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SUNBABY

By

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Bachelor of Art, University of Portland, Portland, OR, 2017

Thesis

presented in partial fulfillment of the requirements for the degree of

Master of Fine Arts in Creative Writing, Poetry

The University of Montana Missoula, MT

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Creative Writing, Poetry

Sunbaby

Chairperson: Keetje Kuipers

Above all else, *Sunbaby* is a project concerned with that which is passed down from a mother to her daughters. Less interested in writing into the center of violent acts, this series of poems aims instead to consider all the things – both physical and psychological – that exist of the edges of violence. What happens to a body in the wake of violent acts? What informs the trauma of families? These are questions *Sunbaby* asks its reader to grapple with.

Set to background of the desert and mountain West, *Sunbaby* lingers on bodies (human and other) subjected to environmental trauma such as wildfire and flood long enough to see what might happen next.

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Diana, Goddess of Crossroads and the Moon

You wrote me a poem about how water moved me around in your womb

how it carved pathways for me in the shell of you—

When I was there—tethered to you—we felt the earth buckle and heave

we felt your body wax into something different and whole—

gravitied by that wild moon of grief

When did you decide you would tell me a secret—

even if it hurt me?

Here, we watch a peregrine falcon fly low and fixed here, you tell me that if a man ever

presses his hands to your throat again you might just let him kill you.

A poem

constructed from a letter sent to my mother from her mother, 1989

I care about you and accept how you are feeling, but I do not believe you.

It may be important for you to know that various members of my mother's family have:

PMS, narcolepsy, schizophrenia, manic depression, and migraine.

I am concerned that you might be schizophrenic. Mother's sister shot herself in the head and her daughter believes she was schizophrenic.

This daughter has a daughter who is schizophrenic.

She cannot work and lives in a home with other schizophrenics.

I have migraine. Mother
has some migraine symptoms and has
had extensive psychotherapy for depression.
Knowing all this,

I was terrified

one of these conditions might be affecting you. Until I hear more from you about your experience,

I am holding myself open in regard to the sources of your unhappiness.

No one is calling you a liar.

Spoons

At lunchtime, the children played spoons. Your sister, Lynn, had no patience for furtive attempts at collecting.

Instead, when she got four of a kind, Lynn would stand on the lunch table bench, lift her little fist above her head,

and bring it down on the center of the spoon spiral, launching the utensils high in the air, letting the other kids shriek

with pleasure and horror all at once. You would smile at her in wonder. You would think about how it was Lynn

how was always brave enough to steal the oranges from the neighbor's backyard tree, running down the block

with them tumbling out the sides of her cradled t-shirt. Lynn didn't even care if she got a spoon in the end. She just wanted

to plunge her hand into the center of it all—without fear, without punishment.

Arts and Crafts

Bring the empty Juice Squeeze bottles to the blemished kitchen table the one pushed up tight into the windowed corner where the plums sit in the summer.

Pare the paper from the glass skin little fingernails soft like apple peels. Rub thumbs hard over patches of stubborn stick to pill up little balls of glue Ruby Grapefruit

Mountain Raspberry Black Cherry lay curled up and torn on the hard wood floor tempting cats and dust. We'll fill these bottles anew with warm tap water

and McCormick food dye sequins and glitter. We'll place them on the windowsills of this stilted creek home. Peer through the frosted pinks blues sparkle bits

to the iced and dusted pines outside. Shake the bottles up like snow globes every morning hands overlapping sistered and sure. Even on the days when you can't wake yourself

from your nightmares we'll wait for you at the kitchen counter.

My Uncles Carried the Couch

when we moved a minute up the road. Dad thought the Scientologists were stealing the water

because the creek dried up in June—in April we waded in foamy pools. We floated plastic

toys all the way down. Emma got giardia but made her vomit sounds small for two weeks.

The New House had too many rooms—the New House had a deck with railings. Bats

kept getting in and hamsters kept getting out of their cages—hiding in the hallway closet

to mate and nest. A headless mouse christened the spare bedroom and Emma hoarded costume

jewelry from the human dead. Maybe there was a man digging under the treehouse

because I could hear his shovel through the rain.

Sunbaby

You put the desert in my bones long before you turned to me and said:

My story is your story, too.

A feminal invitation—a Sonoran impetus—the collective consciousness of heat.

Your chest is a layered galaxy of sunspots colored grape, cherry, electric blue. Abjection

is a molded orange—bloomed and split and inevitable.

On the long car rides home, I lean my head against the window

lean my head against my own reflection—against my sister's head.

You turn in your seat to look back at us.

A poem

constructed from a letter sent to my mother from her mother, 1990

One day, I want to make a bedroom into a shrine to you

I did my best—
I helped you with scouting
with your Penny Saver route
made your clothes
helped you move from 1st to 3rd grade

I went bat for you with your dad

I have arranged my current life so that I am available should you call

I am crying right now

Playing House in Oregon

Mom—

In the exhale of the violent maw I put on Lucinda Williams and I watched the space behind him

He placed a hand to my puffed up face and coaxed me into the umbra of the stove light to lick me muddy

I thought too much about you and what you would think of him and all this

I remember

a red balloon tied to the porch railing—
watching the rain from the couch in the garage—
the carpet on the stairs

the gamy stench of my sourdough starter laundry every day

When I finally came home to you I bought a dog and he was all mine

White Noise

It's soon to be my second anniversary with my little white noise machine.

An app, really, downloaded to my phone. A prayer, a gesture to sooth the anxious

tilting of my heart. A nightly benediction downloaded the day he confessed.

First year free, fifty bucks for all years that follow. A year seems like plenty of time.

At night I cradled my phone against my rib cage, *AC Window Unit* tending

to the thoughts that picked at my sternum, the ones that pulsed like a bad wound burst open.

But my hissing totem couldn't save me, oh no, not from the wonderings and fear.

Immune to Washing Machine and Sounds of Rain, my heart needed murmured heat and lies

from an open mouth. So I returned to his bed and paid for that damned second year.

Heatsick

She wanted to come in the open mouth of Yucca—she wanted Orion to watch her buckle then yelp on that dirty old saddle blanket her date had laid out in the silt

She wanted to be a naked glowing pale purple alien she wanted to be thin and frightening and fuckable

So she put on a real show—
with that oily bratwurst
he grilled on his little red camper stove—

she ignored the hotel-casino wrenching up and out of the desert floor huge and pink and steaming

And when he asked her about her biggest flaw she answered him:

I was a violent child who lied.

And she laughed with him when he thought that was funny—

Picture this:

You're on I15 heading away from Vegas and you stop at The World's Largest Chevron (96 pumps)

You pick up a tacky neon bag labeled Alien Jerky and it is full of nothing but a putrid puff of air

You keep driving toward a violent beam of light You keep driving toward a vast ocean of mirrors

The Old Fire

Come upon a meeting of children under the bright hood of raining ash and they are all white. Two redheads, two blondes,

and finally, the one with the nose like Dad and his brothers. It's Halloween and the field mice have been drowning

in the jacuzzi but the children still want costumes to not be themselves moving muddy through the dusty eruption

of some giant, calcified gourd. Papa's house burns alive and his tears are one hundred boxes of oranges picked. The *cienero's*

cries are silent. In the husked house was the mummified body of a cat mounted and framed hanging next to the photos of Cesar Chavez and the Rivera

prints and now they are all soot and soil and no one makes jokes about the blooming vitiligo on Papa's hands anymore.

The children go back to school and are told to make art with charcoal and water, and a man named Hope is charged with arson.

At Christmas, tamale-making is a learned memory, a validation that maybe that corpsed cat is still somehow there, baked into the land.

After a Hard Fall

There's a train and maybe a bulldozer at the bottom of the lake and I know because everyone knows.

Shunted muck piles up at the very center—the very center of the swimming area—

we can stand with water at our ankles and scope the kelp for all the bodies that are supposed to be there. I know

because everyone knows.

Dad's out of town and the bath water sits still and cold while Mom and Emma and me crouch in the windowless hallway—

pine trees rinsed in red and blue because a motorcycle man who no one knows scuttles up the creek bed with a gun.

Dad's out of town and we come up on boys riding bikes at sundown. We think one wears a red sweatshirt until we see the bone glow blue in the dusky ether.

Everyone says he doesn't have a home—that he lives in the forest.

There's always a draught and there's always a dog and no one ever teaches us how to tell whether a hole in a tree

is from a woodpecker or a bark beetle—

Big pieces of granite just sit all around the neighborhood—just sit there like they've fallen from somewhere vast but cheap.

At dusk we watch that infinite circle the tops of the pines make where the bats skirt the edges like feathers in a whirlpool. When I go to college
I just tell everyone I'm from the mountains—
mountains with a soft "t"—

and the first boy I sleep with there doesn't get it because his mom took him to
Tahiti after his dad slept with the secretary

and he was good at soccer but not as good as the other boys and that really stuck with him.

Skinny Ghazal

I liked being skinny.

When I went back to work that one regular said, "You look so skinny.

Have you been running?" Looked me up and down. No, just not eating, I almost said. Men treat you differently when you're skinny.

They don't care about your anxiety and how it doesn't let you eat. They like the way your hips and collarbones look when you're skinny.

Men like how vulnerable it makes you look when you're anemic and depressed and abused and skinny.

But I liked it, too. I liked looking as fragile as I felt. I liked stepping on the scale every day so it could tell me I was skinnier

than the week before. I liked being able to tell people, "I wasn't even trying to lose weight. I didn't need to be any skinnier."

As if my lack of choice in the whole thing somehow made me superior. It is a luxury to not have to consider yourself when you are skinny.

When I gained the weight back, I had to think about my body again. I had to be Kate again. I had to be more than skinny.

Lure

When you swim in the lake at night your body is lambent light under water—

your nipples shy from the rest of you. Your shape starts to pucker then swell.

The boys are camping out in the creek where the tourist died last summer jumping

from high. The girls drive out to see what sticks. You want to see what you can

moor yourself to.

You tread in the margin between water and dock—reach your arms up to grip wooden beams.

On your way out—on your slip down a mountain road, you float six inches off the pavement—

you shrink and get big—

Around a bend a brown bear anchors herself in your path—naked and staring.

When Spring Comes in January

There are pine needles grafted to the hardwood floor and they stick to the bottom of her bare feet. A nearly-dead

cat roams the thawing house—a talisman reminding her to take her birth control at the same time every day and this, too,

feels important. She wakes on these mornings with a song stuck in her head—a blonde memory plumb

against her sternum. She is envious of small dogs and babies and wonders if oak trees are deciduous.

She feared him into existence while she counted her tips. She loved him from the bathroom floor.

Something sour buzzes all the way down.

The Uncanny

In the winter of 2001 two sisters sit in the bathtub and take turns drawing letters on each other's backs—

B.A.B.Y.

In December of 2019 the False Memory Syndrome Foundation (FMSF) officially dissolves.

Someone says that memory exists in the body. Is a living thing. Is a little animal tended to or not.

The concept of the uncanny is inextricably linked with the concept of abjection. When we can no longer

discern what is real and what is not, horror takes hold.

In the summer of 1975 a girl goes to the beach with her family. Later, she will tell her own daughters that

it was there, in the shade of a fan palm, that she achieved complete invisibility. See through.

I remember thinking: people drown in puddles people drown in still creeks six inches deep.

In November of 1993 a woman writes a letter to her estranged daughter. It reads:

Someone says that memories can get locked up in the mind's safe. Untouched, unvisited. Kept from the

oiliness of nostalgia, there is no decay.

I read a letter in which the grief of a mother—in the furrowed wake of estrangement from her youngest

daughter—is described as a psychic scream.

The Great Unconformity refers to a geological phenomenon found in the Grand Canyon in which two different types of sediment—often separated by great gaps in time—collide. They do not mix. They simply exist on top of one another, nearly the same, but not.

Freud says that the uncanny is the return of something that was once familiar, now changed—a new, dangerous knowing. Like darkness. Or a father.

In the summer of 1975 a preacher and his wife wait in Phoenix for God to rapture them clean.

The FMSF was founded in 1992 by Pamela and Peter Freyd after their daughter, Jennifer, accused Peter of repeatedly sexually assaulting her as a child.

A mother is a shadow that precedes her greatest fears. There is a dark umbra in which a daughter may

exist, in comfort or dread.

I remember thinking: for every good thing that happens, one bad thing must happen, too.

Peter said that if he had been molesting his daughter, the dog would have barked. The dog would have warned someone.

In the summer of 2001 two sisters come to the conclusion that, by pressing their foreheads together, they

can read each other's minds.

You make chocolate cakes for us with rainbow sprinkles at random. Call them *unbirthday cakes*. Almost

like a birthday cake. But not.

You write letters that are never sent.

In November of 1993 a baby girl is born with a howl.

A poem

constructed from a letter sent to my mother from her mother, 1990

You

are a beautiful being—

My entire body aches for the pain you are feeling. But I do not believe—

I do not believe your father ever molested you.

Your rage—

Your goal seems to be retribution.

Yours has been the fatal blow.

You

wanted to punish him.

Diane, the thing that makes this tragedy so cruel is that we love you so much—

whatever may have happened to you that you find ugly is totally washed away in our minds. You have only to wash it away for yourself.

God as my witness.

To Be Made and Unmade

In Ireland the sea is everywhere and a girl is leaning that way a boy says she's the best he ever had

she should laugh, hope it's true.

There, she's picking up the loose change that is all over the floor—it belongs to her.

The mid-morning sun let's all the little harps sing. He might help her scavenge.

There, she has disappeared into the couch cushions.

Her mother's mother said once—

it happens

to all of us

eventually. There

is a car ride to an unhome that someday she will grow out of.

Jefferson Lines Bus Stop, Missoula

A man waits at the bus stop late at night. I see him through my windshield while I wait to kiss your shadow back to Bozeman. He has one eye that's patched, one eye that seethes at us as he yells to the ether that the bus is twenty minutes late! Strangers keep starting rumors that I gave them AIDS! It's not my fault that Uncle Charlie tried to sleep with me when I was twenty-two!!

I lay my head across the seats to close in on your denimed thigh. All I see now is blued-out blacked-out bowled-out pine-lined sky. We wait and wait and touch and wait and wait. Are you two waiting for the bus? yelled through the window and the whirring white-noise heat. Uh-huh I say. He's going to Bozeman.

Quick gesture to your large and male form.

Do you think the bus is cancelled? He yells.

No way of knowing.

The man looks at us with an angry frown before returning to his lonesome rant. We wait a little more until the clean tick of goodbye has lost it's urgent taste. Let's go back to my house and sleep this off. As we pull out of the terminal lot the man gestures midnight with his sad song.

For Years I Dreamt of Death by Lava

Ash is falling flaked eggshell settling and nesting into itself—meeting and wedding with mud.

Becomes smoke in the sheets smoke in the carpet smoke in the gentle flesh folds of the throat.

That one Halloween we spent at my cousin's watching my grandparents' house burn on TV—

At Christmas the black and naked mountainsides could do nothing when the rain came—slipping

right through the fingers of calcined junipers.

Black bears and coyotes loitered by the back door. I knew about a family

who washed away completely.

A Burning

Rickie Lee Fowler is sentenced to death just as the dogwood starts to dig in—

I don't think much about justice
but consider what it means
to bear witness
to a mountain grown back

from scratch.

Five men died of heart attacks as they watched this mountain burn—

and who else to blame but our flame-hungry little wretch?

Our Rickie.

In the courtroom he was sodomizer and fiend—he was abused little boy.

Wouldn't we all like to scream

I was a child once, too.

Every October—when the smell of wildfire steals into fabric and pore—

I think of manzanita and nettles.

I think of the charred hollow of a felled ponderosa.

I consider dying just to

come back new.

here comes a cunt carrying a torch

I.

my aunt told my mom about Joey the dog-faced boy. he'd made his way from a Russian freakshow to right there—the orange groves behind that wicked Phoenix church—and he was waiting for her—tucked into the root nest of a Valencia.

II.

me and the Chupacabra were born together in the summer of 1995—steaming and screaming and whipped into hard peaks on the blood of goats.

III.

all the men I've ever met are more afraid of dying than of living.

IV.

Chupar –to suck Cabra – goat V.

Borges' Library of Babel grinds on for the infinite and the keepers sink their bodies into endlessness beneath the stacks

and Bukowski wants love but only if it's spoken with a filthy tongue

and I will hide with and from all the little dog boys

You Shouldn't Go Barefoot on the Hillside

After a strong wind there is always litter

in the creek in the vinca pushed up against the edges

of the dirt driveway. After a strong wind the bears

and the raccoons and the coyotes

will always come to collect. The mountain will

swell round and fecund only

after fire a handful of kids will always move

down the hill.

I fall headfirst onto a splintered rock

when a branch slips through my fingers.

Emma erupts a logged hive.

There are bee carcasses scattered on the carpet

our feet are made for.

Lovers at the Bottom of a Pool in Paradise

In October of 2017, Jan and John Pascoe survived the Paradise wildfire by submerging themselves in their neighbor's pool for six hours.

I'm interested in their bodies in the way we are all interested in bodies—the violent undoing of them

and what happens to them when consumed by water and fire all at once.

Will heat and chlorine leech a body into a pursed rind?

Will the lovers boil alive like toads?

I imagine them standing on the edge of a broken shell—
Jan counting into the great umbra.

Who, then, urges their bodies into the babble? Who takes the first step

into that wet vacancy? Bodies become feral when terrorized.

They take turns wafting to the surface—lips milking black air.

Coppice

We grew up in the forest so I erupted into womanhood staring at the pines –

where better to rest eyes as body curved into sixteen, into sexed and glutted?

Home alone at last two phantom boys

ran laps on my porch

whispering incantations through my open

window, disappearing into the space between trees –

they came night after night, quilting in me the fear of being discovered.

One morning I woke and found open cans of tuna perched in the wheel wells of my car.

Mom recited the meaning of a black bear latched

to the ponderosa out back – black dog barking upward, pieces of garbage

peppering the driveway.

Shame is best kept in the understory – used condoms thumbed

back into the box, buried

in silted granite – mouth open wide

on the dusky trailhead, breathing out

the detritus of our forest, splayed open,

reeking of smoke and tin.

My body still knows to quill at the sound of running on broken wood.

Suckle

On the same day Dad settled a dead cat into the stretch of a black trash bag,

we shoved our hands to the throat of a ladybug nest and dreaded

at the putrid egg yolk blood beneath our fingernails. Ladybugs

are really just beetles and dogwood made my sister's eyes puff and drip

like split citrus. Chewing vinca leaves is bitter bonding over tongue –

makes you weep the too big loss of kid stuff. Purple flowers we thought

were honeysuckle – we still suck – and urged the sweet nectar drip and drip.

I am Convinced I Will Die a Violent Death

I.

My grandmother changed her mother's diapers and I thought that would happen to all of us—to my sister and me. When my great-grandmother started babbling and sobbing like a baby

we escaped to the dining hall where—along one endless wall—there was a cage of tiny singing birds. I hoped they might sing into the cob of the night.

II.

My great-grandmother's third husband shot himself in the head in their bedroom while she was at church—she cleaned up his mess and slept in that bedroom for the next 30 years. Until everyone agreed she had rot in her brain.

III.

Jerome, Arizona

is a town built into the side of a rust-colored mountain.

A town of ledges homes gutted out like hollow gourds. My mom and I were there just long enough to feel afraid.

We come home with jewelry—broken and whole—to birds and dust and we wonder together about phantoms and the sinews of memory.

IV.

In my dreams there is a forest—and that forest is in Phoenix. Dozens of old women wander around and they've all been raped and they're all schizophrenic and I know them—My mother's mother told her about them in a letter—

V.

My sister and I learned to shave perched on the edge of the bathtub in our swimsuits—

Mom showed us first—how to be gentle over our little girl knees and ankles. Peach fuzz and Barbasol made the water thick and foggy.

Nobody bled and we were all hairless and beautiful. And maybe there was something for all of us to be afraid of—but I didn't think it then.

Apartment Sonnet

When winter came it came in the shape of a wet dog—helped me peel the sorrow from my face—from the glutted floor mats of my California car.

I can't cover the windows so peckish phantoms see my skin from the street—dead grass, Pepsi can planter at the chain link. A small like burnt silt honeyed to carpet.

I can make flowered tea into the late afternoon—I can whisper to the wicked genius. Shucked candle wax does not make a home.

I can cloak the couch in too many blankets—I can lock the door all night long. The stone fruit in the fridge is mine to eat.

Car Camping Outside Livingston, MT

We lay there rigid and calculating how best to siphon heat

from the dog's febrile little body. My feet have been sacrificed

to a frenzied cold. Hours

earlier we'd played cribbage and drank beers and faced West

into a coiled pool of fruit sap settling tethers

between earth and elsewhere pulling inward becoming taught. I wished I hadn't

said that thing about you not being so affectionate lately

because the silence unmoored me. Now I have to pee.

I shift my stiff body forward released from a suffocation

of duvet and sleep smells toward the car door rocking with the weather.

Dropping down onto the wet earth is like being born

into a static chasm sharp soil polyps tattooing the bottom of my bare feet.

The space between body and sod all choked up.

The plain is dusted blue black and grey Southward mountains are blackhole

shadow beacons backlit slices cut from felted clouds. Crouched down

naked from waist to ankles I look out into the pall of dead grass endless

and unburdened by trees, rocks, anything. The wind burrows

down my eardrums waking me from the belly outward. I wonder

if you ever thinks about when we lived in that big Portland house

together the one with two beds—we followed each other

back and forth all night long. I wonder what you think about.

You are
a product of light that is a product of darkness.

I stand up redress lean against the solitary metal beast.

Livingston, Early Autumn

(2021)

1

Maybe you were right—it's a cow or a coyote or the wind or a man shoveling mad in the graveyard down the road. Guided by a gilded moon.

2

What would grandma say if she knew I was here? Fighting over Lee and the teenagers and the bowling alley with you?

3

Fuck me into static. Into this phantom limb of love.

4

Things left behind:

a cracked leather belt sunscreen used only once the dog's collar half a quilt

5

Mom says

relationships can be really hard in the beginning and still work out in the end.

This is not beginning not end.

9.30

The restaurant owner gave us Underbergs wrapped in beige paper and we tasted licorice on each other's tongues all the way home.

10.1

I want and I want and I want.

There is a thin but solid line across the Western part of this state—skirting the bank of train tracks, lighting the snowed and steaming pines at night—from you to me.

10.3

When will the well dry up? When will I learn to care for things?

Jeremy

Today I play with my best friend's baby. He curves over into himself like a bellied shell and rolls his rosed toes into his hands. He cries

when left alone and I smell myself on his hot panicked breath. My best friend—minted, now, in something like provision—

holds him nestled on that new skin of hers. Her makeup from the day before flakes onto his paltry tuft of black hair. I watch her and think

about the time that boy from camp called to ask her for a blowjob. And how we laughed at him because he was ridiculous and so far away.

My best friend—
the girl I wanted and wanted to be most
of all—has been baked into a new kind
of animal.

The synapses of all her movements, now, are foreign and fraught and choked with worry. We look at each other and both know what a relief it is

to be here—together—after all this time.

A poem

constructed from a letter sent to my mother from her mother, 1992

We did try to meet your needs, Diane. Your father and I had very exciting, orgasmic oral sex.

I suspect that if you saw something it could have been an assault on your psyche. Possibly as powerful

as if a rape had actually happened to you.

During your teen years you were an enigma, eschewing any effort I made to help you attend to your beauty.

Did you feel I was trying to make you into a whore?

As a natural part of human development, girls have times when they fall in love with their dads.

We wanted you to be happy and well!!! We are so proud of you!

You felt you were under water. I am here for you because you are my child, the one I have loved

the most. Love, Mom

Something Almost Like an Ending

My sister and I fishtailed out from under ourselves—through Idaho then Utah—to come home and walk with you.

With the fire last year came a gutting—a landscape lustrated then cooled. A riverbed of oak trees now hardened into a huge, blackened heel crack.

With the flood this year came an heirloom basin marbled from shore to shore.

As we walk through the canyon—you and me and Emma—we tend to look up.

At the top of the ridge—so black it nearly smolders—stands a doe and her fawn. Just silhouettes against a dusky heatwave, against whatever might come next. Pieces of charcoal tumble all the way down as she shifts her body

across the horizon.