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Nurse-led volunteer support care plan

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Nurse-Led Volunteer Support Care Plan

Patient ID code:	
Patient Preferred Name:	
Admission Date:	
Ward:	Room Number:
Booklet Number:	
Reason for Admission:	

- The Volunteer Support Care Plan details the patient support that can be provided by a volunteer.
- The Volunteer Support Care Plan is developed by the Registered Nurse on admission and reviewed daily.
- The Volunteer Support Care Plan needs to be updated by the Registered Nurse caring for the patient if the patient's care needs change.
- Volunteers and nursing staff are required to complete the signature register below.

Signature Register		
Print Name	Signature	Initial

INSTRUCTIONS:

1. Read the volunteer support care plan and note any clinical alerts.
2. Provide support for the activities identified by the tick ✓
3. Activities are completed as per the volunteer care plan in consultation with the patient.
4. Record the number of minutes for each volunteer support activity that you provide.
5. Record 'R' if the patient Refuses or 'W' if volunteer support is Withheld for any reason.
6. If R or W is recorded, write the reason in the narrative notes.

Patient Clinical Alerts	Nurse Initial
1.	
2.	
3.	
4.	

REMEMBER TO USE THE 5 MOMENTS OF HAND HYGIENE.
IF UNSURE ABOUT ANYTHING SEEK REGISTERED NURSE GUIDANCE

Nurse-Led Volunteer Support Care Plan

WEEK 1	DAY	Mon	Tues	Wed	Thurs	Fri					
	DATE										
		AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
VOLUNTEER SUPPORT: ✓ = Provide Support		RECORD THE MINUTES TAKEN FOR EACH ACTIVITY									
ORIENTATION SUPPORT											
Orientate patient to ward & room											
Place signs in room as prompts (e.g. toilet sign)											
Orientate patient to date and time											
Situational awareness – location											
SENSORY SUPPORT											
Check glasses are clean											
Check glasses are on patient											
Check hearing aids are in position & turned on											
Place equipment within reach of patient											
Adjust TV/Radio											
Music therapy, set up/assist (headphones)											
MOBILITY SUPPORT											
Check patient is wearing footwear for walking											
Take patient for short walk											
Walk to dining room – lunch											
Prompt/encourage exercises											
NUTRITIONAL SUPPORT											
Assist patient to order meals (likes/dislikes)											
Encourage patient to sit out in chair for meals											
Declutter table and arrange tray and utensils											
Set up for meal – open packets/take lids off											
Cut up food if required											
Encourage patient to eat and drink											
COGNITIVE SUPPORT											
Read newspaper or magazines											
Discuss current events											
Discuss areas of interest (family, photos)											
Play games											
Read a book or set up a talking book											
Reminisce (talking about past)											
Engage in creative activities e.g. colouring											
OTHER SUPPORT											
Brush hair											
Give a foot massage											
Give a hand massage											
Refresh Flowers (prompt for conversation)											
Tidy room (safe environment)											
Assist with using phone if requested											
Take patient into sunshine/fresh air											
VOLUNTEER INITIAL TO CONFIRM MINUTES											

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Nurse-Led Volunteer Support Care Plan

WEEK 2	DAY	Mon	Tues	Wed	Thurs	Fri					
	DATE										
		AM	PM	AM	PM	AM	PM	AM	PM		
VOLUNTEER SUPPORT: ✓ = Provide Support		RECORD THE MINUTES TAKEN FOR EACH ACTIVITY									
ORIENTATION SUPPORT											
Orientate patient to ward & room											
Place signs in room as prompts (e.g. toilet sign)											
Orientate patient to date and time											
Situational awareness – location											
SENSORY SUPPORT											
Check glasses are clean											
Check glasses are on patient											
Check hearing aids are in position & turned on											
Place equipment within reach of patient											
Adjust TV/Radio											
Music therapy, set up/assist (headphones)											
MOBILITY SUPPORT											
Check patient is wearing footwear for walking											
Take patient for short walk											
Walk to dining room – lunch											
Prompt/encourage exercises											
NUTRITIONAL SUPPORT											
Assist patient to order meals (likes/dislikes)											
Encourage patient to sit out in chair for meals											
Declutter table and arrange tray and utensils											
Set up for meal – open packets/take lids off											
Cut up food if required											
Encourage patient to eat and drink											
COGNITIVE SUPPORT											
Read newspaper or magazines											
Discuss current events											
Discuss areas of interest (family, photos)											
Play games											
Read a book or set up a talking book											
Reminisce (talking about past)											
Engage in creative activities e.g. colouring											
OTHER SUPPORT											
Brush hair											
Give a foot massage											
Give a hand massage											
Refresh Flowers (prompt for conversation)											
Tidy room (safe environment)											
Assist with using phone if requested											
Take patient into sunshine/fresh air											
VOLUNTEER INITIAL TO CONFIRM MINUTES											

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