

## Photodynamic therapy activities of phthalocyanine-based macromolecular photosensitizers on MCF-7 breast cancer cells

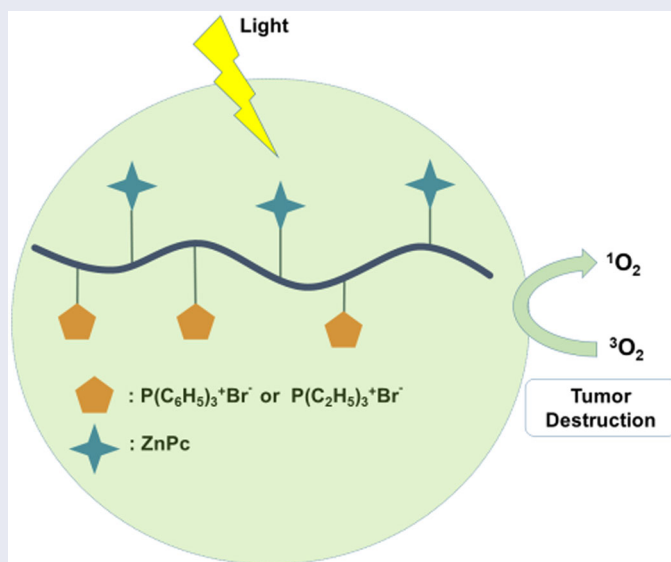
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### ABSTRACT

Poly(oxanorbornene)s with zinc(II) phthalocyanine side chains have been synthesized by ring-opening metathesis polymerization. The incorporation of zinc(II) phthalocyanine into cationic polymer has given poly(oxanorbornene)s noteworthy photophysical properties and the capacity to generate singlet oxygen under light irradiation. To investigate photosensitizer's properties of the newly synthesized polymers **P6** and **P7**: fluorescence ( $\Phi_F$ ), singlet oxygen ( $\Phi_\Delta$ ) and triplet ( $\Phi_T$ ) quantum yields of polymers have been measured in dimethyl sulfoxide and aqueous medium. Singlet oxygen quantum yields of **P6** and **P7** have been found to be 0.22 and 0.20 in dimethyl sulfoxide, respectively. Then, photodynamic therapy activities of polymers (**P1-P7**) against human breast adenocarcinoma cell line (MCF-7 cells) have been investigated. The copolymer **P5** bearing pendant zinc(II) phthalocyanine and triethyl phosphonium functionalities has showed enhanced PDT activity with less than 10% viable cells at 60  $\mu\text{g/mL}$ .

### GRAPHICAL ABSTRACT



### ARTICLE HISTORY

Received March 2021  
Accepted May 2021

### KEYWORDS

Macromolecular photosensitizer; phthalocyanine; photodynamic therapy; poly(oxanorbornene); triphenylphosphonium

## 1. Introduction

From past to present, cancer is one of the foremost diseases to be treated. There are two major medicinal methods in the cancer treatment and these methods can be classified as chemotherapy and radiotherapy. However, since cancer cells and normal cells can be synchronously affected as a negative by the abovementioned treatments, researchers have continued to study on more harmless and efficient treatments.<sup>[1,2]</sup>

Nowadays, a promising approach for the cancer therapy has emerged which make use of photoirradiation to uproot hostile cells called as photodynamic therapy (PDT). As compared to conventional chemotherapy and radiotherapy, photodynamic therapy (PDT) has the advantages of non-invasiveness, minimal side effects, and relatively high therapeutic selectivity.<sup>[3-5]</sup> PDT consist of two steps. In the first step, the photosensitizer (PS) is given to the patient's body.

Secondly, a light beam, which has convenient wavelength, is applied to the tissue. The PS absorbs a photon and gives rise to fluorescence emission. As a result, molecular oxygen in the tissues turns into singlet molecular oxygen ( $^1\text{O}_2$ ). This is responsible for eradicating the target cells.

PSs are synthetic or natural chemicals that participate as light absorbing species in PDT processes.<sup>[6]</sup> Borondipyrromethene (BODIPY),<sup>[7,8]</sup> porphyrin (Por),<sup>[9,10]</sup> and phthalocyanine (Pc)<sup>[11–14]</sup> possess pyrrole subunits, and are the most studied compounds as PS in the literature. Pcs have stood out with their long absorption wavelength maxima, high extinction coefficients and high singlet oxygen generation among these molecules. Although they are suitable candidates as PS for PDT, they have some negative characteristics such as planarity and hydrophobicity that lead to the formation of aggregates in aqueous medium.<sup>[15]</sup> This situation dramatically reduces the photodynamic activity of PS against tumor.<sup>[16]</sup> These could be overcome by incorporating into polymers with hydrophilic character to enhance the PSs solubility in physiological medium.<sup>[15,17,18]</sup> Also, small sized nanoparticles and macromolecular PSs can accumulate more in solid tumors than in normal tissues which is known as the enhanced permeability and retention (EPR) effect. The PSs can be incorporated into polymers to increase the blood circulation time and prevent renal clearance for more efficient accumulation in the solid tumor via the EPR effect.<sup>[19,20]</sup> The anti-cancer activity can be enormously enhanced by polymerization of the PSs that take part as drugs in PDT, and thus, they act as “macromolecular photosensitizers” (MPSs).<sup>[21–25]</sup>

The physicochemical properties of the PSs, such as chemical structure, and charge also play a critical role on their accumulation in cell structures or organelles such as lysosome and mitochondria. The mitochondria is an attractive and important target for PDT because of its central role in energy metabolism and regulation of apoptosis. PSs which contain cationic groups can able to target mitochondria since the mitochondrial matrix has a highly negatively charged microenvironment and thus apoptosis can be ensured to happen.<sup>[26–29]</sup> Related studies have been carried out by introducing rhodamine<sup>[30,31]</sup> and triphenyl phosphine groups<sup>[32]</sup> as cationic actor to phthalocyanine ring. The most well-known mitochondria-targeting units is the triphenylphosphonium moiety which is used in MitoTrackers such as MitoSOX<sup>TM</sup> Red reagent. Moreover, there is only one study that been reported as mitochondrion-targeting phthalocyanine with triphenylphosphonium groups in the literature.<sup>[32]</sup> Recently, we have synthesized phthalocyanine-based macromolecular photosensitizers containing mitochondria-targeting phosphonium groups and examined their photodynamic antimicrobial chemotherapy (PACT) activities.<sup>[33]</sup> The polymers we have obtained were the first example of macromolecular photosensitizers in the literature. Herein, two additional polymers were synthesized to complete polymer series and their photodynamic therapy activities on MCF-7 breast cancer cells are compared as a continuation of our work (Figure 1).

## 2. Experimental section

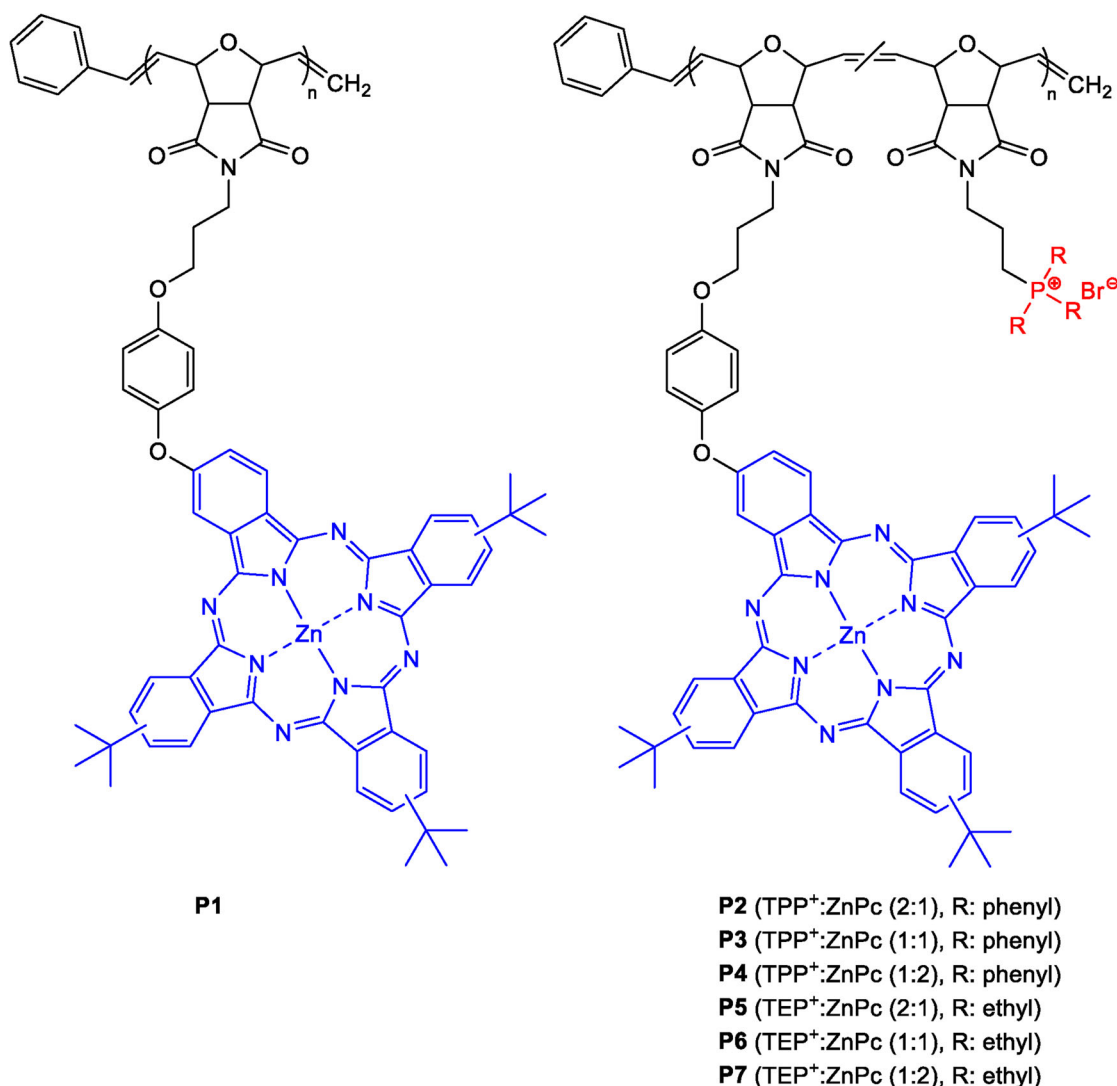
### 2.1. Chemicals and reagents

All reagents and solvents were of reagent grade quality and were obtained from commercial suppliers. 1,3-diphenylisobenzofuran (DPBF) and 9,10-anthracenediyl-bis(methylene)-dimalonic acid (ADMA) were obtained from Sigma-Aldrich. Phosphate-buffered saline (PBS) solution (pH 7.4) was prepared using appropriate amounts of  $\text{Na}_2\text{HPO}_4$  and  $\text{KH}_2\text{PO}_4$  in ultra-pure water from a Millipore water was from ELGA, Veolia water PURELAB, flex system (Marlow, UK).

MCF-7 breast cancer cells were obtained from Cellonex. Dulbecco's phosphate-buffered saline (DPBS) and Dulbecco's modified Eagle's medium (DMEM) with phenol red, phenol red free DMEM, Dulbecco's phosphate-buffered saline (DPBS) and trypsin were purchased from Sigma-Aldrich. 100  $\mu\text{g}/\text{mL}$ –penicillin–100 unit/ $\text{mL}$ –streptomycin–amphotericin B mixture, heat-inactivated fetal bovine serum (FBS) were acquired from Biowest®. Cell proliferation neutral red reagent WST-1 (Roche®), 96 well cell culture plates (Nest®), and 75  $\text{cm}^2$  vented flasks were obtained from Porvair®. The illumination kit for *in vitro* PDT studies has capacity to hold  $127.76 \times 85.48$  mm 96 well tissue culture plate. **1** and **2** were synthesized according to the published procedures.<sup>[33,34]</sup>

### 2.2. Instrumentation

FT-IR spectra were recorded on a Thermo Scientific iS10 FT-IR (ATR sampling accessory) spectrophotometer and electronic spectra on a Shimadzu UV-2450. NMR spectra were recorded Agilent VNMR5 500 MHz spectrometer using TMS as an internal reference. Fluorescence emission spectra were recorded on a Varian Eclipse spectrofluorometer with quartz cell of 1 cm at room temperature. Fluorescence lifetimes were measured using a time correlated single photon counting setup (TCSPC) (FluoTime 300, Picoquant GmbH). The excitation source was a diode laser (LDH-P-670 driven by PDL 800-B, 670 nm, 20 MHz repetition rate, 44 ps pulse width, Picoquant GmbH). Triplet quantum yield values were obtained using a laser flash photolysis system having a LP980 spectrometer with a PMT-LP detector and an ICCD camera (Andor DH320T-25F03). The signal from a PMT detector was recorded on a Tektronix TDS3012C digital storage oscilloscope. The excitation pulses were produced by a tunable laser system consisting of a Nd:YAG laser (355 nm, 135 mJ/4–6 ns), pumping an optical parametric oscillator (OPO, 30 mJ/3–5 ns) with a 420 to 2300 nm (NT-342B, Ekspla) wavelength range. Photo-irradiations for singlet oxygen studies were done using a General Electric Quartz line lamp (300 W). The illumination source for the PDT studies was obtained from Modulight® Medical Laser System (MLS) 7710-680 channel Turnkey laser system coupled with a  $2 \times 3$  W channel at 680 nm, cylindrical out-put channels, aiming beam, integrated calibration module, foot/hand switch pedal, fiber sensors (subminiature version A) connectors, and safety interlocks. The WST-1 assay was used to assess the toxicity and cell proliferation as per manufacturer's instructions



**Figure 1.** Structure of macromolecular photosensitizers (TPP<sup>+</sup>: triphenylphosphonium, TEP<sup>+</sup>: triethylphosphonium).

(Roche) using a Synergy 2 multi-mode microplate reader (BioTek®) at a wavelength of 450 nm.

### 2.3. In vitro dark cytotoxicity and PDT activity

The cytotoxic activity of the drugs (**P1-P7**) were tested against MCF-7 cells in the dark and under light as reported in the literatures.<sup>[35]</sup> Briefly, MCF-7 (human breast adenocarcinoma) cells were cultured in Dulbecco's modified Eagle's medium-10% fetal bovine serum (DMEM-FBS) and PSA (penicillin/streptomycin/Amphotericin B) at 37 °C in an incubator (5% CO<sub>2</sub>) in 75 cm<sup>2</sup> vented flasks. The cultures were grown as a monolayer. The growth cells were transferred to well plates by trypsinizing with 0.25% trypsin-EDTA. The polymer stock concentrations were prepared by separately dissolving them in DMSO (1%) and diluting in water and the polymer gradient concentration was prepared by taking known aliquots from the stock and finally made up to marked volume with supplemented media with phenol red.

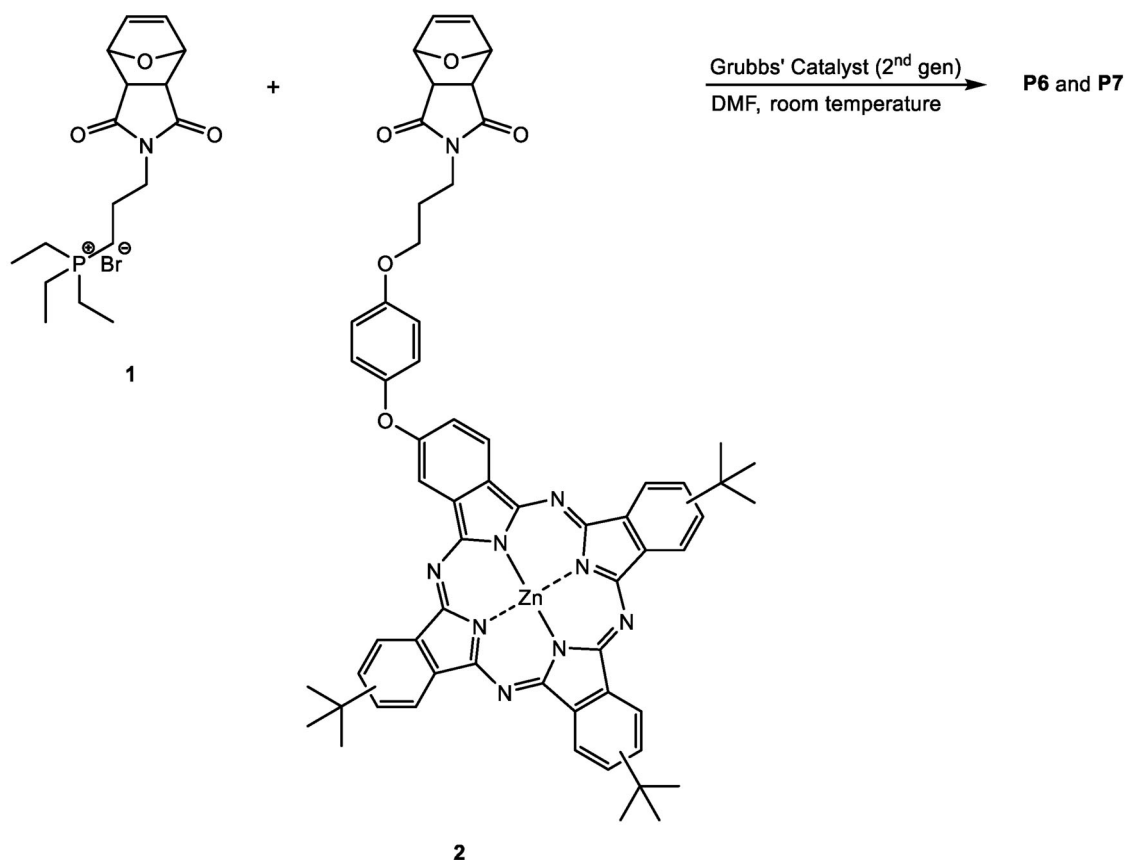
It was studied from 5 to 100 μM both in the dark and light. 100 μL each of the newly prepared gradient polymers (**P1-P7**) concentration of 0 μg/mL (control), 5 μg/mL, 10 μg/

mL, 20 μg/mL, 40 μg/mL, 60 μg/mL, 80 μg/mL and 100 μg/mL were administered on the incubated seeded cells. The 96 well cell culture plates containing the cells and the polymers were incubated at 37 °C and 5% CO<sub>2</sub> in the dark for 24 h. After 24 h treatment, the wells were rinsed with 100 μL DPBS. Cell survival was expressed as percentage of control cells (cells without polymers). Post treatment cell viability was measured using the cell proliferation neutral red reagent (WST-1 assay) on a Synergy 2 multi-mode microplate reader (BioTek®) at a wavelength of 450 nm according to the following equation 1. Also the analyses method was given in the related studies.<sup>[36]</sup>

$$\%CellViability = \frac{\text{Absorbance of samples at 450 nm}}{\text{Absorbance of control at 450 nm}} \times 100\% \quad (1)$$

### 2.4. General procedure for preparation of copolymers P6 and P7

**1** and **2** were dissolved in 2 mL of DMF under nitrogen atmosphere and then Grubbs' catalyst (2<sup>nd</sup> gen) in 0.5 mL of



**Scheme 1.** Synthesis of **P6** and **P7**.

dichloromethane (DCM) was added in one shot to the stirring monomers' solution. After stirring overnight, 0.5 mL of 30% ethyl vinyl ether was added for the termination of reaction. It was then precipitated and washed with diethylether. It was dried in a vacuum oven after centrifugation. A blue colored substance was obtained.

**P6:** 0.015 g **1** (0.0371 mmol) and 0.015 g **2** (0.014 mmol) were used. Theoretical molecular weight = 10,000 g mol<sup>-1</sup>. Yield: 0.026 g (86%). FT-IR  $\nu_{\text{max}}$ : 3062.90, 2950.97, 1774.99, 1698.06, 1613.86, 1489.02, 1464.28, 1397.73, 1362.20, 1329.42, 1254.81, 1215.90, 1153.57, 1086.30, 1044.09, 938.30, 919.80, 872.66, 831.93, 762.21, 750.12 cm<sup>-1</sup>. UV-Vis (DMSO)  $\lambda_{\text{max}}$ : 678, 613, 350 nm. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>)  $\delta$ : 9.41-7.10 (Ar), 5.96 (a cis), 5.75 (b trans), 4.90 (c cis), 4.43 (c trans), 4.08 (CH<sub>2</sub>), 3.62 (CH<sub>2</sub>), 2.16 (CH<sub>2</sub>CH<sub>3</sub>), 1.75 (C(CH<sub>3</sub>)<sub>3</sub>), 1.02 (CH<sub>3</sub>) ppm. <sup>31</sup>P-NMR (DMSO-d<sub>6</sub>)  $\delta$ : 39.23 ppm.

**P7:** 0.0085 g **1** (0.0210 mmol) and 0.020 g **2** (0.0187 mmol) were used. Theoretical molecular weight = 10,000 g mol<sup>-1</sup>. Yield: 0.018 g (63%). FT-IR  $\nu_{\text{max}}$ : 3066.77, 2953.54, 1775.63, 1698.67, 1612.04, 1488.76, 1469.27, 1394.38, 1363.02, 1329.25, 1280.40, 1255.22, 1215.91, 1152.24, 1085.77, 1044.25, 938.12, 919.80, 872.22, 830.60, 761.12, 749.51 cm<sup>-1</sup>. UV-Vis (DMSO)  $\lambda_{\text{max}}$ : 678, 613, 348 nm. <sup>1</sup>H-NMR (DMSO-d<sub>6</sub>)  $\delta$ : 9.42-7.11 (Ar), 5.95 (a cis), 5.74 (b trans), 4.90 (c cis), 4.45 (c trans), 4.08 (CH<sub>2</sub>), 3.45 (CH<sub>2</sub>), 2.09 (CH<sub>2</sub>CH<sub>3</sub>), 1.77 (C(CH<sub>3</sub>)<sub>3</sub>), 0.96 (CH<sub>3</sub>) ppm. <sup>31</sup>P-NMR (DMSO-d<sub>6</sub>)  $\delta$ : 39.32 ppm.

## 3. Results and discussion

### 3.1. Synthesis

Poly(oxanorbornene)s **P1-P5** were synthesized according to the procedure from that previously reported by our group.<sup>[33]</sup> In this study, **P6** and **P7** were obtained by ring-opening metathesis polymerization (ROMP) of the pre-prepared monomers **1** and **2** for comparison. As shown in **Scheme 1**, copolymerization of **1** with phthalocyanine-containing monomer **2** in N,N-dimethylformamide (DMF) in the presence of Grubbs' Catalyst (2<sup>nd</sup> gen) at room temperature afforded the **P6** and **P7** with varying composition.

The formation of copolymers was confirmed by appearance of new broad cis/trans peaks at around 5.7-5.9 ppm for the polymer backbone and the disappearance of the typical peaks belong to monomers at around 5.2 and 6.5 ppm in the <sup>1</sup>H-NMR spectra of **P6** and **P7**, which is consistent with the reported values for poly(oxanorbornene)s (**Figure 2a**).<sup>[34,37]</sup>

<sup>31</sup>P-NMR, FT-IR and UV-Vis spectroscopic techniques provided the additional evidence for the formation of copolymers. In the <sup>31</sup>P-NMR spectra of copolymers **P6** and **P7**, one peak was observed at 39 ppm for triethylphosphonium groups (**Figure 2b**).

In the FT-IR spectra of **P6** and **P7**, aromatic and aliphatic C-H stretching vibrations and C=O stretching vibration were observed at ~3060, ~2950, and 1698 cm<sup>-1</sup>, respectively. The phthalocyanines display typical UV-Vis spectra with two strong absorption regions, one of them in the UV region at about 300-350 nm (B-band) and the other one in the visible region at 600-700 nm (Q-band).<sup>[38,39]</sup> UV-Vis spectra of phthalocyanine-

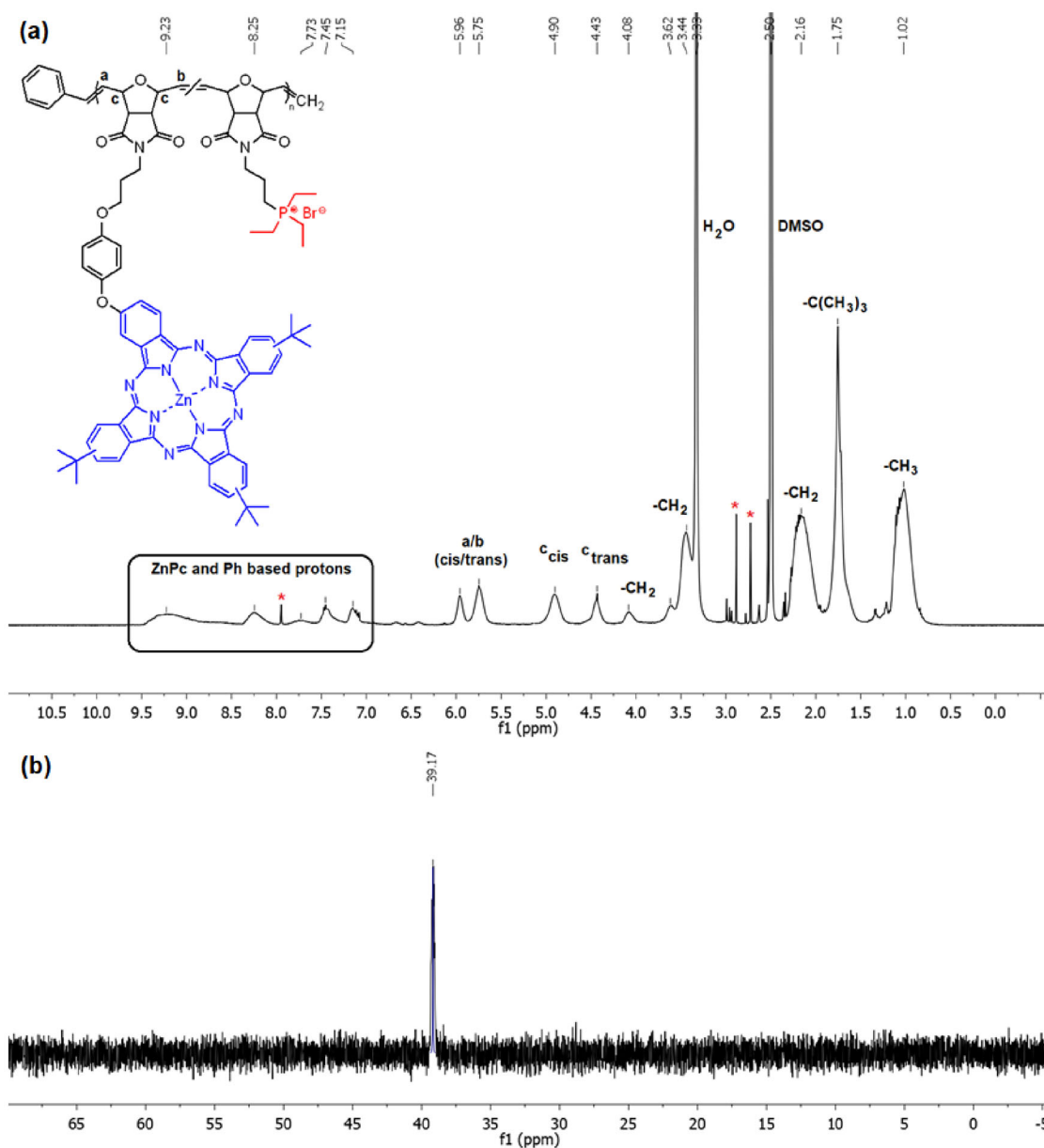


Figure 2. (a) <sup>1</sup>H-NMR spectrum of P6 (b) <sup>31</sup>P-NMR spectrum of P6. \* Indicates DMF peaks.

triethylphosphonium copolymers **P6** and **P7** were recorded in dimethyl sulfoxide (DMSO) at the same concentration. **P6** and **P7** have almost same absorption bands at  $\sim 350$ , 613, and 678 nm. UV-Vis spectra also showed that as the phthalocyanine molar ratio in the polymer increased, the intensity of the Q-band at 678 nm increased. This result is in harmony with the molecular composition of the polymers.<sup>[40]</sup> Molecular weight analysis was conducted by using SEC technique and MALDI-TOF MS. However, we could not get signal except SEC with DMF mobile phase, but the polymers' molecular weight deviate enormously from the theoretical values of  $M_n$ .

### 3.2. Physicochemical properties

#### 3.2.1. Fluorescence quantum yields ( $\Phi_F$ ), emission and lifetimes

The absorption, fluorescence emission and excitation spectra of the copolymers are shown in Figure 3 to illustrate the

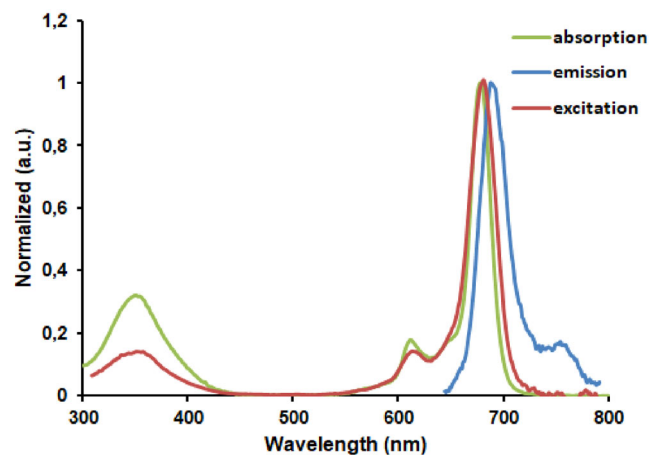


Figure 3. Absorption, excitation and emission spectra of P6 (Excitation wavelength: 609 nm).

**Table 1.** Photophysical parameters of **P6** and **P7** in DMSO and aqueous media (aq.).

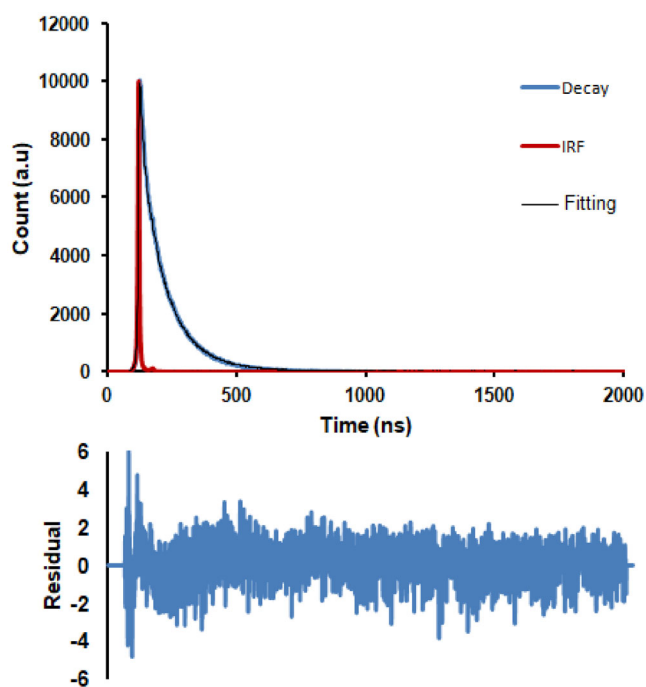
Polymer	Solvent	Abs.	Exc.	Em.	$\Phi_F$	Stokes shift $\Delta_{\text{Stokes}}$ nm	$\Phi_\Delta$	$\tau_F$ (ns)	$\Phi_T$	$\tau_T$ ( $\mu$ s)
<b>P6</b>	DMSO	678	681	690	0.045	9	0.22	2.65	0.25	88
<b>P6</b>	Aq.	633.679	–	–	<0.01	–	0.030	–	–	–
<b>P7</b>	DMSO	678	682	689	0.063	7	0.20	2.82	0.22	69
<b>P7</b>	Aq.	634.678	–	–	<0.01	–	0.035	–	–	–

measurements for compound **P6** as an example. Fluorescence behaviors of **P6** and **P7** were studied in DMSO and aqueous media and the related data were listed in Table 1.

The copolymers **P6** and **P7** were excited at 609 nm and 608 nm, respectively. The fluorescence emission wavelengths of the studied copolymers were determined at 681 nm for **P6** and 682 nm for **P7** in DMSO. When the fluorescence intensity of **P6** and **P7** against the wavelength is plotted, the emission spectrum is the mirror image of the absorption spectrum. The symmetric appearance of these spectra is a result of the same transitions being involved in both absorption and emission.<sup>[41]</sup> The excitation spectrum of copolymers (**P6**, **P7**) is slightly red-shifted compared to its absorption spectrum, which can be attributed slight aggregation in its ground state.<sup>[42]</sup> In addition, the observed Stokes shifts were 9 nm for **P6** and 7 nm for **P7**.

The fluorescence quantum yield ( $\Phi_F$ ) is the number of the absorbed light into emitted light. The comparative method was utilized to determine the fluorescence quantum yield of the studied polymers.<sup>[43]</sup> Unsubstituted ZnPc was utilized as a standard with the value:  $\Phi_F = 0.2$ .<sup>[40]</sup> The fluorescence quantum yields ( $\Phi_F$ ) for **P6** and **P7** were determined in DMSO and in water containing 5% DMSO for comparison purpose. The observed  $\Phi_F$  values performed in DMSO were 0.045 for **P6** and 0.063 for **P7** (Table 1). All the studied copolymers showed lower fluorescence quantum yield than unsubstituted ZnPc standard in DMSO. This indicates the presence of the substituents causes the quenching of the fluorescence. The water-soluble positively charged **P6** and **P7** were also studied in aqueous media and it was seen that they were not fluorescent. It could be attributed to quenching effect of water which increases the aggregation causing the inactivation of the photoactivity of the molecules through dissipation of energy.<sup>[44]</sup> The values of  $\Phi_F$  were evaluated by comparison with the reported polymers contain zinc phthalocyanines. Similar results were obtained with the poly(ethylene glycol) conjugated symmetrical and unsymmetrical zinc phthalocyanines.<sup>[45]</sup> In contrast, polyethylenimine (PEI) with zinc phthalocyanine side chains showed higher fluorescence quantum yield, in relation to whether it creates aggregation in the solution medium.<sup>[46]</sup>

Fluorescence lifetime values shows the duration time of the absorbed photons in the excited state before returning to the ground state after excitation. Fluorescence lifetime values ( $\tau_F$ ) of the **P6** and **P7** were measured in DMSO by TCSPC (time correlated single photon counting) method which is a counting process. The determined  $\tau_F$  values are 2.65 ns for

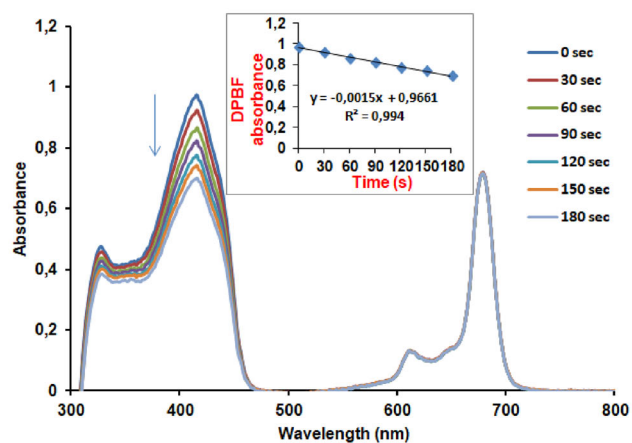
**Figure 4.** Fluorescence decay (blue),  $\chi^2$  fitting (black) and IRF (red) curves for **P6** in DMSO (as an example).

**P6** and 2.82 ns for **P7** (Table 1). The illustrated fluorescence mono-exponential decay curve as an example with their corresponding residual graph in DMSO for copolymer **P6** is shown in Figure 4.

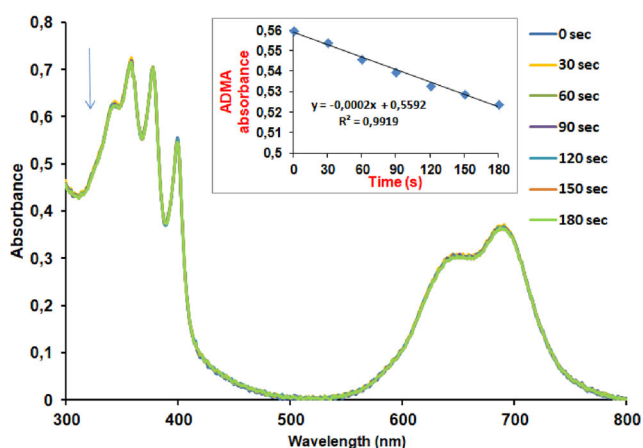
### 3.2.2. Singlet oxygen quantum yields ( $\Phi_\Delta$ )

The efficiency of the photodynamic process is measured by the efficiency of the produced singlet oxygen ( $^1\text{O}_2$ ) that is toxic species for cancer or microbial cells during the photochemical reactions.<sup>[47]</sup> The amount of generated singlet oxygen quantified as singlet oxygen quantum yield ( $\Phi_\Delta$ ) under light irradiation. The observed singlet oxygen quantum yield indicate the effectiveness of the photosensitizers before cell studies for PDT applications.<sup>[48]</sup>

The determination of  $^1\text{O}_2$  quantum yield was carried out with the comparative method using standard samples with known  $^1\text{O}_2$  quantum yields such as unsubstituted ZnPc ( $\Phi_\Delta = 0.67$  in DMSO)<sup>[49]</sup> and AlPcSmix (containing a mixture of differently sulfonated phthalocyanines) ( $\Phi_\Delta = 0.42$  in aqueous media).<sup>[50]</sup> This chemical method requires the use of DPBF (in DMSO) and ADMA (in aqueous media) as singlet oxygen quenchers. The decay of the singlet oxygen quenchers was monitored with the UV-Vis spectroscopy in DMSO and in water (5% DMSO) solutions for comparative purpose under identical conditions with the experimental set-up described in the literature.<sup>[51]</sup> Figure 5 is shown as examples exhibiting the absorbance changes of DPBF (a) and ADMA (b) at various time intervals for compound **P6**. Studied poly(oxanorbornene)s containing pendant zinc(II) phthalocyanine did not show any changes on the Q bands in terms of the intensities or shapes. That indicate the **P6** and **P7** are stable under light illumination.<sup>[52]</sup>



(a)



(b)

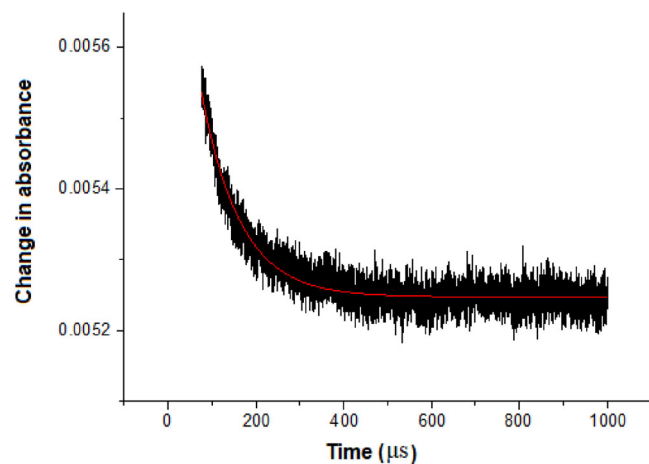
**Figure 5.** Representative absorption spectral changes during the determination of singlet oxygen quantum yield of **P6** (a) in DMSO using DPBF, (b) in aqueous solution using ADMA (Inset: plot of changes of the DPBF/ADMA absorbances versus time).

Table 1 shows the value of  $\Phi_{\Delta}$  performed in both DMSO and aq. media. The copolymer **P7** displayed a little bit to lower singlet oxygen generation in DMSO with a value:  $\Phi_{\Delta} = 0.20$  compared to **P6**. As the triethylphosphonium molar ratio in the polymer increased, the singlet oxygen quantum yield ( $\Phi_{\Delta}$ ) value slightly increased to 0.22 for **P6** in DMSO. It could be attributed to the presence of more cationic ions increasing the electron density.<sup>[53]</sup> The observed smallest value in water (containing 5% DMSO) is due to aggregation tendency of **P6** and **P7** in aqueous media and also oxygen has lower solubility in water compared to organic solvents (Table 1).<sup>[54]</sup>

### 3.2.3. Triplet quantum yield ( $\Phi_T$ ) and lifetimes ( $\tau_T$ )

The triplet state quantum yield ( $\Phi_T$ ) is an crucial property of the photosensitizers for PDT applications. It shows the fraction of molecules that undergoes the intersystem crossing to the triplet excited state where the energy transfer carry out from the triplet excited photosensitizer to molecular oxygen to form  $^1O_2$ .

The triplet quantum yield ( $\Phi_T$ ) and triplet lifetimes values of the **P6** and **P7** were determined using comparative methods defined in the literature using a laser flash



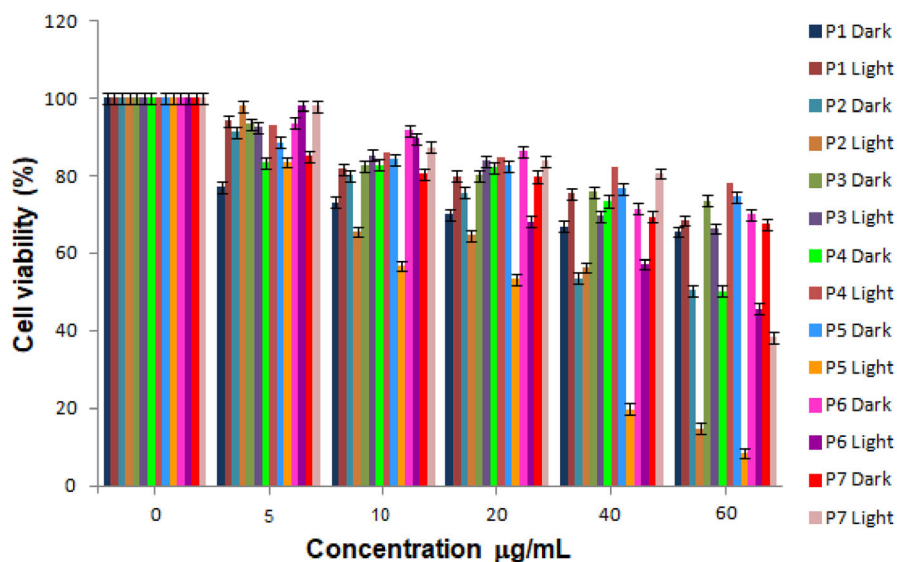
**Figure 6.** Triplet absorption decay (black) and fitting (red) curve for **P6** (solvent = DMSO).

photolysis system by employing the unsubstituted ZnPc as a standard in DMSO ( $\Phi_T = 0.65$ ).<sup>[49]</sup> The measurements of the samples were done in DMSO in the absence of oxygen by purging with nitrogen. Triplet lifetimes were determined by exponential fitting of the kinetic curves using OriginPro 7.5 software. The obtained results for  $\Phi_T$  and  $\tau_T$  are shown in Table 1. The triplet decay curve of **P6** as an example is shown in Figure 6. **P6** obeyed second order kinetics, typical of MPCs at high concentration, due to triplet-triplet recombination.<sup>[55]</sup>

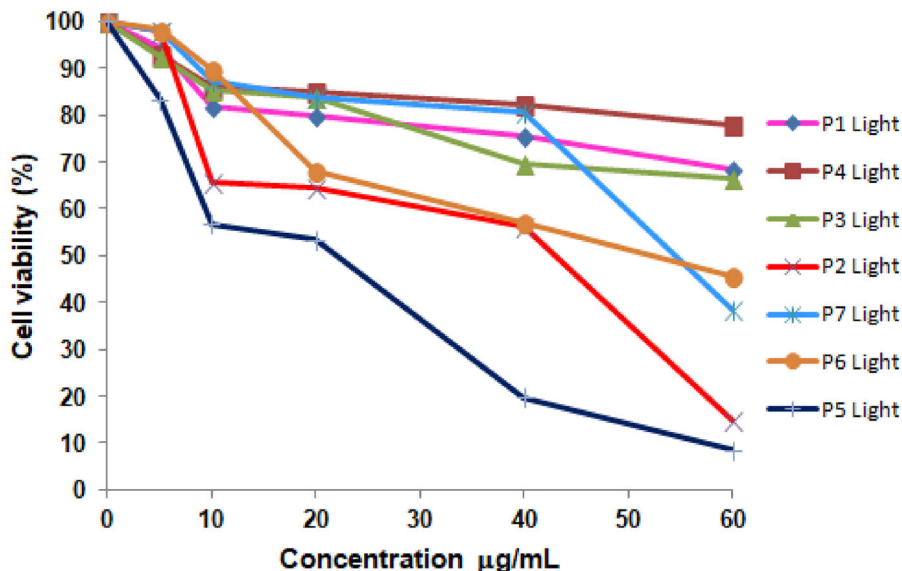
The copolymers **P6** and **P7** displayed moderate triplet quantum yield ( $\Phi_T$ ) with the value of 0.25 and 0.22, respectively. Increasing the ratio of the triethylphosphonium unit in the polymer promotes intersystem crossing to the triplet state more efficiently resulting the more populated triplet excited photosensitizer in this state. The triplet quantum yield ( $\Phi_T$ ) values followed the same trend with singlet oxygen quantum yield values. A high triplet quantum yield leads to high singlet oxygen generation. High triplet quantum yield ( $\Phi_T$ ) values accompanied by high triplet lifetimes.<sup>[56]</sup> The triplet lifetimes were observed as 88  $\mu s$  for **P6** and 69  $\mu s$  for **P7** (Table 1).

### 3.2.4. Cell studies

Dark and light toxicity studies of **P1-P7** were performed *in vitro* on MCF-7 cancer cells by quantification of surviving cells using the WST-1 cell proliferation assay 24 h after the treatment with 0–60  $\mu g/mL$  concentrations of **P1-P7**. The *in vitro* dark cytotoxicity studies and *in vitro* PDT evaluation of the photosensitizer was carried out at the same concentrations and experimental conditions. Figure 7 as bar graph shows the *in vitro* dark cytotoxicity and PDT activity for polymers (**P1-P7**). For the highest concentrations ( $> 60 \mu M$ ) significant increase in viability was observed for all tested conditions. All samples exhibit relatively moderate dark toxicity with dead cell percentage between approx. 25–50% in the absence of irradiation over the 0–60  $\mu g mL^{-1}$  concentration range (Figure 7a). The phototoxicity activity of complexes was found to increase with increase in concentration as evidenced by decrease in cell viability (Figure 7b).



(a)



(b)

**Figure 7.** Cell viability determined following cytotoxicity (dark) and photocytotoxicity (light) experiments, (a) photocytotoxicity (light) experiments (b) of polymers (P1-P7) activity against MCF-7 cells as determined with the WST-1 assay.

P5 exhibit extremely high PDT activity at the highest tested concentration of 60  $\mu\text{g/mL}$  with 8.43% cell viability while the percentage cell viability was observed as 68.46% for P1, 14.77% for P2, 66.47% for P3, 78.02% for P4, 45.68% for P6 and 38.34% for P7. When comparing the results in terms of substituents, regardless of phenyl or ethyl groups, as the number of positively charged phosphonium functionalities increased as in P2 and P5, enhanced PDT activity was observed.<sup>[57]</sup> Although all the studied polymers (P1-P7) showed similar singlet oxygen quantum yield,<sup>[33]</sup> previous studies reported that the PDT activity of the photosensitizers not only depend on the singlet oxygen production but also depend on the cell type, cellular uptake and localization.<sup>[58]</sup> These factors can be directly affect the response of the cell.

#### 4. Conclusions

We presented the use of PDT as a therapeutic approach in the treatment of human breast adenocarcinoma cell line (MCF-7 cells) in addition to the photophysical properties of the macromolecular photosensitizers based on poly(oxanorbornene) with zinc(II) phthalocyanine side chains. They all showed *in vitro* light toxicity with the range of 20-90% dead cells in all the tested concentrations. P2 and P5 containing more positively charged triphenyl/ethyl phosphonium group on the molecule showed enhanced PDT activity compared to others containing less positively charged group and neutral polymer P1. It might be attributed to the enhanced singlet oxygen quantum yield, especially for P5.



## Funding

The authors would like to acknowledge the financial support from The Scientific and Technological Research Council of Turkey (TÜBİTAK) (Project Number: 219Z271).

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