

Internship at Levit Dermatology, Laser, and Cosmetic Surgery Center

About the Office:

- i. Located in Brooklyn, New York
- ii. Two dermatologists, a nurse practitioner, and a physician assistant practice there
- iii. Has an in-office laboratory to examine skin cells under the microscope for Mohs surgery
- iv. Utilizes high-tech machinery such as various types of lasers

My Internship Experience:

- i. Shadowed two dermatologists, a nurse practitioner, and a physician assistant
- ii. Observed surgical procedures and facial procedures
- iii. Became familiar with medical terminology and how to identify malignant epithelial cells under the microscope
- iv. Worked with head dermatologist to write clinical research papers on case studies
- v. Learned how to properly sterilize instruments and take patients' vitals
- vi. Facilitated communication through translation (Russian language)

My Favorite Procedures I observed:

- I. *Mohs surgery* - technique to remove cancerous cells from the skin one layer at a time for the purpose of preserving healthy tissue
- II. *Blepharoplasty* - surgery to repair droopy eyelids
- III. *Radio Frequency Laser* – to remove scars from a breast implant
- IV. *Glomus tumor removal surgery* – an interesting case study which I wrote an article about and is currently under review

Application Process: This medical office does not have a specific internship opportunity.

- i. Called the office and spoke to the manager to inquire about shadowing
- ii. Submitted my most recent resume and a reference letter
- iii. Was interviewed by the head dermatologist, a nurse practitioner, and the manager

Benefits of My Internship:

- i. Obtained more clinical experience
- ii. Made connections with the staff
- iii. Compiled more shadowing hours
- iv. Learned more about the dermatology specialty
- v. Gained mentors
- vi. Received a letter of recommendation
- vii. Published articles and some are currently under review