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Empowering and Equipping Students to Nurture their Personal Devotional Time.

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Christman Professional Achievement Honorarium 2021/22

SOUTHERN ADVENTIST UNIVERSITY FACULTY REQUEST FOR PROFESSIONAL ACHIEVEMENT HONORARIUM
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Please supply documentation for your project and complete the appropriate section of this form

Name: *Ronda M. Christman*

Date: *2021/22*

Adventist Human Subjects Research Association - Podium Presentation

Christman, R.M., Scott, E.J., Bradley, G., Felix, D., & Richards, A. (2022). *Empowering and Equipping Students to Nurture their Personal Devotional Time*. Podium presentation at Faith and Wholeness. Adventist Human Subjects Research Association Virtual Conference. AdventHealth University, Orlando, FL. May 20, 2022.

Empowering and Equipping Students to Nurture their Personal Devotional Time

Background

There were 70 professors who attended the SDA nurse educator conference. However only a few professors connected, collaborated, and were empowered to create a research study. Initially there were five research professors who collaborated to create a research study to provide our students an experiential learning opportunity. They decided that it would be a unique learning experience for their students to have the opportunity to participate in a quantitative survey while they were learning about quantitative research and also to participate in a qualitative survey while they were learning about qualitative research.

To help people thrive, nurses are concerned with their patient's activities of daily living (ADL) and it seemed good to help students examine their ADLs and spirituality. Since they decided to explore students' perceptions of their ADLs and spirituality (SPADLS), thus the name SPADLS emerged.

There are a variety of ways to nurture a personal devotional life. Spending time with God in His word and out in nature (Thomas, 2020). God has wired us to want a relationship with Him. There are a wide array of ways to connect with God (Thomas, 2020). Singing is another way to nurture our personal devotional time (Moree', 2019). Worship can be in a variety of forms and music is a way to praise and honor God. Spending time in interpersonal reflection, prayer, and meditating is another way to nurture our personal devotional lives and one that affects our brain (Maritz, 2019). This study explored students' perceptions of their personal devotional time during an experiential learning activity.

Methods

This mixed methods design utilized both quantitative and qualitative surveys. The quantitative survey was modified from the CDC's Youth Risk Behavior Study. The surveys were created using Google Forms and the URLs were converted to QR codes which were made available to the students for their ease-of-use. The data automatically populated Google Sheets where the descriptive statistics were conducted on the quantitative data and thematic analysis was run on the qualitative data. The sample consisted of 411 university student participants. All data is anonymous.

This mixed methods study has emerged into a unique experiential learning opportunity that is beneficial for students. Students have the opportunity to participate in a mixed methods study and participate in the experiential learning class activity to participate in both quantitative and qualitative surveys and to compare and contrast the differences.

Results

A fourth (25%) of students reported that at this time they did not have a personal daily devotional. Almost half (45%) of students reported having a personal devotion 1 - 4 day/week. While only 13% reported daily personal devotional time.

Implication

As educators, it is our responsibility to empower and equip our students to nurture their relationship with our Creator. God wants a close relationship with each of us and we can empower our students to have a daily personal devotional time with God. Educators can inspire and equip young people to spend time with our Creator.

May 9, 2022

Dear Ronda Christman, Gary Bradley, Andrew Richards, and Dionne Felix,

It is my pleasure to inform you that your presentation proposal entitled "Empowering and Equipping Students to Nurture their Personal Devotional Time" has been selected for inclusion in the program as an oral presentation at the 2022 in-person and virtual AHSRA Conference at AdventHealth University in Orlando, Florida. As a reminder, this event will occur on May 18-21, beginning with an evening session on May 18 and then starting at 8:15 a.m. US Eastern Daylight time during the following two presentation days.

You will be presenting your research at 1:45-2:00 pm ET on Friday, May 20. Your presentation time will be limited to 15 minutes, with a few minutes for discussion at the end of the entire session. We appreciate your acceptance of your assigned presentation time – changes to timesteps will only be allowed in cases of emergency. **If for some reason you will not be able to make your presentation, please let us know immediately so that others can fill that presentation slot.**

If you have not already done so, please register for the conference as soon as possible at www.ahsra.net. This will ensure that you get all communication from us about the conference, including the link if you are attending virtually. We respectfully request that all co-presenters who actually participate in the presentation please register as participants at the virtual conference rate, found on the conference website. Scholarships are available for those who apply on the website.

The following represents additional information related to your presentation:

1. AHSRA is inviting all presenters to submit their electronic file (either a session PowerPoint, useful handout, or paper based on their convention presentation) to post online to share with other conference participants, and then later with AHSRA members on the AHSRA website. We see this as a terrific way to greatly extend the reach and impact of your presentation at Andrews University! If you are interested in sharing a file from your presentation for this purpose (we are asking for only one file per presenter), we would appreciate it if you could forward your file to Carlisle Sutton (research@andrews.edu) no later than **Wednesday, May 11** so that we can share them with other convention participants during the convention.
2. Please email a short personal biography (up to 250 words) and a good, professional-looking photo, so we can build your profile for the virtual event.
3. To help you with your oral presentation preparation, we have attached a PowerPoint presentation that gives helpful generic tips on preparing a good presentation. At our last conference we noticed that a number of presenters used a majority of their presentation time giving background and literature review. This left little time to explain the methodology and findings. We would strongly urge you to devote at least 10 of your 15 minutes to the methods, findings, and implications of your research. We would also recommend that you practice your presentation in advance so you remain within the 15 minute time limit, which will be strictly enforced.
4. For those of you who plan to attend the conference virtually, we will be sending you a Microsoft Teams link so you will be able to log in for the conference and make your presentation (Zoom apparently does not work well with AdventHealth University's technology). We plan to send that information out next week to all participants.
5. As part of the submission process, you agree to the following:

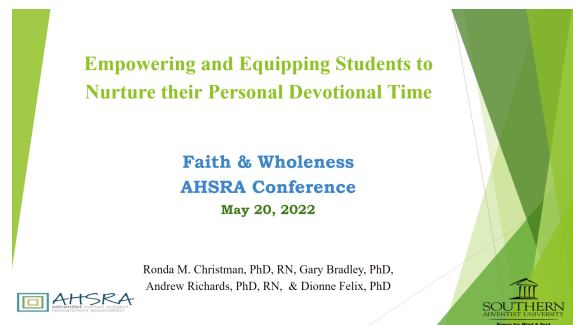
Unless a bona fide emergency occurs, I agree: a) to attend AHSRA's conference either in person or online at AdventHealth University on May 18-21; b) to register no later than **May 13, 2022**; and, c) to make my presentation at the time selected by the conference planning committee. Further, I understand that if I do not register for the convention by **May 13, 2022**, my presentation may have to be removed from the convention workshop program.

We are delighted you will be providing this important contribution to our conference. On behalf of the Adventist Human Subjects Research Association, congratulations and we look forward to seeing you at Andrews University on May 18-21!

Sincerely,



Curt VanderWaal, PhD
AHSRA Peer Review and Program Coordinator
vanderwaal@andrews.edu



<i>Time</i>	<i>Event</i>	<i>Title/Location</i>	<i>Presenter</i>
		“Social Capital and Sleep Quality in Medical Students During the COVID-19 Pandemic: A Cross-sectional Analytic Study”	Josue F. Canaza (<i>Houston Community College System</i>), Jaquelin Canaza, Wendy Tapia, Abdiel Coico (<i>Universidad Peruana Union</i>)
		“Empowering and Equipping Students to Nurture their Personal Devotional Time”	Ronda Christman, Gary Bradley, Andrew Richards, Dionne Felix (<i>Southern Adventist University</i>)
2–4 p.m.		Research Consultation (<i>by invitation only</i>) Faith Community and Health Equity Research and Training Agenda <i>Campus Center 357, University Boardroom</i>	David R. Williams and AdventHealth Leaders
2:15–2:30 p.m.	BREAK		
2:30–3:45 p.m.	Brief Oral Presentations		Alina Baltazar, <i>Session Host</i>
		“Red Signals on Mental Health Concerns on COVID-19: Comparison between Children and Adolescents in Developed and Developing Countries: A Systematic Review”	Fraulein Pimentel-Tormon (<i>Adventist International Institute of Advanced Studies</i>)
		“Social Work Leadership: A Quantitative Study of Social Work Practitioners’ Perceptions of Leadership Development”	Joshue Aceves (<i>Walla Walla University</i>)

Empowering and Equipping Students to Nurture their Personal Devotional Time

**Faith & Wholeness
AHSRA Conference**
May 20, 2022

Ronda M. Christman, PhD, RN, Gary Bradley, PhD.

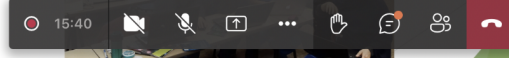
07:52

Ronda Christman

RONALD NOVY
GARY BRADLEY
MORDEKAI ONGO (GU...
ADU

Experiential Learning

- ▶ During the Quantitative week – selected data was used to run Descriptive stats
- ▶ During the Qualitative week – selected data was used to do Qualitative data analysis with constant comparison
 - ▶ Data was coded
 - ▶ Emerging themes were identified



Ronda Christman

+7

DM

NP

SP

RN



Ronda Christman



Gary Bradley



Mordekai Ono (Gu...)



ADUP-06B116B (Guest)

The End