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excitations in spinor Bose–Einstein condensates

Phase diagram, stability and magnetic properties of nonlinear

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Abstract

PAPER

We present the phase diagram, the underlying stability and magnetic properties as well as the dynamics of nonlinear solitary wave excitations arising in the distinct phases of a harmonically confined spinor F = 1 Bose–Einstein condensate. Particularly, it is found that nonlinear excitations in the form of dark-dark-bright solitons exist in the antiferromagnetic and in the easy-axis phase of a spinor gas, being generally unstable in the former while possessing stability intervals in the latter phase. Dark-bright-bright solitons can be realized in the polar and the easy-plane phases as unstable and stable configurations respectively; the latter phase can also feature stable dark–dark–dark solitons. Importantly, the persistence of these types of states upon transitioning, by means of tuning the quadratic Zeeman coefficient from one phase to the other is unravelled. Additionally, the spin-mixing dynamics of stable and unstable matter waves is analyzed, revealing among others the coherent evolution of magnetic dark-bright, nematic dark-bright-bright and dark-dark-dark solitons. Moreover, for the unstable cases unmagnetized or magnetic droplet-like configurations and spin-waves consisting of regular and magnetic solitons are seen to dynamically emerge remaining thereafter robust while propagating for extremely large evolution times. Interestingly, exposing spinorial solitons to finite temperatures, their anti-damping in trap oscillation is showcased. It is found that the latter is suppressed for stronger bright soliton component 'fillings'. Our investigations pave the wave for a systematic production and analysis involving spin transfer processes of such waveforms which have been recently realized in ultracold experiments.

1. Introduction

Ultracold atoms constitute ideal platforms for investigating the nonlinear behavior of quantum many-body systems due to their high degree of controllability and isolation from the environment [1-3]. A principal example has been the exploration of dark and bright solitons and their dynamical manifestations, as well as their multi-dimensional and multi-component extensions in Bose–Einstein condensates (BECs) [4, 5]. Indeed, a variety and admixtures of these types of excitations are nowadays known to exist in scalar [6–11], pseudo-spinor [12–17] and spinor [18–22] BECs. Importantly, in recent years, many of these works have featured experimental realizations of such excitations. However, up to now the majority of both theoretical and experimental endeavors has been mainly focused on studying solitons in single and pseudo-spinor BEC systems and also within the so-called Manakov limit [23]. The latter assumes the intra- and the inter-species coupling to be on equal footing. As such the physics of nonlinear excitations outside this limit is less explored although there is an ongoing theoretical effort in this direction over the past few years [24–28]. It is also relevant to note in passing that in the quantum regime and under suitable conditions, coherent

structures such as bright solitons have been found to be promising candidates for quantum metrology beyond the Heisenberg limit [29].

Arguably, even less explored appears to be the connection between regular e.g. vector solitons and magnetic solitons or higher spin objects such as F = 1 spinors and spin-waves. Namely, nonlinear structures for which the magnetic interactions between the species are a crucial component. For instance, a magnetic soliton typically residing in a spin balanced density background [30] is characterized by a localized spin magnetization, measured as the difference between the population of the participating components. Such nonlinear polarization waves have also been studied earlier [31] in binary BECs for parametric variations lying outside the Manakov limit both in the absence and in the presence of a Rabi coupling between the ensuing components [32]. Case examples of magnetic solitons are dark and dark-bright (DB) matter waves that differ from their regular or standard counterparts in a two-fold manner: (i) they exist for unequal intra and interspin couplings and (ii) their width scales according to the spin-healing length [30]. They can also have the form of dark-antidark solitons, with the latter being density bumps on top of the BEC background, that have been very recently experimentally monitored [33–36].

F = 1 spinor BECs offer the possibility for studying not only regular solitons but also magnetic ones and admixtures thereof. In particular, owing to the far richer phase diagram exhibited by such gases [37] (see, also, [38] for a recent discussion and [39] for the impact of many-body effects) already several works have been devoted to studying a variety of nonlinear excitations that arise in them [40–45]. These include for instance spin domains [46, 47], spin textures [48, 49], the very recently experimentally observed dark-dark-bright (DDB) and dark-bright-bright (DBB) solitons [50] (and variants [51, 52], as well as interactions [22] thereof) and even twisted magnetic solitons [53].

However, and despite the fact that a fair amount of previous works has been devoted to studying the nonlinear excitations that arise in this spinor context, several important questions still remain open. A major one concerns the principal phase diagram of existence (and stability) of solitonic excitations. Yet another interesting perspective, in view also of the intense ongoing interest on magnetic spinor solitons [34, 35], is the classification of such excitations in terms of their magnetic properties. Furthermore, the persistence (and stability) of such entities and their morphing under a quadratic Zeeman (QZ) energy shift variation are currently vastly unexplored. Accordingly, the coexistence of distinct solitonic configurations in the same phase and the fate of the latter in the presence of finite temperature are far less appreciated. In the present work we exploit the substantial ongoing momentum spearheaded by recent experiments [22, 34, 35, 50, 54] and address the aforementioned open aspects.

In particular, we first map out the complete phase diagram of nonlinear excitations arising in one-dimensional (1D) harmonically confined spinor F = 1 BECs when accounting for both antiferro- and ferro-magnetic spin-dependent interactions. This phase diagram, which to the best of our knowledge has never been extracted thus far, is subsequently explored in detail, including the connection to the stability of the emergent waveforms. More precisely, DDB, DBB and dark–dark–dark (DDD) solitons constitute its principal ingredients. DDB solutions exist in the antiferromagnetic (AF) and the easy-axis (EA) phase, DBB solitons arise in the polar (PO) and the easy-plane (EP) phases and DDD waves are realized in the EP phase too.

Moreover, we unveil the largely unexplored magnetic properties not only of the principal spinor solitons emerging in each phase of the system, but also of their ensuing deformations for varying QZ energy shifts. An exhaustive study of the stability properties of the involved in each phase soliton solutions is offered, along with the relevant outcome when crossing, in terms of a QZ energy shift variation, the distinct phase transition thresholds. The latter is expected to be of value for near future experimental realizations dealing with such metastable states. Interestingly, the dynamical evolution of stable and unstable configurations (whose longevity suggests their experimental relevance) reveals among others: the coherent evolution of magnetic DB solitons and spin-mixing processes leading to changes in the magnetic properties of the evolved entities including the formation of composite spin objects. The latter are composed of regular solitons and spin-waves. Additionally we observe metastable states evolving into periodically recurring unmagnetized Thomas-Fermi (TF)-droplet configurations and also magnetized entities with droplets occupying the symmetric spin sublevels—with a domain wall (DW) separating them—and a localized wavefunction hosted in the remaining spin-component. The latter nearly periodic structures closely resemble magnon drops [55, 56], while in both cases DWs are imprinted in the local magnetization. The above composite dynamically generated spin configurations were unprecedented thus far. Finally, the fate of spinor solitons at finite temperatures is explored, unveiling their anti-damped (growing amplitude) in-trap oscillation. The latter, is found to be suppressed for stronger bright soliton component 'fillings' of the dark notch generalizing this way earlier findings regarding single [57] and two-component [58] BECs to the spin-1 setting.

Our work is structured as follows. In section 2 the relevant mean-field theoretical framework is introduced. The ground state (GS) phase diagram of a harmonically trapped 1D spin-1 BEC is initially discussed in section 3 and we then proceed to the presentation and systematic exploration of the relevant phase diagram of nonlinear excitations in the form of DDD, DDB and DBB solitons. Section 4 addresses the existence, the stability properties, by means of Bogoliubov–de-Gennes (BdG) linearization analysis, and subsequently the dynamics of the different solitonic waveforms that arise in the distinct phases of the spinor system. Finally, in section 6 we summarize our findings and also provide future perspectives. In section 6 we investigate finite temperature effects and their impact on spinor solitons.

2. Spinor setup and magnetization measures

A spin-1 BEC composed of the magnetic sublevels $m_F = 0, \pm 1$ of the hyperfine state F = 1, either of a ⁸⁷Rb [50] or a ²³Na [59] atom gas being confined in a 1D harmonic trap is considered. A cigar-shaped geometry is employed that has been very recently realized experimentally [50] utilizing a highly anisotropic trap with the longitudinal and transverse trapping frequencies obeying $\omega_x \ll \omega_{\perp}$. In the mean-field framework the dynamics of such a spinor system can be described by the following coupled dimensionless Gross–Pitaevskii equations (GPEs) of motion [41, 43, 60, 61]

$$i\partial_t \Psi_0 = \mathcal{H}_0 \Psi_0 + c_0 \left(|\Psi_{+1}|^2 + |\Psi_0|^2 + |\Psi_{-1}|^2 \right) \Psi_0 + c_1 \left(|\Psi_{+1}|^2 + |\Psi_{-1}|^2 \right) \Psi_0 + 2c_1 \Psi_{+1} \Psi_0^* \Psi_{-1}, \quad (1)$$

for the $m_F = 0$ magnetic sublevel, while the symmetric $m_F = \pm 1$ spin-components obey

$$i\partial_{t}\Psi_{\pm 1} = \mathcal{H}_{0}\Psi_{\pm 1} + c_{0}\left(|\Psi_{\pm 1}|^{2} + |\Psi_{0}|^{2} + |\Psi_{-1}|^{2}\right)\Psi_{\pm 1} + c_{1}\left(|\Psi_{\pm 1}|^{2} + |\Psi_{0}|^{2} - |\Psi_{\pm 1}|^{2}\right)\Psi_{\pm 1} + q\Psi_{\pm 1} + c_{1}\Psi_{\pm 1}^{*}\Psi_{0}^{2}.$$
(2)

In equations (1) and (2), $\Psi_{m_F}(x, t)$ denotes the wavefunction of the $|F = 1, m_F = 0\rangle$ and $|F = 1, m_F = \pm 1\rangle$ spin-components respectively. The single particle Hamiltonian term is $\mathcal{H}_0 \equiv -\frac{1}{2}\partial_x^2 + V(x)$, with $V(x) = \frac{1}{2}\Omega^2 x^2$ being the 1D harmonic potential. Here, $\Omega \equiv \omega_x/\omega_{\perp}$ plays the role of the longitudinal over the transverse trapping frequency and is typically a small parameter i.e. $\Omega \ll 1$ [1, 2]. Additionally, q denotes the QZ energy shift parameter that leads to an effective detuning of the $m_F = \pm 1$ spin-components with respect to the $m_F = 0$ one. It is quadratically proportional to an external magnetic field applied along the spin-z direction [37, 62] and can be experimentally tuned by either adjusting the applied magnetic field [63] or by using a microwave dressing field [64, 65].

Moreover, c_0 and c_1 are the so-called spin-independent and spin-dependent interaction coefficients. The former accounts for attractive (repulsive) interatomic interactions upon taking negative (positive) values and the latter is positive ($c_1 > 0$) for AF and negative ($c_1 < 0$) for ferromagnetic spin interactions. Both c_0 and c_1 are expressed in terms of the s-wave scattering lengths a_0 and a_2 , accounting for two atoms in the scattering channels with total spin F = 0 and F = 2 respectively, via the relations $c_0 = \frac{(a_0 + 2a_2)}{3a_{\perp}}$ and $c_1 = \frac{(a_2 - a_0)}{3a_{\perp}}$ [21, 41]. Here, $a_{\perp} = \sqrt{\hbar/M\omega_{\perp}}$ is the transverse harmonic oscillator length with M denoting the mass, e.g. of a ⁸⁷Rb atom. Equations (1) and (2) have been made dimensionless by measuring length, energy and time in units of $\sqrt{\hbar/(M\omega_{\perp})}$, $\hbar\omega_{\perp}$ and ω_{\perp}^{-1} respectively. Consequently, the corresponding interaction strengths are expressed in terms of $\sqrt{\hbar^3\omega_{\perp}/M}$. In the adopted units and for a ferromagnetic, i.e. $c_1 < 0$, spinor BEC of ⁸⁷Rb atoms [21, 38], the experimentally measured spin-dependent and spin-independent couplings also used herein are $c_1 \approx -5 \times 10^{-3}$ and $c_0 = 1$.

Additionally, the population of each spin-component is defined as

$$n_{m_F} = \frac{1}{N} \int dx |\Psi_{m_F}|^2, \quad m_F = 0, \pm 1.$$
 (3)

Here, $N = \sum_{m_F} \int dx |\Psi_{m_F}|^2$ denotes the total number of particles that is a conserved quantity for the spinorial system of equations (1) and (2). Evidently, $0 \leq n_{m_F} \leq 1$ is satisfied. Furthermore, in order to quantify first- and second-order transitions between the distinct phases of the spin-1 BEC system as well as to monitor the magnetic properties of the emergent nonlinear excitations during evolution we utilize the magnetization along the spin-*z*-axis that reads

$$M_z = \frac{1}{N} \int \mathrm{d}x \left(|\Psi_{+1}|^2 - |\Psi_{-1}|^2 \right). \tag{4}$$

 M_z essentially measures the population imbalance between the symmetric $m_F = \pm 1$ components and $-1 \leq M_z \leq 1$. For instance, a fully magnetized state along the +z or -z spin direction corresponds to

 $M_z = +1$ or $M_z = -1$ respectively. To encounter also possible population transfer between the $m_F = 0$ and the $m_F = \pm 1$ spin states we invoke the polarization of the spinorial setting defined as follows [37]

$$P = \frac{1}{N} \int \mathrm{d}x \left[|\Psi_0|^2 - \left(|\Psi_{+1}|^2 + |\Psi_{-1}|^2 \right) \right].$$
(5)

It can be easily deduced that $-1 \le P \le 1$. As we will unveil later on, *P* also accounts for alterations in the magnetic properties of the spinor system and allows us to distinguish among fully magnetized and unmagnetized spin configurations as we cross, by means of varying the QZ energy shift *q*, a phase transition boundary.

Finally, for the numerical investigations that follow, the trapping frequency is fixed to $\Omega = 0.1$, but we note that the results presented herein are not altered even for trapping frequencies of the order of $\Omega = 0.01$ that are used in recent spin-1 BEC experiments [50]. Only slight deviations of the corresponding transition boundaries are observed. For instance, for the EP to PO transition, while $q_{th} \equiv 2n|c_1| = 0.02$ (with n denoting the peak density) for $\Omega = 0.01$ it is $q_{\rm th} \approx 0.017$ for $\Omega = 0.1$. This way our findings can be experimentally realized e.g. by using a transversal confinement frequency $\omega_{\perp} = 2\pi \times 175 \text{ Hz}$ $(\omega_{\perp} = 2\pi \times 380 \text{ Hz})$ along with a longitudinal one $\omega_x = 2\pi \times 1.4 \text{ Hz} [50] (\omega_x = 2\pi \times 5.4 \text{ Hz} [35])$ for a 87 Rb (23 Na) spinor gas. For the above selection of frequencies, evolution times of the order of $t \sim 10^3$ typically monitored herein correspond to $t \approx 0.91$ s ($t \approx 0.42$ s) in dimensional units for a ⁸⁷Rb (²³Na) gas. Additionally, $c_0 = 1$, $c_1 = \pm 5 \times 10^{-3}$ and we choose the chemical potentials of the different components $\mu_{0,\pm 1} = 2$. It is also important to mention that we have checked that the results to be presented below are robust also for $c_0 = 1$ and $c_1 = 3.6 \times 10^{-2}$, namely for the experimentally relevant interaction coefficient parameter ratio corresponding to $^{23}\mathrm{Na}$ gas and also for larger chemical potentials, i.e. $\mu_{0,\pm1}=3$ and $\mu_{0,\pm 1} = 5$. To access the distinct phases of the spinor system, we typically vary q within the intervals [-1.5, 0.5] and [-0.5, 1.5]. Moreover, in order to identify the existence of stationary states a fixed-point numerical iteration scheme, based on Newton's method, is employed [66]. To simulate the dynamical evolution of the distinct DDD, DDB and DBB solitons governed by equations (1) and (2), a fourth-order Runge-Kutta integrator is utilized while a second-order finite differences method is used for the spatial derivatives. The spatial and time discretization are dx = 0.05 and dt = 0.001 respectively. Our numerical computations are restricted to a finite region by employing hard-wall boundary conditions. Particularly, in the dimensionless units adopted herein, the hard-walls are located at $x_{\pm} = \pm 80$ and we do not observe any appreciable density for |x| > 20.

3. Phase diagram of nonlinear excitations

Before delving into the details of the phase diagram of nonlinear excitations in the form of DDD, DDB and DBB solitons that arise in spin-1 BECs, we first briefly revisit the relevant GS phase diagram of a harmonically confined 1D spin-1 BEC [38]. This description will enable us to qualitatively expose the effect of embedding nonlinear structures into the different magnetic phases.

3.1. Ground state phase diagram

A schematic representation of the GS phase diagram is illustrated in figure 1(a). As it has been recently demonstrated [37-39] different phases can be realized for such a confined spin-1 system. They stem from the interplay between the sign of the spin-dependent interaction coefficient c_1 and the strength of the QZ term q. Specifically, for $c_1 > 0$, q < 0 the system is in the AF phase with equally populated $m_F = \pm 1$ spin-components thus having an unmagnetized GS [see equation (4)]. The latter is indeed characterized by $M_z = 0$ and P = -1. A first order phase transition [67, 68] separates this phase from the PO one that can be reached upon increasing q. The transition point appears at q = 0 and the PO phase is characterized again by an unmagnetized GS but with all atoms populating the $m_F = 0$ spin-component. Therefore $M_z = 0$ and P = 1. On the other hand, for $c_1 < 0$, q < 0 the system resides in the EA phase. Its GS is fully magnetized either along the +z or the -z spin-direction, i.e. either the $m_F = +1$ or $m_F = -1$ spin state is populated. As a result $M_z = +1$ or $M_z = -1$ respectively and P = -1. Upon increasing q a second-order phase transition occurs at q = 0 and for $0 < q < q_{\rm th} \approx 0.017$ the system enters the EP phase with its GS having all three m_F components populated. Particularly here, $M_z = 0$ reflecting the fact that the $m_F = \pm 1$ spin states are equally populated while $P \in (-1, 1)$. Finally, for $q > q_{\text{th}} \approx 0.017$ yet another second-order phase transition takes place which leads to an unmagnetized GS having only the $m_F = 0$ spin-component populated, i.e. $M_z = 0$ and P = 1. In this case, once more the PO phase is reached.



Figure 1. Schematic illustration of (a) the GS phase diagram of a harmonically trapped spin-1 BEC in the (c_1, q) plane. (b) The corresponding phase diagram of nonlinear excitations having the form of DDD, DDB and DBB solitons. In both cases characteristic density profiles, $|\Psi_{m_F}|^2$ with $m_F = 0, \pm 1$, of each of the phases that can be realized in such a system are provided (see legend). For $c_1 > 0$ the AF and the PO phases occur for q < 0 and q > 0 respectively. For $c_1 < 0$ the system is: in the EA ferromagnetic phase if q < 0, in the EP phase if $0 < q < q_{th} \equiv 2n|c_1| \approx 0.017$ and in the PO one if $q \ge q_{th}$. In both phase diagrams solid black lines mark the individual phase transition boundaries. Vertical dashed black lines designate the regions from where the distinct configurations start to deform i.e. the DDB into DB ($q_1 \approx -0.515$) or the DBB to D ($q_4 \approx 0.994$) or similarly the DDD to D ($q_4 \approx 0.016$) solitons. Dashed purple (green) box indicates that DDD (DBB) solitons exist also within the EA (AF) phase while their existence terminates at $q_2 \approx -0.016$ ($q_3 \approx -0.005$). The specific threshold values refer to $\mu_{0,\pm 1} = 2$.

Note here, that in order to obtain the above-discussed GS phase diagram TF profiles are employed as initial guesses, within our fixed point algorithm [66], for the distinct $m_F = 0, \pm 1$ states having the form

$$\Psi_{m_F}(x,t=0) = \sqrt{c_0^{-1} \left(\mu_{m_F} - V(x)\right)}.$$
(6)

When this expression is used here and below, it is implied to be valid when the quantity under the radical is non-negative (and the relevant wavefunction is padded with zeros outside that region). In equation (6), μ_{m_F} denotes the chemical potential of each spin-component while a stationary state satisfies the phase matching condition $\mu_0 = (\mu_{+1} + \mu_{-1})/2$ [38, 69].

3.2. Phase diagram of solitonic excitations

In order to unravel the phase diagram of nonlinear excitations depicted in figure 1(b), the spin-1 system is initialized in each of the above-identified phases embedding dark and bright solitons as wavefunctions for each of the $m_F = 0, \pm 1$ states. In particular, the standard, stationary solitonic waveforms used read [50]

$$\Psi_{\rm D}(x,t=0) = \sqrt{c_0^{-1} \left[\mu_{m_F} - V(x) \right]} \, \tanh\left(Dx\right),\tag{7}$$

$$\Psi_{\rm B}(x,t=0) = \eta \operatorname{sech}(Dx).$$
(8)

In the above expressions $\Psi_D(x)$ and $\Psi_B(x)$ denote the wavefunctions utilized for a dark and a bright soliton configuration respectively. In equation (7) the quantity under the square root denotes the customary used TF background needed for dark solitons to be embedded on. Moreover, *D* and η refer, respectively, to the common inverse width parameter considered for each spinorial soliton component and the amplitude of the bright soliton configuration (see our detailed discussion in section 4).

It is found that DDB solitons, being unmagnetized configurations, exist within the AF phase for all values of the QZ energy shift lying within the interval $q \in (-1.5, 0)$, with the dark solitons effectively trapping the bright one appearing in the $m_F = 0$ spin-component. This trapping mechanism becomes progressively less effective. Namely, as q increases towards the phase transition point (q = 0) the bright soliton gradually becomes the dominant configuration before morphing into a TF one. We remark that the existence of a DDB soliton in the AF phase already presents fundamental deviations from its GS properties. Indeed, in the latter case the $m_F = 0$ magnetic sublevel is unpopulated (of course also the $m_F = \pm 1$ states do not feature a dark soliton in the relevant GS). On the contrary, DBB solitons, being again unmagnetized configurations, are identified in the PO phase, namely for $q \in [0, 0.994)$ which deform towards a single dark soliton occupying the $m_F = 0$ component for q > 0.994. Remarkably these states persist even upon decreasing q so as to enter the AF phase until a critical value of the QZ energy shift, i.e. $q_3 \approx -0.005$, is

reached [see dashed green box in figure 1(b)]. Note that such DBB configurations also constitute excited states within the PO phase since for the GS only the $m_F = 0$ state is occupied. Turning to $c_1 < 0$, stationary solutions of the DDB type are realized within the ferromagnetic EA phase existing within the parametric region $q \in (-0.515, 0.007)$. These DDB states deform as q decreases further into fully magnetized, i.e. $M_z = +1$ ($M_z = -1$), DB solitons that occupy the $m_F = 0$ and $m_F = +1$ ($m_F = 0$ and $m_F = -1$) components. Once again this is far from the GS of the EA featuring only $m_F = +1$ (or $m_F = -1$) populations. Moving to q > 0, namely entering the EP phase, two types of solitonic solutions are found to exist for the spin-1 system. These excitations can have the form of unmagnetized spinor DBB or DDD solitons, a result that is permitted by the relevant GS where all three magnetic components are occupied. The former solitonic entities appear to be significantly broader when compared to the more localized DDD configurations and become highly localized as we enter the PO phase. Recall that the PO GS supports population only in the $m_F = 0$ magnetic sublevel. The transition point for the DBB configuration appears at $q_4 \approx 0.994$ while it occurs significantly earlier, $q_4 \approx 0.016$, for the DDD state. Decreasing the QZ term, q, in order to enter the EA phase reveals that the DBB configuration deforms fast, around $q \approx -0.007$, to a metastable state with two TF wavefunctions occupying the $m_F = \pm 1$ components. Contrary to this deformation, DDD solitons continue to exist within the EA phase for values up to $q_2 \approx -0.016$ [see dashed purple box in figure 1(b)] before their transitioning towards two darks that occupy the symmetric $m_F = \pm 1$ components.

4. Stability analysis and dynamics of spinor solitons

Our aim in what follows is not only to illustrate the existence of stationary spinor solitons of the DDD, DDB and DBB type existing in a 1D harmonically confined spin-1 BEC composed e.g. of ⁸⁷Rb atoms and obeying equations (1) and (2), but also to systematically investigate their stability properties. We remark that for ferromagnetic (AF) BECs we consider $c_1 = -5 \times 10^{-3}$ ($c_1 = 5 \times 10^{-3}$) as representative example and vary the QZ energy shift to access the underlying magnetic phases.

4.1. Antiferromagnetic DDB matter waves

For instance, in order to infer about the existence of DDB solitons within the AF phase shown in the phase diagram of figure 1(b), the matter wave dark solitons of equation (7) are embedded as initial guesses for the $m_F = \pm 1$ spin-components and the bright soliton of equation (8) is utilized for the $m_F = 0$ spin state. Employing the above ansatz, and using the iterative scheme discussed above, DDB stationary states are found within the AF phase, i.e. for $c_1 = 5 \times 10^{-3}$ and for values of $q \in (-1.5, 0)$. Characteristic DDB density profiles, $|\Psi_{0,\pm 1}|^2$, are presented as insets in figure 2(a). However, upon increasing q towards the transition point (q = 0) above which the PO phase is realized, the DDB solitons deform into states where the bright structure in the $m_F = 0$ component overfills/dominates the dark wells. Also the total density, $|\Psi_{tot}|^2$, of the spinor system exhibits a TF profile instead of the dark-shaped density appearing deep in the AF phase. This altered nature of the DDB configuration, which remains unmagnetized $(M_z = 0)$ for all values of q, is naturally accompanied by a change in the polarization of this configuration. The DDB solitons possess P = -1 for $q \leq -1.5$ reflecting the fact that deep in the AF phase only the $m_F = \pm 1$ components bearing dark solitons are populated [figure 2(b)], while the polarization takes values $-1 < P \le 0$ as we approach the transition point. At $q \approx -0.02$ all three components are equally populated having significantly wider [70] stationary states [figure 2(c)] as compared to the ones for larger negative q values. This broadening suggests that the DDB character of the relevant states is lost. Importantly, at q = 0an abrupt population transfer to the $m_F = 0$ component [figure 2(b)] associated with the drastic deformation of this latter configuration to the GS of the PO phase manifests itself; see e.g. the right uppermost inset of figure 2(a).

In order to extract the stability properties of the aforementioned DDB stationary states (as well as for the DBB and DDD solitons to be presented below), a linear stability or BdG analysis is performed. The latter consists of perturbing the iteratively identified in each phase stationary solutions $\Psi_{m_F}^0(x)$ (with $m_F = 0, \pm 1$) through the ansatz

$$\Psi_{m_F}(x,t) = \left[\Psi_{m_F}^0(x) + \epsilon \left(a_{m_F}(x)e^{-i\omega t} + b_{m_F}^*(x)e^{i\omega^* t}\right)\right] e^{-i\mu_{m_F} t}.$$
(9)

By inserting this ansatz into the system of equations (1) and (2) and linearizing with respect to the small amplitude parameter ϵ leads to an eigenvalue problem for the eigenfrequencies ω , or equivalently eigenvalues $\lambda \equiv -i\omega$, and eigenfunctions $(a_0, b_0, a_{+1}, b_{+1}, a_{-1}, b_{-1})^T$ that is solved numerically. For further details on the BdG analysis we refer the reader to references [5, 71, 72]. Due to the generally complex nature of the ensuing eigenfrequencies, it becomes apparent that the following possibilities can arise: if modes with



Figure 2. (a) Polarization *P*, and magnetization, M_z , of the spin-1 system for a DDB state existing within the AF phase upon increasing the QZ coefficient *q* in order to enter the PO phase. Vertical dashed-dotted (green) line marks this transition. Insets from bottom left to top right illustrate characteristic soliton profiles for q = -0.5, q = -0.015 and q = 0.1 (see also black arrows). (b) Population, n_{m_F} , and (c) soliton width, w_{m_F} of the DDB configurations as a function of *q* (see legends). (d), (e) BdG spectrum of stationary DDB solitons for an AF to PO transition, depicting respectively the real, Re(ω), and the imaginary part, Im(ω), of the involved eigenfrequencies, ω , as *q* is varied. The trajectories of the two anomalous modes (AMs) present in this spectrum are indicated by red squares (see text). The eigenfrequency zero crossings occur at q = 0. (f)–(h) [(j)–(l)] Dynamical evolution of the density, $|\Psi_{m_F} + u_{AM_1}|^2$ of a DDB soliton being excited by the eigenvector, u_{AM_1} , associated with the lowest-lying AM appearing in the aforementioned spectrum for q = -0.1 [q = 0]. (i), (m) Temporal evolution of the populations, $n_{m_F}(t)$, for the above selection of *q*'s. In all cases $m_F = 0, \pm 1$ (see legends) while the remaining system parameters correspond to $\Omega = 0.1$, $\mu_{0,\pm 1} = 2$, $c_1 = 5 \times 10^{-3}$, and $c_0 = 1$.

purely real eigenvalues or equivalently imaginary eigenfrequencies or complex eigenvalues/eigenfrequencies are identified, these are responsible for the existence of an instability [71]. The former case is referred to as an exponential instability, while the latter as an oscillatory instability, as the growth is non-monotonic, but rather involves oscillations. Moreover, due to the Hamiltonian structure of the system investigated herein, quartets of such eigenfrequencies can occur [72]. Namely if ω is an eigenfrequency so are $-\omega$ and $\pm \omega^*$. As such, if $\text{Im}(\omega) \neq 0$, then there will always exist a mode leading to the growth and eventual deformation of the examined in each phase solitonic configuration.

The BdG analysis outcome for the DDB soliton solutions is shown in figures 2(d) and (e). DDB solitons constitute excited states of the spin-1 system, exactly like their two-component DB analogue [26], a feature that is reflected in their linearization spectra via the emergence of the so-called anomalous modes (AMs). These eigenstates are quantified via the negative energy or negative Krein signature [72] defined for the spinor system as

$$K = \Omega \int \left(|a_0|^2 - |b_0|^2 + |a_{+1}|^2 - |b_{+1}|^2 + |a_{-1}|^2 - |b_{-1}|^2 \right) \mathrm{d}x. \tag{10}$$

The existence of these modes is central to our stability analysis since their potential collision with positive Krein signature modes can give rise to stability-changing events in the form of oscillatory instabilities or Hamiltonian–Hopf bifurcations [72]. Such modes illustrate the feature that the solution is not a GS, but rather an excited state of the system. Indeed, when the relevant frequencies remain real (see also below), their negative energy suggests that while the waveform is stable dynamically, it is not stable thermodynamically [5]. Should then, a channel of energy dissipation be available (as, e.g. in the thermal condensates discussed below) then these eigendirections would lead to instability enabling the waveform to transition to the desired minimum energy state. However, there is an additional key role of negative energy modes which is crucial even in the case of T = 0 BECs. More specifically, upon variation of parameters (like q and c_1 considered herein) these modes may collide with breathing modes of the condensate. This collision is also topologically necessitated (from the theory of AMs) to lead to a so-called oscillatory instability, which is featured via oscillatory (rather than purely exponential) growth. Hence, these AMs may be responsible for the manifestation of instabilities even in the zero temperature regime. In the present analysis the AMs are denoted by red squares and the background ones with light blue dots. The DDB solution possesses, due to the presence of two dark solitons [73], two such modes [figure 2(d)] that cross the origin of the spectral plane at $q_{cr} = 0$ signalling the destabilization of the DDB wave [figure 2(e)]. Interestingly, and also for all values of $q \in (-1.5, 0)$, it is found that the eigenvector associated with the lowest-lying AM causes an overall shift when added to the stationary DDB solution. This in turn implies that a perturbed, with this eigenvector, DDB soliton will perform an oscillatory motion within the parabolic trap. On the contrary, the eigenvector corresponding to the higher-lying AM, besides a weak displacement, further leads to an

asymmetric DDB configuration. This asymmetry, as we shall show later on, is responsible for the breathing motion of the DDB entity and its effect is dominant with respect to the aforementioned shift. It is this higher-lying AM that is responsible for the generic instability, i.e. the one with the larger imaginary contribution, shown in figure 2(e). As such, the remaining loop bifurcation illustrated in this figure can be directly assigned to the lowest among the two AMs depicted in figure 2(d).

However, for values of q closer to the critical point, defining the AF to PO transition boundary, the destabilization of both modes leads, irrespectively of which mode we excite (namely the first lower-lying one or the second), to a breathing motion of the DDB configuration. Its response is visualized in the spatio-temporal evolution of the densities, $|\Psi_{m_F}(x, t) + u_{AM_1}|^2$, presented in figures 2(f)–(h) entailing both the particle-like oscillation of the DDB soliton but predominantly the overall breathing mode. The nature of this composite motion is also reflected in the irregular oscillation of the population, $n_{m_F}(t)$, of each m_F component illustrated in figure 2(i). At the transition/destabilization point the prevailing feature of the perturbed DDB configuration is its breathing as can be seen by monitoring the evolution of the densities illustrated in figures 2(j)–(l) together with the coherent oscillation of the relevant populations [figure 2(m)]. In both of the aforementioned cases the oscillatory character of $n_{m_F}(t)$ implies a weak amplitude spin-mixing dynamics.

4.2. Polar DBB solitons

Next we turn to the PO phase which is characterized by $c_1 = 5 \times 10^{-3}$ and q > 0 [see also figure 1(a)]. According to the phase diagram of figure 1(b), here one can identify stationary DBB soliton solutions for values of $q \in [0, 0.994)$. Specifically and so as to capture the occurrence of these solitonic waveforms we utilize, within our fixed point iteration scheme, the dark soliton ansatz of equation (7) as an initial guess for the $m_F = 0$ spin-component, while bright solitons given by equation (8) are considered for the remaining symmetric $m_F = \pm 1$ components. These states are characterized by zero magnetization, preserving this way the magnetic properties of the GS within this phase, but they have a polarization that acquires values -1 < P < 1 [figure 3(a)]. In particular, P = 1 for q > 1, i.e. deep in the PO phase, and it gradually decreases as $q \to 0^+$ all the way to P = -1 for q < 0. This latter behavior of P reveals in turn that despite the fact that the GS configuration does not support all three m_F components to be populated this is not the case for the respective nonlinear excitations [figure 3(b)]. Selected DBB soliton profiles are depicted as insets in figure 3(a). From these profiles it can be deduced that these unmagnetized DBB waves exist not only within the above-provided q interval but also at (q = 0) and below $(q \in [0, -0.005))$ the transition point that separates the PO and the AF phases. However, as we approach the transition point from above $q \rightarrow 0^+$ the DBB states deform towards wider configurations [figure 3(c)] featuring a pronounced bright soliton component that dominates. This dominant bright component results in turn in a $|\Psi_{tot}|^2$ that has a TF profile instead of a tanh-shaped one occurring for values of q well inside the PO phase. For q < -0.005an abrupt transition leads to a metastable configuration in which the $m_F = \pm 1$ are equally populated having also minimal polarization (P = -1), see the bottom left inset of figure 3(a). On the contrary, for q > 0.994 yet another but gradual this time deformation of the DBB matter waves towards a dark soliton with maximal polarization (P = +1) occupying the $m_F = 0$ spin state occurs [top right inset of figure 3(a)].

By investigating the stability properties of the above solitonic entities, it is found that two destabilization points exist for the DBB configuration, residing in the AF phase and one deep in the PO phase. Specifically for q < 0 the single in this case negative energy mode appearing in the BdG of figure 3(d) decreases in frequency and crosses $\omega = 0$ at $q_{\rm cr} \approx -0.004$ rendering these entities unstable for this value of q and thereafter. A result that is further supported by the finite growth rate, $Im(\omega) \neq 0$, shown for these negative QZ energies in figure 3(e). This destabilization is related to a composite motion of the DBB structure in the parabolic trap that we will soon trace in the dynamics. Contrary to the above destabilization yet another critical point occurs for the DBB solution for positive values of q. The latter appears at $q_{cr} \approx 0.994$, i.e. the end point of the loop bifurcation illustrated in figure 3(e) above which DBB solitons cease to exist giving their place to a single dark solitary wave occupying the zeroth spin sublevel. This observation along with the second destabilization of the AM in this PO regime suggest the presence of a pitchfork bifurcation. In order to infer the existence of the latter we performed the corresponding stability analysis of the PO dark states (results not shown here for brevity). Interestingly enough, it is found that, even though dark solitons exist for all QZ energies in $q \in [0, 1.5]$, a narrow instability interval occurs at $q \in [0.994, 1]$ for these stationary states. Within this q interval also the Krein signature changes sign from negative before the lower bound to positive after the upper bound. This, in turn, means that the dark soliton destabilizes slightly below unity and restabilizes for q > 1. It is in this interval that indeed the above identified DBB solitons coexist with the single dark ones in a *subcritical* pitchfork bifurcation. Namely, dark solitons exist as stable configurations, for q < 0.994, while their DBB counterparts are unstable. The collision of the two (and associated



Figure 3. (a) Polarization *P*, and magnetization, M_z , for DBB solutions existing within the PO phase upon decreasing the QZ coefficient *q* towards the AF phase. Insets from bottom left and on illustrate characteristic soliton profiles for q = -0.5, q = -0.004, q = 0.1 and q = 1 (see also black arrows). Vertical dashed-dotted (green) lines at $q \approx -0.005$ and $q \approx 0.994$ mark the boundaries of deformation of the DBB wave for different *q*'s. (b) Populations, n_{m_F} , and (c) soliton widths, w_{m_F} , for varying *q*. (d), (e) Stability analysis outcome showcasing respectively the real, $\text{Re}(\omega)$, and the imaginary part, $\text{Im}(\omega)$, of the relevant eigenfrequencies under a *q* variation. The trajectory of the single AM appearing in this spectrum is indicated by red squares (see text). The destabilization of the DBB state occurs at $q_{cr} \approx -0.004$ while for $q \ge 1$ only a single dark exists in the $m_F = 0$ component. (f)–(h) [(j)–(l)] Density evolution, $|\Psi_{m_F} + u_{AM_1}|^2$, of a perturbed PO DBB soliton for q = 0.024 [q = 0.5]. (i), (m) Temporal evolution of the populations, $n_{m_F}(t)$, for the aforementioned values of *q*. In all cases $m_F = 0, \pm 1$ while $\Omega = 0.1$, $\mu_{0,\pm 1} = 2$, $c_1 = 5 \times 10^{-3}$ and $c_0 = 1$.

disappearance of the bright component of the DBBs) destabilizes the darks for $q \in [0.994, 1]$, while for q > 1, the relevant real eigenvalue pair returns to the imaginary axis, restabilizing the relevant dark state.

Direct evolution of the above-identified configurations slightly below and above the phase transition threshold at q = 0 reveals that the DBB solitons undergo in both cases an overall breathing motion. Notice, for instance, the multi-frequency evolution of the DBB stationary state when excited along its most unstable eigendirection [figures 3(f)-(h)], entailing also an irregular population transfer between the spin-components [figure 3(i)]. These features are absent for q < 0 (results not shown). In sharp contrast to the above dynamics for well-defined DBB solitons, i.e. away from the transition and the critical point, a well-defined in-trap oscillation of the perturbed DBB wave is observed [figure 3(j)-(1)] for evolution times up to $t = 5 \times 10^3$ with the respective populations, $n_{m_F}(t)$, remaining constant for all times [figure 3(m)].

4.3. Easy-axis symmetry broken DDB solitons

Moving on to the EA phase, i.e. for $c_1 = -5 \times 10^{-3}$ and q < 0, again DDB stationary states are successfully identified. However, contrary to the DDB solutions found in the AF phase here the DDB waves exhibit unequally populated $m_F = \pm 1$ spin-components as can be seen in the insets of figure 4(a) and also in the relevant populations of figure 4(b). Specifically, for these states the dark soliton of e.g. the $m_F = -1$ spin state is suppressed for most of the q values within the region of existence, i.e. $q \in (-0.515, 0.007)$, of this configuration. Notably, such waves preserve the symmetry (i.e. equal population) of the $m_F = \pm 1$ components for $q \in [-0.009, 0.007)$, namely including also the transition point (q = 0) that separates the EA and the EP phases. For the remaining QZ energies lying in the aforementioned q interval the symmetry is partially preserved, i.e. the $m_F = -1$ is still populated. This result is encoded in the magnetization and the polarization properties of the DDB solutions which assume values $0 < M_z < 1$ and -1 < P < 1respectively reflecting the non-negligible population of all three spin-components. More precisely, starting with P = 1 ($M_z = 0$) for q > 0.007, the relevant quantity decreases (increases) when moving towards q < 0and approaches the value of P = -1 ($M_z = +1$) for q < -1, i.e. deep in the EA phase [figure 4(a)]. These symmetric DDB solitons are fundamentally different (structurally) than the relevant GS configuration in this parametric regime. The latter, according to the phase diagram of figure 1(a), favors symmetry broken states that are fully magnetized along the +z- or -z-spin direction, i.e. configurations that have either the $m_F = +1$ or the $m_F = -1$ component solely populated. As such, for $q \in (-0.515, -0.2]$ the dark soliton of the $m_F = -1$ spin state becomes narrower, apparently in an exponentially decaying manner, as can be seen from the behavior of its width, $w_{-1}(q)$, shown in figure 4(c). In particular, around $q \approx -0.515$ the configuration is deformed to a symmetry broken almost fully magnetized ($M_z \approx +1$) DB soliton that exists for $q \in [-1.5, -0.515]$ occupying the $m_F = +1$ and $m_F = 0$ spin components (similarly, of course, there is a state occupying the $m_F = -1$ and $m_F = 0$ states). Additionally, as the transition point is approached from



Figure 4. (a) Polarization, *P*, and magnetization, M_z , of the spinor system for a DDB state existing within the EA phase upon varying the QZ coefficient *q* so as to enter the EP and PO phases. Vertical dashed-dotted (green) lines mark the boundaries of deformation of the DDB as *q* is varied (see text). Insets from bottom left to top right illustrate characteristic wave profiles for q = -1.0, q = -0.011 and q = 0.1 (see also black arrows). (b) Populations, n_{mF} , and (c) soliton widths, w_{mF} , as functions of *q* with $m_F = 0, \pm 1$ (see legends). Inset in (b) provides a magnification of the trajectories of the two emergent AMs are indicated by red squares while in (e) the distinct loop bifurcations marked by magenta and light blue lines corresponding respectively to the lower- and higher-lying AM occur for $q \in : [-0.384, -0.329], [-0.111, -0.066], [-0.052, -0.022], [-0.042, -0.003] and [0, 0.016]. The dashed brown line is used to denote the destabilization of both AMs. The rest of the parameters are <math>\Omega = 0.1$, $\mu_{0,\pm 1} = 2$, $c_1 = -5 \times 10^{-3}$, and $c_0 = 1$.

below, $q \to 0^-$, also the population, $n_0(q)$, and width, $w_0(q)$, of the bright component increases and the DDB solitons deform even further. Specifically, for $q \in (-0.004, 0.007)$ a structure with a bright component that overfills the dark wells while gradually morphing into a TF profile can be identified, as shown in the upper left inset of figure 4(a). This deformed DDB structure enters the EP phase, which favors all three m_F components to be simultaneously occupied, but already at $q \approx 0.008$ the unmagnetized GS of the PO phase is reached.

The BdG analysis of the above-discussed soliton solutions illustrated in figures 4(d) and (e) reveals that DDB solitons possess potentially unstable eigendirections (although they also possess stability intervals). This result can be inferred by the finite imaginary eigenfrequencies (or instability growth rates), $Im(\omega)$, shown in figure 4(e). The relevant unstable q intervals for the DDB wave are [-0.384, -0.329], [-0.111, -0.066], [-0.052, -0.022], [-0.042, -0.003] and [-0.016, 0] respectively. Closely inspecting the relevant 'gaps' in the trajectory of each of the two AMs depicted in figure 4(d) it becomes apparent that the first (from negative to positive QZ values) loop bifurcation shown in figure 4(e) is associated with the lower-lying AM. Consecutively, the second loop is related to the higher-lying AM and so on for the remaining three instability bubbles. Notice that the last bifurcation possesses also the larger instability growth rate that stems from an eigenfrequency zero crossing of both the higher- and the lower-lying AM appearing at $q_{\rm cr} = 0$. For -0.515 < q < -0.384 the state remains linearly stable having, however, a minuscule $m_F = -1$ component. For more negative values of q, the fully magnetized linearly stable DB solitons are present in the spin-1 system. To confirm the above stability analysis findings we have monitored the dynamical evolution of the DDB solutions in all of the above-identified instability intervals and our results can be summarized as follows. Among the two modes that appear in the BdG spectrum of figure 4(d) the lower one is related to the weak amplitude in trap oscillation of the DDB wave. The higher mode is responsible for the larger in amplitude anti-phase oscillation of the involved dark solitons. Additionally, it turns out that even when these states are found to be dynamically unstable they have remarkably long lifetimes that support their experimental observation in existing spinor settings [50]. A case example showcasing the particle-like oscillations that a perturbed DDB stationary state undergoes is presented for q = -0.002 in figures 5(a)–(c). Notice that indeed the DDB wave remains intact for all times up to $t = 5 \times 10^3 \approx 4.55$ s (in dimensional units). More specifically, by perturbing the DDB soliton with the eigenvector associated with the first AM leads to an oscillation of the wave within the trap (results not shown for brevity). On the other hand, the second mode results in the formation of two atomic blobs to which the dark solitons split the entire condensate [figures 5(a)-(c)]. These blobs execute an anti-phase oscillation alternating across the two dark components and across the two sides (left and right) of the dark solitary wave in each component. It is important to note that this type of periodic orbits, such as the ones emerging here, is a natural by-product of the AM-induced instabilities and the corresponding Hamiltonian-Hopf bifurcations (which are well-known in dynamical systems to generate-or potentially destroy—such periodic orbits). This latter anti-phase oscillation becomes even more pronounced especially for the $m_F = -1$ component as q decreases further towards the formation of DB solitons that occupy the $m_F = 0$ and $m_F = +1$ magnetic sublevels [figures 5(d)–(f)]. Evidently, as q decreases further and e.g. for q = -0.08 illustrated in figures 5(d)–(f), the population of the $m_F = -1$ magnetic sublevel becomes significantly suppressed.



Figure 5. (a)–(f) [(g)–(i)] Spatio-temporal evolution of the density, $|\Psi_{m_F} + u_{AM_2}|^2$ [$|\Psi_{m_F}(x,t)|^2$], of a perturbed with u_{AM_2} [unperturbed but deformed] EA DDB soliton. The selected values of q are q = -0.002, q = -0.08 [q = 0.002], i.e. lying respectively in the region where the second and the fourth [fifth] bifurcation shown in figure 4(e) appear. (j) Evolution of the populations, $n_{m_F}(t)$, corresponding to the deformed configuration. (k) Profile snapshots of the deformed densities and (l) the associated to them local magnetization, $M_z(x)$, at $t_1 = 3690$. In all cases $m_F = 0, \pm 1$ while $\Omega = 0.1$, $\mu_{0,\pm 1} = 2$, $c_1 = -5 \times 10^{-3}$, and $c_0 = 1$.

Contrary to the above-described dynamics, the picture is drastically altered when considering the deformed DDB stationary states that exist near the transition point (q = 0). For instance here, by monitoring $|\Psi_{m_E}(x,t)|^2$ for QZ energy shifts that lie within the last bifurcation [figure 4(e)] reveals that these transient states for evolution times of the order of $t \approx 4500$ destabilize towards states that consist of Gaussian-like (localized) structures hosted in the $m_F = 0$ component. These localized density blobs are not of permanent character as is evident in figure 5(g) but they revive in an almost periodic manner. In every recurrence event, the corresponding symmetric spin-components bear droplet-like configurations that appear in an alternating fashion either in the $m_F = +1$ or in the $m_F = -1$ component [figures 5(h) and (i)]. This behavior essentially reflects the continuous spin transfer between the $m_F = 0$ and $m_F = \pm 1$ taking place during evolution [figure 5(j)]. Inspecting the density profiles of the evolved states [figure 5(k)] unveils that the wavefunction of the zeroth magnetic sublevel acts as a repulsive barrier pushing outwards, with respect to the trap center, the symmetric spin-components that develop in between them a DW [69]. Measuring the local magnetization, $M_z(x)$, e.g. at $t_1 = 3690$ where this dynamically formed state emerges for the first time [figure 5(l)], reveals that such a configuration bears indeed a DW character across which $M_z(x)$ changes sign [69]. Such a magnetic entity holds close similarities to the so-called magnon drop, namely a soliton-like object that has the direction of magnetization in each core opposite to its surroundings [55, 56].

4.4. Nematic DBB and DDD solitons

Subsequently we study the properties of nonlinear structures in the EP phase. The latter as per the phase diagram of figure 1(b) corresponds to $c_1 = -5 \times 10^{-3}$ and $0 < q < q_{th}$ supporting both DBB and DDD stationary states. These distinct nonlinear excitations illustrated respectively in the insets of figures 6(a) and (d), appear to be unmagnetized since $M_z = 0$ in both cases while having a nontrivial polarization as q is varied. Moreover, the DBB entities are found to be significantly broader around q = 0 when compared to the highly localized DDD solitons [see top left insets in figures 6(a) and (d)]. Interestingly, DBB solitons deform rapidly, i.e. soon after the transition point separating the EP to EA phases is crossed and for $q \approx -0.007$, into the metastable state of the EA phase that has equally populated symmetric components [figure 6(b)] when compared to the slower, around $q \approx -0.016$, deformation of the DDD solitons into two dark ones equally populating the $m_F = \pm 1$ spin states [figure 6(e)]. Notice that in the former DBB case, the dark soliton in the $m_F = 0$ component has disappeared and only a TF type profile remains in the $m_F = \pm 1$ components. Importantly though, as q is increased so as to approach the critical point $q = q_{th}$ that separates the EP and the PO phases, a rather sharp transitioning takes place for DDD solitons when compared to the significantly smoother one exhibited by the DBB stationary states. This sharp versus smooth transition can be inferred by inspecting the relevant slopes of the polarization for $0 < q < q_{th}$. Specifically, it is found that DDD solitons morph faster, i.e. for q = 0.016, into a single dark state occupying the $m_F = 0$ component. This observation is in agreement with the prediction from the GS analysis threshold value of the quadratic energy term, which in turn suggests that for $q = q_{th}$, the PO phase should be reached [top right inset in figure 6(d) and also figures 6(e)–(f)]. Contrary to this deformation, it is only around q = 1 that the polarization measured for DBB solitons asymptotes to P = 1 [figure 6(a)]. The latter together with the relevant negligible populations, $n_{m_F}(q)$ [figure 6(b)], and widths, $w_{m_F}(q)$ [figure 6(c)], of the bright matter



Figure 6. (a) [(d)] Polarization *P*, and magnetization, M_z , of a DBB [DDD] wave within the EP phase upon varying *q* towards the EA and PO phases. Insets from bottom left and on (see also black arrows) illustrate characteristic soliton profiles for q = -0.1 [q = -0.1], q = -0.02 [q = -0.008] and q = 0.1 [q = 0.003 and q = 0.5]. (b), (e) Populations, n_{m_F} , and (c), (f) soliton widths, w_{m_F} , with $m_F = 0, \pm 1$, of a DBB and a DDD soliton state respectively, upon varying *q*. In (a) and (d) vertical dashed-dotted (green) lines denote the boundaries of the EP phase. Other parameters used are $\Omega = 0.1$, $\mu_{0,\pm 1} = 2$, $c_1 = -5 \times 10^{-3}$, and $c_0 = 1$.

waves hosted in the symmetric $m_F = \pm 1$ spin states designates the transition towards a single dark state existing in the PO phase. From the above analysis we can conclude that the boundary separating the EP and the PO phases can be less transparent when considering nonlinear excitations instead of GSs. This is especially so for states like the DBBs for which the two components play a complementary role, i.e. the bright solitary waves in the $m_F = \pm 1$ components fill the hole generated by the dark one in the $m_F = 0$ component.

Our BdG results reveal that both DBB and DDD solitons are stable configurations within the EP phase as can be inferred by the zero imaginary part shown in figures 7(b) and (d) respectively. Also stable are the single dark solitons (into which the above DBBs and DDDs morph) in the PO phase, whose stability analysis simply leads to the standard oscillatory motion, with oscillation frequency $\omega_{osc} = \Omega/\sqrt{2}$ in the TF regime, known for harmonically trapped dark solitons [10]. Furthermore the existence of a single and three AMs pertaining to the DBB and the DDD configuration respectively can also be seen in the relevant real part of the spectrum illustrated in figures 7(a) and (c). Once again, it appears that the number of components bearing a dark solitary wave determines the number of AMs within the state of interest. However, and as far as the DBB solutions are concerned, as q decreases so as to enter the EA phase our stability analysis shows that an eigenfrequency zero crossing occurs right at the transition point (q = 0) suggesting the destabilization of the DBB wave. Below this point and specifically for q < -0.007 different types of stationary states exist for the spin-1 system. These new metastable states consist of an unpopulated $m_F = 0$ component and two nearly TF density profiles occurring in the other two equally populated symmetric magnetic sublevels. The finite growth rate, Im(ω), depicted in figure 7(b) unveils the emergence of these new unstable configurations.

Turning to the DDD solitons, for these negative QZ energies, we can easily deduce that also these waves gradually deform. Their destabilization as detected by the finite growth rate observed in figure 7(d) occurs at $q \approx -0.009$ rendering also these DDD solitons unstable for $q \in [-0.016, -0.009]$. However, since $Im(\omega) \neq 0$ even deeper in the EA phase this further implies that also the DD solitons that are formed for q < -0.017 exist as unstable configurations for this value of q onward within the EA phase. Interestingly, the instability of these states is caused by an imaginary eigenfrequency reflecting the co-existence of these two components.

Confirmation of the above-obtained stability analysis results is provided in figures 8(a)-(i) for the DBB solutions and in figures 8(j)-(p) for the DDD waves. Notice the coherent particle-like oscillations observed for the stable DBB [figures 8(d)-(f)] and DDD [figures 8(j)-(l)] solitons for q > 0 when compared to the unstable evolution of the densities for q < 0. The spatio-temporal evolution of the metastable states depicted in figures 8(a)-(c) is apparently rather similar to the one found for the relevant states upon crossing the EA to EP phase boundary [see figures 5(g)-(i)]. Here, however, the two symmetric nonzero m_F components lose atoms towards the $m_F = 0$ state in a nearly periodic fashion as a result of the instability. This dynamical evolution leads to states featuring a flat-top, droplet-like profile [figure 8(g)] and nearly TF







Figure 8. (a)–(c) [(d)–(f)] Spatio-temporal evolution of the density, $|\Psi_{m_F}(x,t)|^2 [|\Psi_{m_F} + u_{AM_1}|^2]$, of a metastable [DBB] state occurring for q in the EA [EP] phase. (g), (h) Profile snapshots of the densities of the above metastable states at $t_2 = 3030$ to illustrate the droplet formation and (i) temporal evolution of the ensuing populations, $n_{m_F}(t)$. (j)–(l) [(m), (n)] Same as (d)–(f) for an EP DDD [DD] soliton (but for q in the EA phase). (o) Density profiles of the symmetric spin sublevels and (p) of the spatial magnetization, $M_z(x)$, at $t_3 = 2500$ when the emergent spin-wave is spontaneously nucleated (see legends). In all cases $m_F = 0, \pm 1$ while from left to right the distinct columns correspond to q = -0.01, q = 0.005 and q = -0.5 respectively. The remaining system parameters are $\Omega = 0.1$, $\mu_{0,\pm 1} = 2$, $c_1 = -5 \times 10^{-3}$ and $c_0 = 1$.

wavefunctions occupying, respectively, the $m_F = 0$ and $m_F = \pm 1$ components [figure 8(h)]. Coherent population transfer accompanies the periodic revival of these states [figure 8(i)] which remain nematic, i.e. having zero magnetization, during evolution. This way, they preserve the magnetic properties expected for an EP configuration. Furthermore, these unmagnetized structures appear to robustly re-emerge up to times $t > 8 \times 10^3$ (when this apparent periodicity is modified).

Next we monitor the relevant unstable evolution of the perturbed DD waves. Strikingly, their dynamics entails completely new features as shown in figures 8(m) and (n). In this case, on top of the perturbed DD solitons, localized states having widths significantly larger than the healing length, which is the characteristic length scale of regular solitons, develop. These localized matter waves consist of density humps followed by density dips building on top of the BEC background. They further emerge in an alternating fashion not only within but also between the symmetric spin-components [see the density profiles at $t_3 = 2500$ shown in figure 8(o)]. These structures are reminiscent of phase-separated states that have been widely considered in multi-component condensates [2, 5]. This is also reflected in the antisymmetric extended spatial profile of M_z as can be seen in figure 8(p). This quantity reflects the distinct spin domains formed among the $m_F = \pm 1$ components, while the dark soliton remains in the middle being shared by the two otherwise phase-separated $m_F = \pm 1$ components.



Figure 9. (a)–(d) [(e)–(h)] Spectral plane of a stationary PO [EP] DBB soliton for $c_1 = 5 \times 10^{-3}$ [$c_1 = -5 \times 10^{-3}$] for different values of (q, γ) (see legends). Red circles denote the anomalous eigenfrequencies which lead to a Hopf bifurcation and an oscillatory instability of the DBB wave. (i)–(k) [(1)–(n)] Spatio-temporal evolution of the density, $|\Psi_{m_F}(x, t) + u_{AM_1}|^2$, of a perturbed PO [EP] DBB soliton for $(q, \gamma) = (0.5, 0.002)$ [$(q, \gamma) = (0.013, 0.05)$]. The remaining system parameters are $\Omega = 0.1$, $\mu_{0,\pm 1} = 2$, and $c_0 = 1$.

5. Finite temperature effects on spinor solitons

We now consider the case where the spinor gas is exposed to finite temperatures. In order to account for the latter we extend previous considerations pertinent to single- [57] and two-component BECs [58] to the spinorial case at hand. In particular, by assuming that only the thermal modes along the axial *x*-direction are occupied, we utilize the following system of three coupled dissipative GPEs—so-called DGPEs-

$$(\mathbf{i} - \gamma) \,\partial_t \Psi_0 = \left[\tilde{\mathcal{H}}_0 + c_0 \left(|\Psi_{+1}|^2 + |\Psi_0|^2 + |\Psi_{-1}|^2 \right) \right] \Psi_0 + c_1 \left(|\Psi_{+1}|^2 + |\Psi_{-1}|^2 \right) \Psi_0 + 2c_1 \Psi_{+1} \Psi_0^* \Psi_{-1}, \tag{11}$$

$$(\mathbf{i} - \gamma) \,\partial_t \Psi_{\pm 1} = \left[\tilde{\mathcal{H}}_0 + c_0 \left(|\Psi_{\pm 1}|^2 + |\Psi_0|^2 + |\Psi_{-1}|^2 \right) \right] \Psi_{\pm 1} + c_1 \left(|\Psi_{\pm 1}|^2 + |\Psi_0|^2 - |\Psi_{\pm 1}|^2 \right) \Psi_{\pm 1} + q \Psi_{\pm 1} + c_1 \Psi_{\pm 1}^* \Psi_0^2.$$

$$(12)$$

In equations (11) and (12) $\tilde{\mathcal{H}}_0 \equiv \mathcal{H}_0 - \mu_{m_F}$, while the dimensionless parameter $\gamma_0 = \gamma_{+1} = \gamma_{-1} \equiv \gamma$, is associated with the system's temperature [76]. Particularly, $\gamma \ll 1$ is lying in the range of $2 \times 10^{-4} - 2 \times 10^{-3}$ for temperatures (in dimensional units) of the order of 10–100 nK [76]. Before appreciating the effect of the damping term γ on the statics as well as the dynamics of the spinor solitons identified herein, we note that contrary to the Hamiltonian, $\gamma = 0$, case the negative energy eigenmodes are expected for $\gamma \neq 0$ to bifurcate towards the right half-plane of the excitation spectrum [57, 77]. Additionally, the corresponding positive energy eigenmodes will move on the left half-plane in this DGPE setting [57, 58]. The above-described spectral displacement implies in turn an immediate dynamical instability of all the (excited state) spinorial entities discussed herein.

An example of such a migration of the involved eigenmodes is depicted in figures 9(a)-(h), for a PO (top row) and an EP (second row) DBB soliton for q = 0.5, $c_1 = 5 \times 10^{-3}$ and q = 0.013, $c_1 = -5 \times 10^{-3}$ respectively, under a $\gamma = 0-0.12$ variation. Evidently, as γ increases the eigenfrequency pair previously associated with negative Krein signature (denoted by red circles), moves to the right half-plane acquiring progressively a decreasing real part. This behavior continues until the eigenfrequency pair collides and subsequently splits along the imaginary eigenfrequency axis, giving in turn rise to a purely exponential instability. The anti-damping, i.e. oscillation of growing amplitude, of both the PO [figures 9(i)-(k)] and the EP [figures 9(l)-(n)] DBB solitons when $\gamma \neq 0$ can be directly contrasted with their respective constant amplitude in-trap oscillation for $\gamma = 0$ [figures 3(j)-(l) and figures 8(d)-(f) respectively]. This anti-damping is weaker when the bright soliton component 'filling' of the dark notch is more pronounced

[58] as is the case of nematic DBB configurations [see figures 9(l)-(n) and the top left inset of figure 6(a)]. Finally, analogous dynamical results are observed for all of the remaining spinorial entities (not shown).

6. Conclusions

The complete phase diagram of solitonic nonlinear excitations that arise in the distinct phases of ferromagnetic and AF 1D spin-1 harmonically trapped BECs, being unprecedented thus far, has been extracted and explored in detail. In particular, spinor matter-waves in the form of DDD, DDB and DBB solitons, are tackled in the spin-QZ energy-plane, (c_1, q) , being further distinguished and classified in terms of their magnetic, stability and dynamical properties. This effort has been strongly motivated by recent experiments focused on studying the magnetic or not soliton excitations forming in spin-1 Bose gases [22, 34, 35, 50, 54]. Specifically, it is found that DDB solitons exist in the AF and the EA phases, being unmagnetized and unstable configurations in the former and magnetized, experiencing also stable intervals in the latter phase. Unmagnetized DBB solitons are identified in the EP and the PO phase as stable and unstable entities respectively, while the coexistence of EP DBB solitons with stable and nematic DDD ones is showcased. Remarkably, all of the above-mentioned stable and unstable waveforms, whose dynamics entails predominantly particle-like translational or breathing oscillations, experience lifetimes ranging from one to several seconds, corroborating their direct experimental relevance and potential observability. Alterations of the statics and dynamics of all of these spinor solitons when exposed to finite temperatures have also been studied. Here, the anti-damping in trap oscillation of all states is unravelled, being progressively suppressed for larger bright soliton component 'fillings' of the dark notch, generalizing this way earlier findings to the spin-1 setting.

Focusing on the relevant deformations of each principal spinor soliton far from and around the associated transition threshold it is demonstrated that AF DDB states deep in the AF phase morph into a symmetric DD configuration while immediately after crossing the transition boundary are abruptly deformed in the GS of the PO phase. Three distinct deformations occur for EA DDB waves, namely from fully magnetized stable DB solitons deep in the EA, to metastable states near the EA-EP threshold and finally to the GS of the PO phase. Interestingly, among these morphings, the metastable states develop into long-lived magnetic spin configurations that resemble the so-called magnon-drops [55, 56] with a characteristic domain-wall [69] building between the droplets and being imprinted in the local magnetization. Also PO and EP DBB solitons deform with the former penetrating the AF phase leading to coexisting DDB and DBB waves. The PO DBB solitons feature two deformations: they abruptly morph either to the AF GS or into stable single dark solitons deep in the PO regime. On the other hand, nematic DBB solitons turn into metastable states as the EP-EA threshold is crossed which evolve into nematic this time yet long-lived droplets. Highly localized DBB solitons occur for an EP-PO transition before the final morphing of these states to single and linearly stable dark solitons. Finally, nematic DDD solitons of the EP phase experience an abrupt deformation to a single dark soliton deep in the PO regime while they gradually morph, when entering the EA phase, into unstable magnetized symmetric DD configurations. Strikingly, these DD entities evolve into composite spin objects containing a central dark soliton and a spin-wave. They have finite local magnetization and remarkably long lifetimes. Evidently, a plethora of new entities are identified in this spin-1 setting, whose magnetic imprint can be probed experimentally.

Several extensions of the present work can be put forth. As a first step one can unravel the fate of the identified spin-1 soliton solutions subjected to quenches across the first and second order phase transition boundaries. Yet another interesting perspective would be to study interactions [22, 44, 51] between the spinor solitons identified within each phase of the above-obtained phase diagram or even unravel lattices consisting of multiple spinorial solitons in analogy to the two-component settings e.g. of references [21, 25]. In some cases where different solutions co-exist (e.g. the DBB and the DDD in the EP phase), one could even consider collisions between different types of entities. Another aspect that the present work motivates further concerns the study of domain-wall configurations in suitable regimes of the relevant phase diagram (e.g. within the EA phase). In the present setting we did not consider the role of three-body losses, motivated by the evident absence of their consideration in the array of recent experiments [22, 34, 35, 50, 54]. Yet, for longer times, such effects should naturally come into play and are worthwhile of separate consideration. Finally, generalizing the phase diagram of nonlinear excitations extracted herein in higher dimensions where vortex-bright states [74, 75] are expected to form would be also a fruitful future direction.

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