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Annual Report: Nebraska Extension in Lancaster County, January 1, 2021 through December 31, 2021

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Nebraska Extension in Lancaster County ANNUAL REPORT

January 1, 2021 through December 31, 2021

EXAMPLES OF 2021 PROGRAMS



4-H Youth Development



Nutrition Kits for Classrooms

Carrots & Radishes



Sarah Browning

- Well drained soil, free of rocks
- Direct seed, 55-75°F
 - Carrots – 7 to 21 days to emergence
 - Radishes – 3 to 4 days
- Light to medium fertility requirement; if needed apply preplant

Horticulture 1/3-1/2" depth, 1-2" width in row; single or wide rows



Urban Entomology



Domestic Water and Wastewater Management




WHAT IS MINDFULNESS ?



An awareness resulting from non-judgmental attention to our sensations, thoughts, and feelings in the present moment and community.

Early Childhood Development

January 2022

Deb Schorr, Chair
Lancaster County Board of Commissioners
County-City Building
555 South 10th Street, Room 110
Lincoln, Nebraska 68508

Dear Commissioners:

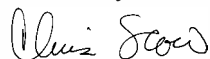
Nebraska Extension is pleased to continue a strong tradition of making a difference in the lives of individuals, families, businesses and communities in Lancaster County! Our programs address issues Nebraskans have identified as important to our State.

Enclosed you will find Lancaster County Extension information from 2021. Contents include:

- 1) **About Extension** – Lancaster County Extension mission statement, overview and impact reports;
- 2) **Staff and Programs** – staff directory and Extension Educator annual program summaries;
- 3) **Financials** – summaries of 2020-2021 budget expenditures and current fiscal year 2021-2022 budget; and
- 4) **Media** – website and social media information, samples of our Nepline monthly newsletter and local newspaper articles.

Thank you for continuing to invest in Nebraska Extension as a local collaborative partner. We strive to be great stewards of resources and work hard every day to demonstrate a strong return on your investment. As you know, Extension Educators and Assistants live, work and engage with people in your communities. We look forward to making a difference in the lives of Nebraskans together with you!

Sincerely,



Chris Scow
President
Lancaster County Extension Board



Karen Wobig
Unit Leader/County Department Head
Nebraska Extension in Lancaster County

Enclosures



Nebraska Extension: A Local, State and Federal Partnership

Nebraska Extension in Lancaster County represents a federal, state and local partnership.

The University of Nebraska–Lincoln (UNL), through state and federal funds, contributes salary and benefits for extension educators and assistants, and for the Nutrition Education Program. UNL also provides county extension staff with campus-based specialists, ongoing professional development, in-service training, extension materials, publications and overall program support.

Lancaster County provides office and educational facilities, support staff, program staff and materials, and an annual operating budget.

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Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska–Lincoln cooperating with the Counties and the United States Department of Agriculture.

Nebraska Extension educational programs abide with the nondiscrimination policies of the University of Nebraska–Lincoln and the United States Department of Agriculture.



Nebraska Extension in Lancaster County

About Extension



January 1, 2021 through December 31, 2021

Nebraska Extension in Lancaster County

2021

Nebraska Extension in Lancaster County is a partnership between Lancaster County, University of Nebraska–Lincoln, and the U.S. Department of Agriculture. Extension accomplishes UNL’s land-grant mission by extending reliable, research-based information in the areas of Community Environment; Food, Nutrition & Health; Water & Integrated Cropping Systems; 4-H Youth Development; Early Childhood and Beef Systems.



The Lancaster Extension Education Center is located at 444 Cherrycreek Road in Lincoln.

Nebraska Extension’s mission: Engaging with Nebraskans wherever they are, connecting them with the resources, research and innovation of the University of Nebraska.

LANCASTER COUNTY EXTENSION BOARD

The Extension Board serves as an advocate for Nebraska Extension in Lancaster County. Members of the board are appointed by the Lancaster County Board of Commissioners. The Extension Board provides guidance to Extension staff in establishing and accomplishing Extension education program goals and objectives. Annually, it assists in developing an operating budget and local educational priorities.



LANCASTER COUNTY 4-H COUNCIL

Lancaster County 4-H Council represents the interests of youth, parents and leaders. 4-H Council is responsible for determining long- and short-term goals and policy for Lancaster County 4-H. They also raise funds by staffing a food booth at the Lancaster County Super Fair. These funds help support 4-H programs, activities, and scholarships.



LANCASTER COUNTY AGRICULTURAL SOCIETY

The Lancaster County Agricultural Society (LCAS) is a publicly-supported organization whose mission is to promote agriculture, youth, and community. The LCAS Board of Directors hosts the annual LANCASTER COUNTY SUPER FAIR. During the fair, local residents and 4-H & FFA members exhibit projects and compete in life-skills events. LCAS and Extension work together under a “memorandum of understanding” for a successful county fair.

OUR FOCUS

PROGRAM AREAS



BEEF SYSTEMS

Nebraska is nationally known as the Beef State. Our team provides research-based information and resources to beef producers to help them provide an economical, safe, quality product to consumers while protecting and preserving Nebraska's vast natural resources.

VISIT BEEF.UNL.EDU



THE LEARNING CHILD

As caring adults in young children's lives we play a major role in setting the stage for lifelong learning, discovery and success. Nebraska Extension is committed to providing research-based strategies to help you support the holistic development of the young child in your care.

VISIT CHILD.UNL.EDU



COMMUNITY ENVIRONMENT

Extension is committed to helping Nebraskans know more about creating resource- and energy-efficient rural and urban landscapes, protecting and managing water resources, properly managing insect and wildlife pests, and more.

VISIT COMMUNITY ENVIRONMENT.UNL.EDU



COMMUNITY VITALITY INITIATIVE

CVI is focused on launching the heart and soul of the state, its rural and urban communities, into the future by focusing on entrepreneurship, recruiting new residents, disaster recovery, broadband access, engaging youth and young adults, and building businesses.

VISIT CVI.UNL.EDU



CROPPING & WATER SYSTEMS

Population growth puts a greater stress on expanding yields for food, which still encouraging resource stewardship. To help meet this challenge, we share unbiased, research-based information for a diversified agricultural audience.

VISIT EXTENSION.UNL.EDU/CROPPINGWATER/



FOOD, NUTRITION & HEALTH

The Food, Nutrition and Health program is focused on improving nutrition, physical activity, and food safety outcomes for Nebraskans. The Food Website is a pioneer in connecting all the Extension food-related areas of a university under one umbrella website.

VISIT FOOD.UNL.EDU



4-H YOUTH DEVELOPMENT

4-H empowers youth, ages 5-18, to reach their full potential working and learning in partnership with caring adults. 4-H is education for life that uses a learn-by-doing approach. In Nebraska, 4-H is present in ALL 93 counties across the state.

VISIT 4H.UNL.EDU

Lancaster County

2021 Impact At-A-Glance



Brought to you by Nebraska Extension

lancaster.unl.edu



Since its development in 2000, the nutrition kit program has helped teachers educate more than 165,000 local students about health, nutrition and physical activity. Learn more at go.unl.edu/kits

In 2000, Lancaster County Extension developed nutrition kits as a supplemental teaching tool for 3 grades in 12 Lincoln Public Schools. Over 20 years, the kit program grew to include all grade levels and more schools. In 2021, LPS integrated the nutrition kits into its core health curriculum and helped provide kits for K-5 classrooms in all 39 elementary schools. The kits meet national health standards and contain teacher curricula and supplies for hands-on experiences. Kooser teacher Julia Albrecht says, “The kids love the nutrition unit. The activities show them how to make healthy choices.”

Programs At-A-Glance

- **Food.unl.edu:** Extension's statewide food, nutrition and health website, coordinated by Educator Kayla Colgrove, had over 2.5 million page-views and is one of UNL's top 5 domains.
- **Donation Gardens:** Extension staff and Master Gardeners grew and donated 805 pounds of produce to people in need through Growing Together Nebraska and Plant A Row for the Hungry.

24,313

youth engaged in 4-H programs through clubs, workshops, schools, community sites and camps.

\$630,379

is the value of 23,878 hours of service given by 1,896 Extension volunteers.

3,303

childcare providers participated in 76 virtual and 10 in-person professional development trainings.

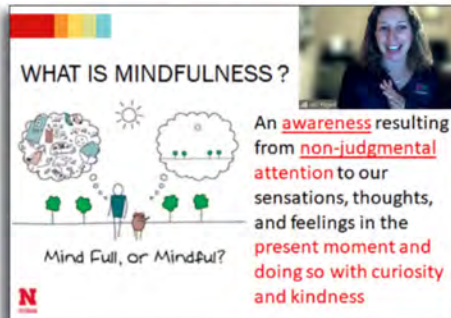
2021 Extension Highlights

“The Master Health Volunteer classes helped me see what’s going on in the community. That there are a lot of problems, but we can work to help solve them by spreading knowledge to other youth and community members.”

—Naw Bue, Youth Master Health Volunteer, part of Extension’s Well Connected Communities



Nutrition Kits for Classrooms — This year, Lincoln Public Schools integrated the School Enrichment Nutrition Kits, developed by Lancaster County Extension 21 years ago, into its core health curriculum and helped provide kits for all elementary classrooms. The kits meet national health standards and contain teacher curricula and supplies for hands-on experiences. Since its beginning in 2000 for 3 grade levels in 12 schools, the program has expanded to grades K-5 in all 39 elementary schools and has helped teachers educate more than 165,000 students. Pictured is Extension Educator Alyssa Havlovic (right) with an LPS teacher.

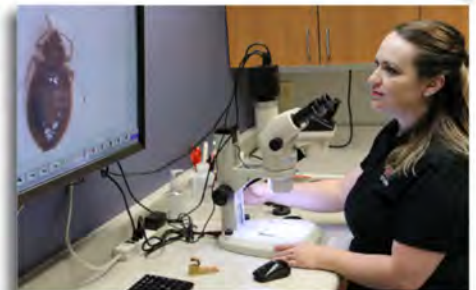


WHAT IS MINDFULNESS?

An awareness resulting from non-judgmental attention to our sensations, thoughts, and feelings in the present moment and doing so with curiosity and kindness

Mind Full, or Mindful?

Childcare Trainings — Extension Educator Jaci Foged delivered or co-delivered 86 professional development trainings to 3,303 childcare providers, generating 5,388 in-service hours approved by the Nebraska Department of Health & Human Services. Due to the ongoing pandemic, 76 of these trainings were held virtually, and 10 were delivered in person. Feedback indicates the trainings made a positive impact, such as, “CHIME has helped me identify my stressors and manage my feelings when I’m stressed,” and “I have more compassion in my interactions with the children.”



Diagnostic Services — Extension offers insect and plant identification and management recommendations. Extension’s horticulturists and entomologist assisted with more than 4,100 phone calls, emails and walk-in requests. Pictured is Extension Educator Kait Chapman identifying a bed bug.

Extension’s Volunteers Worth Over \$630,000

Lancaster County Extension’s estimated **1,896 volunteers gave 23,878 total hours of service worth \$630,379*** to our community! Extension benefits from these volunteers who help extend the reach of programs such as 4-H, Master Gardeners and Master Health Volunteers.

*Based on Independent Sector’s estimate of Nebraska’s value of a volunteer hour in 2020 as \$26.40

Extension helps people solve real-world problems



Discovery Days — New this summer was UNL East Campus Discovery Days. Several Lancaster County Extension staff presented hands-on, science-focused activities to over 700 people. Pictured is Extension Associate Becky Schuerman (right) who serves as Extension’s statewide domestic water and wastewater coordinator, presenting aquifer in a cup.



Donation Gardens — Through “Growing Together Nebraska” gardens funded by SNAP-Ed, Extension staff and Master Gardeners grew 394 pounds of produce which was donated to people in need, mostly through the Connection Point pantry. In addition, 411 pounds of produce was donated by Master Gardeners and community members through “Plant A Row for the Hungry.”

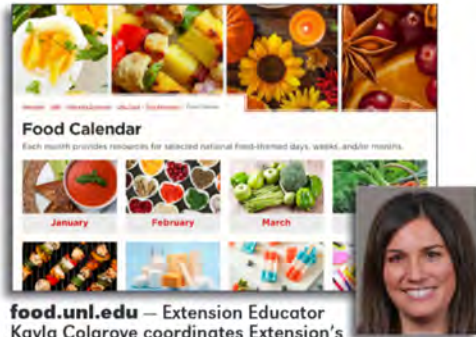
MORE ON NEXT PAGE

- 24,313 Youth Engaged in 4-H Programs
- Other Extension Highlights

Non-Profit Organization
 U.S. Postage Paid
 Permit No. 36
 Omaha, Nebraska

CHANGE SERVICE REQUESTED

Nebraska Extension in Lancaster County
 444 Cherry Creek Road, Suite A
 Lincoln, Nebraska 68528-1591



Food Calendar
Each month provides resources for selected national Food-themed days, weeks, and/or months.

food.unl.edu — Extension Educator Kayla Colgrove coordinates Extension's statewide website, which received over 2.5 million pageviews and is one of UNL's top 5 domains. The website provides tips, recipes and resources to help people make healthy food choices, safely prepare food and increase physical activity. The Food Calendar was recently revamped and received over 90,000 pageviews.



Master Health Volunteers — As part of Extension's Well Connected Communities initiative, Educator Emily Gratopp (top right) started a Master Health Volunteers program and founded the Health Equity Coalition which has grown to over 50 members. 24 youth and 21 adult Master Health Volunteers are taking collective action to increase health in our community.

Carrots & Radishes

- Well drained soil, free of rocks
- Direct seed, 55-75°F
 - Carrots — 7 to 21 days to emergence
 - Radishes — 3 to 4 days
- Light to medium fertility requirement; if needed apply preplant
- Spacing — 1/3-1/2" depth, 1-2" width in row; single or wide rows

Sarah Browning

GROBigRed — Three Lancaster County Extension staff, including Extension Educator Sarah Browning, contributed to the statewide GROBigRed Virtual Learning Series. This year, 23 live Zoom webinars drew 1,742 participants. The archived recordings have been viewed 2,085 times on YouTube (<http://go.unl.edu/grobigreredtube>). In a season-end survey, 76% of participants indicated because of what they learned, they had adopted or changed a gardening practice.

Your Trusted Educational Resource

"Engaging with Nebraskans wherever they are, connecting them with resources, research and innovation of the University of Nebraska." Nebraska Extension's newly revised mission statement reflects the commitment of dedicated Extension staff to help every



Nebraskan solve real issues. The work and programs highlighted in this report are a small sample of how local residents, and beyond, count on Lancaster County Extension to be relevant, inclusive, innovative and responsive. Unbiased information, delivered through a blend of

in-person and virtual methods, inspires Nebraskans to live prosperous and healthy lives. Education makes a difference to individuals and strengthens our community.

Have a safe and productive 2022.

Karen Wobig,
Extension Educator & Unit Leader

Learn more about our programs and connect with us
 • <http://lancaster.unl.edu>
 • Facebook, Twitter, YouTube, Flickr



4-H Programs Engaged 24,313 Youth

through opportunities such as clubs, workshops, school enrichment programs, afterschool/out-of-school activities and camps



4-H Clubs — With 75 clubs ranging from 5 to 47 youth members, clubs are an important part of the Lancaster County 4-H program. 4-H clubs are led by adult volunteers, hold regular meetings, elect youth officers, recite the 4-H pledge, learn together and do community-service projects. Pictured are members of the N-Bots club demonstrating their programmed competition robots to members of the Clover Kids club.



4-H at Lancaster County Super Fair — Over 530 4-H/FFA exhibitors showcased over 4,100 exhibits (including static exhibits, animals, contest entries and Clover Kids exhibits). The Super Fair provides 4-H youth an opportunity to share the projects they've worked on throughout the year. This year, many youth created special theme exhibits to help celebrate 150 years of the Lancaster County Fair. Pictured are youth showing their meat goat projects.

4-H gives meaning to young people



4-H Clover College — Four days of hands-on workshops emphasize science, ag literacy, healthy living, career development and citizenship/leadership. 93 youth attended 48 workshops with a total 627 class registrations. Pictured is Extension Educator Tracy Anderson assisting with the Ozobot Robots workshop.



4-H School Enrichment — Lancaster County 4-H presents several programs in local schools and to homeschooled youth. These programs meet Lincoln Public Schools, Nebraska or national education standards. Pictured is Extension Assistant Calvin DeVries candling eggs as part of Embryology, which was presented to 62 schools, 216 classrooms and 3,784 students.



Nebraska Extension in Lancaster County

Staff & Programs



January 1, 2021 through December 31, 2021



EXTENSION

UNL EXTENSION IN LANCASTER COUNTY Staff & Their Primary Responsibilities



as of September 2021



Tracy Anderson
Extension Educator
Lancaster County
4-H Coordinator



Sarah Browning
Extension Educator
Horticulture; Acreages;
Urban Agriculture



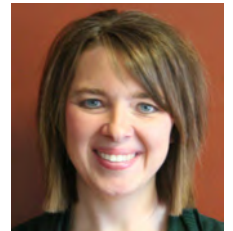
Kait Chapman
Extension Educator
Urban Entomologist



Kayla Colgrove
Extension Educator
Food, Nutrition & Health



Deanna Covault
Clerk Typist II
Receptionist Duties;
Supports Horticulture
and Urban Agriculture



Jenny DeBuhr
Administrative Services
Officer
Office Management



Calvin DeVries
Extension Assistant
4-H Livestock, Dog &
Poultry; Ag Awareness
Festival; 4-H Embryology
School Enrichment



Jaci Foged
Extension Educator
Early Childhood



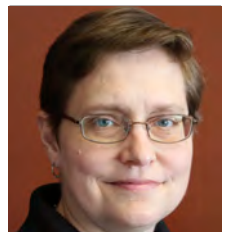
Mary Jane Frogge
Extension Associate
Horticulture;
Master Gardeners;
4-H Horticulture



Kristin Geisert
Extension Associate
4-H Static; Clover College
and Leader & Club Dev.



Alyssa Havlovic
Extension Educator
Growing Healthy Kids;
Food, Nutrition & Health



Vicki Jedlicka
Publication & Media
Assistant
Publications, Media and
Marketing



Emily Kern
Clerk Typist II
Supports 4-H; Assists in
Receptionist Duties



Erin Lais
Clerk Typist II
Supports Early Childhood;
Food, Nutrition & Health,
GHK, & Admin.



Erika Murray
Extension Assistant
4-H Science; Technology;
Engineering & Math
(STEM) Education



Kate Pulec
Extension Assistant
4-H Horse, Rabbit,
Homeschool
Programming, Cat &
Household Pets



Chris Rosenthal
Repair & Cleaning
Worker
Room Set Up;
Building Maintenance; etc.



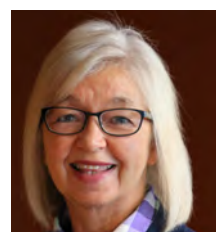
Becky Schuerman
Extension Associate
Domestic Water/
Wastewater



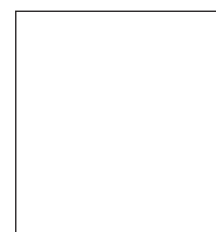
Karen Wedding
Clerk Typist II
Supports WICS; Urban
Entomology; ewf; Domestic
Water/Wastewater; &
assists Vicki with Media/
Pubs



Jim Wies
Extension Associate
Computer, Media
Equipment and Technology



Karen Wobig
Extension Educator
and Unit Leader/
Department Head
Administrative



Extension Educator
Water & Integrated
Cropping Systems

Nutrition Education Program Staff

Nebraska Extension's statewide Nutrition Education Program (NEP) is part of the federal Supplemental Nutrition Assistance Program – Education (SNAP-Ed) and federal Expanded Food and Nutrition Education Program (EFNEP)



Courtney Eitzmann

Extension Assistant
SNAP-Ed —
School Enrichment; Teens;
and Healthy Environments



Brie Frickenstein

Extension Associate
SNAP-Ed — Youth; Adults;
Seniors; and Healthy
Environments



Emily Gratopp

EFNEP Educator
County Program
Leadership



Meredith Kuca

Extension Assistant
SNAP-Ed —
Seniors; Adults; and
Healthy Environments



Irvin Ramirez

Extension Assistant
EFNEP — Youth; Adults;
and Healthy Environments



Victoria Reis

Extension Assistant
EFNEP — Youth; Adults;
and Healthy Environments



Konnie Robertson
Office Assistant

Administrative Support for
all NEP Staff

Tracy Anderson, Extension Educator & 4-H Urban Coordinator 4-H Youth Development Program Summary

As the 4-H Youth Development Urban Program Coordinator in Lancaster County, I administer the day-to-day programming of a large 4-H youth development program. I have responsibility for providing leadership to a 4-H team consisting of four extension assistants. This past summer I also directly led two interns and had overall leadership for 3 additional interns. I promoted teamwork within the Lancaster Co. youth development team, engaged & increased partnerships, shared impact with stakeholders and secured monetary support. I offered professional development opportunities, led 4-H team meetings, provided guidance for programming, needs assessments, and evaluations. I helped secure programming supplies and guided overall protocol for grievance procedure and policy; I ensured financial and youth safety compliance.

*Provided leadership for the Lancaster Co. 4-H program reaching 24,313 youth, 19,494 unduplicated and reaching 39% of youth in Lancaster Co. 18,286 youth participated in school enrichment programs. Nearly 900 youth were enrolled in one of over 70 4-H clubs or participated as independent members. In addition, nearly 1,800 volunteers participated in Lancaster 4-H youth development programs volunteering 16,805 hours of service worth \$419,620.85** to our community. Lancaster Co. 4-H'ers reported 1070 hours of community service worth an additional \$28,248** to our community. **Based on Independent Sector's estimate of Nebraska's value of a volunteer hour in 2020 as \$26.40.

*Provided overall leadership for 4-H at the 2021 Lancaster Co. Super Fair. Nearly 530 4-H/FFA exhibitors entered ~4,000 exhibits providing an opportunity for 4-H'ers to showcase their projects and demonstrate what they've learned throughout the year.

*Chaired two search committees for the 4-H Extension Assistant position focusing on STEM in Lancaster Co. Served on the Lancaster Co. 4-H support staff search committee.

*A Lancaster Co. 4-H volunteer and I co-led the Lancaster Co. Teen Council. Comprised of ~25 4-H members from all over the county, Teen Council focuses on service learning and leadership. Teens elected officers and created meeting agendas. Teens gained understanding of how to be a contributing citizen.

*Served as liaison to Lancaster Co. 4-H Council which is comprised of up to 16 youth and adult elected members who meet monthly. Helped determine the annual balanced budget. Guided members in their leadership roles, helped plan & implement the 4-H Fair Food Stand, a large, 6-day event grossing over \$18,000. Secured and helped provide training to over 140 4-H youth and adults who volunteered ~550 hours and learned proper customer service, food safety, how to count back change, work cooperatively, and give back. Helped coordinate and/or provide mentorship and training for five additional fundraisers.

*To provide the 4-H team opportunities for increased learning, invited 4-H Coordinator Maria Walker to present CliftonStrengths workshop to further their understanding of how to discover their most dominant talents and work within their strengths. Also led 4-H Book Group focusing on leadership to four 4-H team members.

*The Lancaster Co. 4-H team continually strives to engage all youth in the county and we are intentional in our programming. In addition to the strong 4-H club program in the county, 4-H has a substantial presence in school enrichment & out-of-school time programming. Examples include:

*In 2021, Covid-19 required the 4-H Embryology School Enrichment team comprised of Extension Assistant, Calvin DeVries, team lead, and Extension Assistant, Kate Pulec who helps provide presentations, to pivot to a hybrid model where fertilized chicken eggs and associated materials were delivered to schools and classroom presentations were adjusted to Zoom. 3,723 3rd grade youth from 199 classrooms at 62 public and private schools were reached essentially reaching all 3rd graders in Lancaster County. Data show (n=91) 99% of teachers responded lessons learned during 4-H Embryology can be applied to future concepts.

*The annual Ag Festival led by DeVries occurred as a virtual opportunity in 2021. DeVries secured several partners including Pulec to create videos. As a result, nine schools participated reaching 543 students from 25 classrooms were able to increase youth understanding and awareness about agricultural concepts. DeVries reached an additional 328 youth by assisting with the Husker Mobile Beef Lab. Youth learned about the compartments of the stomach and felt inside a fistulated steer.

*In 2021 we partnered again with Lincoln City Libraries and offered a new way to experience the STEM Reading Connections program by also partnering with the Extension Early Childhood Team and utilizing their Imagination Guides. We created kits with instructions on paired activities providing opportunities for exploration and the Lincoln City Libraries added the books and shared the kits with 7 library branches. As a result, 152 families and childcare groups checked out the kits providing an opportunity to inspire creativity and wonder.

*Ericka Murray's first day of work as a 4-H Extension Assistant in Lancaster Co. was May 10 and August 10 she transferred to the Douglas-Sarpy 4-H team where she lives. During the summer she implemented STEM programming with six community centers and reached 457 youth. Following an evaluation, a subset of data (n=18) show 100% of students responded they either learned or sort of learned something new about science at 4-H.

*The 4-H team helped organize and teach the Connecting the Dots career and college success program at Northeast High School reaching ~50 freshmen and ~90 sophomore students. This two-day event included many people from businesses, industries, higher education and the military helping students understand specific job and career opportunities.

*As part of the Well Connected Communities (WCC) grant and in conjunction with the 2021 National 4-H Healthy Living Summit, I led four teens through a Dolphin Tank (similar to Shark Tank) experience. Teens addressed a mental health need within Lincoln and helped build 2 garden beds for an independent and assisted living home with their \$1,000 award and the help of a Master Gardner and some adults. When asked about this experience, one teen, Naw, said it, "Really help me grow as a person," and, "I get to share my voice." Teen Kylie said, "I really like that we were able to help the residents at gramarcy."

*In 2020, secured \$6,000 through from Bayer for the "Why We Science Through 4-H" grant focusing on the iGrow School Enrichment Program. Received extension due to Covid-19. DeVries is serving as a co-leader for this program and created resources and plans towards offering the iGrow program as school enrichment program. I hired intern to help attain goal of reaching over 1,000 underserved youth.

Sarah Browning, Extension Educator Horticulture Program Summary

In 2021 my plan was to incorporate techniques and tools learned in 2020 into ongoing program efforts, making all programming more effective and efficient. This was also a transition year as I sunset my participation in two large program efforts – planning committee chair of the Great Plains Growers Conference and state lead North Central Regional Center for Food Safety Modernization Act (FSMA) Training, Extension and Technical Assistance. The second NCR FSMA 3-year grant ended in 2021. The next grant focusses on food safety during processing, so I recruited Byron Chaves-Elizondo, assistant professor & food safety Extension specialist, who has extensive experience in food processing to take over as state lead for the next 3-year grant. I began a new project, described below, called Water Dogs; an Extension Master Gardener (EMG) driven water and soil conservation program aimed at increasing irrigation efficiency and landscape soil quality. Finally, for the next three years, I am taking on a new service role on the campus/statewide educator promotion committee.

Important Contributions

Goal #1 – Nebraskans will have access to abundant and safe sources of locally grown produce.

Objective #1 – Commercial fruit & vegetable growers will adopt growing and handling practices that reduce microbial contamination risk to fresh produce, through participation in Produce Safety Alliance grower training and certification. Accomplishments: Co-taught 3 Produce Safety Alliance (PSA) grower trainings to 57 participants from multiple states. 2021 knowledge assessment results, when compared to previous years, showed knowledge gained from remote delivery trainings was no different than face-to-face trainings. Follow-up surveys confirmed that for some participants remote delivery made it easier for them to access the PSA grower training, because they did not have to travel. That, combined with evaluation results provides reason to continue offering some remote delivery trainings even when the COVID pandemic is over. In 2021, pre and post-test evaluations showed an average 4.5-point knowledge gain (out of 25).

Continuing my support of local food growers, I developed a food safety program for the first inaugural Nebraska Specialty Food Conference. The first conference, scheduled for November 2021 was cancelled, but is rescheduled for February 28, 2022. I will present my program at that time.

Objective #2 – Nebraska produce growers will increase their production and business skills as a result of attending the Great Plains Growers Conference (GPGC). Accomplishments: I led the creation of a virtual 2021 GPGC conference, February 12-13, 2021, which was attended by over 175 growers. 69% participants have adopted new practices that save them money or increased farm revenue as a result of attending the conference. (n=54)

Goal #2 – Clientele will create sustainable landscapes and adopt land management practices that protect human health and natural resources, particularly ground and surface water, from fertilizers, pesticides and other sources of pollution.

Objective #1 – Nebraskans will adopt practices to create and maintain sustainable landscapes, protecting natural resources and human health, through access to research-based web information, media articles, one-on-one clientele contacts and Extension programming.

Accomplishments:

- Water Dogs Program – In a new program this year, 24 EMGs were recruited and received in-depth training on irrigation efficiency, improving soil quality and assisted by Extension staff with an irrigation audit of their home system. From May through August, the volunteers used a soil probe weekly to determine soil moisture. They collected data on soil moisture meter readings, rainfall, irrigation frequency, system maintenance and any other practices they used/changed. In a pre-program survey 52% participants turned their systems on at the beginning of the season and only turned it off during rain.

The Bureau of Sociological Research (BOSR) assist with post-program evaluation. Key findings include:

- 61% based irrigation frequency on soil moisture meter very closely
- 91% reduced water use through participation
- 83% plan to turn off irrigation system until soil moisture meter indicates a need
- 67% had better turf grass

Due to this year's pilot program success, 2022 plans include recruiting a new class of volunteers and training the inaugural class how to teach this information to the general public, in a program called "Water Dogs: One Block at a Time".

- GROBigRed – The launching of the GRO Big Red Virtual Learning Series was a great outcome of 2020's ban on in-person programming. Nebraska Extension Community Environment educators, which includes pathology, entomology and horticulture staff, provide programs jointly developed and presented via Zoom to the general public. In 2021, 23 programs were delivered from January through October, reaching 1,742 participants with 2,141 views on YouTube - a 98% increase in viewership. I presented one program and assisted with twelve others. On average, 65% participants adopted or changed a practice this summer, from a follow-up survey.
- ProHort – Horticulture educators continue to provide education for commercial green industry professionals through annual ProHort Workshop training and the Hort Update monthly email newsletter. We combined forces and offered two virtual 2021 ProHort training workshops, 158 attendance. 63% of participants had participated in past ProHort programs. (n=70) As a result of their participation, 100% positively identified plant problems BEFORE treating with a pesticide. 88% planned to share knowledge gained with their staff or colleagues. A significant change one participant implemented in 2020 was to use more integrated pest management techniques and "pass along [recommendations for] preventive measures" to clientele.
- Extension Master Gardener program for Lancaster & surrounding counties – In 2021, 92 EMGs volunteered 3,357 hours, 96.5 hours in Seward County, a \$88,624 value to their communities. Based on the Independent Sector's Nebraska's 2020 volunteer value of \$24.60/hour. Lancaster horticulture staff and EMGs responded to 5,438 client contacts. Sarah and Mary Jane delivered 39 programs to a variety of audiences. EMGs participated in 7 programs and interacted with 884 youth and adults. All contacts and programs addressed direct clientele needs, enabling them to more safely and effectively manage their landscapes.

Kaitlin Chapman, Extension Educator

Urban Entomology Program Summary

Chapman's work focused on community education of urban pests and the adoption of integrated pest management practices guided by her 2021 goals: 1) Nebraskans will be able to identify insects of medical importance; 2) Nebraskans will be aware of and adopt sustainable integrated pest management (IPM) practices; and 3) Underserved stakeholders (e.g., minority community members, low-income households, etc.) will make informed decisions about urban insects and pests.

Chapman's most significant contributions to Nebraskans in 2021 include a variety of collaborative programs and products. These include the following:

- Responded to 606 insect-related inquiries and clients via email, phone, or office walk-ins. Clients largely included homeowners and pest management professionals.
- Collaborated on projects with the Community Environment interest group including co-organizing three GROBigRed webinar series on Houseplants, Pollinators, and Pest Problems & Solutions. This included 11 webinars, which had a total of 973 live attendees. Of the 11 webinars Chapman co-organized, she presented or co-presented six via Zoom.
- Participated as a live-panelist and entomology expert for Nebraska Public Media's Backyard Farmer on seven occasions and recorded two educational segments. The 2021 season of Backyard Farmer averaged over 20,000 viewers per week.
- Developed and co-authored the 2021 Cockroach Management Manual, an in-depth guide on the integrated management of cockroaches in Nebraska. The manual was also translated into Spanish and is expected to be one of Lancaster County's most-utilized web resource upon completion of its formatting in early 2022. The previous cockroach control resource available online from Nebraska Extension received nearly 23,000 pageviews in 2021.
- Co-organized the 2021 Lincoln City Nature Challenge (LCNC) with Nebraska Game & Parks and several other organizations. The LCNC encouraged Lincoln community members to find and document urban wildlife over a four-day period. Chapman presented and hosted seven virtual events to a total of 266 live attendees. The LCNC has also prompted a partnership with the Southern Heights Food Forest, to host future events on insect identification and best pest management practices in gardens.
- Partnered with the Lincoln Housing Authority (LHA) and the Lincoln-Lancaster County Health Department to provide bed bug- and cockroach-related educational materials to Lincoln tenants and property owners. An estimated 5,000 brochures and bed bug identification cards were distributed to two LHA offices.
- With the help of IANR Media, developed and facilitated the redesign of Lancaster County's "Insects, spiders & more" program webpage to be more user-friendly to meet the needs of our clients. This has included updating and rewriting pertinent

information on major urban pests and their management. The new website is expected to be available to the public in early 2022.

- Expanded her program to be more inclusive of diverse audiences by collaborating with other educators on the Indigenous Food Sovereignty Program which connects native Lincoln Public School students with UNL Extension faculty to learn how to grow their own food. I will be contributing to the program in 2022 by leading workshops on pesticide-free management practices for garden pests and the role of beneficial organisms.
- Promoted pollinators and pollinator conservation through various events including the Audubon Society's Tour the Wildside event that emphasized pollinator-friendly landscapes in urban areas, hosting an educational table focused on the benefits of pollinators at the Cass County Fair, and hosting the Nebraska Moth Night.

In addition to these contributions, Chapman also promoted integrated pest management via various radio, television, and print media outlets. This also included serving as a co-author and editor of several HortUpdate newsletters, monthly articles for the Lancaster County Nebline, the Yard & Garden Live radio show, and various interviews with 1011 NOW news in Lincoln. Additionally, Chapman has collaborated with other educators on a number of family- and youth-focused events and programs promoting the importance of insects. These include 4-H judging at the County and State Fair levels, and the development of "Bug Hunt Bingo" and "Build A Bug" among other K-12 curriculum.

Throughout her program, Chapman strived to exhibit excellence in Extension through her engagement and impact within the community. The breadth of the projects she was involved in in 2021 has positioned her to advance her program to be more impact-focused and goal-oriented in the upcoming years, paying particular attention to making connections with under-served communities and steering efforts to align with community needs. Chapman has recently developed a working relationship with Clinton Elementary School, which has a high percentage of low-income students, to provide head lice and bed bug educational resources to families in need. She also hopes to develop more resources to help the community, including working with other organizations to develop a Bed Bug Relief Fund for low-income families that may be unable to afford needed treatments.

Additionally, the continuation of the COVID-19 pandemic has also meant the continued adaption of programming, including only providing many programs online and physically distant. Because of the circumstances, Chapman has opted to postpone the BugMasters volunteer program by another year and delay IPM in Housing workshops that are being developed in collaboration with the Lincoln-Lancaster County Health Department.

Kayla Colgrove, Extension Educator

Food, Nutrition, and Health Program Summary

My goals were 1) learners will choose healthy eating patterns and physically active lifestyles and 2) communities, schools, childcare providers, and adults will provide and/or support an environment that reduces youth obesity and improves well-being. I accomplished these goals by co-leading the Healthy Habits grant, being a Go NAP SACC trainer, co-facilitating the Husker Performance program, and co-managing food.unl.edu.

Healthy Habits Grant

As Principal Investigator, I secured, co-managed, and completed the 2020-21 4-H Healthy Habits (HH) grant for \$51,500. Thirty-six Extension professionals mentored 43 teen ambassadors and coordinated programs with 78 partners to reach 2,430 underserved youth and their families across 29 counties. More than 5,800 family members were reached through virtual programs, distribution of take-home grocery bags, social media, and/or family newsletters. Youth received at least eight hours of education via in school and out-of-school programs and/or virtual programs. A post-survey for youth (n=1441) indicated:

- 93% of youth learned about healthy food choices.
- 74% of youth gave their family ideas for healthy meals or snacks.

Through the help of mentors, teens gained valuable hands-on experiences. At the end of the volunteer experience, a teen shared the following, “...I love working with the little kids and seeing all of their faces light up. Even if it's only for an hour, I hope that I make a huge impact on them. Influencing kids makes me so happy. Knowing they look up to me makes me smile.” A post-survey for teens (n=28) indicated:

- 96% of teens learned about healthy food choices.
- 86% of teens gave their family ideas for healthy meals or snacks.

I helped secure a new Soccer for Success (SfS) add-on grant. This program reached 142 youth and was delivered in Lancaster and Hall County. SfS programs helped us reach a more diverse population than our regular Extension programs (68 Hispanic or Latino, 23 Black/African American, 5 More than one race, 1 Asian, and 87 White).

Go NAP SACC

GO NAP SACC (Nutrition and Physical Activity Self-Assessment for Child Care) coaches child care providers through five simple steps to make healthy changes to their program. I helped one family child care home provider in Lincoln create an action plan, who has 8 children enrolled in the program. I provided almost 10 hours of technical assistance over 3 months and helped them improve in 6 nutrition areas, 2 breastfeeding and infant feeding areas, and 6 physical activity areas. At the end of the program, the provider said, “I feel better about making more of an effort in promoting healthy habits for myself, children and families in activities, materials, brochures,

and informal chats. My trainer was very helpful and encouraging.” I started working with two additional facilities in Lincoln who plan to complete the program in 2022.

Husker Performance

We are continuing a collaboration with Nebraska Athletics Performance Nutrition while fostering relationships with new staff and Director of Performance Nutrition, Dave Ellis. As described by huskers.com, Ellis is widely considered to be a thought leader in the high-performance fueling field. I had direct communication with Ellis about reviewing the curriculum and identifying the best options for content updates. I worked with Alyssa Havlovic to build a 1-hour Husker Performance (HP) presentation for our colleagues to use and create a logic model to determine the program’s next steps. In addition, I maintain the Google Classroom and food.unl.edu password protected page for teachers to access the curriculum. I assisted six teachers across Nebraska to implement the HP program to reach 139 students in middle or high school. According to the post survey (n=112), 75% of participants stated HP was worth their time.

Food.unl.edu

As a co-leader for food.unl.edu, I updated and created new content for one of UNL's most visited pages. The site hosted 1.6 million users and 2.4 million page views. The Food Calendar, which was one of my first Extension projects 10 years ago, received over 90,000 page views in 2021 when compared to 41,000 in 2011. I coordinated an update to revamp it in 2021. I created and sent five Food & Fitness Newsletters via email averaging 2,901 subscribers with 1,168 opens and 476 clicks per email.

My work was recognized nationally as demonstrated by receiving a National Extension Association of Family & Consumer Sciences (NEAFCS) Distinguished Service Award and being selected for a concurrent presentation at the National Health Outreach Conference (NHOC) and a poster presentation at the Society for Nutrition Education and Behavior (SNEB) Annual Conference. The NEAFCS award recognizes members for leadership, outstanding program efforts and personal and professional development. I submitted the abstract on training teen teachers to deliver nutrition education programming and helped create the presentation for the NHOC conference. I helped analyze the food.unl.edu data and create the poster abstract on updating website workflows to efficiently meet changing user needs during the COVID-19 Pandemic for the SNEB conference. In addition, I helped moderate and answer questions for two Nebraska Extension Physical Activity Resources presentations at the National EFNEP Conference for Emily Gratopp.

Jaci Foged, Extension Educator

Early Childhood Program Summary

Part 1: Supporting the emotional well-being of early childhood caregivers and young children

Cultivating Healthy Intentional Mindful Educators (CHIME) 8-week program continues to grow and adapt based on an iterative process. From April -December, we have had 67 early childhood professionals participate in the CHIME program in Nebraska. Most participants identified as female (97%), 78% are white, 2% are black or African American, 2% are Native American or Alaska Native, and 4% are of mixed race. These teachers represent a wide array of early childhood centers across Eastern Nebraska, including Head Start, school-affiliated centers, private centers, and family home child care.

- I led the (5th) revision of the Guiding Teacher Handbook, Participant Handbook and journal while coordinating their mass printing and planning for storage in Warehouse 2.
- I coordinated monthly “CHIME Check-in” meetings and provided CHIME updates as needed to 25 current Guiding Teachers located in NE, MN, OR, CO, NM, WA and Brazil.
- I coordinated and led a virtual CHIME Guiding Teacher Training in January 2021 with eight participants.
- I co-facilitated a virtual CHIME program in March (8 participants) and delivered an in-person program in Lincoln last fall (14 participants). I have also scheduled another in-person program in Lincoln beginning in February 2022.
 - 99% of participants agreed they would use mindfulness practices in their personal life and 98% agreed that overall CHIME was beneficial for their work as an early childhood educator
 - Participants increased their mindfulness and mental well-being and significantly decreased their perceived emotion dysregulation from before to after participating in the 8-week CHIME program.



"I have more compassion in my interactions with the children. I am able to step back breathe before responding. I view conflicts with coworkers as misunderstandings more often than personal attacks." – Childcare provider, Lincoln NE

- Preschool Development Grant (PDG) \$92,000.00 for 20-21 & \$152,000.00 for 21-22.
- Awarded \$1,998,710.00 DHHS Administration for Children and Families (ACF) 4 year grant on "Head Start University Partnerships: Building the Evidence Base for Early Childhood Education (ECE) Workforce Well-being".

Note: My role with the University has been modified so that I can take on the role of Program Manager for this project. I will serve 80% of my time on this grant and 20% focused on social and emotional programming in Lancaster County. I will return to my role as Extension Educator in Lancaster County upon completion of the grant in November 2024.

Part 2: Enhancing early care and education settings with innovative, impactful and research based practices through training and coaching

Training: In 2021 I offered, co-delivered and/or provided technological support for **76 virtual childcare provider professional development trainings**. In addition to those virtual trainings, I

was able to deliver **10 additional trainings in-person** at times of the year when the likelihood of spreading illness was low. However, due to the nature of my work and the susceptibility for the young children who are served by the adults I work with, the bulk of my programming needed to be delivered remotely. In all, **3,303 participants** participated in my early childhood trainings. I provided **165 possible training hours** and **awarded 5,388 in-service hours** approved by DHHS.

“Katie and Jaci are both great presenters and are so knowledgeable about the information they are informing on. They give thoughtful answers when asked questions, they are a resource of information and they make their presentations engaging by involving a variety of tools (polls, break out groups, slides and videos) – Childcare Teacher, Lincoln, NE

Coaching: I provided more than 100 hours of coaching for 8 childcare providers participating in Step Up To Quality or Rooted In Relationships early childhood initiatives. In all, these hours indirectly impacted more than 330 children.

Part 3: Creating, developing and sharing resource to support childcare providers

Water Lessons for Preschoolers (new curriculum) I co-created two of the 6 lessons in this resource, coordinated the design and flow of the lessons and have promised necessary funding (approximately \$350) to create a page on the child.unl.edu website (in progress) to house the material. Visitors will be required to register on the webpage and will then be able to access the materials at no cost. This project completed in partnership with Tiffany Messer, Ph.D. University of Kentucky, and author of the original lessons.

Child Care Essentials: Choosing Quality Child Care in Nebraska (booklet). In partnership with **Ne Children & Families Foundation, DHHS and NDE** we secured **\$28,984.00** to develop a statewide brochure for families residing in Nebraska in understanding and identifying quality childcare for children 6 weeks – 12 years. I co-led a complete revision of the previous “The Right Place” brochure. We sought feedback (through social media outlets and various list serves at pre and post revision. Responses from **416 families, educators, and community members** from across the state **were vital to the development and revision of this booklet.** 100% agreed the booklet was helpful for guiding decisions for choosing quality childcare 99% agreed they would share the booklet with other families
We anticipate resource will be available for download on the DHHS website by spring 2022.

Supporting Children after Disasters with Storybooks – (Toolkit) in progress. Awarded an Extension Disaster Education Network Food and Ag Defense Initiative **grant of \$35,000.** Toolkits have been developed that include five one page storybook guides, five children’s books, materials for a suggested activity, and a how-to guide. In 2022, these toolkits will be piloted in 50 childcare programs. Just 10 of those sites are in Nebraska. The remaining 40 will be selected by Extension partners among 4 other states.

Nebline articles: I **authored three articles** and re-printed three additional articles from my early childhood team. **Nearly 10,400 issues printed.** Newsletters are also posted to our website where we **had 1,996 page views.** And emailed in our **e-newsletter to nearly 1,400 subscribers.**

Alyssa Havlovic, Extension Educator

Growing Healthy Kids & Food, Nutrition, and Health Program Summary

I accomplished my 2021 goal of increasing nutrition knowledge and healthier eating practices of youth in Lancaster county by reaching 6,970 elementary students in grades K-5 through the school enrichment kit nutrition program. I also impacted 176 high school students at Lincoln High, where evaluations showed that 74% of students learned something new and 66.5% of students said they planned to make changes based on what they learned.

School Enrichment Kits (SEK)

My most significant accomplishment in 2021, included my involvement in the adoption of the SEK as core health curriculum for Lincoln Public Schools (LPS) for the 2021-2022 school year. This means that all students enrolled in LPS elementary schools will participate in the SEK program as it is now a required nutrition unit for the district. Due to the success of this 20-year program, LPS health administration invested over \$45,000 in our program by building SEK kits for the Title I schools, creating consistency across the district and increasing access to the kit materials for all students. I collaborated with Brie Frickestein (NEP) and our Early Childhood Educator, Jaci Foged, to implement curriculum updates to match the current dietary guidelines and increase the diversity, equity, and inclusion components of each lesson. I worked directly with 18 LPS teachers from each grade level to ensure lesson plans fit the audience and adapted activities to better fit the classroom environment. Significant changes to the curriculum included: adding new books and online activities addressing cultural foods, fewer worksheets and more hands-on activities, and altering classroom activities to be more inclusive of each student. In the summer, the Lancaster SEK team provided teacher training to 55 LPS teachers to communicate the new changes to the curriculum and updated program logistics.

Direct programming for SEK looked different in the 2020-21 school year with a restriction on outside visitors by LPS. However, I still provided support to teachers in 321 K-5 classrooms, reaching 6,970 students. I supported teachers in their nutrition education efforts by providing supplies for their lessons and hand washing video resources, answering curriculum questions, and distributing evaluations for teachers and students. Of the teachers who completed the surveys, 88% stated the SEK increases their confidence when teaching nutrition and 29% said they plan to spend more time on nutrition education in the future. Teachers recorded a total of 1,065 hours of nutrition education using the SEK, averaging nearly 5 hours per classroom of those who completed the survey (n= 239). Student pre- and post-tests completed by 3rd-5th grade students demonstrated a slight increase in nutrition knowledge and health behaviors. Improving youth's nutrition knowledge through the SEK can help support healthier eating patterns, increased physical activity, and better health outcomes overall.

Husker Performance

Six teachers across Nebraska implemented the Husker Performance (HP) program to reach 139 students in middle or high school. According to the post survey (n=112), 75% of participants said HP was worth their time. With a limited number of post-surveys submitted by

HP participants, we shifted our focus to rethinking the program implementation method. In 2022, we plan to have this program taught only by approved FNH Extension staff. Near the end of the year, we established a new intercampus partnership with the Nebraska Performance Nutrition staff in the athletic department to have them review and provide feedback on the curriculum. We are excited to roll out the updated program in 2022 and deepen our partnership with the Performance Nutrition staff.

NAP SACC (Nutrition and Physical Activity Self-Assessment for Child Care)

In my first year as a NAP SACC trainer, I exceeded my goal by working actively with 3 childcare sites and 4 providers by initiating policy, system, and environmental approaches to adopt best practices related to the health of infants and young children in their care. One site completed the program in the spring and the other two sites are continuing their work into 2022. The post self-assessment at the facility who completed the program showed the following results: 92.9% Achieving best practices and 6.2% Nearly achieving best practices. In the areas of Child and Infant Nutrition and Screen Time this site achieved 100% of best practices..

Employee Wellness

I served as an active member of the Employee Wellness Committee, regularly attending monthly meetings, coordinating the Lunch & Learn series, leading a Wellness Friday session called "Morning Movement," and sharing content on the new social media page. I coordinated 10 Lunch & Learn sessions throughout the year utilizing dietetic interns as speakers, myself, and other FNH colleagues to educate a total of 227 live attendees on various topics such as: nutrition trends, infant feeding, plant-based diets, seasonal meal planning, behavioral nutrition, intuitive eating, and nutrition for older adults, to name a few. I hosted five Morning Movement sessions reaching a total of 40 participants throughout the year, leading participants through a 20-30 minute high intensity workout. Workplace wellness activities encourage health promotion by allowing employees to take time for their mental, physical, and emotional well-being.

Farm to School

I engaged in the Nebraska Farm to School Institute as a member of the Pius X High School team. I assisted Pius X with strategies to increase nutrition education in their cafeteria, classrooms, and out-of-school programs. Farm to School capitalizes on an economic opportunity to keep local dollars going to local farmers, boosting the local economy while providing healthy, wholesome food to it's 1,150 students for enhanced learning outcomes.

Additional Educational Programs

Additional youth programs I taught included a session for 12 Clover College kids on food and sports and a lesson on making healthier decisions to 176 high school students at Lincoln High. I taught a new virtual lesson series to a group of 15 visually impaired adults through a new partnership with the Nebraska Center for the Blind. I also gave a wellness presentation to 30 employees with Farmers Mutual Insurance Company. Engaging with youth and adults outside of my normal programs allowed for an opportunity to promote Extension's value to the public.

Becky Schuerman, Extension Associate

Domestic Water & Onsite Wastewater Management Program Summary

- Member of and contributor to the planning and steering of the Lancaster County Earth Wellness Festival Committee for the 2021 Virtual Earth Wellness Festival. The festival is geared to 4th & 5th graders across the county. We had 21 unlisted YouTube videos with 1,522 views.
- Reviewed and contributed information and graphics to complete the water learning modules for the Water Quality for Preschoolers Education group.
- Took part in the first ever “East Campus Discovery Days” – built an *Aquifer in a Cup* with kids and had posters about the water cycle to hand out as well. Discovery Days was very well attended, and I received repeated comments on how fun, educational, and family friendly it was.
- I taught a Clover College class building an *Aquifer in a Cup & Jungle in a Jar* with each of the kids, and creating the story of the Water Cycle on a felt story board – 8 kids in the class.
- I represented Extension on the steering committee for the first-ever “Water and Health Summit” held at UNL Innovation Campus by the Daugherty Water for Food Institute and UNMC. I was also the Education & Outreach small group facilitator at the Summit.
- I took part in a Water & Health brainstorming session, Water and Crops (WICS) hub meeting, Nitrate Awareness meeting, Water, Climate, & Health Summit Steering Cmte. Meeting, and a Communication Workshop.
- NebGuide revisions with Bruce Dvorak - Lead and Copper, Water Testing, and Iron and Manganese.
- Completed NebGuide revisions with Bruce Dvorak for Water Testing and Iron and Manganese
- Worked on concepts for graphics of different scenarios within multiple NebGuides to aide in better explanations of water topics/concepts. I worked with Vicki Jedlicka from the Lancaster Co. Office to create graphics that we will have proprietary rights to – these will be very useful in future education opportunities for well and septic owners, as well as water and wastewater professionals.
- Collaborated with Dr. Martha Rhodes with her Birth Outcomes and Water (BOW). BOW is a pilot project designed to assess the feasibility of conducting a population-based study to evaluate relationships between adverse birth outcomes and maternal exposure to nitrate and nitrosatable agrichemicals in drinking water. I worked with her in regard to putting together a cover letter that went out with the test results to the individual study participants.
- Met with Shannon Bartelt-Hunt, Jesse Bell and others about expanding the Water Quality Citizen Science Program and getting an NET grant and other backers/supporters to further that program. Put together project budget information and explanations for potential funding sources and grant applications for Shannon.
- Gave an interview for Midwest Messenger on a CEU session I gave on “Water Well Sampling – Why & How”. We will first discuss what water quality tests are recommended for private well owners. Then we will go through the do's and don'ts of collecting a good representative drinking water sample for water quality analysis. Having a baseline on the water quality of a well is the important initial step in creating the water quality history of a well.
- Attended Water Well Standards & Contractors Licensing Board meetings and Onsite Wastewater Advisory Committee meetings throughout the year where I represented Nebraska Extension. I will also be on the well drillers exam re-write committee once the new regulations are signed by the governor. Have been a consistent voice for the wanting to reinstate the Nebraska Extension contracts for the writing and upkeep of NebGuides/educational documents and Educational Programming.
- Prepared and contributed educational materials for and answered questions at the Water Booth in the UNL Building at Husker Harvest Days.
- Was a member of the 2021 Nebraska Water Leaders Academy, attended sessions from June through November and graduated in November. This was a great experience and it grew my professional contact village.

- Was a member of the conference planning committees for the 2022 Nebraska Well Drillers and Onsite Wastewater Associations Annual Conference.
- Was a member of John Sump's Lancaster County Nebraska Gives Back project report review committee.
- Was a part of the Hydrology, Public Health, & Soil Health Campaign kickoff in Hastings with over 90 other water focused peers.
- I took part in the Nitrate Awareness Program Development Meetings, a group of water professionals educating Nebraskans about why Nitrate in the groundwater may be harmful and why it should be monitored.

Wrote and published articles for water.unl.edu and the Lancaster Co. NebLine:

"Total Coliform Bacteria in Drinking Water"

"Naturally Occurring Elements in Nebraska's Groundwater, 1st in Series, Calcium and Magnesium"

"Naturally Occurring Elements in Nebraska's Groundwater, 2nd in Series, Iron and Manganese"

"Naturally Occurring Elements in Nebraska's Groundwater, 3rd in Series, Fluoride"

"Naturally Occurring Elements in Nebraska's Groundwater, 4th in Series, Arsenic"

"Naturally Occurring Elements in Nebraska's Groundwater, 5th in Series, Uranium"

"Wise Use of Private Water and Wastewater Systems Can Make the Holidays More Peaceful"

"Problematic Frozen Pipes Can Be Prevented with Routine, Prewinter Maintenance"

Water Website Leadership Team:

Water Newsletter audience: 1,318 contacts, of which 1,171 are subscribers to the newsletter.

Water Website: 144,235 Total Visitors looking at 1.4 pages/session.

Water Website Leadership Team awards for 2021:

2021 National Finalist - National Assn. of County Agricultural Agents Communication Award: Website

2021 Regional Winner - National Assn. of County Agricultural Agents Communication Award: Newsletter

Presented 3 talks for the Nebraska Well Drillers Association (NWDA) and Nebraska Onsite Wastewater Association (NOWWA) 2021 Virtual Learning Conference:

"Communicating with the Younger Generations" via Zoom to 91 water/well drilling & wastewater professionals.

"Good Customer Service Should Include Educating Your Customer" via Zoom to 77 water/well drilling & wastewater professionals.

"Well Water Sampling – Why & How" via Zoom to 40 water/well drilling professionals.

Presented at the NOWWA end-of-year in-person trainings on "What Extension can be of Assistance with for Onsite Professionals" 98 attendees on day 1 and 86 attendees on day 2.

Karen Wobig, Extension Educator Lancaster County Unit Leader Summary

Contributed to local and statewide capacity by managing the Nebraska Extension in Lancaster County facility, leading 32 staff and interns, directing 10 Extension Board members, engaging with 5 County Commissioners and 9 State Senators. The on-going presence of COVID-19 required considerable time and effort focused on leadership, monitoring staff member's health and well-being and attempting to keep Lancaster County Extension a valued community asset.

Leadership:

COVID-19:

- Maintained connections among in-person and remote staff through virtual bi-monthly staff meetings providing county-based COVID updates and vaccination processes
- Assisted staff with transition back to office environment or continuation of remote work
- Continued to implement safe public access to conference room usage by following county health measure directives, including mask requirements, distancing and limiting numbers
- Attended weekly COVID briefings from Mayor's office and Lincoln Lancaster County Health Department
- Coordinated request from Mayor's office to assist with vaccine phone registry system by having 6 staff trained to answer hotline phone number and register Lancaster residents for vaccine appointments
- Gathered information from staff and reported programming and office procedure updates to Lancaster Board of Commissioners throughout the year
- Assisted District Court judges in use of conference rooms for social distancing regarding jury selection, involving multiple meetings with judges/bailiffs/court reporters and organizing conference room date availability
- As a result of meticulous following of health directives, Lancaster staff remained relatively healthy and no spread appeared to have occurred from office environment

DIVERSITY & INCLUSION:

Attended "Inclusive Leadership" training.

Invited to be a member of the steering committee for "Gateways to Growth," a newly organized program to promote equity and inclusion of immigrant residents within Lincoln & Lancaster County.

Began "Inclusiveness" section at staff meetings. Used videos, quizzes, interactive conversation, handouts. Topics included:

- Mattering
- Igniting Inclusive Excellence
- Inclusivity Begins with "I"
- Understanding "isms",
- Inclusiveness Quiz
- What Inclusive Leaders Sound Like

GENERAL:

Served on search committees:

- Two 4-H STEM Assistants (March & November)
- Douglas-Sarpy Unit Leader (April)
- Statewide Domestic Water/Waste Water Management Extension Assistant (May)
- Water & Integrated Cropping Systems Educator (May)
- County Clerk Typist II support staff position, 4-H focus (June)

- County Clerk Typist II support staff position, Nutrition, Early Childhood, Office Finance focus (August)

Assisted Engagement Zone Coordinator by:

- Hosting Meet and Greet for Extension Dean and Director priority candidate
- Planning and implementing EZ9 Connection Day at Mahoney State Park along with Carrie Schneider-Miller, D/S Unit Leader, involving agenda planning, icebreakers, Extension Value assessments, and team building activities.

Served in advisory role with Well Connected Communities project (Gratopp & Anderson).

Supervised Technology Extension Assistant, holding performance conversations and monthly media meetings.

Coordinated 10 virtual and in-person Extension Board meetings, bi-monthly virtual staff meetings and 6 virtual and in-person Educator meetings.

Financial:

- Formed budget committee of Extension Board members and Administrative Services Officer and presented an approved \$1,007,755.00 county budget to Board of Commissioners
- Leveraged staff capacity through nearly 2,000 volunteers giving over 23,000 hours, worth over \$600,000
- Oversaw and approved all financial transactions of county tax budget
- Assisted 4-H Coordinator with processing deposits at Lancaster County Fair

Engagement:

Coordinated monthly Extension Board meetings pivoting with in-person and virtual platforms.

Attended and presented at the virtual NACEB annual meeting; attended in-person summer NACEB gathering in Boone County.

Coordinated & participated in virtual engagement with 9 Lancaster County Senators, involving Extension Board members, NACEB representatives and Zone 9 EZC.

Invited new Lancaster County Chief Administrative Officer for visit and office tour.

Attended virtual and in-person Ag Society and Board of Commissioner meetings.

Participated in Senator Anna Wishart's constituent advisory meetings.

Invited to participate in "Threat Hazard Identification Risk Assessment (THIRA) workshop sponsored by Lincoln-Lancaster County Emergency Management, assessing our community's resilience and self-sufficiency.

Coordinated and participated in IANR's East Campus Discovery Days along with staff.

Assisted 4-H staff by volunteering for "Connecting the Dots" career simulation at Northeast High School.

Facility:

Secured funding, encumbering unused '20-'21 tax budget dollars, to begin renovation of staff break room and conference room kitchen. Involved bids, contracting with licensed/county approved contractors and overseeing work.

University Service:

- Served on the Statewide/Campus Extension Educator Promotion committee, representing Human Sciences, a 3-year commitment
- Continued efforts in management of Lancaster County website/social media needs as Lancaster.unl.edu ranking was as high as 10th in all UNL websites in July, 2021



Nebraska Extension in Lancaster County

Financials



January 1, 2021 through December 31, 2021

Nebraska Extension in Lancaster County Tax Budget FY 2020-2021			
	EXPENSES	FY2020-2021	FY2020-2021
OBJECT	ITEM	BUDGET	ACTUALS
+++++	PERSONAL SERVICES	+++++	+++++
61210	REGULAR SALARIES	\$ 339,566.41	\$ 340,497.85
61250	TEMPORARY SALARIES	\$ 19,000.00	\$ 16,543.69
61310	OVERTIME	\$ 2,100.00	\$ 457.79
61510	FICA	\$ 27,591.44	\$ 25,565.88
61520	RETIREMENT	\$ 26,884.13	\$ 26,956.42
61530	GROUP INSURANCE	\$ 96,444.48	\$ 90,791.28
61540	DENTAL INSURANCE	\$ 5,232.00	\$ 4,849.80
61650	LONG TERM DISABILITY	\$ 1,071.00	\$ 992.97
61660	POST EMPLOYMENT H.P.	\$ 11,445.00	\$ 1,305.00
	PERSONAL SERVICES TOTALS: \$	\$ 529,334	\$ 507,961
+++++	SUPPLIES	+++++	+++++
63110	OFFICE SUPPLIES	\$ 3,700.00	\$ 4,001.14
63120	DUPLICATING SUPPLIES	\$ 3,200.00	\$ 2,661.10
63225	JANITOR SUPPLIES	\$ 4,800.00	\$ 2,066.13
63345	OTHER OPERATING SUPPLIES	\$ 1,200.00	\$ 465.40
63510	MOTOR FUELS	\$ 2,300.00	\$ 580.47
	SUPPLIES TOTALS: \$	\$ 15,200	\$ 9,774
+++++	OTHER	+++++	+++++
64175	COMPUTER SOFTWARE MAINT/LIC	\$ 2,800.00	\$ 2,506.40
64285	CITY INFORMATION SERVICES	\$ 6,870.00	\$ 8,680.74
64710	MEALS	\$ 600.00	\$ 0.00
64715	LODGING	\$ 1,800.00	\$ 0.00
64725	MILEAGE	\$ 4,000.00	\$ 750.86
64730	PARKING & TOLLS	\$ 100.00	\$ 0.00
64735	VEHICLE RENTAL	\$ 7,500.00	\$ 6,720.00
64820	PHONE, DATA PROC. (VLS CONNECT.)	\$ 1,700.00	\$ 1,672.08
64825	CELLULAR PHONE SERVICE	\$ 600.00	\$ 552.24
64855	POSTAGE	\$ 23,000.00	\$ 22,933.17
64910	PRINTING	\$ 15,000.00	\$ 12,860.00
64915	PHOTOCOPYING	\$ 10,000.00	\$ 3,568.73
64925	ADVERTISING	\$ 800.00	\$ 337.08
65295	CLIENT SERVICES	\$ 325,522.00	\$ 319,507.03
65660	DUES	\$ 100.00	\$ 100.00
65665	BOOKS	\$ 800.00	\$ 872.19
65670	ENROLLMENTS	\$ 2,500.00	\$ 880.00
65845	MISCELLANEOUS FEES	\$ 3,000.00	\$ 3,149.55
65910	PROPERTY/LIABILITY INSURANCE	\$ 3,067.00	\$ 3,013.00
65920	VEHICLE INSURANCE	\$ 1,107.00	\$ 1,327.85
65925	FLOOD INSURANCE	\$ 1,378.00	\$ 1,349.40
66110	ELECTRICITY	\$ 15,500.00	\$ 10,299.88
66115	NATURAL GAS	\$ 4,000.00	\$ 5,189.82
66120	WATER & SEWER	\$ 2,100.00	\$ 1,848.02
66125	REFUSE DISPOSAL	\$ 500.00	\$ 486.05
66210	MOTOR VEHICLE REPAIR & MAINT	\$ 2,000.00	\$ 736.22
66220	OFFICE EQUIP REPAIR & MAINT	\$ 300.00	\$ 76.84
66225	BUILDING REPAIR & MAINT	\$ 8,000.00	\$ 15,655.43
66230	GROUNDWORKS EQUIP REPAIR & MAINT	\$ 500.00	\$ 1,469.50
66275	COMPUTER EQUIP REPAIR & MAINT	\$ 4,500.00	\$ 7,405.40
66410	OTHER EQUIP REPAIR & MAINT	\$ 100.00	\$ 0.00
66520	BUILDING RENT	\$ 6,115.00	\$ 6,115.20
	OTHER TOTALS: \$	\$ 455,859	\$ 440,063
+++++	CAPITAL	+++++	+++++
67215	REPAIR/IMPROVEMENT TO BUILDING	\$ 0	\$ 20,653
67415	OFFICE EQUIPMENT	\$ 2,000	\$ 5,663
	CAPITAL TOTALS: \$	\$ 2,000	\$ 26,316
+++++	+++++	+++++	+++++
	GRAND TOTAL EXPENSES FOR AGENCY	\$ 1,002,393	\$ 984,114
+++++	+++++	+++++	+++++
	INCOME		
58115	RENTAL INCOME	\$3,500.00	\$100.00
58210	SALE OF EQUIPMENT	\$0.00	\$4,500.00
58595	OTHER MISCELLANEOUS	\$2,000.00	\$956.68
	GRAND TOTAL INCOME FOR AGENCY	\$5,500.00	\$5,556.68

Nebraska Extension in Lancaster County Tax Budget FY 2021-2022		
	EXPENSES	FY2021-2022
OBJECT	ITEM	BUDGET
+++++	PERSONAL SERVICES	+++++
61210	REGULAR SALARIES	\$ 346,262.00
61250	TEMPORARY SALARIES	\$ 19,000.00
61310	OVERTIME	\$ 2,300.00
61510	FICA	\$ 28,118.00
61520	RETIREMENT	\$ 27,407.00
61530	GROUP INSURANCE	\$ 90,791.00
61540	DENTAL INSURANCE	\$ 4,850.00
61650	LONG TERM DISABILITY	\$ 1,093.00
61660	POST EMPLOYMENT H.P.	\$ 11,928.00
	PERSONAL SERVICES TOTALS: \$	\$ 531,749
+++++	SUPPLIES	+++++
63110	OFFICE SUPPLIES	\$ 3,800.00
63120	DUPLICATING SUPPLIES	\$ 3,200.00
63225	JANITOR SUPPLIES	\$ 4,800.00
63345	OTHER OPERATING SUPPLIES	\$ 1,100.00
63510	MOTOR FUELS	\$ 2,000.00
	SUPPLIES TOTALS: \$	\$ 14,900
+++++	OTHER	+++++
64175	COMPUTER SOFTWARE MAINT/LIC	\$ 2,200.00
64285	CITY INFORMATION SERVICES	\$ 7,018.00
64710	MEALS	\$ 600.00
64715	LODGING	\$ 1,600.00
64725	MILEAGE	\$ 3,500.00
64730	PARKING & TOLLS	\$ 100.00
64735	VEHICLE RENTAL	\$ 7,500.00
64820	PHONE, DATA PROC. (VLS CONNECT.)	\$ 1,700.00
64825	CELLULAR PHONE SERVICE	\$ 600.00
64855	POSTAGE	\$ 23,000.00
64910	PRINTING	\$ 14,000.00
64915	PHOTOCOPYING	\$ 9,000.00
64925	ADVERTISING	\$ 800.00
65295	CLIENT SERVICES	\$ 331,566.00
65660	DUES	\$ 100.00
65665	BOOKS	\$ 900.00
65670	ENROLLMENTS	\$ 2,500.00
65845	MISCELLANEOUS FEES	\$ 3,000.00
65910	PROPERTY/LIABILITY INSURANCE	\$ 3,160.00
65920	VEHICLE INSURANCE	\$ 1,397.00
65925	FLOOD INSURANCE	\$ 1,450.00
66110	ELECTRICITY	\$ 15,500.00
66115	NATURAL GAS	\$ 4,300.00
66120	WATER & SEWER	\$ 2,100.00
66125	REFUSE DISPOSAL	\$ 500.00
66210	MOTOR VEHICLE REPAIR & MAINT	\$ 1,500.00
66220	OFFICE EQUIP REPAIR & MAINT	\$ 300.00
66225	BUILDING REPAIR & MAINT	\$ 8,000.00
66230	GROUNDS EQUIP REPAIR & MAINT	\$ 500.00
66275	COMPUTER EQUIP REPAIR & MAINT	\$ 4,500.00
66410	OTHER EQUIP REPAIR & MAINT	\$ 100.00
66520	BUILDING RENT	\$ 6,115.00
	OTHER TOTALS: \$	\$ 459,106
+++++	CAPITAL	+++++
67415	OFFICE EQUIPMENT	\$ 2,000
	CAPITAL TOTALS: \$	\$ 2,000
+++++		+++++
	GRAND TOTAL EXPENSES FOR AGENCY	\$ 1,007,755
+++++		+++++
	INCOME	
58115	RENTAL INCOME	\$3,500.00
58595	OTHER MISCELLANEOUS	\$2,000.00
	GRAND TOTAL INCOME FOR AGENCY	\$5,500.00



Nebraska Extension in Lancaster County

Media



January 1, 2021 through December 31, 2021

Website & Social Media Resources

LANCASTER.UNL.EDU WEBSITE

(Nebraska Extension in Lancaster County Government's Extension website at <https://lancaster.ne.gov/639/County-Extension> links to <https://lancaster.unl.edu>)

704,919 Pageviews

628,523 Unique Pageviews

465,848 Users

Ranked 10th of all UNL websites June 2021

CONTENT CATEGORY TOTAL PAGEVIEWS:

Pest: 282,756

Horticulture: 235,543

4-H: 72,054

Home page: 23,721

Food & NEP: 9,829

Agriculture: 5,816

Acreages: 3,758

Office Resources: 3,228

Early Childhood: 2,620

Nepline: 1,996

Water: 97

TOP 20 INDIVIDUAL WEB TOTAL PAGEVIEWS

1. Start an Avocado From Seed - Youth Activity
2. Cockroach Control Manual Spanish Version - Chapter 6
3. Home page
4. Possible Causes of Sudden Wilt and Death in Tomatoes
5. Cockroach Control Manual Spanish Version - Chapter 7
6. Brown Recluse Spiders
7. Cockroach Control Manual Spanish Version - Chapter 8
8. Cockroach Control Manual Spanish Version - Chapter 3
9. 366 Community Service Ideas for 4-H & Youth
10. Live Cam: Lancaster County 4-H EGG Cam
11. Choosing a Clay or Plastic Pots for Plants
12. Blow flies in the Home
13. Cockroach Control Manual Spanish Version - Chapter 2
14. Velvet Ant (Cow Killer Ant)
15. Easter Lily Care
16. Cockroach Control Manual Spanish Version - Table of Contents
17. 4-H at Lancaster County Super Fair
18. Bitterness in Cucumbers and Zucchini
19. Building Community-Schools Relationships
20. Bagworm Control

SITE USERS TOP 5 COUNTRIES

United States: 66.48%

Mexico: 5.65%

Canada: 3.38%

United Kingdom: 2.62%

Spain: 2.30%

SITE USERS TOP 5 STATES

Nebraska: 22.55%

California: 6.74%

Texas: 6.19%

Illinois: 4.27%

Florida: 4.02%

lanaster.unl.edu Website Home Page Examples

NEBRASKA EXTENSION IN LANCASTER COUNTY

Home About Us Extension Programs Lancaster County 4-H Extension 4-H-High School Extension 4-H-High School Extension

Extension Volunteers Worth Over \$400,000

Watch Chicks Hatch on 4-H Egg Cam!

Emilee Dean is January Heart of 4-H Volunteer

Crop Production Clinics

Success with Houseplants - Humidity

Recipe of the Month - MyPlate Snack Platter

Total Coliform Bacteria in Drinking Water

Meet One of Your Local Extension Experts

Emily Goutsp, Extension Educator

20,311 youth engaged in Lancaster County 4-H through clubs, schools, after-schools and camps

2,657 children/adolescents participated in 63 virtual professional development trainings

1,100 gardeners participated in the new GROGriped Virtual Learning Series of 12 programs

Search Local & National Extension Resources

Institute of Agriculture and Natural Resources News

NEBRASKA EXTENSION

January 14

NEBRASKA EXTENSION IN LANCASTER COUNTY

Home About Us Extension Programs Lancaster County 4-H Extension 4-H-High School Extension 4-H-High School Extension

Extension Presents Virtual Ag Literacy Festival for 4th Graders

4-H Speaks & Contest Results

Lobby Open

Watch Chicks Hatch on 4-H Egg Cam!

James Blake is April Heart of 4-H Volunteer

Become a Community Scientist

Early Season Disease Control in the Home Orchard

Recipe of the Month - Tomato Cucumber Salad

Naturally Occurring Elements in Groundwater: Iron and Manganese

Meet One of Your Local Extension Experts

Jeri Fogel, Extension Educator

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Search Local & National Extension Resources

Institute of Agriculture and Natural Resources News

NEBRASKA EXTENSION

April 15

NEBRASKA EXTENSION IN LANCASTER COUNTY

Home About Us Extension Programs Lancaster County 4-H Extension 4-H-High School Extension 4-H-High School Extension

Watch Ducks Hatch June 10-11 on 4-H Egg Cam!

James & Jesse Metcalf Are June Heart of 4-H Volunteers

Become a Community Scientist

Dothistroma Needle Blight

Recipe of the Month - Salmon Burgers

Naturally Occurring Contaminants in Groundwater: Arsenic

Meet One of Your Local Extension Experts

Karen Wobig, Unit Leader

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Search Local & National Extension Resources

Institute of Agriculture and Natural Resources News

NEBRASKA EXTENSION

June 1

January 14

April 15

June 1

UNIVERSITY OF NEBRASKA-LINCOLN

NEBRASKA EXTENSION IN LANCASTER COUNTY

Home About Us Educational Programs Lancaster County 4-H Contact With Us Livestock

Home Gardeners Answer Your Garden Questions

Extension Presents Hands-On Activities at UHS and Campus Open House

4-H Workshops at 4-H Clover Club

Nebraska Extension is your local connection to university research-based information. We extend knowledge, provide solutions and change lives.

Lancaster County Super Fair 4-H/FFA Results

The Lancaster County Super Fair was held Aug. 7 at the Lancaster Event Center Fairgrounds. Over 500 4-H/FFA exhibitors exhibited over 4,000 exhibits including state exhibits, Show Kids, Show and career entries. The grand finale was the 4-H/FFA ribbon results on the 4-H/FFA stage. See about the Super Fair at [lanastercountyfair.com](#).

GRO Big Red Virtual Learning

Nebraska Extension's GRO Big Red Virtual Learning will have an online series focused on vegetable gardening beyond basics. See [extension.unl.edu/grobigred](#).

Almost Time for Fall Lawn Seeding

Extension Educator Sarah Browning writes in her weekly blog, "The best time to seed cool season grasses, such as Kentucky bluegrass and tall fescue, is between August 1st and September 15th." Read more at [extension.unl.edu/lawn](#).

Recipe of the Month - Animals in the Swamp

Cami White, Extension Educator in Hall County, says, "August is the best time to visit the swamp. The humidity is just what you need to enjoy the outdoors." See [extension.unl.edu/swamp](#).

Naturally Occurring Elements in Groundwater - Uranium

Uranium is a radioactive element found in certain levels of rocks and soils across Nebraska's geology and throughout the U.S. When water is present, it can pick up uranium containing radionuclides. See [extension.unl.edu/uranium](#).

Connect With Extension!

- Facebook: Nebraska Extension in Lancaster County
- Twitter: @LAN_LancasterCo
- LinkedIn: Nebraska Extension in Lancaster County
- Instagram: @LAN_LancasterCo
- YouTube: Nebraska Extension in Lancaster County

Meet One of Your Local Extension Experts

Alysa Novick, Extension Educator

Executive Nutrition and Exercise

Alysa is an Extension Educator on the Food, Nutrition and Health team serving Lancaster, Douglas, and Wayne Counties. She is a Registered Dietitian Nutritionist (RD) and Certified Exercise Physiologist (CEP) at UNL. Alysa delivers nutrition and physical activity programs for youth and adult audiences, particularly focusing on the Nutrition Education 4-H program in Lancaster County. Her research interests include food security, food access, and food deserts.

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See More of Our 2020 Results

Search Local & National Extension Resources

Search by keyword

LATEST FROM LANCASTER CO. 4-H

Institute of Agriculture and Natural Resources News

- Nebraska Extension Provides 60 Paper Training at August 4-H and FFA Super Fair
- Nebraska Extension Provides 60 Paper Training at August 4-H and FFA Super Fair
- 2020 NEBRASKA SUPER FAIR
- Nebraska Extension Provides 60 Paper Training at August 4-H and FFA Super Fair

UNIVERSITY OF NEBRASKA-LINCOLN

NEBRASKA EXTENSION IN LANCASTER COUNTY

Home About Us Educational Programs Lancaster County 4-H Contact With Us Livestock

Home Gardeners Answer Your Garden Questions

Extension Presents Hands-On Activities at UHS and Campus Open House

4-H Workshops at 4-H Clover Club

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Holiday Food Tips

Holidays are usually filled with family and food. Each family has different traditions that create many memories over the years. Whatever traditions you enjoy, make sure you are saving food safely. Read [extension.unl.edu/holiday](#).

Recipes of the Month

Extension Educator Kayla Colgrove says, "Try one of these recipes from Nebraska Extension if you need to bring an appetizer or side dish to a holiday gathering." See [extension.unl.edu/recipes](#).

Winter Protection for Potted Trees and Shrubs

Extension educator Sarah Browning writes in her weekly blog, "Many homes have potted trees and shrubs that are not winter hardy. If not protected with good winter protection, they may die." See [extension.unl.edu/winter](#).

Farmstead Trends and Lease Considerations for 2022

A workshop for agricultural landlords and tenants will be held Wednesday, Dec. 15, 10:30 a.m. - 1:30 p.m. at the Lancaster Extension Education Center. See [extension.unl.edu/farmstead](#).

Wise Use of Private Water and Wastewater Systems

The holiday season is upon us and that often means a bustling house full of family, friends and preparation of tasty recipes in the kitchen. All of these things should make for joyful times, but they can potentially have a stressful impact on your private water well and onsite wastewater systems. Read [extension.unl.edu/water](#).

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- LinkedIn: Nebraska Extension in Lancaster County
- Instagram: @LAN_LancasterCo
- YouTube: Nebraska Extension in Lancaster County

Meet One of Your Local Extension Experts

Kayla Colgrove, Extension Educator

Family Nutrition and Exercise

Kayla is an Extension Educator on the Food, Nutrition and Health Team serving Lancaster, Cass, Dodge and York Counties. She is a Registered Dietitian Nutritionist and Certified Personal Trainer. Kayla delivers nutrition and physical activity programs for youth and adult audiences, including the food, nutrition, and exercise 4-H Healthy Habits grant in Nebraska.

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UNIVERSITY OF NEBRASKA-LINCOLN

NEBRASKA EXTENSION IN LANCASTER COUNTY

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Extension Educator Kayla Colgrove says, "Try one of these recipes from Nebraska Extension if you need to bring an appetizer or side dish to a holiday gathering." See [extension.unl.edu/recipes](#).

Grow Your Own Carrot Cake

Extension Educator Sarah Browning writes in her weekly blog, "Whether it is to feed to give your own carrots for next year's Thanksgiving table? If you have a garden, you can grow your own carrots and make carrot cake. See [extension.unl.edu/carrot](#).

Wise Use Private Water & Wastewater Systems Can Make the Holidays More Peaceful

The holiday season is upon us and that often means a bustling house full of family, friends and preparation of tasty recipes in the kitchen. All of these things should make for joyful times, but they can potentially have a stressful impact on your private water well and onsite wastewater systems. Read [extension.unl.edu/water](#).

Like Gardening? Become a Master Gardener Volunteer!

Master Gardeners are a remarkable group of volunteers throughout Nebraska Extension who participate in horticulture projects throughout Lancaster County. Master Gardeners are volunteers who are trained in horticulture and also in community outreach. See [extension.unl.edu/master](#).

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- Instagram: @LAN_LancasterCo
- YouTube: Nebraska Extension in Lancaster County

Meet One of Your Local Extension Experts

Kati Chapman, Extension Educator

Urban Entomology

Kati is an Extension Educator of Urban Entomology serving Lancaster, Cass, Dodge, and York Counties. She holds a Bachelor's degree in Forest Entomology and a master's degree in Entomology from the University of Nebraska-Lincoln. Kati delivers educational programs to community members on sustainable and management practices of insects, spiders and more.

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- 2020 NEBRASKA SUPER FAIR
- Nebraska Extension Provides 60 Paper Training at August 4-H and FFA Super Fair

FACEBOOK

OFFICE PAGE

<https://www.facebook.com/UNLExtensionLancasterCounty>

1,040 Followers and 1,006 Page Likes

62,098 Sum of Reach of 284 Posts

29,353 Total Facebook Page Reach

EGGCAM PAGE

<https://www.facebook.com/4HEGGCam>

1,510 Followers and 1,387 Page Likes

13,588 Sum of Reach of 37 Posts

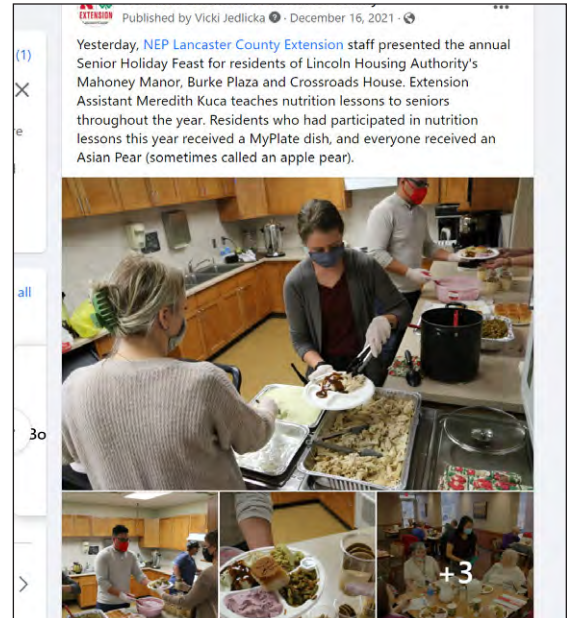
6,291 Total Facebook Page Reach

LANCASTER COUNTY 4-H (NEBRASKA) PRIVATE GROUP

<https://www.facebook.com/groups/220534921335797>

669 Members

1,438 Reactions



TWITTER

OFFICE ACCOUNT

https://twitter.com/UNL_LancasterCo

1,804 Followers

36 Tweets

22,700 Impressions

4-H ACCOUNT

https://twitter.com/LancasterCo_4H

1,111 Followers

46 Tweets

16,600 Impressions



YOUTUBE

OFFICE CHANNEL

<https://www.youtube.com/user/UNLExtensionLanCo>

836 Subscribers

52 Videos

7,149 Video Views

263 Hours Watch Time

Top 3 videos by views:

1. Bagworm Control
2. Removing Head Lice Safely
3. Removing Head Lice Safely (Spanish)

4-H CHANNEL

<https://www.youtube.com/user/4HLancasterNE>

3,063 Subscribers

215 Videos

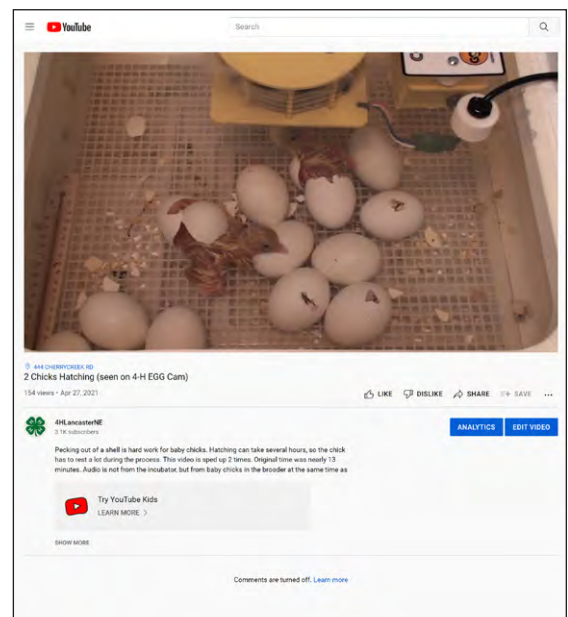
166,320 Video Views

11,444 Hours Watch Time

Note: 2021 Earth Wellness Festival was virtual via 21 videos

Top 5 videos by views:

1. Candling Chick Eggs - Day 7
2. Turkey Hatching
3. 4-H Embryology Day 7 Candling Classroom Presentation
4. 2018 Lancaster County Super Fair Meat Goat Show
5. Hatching - Chick Starts to Break Out



UNL MEDIA HUB

<https://mediahub.unl.edu/channels/305>

19 Videos

3,526 Plays

2021 Ag Literacy Festival was virtual via 9 videos

EXTENSION TV

<https://extensiontv.unl.edu>

(Extension TV brings together all the video content from extension educators and organizations into one location.)

FLICKR

<https://www.flickr.com/photos/unlxtlanco/sets>

48 Followers

28,070 Photos

32 Videos

3,154,945 Photo Views

LIVESTREAMING

4-H EGG Cam

<https://lancaster.unl.edu/eggcam>

Cherry Creek Pollinator Habitat

<https://lancaster.unl.edu/pest/bees.shtml#Bee>

4-H at Lancaster County Super Fair

<https://youtube.com/>

[playlist?list=PLpJLgN1VsGcAUxQSvoHUM7PjPtZZBGAcK](https://youtube.com/playlist?list=PLpJLgN1VsGcAUxQSvoHUM7PjPtZZBGAcK)

BLOGS

The Buzz at Cherry Creek: A Habitat Project at Nebraska Extension in Lancaster County

<https://buzzatcherrycreekunl.wordpress.com>

Acresage Life – Nebraska: Your Home Outside the City Limits

<https://acresagenebbraska.org>

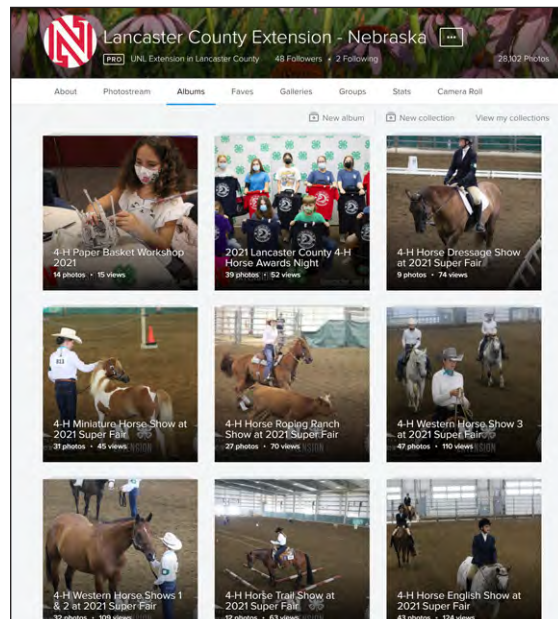
The Learning Child Blog: Empowering All Adults Who Care for Children Through Affordable, Research-Based, Educational Programs and Resources

<https://learningchildblog.com>

4-H E-NEWSLETTER

<https://newsroom.unl.edu/announce/4h-lancaster>

Emailed usually every Friday to nearly 800 enrolled 4-H families.



4-H - Lancaster County - July 30

COMING UP THIS WEEK

4-H Livestreaming at the Super Fair!

Lancaster County 4-H plans to livestream several animal shows at the Super Fair via YouTube, which will then be archived! Watch at [YouTube](https://youtube.com/). Planned schedule and links will be posted at <https://lancaster.unl.edu/liveevents>.



Show Programs at Super Fair



At the Lancaster County Super Fair, 4-H/FFA show programs indicate show order and exhibitors participating in each class. Most show programs will be available as printed versions at each show as well as online in mobile-friendly view. [Continue reading...](#)

Support 4-H by Eating at 4-H Food Stand at Super Fair



4-H Council's food stand during the Super Fair features a variety of snacks and beverages, including the popular "Walking Taco," snow cones and cotton candy! The Clover Cafe (in the Lincoln Room) and the Horseshoe Cafe (in the Multipurpose Arena) will be open July 28-Aug. 1, 10 a.m.-9 p.m. [Continue reading...](#)

NEBLINE Newsletter

Print, PDF and e-newsletter versions published.

Online at <http://lancaster.unl.edu/nebline>

PRINTED VERSION, PER ISSUE

10,400 printed

9,900 mailed to subscribers

400 distributed at 12 locations such as City/County building and libraries

E-NEWSLETTER VERSION

1,390 subscribers

2020 Extension Highlights Responding as Local Needs Changed

Gardening Increases in Popularity
Many people spent more time outside during the COVID-19 pandemic. Nebraska Extension educators responded by offering more gardening resources. Nebraska Extension Educator Sarah Brubaker created an additional 100-page gardening guide for home gardeners. She also provided more than 1,100 gardening tips to home gardeners. Nebraska Extension Educator Sarah Brubaker provided more than 1,100 gardening tips to home gardeners.

Stretches Food Dollars
Nebraska Extension educators are working to stretch food dollars. Nebraska Extension Educator Sarah Brubaker provided more than 1,100 gardening tips to home gardeners.

Promoting Well-Being
Nebraska Extension educators are promoting well-being. Nebraska Extension Educator Sarah Brubaker provided more than 1,100 gardening tips to home gardeners.

Helping People Solve Real-World Problems
Nebraska Extension educators are helping people solve real-world problems. Nebraska Extension Educator Sarah Brubaker provided more than 1,100 gardening tips to home gardeners.

Staying Active in Winter

Nebraska Extension's Physical Activity Resources

Winter activities can help you stay active and healthy. Nebraska Extension educators provide resources for staying active in winter. Nebraska Extension Educator Sarah Brubaker provided more than 1,100 gardening tips to home gardeners.

Winter Activities
Nebraska Extension educators provide resources for staying active in winter. Nebraska Extension Educator Sarah Brubaker provided more than 1,100 gardening tips to home gardeners.

Shoulder Exercises
Nebraska Extension educators provide resources for staying active in winter. Nebraska Extension Educator Sarah Brubaker provided more than 1,100 gardening tips to home gardeners.

Naturally Occurring Elements in Groundwater

Part 1 of a Series – Calcium and Magnesium

GO PAPERLESS!
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Calcium and Magnesium
Nebraska Extension educators provide resources for staying active in winter. Nebraska Extension Educator Sarah Brubaker provided more than 1,100 gardening tips to home gardeners.

Experiential Learning Teaches Skills and More

Five Experiential Learning Model Steps

DO
1. Experience
2. Share
3. Process
4. Reflect
5. Apply

REFLECT
1. What did you learn?
2. What did you observe?
3. What did you think?
4. What did you feel?
5. What did you do?

APPLY
1. How will you use what you learned?
2. How will you share what you learned?
3. How will you reflect on what you learned?
4. How will you process what you learned?
5. How will you apply what you learned?

Building Health Equity in Lincoln

Extension Launches Health Equity Coalition

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Health Equity
Nebraska Extension educators provide resources for staying active in winter. Nebraska Extension Educator Sarah Brubaker provided more than 1,100 gardening tips to home gardeners.

Choosing Quality Child Care: Guidance For Parents

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Quality Child Care
Nebraska Extension educators provide resources for staying active in winter. Nebraska Extension Educator Sarah Brubaker provided more than 1,100 gardening tips to home gardeners.

Smart Techniques Conserve Water in Your Yard

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Water Conservation
Nebraska Extension educators provide resources for staying active in winter. Nebraska Extension Educator Sarah Brubaker provided more than 1,100 gardening tips to home gardeners.

The Myths & Facts of Head Lice

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Head Lice
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4-H Youth Help Celebrate 150 Years of Lancaster County Fair

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4-H Youth
Nebraska Extension educators provide resources for staying active in winter. Nebraska Extension Educator Sarah Brubaker provided more than 1,100 gardening tips to home gardeners.

HOLIDAY FOOD TIPS

GO PAPERLESS!
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Safe Cooking Temperatures
Nebraska Extension educators provide resources for staying active in winter. Nebraska Extension Educator Sarah Brubaker provided more than 1,100 gardening tips to home gardeners.

August

September/October

November/December

TV Coverage Examples

<https://www.klkntv.com/lincoln-ranks-50th-in-cities-with-bed-bugs>

NEBRASKA NEWS



NEWS

WEATHER

SPORTS

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ABOUT



Lincoln ranks 50th in cities with bed bugs

The ranking is based on the number of calls Orkin pest control had in the past year

January 11, 2022 6:18 pm by Anthony D'Agostino



LINCOLN, Neb. (KLKN) – According to Orkin Pest Control, Lincoln ranks 50th in the country for cities where Orkin had the most calls regarding bed bugs in the past year.

With the growing number of people traveling it's no surprise calls regarding bed bugs are going up too.

According to Kait Chapman of UNL's research and extension center, contrary to popular belief, bed bugs don't just like unclean places. She says people are just as likely to find them in a clean hotel as you would a not so clean hotel and because bed bugs are small and hide very well it's easy to miss them. Chapman also said they are great hitchhikers.

"Bed Bugs are excellent hitchhikers. A lot of the times when people go stay at a new place, such as a hotel, the bed bugs will often crawl in their luggage or on their bags and they're really good at hiding in tight places like seams, so a lot of people don't realize that they're bringing them with you. A lot of people also get bed bugs by buying second hand furniture such as couches or bed frames and things like that."

The good news is, other than being bitten by them, bed bugs pose little health risk.

Chapman also wanted to remind people when they go to hotel rooms to check under the seam of the mattress.

If you think you have bed bugs in your home, call a local exterminator. Chapman recommends people take a picture of the bed bugs or capture one or two and bring them to the research center off of Sun Valley Blvd. in Lincoln.

Pure Nebraska on KOLN

<https://www.1011now.com/community/pure-nebraska/>

1011 NOW KOLN/KGIN Lincoln, NE 20°

News Weather Sports

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Governor's Ag Excellence Awards

Updated: Feb. 22, 2021 at 10:15 AM CST

Facebook Twitter LinkedIn

ALLISON WALBRECHT
LANCASTER COUNTY 4-H MEMBER

1011 NOW 10° | 9:18

Today, we are learning about the Governor's Ag Excellence Award and about a local group which has received this award. Unified Showing 4-H club empowers youth with special needs by pairing them with a buddy. They just learn about and show a lamb, and go to their county fair and have a class dedicated to them.

1011 NOW KOLN/KGIN Lincoln, NE 20°

News Weather Sports

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Can withdraw full balance beginning 7 days after funding. Learn More. Marcus by Goldman Sachs

Double Up program

Updated: Jul. 1, 2021 at 9:00 AM CDT

Facebook Twitter LinkedIn

BRIE FRICKENSTEIN
NEBRASKA EXTENSION

1011 NOW 77° | 9:06

As we know, good food, nutritious food is always important for the community. We are going to find out more about a program that is helping to deliver some of that food. We want to learn more about what's called the Double Up Food Bucks program. It is really to help give more fresh produce to the people who need it most.

1011 NOW KOLN/KGIN Lincoln, NE 20°

News Weather Sports

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Opening of the Lancaster County Super Fair

Updated: Jul. 29, 2021 at 10:31 AM CDT

Facebook Twitter LinkedIn

CALVIN DEVRIES
NEBRASKA EXTENSION

1011 NOW 82° | 9:24

The Lancaster County Super Fair is getting underway today. The fair is a great chance to see livestock and talk to young people who have been working all summer to bring their animals to the fair. Pure Nebraska's Jon Vanderford is standing by live with more on what's happening.

1011 NOW KOLN/KGIN Lincoln, NE 20°

News Weather Sports

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Youth Voice Photo Exhibit

Updated: Sep. 16, 2021 at 9:57 AM CDT

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ALLOW OTHERS WITH DIFFERENT BACKGROUNDS AND DIFFERENT ETHNICITY TO BE IN YOUR LIFE. DON'T BE AFRAID TO BE IN A PLACE WHERE YOU HAVE SO MANY DIFFERENT PEOPLE

DIVERSITY IS BEAUTIFUL. LIKE 1011 NOW 72° | 9:07

Photo by: Zikra Zandinan

Health and well being is something that Nebraska Extension is putting a focus on, and they are doing it through a Youth Photo Voice Exhibit. In this segment, we are taking a closer look at this exhibit and we discover why Extension Educators are so interested in what's being discovered.

Newspaper Coverage Examples

NEBRASKA HORTICULTURE

Stop the march of the armyworms

Some insects only sporadically cause problems in lawns and landscapes. They are there every year but usually in such low numbers that they can easily be overlooked. Fall armyworm is one such insect, but it appears they will not go unnoticed this year.



SARAH BROWNING

There are actually several species of armyworm, including common and yellow-striped, but the dominant species this year is fall armyworm, *Spodoptera frugiperda*. Armyworms get their common name from their tendency to move in large groups, or armies, of caterpillars.

What are they?

Fall armyworm is the caterpillar larva of a moth. It's a tropical species, seldom surviving winter in the United States, even in the Gulf Coast states. But the adult moths are good flyers and migrate north every year from their overwintering sites in the extreme southern tip of Texas and Florida, as well as Mexico and Central America, often establishing themselves as far north as New England by early summer.

Adult moths are similar to cutworm moths, having dark gray forewings mottled with lighter and darker patches. Their wingspan is about 1.5 inches, and they have a whitish patch near the wing tip.

Caterpillars range in color from light tan to green or nearly black. They have light and dark stripes running the length of their body and an inverted white Y on the head, which distin-

guishes them from other armyworm species and cutworms.

Damage

Adult moths cause no damage, but in the next few weeks may be seen feeding on flower nectar. Females lay eggs in masses, several hundred eggs each, on flat surfaces like tree leaves, light posts or fence rails. They are attracted to lights at night, resulting in higher amounts of eggs laid nearby. They prefer to lay eggs near favored grasses, especially actively growing turf that has been recently fertilized. Egg masses are light gray and covered with grayish fuzz.

During the last week of August, Nebraska Extension entomologists began receiving reports of high numbers of flying adults and egg laying in eastern parts of the state. Jody Green, Nebraska Extension entomologist, reports egg masses (40 in one yard) found in Lincoln. That means this week feeding may begin from the newly hatched young caterpillars.

Armyworm caterpillars feed primarily on grasses, including tall fescue, fine-leaf fescues, Kentucky bluegrass, perennial ryegrass and bentgrass. They can also be found on sweet corn, beans, other vegetables, flowers and fruit trees.

In sweet corn, larvae tunnel into ears from the tip or sides, causing damage similar to corn earworm. They are common in soybean or corn fields and will move into turf when their food supply is gone.

In turfgrass, caterpillars devour entire leaves resulting in rapidly spreading brown patches. Close inspection easily shows the caterpillars' presence.



UGA1481079

FRANK PEAIRS, COLORADO STATE UNIVERSITY, BUGWOOD.ORG

A fall armyworm caterpillar crawls across the ground.

Severe leaf loss exposes turfgrass crowns to direct sunlight and high temperatures making them susceptible to desiccation and death, so it's important to control the insects before total leaf loss occurs.

Control

Armyworms can be controlled with contact insecticide spray applications using products such as those below.

- Azadirachtin: Azaguard Botanical Insecticide and others
- *Bacillus thuringiensis*: Dipel, Thuricide
- Bifenthrin: Ortho Bug B-Gon Lawn Insect Killer
- Deltamethrin: Hi-Yield Turf Ranger Insect Control
- Gamma-cyhalothrin: Spectracide Triazicide Insect Killer
- Imidacloprid + cyfluthrin: Binadvanced Complete Insect Killer
- Permethrin: Hi-Yield 38 Plus Turf, Termitite and Ornamental
- Spinosad: Captain Jack's Dead Bug Brew, Fertiflome Borer, Bagworm, Tent Caterpillar and Leafminer: Spray
- Trichlorfon: Bayer Advanced 24 Hour Grub Killer Plus

Mow the turf before treating to shorten the turf height and make coverage easier. Mowing also removes weed flower heads that may attract pollinators, which would be killed by an insecticide application. Spray early or late in the day when insects are most active. On thick, well-established turf use a minimum of 1 gallon of water per 1,000 square feet to be sprayed. Follow product label direction on chemical



COURTESY PHOTO

Fall armyworm egg masses sit on a post in yard in Lincoln.

use rates.

Professional turf managers are reporting good control from chlorantraniliprole, the active ingredient in Scott's GrubX. So homeowners who applied this product in spring, may not see problems in their turf.

Lawn recovery

To prevent grass crown desiccation, keep damaged areas watered until new leaf blades begin to appear. Apply a fall fertilizer in early September to help grass recover. Overseed heavily damaged areas that do not recover on their own.

More information

Fall Armyworms March Across Ohio, <https://bygl.osu.edu/node/1859>

Controlling Fall Armyworms on Lawns and Turf, <https://www.aces.edu/blog/topics/lawn-garden/controlling-fall-armyworms-on-lawns-and-turf/>

Sarah Browning is an extension educator with Nebraska Extension. To ask a question or reach her, call 402-441-7180 or write to her at sarah.browning@unl.edu or 444 Cherrycreek Road, Lincoln, NE 68528.



JODY GREEN, NEBRASKA EXTENSION

A male fall armyworm rests on sedum.



Brood X cicadas are loud and plentiful, but a University of Nebraska-Lincoln entomologist says Nebraska likely will miss out on this summer's expected emergence.

SORRY, INSECT LOVERS: NO EMERGING CICADAS HERE

Brood X, underground for 17 years, will swarm states from Illinois to New York

ZACH HAMMACK
 Lincoln Journal Star

The billions of cicadas expected to inundate the U.S. this spring as part of the much-ballyhooed Brood X will notch up the decibel levels in many states.

The insects, known as periodical cicadas, mature underground for 17 years before emerging en masse to fill the spring air with their incessant mating calls.

But things should stay relatively quiet here in Nebraska, says Kait

Chapman, a University of Nebraska-Lincoln Extension educator in entomology.

The Brood X cicadas (the "X" is the Roman numeral for 10) are expected to stay east of Nebraska, swarming states from Illinois to New York.

There are 15 broods of periodical cicadas in the U.S. that emerge from their subterranean homes in 13- or 17-year cycles. But Brood X is quite the beast — it covers more area than any other 17-year brood and in a higher concentration, too, Chapman said. In some areas, there can be up to a million cicadas per acre.

"They're just everywhere," she said. "If you have a tree, they're all around the bark; they're all in the foliage ... and there's a good chance that one is going to run into you when they're flying because they're not very graceful."

The only brood to have its



The great numbers of cicadas during this event can be a nuisance to farmers, but the insects aren't harmful to humans or animals.

footprint in Nebraska is Brood IV, which last emerged in the southeastern part of the state in 2015 and isn't expect to reappear until 2032. The cicadas typically stick to wooded areas but can sometimes enter urban areas, attracted by city lights.

They start from eggs laid on tree branches and in twigs and other undergrowth before hatching and moving underground.

Then, they stay there for years, maturing as nymphs before rising from the soil as adults when the temperature and climate are just right. The majority of the Brood X cicadas will emerge in May.

That's when the mating madness begins. The male adults will spend the next couple of months flying around, attracting partners with a call that can reach up to 100 decibels.

"The biggest complaint about these cicadas is the noise," Chapman said. "It's very loud."

But the noise is about the extent of the problems — the cicadas don't have much of an impact

on crops and don't pose harm to animals.

After the mating season ends, eggs are laid, the cicadas die off and the cycle begins again. After spending all that time underground, the adults live for only a month or two above ground.

"It's kind of like all of their energy goes into growing," Chapman said. "They're out and about just to mate, lay more eggs and die again and that's kind of unique how disproportionate their lifestyle is."

Periodical cicadas are not to be confused with the annual cicadas that Lincoln and Nebraska are used to — they're an entirely different species, Chapman said, and we'll still hear their droning calls this summer, just like every year.

But she said there is still some buzz among people she talks to about Brood X, even though Nebraska is outside its range.

"Obviously, it's not happening here. It would be cool if it did," she said. "But, unfortunately, we have to wait quite a few more years."



Chapman

NEIGHBORHOOD

SATURDAY, AUGUST 14, 2021 | journalstar.com | SECTION C

EXTRA

Lancaster County Super Fair 4-H and FFA top awards

Over 530 4-H and FFA exhibitors showcased over 4,100 exhibits (including static exhibits, Clover Kids, animals and contest entries) at the 2021 Lancaster County Super Fair July 29-Aug. 7 at the Lancaster Event Center Fairgrounds. The Super Fair provides 4-H youth an opportunity to showcase their completed projects. This year marked the 150th year celebration of the Lancaster County Fair (postponed from 2020), and many 4-Hers created 150th anniversary theme exhibits. For complete results, visit <http://lancaster.unl.edu/4h/fair/>.

TOP STATIC EXHIBITS

GENERAL AREAS

150th Anniversary: Ela Hendricksen, Lincoln
Poster: Noah Jelinek, Waverly
Quilt Champion: Madelyn Krefels, Lincoln
Quilt Reserve Champion: Reese Dell, Roca
Dog Static Exhibit: Anna Kurtzhals, Lincoln
Rabbit Static Exhibit: Kathryn Weaver, Lincoln

SCIENCE, ENGINEERING AND TECHNOLOGY

Rocketry: Evan Mittan-DeBuhr, Lincoln
Woodworking: Abigail Krefels, Lincoln
Safety: Parker Hansen, Lincoln

FOOD AND NUTRITION

Yeast Product: Vanessa Peterson, Lincoln
Quick Bread: Clara Johnson, Walton
Food Preservation: Mindy Bartels, Lincoln
Cake or Pie: Tessa Cockerill, Waverly
Cookie: Caleb Hundley, Hickman

HUMAN DEVELOPMENT

Human Development: Clare Bauman, Lincoln

HOME ENVIRONMENT

150th Anniversary: Ela Hendricksen, Lincoln

150th Anniversary Clover Kids

Top 3: Anne Marie Wurtz, Lincoln
Top 3: Meredith Marsh, Lincoln
Top 3: Bridget Clarke, Lincoln

Lets Bremer guenther Memorial Needle Arts Award

Evan Mittan-DeBuhr, Lincoln

HERITAGE

150th Anniversary: Ela Hendricksen, Lincoln
Heritage: Tyson Wiggins, Lincoln

PHOTOGRAPHY

150th Anniversary: Khloe Cutlers, Raymond
Level 1: Elizabeth Hilkekmann, Firth
Level 2: Abby Kruse, Lincoln
Level 3: Riley Peterson, Lincoln
Favorite Photo: Kaylie Waite, Lincoln
Creative Photo: Samuel Livingston, Lincoln

CLOTHING

STEAM 1 Clothing: Grace Mentzer, Lincoln
STEAM 2 Clothing: Vanessa Peterson, Lincoln
STEAM 3 Clothing: Mindy Bartels, Lincoln

Beyond the Needle: Vanessa Peterson, Lincoln

Accessory: Gabriel Livingston, Lincoln

Fiber Arts - Crocheting: Clara Bauman, Lincoln

Shopping in Style: Vanessa Peterson, Lincoln

Alice Doane Memorial Wool Award: Mindy Bartels, Lincoln

HORTICULTURE

Herb: Laurel Frogge, Lincoln
Annual Flower: Evan Mittan-DeBuhr, Lincoln
Perennial Flower: Laurel Frogge, Lincoln

Rose: Evan Mittan-DeBuhr, Lincoln

Specimen Plant: Reagan Brewer, Lincoln

FORESTRY, CONSERVATION AND WILDLIFE

Forestry: Maria Polk, Lincoln
Conservation and Wildlife: Noah Jelinek, Waverly

TOP CONTEST EXHIBITS

LIFE CHALLENGE

Senior Champion: Clare Bauman, Lincoln

Senior Reserve Champion: Kylie Hansen, Lincoln

Junior Champion: Emily Bauman, Lincoln



At left, Zach Pittman won Best of 4-H Poultry Show with his tufted Roman gander.



Middle, Ella Hendricksen won the Lancaster County Fair 150th Anniversary Theme overall top 4-H exhibit with her wood box with photos.



At right, Mindy Bartels is the first winner of a new 4-H clothing award, the Alice Doane.

COURTESY PHOTOS

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At left, the livestock 4-H/FFA senior showmanship winners participated in the Elite Showmanship Contest. Front row (from left): Clara Johnson and Auren Burkey. Back row (from left): Aleyna Cutlers, Ellie Volk and Jonathan Cook. At right, Ava Smith was the horse English Showmanship champion in the junior division.



At left, the livestock 4-H/FFA senior showmanship winners participated in the Elite Showmanship Contest. Front row (from left): Clara Johnson and Auren Burkey. Back row (from left): Aleyna Cutlers, Ellie Volk and Jonathan Cook. At right, Ava Smith was the horse English Showmanship champion in the junior division.

Junior Reserve Champion: Vanessa Peterson, Lincoln

Formal Junior: Tenley Bauman, Hickman

Premier Presenter: Kylie Hansen, Lincoln

Senior Champion: Kylie Hansen, Lincoln

Senior Reserve Champion: Jonah Calcara, Lincoln

Intermediate Champion: Parker Hansen, Lincoln

Intermediate Reserve Champion: Sydney Kruse, Lincoln

Junior Champion: Silas Pracheil, Lincoln

Junior Reserve Champion: Brooklyn Nelson, Lincoln

Special Topic: Sydney Kruse, Lincoln

FASHION SHOW

Top 5 Champion: Clara Johnson, Walton

Top 5 Reserve Champion: Clara Bauman, Lincoln

Top 5: Piper Pillard, Firth

Top 5: Madelyn Krefels, Lincoln

Top 5: Olivia Mays, Lincoln

Shopping in Style: Clara Johnson, Walton

Beyond the Needle: Emily Bauman, Lincoln

Make One/Buy One Level 1: Lauren Johnson, Walton

Make One/Buy One Levels 2 and 3: Olivia Mays, Lincoln

Clothing Level 1: Grace Mentzer, Lincoln

Upcycled Garment: Dayton Jons, Lincoln

Apron: Lauren Johnson, Walton

Garment(S) Made for Others: Mindy Bartels, Lincoln

Attention Shoppers: Dayton Jons, Lincoln

PLANT SCIENCE

Horticulture: Kally Wesely, Lincoln

Tree Identification: Catherine Polk, Lincoln

Grass and Weed Identification: Maria Polk, Lincoln

TABLE SETTING

Picnic Senior: Clare Bauman, Lincoln

Picnic Intermediate: Kamryn Wanser, Lincoln

Picnic Junior: Alexa Smith, Lincoln

Casual Senior: Kaylie Waite, Lincoln

Casual Intermediate: Bailey Peterson, Lincoln

Casual Junior: Brooklyn Nelson, Lincoln

Formal Senior: Bridget Clarke, Lincoln

Formal Junior: Bridget Clarke, Lincoln

Junior Reserve Champion: Vanessa Peterson, Lincoln

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Formal Reserve Champion: Kylie Hansen, Lincoln

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Formal Reserve Champion: Kylie Hansen, Lincoln

Champion: Luke Johnson, Walton

Breeding Champion: Canyon Plugge, Lincoln

Rate of Gain Market Steer Champion: Clara Johnson, Walton

Rate of Gain Market Heifer Champion: Kyle Plugge, Lincoln

Overall Cow/Cal Pair Champion: Ryan Kraus, Martell

BUCKET CALF

Current-year Bucket Calf Junior Champion: Canyon Plugge, Lincoln

Second-year Bucket Calf Junior Champion: Kyle Plugge, Lincoln

Second-year Bucket Calf Intermediate Champion: Kolter Wellman, Waverly

SHOEWING

Showmanship Senior Champion: Auren Burkey, Lincoln

Showmanship Intermediate Champion: Clara Johnson, Walton

Showmanship Junior Champion: Lauren Johnson, Walton

Market Lamb Grand Champion: Auren Burkey, Lincoln

Market Lamb Reserve Grand Champion: Michael Locke, Walton

Lancaster Born and Raised Market Lamb Champion: Michael Locke, Walton

Lancaster Born and Raised Market Lamb Reserve Champion: Grant Johnson, Walton

Market Lamb Supreme Champion: Auren Burkey, Lincoln

Rate of Gain Champion: Josie Johnson, Walton

Rate of Gain Reserve Champion: Grace Fablesen, Lincoln

Pen of 3 Champion: Noah Jelinek, Waverly

SWINE

Showmanship Supreme Champion: Ellie Volk, Lincoln

Showmanship Intermediate Champion: Clara Johnson, Walton

Showmanship Junior Champion: Lauren Johnson, Walton

Market Swine Grand Champion: Grace Fablesen, Lincoln

Market Swine Reserve Grand Champion: Ellie Volk, Lincoln

Breeding Gift Champion: Grace Fablesen, Lincoln

Breeding Gift Reserve Champion: Olivia Vanderford, Lincoln

Pen of Three Champion: Toby Becker, Lincoln

Pen of Three Reserve Champion: Derek Bruns, Lincoln

Pick-a-Pig Market Swine Grand Champion: Hannah Simpson, Lincoln

Pick-a-Pig Market Swine Reserve

Champion: John Sump, Lincoln

Carcass Swine Champion: Bailey Docter, Firth

Carcass Swine Reserve Champion: Connor Nielsen, Lincoln

PIGMY GOAT/CATTLE

Pigmy Goat Champion: Evelyn Smith, Lincoln

MEAT GOAT

Showmanship Senior Champion: Aleyna Cutlers, Raymond

Showmanship Intermediate Champion: Clara Johnson, Walton

Showmanship Junior Champion: Josie Johnson, Walton

Market Goat Overall Grand Champion: Heather Lange, Raymond

Market Goat Overall Reserve Grand Champion: Clara Johnson, Walton

Breeding Goat Overall Reserve Champion: Heather Lange, Raymond

Lancaster Born and Raised Champion: Heather Lange, Raymond

Rate of Gain Champion: Khloe Cutlers, Raymond

RABBIT

All-Around Showman Award Champion: Rhianna Metcalf, Lincoln

All-Around Showman Award Reserve Champion: Holly Bowen, Lincoln

Showmanship Senior Champion: Rhianna Metcalf, Lincoln

Showmanship Intermediate Champion: Holly Bowen, Lincoln

Showmanship Junior Champion: Mary Lynn Rauert, Lincoln

Best 6 Class Champion: Holly Bowen, Lincoln

Best 6 Class Reserve Champion: Holly Bowen, Lincoln

Best 4 Class Champion: Lawrence Rauert, Lincoln

Judging Contest Senior Champion: Rhianna Metcalf, Lincoln

Judging Contest Junior Champion: Reese Rockenbach, Lincoln

Breed Identification Contest Senior Champion: Rhianna Metcalf, Lincoln

Breed Identification Contest Intermediate Champion: Holly Bowen, Lincoln

Breed Identification Contest Junior Champion: Grace Mentzer, Lincoln

Breeders Choice Senior Champion: Andrew Frink, Lincoln

HOUSEHOLD PETS

Mammal Champion: Rachel Koch, Lincoln

Mammal Reserve Champion: Deborah Garza, Lincoln

Non-Mammal Champion: Kennedy Powell, Hickman

Non-Mammal Reserve Champion: Collin Schepers, Roca

POULTRY

Showmanship Senior Champion: Noah Jelinek, Waverly

Showmanship Junior Champion: Lawrence Rauert, Lincoln

Judging Contest Senior Champion: Noah Jelinek, Waverly

Judging Contest Junior Champion: Kamryn Wanser, Lincoln

Quiz Bowl Senior Champion: Noah Jelinek, Waverly

Quiz Bowl Junior Champion: Mary Lynn Rauert, Lincoln

Best of 4-H Poultry Show: Zach Pittman, Martell

Large Fowl Grand Champion: Sarah Lange, Raymond

Water Fowl Grand Champion: Zach Pittman, Martell

Bantam Grand Champion: Noah Jelinek, Waverly

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Local family wins 4-H Multigenerational Award

The Ron and Barb Suing family of Lancaster County has been named the Multigenerational Award winner in a new statewide awards program that honors outstanding contributions of 4-H volunteers.

The Suings have been involved in nearly every aspect of 4-H in Lancaster County since Ron was in 4-H himself in the 1950s. Over the years, various family members have worked as superintendents, judges, behind-the-scenes volunteers and mentors to hundreds of youth.

The Suing family consists of: first generation—Ron and Barb Suing; second generation—Marlo Yakel and Nikki Casburn; third generation—Marlo's children Kylee Schirmer, Taylor Yakel and Ryan Yakel; and Nikki's children Andrew Casburn, Daniel Casburn and Thomas Casburn.

The Nebraska 4-H Volunteer Recognition Awards program was developed in 2021 to honor adult and youth volunteers, as well as multigenerational families, who have provided meaningful contributions to Nebraska 4-H.

"All across the state, Nebraska 4-H volunteers do incredible work to provide opportunities for our youth," said Jill Goedecken, 4-H Youth Development Extension educator. "These volunteers generously give their time, energy and creativity to help develop the next generation of leaders, and we are thrilled to be able to recognize their contributions."

An in-person recognition ceremony will take place at the 2021 Nebraska State Fair. For more information on Nebraska's 4-H program, visit <https://4h.unl.edu>.



COURTESY PHOTO

Members of the Ron and Barb Suing family of Lancaster County.

Metcalfs receive Heart of 4-H Award

SUBMITTED BY VICKI JEDLICKA
Nebraska Extension in
Lancaster County

Lancaster County 4-H named Jen and Jesse Metcalf of Lincoln as co-winners of the June Heart of 4-H Award in recognition of outstanding volunteer service.

The Metcalfs have volunteered for 4-H about eight years, assisting with the 4-H rabbit show at the Lancaster County Super Fair, which consists of 11 events spanning three days. They also help at the annual spring rabbit show and with the South Prairie 4-H Rabbit Club.

Jen is currently the leader of the South Prairie Club. Jesse is a former leader of the club and serves on the Lancaster County 4-H Rabbit Volunteers in Program Service (VIPS) committee.

"I like watching the kids get excited and learn new things about rabbits," says Jen. "My favorite experience as a 4-H volunteer is being at the Lancaster County Super Fair."

Adds Jesse: "I like working with other adults who are passionate about 4-H and about helping youth. I like helping others while learning new things myself!"



Jesse and Jen Metcalf

COURTESY PHOTO

Garner Industries donates \$10K to Foundation for LPS

The Foundation for Lincoln Public Schools has named Garner Industries a Visionary Partner following the company's \$10,000 gift to the foundation.

Garner, a manufacturing company located in Lincoln, joins the ranks of Ameritas, Assurity, Capital One and others with this contribution.

"Garner Industries is committed to the local Lincoln community and the education of our citizens," said Garner Industries CEO Scott McLain. "As a small business, Garner is reliant on a talented and educated local work force for all aspects of our business management and manufacturing production. Supporting the Foundation for Lincoln Public Schools and its mission will help students and our company meet their best potential."

As a corporate partner, Garner Industries

will aid the Foundation for LPS, helping to ensure that all students have access to additional opportunities beyond what is provided through tax dollars.

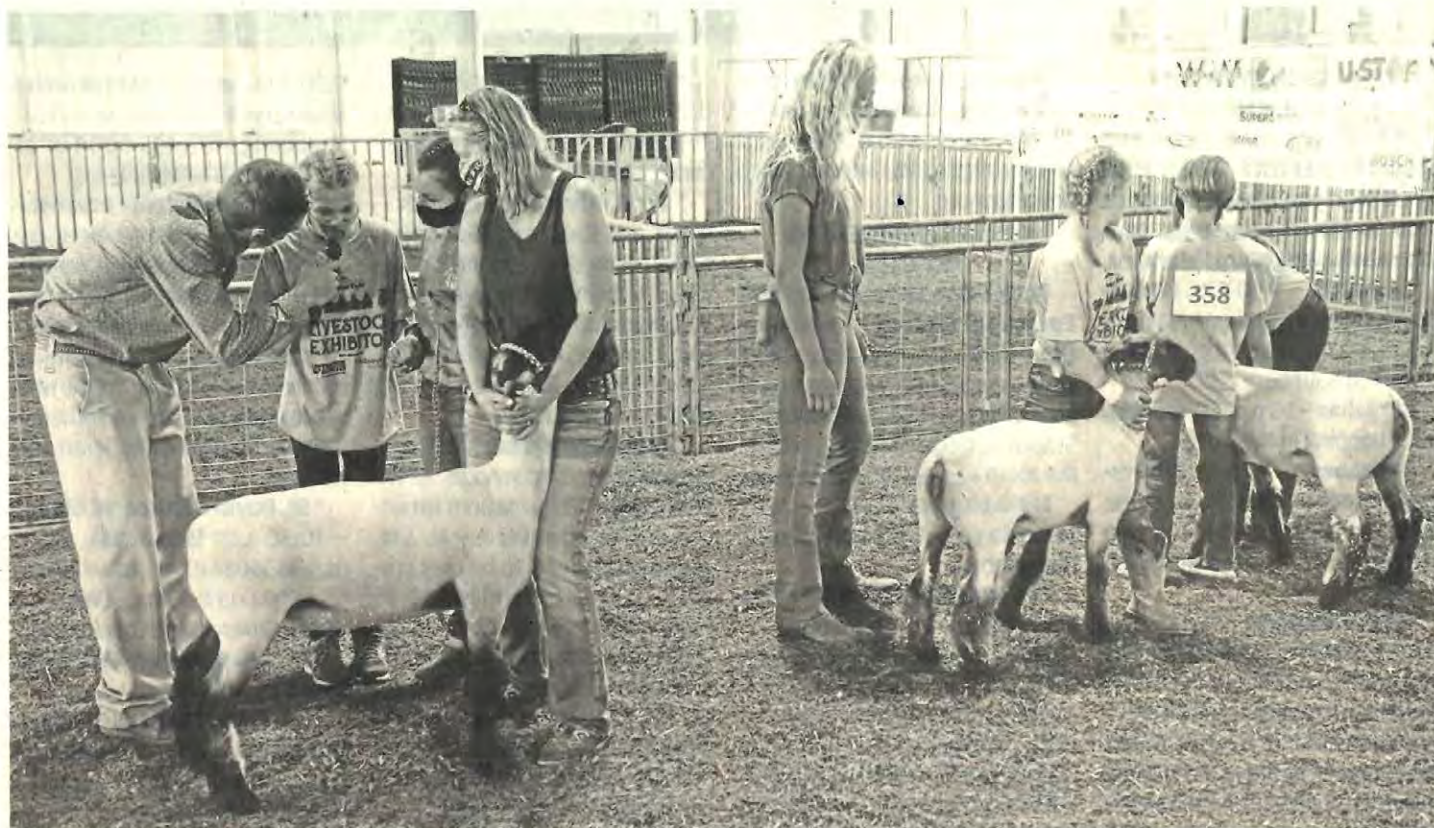
"No two kids are alike; they all need access to different opportunities in their formative years to be successful as adults," said Foundation for LPS President Wendy DeLaCastro. "At the foundation, we like to say we have more than 42,000 mission statements—one for each student at LPS. To do our work, we raise funds to lift up students and remove barriers to learning so they come to the classroom ready to learn, as well as fund experiences that challenge students and grow their minds. Garner's gift helps us do all of that."

To make a gift like the one Garner Industries has provided or to partner on a specific project, call 402-436-1612 for details.

LNE class of 1965 reunion Aug. 27-28

The Lincoln Northeast High School class of 1965 is planning its 55/56-year reunion.

The reunion will take place the weekend of Aug. 27-28. Check the Facebook page "LNE Class of 1965 Reunion" or contact Dean Knight at 402-488-8787 or dnonite@gmail.com for all the details.



COURTESY PHOTO

Members of the Unified Showing 4-H club participate at the 2020 Lancaster County Super Fair.

Youth with special needs show lambs in 4-H

**SUBMITTED BY VICKI JEDLICKA,
NEBRASKA EXTENSION IN
LANCASTER COUNTY**

The Unified Showing 4-H club gives youth with special needs the opportunity to show lambs. Now in its second year, the club empowers youth with special needs by pairing them with buddies who ensure the safety of the youth showman and lamb.

A selection process will take place for both show-

men (ages 8–18) and buddies (ages 14–18). Applications are due by Saturday, Feb. 14.

The club will aim to have meetings once a month, and parents and siblings are welcome to attend. During the summer, practices will be held once a week at project leader Allison Walbrecht's farm in southwest Lincoln. Youth will practice with their designated lamb that Walbrecht's family

owns.

These practices will be approximately an hour and include the showmen having the opportunity to lead their animals around, bathe, feed and learn about them. Buddies will be at the practices and will accompany the showmen. Family members have the option of staying on-site with their child.

At the end of the summer, the showmen will be

able to see their hard work pay off at the 4-H Sheep Show during the Lancaster County Super Fair. The club will have its own class, and the judge will ask youth questions about their lamb and themselves.

For more information about the club or to request an application form, contact Walbrecht via the Unified Showing Facebook group or email amnwalbrecht@gmail.com.

The Waverly News

Serving the communities of Waverly, Alvo, Ceresco, Davey, Eagle, Greenwood, Prairie Home, Raymond, Valparaiso and Walton

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Waverly Juniors win Class B state title

Page 5

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LINCOLN, NE 68528-1578

Pool closes after acid leak in pump room

From Staff Reports

WAVERLY - On Saturday evening, Waverly Fire and Rescue Department responded to a hazmat level 3 investigation at the Waverly Pool in Wayne Park.

Hydrochloric acid, a common pool disinfectant, had leaked onto the ground in the pump room at the pool. Parks and Recreation Director Shayna Murrell said the feeder tube connected to the acid had cracked, causing the leak.

WFRD responded with 11 personnel and were at the pool for about two hours until the issue was "isolated and contained within the

mechanical room of the facility," Assistant Chief Ryan Mueller wrote in an email.

WFRD was assisted by Lincoln-Lancaster County Health Department's hazmat team as well as Lincoln Fire Rescue. Lancaster County Sheriff's Deputy was also in attendance to take care of the public.

"There were no civilian or fire personnel exposures that required medical attention on location or transport to an emergency facility," Mueller wrote.

Lifeguards made the decision to call 911 upon advice from a former pool manager

See Leak on Page 3



CHEMICAL LEAK: Waverly Fire and Rescue respond to a call at the city pool Saturday evening after a chemical leak. The Waverly Intermediate School back to school pool party, set to begin at 6 p.m., was canceled due to the incident. (Staff Photo by Anna Boggs)

Lancaster County Fair



Waverly Show

Waverly's Call Kaiser shows at the beef show at the Lancaster County Super Fair on Saturday in Lincoln. For more photos of the Lancaster County Fair turn to Page 6. (Staff Photo by Elsie Stormberg)

Council adopts annex

Raise in water and sewer rates viewed

By Elsie Stormberg
The Waverly News

WAVERLY - After approving the final plat in May, last week the Waverly City Council adopted the annexation of the eighth addition to the Anderson North Park subdivision in northeast Waverly.

This annex would add 19 homes to the already bustling subdivision.

Prior to this unanimous approval, the council held a public hearing related to the annexation. No members of the public attended the public hearing.

The council also had a public hearing for the new water and sewer rates. Calvin Weeks was in attendance and spoke on increases in the water and sewer rates. Weeks asked if everyone in Waverly pays the same rates and how high the rates would rise with this motion.

The council confirmed that everyone in Waverly pays the same rates. Mayor Bill Gerdes explained to Weeks that the increase in rates is not high saying that his own rates, combining water and sewer, would only be raised about \$1.12.

"They are just going up a little," City Council Member Andy Cockerill said.

See ANNEX on Page 3

Lancaster County 4-H recognizes area youth accomplishments

LANCASTER COUNTY – Nebraska Extension in Lancaster County and 4-H Council presented the Lancaster County 4-H Achievement Virtual Celebration on Tuesday, Feb. 23. The Lancaster County Board of Commissioners proclaimed Feb. 23 as “4-H Achievement Day.” Here are the Voice area youth recognized. For a complete list of award recipients, archived video of the presentation and more photos, go to <http://lancastr.unl.edu/4h/achievement>.

NEBRASKA 4-H ACHIEVEMENT AWARD

The Nebraska 4-H Achievement Application is a record of a 4-H member’s annual achievements in 4-H, including accomplishments, leadership experiences, community service and career exploration.

Completed a Junior application — Noah Babcock (Waverly), Samuel Babcock (Waverly)

DIAMOND CLOVER PROGRAM

The Nebraska 4-H Diamond Clover Program is a statewide program which encourages 4-H members to engage in a variety of projects and activities. Every 4-H’er who participates can earn recognition! At the beginning of the 4-H year, youth choose goals from a provided list, and at the end of the 4-H year, complete a report which documents their accomplishments. Youth may progress from Level 1–6.

Level 1 – Amethyst: Tenley Bauman (Hickman), Anna Fousek (Hickman), Emily Smith (Roca), Gabriella Smith (Roca)

Level 5 – Hannah Thomson (Palmyra)

Level 6 – Diamond: Nathaniel Gabel (South Lincoln)

COMMUNITY SERVICE AWARDS

Presented to 4-H’ers who have completed the most hours of community service.

Age 13 and under — Lily Woledge (Hickman)

NEBRASKA 4-H CLUBS OF EXCELLENCE

Nebraska 4-H Clubs of Excellence have met the criteria outlined by the State 4-H Office to be considered a “Club of Excellence.” Some of the criteria includes: choose/elect youth officers, have one club project members do together and complete one community service project.

Horticulture 4-H Club, Joe’s Clover Knights, NE Equestrian, Rabbits R Us

OUTSTANDING 4-H CLUBS

To encourage participation in the county fair, Lincoln Center Kiwanis Club awards traveling trophies to the top 4-H clubs participating in the Lancaster County Super Fair. Clubs receive points based on all members’ total fair exhibit and contest placings.

Category III (membership of 21 or more): Joe’s Clover Knights



Submitted photos

From left to right: Nathaniel Gabel of South Lincoln was recognized with numerous awards, including Lancaster County Outstanding 4-H Member. Samuel Babcock of Waverly was recognized with the National Leadership Award. Clara Johnson of Walton was also recognized with the National Leadership Award.

(Leader: Anne Johnson (Walton). Their 70 members had 261 fair exhibits. This is the club’s third year as an outstanding 4-H club.

NATIONAL LEADERSHIP AWARD

Each year, Lancaster County 4-H selects 4-H members to be awarded the National Leadership Award on behalf of the American Youth Foundation. The award recognizes youth ages 15–18 who strive to be their personal best and make a positive difference in their schools, youth groups, 4-H clubs, and communities.

Samuel Babcock (Waverly), Clara Johnson (Walton)

OUTSTANDING 4-H MEMBER

Presented to individuals 14 years of age or older who have excelled in his/her involvement with the Lancaster County 4-H program. Selection is based on participation in a wide variety — and depth of — 4-H activities.

Nathaniel Gabel (South Lincoln) has excelled in county and state 4-H contests such as the Presentations, Life Challenge, Table Setting, Bicycle and Plant Sciences contests. Through his participation in the Lancaster County Super Fair, Nathaniel exhibited in several exhibit categories and companion animal classes. Several of his exhibits qualified for the Nebraska State Fair. Nathaniel is a junior leader and served as president of the Horticulture Club. He is in Teen Council and serves as vice-president of 4-H Council. He has also served as a teen ambassador for the 4-H Ag Innovators Experience and served on the PASE/Life Challenge Youth Advisory Board.

COLLEGE SCHOLARSHIPS

The Lancaster County 4-H program offers a variety of college scholarships to active senior 4-H members.

4-H Council awards \$700 scholarships to active Lancaster County

4-H’ers: Awards \$700 scholarships to active Lancaster County 4-H’ers: Emmi Dearthmont (Hickman), Nathaniel Gabel (South Lincoln)

Lincoln Center Kiwanis awards a \$1,000 scholarship to a current high school senior who is active in 4-H: Nathaniel Gabel (South Lincoln)

Dick Fleming Leadership & Communication awards a \$250 scholarship to a 4-H’er who has excelled in leadership and communication through 4-H: Nathaniel Gabel (South Lincoln)

4-H MILESTONE PIN RECIPIENTS

2021 4-H Seniors: Ellie Bunz (Walton), Rayley Burnside (Firth), Kelsey Cordes (Waverly), Emmi Dearthmont (Hickman), Nathaniel Gabel (South Lincoln), Luke Harms (Martell), Jacob Harrison (Eagle), Grace Hartweg (Waverly), Brett Heinrich (Hickman), Grant Johnson (Walton), Katherine Malina (Hickman), Sidney Schlesiger (Hickman), Julia Soukup (Denton), Judson Tietjen (Waverly)

3 Year Members: Baylor Belgium (Roca), Alli Bornschlegel (Roca), Gemma Bunz (Walton), Ada Foral (Roca), Fox Funk (Waverly), Kaden Gana (Martell), Audrina Hance (Eagle), Cash Hance (Eagle), Giselle Hance (Eagle), Grace Hartweg (Waverly), Abram Hunt (Walton), Ethan Hunt (Walton), Tyler Hunt (Walton),

Emberlin Johnson (Palmyra), Lauren Johnson (Walton), Bailey Landon (Waverly), Lizzy Massey (Eagle), Jack Michael (Waverly), Hannah Munk (Hickman), Meradeth Pachunka (Lincoln), Bailey Petersen (Denton), Mason Raisch (Denton), Allison Renken (Eagle), Claire Schindler (Roca), Aiden Schmidt (Firth), Aurora Wyman (Waverly)

2 Year Leaders: Jason Babcock (Waverly), Valerie Hunt (Walton), Martha Thomson (Palmyra), James Tietjen (Waverly)

5 Year Leaders: Kim Funk (Waverly), Tamara Simpson (Bennet), Megan Starner (Bennet)

10 Year Leaders: Teresa Brandt (Waverly)

15 Year Leaders: Andy Dearthmont (Hickman), Suzi Dearthmont (Hickman)

Rice to compete in UNL Photojournalism Challenge this week

LINCOLN – With a \$10,000 scholarship on the line, 20 students in the University of Nebraska-Lincoln’s College of Journalism and Mass Communications will compete in the Virtual Philip Perry Photojournalism Challenge from March 12-14.

Tyler Rice of Hickman, a sophomore studying broadcasting, sports media and communication, will participate in the challenge.

Beginning at 5 p.m. March 12, participants will have 24 hours to shoot and edit a photo essay of up to 12 photographs inspired by the theme “Mother Earth.”

At 5 p.m. March 13, essays will be judged by five professional photographers, who will select five finalists to present on day three.

Judges will consider the following criteria: subject matter, impact, creativity, composition, technical quality and storytelling.

At 10 a.m. March 14, the finalists will present their work to the judges, faculty and friends of the college over Zoom, and a winner will be named. For the full list of participants, visit <https://go.unl.edu/perry2021>.

Price earns spot on Creighton dean’s list

OMAHA – Creighton University has announced its Fall 2020 Dean’s List. Full-time students who earn a 3.5 grade-point average or better on a 4.0 scale are eligible for the Dean’s List.

Connor Price of Cortland, a freshman at the College of Arts and Sciences, was recognized on the list.

WEEKLY TRADITIONS PUB SPECIALS

T	1/2 LB. HAND-PATTIED BURGER & FRENCH FRIES\$5 TALLBOYS.....\$2.25
W	BONELESS OR BONE IN WINGS\$0.75 DRAWS.....\$1.75
TH	TACOS\$0.75 MARGARITAS.....\$4.50
F	1 LB. WALLEYE HAPPY HOUR 4-7 BEERS & WELLS.....\$2.25
S	MEXICAN FOOD MARGARITAS\$4.50
SU	2 TOPPING PIZZAS.....\$10.99 TALL BOYS.....\$2.25