

# Whole-Body Computed Tomography Imaging in Cancer Staging



Francesco Collivignarelli, DVM, Francesca Del Signore, DVM, Francesco Simeoni, DVM\*, Roberto Tamburro, DVM, PhD, Ilaria Falerno, DVM, Massimo Vignoli, DVM, PhD, Dipl. ECVDI  
Faculty of Veterinary Medicine, University of Teramo, SP 18, Teramo 64100, Italy

## KEYWORDS

• Computed tomography • Whole body • Cancer • Staging • Dog • Cat

## KEY POINTS

- Whole-body computed tomography (WBCT) is a diagnostic tool that rapidly provides detailed information of the body.
- This technique is applied in veterinary medicine to fully characterize lesions in dogs and cats with polytrauma.
- In oncology, WBCT is of paramount importance to assess for the presence of metastasis, in particular in pulmonary and muscular locations.
- WBCT is recommended for the staging of oncology patients, especially for primary tumors characterized by high metastatic rate.

## INTRODUCTION

Whole-body computed tomography (WBCT) is an imaging examination that provides a detailed view of the entire body and, for that reason, it is mainly applied to assess trauma or oncologic conditions in human and veterinary medicine. Particularly in human medicine, mortality and disability-adjusted life-years attributable to blunt multiple traumas have increased in the past decades, increasing the need for prompt diagnosis and management in industrialized countries [1]. WBCT is particularly useful for patients with polytrauma because it allows quick and early diagnosis of injury and improves survival rates [2–5]. However, WBCT diagnosis as standard of care is still under debate, because of the risk of developing cancer after long-term radiation exposure, expense, and limited access to unstable patients [6–10]. Recent studies have shown that radiation reduction with low-dose protocols does not lead to underestimating lesions in traumatized patients [11–15].

At present, WBCT is considered a useful tool in veterinary medicine to assess traumatic injuries in small animal patients. This technique provides the prompt detection of pneumothorax, and pleural and peritoneal fluid, thus permitting a complete evaluation of trauma-based injuries.

Alongside the use of WBCT for assessment of trauma, this technique is useful in oncology, in particular if applied to cancer staging.

Accurate and detailed tumor staging is essential in cancer management, to provide optimal therapeutic options and a more accurate prognosis in both human and veterinary medicine. The development of advanced diagnostic tools capable of scanning the whole body, such as WBCT, has proved to be an important tool to diagnose, stage, and manage malignancies [16]. In veterinary medicine, 3-view thoracic radiography and abdominal ultrasonography are conventionally performed to detect pulmonary and visceral metastasis [17–19], but, with the improvement of more advanced

\*Corresponding author, *E-mail address:* [fsimeoni@unite.it](mailto:fsimeoni@unite.it)

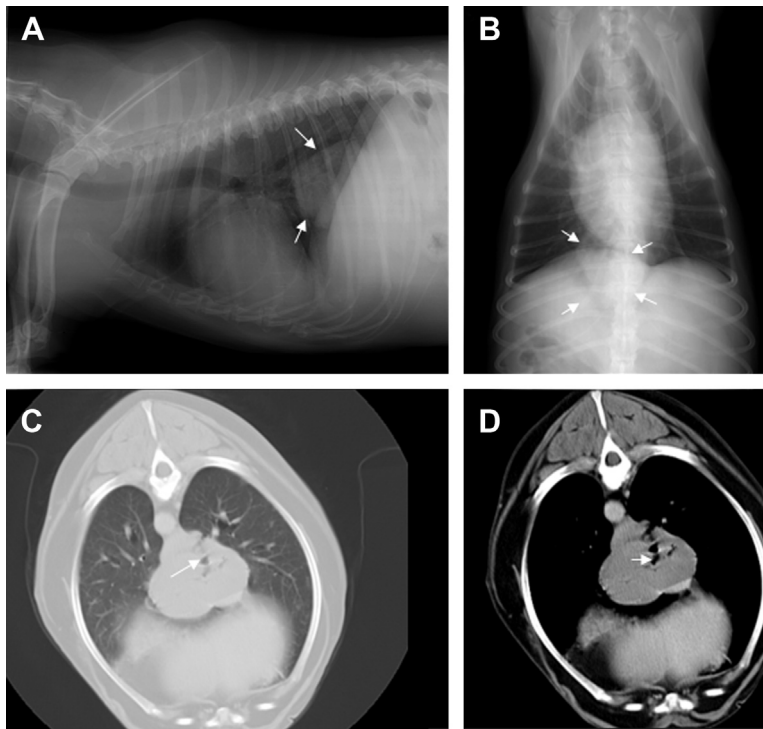
tools, such as WBCT, a thorough staging of patients with cancer can now be performed to obtain more detailed information to characterize neoplastic conditions.

With computed tomography (CT) scanners, images are acquired in slices, and the superimposition of structures is eliminated [20]. Although CT has decreased spatial resolution compared with radiographs, the reduced anatomic superimposition and superior contrast resolution result in CT being more sensitive to detect lesions throughout the body [20,21]. To perform an optimal WBCT examination, slice thickness should be between 1.25 and 2.5 mm depending on the patient's size. Thin-slice imaging is more challenging on older scanners, because the heat load on the x-ray tube can slow the scanning time. Newer-generation CT scanners, particularly multislice helical scanners, have largely overcome this limitation by allowing faster examination for larger areas, also reducing slice thickness. This aspect

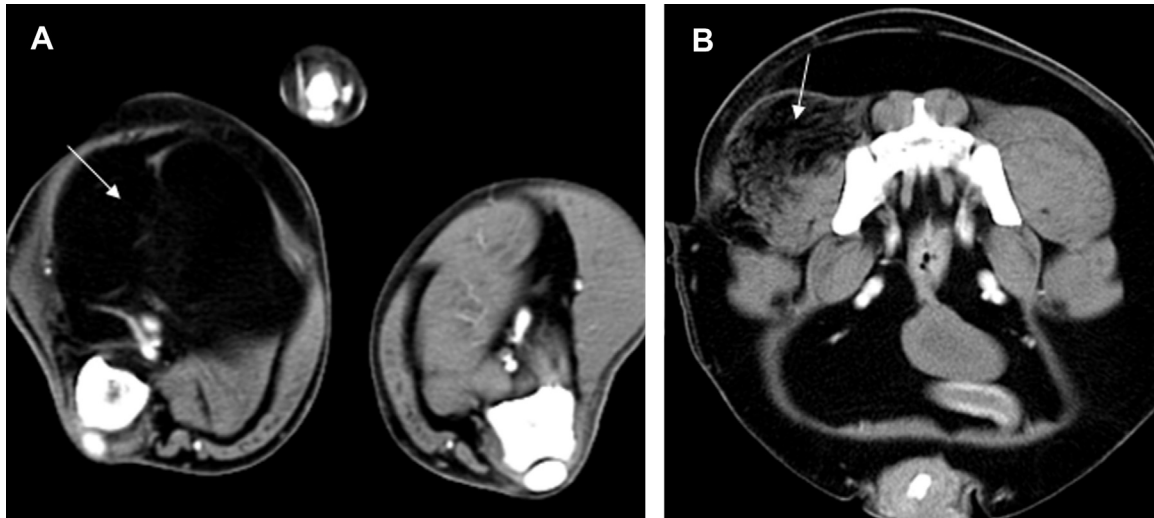
deserves particular consideration, because it affects both image noise and partial volume averaging artifacts.

Partial volume averaging can result in indistinct margins, false attenuation measurements, and the appearance of pseudolesions. Thin-slice images have increased noise, which can be offset by increasing the milliamperage setting. This increase improves image quality but also increases the radiation dose to the patient. The scan field of view (SFOV) is the area from which the image can be reconstructed. Because the reconstruction matrix size is constant, keeping the SFOV sized to the anatomy to be imaged improves spatial resolution. Multiplanar reformatting (MPR) or three-dimensional reformatting of images can provide more complete assessment [20].

Dogs and cats are usually under general anesthesia during the WBCT examination. With the increasing availability of faster multislice scanners, more CT examinations are being performed with sedation alone.



**FIG. 1** (A, B) Thoracic radiographs of a 9-year-old spayed female mixed-breed dog. A soft tissue opaque mass is visible in the area of the caudal mediastinum along midline (arrows). Masses in this location can be difficult to localize in the lung or the mediastinum. (C, D) Transverse CT images of the same dog, in respective lung and postcontrast soft tissue windows, detail algorithm, showed internal air bronchograms (arrows), indicating the mass is pulmonary in origin and located in the accessory lung lobe (C, D). This mass was subsequently diagnosed as a carcinoma.



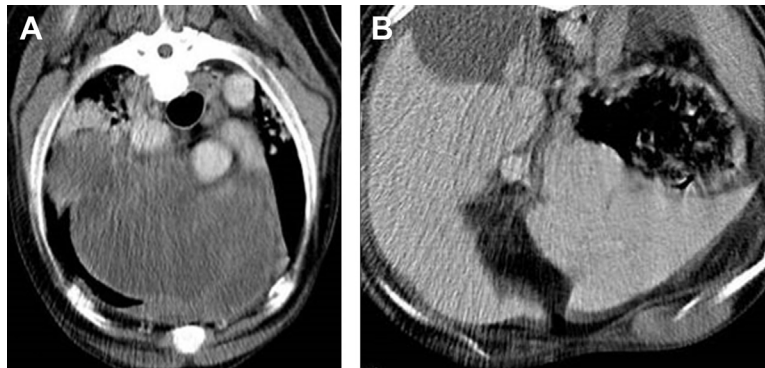
**FIG. 2** Transverse CT images of the pelvic limbs postcontrast soft tissue window and algorithm. (A) Fat tissue attenuation mass is present in the caudal aspect of the right pelvic limb (*arrow*). Normal musculature in the left limb. (B) Scanning more cranially, fat tissue infiltrating the gluteal muscles is visible (*arrow*). Final diagnosis was an infiltrative lipoma.

However, it is the authors' opinion that this tool can be useful in emergency cases rather than in oncology.

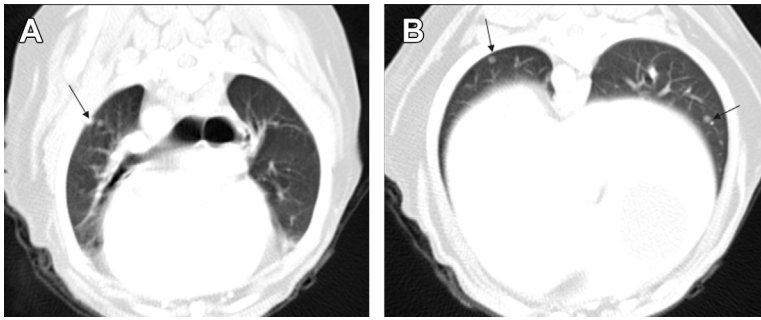
WBCT imaging is discussed here, with a specific focus on the application of WBCT in small animal oncology. The current literature is discussed, this technique is described, and conditions are highlighted for which WBCT improves diagnosis and staging of neoplastic disorders in companion animals.

### WHOLE-BODY COMPUTED TOMOGRAPHY TECHNIQUE

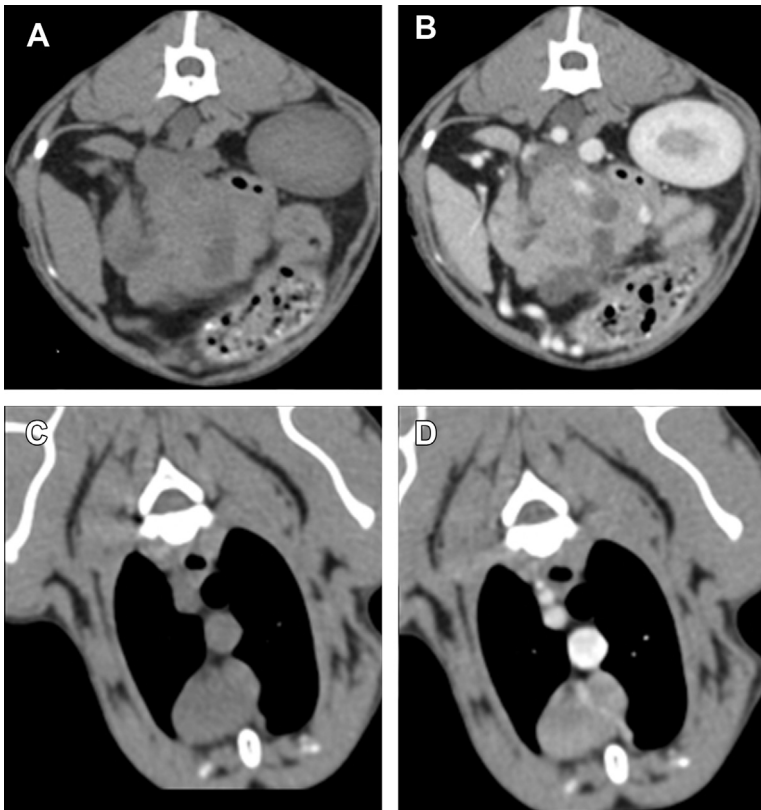
- After the patient has been anesthetized, placement in sternal recumbency is preferred, possibly with the aid of special foam cradles for optimal placement. To avoid imaging respiratory motion artifacts, patients may be manually hyperventilated just before slice acquisition to optimize lung visualization by



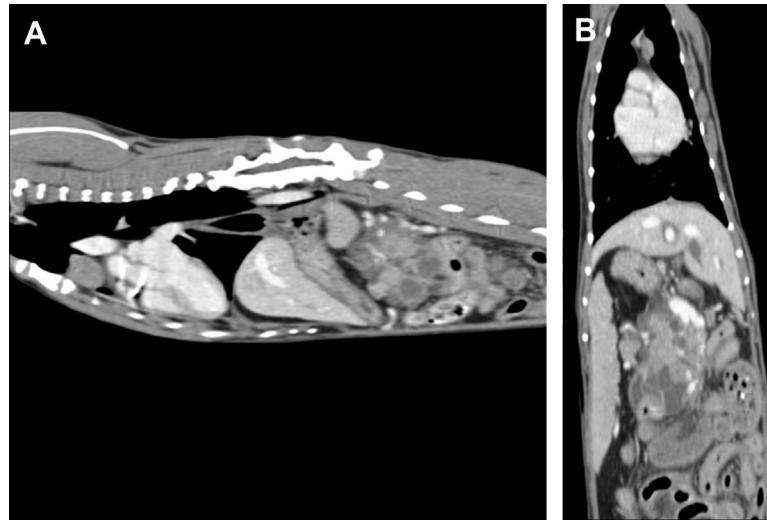
**FIG. 3** An 8-year-old male Labrador retriever who underwent a CT scan for a mediastinal mass. Transverse CT image postcontrast with soft tissue window and algorithm (A) shows a large mediastinal soft tissue attenuation mass, with secondary dorsal displacement of the trachea, esophagus, vessels, and partial lung collapse. More caudally there was a second, smaller mass in the ventral left thoracic wall, involving a rib (B). The mediastinal mass was diagnosed as a thymoma, whereas the thoracic wall mass was a mastocytoma.



**FIG. 4** A 12-year-old male Pomeranian dog underwent WBCT after a pancreatic mass was diagnosed via ultrasonography. Transverse CT images of the caudal thorax with lung window and medium algorithm highlighted several subpleural (**A**) and intraparenchymal (**B**) millimetric lung nodules (arrows).



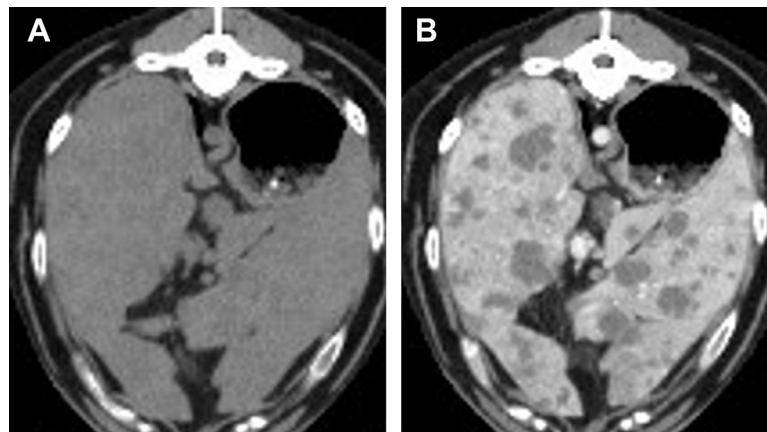
**FIG. 5** A 12-year-old male castrated domestic shorthair cat with a pancreatic mass, cytologically diagnosed as pancreatic carcinoma. Transverse precontrast and postcontrast CT images with soft tissue window and algorithm reveal the pancreatic multicystic and heterogeneously contrast-enhancing mass (**A, B**), and sternal lymphadenomegaly. An enlarged heterogeneously contrast-enhancing sternal lymph node is present (**C, D**), cytologically confirmed as metastatic after ultrasonography-guided aspiration.



**FIG. 6** Same cat as in Fig. 5. The postcontrast MPR images in sagittal (A) and dorsal (B) planes show the pancreatic mass and a sternal enlarged lymph node.

reducing any areas of atelectasis caused by anesthesia [21].

- Routinely, precontrast and postcontrast medium images are acquired. Nonionic water-soluble iodinated positive contrast medium administered at a dose of 2 mL/kg (600 mg of iodine per kilogram), injected into a peripheral vein, is routinely used to assess contrast enhancement of tissues.
- Contrast administration is crucial in WBCT for oncological staging to assess tumor vascularity, perfusion, and invasion into adjacent tissues. It is possible to perform a specific vascular assessment of arterial and early and delayed venous phase in masses and organs through triple-phase CT angiography (CTA): a single bolus injection facilitates imaging during the phase of preferential arterial enhancement (ie,



**FIG. 7** A 6-year-old spayed female Czechoslovakian wolf with liver metastases from splenic hemangiosarcoma. Transverse CT images at the level of the liver precontrast and postcontrast with soft tissue window and algorithm. (A) Precontrast study showed mild heterogeneous liver parenchyma. (B) Postcontrast study highlighted multiple hypoattenuating nodules not previously visible.

the arterial phase), followed by the portal venous phase and delayed phase [22].

- Triple-phase CTA can improve the detection of small tumors, such as insulinoma and cardiac masses, and may help differentiate between benign and malignant lesions [23,24]. MPR can be helpful to better define lesions and may assist in predicting the malignancy of hepatic and splenic masses [24,25]. CT-guided biopsy is useful for the sampling of intracavitary lesions or pulmonary nodules, which are not readily identified or accessible with ultrasonography.

## WHOLE-BODY COMPUTED TOMOGRAPHY ONCOLOGIC STAGING

- WBCT is an efficient and thorough imaging modality for the evaluation of multiple organs and structures. In oncology, WBCT is of paramount importance to assess (1) the correct localization of the tumor (Fig. 1), (2) its extension with or noninvolvement of the surrounding tissues/organs (Fig. 2), (3) concomitant diseases (Fig. 3), (4) metastatic lesions, and (5) follow-up after treatment. Specific structures evaluated on WBCT are discussed in more detail later.

## THORAX EVALUATION

- CT imaging provides superior sensitivity in the identification of primary lung, mediastinal, heart base, and pleural tumors, and in assessment of pulmonary metastasis [26–30]. Because lesion identification with CT depends on the difference in Hounsfield units between lesions and their surroundings, with this technique it is possible to detect metastases as small as 1 mm in diameter (Fig. 4).
- CT allows detection of more lesions compared with conventional radiographs, so this technique is more sensitive in detecting pulmonary nodules [31].

## LYMPH NODE EVALUATION

- Another important assessment is the cancer staging of lymph nodes for the evaluation of metastasis [32]. A study described lymph node findings using WBCT in cancer staging and found that lymphadenomegaly was commonly detected, thus alerting the clinicians to potential tumor spread [16].
- Enlarged lymph nodes may appear as oval to round soft tissue structures of homogeneous or heterogeneous attenuation and contrast enhancement. The

pattern of tumor spread to regional or distant lymph nodes depends on the tumor type.

- Tracheobronchial lymph node enlargement is considered a prognostic factor for dogs with a primary lung tumor, thus making this information of paramount importance for clinicians to stage and formulate treatment planning [27].
- Sternal lymph node chain evaluation is important in cancer staging, because these nodes may drain either the thorax or cranial abdomen, including mammary tissue and dermal structures [16]. In particular, in human medicine, sternal and parasternal lymph nodes are staged in breast carcinoma, and, if enlarged, they represent metastasis to the internal mammary lymphatic chain, thus conferring poor prognosis for survival [33]. Thorough evaluation of these nodes is of paramount importance with CT examinations [34] (Figs. 5 and 6).
- A recent retrospective study reported the usefulness of WBCT in the staging of gastric tumors in dogs [35,36]. The morphologic and contrast uptake parameters of primary gastric neoplasia and regional or peripheral lymph node involvement using dual-phase contrast WBCT in 16 dogs were evaluated. The dogs included were affected by adenocarcinoma, lymphoma, inflammatory polyps, and leiomyomas. Lymphadenopathy was regional in dogs affected by gastric adenocarcinoma, widespread in lymphomas, and not detected in leiomyomas. Also, lymph nodes measurements were reported to be larger in dogs with lymphomas than in dogs with adenocarcinomas [35].
- Definitive diagnosis of lymph node disorders is routinely performed with cytologic or histopathologic samples [32,37], but lymphatic draining patterns of certain type of tumors (eg, oral malignant melanoma or mast cell tumor) can diverge from the expected regional lymph node [38–40].
- In human medicine, the technique of sentinel lymph node mapping has been proved to be useful in cancer staging, considering the sentinel lymph node as the one receiving direct drainage from the tumor site [41,42]; in veterinary medicine, this technique is presently being investigated, with encouraging results and more detailed knowledge about the exact tumor lymphatic drainage [43,44].

## LIVER EVALUATION

- Liver evaluation is crucial, not only for primary malignancies but also for potential metastatic spread from other primary tumors (Fig. 7). CT evaluation

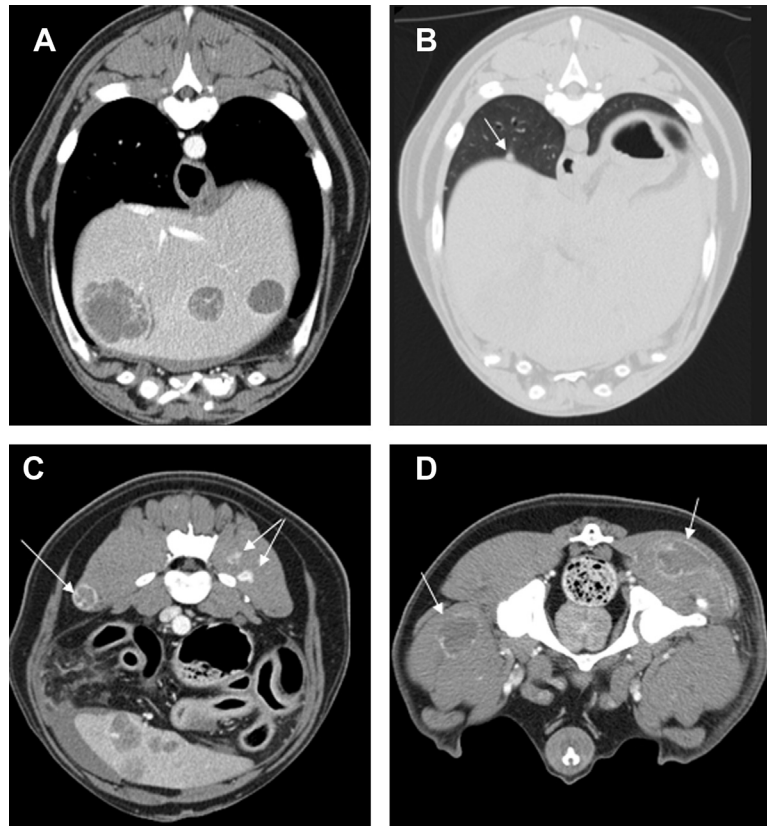


of the canine liver in both primary and metastatic hepatic neoplasm is reported in several studies describing the CT characteristics of liver masses [22,45,46]. Triple-phase CTA technique was used to evaluate the arterial, venous, and delayed phases to assess tumor type [22,45].

- Studies have compared hepatocellular carcinomas and nodular hyperplasia enhancement patterns and found that carcinomas had heterogeneous, marginal, or central arterial contrast enhancement and hypoattenuation in the later phases, whereas nodular hyperplasia had a diffuse enhancement pattern in the arterial phase and was isoattenuating in the delayed phase.
- Liver metastatic lesions were reported to be hypoattenuating in both arterial and delayed phases [22].

### SPLEEN EVALUATION

- Another finding that can be detected with WBCT is splenomegaly, possibly caused by neoplasia, such as hemangiosarcoma, lymphoma, and mast cell tumor [16,47]. Standard precontrast and postcontrast CT findings are less specific in solid splenic masses, such as hematoma, nodular hyperplasia, hemangiosarcoma, and undifferentiated sarcoma in dogs.
- Three-phase CTA of splenic masses found nodular hyperplasia to have homogeneous normal enhancement pattern in all phases; hemangiosarcoma was characterized by 2 contrast enhancement patterns (a heterogeneous remarkable enhancement pattern in the arterial and portal venous phases and a homogeneous poor enhancement pattern in all phases) and, in addition, a heterogeneous normal enhancement pattern was detected



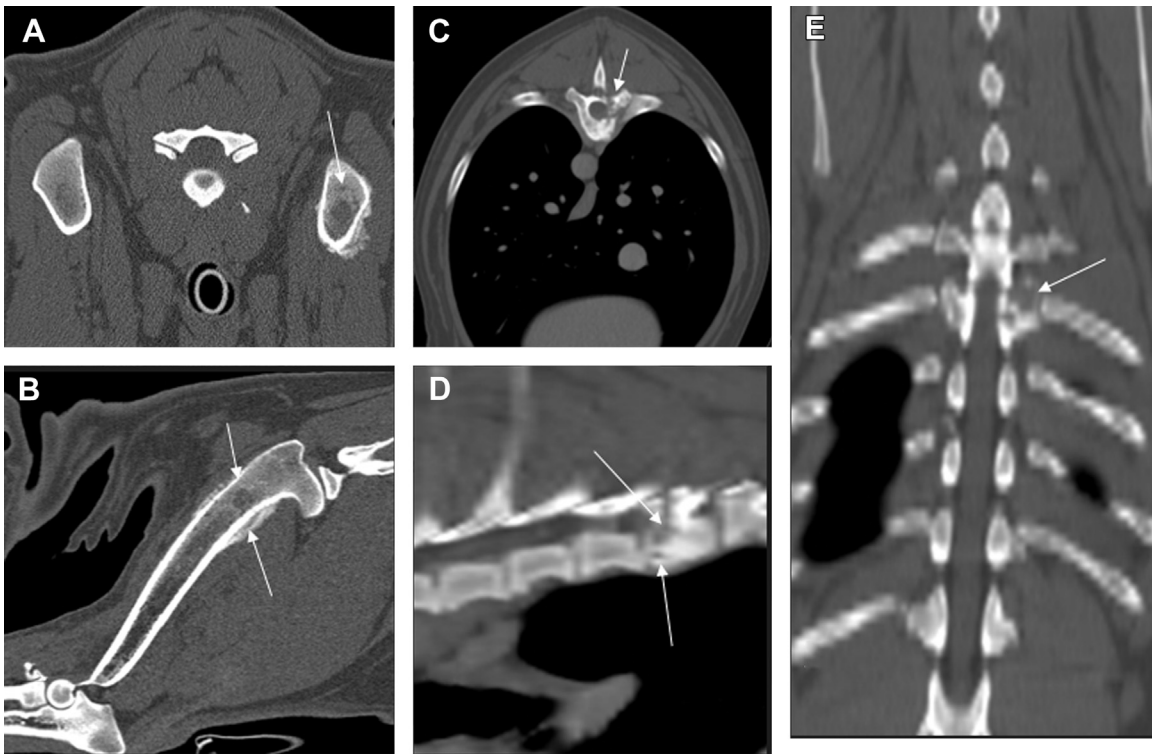
**FIG. 8** A 7-year-old male boxer with a ruptured splenic hemangiosarcoma. Transverse CT images in multiple areas of the body. **(A)** Three hypoattenuating lesions are visible in the liver in the postcontrast study with soft tissue window and algorithm. **(B)** Lung window shows a small pulmonary nodule visible in the right caudal lung lobe (*arrow*). **(C, D)** several ring-enhancing (*arrows*) muscular nodules are visible in the epaxial, gluteal, and pelvic limb muscles. In **(C)**, splenic nodules and free abdominal fluid are present.

in cases of hematoma and undifferentiated sarcoma [25] (Fig. 8D).

- When CT is used to stage multicentric lymphoma in dogs, in particular, the spleen and liver may appear normal or, when present, abnormalities are not pathognomonic for lymphoma. Fine-needle aspiration of the spleen and liver is recommended when using CT to stage dogs with multicentric lymphoma [48].
- Anesthetic drugs, in particular propofol, can also cause splenomegaly [49]. It has been suggested to minimize splenomegaly by using protocols that avoid drugs that could cause such effects and to combine spleen fine-needle aspiration or biopsy when the use of propofol cannot be avoided and splenomegaly is observed with CT scans [16].

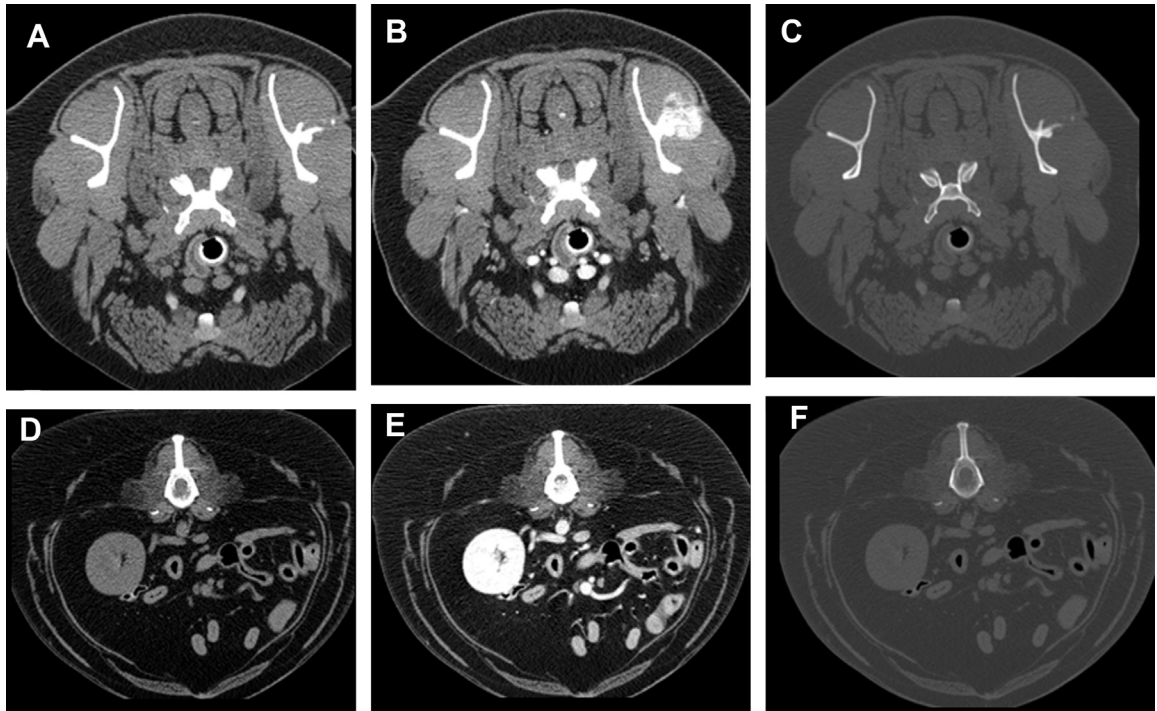
## MUSCULAR AND CARDIAC EVALUATION

- WBCT is also useful in cancer staging to detect muscular and cardiac metastasis, especially in primary tumors characterized by a high metastatic rate. Skeletal and cardiac musculature has been described in the literature as a rare metastatic target and this metastasis behavior is not completely understood. Inhibition of tumor cell proliferation by lactic acid, proteinase, and low pH in muscles are considered to be the most plausible reasons [50–53].
- In human medicine, cancers characterized by muscle metastasis are typically breast cancer, gastrointestinal adenocarcinoma, pulmonary adenocarcinoma, squamous cell carcinoma, and renal carcinoma [50,54–59]. In veterinary medicine, previous reports described muscle metastasis in pulmonary, mammary, and prostatic carcinoma, lymphoma, and



**FIG. 9** A 4-year-old female Bernese mountain dog with osteosarcoma of the left proximal humerus. Bone window (A–E), bone algorithm (A, B), and soft tissue algorithm (C–E). (A, B) The transverse and sagittal MPR images, respectively, of the humeral lesion, with a mixed pattern of moth-eaten bone lysis and adjacent periosteal reaction (arrows). (C) Transverse view at the level of the eighth thoracic vertebra, where a lytic lesion of the left pedicle and lamina, and mixed bone lysis and sclerosis in the body, are visible (arrow). The vertebral lesion in sagittal (D) and dorsal (E) MPR reconstructions (arrows).

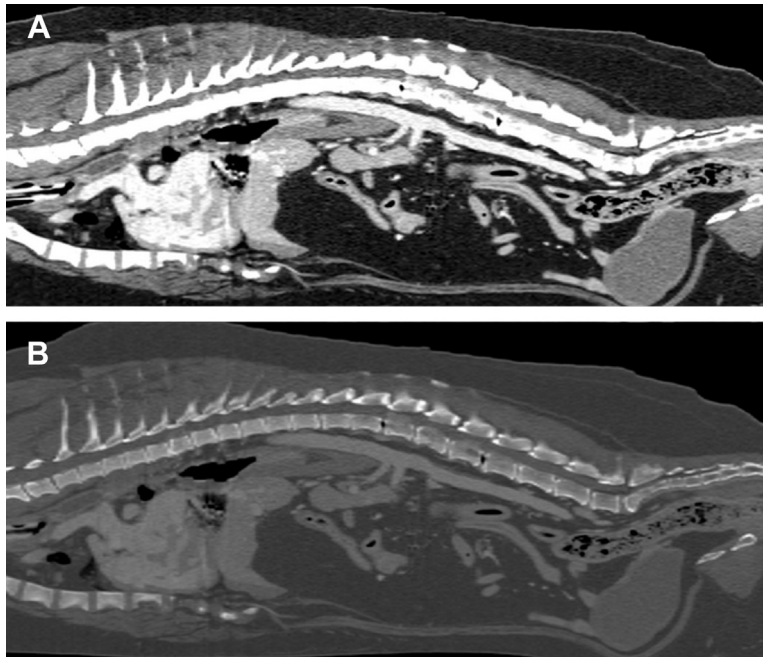




**FIG. 10** An 8-year-old female spayed Rottweiler, 6 months after splenectomy for hemangiosarcoma. Transverse CT images, soft tissue algorithm, with precontrast (**A, D**) and postcontrast (**B, E**) soft tissue window. (**C, F**) Bone windows. The WBCT study showed multiple bone lysis, especially in the left scapula, with marked surrounding soft tissue enhancement (**A–C**), and lysis in several lumbar vertebrae, with vertebral canal invasion visible as contrast-enhanced tissue (**D–F**).



**FIG. 11** Same dog as in Fig. 10. Transverse CT images, soft tissue algorithm, precontrast (**A**) and postcontrast (**B**) soft tissue window and bone window (**C**) of the pelvis. The lysis of the right ileum and sacrum is visible as well as the surrounding soft tissue contrast enhancement.



**FIG. 12** Same dog as in Figs. 10 and 11. Soft tissue algorithm, sagittal MPR of the postcontrast soft tissue window (**A**), and bone window (**B**). The vertebral bodies L1 to L3 appear to be lytic, and contrast tissue enhancement is present in the vertebral canal. At the level of the intervertebral discs T13 to L1 and L3 to L4, gas is visible, representing a vacuum phenomenon secondary to disc degeneration.

mast cell tumors, with cardiac muscle metastasis described as originating from carcinoma, lymphoma, and hemangiosarcoma [60–63].

- Until CT was used to detect muscle metastasis, these metastases were detected either with necropsy or with biopsy [60–62]. Studies have highlighted the importance of WBCT to visualize muscle metastasis in different kinds of neoplasia (mainly hemangiosarcoma and adenocarcinoma in dogs and adenocarcinoma in cats) to guide biopsy or cytology sample collection.
- CT patterns of the metastasis were also described, with the most frequent pattern being ring enhancement with hypoattenuating centers (Fig. 8), histologically characterized as necrotic areas [64]. Interestingly, most of the patients did not show clinical signs specifically attributable to their metastatic disease, underscoring the importance of WBCT to fully characterize and stage tumors with high metastatic rate [64].
- A recent study investigated the use of WBCT to detect muscle metastasis in canine hemangiosarcoma, with the prevalence of this kind of lesion higher compared with previous studies in both human

and veterinary oncology. The investigators recommended WBCT as a routine staging procedure in canine hemangiosarcoma to detect lesions missed by clinical examination and traditional diagnostic imaging modalities [65].

### SKELETAL EVALUATION

- With WBCT, bone metastasis (Figs. 9–12) can be properly assessed. A recent report described the role of WBCT in detecting urinary transitional cell carcinoma (TCC) metastasis and evaluated survival rate of the patients as well. The investigators observed that urethral TCC had higher metastasis rates and shorter survival time than dogs with urinary TCC [66].
- Sternal lymphadenomegaly and bone metastasis were identified as significant findings associated with WBCT screening at diagnosis because bone metastasis has been observed to be a poor predictor [67]. Furthermore, with WBCT it is possible to detect concurrent malignancies in patients, thus having more complete diagnosis by detecting lesions otherwise missed [19,68].

## PRESENT RELEVANCE AND FUTURE CONSIDERATIONS

- WBCT in cancer staging of small animals is an extremely useful technique able to detect various sites for metastasis and further characterize the primary tumor.
- Further studies are needed to investigate the role of WBCT in feline oncology.
- In human medicine, careful attention is paid to the radiation dose per patient [12,69]. Similar studies may be useful in veterinary medicine.
- In addition, along with more advanced imaging such as PET/CT in oncology, the role of total-body MRI in cancer staging is now under investigation. The most recent reports described this technique as effective in detecting metastases, with reduced time, costs, and increased safety because of the lack of ionizing radiation [70–72].

## SUMMARY

WBCT is considered useful in cases of malignant neoplasia characterized by a high metastatic rate, to thoroughly detect metastases affecting common and atypical tissues throughout the body. A complete and thorough characterization of the tumor is of paramount importance to properly manage the patient and plan effective treatment, and WBCT is an effective tool to be applied in routine oncologic practice.

## DISCLOSURE

The authors have nothing to disclose.

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