



THE UNIVERSITY *of* EDINBURGH

Edinburgh Research Explorer

Quantitative Action Spectroscopy Reveals ARPE-19 Sensitivity to Long-Wave 1 Ultraviolet Radiation at 350 nm and 380 nm

Citation for published version:

Anderson, G, McLeod, A, Bagnaninchi, PO & Dhillon, B 2022, 'Quantitative Action Spectroscopy Reveals ARPE-19 Sensitivity to Long-Wave 1 Ultraviolet Radiation at 350 nm and 380 nm', *Scientific Reports*, vol. 12, 14223 . <https://doi.org/10.1038/s41598-022-17251-7>

Digital Object Identifier (DOI):

[10.1038/s41598-022-17251-7](https://doi.org/10.1038/s41598-022-17251-7)

Link:

[Link to publication record in Edinburgh Research Explorer](#)

Document Version:

Peer reviewed version

Published In:

Scientific Reports

General rights

Copyright for the publications made accessible via the Edinburgh Research Explorer is retained by the author(s) and / or other copyright owners and it is a condition of accessing these publications that users recognise and abide by the legal requirements associated with these rights.

Take down policy

The University of Edinburgh has made every reasonable effort to ensure that Edinburgh Research Explorer content complies with UK legislation. If you believe that the public display of this file breaches copyright please contact openaccess@ed.ac.uk providing details, and we will remove access to the work immediately and investigate your claim.



1 Quantitative Action Spectroscopy Reveals ARPE-19 Sensitivity to Long-Wave
2 Ultraviolet Radiation at 350 nm and 380 nm

3 Graham Anderson^{1*}, Andrew McLeod², Pierre Bagnaninchi¹, Baljean Dhillon^{3,4}

4 ¹Centre for Regenerative Medicine, University of Edinburgh

5 ²School of Geosciences, University of Edinburgh

6 ³Center for Clinical Brain Sciences, University of Edinburgh

7 ⁴Department of Clinical Ophthalmology, National Health Service Scotland, Edinburgh, Scotland,
8 United Kingdom

9 *Corresponding Author:

10 Graham Anderson;

11 ganders9@ed.ac.uk;

12 Scottish Centre for Regenerative Medicine,

13 5 Little France Drive,

14 EH16 4UU

15 **Abstract**

16 The role of ultraviolet radiation (UVR) exposure in the aetiology of retinal degeneration has
17 been debated for decades with epidemiological evidence failing to find a clear consensus for
18 or against it playing a role. A key reason for this is a lack of foundational research into the
19 response of living retinal tissue to UVR in regard to modern ageing-specific parameters of
20 tissue function. We therefore explored the response of cultured retinal pigmented epithelium
21 (RPE), the loss of which heralds advanced visual decline, to specific wavelengths of UVR across
22 the UV-B and UV-A bands found in natural sunlight.

23 Using a bespoke *in vitro* UVR exposure apparatus coupled with bandpass filters we exposed
24 the immortalised RPE cell line, ARPE-19, to 10nm bands of UVR between 290 and 405nm.
25 Physical cell dynamics were assessed during exposure in cells cultured upon specialist
26 electrode culture plates which allow for continuous, non-invasive electrostatic interrogation
27 of key cell parameters during exposure such as monolayer coverage and tight-junction
28 integrity. UVR exposures were also utilised to quantify wavelength-specific effects using a
29 rapid cell viability assay and a phenotypic profiling assay which was leveraged to
30 simultaneously quantify intracellular reactive oxygen species (ROS), nuclear morphology,
31 mitochondrial stress, epithelial integrity and cell viability as part of a phenotypic profiling
32 approach to quantifying the effects of UVR.

33 Electrical impedance assessment revealed unforeseen detrimental effects of UV-A , beginning
34 at 350nm, alongside previously demonstrated UV-B impacts. Cell viability analysis also
35 highlighted increased effects at 350nm as well as 380nm. Effects at 350nm were further
36 substantiated by high content image analysis which highlighted increased mitochondrial
37 dysfunction and oxidative stress.

38 We conclude that ARPE-19 cells exhibit a previously uncharacterised sensitivity to UV-A
39 radiation, specifically at 350nm and somewhat less at 380nm. If upheld *in vivo*, such sensitivity
40 will have impacts upon geoepidemiological risk scoring of macular sensitivity.

41 **Introduction**

42 The question of if, and if so to what degree, solar radiation exposure is involved in the
43 pathogenesis of macular sensitivity has long been the subject of medical contemplation and
44 investigation [1]. Academic interest in the subject widely piqued in the latter half of the 20th
45 century which ushered in high-altitude flight and atomic ordinance capable of significant

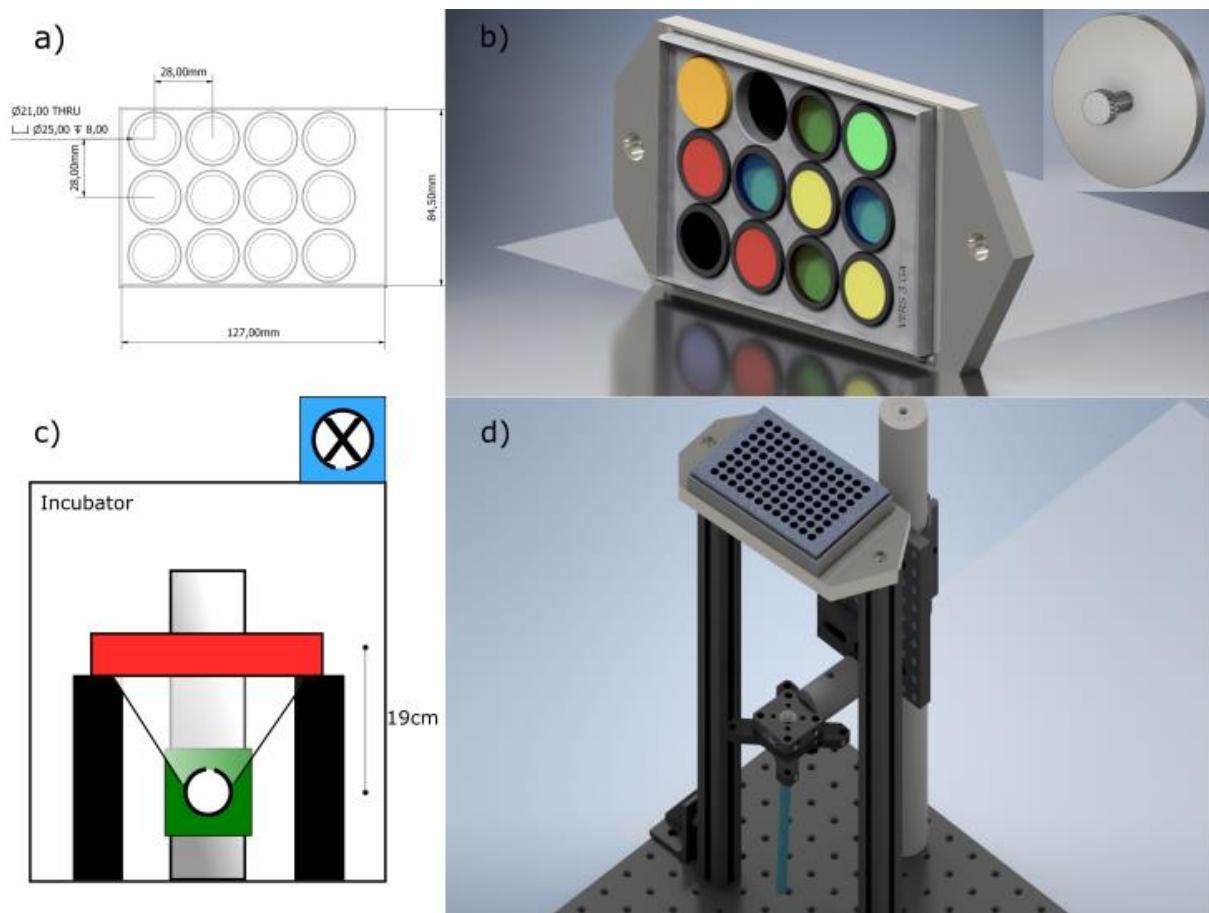
46 retinal injury [2] . However, investigations of the time relied upon a small number of large
47 animals and semi-quantitative means of assessing UVR damage both of which negatively
48 impact upon the statistical power and sensitivity of the observations in describing sub-acute
49 perturbations [3].

50 Consequently, contemporary estimates regarding solar photosensitivity of the retina
51 generally favour UVR wavelengths known to be poorly transmitted to the retinal surface [4,5],
52 thus leading to the conclusion that 'harmful UVR' does not reach the retina, despite evidence
53 highlighting paediatric transmission of UV-A [5]. Moreover, the role of lifetime sun exposure
54 in retinal degeneration has been explored by Schick *et al.* [6] who used questionnaires to
55 determine that sun exposure within the paediatric and occupationally active years of a
56 person's life are correlated with the loss of visual acuity in later years. However, despite this
57 evidence, contemporary *in vitro* investigations utilising fully quantitative methods of
58 characterising UVR exposure effects tend to under sample the UV-A band in favour of high-
59 energy visible (HEV; 400-470nm) and UV-B wavelengths, and in some cases highly biologically
60 effective UV-C wavelengths which do not reach the Earth's surface within sunlight [7–10].

61 Ultimately, this means the quantitative evidence-base regarding solar UVR (280-400nm)
62 driven effects within the retina, in terms congruent with modern oxidative-stress theories of
63 ageing and disease, remains incomplete. This impedes the accurate geographic modelling of
64 ophthalmologically harmful UVR reaching the Earth's surface which, in turn, hampers ongoing
65 geo-epidemiological health risk modelling and the shepherding of resources to meet future
66 ophthalmic needs.

67 In the present study, we sought to characterise the influence of solar UVR upon the cells
68 centrally implicated in the pathogenesis of age-related vision loss, the retinal pigmented

69 epithelium (RPE). Using fully quantitative methods to determine cell viability, oxidative stress
70 burden and tight-junction integrity with a high degree of spectral resolution we sought to
71 create response spectra which can be used in the modelling of ophthalmic risk. Such data may
72 prove valuable when applied to global disease burden modelling within the scope of a
73 changing climate and large-scale demographic processions as well as to infer putative
74 molecules of interest in UVR damage to the RPE.



75
76 *Figure 1 - Outline of Exposure Apparatus. a) Technical drawing of bandpass filter holder used during exposure. b) 3D render*
77 *of filter holder with filters inserted. Inset 3D render of 'blank' filter, which provided a negative control. c) Schematic of overall*
78 *design highlighting the position of the culture plate (red box) in relation to the light source (white circle). d) Computer*
79 *generated mock-up of full optomechanical apparatus with culture plate in place.*

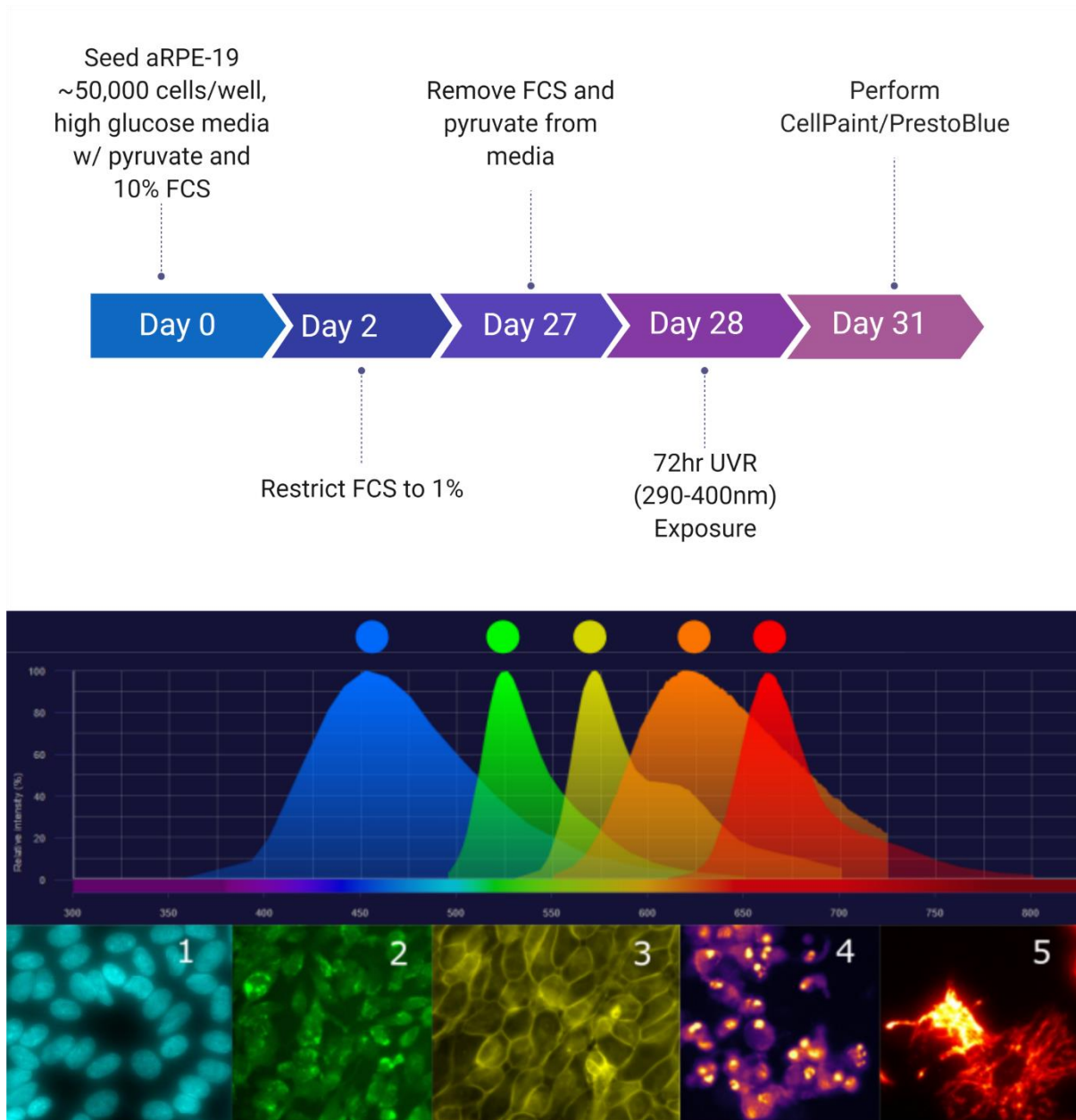
80 Results

81 Full Spectrum Viability Assay Suggests Unique UV-A Effects

82 Initial investigations coupled a bespoke in vitro exposure apparatus (Figure 1) to irradiate

83 mature ARPE-19 (see Figure 2 for culture timeline) and a rapid cell viability agent to quantify

84 wavelength-specific effects. These studies highlighted the clear distinction in photo-damage
85 between the UV-B and UV-A bands (Figure 3; panel a) with the UV-B wavelengths exhibiting
86 toxic efficiencies several orders of magnitude greater than the UV-A or visible bands (Figure
87 3; panel b).

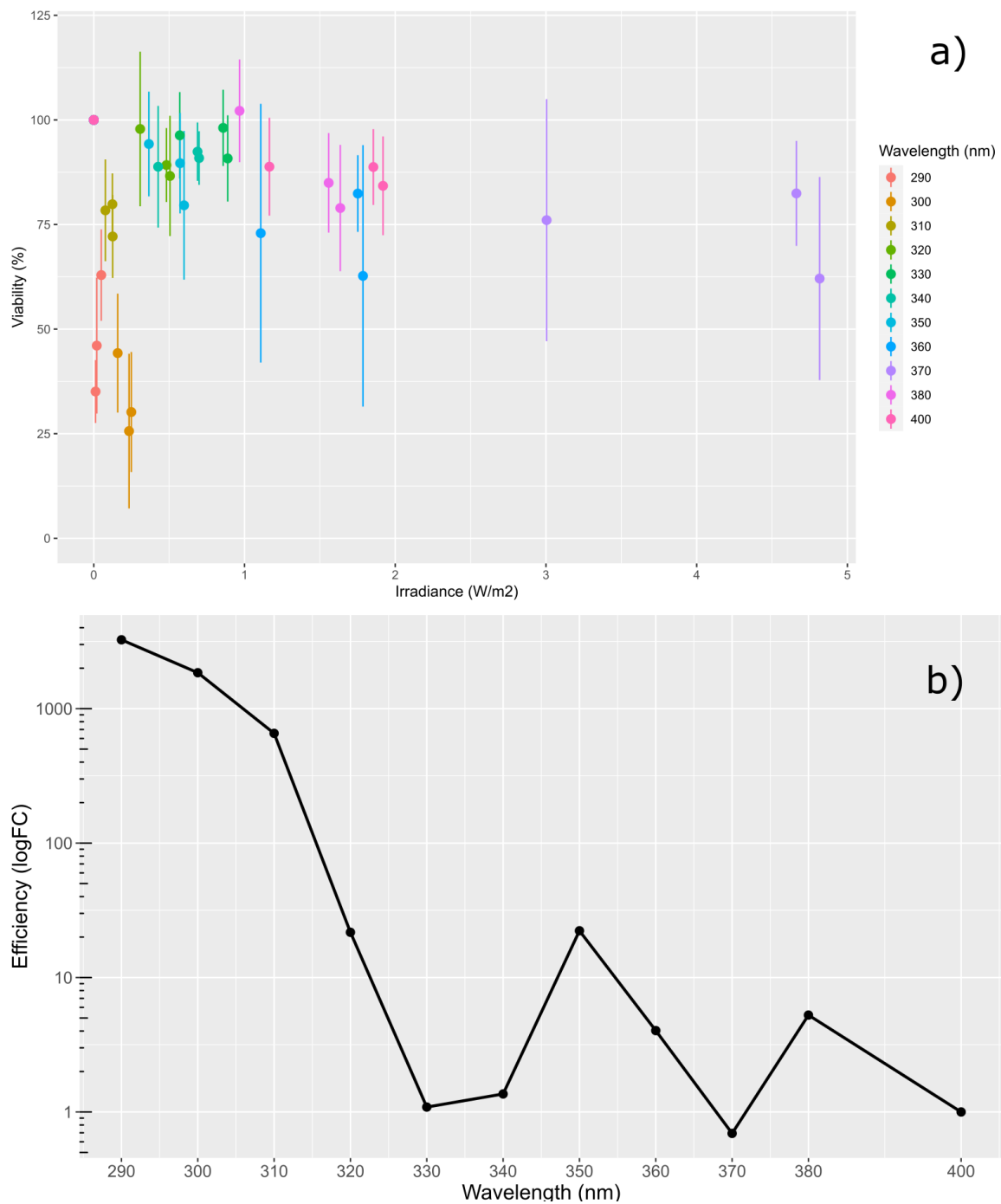


88

89 *Figure 2 - Top - The prototypical workflow of the current project. Middle - The emission spectra of the fluorescent probes used*
90 *in the current study. Bottom - representative images in ascending order of excitation wavelength. 1 = Hoechst 33342; 2 =*
91 *carboxy-H2DCFDA; 3 = CellMask™ Orange; 4 = Propidium Iodide; 5 = MitoTracker™ Deep Red FM.*

92 While UV-A radiation was well tolerated by ARPE-19, with a mean decrease of cell viability
93 over the radiation band of 20% of control, response spectra analysis revealed distinct peaks
94 in effects at 350 nm and 380 nm for which a 1.6-fold increase in intensity resulted in a 10%

95 and 30% decrease in cell viability, presenting an approximately 5 and 10-fold increase
 96 respectively from effects at 405 nm (Figure 3; panel b).



97

98 *Figure 3 - Average cell viability, assessed via Prestoblue™, as a function of irradiance and wavelength as achieved through*
 99 *the use of neutral density filters, the acute response to UV-B radiation even at low irradiance can be clearly observed,. b) The*
 100 *resultant response spectrum based on the slope coefficients of the viability data displaying peaks in phototoxic efficiency at*
 101 *350 and 380 nm followed by the acute toxicity typical of the UV-B band. N = 3, Error bars = 1 s.d.*

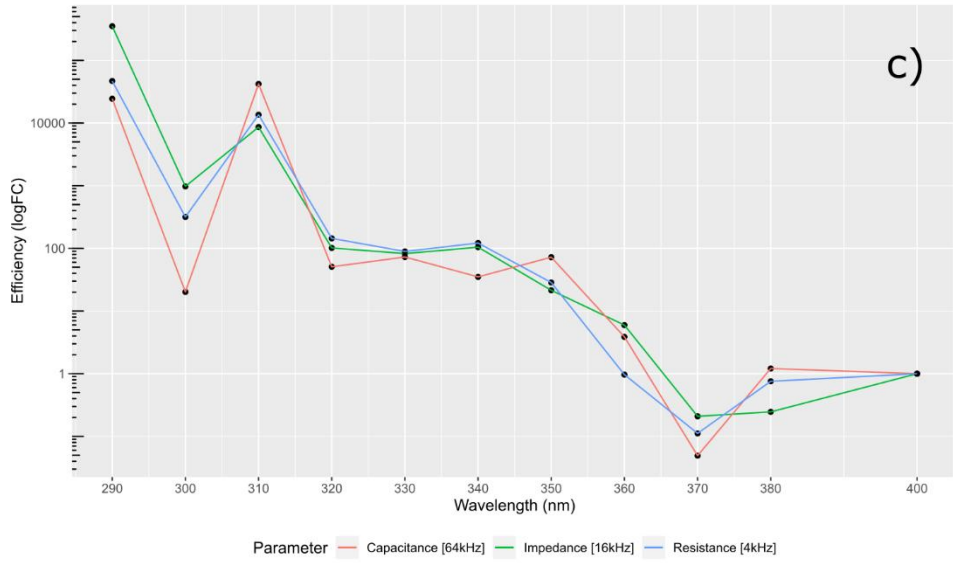
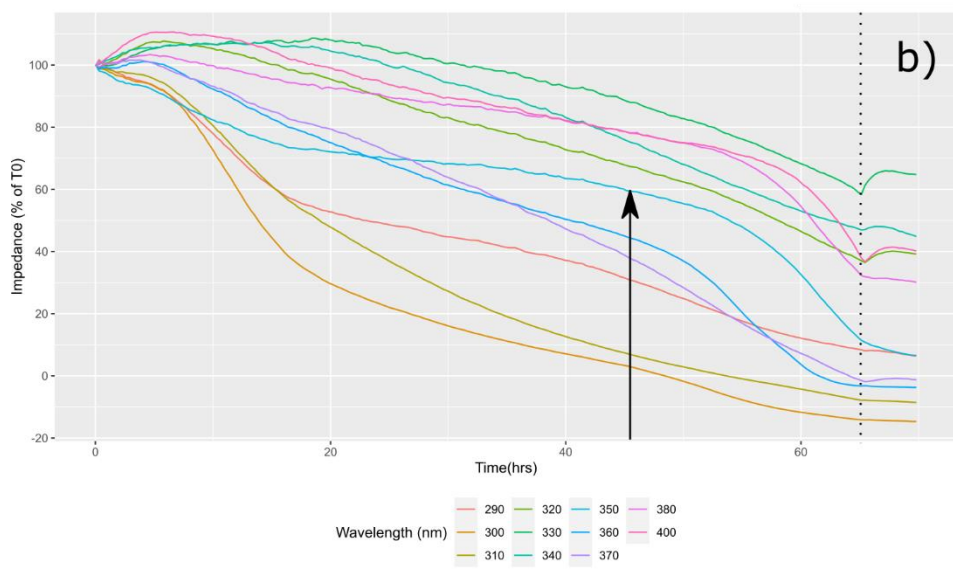
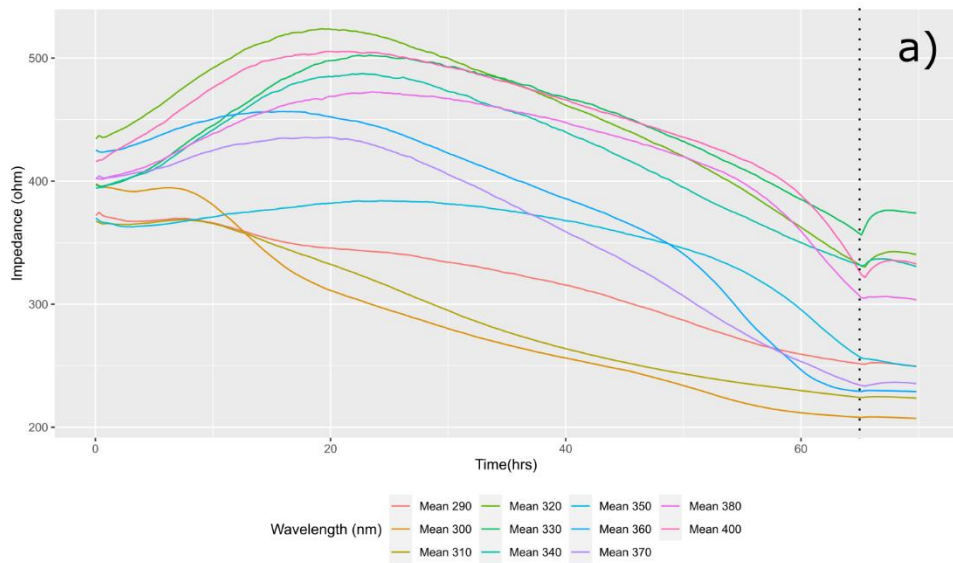
102

103 ECIS Action Spectra Highlights Response to UV-A Band

104 After four weeks in culture, immediately prior to UVR exposure, the media the cells were
105 maintained in was replaced with a custom culture medium free from antioxidants and
106 photosensitisers. Following this, the electrode plate that the cells were cultured upon was
107 docked in the 96-well ECIS station, the lid removed, and the plate exposed to the UVR source
108 continuously for 68-72 h (*Figure 4; panel a*)).

109 Within the first 24 hours, the majority of wavelengths exhibited a rise in impedance typical of
110 cell responses to changes in ionic balance and CO₂ following a culture medium change. The
111 exception to this lies in the cells which were irradiated with UV-B radiation, where the
112 inflection in electrostatic response was observed within the first 24 hours (*Figure 4; panel b*)).

113 Of note when considering the cellular impedance responses to particular wavelengths is the
114 biphasic relationship which emerged over time. This was particularly noticeable in the
115 response to 350 nm UVR which showed a rapid decrease in the first 6 hours of exposure
116 followed by an extended plateau until around 45 hours where cellular impedance displayed
117 a precipitous decline. This biphasic response suggests two separate events taking place, most
118 likely an initial break down of cellular tight junctions followed by the eventual dissolution of
119 cellular filopodia leading to detachment of the cells from their substrate.



120

121
122

Figure 4 -ECIS Data Processing. a) Raw impedance data [16kHz] averaged for each wavelength. Note the rapid rise in signal at 68hrs highlighting the time at which the lamp was doused (vertical dotted line), possibly indicative of the cells re-adhering

123 to the electrode substrate following UVR insult. b) Impedance [16kHz] data following normalisation to time-zero (T0) and
124 scaling between positive and negative controls. The character of response appeared to vary between UV-B and UV-A
125 wavelengths, where UV-B decline appeared largely monotonic, UV-A response appeared bi-phasic (vertical black arrow),
126 possibly suggesting discrete early and late-stage cellular stress processes. c) Resultant action spectra, normalised to 400nm,
127 indicating the relative efficiency of each wavelength in reducing each electrostatic parameter to 60% of its initial value. 370-
128 400 nm offered broadly similar weighting in regard to epithelial destabilisation, 320-350 nm appeared to mark a plateau of
129 100-fold normalised efficiency before giving way to a sustained rise within the UV-B band of more than 1×10^4 -fold normalised
130 efficiency. $N = 3$.

131

132 Following normalisation to positive (media-only) and negative (No UVR) controls, action
133 spectra were constructed based on the effective dose required to decrease the electrostatic
134 parameter of interest (impedance [Z], resistance [R] and capacitance [C]) to 60% of their
135 respective time-zero (t_0) value (*Figure 4*; panel c)). The action spectra revealed that longwave
136 UV-A (UV-A₁) was well tolerated with an apparent trough in toxicity at 370 nm suggesting
137 that, in regard to tight junctional breakdown, it is at least as toxic as high-energy visible (HEV)
138 light. A plateau of toxicity, around 100-fold HEV toxicity, was observed within the shortwave
139 UV-A band (UV-A₂) beginning at 350nm and extending to 320nm followed by a typical rise in
140 toxicity within the UV-B band reaching 10,000-fold of HEV.

141 Full Depth Phenotypic Profiling Recapitulates 350 nm Peak

142 Initially, variables of interest were chosen according to biological understanding of the
143 processes of UV-B and UV-A pathology. However, following this, an open-ended data-driven
144 approach was employed where all 380 imaging variables were modelled and included in the
145 resultant response spectra.

146 When considering the overall cell response, that is, the average of all the image parameters
147 for each stain, the resulting response spectra correlate well with the response spectra
148 produced via the PrestoBlue™ (Invitrogen™, MA, USA) and nuclei count assays (*Figure 5*; *plot*
149 *a*). This suggests that nuclei staining, and the resulting intensity and morphological
150 parameters, provide the most sensitive metric for overall UVR response. Dividing the data by

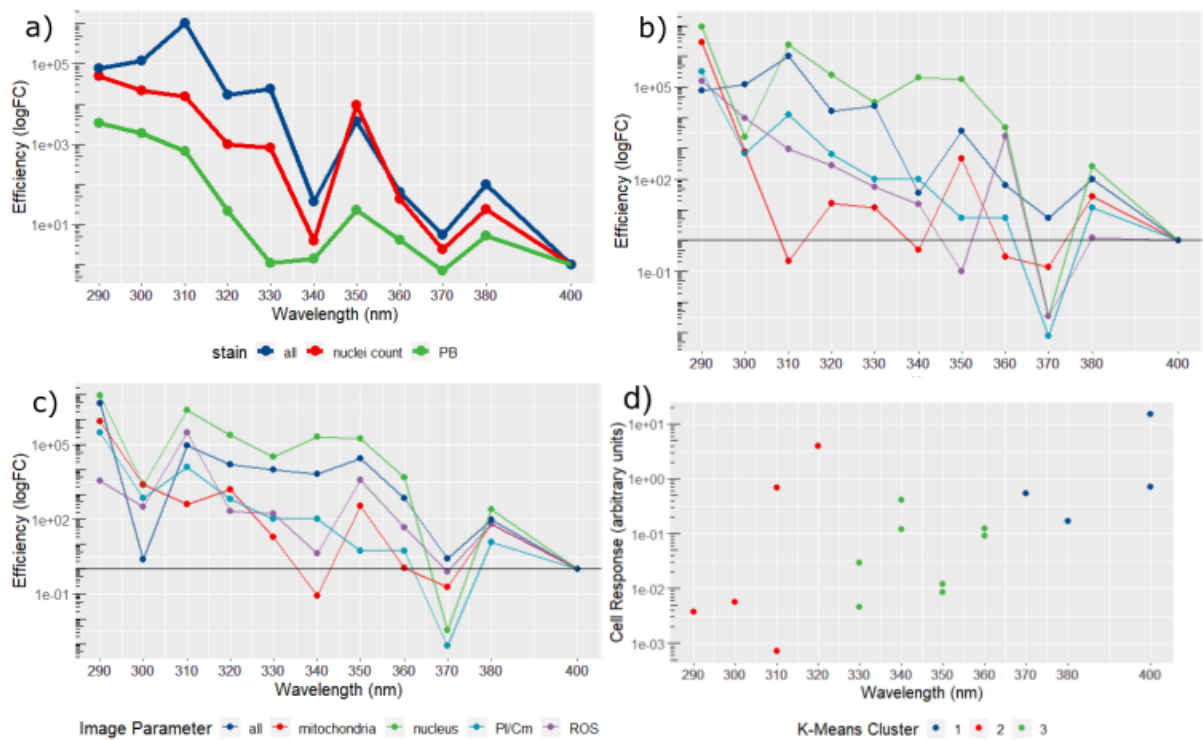
151 the primary imaging parameters determined by probe: nucleus, mitochondria, reactive
152 oxygen species (ROS), propidium iodide/Cell mask (PI/Cm), it becomes possible to discern
153 which features diverge most from the overall modelled response at each wavelength (*Figure*
154 *5; plots b & c*).

155 The use of texture-based image processing techniques, such as the SER filter kernels, make it
156 possible to reliably identify ridge or spot-like cell structures indicative of mitochondrial
157 threads or punctate lysosomes in images with suboptimal signal-to-noise ratios. In the
158 present study, by considering the 'spot' texture, it is possible to quantify pockets of ROS
159 activity, condensed nuclear material and condensed mitochondria, all of which are indicative
160 of overt oxidative stress and pre-apoptotic cellular responses. When viewed in this way, the
161 response spectra show a concerted rise at 350 nm and 380 nm in all imaging parameters
162 except the propidium iodide/Cell mask channel suggesting a sub-apoptotic response
163 consistent with chronic oxidative stress (*Figure 5; plot d*).

164 RPE Response Falls along Distinct UVR Bands

165 In order to elucidate any possible high-dimensional clustering present in the data we
166 undertook Monte-Carlo reference-based consensus clustering (M3C; John et al., 2020) to
167 provide optimal identification of the number of clusters (represented by the letter K) within
168 the data. Consensus clustering assumes that the optimal value for K is stable upon resampling,
169 however, statistically robust methods to confirm stability have been lacking[12]. The M3C
170 approach is founded upon the simulation of multiple reference null-data sets (i.e. $K=1$) based
171 upon the real data supplied by the user and in so doing provides a null-hypothesis for
172 significance testing when comparing higher values for K .

173 Using this method, based upon the coefficient data delivered by the linear models described
 174 previously, it was possible to simulate the cumulative distribution function (CDF) and
 175 proportion of ambiguous clustering (PAC) scores for the data. Finally, by comparing the real
 176 data against the simulated null-data sets, it is possible to generate a p-value regarding the
 177 probability of $K = 1$. The M3C analysis suggested that there are 3 or 4 stable clusters within
 178 the data, however, upon closer investigation it could be seen that one of the clusters
 179 identified referred to data of the blank control suggesting that the true number of clusters
 180 was 2 or 3.



181
 182 *Figure 5 -High Content Image Analysis. a) Response spectrum created using all available imaging parameters, recapitulating*
 183 *the 350nm and 380nm peaks observed in previous data, presented alongside cell viability and nuclei count response spectra.*
 184 *b) Response spectra from imaging data broken down into major imaging parameters: All, Mitochondria, Nucleus, Propidium*
 185 *Iodide/Cell Mask (PI/Cm), Reactive Oxygen Species (ROS). c) Response spectra created using imaging data produced by the*
 186 *'spot' filtering kernel which successfully recapitulates the 350nm peak in every compartment except PI/Cm. d) Mapping*
 187 *clusters (k3) onto overall cell response differentiates three main groups, one comprising the UV-B band (290-320nm) and two*
 188 *within the UV-A band (330-360nm; 370-400nm) possibly reflecting discrete mechanisms of action. N = 3 biological replicates.*

189 Mapping the $K = 2$ clusters to the data simply divided the data into UV-B and UV-A bands.
 190 However, mapping clusters based on a K -value of 3 subdivided the UV-A response into 330-

191 360 nm and 370-400 nm bands (*Figure 5; plot d*). This would indicate that the RPE's UV-A
192 sensitivity displays a distinct wavelength-dependent response which does not directly map to
193 the established UV-A1 (340-400 nm) and UV-A2 (320-340 nm) bands, suggesting two possibly
194 distinct mechanisms of action for each cluster.

195 **Discussion**

196 In the present study, we sought to describe the effect of UVR exposure upon the RPE by
197 producing action spectra and response spectra relevant to parameters of interest within
198 retinal ageing and inflammatory pathology, specifically oxidative stress, cell viability and the
199 tight junctional integrity of the RPE. Using the immortalised cell line, ARPE-19, we observed a
200 previously unrealised sensitivity to UVR within the UV-A band, in particular at 350 nm and 380
201 nm.

202 The role of UVR in precipitating macular sensitivity remains a subject of some controversy,
203 fuelled in part, by a lack of action spectra regarding the specific means by which UVR would
204 precipitate diseases of ageing such as AMD. Existing action spectra focus entirely on acute
205 phase actions of UVR (i.e. fundus lesions) which are more relevant to occupational light
206 hazards [13,14] than the chronic exposures expected from sunlight within a public exposure
207 setting [15]. As a result, existing action spectra for the retina and the lens place little to no
208 weight on UV-A effects, suggesting that only UV-B plays a role in UVR damage to these
209 tissues[3,16].

210 Recently, Marie and colleagues generated action spectra between 390-520 nm for hydrogen
211 peroxide (H_2O_2) and superoxide anion ($O_2^{\bullet-}$) production in A2E-laden porcine RPE [7]. They
212 were able to highlight that A2E acts as a potent photosensitiser capable of increasing H_2O_2
213 production 2-3-fold and doubling $O_2^{\bullet-}$ content. A2E photosensitisation was highest at 415-

214 455nm, closely following its absorbance spectrum [17,18]. This was complemented by a
215 concomitant increase in expression of antioxidant genes such as *SOD2* and suppressed
216 respiration rate as quantified via oxygraphy [7]. While A2E does have an absorbance peak
217 within the UV-A band at 335nm, the researchers did not extend their action spectra beyond
218 390nm. However, it follows from the above results that a photosensitive effect would likely
219 be observed if a broader spectrum were constructed.

220 Subsequently, Marie and colleagues investigated the spectral sensitivity of the neuronal
221 retina in order to bring depth to our understanding of phototoxicity within retinal
222 degeneration [19]. Through spectroradiometric investigation of the autofluorescent profile of
223 each cell layer of the retina they demonstrated: 1) that the inner-segments of the
224 photoreceptors are the most autofluorescent of the retinal cell layers, 2) that the
225 mitochondria are the primary source of the autofluorescence and 3) that such
226 autofluorescence is highest upon 350 nm excitation. The presence of defined peaks of
227 autofluorescence and phototoxicity at 350 nm strongly imply the presence of a chromophore
228 with maximal absorbance at, or within 10 nm of, 350 nm which resides within the retina. From
229 their observation of peak autofluorescence at 350 nm Marie *et al.* reasoned that the putative
230 chromophores behind the autofluorescence likely belong to the porphyrin or flavin families
231 of photosensitisers [19]. Porphyrins normally exhibit a peak of absorbance around 400 nm,
232 the Soret Band, with subsequent absorbance peaks found at longer wavelengths up to 630
233 nm, with little absorption within the UV spectrum. However, the molecule bacteriochlorin, a
234 close relation of porphyrin, does exhibit dual absorption peaks at 349 nm and 372 nm [20].

235 While exposure to UVR is largely considered a hazard to be avoided, there remain some
236 benefits to UVR providing the dose remains limited. Common examples of UVR's therapeutic

237 use include its role in vitamin D synthesis and its application as a therapy for infant jaundice.
238 However, evidence of the benefits of UVR within the retina were, until recently, highly limited.
239 Hallam et al. (2017) working with patient specific iPS-RPE derived from individuals harbouring
240 a Y402H polymorphism within the *CFH* gene, demonstrated a possible benefit of long-wave
241 UVR exposure to the RPE. In their study, patient-specific iPS-RPE cells and wild type were
242 exposed to 4.5mW cm⁻² of 390-410 nm radiation over the course of 5 days. Their results
243 demonstrated a distinct difference in response to UVA/HEV exposure between the genotypes
244 with the mutant line displaying an increase in expression of *SOD2*, *IL6*, *IL18* and *IL18*
245 suggesting a pronounced inflammatory response. Moreover, imaging revealed that the
246 mutant line showed significantly reduced drusen volume relative to the no-UVR control [21].
247 There is the possibility of epithelial stabilisation following low-grade insult through the multi-
248 nucleation of neighbouring RPE and paracrine activation of the Akt/ERK cell-signalling
249 pathway [22] but it remains difficult to predict the degree of functional recovery these
250 regenerative instruments would afford a given individual. However, while it is currently
251 unclear which chromophore or pathway is responsible for the photobiomodulatory response
252 described, this finding raises the possibility of using UVA/HEV radiation in a clinical capacity
253 to treat retinal decline within high-risk individuals.

254 The primary weakness of the present work lies within the reliance upon the spontaneously
255 immortalised cell line ARPE-19 [23]. We recognise the limitations of relying upon naïve ARPE-
256 19 – that is, RPE free from photosensitisers – and therefore contend that our data represents
257 a conservative estimate of sensitivity. The addition of retinal photosensitisers - such as A2E,
258 all-trans retinal and lipid-rich photoreceptor outer segments, all of which have well
259 characterised UV-A absorption peaks - would only serve to increase the UV-A sensitivity we
260 describe. Conversely, the addition of ectopic anti-oxidants would serve to dampen the toxic

261 effects of UV-A observed. Moreover, to tackle the long-recognised dedifferentiation of ARPE-
262 19 we utilised up-to-date culture methods - which closely mimic induced pluripotent stem
263 cell (iPSC) protocols – capable of ushering ARPE-19 to the fate of mature RPE [24,25]. Based
264 on the work completed so far, it is unclear whether the observed effect is the result of a single
265 photo-oxidative response which differs in degree between 350 nm and 380 nm or two entirely
266 distinct responses which share a common outcome. To explore this question, one could
267 employ specific anti-oxidants – such as sodium azide or catalase – to inhibit the production of
268 particular oxidative species, or, conversely, utilise super oxide sustaining agents – such as
269 deuterated water – to enhance particular oxidative pathways. With the data produced via
270 these hypothetical means, one might begin to discern the molecular basis of RPE sensitivity
271 to UV-A.

272 The current study suggests that beyond the UV-B band, the wavelengths 350 nm and 380 nm
273 are the most damaging to the ARPE-19 cell line in regard to cell viability, tight junctional
274 integrity and oxidative stress burden. As such, capturing discrete RPE sensitivity to UV-A
275 vindicates the use of full UV spectral coverage when defining novel UVR effects upon the
276 retina. Future work should focus on determining differential pathways of toxicity between
277 these two wavelengths using mature retinal models and determine how such effects could be
278 modulated through supplementation with small molecules capable of modulating lipid
279 handling and oxygen species burden in RPE.

280 **Materials and Methods**

281 Tissue Culture

282 The immortalised cell line ARPE-19 was purchased from the American Type Culture Collection
283 (ATCC, MA, USA) and, following mycoplasma screening, expanded in T75 culture flasks using

284 Dulbecco's Modified Eagle Medium supplemented at a 1:1 ratio with Ham's F/12 solutions
285 (DMEM F/12, Invitrogen, MA, USA) supplemented with 10% foetal calf serum (FCS, Merck,
286 Germany). Once confluent, cells were passaged using porcine trypsin supplemented with
287 ethylenediaminetetraacetic acid (EDTA, Life Technologies, CA, USA). For UVR exposure,
288 amelanistic ARPE-19 cells were seeded into black-walled (μ Clear, Greiner Bio One Ltd,
289 Germany) and electrode embedded (96w20idf, Applied BioPhysics, NY, USA) 96-well plates at
290 a density of 30,000 cells per well. Cells were maintained at confluence for at least 28 days
291 before UVR exposure in DMEM with 4.5 g L⁻¹ glucose, 1 mM sodium pyruvate and 1% FBS to
292 allow for coherent cytoskeletal organisation and epithelial barrier formation[24,25].

293 UVR Exposure

294 A full description of UVR exposure and calculations is given in the supplementary information.
295 Briefly, quantification of UVR at 1 nm intervals was carried out using an SR9910-v7 UV-VIS
296 double monochromator spectroradiometer (Irradian Limited, Elphinstone, UK) fitted with a
297 light guide and planar cosine corrected sensor assembly. The culture plate was irradiated
298 inside a dedicated tissue culture incubator (Hera Cell, Heraeus, Germany), kept at 37°C, 5%
299 CO₂ and 100% humidity, with an uncollimated beam at 19 cm from the light-guide aperture
300 of the UVR source, a 120 W mercury metal halide epifluorescence lamp (Excelitas
301 Technologies Corp., NY, USA). Exposures took place over 72 h at three irradiance levels, one
302 at full intensity (full irradiance) and two with \varnothing 21.3mm neutral density filters (ND 0.2 and ND
303 0.4 (ThorLabs Inc., NJ, USA)) mounted within a filter housing of the culture wells (*Figure 1*).
304 For each exposure, a negative (dark) control – comprised of a solid disc of black resin – was
305 positioned in one of the available filter positions. Comparison of typical experimental UVR
306 energy doses used in the present study and estimated terrestrial UVR dose confirmed that

307 the UVR doses used in the present study achieved parity with the range of UVR doses
308 experienced by a given person across the life-course (see *Supplementary Data*).

309 Cell Viability

310 Cell viability analysis was carried out using PrestoBlue™ (Invitrogen™, MA, USA) cell viability
311 reagent according to the manufacturer's instructions. In brief, culture medium was removed
312 and cells washed with phosphate buffered saline (PBS, Merck, MA, USA) containing calcium
313 and magnesium chloride (referred to hereon as PBS^{+/+}). Following washing, one well of the
314 dark control cells was exposed to cell lysis buffer (RIPA Lysis and Extraction Buffer, Thermo
315 Scientific, MA, USA) for 5 min at room temperature to act as a positive control. Next, 120 µL
316 of 1:10 dilution of PrestoBlue™ (Invitrogen™, MA, USA) cell viability reagent and PBS^{+/+} was
317 added to each exposed well. Cells were then incubated at 37°C and 5% CO₂ for 20 min to allow
318 the assay to develop. Following incubation, 100 µL of the developed reagent was transferred
319 to a solid white 96-well assay plate and fluorescence was read using a multi-modal plate
320 reader (Ex 520nm/Em 580nm; GloMax Explorer, Promega, WI, USA).

321 Electric Cell-Substrate Impedance Sensing (ECIS)

322 ARPE-19 cells were seeded onto ECIS culture-ware comprising 96 wells with each well housing
323 20 interdigitated 300 µm electrodes (96W20Eidf, Applied Biophysics, NJ, USA). Immediately
324 prior to UVR exposure and following tissue maturation, the electrode plate was installed
325 within a 96-well ECIS station. Spectral measurements of electrical impedance (Z), resistance
326 (Ω) and capacitance (C) between 500 Hz and 64 kHz were determined at 11 min intervals
327 during the UVR exposure.

328 Cell Paint and Image Analysis

329 Within 2 h of UVR exposure, the cells were processed for imaging as follows: an equal volume
330 of carboxy-H2DCFDA (Invitrogen™, MA, USA) solution diluted at a 1:500 ratio in Hank's
331 balanced salt solution (HBSS; Sigma-Aldrich, MI, USA) was added to the *in situ* culture medium
332 and gently mixed by trituration to give a final carboxy-H2DCFDA dilution of 1:1000. The cells
333 were then incubated with the staining solution for 30 min at 37°C. During incubation, a second
334 staining solution comprising Hoechst 33342 (Sigma-Aldrich, MI, USA) diluted at a ratio of
335 1:500, CellMask™ Orange (Invitrogen™, MA, USA) diluted at a ratio of 1:500, MitoTracker™ Deep
336 Red FM diluted at a ratio of 1:500 and propidium iodide (Sigma-Aldrich, MI, USA) diluted at
337 a ratio of 1:1500 were made up in HBSS. During the last 10 min of the 30-min incubation, an
338 equal volume of the second stain solution was added to the first solution in the wells. This
339 was then incubated at 37°C for a further 10 min. When all staining was complete, 50% washes
340 were performed in triplicate using HBSS.

341 Live imaging was performed using an automated microscope developed for high-throughput
342 imaging (Operetta, PerkinElmer, MA, USA) the imaging chamber of which was maintained at
343 37°C and 5% CO₂ throughout image capture. Seventeen fields were captured per well at 40X
344 objective magnification (see *Figure 2* for representative images of fluorescent probes).

345 Image analysis was performed using the Columbus image analysis suite (PerkinElmer, MA,
346 USA). Parameters determined included number of cells, fluorescent intensity, texture
347 analysis (saddle-edge-ridge (SER) textures) and STAR morphology (Symmetry properties,
348 Threshold compactness, Axial properties, Radial properties, and profile) for each cell
349 compartment. Following batch image quantification, all data were exported as a text file for
350 analysis in Excel 2016 (Microsoft Systems, CA, USA) and R-studio[26].

351 Data Curation and Statistical Analysis

352 PrestoBlue™ (Invitrogen™, MA, USA) data were scaled between the positive (lysed) and
353 negative (no UVR) 'dark' controls using the formula: $(x - MIN) / (MAX - MIN) * 100$
354 where 'x' refers to the individual measurement, 'MIN' refers to the lowest value within the
355 dataset and 'MAX' refers to the highest value. In a similar fashion, ECIS data were scaled
356 between the positive (no-cell) and negative (no UVR) controls before being normalised to
357 time zero (t_0). Where possible, impedance, resistance and capacitance data were used to
358 model R_b [tight-junction integrity], α [electrode coverage & cell adhesion] and C_m
359 [membrane capacitance] values (collectively referred to as R_bA) as described previously
360 [27,28].

361 In order to model the UVR damage efficiency at each wavelength using the PrestoBlue™
362 (Invitrogen™, MA, USA) data, the processed cell viability for each wavelength and at each
363 irradiance (full irradiance, ND02 and ND04) was used to calculate linear regression
364 coefficients, the slope coefficient of which is indicative of the efficiency of UVR damage. Since
365 the calculated slopes were all negative, they were first squared so they could be plotted
366 logarithmically and normalised to the visible wavelength of 405nm.

367 Modelling photodamage efficiency using ECIS was performed by first choosing a 'common
368 action' for all wavelengths as a 60% decrease in the electrostatic parameters (Z , Ω , C) from
369 their original values. Through observation of the time-point at which the defined action is
370 achieved, coupled with the knowledge of the light source irradiance, one can calculate the
371 photon dose required to achieve the action. The reciprocal of the dose required to fulfil the
372 action - (i.e. $efficiency = \frac{1}{dose}$) - at each wavelength provided an action spectrum for each

373 of the electrostatic parameters. These action spectra were then normalised to 405nm to
374 provide context in regard to visible radiation effects.

375 High content imaging data were averaged on a per wavelength basis, then normalised to the
376 no UVR 'dark' control prior to action spectrum production. As outlined previously linear
377 regression analysis was performed on the results from the three irradiance conditions (full
378 irradiance, ND02, ND04) for each wavelength and the slope coefficient used to determine
379 efficiency of response. Each exposure was replicated three times for each irradiance condition
380 with four technical replicates present for each wavelength.

381 The data set was simplified using K-means clustering [32], supplemented by Monte-Carlo
382 simulation driven consensus modelling, facilitated by the R package M3C[11], to provide
383 empirical justification for the optimal value of 'K'.

384 All statistical analyses was carried out using R-Studio [26] and Excel 2016 (Microsoft
385 systems, CA, USA), with data derived from three biological repeats each comprising four
386 technical replicates.

387 **Competing Interests**

388 The authors declare no competing interests.

389 **Data Availability**

390 All data is available from an Open Science Framework repository found at:-
391 https://osf.io/fxpwk/?view_only=f6136dfcf9664ffbaefbd683854f2eac

392 **References**

- 393 1. Duke-Elder WS. THE PATHOLOGICAL ACTION OF LIGHT UPON THE EYE. Lancet. 1926 Jul
394 3;208(5366):16–9.
- 395 2. BYRNES VA, BROWN DVL, ROSE HW, CIBIS PA. CHORIORETINAL LESIONS DUE TO THERMAL

- 396 RADIATION FROM THE ATOMIC BOMB. Arch Ophthalmol [Internet]. 1956 Jun 1 [cited 2018
397 Sep 21];55(6):909–14. Available from:
398 <http://archophth.jamanetwork.com/article.aspx?articleid=624880>
- 399 3. Ham WT, Mueller HA, Ruffolo JJ, Guerry DP, Kennon Guerry R. Action spectrum for retinal
400 injury from near-ultraviolet radiation in the aphakic monkey. Am J Ophthalmol. 1982;
- 401 4. Boettner EA, Wolter R. Transmission of the ocular media. Investig Ophthalmol Vis Sci
402 [Internet]. 1962;1(6):776–83. Available from:
403 <http://iovs.arvojournals.org/pdfaccess.ashx?url=/data/journals/iovs/932887/>
- 404 5. Ambach W, Blumthaler M, Schopf T, Ambach E, Katzgraber F, Daxecker F, et al. Spectral
405 transmission of the optical media of the human eye with respect to keratitis and cataract
406 formation. Doc Ophthalmol. 1994;
- 407 6. Schick T, Ersoy L, Lechanteur YTE, Saksens NTM, Hoyng CB, Den Hollander AI, et al. HISTORY
408 OF SUNLIGHT EXPOSURE IS A RISK FACTOR FOR AGE-RELATED MACULAR DEGENERATION.
409 Retina [Internet]. 2016;36:787–90. Available from: www.eugenda.org
- 410 7. Marie M, Bigot K, Angebault C, Barrau C, Gondouin P, Pagan D, et al. Light action spectrum on
411 oxidative stress and mitochondrial damage in A2E-loaded retinal pigment epithelium cells.
412 Cell Death Dis. 2018;
- 413 8. Youn HY, Cullen AP, Chou BR, Sivak JG. Phototoxicity of Ultraviolet (UV) Radiation :
414 Evaluation of UV-Blocking Efficiency of Intraocular Lens (IOL) Materials Using Retinal Cell
415 Culture and in vitro Bioassays. Open Toxicol J. 2010;4:13–20.
- 416 9. Youn HY, McCanna DJ, Sivak JG, Jones LW. In vitro ultraviolet-induced damage in human
417 corneal, lens, and retinal pigment epithelial cells. Mol Vis. 2011;17:237–46.
- 418 10. Ozkaya EK, Anderson G, Dhillon B, Bagnaninchi PO. Blue-light induced breakdown of barrier
419 function on human retinal epithelial cells is mediated by PKC- ζ over-activation and oxidative
420 stress. Exp Eye Res. 2019 Dec 1;189.
- 421 11. John CR, Watson D, Russ D, Goldmann K, Ehrenstein M, Pitzalis C, et al. M3C: Monte Carlo
422 reference-based consensus clustering. Sci Rep. 2020;10(1):1–14.
- 423 12. Şenbabaoğlu Y, Michailidis G, Li JZ. Critical limitations of consensus clustering in class
424 discovery. Sci Rep [Internet]. 2014 Aug 27 [cited 2020 Nov 5];4(1):1–13. Available from:
425 www.nature.com/scientificreports
- 426 13. Ham WT, Mueller HA, Ruffolo JJ, Clarke AM. SENSITIVITY OF THE RETINA TO RADIATION
427 DAMAGE AS A FUNCTION OF WAVELENGTH. Photochem Photobiol. 1979;
- 428 14. Sliney DH. Quantifying retinal irradiance levels in light damage experiments. Curr Eye Res
429 [Internet]. 1984 Jan 2 [cited 2018 Aug 8];3(1):175–80. Available from:
430 <http://www.tandfonline.com/doi/full/10.3109/02713688408997199>
- 431 15. Modenese A, Gobba F. Macular degeneration and occupational risk factors: a systematic
432 review. Int Arch Occup Environ Health [Internet]. 2018 Sep 6 [cited 2018 Sep 17]; Available
433 from: <http://link.springer.com/10.1007/s00420-018-1355-y>
- 434 16. Oriowo OM, Cullen AP, Chou BR, Sivak JG. Action Spectrum and Recovery for In Vitro UV-
435 Induced Cataract Using Whole Lenses AND. 2001;2596–602.
- 436 17. Arnault E, Barrau C, Nanteau C, Gondouin P, Bigot K, Viénot F, et al. Phototoxic Action
437 Spectrum on a Retinal Pigment Epithelium Model of Age-Related Macular Degeneration
438 Exposed to Sunlight Normalized Conditions. PLoS One. 2013;

- 439 18. Sparrow JR, Fishkin N, Zhou J, Cai B, Jang YP, Krane S, et al. A2E, a byproduct of the visual
440 cycle. *Vision Res.* 2003;
- 441 19. Marie M, Forster V, Fouquet S, Berto P, Barrau C, Ehrismann C, et al. Phototoxic damage to
442 cone photoreceptors can be independent of the visual pigment: the porphyrin hypothesis.
443 *Cell Death Dis* [Internet]. 2020 Aug 29 [cited 2020 Sep 1];11(8):711. Available from:
444 <http://www.nature.com/articles/s41419-020-02918-8>
- 445 20. Zhu W, Gao YH, Liao PY, Chen DY, Sun NN, Nguyen Thi PA, et al. Comparison between
446 porphin, chlorin and bacteriochlorin derivatives for photodynamic therapy: Synthesis,
447 photophysical properties, and biological activity. *Eur J Med Chem.* 2018 Dec 5;160:146–56.
- 448 21. Hallam D, Collin J, Bojic S, Chichagova V, Buskin A, Xu Y, et al. An Induced Pluripotent Stem
449 Cell Patient Specific Model of Complement Factor H (Y402H) Polymorphism Displays
450 Characteristic Features of Age-Related Macular Degeneration and Indicates a Beneficial Role
451 for UV Light Exposure. *Stem Cells.* 2017;
- 452 22. Gagliardi PA, Dobrzyński M, Jacques M-A, Dessauges C, Ender P, Blum Y, et al. Collective
453 ERK/Akt activity waves orchestrate epithelial homeostasis by driving apoptosis-induced
454 survival. *Dev Cell* [Internet]. 2021 Jun [cited 2021 Jun 8]; Available from:
455 <https://linkinghub.elsevier.com/retrieve/pii/S1534580721004366>
- 456 23. Dunn KC, Aotaki-Keen AE, Putkey FR, Hjelmeland LM. ARPE-19, a human retinal pigment
457 epithelial cell line with differentiated properties. *Exp Eye Res.* 1996;
- 458 24. Ahmado A, Carr AJ, Vugler AA, Semo M, Gias C, Lawrence JM, et al. Induction of
459 differentiation by pyruvate and DMEM in the human retinal pigment epithelium cell line
460 ARPE-19. *Investig Ophthalmol Vis Sci.* 2011;
- 461 25. Samuel W, Jaworski C, Postnikova OA, Kutty RK, Duncan T, Tan LX, et al. Appropriately
462 differentiated ARPE-19 cells regain phenotype and gene expression profiles similar to those
463 of native RPE cells. *Mol Vis* [Internet]. 2017;23:60–89. Available from:
464 <http://www.molvis.org/molvis/v23/60>
- 465 26. R Core Team. *R: A Language and Environment for Statistical Computing.* Vienna, Austria;
466 2016.
- 467 27. Giaever I, Keese CR. A morphological biosensor for mammalian cells. *Nature.* 1993.
- 468 28. Gamal W, Borooah S, Smith S, Underwood I, Srsen V, Chandran S, et al. Real-time quantitative
469 monitoring of hiPSC-based model of macular degeneration on Electric Cell-substrate
470 Impedance Sensing microelectrodes. *Biosens Bioelectron* [Internet]. 2015 Sep 15 [cited 2019
471 May 27];71:445–55. Available from:
472 <https://www.sciencedirect.com/science/article/pii/S0956566315300804>
- 473
- 474