maryland Brain Collection, that were age, gender, race, and postmortem interval frequency-Leakage phenomena was matched. observed using a secondary IgG-only (Vector Laboratories, 1:250) staining technique, to demonstrate endogenous IgG extravasation, a marker of BBB compromise. IgG leak was quantified stereology (MBF unbiased using Analyses Bioscience, was multiple comparisons corrected for using false discovery rate with q<0.05 where applicable.



Clinical Demographics and Tissue Characteristics.

		Control (n=27)	SZ (n=25)	Test statistic	p- value
Demographics	Age [years] (SD)	51.8 (13.4)	56.9 (14.6)	t=-1.3	0.2
	Sex (% male)	58%	56%	$\chi^2 = 0.2$	0.9
	Race % (C/AA)	20 / 7	17 / 8	χ ² =0.2	0.6
Section Characteristics	PMI [hours] (SEM)	14.5 (1.0)	11.9 (1.3)	t ₅₀ =1.6	0.12
	Average section surface area (µm ²) (SEM)	$1.8 \cdot 10^8$ (1 · 10 ⁷)	1.6·10 ⁸ (1·10 ⁷)	t ₅₀ =1.4	0.17
	sIgG Leaked Area Fraction (μm ²) (SEM)	$8.9 \cdot 10^{6}$ (2 \cdot 10^{6})	$1.5 \cdot 10^7$ (3 \cdot 10^6)	t ₅₀ =-1.9	0.06
	Fraction of sIgG	0.05 (.01)	0.11 (.02)	t_{50} =-2.3	0.02
	Leaked Area Fraction (SEM)	0.047 (.02) ^a	0.12 (0.2) ^a	F _{1,48} =7.3 ^a	0.009
	SD - Standard deviation $C - Caucasian A - A frican American$				

Caucasian, AA – Annean Anterican, PMI-Postmortem Interval; SEM-Standard Error of Mean

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Conclusions

1) A significantly higher incidence of IgG leak was shown in schizophrenia patients compared to controls. This suggests that the and surrounding hippocampus temporal cortex of the patients with Schizophrenia have impaired blood-brain barrier (BBB).

2) Extravasated IgGs selectively interacted with the neurons and neuropil in the regions of BBB breakdown irrespective of pathological

3) Area fraction of IgG may be a useful tool to gauge BBB deficits.

4) BBB permeability progressively increases

BBB dysfunction and IgG autoantibodies could be the two key missing pathoetiological links underwriting schizophrenia hippocampal damage.

Future research should target peripheral endothelial vascular systems using live imaging and BBB neuroimaging in patients with schizophrenia to conclusively evaluate the observations from this preliminary report.

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