

Testing an approach to screen and treat maternal depression through group therapy to improve newborn child outcomes in Ethiopia

Project Title: P688 - 4.1.2 Improving Design and Delivery of Social protection for Nutrition and Other Outcomes

Description of the innovation: This approach screens new mothers for depression and offers treatment through interpersonal therapy in groups (IPT-G). Maternal post-partum depression is associated with poorer child outcomes and IPT-G can alleviate depression symptom. This study will test whether cash transfers boost effectiveness of IPT-G for improving child outcomes in Ethiopia.

New Innovation: No

Stage of innovation: Stage 1: discovery/proof of concept (PC - end of research phase)

Innovation type: Social Science

Geographic Scope: National

Number of individual improved lines/varieties: <Not Applicable>

Country(ies):

- Ethiopia

Description of Stage reached: This approach screens new mothers for depression and offers treatment through interpersonal therapy in groups (IPT-G). Maternal post-partum depression is associated with poorer child outcomes and IPT-G can alleviate depression symptom. This study will test whether cash transfers boost effectiveness of IPT-G for improving child outcomes in Ethiopia.

Name of lead organization/entity to take innovation to this stage: <Not Defined>

Names of top five contributing organizations/entities to this stage: <Not Defined>

Milestones: No milestones associated

Sub-IDs:

Contributing Centers/PPA partners:

Evidence link:

- <https://tinyurl.com/yxgaernf>

Deliverables associated:

- D3426 - Ethiopia Learning Agenda Inception Report for the Development Food Security Activity (DFSA) Strengthening PSNP4 Institutions and Resilience (SPIR) ([N/A \(in Shared Dropbox\)](#))

Contributing CRPs/Platforms:

- PIM - Policies, Institutions, and Markets